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RESEARCH ARTICLE

Emotion Recognition Using Temporally Localized Emotional Events in EEG With Naturalistic Context: DENS# Dataset

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ABSTRACT Emotion recognition using EEG signals is an emerging area of research due to its broad applicability in Brain-Computer Interfaces. Emotional feelings are hard to stimulate in the lab. Emotions don't last long, yet they need enough context to be perceived and felt. However, most EEG-related emotion databases either suffer from emotionally irrelevant details (due to prolonged duration stimulus) or have minimal context, which may not elicit enough emotion. We tried to overcome this problem by designing an experiment in which participants were free to report their emotional feelings while watching the emotional stimulus. We called these reported emotional feelings "Emotional Events" in our Dataset on Emotion with Naturalistic Stimuli (DENS), which has the recorded EEG signals during the emotional events. To compare our dataset, we classify emotional events on different combinations of Valence(V) and Arousal(A) dimensions and compared the results with benchmark datasets of DEAP and SEED. Short-Time Fourier Transform (STFT) is used for feature extraction and in the classification model consisting of CNN-LSTM hybrid layers. We achieved significantly higher accuracy with our data compared to DEAP and SEED data. We conclude that having precise information about emotional feelings improves the classification accuracy compared to long-duration recorded EEG signals which might be contaminated by mind-wandering. This dataset can be used for detailed analysis of specific experienced emotions and related brain dynamics.

INDEX TERMS Affective computing, CNN, DEAP, DENS, EEG, emotion dataset, emotion recognition, LSTM, SEED.

I. INTRODUCTION

Emotion recognition has been a challenging task in artificial intelligence. Several methods are available for measuring the participants' emotions. These methods include behavioural changes, subjective experiences self-reported by the participants, peripheral and central nervous system measures, etc [1]. Brain activities are among the most robust dimensions of detecting human affect, as it is difficult for the users to manipulate innate brain activity during the process. Accordingly, Electroencephalography (EEG) is considered a

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suitable and convenient method to record electrical activities to measure brain activities as it is a non-invasive method, i.e. there are no scalpel incisions.

Many studies have already been conducted to measure human affect with the help of EEG and other peripheral responses [2], [3], [4], [5]. In the previous studies, the focus of the study was to develop a database that is labelled and suitable for emotion detection by intelligent systems and has contributed to affective computing. There is a typical method in these studies to elicit emotion in the participants by presenting them with video clips as stimuli. In the process of emotion recognition and other classification tasks, all the EEG data for that stimulus are

to be considered for the classification model, as there is no information about the precise temporal location at which a participant may experience the emotion. Models must consider all the data presented for that label, which is unnecessarily computationally expensive and decreases the system's efficiency by feeding not-so-essential data in the input.

In our approach, we have presented a novel method to overcome this issue by providing precise information about the emotion elicitation, self-reported by the participants. We call it an 'Emotional Event'. In this method, an additional task is given to the participants to mention precise temporal information by clicking on their computer screens while watching the emotional clips if they feel some emotion. Also, to the best of our knowledge, there are no EEG affective datasets available for the Indian subcontinent population. Hence we tried to reduce this research gap in our work. We have considered DEAP dataset [2] and SEED dataset [3] for comparison. We tried to follow a format similar to the benchmark datasets and compared our dataset's results with these datasets based on statistical significance.

EEG measures the electrical signals from the scalp with temporal details. Different EEG devices vary with the number of channels of EEG. Thirty-two or fewer EEG channels are especially notable in affective computing research [6]. A few studies are also available with up to 64 electrodes. In this work, we used a 128-channel EEG device to detect emotions. This EEG cap follows the International 10-10 system's standards [7].

Emotions are complex and challenging to understand as many theories exist about emotions, and there is a lack of a single consensus theory [8]. The study of emotions has been an emerging topic that combines multi-disciplines such as psychology, neuroscience, computer science and medicine, etc. There are different aspects involved in determining emotions, such as behavioural, psychological and physiological aspects, cognitive appraisals, facial expressions, vocal responses, subjective experiences, etc. This study focuses on physiological aspects of emotion, which are considered into account by the brain signals captured through EEG while watching emotional video clips. Further, this study tries to collect a comprehensive list of subjective experiences through a self-assessment rating at the end of each clip.

