Key:

Contains

O May Contain

WE CANNOT GUARANTEE A 100% ALLERGEN FREE ENVIORNMENT AS WE USE SHARED EQUIPMENT TO DISPLAY, PREAPRE AND SERVE.

Product	Calories	Egg	Fish	Milk	Peanut Shellfish	Soy	Tree Nuts	Wheat	Gluten Free	Vegetarian	Vegan	Cals From Fat	rotal Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
All Day Breakfast									U						F											_
Bacon Breakfast Roll	480	•		•		Т	Т	•		Т		197	22.2	14.2	0	203	773	34	1	6	0	16	0	150	0	62.7
Roasted Tomato Breakfast Roll	345	•		•	-			•		•		167	18.7	12.5	0	190	600	35	1.33	6.67	0	12.3	0	150	0.12	0
Vegan Breakfast Roll	430			_	-			•		Ť	•	192	21.5	8.75	0	0	985	42	2	5	0	17.5	0	120	1.35	0
Ham and Cheese Croissant	360	•		•		0	0	_		1		157	21.4	12.8	0	81	713	32	2	6	0	15.5	0	95	0.27	0
Turkey, Cheese & Fig on Multigrain Croissant	490	•	_	•		Ť	Ť	•		1		50	21	13	0	70	390	56	2	23	3	17		85	0.27	
Vegetarian Frittata Coppa	320	•	_	•		•		•		•		230	26	14	0	515	680	8	0	3	_	15				
Four Cheese Frittata Coppa	450	•		•	-	•		•		•		390	43	34	0	555	580	7	0	3		21				
Hard Boiled Eggs	130	•		T		1	T		•	•		75.5	8.37	2.25	0	327	125	0.63	0	0.33	0	11.1	72.2	49.3	1.54	121
Strawberry Yogurt Parfait	255			•				•		•		15	9.5	2	0	7.5	159	34	2.75	23	5	10.8	0	256	1.71	94
Blueberry Yogurt Parfait	150			•						•		15	1.5	1	0	5	95	29		25		7		225		
Dragonfruit Coconut Chia Overnight Oats	320					•	•	•			•	0	17	14	0	0	15	35	7	13	0	5	0	16	2	246
Product	Calories	Egg	Fish	Milk	Peanut Shellfish	Soy	Tree Nuts	Wheat	Gluten Free	Vegetarian	Vegan	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Pastries and Baked Goods																										
Cinnamon Bun	460	•		0		•	0	•		•			26	10	0	20	380	80	1	48	17	7	0	52	1	94
Butter Croissant	270	•		•		0	0	•		•		110	16	10	0	45	340	31	2	6	0	5	0	20	0	0
Pain au Chocolate	260	•		•		•	0	•		•		130	14	8	0.5	47	246	27	1	7	0	5	0	10	0.54	0
Pain au Raisin	310	•		•		0	0	•		•		120	13	9	0	50	290	42	2	18	0	5	0	20	0.72	0
Pistachio Muffin	430	•		•		0	•	•		•			20	3.5	0	70	370	55	0	30	29	6	2%	6%	4%	2%
Blueberry Muffin	380	•		•		0	0	•		•			12	2.5	0	45	170	30	0	17	15	3	2%	2%	2%	0%
Cinnamon Coffee Cake Muffin	430	•		•		•	0	•		•			19	4.5	0	70	350	60	0	35	34	5	0	6%	4%	2%
Chocolate Chip Muffin	420	•		•		•				•			18	5	0	70	360	60	1	36	35	5	2%	6%	4%	2%
Double Chocolate Chip Muffun	460	•		•		•	0	•		•			24	5	0	75	500	53	0	34	31	6	2%	4%	10%	4%
Pumpkin Muffin	370	•		•		0	_	•		•			15	3	0	65	340	53	1	30	28	5	0%	6%	6%	2%
Banana Bread	160	•		•		•	0	•		•			8	1	0	30	110	20	0	11		2		2%	2%	
Snickerdoodle Cookie (Christies)	300	•		•	0	0	_	•		•			11	7	0	55	250	46	1	24	24	4	0	20	2%	100
Oatmeal Raisin Cookie (Christies)	300	•		•		•		•		•			13	7	0	45	330	42	2	24	17	4	0			
Chocolate Chip Cookie (Christies)	330	•		•	0	•	0	•		•			15	9	0	40	280	43	2	27	26	4	0	20	1.6	140
Madeleines	470	•		•		0	_	•		•			27	19				50	1	32		6			L	
Strawberry Crown	330	0		•		0	_	_		•			19	8				36	1	12		5				
Almond Croissant	350	•		•		•		•		•			19	10	0	55	300	39	1	11	7	6	6%	2%	10%	2%
Cinnamon Kouign Amman	330	•		•		0	4	•		•			18	11	0	50	340	43	2	18	16	6	0%	4%	8%	2%
Cookie Butter Croissant	500	•		•		•	_	•		•			33	11		ļ	25	55	1	24	19	7			ــــــ	
Banana Nut Tea Bread	635	•		•		•	_	•		•			25	8	0	70	450	74	0	40	32	10			ــــــ	
Cranberry Orange Tea Bread	495	•	-	•		0	•	•		•			20		0	50	320	65	2	32	32	5			<u> </u>	
Everything Bagel Swirl	320	•		•				•	L	•			20	11	0	50	490	28	2	5	3	7			L	
Butter Crumb Cake	1200	•		•		•	1	•		•			60	25	0	100	1200	150	0	80	80	10	0%	0%	0%	0%

