

# FOREVER



ALOE VERA  
GEL

UNFLAVORED ORGANIC  
FOREVER®

## PRODUCT CATALOG

aloe-inspired

#1301



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# 15 REASONS

## to try Forever Living Products

Industry leader provides scientifically proven solutions  
for enhanced wellness & financial stability

### Covers Core Nutrition

Forever's products provide the body with a wide array of nutrients needed to maintain vital health.

### Benefits Every Body System

Forever's products are more than just Aloe. The entire FLP product family contains nutrients shown to promote optimal function of virtually every body function and process.

### Supported by Science

Literally hundreds of studies demonstrate that Aloe Vera is one of nature's top superfoods. An impressive body of research also supports the primary ingredients in Forever Living's industry-leading product line.

### Superior Quality

From "Plant to Product to You," Forever Living controls the growing, harvesting and processing methods of its Aloe Vera. The result is today's highest-quality products at affordable prices.

### Immune Support/Function

Forever Living's Aloe Vera and other products provide natural immune support.

### Aids in Healthy Digestion

Forever Living's Aloe products have natural, cleansing abilities that help the digestive tract absorb nutrients into the bloodstream, while at the same time promoting the growth of friendly bacteria.

### Combats the Signs of Aging

The premium-grade Aloe Vera, and other ingredients in Forever's products, deliver building materials to maintain healthy skin and help combat the signs of aging.

### Dental Health and Hygiene

Aloe Vera has been shown to be extremely healthful for the mouth and gums. Forever Bright® Toothgel helps promote healthy oral hygiene.

### Healthy Weight Support

Forever Living's Aloe Vera and other products naturally help the body to cleanse the digestive system, which can contribute to maintaining healthy body weight.

### Power Body Builder

Amino acids are the body's building blocks and are necessary for numerous body processes. Eight of nature's essential amino acids are found in Forever's products.

### Trace Minerals & Vitamins

Forever Living's Aloe Vera Gel delivers numerous health-maintaining trace minerals & vitamins, including calcium, sodium, iron, potassium, chromium, magnesium, manganese, copper, zinc, and vitamins A, B1, B2, B12, C, E, folic acid, and niacin.

### Boosts Energy Levels

Forever's products promote cellular nutrition, which helps create a greater feeling of well-being and enhances energy levels.

### Rapid, Gentle Soothing

Aloe Vera is legendary for its fast-acting soothing effects for minor burns, cuts, scrapes and skin irritations, as well as enhancing collagen formation.

### An Industry Leader

Forever Living and Aloe Vera of America helped pioneer the aloe industry. Forever Living is the largest grower, harvester, and manufacturer of Aloe Vera and bee products in the world.

### Unique Opportunity

Forever Living's unique product family is the basis of an opportunity for you to build financial stability and add more freedom to your lifestyle.

# The 8 Step Process



1

Our stabilized Aloe Vera is the finest available. To keep it that way, we've vertically integrated our entire aloe process. We control everything from fields, to factory to research and development, to packaging, to shipping and distribution. This allows us to guarantee the quality of FLP products to our millions of customers and distributors who depend on them for a healthier and more rewarding livelihood.



2

Each aloe plant starts out as a shoot, or pup. After approximately 3 years of careful cultivation, each mature Aloe Vera leaf is gently removed from the plant by hand with a small incision along the stalk. Once a leaf is cut, it is quickly transported for processing so that the gel remains in its freshest, purest form.



3

The leaves undergo a thorough cleaning process where they're bathed several times in cool water and given a high-pressure wash. Any remaining debris is removed, and the leaves are inspected for defects. The leaves are then filleted.



4

FLP's patented gel extraction system separates the clear aloe gel from the outer leaf. The pure aloe gel is collected in stainless steel containers, and immediately goes through a patented stabilization process that protects it from oxidation, and seals in its natural potency.



5

After stabilization, the gel undergoes extensive laboratory testing and analysis to ensure purity and consistency. Once the Aloe gel has been tested and approved, it's transported to FLP's product manufacturing plant, Aloe Vera of America, in Dallas, Texas where it's put through a series of microbiological and quantitative testing.



6

Once approved, the gel is transferred to our product formulation tanks. When the compounding phase is completed, the product is filled on our automated filling line. Our revolutionary bottling equipment can produce 100,000 bottles per shift. That's more than three bottles of Aloe Vera Gel filled, sealed and packaged per second!



8

To ensure quality and consistency, quality control technicians inspect the bottles at routine intervals throughout the filling process. The bottle is then coded with the batch number and expiration date using state-of-the-art ink jet coders.



AVA ships thousands of containers every month; in fact, we are one of the largest exporters in the southern United States. These containers are sent to well over 100 countries worldwide providing people just like you with what we know to be the very best natural health products in the world.



**PRODUCT #015**  
**0.102 C.C.**

Imagine slicing open an Aloe leaf and consuming the gel directly from the plant. Our Aloe Vera Gel is as close to the real thing as you can get.

The miraculous aloe leaf has been found to contain over 200 different compounds. A product of our patented aloe stabilization process, our gel is favored by those looking to maintain a healthy digestive system and a naturally high energy level.

The first to receive certification by the International Aloe Science Council, this rich cocktail of pulp and liquid authenticates this product as being just like nature intended. Taken daily, either alone or mixed with pure fruit juice, it is one of the best nutritional supplements available!

#### INGREDIENTS

Stabilized Aloe Vera Gel, Sorbitol, Ascorbic Acid (Antioxidant), Citric Acid, Potassium Sorbate (To Help Protect Flavor), Sodium Benzoate (To Help Protect Flavor), Xanthan Gum, Tocopherol (Antioxidant).

**CONTENTS:** 1 ltr.

**DIRECTIONS:** Shake well. Refrigerate after opening.  
Contains 100% Aloe Vera Juice

#### BENEFITS

- The power of aloe – from the inside out
- Contains over 200 compounds
- Refer to page 55.



**PRODUCT #034**  
**0.102 C.C**

Aloe Berry Nectar contains all the goodness found in our Aloe Vera Gel, plus the added benefits of cranberry and apple.

Besides their reputation as a cleanser for the urinary tract, cranberries are also a natural source powerful antioxidants known as Oligomeric Proanthocyanidins (OPC's). Apple juice is noted for its content of potassium as well as beneficial fruit pectin.

You can drink Aloe Berry Nectar with meals or alone. The delicious flavor is totally natural, prepared from a blend of fresh cranberries and sweet, mellow apples. Added fructose (a natural fruit sugar) sweetens it just enough to please both adults and children alike.

#### INGREDIENTS

Stabilized Aloe Vera Gel, Fructose, Natural Cranberry and Apple Juice Concentrates (Flavors), Sorbitol, Ascorbic Acid (Antioxidant), Citric Acid, Potassium Sorbate (To Help Protect Flavor), Sodium Benzoate (To Help Protect Flavor), Xanthan Gum, Tocopherol (Antioxidant).

**CONTENTS :**1 ltr.

**DIRECTIONS:** Shake well. Refrigerate after opening

**Contains 100% Aloe Vera Juice**

#### BENEFITS

- All the benefits of Aloe Vera Gel with the sweet taste of cranberries and apples
- Contains Oligomeric Proanthocyanidins (OPC's) and other antioxidant bioflavonoids
- Natural support for urinary tract health

# Forever Aloe Bits N' Peaches®



**PRODUCT #077**  
**0.100 C.C.**

Forever Aloe Bits N' Peaches® provides another great way to enjoy 100% Stabilized Aloe Vera Gel with just a touch of natural peach flavor and peach concentrate. A taste sensation like no other, it contains pure bits of Aloe Vera, bathed in the flavor of sun-ripened peaches.

For many centuries, people all around the world have used Aloe Vera for its health benefits. The addition of peaches provides carotenoids - valuable as antioxidants and for maintaining the proper function of the immune system.

Bits N' Peaches offers many healthful ingredients - all packed into a great-tasting drink. Pour over ice or mix with fruit juice, and enjoy the delightful taste of nature's bounty any time of the day!

## INGREDIENTS

Stabilized Aloe Vera Gel (Bits of pulp included), Fructose, Natural Peach Flavor, Citric Acid, Natural Peach Concentrate, Potassium Sorbate (To Help Protect Flavor), Sodium Benzoate (To Help Protect Flavor), Ascorbic Acid (Antioxidant), Tocopherol (Antioxidant).

**CONTENTS:** 1 ltr.

**DIRECTIONS:** Shake well. Refrigerate after opening.  
Contains 100% Aloe Vera Juice

## BENEFITS

- All the benefits of Aloe Vera Gel
- Solid chunks of pure Peaches
- Refreshing, fruity taste - just like pure peach juice
- Ideal for children.

# Forever Freedom®



**PRODUCT #196**  
**0.146 C.C**

Forever Freedom has combined Aloe Vera with other substances that are helpful for the maintenance of proper joint function and mobility in a tasty, orange-flavored juice formula.

We've taken Glucosamine Sulfate and Chondroitin Sulfate - two naturally occurring elements that have been shown to help maintain healthy joint function and mobility - and married them with our stabilized Aloe Vera gel. To this, we've added vitamin C and MSM, a primary source of bio-available sulfur the body needs to maintain healthy connective tissues and joint function.

Glucosamine Sulfate and Chondroitin Sulfate are natural substances that help maintain the structure and health of cartilage, keeping this natural "shock absorber" well hydrated. They also help keep the lubricating fluid within the joint at the necessary viscosity to allow one surface to glide freely over another. As the body ages, it is less able to produce these natural elements of healthy cartilage which can then lead to "wear and tear" on the joints.

Forever Freedom provides the usually recommended amounts of Glucosamine Sulfate (1500mg), Chondroitin Sulfate (1200mg) plus 750mg of MSM and 250mg of Vitamin C per 118g serving..

When combined, Glucosamine Sulfate, Chondroitin Sulfate, Vitamin C and MSM provide the first line of defense for joint support. Make Forever Freedom a practical and nutritious way to start your day!

## INGREDIENTS

Stabilized Aloe Vera Gel (Juice), Sorbitol, Natural Orange Juice Concentrate (Flavor), Fructose, Glucosamine Sulfate, Chondroitin Sulfate, Natural Orange Flavor, Methyl Sulfonyl Methane, Ascorbic Acid (Antioxidant), Citric Acid, Potassium Sorbate (To Help Protect Flavor), Sodium Benzoate (To Help Protect Flavor), Tocopherol (Antioxidant). **Contains Shellfish (Shrimp, Crab, Lobster).**

**CONTENTS:** 1 ltr.

**DIRECTIONS:** Shake well. Refrigerate after opening.

## BENEFITS

- Unique formulation available in an Aloe drink form, providing a practical and nutritious way to support joint health & Mobility
- Easier assimilation due to Aloe Vera carrier
- Contains substances naturally occurring in joints



**PRODUCT #200  
0.070 C.C.**

Aloe Blossom Herbal Tea® is a natural blend of leaves, herbs and spices, especially prepared to provide an outstanding flavor and a rich aroma. Naturally caffeine-free, it has been formulated to leave you feeling refreshed, relaxed and revitalized. Whether you drink it hot or prefer it iced, Aloe Blossom Herbal Tea has a great taste and is easy to prepare.

Refreshing cinnamon, orange peel and cloves impart a warm fruity flavor, along with allspice and ginger to soothe. Combined with aloe blossoms from our own plantations, this low calorie, refreshing tea is a great compliment to our Forever Lite weight management program.

#### INGREDIENTS

Cinnamon, Orange Peel, Cloves, Blackberry Leaf, All spice, Fennel, Ginger, Cardamom, Aloe Blossoms, Gymnema Sylvestre, Chamomile.

**CONTENTS:** 25 individually foil-wrapped tea bags.

#### DIRECTIONS

For hot tea, use one tea bag per cup. Add boiling water and brew 3-5 minutes before removing tea bag. For iced tea (one quart), pour 2 cups of boiling water over 4 tea bags and brew 3-5 minutes. Remove tea bags, add 2 cups of cold water and chill.

#### BENEFITS

- Zero Calories
- Naturally caffeine-free
- Supports Weight Management



**PRODUCT #262 0.096 C.C.**

There's no disputing the fact that antioxidants are extremely vital to our health and well being. There is, however, much discussion today among nutritionists as to which fruit is the most powerful antioxidant, or which contains the most Xanthones or has the highest ORAC value rating. Forever Pomesteen Power® has them all with a proprietary blend of fruit juices and extracts, including Pomegranate, Pear, Mangosteen, Raspberry, Blackberry, Blueberry and Grape Seed.

ORAC value (Oxygen Radical Absorbance Capacity) is an indicator of how well an antioxidant inhibits free radical damage. The ORAC value of fruits can vary greatly, even when testing the same fruit at different times after harvesting. What is important to know is that all of the ingredients of Forever Pomesteen Power® are near the top of the list in ORAC value, especially Pomegranate and Mangosteen fruit.

Pomegranate juice has more polyphenol antioxidants than red wine, green tea, cranberry juice and orange juice. In addition, it is a good source of Vitamins C.

Mangosteen is a popular fruit in Asia. Its exquisite taste prompted Queen Victoria to declare it her favorite fruit, henceforth it has been referred to as the "Queen of Fruits!" Its ORAC value is very high, and it is rich in beneficial Xanthones. Xanthones are a family of naturally occurring nutritional compounds in fruits that are super-powerful antioxidants.

Experience the incredible power of antioxidants from Pomegranate, Mangosteen, and other exotic fruits with Forever Pomesteen Power®!

**CONTENTS:** 473 ml.

#### OTHER INGREDIENTS

Stabilized Aloe Vera Gel, Sodium Alginate, Grape Seed Extract, Potassium Sorbate (to help protect flavor), and Citric Acid.

#### SUGGESTED USE

Shake well before using. Take 1 fl. oz. (30 ml) daily or as desired, preferably before meals.

**Contains 94% Fruit Juice From Concentrate**

#### BENEFITS

- Super Antioxidant
- Unique blend of fruit juices and extracts
- Exotic flavor that everyone loves
- Supports urinary tract.

## FAB Forever Active Boost™

We all know how exhausting it can be living an active, busy lifestyle – from job deadlines and school pickups to soccer practice, grocery shopping and household chores. How can anyone have enough energy for that all the time? FLP has found a solution to help pick you up when your needle is on ‘empty’ – FAB Forever Active Boost™ Energy Drink.

FAB’s “boost” is different from other energy drinks because it gives you both immediate and long-term energy. The immediate boost comes from guarana, a natural ingredient that is very popular in Brazil, while the long-term energy is powered by ADX7 technology: a proprietary blend of adaptogenic herbs and other nutraceuticals developed by a leading Russian sports scientist and researcher. ADX7 has helped Russian track and field athletes win over 130 medals in Olympic competition!

FAB is a quick, refreshing way to stay energized and alert all day long. And it revitalizes you so you have the endurance and concentration to do all the things you have to do, plus the things you want to do.

### SUGGESTED USE

One to three cans per day. Shake gently. Serve chilled. Not recommended for children or pregnant women. Consult doctor before using if you have a medical condition. ADX7 Technology - Proprietary Blend of Adaptogenic Herbs, Vitamins, Aminos & Electrolytes

### INGREDIENTS

Carbonated Water, Sucrose, Dextrose, Xylitol, Citric Acid, Stabilized Aloe Vera Gel, Sodium Citrate, Taurine, Natural Flavors, Potassium Citrate, Guarana (*Paullinia cupana*) Seed Extract, Glucuronolactone, L-Glutamine, Natural Beta Carotene for Color, Inositol, Adaptogenic Herbs (Eleutherococcus Senticosus Root and Leaf, Aralia Mandshurica, Rhaponticum Carthamoides, Rhodiola Rosea, Schisandra), Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride, Cyanocobalamin.

### BENEFITS

- Guarana provides a natural boost
- Powered by a proprietary blend of adaptogenic herbs



PRODUCT #321  
0.019 C.C.

# Forever® Arctic-Sea®

New and improved Forever Arctic Sea® now contains a proprietary blend of DHA-rich Calamari Oil, ultra-pure Omega-3 Fish Oil and High Oleic Olive Oil. This unique blend is exclusive to Forever Living and provides not only 33% more DHA per day, but creates the perfect balance of DHA and EPA for optimal health and wellness.

## THE CRITICAL OMEGA-3:OMEGA-6 BALANCE

There is an important balance that most people do not fully understand when it comes to Omegas. Historically, nutritionally balanced diets contained a healthy ratio of Omegas as 1:1 up to 1:4 DHA:EPA. Unfortunately, many diets include unhealthy levels of Omega-6's which are traditionally derived from fried foods, vegetable oils, fake butter products, grain-fed animal fat and other modern convenience and processed foods. In addition, many diets are low in fish and Omega-3 consumption, which creates an unhealthy ratio of Omega-6: Omega-3 as high as 30:1! The key to getting back to a healthy ratio of DHA:EPA is increasing Omega-3 consumption and reducing Omega-6 intake.

Forever Arctic Sea® has been improved to not only increase the total amount of Omega-3's you get per serving, but also has significantly increased the amount of DHA per dose. DHA Omega-3 is naturally found throughout the body and is most abundant in the brain, eyes and heart. Just as calcium is essential for building strong bones, DHA ensures that the cells in the brain, retina, heart and other parts of the nervous system develop and function properly through all stages of life. Additionally, DHA intake has been associated with a decreased risk of mental decline associated with aging. No other fatty acid demonstrates this relationship.

## INGREDIENTS

Natural fish oil, calamari oil, gelatin, olive oil, glycerin, purified water, lemon oil (natural flavor), lime oil (natural flavor), and d-alpha tocopherol. Contains fish (anchovy, salmon, cod).

**CONTENTS:** 120 Softgels

**SUGGESTED USE:** Take 2 softgels with meals three times daily as a dietary supplement.

## BENEFITS

- Custom Omega-3 ratio to mimic a diet rich in seafood
- All-natural citrus flavor for a pleasant aroma and minimal fishy flavor
- Ocean friendly and responsibly sourced
- Pure source of EPA and DHA
- Supports joint mobility
- Helps to manage cholesterol levels in the blood stream.



PRODUCT #376  
0.120 C.C.

## Forever Active HA®



**PRODUCT #264**

**0.136 C.C**

Forever Active HA® provides a unique form of low molecular weight hyaluronic acid, with moisturizing and lubricating properties, plus Ginger Oil and Turmeric - making it one of the most powerful nutritional joint and skin moisturizing supplements on the market.