Many approaches could be used to assess the participants' emotional states. Earlier, some basic emotions were used that are universally recognised for study purposes [9]. Later, some theories explained some complex emotions that are a combination of basic emotions [10]. Multi-dimensional theories of emotions are the widely accepted theories for assessing core affect [11], [12]. According to these theories, emotions are considered a multi-dimensional array; one dimension is for valence (experiencing positive or negative) and the other for arousal (experiencing the intensity) or dominance (controlling or feeling controlled). A few more dimensions are also considered, that make the spectrum

broader, e.g., relevance (how much the stimulus is relevant to the participant's emotional feelings), familiarity (how much the participant is familiar with the stimulus) and liking (how much the participant liked or disliked the stimulus). Asking participants to report these experiences on a continuous scale is common in similar studies. Some theories deal with the physiological responses of feeling emotions, e.g., body temperature and heartbeat change [13], [14]. It is obvious from the theories that emotion is not a one step process; instead, it is a combination of physiological responses and other information. Evidence shows that many brain regions are involved during emotion perception [15]. We have also collected ECG and EMG data of the participants along with EEG to consider these parameters.

Emotion recognition through EEG data follows a similar pattern as used in various EEG signal analyses. First, the data is acquired, and some preprocessing is applied to the signal. These preprocessing steps involve removing artefacts such as ocular activity, muscle activity, and powerline interference. Also, downsampling of the signal and bandpass filtering are used to make data more useful. Various dimensionality reduction techniques, such as ICA and PCA, are also used to prune the data to make it feature-rich. After preprocessing, features are extracted from the signal to feed into the model for the classification task. Different kinds of features are extracted such as time-domain (e.g., event-related potential (ERP), high-order crossing (HOC), etc.), frequency-domain (e.g., power spectral density (PSD), etc.); and time-frequency domain (e.g., STFT, wavelet analysis, etc.) features.

EEG records multi-frequency non-stationary brain signals from various electrodes. Analyzing these signals is challenging because of the complex and irregular nature of EEG signals. The time-frequency domain analysis has the benefits of both the time and frequency domains, e.g., better spatial and temporal information from EEG signals. One basic time-frequency domain feature extraction method is Short-Time Fourier Transform (STFT). STFT is a time-ordered sequence of spectral estimates and is one of the powerful and general-purpose signal processing techniques. It has been used in the field of spectral analysis of a signal. The STFT is used to compute spectrograms which are used extensively for signal processing. Spectrograms are visual representations of the spectrum of frequencies of a signal with varying times [16].

CNN is the most frequently used architecture for EEG analysis and classification tasks, and DBN and RNN follow it [17]. Hence we have used a combination of the CNN and LSTM model. It also helped to compare our dataset with the benchmark datasets in terms of maximum classification accuracy. Using artificial intelligence for affective computing provides better learning capabilities to intelligent systems. With the advancement of computing power and the development of effective and advanced neural network research, the trend of using various machine learning and deep learning

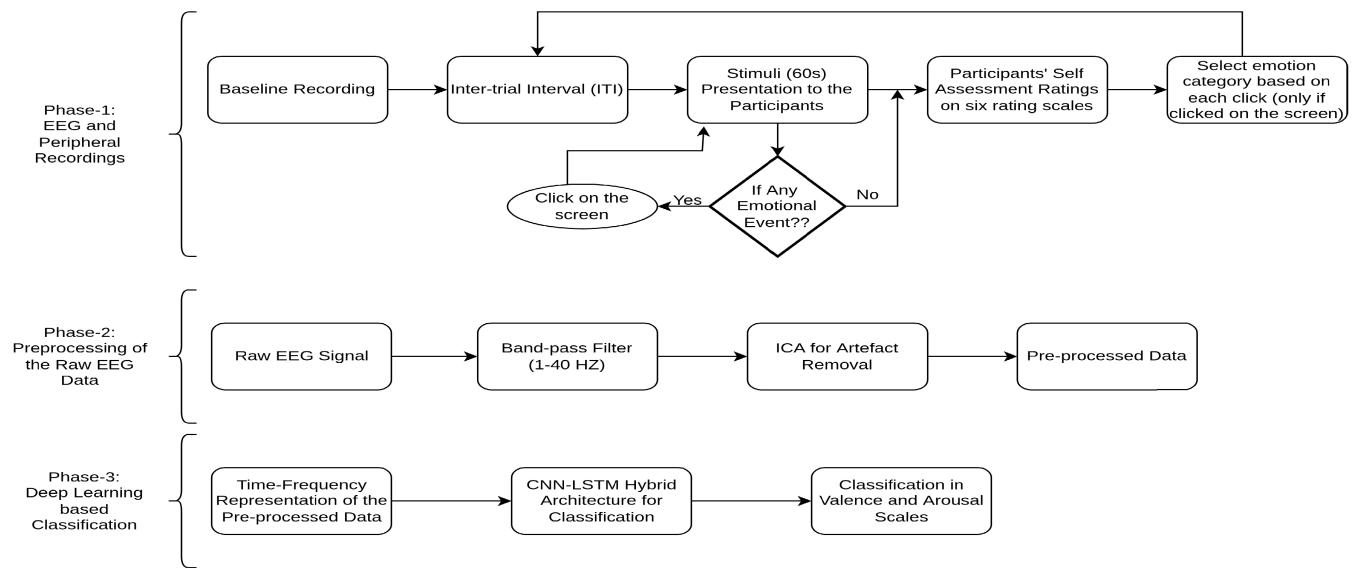


FIGURE 1. Complete Flowgram of the Experiment.

