

1 -1' -1 1o 2 -2'' -2' -2 -3''' -3'' -3' -3 4 -4' -4 4o 5 -5 5o 6

6 -6' -6 6o -7 7 -7o -8 8' 8 -9 9' 9 -9o -10 10'' 10' 10 -10o