Product	Calories	Egg	Fish	Milk	Peanut Shellfish	Soy	Tree Nuts	Wheat	Gluten Free	Vegetarian	vegan	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Sandwiches																										
Chicken Pesto Provolone Ciabatta	580	П	П	•		•		•			1	210	25	10	0	80	1850	46	3	4	0	38	0	427	1	
Roast Beef Ciabatta	740	П		•		•		•				160	40	13	0	110	2040	57	2	9	0	34	0	406	2	643
Turkey Caprese Ciabatta	690	П		•		•		•				310	37	11	0	85	1100	48	2	4	0	38	0	323	2	
Italian Ciabatta	510	П		•		•		•				120		6	0	415	1430	50	3	6	0	26	0	158	1	80
Cubano Ciabatta	600	П		•		•		•				90	21	7	0	115	2030	60	5	19	7	46	2	227	3	695
Grilled Cheese	600	П		•				•				352	37	21	0	94	365	36	5	3	0	29	0	571	0	0
Caprese Baguette	590	П		•		•		•		•		190	25	9	0	35	1050	65	3	5	0	24	0	463	1	6
Ham and Cheese Baguette	580	П		•		•		•				180	25	13	0	85	1230	63	2	3	0	27	0	348	0	3
Prosciutto and Mascarpone Baguette	580	П		•		•		•				170	22	10	0	95	1700	62	2	3	0	28	0	236	1	0
Eggplant Baguette	630	П				•		•		١ .	•	30	15	0.5	0	0	2020	104	7	16	0	16	0	220	1	276
Chicken Salad Croissant	410	•		•		0	0	•				0	26	11	0	55	610	31	2	6	0	14	0	29	0	140
Product	Calories	Egg	Fish	Milk	Peanut Shellfish	Soy	Tree Nuts	Wheat	Gluten Free	Vegetarian	vegan	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Soups and Salads																										
Chicken Noodle Soup	110	•	Ш					•				3	1	0	25	720	11	1	2	0	8	0	30	8.0	220	
Creamy Tomato Soup	280	Ш	Ш	•						•		22	12	0.5	70	650	19	1	13	6	3	0.7	70	0.5	500	
Butternut Squash and Apple Soup	180	Ш	Ш	•				•				100	11	7	0	35	510	19	2	6		2				
Coconut Lentil Soup		Ш	Ш																							
Mediterranean Salad	350	1	, ,									140	47	_	0		440	40	13	6				55	3	400
Caprese Salad		_	ш							<u></u>	•		17	2		0	440	40	13	Ü	0	10	0			493
	460			•						•	+	320	36	7	0	25	310	23	6	1	0	12	0	241	2	240
Chicken Salad- Side (6oz)	460 300	•		•						-	•			_												
			Fish		Peanut Shellfish	Soy	Tree Nuts	Wheat	Gluten Free	•		320	36	7	0	25	310	23 1	6	1	0	12	0	241	0	240
Chicken Salad- Side (6oz)	300		Fish		Peanut Shellfish	Soy	Tree Nuts	Wheat	Gluten Free	•		320	36 21	7	0	25 20	310 580	23	6	1	0	12 20	0	241	0	240 140
Chicken Salad- Side (6oz) Product	300		Fish		Peanut Shellfish	Soy	O Tree Nuts	Wheat	Gluten Free	•		320	36 21	7	0	25 20	310 580	23	6	1	0	12 20	0	241	0	240 140
Chicken Salad- Side (6oz) Product Cakes and Desserts	300 Calories	Egg		Milk	Peanut Shellfish		-		Gluten Free	• Vegetarian		320	21 (g) Lotal Fat (g)	Saturated C L Fat (g)	Trans Fat (g) O	Cholesteral (mg)	310 580 (gm)	Total Carbs (g)	Dietary O 9	Sugars (g) T	Added O O Sugars (g)	Protein (g) 15	Vitamin D O O (mcg)	241 20 (mg)	Iron (mg) 0	Potassium (mg) (mg)
Chicken Salad- Side (6oz) Product Cakes and Desserts Tiramisu	300 Calories 260	• Egg		• Milk	Peanut Shellfish	0	0	•	Gluten Free	• Vegetarian	vegan	320	36 21 Cotal Fat (g)	Saturated 5 Fat (g)	O Trans Fat (g) O O	Cholesteral Cholesteral (mg)	310 580 mnipos (8m)	23 1 (g) 38	Dietary 0 Piber (g)	1 (g) sagars (27	O O Sugars (g)	Protein (g) 3	O Vitamin D O (mcg)	241 20 (mg)	0 (gm) non 0	Potassium (mg) 0
Cakes and Desserts Tiramisu Vegan Elderberry Raspberry Tart	300 Calories 260 260	• Egg		O • Milk	Peanut Shellfish	0	0	•	Gluten Free	• Vegetarian	vegan	320	36 21 Total Fat (B) 11	Saturated Fat (g) 6	O O Trans Fat (g) O O	25 20 Cholesteral (mg)	310 580 mnipos 45 130	23 1 Solution 1 (g) 38 47	Dietary Dietary 1	1 1 (8) sagns 27 28	O O O O O O O O O O O O O O O O O O O	3 3 3	O O (mcg)	241 20 Calcinm (mg)	2 0 (gm) uoл 0 0.4	Dotassium (mg) 0
