

Community Mental Health Common Assessment Project









Core + Self OCAN 2.0

Revision 2.0.5



OCAN Consumer Self-Assessment

Welcome to this opportunity to speak with your own voice

This agency is providing you the opportunity to complete the OCAN Consumer Self-assessment. This formal process is becoming standard across the province to ensure consumers' views about their needs are heard.

Why we would like you to take this opportunity:

- You can choose to bring this information to other agencies to reduce the number of times you have to answer questions. These questions are becoming common to all community mental health agencies.
- Agencies can work with you to better find the right help the first time because it asks a broad set of questions to cover all your needs.
- You can fully discuss your needs. The answers you give will help determine what services you will receive, and how to prioritize your goals.
- You can record your comments in every section, as well as your hopes, dreams and goals so that a plan can be developed to help you get there.

You decide how many of the questions you answer and the amount of time you need to complete it. You can decide whether or not you want some help, and choose this help from a number of options including a peer support worker, other trusted worker, family, friends, etc. You also have the option to answer some or all of the questions.

How will my answers be used?

Your answers to the questions in OCAN are intended to be used to help you get the support you need. This information may only be used and shared with other agencies if you say "yes". You can say "no" to sharing information and you can change your mind later on. Saying "no" to sharing will not prevent you from receiving services and support.

- > Information collected using the self-assessment represents your view of where you are today.
- Sharing that information can be an essential part of getting the services you need.
- You decide how and when your information is used and shared with others.

How do I give my consent?

The agency will provide a consent form with the OCAN assessment. The consent is the place for you to show you want to use OCAN and how you want your answers to be used.

Name	9 :								
Date	of Birth (YYYY-MM-DD):								
Start	Date (YYYY-MM-DD):	Completion Date (Y	YYY-MN	1-DD):					
Wher	 INSTRUCTIONS: When you have completed this assessment, your worker will have a conversation with you about your needs. Please let your worker know if you have completed a Common Assessment in the last six months. Please read the pamphlet provided on how your information will be used. Please ask about any questions you don't understand. 								
	Please ✓ tick one box in each		g the foll	owing ke	ey:				
	eed = this area is not a serious problem for r								
	leed = this area is not a serious problem for			•					
Unme	et Need = this area remains a serious proble	em for me despite any	neip I ar	n given					
			No Need	Met Need	Unmet Need	I Don't Want to Answer			
1.	Accommodation								
	What kind of place do you live in?								
	Comments								
2.	Food								
	Do you get enough to eat?								
	Comments								
3.	Looking After the Home								
	Are you able to look after your home? Comments								
4.	Self-Care								
	Do you have problems keeping clean and t	idy?							
5.	Daytime Activities		П	П					
	How do you spend your day?								
	Comments								
6.	Physical Health								
	How well do you feel physically?								
	Comments								

No Need = this area is not a serious problem for me at all
Met Need = this area is not a serious problem for me because of the help I am given
Unmet Need = this area remains a serious problem for me despite any help I am given

		No Need	Met Need	Unmet Need	I Don't Want to Answer
7.	Psychotic Symptoms				
	Do you ever hear voices or have problems with your thoughts?				
	Comments				
8.	Information on Condition and Treatment				
	Have you been given clear information about your medication?				
	Comments				
9.	Psychological Distress				
	Have you recently felt very sad or low?				
	Comments				
10.	Safety to Self				
	Do you ever have thoughts of harming yourself?				
	Comments				
11.	Safety to Others				
	Do you think you could be a danger to other people's safety?				
	Comments				
12.	Alcohol				
	Does drinking cause you any problems?				
	Comments				
13.	Drugs				
	Do you take any drugs that aren't prescribed?				
	Comments				
14.	Other Addictions				
	Do you have any other addictions – such as gambling?				
	Comments				
15.	Company				
	Are you happy with your social life?				
	Comments				

No N	No Need = this area is not a serious problem for me at all							
Met	Met Need = this area is not a serious problem for me because of the help I am given							
Unn	Unmet Need = this area remains a serious problem for me despite any help I am given							
		No Need	Met Need	Unmet Need	I Don't Want to Answer			
16.	Intimate Relationships							
	Do you have a partner? Comments							
17.	Sexual Expression							
	How is your sex life? Comments							
18.	Child Care							
	Do you have any children under 18? Comments							
19.	Other Dependents							
	Do you have any dependents other than children under 18, such Comments	as an eld	derly par	ent or bel	oved pet?			
20.	Basic Education							
	Any difficulty in reading, writing or understanding English? Comments							
21.	Telephone							
	Do you know how to use a telephone? Comments							
22.	Transport							
	How do you find using the bus, streetcar or train? Comments							
23.	Money							
	How do you find budgeting your money? Comments							
24.	Benefits							
	Are you getting all the money you are entitled to? Comments							

Please write a few sentences to answer the following questions:
What are your hopes for the future?
What do you think you need in order to get there?
What do you think you need in order to get there:
How do you view your mental health?
Is spirituality an important part of your life?
Is culture (heritage) an important part of your life?