techniques has grown within the last few years [18]. This work employs the widely used state-of-the-art deep learning methods to detect emotions from EEG signals.

In this work, we contribute to the affective computing research by emphasising the importance of considering the duration of the signal encoding information about emotional experience. Emotion duration is the essential component of emotion dynamics [19], which is ignored in other datasets. We take account of emotion duration, which, to the best of our knowledge, had never been considered before. By comparing with other datasets using the same stimulus modality, we show that better emotion recognition accuracy can be achieved if the temporal information is incorporated.

This paper is organized into six sections. In the introduction section, we introduced the ongoing trends in affective computing, EEG emotion analysis and our dataset. In the next section, we introduced our proposed dataset- DENS, Emotional Events, experimental details (e.g., stimuli, EEG recordings, ratings etc.), preprocessing of the EEG data, its salience features and other datasets used (DEAP and SEED). In the methodology section, we discussed the feature extractions, input preprocessing of the extracted features for the classifier and deep learning model architecture for the same. Next, we have the results section, discussing the comparison results of the DENS-DEAP and DENS-SEED data based on several parameters and also comparing our results with recent studies. After that, we have a discussion section discussing the results and future aspects. At last, we concluded our analysis in the conclusion section.

II. DATASET ON EMOTION WITH NATURALISTIC STIMULI (DENS)

The complete flow diagram of our experiment is given in Fig. 1. We call our dataset ‘Dataset on Emotion with Naturalistic Stimuli’ (abbreviated as DENS) [20].

A. EMOTIONAL EVENT

Emotion is a complex phenomenon which is embedded within a context [21]. Moreover, emotion is transient in nature and is not available throughout the stimulus duration. In fact, more than one aspect could be embedded within the stimulus context, and different participants can feel emotion at different points of time considering various aspects. However, most of the datasets recorded to date [2], [3] ignore the transient nature of emotions and provide a single emotional category for the whole stimulus duration. Although the stimulus has emotional information, it has some non-emotional aspects too, which could lead to mind-wandering activity. Although there are some attempts to get continuous subjective feedback on emotional experience and neural activity, the experimental method involved multiple watching of the stimulus and retrospective collection of emotional experience [22], [23], [24], [25], [26]. The retrospective collection depends on autobiographical memory and can raise biases across subjects depending on their capability to recall [27]. Also, repetitive viewing effects can bias the ratings and underlying neural effects [27]. Hence, an experimental paradigm is needed to record the participants’ feedback dynamically, with minimal distraction during emotion processing and minimizing the memory recall biases. In this work, we are introducing a novel paradigm in which the time-stamp of emotional feelings can be marked online that can be further utilized to get the subjective feedback of emotional feelings and analyze brain signals temporally localized to the feeling of an emotion. We refer to these time-stamped emotional feelings as “emotional events”.

B. EXPERIMENTAL DETAILS

1) STIMULI

The selection of stimuli to induce participants’ emotions also plays a vital role in emotion recognition. A careful selection

