

Moms Offering Moms Support

September 2018

Check our monthly newsletter for chapter-specific announcements, opportunities, and reminders! If you have something interesting to share, please email Christina Mongold at christina.mongold@gmail.com.

Welcome to New Members:

Paige Easter, Valerie Krutsinger, and Meg Whelton

September Highlight

Our New Member Brunch is taking place this month. Come join us at <u>Calvary on September 10th at 9:30am</u>. Everyone is welcome including long-time members and those who haven't been to club in a while. We will highlight our new members as well as those who have renewed membership. This will be a wonderful opportunity to meet some of our new members. Bring a Brunch to Share – store bought items are most welcome! *We will be voting on budget at the brunch.

MVP Challenge

Last week I was given the opportunity to observe our wonderful board members in action. I was unaware of the tremendous amount of work that goes into making Moms Club function. They're great, and this club is great because we have fantastic members! We contribute a lot to our club, to each other, and to our community. In which ways do you like to contribute to Moms Club? Are you a stealthy-social-media-mom who gives tips on our Facebook page, or a meal-train-mom-chef-supreme? Comment on Facebook!

HAPPY BIRTHDAY TO:

<u>Kids</u>	<u>Kids</u>	<u>Moms</u>
Sarah Swabey 9/7	Rosemary Voglund 9/15	Bri Madren 9/3
Owen Wehkamp 9/7	Audrey Roseman 9/19	Shannon Delaware 9/8
Quinn Harber 9/8	Jackson Slayer 9/19	Amanda Braun 9/16
Max Huffman 9/8	Abbey Stoutenborough 9/21	Danielle Leo 9/19
Sydney Delaware 9/9	Emma Dwiggins 9/25	Melissa Wulf 9/21
Weston McCormick 9/11		Kelly Roseman 9/23
Jack Zundo 9/11		Barrie Harvey 9/28
Sophia Ezra 9/15		



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Letter from Chapter President Tamika Huffins...

Our chapter has experienced so much growth in the past 6 months, so I thought it fitting that I re-publish my President's letter from a year ago to share with so many of you new moms, as well as remind our veteran moms, just what MOMS Club is all about.

I enjoy reading books; books that are slightly more sophisticated than "The Very Hungry Caterpillar". As riveting as it is to find out the caterpillar turns into a beautiful butterfly at the end (sorry, SPOILER ALERT), counting the number of random foods a caterpillar can eat in one day isn't the intellectual stimulation I'm seeking these days. However, I did start reading "Confessions of a Domestic Failure" this summer and found it hilarious and oh-so true. I'll share this excerpt with you:

"I thought being a stay-at-home mom would be easier. But the home is a disaster. David doesn't say anything, but I can tell by the judge-y way he looks around when he gets home that he's noticed we currently live in an upscale rattlesnake's nest. I'm not exactly the best home chef, either. My idea of cooking is flipping through takeout menus with a spoonful of Nutella in my mouth or throwing something together at the last minute as if I'm on one of those "race against time" cooking shows. The result is usually spaghetti or quesadillas---you know, the kind of food fourth graders eat for lunch. Basically, I'm failing."

[Excerpt from "Confessions of a Domestic Failure" by Bunmi Laditan]

Reading this book made me reflect on what MOMS Club is all about and why this organization exists. So, as we embark on a new year for our chapter, I wanted to share with you some MOMS Club facts you may not know.

What **IS** the purpose of MOMS Club? Did you know "MOMS" Club is an acronym? MOMS stands for "Moms offering moms support". MOMS Club is the ONLY international support group specifically for at-home mothers. Choosing to stay home and raise your children comes with many challenges: financial, emotional, and physical just to name a few. So, there was a group created just for us to overcome these challenges. While it provides engaging activities for our children, MOMS Club is a support group for moms. This is a group that allows you to meet other moms who share your interests, speak your language (literally), and know exactly what you're going through.