CORE + Self OCAN



This agency is using the CORE + Self OCAN which provides consumers the opportunity to complete the OCAN Consumer Self-assessment to ensure consumers' views about their needs are heard. It also includes the Consumer Information Summary and Service Use sections of OCAN which capture the information that this agency reports as a community mental health service provider.

Important points to communicate to the consumer:

Use of consumer responses

The answers consumers provide to questions in OCAN will be used to help them get the support they need. This information may only be used and shared with other agencies if they agree. A consumer may refuse to share any information they wish, and may change their mind at a later time. Choosing not to complete OCAN will not prevent consumers from receiving services.

- Information collected using the self-assessment represents their view of where they are today.
- Sharing that information can be an essential part of getting the services they need.
- They decide how and when their information is used and shared with others.

Consumer consent

The agency will provide a consent form to consumers with the OCAN. The consent is the place for them to indicate their desire to use OCAN and how they want their information to be shared with others.

Start Date	(YYYY-MM-DD)*:	

Consumer Information Summary						
1. OCAN Lead Assessment						
OCAN completed by OCAN Lead?*		☐ Yes ☐ No				
2. Reason for OCAN (select one)*						
☐ Initial OCAN		□ Review				
☐ Reassessment		□ Re-key				
☐ (Prior to) Discharge		☐ Other (e.g., consumer request)				
☐ Significant change		Please specify				
3. Consumer Information						
First Name:		Date of Birth (YYYY-MM-DD):* ☐ Estima	ate 🗆 Unknown			
Middle Initial:		Health Card Number:				
Last Name:		Version Code:				
Preferred Name:		Issuing Territory:				
Address:		Service Recipient Location (county, district, mur	nicipality):*			
City:		LHIN Consumer Resides in:*				
Province:						
Postal Code:						
Phone Number: Ext:						
Email Address:						
3b. Gender (select one)* Unknown	□ Male □ Fe	emale ☐ Other ☐ Consumer declined to a	nswer 🗆			
3c. Marital Status (select one)						
□ Single	☐ Partner or significant	other ☐ Separated ☐ Consumer	declined to answer			
☐ Married or in common-law relationship	☐ Widowed	☐ Divorced ☐ Unknown				
4. Mental Health Functional Centre Use (fo	or the last 6 months)					
Mental Health Functional (Centre 1	Mental Health Functional Cen	tre 2			
OCAN Lead:*	□ Yes □ No	OCAN Lead:*	□ Yes □ No			
Staff Worker Name:*		Staff Worker Name:*				
Staff Worker Phone Number:*	Ext:	Staff Worker Phone Number:*	Ext:			
Organization LHIN:*		Organization LHIN:*				
Organization Name:*		Organization Name:*				
Organization Number:*		Organization Number:*				
Program Name:*		Program Name:*				
Program Number:*		Program Number:*				
Functional Centre Name:*		Functional Centre Name:*				
Functional Centre Number:*		Functional Centre Number:*				
Service Delivery LHIN:*		Service Delivery LHIN:*				
Referral Source:*		Referral Source:*				
Request for Service Date (YYYY-MM-DD):		Request for Service Date (YYYY-MM-DD):				
Service Decision Date (YYYY-MM-DD):		Service Decision Date (YYYY-MM-DD):				
		Del vice Decision Date (1111-WW-DD).				

