		DCUP CAFÉ		Bev Me	vera	des bois	sons p	rinci	Beverage Menu - Nutritional Values Menu des boissons principales - Valeurs nutritionnelles										
	Product Name Nom du produit	2% skim/écrémé soy/soya almond/amande	sos Size/taille	Calories / calories / calories	3.5 0 3.2.5	0 0 0 0 8 Saturated Fat/ gras saturés (g)	0 0 0 0 Trans Fat/Gras	Carbohydrate/ Glucides (g)	1 0 0 Fibre/Fibres (g)	O G G Sugars/Sucres (g)	Protein/ Protéines(g)	O O G Cholesterol/	mipoS/mnipoS 85 90 95 95	Potassium (%*)	20% 20% 25% 25%	lcon/Fer (%*)			
	Caffé Latte	coconut/lait de coco 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé soy/soya soy/soya soy/soya	8 oz 12 oz 16 oz 20 oz 16 oz 20 oz 16 oz 20 oz 16 oz 12 oz 16 oz 20 oz	80 120 160 200 90 110 140 80 100 130	4 4.5 6 7 0 0 0 3 3.5 4.5	2.5 3.5 4 0 0 0 0 0 0.5	0 0.2 0.2 0.3 0 0 0 0	9 12 15 19 13 16 20 9 12 15	0 0 0 0 0 0 0 1 1	11 14 17 11 15 18 6 8 10	8 10 13 8 10 13 4 6 7	20 25 30 5 5 5 0 0	105 95 125 160 100 130 160 180 230 280		0% 25% 35% 40% 25% 35% 40% 2% 2% 2%	2% 2% 4% 4% 0% 0% 2% 4% 6%			
		almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco 2% 2%	12 oz 16 oz 20 oz 12 oz 16 oz 20 oz 12 oz 16 oz	35 50 60 90 110 140 190 280	3 3.5 4.5 4.5 6 7 6 8	0 0 0 4.5 6 7 4.5 6	0 0 0 0 0 0 0 0	2 3 4 10 13 16 28 41	1 1 1 0 0 0 0	0 0 0 0 0 0 23 33	1 1 2 1 1 2 7 9	0 0 0 0 0 0 0 0	110 140 180 120 150 190 160 230		25% 35% 40% 0% 0% 0% 25% 40%	2% 4% 4% 2% 4% 4% 0% 2%			
	illa Bean Latte/Vanillatte	2% skim/écrémé skim/écrémé skim/écrémé soy/soya soy/soya soy/soya almond/amande almond/amande	20 oz 12 oz 16 oz 20 oz 12 oz 16 oz 20 oz 12 oz 16 oz	360 170 240 310 160 230 300 130 190	11 2.5 3.5 5 4.5 6 8 4.5 6	8 2 3 4.5 0 3.5 5 2.5 3.5	0.1 0 0 0 0 0 0 0	54 29 42 55 26 38 50 20 31	0 0 0 0 0 0 0 1 1	43 24 34 44 19 28 37 14 21	11 7 9 11 4 5 6 1	25 5 5 0 0 0 0	300 170 240 310 210 300 380 160 230		50% 25% 40% 50% 8% 10% 15% 25% 40%	2% 0% 2% 2% 2% 4% 4% 4% 4%			
	Var	almond/amande coconut/lait de coco coconut/lait de coco coconut/lait de coco 2% 2% 2% skim/écrémé skim/écrémé	20 oz 12 oz 16 oz 20 oz 12 oz 16 oz 20 oz 12 oz 16 oz 16 oz	250 170 240 320 260 340 430 230 300	8 6 8 11 8 10 13 4 5	4.5 6 8 10 6 8 9 3.5 4.5	0 0 0 0 0.1 0.1 0.1 0	41 27 40 52 41 54 67 42 55	1 0 0 0 0 0 0 0	29 21 30 40 33 44 54 34 44	2 1 1 2 7 9 11 7 9	0 0 0 0 15 20 25 5	300 170 240 310 210 280 360 220 290	9% 11% 14% 9% 12%	50% 6% 10% 15% 27% 35% 42% 27% 35%	4% 0% 2% 2% 1% 1% 2% 1% 1%			
	Caramel Corretto®/Corretto® caran	skim/écrémé soy/soya soy/soya soy/soya almond/amande almond/amande almond/amande coconut/lait de coco	20 oz 12 oz 16 oz 20 oz 12 oz 16 oz 20 oz 12 oz 16 oz	380 220 300 370 190 250 310 230 310	7 6 8 10 6 8 10 8	6 4 5 6 4 5 6 7 10	0 0 0 0 0 0 0	68 39 51 63 33 43 54 40 52	0 0 0 0 1 1 1 0	55 30 39 48 25 32 40 31 41	11 4 5 7 1 1 2 1 2	5 0 0 0 0 0 0	360 260 350 440 210 280 350 220 290	15% 3% 4% 5% 3% 4% 5% 5% 5%	42% 10% 12% 15% 27% 35% 42% 8% 10%	2% 2% 3% 4% 2% 3% 4% 1%			
