

AP Physics C: Mechanics - Notes

Manav Bokinala

2021 - 2022

Contents

| | | |
|-----------|--|-----------|
| 1 | Vectors and Motion in 2 Dimensions | 3 |
| 1.1 | Polar Notation | 3 |
| 1.2 | Vector Addition | 3 |
| 1.3 | Scalar Multiplication | 3 |
| 1.4 | Vector Multiplication | 3 |
| 1.5 | Dot Product | 3 |
| 1.5.1 | Dot Product Properties | 3 |
| 1.6 | Cross Products | 4 |
| 1.6.1 | Cross Product Properties | 4 |
| 2 | Drag Force | 4 |
| 2.1 | v^2 model | 4 |
| 2.2 | v model | 4 |
| 2.3 | Terminal Velocity | 4 |
| 3 | Differential Equations | 5 |
| 3.1 | Integrating Differential Equations | 5 |
| 4 | Circular Motion | 5 |
| 4.1 | Uniform Circular Motion | 5 |
| 4.2 | Velocity | 5 |
| 4.3 | Acceleration | 6 |
| 4.4 | Force | 6 |
| 5 | Rotational Motion | 6 |
| 5.1 | Variables | 6 |
| 5.2 | Angular Velocity | 6 |
| 5.3 | Angular Acceleration | 7 |
| 5.4 | Kinematic Equations | 7 |
| 6 | Center of Mass (Discrete Objects) | 7 |
| 6.1 | Position of the Center of Mass | 8 |
| 6.2 | Velocity of the Center of Mass | 8 |
| 6.3 | Acceleration of the Center of Mass | 8 |
| 7 | Center of Mass (Continuous Objects) | 8 |
| 7.1 | Position of Center of Mass | 8 |
| 8 | Rotational Inertia | 9 |
| 8.1 | Discrete Objects | 9 |
| 8.2 | Continuous Objects | 9 |
| 8.3 | Parallel Axis Theorem | 9 |
| 8.4 | Systems of Objects | 9 |
| 9 | Torque | 10 |
| 9.1 | Direction of Torque | 10 |
| 9.2 | Torque in Newton's Second Law | 10 |
| 10 | Rolling | 10 |
| 10.1 | Rolling Without Slipping | 10 |
| 10.2 | Rolling With Slipping | 11 |
| 10.2.1 | Two Types of Rolling With Slipping | 11 |
| 11 | Work and Energy | 11 |
| 11.1 | Work | 11 |
| 11.1.1 | Work-Energy Theorem | 11 |

| | | |
|-----------|---|-----------|
| 11.2 | Energy | 11 |
| 11.2.1 | Types of Mechanical Energy | 11 |
| 11.3 | Power | 12 |
| 11.4 | Potential Energy Curves | 12 |
| 11.4.1 | Equilibrium Points | 12 |
| 12 | Impulse and Momentum | 12 |
| 12.1 | Conservation of Momentum | 12 |
| 12.2 | Collision Types | 13 |
| 12.2.1 | Elastic Collisions | 13 |
| 12.2.2 | Inelastic Collisions | 13 |
| 12.2.3 | Perfectly Inelastic Collisions | 13 |
| 12.3 | Useful Equations | 13 |
| 12.3.1 | Head-on Elastic Collision | 13 |
| 12.3.2 | Perfectly Inelastic Ballistic Collision | 13 |
| 12.4 | Calculus with Momentum and Impulse | 13 |
| 13 | Angular Impulse and Momentum | 13 |
| 13.1 | Angular Momentum | 13 |
| 13.2 | Angular Impulse | 14 |
| 13.2.1 | Newton's Third Law from Angular Impulse | 14 |

1 Vectors and Motion in 2 Dimensions

Unit vector: length of 1, no units (used for direction)

- Denoted with "hat"
- \hat{x} , \hat{y} , \hat{z} - usually denoted as \hat{i} , \hat{j} , \hat{k}

