

**Subject:** Re: "This is huge": Hearing aids now available without a prescription - Kaiser Health News  
**From:** Mark Cao <mark.cao@gmail.com>  
**Date:** 10/20/2022, 6:03 AM  
**To:** Hien Cao <hcaosc@gmail.com>  
**CC:** Hanh Cao Yu <hanh.cao.yu@stanfordalumni.org>

Yes, I'm willing to chip in! As for intel, yes, let me ask Annalise and get back to you. :-)

I love the idea of a hearing aid, but "listening loss" seems more likely to be caused by his cognitive decline, not the other way around. There is a book coming out next month, called Brain Energy, which I'd like to get you a copy of for Christmas. Really interesting stuff.

On Mon, Oct 17, 2022 at 8:28 AM Hien Cao <[hcaosc@gmail.com](mailto:hcaosc@gmail.com)> wrote:

This is an article about prescription vs. non-prescription hearing aids. [https://www.aarp.org/health/conditions-treatments/info-2022/over-the-counter-hearing-aid-facts.html#:~:text=Over%2Dthe%2Dcounter%20\(OTC,hearing%20loss%2C%20the%20FDA%20says.](https://www.aarp.org/health/conditions-treatments/info-2022/over-the-counter-hearing-aid-facts.html#:~:text=Over%2Dthe%2Dcounter%20(OTC,hearing%20loss%2C%20the%20FDA%20says.)

If dad needs it and will wear it, I'm more than happy to contribute even if it's for the more expensive prescription one. Chris' mom wore it. You have to replace the small batteries weekly. Because they're small, they're also easy to lose.

On Oct 17, 2022, at 7:35 AM, Hanh Cao Yu <[hanh.cao.yu@stanfordalumni.org](mailto:hanh.cao.yu@stanfordalumni.org)> wrote:

Huy,

You are greatly good about getting intel on Dad and doing research. Would you have time to help? My sense was that price was a big barrier when I talked with him about this before covid.

He was driving and left the turn signal on for about a mile after the lane change. Inability to hear well is a serious impediment to driving safely.

H.

H.

On Mon, Oct 17, 2022, 7:04 AM Hien Cao <[hcaosc@gmail.com](mailto:hcaosc@gmail.com)> wrote:

Good idea Hanh. Do you know if he will use it? For some people it's a vanity thing to admit that they need it. I can never tell with him if he will or won't use it.

I don't know the difference between prescription or nonprescription but if we did it we should make sure it works well for him.

On Mon, Oct 17, 2022 at 5:42 AM Hanh Cao Yu <[hanhcaoyu@gmail.com](mailto:hanhcaoyu@gmail.com)> wrote:

Maybe we can get Dad a hearing aid for Christmas. I heard that loss of hearing is a big factor in cognitive decline. He will be visiting us from Dec 24-26.

H.

"This is huge": Hearing aids now available without a prescription - Kaiser Health News

<https://apple.news/AYiLMkKkzQ5GIXHLiKTHHoA>