You don't have to apologize for leaving your house in pajamas, explain why you're always 15 minutes late to an 11am event, even though you've been awake since 5am that morning, or feel bad for bringing a box of partially eaten Cheez-its to Recipe Club as your "homemade" appetizer. We've all been there!

Not only is MOMS Club a support group, but it's a way to use your intellect and craftiness for something other than "figuring out how to remove the smell of urine from any and all porous surfaces in your house". Do you love to read? There's a MOMS Club for that! Do you enjoy crafts and DIY projects? There's a MOMS Club for that! Do you just want to have a cup of coffee and have a face-to-face conversation with a real mom? There's a MOMS Club for that!

MOMS Club

MOMS CLUB OF WEST LAFAYETTE

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Finally, MOMS Club is about giving back: Sharing meals with each other in time of need; providing help with pick ups, drop offs, or anything kid related; dropping off a bouquet of flowers just to brighten a mom's day. It's also about giving back to our community: donating our time to beautifying the city; donating care packages to foster children, babies in the NICU, or women undergoing cancer treatment; developing intergenerational relationships with members of our community. All of this encompasses what MOMS Club is about. This is what it means to be a part of the MOMS Club of West Lafayette.

So, whether you're new to our chapter or have been here from the beginning: WELCOME! We appreciate you! We support you! We love you!

From our Treasurer

These are the dollar figures for our club, for the month of July:

Beg. Bal.	\$715	Income	\$180	Expenses	\$40
Income	\$180	Renewals	\$140		
Expenses	\$40	New Members	\$40		
End. Bal.	\$856				

Baby and Toddler Play Group!

Our morning **Baby Playgroup** is planning on meeting on Monday, September 17th @ 10am at Stacee Peer's, 3590 Tesla Dr.

Toddler Playgroup is planning on meeting on Monday, September 17th @ 9:30 am at Amanda Braun's, 3139 Jasmine Ct.

For more information on Moms Club play and support groups, please contact:

- Emily Howell is coordinating the Baby group and hopes to meet every other week. Contact her at emilychowell7@gmail.com.
- Laura Soderbery is coordinating the Toddler group. Contact her at laurasoderbery@gmail.com.
- Barrie Olson Harvey is coordinating the Working Moms group. Contact her at barrie.olson@gmail.com
- Tori Chong is the Sunshine coordinator. She provides club support for moms needing meal train meals, donations, first-time-mom and general support. Contact her at torilindenman@gmail.com



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...So much happening in September

Rosh Hashanah

Rosh Hashanah is the celebration of the Jewish New Year. It is observed for two days. This year Rosh Hashanah begins on Sunday September 9th. Jewish families eat special treats like Challah bread, honey, apples, and pomegranate to celebrate.



Yom Kippur

The most holy day of the year for Jewish families is Yom Kippur and this year it takes place from September 18-19^{th.} Many Jewish families begin Yom Kippur by asking forgiveness from one another for hurtful things they did during the year. Each person vows not to repeat his or her mistakes in the coming year, and family members offer forgiveness to one another.



Take it or Leave it guide on how to talk to your children about 9/11: Never Forget

Pre-	Find out what they know . Start with 'Have you heard of 9/11?' That gives you a great jumping off
schoolers	point."
_	Clear up any misconceptions . You may be surprised by what they've gleaned. It's important to correct
	any misperceptions.
	Keep it simple and succinct . There's no need to go into the horrors of the day. Just share the basics and
ı	then answer their questions simply.
•	Make them feel safe. "Tell them, 'There were so many brave people on that day, firemen, policemen and
	ordinary people, who went to help.
Elementary	Again, find out what they know and correct any misperceptions.
	Keep it concrete . Now that they're older, you can share more information and a bit of context. Stick with
	the facts and relate it to their world: 'That's why we have to go through all of that security when we fly.'
	Ask them what they think. They're old enough to start sharing their feelings about what happened.
•	Then remind them that everyone's working hard to keep us safe. Give them coping skills.
Middle/High	Start a conversation. At this point, you no longer need to tiptoe around the facts.
Schoolers	Limit exposure to graphic images and videos. People of all ages are disturbed by video of the Twin
	Towers falling. Try as much as possible to steer them away from sensationalized coverage.
	Keep your kid's temperament in mind . Some adults handle things better than others, and that goes
•	double for children. If your teen does become distraught, remember, kids are remarkably resilient. "Give
	it a day or two and they'll be re-immersed in their own drama, which is developmentally appropriate."
•	Model positive behavior. Don't sit around watching 24-hour news coverage of the anniversary. It's not
•	healthy for you and certainly isn't for your kids. These things can become addictive. It's healthy to say,
	'I've had enough.'"
	Read more at: https://www.today.com/parents/how-talk-kids-about-september-11-age-age-I381045
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MEMBER SPOTLIGHT