For a 2D velocity vector:

$$\vec{v} = v_x \hat{i} + v_y \hat{j}$$

1.1 Polar Notation

$$\vec{v} = \sqrt{v_x^2 + v_y^2} \text{ at } \theta^\circ$$

θ is angle relative to *positive x-axis*

1.2 Vector Addition

$$\begin{aligned}\vec{A} &= A_x \hat{i} + A_y \hat{j} \\ \vec{B} &= B_x \hat{i} + B_y \hat{j} \\ \vec{A} + \vec{B} &= (A_x + B_x) \hat{i} + (A_y + B_y) \hat{j}\end{aligned}$$

1.3 Scalar Multiplication

scalar \cdot vector = vector

$$\begin{aligned}\vec{A} &= A_x \hat{i} + A_y \hat{j} \\ 2\vec{A} &= 2A_x \hat{i} + 2A_y \hat{j}\end{aligned}$$

1.4 Vector Multiplication

vector \times vector

scalar/dot product: $\vec{A} \cdot \vec{B}$

- results in scalar

vector/cross product: $\vec{A} \times \vec{B}$

- results in vector

1.5 Dot Product

$$\vec{A} \cdot \vec{B} = |A||B| \cos \theta$$

- θ is the angle between the two vectors

Or,

$$\vec{A} \cdot \vec{B} = A_x B_x + A_y B_y$$

1.5.1 Dot Product Properties

$$\begin{aligned}\vec{A} \cdot \vec{B} &= \vec{B} \cdot \vec{A} \\ \vec{A} \cdot \vec{B} &= 0 \text{ if } \vec{A} \text{ and } \vec{B} \text{ are orthogonal}\end{aligned}$$

1.6 Cross Products

$$\text{If } \vec{C} = \vec{A} \times \vec{B},$$

$$|C| = |A||B| \sin \theta$$

the cross product is **orthogonal** to both original vectors (uses 3rd dimension)

1.6.1 Cross Product Properties

$$\vec{A} \times \vec{B} \neq \vec{B} \times \vec{A}$$

$$\vec{A} \times \vec{B} = -\vec{B} \times \vec{A}$$

right hand rule - cross product goes "into" or "out of" page

2 Drag Force

- resistive force by **fluids** on **moving objects**
- **opposes** direction of motion

2.1 v^2 model

$$F_{drag} = -\frac{1}{2}C\rho Av^2$$

- C - drag coefficient
- ρ - density of fluid - greek letter "rho"
- A - cross-sectional area of object
- v - velocity of object
- negative sign just indicates direction opposite to motion

Sometimes, the coefficients $\frac{1}{2}C\rho Av^2$ are grouped into one coefficient (b or k)

- So, $F_{drag} = -bv^2$
- also called the drag coefficient
- specific to object and location
- calculated experimentally

2.2 v model

for **small objects** moving at **slow speeds**,

$$F_{drag} = -bv$$

2.3 Terminal Velocity

For an object in free fall, terminal velocity occurs when $|\vec{F}_{drag}| = |\vec{F}_{gravity}|$

$$\begin{aligned}
 F_{net} &= F_g - F_{drag} \\
 0 &= mg - bv_t \\
 v_t &= \frac{mg}{b} \text{ (v model)} \\
 v_t &= \sqrt{\frac{mg}{b}} \text{ (v}^2 \text{ model)}
 \end{aligned}$$

3 Differential Equations

Differential equations define relationship between a function and one or more *derivatives* of that function

Drag force is modeled with a differential equation:

$$\begin{aligned}
 F_{drag} &= bv \\
 ma &= bv \\
 m \frac{dv}{dt} &= bv
 \end{aligned}$$

3.1 Integrating Differential Equations

$$\begin{aligned}
 m \frac{dv}{dt} &= bv && \text{rewrite equation to see dependent and independent variables} \\
 \frac{1}{v} dv &= \frac{b}{m} dt && \text{separate each variable to one side} \\
 \int \frac{1}{v} dv &= \int \frac{b}{m} && \text{integrate}
 \end{aligned}$$

4 Circular Motion

Centripetal force (F_c or $\sum F_c$) isn't really a force - it is the **net** force along the centripetal axis (the axis going through a point on the circular path and the center of said circle).

