

**Subject:** Re: Supportlinc Requested Resources for 425494

**From:** Mark Cao <mark.cao@gmail.com>

**Date:** 8/23/2023, 10:56 AM

**To:** Hanh Cao Yu <hanh.cao.yu@stanfordalumni.org>

Okay. The more I think about it, the more I'm realizing it's very hard to find the perfect place. The only guarantee of decent treatment is to visit often and regularly so that the staff are on their toes.

On Wed, Aug 23, 2023, 10:39 AM Hanh Cao Yu <[hanh.cao.yu@stanfordalumni.org](mailto:hanh.cao.yu@stanfordalumni.org)> wrote:

I would be visiting him more 1-2 days a week, so if you want him more convenient to you, I'm good with that.

Hm

On Wed, Aug 23, 2023, 1:32 PM Mark Cao <[mark.cao@gmail.com](mailto:mark.cao@gmail.com)> wrote:

1. Transportation.

Free tickets for Southwest would be good! They have good "meet and greet" services for wheelchair, which is what Dad will need.

2. Living.

Looking at a large community now at Santana Row called Bemont. Around 130 residents, even includes 24-hour nursing (which most assisted living places don't have). Has on-site therapy, PT, OT and ST, but they say Kaiser doesn't pay for it, so the sessions would be out of pocket. A studio there runs for around \$6K/month.

The Yelp reviews are fine, tending to be higher than average for this kind of facility. But there are some negative reviews that are from several years ago. I am not sure that there are any perfect places out there. There's one spot called Caring Hearts that has good reviews, but their availability is limited, with only 12 residents.

The Belmont community would be good for good for me, as it's on my way to work and back home. I figure I'll visit Dad 5-6 times per week, so physical location could be important.

We could also look to Fremont and Union City as well, but that depends how often you plan to visit him. Thoughts on that?

On Wed, Aug 23, 2023, 4:51 AM Hanh Cao Yu <[hanh.cao.yu@stanfordalumni.org](mailto:hanh.cao.yu@stanfordalumni.org)> wrote:

I'm curious what you'll find in terms of fit with Dad's needs for 24/7 assisted care.

How does air transport work?

Btw, I have a lot of points on SWA. Can use for you and him to travel.

H.

On Tue, Aug 22, 2023 at 10:31 PM Mark Cao <[mark.cao@gmail.com](mailto:mark.cao@gmail.com)> wrote:

Fyi, I'm going to start checking these out to see if she's providing a quality list.

And regarding transportation, I'm thinking air transport is going to be the safest and most comfortable.

----- Forwarded message -----

From: **Kimberly Garza** <[kimberlygarza@mysupportportal.com](mailto:kimberlygarza@mysupportportal.com)>

Date: Tue, Aug 22, 2023, 4:47 PM

Subject: Supportline Requested Resources for 425494

To: [mark.cao@gmail.com](mailto:mark.cao@gmail.com) <[mark.cao@gmail.com](mailto:mark.cao@gmail.com)>

Dear Mark,

Thank you for reaching out to Supportline regarding eldercare assistance. Based on our conversation, I've compiled the below resources that include assisted living in the requested areas.

Westmont of Milpitas

[80 Cedar Wy, Milpitas, CA 95035](#)

(408) 770-9575

<https://www.westmontliving.com/ca/milpitas/westmont-of-milpitas/>

Fremont Hills

[35490 Mission Blvd, Fremont, CA 94536](#)

(510) 796-4200

[https://www.watermarkcommunities.com/our-communities/california/fremont/fremont-hills/?gclid=EAIaIgcChMI88Lu4NvugAMVhAfnCh3JfwhXEBAYAiDIARICVWzw\\_wcB](https://www.watermarkcommunities.com/our-communities/california/fremont/fremont-hills/?gclid=EAIaIgcChMI88Lu4NvugAMVhAfnCh3JfwhXEBAYAiDIARICVWzw_wcB)

Carlton Senior Living Fremont

[3800 Walnut Ave, Fremont, CA 94538](#)

(510) 505-0555

<https://www.carltonseniorliving.com/community/fremont/>

Aegis Living Fremont

[3850 Walnut Ave, Fremont, CA 94538](#)

(510) 584-9526

<https://www.aegisliving.com/aegis-living-of-fremont/?laid=10>

Cogir of Fremont

[2860 Country Dr, Fremont, CA 94536](#)

(510) 574-7395

[https://www.cogiroffremontseniorliving.com/?utm\\_source=GMB&utm\\_medium=organic](https://www.cogiroffremontseniorliving.com/?utm_source=GMB&utm_medium=organic)

Here are some resources that could possibly assist you further with your search:

- <https://www.usaging.org/eldercareloc>
- <https://www.aplaceformom.com/caregiver-resources/articles/assisted-living-vs-nursing-homes>
- <https://www.fremontunitedway.org/>

Additionally, there are some great articles, tip sheets, and tool kits you may find helpful directly on your support portal. Please go to [www.supportline.com](http://www.supportline.com) and click the “Create Account” button, enter the group code (typically your company name, all lowercase, without spaces) and follow the simple instructions to create your personal account.

If you have any questions regarding the information we provided, please don’t hesitate to contact me.

**Kimberly Garza**

Work Life Resources

[kimberlygarza@mysupportportal.com](mailto:kimberlygarza@mysupportportal.com)

Direct Line: 224.539.4242

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Hanh