		coconut/lait de coco Oat/lait d'avoine Oat/lait d'avoine Oat/lait d'avoine 2% 2% 2% skim/écrémé skim/écrémé	20 oz 12 oz 16 oz 20 oz 12 oz 16 oz 20 oz 12 oz 16 oz	380 300 400 490 330 410 490 300 370	13 10 13 16 17 20 22 13 15	12 4.5 6 7 12 14 15 10	0 0 0 0 0.4 0.4 0.5 0.3	64 49 65 81 38 49 61 38 50	0 0 0 6 1 1 2 1	51 27 35 43 32 42 51 33 43	2 3 4 6 8 11 13 8 11	0 0 0 0 45 50 55 35	370 250 330 410 260 350 440 270 350	10% 7% 10% 13%	13% 12% 15% 19% 35% 45% 35% 45%	2% 4% 6% 7% 8% 10% 15% 8% 10%			
	Moccaccino*	skim/écrémé soy/soya soy/soya soy/soya almond/amande almond/amande almond/amande coconut/lait de coco	20 oz 12 oz 16 oz 20 oz 12 oz 16 oz 20 oz 12 oz	440 290 360 430 260 320 380 300	16 16 18 20 16 18 20 17	12 10 11 12 10 11 12 13	0.4 0.3 0.4 0.3 0.3 0.4 0.3	63 35 46 58 30 39 48 36	2 1 1 2 2 2 2 2 3 1	52 28 37 45 23 30 37 30	13 6 7 9 3 3 4 3	35 30 30 30 30 30 30 30	440 310 420 520 260 350 430 270		50% 15% 20% 20% 35% 45% 50% 10%	15% 10% 15% 20% 10% 15% 20% 8%			
R À ESPRESSO	cino	coconut/lait de coco coconut/lait de coco 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé skim/écrémé	16 oz 20 oz 12 oz 16 oz 20 oz 16 oz 12 oz 16 oz 20 oz 16 oz 20 oz 12 oz	380 450 110 150 170 70 110 120 80	20 22 4 6 7 0 0 0 3.5	16 18 2.5 4 4.5 0 0 0.5 0.5	0.3 0.4 0.1 0.2 0.2 0 0 0	48 59 10 14 16 10 16 18 7	1 2 0 0 0 0 0 0	39 48 10 14 16 9 15 17 5	3 4 7 10 11 7 11 12 5	30 30 15 25 25 0 5 5	360 450 100 135 160 110 170 200 110		15% 20% 25% 35% 35% 15% 35% 30% 25%	10% 15% 2% 2% 2% 2% 2% 2% 2% 6%			
SPRESSO BAR/BAR	Cappuc	soy/soya soy/soya almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco none/aucun	16 oz 20 oz 12 oz 16 oz 20 oz 12 oz 16 oz 20 oz Single	110 120 35 50 60 90 110 140	5 5 3 3.5 4.5 4.5 6 7	0.5 1.5 0 0 0 4.5 6 7	0 0 0 0 0 0 0	10 11 2 3 4 10 13 16	1 1 1 1 1 0 0 0	7 8 0 0 0 0 0	8 9 1 1 2 1 1 2 0.1	0 0 0 0 0 0 0	150 180 110 140 180 120 150 190		40% 40% 25% 35% 40% 0% 0% 0%	8% 10% 2% 4% 4% 2% 4% 4% 0%			
	Macchiato Con	none/aucun none/aucun none/aucun none/aucun 2% 2% skim/écrémé skim/écrémé	Double Single Double Single Double Single Double Double Single Double	10 5 10 70 70 20 20 10	0.2 0.1 0.2 16 16 0.5 1 0 0.5	0.1 0 0.1 10 10 0.4 0.5 0 0.1	0 0 0 0.3 0.3 0 0 0	2 1 2 6 6 1 1 2 2	0 0 0 0 0 0 0	0 0 0 2 2 2 1 1 1 2 2	0.1 0.1 0.1 2 2 1 1 1	0 0 0 20 20 0 0 0	13 6 13 35 40 20 25 20 25		0% 0% 0% 4% 4% 4% 4% 2% 2%	0% 0% 0% 0% 0% 0% 0% 0% 0% 0% 0%			
	e Espresso N	soy/soya soy/soya almond/amande almond/amande coconut/lait de coco coconut/lait de coco 2% 2% 2%	Single Double Single Double Single Double 8 oz 12 oz	10 10 10 10 15 15 290 370	0.5 1 0 0 0.5 0.5 16 18	0.1 0.2 0 0 0.5 0.5 11 13	0 0 0 0 0 0 0 0	1 1 1 1 2 2 2 34 45	0 0 0 0 0 0 0	1 1 0 0 1 1 1 28 39	1 1 0 0 0 0 0	0 0 0 0 0 0 0 45 45	20 25 20 25 20 25 20 25 260 310 390		4% 4% 4% 4% 0% 0% 0% 25% 35% 45%	0% 0% 0% 0% 0% 0% 0% 8% 10%			
	e*/Chocolat chaud classiqu	2% skim/écrémé skim/écrémé skim/écrémé skim/écrémé skim/écrémé soy/soya soy/soya soy/soya	16 oz 20 oz 8 oz 12 oz 16 oz 20 oz 8 oz 12 oz 16 oz 16 oz	450 520 280 330 410 480 280 340 400	21 23 12 15 16 17 14 17	15 16 9 11 12 13 9 11 12	0.4 0.5 0.3 0.4 0.4 0.3 0.3 0.4	56 68 37 46 57 69 34 43 53	2 1 1 2 2 2 1 1 1 2	48 58 32 39 49 59 28 35 44	14 8 9 11 14 5 6 7	50 55 30 35 35 35 25 30 30	470 260 310 400 480 300 360 460		60% 25% 35% 45% 60% 15% 15% 20%	15% 8% 10% 15% 15% 10% 15%			