- could be weight, tension, friction, etc.
- is always orthogonal (perpendicular) to velocity
- depends on mass and tangential velocity of object and radius of circular path

4.1 Uniform Circular Motion

Uniform circular motion occurs when an object moving in a circle with a fixed radius has a constant tangential (and therefore angular) speed

frequency (f) is measured in Hertz Hz

period (T) is measured in seconds (s)

4.2 Velocity

$$v_t = \frac{\Delta x}{T} = \frac{2\pi r}{T} = 2\pi r f$$

4.3 Acceleration

$$a_c = \frac{v^2}{r} = \frac{4\pi^2 r}{T^2}$$

Centripetal acceleration always points toward the center of the circular path

- does not change *speed* of object; only changes *direction*

4.4 Force

Centripetal force is the sum of all forces on the centripetal axis

$$\begin{aligned}\sum F &= ma \\ \sum F_c &= ma_c \\ \sum F_c &= \frac{mv^2}{r}\end{aligned}$$

points toward the center of the circular path

5 Rotational Motion

rigid bodies: objects that do not change shape (deform)

translational motion: motion of the *center of mass* of the object

rotational motion: rotation around a fixed point (not always the center of mass)

| Circular Motion | Rotational Motion |
|---|---|
| circular path | spins about axis of rotation |
| all parts of object move with same velocity | different points on the object travel at different speeds |

5.1 Variables

- R - distance from point on object to axis of rotation
- θ - angular displacement - *measured in radians*
- S - Arc Length

$$S = R\theta$$

5.2 Angular Velocity

rate of change of θ

$$\omega = \frac{\Delta\theta}{t} = 2\pi f$$

- ω - angular velocity - *measured in radians/second*

all points on a rigid body have the same angular velocity

ω does **not** point in the direction of rotation

- use the right hand rule to determine the direction of *omega* - always orthogonal to the rotational plane
 - usually described as "into page" or "out of page"
 - sometimes described as "clockwise" or "counterclockwise"

5.3 Angular Acceleration

rate of change of *omega*

$$\alpha = \frac{\Delta\omega}{t}$$

- α - angular acceleration - *measured in radians/second²*

α does **not** point in the direction of rotation - same as angular velocity (ω)

- use right hand rule just like angular velocity to determine direction of α

5.4 Kinematic Equations

| Translational Kinematics | Rotational Kinematics |
|--|--|
| $\bar{v} = \frac{\Delta x}{t}$ | $\bar{\omega} = \frac{\Delta\theta}{t}$ |
| $\bar{v} = \frac{v_1 + v_2}{2}$ | $\bar{\omega} = \frac{\omega_1 + \omega_2}{2}$ |
| $\bar{a} = \frac{v - v_0}{t}$ | $\bar{\alpha} = \frac{\omega - \omega_0}{t}$ |
| $\Delta x = v_0 t + \frac{1}{2} a t^2$ | $\Delta\theta = \omega_0 t + \frac{1}{2} \alpha t^2$ |
| $v_f^2 = v_0^2 + 2a\Delta x$ | $\omega_f^2 = \omega_0^2 + 2\alpha\Delta\theta$ |

6 Center of Mass (Discrete Objects)

- The point at which all **mass** of an object is thought to be concentrated
- also thought of as "average location of mass"
- can be determined experimentally or mathematically
- the center of mass of *all objects* moves like a point particle *even if the object is rotating*
- could be inside or outside the object
- the geometric center of an object is *not* always its center of mass - only when the object has a uniform density
- unless specified, objects have a uniform density

6.1 Position of the Center of Mass

$$x_{cm} = \frac{1}{M} \sum m_i x_i$$

- x_{cm} = position of the center of mass of the system
- M - total mass of the system
- m_i - mass of the i^{th} particle
- x_i - position of the i^{th} particle

A continuous object can be broken down into symmetric discrete pieces to find its center of mass

