

SYNERGY CHIROPRACTIC
Chiropractic Final Evaluation

Patient: Angel, Theodore (Jimmy)
Date: 2023-08-11

Visit #: 11

Jimmy was seen at this office for final evaluation as he is feeling much better since his low back injections. A report and findings follows below.

Subjective Complaints: Rated from 0-100% improvement since the accident (0%=no improvement, 100%=complete recovery)

1. Headaches 100%
2. Neck pain 100%
3. Upper back pain 100%
4. Mid back pain 100%
5. Low back pain 100%
6. SI/gluteus pain 95%
7. Shooting pain down right leg to calf and on occasion to foot 80%
8. Left shoulder pain 100%
9. Dizziness/light headed 100%

Sleep – not waking due to pain

ADL's – sitting or driving for a long duration causes tingling

Work – Plumber. He is working normal hours and duties without much pain

Overall, he feels about 95% improved.

Medication: None

ROM: (Restrictions rated as mild +1, mild-moderate +2, moderate +3, severe +4)

C-SPINE:

Flexion: WNL

Extension: WNL

Right rotation: WNL

Left rotation: WNL

Right lateral flexion: WNL

Left lateral flexion: WNL

T/L-SPINE:

Flexion: WNL

Extension: WNL

Right rotation: WNL

Left rotation: WNL

Right lateral flexion: WNL

Left lateral flexion: WNL

Orthopedic tests:

Cervical/thoracic

Cervical Compression (-)
Cervical Distraction (-)
Right shoulder depression (-)
Left shoulder depression (-)

Thoracic/lumbar

SLR (-) with the right leg (-) with the left leg
FABERE (-) with the right leg (-) with the left leg
Yeoman's (-) with the right leg (-) with the left leg (-) with both legs

OTHER FINDINGS: Muscle Spasms rated as follows: (+1 = mild; +2 = mild-moderate; +3 moderate; +4 severe); (TrP's = trigger points)

Taut and non-tender
cervical paraspinals +0-1
upper trapezius +1
levator scapulae +1
thoracic paraspinals +1-2
lumbar paraspinals +1-2
QL's +1-2
Non-tender to palpation of PSIS
Joint restrictions in cervical, thoracic, and lumbar spine.

ASSESSMENT/DIAGNOSIS:

At present, still has the following working diagnoses:
Headache: acute, not intractable G44.319
Cervical sprain S13.4XXA
Cervical strain S16.1XXA
Thoracic sprain S23.3XXA
Thoracic strain S29.012A
Lumbar sprain S33.5XXA
Lumbar strain S39.012A
SI joint sprain S33.6XXA
SI joint strain S39.013A
Myalgia M79.1
Muscle spasm of back M62.830
Injury of unspecified nerve at abs/low back/pelvis S34.9XXA
Dizziness R42
Segmental Dysfunction – Cervical M99.01
Segmental Dysfunction – Thoracic M99.02
Segmental Dysfunction – Lumbar M99.03
Segmental Dysfunction – Sacrum M99.04
Segmental Dysfunction – Pelvis M99.05

PLAN/RECOMMENDATIONS:

Mr. Angel has neared a plateau for acute chiropractic treatment. He may require supportive care at PRN status for the next 3-6 months, consisting of 6-10 more visits at an estimated cost of \$150-\$300 per visit, in allowance of sufficient healing time. In the absence of further aggravation/injury, I believe he will reach a plateau for chiropractic following this course of care.

COMMENTS:

It is my professional opinion that Mr. Angel's present injuries and symptoms are consistent with direct involvement in the accident on record. Due to these injuries he may be predisposed to degenerative changes which in the future may be more susceptible to further injury and/or exacerbation of symptoms, ie; pain, numbness/tingling, and muscle spasm.

If you have any further questions regarding this patient's care please contact this office.

TREATMENT PROVIDED TODAY:

Established patient evaluation 99212

TENS Unit with instructions for home use

Kevin B. Duncan, D.C.

Compiled, but not reviewed.