



*Beach Lifeguard Ongoing Training Session Five*

List 3 communication tools and their advantages that beach Lifeguards can use

1

2

3

Using the phonetic alphabet, spell your name and address

Name

Address



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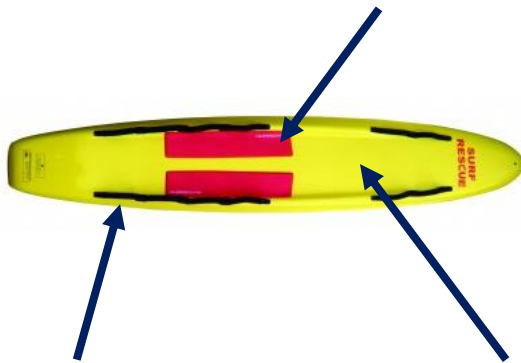
Label these hand signals used by beach lifeguards





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Which of the following bleeds is described as being most severe?



What does RICE stand for?

R

I

C

E