

# Rebel Moon Acupuncture & Wellness

**Name: Angel, Theodore "Jimmy" J**

**Date: 2023 04 07**

**Visit: 1- Initial Consultation**

**Chief Complaint: Trapezius, scapula, lumbar, and leg pain.**

## **Subjective:**

The patient was involved in a vehicle collision on February 23, 2023. The patient was a rear passenger of a 4 door LYFT vehicle. The road conditions were dry. The patient was not wearing a seatbelt. The airbags did not deploy. The patient states that he was heading East on Colorado Blvd and Brighton Blvd in a LYFT when the driver of the vehicle swerved and T-Boned another vehicle.

Upon impact, the patient was looking right. Upon impact, the patient was thrown side to side. The patient's head was hit on the headrest. The patient's whole body hit the inside of the vehicle. The patient received bruises and lacerations on the lip and teeth. The patient was shaken, disoriented and dazed for two minutes.

The patient did receive treatment by paramedics at the scene of the collision. The patient did go the emergency room at North Suburban Medical. The patient was transported to the emergency room by ambulance. The patient received an X-Ray of the shoulder. The results were no fractures. The patient received a CT-Scan of the head. The results were no fractures. The patient also went to St. Anthony Family Medicine on March 2, 2023. The patient reports no gap in treatment. The patient began treatment at Synergy Health Partners on March 10, 2023.

The patient presents with moderate pain on the right scapula with spasms. The patient reports moderate pain along the right sciatic nerve which originates at the 5<sup>th</sup> lumbar vertebrae and radiates downward the posterior and lateral right leg and terminates at the right dorsal aspect of the foot with mild moderate pain. The patient reports right trapezius pain at a mild moderate level. The patient tosses and turns during sleep due to low back discomfort and pain. The patient sleeps five hours per night. The patient wakes 5-6 times per night. The patient is a plumber and states that he is unable to work due to pain. The patient is taking muscle relaxers as needed.

## **ADL:**

Since the vehicle collision, the patient states that sitting, standing, bending, lifting, working, lying down, and reaching increase pain. The patient has help at home with cooking and cleaning.

**Objective:**

Upon palpation of the cervical, pain and knots are found. Upon palpation of the thoracic, pain and tenderness are noted. Upon palpation of the lumbar, pain and tightness are present.

**Tongue:**

Pale color and white coat

**Pulse:**

Right Side: Deep, Empty in Chi, Slippery in Guan      Left Side: Wiry, Deep

**Assessment:**

Bladder Mai Qi & Xue Yu

Cervical Sprain {S13.4XXA} Cervical Strain {S16.1XXA} Thoracic Sprain {S23.3XXA} Thoracic Strain {S29.012A} Lumbar Sprain {S33.5XXA} Lumbar Strain {S39.012A} SI Joint Sprain {S33.6XXA} Car Passenger Injured in Crash w/Car {V43.62XA}

**Procedure:**

The procedure is to move the qi and xue, clear stagnation in the channels and to reduce pain. The treatment plan is to reduce pain in the cervical, thoracic and lumbar regions.

**I will reevaluate the patient on the 6<sup>th</sup> visit.**

**Treatment:**

Acupuncture Point Prescription:

- Ear: Shenmen, Point Zero
- Bilateral Points: Du 4, 16, 20, Gb 21, Anmien,
- Right Side : Gb30, Bl36, Gb34, Liv3, GB42, Bl 60, 40, 58, 23, 25, 41, 43, 45, 49, 51, SI 11, 12, 14, 15
- Infrared Lamp: Cervical, Thoracic, & Lumbar Regions

**Acupuncturist:**

Ignacia Genco L.Ac., Diplome of TCM., MSTCM

<b>X</b>	<b>99202-25</b>	<b>Initial Consultation</b>
	99212	Reevaluation Visit
<b>X</b>	<b>97810</b>	<b>Acupuncture with One or More Needles</b>
	97811	Acupuncture with One or More Needles with Extra Time
	97813	Electric Stimulation with Acupuncture
	97814	Electric Stimulation with Acupuncture with Extra Time
<b>X</b>	<b>97026</b>	<b>Infrared Heat Lamp</b>
	97016	Cupping

97124	Tui Na
97139	Moxibustion (Unlisted Therapeutic Procedure)
97039	Kinesio Tape