

**Subject:** Re: Concerns Regarding Dad's Care and Well-being

**From:** Mark Cao <[mark.cao@gmail.com](mailto:mark.cao@gmail.com)>

**Date:** 1/9/2025, 5:06 PM

**To:** Hanh Cao Yu <[hanh.cao.yu@stanfordalumni.org](mailto:hanh.cao.yu@stanfordalumni.org)>, Thanh Xuan Huynh <[Thanhxhuynh2003@yahoo.com](mailto:Thanhxhuynh2003@yahoo.com)>

Are you sure, Hanh, you don't want me to send the screen captures of our texts about this topic?

On Thu, Jan 9, 2025, 4:57 PM Hanh Cao Yu <[hanh.cao.yu@stanfordalumni.org](mailto:hanh.cao.yu@stanfordalumni.org)> wrote:

Very disturbing lies

On Thu, Jan 9, 2025, 4:56 PM Mark Cao <[mark.cao@gmail.com](mailto:mark.cao@gmail.com)> wrote:

And I heard directly from you that I should help Dad to die. It did not come from any kind of worker but directly from you.

On Thu, Jan 9, 2025, 4:47 PM Mark Cao <[mark.cao@gmail.com](mailto:mark.cao@gmail.com)> wrote:

You yourself were there the last time they complained about the expired food mom brought, around 10 days ago. I witnessed for myself mom putting uncovered meat into the BC refrigerator. I saw for myself the expired milk she gave dad on the week before his ER visit. Please.

Mom can eat whatever quality food she wants for herself. But it is completely unacceptable to give the same to Dad when he is under a different medical care.

On Thu, Jan 9, 2025, 4:40 PM Hanh Cao Yu <[hanh.cao.yu@stanfordalumni.org](mailto:hanh.cao.yu@stanfordalumni.org)> wrote:

Be very careful, Huy. You're relaying lies from people who have consistently gained financially from Dad being in his current hospice and BC arrangement.

When hospice patients live more than 6 months and are doing as well as Dad has under mom's care, Dad should be reassessed to see if hospice is the correct course.

I asked Maylin this several times if she can have Dad reassessed and have not heard an answer from you or her. Unacceptable.

I've said this multiple times to you, Maylin, the BC staff, and Dad: I want Dad to LIVE and have a high quality of life. I am asking Kaiser, as his daughter, to reassess if hospice is appropriate. He seems to be going stronger than ever with the attention Mom had given him. He deserves much better care than he's getting currently which is substandard.

Best regards,

Hanh

On Thu, Jan 9, 2025, 2:13 PM Mark Cao <[mark.cao@gmail.com](mailto:mark.cao@gmail.com)> wrote:

Dear Mother and Hanh,

I want to address some ongoing issues concerning Dad's care and well-being. It's crucial that we all respect his autonomy and ensure his peace for the time he has remaining.

Normative Expectations:

People, including the elderly, should live their lives without unsolicited interference. When someone appoints a Power of Attorney, it should be respected, with legal avenues available for disputes rather than harassment. Part of the role of the POA is to protect the elder. I do not want to exercise POA powers to restrict others, but I will do so if Dad's happy and health continue to be so adversely affected.

Concerns:

- \* The term "wife" should not be used by someone who is legally an ex-wife, as it causes confusion and disrupts Dad's peace.
- \* Financial transactions, like the payment to Elena at the B&C in Castro Valley, should be examined to ensure they are made legally and with Dad's best interest in mind.
- \* Suggestions for Dad's care to the B&C or to hospice personnel, especially regarding custody or health decisions, should come from those legally appointed or through proper channels.
- \* Claims of POA by a daughter whose authority has been long revoked can lead to confusion and legal issues.
- \* Discussions about euthanasia are highly sensitive and should be approached with utmost care and legality, especially coming from a daughter.
- \* Interference with professional caregivers can compromise Dad's health and well-being. Bringing spoiled or expired food to Dad poses high health risks and should never happen again.

Impact of Recent Actions:

The stress placed on Dad, particularly around New Year's Eve, has had visible emotional and health implications. His expressed wish to die following these interactions is deeply concerning.

**Please reflect on how your actions might be affecting Dad. It's important we all work towards his comfort and autonomy, not against it. While I've hesitated to limit your visits, continued stress might very necessitate more formal boundaries to protect his health.**

I urge you to consider the impact of your involvement and strive to support Dad in ways that align with his expressed wishes and medical advice.

Best regards,  
Huy