Name: Toriann (Tori) Chong

Number of kids: 1

Where have you lived: Grew up in New Paris, IN, Naperville, IL and then Chicago.

How long have you lived in West Lafayette: 3 years

What is (or was) your profession, or education background? Bachelors in Hospitality and Tourism management from PU. Worked 6.5 years with Hyatt hotels in group sales (If you have ever been to a conference or a meeting in a hotel I would have worked with the organizer to quote prices and contract the event). While with Hyatt I was at a small suburb hotel then I moved downtown to the flagship Hyatt on Wacker and then finally I finished at the Hyatt at the convention center selling hotel and convention center space. For 3 years after Hyatt I worked for Booking.com (Booking.Yeah!) Now I have a part-time job coordinating weddings for Wea Creek Orchard.

Favorite restaurant: Red Seven

Favorite home cooked meal: My husband makes an amazing chicken parmigiana.

Do you have pets? Yes! Wrigley and Pepper are our 85 lbs Rhodesian Ridgebacks dogs. The breed are known for being African Lion hunters. Wrigley we got from a breeder and Pepper we rescued. We also have a beta fish names Jerry.

Do you collect anything? My husband and I started collecting Christmas Ornaments when we go to new cities. I love pulling them out when we decorate the tree and remember all the places we've been.

Favorite book: Pride and Prejudice.

Favorite store: Amazon!

Favorite movie: ? Wedding Crashers?

Sweet or salty? Sweet

Nap or exercise: I should exercise but a nap normally wins.

What are your hobbies? Canning during the summer. I like to be crafty when I have the time and are motivated. I also love flowers so I like to spend time taking care of them.

What do your kids love to do? Emma the Indy Zoo and going on walks. She is big into pretending to cook right now.



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Welcome back Boilermakers!



Over the years,
Purdue teams
have been called
grangers,
pumpkinshuckers,
railsplitters,
cornfield sailors,
blacksmiths,
foundry hands
and, finally,
boilermakers.
That last one
stuck!

Name the artist and tune:

I'll be alone each and every night
While you're away, don't forget to write
Bye-bye, so long, farewell
Bye-bye, so long
See you in September
See you when the summer's through
Here we are (bye, baby, goodbye)
Saying goodbye at the station (bye, baby, goodbye)
Summer vacation (bye, baby bye, baby)
Is taking you away (bye, baby, goodbye)
Have a good time but remember
There is danger in the summer moon above
Will I see you in Septemb
Or lose you to a summer love

Name the artist and tune:

Do you remember the 21st night of September?
Love was changing the minds of pretenders
While chasing the clouds away
Our hearts were ringing
In the key that our souls were singing
As we danced in the night
Remember how the stars stole the night away
Hey hey hey
Ba de ya, say do you remember
Ba de ya, dancing in September
Ba de ya, never was a cloudy day



September Harvest Moon (9/24)

The September full Moon is known as the Full Corn Moon because it traditionally corresponds with the time of harvesting corn. The September full Moon can also be called the Harvest Moon. Unlike other full Moon names, which are specific to their respective months, the Harvest Moon is tied to an astronomical event: the autumnal equinox. The full Moon that falls nearest to the equinox (September 22) takes on the name "Harvest Moon," rather than its traditional name. The Harvest Moon provides the most light at the time when it's needed most—to complete the harvest!