	Classic Hot Chocolat	soy/soya almond/amande almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco coconut/lait de coco coconut/lait de coco	20 oz 8 oz 12 oz 16 oz 20 oz 8 oz 12 oz 16 oz 20 oz	470 240 300 360 410 290 350 410 480	21 14 17 19 21 16 18 21 23	14 9 11 12 13 12 14 17	0.4 0.3 0.3 0.4 0.4 0.3 0.3 0.4 0.4	64 28 37 46 55 35 44 55 66	2 2 3 3 1 1 2 2	52 23 30 37 44 30 37 46 55	9 3 3 4 4 3 3 4 4	30 25 30 30 30 25 30 30 30	560 250 310 390 470 260 320 400 490		25% 35% 35% 45% 60% 10% 15% 20% 25%	20% 10% 15% 15% 20% 8% 10% 15%			
	colat chaud blanc*	2% 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé skim/écrémé skim/écrémé	8 oz 12 oz 16 oz 20 oz 8 oz 12 oz 16 oz 20 oz 8 oz	310 390 480 560 290 370 440 510 290	17 21 24 27 15 17 19 21 16	12 15 18 20 11 13 15 16 11	0.4 0.4 0.5 0.5 0.3 0.4 0.4 0.4 0.3	34 45 56 68 34 46 57 69 34	0 0 0 0 0 0 0	28 38 48 57 28 39 49 59	5 8 10 12 5 8 10 12 5	45 45 50 55 40 35 35 35 25	220 310 390 480 220 310 400 480 300		25% 35% 45% 60% 25% 35% 45% 60% 10%	0% 0% 2% 2% 0% 2% 2% 2% 2% 2% 2%			
	White Hot Chocolate*/Cho	soy/soya soy/soya soy/soya almond/amande almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco	12 oz 16 oz 20 oz 8 oz 12 oz 16 oz 20 oz 8 oz 12 oz	360 430 500 260 330 390 450 300 370	19 22 24 16 19 22 24 18 21	13 15 17 11 13 15 17 14	0.4 0.4 0.3 0.4 0.4 0.4 0.3 0.4	43 54 64 28 37 46 55 35 44	0 0 0 1 1 1 1 0	35 43 51 23 30 36 43 29 36	5 6 8 2 2 3 3 2 2	30 30 30 25 30 30 30 25 30	360 460 560 250 310 390 470 260 320		15% 20% 20% 30% 35% 45% 60% 10% 15%	2% 4% 4% 2% 4% 4% 4% 4% 2% 2%			
	a la vanille*	coconut/lait de coco coconut/lait de coco 2% 2% 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé	12 oz 16 oz 20 oz 8 oz 12 oz 16 oz 20 oz 8 oz 12 oz 16 oz 12 oz 16 oz	370 440 520 290 380 450 530 260 350 410	21 24 27 16 18 20 23 13 14 16	17 20 23 11 13 14 16 9 10 12	0.4 0.4 0.4 0.4 0.4 0.5 0.3 0.3 0.4	44 55 66 34 47 58 70 30 48 59	0 0 0 1 1 1 1 1 1	36 45 54 28 39 49 59 25 40 50	2 3 3 6 8 11 13 6 8 11	30 30 30 40 45 50 55 40 35 35	320 400 490 230 270 350 420 220 270 360		15% 15% 20% 25% 35% 45% 60% 25% 35% 45%	2% 2% 6% 6% 8% 6% 6% 6% 6%			
	Vanilla Bean Hot hocolate*/Chocolat chaud à la	skim/écrémé skim/écrémé soy/soya soy/soya soy/soya soy/soya almond/amande almond/amande almond/amande	16 oz 20 oz 8 oz 12 oz 16 oz 20 oz 8 oz 12 oz 16 oz 12 oz 16 oz 20 oz	410 480 260 340 400 470 250 310 360 420	16 17 15 16 18 20 14 16 18 20	12 13 9 11 12 13 9 11 12 13	0.4 0.3 0.3 0.4 0.4 0.3 0.3 0.4 0.4	59 72 28 45 55 67 29 39 48 57	1 1 1 1 1 1 1 2 2	50 60 22 36 44 53 23 31 38 45	11 13 5 5 7 8 2 2 2 3 3	35 35 35 30 30 30 25 30 30 30	360 420 220 320 420 500 230 270 350 410		45% 60% 25% 15% 20% 25% 35% 35% 45% 60%	8% 10% 8% 10% 10% 8% 8% 10%			
	ea/ Coffee/ 'hé Café Choc	coconut/lait de coco coconut/lait de coco coconut/lait de coco coconut/lait de coco none/aucun none/aucun none/aucun	8 oz 12 oz 16 oz 20 oz 12 oz 16 oz 20 oz 12 oz	420 290 350 420 490 5 5 5 0	20 16 18 21 23 0.1 0.1 0.1	13 12 14 16 19 0 0 0 0	0.3 0.3 0.4 0.4 0 0 0	57 36 46 57 69 0 0 0	2 1 1 1 1 0 0 0 0	45 30 37 46 56 0 0 0 0	3 2 2 3 3 0 1 1 0 0	30 25 30 30 30 0 0 0	240 280 360 430 5 10 10		10% 15% 20% 20% 0% 0% 2%	6% 6% 8% 8% 0% 0% 0%			
