

**Subject:** Re: Dad's CT test results

**From:** Hanh Cao Yu <hanh.cao.yu@stanfordalumni.org>

**Date:** 7/13/2023, 7:47 AM

**To:** Mark Cao <mark.cao@gmail.com>

**CC:** Hien Cao <hcaosc@gmail.com>

Okay, let's us know what you find out from meeting with the PT, OT and case mgr team today.

H.

On Thu, Jul 13, 2023, 7:44 AM Mark Cao <[mark.cao@gmail.com](mailto:mark.cao@gmail.com)> wrote:

I would hold off, since Dad's discharge and transfer may be as early as today, but is in limbo. I'll know a lot more after speaking to the PT, OT and case manager. Then I'll let you know.

To the broader question, it is very hard to do anything for him other than to spend time with him for moral support. He is very difficult to communicate with, since his verbal ability started going.

On Thu, Jul 13, 2023 at 7:36 AM Hanh Cao Yu <[hanh.cao.yu@stanfordalumni.org](mailto:hanh.cao.yu@stanfordalumni.org)> wrote:

Thanks for the update. So you need for me to go to OC? If yes, I'm thinking of renting a car and driving down.

H.

On Thu, Jul 13, 2023, 7:17 AM Mark Cao <[mark.cao@gmail.com](mailto:mark.cao@gmail.com)> wrote:

Hanh,

There were at least three CT scans done on him. The first showed nothing. The second (or it could be the MRI) showed a blood clot. Then they did the third one because they suspected progression, but fortunately, the third scan did not show further clotting or other advances.

The head nurse told me the stroke was complete, which I believe means the stroke has stabilized, and the test results are valid. Here's where he currently stands:

- \* verbal use of language, very poor. He definitely has problems saying words, but the problem is more than motor skills.
- \* right side of the body is much weaker than the left. Poor control.
- \* he has to both poop and pee in bed.
- \* he seems to have discomfort more than any kind of pain.\*
- \* he seems a bit depressed.
- \* cognitive abilities are poorer than when I saw him last weekend. Hopefully that is just temporary.

Today, the PT and occupational therapist will both evaluate, and recommend a plan for transfer to rehab. Given his condition and situation, you would think they would recommend an inpatient setting for the next stage, but I understand these decisions are financially driven.

If they do recommend an outpatient arrangement for rehab, I don't know how that could possibly work from OC.

Huy

On Thu, Jul 13, 2023 at 6:40 AM Hanh Cao Yu <[hanh.cao.yu@stanfordalumni.org](mailto:hanh.cao.yu@stanfordalumni.org)> wrote:

Huy... Any update on Dad?

His test results had very technical language but one of the things I saw from the CT scan was: "There is extensive hypoattenuation in the periventricular white matter."

This suggests: Periventricular white matter hyperintensities increase the likelihood of progression from amnesic mild cognitive impairment to dementia.

Dad already has dementia but I wonder the effects of the stroke on his cognitive abilities.

H.