

**SYNERGY CHIROPRACTIC CLINICS**  
**8515 Pearl Street, Suite 100**  
**Thornton, CO, 80229**  
**Ph: 303-630-0400**

**DOCTOR'S NOTES**

**Patient: Angel, Theodore (Jimmy)**

**Visit #: 2**

**DATE: 2023-03-24**

**SUBJECTIVE:**

1. Headaches (0/10) none for about 4 days
  2. Neck pain (1-2/10) R>L
  3. Upper back pain (3-4/10) R>L
  4. Mid back pain (6/10) R>L
  5. Low back pain (7-8/10) R>L
  6. SI/gluteus pain (7-8/10) R>L
  7. Shooting pain down right leg to calf and on occasion to foot
  8. Left shoulder pain, had initially but better lately
  9. Dizziness/light headed
- Sleep – wakes about 5-6x/night due to pain  
ADL's – increase in pain with some household duties and movement activities.  
Work – Plummer. He is working normal hours and duties but with more pain.

**OBJECTIVE: Muscle Spasms rated as follows: (+1 = mild; +2 = mild-moderate; +3 moderate; +4 severe); (TrP's = trigger points)**

Suboccipitals +3  
cervical paraspinals +3  
upper trapezius +3  
levator scapulae +3  
medial scapular +2  
thoracic paraspinals +3  
lumbar paraspinals +3-4  
QL's +3-4  
Gluteus +2  
Tender to palpation of R>L PSIS  
Joint restrictions in cervical, thoracic, and lumbar spine.

**ASSESSMENT: Patient tolerated treatment with no adverse effects. Patient was instructed to inform me of any increased areas of pain noted during/after treatment so that we can modify treatment to patient tolerance. Patient was agreeable with this plan.**

Headache: acute, not intractable G44.319

Cervical sprain S13.4XXA

Cervical strain S16.1XXA

Thoracic sprain S23.3XXA  
Thoracic strain S29.012A  
Lumbar sprain S33.5XXA  
Lumbar strain S39.012A  
SI joint sprain S33.6XXA  
SI joint strain S39.013A  
Myalgia M79.1  
Muscle spasm of back M62.830  
Injury of unspecified nerve at abs/low back/pelvis S34.9XXA  
Dizziness R42  
Segmental Dysfunction – Cervical M99.01  
Segmental Dysfunction – Thoracic M99.02  
Segmental Dysfunction – Lumbar M99.03  
Segmental Dysfunction – Sacrum M99.04  
Segmental Dysfunction – Pelvis M99.05

**PLAN:** Conservative treatment 2x/week (12-24 visits; 2x/week for 4-8 weeks then 1x/week for 4-8 weeks) in conjunction with recommendations per medical doctor

**TREATMENT TODAY:**

Manual spinal manipulation: cervical, thoracic, lumbar, SI spine  
Interferential current 1 unit: upper trapezius and lumbar paraspinals  
Hydrotherapy: thoracic, lumbar

**Richard A. Lewellen, D.C.**  
***Compiled, but not reviewed.***