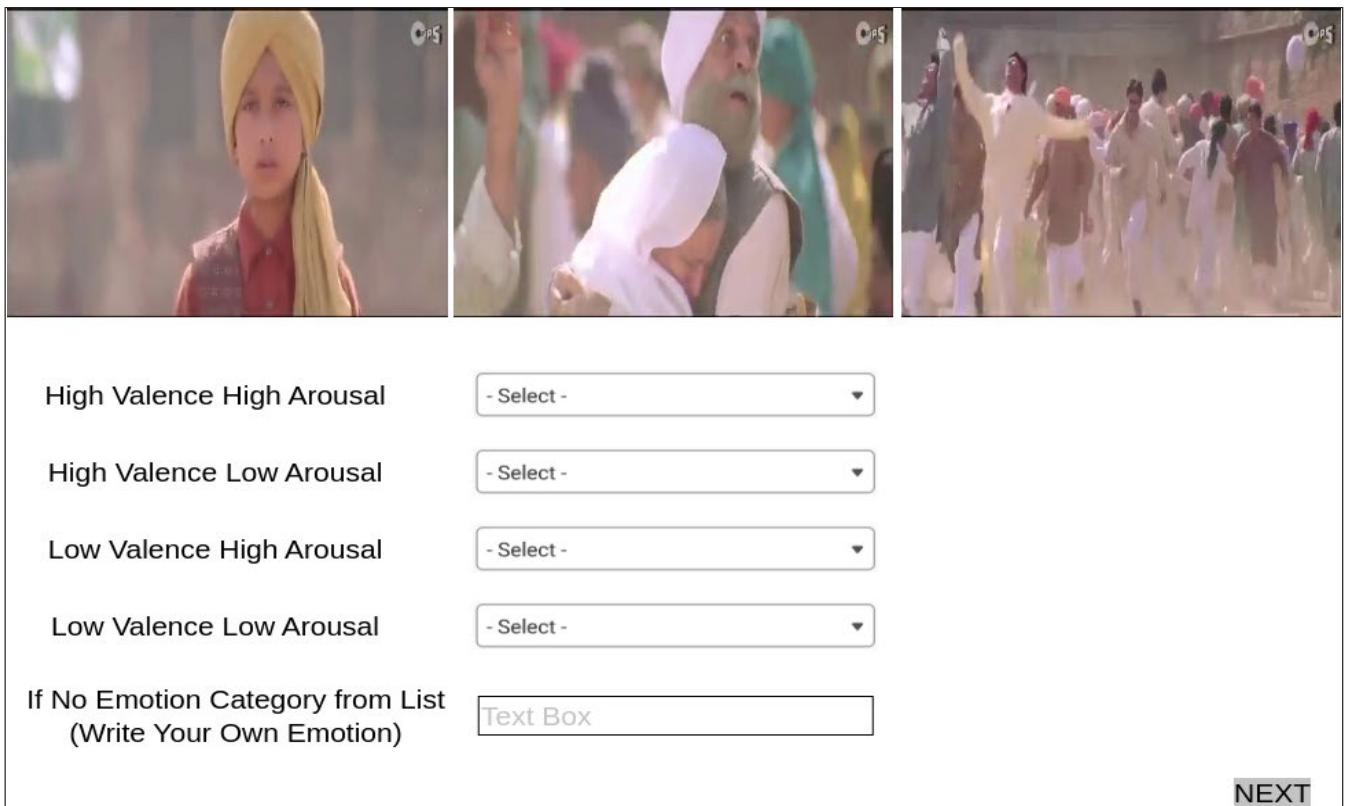


FIGURE 2. Emotion Category Selection Screen for Emotional Event (Click): After the participants rated all the six rating scales of Valence, Arousal, Dominance, Liking, Familiarity and Relevance, they are shown this screen for emotion category selection. On this screen, three image frames were shown. The middle one belongs to the time of the click; the left one is 20 frames earlier, and the right one is 20 frames after the click (Please note that the stimulus clips were shown in 30 frames per second). It helps participants to recall easily. They only have to select one emotion category. If the experienced emotion is not present in the list, they were free to write their own.

3) RATINGS

Subjective ratings are one of the well-known methods to evaluate the personal emotional experience of the participants. Emotional pictures/videos or audio clips are presented to the participants, and they are asked to rate these clips on different scales based on their personal experiences. These scales include Valence, Arousal, Dominance, Liking, Familiarity and Relevance. The rating scales range from 1 to 9 for Valence, Arousal and Dominance. For Liking, familiarity and Relevance, it ranges from 1 to 5. Although, in this analysis, we considered only valence and arousal scales.

4) SUMMARY OF THE EEG SIGNALS

As explained above, 465 emotional events were extracted from the forty participants in this experiment. All the participants clicked at least one time (average **1.29** times) during the stimulus.

Although for each participant and each stimulus, EEG recording is available for the whole stimulus (i.e., for the 60s), we have considered the signal for 7 seconds duration (1 second before the click and 6 seconds after the click) for each emotional event. We have tested for other time durations (e.g., 8s, 9s, up to 10s) but found better results with 7s duration. The recording has a sampling rate of 250 Hz.