Cakes and Desserts Tiramisu Vegan Elderberry Raspberry Tart Old Fashion Chocolate Fudge Cake	260 260 490	• O •		• O • Milk	O Peanut Shellfish	•	0 0	•	Gluten Free	• Vegetarian	vegan	Cals From Eat	36 21 (g) 11 10 29	Saturated 8 6 13	0 0 Trans Fat (g) 0 0	Cholesteral 0 35 0 (mg)	310 580 mnipos 45 130 270	23 1 Cotal Carbs 38 47 53	Dietary 2 2 2 2	1 1 (g) suegns 27 28 28	O O O O O O O O O O O O O O O O O O O	3 3 6	O O (mcg)	241 20 Calcinm (mg)	2 0 (gm) uoл 0 0.4	Dotassium (mg) 0
Cakes and Desserts Tiramisu Vegan Elderberry Raspberry Tart Old Fashion Chocolate Fudge Cake Macaron	260 260 490 50	• • • • •		• • • • • • • • • • • • • • • • • • •		000000	0 0	•	Gluten Free	• Vegetarian	vegan	Cals From Eat	36 21 10 29 4	7 2 Saturated 8 6 13 1.5	0 0 Trans Fat (g) 0 0	25 20 Cholesteral 35 0 15 5	310 580 mnipos 45 130 270 10	23 1 1 24 38 47 53 9	Dietary 1 2 2 0	1 1 (g) sauss (g) 27 28 28 8	0 0 (g) Sugars Sugars 24 28 16	3 3 6 1	0 0 Vitamin D 0 0 (mcg)	241 20 Galcina 0 0	0 0 0.4 7.7	0 88 620
Cakes and Desserts Tiramisu Vegan Elderberry Raspberry Tart Old Fashion Chocolate Fudge Cake Macaron Pistachio Cheesecake	260 260 490 50 400	• • • • •		• • • • • • • • • • • • • • • • • • •		000000	0 0	•	Gluten Free	• Vegetarian	vegan	Cals From Eat	36 21 (S) 11 10 29 4 28	7 2 Saturated 8 6 13 1.5 18	0 0 0 O Trans Fat (g) 0 O	Cholesteral Cholesteral 35 0 15 5 110	310 580 unipos 45 130 270 10 310	23 1 24 38 47 53 9 32	0 Pietary 2 2 2 0 <1 <1	1 1 (g) sagns 27 28 28 8 26	0 0 (8) Sydded 24 28 16	3 3 6 1 5	O O O O O O O O O O O O O O O O O O O	241 20 mnigley 0 0 0 80	2 0 (8m) uoji 0 0.4 7.7	0 88 620 0

Key:

Contains

O May Contain

WE CANNOT GUARANTEE A 100% ALLERGEN FREE ENVIORNMENT AS WE USE SHARED EQUIPMENT TO DISPLAY, PREAPRE AND SERVE.

Product	Calories	Egg	Fish	Milk Peanut	Shellfish	Soy	Tree Nuts Wheat	Gluton Eroo	Vegetarian	Vegan	Can be	Can NOT be	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Extras												_		•	1	1	1	1	1					1	1		
Whole Milk				•				•		_		•														!	
Skim Milk				•				•	_	_		•															
Almond Milk							•	٠		_	•																
Oat Milk								•	_	•	•																
Half & Half				•				•				•															
Whipped Cream				•				•	•			•															
Product	Calories	Egg	Fish	Milk Peanut	Shellfish	Soy	Tree Nuts Wheat	Gliton Eroo	Vegetarian	Vegan	Can be	Can NOT be	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Classic Espresso																											
Americano (Small)	0							•	•		•		0	0	0	0	0	0	<1	0	0		0				
Americano (Regular)	0							•			•		0	0	0	0	0	0	1	0	0		0				
Americano (Grande)	0							•			•		0	0	0	0	0	0	2	0	0		0				
Cappuccino (Small)	110			0			0	•			•		50	6	3.5	0	20	80	9	0	9	0	6	93	207	0	242
Cappuccino (Regular)	170			0			0	•			•		60	7	4	0	20	105	12	0	11		7				
Cappuccino (Grande)	240			0			0	•			•		80	9	5	0	25	125	14	0	14		9				
Cortado	40			0			0	•			•		25	3	1.5	0	10	40	5	0	4		3				
Espresso (Single)	0							•			•		0	0	0	0	0	0	<1	0	0		0				
Espresso (Double)	0							•			•		0	0	0	0	0	10	1	0	0		0				
Espresso Con Panna (Single)	10			•				•				•	10	1	0.5	0	<5	0	<1	0	0		0				
Espresso Con Panna (Double)	20			•				•				•	15	2	1	0	5	10	2	0	0		0				
Espresso Macchiato (Single)	20			0			0	•			•		10	1	0.5	0	<5	15	2	0	2		<1				
Espresso Macchiato (Double)	40			0			0	•			•		20	2	1	0	5	35	4	0	3		2				
Flat White	110			0			0	•			•		60	7	4	0	20	105	12	0	10		7				
Latte (Small)	110			0			0	•			•		50	6	3.5	0	20	85	9	0	9		6				
Latte (Regular)	170			0			0	•			•		80	9	5	0	25	120	13	0	13		8				
Latte (Grande)	240			0			0	•			•		100	11	6	0	35	150	17	0	17		11				
Ristretto	0							•			•		0	0	0	0	0	10	1	0	0	0	0	0	1	0	