Hyaluronic Acid (HA) is a special protein that our bodies produce to lubricate and cushion our joints and muscles, as well as to insure adequate skin hydration. As we age, our bodies produce less and less HA. With less HA, our joints can lose their natural lubrication, and our skin appears rough and dry. Until recently, HA had to be injected because the digestive system could not absorb it in its natural state; but thanks to a new and unique process, HA may now be consumed orally. And for centuries, Chinese herbalists have used Ginger and Turmeric to help promote proper joint function.

With low molecular weight HA, plus the power of Ginger Oil and Turmeric, Forever Active HA is your key to becoming a well-oiled machine again!

**CONTENTS:** 60 softgels

**SUGGESTED USE:** Two softgels daily as a dietary supplement.

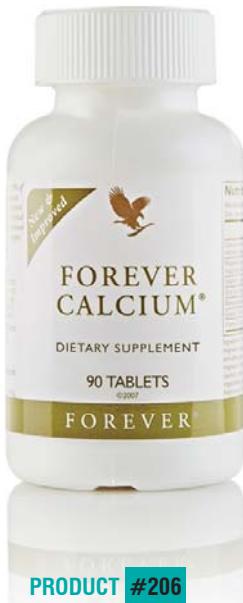
**OTHER INGREDIENTS:** Soybean Oil, Gelatin, Glycerin, Yellow Beeswax, Maltodextrin, Purified Water, Zinc Oxide and Lecithin.

**Contains Soy.**

### BENEFITS

- Lubricates the joints and moisturizes skin
- Unique form of low molecular weight hyaluronic acid
- Contains beneficial ginger and turmeric root for joint support
- For joints and skin maintenance.

## Forever Calcium®



**PRODUCT #206**

**0.098 C.C**

Science has shown that as we age our ability to absorb calcium reduces. In fact some reports indicate that our ability to absorb calcium from our diet declines by 60% from childhood to adulthood. What can you do to promote healthy bones and teeth? New & Improved Forever Calcium® provides the clinically proven quantities of Calcium, Magnesium, Zinc, Manganese, Copper and the Vitamins C & D to help maintain proper bone structure and function.

You depend on the strength of your body every day, and it starts from the inside out. Forever's new form of calcium, Di-Calcium malate, is most effective at promoting optimum bone building since it stays in the blood stream longer and does not interfere with the natural pH balance in the stomach. Additionally, our proprietary mineral blend is smaller and more absorbable than our previous formula.

New & Improved Forever Calcium® uses superior forms of calcium and other parented high performance minerals to ensure maximum absorption and bioavailability. To combat our declining ability to absorb calcium as we age, a comprehensive supplement is vital to help protect against bone loss. Forever Calcium® can help you feel assured that you are relying on the highest quality ingredients to support your health.

### OTHER INGREDIENTS

Silicified microcrystalline cellulose, croscarmellose sodium, stearic acid, sodium carboxymethylcellulose, dextrin, natural flavors, dextrose, medium chain triglycerides, sodium citrate.

**CONTENTS:** 90 tablets

**SUGGESTED USE:** Take 3 to 4 tablets daily as a dietary supplement.

### BENEFITS

- Provides Calcium, Magnesium, Zinc, Manganese, Copper and the Vitamins C & D
- Ensure maximum

## Forever® Absorbent-C®

Daily vitamin C has long been associated with good health. Science now provides us with a whole list of benefits derived from this most famous of all vitamins:

- It is a powerful antioxidant, forming part of the body's defense system against the harmful effects of free radicals.
- It is a beneficial supplement for the skin, as it supports the formation of intercellular collagen.
- It is necessary for the maintenance of healthy connective tissue.

Vitamin C is water soluble, and is secreted from the body. Since humans are among the few animals that are unable to make their own vitamin C, we must therefore get it from our food, drinks, and supplements, such as Forever® Absorbent-C®.

The need for adequate levels of vitamin C is very evident. Science reports that one cigarette destroys 25mg of vitamin C. Stress, medication and environmental factors all heavily deplete the body of this vitamin. A deficiency can result in broken capillaries and bleeding gums.

To ensure that the full 60mg of vitamin C in each tablet is effectively absorbed, we've combined it with 500 mg of oat bran, a highly soluble dietary fiber. Research shows that soluble fiber can also help maintain healthy cholesterol levels in the bloodstream.

Absorbent-C with Oat Bran is an outstanding nutritional supplement. It combines two vital nutrients into one convenient product. The bonded matrix composition, developed through a unique process, is an effective delivery system enabling the body to absorb the full 60 mg of vitamin C from each tablet. A daily intake of Absorbent-C is highly recommended for good health.

### INGREDIENTS

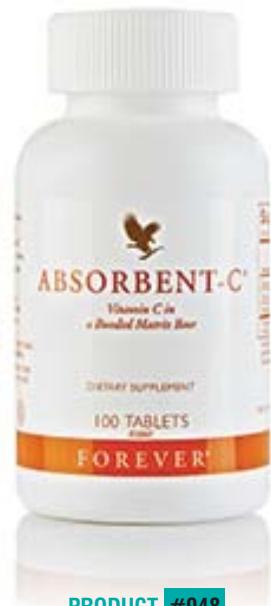
Natural Oat Bran, Sorbitol Powder, Honey, Ascorbic Acid, Stearic Acid, Natural Orange Flavor, Citrus Bioflavonoids, Papaya Fruit Powder and Silica.

### CONTENTS

100 tablets (each containing 60mg of vitamin C)

### SUGGESTED USE

One tablet three times daily as a dietary supplement.



**PRODUCT #048**

**0.069 C.C**

## Forever® A-Beta-Care®

Forever® A-Beta-CarE® is an essential formula combining vitamins A (from beta-carotene) and E, plus the antioxidant mineral Selenium. Antioxidants are vital in the fight against free radicals (chemical molecules that arise from pollutants in the body and damage healthy cells).

Vitamin A plays an important role in vision, bone growth, reproduction, and cell division. It helps maintain the surface linings of the eyes and the respiratory, urinary, and intestinal tracts. Forever A-Beta-CarE is a specially formulated nutritional supplement that supplies vitamin A to the body from beta-carotene. The body converts beta-carotene to vitamin A in the small intestine during digestion or when it is needed, leaving a low risk of vitamin A overdose (which can be toxic when taken alone in large doses). Beta-carotene is also a recognized antioxidant, making it an ideal companion for vitamin E and Selenium.

Vitamin E, a fat-soluble vitamin, is an excellent supplement for healthy skin. It also protects vitamin A and essential fatty acids from oxidation in the body cells and prevents breakdown of body tissues.

Selenium is a trace mineral and is one of the most powerful antioxidant nutrients known to work synergistically with both vitamin E and beta-carotene. It is beneficial in maintaining healthy skin, hair and good eyesight. Recent research shows that Selenium is especially important to men's health.

This combination of nutrients, available all in one convenient product, is one of the most important complements to good health.

### INGREDIENTS

Refined Soybean Oil, D-Alpha Tocopherol, Gelatin, Glycerin, Beeswax, Purified Water, Rosemary Powder, Carrot Oil, Soy Lecithin, Dark Carob Extract, Beta Carotene, and

L-Selenomethionine. Contains Soy.

**CONTENTS:** 100 softgel capsules

**SUGGESTED USE:** Take one softgel, twice daily as a dietary supplement.



**PRODUCT #054**

**0.116 C.C**

### BENEFITS

- Supports healthy skin
- Supports the circulatory system
- Powerful antioxidant

## Forever ImmuBlend™

Forever ImmuBlend™ is designed to support immune system function by addressing all aspects of the immune system from its first line of defense to its last. Each ingredient in our proprietary blend is specifically chosen for the crucial role it plays in supporting your body's immune system function. It helps the body's biological defense system to operate at peak performance so you can carry on your daily routine without any cares.

Our immune-enhancing nutrient blend includes the power of lactoferrin, maitake and shiitake mushrooms, along with vitamins C & D and zinc for that extra boost. Each of these key ingredients contributes to your body's well-being:

- Fructooligosaccharides – promote healthy levels of probiotic bacteria in the digestive system.
- Lactoferrin – supports immune cell production and helps maintain optimum levels of beneficial bacteria in the intestines
- Maitake & Shiitake Mushrooms – support immune cell production and cardiovascular function
- Vitamin D – strengthens immune cells
- Vitamin C – fights free radicals
- Zinc – fights free radicals and supports immune cell production

This exclusive formula addresses all aspects of immune system function, providing both foundational nutrients required for a healthy immune system and natural botanicals that work synergistically to support immune function.

**Other ingredients:** Microcrystalline cellulose, hydroxypropyl methylcellulose, stearic acid, magnesium stearate, croscarmellose sodium, silicon dioxide, sodium carboxymethylcellulose, dextrin, dextrose, soy lecithin and sodium citrate. Contains Soy.

### CAUTION:

Consult your doctor before taking if you are pregnant, trying to conceive, or nursing.

### DIRECTIONS

Take 2 tablets daily as a dietary supplement.

### CONTENTS

60 tablets



PRODUCT #355

0.093 C.C

## Forever Lycium Plus®

A fruit used in ancient China for centuries, lycium has been shown to enhance the complexion and help maintain energy and good vision. Forever Lycium Plus® is a dietary supplement containing antioxidants, bioflavonoids and other beneficial phytonutrients.

Lycium is known in China as a "yin tonic", with many traditional uses for maintaining good health. Licorice is considered to be the most widely used herb in China. It is made up of over 150 different compounds, which have been shown to have many beneficial effects. Its most frequent use by far is as a complementary herb, with its main function being to bring out the best beneficial effects of other herbs. This makes it an ideal companion for lycium.

Licorice Flavonoid Extract is a concentrated form of licorice bioflavonoids. It is produced according to a process that removes most of the glycyrrhizin, an intensely sweet component of licorice that has been shown to produce undesirable side effects. Based on modern studies, licorice bioflavonoids are among the strongest antioxidants discovered to date.

### OTHER INGREDIENTS

Microcrystalline Cellulose, Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate, and Silicon Dioxide.

**CONTENTS:** 100 tablets

**SUGGESTED USE:** One tablet, three times a day.



PRODUCT #072

0.122 C.C

### BENEFITS

- Powerful antioxidant
- Good source of phytonutrients
- Beneficial to eyesight and skin
- Powerful tonic

# Fields of Greens®

With today's busy lifestyles and the convenience of fast food, we all too often neglect eating nutritionally rich, fresh foods. Forever Living Products provides a simple solution to "convenience eating" in Fields of Greens®. One glance at its ingredient list reveals a cornucopia of nutritional elements, especially formulated to combat these nutrient deficiencies.

Get the antioxidants and chlorophyll you may be lacking. Fields of Greens combines young barley grass, wheat grass, alfalfa and added cayenne pepper (to help maintain healthy circulation and digestion). We have also added honey to promote energy.

#### OTHER INGREDIENTS

Honey, Sorbitol, Magnesium Stearate, Stearic Acid and Silica. **Contains Wheat.**

#### CONTENTS

80 tablets

#### SUGGESTED USE

One tablet, twice a day.

#### BENEFITS

- Excellent "green food" source
- Antioxidant
- Contains chlorophyll
- An excellent substitute for green vegetables, helps to maintain healthy circulation, helps to manage blood sugar level in diabetes, reduce excess body oestrogen.



**PRODUCT #068**

**0.052 C.C**

# Forever B12 Plus®

An excellent combination of essential nutrients, Forever B12 Plus® combines Vitamin B12 with Folic Acid utilizing a time-release formula to help make possible metabolic processes, including cell division, DNA synthesis, red blood cell production, and proper nerve function.

Vitamin B12, or Cyanocobalamin, was first discovered in 1948 as the nutritional factor that prevented pernicious anemia. B12 also works with folic acid in reducing homocysteine levels in the body.

If you are a female of childbearing age, perform this first act of love for your baby! Vitamin B12 deficiency also means deficiency in folic acid, which is critical to the fetus during the first three months of pregnancy, also making it beneficial to women wishing to conceive.

This supplement is extremely safe, as both components are tolerated in large amounts. It is also essential to a vegetarian or vegan diet, as B12 is normally obtained from animal sources.

Enjoy the benefits of Vitamin B12 and folic acid together, in a formula exclusively designed to complement the rest of our supplement range!

#### OTHER INGREDIENTS

Dextrose, Dicalcium Phosphate, Hydroxypropyl Methylcellulose, Microcrystalline Cellulose, Stearic Acid, Silica, and Magnesium Stearate.

#### CONTENTS:

60 tablets

**SUGGESTED USE:** As a dietary supplement, take one or two tablets daily, preferably after meals.

#### BENEFITS

- Helps reduce homocysteine levels
- Extremely safe, even in large amounts
- Supplements of vitamin B12 and folic acid should be taken together
- Food for the brain, anemia, anti-cancer, anti-aging, neura-tube defect



**PRODUCT #188**

**0.062 C.C**

## Forever FastBreak®



**PRODUCT #520**

**0.021 C.C**

If you want your taste buds to feel like they've had a candy bar, while your metabolism feels like it's being fueled by protein and fiber then unwrap Forever FastBreak®. This delicious, chocolate covered peanut butter bar will make you feel like you've died and gone to weight management heaven.

Fiber is the key to your health in several areas, including helping you feel fuller, longer. Forever FastBreak® provides 3g of fiber in a delicious crunchy texture.

Chock-full of 11g of protein these filling bars are a great meal replacement, or for when you need extra energy. That's almost the protein of two eggs, all with on-the-go convenience. Plus, it has 0 trans-fat and 0 cholesterol.

Fueled by vitamins and minerals, and other ingredients, which speed

up the metabolism of fats and carbohydrates, this fortified bar will help you meet your health and fitness goals.

**Contains:** soy and milk. Manufactured in a plant that also processes egg, tree nuts, and wheat products.

### DIRECTIONS

Replace no more than two meals daily with Forever FastBreak® Energy Bars. A third, well-balanced meal should be eaten. Fast Break bars can help control weight as part of a caloric-controlled diet and exercise program.

**NET WT.:** 56 g per bar

## Forever Active Probiotic®

Microbes are live microorganisms that exist in our bodies and play a role in our general health and wellbeing. While some microbes are bad, the majority are beneficial. These "good bacteria" are called "probiotic," meaning "for life" in Greek. Forever Living Products recognizes the important role that beneficial microbes play in human health and the need for probiotic supplementation. Designed to promote a healthy digestive system, Forever Active Probiotic is a small, easy-to-swallow beadlet that helps overcome imbalances created by our food and lifestyle choices, which can inadvertently lead to a reduction in the amount of naturally occurring probiotics. Forever Active Probiotic® works primarily in the intestines where it assists with the process of food digestion, helping to release nutrients for absorption, and contributes positively to normal human growth and development by helping to maintain a balanced and healthy system.

As probiotics themselves are quite fragile, Forever Active Probiotic uses an exclusive, patented encapsulation technology that protects the probiotics then releases a unique combination of six beneficial strains of microbes only after they reach the desired destination in the intestines. The probiotics in Forever Active Probiotic are derived from Lactobacillus and Bifidobacterium genera; the strains are: Lactobacillus Acidophilus – inhibits undesirable organisms and helps prevent them from multiplying and colonizing. Bifidobacterium Longum – crowds out bad bacteria to help reduce the frequency of gastrointestinal disorders. Bifidobacterium Lactis – helps lower the body's pH and further inhibits undesirable bacteria growth. Lactobacillus Rhamnosus – helps to protect the intestinal tract so that the undesirable microorganisms can't get a foothold. Lactobacillus Bulgaricus – helps to keep the small

intestine clean and balanced. Lactobacillus Plantarum – preserves key nutrients, vitamins, and antioxidants to help counteract undesirable substances in our foods. Forever Active Probiotic is the only shelf-stable, 6-strain probiotic that requires no refrigeration on the market today.

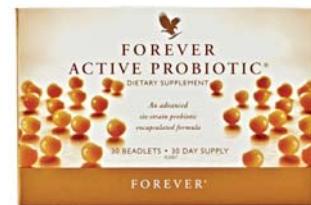
What's great about Forever Active Probiotic is that it works in tandem with our patented Aloe Vera. Aloe acts as a "prebiotic", which fosters the growth of and provides the ideal environment for the probiotic to function. So whether your goal is to promote a healthy digestive system or enhance nutrient absorption and immune function, add Forever Active Probiotic to your daily supplement program.

### OTHER INGREDIENTS

Palm Oil, Gelatin, Glycerin, Soy Lecithin, Pectin, Carmel Color. **Contains Soy.**

### CONTENTS:

**SUGGESTED USE:** Take one beadlet daily with water on an empty stomach or two hours after a meal. Do not chew or crush.



**PRODUCT #222**

**0.118 C.C**

### BENEFITS

- Promotes a healthy digestive system
- Enhances nutrient absorption and immune function
- Unique combination of 6 beneficial strains of microbes
- No refrigeration needed
- Aids digestion and absorption of food, cleans the digestive system, helps prevent food poisoning, constipation and digests lactose. Synthesis vitamin K & B, reduces cholesterol, balances oestrogen level. No refrigeration required.

Note: STORE BELOW 80 DEGREES F (27 DEGREES CELSIUS) FOR BEST RESULTS. This product contains natural ingredients, so color variations are normal.

## Nature-Min®

Your body can benefit from nutrients locked deep in an ancient seabed, because four percent of our body weight is comprised of these minerals. Since our bodies can't manufacture minerals, we have to obtain them from our food or supplementation.

Forever® Nature-Min® is an advanced, multi-mineral formula using new bio-available forms of minerals for maximum absorption. It provides minerals and trace minerals in a perfectly balanced ratio for maximum efficiency. Using a mineral base of natural seabed deposits, Nature-Min provides most of the minerals found in the human body.

Minerals in the body perform three functions:

1. Some, like calcium, phosphorus and magnesium, are constituents of the bones and teeth.
2. Others are soluble salts that help to control the composition of body fluids and cells.
3. Minerals, such as iron and haemoglobin, perform other vital tasks. They work with enzymes and proteins, which are necessary for releasing and utilizing energy.

Forever Nature-Min is an excellent way to ensure that your body is getting the minerals and trace minerals it needs to meet the demands of a healthy, balanced lifestyle.

**OTHER INGREDIENTS:** Natural Sea Mineral Deposit, Croscarmellose Sodium, and Stearic Acid.

**CONTENTS:** 180 tablets

**SUGGESTED USE:** Six tablets daily as a dietary supplement.



**PRODUCT #037**  
0.072 C.C

### BENEFITS

- Contains trace minerals from natural sea bed deposit
- Perfect blend of minerals in each tablet
- Minerals play many roles in the human body, from regulating fluid balance to activating genes and hormones
- Helps to strengthen bones

## Forever Garlic-Thyme®

The dietary uses of garlic and thyme have been traced back thousands of years. An Egyptian papyrus dating from 1,500BC listed 22 healthy uses for garlic. Today, we are starting to understand how they work.