6.2 Velocity of the Center of Mass

$$v_{cm} = \frac{1}{M} \sum m_i v_i$$

- v_i - velocity of the i^{th} particle

6.3 Acceleration of the Center of Mass

Newton's third law ($F = ma$) actually refers to the center of mass of a system or object:

$$M a_{cm} = \sum F_{external}$$

7 Center of Mass (Continuous Objects)

Not all continuous objects have a uniform mass density

- Mass density usually varies with location

$$x_{cm} = \frac{1}{M} \int x \, dm$$

- x - position of particle
- dm - infinitely small mass

position is given as a function of mass
integrate along the length of the object

7.1 Position of Center of Mass

1. Define mass density function:

$$\lambda = \frac{dm}{dx}$$

2. Separate variables:

$$dm = \lambda(x) dx$$

3. Integrate along length of object to find total mass of object:
4. Use integral form of center of mass formula (see above) to solve for the position of the center of mass
 - use total mass calculated in step 3

8 Rotational Inertia

Rotational inertia (a.k.a **moment of inertia**): ability of an object to resist changes in its rotational motion

symbol: I

scalar quantity

units: $\text{kg} \cdot \text{m}^2$

8.1 Discrete Objects

$$I = \sum m_i R_i^2$$

- m_i - mass of object
- R - distance between axis of rotation and the object

The same object can have different rotational inertias depending on the location of the axis of rotation

8.2 Continuous Objects

$$I = \int R^2 dm$$

| Object and Axis of Rotation | Rotational Inertia |
|--------------------------------|--------------------|
| Thin rod, about center | $\frac{1}{12}ML^2$ |
| Thin rod, about end | $\frac{1}{3}ML^2$ |
| Cylinder or disk, about center | $\frac{1}{2}MR^2$ |
| Cylindrical hoop, about edge | MR^2 |

8.3 Parallel Axis Theorem

If the moment of inertia about the center of mass (I_{CoM}) is known, the moment of inertia about any parallel axis of rotation can be found using the formula:

$$I_{parallel} = I_{CoM} + Md^2$$

- M - mass of the objects
- d distance between the axes

8.4 Systems of Objects

For a system of discrete and/or continuous objects:

$$I_{system} = I_1 + I_2 + I_3 + \cdots + I_n$$

9 Torque

Torque is the ability of a force to make an object rotate - a "twisting force"

symbol: τ ("tau")

units: $N \cdot m$

vector quantity

Magnitude depends on

- size of the force
- direction
- location at which the force is applied

torque is given as the cross product $R \times F$:

$$\tau = R \times F = RF \sin \theta$$

- R - distance from the axis of rotation to the applied force
- F - applied force
- θ - angle between R and F (when drawn tip-to-tail)

9.1 Direction of Torque

Use the right hand rule to find the direction of torque:

- point index finger in direction from axis of rotation to applied force
- point middle finger in direction of applied forces
- point thumb out - this is the direction of the torque

9.2 Torque in Newton's Second Law

$$\begin{aligned}\tau_{net} &= R \times F \\ &= RF_{net} \\ &= Rma \\ &= Rm\alpha R \\ &= I\alpha\end{aligned}$$

Newton's 2nd Law, $F = ma$

$a = \alpha R$

rotational inertia, $I = mR^2$

10 Rolling

Friction causes a torque that makes objects roll. Rolling objects experience both **rotational** and **translational** motion.

Objects can roll with or without **slipping**

10.1 Rolling Without Slipping

When an object rolls without slipping,

$$v_{cm} = \omega R$$

$$a_{cm} = \alpha R$$

- v_{cm} and a_{cm} are the velocities and accelerations of the center of mass, respectively
- ω and α are the angular velocity and acceleration of the object, respectively

- R is the distance from the axis of rotation to the point of contact with the ground

Rolling without slipping problems are solved by relating the rotational and translational motions of an object using the equation $a = R\alpha$

10.2 Rolling With Slipping

When an object rolls without slipping,

$$v_{cm} \neq \omega R$$

$$a_{cm} \neq \alpha R$$

Rolling without slipping problems are solved by figuring out **when** $v = R\omega$ (the object enters into rolling without slipping)

10.2.1 Two Types of Rolling With Slipping

1. $v_{cm} > \omega R$ - object is sliding around ground at some points (e.g. bowling ball sliding and rolling slightly before it 'catches grip' and rolls at full speed)
2. $v_{cm} < \omega R$ - object is spinning more than one revolution in the time it takes to advance by one circumference (e.g. car doing burnouts or losing traction)

