

How do I use this ABAIT Tool?

ABAIT Project:

Phase 1: – Recording Observations

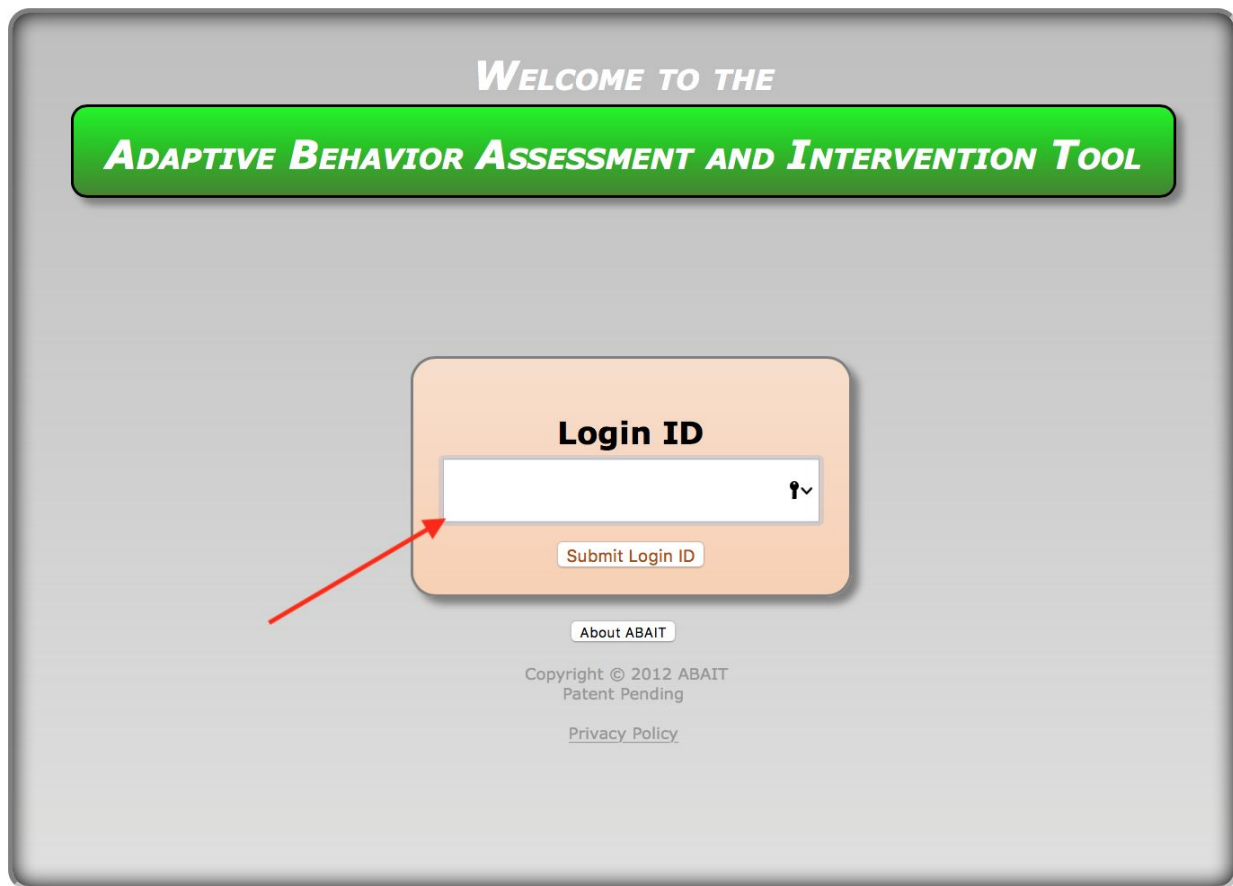
Phase 2: - Using Scales

Phase 3: - Analysis

Phase 1: Recording Observation on Behavior Characterization Form:

When behavior occurs:

Login with your own Login



The screenshot shows the login interface of the Adaptive Behavior Assessment and Intervention Tool (ABAIT). At the top, a green banner reads "WELCOME TO THE ADAPTIVE BEHAVIOR ASSESSMENT AND INTERVENTION TOOL". Below this, there is a login section with the title "Login ID". It features a text input field with a key icon and a dropdown arrow on the right. A red arrow points to the input field. Below the input field is a button labeled "Submit Login ID". At the bottom of the login section is a link labeled "About ABAIT". Below the login section, the text "Copyright © 2012 ABAIT Patent Pending" and a link "Privacy Policy" are displayed.