^{*} Mandatory fields

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Service Initiation Date (YYYY-MM-DD):			Service Initiation Date (YYYY-MM-DD):		
Exit Date (YYYY-MM-DD):			Exit Date (YYYY-MM-DD):		
Exit Disposition:			Exit Disposition:		
Mental Health Functional Centre 3			Mental Health Functional Cen	tre 4	
OCAN Lead:*	□ Yes	□ No	OCAN Lead:*	□ Yes	□ No
Staff Worker Name:*			Staff Worker Name:*		
Staff Worker Phone Number:*	Ext:		Staff Worker Phone Number:*	Ext:	
Organization LHIN:*			Organization LHIN:*		
Organization Name:*			Organization Name:*		
Organization Number:*			Organization Number:*		
Program Name:*			Program Name:*		
Program Number:*			Program Number:*		
Functional Centre Name:*			Functional Centre Name:*		
Functional Centre Number:*			Functional Centre Number:*		
Service Delivery LHIN:*			Service Delivery LHIN:*		
Referral Source:*			Referral Source:*		
Request for Service Date (YYYY-MM-DD):			Request for Service Date (YYYY-MM-DD):		
Service Decision Date (YYYY-MM-DD):			Service Decision Date (YYYY-MM-DD):		
Accepted:			Accepted:		
Service Initiation Date (YYYY-MM-DD):			Service Initiation Date (YYYY-MM-DD):		
Exit Date (YYYY-MM-DD):			Exit Date (YYYY-MM-DD):		
Exit Disposition:			Exit Disposition:		
5. Family Doctor Information					
□ Yes □ No	☐ None a	available	☐ Consumer declined to answer ☐ Ur	nknown	
Name:			Address:		
Phone Number:			City:		
Ext:			Province:		
Email Address:			Postal Code:		
Last seen:					
6. Psychiatrist Information					
□ Yes □ No	□ None a	available	☐ Consumer declined to answer ☐ Ur	nknown	
Name:			Address:		
Phone Number:			City:		
Ext:			Province:		
Email Address:			Postal Code:		
Last seen:					
7. Other Contact					
□ Yes □ No			☐ Consumer declined to answer ☐ Unknown	ı	
Contact Type:					
Name:			Address:		
Phone Number:			City:		
Ext:			Province:		

^{*} Mandatory fields

Email Address:	Postal Code:
Last seen:	
Other Contact	
□ Yes □ No	☐ Consumer declined to answer ☐ Unknown
Contact Type:	
Name:	Address:
Phone Number:	City:
Ext:	Province:
Email Address:	Postal Code:
Last seen:	
8. Other Agency	
□ Yes □ No	☐ Consumer declined to answer ☐ Unknown
Name:	Address:
Phone Number:	City:
Ext:	Province:
Email Address:	Postal Code:
Last seen:	
9. Consumer Capacity (select all that apply)	
9a. Power of Attorney for Personal Care: ☐ Yes	☐ No ☐ Consumer declined to answer ☐ Unknown
Power of Attorney or SDM Name:	
Address:	
Phone Number: Ext:	
9b. Power of Attorney for Property ☐ Yes	☐ No ☐ Consumer declined to answer ☐ Unknown
Power of Attorney:	
Address:	
Phone Number: Ext:	
9c. Guardian ☐ Yes	☐ No ☐ Consumer declined to answer ☐ Unknown
Name:	
Address:	
Phone Number: Ext:	
9d. Areas of concern	
Finance/property:	□ No □ Unknown
Treatment decisions: ☐ Yes	□ No □ Unknown
10. Age in years for onset of mental illness:	\square Estimate \square Consumer declined to answer \square Unknown \square N/A
11. Age of first psychiatric hospitalization:	\square Estimate \square Consumer declined to answer \square Unknown \square N/A
12. Date when consumer first entered your organization (YYYY-MM):	☐ Estimate ☐ Consumer declined to answer ☐ Unknown ☐ N/A
13. What culture do you (consumer) identify with?	
14. Aboriginal Origin (select one)*	
□ Aboriginal □ Non-aboriginal	☐ Consumer declined to answer ☐ Unknown
15. Citizenship Status (select one)	
□ Canadian citizen □ Temporary resi	dent ☐ Consumer declined to answer

^{*} Mandatory fields

☐ Permanent resident	☐ Refugee		Unknown	
16. Length of time lived in Canada (number	of years/months):			
17. Service recipient preferred language:*				
18. Language of service provision:*				
19. Do you currently have any legal issues	? (select one)*			
☐ Civil ☐ Criminal ☐	None	☐ Consumer declined	to answer	□ Unknown
20. Current Legal Status (select all that app	oly)			
Pre-Charge		Outcomes		
☐ Pre-charge diversion		☐ Charges withdrawn		
☐ Court diversion program		☐ Stay of proceedings	3	
		☐ Awaiting sentence		
Pre-Trial		□ NCR		
☐ Awaiting fitness assessment		☐ Conditional discharg	ge	
☐ Awaiting trial (with or without bail)		☐ Conditional sentence	e	
☐ Awaiting criminal responsibility assessment	(ncr)	☐ Restraining order		
☐ In community on own recognizance		☐ Peace bond		
☐ Unfit to stand trial		☐ Suspended sentend	e	
Custody Status		Other		
☐ ORB detained – community access		☐ No legal problem (in custody)	ncludes absolute d	ischarge and time served – end of
☐ ORB conditional discharge		☐ Consumer declined	to answer	
☐ On parole		□ Unknown		
☐ On probation				
21. Where do you live? (select one)*				
☐ Approved homes & homes for special care		☐ Private non-profit ho	-	
☐ Correctional/probation facility		☐ Private house/Apt		
☐ Domicillary hostel		☐ Private house/Apt		
☐ General hospital		☐ Retirement home/se		2
☐ Psychiatric hospital		☐ Rooming/boarding h		
☐ Other specialty hospital		☐ Supportive housing	• •	
☐ No fixed address		☐ Supportive housing	 assisted living 	
☐ Hostel/shelter		☐ Other		
☐ Long term care facility/nursing home		☐ Consumer declined	to answer	
☐ Municipal non-profit housing		☐ Unknown		
22. Do you receive any support? (select on	•			
☐ Independent	☐ Supervised non-fac	ility		leclined to answer
☐ Assisted/supported	☐ Supervised facility		☐ Unknown	
23. Do you live with anyone? (select one)*				
□ Self	☐ Children		☐ Non-relative	es
☐ Spouse/partner	☐ Parents		☐ Consumer of	declined to answer
☐ Spouse/partner and others	☐ Relatives		☐ Unknown	
24. What is your current employment status				
☐ Independent/competitive	☐ Non-paid work expe		☐ Consumer of	declined to answer
☐ Assisted/supportive	☐ No employment – o	ther activity	☐ Unknown	

