



Lifeguard Ongoing Training Session Seven

Can you list 3 ways in which a Lifeguard can support an Operators Environmental policy?

1

2

3

Can you list a minimum of 3 ways in which the pool water clarity can become compromised?

1

2

3

What does DRABC stand for?

D

R

A

B

C



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What does FAST stand for in relation to a casualty who may be suffering a Stroke?

F

A

S

T