Click Record Behavior Episode

demo caregiver's Caregiver Home Page

Caregiver Roles

Record
Behavior
Episode

Record
Medicated
Episode

Tutorials

Choose your care recipient

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Behavior Episode Selector


Care Recipient

demo resident

Scale

Select a Behavior Classification

[Submit Scale Request](#)



Click select behavior classification. Choose any of the 4 categories below that describe the behavior you are seeing.

- Motor agitation/Anxiety
- Resistance to Care
- Vocalizations
- Aggression

*If the care recipient does not have a Behavior Scale for this category of Behavior you will be routed to the Behavior Characterization Form.

Recording Observations on the Behavior Characterization Form

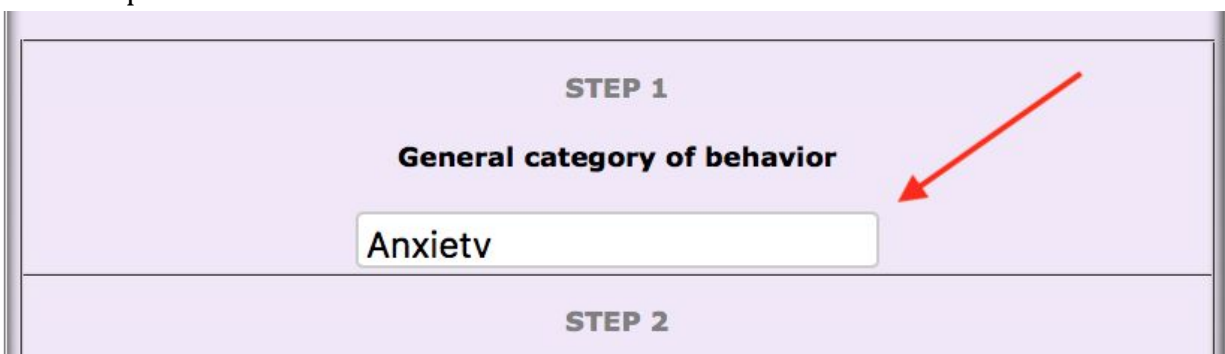
➤ Step 1: Select a Behavior Classification

STEP 1

General category of behavior

Anxiety

STEP 2



➤ Step 2: Select Choose a Trigger: What caused the behavior?

- Think back to the details of what happened before the behavior event. Remembering what we learned in the Education Session, type in your best guess as to what triggers could have caused this behavior event.

- If the Trigger you need is not listed Click None of Below and a Green Box will appear, type in the Trigger you feel best describes what led to the the care recipient's behavior..

STEP 2

What caused the behavior?

Select Cause (trigger)

STEP 3

A red arrow points to the 'Select Cause (trigger)' button.

➤ Step 3: Select Choose a Behavior Descriptor

- Select a description that best describes the behavior you are seeing in the care recipient.

STEP 3

Behavior Description

Choose a Behavior Descriptor

STEP 4

A red arrow points to the 'Choose a Behavior Descriptor' button.

➤ Step 4: Click Select a Behavior Intensity

- Select correct entry for what you are seeing (*note that behavior intensity is listed from Less to More on the list)

STEP 4

Identify Behavior Intensity

Select a Behavior Intensity

STEP 5

A red arrow points to the 'Select a Behavior Intensity' button.

➤ Step 5: Click space under - Unique comments about behavior?

- In your own words, briefly describe any unique comments about what you saw.

STEP 5

Any other unique comments about behavior?

Required...

STEP 6

- Step 6: click space under -How did you manage the episode?
 - Type in the technique you tried that worked best to help the care recipient's behavior.

STEP 6

How did you manage the episode?

Required...

STEP 7

- Step 7: Click space under -Did anything make the behavior more severe?
 - Type in any actions you did that made the behavior worse

STEP 7

Did anything make the behavior more severe?

