

**Subject:** Re: Video

**From:** Hien Cao <hcaosc@gmail.com>

**Date:** 2/8/2023, 2:24 PM

**To:** Hanh Cao Yu <hanh.cao.yu@stanfordalumni.org>, Huy Cao <mark.cao@gmail.com>

I watched the video. It's an hour long but worth the time. Gives you information to help with dad. Will also help you with your own health.

On Tue, Feb 7, 2023 at 11:14 AM Hien Cao <[hcaosc@gmail.com](mailto:hcaosc@gmail.com)> wrote:

The doctor will send out a summary from today's appointment. The doctor said that dad has mild to moderate dementia. She suggested that we watch the video in the link below (let me know if you're unable to view the video):

Memory Orientation Class - Video -  
Diablo  
[thrive.kaiserpermanente.org](https://thrive.kaiserpermanente.org)



It will provide important context to her assessment and will help us understand what will happen in the future as dad's condition gets worse.

Definitely no driving. She did say that it's normal for patients at this stage to have anxiety and depression. She didn't see any evidence today but it could appear in the future.