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Member name: Ho Cao V

Date of birth: 2/1/1943

Primary care physician: DANNY MAI MD, M.D.

Date printed: 7/19/2023

Visit Summary

After Visit Summary

7/17/2023

Ho Cao V

MRN: 000016614366

Visit and Patient Information

Visit Information

Date & Time	Provider	Department
7/17/2023 9:48 AM	MARK DREW PELLEGRINO MD, M.D.	XKPOC SUNNYPAVILION

Visit Summary

Health Problems Reviewed

ACUTE ISCHEMIC STROKE
ESSENTIAL HYPERTENSION
DIABETES TYPE 2 WITH MICROALBUMINEMIA
MODERATE CHRONIC KIDNEY DISEASE

Patient Instructions

None

Allergies

Reviewed by Pellegrino, Mark Drew (M.D.), M.D. on
7/17/2023

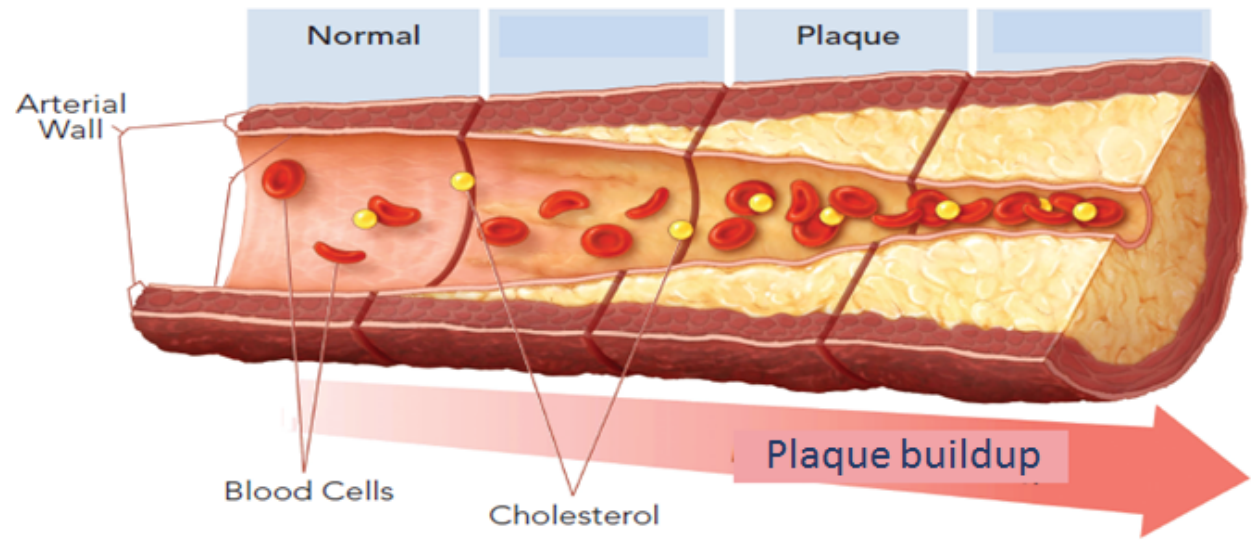
Allergies as of 7/17/2023

	Severity	Noted	Reaction Type	Reactions
Nsaids, Non-selective [non-steroidal Anti-inflammatory Agents]	High	08/18/2021	Intolerance	
"SURENET744 Kidney Disease. Exception to this NSAID intolerance is aspirin 81-325mg daily and topical or ophthalmic NSAIDs"				
Lovastatin.	Not Specified	11/26/2007		Skin Rash and/or Hives

Medications

Additional Information

Statins reduce heart attacks and strokes by reducing plaque and cholesterol



Atherosclerosis is the buildup of cholesterol and other fats in the lining of the arteries. This buildup is called plaque. Plaque increases as we age. It increases more if you have high cholesterol or high blood pressure. Over time, plaques can break apart and cause heart attacks and strokes. Healthy food choices and regular physical activity help reduce plaque. Statins reduce plaque and cholesterol, and reduce heart attacks and strokes. Following your statin prescription correctly will help you live a longer, healthier life.

Upcoming Administrations

None

Common Medication Direction Abbreviations

PO = Orally, QD = Once/day, BID = Twice/day, TID = 3x/day, QID = 4x/day, PRN = as needed
QHS = Every night at bedtime, AC = Before meals, PC = After meals, c = With, s = Without

Orders

Future Appointments

Date & Time	Provider	Department	Center	Type of Visit
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8/31/2023 2:50
PM

Scorza,
Angelica L
(L.V.N.)

FAMILY
PRACTICE
ADULT NURSE
CL

HBMU

Immunization

General Information

Protect yourself from the flu. Get vaccinated.

The flu is a serious, contagious illness caused by influenza viruses. Anyone can get the flu. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu shot each year. The CDC and Kaiser Permanente recommend everyone 6 months and older get a flu shot every year.

Flu shot clinics open in September. No appointment is necessary.

Flu shots are available at no charge to members at Kaiser Permanente medical facilities.

For information about hours, times, and locations, please visit kp.org/flu or call 1-866-70-NOFLU (1-866-706-6358).

Adults should participate in a total of at least 30 minutes of moderate intensity exercise a day (such as brisk walking) for five or more days each week, unless instructed otherwise by your doctor. THRIVE!

Children should participate in at least 60 minutes of moderate intensity exercise every day, unless instructed otherwise by your doctor. THRIVE!

Save money and time! Get your refills for home delivery at www.kp.org/refill

See when you or your family member accessed your online record.