Garlic and thyme, the two powerful antioxidants found in Forever Garlic-Thyme®, combine to create a great tool in maintaining good health. When garlic is cut or crushed, enzymes react to produce a powerful agent. Studies have shown that garlic's other ingredients help the metabolism convert fats to energy and protect the body against free radicals.

Other healthy substances in this odorless softgel include ajoene and lecithin, which can help emulsify fats. Garlic's sulfur compounds have also been shown to have beneficial properties. Garlic also contains germanium, a mineral trace element believed to help boost the body's immune system and selenium, a trace mineral antioxidant.

Thyme contains Tannin, Phenol and Thymol (saponins) and other beneficial antioxidant substances.

### OTHER INGREDIENTS

Canola Oil, Gelatin, Glycerin, Lecithin, Beeswax, Purified Water, and Carob Extract  
**Contains Soy.**

**CONTENTS:** 100 softgels

**SUGGESTED USE:** One softgel with each meal as a dietary supplement.



**PRODUCT #065**  
0.074 C.C

### BENEFITS

- Powerful antioxidant
- Odorless, softgel capsule
- Helps protect the body against free radicals
- Helps support the conversion of fats to energy

# Forever Ginkgo Plus®

Feed your creativity with Ginkgo Biloba, the legendary



**PRODUCT #073**

0.122 C.C

"brain tonic" dating back five millennia. Forever Ginkgo Plus® is a unique blend of four herbs. Ginkgo Biloba leaf extract, its chief ingredient, is combined with the powerful Chinese herbs of Ganoderma from Reishi mushrooms, Schisandra berries and cured Fo-ti.

The ginkgo tree is said to be the oldest surviving tree species. They live incredibly long (often over 1,000 years), and are extremely resistant to fungi and insects. Ginkgo Biloba is one of the most popular herbal supplements available in Europe and North America.

Extract from the ginkgo leaf yields flavonoids and terpenoids which strengthen capillaries. They also act as antioxidants. Ginkgo has been shown to increase circulation of blood to the brain. Reishi, Schisandra and Cured Fo-ti contain many biologically active constituents, and Cured Fo-ti is regarded by the Chinese as one of the most important anti-aging herbs. Together these herbs make Forever Ginkgo Plus and incredible "brain tonic."

## OTHER INGREDIENTS

Microcrystalline Cellulose, Tricalcium Phosphate, Cellulose, Stearic Acid, Croscarmellose Sodium, and Magnesium Stearate

**CONTENTS:** 60 tablets

**SUGGESTED USE:** One tablet, twice a day.

**Note:** Consult a physician before taking if you are pregnant, lactating, or have a medical condition. Not recommended for children.

## BENEFITS

- Enhances blood supply to the brain
- Helps support circulation
- Energy level booster
- Includes tonic herbs to boost the benefits of ginkgo

# Forever Kids®



Give your kids the nutrients they need each day with Forever Kids® Chewable Multivitamins. These fun and delicious multivitamins provide both adults and growing kids ages two and older with the vital vitamins, minerals, iron and phytonutrients they may be lacking.

Iron is a new addition to Forever Kids for its role in immune support and cognitive development. Iron, a commonly deficient nutrient, also supports overall health.

Phytonutrients are highly desirable plant nutrients found in vegetables and fruits. Our new and improved formula has more phytonutrients from a new, improved blend of fruits and vegetables. The result is a multivitamin that tastes great, is fun to eat and complements the range of

other supplements that Forever Living offers!

Formulated without artificial colors or preservatives, the phytonutrient base is taken from such nutritious foods as carrots, beets, broccoli, spinach, blueberries, apples, cranberries, tomatoes and strawberries. You and your kids will love the natural grape flavor, and you'll love the peace of mind!

**CONTENTS:** 120 tablets

**SUGGESTED USE:**

For children over four and adults, take four tablets daily as a dietary supplement. For children two to four years old, take two tablets per day under adult supervision.

## BENEFITS

- No artificial colors or preservatives
- Chewable tablets
- Phytonutrient base taken from the finest raw foods including broccoli, spinach, beets, and carrots

**PRODUCT #354**

0.060 C.C



PRODUCT #235

0.106 C.C

## Forever Vision®

Our vision is a precious sense, and one that we should not take for granted. While we may supplement our diets with nutrients to enhance our overall wellbeing, we tend to overlook our eyesight as a necessary part of our health to maintain.

Forever Vision® is a dietary supplement with bilberry, lutein and zeaxanthin plus super antioxidants and other nutrients. Bilberry, a popular traditional herb, can support normal eyesight and improve circulation to the eyes. Lutein, a common carotenoid found in many vegetables and fruits, can help protect the retina. Zeaxanthin and Astaxanthin are other carotenoids that are important to the eye's macular health.

With just 2 tablets per day, Forever Vision is an easy way to help you keep looking clearly into the future.

**CONTENTS:** 60 tablets

**SUGGESTED USE**

Take two tablets daily as a dietary supplement.

**OTHER INGREDIENTS**

Dicalcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, and Silicon Dioxide.

**BENEFITS**

- Provides Bilberry, Lutein and Zeaxanthin
- Supports normal eyesight
- Keeps you looking into the future
- Supports normal eyesight

## Forever CardioHealth™ with CoQ10

Forever CardioHealth™ with CoQ10 is a special formula designed to dissolve in our very own Aloe Vera Gel to provide three important nutritional supports for cardiovascular health. It promotes healthy homocysteine levels, supplies coenzyme Q10 to promote efficient cell function, and provides heart-healthy antioxidants. Together, these ingredients work to support overall cardiovascular health.

CoQ10 is an enzyme that is produced by the human body and is necessary for the basic functioning of cells, including those of the heart and blood vessels. CoQ10 levels are reported to decrease with age, which is just when we need them most. Forever CardioHealth with CoQ10 provides the extra supply of CoQ10 your body needs.

Another way Forever CardioHealth supports good cardiovascular function is by helping to maintain healthy homocysteine levels in the blood. The B vitamins in Forever CardioHealth (Vitamin B6, B12, and Folic Acid) have been shown to help keep homocysteine levels in the healthy lower range. This in turn helps support healthy heart and blood vessel function. Forever CardioHealth also contains a selection of herbal extracts (Grape Seed, Turmeric, Boswellia, and Olive Leaf) found in studies to be beneficial for cardiovascular support. To all of the above we have added the heart-healthy minerals magnesium and chromium plus lecithin, known for its blood vessel lubricating and fat-mobilizing properties, and the powerful antioxidant vitamins C and E.

Now take all this greatness and mix it into your next glass of Aloe Vera Gel for the added benefits found in the miraculous aloe leaf. Just pour, stir, and drink – your heart will thank you!

**CONTENTS:** 3.5 grams

**OTHER INGREDIENTS:** Fructose, Microcrystalline cellulose, and silicon dioxide.  
Contains: Soy

**BENEFITS**

- Designed to dissolve easily in Aloe Vera Gel
- Provides CoQ10, necessary for basic cell functions
- Contains heart-healthy herbal extracts, minerals, lecithin, and antioxidant vitamins



PRODUCT #312

0.133 C.C

# ARGI+™

L-Arginine is an amino acid that's so potent, scientists refer to it as the "Miracle Molecule." And for good reason, because our bodies convert L-Arginine into nitric oxide, a molecule that helps blood vessels relax and open wide for greater blood flow. Greater blood flow supports many important functions in our body:

- Healthy blood pressure levels
- Overall cardiovascular health
- Immune function
- Muscle growth
- Bone & tissue growth & repair
- Male sexual function
- Fat and glucose metabolism
- Anti-aging hormone production and more

With so many health benefits, it's no wonder L-Arginine is generating so much excitement. New ARGI+ provides all the power of L-Arginine, plus:

- Pomegranate – well-known for its strong antioxidant properties
- Red Wine Extract – to help maintain healthy cholesterol levels
- And Grape Skin and Berry extracts for cardiovascular and immune system health

Together, these ingredients create a new generation of supplement – one that supports better health throughout your entire body. Just a scoop of ARGI+ mixed with your favorite Aloe drink helps provide a performance boost to every part of you. Add optimal health to your family's diet with the power of L-Arginine!

#### SUGGESTED USE:

Take one scoop of ARGI+™ mixed well with 8 ounces of water or other beverage once daily.

#### OTHER INGREDIENTS:

Citric acid, natural mixed berry flavor, xylitol, d-ribose, and sucralose.

Consult your doctor before using if you are pregnant, nursing or have a medical condition.

#### BENEFITS

- L-Arginine is known as the "Miracle Molecule"
- Proprietary fruit blend adds antioxidant power
- Boosts nitric oxide production



**PRODUCT #504**

**0.303 C.C.**

## Forever Multi-Maca®

Maca, also known as Lepidium Meyenii, is an annual plant that is cultivated in the Peruvian central highlands. The edible root, which resembles a radish, is a staple food for the local population.

Maca has been highly revered for over 2,000 years in Peru. According to legend, the Incan warriors ate Maca for strength and endurance before going to battle. The Spanish Conquistadors called it the "sex herb of the Incas". Today it is known as Peruvian Ginseng. Modern studies suggest that Maca helps promote libido, sexual potency and energy.

Women in South America have also used Maca for thousands of years to help maintain their stamina, prevent fatigue and reduce the effects of stress on their body. Peruvian women begin using Maca at age 3, and remain strong, fertile and productive, and have immense stamina well into their later life. Maca may increase a woman's libido, and should be taken daily for best results.

Maca's reported beneficial effects for sexual function could be due to its amino acids, which are required for many functions in the body, including sexual and fertility functions. They also are required in the manufacturing of substances that transmit signals in the nervous system and play a major role in the process of sexual arousal and physical performance during sex.

Forever Multi-Maca® combines legendary Peruvian Maca with other powerful herbs and select ingredients, to create one of the finest supplements of its kind.

**OTHER INGREDIENTS :** Microcrystalline Cellulose, Calcium Citrate, Stearic Acid, Croscarmellose Sodium, Guar Gum, Magnesium Stearate, Silicon Dioxide, Dextrin, Dextrose, Lecithin, Sodium Carboxymethyl Cellulose and Sodium Citrate.

Contains Soy.

**CONTENTS:** 60 tablets

**SUGGESTED USE:** Two tablets every day with water.

### BENEFITS

- Known as the "sex herb of the Incas"
- Helps promote libido, stamina and energy
- Promotes sexual arousal and endurance, prevents hot flushes, enlargement of the prostate, increase stamina during exercise, breast soreness and tenderness and many more.



**PRODUCT #215**

**0.107 C.C**

## Forever Move™

With Turmeric & NEM®\*\*

### A Natural Solution for Supporting Healthy Muscles & Joints

- Delivers quick and confirmed results in as little as 7-10 days
- Contains two patented ingredients for joint health
- Nearly 5x more clinically effective than glucosamine and chondroitin

The ability to move is often something we take for granted until that ability is decreased, or limited. Move freely and support joint comfort and flexibility with Forever's latest and most clinically advanced joint and muscle supplement, Forever Move™. Forever Move™ features a proprietary blend of two powerful ingredients not combined anywhere else in the world!

NEM\*\*\*, an all-natural food-sourced ingredient taken from eggs, delivers chondroitin, hyaluronic acid, glycosaminoglycans and key proteins like collagen. This patented ingredient has published studies that show it supports a healthy range of motion, enhances joint comfort and flexibility, promotes healthy cartilage, decreases stiffness in muscles and joints and promotes fast recovery from exercise – basically everything your joints have been begging for!

### OTHER INGREDIENTS

Refined soybean oil, gelatin, glycerin, purified water and dark carob extract. Contains Eggs, Soy and Fish.

**CONTENTS:** 90 Softgels

### SUGGESTED USE

Take three softgels daily.



**PRODUCT #551**

**0.250 C.C**

## Forever VitO'lize™ Men

Although the exact age may vary, prostate health eventually becomes an important issue for all men. VitO'lize™ Men's Vitality Supplement contains all of the power of Forever Pró6®, but now also includes more nutrients, more bioavailable nutrient forms and more powerful botanicals.

VitO'lize™, combined with a healthy diet and exercise, offers a natural solution to support prostate health. This unique, comprehensive formulation supplies a highly effective blend of potent herbs, vitamins, minerals, and antioxidants to help maintain normal urinary flow, promote healthy testicular function, and encourage optimal prostate health.

Proprietary Botanical Blend VitO'lize™ is formulated with a proprietary blend of botanicals including saw palmetto, pygeum and pumpkin seed. Each of these botanicals has been used for centuries to support prostate health.

Exclusive Nutrient Blend VitO'lize™ also includes a blend of nutrients specifically designed and balanced to support men's health and promote healthy prostate function. Vitamins C, D, E, and B6 are all essential for a healthy prostate. These vitamins have been combined with the minerals selenium and zinc, which have been found to play a critical role in prostate health. Quercetin and lycopene have also been added in levels that are properly balanced with these critical nutrients to provide complete prostate support.

### New & Improved

In addition to vitamin E, selenium and lycopene from the original Forever Pró6®, Vitamin C, D and B6 have been added in combination with zinc and quercetin. Vitamins C, D, and B6 are all essential for prostate health and are required for the production of hormones.

**OTHER INGREDIENTS:** Gelatin, glycerin, purified water, beeswax, soy lecithin, and carob extract. Contains Soy.

**CONTENTS:** 60 Softgels

**SUGGESTED USE:** Two softgels daily as a dietary supplement.

### BENEFITS

- Proprietary botanical blend including sawpalmetto, pygeum and pumpkin seed
- Proper nutrient balance for complete prostate support
- Provides polyphenols equivalent to eating an entire pomegranate fruit



0.120 C.C

## Forever VitO'lize™ Women

Discomfort due to PMS, menopause, or less than optimal urinary tract function may be related to hormone changes and specific nutritional needs. The natural blend of antioxidant-rich fruits, herbs, vitamins and minerals in VitO'lize™ Women's Vitality Supplement is specifically designed with a woman's needs in mind.

### PROPRIETARY BOTANICAL BLEND

VitO'lize™ includes a proprietary blend of botanicals including apple powder, passionflower and schisandra berry. Each of these botanicals has been used for centuries to balance hormones and support overall health and well-being. These botanicals are then combined with a clinically proven cranberry fruit powder that is made through a proprietary process that intensifies the natural benefits of the whole cranberry. This unique cranberry incorporates a patented technology that protects the cranberry from destruction by gastric acid in the stomach, thereby delivering the nutrients to the lower gastrointestinal tract where they can be absorbed through a time-released mechanism.

### EXCLUSIVE NUTRIENT BLEND

VitO'lize™ also includes a blend of nutrients specifically designed and balanced to support women's health and hormone balance. Magnesium, vitamin C and the B vitamins are all essential for hormone production, yet these critical nutrients are easily depleted by stress and common medications including birth control and hormone replacement therapies. These vitamins have been combined with patented forms of iron and calcium, two critical minerals for women's cardiovascular and bone health. These nutrients have been properly balanced to provide complete support.

### OTHER INGREDIENTS:

Microcrystalline cellulose, hydroxypropyl methylcellulose, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate, sodium carboxymethylcellulose, dextrin, dextrose, medium chain triglycerides, and trisodium citrate.

**CONTENTS:** 120 tablets

**SUGGESTED USE:** Take two tablets twice daily as a dietary supplement.

### BENEFITS

- Proprietary botanical blend including apple powder, passionflower and schisandra berry
- Promotes hormone balance to help you feel yourself at all times
- Specifically designed with a woman's needs in mind
- Patented, clinically proven cranberry powder



PRODUCT #375

0.127 C.C

# Forever® Gin-Chia®

Two ancient herbs: golden chia from the West and ginseng from the East, combine to create a modern miracle - Forever Gin-Chia. Let this powerful combination of herbs give your body back what your busy lifestyle takes out!

Golden Chia, or North American Sage, was used by southwest Native American Indians in the US at the turn of the century for its life-sustaining properties. Chia contains healthful polyunsaturated fatty acids, antioxidants, fiber, and protein.

Ginseng is legendary as a tonic, earning its name as the "King of Tonics." It contains saponins, making ginseng an adaptogen (a compound that adapts its effects depending on the needs of the body). Ginseng is also a potent antioxidant.

Together these two legendary herbs pack a powerful punch to help you get through the day.

#### OTHER INGREDIENTS

Sorbitol, Honey, Tricalcium Phosphate, Gum Arabic, Ascorbic Acid, Soy Protein Isolate, Microcrystalline Cellulose, Silica, Stearic Acid, Natural Lemon Flavor, Ascorbyl Palmitate, and Cayenne. Contains Soy.

**CONTENTS:** 100 tablets

#### SUGGESTED USE:

Take one tablet, three times daily as a dietary supplement.

#### BENEFITS

- Powerful antioxidant
- Helps support healthy circulation
- Improves stamina, endurance, promotes healthy circulation.



**PRODUCT #047**

**0.072 C.C**

# Forever Daily™

*Vitamins and Mineral with AOS Complex™*

Forever Daily™ is a revolutionary nutrient delivery system designed in combination with Forever Living's proprietary aloe oligosaccharide (AOS) complex. Forever Daily™ with AOS delivers a perfectly balanced blend of 55 nutrients, including essential vitamins and minerals, providing more efficient absorption and in the case of minerals, targeting specific body systems.

Additionally, Forever Daily's comprehensive nutritional program delivers optimal amounts of important natural phytonutrients, bioflavonoids, cutting-edge antioxidants with molecular-technology, and a proprietary blend of fruits and vegetables to ensure your body receives all the essential and semi-essential micro and macro core nutrients required for ideal health.

This unique formula is designed to nourish and protect our bodies by filling the nutrient gaps in our everyday diet and provide optimal health and vitality.

#### CONTENTS

60 tablets

#### SUGGESTED USE

Take 2 tablets daily as a dietary supplement.

**Other ingredients:** Silicified microcrystalline cellulose, stearic acid, croscarmellose sodium, ethyl vanillin, sodium carboxymethylcellulose, dextrin, dextrose, medium chain triglycerides, trisodium citrate.

#### BENEFITS

- Blend of 55 nutrients, including essential vitamins and minerals
- Nourishes and protects our bodies



**PRODUCT #439**

**0.080 C.C**

# Forever Garcinia Plus®



**PRODUCT #071**

**0.122 C.C.**

## BENEFITS

- Contains HCA, a natural appetite suppressant
- HCA inhibits the enzyme that converts calories into fat
- A useful tool in weight management
- Natural appetite suppressant - enhances weight loss

The garcinia cambogia fruit contains hydroxycitric acid, a compound which has been shown to temporarily inhibit the body's conversion of carbohydrates into fats. Instead of storing the fats, the body will burn calories from the existing fat store, helping you meet your weight goals. Studies suggest garcinia cambogia also helps with appetite reduction. On top of this popular Asian fruit, we added chromium picolinate, which if deficient, can cause fatigue and excess fat production.