Vanilla Latte (Small)	135			0			0	•			•		50	6	3.5	0	20	85	16	0	16		6				
Vanilla Latte (Regular)	240			0			0	•			•		80	9	5	0	25	129	32	0	32		8				
Vanilla Latte (Grande)	340			0	l		0	•	•		•		100	11	6	0	35	150	42	0	42		11				
Mocha (Small)	160			0	l		0	•	•		•		60	6	4	0	20	65	14	0	13		5				
Mocha (Regular)	225			0	1		0	•	•		•		80	9	5	0	30	105	24	0	22		8				
Mocha (Grande)	310			0			0	•	•		•		100	11	7	0	35	125	32	0	31		10				
Product	Calories	Egg	Fish	Milk Peanut	Shellfish	Soy	Tree Nuts Wheat	Glitton Fron	Vegetarian	Vegan	Can be	Can NOT be	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Hot Brewed Coffee																											

Brewed Coffee (Small)	0									•	T	•		0	0	0	0	0	0	0	0	0		0				
Brewed Coffee (Regular)	0								•	•		•		0	0	0	0	0	5	0	0	0		0				
Brewed Coffee (Grande)	0								١.	_		•		0	0	0	0	0	10	0	0	0		<1				
Café au Lait (Small)	75			0	1	1	-	0	•	•		•		35	4	2.5	0		55	6	0	6	0	4	62	140	0	219
Café au Lait (Regular)	110			0	1	1		0	•	_		•		50	6		0		80	9	0	9		6		210	0	329
Café au Lait (Grande)	150			0	1	1	-	0	•	•		•		70	8		0		110	12	0	12	0	8		280	0	438
Product	Calories	Egg	Fish	Milk	Peanut	Shellfish	Soy	Wheat	Gluten Free	Vegetarian	Vegan	Caffeinated	Decaf	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)		Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Hot Tea								-	T																			
Breakfast Tea	0								•	•	•	•																
Earl Grey	0								•	•	•	•																
Mountain High Chai	0								•	•	•	•																
Green Tea	0								•	•	•	•																
Alpine Berry	0								•	•	•		•															
Peppermint	0								•	•	•		•															
Rooibos	0								•	•	•		•															
Chamomile	0								•	•	•		•															
Product	Calories	Egg	Fish	Milk	Peanut	Snellfish	Soy	ree nuts Wheat	Gluten Free	Vegetarian	Vegan	Can be dairy free	Can NOT be dairy free	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Hot Specialty Drinks																												
Hot Chocolate (Small)	225			0				0	•	•	0	•		60	7	4	0	20	80	31	0	31		7				
Hot Chocolate (Regular)	410			0			(0	•	•	0	•		100	11	70	0	30	130	59	0	58		13				
Hot Chocolate (Grande)	525			0			(0	•	•	0	•		130	15	9	0	40	170	74	0	74		17				
, ,																												
Caramel Latte (Grande)	380			•				0	•	•			•	110	13	7	0	40	170	47	0	45		11				
, ,	380 370			_				0	!	_	0	•	•	110 140	13 15	7	0	40 35	170 140		0	45 36						
Caramel Latte (Grande)				•					_	•		•	•							47				11				
Caramel Latte (Grande) Chai Latte (Grande)	370			•			,	0	•	•	0		•	140	15	10	0	35	140	47 37	0	36		11 12				
Caramel Latte (Grande) Chai Latte (Grande) Matcha Latte (Small)	370 130			• 0			(0	•	•	0	٠	•	140 50	15 6	10 3.5	0	35 20	140 80	47 37 14	0 6	36 11		11 12 7				
Caramel Latte (Grande) Chai Latte (Grande) Matcha Latte (Small) Matcha Latte (Regular)	370 130 190			• 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			(0	•	•	0	•	•	140 50 90	15 6 10	10 3.5 6	0 0 0	35 20 30	140 80 130	47 37 14 23	0 6 8	36 11 18		11 12 7 11				
Caramel Latte (Grande) Chai Latte (Grande) Matcha Latte (Small) Matcha Latte (Regular) Matcha Latte (Grande)	370 130 190 280			• 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			(0 0	•	•	0	•		140 50 90 110	15 6 10 13	10 3.5 6 7	0 0 0	35 20 30 40	140 80 130 170	47 37 14 23 30	0 6 8 10	36 11 18 24		11 12 7 11 14				
Caramel Latte (Grande) Chai Latte (Grande) Matcha Latte (Small) Matcha Latte (Regular) Matcha Latte (Grande) White Chocolate Mocha (Grande)	370 130 190 280 460			• 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0			(0 0	•	•	0 0	•		140 50 90 110 120	15 6 10 13 13	10 3.5 6 7 8	0 0 0 0	35 20 30 40 40	140 80 130 170 250	47 37 14 23 30 70	0 6 8 10 0	36 11 18 24 65		11 12 7 11 14 13				
