

**Subject:** Re: Visit with Dr. Danny Mai  
**From:** Hanh Cao Yu <hanh.cao.yu@stanfordalumni.org>  
**Date:** 8/8/2023, 11:35 AM  
**To:** Mark Cao <mark.cao@gmail.com>

Dad has to do everything the hard way out of pure selfishness. If he hadn't insisted leaving the Bay Area, he wouldn't be a prisoner of his own body right now.

H.

On Tue, Aug 8, 2023, 11:08 AM Mark Cao <[mark.cao@gmail.com](mailto:mark.cao@gmail.com)> wrote:  
Indeed, learning a lesson the hard way

On Tue, Aug 8, 2023, 11:04 AM Hanh Cao Yu <[hanh.cao.yu@stanfordalumni.org](mailto:hanh.cao.yu@stanfordalumni.org)> wrote:  
Thc for the recap. What's clear is that it's hard to undo years of neglect. Dad's smart and knowingly went down the path he did.

H

On Tue, Aug 8, 2023, 10:50 AM Mark Cao <[mark.cao@gmail.com](mailto:mark.cao@gmail.com)> wrote:

- \* Doc mentioned about how Dad didn't do any visits for about 3 years, and that his non-compliance contributed to his blood sugar getting out of control.
- \* Regarding the stroke, I told the doc about Dad's recent improvements.
  - Speech much easier to understand. Eating is much more normal, with no coughing and being able to eat Vietnamese chao.
  - right leg also seeing significant improvement, with flexing now doable.
  - he has always been able to listen and understand and doesn't seem to have aphasia.
  - right arm still completely limp.
  - He has gotten a bit more feisty (cantankerous) since he became stronger.
- \* The doc and I discussed Dad moving to another B&C in Northern California. Doc is totally fine with this and thinks it's better for Dad to be near family.
- \* He thinks SoCal and NoCal KP are not "stoved piped" and are fairly seamless in transferring services. So if the patient has therapy benefits, they should transfer to the new location.
- \* I mentioned we're considering professional non-emergency medical transport, but he believes that is not necessary for Dad's case.
- \* He says one of the main concerns about Dad remains kidney function. Metformin can adversely affect kidney function, and for that reason, was discontinued.

