

**Subject:** Re: Dad's new friend, Annalise  
**From:** Hien Cao <hcaosc@gmail.com>  
**Date:** 9/4/2022, 9:53 AM  
**To:** Hanh Cao Yu <hanh.cao.yu@stanfordalumni.org>  
**CC:** Mark Cao <mark.cao@gmail.com>

He doesn't make it easy for us to help him.

On Sun, Sep 4, 2022 at 9:52 AM Hanh Cao Yu <[hanh.cao.yu@stanfordalumni.org](mailto:hanh.cao.yu@stanfordalumni.org)> wrote:

A lot to absorb. Thanks for sharing all of what you learned via this email and text, Huy. Most importantly, thanks for making all the effort to visit with Dad. Our connection with him is very tenuous and at this point, it sounds like he has a weak safety net. It's very disturbing that he might be experiencing the onset of alzheimer. He'll need a lot of care for very serious health issues

H.

On Sat, Sep 3, 2022, 10:05 PM Hien Cao <[hcaosc@gmail.com](mailto:hcaosc@gmail.com)> wrote:

Wow, didn't see that coming. Thanks Huy.

On Sat, Sep 3, 2022 at 10:00 PM Mark Cao <[mark.cao@gmail.com](mailto:mark.cao@gmail.com)> wrote:

I'm a bit overwhelmed from meeting Annalise today, but for the most part, I have a very positive impression of her and think this could be good for Dad. She can be used as an emergency contact for Dad. Her cell phone number is (949) 878-5116, but before you contact her for the first time, I recommend that you be introduced to her.

Annalise is a white woman, I believe she is 80 or 81. Her description of herself:

- \* Peace corps volunteer in Ecuador. She brought a whole village to New Jersey.
- \* Math genius. She was a businesswoman most of her life and can do complex calculations in her head instantly.
- \* She has been healthy all her life and does not use drugs, whether prescription or recreational. (This is obvious -- she is articulate and alert.)

The part that's disturbing is the story she told of how Dad rescued her from an abusive senior home last week. I think this is a true story, but I'm not sure of her interpretation of events. She isn't sure how long she was there, but it sounds like less than two weeks. How she got put in there is unknown to her. She thinks her son's wife was behind it, but she doesn't know exactly. She also mentioned a couple of times that certain people claim she is schizophrenic. I can't completely rule this out, because some of her answers to my questions sounded disjointed. She let me take a photo of the business card of the senior home.

When she was there, she said two men forced injections on her each day. She described it as a pink pill that was dissolved, then injected using a big syringe. This made her go from energetic and healthy to now very achy all over her body and having difficulty with walking.

Dad being a friend and former landlord, she called him and he came and took her out of the home. She seems to say that this was possible due to the workers being on a work break. She and Dad took the chance and snuck out of the senior home, not sure if it was early AM or late PM.

She says she doesn't know why she was being given the treatment, and she was not told what the drug was for. She says the only two reasons she can think of are, (1) they were trying to claim money from her insurance (Humana) with drug treatments, or (2) she was enrolled in a pharma trial without her consent.

I don't think she made up this story, and it's clear she does believe it. Leo heard her ask Dad if she could tell "about what happened." She told me most of it while Dad was out of earshot, but she mentioned some parts of the story while we all were having dinner.

She told another story over dinner, which is that her son (she thinks actually her daughter-in-law) is withdrawing money from her bank account, thousands at a time, and she and Dad will talk to the bank about it after Labor Day.

Anyway, she operates at a high cognitive level, I'd say higher than Dad's or Mom's. Very good-natured and well-spoken. She does not come across as a gold digger at all (not that Dad has much gold). She seems to genuinely care about Dad's health, including his diabetes. She told me she reads 5 books every week. So, I am going to send her a couple of books, so that she has more knowledge about nutrition and diabetes. She wants to switch to a better GP for herself as well as for Dad, and knowing more should nudge her in the right direction when finding a GP. She and I agreed on most of the basics about nutrition.

There seems to be an implied boyfriend-girlfriend relationship between them. So, if that lasts, it is going to be good that she can help Dad to improve his health. She said to me that she believes he is at the onset of Alzheimer's. I explained to her that this makes sense (diabetes = insulin resistance = insulin resistance of brain = reduced energy for brain). She also brought up his snoring, apnea and narcolepsy, so she is clued-in about his general health issues.

Huy