## INGREDIENTS:

Garcinia Cambogia Extract, Safflower Oil, Gelatin, Glycerin, Medium-chain Triglyceride Vegetable Oil (MCT or Thin Oil) Purified Water, Beeswax, Lecithin, Carob Extract, Titanium Dioxide, and Chromium Picolinate.

Contains Soy.

## CONTENTS

70 softgels

## SUGGESTED USE

One softgel three times daily preferably 30-60 minutes before meals.

# Forever Lite Ultra® with Aminotein®††

## Vanilla/ Chocolate

Forever Lite Ultra® with Aminotein® is the perfect addition to your healthy Forever Living lifestyle. Forever Lite Ultra® with Aminotein® integrates new thinking with new technologies to help you maintain a healthy diet and lifestyle.

Two servings a day of Forever Lite Ultra®, prepared with skim milk as directed, supply a full 100% of the Reference Daily Intake (RDI) for the vitamins and minerals shown in the Nutrition Facts section. Forever Lite Ultra® supplies the 18 important amino acids, including essential, non-essential and the branched-chain amino acids.

Forever Lite Ultra® is also an integral part of Forever's Clean 9 and FIT programs. It will help you take charge of your health and put you on the path to effective and sustained weight management!

## VANILLA INGREDIENTS:

Soy Protein Isolate, Fructose, Fructooligosaccharides, Dicalcium Phosphate, Natural Flavor, Guar Gum, Aminogen® (Patented Protease Blend), Safflower Oil, Soy Lecithin, Disodium Phosphate, Ascorbic Acid, Sucralose, D-Alpha-Tocopheryl Acetate, Biotin, Beta-Carotene, Niacinamide, Vitamin A Palmitate, Zinc Oxide, D-Calcium Pantothenate, Potassium Iodide, Vitamin D3, Pyridoxine Hydrochloride, Brewer's Yeast, Thiamine Hydrochloride, Riboflavin, Chromium Chloride, Folic Acid, Spirulina, Cyanocobalamin, Sodium Selenite.

**Contains: Soy**

**CONTENTS:** 13.2 Oz. (375g) - about 15 servings per bag

## DIRECTIONS

Blend or mix 1 level scoop with 10 fluid ounces of skim milk. (Use scoop provided.) For a special treat, mix with crushed ice or fruit. Shake can before each use.

## BENEFITS

- For your low-carb lifestyle
- Two shakes provide 100% RDI of numerous vitamins and minerals
- Naturally flavored
- About 15 servings per bag



**PRODUCT #470 (Vanilla)** **0.122 C.C.**

**PRODUCT #471 (Chocolate)**

## Forever Therm™



**PRODUCT #463**

0.114 C.C

Green tea, guarana, natural caffeine and raspberry ketones help boost your energy levels and kick-start your metabolism. B vitamins also help the body metabolize carbohydrates, proteins and fats. This powerful blend of botanical extracts and nutrients will help you achieve your weight loss goals.

**CONTENTS:** 60 tablets

### SUGGESTED USE

Take 2 tablets of Forever Therm™ daily. You can take one tablet in the morning and one at lunch, or take both tablets in the morning – whichever is most convenient for you. It is suggested not to take Forever Therm™ after 6pm, due to its natural caffeine content.

### BENEFITS

- May boost metabolism to help you achieve your weight management goals, when used in conjunction with a healthy diet and exercise program.
- Provides powerful botanicals and nutrients to help support thermogenesis.

## Forever Lean®



**PRODUCT #289**

0.167 C.C

Forever Lean® provides two revolutionary ingredients that can help reduce the body's absorption of calories from fat and carbohydrates. The first of these ingredients is a unique, fat-absorbing fiber derived from the cactus plant, Opuntia ficus-indica, otherwise known as Indian fig, nopal or prickly pear. Studies have shown that this unique fiber has a very high ability to bind fats, compared to other types of plants.

The other unique ingredient in Forever Lean® is a protein specially derived from the beans of the Phaseolus vulgaris plant, otherwise known as white kidney beans. This protein works by slowing the body's absorption of sugar in the small intestine by temporarily inhibiting the enzyme activity that converts starches into sugar.

Together these two revolutionary ingredients can help you succeed in your quest to reach your ideal weight by helping to block the absorption of some of the fat and carbohydrate calories you ingest.

The third most effective ingredient in Forever Lean® is Chromium Trichloride. Chromium is a very important trace mineral that helps support the body's natural ability to regulate blood sugar by acting as a GTF (glucose tolerance factor) cofactor. This is especially important for metabolism.

To maximize the effectiveness of this supplement, however, it is important to remember that you should also incorporate a healthy diet and regular exercise into your overall weight control regimen in order to achieve and maintain your weight goal.

### SUGGESTED USE

Take one capsule with water immediately before meals or snacks, up to four capsules a day.

### BENEFITS

- Helps block the absorption of calories from fat and carbohydrates
- Chromium helps support metabolism
- Temporarily helps inhibit the body's absorption of calories from sugar

**CONTENTS**

120 capsules



**PRODUCT #475 0.465 C.C**

The products discussed are not intended to diagnose, mitigate, treat, cure or prevent a specific disease or class of diseases.  
You should consult your family physician if you are experiencing a medical problem.



**PRODUCT #528 0.586 C.C**



**PRODUCT #456 1.000 C.C**

## Forever Bee Pollen®

Pollen is the fertilizing dust of flowers. Bees gather and bring it back to their hives for food. Without pollen, plants, trees and flowers could not exist; even we depend on it.

Forever Bee Pollen® is gathered in specially-designed stainless steel collectors from the blossoms that blanket remote, high desert regions. This ensures the freshest and most potent natural food. Forever Bee Pollen is all-natural and contains no preservatives, artificial colors or flavors.



Bee pollen has been found to contain a wide spectrum of trace nutrients. These include B-complex vitamins and vitamins C, D, E, K, and Beta Carotene (vitamin A), plus numerous minerals, enzymes and coenzymes, plant-source fatty acids, carbohydrates, proteins, and amino acids - including 'essential' amino acids that the body cannot manufacture for itself. Bee pollen is one of the most natural and complete foods available.

Bee Pollen is readily digestible and easily absorbed by the human body. Research by scientists suggests that Bee Pollen may assist in maintaining a healthy circulatory, digestive, immune, and nervous system.

**OTHER INGREDIENTS:** Honey, Stearic Acid, Silica and Royal Jelly.

**CONTENTS:** 100 tablets

**SUGGESTED USE**

Begin by taking 1/4 tablet daily, then gradually increase intake to one tablet three times a day. Consult your physician before taking this or any other dietary supplement.

### BENEFITS

- Essential supplement from the beehive
- Contains many trace elements including vitamins, minerals and amino acids
- High quality products from non-polluted desert areas.
- Fights allergy and increase energy levels in the body

## Forever Bee Propolis®

When we think of bees, honey and pollen are foremost in our thoughts. Yet another important substance, propolis, is a sticky resin collected by bees. Honeybees collect and metabolize the propolis, then line their hives with it to protect the hive. It's so effective, the interior of the bee hive is said to be safer than most operating rooms. The name Propolis is derived from the Greek meaning, 'before the city', signifying that propolis defended the entire community from external threat. Propolis has a 5000-year old history. The Assyrians and the Greeks used propolis to help maintain good health. Fortified with royal jelly, Forever Bee Propolis® is an excellent way to help support the body's natural defenses.

Forever Bee Propolis® is gathered from pollution-free, high desert regions. To further assure purity, specially-designed bee propolis collectors are used. Forever Bee Propolis is 100% natural with no added preservatives or artificial colors. It is also an excellent natural food form, providing a wide array of useful trace elements.

### OTHER INGREDIENTS

Honey, Soy Protein Isolate, Carob, Silica, Almond Flavor, Stearic Acid, Croscarmellose Sodium, and Royal Jelly

Contains Soy, Tree Nuts (Almond)

**CONTENTS:** 60 tablets

### SUGGESTED USE

One tablet, twice a day. Consult your physician before taking this or any other dietary supplement.



### BENEFITS

- Natural immune support
- Fortified with Royal Jelly
- Contains many trace elements

## Forever Royal Jelly®

Royal Jelly is a milky secretion derived from the pharyngeal glands of the honey bee. This "super food" of the bees is specially blended with enzymes and fed to each bee destined to become a queen. It is the exclusive food of the queen bee throughout her highly productive life, enabling her to lay up to 3,000 eggs per day during her six-year lifespan. Worker bees eating ordinary honey live only four to six weeks.

Royal Jelly contains trace quantities of vitamins A, C, D, and E and the B-complex vitamins including vitamin B5 (Pantothenic Acid), one of the most important substances in the body, essential for the synthesis and metabolism of proteins, fats, carbohydrates and several hormones. Royal Jelly contains a balanced blend of trace elements including amino acids, calcium, copper, iron, phosphorus, potassium, silicon, sulphur and nucleic acid.

Our exclusive Royal Jelly is gathered from dry, remote, high desert regions where pristine conditions provide the ideal environment. It is extracted from the hive and immediately freeze-dried to remove only the excess water from the product, leaving the other elements intact.

### OTHER INGREDIENTS

Sorbitol, Fructose, Citric Acid, Natural Orange Flavor, Stearic Acid, Magnesium Stearate, Silica.

**CONTENTS:** 60 tablets

**SUGGESTED USE:** One tablet, twice a day.

### BENEFITS

- One of the most complete foods
- Easily absorbed and readily digestible
- No preservatives, artificial colors or artificial flavors



**PRODUCT #036**

0.130 C.C

## Forever Bee Honey®

Bees make honey by traveling from flower to flower, removing the rich nectar, storing it briefly to mix with their enzymes, then depositing the honey in their hives. Throughout the ages, honey has been recognized as a premium natural food - a storehouse of nutritional goodness that is easily digested.

Honey contains many healthful substances including natural sugars (glucose, fructose and sucrose), and trace minerals, vitamins, enzymes, proteins and amino acids.

Forever Bee Honey® is an all-natural, delicious sweetener loaded with nature's goodness. Easily assimilated, Forever Bee Honey is a quick and nutritious energy source for any occasion!

**INGREDIENTS:** Pure Honey.

**CONTENTS:** 17.6 oz (1.1 LB.) (0.5 KG)

**SUGGESTED USE:** Can be eaten alone or as a natural food sweetener.

### BENEFITS

- Convenient dispensing feature
- Provides quick energy
- Natural sweetener, easily digested.
- Reduces fatigue, increase energy levels in the body, natural sweetener.



**PRODUCT #207**

0.070 C.C

## Forever Bright® Toothgel

**FOREVER BRIGHT SPARKLING ALOE VERA TOOTHGEL**

NO FLUORIDE

NET WT. 4.6 OZ/130g

**PRODUCT #028**

**0.031 C.C.**

**BENEFITS**

- Contains bee propolis
- Formulated for the entire family
- Does not contain fluoride
- Relieves bleeding/receding gums, plaque problems, sensitive teeth, mouth ulcers

Aloe vera has long been treasured for its quality and versatility - including dental care. Your teeth will gleam with Forever Bright, one of the best toothgels on the market.

Formulated for the entire family to use, Forever Bright contains only the highest quality ingredients. It is also suitable for vegetarians since it contains no animal by-products. Natural peppermint and spearmint flavorings leave your mouth feeling fresh and clean.

Years of research, development and collaboration with scholars and dentists have provided Forever Living with the optimum aloe-based formula for effective cleaning. Your family will love the flavor and the clean mouth-feel.

**Note:** This product does not contain fluoride.

**INGREDIENTS**

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Sorbitol, Hydrated Silica, Glycerin, Sodium Lauryl Sulfate, Chondrus Chrispus (Carrageenan), Flavor (Aroma), Bee Propolis, Sodium Saccharin, Sodium Benzoate, Chlorophyllin-Copper Complex

**CONTENTS:** 130g

**DIRECTIONS**

Brush teeth after meals, have regular dental check-ups and avoid between meal treats.

## Aloe Ever-Shield®



**PRODUCT #067**

**0.029 C.C**

When the temperature is rising and the pressure is on, it is a real confidence-booster to maintain that fresh feeling from the start of the day. Aloe Ever-Shield® Deodorant Stick provides effective, all-day protection against underarm odor and can be applied directly after showering or waxing without stinging. Aloe Ever-Shield® glides on smoothly, does not stain clothes, and maximizes the deodorant properties of aloe vera while eliminating ingredients that could be harmful.

Aloe Ever-Shield® Deodorant Stick contains no harsh aluminum salts.

### INGREDIENTS

Propylene Glycol, Water (Aqua), Sodium Stearate, Aloe Barbadensis Leaf Juice (Stabilized Aloe Vera Gel), Fragrance (Parfum), Triclosan.

### CONTENTS

NET WT. 3.25 oz. (92.1g)

### DIRECTIONS

Apply Aloe Ever-Shield under your arms every day for a fresh and clean feeling all day long.

### BENEFITS

- Contains no aluminum salts
- Does not stain clothes
- Can be used directly after shaving or waxing
- Rich in texture

## Aloe Hand Soap

On average, people wash their hands around 8 times a day, and the global hygiene council recommends even more. While that can be a key to keeping you healthy, it can take a toll on your skin if your soap uses harsh surfactants and strips your hands of moisture.

Thankfully, Forever Living has found a way to actually soften your hands while washing them.

Our 100% Stabilized Aloe Vera gel and glycerin make a natural, soft base onto which we added some new and exciting ingredients.

We've taken your favorite pearlescent formula and improved it by adding cucumber fruit extract, lemon peel oil and olive oil to exponentially boost its moisturizing powers.

Cucumber helps soothe the skin while lemon peel oil pulls double duty acting as an astringent and skin conditioning agent.

Olive oil has long been heralded as an antioxidant, moisturizer and may assist in skin's rejuvenation.

A combination of natural oils, fruit extract and the best of science this Aloe Hand Soap with its mild chamomile scent is exactly what your skin wants and needs to be cleansed and conditioned.

**CONTENTS:** 16 fl. oz. (1 pt.) (473 mL)

**DIRECTIONS:** Dispense into hands, wet, lather and rinse completely.

### Ingredients:

Aloe Barbadensis Leaf Juice (Stabilized Aloe Vera Gel), Cocamidopropyl Hydroxysultaine, Sodium Methyl 2-Sulfolaurate, Water (Aqua/Eau), Disodium 2-Sulfolaurate, Decyl Glucoside, Glycol Stearate, 1,2-Hexanediol, Glycerin, Cucumis Sativus (Cucumber) Fruit Extract, Citrus Limon (Lemon) Peel Oil, Olive Oil PEG-7 Esters, Citric Acid, Fragrance (Parfum).

### WARNING:

For external use only. Avoid contact with eyes. In case of contact, flush with water.



**PRODUCT #523**

**0.062 C.C**

## Aloe Lips™ with Jojoba

The soothing properties of aloe vera are ideally suited to care for your lips. Aloe, jojoba and beeswax combine to create the finest all-season lip product on the market today. Aloe Lips soothes, smoothes and moisturizes chapped and dry lips.

Whether you are skiing, sunbathing, or enjoying the outdoors, its compact size makes it convenient to keep on hand. If your lips could talk, they'd ask for Aloe Lips!

### INGREDIENTS

Aloe Barbadensis Extract, Simmondsia Chinensis (Jojoba) Seed Oil, Petrolatum, Ethylhexyl Hydroxystearate, Beeswax, Euphorbia Cerifera (Candelilla) Wax, Myristyl Myristate, Copernica Cerifera (Carnauba) Wax, Ozokerite, Flavor, Allantoin, Propylparaben

### CONTENTS

NET WT. 4.4g

### DIRECTIONS

Apply to the lips regularly as a moisturizer, particularly in harsh or extreme weather conditions.

### BENEFITS

- Moisturizing Aloe-based formula
- Gives your lips gloss
- Great for all year-round use



## Aloe Lotion



**PRODUCT #062**

**0.058 C.C.**

One of our signature products, Aloe Lotion is a wonderful, all-purpose, concentrated skin lotion with Jojoba Oil and Vitamin E to moisturize and soothe the skin. Collagen and Elastin are added to this fine mix to assist in keeping the skin smooth and supple. It is an ideal choice for applying to dry, chafed, wind-blown or weathered skin.

Light in scent but long on soothing dry, irritated skin, Aloe Lotion quickly restores your skin's delicate pH balance to keep it supple and soft. Our improved formula takes advantage of the latest breakthroughs in skin care technology to make Aloe Lotion feel sensational all over your face and body!

### INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, Propylene Glycol, Stearic Acid, Glycerol Stearate, Triethanolamine, Cetyl Alcohol, Prunus Armeniaca (Apricot) Kernel Oil, Petrolatum, Lanolin, Simmondsia Chinensis (Jojoba) Seed Oil, Soluble Collagen, Hydrolyzed Elastin, Tocopherol (Vitamin E Natural), Oleic Acid, Stearyl Stearate, Diethylhexyl Adipate, Ethylhexyl Stearate, Ethylhexyl Palmitate, PEG-100 Stearate, Sodium Hyaluronate, Sodium PCA, Anthemis Nobilis Flower Extract, Allantoin, Lanolin Alcohol, Ascorbic Acid, Diazolidinyl Urea, Methylparaben, Propylparaben, Fragrance.

### CONTENTS

118ml

### DIRECTIONS

Apply liberally. Best results are obtained by gently massaging until lotion is absorbed into the skin. Reapply as needed.

### BENEFITS

- Moisturizer for face and body
- Excellent after-sun moisturizer
- Hand lotion
- Finer texture than Aloe Moisturizing Lotion
- Very soothing

## Aloe Vera Gelly

Historically, a major use of Aloe Vera was to soothe minor skin irritations. Many households kept a live aloe, or 'burn plant' for first-aid use. Essentially identical to the Aloe Vera's inner leaf, our 100% stabilized Aloe Vera gel lubricates sensitive tissue safely. Specially prepared for topical application to moisturize, soothe and condition, Aloe Vera Gelly is a thick, translucent gel containing humectants and moisturizers. Readily absorbed by the skin, it soothes without staining clothes.

Aloe Vera Gelly provides temporary relief from minor skin irritations. It can also be used on the skin prior to ultrasonic treatment, or after electrolysis. Hairdressers use the Gelly around the hair line before perming and coloring.