Caramel Latte (Grande) Chai Latte (Grande) Matcha Latte (Small) Matcha Latte (Regular) Matcha Latte (Grande) White Chocolate Mocha (Grande) Apple Cider (Regular)	370 130 190 280 460 240	Egg	Fish	• 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Peanut Challfich	Snellfish	(0 0	•	•	0 0	•		140 50 90 110 120	15 6 10 13 13	10 3.5 6 7 8 0	0 0 0 0 0	35 20 30 40 40 0	140 80 130 170 250 90 120	47 37 14 23 30 70 45 60	0 6 8 10 0	36 11 18 24 65 45	Added Sugars (g)	11 12 7 11 14 13 0	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Caramel Latte (Grande) Chai Latte (Grande) Matcha Latte (Small) Matcha Latte (Regular) Matcha Latte (Grande) White Chocolate Mocha (Grande) Apple Cider (Regular) Apple Cider (Grande)	370 130 190 280 460 240 380	E88	Fish	• 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Peanut Shoilfich	Shellfish	(0 0 0 0 0	•	•	0 0	•	•	140 50 90 110 120 0	15 6 10 13 13 0	10 3.5 6 7 8 0	0 0 0 0 0 0	35 20 30 40 40 0	140 80 130 170 250 90 120	47 37 14 23 30 70 45 60	0 6 8 10 0 0	36 11 18 24 65 45	Added Sugars (g)	11 12 7 11 14 13 0	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Caramel Latte (Grande) Chai Latte (Grande) Matcha Latte (Small) Matcha Latte (Regular) Matcha Latte (Grande) White Chocolate Mocha (Grande) Apple Cider (Regular) Apple Cider (Grande)	370 130 190 280 460 240 380 Calories	Egg	Fish	• 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Peanut	Shellfish	(0 0 0 0 0	• Gluten Free	• Vegetarian	0 0	•	•	140 50 90 110 120 0 0	15 6 10 13 13 0	3.5 6 7 8 0 0 Eat (g)	O C C C C C C C C C C C C C C C C C C C	Cholesteral Cholesteral (mg) 0	140 80 130 170 250 90 120 mnipos	47 37 14 23 30 70 45 60	O Dietary O O Piber (g) 0	36 11 18 24 65 45 60 (a) saegns	Added Sugars (g)	11 12 7 11 14 13 0 0	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Caramel Latte (Grande) Chai Latte (Grande) Matcha Latte (Small) Matcha Latte (Regular) Matcha Latte (Grande) White Chocolate Mocha (Grande) Apple Cider (Regular) Apple Cider (Grande) Product Iced Cold Brew & Iced Coffee	370 130 190 280 460 240 380 Calories	Egg	Fish	• 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Peanut	Snellfish	(0 0 0 0 0	• • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • •	0 0	Can be dairy free	•	Table 140 Solution Cals From Cals From	15 6 10 13 13 0 0 0	Saturated 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Trans Fat (g) 0 0 0 0 0 0	Cholesteral O O O O O O O O O O O O O O O O O O O	140 80 130 170 250 90 120 Enipos	Total Carbs (8)	Dietary 0 0 0 8 9 0 Fiber (g)	36 11 18 24 65 45 60 (g) 8 9 0	Added Sugars (g)	0 0 0 0 0 0 0 0 0 0 0	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Caramel Latte (Grande) Chai Latte (Grande) Matcha Latte (Small) Matcha Latte (Regular) Matcha Latte (Grande) White Chocolate Mocha (Grande) Apple Cider (Regular) Apple Cider (Grande) Product Iced Cold Brew & Iced Coffee Cold Brew (16 oz)	370 130 190 280 460 240 380 Calories	Egg	Fish	• 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Peanut	Shellfish	(0 0 0 0 0	• Gluten Free	• • • • • • • • • • • • • • • • • • •	0 0	Can be dairy free	•	140 50 90 110 120 0 0	15 6 10 13 13 0 0 (g) tay 13 0 0	3.5 6 7 8 0 0 Eat (g)	O C C C C C C C C C C C C C C C C C C C	Cholesteral Cholesteral (mg) 0	140 80 130 170 250 90 120 mnipos	47 37 14 23 30 70 45 60 <1	O Dietary O O Piber (g) 0	36 11 18 24 65 45 60 (a) saegns	Added Sugars (g)	11 12 7 11 14 13 0 0	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Caramel Latte (Grande) Chai Latte (Grande) Matcha Latte (Small) Matcha Latte (Regular) Matcha Latte (Grande) White Chocolate Mocha (Grande) Apple Cider (Regular) Apple Cider (Grande) Product Iced Cold Brew & Iced Coffee Cold Brew (16 oz) Cold Brew (20 oz)	370 130 190 280 460 240 380 Calories	Egg	Fish	• 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	Peanut	Shellitish	(0 0 0 0 0	• • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • •	0 0	• Can be dairy free	•	140 50 90 110 120 0 0 Eat Loan 0	15 6 10 13 13 0 0	3.5 6 7 8 0 0 0	0 O C C C C C C C C C C C C C C C C C C	Cholesteral 0 0 0 0 0	140 80 130 170 250 90 120 Enipos	47 37 14 23 30 70 45 60 47 47 48								

Iced Americano (20 oz)	0	I						1	•	•		•		0	0	0	0	0	10	1	0	0		0				
Iced Americano (24 oz)	0								•	•		•		0	0	0	0	0	15	1	0	0		0				
Iced Mocha Latte (16 oz)	225			0			0		•	•		•		90	10	6	0	30	140	25	<1	23	8	10	4	346	0	562
Iced Mocha Latte (20 oz)	300			0			0		•	•		•		120	13	8	0	40	180	31	<1	30	10	13	5	449	0	706
Iced Mocha Latte (24 oz)	360								•	•		•		140	16	9	0	50	210	37	1	37	12	16	6	551	0	785
Product	Calories	Egg	Fish	Milk	Shellfish	Soy	Tree Nuts	Wheat	Gluten Free	Vegetarian	Vegan	Can be dairy free	Can NOT be dairy free	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Frappe Latte																												
Classic Frappe Latte (16 oz)	280			0			0		•	•		•		70	8	4.5	0	25	170	54	0	33	0	8	3	277	0	387
Classic Frappe Latte (20 oz)	330			0			0		•	•		•		100	11	6	0	30	210	58	0	37	0	10	4	364	0	521
Mocha Frappe Latte (16 oz)	320			0			0		•	•		•		70	8	5	0	25	170	63	<1	41	8	8	3	277	0	481
Mocha Frappe Latte (20 oz)	390			0			0		•	•		•		100	11	6	0	30	210	72	1	49	12	11	4	364	0	662
Caramel Frappe Latte (16 oz)	370			0			0		•	•		•		70	8	4.5	0	25	170	77	0	56	23	8	3	277	0	387
Caramel Frappe Latte (20 oz)	440			0			0		•	•		•		100	11	6	0	30	210	87	0	65	28	10	4	364	0	521
Pistachio Frappe Latte (16 oz)	350			0			•		•	•		•		70	8	4.5	0	25	230	73	0	51	18	8	3	277	0	387
Pistachio Frappe Latte (20 oz)	420			0			•		•	•		•		100	11	6	0	30	290	82	0	59	22	10	4	364	0	521
Product	Calories	Egg	Fish	Milk	Peanut Shellfish	Soy	Tree Nuts	Wheat	Gluten Free	Vegetarian	Vegan	Can be dairy free	Can NOT be dairy free	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Smoothie																												
Strawberry Lemonade Smoothie (16 oz)	180								•	•		•		0	0	0	0	0	55	45	2	41	35	<1	0	14	0	130
Strawberry Lemonade Smoothie (20 oz)	230								•	•		•		0	0	0	0	0	55	58	2	53	46	<1	0	14	0	130
Passionfruit Pineapple Smoothie (16 oz)	190								•	•		•		0	0	0	0	0	75	50	1	46	33	0	0	11	0	93
Passionfruit Pineapple Smoothie (20 oz)	240								•	•		•		0	0	0	0	0	100	63	1	58	44	0	0	11	0	93
Dragonfruit Smoothie (16 oz)	190								•	•		•		0	0	0	0	0	75	47	2	44	31	<1	0	10	2	0
Dragonfruit Smoothie (20 oz)	240								•	•		•		0	0	0	0	0	95	59	2	56	42	<1	0	10	2	0
Product	Calories	Egg	Fish	Milk	Shellfish	Soy	Tree Nuts	Wheat	Gluten Free	Vegetarian	Vegan	Can be dairy free	Can NOT be dairy free	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Frappe Crème Chocolate Hazelnut Frappe Crème (16 oz)	390			•		1	•		•	•			•	110	13	8	0	40	150	58	<1	56	40	10	3	333	0	518
Chocolate Hazelnut Frappe Crème (20 oz)	410			•				-	•	•			•	120	14	8	0	45	170	60	<1	58	40	11	4	367	0	558
Strawberry Frappe Crème (16 oz)	360			•				-	•	•	_		•	110	12	7	0	40	140	54	0	51	35	10	3	333	0	424
Strawberry Frappe Crème (20 oz)	430			•					•	•	-		•	120	13	8	0	45	160	60	0	56	38	11	4	367	0	558