Dates to Remember in September

Baby Safety Month	9/3	Labor Day
Chicken Month	9/8	International Literacy Day
Better Breakfast Month	9/9	Grandparents Day
Classical Music Month	9/16	Wife Appreciation Day
Hispanic Heritage Month	9/17	Working Parents Day
Piano Month	9/19	Talk like a Pirate Day
Honey Month	9/26	Johnny Appleseed Day
Courtesy Month	9/28	Be a Good Neighbor Day



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GREATER LAFAYETTE CELEBRITY SPOTLIGHT

Wright Flower Shop

1199 Sagamore Parkway West West Lafayette, IN 47906 765-743-2000

WrightFlowerShop.com

Owners: Tyler and Megan Cotterman

How long have you lived in the area? Did you go to any of the local schools?

We grew up together in and around Lafayette and met in church nursery as babies at Faith Baptist Church. Megan is from Buck Creek and graduated from Faith Christian School in 2006. Tyler is from Chalmers/Monticello and graduated from Frontier High School in 2006. We started dating in high school, and married in 2010 after finishing our degrees at Purdue University. Megan has a Liberal Arts degree while Tyler has an Agriculture Economics degree. We started a pet sitting service business in college and concierge service shortly after college.

In 2015, after many years of working for them, Bob and Molly King were looking to take a step towards retirement and approached us about buying the Wright Flowers. We started learning more about the business and shadowed for over a year until the purchase in April 2016. We changed the name to Wright Flower Shop and hired design team with over 30 years of experience.

We believe that a flower shop is more than just flowers. We believe a flower shop is about "sharing the love". Someone sends flowers to someone else because of love, whether they're having a birthday, an anniversary, a new baby, a rough day, etc. We love being able to help someone "share the love". We're excited that this business allows us to love the community around us.

How many children do you have?

We don't yet have any children but they are on the horizon. We have 3 businesses and a full time job that keeps us busy. One of our businesses is a pet sitting service so we host dogs all the time. After 11 years with that business, those dogs have become our "kids" too.

Name ONE of your favorite Family activities to do in the Greater Lafayette area?

More recently, Exploration Acres has been a great activity each fall.

What is your favorite childhood memory?

Too many to count. Growing up in Lafayette, there are so many great activities like going to the Feast of the Hunter's Moon, attending area high school and Purdue sporting events, Parades down town, the 4-H Fair, and Columbian Park Zoo and Tropicano Cove just to name a few. Tyler is a huge pizza fan so eating Pizza King, Moncial's, Arni's, Greeks, MadMushroom, etc are all great flavor memories.

Is there anything exciting coming to town that you can share with us?

Mega Blast Laser Tag is opening November 2018 next to the Get Air Trampoline Park close to the new At Home store on State Road 38 in Lafayette. I think both of these options are great ways to burn energy off kids during rainy or winter weather.



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GREATER LAFAYETTE CELEBRITY SPOTLIGHT

What is something interesting about the Greater Lafayette area that's not really well-known, something interesting?

Since I'm from just outside of the Greater Lafayette area, I'll share some great day trip options. Fair Oaks is a wonderful adventure for children. It introduces them to Agriculture with tours of the farm. Indiana Beach is a great warm weather trip too. Rides for adults and kids. A Sunday drive through the wind farm in Brookston is a simple way to kill some time and see clean energy being produced. And lastly, a tour of Wright Flower Shop! We love showing off our new space at the corner of Yeager and 52. The cooler is always a fun room to walk in with kids. Well behaved kids sometimes get to take a piece of the flower shop home.