11 Work and Energy

- energy is a scalar quantity (has no direction), but can be positive or negative'
- energy is always conserved in a closed system

11.1 Work

Work is the result of a force being applied to move an object across a displacement - measured in $N \cdot m$

$$W = F \cdot \Delta x = F \Delta x \cos \theta$$

- work is the **cross product** of force and displacement (vector quantity)
- θ is the angle between F and Δx when aligned tail to tail

11.1.1 Work-Energy Theorem

Work changes the energy of an object

$$\Sigma W = \Delta KE$$

- net work is equal to the change in kinetic energy of an object

11.2 Energy

Energy is measured in Joules (J) - equal to ($N \cdot m$)

11.2.1 Types of Mechanical Energy

Kinetic Energy

$$KE = \frac{1}{2}mv^2$$

Potential Energy

Gravitational

$$GPE = mgh$$

Elastic

$$EPE = \frac{1}{2}k(\Delta s)^2$$

- k - spring constant
- Δs - displacement of the spring (compression or extension)

11.3 Power

power is energy delivered over a period of time

$$P = \frac{\Delta E}{\Delta t} = \frac{W}{\Delta t} = \frac{F \Delta x}{\Delta t} = Fv$$

11.4 Potential Energy Curves

graph of potential energy vs position

For **conservative forces**,

$$F(x) = -\frac{d}{dx}U(x)$$

11.4.1 Equilibrium Points

Occur where the slope (equal to F_{net}) is zero

12 Impulse and Momentum

impulse is a force applied for a period of time

symbol: J

units: $N \cdot s$

vector quantity - same direction as force

$$J = F \Delta t$$

$$J = \int_{t_0}^{t_1} F(t) dt$$

momentum is the amount of motion of an object

symbol: p

units: $kg \cdot m/s$

vector quantity

$$p = mv$$

12.1 Conservation of Momentum

Impulse is a change in momentum

Where A and B are two objects in a system upon which no outside forces act,

$$\begin{aligned} J &= \Delta p \\ \Delta p_B &= -\Delta p_A \\ \Delta p_A + \Delta p_B &= 0 \end{aligned}$$

When no outside forces act on a system, momentum is conserved (the net change in momentum is 0)

12.2 Collision Types

12.2.1 Elastic Collisions

- energy is conserved
- objects bounce off each other

12.2.2 Inelastic Collisions

- energy is NOT conserved
- objects bounce off each other

12.2.3 Perfectly Inelastic Collisions

- energy is NOT conserved
- objects stick to each other

12.3 Useful Equations

12.3.1 Head-on Elastic Collision

$$v_{1i} + v_{1f} = v_{2i} + v_{2f}$$

12.3.2 Perfectly Inelastic Ballistic Collision

When a projectile strikes a block on a pendulum,

$$v_0 = \frac{m + M}{m} \sqrt{2gh}$$

where

- v_0 - initial velocity of the bullet
- m - mass of the projectile
- M - mass of the block
- h - max height of the pendulum

12.4 Calculus with Momentum and Impulse

$$\int F(t) dt = J$$

13 Angular Impulse and Momentum

13.1 Angular Momentum

angular momentum is the amount of angular motion an object has

symbol: L

units: $\text{kg} \cdot \text{m}^2/\text{s}$

"pseudo-vector" quantity (like torque)

$$L = I\omega = \vec{R} \times \vec{p} = Rpv \sin \theta$$

- I - moment of inertia
- ω - angular velocity
- \vec{R} - vector from arbitrary center of rotation to object

- \vec{p} - linear momentum vector
- θ - angle between R and p (tip to tail)

NOTE: because any point can be chosen as the center of rotation, point particles can have an angular momentum

13.2 Angular Impulse

angular impulse is a torque applied for a period of time

symbol: ΔL

units: $N \cdot m \cdot s$

"pseudo-vector" quantity

$$\Delta L = \tau_{net} \Delta t$$

13.2.1 Newton's Third Law from Angular Impulse

$$\tau_{net} = \frac{dL}{dt} = I\alpha$$