

Training Tutorial

Phase 1: Recording an Observation:

When a behavior occurs:

1. Login with your personalized Login (figure 1).

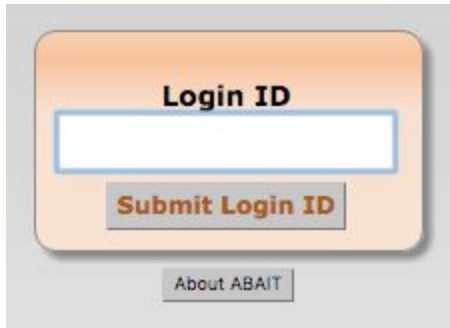


Figure 1

2. On the caregiver home page, choose either the appropriate behavior classification button - left, or the “Log Behavior Episode” button - right (red arrows, figure 2).
Note: Hovering over behavior classification buttons will reveal brief behavior definitions (figure 3).

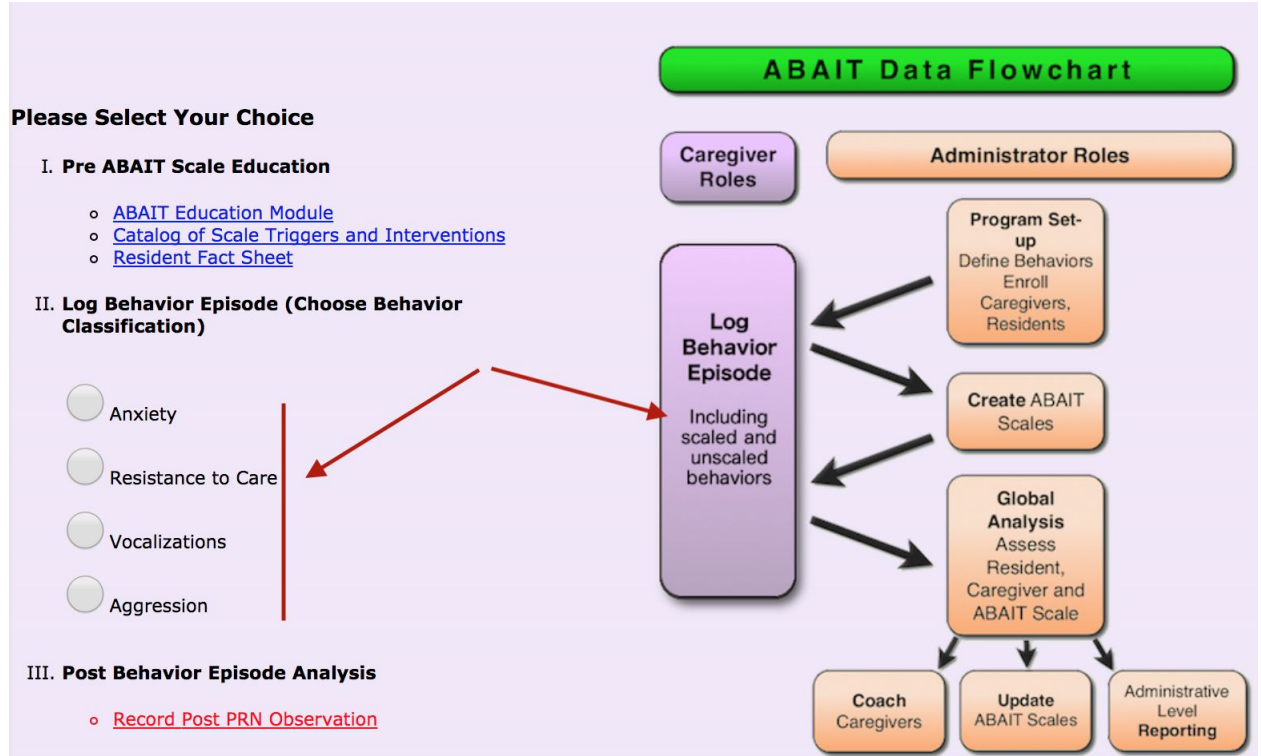


Figure 2

Resident Fact Sheet

II. Log Behavior Episodes (Choose Behavior Classification)

Includes behaviors specifically directed to resisting interaction with care providers.

☐ Anxiety

☒ Resistance to Care

☐ Vocalizations

☐ Aggression

Figure 3

3. Select the resident from the presented list (figure 4).

Demo logged in | [logout](#)

ABAIT Home
Behavior Scales
Contact ABAIT
Logout

Residents of Demo Provider

Choose resident for Resistance to Care Scale

Click Choice	First Name	Last Name
<input type="radio"/>	Alex	Twist
<input type="radio"/>	Jane	Doe
<input type="radio"/>	John	Smith

Submit Resident Choice

Figure 4

Click Submit Resident Choice

4. Characterizing the behavior episode. If a behavior scale has not yet been created for the selected resident, you will be directed to the “Behavior Episode Characterization Form”. Please see figure 5 for filling out the form (steps a-l).

Demo logged in | [logout](#)

ABAIT Home	Behavior Scales	Contact ABAIT	Logout
Behavior Episode Characterization Form for Alex Twist Behavior and Intervention Information			
STEP 1 General category of behavior <div style="border: 1px solid #ccc; padding: 2px; margin-top: 5px;">Resistance to Care a</div>		STEP 2 What caused the behavior? <div style="border: 1px solid #ccc; padding: 2px; margin-top: 5px;">Overstimulation b</div>	
STEP 3 Behavior Description <div style="border: 1px solid #ccc; padding: 2px; margin-top: 5px;">Choose a Behavior Descriptor c</div>		STEP 4 Identify Behavior Intensity <div style="border: 1px solid #ccc; padding: 2px; margin-top: 5px;">Select a Behavior Intensity d</div>	
STEP 5 Any other unique comments about behavior? <div style="border: 1px solid #ccc; padding: 2px; margin-top: 5px;">Required... e</div>	STEP 6 How did you manage the episode? <div style="border: 1px solid #ccc; padding: 2px; margin-top: 5px;">Required... f</div>	STEP 7 Did anything make the behavior more severe? <div style="border: 1px solid #ccc; padding: 2px; margin-top: 5px;">Optional... g</div>	STEP 8 PRN Given? <div style="border: 1px solid #ccc; padding: 2px; margin-top: 5px; text-align: center;"> <div style="border: 1px solid #00b050; padding: 2px; display: inline-block;">YES</div> h </div>
Enter specific description of behavior which required PRN in yellow text-box.			
		i	
Date and Time Information			
STEP 9 When Did Episode Take Place? <div style="border: 1px solid #ccc; padding: 2px; margin-top: 5px;">Touch to enter j</div>		STEP 10 How Long Did Episode Last? <div style="border: 1px solid #ccc; padding: 2px; margin-top: 5px;">Choose Minutes k</div>	
<div style="border: 1px solid #00b050; padding: 5px; display: inline-block; color: white; font-weight: bold;">Record Episode l</div>			

Figure 5

- a. Step 1: Select Behavior Classification-choose a category that best fits the behavior you are seeing

- b. Step 2: Think back to the details of what happened before the behavior event. Remembering what we learned in the Education Session, select your best guess as to what triggers could have caused this behavior event.
- c. Step 3: Choose a behavior description.
- d. Step 4: Select a behavior intensity. (*note that behavior intensity is listed from Less to More on the list)
- e. Step 5: Provide any unique descriptions about the behavior.
- f. Step 6: Describe how you managed the behavior.
- g. Step 7: If any, describe interventions which seemed to make the behavior worse.
- h. Step 8: * If PRN was given Click PRN-Yes-
- i. when yellow box appears, type in exact behavior seen when PRN needed.
- j. Step 9: Click "Touch to Enter" , then choose the date and time of the episode from the pop-up calendar. Today's date is already highlighted in blue
- k. Step 10: Select the duration of the episode in minutes.
- l. Click **Submit Behavior Characterization** to submit record.