

Subject: Re: Supportlinc Requested Resources for 425494

From: Mark Cao <mark.cao@gmail.com>

Date: 8/23/2023, 10:32 AM

To: Hanh Cao Yu <hanh.cao.yu@stanfordalumni.org>

1. Transportation.

Free tickets for Southwest would be good! They have good "meet and greet" services for wheelchair, which is what Dad will need.

2. Living.

Looking at a large community now at Santana Row called Bemont. Around 130 residents, even includes 24-hour nursing (which most assisted living places don't have). Has on-site therapy, PT, OT and ST, but they say Kaiser doesn't pay for it, so the sessions would be out of pocket. A studio there runs for around \$6K/month.

The Yelp reviews are fine, tending to be higher than average for this kind of facility. But there are some negative reviews that are from several years ago. I am not sure that there are any perfect places out there. There's one spot called Caring Hearts that has good reviews, but their availability is limited, with only 12 residents.

The Belmont community would be good for good for me, as it's on my way to work and back home. I figure I'll visit Dad 5-6 times per week, so physical location could be important.

We could also look to Fremont and Union City as well, but that depends how often you plan to visit him. Thoughts on that?

On Wed, Aug 23, 2023, 4:51 AM Hanh Cao Yu <hanh.cao.yu@stanfordalumni.org> wrote:

I'm curious what you'll find in terms of fit with Dad's needs for 24/7 assisted care.

How does air transport work?

Btw, I have a lot of points on SWA. Can use for you and him to travel.

H.

On Tue, Aug 22, 2023 at 10:31 PM Mark Cao <mark.cao@gmail.com> wrote:

Fyi, I'm going to start checking these out to see if she's providing a quality list.

And regarding transportation, I'm thinking air transport is going to be the safest and most comfortable.

----- Forwarded message -----

From: **Kimberly Garza** <kimberlygarza@mysupportportal.com>

Date: Tue, Aug 22, 2023, 4:47 PM

Subject: Supportlinc Requested Resources for 425494

To: mark.cao@gmail.com <mark.cao@gmail.com>

Dear Mark,

Thank you for reaching out to Supportlinc regarding eldercare assistance. Based on our conversation, I've compiled the below resources that include assisted living in the requested areas.

Westmont of Milpitas

[80 Cedar Wy, Milpitas, CA 95035](#)

(408) 770-9575

<https://www.westmontliving.com/ca/milpitas/westmont-of-milpitas/>

Fremont Hills

[35490 Mission Blvd, Fremont, CA 94536](#)

(510) 796-4200

https://www.watermarkcommunities.com/our-communities/california/fremont/fremont-hills/?gclid=EAIalgcChMI88Lu4NvugAMVhAfnCh3JfwhXEBAYAiDIARICVWzw_wcB

Carlton Senior Living Fremont

[3800 Walnut Ave, Fremont, CA 94538](#)

(510) 505-0555

<https://www.carltonseniorliving.com/community/fremont/>

Aegis Living Fremont

[3850 Walnut Ave, Fremont, CA 94538](#)

(510) 584-9526

<https://www.aegisliving.com/aegis-living-of-fremont/?llaid=10>

Cogir of Fremont

[2860 Country Dr, Fremont, CA 94536](#)

(510) 574-7395

https://www.cgiroffremontseniorliving.com/?utm_source=GMB&utm_medium=organic

Here are some resources that could possibly assist you further with your search:

- <https://www.usaging.org/eldercareloc>

- <https://www.aplaceformom.com/caregiver-resources/articles/assisted-living-vs-nursing-homes>
- <https://www.fremontunitedway.org/>

Additionally, there are some great articles, tip sheets, and tool kits you may find helpful directly on your support portal. Please go to www.supportlinc.com and click the “Create Account” button, enter the group code (typically your company name, all lowercase, without spaces) and follow the simple instructions to create your personal account.

If you have any questions regarding the information we provided, please don’t hesitate to contact me.

Kimberly Garza

Work Life Resources

kimberlygarza@mysupportportal.com

Direct Line: 224.539.4242

ANY INFORMATION OR RESOURCES PROVIDED IN THIS EMAIL OR ITS ATTACHMENTS ARE FOR INFORMATIONAL PURPOSES ONLY. WHILE GREAT CARE IS TAKEN TO PROVIDE THE MOST RELEVANT AND APPROPRIATE RESOURCES, THIS INFORMATION IS NOT AN ENDORSEMENT OR RECOMMENDATION. ONLY YOU CAN DECIDE WHAT BEST FITS YOUR NEEDS.

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Hanh