	lon Fog Thé	none/aucun 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé soy/soya soy/soya	16 oz 20 oz 12 oz 16 oz 20 oz 16 oz 12 oz 16 oz 20 oz 16 oz 16 oz 16 oz	0 0 210 290 370 160 230 290 220 300	0 0 6 8 10 0.5 0.5 1 6 8	0 0 3.5 5 6 0.3 0.5 0.5 0.5	0 0.2 0.3 0.4 0 0 0	0 0 28 40 51 29 40 52 29 41	0 0 0 0 0 0 0 0 0 4 5	0 0 13 20 27 27 38 49 15 22	0 0 10 14 17 11 14 18 14 19	0 0 25 30 40 5 5 10 0	0 0 160 210 260 160 210 270 170 230		0% 0% 35% 45% 60% 35% 45% 60% 10% 15%	0% 0% 2% 2% 2% 0% 2% 2% 2% 2% 35%			
	Popuo	soy/soya almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco coconut/lait de coco	16 oz 20 oz 12 oz 16 oz 20 oz 12 oz 16 oz 20 oz 12 oz	380 70 100 120 140 180 210	8 10 0.5 1 1 4 5 7	1 0 0.1 0.1 4 5 7	0 0 0 0 0 0 0	52 16 21 26 24 33 36 30	5 7 0 0 0 0 0 0	29 16 21 26 24 31 35	19 23 0.2 0.2 0.3 1 1 1	0 0 0 0 0 0 0 0	280 20 30 55 100 130 170		20% 6% 8% 10% 0% 0% 0%	40% 0% 0% 0% 2% 2% 2%			
NSIONS	atte/Latte au thé chai	2% 2% skim/écrémé skim/écrémé skim/écrémé soy/soya soy/soya soy/soya almond/amande	16 oz 20 oz 12 oz 16 oz 20 oz 12 oz 16 oz 20 oz 16 oz 20 oz 16 oz	250 310 160 210 260 150 200 250 115	5 6 0 0 0 2.5 3 4 2.5	3 4 0 0 0 0 0 0 0.5	0.2 0.3 0 0 0 0 0 0	40 50 31 41 51 28 37 46 22	0 0 0 0 0 1 1 1	40 50 31 41 51 26 35 44 21	9 11 7 9 11 4 5 6 1	20 25 5 5 5 0 0 0	100 125 80 105 130 140 190 240 85		30% 40% 25% 30% 40% 2% 2% 2% 2% 2%	2% 2% 0% 0% 0% 4% 4% 6% 2%			
EW BAR/BAR À INF	te miel et Chai L	almond/amande almond/amande coconut/lait de coco coconut/lait de coco 2% 2% 2% skim/écrémé	16 oz 20 oz 12 oz 16 oz 20 oz 12 oz 16 oz 20 oz 16 oz 20 oz 16 oz	155 195 160 210 260 210 240 320 180	3 4 4 5 6 7 9 2.5	0 0 4 5 6 4 5 7 2	0 0 0 0 0 0.1 0.1 0.1	29 36 29 38 48 34 36 49 34	1 1 0 0 0 0 0 0	28 35 21 28 35 29 32 42 30	1 1 1 1 1 7 9 11 7	0 0 0 0 0 15 20 25 5	115 140 95 125 160 160 190 250 160		30% 40% 0% 0% 0% 25% 35% 45% 25%	2% 2% 2% 2% 2% 0% 0% 0% 0%			
BRE	ey Vanilla Tea Latte/Thé latr vanille	skim/écrémé skim/écrémé soy/soya soy/soya soy/soya almond/amande almond/amande almond/amande	16 oz 20 oz 12 oz 16 oz 20 oz 12 oz 16 oz 20 oz 16 oz 20 oz	200 280 180 200 260 140 150 210	2.5 3.5 4.5 5 7 4.5 5 7 6	2 3 2.5 2.5 4 2.5 2.5 3.5 6	0 0 0 0 0 0 0	37 50 31 34 45 26 26 36 36 32	0 0 0 0 0 1 1 1	33 43 25 27 36 21 21 28 27	9 11 4 5 6 1 1 1	5 5 0 0 0 0 0 0	190 260 210 250 330 150 180 240 160		35% 45% 8% 8% 10% 25% 35% 45% 6%	0% 0% 2% 2% 2% 2% 2% 2% 2% 0%			
	é vert matcha	coconut/lait de coco 2% 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé	16 oz 20 oz 12 oz 16 oz 20 oz 12 oz 16 oz 20 oz	210 280 200 230 300 160 190 250	7 10 5 6 7 0.1 0.1 0.1	7 9 3 3.5 4.5 0 0	0 0 0.1 0.1 0.1 0 0	35 47 30 33 46 31 35 47	0 0 1 1 1 1 1	29 39 27 29 40 28 31 41	1 2 9 11 14 9 11 14	0 0 20 25 30 5 5	200 260 115 140 170 120 150 180	7% 10% 12% 9% 11% 13%	6% 10% 23% 31% 38% 23% 31% 38%	0% 0% 3% 3% 4% 3% 3% 4%			