From your bathroom cabinet to the first-aid kit, and from the kitchen to the campsite – Aloe Vera Gelly is an ideal companion for skin that needs a little extra care.

### INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, Glycerin, Triethanolamine, Carbomer, Tocopherol (Vitamin E Natural), Allantoin, Ascorbic Acid, Diazolidinyl Urea, Disodium EDTA, Methylparaben.

### CONTENTS

118 ml

### DIRECTIONS

Thoroughly cleanse skin before liberally applying Gelly. Repeat application as required.



### BENEFITS

- Quickly soothes the skin
- Does not stain clothing
- Ideal for any first-aid kit

**PRODUCT #061**

**0.058 C.C**

## Forever Marine Mask®

A long day of work or a hard day at play may leave your skin looking and feeling dull and dry. Added moisture and deep cleansing is the obvious solution to restoring and replenishing your skin's softness and natural texture.

Forever Marine Mask® provides deep cleansing while balancing the skin's texture with natural sea minerals such as sea kelp and algae, plus the super moisturizing and conditioning properties of aloe vera, honey, and cucumber extract. This easy-to-apply, deep penetrating mask will leave your skin feeling refreshed and revitalized.

Your skin will love the exceptional quality of the natural ingredients found in Forever Marine Mask!

### INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, Bentonite, Glycerin, Honey, Kaolin, Sodium Hyaluronate, Algae Extract, Macrocystis Pyrifera Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Cucumis Sativus (Cucumber) Fruit Extract, Tocopherol (Natural Vitamin E), Ascorbic Acid, Retinyl Palmitate, 1,2-Hexanediol, Caprylyl Glycol, Methylparaben, Fragrance.

### CONTENTS

113g

### DIRECTIONS

After thoroughly cleansing your face, spread Forever Marine Mask generously in an upward and outward motion over entire face, avoiding the eyes. Let dry for 15-20 minutes, then remove with warm water and a soft cloth. Use at least twice a week for optimal results.

### CAUTION

Avoid contact with eyes. In case of eye irritation, rinse thoroughly with water. If irritation persists, discontinue use and consult a physician



**PRODUCT #234**

**0.090 C.C**

### BENEFITS

- Provides deep cleansing and moisturization
- Contains natural sea minerals
- Easy-to-apply, conditioning mask will leave your skin revitalised and refreshed.

## Aloe Moisturizing Lotion



**PRODUCT #063**

**0.058 C.C**

Weather, wind and pollution - day in, day out, they take their toll on your skin. Now you can help your skin overcome the elements with our exquisite Aloe Moisturizing Lotion.

This unique lotion has outstanding humectant and moisturizing properties. It contains Collagen and Elastin to keep the skin smooth, soft and elastic while maintaining the skin's natural pH balance. Thicker than our Aloe Lotion, it is ideal for replenishing lost moisture and restoring skin's soft, silky feel. Aloe Moisturizing Lotion is excellent for face, hands and body, helping to counteract the effects of pollution and the environment. Once the lotion has been smoothed on and absorbed through the skin, makeup can be applied as usual.

### INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, C12-15 Alkyl Benzoate, Stearic Acid, Glyceryl Stearate, Hydrogenated Polyisobutene, Methyl Gluceth-20, Sorbitol, Prunus Armeniaca (Apricot) Kernel Oil, Polysorbate 60, Triethanolamine, Cetyl Alcohol, Soluble Collagen, Hydrolyzed Elastin, Simmondsia Chinensis (Jojoba) Seed Oil, Tocopherol (Vitamin E Natural), Sodium Hyaluronate, Sodium PCA, Anthemis Nobilis Flower Extract, Allantoin, Dimethicone, PEG-100 Stearate, Ascorbic Acid, Diazolidinyl Urea, Methylparaben, Propylparaben, Fragrance.

### CONTENTS

118ml

### DIRECTIONS

Apply to face, hands or body. Gently massage until lotion is absorbed. If used as a foundation for makeup, allow a thin film to remain.

### BENEFITS

- Moisturizer for face and body
- Excellent for hands
- Rich in texture

## Gentleman's Pride®

As a razor blade moves across your skin, it can cause nicks, scratches or 'razor burn,' leaving your skin irritated and dry. Pamper and soothe your skin with the moisture of Gentleman's Pride®, an alcohol-free aftershave in a clean, masculine scent. Feel the icy exhilaration of this unique blend of lubricants and moisturizers combined with pure, stabilized aloe vera gel.

In the form of a smooth, silky lotion, it doubles as a skin conditioner to soothe and replenish the skin after shaving. The aloe vera, mixed with special conditioners such as rosemary and chamomile, helps to gently soothe the skin. Men will love the fresh, clean feel of Gentleman's Pride, and women will love its unique, masculine fragrance!

### INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, Methyl Gluceth-20, Ethylhexyl Palmitate, Dimethicone, Glycerol Stearate, Polyacrylamide, C13-14 Isoparaffin, Laureth-7, PEG-100 Stearate, Sodium Hyaluronate, Tocopheryl Acetate, Retinyl Palmitate, Ascorbic Acid, Allantoin, Rosmarinus Officinalis (Rosemary) Leaf Extract, Anthemis Nobilis Flower Extract, Diazolidinyl Urea, Methylparaben, Propylparaben, Fragrance

### CONTENTS

118ml

### DIRECTIONS

Apply liberally after shaving or exposure to the elements.



**PRODUCT #070**  
**0.060 C.C**

## 25th Edition® Cologne Spray for Men, 25th Edition® Perfume Spray for Women

Allure your senses with the fresh and aromatic fragrances of 25th Edition Cologne Spray for Men and 25th Edition Perfume Spray for Women. Expertly blended and created especially for Forever Living, each scent captures its essence in a subtly pleasing elixir.

**25th Edition for Men** is a fluid, aromatic fougre fragrance with a sensuous masculine blend of fruity, herbaceous and woody notes that are forever fresh and forever lasting. The topnote blends aromatic notes of **crushed basil** and **Mediterranean lavender** with a refreshing combination of **iced pineapple** and **Calabrian bergamot**. The slightly fruity aromatic impression continues into the heart, where **geranium** and tea leaves are accented by **Granny Smith apple**. The fragrance evolves to reveal a masculine base of **oakmoss**, **Mysore sandalwood**, **sensual musks**, **Virginian cedarwood**, and **tonka bean**.

**25th Edition for Women** is a fresh, white floral bouquet that blends sheer petals with warm, musky woods to create a soft and deep feminine character. This unique bouquet begins with captivating floral notes of **cactus flower** and **sparkling yellow freesia** threaded with ivy leaves, for a lush green accent. In the heart, a transparent white floracy shines through with a bouquet of **rose petals**, **star jasmin**, **white lily** and **magnolia**. The finishing touch of **cherry wood**, **skin musk** and **patchouli** captures the feminine sensuality and illuminates the bright floral fragrance.

### INGREDIENTS

**Men's Ingredients:** Alcohol Denat., Fragrance (Parfum), Water (Aqua). 1.7 fl oz (50 ml)

**Women's Ingredients:** Alcohol Denat., Fragrance (Parfum), Water (Aqua). 1.7 fl oz (50 ml)



**MEN'S PRODUCT #209 0.177 C.C**  
**WOMEN'S PRODUCT #208 0.177 C.C**



## Aloe Propolis Creme

Who but Forever Living Products could produce a moisturizer as unique as Aloe Propolis Creme? Combining our world leadership in Aloe Vera and beehive products, Aloe Propolis Creme is one of our most popular skin care products.

Excellent as a skin moisturizer and conditioner, Aloe Propolis Creme is a rich blend of stabilized Aloe Vera Gel and Bee Propolis, with other ingredients recognized for their contribution to healthy skin. Chamomile, one of nature's best-known skin care herbs, is also added to the mix. Vitamins A and E complete the formula, recognized for their natural skin-conditioning properties.

Reach for Aloe Propolis Creme to help maintain a healthy skin tone and texture!

### INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Glyceryl Stearate, Propylene Glycol, Cetyl Alcohol, PEG-100 Stearate, Lanolin, Sorbitol, Diethylhexyl Adipate, Ethylhexyl Stearate, Ethylhexyl Palmitate, Allantoin, Bee Propolis Extract, Lanolin Alcohol, Dimethicone, Tocopherol (Vitamin E Natural), Beta Carotene (Provitamin A), Anthemis Nobilis (Chamomile) Flower Extract, Triethanolamine, Ascorbic Acid, Disodium EDTA, Diazolidinyl Urea, Methylparaben, Propylparaben, Fragrance.

**PRODUCT #051**

**0.080 C.C**

### CONTENTS

113g

### DIRECTIONS

Apply liberally as needed.

### BENEFITS

- Provides soothing relief
- Excellent moisturizer
- Combines Aloe Vera and Bee Propolis



## Aloe Heat Lotion

After a long, active day, we can all use a soothing massage. Now you can stretch no further than to grab a tube of Aloe Heat Lotion!

This rich emollient lotion contains deep heating agents to make it the ideal massage companion for tired muscles and dry skin. Aloe Heat Lotion is a pH-balanced, lubricating lotion designed for a soothing, relaxing massage. The deep penetrating power of Aloe Vera will help your muscles and skin forget the cares of the workday. Especially good after sports or hard workouts!

### INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, Methyl Salicylate, Glyceryl Stearate, Propylene Glycol, Cetyl Alcohol, Menthol, Triethanolamine, Eucalyptus Globulus Leaf Oil, Prunus Armeniaca (Apricot) Kernel Oil, Petrolatum, Sesamum Indicum (Sesame) Seed Oil, Lanolin, Simmondsia Chinensis (Jojoba) Seed Oil, Oleic Acid, PEG-100 Stearate, Carbomer, Allantoin, Lanolin Alcohol, Ascorbic Acid, Diazolidinyl Urea, Disodium EDTA, Methylparaben, Propylparaben.

**PRODUCT #064**

**0.058 C.C**

### CONTENTS

118ml

### DIRECTIONS

Apply liberally and massage into skin as needed. Avoid contact with eyes. Should contact occur, flush with water for several minutes.

### BENEFITS

- An ideal massage lotion
- Soothing relief after work, sports or working out
- Suitable for children and adults
- Body aches, sports injuries, muscles cramps, minor exercise injuries, tired or sore muscles

**PRODUCT #319**  
0.084 C.C.



**PRODUCT #199**  
0.060 C.C.



## Aloe Sunscreen Spray SPF 30

If you and your family enjoy an active lifestyle, then that means you should always be prepared. Keeping everyone happy will keep you on your toes – so when you're prepared to be in the sun, there's no need to worry.

That's why you should always carry Aloe Sunscreen Spray. It has 30 SPF protection and aloe vera to protect your skin from the aging and damaging effects of the sun, plus the added benefits of water resistance to allow you to splash and swim without worry. Just a quick push of a button to spray it on anywhere that needs protection.

### ACTIVE INGREDIENTS

Avobenzene, Ensulizole, Homosalate, Octisalate, Octocrylene.

### INACTIVE INGREDIENTS

Acrylates/C12-22 alkyl methacrylate copolymer, acrylates copolymer, aloe barbadensis leaf juice (stabilized aloe vera gel), butyloctyl salicylate, ceteareth-25, diethylhexyl carbonate, disodium ethylene dicocamide PEG-15 disulfate, disodium EDTA, fragrance (parfum), methylisothiazolinone, neopentyl glycol diheptanoate, panthenol, pentylene glycol, phenoxyethanol, polyester-7, propanediol, styrene/acrylates copolymer, tocopheryl acetate, triethanolamine, water (aqua).

### CONTENTS:

178ml

### DIRECTIONS

Shake well before use. Apply generously and evenly 15–30 minutes before sun exposure and as needed. Spray on hand to apply on face. Re-apply at frequent intervals and after swimming or towel drying. Ask a doctor before use on children under 6 months of age.

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### BENEFITS

- SPF 30 with full-spectrum UVA & UVB protection
- Very water resistant
- Convenient spray-on formula
- Glides on to skin evenly
- Helps to protect hard-to-reach areas
- Please, do not forget to add the picture of Aloe Sunscreen Spray Serviette.

## Aloe Sunscreen

Everything seems better when the sun shines, but this 'silver lining' brings its own cloud! With today's knowledge of the dangers of over-exposure to the sun, we seek only the highest quality sun protection products available.

Aloe Sunscreen provides just that! Combining modern science with natural ingredients, this effective sunscreen helps to soothe, lubricate, moisturize and protect the skin against sun damage. With an SPF of 30, Aloe Sunscreen blocks both UVA and UVB rays, while this silky, smooth lotion made with pure stabilized Aloe Vera Gel, rich moisturizers and humectants, maintains the skin's natural moisture balance.

### ACTIVE INGREDIENTS

Octyl Methoxycinnamate, Octisalate, Oxybenzone, Zinc Oxide

### INACTIVE INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, Dimethicone, Polysorbate 80, C12-15 Alkyl Benzoate, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl Taurate Copolymer, Squalane, Glyceryl Stearate, Cetyl Alcohol, Glycerin, Polysorbate 60, VP/Eicosene Copolymer, PEG-100 Stearate, Diazolidinyl Urea, Methylparaben, Propylparaben, Xanthan Gum, Fragrance, Tocopheryl Acetate.

### CONTENTS:

118ml

### DIRECTIONS

Apply liberally to all exposed areas 15-30 minutes before exposure to the sun. Reapply when skin feels dry, or within 40 minutes of any water activity.

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### BENEFITS

- High SPF for more sun protection
- Strong, water resistant formula which retains its SPF up to 40 minutes after water activity
- Moisturizes skin to prolong your tan
- Safe and gentle enough for children

# Aloe MSM Gel

When you're looking for soothing relief, reach for Aloe MSM Gel. MSM stands for Methyl Sulfonyl Methane, an organic sulfur found in almost all living organisms. In fact, sulfur is the third most abundant substance in our body.

The other main ingredient in Aloe MSM Gel is pure, stabilized Aloe Vera. Aloe MSM Gel combines these two powerful ingredients with herbal extracts and other select ingredients for soothing relief anytime. Try Aloe MSM Gel today!

#### DIRECTIONS:

Apply liberally and massage into skin areas where needed. Should eye contact occur, flush with water for several minutes. Repeat application as needed.

#### INGREDIENTS:

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, Dimethyl Sulfone (MSM), Glycerin, Triethanolamine, Dimethicone, Arctostaphylos Uva Ursi Leaf Extract, Sodium Hyaluronate, Allantoin, Tocopherol (Natural Vitamin E), Melaleuca Alternifolia (Tea Tree) Leaf Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Salix Alba (Willow) Bark Extract, Polysorbate 80, Ascorbic Acid, Carbomer, Disodium EDTA, Methylparaben, Diazolidinyl Urea.

#### CONTENTS

118 ml



**PRODUCT #205**

**0.093 C.C**

# Aloe First®

Aloe First® is an excellent addition to any first aid kit. This exclusive skin soothing formula is an excellent first step for soothing minor skin irritations. Formulated in a base of stabilized Aloe Vera Gel, Aloe First contains Bee Propolis, Allantoin and eleven exclusive plant extracts:

- Bee Propolis increases the natural skin-soothing and cleansing properties of the Aloe Vera Gel.
- Allantoin is a beneficial ingredient found in many plants, including aloe.
- Eleven carefully selected plant extracts, also known for their beneficial properties, complete this powerful formula.

The combination of aloe and herbs provide a naturally soothing, pH-balanced spray that is easy to apply to even sensitive skin. Aloe First is designed to soothe the skin after minor cuts, scrapes, burns, and sunburn.

Other uses for Aloe First include spraying on hair to help ward off the elements. It is even used in some hair salons as a pre-perm solution, as it helps combat the drying effects of perming solutions. Aloe First is especially soothing after waxing.

#### INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, Allantoin, Glycerin, Tocopherol (Vitamin E Natural), Bee Propolis, Calendula Officinalis Flower Extract, Achillea Millefolium Extract, Thymus Vulgaris (Thyme) Flower/Leaf Extract, Anthemis Nobilis Flower Extract, Taraxacum

Officinalis (Dandelion) Rhizome/Root Extract, Eucalyptus Globulus Leaf Extract, Passiflora Edulis Flower Extract, Salvia Officinalis (Sage) Leaf Extract, Zingiber Officinale (Ginger) Root Extract, Borago Officinalis Extract, Santalum Album (Sandalwood) Extract, Polysorbate 20, Sodium Citrate, Diazolidinyl Urea, Methylparaben.

#### CONTENTS

473ml

#### DIRECTIONS

Apply liberally to the skin as needed to soothe and moisturize.



**PRODUCT #040**

**0.079 C.C**

#### BENEFITS

- Every first-aid kit should have one
- Soothes minor skin irritations
- Good for your hair, too
- Pre-perming solution
- Soothing after wax treatments
- Burns, chickenpox, minor bleeding, insect bites, sunburn, on stitched area following caecarian section or hysterectomy, circumcised area, cuts and grazes.

## Aloe-Jojoba Shampoo



PRODUCT #521

0.071 C.C.

Your family's hair will be shiny, soft and manageable with this pH-balanced, pure aloe formula. Stabilized aloe vera gel benefits not only your hair, but your scalp as well. The gel's properties make it a natural alternative to other shampoos, while its gentle, concentrated formula makes it suitable for all hair types.

Helping to maintain healthy hair and scalp, its enzymatic activity sloughs off dead cells. With the added benefits of stabilized aloe vera gel:

- It strengthens with aloe amino acids, matching the amino acids in hair follicles and papillae.
- It supplies saponins and natural sudsing agents to fortify hair and give it body.

Jojoba Oil, another important ingredient, is an excellent lubricant that has been used in hair care formulas for years. It replenishes lost moisture to both skin and hair. It adds more body while removing hardened sebum from the hair, and fortifies the hair shaft and ends. This naturally allows you to comb through the tangles of wet or dry hair, without leaving a dry, fly-away appearance.

Forever Living Aloe-Jojoba Shampoo, a mild product capable of cleaning even the oiliest hair, helps remove flakes and soothe the scalp, leaving your hair shiny and manageable.

### INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Sodium C14-16 Olefin Sulfonate, Water, Laurylamidopropyl Betaine, PEG-80 Sorbitan Laureate, Sodium Trideceth Sulfate, PEG-150 Distearate, Cocamidopropyl Hydroxysultaine, Disodium Lauroamphodiacetate, Sodium Laureth-13 Carboxylate, Simmondsia Chinensis (Jojoba) Seed Oil, Panthenol, Bis-PEG/PPG-20/20 Dimethicone, Sodium Chloride, Phenoxyethanol, Methylisothiazolinone, Ascorbic Acid, Citric Acid, Fragrance.