^{*} Mandatory fields

☐ Alternative businesses	☐ Casual/sporadic	
☐ Sheltered workshop	$\hfill\square$ No employment of any kind	
25. Are you currently in school? (select one	e)*	
☐ Not in school	☐ Vocational/training centre	☐ Other
☐ Elementary/junior high school	☐ Adult education	☐ Consumer declined to answer
☐ Secondary/high school	☐ Community college	☐ Unknown
☐ Trade school	☐ University	
26. Psychiatric History		
26a. Have you been hospitalized due to you	ur mental health during the past t	wo years? (select one)*
☐ Yes ☐ No	☐ Consur	ner declined to answer □ Unknown
26b. If Yes,		
Total number of admissions for mental hea	llth reasons:	
If <u>Initial OCAN</u> , list hospital admissions for the	past 2 years OR if Reassessment,	ist hospital admissions since last OCAN
Total number of hospitalization days for me	ental health reasons:	
If <u>Initial OCAN</u> , list total number of days spent since last OCAN	in hospital for the past 2 years OR I	f Reassessment, list total number of days spent in hospital
Since last OCAN		
27. How many times did you visit an Emers	unay Danartment in the last 6 ma	nthe for mental health research 2*
27. How many times did you visit an Emerg □ None	D 2 - 5	☐ Consumer declined to answer
28 Community Treatment Order:*	□ > 6	□ Unknown
28. Community Treatment Order:* □ Issued CTO □ No CTO) \pi Conque	ner declined to answer □ Unknown
		Their declined to answer
29. Diagnostic Categories (select all that ap This information is collected from a variety of s a qualified diagnosing practitioner.		nould not be used for diagnosis without being confirmed by
☐ Adjustment disorders	□ Mood o	lisorder
☐ Anxiety disorder	□ Person	ality disorders
☐ Delirium, dementia, and amnestic and cogn	itive disorders ☐ Schizo	phrenia and other psychotic disorders
☐ Developmental handicap	☐ Sexual	and gender identity disorders
☐ Disorder of childhood/adolescence	☐ Sleep o	lisorders
☐ Dissociative disorders	☐ Somato	oform disorders
☐ Eating disorders	☐ Substa	nce related disorders
☐ Factitious disorders	☐ Intelled	tual disability or impairment
☐ Impulse control disorders not elsewhere cla	ssified Consur	ner declined to answer
☐ Mental disorders due to general medical co	nditions	vn
30. Other Illness Information (select all that	t apply)	
☐ Concurrent disorder (substance abuse)	□ Other of	hronic illnesses
☐ Dual diagnosis (developmental disability)	☐ Other p	hysical disabilities
31. What is your highest level of education	? (select one)*	
☐ No formal schooling	☐ Some secondary/high school	☐ College/university
☐ Some elementary/junior high school	☐ Secondary/high school	☐ Consumer declined to answer
☐ Some elementary/junior high school☐ Elementary/junior high school		☐ Consumer declined to answer ☐ Unknown

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☐ Employment	☐ Social assistance		□ Other	
☐ Employment insurance	☐ Disability assistance	e	☐ Consumer declined to answer	
☐ Pension	☐ Family		☐ Unknown	
□ ODSP	☐ No source of income	е		
33. Presenting Issues*				
☐ Activities of daily living		☐ Problems with add	ictions	
☐ Attempted suicide		☐ Problems with rela	tionships	
□ Educational		☐ Problems with sub	stance abuse	
□ Financial		☐ Sexual abuse		
☐ Housing		☐ Specific symptom of	of serious mental illness	
□ Legal		☐ Threat to others		
☐ Occupational/employment/vocational		☐ Threat to self		
☐ Physical abuse		□ Other		
34. Comments:				

Completion Date (YYYY-MM-DD)*: