

Subject: Re: Answer to questions

From: Hanh Cao Yu <hanh.cao.yu@stanfordalumni.org>

Date: 2/8/2023, 5:30 AM

To: Hien Cao <hcaosc@gmail.com>

CC: Huy Cao <mark.cao@gmail.com>

Really helpful, Hien. Thanks for taking all the time yesterday to sit in on the assessment appointment. As difficult as it was, it was helpful for us to better understand Dad's cognitive state and how to interact and support him as caretakers and family members.

The best we can do is to reinforce what we are already doing: meds, testing, healthy diet, and exercise. The additional items were listed in the letter with extra, extra measures of patience and emotional support. I thought it was interesting to read the advice about not relying on agreements and rationality.

Btw, Jeff shared that Dad wanted to put his income fund into a higher yield account. He even called his broker. We need to figure out how to let these entities know that Dad can no longer make financial decisions on his own and need to take any instructions from me/us. Dad delegated me as his primary trustee but I'll need your help.

I'll forward Jeff's email to Dad to advise him to take a capital preservation strategy and he also suggested to simplify it for Dad by consolidating his funds to something like TD Ameritrade.

H.

On Tue, Feb 7, 2023 at 10:39 PM Hien Cao <hcaosc@gmail.com> wrote:

Hien... I just read the doctor's long letter now carefully. A few Qs: 1) was a memory med prescribed?

No med was prescribed.

2) could the doctor say anything about how rapidly the dementia will progress?

No. It varies based on different factors. The fact that dad didn't take his meds probably accelerated his decline. The decline is not reversible.

3) I thought dad's head scan didn't show signs of a stroke.

If you read the results from the scan, it said no sign of a recent stroke. The memory doctor looked closely at his scans and said that there was signs of his brain shrinking slightly, hardening of some blood vessels on the outer edge, not taking his meds for diabetes & high blood pressure could have contributed to that.

Could the doctor say for sure he had a stroke? How recently?

From what she saw, she thought he had a minor stroke at some point. She can't say when from the scan. Just looks like a minor injury to the brain from a small stroke at some point.

What's the likelihood of another stroke? She didn't talk about the potential for another strokes. She talked to dad about staying on his meds, eating properly and getting exercise.

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Hanh