	atcha Tea Latte/Latte au th	soy/soya soy/soya soy/soya almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco coconut/lait de coco	12 oz 16 oz 20 oz 12 oz 16 oz 20 oz 16 oz 20 oz	150 170 230 110 120 170 170 190 250	3 3.5 4.5 3 3.5 4.5 5 6 7	0.5 0.5 0.3 0.4 0.4 5 6 7	0 0 0 0 0 0 0	28 30 41 20 20 30 29 31 43	1 1 2 2 2 2 1 1 1	22 24 33 15 15 23 24 26 36	5 6 8 1 2 2 1 2 2	0 0 0 0 0 0 0	180 230 270 110 140 170 125 160 190	1% 1% 1% 1% 1% 1% 4% 4% 5%	2% 3% 4% 23% 31% 38% 2% 2% 2%	4% 4% 4% 4% 6% 3% 3% 4%			
	spresso	oat/lait d'avoine oat/lait d'avoine oat/lait d'avoine 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé	12 oz 16 oz 20 oz 12 oz 16 oz 22 oz 16 oz 16 oz 22 oz	260 300 380 280 300 420 270 280 400	8 10 12 9 10 14 8 8 12	1 1.5 8 8 12 7 7 7	0 0 0.1 0.1 0.1 0 0	42 47 63 47 48 67 47 49 68	1 1 0 0 0 0 0	18 19 27 36 37 52 36 38 53	4 5 7 3 4 6 3 4 6	0 0 0 5 10 10 0 5 5	160 200 240 290 300 430 290 300 430	6% 7% 10% 6% 7% 11% 7% 9% 12%	6% 8% 10% 17% 19% 27% 17% 19% 27%	7% 8% 11% 2% 2% 2% 2% 2% 2% 2%			
	Espresso Frappé/Frappé I	soy/soya soy/soya soy/soya almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco coconut/lait de coco	12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 12 oz 16 oz 22 oz	270 280 400 260 260 370 270 280 400	9 9 13 9 9 13 9 10 14	7 8 11 7 7 11 9 9	0 0 0.1 0 0 0.1 0 0	46 47 66 44 44 62 46 48 66	0 0 0 0 0 0 0	35 36 50 33 33 47 35 36 51	2 3 4 1 1 2 1 1 2	0 0 0 0 0 0 0	300 330 460 290 300 430 290 310 430	5% 5% 7% 5% 7% 5% 6% 9%	12% 12% 17% 17% 19% 27% 12% 12% 12%	2% 2% 2% 2% 3% 2% 2% 2% 2% 2%			
	é Moka	Oat/lait d'avoine Oat/lait d'avoine Oat/lait d'avoine 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé skim/écrémé	12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 22 oz 16 oz 22 oz	300 320 450 260 270 380 250 260 360 240	10 11 16 7 7 11 6 6 8 6	8 11 6 6 9 5 5 7 5	0 0 0.1 0 0.1 0.1 0 0	50 52 73 46 48 67 47 48 67 46	0 0 0 0 0 0 0 0	34 34 48 37 39 54 37 39 55 36	3 3 4 5 7 4 5 7 3	0 0 5 10 10 0 5 5 5	300 320 450 290 300 430 290 300 430 300	6% 7% 11% 10% 11% 15% 10% 11% 7%	13% 13% 19% 19% 23% 31% 23% 31% 13%	3% 3% 4% 10% 10% 14% 10% 14% 10%			
	Mocca Frappé/Frapp	soy/soya soy/soya almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco coconut/lait de coco Coconut/lait de coco	16 oz 22 oz 12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 22 oz	250 360 230 240 340 250 260 360 270	7 10 6 7 10 7 7 11 8	5 7 5 5 7 6 7 10 5	0 0 0 0 0 0 0	47 65 44 44 61 46 47 66 49	0 0 2 2 1 0 0 3	37 52 34 34 48 36 38 53 35	4 5 2 2 3 2 2 3 3	0 0 0 0 0 0 0	330 460 230 300 430 290 310 430 300	7% 12% 7% 7% 12% 9% 9% 13% 10%	13% 19% 19% 23% 31% 13% 13% 19%	10% 14% 10% 10% 14% 10% 14% 10% 11%			
	Caramel	Oat/lait d'avoine Oat/lait d'avoine 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé skim/écrémé	16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 12 oz 16 oz 22 oz 16 oz 22 oz	290 410 270 290 400 260 270 390 260	9 12 6 7 10 5 5 8 6	5 8 5 6 8 4.5 4.5 7	0 0 0 0.1 0.1 0 0 0	52 72 51 52 73 51 53 74 50	0 0 0 0 0 0 0	35 50 39 40 56 39 40 57 37	3 5 3 4 5 3 4 5	0 0 5 10 10 0 0 5	320 450 220 230 330 220 240 330 240	10% 14% 5% 6% 10% 6% 6% 10% 4%	15% 23% 17% 23% 31% 17% 23% 31% 13%	11% 17% 1% 1% 1% 2% 1% 1% 2% 2% 2%			