### CONTENTS

296 ml (10 fl. oz.)

### DIRECTIONS

Apply to wet hair and massage to stimulate scalp and create a rich lather. Rinse thoroughly. If needed, repeat procedure and rinse until hair is thoroughly clean.

### BENEFITS

- Mild cleansing shampoo
- Suitable for all hair types
- Concentrated, pH-balanced formula (use sparingly)
- Dandruff, eczema, psoriasis

## Aloe-Jojoba Conditioning Rinse



Forever Living Products Aloe-Jojoba Conditioning Rinse enriched formula with Vitamin B Complex and Hydrolyzed Protein has extra moisturizing power to leave your hair soft, shiny and manageable.

Designed to be used after our Aloe-Jojoba Shampoo, we have created an Aloe-Jojoba Conditioning Rinse that cares gently and effectively for your hair. The unique combination of stabilized aloe vera gel and jojoba, an agent to remove electrostatic charges, conditions the hair to give it a feeling of freshness and a look of silky elegance.

So give your hair that salon look and feel with the pH-balanced conditioning treatment of Aloe-Jojoba Conditioning Rinse!

### INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, Macadamia Ternifolia Seed Oil, Cetyl Alcohol, Dihydroxypropyl PEG-5 Linoleammonium Chloride, Glyceryl Stearate, Glycerin, Quaternium-80, Stearylchloride, Dimethicone, Guar Hydroxypropyltrimonium Chloride, Simmondsia Chinensis (Jojoba) Seed Oil, Hydrolyzed Wheat Protein, Panthenol, Phenoxyethanol, Methylparaben, Propylparaben, Citric Acid, Fragrance

### CONTENTS

296 ml (10 fl. oz.)

### DIRECTIONS

After shampooing with Aloe-Jojoba Shampoo, massage Aloe-Jojoba Conditioning Rinse into hair and leave on for 2 to 3 minutes. Rinse hair completely and dry.

### BENEFITS

- pH-balanced
- Improved formula for superior manageability
- Extra moisturizing and conditioning power for soft, shiny hair
- Coats the hair shaft to eliminate split ends
- Relieves Dandruff, eczema, psoriasis conditions

PRODUCT #522

0.071 C.C.

# Avocado Face & Body Soap

Natural beauty starts with clean, healthy skin. And clean, healthy skin starts with nature. For 30 years, Forever Living Products has been a leader in finding and perfecting natural sources for softer, smoother, beautiful skin. And we've just perfected another – avocado.

Made with 100% pure avocado butter, Avocado Face & Body Soap loves your skin, moisturizing as it cleans with the natural, rejuvenating properties of this powerful fruit. Avocado offers relief for almost every skin type, gently cleansing oily skin with no irritation to keep pores clear and healthy. For dry, sensitive skin, it soothes quickly and penetrates to nourish and moisturize.

And because it's a moisturizer and a cleanser, Avocado Face and Body Soap continues working after you bathe. The fresh citrus scent is a gentle reminder that it's helping to keep your skin soft, supple and healthy all day long.

## INGREDIENTS

Sodium Palmate, Sodium Palm Kernelate, Water (Aqua), Persea Gratissima (Avocado) Butter, Fragrance (Parfum), Sodium Chloride, Titanium Dioxide (CI 77891), Glycerin, Tetrasodium EDTA, Tetrasodium Etidronate, Iron Oxides (CI 77499), Yellow 10 (CI 47005), Red 4 (CI 14700) and Green 3 (CI 42053).

## CONTENTS

142 g

## DIRECTIONS

Apply Avocado Face & Body Soap to the face or body for cleansing the skin as needed. Rinse completely, then towel dry.



**PRODUCT #284**

**0.027 C.C**

## BENEFITS

- Avocado is a rich source of vitamins A, B, D and E.
- Contains antioxidants to help combat free radicals.

# R3 Factor®

Help your skin RETAIN its natural moisture, RESTORE its resilience and RENEW its appearance with R3 Factor® Skin Defense Creme – a rich combination of stabilized Aloe Vera gel, soluble collagen and alpha-hydroxy acids, fortified with vitamins A and E, each vital to healthy skin.

Vitamin E is a powerful antioxidant, while vitamin A helps in the maintenance of healthy skin and is beneficial for many skin conditions.

Alpha Hydroxy Acids (AHAs) come from natural plant sources and are also called Fruit Acids. Together, these fruit acids are exfoliants that loosen dead cells from the skin's surface by dissolving the natural glue-like substances that refuse to release the dead skin cells. These cells create a barrier to moisturizing creams, so getting rid of these dead cells evenly means that fresher cells are exposed in the skin's renewal process. Since it takes 21-28 days for the skin renewal process to complete a cycle, allow a similar amount of time to realize the full benefits of R3 Factor.

Fruit acid creams have been called the most important skin care agents of the decade. By combining AHAs with soothing aloe, R3 Factor Skin Defense Creme provides a first line of defense in fighting the harsh effects of time to preserve your skin's youthful appearance.



**PRODUCT #069**

**0.129 C.C**

## INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, Butylene Glycol, Squalane, Methyl Gluceth-20, Cetyl

Dimethicone, Prunus Armeniaca (Apricot) Kernel Oil, Glyceryl Stearate, Polyacrylamide, C13-14 Isoparaffin, Laureth-7, Tocopheryl Linoleate, Sodium Hyaluronate, Tocopheryl Acetate, Glycolic Acid, Saccharum Officinarum (Sugar Cane) Extract, Citrus Medica Limonum (Lemon) Fruit Extract, Pyrus Malus (Apple) Extract, Camellia Sinensis Leaf Extract, Retinyl Palmitate, Soluble Collagen, PEG-100 Stearate, Ascorbic Acid, Triethanolamine, Diazolidinyl Urea, Methylparaben, Propylparaben, Fragrance.

## CONTENTS

56.7g

## DIRECTIONS

After cleansing, apply to face, neck and other areas where needed. For best results, use both morning and night. May be followed by Firming Foundation Lotion and/or makeup or by Recovering Night Creme at night, if desired. (See section on Aloe Fleur de Jouvence).

## BENEFITS

- Helps maintain healthy skin color, texture and feel
- Retains, Restores and Renews your skin

## Forever Alpha-E Factor®

Forever Alpha-E Factor®, our skin-replenishing agent, contains rich ingredients designed to enhance your skin like nothing you've tried before! It moisturizes from within to deliver an ultimate smoothness to your skin for a younger-looking appearance.

This light, emollient fluid is fortified with Vitamins A, C and E, Borage Oil and Bisabolol. It is an antioxidant fluid designed to combat free radical damage, which causes 80% of our skin's damage. Alpha-E Factor's foundation is our pure stabilized Aloe Vera gel, with all of its benefits.

These special ingredients are uniquely combined into one product:

- **Vitamin E** (as Tocopherol and Tocopheryl Acetate) – the 'skin vitamin,' an antioxidant that combats free radical damage, softens and moisturizes.
- **Vitamin A** (as Retinyl Palmitate) – a powerful antioxidant which enhances elasticity while moisturizing and reducing scaliness.
- **Vitamin C** (as Ascorbyl Palmitate) antioxidant which enhances elasticity. Also helps inhibit formation of scar tissue.
- **Lecithin** – an excellent emollient which improves suppleness of the skin.
- **Borage Seed Oil** – provides the skin with gamma linoleic acid (an essential fatty acid) which helps restore moisture.
- **Bisabolol** – a natural, soothing ingredient with a light citrus aroma, suitable for even sensitive skin.
- **Caprylic/Capric Triglyceride** – a natural emollient from coconut oil which moisturizes without the heavy, greasy feel of other oils.
- **Soybean Oil** – A texture-enhancing moisturizer with antioxidant properties.

These natural ingredients are combined with the purest humectants and emulsifiers to create one of the most versatile skin care products ever introduced!

### INGREDIENTS

Caprylic/Capric Triglyceride, Cyclomethicone, Tocopheryl Acetate, Retinyl Palmitate, Ascorbyl Palmitate, Aloe Barbadensis Extract, Bisabolol, Tocopherol, Lecithin, Borage (Borago Officinalis) Seed Oil, Soybean (Glycine Soja) Oil, Methylparaben, Propylparaben, Fragrance.

### CONTENTS

30ml

### DIRECTIONS

With the dropper, apply a couple of drops to face or neck, then blend gently with your fingertips. For maximum results, apply Alpha-E Factor and Alluring Eyes, followed by R3 Factor and Recovering Night Creme or Firming Foundation Lotion.

### BENEFITS

Superb combination of powerful antioxidants

- Enhances elasticity
- Normalizes and balances dry skin
- Suitable for even the most sensitive skin
- Ideal for almost every other situation that requires topical application of natural antioxidants
- Good for eczema, can be used with Gentleman's pride for extra smoothness



**PRODUCT #187**

**0.133 C.C.**

## Forever Epiblanc®

Most of us dream of having smooth, clear skin. However, our busy lifestyle and exposure to the elements often result in spots and blemishes.

Forever Epiblanc's exclusive formula is specifically designed to even skin tone while helping to diminish the appearance of dark spots. Our 100% stabilized Aloe Vera is an excellent base for the natural botanical extracts such as Arbutin (Bearberry), Rumex Occidentalis and Natural Vitamin E, resulting in this excellent product.

Forever Epiblanc® is most effective when applied directly to blemishes or dark spots on the skin. Use of Forever Living's Aloe Sunscreen, in combination with Forever Epiblanc, is recommended during the daytime.

### INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, Glycerin, Arbutin, Triethanolamine, Sodium Ascorbyl Phosphate, Rumex Occidentalis Extract, Sodium Hyaluronate, Vitamin E (Natural), Xanthan Gum, Carbomer, Dimethicone, 1,2-Hexanediol, Caprylyl Glycol, Disodium EDTA, Methylparaben, Fragrance.

### CONTENTS

28.3g

### DIRECTIONS

Apply morning and night to cleansed skin area where desired, followed by moisturizer. Use of Forever Living's Aloe Sunscreen during the daytime is also recommended.

### CAUTION

Avoid contact with eyes. In case of eye irritation, rinse thoroughly with water. If irritation persists, discontinue use and consult a physician.

### BENEFITS

- Gently evens skin tone
- Contains natural botanical extracts
- Diminishes appearance of dark spots
- Brightens complexion, evens skin tone and naturally fades dark spots (it is recommended to use aloe sunscreen after each application)



**PRODUCT #236**

**0.080 C.C.**

## Aloe Fleur de Jouvence® Aloe Cleanser

Aloe Cleanser is prepared from hypo-allergenic ingredients to create a light, non-greasy, non-irritating lotion that is pH and moisture-balanced. It is fast and thorough in removing makeup, dirt, and other invisible skin debris. Use it as the first step in preparing your skin for a full Aloe Facial, or simply in the daily, routine skin care program of our Aloe Restorative Beauty Regime. Aloe Cleanser contains just the right amount of Jojoba Oil and water to leave your skin feeling fresh and thoroughly clean without drying!

### INGREDIENTS

Aloe Barbadensis Leaf Juice (Stabilized Aloe Vera Gel/gel d'aloès officinal stabilisé), Water (Aqua), Hydrogenated Polyisobutene, C12-15 Alkyl Benzoate, Glyceryl Stearate, Cetyl Alcohol, Butylene Glycol, Disodium Cocoamphodiacetate, PEG-100 Stearate, Diethylhexyl Adipate, Ethylhexyl Stearate, Ethylhexyl Palmitate, Simmondsia Chinensis (Jojoba) Seed Oil, Triethanolamine, Carbomer, Xanthan Gum, Allantoin, Ascorbic Acid (Vitamin C), Dimethicone, Disodium EDTA, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, Methylisothiazolinone, Fragrance (Parfum).

### CONTENTS

4 Fl. Oz. (118ml)

### DIRECTIONS

With your fingertips, slowly spread several drops of Aloe Cleanser across your entire face and neck area, using a smooth, circular motion. To remove makeup, dirt and dead skin debris, gently wipe away with a dampened cloth or tissue, leaving the skin feeling clean, soft and supple. Follow with the Rehydrating Toner if desired.



**PRODUCT #339**

**0.059 C.C**

## Aloe Fleur de Jouvence® Rehydrating Toner

Rehydrating Toner is a non-drying, alcohol-free formula that contains natural aloe vera and witch hazel, together with special skin moisturizers and plant extracts, for toning the skin. It also contains collagen and allantoin for cell conditioning.

Rehydrating Toner is a gentle preparation used to remove the last traces of cleanser, makeup, impurities and dull, lifeless surface cells, thus providing good secondary cleansing and toning to tighten the pores. It removes residual oils and dirt while invigorating the skin and leaving it clean, smooth, balanced and stimulated. Rehydration is provided as the skin is gently refined.

### INGREDIENTS

Aloe Barbadensis Leaf Juice (Stabilized Aloe Vera Gel/gel d'aloès officinal stabilisé), Water (Aqua), Hamamelis Virginiana (Witch Hazel) Water (non-alcoholic), Propanediol, Soluble Collagen, Citrus Medica Limonum (Lemon) Fruit Extract, Cucumis Sativus (Cucumber) Fruit Extract, Equisetum Hiemale Extract, Chamomilla Recutita (Matricaria) Flower Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Sodium PCA, Sodium Lactate, Triethanolamine, Allantoin, Sodium Hyaluronate, Disodium EDTA, Phenoxyethanol, Methylisothiazolinone, Caprylyl Glycol, 1,2-Hexanediol, Menthol, Fragrance (Parfum).

### CONTENTS

4 Fl. Oz. (118 ml)

### DIRECTIONS

Using a cotton ball, apply Rehydrating Toner in an upward motion every morning and evening. Continue until no further discoloration of the cotton ball is evident. Your skin will feel clean and conditioned, with tightened pores, for a smoother appearance.



**PRODUCT #338**

**0.059 C.C**

# Aloe Fleur de Jouvence®

## Firming Day Lotion



PRODUCT #340

0.092 C.C

Firming Day Lotion is a state-of-the-art skin care lotion specially formulated for use in our Aloe Fleur de Jouvence® beauty regime. Ideal for daytime use to counteract the elements, it combines the science of dermatology with the art of cosmetology to produce an effective product that reduces the signs of aging by helping the skin to firm, retexture and tighten the pores, and to provide a foundation for makeup application.

To achieve these results, the lotion contains a blend of Aloe Vera and other special moisturizers, humectants, conditioners and Collagen which are needed to maintain good skin structure and prolong a youthful-looking appearance. Also contains vitamins C and E.

### INGREDIENTS

Aloe Barbadensis Leaf Juice (Stabilized Aloe Vera Gel/gel d'aloe officinal stabilisé), Water (Aqua), Propanediol, Glyceryl Stearate, Methyl Gluceth-20, Stearic Acid, Ethylhexyl Palmitate, Glycereth-26, PEG-100 Stearate, Sodium Hyaluronate, Soluble Collagen, Sodium PCA, Sodium Lactate, Tocopherol (Vitamin E Natural/vitamine E naturelle), Squalane, Panthenol (Provitamin B5), Chamomilla Recutita (Matricaria) Flower Extract, Hydroxyethylcellulose, Triethanolamine, Carbomer, Ascorbic Acid (Vitamin C), Cetyl Alcohol, Allantoin, Disodium EDTA, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, Methylisothiazolinone, Fragrance (Parfum).

### CONTENTS

2 Fl. Oz. (59 ml)

### DIRECTIONS

Gently massage lotion into the face and neck area. It also makes an excellent base for applying your favorite cosmetics from the Sonya Colour Collection.

### BENEFITS

- State-of-the-art skin care lotion
- Firms, moisturizes and nourishes the skin
- Tightens the pores
- Superb under eye makeup as a base
- Contains Vitamins C and E

# Forever Aloe Scrub®

"More than skin deep", is Forever Aloe Scrub®. With its unique combination of Stabilized Aloe Vera gel and solid micro-spheres made from pure Jojoba Oil, this effective skin cleanser is gentle enough for everyday use and strong enough to clear away the debris that accumulates in the delicate pores of the skin. In combination, these two natural ingredients will clear the way for the skin's own unique renewal process, while helping to protect it from the drying and damaging effects of synthetic cleansers.

Forever Aloe Scrub gently scrubs away dead skin cells and debris that clog pores and dull the skin's appearance, to begin revealing radiant "new", healthier skin.

### INGREDIENTS

Aloe Barbadensis Gel (Stabilized Aloe Vera Gel), Water, Hydrogenated Jojoba Oil, Glyceryl Stearate, Propylene Glycol, Sodium Cocoyl Isethionate, Lauramine Oxide, Cetyl Alcohol, Cocamidopropyl Betaine, PEG-100 Stearate, Hydrated Silica, Sodium Lactate, Tocopherol (Vitamin E Natural), Citric Acid, Ascorbic Acid (Vitamin C), Diazolidinyl Urea, Methylparaben, Propylparaben, Fragrance, Blue 1.

### CONTENTS

NET WT. 99g

### DIRECTIONS

Apply to wet face or body, and gently massage with fingertips (carefully avoiding the eyes) for two to three minutes using a circular motion. Add more water as needed. Rinse thoroughly and pat dry with a clean, soft towel.



### BENEFITS

- Natural exfoliator for the face and body
- Prepares skin for moisturization
- Gentle enough for everyday use
- An excellent exfoliator that refreshes and rejuvenates the skin.

PRODUCT #238

0.064 C.C

# Aloe Activator

*Infuse Your Skin*

- A splendid skin conditioner
- Gentle for the entire face, even eye area
- Cleans, soothes and refreshes

With over 90% Aloe Vera gel, aloe activator leaves skin feeling refreshed and soothed from the moment it touches your face. Aloe is perfect for sensitive skin and its many essential components like Vitamins A, C and E make aloe activator an ideal addition to any skin care regimen.

Our prized Aloe is paired with allantoin, which is not only an effective moisturizer, but also compliments our Aloe perfectly to gently soften and smooth skin.

Aloe activator is a superb moisturizer, containing enzymes, amino acids and polysaccharides. This step in your daily beauty ritual may become your new favorite, as it not only feels good to apply, but the after affects will leave your skin looking AND feeling better.

**Ingredients:** Aloe Barbadensis Leaf Juice (Stabilized\* Aloe Vera Gel/gel d'aloe officinal stabilisé\*), 1,2-Hexanediol, Allantoin, Disodium EDTA, Potassium Sorbate.

## DIRECTIONS

aloe activator is a multi-purpose product to clean or freshen, apply to a cotton ball and gently wipe across skin. For an Aloe Mask, mix 1 tsp mask powder with 1 tsp aloe activator and apply a thin layer to clean skin. After 20 minutes, rinse thoroughly with warm water. Use 2-3 times weekly.

