



*Lifeguard Ongoing Training Session Five*

In Lifeguard terms, what is the difference between observation and supervision?

Observation:

Supervision

What is meant by the '10:20' system?

Can you list the actions you might take if a parent reported a lost child at your pool?

1

2

3

4

5

6

Can you identify 3 ways that a bather could incur an eye injury within a swimming pool environment?

1

2

3