

Subject: Re: Dad's psychological habits
From: Hanh Cao Yu <hanh.cao.yu@stanfordalumni.org>
Date: 5/14/2023, 7:24 AM
To: Mark Cao <mark.cao@gmail.com>

It seems the worst likely scenario happened and Dad has more than hit bottom.

A good idea to suspend the PG to ensure Dad keeps the POA in place.

Let's work together to get Dad in a better place for him to get help and get rest once A and K are removed. Jeff on notice to move out?

You are a good son to not give up on him.

H.

On Sun, May 14, 2023, 12:30 AM Mark Cao <mark.cao@gmail.com> wrote:

Hi Hanh,

I spotted some interesting behavioral patterns on Dad's part that helped in convincing him to sign the durable POA. I'll try to list them starting with the most key points.

- * Persuading him seems to need both a stick and a carrot. Just the carrot does not work ("your family cares about you and wants to take care of you"), seemingly arousing his suspicions. The approach of being explicit about the stick ("The public guardian unfortunately will manage all your affairs without seeking your input") and low-key about the carrot ("the POA solution may turn out best for you") was the best way of having him conclude that the POA will be in his best interests.

- * He seems to make decisions best when he is alert and happy. When he is feeling drowsy, he wants to delay, lacks confidence, and is a bit more irritable when asked to make decisions. I was very interested in seeing which state works best because he is so prone to fatigue throughout the day.

- * He is very tired, both physically and tired of life. So if you show him a path of least resistance that's easy for him to understand, without arousing his anxiety and especially anger, he wants to believe you and to go along with it.

- * He does respect Annalise's opinion. So when Annalise gives her stamp of approval, he seems to have more confidence in going along with her idea.

A corollary to this is, which IMO we should apply to the future POA situation to discourage him from thinking of revocation, is to ask Kim to keep the case open (perhaps in a "suspended" state or a periodic monitoring state). That way, as we are selling the house, we could tell him the actions on his behalf are being watched by the public-guardian office; and the sale of his OC house will ensure

the OC case will eventually close for good.

Huy