Passionfruit Frappe Crème (16 oz)	360			•				-	•	•			•	110	12	7	0	40	190	54	0	52	34	10	3	333	0	424
Passionfruit Frappe Crème (20 oz)	430			•					•	•			•	120	13	8	0	45	230	69	0	66	45	11	4	367	0	464
Lemon Coconut Frappe Crème (16 oz)	360			•					•	•			•	110	13	8	0	40	170	52	0	50	33	10	3	333	0	424
Lemon Coconut Frappe Crème (20 oz)	430			•			H	1	•	•			•	120	14	8	0	45	200	66	0	62	44	11	4	367	0	464
Pumpkin Frappe Crème (16 oz)	340	ı		•		1	H	1	•	•			•	110	12	7	0	40	140	48	0	45	29	10	3	333	0	424
Pumpkin Frappe Crème (20 oz)	390			•			\Box		•	•			•	120	13	8	0	45	160	60	0	55	37	11	4	367	0	464
Product	Calories	Egg	Fish	Milk	Shellfish	Soy	Tree Nuts	Wheat	Gluten Free	Vegetarian	Vegan	Can be dairy free	Can NOT be dairy free	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Iced Tea Plain Sweet Iced Tea (16 oz)	80								•	•	•	•		0	0	0	0	0	10	21	0	20	20	0	0	42	0	0

Digin Sweet lead Top (20 an)	110				1	1			•	•	•			0	0	0	0	0	15	27	0	26	20	0	0	55	0	0
Plain Sweet Iced Tea (20 oz)	130			-		+-			÷	•			-						20			33	26					0
Plain Sweet Iced Tea (24 oz)	0	-		-	-	+-		_	÷	•	:	•	-	0	0	0	0	0	1	34	0		33	0	0	56	0	
Plain Unsweet Iced Tea (16 oz)		-		-	-	+-		_	÷	<u> </u>	:	_	-	0	0	0	0	0	0	<1	0	0	0	0	0	0	0	0
Plain Unsweet Iced Tea (20 oz)	0	-		-	-	+-		_	÷	•	-	•	-	0	0	0	0	0	0	<1	0	0	0	0	0	0	0	0
Plain Unsweet Iced Tea (24 oz)	0	-		-	-	<u> </u>				<u> </u>	•	Ľ	-	0	0	0	0	0	0	<1	0	0	0	0	0	0	0	0
Pomegranate Iced Tea (16 oz)	140			_					•	•	Ľ	•	-	0	0	0	0	0	10	34	0	34	33	0	0	87	0	1462
Pomegranate Iced Tea (20 oz)	180	-			-	_			•	•	•	•		0	0	0	0	0	15	45	0	44	44	0	0	115	0	1949
Pomegranate Iced Tea (24 oz)	220			_		<u> </u>			•	•	•	•	-	0	0	0	0	0	0	56	0	55	54	0	0	131	0	2437
Strawberry Dragonfruit Iced Tea (16 oz)	140								•	•	•	•		0	0	0	0	0	10	34	0	33	32	0	0	77	0	568
Strawberry Dragonfruit Iced Tea (20 oz)	180				-				•	•	•	•		0	0	0	0	0	15	44	0	43	43	0	0	101	0	757
Strawberry Dragonfruit Iced Tea (24 oz)	220					1			•	•	•	•		0	0	0	0	0	0	55	0	53	53	0	0	113	0	946
Tangerine Spice Iced Tea (16 oz)	140								•	•	•	•		0	0	0	0	0	10	34	0	33	33	0	0	71	0	510
Tangerine Spice Iced Tea (20 oz)	180								•	•	•	•		0	0	0	0	0	15	45	0	44	44	0	0	93	0	680
Tangerine Spice Iced Tea (24 oz)	230								•	•	•	•		0	0	0	0	0	0	55	0	54	54	0	0	103	0	849
Peach Iced Tea (16 oz)	140								•	•	•	•		0	0	0	0	0	0	35	0	36	36	0	0	80	0	680
Peach Iced Tea (20 oz)	180								•	•	•	•		0	0	0	0	0	0	40	0	45	45	0	0	100	0	760
Peach Iced Tea (24 oz)	220								•	•	•	•		0	0	0	0	0	0	50	0	54	54	0	0	115	0	870
Product	Calories	Egg	Fish	Milk	Shellfish	Soy	Tree Nuts	Wheat	Gluten Free	Vegetarian	Vegan	Can be	Can NOT be	dairy free Cals From	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Lemonade																												
Plain Lemonade (16 oz)	85								•	•	•	•		0	0	0	0	0	15	21	0	20	20	0	0	68	0	1883
Plain Lemonade (20 oz)	110								•	•	•	•		0	0	0	0	0	20	27	0	26	25	0	0	88	0	2447
Plain Lemonade (24 oz)	140								•	•	•	•		0	0	0	0	0		33	0	31	31	0	0	96	0	3010
Pomegranate Lemonade (16 oz)	140								•	•	•	•		0	0	0	0	0	15	34	0	33	32	0	0	113	0	3345
Pomegranate Lemonade (20 oz)	180								•	•	•	•		0	0	0	0	0	20	45	0	43	43	0	0	148	0	4396
Pomegranate Lemonade (24 oz)	230								•	•	•	•		0	0	0	0	0		55	0	53	53	0	0	172	0	5447
Strawberry Dragonfruit Lemonade (16 oz)	140								•	•	•	•		0	0	0	0	0	15	33	0	32	32	0	0	102	0	2451
Strawberry Dragonfruit Lemonade (20 oz)	180								•	•	•	•		0	0	0	0	0	20	44	0	42	41	0	0	134	0	3203
Strawberry Dragonfruit Lemonade (24 oz)	220								•	•	•	•		0	0	0	0	0		54	0	52	51	0	0	154	0	3956