SPECIAL OFFER TO MOM'S CLUB:

There are several ways to place an order: stop by the shop, call in, or online. We're offering free delivery to any Mom's Club member. If you stop by the shop, show us your Mom's Club pin. If you call in, give us code "Mom's Club". And if you order online, use promo code "MClub".













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What's New Around Town

Mosey Down Main Street

Sat, September 1st, 2017 8:40 PM EDT Main St, Lafayette, IN 47901, United States



Don't miss the Mosey Down Main Street- an incredible evening of great music, food and drinks! We had a blast playing this event last year and we can't wait for another fantastic Mosey! Times are approximate right now. Stay tuned for more details.



Kids Workshop at The Home Depot

Sat, September 1, 2018 9:00 AM – 12:00 PM EDT 311 Sagamore Pkwy N, Lafayette, IN 47904

(Build a Field Goal!) Kickoff football season with a portable action-packed field goal game. In this workshop, you and your child can build a game to test your aim. Simply flick or drop-pluck the ball through the goal posts to score a field goal worth three points. Once the game is built, your child can customize it with paint and stickers—play solo or with a friend and switch between field judge/scorekeeper and placekicker. Recommended for ages 5 through 12.



Country Fair @ The Farm at Prophetstown

September 8th, 10am-4pm 3534 Prophetstown Road West Lafayette, IN 47920

Join us for an exciting day on The Farm! Enjoy great music, food, games, vendors, demonstrations, antique tractors, the Gibson Farmhouse, and the Battle Ground Saddle Club will be on hand to show off different horse breeds! Pie eating contest at 12:00pm. \$5 per car, plus park admission. 10:00am-4:00pm.



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St. Boniface German Fest

Saturday, September 8th, 2018 4:30 PM to 11 PM EST 318 N 9th St, Lafayette, IN 47904



The festival takes place in downtown Lafayette at the St. Boniface Catholic Church. Festival goers can enter and exit at 8th and Ferry Streets, 9th and Ferry Streets, and 9th and North Streets.

https://lafayettegermanfest.org/

Family Fun Friday: Zoo Snooze

September 21st -22 (6:30pm – 10am) Columbian Park and Zoo 1915 Scott Street, Lafayette IN 47904



Camp out at the Zoo and enjoy an evening of family-fun activities, a flashlight tour of the Zoo, encounters with some of the Zoo's nocturnal residents, a pizza dinner and morning breakfast. Families may bring a tent, or sleep beneath the stars.

(For families of all ages)

Fees: \$100 Members, \$150 Non-Members

Handkerchief Dolls @ The Farm at Prophetstown
 September 29th, 11am-Noon
 3534 Prophetstown Road West Lafayette, IN 47920



Try your hand at making a handkerchief doll. These dolls have been made for hundreds of years. Learn the history behind the doll and take home your work. FREE with park admission. 11:00am - 12:00pm.



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Global Fest at Purdue University

Saturday, September 15th 12noon -10pm



Global Fest celebrates our diverse community and world cultures through music, dance, crafts and international food. Free performances by Séamus Egan Project and Orquesta El Macabeo.

Enjoy and explore world cultures through music, dance, crafts, displays, and international food. Continuous stage entertainment, cultural displays, and children's activities are among the free activities. New to the festival this year—the inclusion of the 43rd International Food Bazaar by the International Center of West Lafayette, featuring delicacies from all around the world. The beer garden opens at 5pm.

NATURALIZATION CEREMONY

FRIDAY, SEPTEMBER 14 | 3PM | White Horse Christian Center | 1780 Cumberland Ave. | FREE

GLOBAL FEST MAIN STAGE

SATURDAY, SEPTEMBER 15 | 12PM-10PM | Columbia St. and Chauncey Ave. | FREE Join us for events that celebrate our diverse community and world cultures through music, dance, crafts, displays, and international food.

SÉAMUS EGAN PROJECT

SATURDAY | 7PM | Columbia St. and Chauncey Ave. | FREE

Columbia St. and Chauncey Ave. Séamus Egan is among contemporary Irish music's most prolific torchbearers.