## CAUTION

Avoid contact with eyes. In case of eye irritation, rinse thoroughly with water. If irritation persists, discontinue use and consult a physician.



**PRODUCT #612**  
**0.064 C.C**

# Balancing Toner

*Supports Skin's pH Balance*

- Refreshes, soothes and rehydrates
- Smooths skin's tone and texture
- Minimizes the appearance of pores

Does your skin need something extra after cleansing? Ensure all dirt and debris were washed off, minimize appearance of pores and add extra hydration by applying balancing toner between cleansing and moisturizing.

Balancing toner provides a unique blend of seaweed extract and sodium hyaluronate. When combined, these powerful ingredients moisturize and soften your skin to support youthful looking skin.

We have added cucumber extract to soothe and provide additional hydration. Cucumbers may improve your skin's tone and it also contains ligans which may help with your skin's texture and puffiness. White tea extract is a rich antioxidant with high polyphenolic content that works with a high concentration of aloe to balance the fluctuations of the skin and help fight against free radicals.

**Ingredients:** Aloe Barbadensis Leaf Juice (Stabilized Aloe Vera Gel), Water, Propanediol, Sorbitol, 1,2-Hexanediol, Chondrus Crispus Extract, Sodium Hyaluronate, Glycerin, Cucumis Sativus (Cucumber) Fruit Extract, Camellia Sinensis Leaf Extract, Beta Glucan, Sodium Lactate, Phytic Acid, Allantoin, Potassium Sorbate.

## DIRECTIONS

Apply a generous amount to face and neck after cleansing using a cotton ball or pad. Use twice daily to minimize the appearance of pores and hydrate skin.

## CAUTION

Avoid contact with eyes. In case of eye irritation, rinse thoroughly with water. If irritation persists, discontinue use and consult a physician.



**CONTENTS: 4.4 FL. OZ. (130 mL)**

**PRODUCT #560**  
**0.087 C.C**

# Protecting day lotion SPF 20

*Moisturize and Protect*



- Shields against harmful UV rays with broad spectrum mineral sunscreen
- Powerful botanicals deliver moisture and protection
- Defends skin from dark spots caused by sun aging

Start your day off right by arming your face against environmental aggressors and harmful UV rays. Nourish your skin with protecting day lotion containing broad spectrum mineral sunscreen with SPF 20. With Aloe, mushroom extract and over 20 skin conditioning ingredients, protecting day lotion provides your skin with incredible moisturizing power!

#### ACTIVE INGREDIENTS

Titanium dioxide 2.6%, Zinc oxide 4.4%

#### INACTIVE INGREDIENTS

water (aqua), tricaprylin, aloe barbadensis leaf juice (stabilized aloe vera gel), glyceryl stearate SE, C13-15 alkane, glycerin, propanediol, stearic acid, coconut alkanes, stearyl alcohol, brassica campestris/aleurites fordi oil copolymer, crambe abyssinica seed oil, polyglyceryl-3 polycricinoleate, sodium stearoyl glutamate, caprylyl glycol, hydrogenated phosphatidylcholine, galactoarabinan, ethylhexylglycerin, citric acid, xanthan gum, sodium PCA, panthenol, citrus lanatus (watermelon) fruit extract, hexylene glycol, cococaprylate/caprate, lecithin, carrageenan, anastatica hierochuntica extract, allantoin, tremella fuciformis (mushroom) extract, gluconolactone, aloe barbadensis callus extract, sodium hyaluronate, tocopherol.

#### DIRECTIONS

Apply evenly to cleansed skin before sun exposure. Reapply frequently as needed for daily protection from environmental factors.

#### WARNINGS

For external use only. Do not use on damaged or broken skin. When using this product keep out of eyes. Rinse with water to remove. If rash occurs, stop use and ask a doctor. Keep out of reach of children.

CONTENTS: 2 FL. OZ. (60 mL)

PRODUCT #557

0.145 C.C

# Smoothing exfoliator

*Smooths Skin's Tone and Texture*

- Smooths skin's tone and texture
- Gently exfoliates to uncover silky soft skin
- Enzymatic extracts resurface the skin

Your body gets rid of 30,000 to 40,000 old skin cells every single day. Even with a consistent cleansing routine, your skin sometimes needs helps sloughing off dead skin cells and debris. Old skin can look flaky, tired and dull. Help your skin look brighter and smooth tone and texture by getting rid of the old without stressing the soft, newer skin underneath.

Instead of using harsh chemicals or sharp fragments, smoothing exfoliator utilizes five different natural ingredients with unique functions to give your face a complete cleansing experience:

Jojoba beads, round in nature, gently roll across your skin to remove debris.

Sustainably sourced Bamboo powder sweeps the skin to remove dead skin cells. Bamboo is a large granule, so that it doesn't scratch the surface of the skin.



**Ingredients:** Aloe Barbadensis Leaf Juice (Stabilized Aloe Vera Gel), Water, Hydrogenated Jojoba Oil, Propanediol, Glyceryl Stearate, Bambusa Arundinacea Stem Powder, Sodium Cocoyl Isethionate, Cetyl Alcohol, Cocamidopropyl Hydroxysultaine, Stearyl Alcohol, Decyl Glucoside, Stearyl Phosphate, Hydrated Silica, Hydroxyacetophenone, Caprylylhydroxamic Acid, Caprylyl Glycol, Ethylhexylglycerin, Papain, Bromelain, Maltodextrin, Vitis Vinifera (Grape) Juice Extract, Citrus Limon (Lemon) Peel Oil, Polyacrylate Crosspolymer-6, Sodium Lactate, Phytic Acid, Xanthan Gum, Disodium EDTA, Chlorphenesin.

#### DIRECTIONS

Apply moderate amount onto wet fingers. Gently work in a circular motion over the face, avoiding the eye area. Rinse thoroughly. For refreshed skin, use 2-3 times weekly.

CONTENTS: 2 FL. OZ. (60 mL)

PRODUCT #559

0.0730 C.C

#### CAUTION

Avoid contact with eyes. In case of eye irritation, rinse thoroughly with water. If irritation persists, discontinue use and consult a physician.

# Awakening eye cream

## Beautify the Eye

- Diminishes the appearance of puffiness and dark circles
- Significantly reduces appearance of wrinkles
- Eyes appear more rested, alert and rejuvenated

Awakening eye cream utilizes patented ingredients with peptide technology that improves and smooths the sensitive eye area, visibly reducing the appearance of lines and wrinkles and dark circles.

A unique collagen, with its low molecular weight, helps normal collagen formation, which aids optimal skin hydration and firmness. By supporting healthy collagen, we improve skin smoothness, resulting in plumper, firmer skin around the eye area.

One of our many unique ingredients, Butylene Glycol, has been shown to reduce the appearance of eye puffiness and dark circles in as little as 15 days.

All of these powerhouse ingredients make the most advanced eye cream that will allow your beauty to shine. Have striking eyes that look brighter and younger with awakening eye cream.

**INGREDIENTS:** Aloe Barbadensis Leaf Juice (Stabilized Aloe Vera Gel), Water, Caprylic/Capric Triglyceride, Isoamyl Laurate, Glycerin, Polyglyceryl-6 Distearate, Jojoba Esters, Propanediol, Lauryl Laurate, Cetearyl Olivate, Sorbitan Olivate, Polyhydroxystearic Acid, Ammonium Acryloyldimethyltaurate/VP Copolymer, Polyglyceryl-3 Beeswax, Cetyl Alcohol, Hydroxypropyl Cyclodextrin, Palmitoyl Tripeptide-38, Xylitylglucoside, Anhydroxylitol, Xylitol, Albizia Julibrissin Bark Extract, Darutoside, Magnesium Chloride, Palmitoyl Tripeptide-5, Tetradecyl Aminobutyroylvalylaminobutyric Urea Trifluoroacetate, Palmitoyl Dipeptide-5 Diaminobutyroyl Hydroxythreonine, Panthenol, Sodium Hyaluronate, Dunaliella Salina Extract, Butylene Glycol, Acetyl Tetrapeptide-5, Hydrolyzed Collagen, Hydrolyzed Corn Starch, Beta Vulgaris (Beet) Root Extract, Caprylylhydroxamic Acid, Caprylyl Glycol, Ethylhexylglycerin, 1,2-Hexanediol, Linoleic Acid, Linolenic Acid, Arginine, Hydrolyzed Sodium Hyaluronate.

### DIRECTIONS

Using your finger, gently dab a moderate amount below and around the eye area.

### CAUTION

Avoid contact with eyes. In case of eye irritation, rinse thoroughly with water. If irritation persists, discontinue use and consult a physician.



NET WT. 0.74 OZ. (21 g)  
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FOREVER™

CONTENTS: 0.74 FL. OZ. (21 g)

**PRODUCT #561**

0.064 C.C

# Forever Aloe MPD® 2X Ultra

## Multi Purpose Detergent Liquid Concentrate



**PRODUCT #307**

0.099 C.C

Every week we use multiple detergents for cleaning. Wouldn't it be nice to buy just one multi-purpose product for the laundry, dishes, floor, and even the bathroom? Forever Living Products has introduced such a product – a liquid detergent that is highly effective and very economical to use.

Forever Aloe MPD® is a multi-purpose, liquid concentrated detergent created by FLP – and we've just made it better than ever! Our 2X Ultra formula is even more concentrated to take your cleaning that much further. A versatile cleaning product that is ideal for laundry (all types of clothes), it is also a household cleaner for floors, bathrooms, tile and carpet cleaning, and for hand-washing dishes. This safe, concentrated, liquid detergent is great for lifting grime, cutting through grease and removing stains without scratching or marking any surfaces. It is versatile enough to do the job of many similar products on the market, with a major cost savings for the user.

### INGREDIENTS

An aqueous solution containing surface active agents (Water [Aqua], Ethoxylated Linear Alcohols, Benzenesulfonic Acid, C10-

16-Alkyl Derivatives, Sodium Salts, Sodium Xylene Sulfonate and Sodium Sulfate), Conditioner (Aloe Barbadensis Leaf Juice), Fragrance (Parfum), Methylisothiazolinone, and Colorant.

### CONTENTS

1.89L

### DIRECTIONS

**Laundry** (for normal washer loads): Use 1/2 ounce (15 ml). For stain removal, place a small amount directly on the spot, add water and soak before washing. When pre-treating, rub a small amount directly onto the stain before washing. Always test an inside seam for colorfastness.

**Multipurpose:** Dilute using 1 ounce (30 ml) per 1 gallon (3.78L) of water to clean: Appliances, floors, bathrooms, tile, carpet and cars inside and out.

**Household:** Gentle on the hands, just a couple drops on a sponge or dishcloth gets dishes squeaky clean, removes carpet stains and more. (Not recommended for use in automatic dishwashers)

### BENEFITS

- Multi-purpose, 2X concentrated cleaner
- Phosphorus-free
- Environmentally-friendly, biodegradable ingredients
- Mild, gentle formula is kind to hands and clothes

## Sonya® Aloe Purifying Cleanser



**PRODUCT #277**

**0.128 C.C.**

This remarkable cleanser with aloe and fruit extracts gently removes makeup and debris without overdrying. It leaves your face feeling wonderfully soft, fresh and clean.

Begin each morning and evening with Sonya® Aloe Purifying Cleanser.

**Step 1:** Apply cleanser to fingertips, then rub fingertips of both hands together.

**Step 2:** Massage cleanser over face and neck.

**Step 3:** Wipe off cleanser with cotton ball or pad, then rinse face and neck thoroughly with warm water.

## Sonya® Aloe Refreshing Toner

This alcohol-free skin refreshing toner with aloe and white tea provides vital moisture to help keep your skin properly hydrated.

Use morning and evening after Sonya® Aloe Purifying Cleanser.

**Step 1:** Apply to cotton ball or pad.

**Step 2:** Apply to face, neck and other areas where needed.

**Step 3:** Wait a few minutes before applying Aloe Nourishing Serum.



**PRODUCT #279**

**0.128 C.C.**



## Sonya® Aloe Nourishing Serum

This wonderful serum with white tea preserves and replenishes your skin's moisture to help maintain its youthful appearance.

Use morning and evening after Sonya® Aloe Refreshing Toner.

**Step 1:** Apply approximately 3 "pumps" to fingertips.

**Step 2:** Rub fingertips of both hands together.

**Step 3:** Apply to face, neck, and other areas where needed.

**PRODUCT #281**

**0.159 C.C.**



## hydrating cleanser

Fragrance Free

- Gentle, sulfate free
- Provides immediate increase in skin hydration
- Cleanses skin without drying

It's estimated that the apple tree was the earliest tree to be cultivated. The juice that flows through this lasting fruit has withstood environmental damage and change for thousands of years. We harnessed two key components of this vitamin-rich fruit: apple extract and apple amino acids to give this cleanser strong protection against the effects of aging.

Mild, moisturizing and milky, this cleanser uses hypoallergenic coco fatty acids to suspend your skin's oils, so they can be carefully and gently washed from your skin – leaving your face soft to the touch without feeling dry.

A key characteristic of youthful skin is being well hydrated and buoyant. This age-minimizing cleanser assists your skin's barrier function to fight against tightness and dryness. Bountiful amounts of linoleic acid and Vitamin E, found in sunflower seed oil, support skin's lipids and help break down dirt and debris.

### Ingredients:

Aloe Barbadensis Leaf Juice (Stabilized Aloe Vera Gel), Water, Helianthus Annuus (Sunflower) Seed Oil, Caprylic/Capric Triglyceride, Propanediol, Sodium Cocoyl Glycinate, Sodium Cocoyl Apple Amino Acids, Cetearyl Alcohol, Capryloyl Glycerin/Sebacic Acid Copolymer, Sorbitan Laurate, Diheptyl Succinate, Coco-Glucoside, Ethylhexylglycerin, Caprylyl Glycol, Caprylylhydroxamic Acid, Pyrus Malus (Apple) Fruit Extract, Glycerin, Arginine, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, 1,2-Hexanediol, Polyhydroxystearic Acid, Stearic Acid, Xanthan Gum, Phytic Acid

### CONTENTS

4 FL. OZ. (118 mL)

### DIRECTIONS

With wet fingers, softly massage upwards and outwards in circular motions towards the hair line. Rinse thoroughly for smooth, clean skin and gently pat skin dry with a towel. Use in the morning and evening for best results.



## Firming Serum

Fragrance Free

- Features a cutting edge, clinically tested ingredient
- Increases the appearance of firmness; reduces appearance of fine lines and wrinkles
- Supports healthy collagen synthesis and assists uneven skin tone This potent elixir has clear results.

This scientifically advanced formula boosts the power of Aloe with a clinically tested ingredient, trifluoracetyl tripeptide-2. By mimicking natural skin processes, this three-amino acid peptide increases the appearance of firmness and reduces the look of fine lines and wrinkles.

**CONTENTS:** 1 FL. OZ. (30 mL)

### DIRECTIONS

Pump once and apply in quick but gentle sweeping motions over the entire face. Apply an additional pump to the neck area, sweeping upwards towards the chin for more youthful looking skin. Use in the morning and evening after cleansing for best results.



## Firming Complex

Fragrance Free



- Our first ever beauty nutritional supports aging from the inside out
- Reduces the appearance of facial wrinkles, and increases skin's bounce, flexibility and hydration
- Aids multiple body systems and supports overall energy

Beauty is more than skin deep – it starts with nutrition. Forever's first exclusive beauty supplement helps you take control of the aging process.

Two small uncoated tablets taken daily, support multiple internal body systems as well as your overall health and skin appearance.

### Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (as calcium ascorbate)	90 mg	100%
Biotin	30 mcg	100%
Proprietary Infinite Blend Marine Collagen Hydrolysate, Ceramides Extract ( <i>Triticum aestivum</i> ) (seed), Melon Fruit Juice Concentrate ( <i>Cucumis melo L.</i> ) (Fruit pulp)	790 mg	
* Daily Value not established.		

Other ingredients: Silicon dioxide. Contains fish and wheat.

**CONTENTS:** 60 Tablets

### SUGGESTED USE

Take two tablets daily. For best results, consume in the morning.

## Restoring Crème

Fragrance Free

- Over 15 skin conditioning ingredients
- Aloe is synergistically enhanced with an anti-aging essential oil blend
- The latest chemistry provides a new ingredient that aids skin's moisture retention

Powerful botanical ingredients like acai and pomegranate provide antioxidant support while leaving skin feeling moisturized and smooth. The Centipeda Cunninghamii plant, native to Australia, works synergistically to enhance the many benefits of Aloe. Together, these ingredients deliver proven results for soothing skin, while vitamin B3 and beet root even out tone and texture to support a youthful complexion.

**CONTENTS:** NET WT. 1.7 OZ. (48.2g)

### DIRECTIONS

Pump once and massage gently into the face and neck in circular motions working upwards and outwards towards the hair line to help skin appear rejuvenated. Use in the morning and evening for best results.



# Appendix

## The Contents and Properties of Aloe Vera Gel

Aloe Vera naturally contains 75 known active ingredients (and probably many more) which can be divided into the following groups:

### Vitamins

Aloe contains a wide range, but the most common ones are the antioxidant vitamins C and E and the beta carotene, the precursor of vitamin A. It is also one of the few plant sources in the world of vitamin B12 – albeit a very small amount.

### Minerals

These include magnesium, manganese, zinc, copper, chromium, calcium, sodium and potassium, essential elements in the chemistry and processes of a healthy body.

### Amino Acids

The human body requires 20 amino acids, the building blocks of the protein and Aloe Vera Gel provides 19 of them. More importantly, it provides seven of the eight essential amino acids that cannot be manufactured by the body and which have to be consumed as food.

### Polysaccharides

These include the important natural sugars which act on the immune system.

### Digestive Enzymes

Lipases and proteases break down food and aid digestion.

### Anti-inflammatory Enzymes

These reduce inflammation

### Plant Sterols

The three main types act as a powerful anti-inflammatory agent. Helps lower cholesterol.

### Lignin

This gives topical Aloe Vera its penetrative ability, to reach deep into the skin.

### Saponins

These are soapy substances that exert a powerful anti-microbial effect against bacteria, viruses, fungi, and yeasts such as candida or "thrush"

### Anthraquinones

The most important ones being aloin and emodin, but although present in only minute amounts they are strong painkillers, and are acknowledged to possess antibacterial and virucidal activity.

### Why does it work?

It works by providing a rich cocktail of micro-nutritional elements whose combined action and balance produce a more powerful effect together than would be expected from the addition of the individual components. This is because they work as a team, enhancing each other's effect – known as synergism. It also has adaptogenic properties which means that different individuals take from it what they need, therefore the benefits vary from person to person.