	Caramel Frappé/Frapp	soy/soya soy/soya almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco coconut/lait de coco Coconut/lait de coco	16 oz 22 oz 12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 22 oz	270 380 250 250 360 260 270 390 290	6 9 6 6 9 6 7 10 7	5 7 5 5 7 6 7 9	0 0 0 0 0 0 0	51 72 48 48 68 50 52 72 54	0 0 0 0 0 0 0	38 54 36 36 51 38 39 55 37	3 3 1 1 2 1 1 2 2	0 0 0 0 0 0 0	260 360 220 230 320 220 240 330 230	4% 5% 4% 4% 5% 5% 5% 7% 5%	13% 17% 17% 23% 31% 12% 12% 17%	2% 3% 2% 2% 3% 1% 1% 2%			
	pé Vanille	Oat/lait d'avoine 2% 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé	16 oz 22 oz 12 oz 16 oz 22 oz 12 oz 16 oz 22 oz	310 430 270 280 400 260 270 380	8 12 6 7 10 5 5 7	5 7 5 6 8 4.5 4.5 7	0 0 0.1 0.1 0 0	56 79 50 52 72 51 52 73	0 0 0 0 0 0 0	37 52 37 39 55 38 39 55	2 3 3 4 5 3 4 5	0 0 5 10 10 0 0 5	250 350 210 230 320 220 230 320	6% 9% 5% 6% 9% 5% 6% 10%	13% 19% 17% 19% 27% 17% 19% 27%	3% 4% 1% 1% 2% 1% 1% 2%			
	Vanilla Bean Frappé/Frap	soy/soya soy/soya soy/soya almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco coconut/lait de coco	12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 16 oz 22 oz	260 270 370 250 250 350 260 270 380	6 9 6 6 9 6 7 10	4.5 4.5 7 4.5 4.5 7 6 6 6 9	0 0 0 0 0 0 0	50 51 71 48 48 67 50 51 72	5 0 0 0 0 0 0	36 37 52 35 35 49 37 38 53	2 3 3 1 1 1 1 1	0 0 0 0 0 0 0	230 250 350 210 230 320 220 230 320	4% 4% 5% 4% 5% 5% 5% 5% 7%	12% 13% 17% 17% 19% 27% 12% 12% 17%	2% 2% 3% 2% 2% 3% 1% 1% 2%			
	Flash Cold Brew, Brew,	Oat/lait d'avoine Oat/lait d'avoine Oat/lait d'avoine none/aucun none/aucun none/aucun none/aucun none/aucun	12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 16 oz 22 oz	280 300 420 15 20 35 40 70 110	7 8 11 0.3 0.4 0.5 0.3 0.4 0.5	4.5 5 7 0 0.2 0.4 0 0.2 0.4	0 0 0 0 0 0 0	53 56 78 3 4 6 10 17 26	0 0 0 0 0 0	35 36 50 0 0 0 7 13 20	2 2 3 0 0 0 0	0 0 0 0 0 0 0	230 250 340 10 10 15 10 10	5% 6% 9%	13% 13% 19% 0% 0% 2% 0% 0% 2%	2% 3% 4% 2% 4% 2% 4% 2% 4% 4%			
	Flash Flash Cold Cold Flash Brew, Cold Mocca Vanilla Brew, /Café Bean Oat/lait glacé Flash Glacé Moka, Flash,	none/aucun none/aucun none/aucun none/aucun none/aucun none/aucun none/aucun none/aucun	12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 16 oz 22 oz	100 100 200 90 90 190 130 140 250	2.5 2.5 4.5 2.5 2.5 5 4.5 5	2 4 2.5 2.5 2.5 4.5 2.5 2.5 5	0 0 0 0 0 0 0	19 19 38 17 17 34 21 24 43	0 0 0 1 1 1 0 0	14 14 29 14 14 28 14 15 29	0.4 0.5 1 1 2 2 2 2 4	0 0 0 0 0 0 0	75 75 150 110 115 220 150 160 290	6% 6% 11%	6% 6% 15% 8% 8% 15% 8% 8%	0% 0% 0% 6% 6% 10% 6% 6%			
	ffè Latte glacé	none/aucun none/aucun 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé	12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 16 oz 22 oz	5 10 10 120 140 180 90 100 130	0.1 0.2 0.2 4.5 5 7 0 0	0 0.1 0.1 2.5 3 4 0 0	0 0 0 0.2 0.2 0.3 0 0	1 2 1 12 14 17 13 15	0 0 0 0 0 0 0 0	0 0 2 11 12 15 11 13 16	0.1 0.1 0 8 9 12 8 9 12	0 0 0 20 20 25 5 5	6 13 35 95 115 150 100 120 150		0% 0% 2% 25% 30% 40% 25% 30% 40%	0% 0% 2% 2% 2% 4% 0% 0% 0% 2%			
