

**Subject:** The 2 books for Dad

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Dropping by B&N later today to get hard copies of these hardcover books for Dad:

Why We Get Sick - Bikman

[https://drive.google.com/file/d/120Usydybjm0XuBC\\_lhMT7fGy3lO-FFe/view?usp=sharing](https://drive.google.com/file/d/120Usydybjm0XuBC_lhMT7fGy3lO-FFe/view?usp=sharing)

[https://www.amazon.com/Why-We-Get-Sick-Epidemic/dp/1953295770/ref=sr\\_1\\_1](https://www.amazon.com/Why-We-Get-Sick-Epidemic/dp/1953295770/ref=sr_1_1)

Metabolical - Lustig

[https://drive.google.com/file/d/125NURRP6Fa6ci\\_7kFamMLdz9oxvF4MZa/view?usp=sharing](https://drive.google.com/file/d/125NURRP6Fa6ci_7kFamMLdz9oxvF4MZa/view?usp=sharing)

[https://www.amazon.com/Metabolical-Processed-Nutrition-Modern-Medicine-ebook/dp/B08F7S58JY/ref=sr\\_1\\_1](https://www.amazon.com/Metabolical-Processed-Nutrition-Modern-Medicine-ebook/dp/B08F7S58JY/ref=sr_1_1)

Huy