

---

♦ Authentic Lebanese & Syrian Cuisine ♦

---

*Brussels, Belgium • 2025*

---

## COLD MEZZES

 <b>Zahra</b>	7,50€
Cooked cauliflower, marinated in a homemade sauce (tomato, garlic and lemon), topped with lemon tahini sauce	
 <b>Muhammara</b>	8€
Grilled red pepper dip, pomegranate molasses and walnuts	
 <b>Makdous</b>	8€
Baby eggplants stuffed with walnuts and peppers marinated in olive oil	
 <b>Itch</b>	7,50€
Bulgur cooked in tomato sauce with peppers, onion, parsley and pomegranate molasses	
 <b>Hummus</b>	7,50€
Chickpea puree with tahini (sesame paste)	
 <b>Moutabal</b>	8€
Grilled eggplant caviar with tahini (sesame paste)	
 <b>Warak Enab</b>	7€
Vine leaves stuffed with rice, herbs, marinated in olive oil, mint and pomegranate molasses	
 <b>Moussaka</b>	7,50€
Eggplant, onion, chickpeas and tomato	

## WARM MEZZES

<b>Oriental Eggplant</b>	13,50€
Grilled eggplant topped with minced meat cooked with onion, tomato and pepper	
<b>Chicken Liver</b>	11,50€
Chicken liver cooked with onion and special spices. Served with pomegranate sauce	
 <b>Fatteh</b>	7,50€
Cooked chickpeas, fried Lebanese bread, garlic and homemade lemon tahini sauce	
 <b>Falafel (2 pcs)</b>	4€
Fried chickpea balls served with tahini sauce	
 <b>Grilled Syrian Cheese</b>	10€
Grilled Syrian cheese	
<b>Kibbeh (2 pcs)</b>	7€
Fried bulgur croquettes stuffed with minced meat, onion and walnuts	
<b>Sujuk</b>	12,50€
Oven-baked Lebanese bread stuffed with seasoned minced meat, tomato and pickles	
 <b>Arayes Cheese</b>	10€
Oven-baked Lebanese bread stuffed with Syrian cheese	
<b>Toshka</b>	12,50€
Oven-baked Lebanese bread stuffed with minced meat and Syrian cheese	
 <b>Batata Harra</b>	7,50€
Fried potato cubes with red peppers, coriander and garlic	
 <b>Foul Moudamas</b>	8€
Fava beans marinated with lemon juice, tomatoes, cumin, garlic, olive oil and tahini sauce	

♦ All tasting menus serve 2 people ♦

## TASTING MENUS / 2 PEOPLE

<b>Menu East@West</b>	<b>67,50€</b>
Fattoush, Hummus, Moutabal, Zahra, Falafel, 2x Kibbeh, 2x Kabab skewers, 2x Chich taouk, 2x Dessert	
<b>Menu Vegan</b>	<b>64,50€</b>
Fattoush, Hummus, Moutabal, Moussaka, Itch, Zahra, 2x Falafel, Batata Harra, 2x Dessert	
<b>Menu Sahten</b>	<b>84€</b>
Tabouleh, Hummus, Toshka, Sujuk, Chicken liver, 2x Kibbeh, 2x Skewers, 2x Dessert	
<b>Menu Lazeez</b>	<b>65,50€</b>
Tabouleh, Hummus, Moutabal, Muhammara, Warak Enab, Moussaka, Foul Moudamas, 2x Falafel, 2x Dessert	

## DISHES

<b>FOODIE MEAT</b>	<b>24€</b>
Hummus, Zahra, Kibbeh, 1x Chich taouk, 1x Kabab, Foul moudamas, Fattouch	
<b>FOODIE VEGAN</b>	<b>24€</b>
Hummus, Zahra, 2x Warak eneb, 2x Falafel, Batata harra, Foul moudamas, Fattouch	
<b>Chef's Mezze</b>	<b>13,50€</b>
Grilled minced meat with mushrooms, onion, lemon tahini sauce and parsley	

◆ All skewers served with garlic sauce and pickles ◆

## SKEWERS

<b>2x Shish Taouk</b>	<b>10€</b>
Chicken skewers	
<b>2x Kebab</b>	<b>10€</b>
Beef skewers	
◆ All dishes are served with Lebanese bread ◆	

## LUNCH DISHES

<b>CHEF'S DISH</b>	<b>23,50€</b>
1 kebab, 1 chich taouk, warak eneb, kibbeh, cauliflower, muhammara, fattouch	
<b>SUJUK</b>	<b>20,80€</b>
Lebanese bread stuffed with minced meat, tomato, pickles + hummus, moutabal, Fattoush	
<b>TOSHKA</b>	<b>20,80€</b>
Lebanese bread stuffed with minced meat and Syrian cheese + hummus, moutabal, Fattoush	
<b>CHICH TAOUK</b>	<b>19€</b>
2 chicken skewers + hummus, itch (bulgur), fattoush, pickles, garlic sauce	
<b>MIX GRILL</b>	<b>19€</b>
1 kebab and 1 chich taouk + hummus, itch (bulgur), fattoush	
<b>KEBAB</b>	<b>19€</b>
2 seasoned minced meat skewers + hummus, fattoush	
<b>MIX BREAK</b>	<b>16,50€</b>
Hummus, itch (bulgur), kabab/chich taouk, cauliflower, fattouch	
<b>FALAFEL</b>	<b>18€</b>
4 pieces falafel + hummus, moutabal, Fattoush, tahini sauce, pickles	

 **MIX BREAK VEGAN**

14,50€

Hummus, warak eneb, itch (bulgur), cauliflower, fattouch

**SANDWICH + SALAD FORMULAS** **FALAFEL + FATTOUSH**

12,50€

Falafel, tomato, tahini, pickles, lettuce

**CHICH TAOUK + FATTOUSH**

12,50€

Grilled chicken, lettuce, tomato, garlic sauce

**KEBAB + FATTOUSH**

12,50€

Minced meat, hummus, tomato, lettuce, onion

**SALADS** **Original Tabouleh**

8€

Parsley, tomato, onion, lemon, bulgur, mint

 **Fattoush**

8€

Tomato, lettuce, red cabbage, radish, cucumber, onion

 **Falafel Salad**

13,50€

Falafel, lettuce, cucumber, tomato, pickles, tahini

# Visit Us

## East @ West Restaurant

Bld de l'Empereur 26 • 1000 Brussels • Belgium

 +32 465 20 60 24 •  [contact@eastatwest.com](mailto:contact@eastatwest.com)

**BOOK A TABLE**

*We look forward to serving you!*