iLACÉS	lced Caffè Latte/Caff	soy/soya soy/soya soy/soya almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco coconut/lait de coco	12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 16 oz 22 oz	80 90 120 35 45 60 90 100 130	3 3 4 3 3 4 4.5 5 7	0 0.5 0.5 0 0 0 4.5 5	0 0 0 0 0 0 0	9 11 14 2 3 4 10 12 15	1 1 1 1 1 1 0 0	6 7 9 0 0 0 0	4 5 6 1 1 1 1 1	0 0 0 0 0 0 0	180 200 260 110 130 160 120 140 180		2% 2% 2% 25% 30% 40% 0% 0%	4% 4% 6% 2% 2% 4% 2% 2% 4% 4%			
BAR/MÉLANGES GL	n Latte/Vanillatte glacé	2% 2% 2% skim/écrémé skim/écrémé skim/écrémé soy/soya soy/soya soy/soya	12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 16 oz 22 oz	180 240 320 150 220 280 150 210 280	5 7 9 2.5 3.5 5 4 6 7	4 5 7 2 3 4.5 2.5 3.5 4.5	0.1 0.1 0.1 0 0 0 0	27 38 50 27 39 51 25 36 48	0 0 0 0 0 0 0	21 30 39 22 31 40 18 26 35	6 7 9 6 7 9 3 4 5	10 15 20 5 5 5 0 0	150 200 270 150 210 270 190 250 330		25% 30% 40% 25% 30% 40% 8% 10% 15%	0% 2% 0% 2% 2% 2% 2% 2% 2% 4%			
COLD B	ccino* Iced Vanilla Bec	almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco 2% 2% 2% 2%	12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 16 oz 22 oz	120 180 240 160 220 290 340 410 470	4 6 7 5 7 9 19 21 23	2.5 3.5 4.5 5 7 9 13 15	0 0 0 0 0 0 0 0.5 0.5	20 30 41 26 37 49 37 47 58	1 1 1 0 0 0 0	14 21 29 20 28 37 31 39 48	1 1 1 1 1 1 1 8 9	0 0 0 0 0 0 0 50 55 55	150 200 260 160 210 280 250 320 400		25% 30% 40% 6% 10% 15% 30% 35% 45%	2% 4% 0% 2% 2% 2% 10% 10% 15%			
	Moccaccino*/Moccac glacé	skim/écrémé skim/écrémé skim/écrémé soy/soya soy/soya soy/soya almond/amande almond/amande	12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 16 oz 22 oz	320 380 440 310 370 430 290 340 390	16 17 19 18 20 21 18 20 21	11 12 14 12 13 14 11 13	0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4	37 48 59 35 45 55 30 39 49	1 1 2 1 1 1 2 2 2 2 2	32 40 49 28 36 44 24 31 38	8 9 11 5 6 7 3 3	40 40 45 40 40 40 40 40	250 330 400 290 370 460 250 320 390		30% 35% 45% 15% 20% 20% 30% 35% 45%	10% 10% 15% 10% 15% 15% 10% 15%			
	orretto® caramel	coconut/lait de coco coconut/lait de coco coconut/lait de coco 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé	12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 16 oz 22 oz	320 380 440 370 430 500 340 410 470	19 21 23 19 21 23 16 17 19	14 16 18 13 15 16 11 12 14	0.4 0.4 0.5 0.5 0.5 0.4 0.4 0.4	36 46 57 43 54 66 43 55 67	1 1 2 0 0 0 0 0 0	30 38 46 35 44 53 36 45 54	3 3 4 7 8 9 7 8 9	40 40 40 50 55 55 40 45 45	260 330 410 210 260 320 210 270 330	7% 10% 13% 9% 11% 13%	15% 15% 20% 23% 31% 35% 23% 31% 35%	10% 10% 15% 1% 1% 2% 1% 1% 2%			
	lced Caramel Corretto®/Cor	skim/écrémé soy/soya soy/soya soy/soya almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco	22 oz 12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 12 oz 16 oz 22 oz	470 340 400 460 310 370 420 350 410 470	19 18 20 21 18 20 21 19 21 23	14 12 13 14 11 13 14 14 16 18	0.4 0.4 0.4 0.4 0.4 0.4 0.4 0.4	67 41 52 63 36 46 57 42 53 65	0 0 0 0 1 1 1 0 0	54 32 40 49 28 35 43 34 42 51	9 4 5 6 2 2 2 2 2 2	45 40 40 40 40 40 40 40 40	330 250 310 380 210 260 320 210 270 330	13% 4% 5% 6% 4% 5% 6% 7% 9%	35% 10% 13% 15% 23% 31% 35% 10% 12% 15%	2% 2% 3% 2% 2% 3% 2% 3% 1% 2%			
