Subject: Analysis of Dad's prescriptions **From:** Mark Cao <mark.cao@gmail.com>

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FYI.

What can be concluded from the following prescriptions list? The first line is the list of medications to start taking, while the second list is a list of former medications that should be stopped.

START taking: Acetaminophen (TYLENOL) Atropine (ISOPTO ATROPINE)
Bisacodyl (DULCOLAX) LORazepam (ATIVAN) morphine Concentrate (ROXANOL)
Naloxone (NARCAN) PHENobarbital Surgilube (Lubricant Surgical Jelly)
STOP taking: Acetaminophen 325 mg Tab (TYLENOL) amLODIPine 5 mg Tab (NORVASC)
Aspirin 81 mg Chew tab Calcium Carbonate-Vit D3 600 mg-10 mcg (400 unit)
Tab (CALCIUM 600 + D) Clopidogrel 75 mg Tab (PLAVIX) Docusate Sodium 250 mg
Cap (COLACE) glipiZIDE 5 mg Tab (GLUCOTROL) Lactulose 10 gram/15 mL Soln
Magnesium Oxide 400 mg (241.3 mg magnesium) Tab Multiple VitaminMinerals Tab (Multivitamin-Minerals) Rosuvastatin 40 mg Tab (CRESTOR) Senna 8.6 mg
Tab (Sennosides) Sertraline 25 mg Tab (ZOLOFT)

Based on the provided prescriptions list, we can draw several conclusions:

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1. Pain management changes:

• The patient is starting a stronger pain medication (morphine concentrate) while stopping a lower dose of acetaminophen (325 mg). They are also starting a new, potentially higher dose of acetaminophen.

2. Opioid-related medications:

 The addition of morphine (an opioid) is accompanied by the prescription of Naloxone (NARCAN), which is used to reverse opioid overdose. This suggests a cautious approach to opioid use.

3. Anxiety or sedation:

 LORazepam (ATIVAN) is being added, which is used for anxiety or as a sedative.

4. Constipation management:

Bisacodyl (DULCOLAX) is being added, while Docusate Sodium (COLACE),
 Lactulose, and Senna are being stopped. This indicates a change in the approach to managing constipation, possibly due to the introduction of opioids which can cause constipation.

5. Cardiovascular medication changes:

 Several cardiovascular medications are being stopped: amLODIPine (for high blood pressure), Aspirin (blood thinner), Clopidogrel (blood thinner), and Rosuvastatin (cholesterol-lowering).

6. Diabetes medication:

• glipiZIDE, a medication for type 2 diabetes, is being stopped.

7. Eye-related medication:

 Atropine eye drops are being added, which can be used for various eye conditions.

8. Anticonvulsant addition:

 PHENobarbitaL is being added, which is used for seizures but can also be used as a sedative.

9. Supplements and vitamins:

 Multiple vitamins and minerals, including Calcium with Vitamin D, are being stopped.

10. Antidepressant:

• Sertraline (ZOLOFT), an antidepressant, is being discontinued.

11. Lubricant:

• A surgical lubricant is being added, which might indicate preparation for a medical procedure.

Overall, these changes suggest a significant shift in the patient's treatment plan. It appears the patient may be transitioning to end-of-life or palliative care, given the addition of stronger pain medications, anxiety medications, and the discontinuation of many long-term health management drugs. However, without more context about the patient's condition, it's impossible to say this with certainty. The changes should be carefully managed and monitored by healthcare professionals.

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