# Lab 3 Worksheet: Peripheral Circulation and The Dive Response

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#### Instructions - Individual Worksheet

- Please pay attention to the **intellectual content** contained in each section of this **worksheet**.
- Our goal here is the practice logically laying out our ideas focusing on physiological mechanisms.
- Sections (1) and (2) together are designed to guide you to building strong hypotheses, and (3) and (4) are mini-results and mini-discussion sections, respectively.
- You may use the Word template or just type up your worksheet for submission. Include the statements of purpose below. For section 2 demonstrate your understanding by writing a brief sentence for what you would expect to see in the data. Be concise, to the point (no extra words)! The Results and Discussion are in paragraph form.
- Notice how much we are emphasizing brief, concise, to the point!, and relevant. Right, Relevant, Righteous!

#### (1) Statements of Purpose

#### 🕊 Tip

In a scientific paper, the introduction builds to a statement of purpose (or hypotheses) in the final paragraph of the intro. The statements you see below are examples appropriate here. Study them as examples to fill in the blanks and for future experiments where you will have to write your own. Notice that the physiological mechanisms and the associated variables are clearly stated, along with the hypothesized relationship between them (and experimental design if you can!). In a full paper (or lab report), you would introduce the mechanisms and connect the dots to the hypotheses in the paragraphs above.

#### Use these statements of purpose to frame your thinking about this lab, complete them as needed:

Distance from heart – "We demonstrate the predicted drop in blood pressure with distance from the central pump. We explore whether there is a greater drop in systolic or diastolic pressure with distance" (in a full lab report you would set up your ideas for why it might go either way).

Effect of gravity – "We demonstrate the action of gravity on blood pressure. As vertebrates possess a closed circulatory system, vertical height should contribute to blood pressure in predictable ways."

| Dive response – "When diving, peripheral circul | ation should be reorganized to reduce cardiac |
|---|---|
| output and increase peripheral vasoconstriction | , called the dive response. We aim to observe |
| the dive response by measuring                  | ,"<br>•                                       |

Stimulus for dive response – "We will test potential triggers for the dive response including

### (2) Concept check: demonstrate your understanding

# How will we evaluate the hypotheses?

What do you expect to see in the data if the hypothesis is true (if these mechanisms are occurring)? Be specific and relate back to observable parameters: (and relate to controls or confounding parameters, if appropriate). Write a brief sentence for each:

- Distance from heart
- Effect of gravity
- Dive response

• Stimulus for dive response

#### (3) Mini Results

Display your results by including either a figure or a table for each important result (remember to design each to address a hypothesis). You may work together with your group to produce the figures or tables. Write a paragraph for the results with ~one sentence pointing out what your data actually shows for each display item (refer in-text to each figure).

#### (4) Mini Discussion:

Wrap-up: In paragraph form, briefly Discuss the main take-aways that you learned from these experiments on peripheral circulation and the dive response. Use specific results that back up your statements or speculate on the significance of the results. Organize by hypotheses above.

**Individual assignment.** Text must be your own, but you may work together with your group to produce figures/tables. You may edit this sheet. Submit by hard copy next week.