	i Frappé	2% 2% 2% skim/écrémé skim/écrémé skim/écrémé soy/soya soy/soya	12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 12 oz 16 oz	300 310 360 290 300 340 290 300	5 6 7 4.5 4.5 4.5 5 5	18 4.5 5 5 4 4 4 4 4	0 0.1 0.1 0 0 0 0	57 59 67 58 59 68 57 58	0 0 0 0 0 0	51 52 61 51 53 61 50 51	2 3 4 5 3 4 5 2 2 2	40 5 10 10 0 0 5 0 0	170 190 200 170 190 200 190 210	7%	15% 20% 25% 15% 20% 25% 10%	0% 0% 0% 0% 0% 0% 2% 2%			
	1ppé	soy/soya almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco 2% 2%	22 oz 12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 12 oz 16 oz	340 280 280 310 290 300 340 210 240	6 5 5 6 6 6 7 3 4.5	4 4 4 4 5 6 6 1.5 2.5	0 0 0 0 0 0 0 0 0	66 55 55 62 57 58 67 39 41	0 0 0 0 0 0 0	59 48 48 55 50 52 60 39 41	3 1 1 1 1 1 1 6 8	0 0 0 0 0 0 0 0	230 170 180 200 170 190 210 60 85		10% 15% 20% 25% 10% 10% 10% 25%	2% 2% 2% 2% 0% 0% 0% 4% 4%			
	Frappé/Thé vert matcha fro	2% skim/écrémé skim/écrémé skim/écrémé skim/écrémé soy/soya soy/soya soy/soya almond/amande almond/amande	10 oz 22 oz 12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 22 oz 16 oz 16 oz	340 180 200 290 180 200 280 150 160	4.5 6 0 0 0 2 2.5 3.5 2 2.5	2.5 3 0 0 0 0 0 0 0.5 0	0.2 0.2 0 0 0 0 0 0 0	41 60 40 42 61 37 39 57 33 32	0 0 0 0 1 1 1 1	59 39 42 60 36 37 54 32 31	6 8 11 3 5 6 1	20 5 5 5 0 0 0 0	110 60 90 115 110 160 210 70 100		25% 30% 15% 25% 30% 2% 2% 2% 15%	4% 6% 2% 4% 4% 6% 8% 4% 4%			
	wed Iced Matcha Tea Fr Tea, Tea,	almond/amande coconut/lait de coco coconut/lait de coco coconut/lait de coco none/aucun none/aucun none/aucun	22 oz 12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 12 oz	230 180 200 290 0 0 0	3.5 3 4.5 6 0 0 0	0 0 3 4 5 0 0 0	0 0 0 0 0 0 0	48 38 40 58 0 0 0 7	1 1 0 0 0 0 0 0	46 37 38 56 0 0 0	1 2 1 1 2 0 0 0	O O O O O O O	100 130 75 105 140 0 0 0		30% 0% 0% 0% 0% 0% 0%	6% 4% 4% 6% 0% 0% 0%			
	Brewee	none/aucun 2% 2% 2% skim/écrémé skim/écrémé skim/écrémé skim/écrémé skim/écrémé	16 oz 22 oz 12 oz 16 oz 22 oz 16 oz 12 oz 16 oz 22 oz 16 oz 22 oz	50 80 370 510 700 350 480 670 360	0 0 13 15 23 11 11 19 13	0 0 8 9 14 7 7 12 7	0 0.3 0.4 0.5 0.3 0.3 0.5 0.3	13 20 55 82 108 56 82 109 54	0 0 3 4 5 3 4 5 3	13 20 51 75 100 51 76 100 46 71	0 0 11 16 21 11 16 21 9	0 0 45 55 85 40 45 70 40	7 14 210 310 410 210 310 420 220 310		2% 2% 30% 45% 60% 30% 45% 60% 30%	0% 0% 20% 35% 45% 20% 35% 45% 30% 40%			
	FroCho®*/Che	soy/soya soy/soya almond/amande almond/amande almond/amande coconut/lait de coco coconut/lait de coco none/aucun	16 oz 22 oz 12 oz 16 oz 22 oz 12 oz 16 oz 22 oz 12 oz	490 680 350 460 570 370 500 630	14 23 15 16 17 16 17 19	7 7 12 9 9 9 11 12 14	0.3 0.5 0.4 0.4 0.4 0.4 0.4 0.4	79 105 50 73 97 54 80 106	5 6 3 5 6 3 4 5	71 94 45 66 87 50 73 96	15 19 7 10 13 7 10 13	40 40 65 40 40 40 40 40 40	310 420 210 300 400 210 320 420		45% 60% 30% 45% 60% 15% 20% 30%	40% 50% 25% 35% 45% 25% 35% 45% 0%			
	Italian Soda/Soda à l'italienne Stawberry Banana Glow Smoothie /Coup d'éclat banane et fraise Green Mango Boost Smoothie /Boost vert à la mangue	none/aucun none/aucun	12 oz 16 oz 22 oz 16 oz	110 140 210 330	0 0 0 5	0 0 0	0 0 0	27 36 54 69 79	0 0 0 7	27 36 54 50 59	0 0 0 5	0 0 0 5	0 0 0 36	10%	0% 0% 0% 8%	0% 0% 0% 4%			
		oat/lait d'avoine	16 oz	340 420	16	1.5	0	49 85	8 5	29 59	8 17	0	270	18%	30% 17%	15%			