### Where does it wor

Aloe Vera, because of its nutritional and immunomodulating properties, helps firstly to prevent injury to epithelial tissues, and when they are damaged, it promotes healing. Antioxidants fight the destructive "free radicals", the unstable compounds produced by our metabolism and found in environmental pollutants. Free radicals are thought to cause various ailments, including some cancers as well as contributing towards the ageing process. Polysaccharides in Aloe Vera act on the immune system

to help regulate and balance its activity.

An epithelium is an anatomical term defined as follows: "a layer of cells that covers the body or lines a cavity that connects with it".

Our largest epithelium is our skin but also included is the lining of the gut, the bronchial tubes and the genital tract. No wonder Aloe works just as well on damaged skin as it does, say, on an inflamed bowel or in asthma.

Its natural anti-inflammatory and antimicrobial action, combined within its nutritional constituents, promote healthy cell growth, and therefore healing. However, it is not only helpful for people with problems; most people taking it report a greater sense of wellbeing – they just feel "better" or they report feeling calmer and less anxious. This could be due to Aloe's effect on their immune system which, you may say, becomes balanced or fine-tuned, and therefore, more efficient at defending the body from attack. Promotes better absorption of vitamins and boosts energy.

For further information please see "The Essential Aloe Vera" by Dr. Peter Atherton (Advisory Board Member) available to purchase from FLP.

Stabilised Aloe Vera Gel (when taken as a drink or applied externally to the skin and hair) has the following benefits;

### How does it work?

- It is natural cleanser due to the presence of saponins.
- It penetrates tissue due to its lignin content
- It anaesthetises the tissue in the area to which it is applied, relieving pain deep beneath the surface, including pain associated with joints and sore muscles.
- It is a bactericidal when held in high concentration for several hours direct contact with bacteria, whereas antibiotics kill bacteria when highly diluted.
- It is virucidal and fungicidal when held in direct contact in high concentration for a long period.
- It is anti-inflammatory. It acts like a steroid, but with no side effects.
- It is antipruritic – reducing itching and burning.
- It is a natural moisturizer to all layers of the skin.
- It stimulates cell replication.
- The proteolytic enzyme break down dead tissue – cleansing a wound (topical products)
- It helps to increase blood flow in the skin by capillary dilation.
- It is healthy giving to the skin and the body by proving a wide range of vitamins, minerals, sugars, enzymes and amino acids, essential and secondary.
- Safety – each of the above benefits can be achieved with one or more drugs. Usually these are expensive and have numerous side effects. Aloe Vera can produce benefits in high concentration with virtually no side effects.

Aloe Vera is not a panacea to all ills and there is no magic about it. It works only in the two areas mentioned previously – epithelial tissue and immune system. This is largely backed by anecdotal evidence, as many thousands of people over the centuries have reported benefit for various skin complaints such as eczema, psoriasis, ulcers, burns, acne, even stings and bites.

They have found relief for bowel disorders such as diverticulitis and Irritable Bowel Syndrome. Other conditions resulting from a disordered immune system such as arthritis, asthma, and ME (Post viral fatigue syndrome) and LE (lupus) have improved after regular ingestion of the Aloe Vera Gel.

Aloe Vera therefore has a complementary role to play in the management of various conditions. It is very important, however, that people always seek the advice of their doctor, when diagnosis is in doubt, or where a condition does not improve. Self diagnosis can be extremely dangerous as many serious conditions can mimic simpler ones.

## Ingredients of Forever Living Products Aloe Vera Gel

Forever Living Products' Aloe Vera Gel has been declared by the Food and Drug research Laboratories, Inc. of New York to be ESSENTILLAY IDENTICAL to that found in fresh leaf. In order to preserve the nutritional potency of the raw Aloe Vera Gel, it must be stabilized, and this process inevitably involves the addition of small quantities of other ingredients. In response to many questions received about these, here's some further information:

**Ascorbic Acid** (Otherwise known as vitamin C) is essential for the formation of intercellular collagen as well as the maintenance of tooth structures, matrix of bones and capillary walls. It is also necessary for wound healing, facilitates the absorption of iron and is widely used to help prevent colds. Vitamin C is found in all living plant and animal cells.

**Citric Acid** Produced from sugar solutions and citrus fruits such as lemons, limes and oranges. It is widely used in the food industry and can be used as a pH adjuster and antioxidant. It can also retard metallic reactions. It is involved in the Krebs energy cycle which occurs in all cells of the body. It has been used to dissolve urinary bladder calculi and it acts as a mild astringent.

**Potassium Sorbate** The potassium salt of ascorbic acid (found naturally in fresh berries of Mountain Ash) is a natural buffering and flavouring

agent which helps protect the freshness of the Aloe.

**Sodium Benzoate** Naturally occurring flavouring, derived from fruits such as blackberries and other mountain berries. It helps stabilize and prevent bacterial growth during product usage. In the Gel, it is used in quantities of less than 0.1% to prevent spoilage after the bottle has been opened.

**Sorbitol** This is an excellent conditioning agent which aids in the absorption of vitamins and minerals. It is naturally occurring in several fruits and has slight sweetening properties, which can help improve taste. Sorbitol is often used as a sweetener in diabetic products. There are two forms of sorbitol used: sorbital crystals which are in solid form and contain no water, and aqueous sorbitol which is in liquid form and is derived from specially processed maize. It is acceptable to people with celiac disease (gluten sensitive)

**Tocopherol (Vitamin E)** An essential vitamin for man, it is well known for its health related properties. It is a natural antioxidant, derived from wheat germ oil, rice kernel and other vegetables oils.

**Xanthan Gum** Derived from plants such as kelp, it is a natural stabilizing and emulsifying agent.

## Recommended Daily Allowance for Vitamins & Minerals

### Recommended Daily Allowance for vitamins:

Mg = milligrams (1,000 milligrams to a gram)

Mcg= micrograms (1,000, 000 micrograms to gram)

Vitamin	Amount
A	800mcg
Thiamine (B1)	1.4mg
Riboflavin (B2)	1.6mg
Niacin (B3)	18mg
Pantothenic acid (B5)	6mg
Pyridoxine (B6)	2mg
Cobalamin (B12)	1mcg
C	60mg
D	5mcg
E	10mg

### Recommended Daily Allowance for minerals

Mg = milligrams (1,000 milligrams to a gram)

Mcg= micrograms (1,000, 000 micrograms to gram)

Mineral	Amount
Calcium (Ca)	800mg
Phosphorus (P)	800mg
Iron (Fe)	14mg
Magnesium (Mg)	300mg
Zinc (Zn)	15mg
Iodine (I)	150mcg
Selenium	200mcg

\*Please note these are not the optimal allowances

### DISCLAIMER

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**It must not be used in part or in whole, or duplicated in any form, for advertising the products to Customers.**

Distributors must be aware that products should only be used in ways recommended by the company. If a distributor recommends a product for use, not sanctioned by the company, and something goes wrong, resulting in the Customer seeking legal redress through litigation, the company would not indemnify that Distributor i.e. they would be personally liable. Distributors are therefore advised against this practice.

	Amino Acids																	Essential Amino Acids						Minerals			
	*Isoleucin	*Leucin	*Lysine	*Methionine	*Phenylalanine	*Threonine	*Tryptophan	*Valine	Alanine	Arginine	Aspartic Acid	Glutamic Acid	Glycine	Histidine	Proline	Serine	Tyrosine		Calcium	Copper	Iron	Magnesium	Manganese	Phosphorus	Potassium	Sodium	
Pure Aloe ppm	14	20	37	14	14	31	30	14	28	14	43	52	28	18	14	45	14	458	0.11	1.18	60.8	1.04	20.1	797	84.4		
Stabilised Gel ppm	14	34	41	14	14	30	30	14	22	14	27	35	14	14	17	20	14	484	0.32	1.84	92	3.49	30.4	594	176		

\*Manufactured in the US Patent numbers 3892853, 4178372 and 4446131

## Nutritional Information: Trace Minerals

TRACE MINERALS	Name	Natural Sources	FLP Products	Depleted by	Uses in Body	Daily needs of an adult
	CHROMIUM	Yeast, egg yolks, liver, cheese, wheatgerm	Garcinia Plus, Forever Lean, Cardio Health	Food refining	Sugar metabolism, Controls Metabolism	25-100mcg
	COPPER	Liver, crab, oysters, nuts, olives, carrots, whole grains	Nature-Min, Fields of Greens, Gin-Chia	Stable mineral	Energy production Blood formation	1-3mg
	IODINE	Seafood, seaweeds(kelp)	Nature-Min, Forever Lite	Prescription Drugs, food grown in poor soil	Thyroid activity	25-250mcg
	IRON	Liver, Kidneys	Nature-Min, Fields of Greens, Gin-Chia	Caffeine interferes with its absorption	Oxygen carrier in blood	9-11mg
	MANGANESE	Oats, Wheatgerm, nuts, pineapple, plums, beetroot	Nature-Min, Fields of Greens, Gin-Chia	Food refining	Energy production nervous system	3-20mg
	MOLYBDENUM	Buck wheat, pulses, liver, soya beans	Nature-Min	Food refining, food grown in poor soils	Iron metabolism Defence of teeth	150-500mcg
	SELENIUM	Yeast, garlic, liver,eggs, fish	Nature-Min, Forever Lite, A-Beta-CarE	Smoking, intensive farming methods	Anti-oxidant Immune system	50-500mcg
	SULPHUR	Shellfish, beef, eggs, chicken, pork, pulses	Garlic-Thyme	Food refining	Protein formation	Unknown
	ZINC	Offal and other meats, mushrooms, oysters, yeast, eggs, mustard	Nature-Min, Fields of Greens, Gin-Chia	Food refining, contraceptive pill, alcohol, smoking	Cell Division, Growth of Reproductive organs	10mg

Please note the daily needs of an adult vary according to the individuals needs. Please see the Recommended Daily Allowance for the government guidelines. mg—milligram mcg—micrograms

## Nutritional Information: Macro-Minerals

MINERALS	Name	Natural Sources	FLP Products	Uses in Body	Depleted by	Daily needs of an adult
	CALCIUM	All dairy foods, Leafy vegetables	Nature-Min, Fields of Greens, Garlic-Thyme, Gin-Chia	Most common, Teeth and bones	Phosphorus (as used in fizzy drinks) Bran Fibre	200-900mg
	MAGNESIUM	Soya beans, nuts, meat, fish, whole grains	Nature-Min, Fields of Greens, Garlic-Thyme, Gin-Chia	Metabolism, Body Chemistry	Phytates present in bran fibre and whole grains	200-500mg
	PHOSPHORUS	Dairy produce, vegetables, fish, meat, nuts, whole grains	Nature-Min, Fields of Greens	Teeth and bones, Energy production	Stable mineral	600mg
	POTASSIUM	Yeast, Fruit, Vegetables	Fields of Greens, Garlic-Thyme, Gin-Chia	Water balance Muscle/Nerve function	Lost in cooking	3500mg
	SODIUM	Table salt	Fields of Greens, Gin-Chia	As potassium	Lost in cooking	1600mg

## Nutritional Information: Vitamins

VITAMINS	Name	Also Known as	Natural Sources	FLP Products	Uses in Body	Depleted by	Daily needs of an adult
	Beta Carotene	Pro-vitamin A	Carrots, tomatoes, watercress	Gel, A-Beta-CarE	Antioxidant, sight, skin/lipid	Exposure to sunlight	15mg
	B1	Thiamin	Pork,milk, eggs, brown rice, whole grain cereals	Gel, Bee Products, Garlic-Thyme	Digestion, nervous system	Food refining, Heat & Cooking	10-75mg
	B2	Riboflavin	Milk, eggs, lean meat, cereals, leafy vegetables	as B1	Skin, hair, nails	Sunlight, Alcohol	10-75mg
	B3	Niacin	Meat, fish, eggs, milk, cheese	as B1	Breaks down fats, creates energy	Food refining, Alcohol, Smoking	25-125mg
	B5	Pantothenic	Yeast, liver, eggs, brown rice, whole grain cereals	as B1	Immune system, healthy tissues	Caffeine, Alcohol, Sulphur	25-250mg
	B6	Pyridoxine	Meat, Fish, milk, eggs	as B1, Fields of Greens	Regulates the nervous system	Food refining, cooking	25-200mg
	B12	Cobalamin	Eggs, milk, cheese, liver, meat, fish	Gel, B12 Plus, Bee Products.	Maintains the nervous system	Alcohol, Light, Heat	10-100mg
	C	Ascorbic Acid	Citrus fruits, vegetables	Absorbent-C, Garlic-Thyme, Gel, Gin-Chia	General Health, connective tissues	Smoking, Light, Heat	50-1000mg
	D		Oily fish, butter, cheese, milk, eggs	Artic-Sea	Blood, bones	Caffeine	5-10mcg
	E	Tocopherol	Vegetables oils, almonds, peanuts, avocados, asparagus, spinach	Gel, A-Beta-CarE, Artic-Sea	Protect cell from damage	Food refining, Light, Air	60-250mg

The products discussed are not intended to diagnose, mitigate, treat, cure or prevent a specific disease or class of diseases.

You should consult your family physician if you are experiencing a medical problem.

# Glossary

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**Adaptogen** – refers to a natural herb product that increases the body's resistance to stresses such as trauma, anxiety and bodily fatigue.

**Allantoin** – an organic agent shown in studies to promote normal cell renewal.

**Amino Acids** – the building blocks of protein. The human body requires 20 amino acids (Aloe Vera provides 19 of them, along with 7 essential ones that the body cannot produce)

**Anthraquinones** – substances that act as painkillers and antimicrobial agents.

**Antioxidant** – a nutrient, such as beta-carotene (vitamin A), vitamins C and E, that protect cells from damage by free radicals.

**Bio-available** – readily absorbed by the body.

**Bioflavonoids (vitamin C)** – substances that are naturally present in foods rich in vitamin C, making vitamin C more effectively absorbed. Rutin and hesperidin are important bioflavonoids.

**Bonded Matrix** – a means of combining one nutrient with another, allowing it to be released into the digestive system in a more efficient way.

**Carotenoids** – any of a group of yellow, orange or brown pigments giving characteristic colour to plants and acting as a source of vitamin A.

**Cholesterol** – a fat-like substance produced by the liver and also found in some high fat foods of animal origin. Cholesterol surrounds every cell in the body and is needed to maintain nerve fibers, produce hormones and transport fats around the body (see HDL, LDL).

**Chondroitin Sulphate** – a naturally occurring substance in cartilage that forms its matrix working in combination with glucosamine to make cartilage a healthy and strong shock absorber for the joints. Chondroitin also helps maintain the viscosity of the synovial fluid in the joint so it works like thick oil in an engine preventing the moving parts from being ground down by each other.

**Collagen & Elastin** – proteins that support the skin's foundation. In moisturizers they act as surface emollients.

**Cured Fo-Ti** – native to China, it is revered as one of the most important anti-ageing herbs.

**EFA** – Essential Fatty Acids are polyunsaturated and mono-unsaturated fatty acids which are termed essential because they are required for good health. The body can not manufacture these so they must be obtained from the food we consume.

**Emollients** – ingredients that soften, soothe and moisturize.

**Fibroblasts** – cells responsible for making collagen fiber which form part of the body's connective tissue.

**Free Radicals** – a reactive particle that contains an unpaired electron, making it highly unstable and may cause damage to tissue. Free radicals are encouraged by sunlight and pollutants such as smoke.

**Glucosamine Sulphate** – a natural component of cartilage. It can be proved that oral glucosamine definitely finds its way into joint cartilage. It is safe and effective; in research it has been shown that 1500mg of glucosamine Sulphate (found in one 120ml serving of Forever Freedom) is equivalent in painkilling terms to 1200mg (the recommended daily amount) of Ibuprofen, the popular NSAID (Non Steroidal Anti-inflammatory Drug)

**GTF (Glucose Tolerance Factor)** the human body can only use chromium when it is in the form of a molecule in which it is combined with vitamin B3 and three specific amino acids.

**Gymnema Sylvestre** – a woody climbing plant that grows in the tropical forests of central and southern India. The leaves are used in herbal medicine preparations.

**HDL** – High Density Lipo-protein is a type of blood fat that helps prevent cholesterol deposits from settling in the arteries.

**Humectants** – ingredients which attract moisture from the air in to the skin or enable the retention of moisture.

**Iron** – Iron is an important trace mineral that is found in every cell of the body, and is essential to the formation of haemoglobin and myoglobin, which carries the oxygen in the blood and muscles.

**LDL** – Low Density Lipo-protein is a type of blood fat that carries deposits around the blood stream. An excess can lead to a cholesterol build up in the arteries.

**Lipids** – technical name for any type of fat, oil or other fatty substance.

**Minerals** – single chemical elements which are involved in many different processes within the body.

**MSM (Methylsulphonylmethane)** – this is naturally occurring organic sulphur compound is found in every cell in the body and is necessary for the manufacture of proteins. Alone, it is a strong analgesic and anti-inflammatory and has been used for many years in successfully treating injured horses and joint conditions in humans.

**pH** – this is a relative measurement of acidity and alkalinity. It is measured on a scale 0-14, with a pH of 7 being neutral. Numbers below 7 are acid and numbers above 7 are alkaline.

**pH Balance** – the skin's natural pH Balance is 4.5 – 5.5

**Phytonutrients** – the storehouse of essential plant nutrients found in vegetables and fruits. Widely referred to as the "catalysts of good health"

**RDA** – the recommended daily allowance of certain vitamins and minerals, as prescribed by the Department of Health. This is the minimum amount recommended to maintain health. Not all nutrients (particularly trace minerals) have a specified RDA.

**Reishi Mushroom** – Ganoderma, a Chinese herbal extract, known as reishi mushroom. Called the "elixir of life", it has been used for over 400years to increase circulation and the metabolism by improving oxygen and fluid exchange on the body.

**Riboflavin** - Riboflavin (vitamin B2) is a water-soluble vitamin required by the body for health, growth and reproduction. One of the B-complex vitamins.

**Saponins** – ingredients that endow a substance with cleansing and antiseptic properties.

**Schisandra Berries** - A Chinese herb recognized for its ability to increase the body's resistance to disease and stress, building strength and reducing fatigue.

**Sebum** - the skin's natural oil.

**Surfactant** – a substance which reduces surface tension, enabling to penetrate their target.

**Trace Minerals** – minerals that are required by the body in minute quantities.

**Vitamin C** – necessary to get the best out of MSM and critical for collagen production. Also useful for its other well-known benefits. Important for immune system and antiviral function.

## TOUCH OF FOREVER COMBO



PRODUCT #001  
2.000 C.C

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We are Creating Greatness