Tangerine Spice Lemonade (16 oz)	140								•	•	•	•		0	0	0	0	0	15	34	0	33	32	0	0	96	0	2393
Tangerine Spice Lemonade (20 oz)	180								•	•	•	•		0	0	0	0	0	20	44	0	43	42	0	0	126	0	3126
Tangerine Spice Lemonade (24 oz)	230								•	•	•	•		0	0	0	0	0		55	0	53	53	0	0	143	0	3859
Peach Lemonade (16 oz)	140								•	•	•	•		0	0	0	0	0	15	34	0	34	43	0	0	95	0	2457
Peach Lemonade (20 oz)	180								•	•	•	•		0	0	0	0	0	20	44	0	45	45	0	0	115	0	3178
Peach Lemonade (24 oz)									•	•	•	•		0	0	0	0	0		55	0	54	54	0	0	136	0	3879
Product		50	Fish	Milk Peanut	Shellfish	ķ	Tree Nuts	Wheat	Gluten Free	Vegetarian	Vegan	Can be	Can NOT be	dairy free Cals From	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	tal Carbs (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
	Calories	Egg	ij	Pea	Shel	Soy	Tree	ş	Glute	Vege	Ve	Car	Can N	Cals	Total	Sati	Tran	å.	Š	Total (8		ns	A	Pro	Şir.	. ရှင်	밀	Pot
Refreshers	Calories	Eg	Ë	Pea	Shel	So	Tree	W	Glute	Vege	Ve	Car	Can N	Cals	Total	Sat	Tran	ธั	Š	Tot	百韻	'nS	A	Pro	Vit	. ც —	Iro	Pot
	Calories 70	Eg	ië .	Pea	Shel	So	Tree	W	Glute	• Veget	Ve	• Car	Can N	Cals	O	Sat	O	<u>و</u> 0	ري م	18	0	ng 18	4 ms	O Pro	0 Kit	60	O Iro	1949
Refreshers		E	£	Pea	Shel	S	Tree	Wh					Can N						σ,	To								
Refreshers Pomegranate Refresher (16 oz)	70	E	i i	Pea M	Shel	oS	Tree	Wh	•	•	•	•	Can N	0	0	0	0	0	0	18	0	18	17	0	0	60	0	1949
Refreshers Pomegranate Refresher (16 oz) Pomegranate Refresher (20 oz)	70 90	<u>В</u>	i E	Pea	Shel	S	Tree	Wh	•	•	•	•	Can N	0	0	0 0	0	0	0 0	18 22	0	18	17 22	0	0	60 75	0	1949 2437
Refreshers Pomegranate Refresher (16 oz) Pomegranate Refresher (20 oz) Pomegranate Refresher (24 oz)	70 90 110	E	ii.	Pea Z	Shel	oS	Tree	Wh	•	•	•	•	Can N	0 0	0 0 0	0 0 0	0 0	0 0 0	0 0 0	18 22 27	0 0	18 22 26	17 22 26	0 0	0 0	60 75 90	0 0 0	1949 2437 2924
Refreshers Pomegranate Refresher (16 oz) Pomegranate Refresher (20 oz) Pomegranate Refresher (24 oz) Strawberry Dragonfruit Refresher (16 oz)	70 90 110 70	E	::	Pea	Shel	S	Tree	Wh	•	•	•	•	Can N	0 0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	18 22 27 17	0 0 0 0	18 22 26 17	17 22 26 16	0 0 0	0 0 0	60 75 90 46	0 0 0	1949 2437 2924 757

Tangerine Spice Refresher (20 oz)	90							•	•	•	•		0	0	0	0	0	0	22	0	22	21	0	0	47	0	849
Tangerine Spice Refresher (24 oz)	110							•	•	•	•		0	0	0	0	0	0	26	0	26	26	0	0	56	0	1019
Peach Refresher (16 oz)	70							•	•	•	•		0	0	0	0	0	0	18	0	17	17	0	0	39	0	678
Peach Refresher (20 oz)	90							•	•	•	•		0	0	0	0	0	0	22	0	22	22	0	0	45	0	865
Peach Refresher (24 oz)	110							•	•	•	•		0	0	0	0	0	0	27	0	26	26	0	0	55	0	1014
Product	Calories	Egg	Fish	Milk Peanut	Shellfish	Soy	Tree Nuts Wheat	Gluten Free	Vegetarian	Vegan	Can be dairy free	Can NOT be dairy free	Cals From Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesteral (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)		Added Sugars (g)		Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)
Specialty Iced Drinks																											
Iced Chai Latte (16 oz)	230			0			0	•	•		•		100	11	7	0	30	130	22	0	22	0	10	4	345	0	403
Iced Chai Latte (20 oz)	340			0			0	•	•		•		150	17	10	0	45	200	31	0	31	0	15	6	517	0	604
Iced Chai Latte (24 oz)	360			0			0	•	•		•		160	18	11	0	50	210	34	0	34	0	16	6	551	0	644
Iced Matcha Latte (16 oz)	200			0			0	•	•		•		90	10	6	0	30	130	20	5	17	0	11	156	345	0	403
Iced Matcha Latte (20 oz)	295			0			0	•	•		•		130	15	9	0	45	200	27	5	25	0	15	233	517	0	604
Iced Matcha Latte (24 oz)	320			0			0	•	•		•		140	16	9	0	50	210	29	5	27	27	16	6	551	0	644