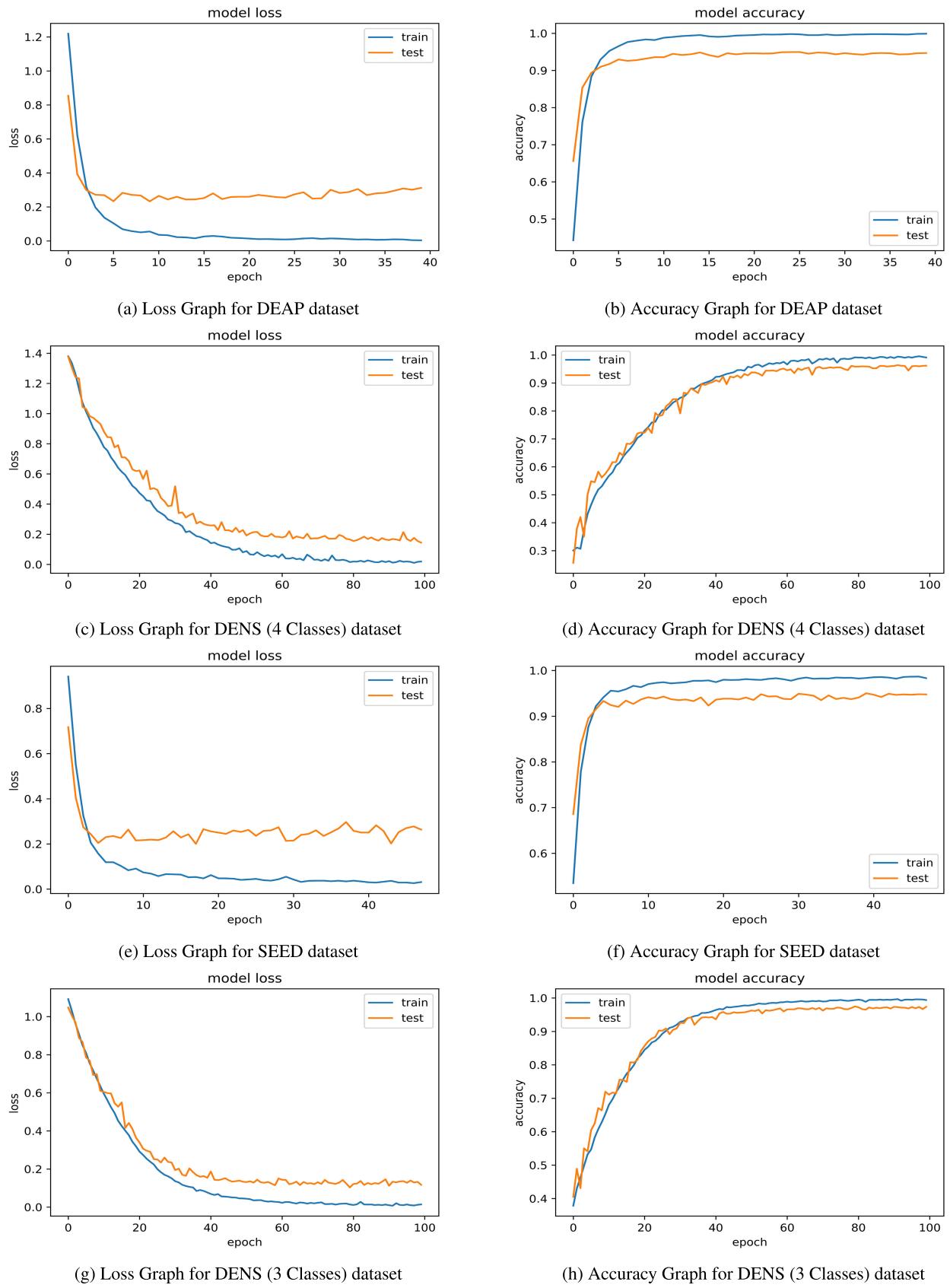
C. PREPROCESSING AND ARTIFACT REMOVAL OF THE EEG DATA

The procedure followed to perform the preprocessing is described elsewhere [29]. The critical step which should be described here includes filtering and artifact removal. We had 128-channel EEG raw data with a sampling rate of 250 Hz. The raw signal is filtered using a Butterworth fifth-order bandpass filter with the passband 1-40 Hz. Independent component analysis (ICA) is used to remove artifacts, including heart rate, muscle movement, and eye blink-related artifacts.

D. OTHER DATASETS USED

We have used DEAP dataset [2] (a dataset for emotion analysis using EEG, physiological and video signals) and SEED dataset [3] (A dataset collection for various purposes using EEG signals) for comparing the results with our dataset (DENS).

The DEAP dataset consisted of 40 videos/trials, and for each trial, there are 40 channels of EEG, including peripheral signals, are available, and data is given for each channel. We have used only 32 channels (i.e., discarded peripheral signals) for the experiment as we only want to use data from the brain only. This data was already preprocessed as 128 Hz

**FIGURE 8. Loss and Accuracy Graphs for All the datasets Used.**

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