Optional...

STEP 8

* **Only** do Step 8 If medication was given to reduce the behavior Click PRN-Yes-when yellow box appears, type in exact behavior seen when PRN needed.

STEP 8

PRN Given?

YES

Enter specific description of behavior which required PRN in yellow text-box.

[Yellow text box]

- Step 9: Click space under -When did the episode take place?
 - Choose date from calendar. Today's date is already highlighted in blue
 - Choose time by scrolling through time clock and click on time of episode.

STEP 9

When Did Episode Take Place?

Touch to enter

- Step 10: Click Choose Minutes
 - Choose minutes of episode from list
- Click Record Episode

Phase 2: Using Scales: A scale will be created for your care recipient for each category once enough Observations have been recorded to see a pattern of behaviors, triggers and interventions.

When behavior occurs:

Login with your own Login

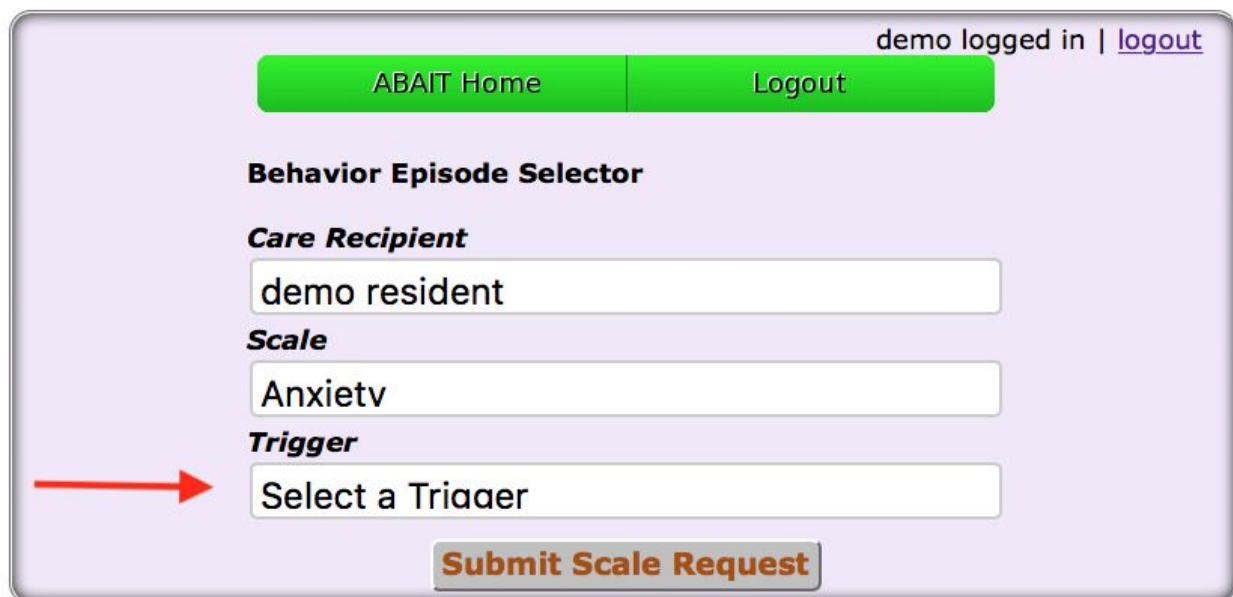
Click Record Behavior Episode

Choose your care recipient

Click select behavior classification. Choose any of the 4 categories below that describe the behavior you are seeing.

- Motor agitation/Anxiety
- Resistance to Care
- Vocalizations
- Aggression

- Once you have chosen your category above a Trigger category will appear. If you see the trigger your care recipient is experiencing click that trigger and Submit



The screenshot shows a web interface for recording behavior episodes. At the top right, it says "demo logged in | [logout](#)". Below this is a green bar with "ABAIT Home" and "Logout" buttons. The main section is titled "Behavior Episode Selector". It contains three dropdown menus: "Care Recipient" with "demo resident" selected, "Scale" with "Anxiety" selected, and "Trigger" with "Select a Trigger" selected. A red arrow points to the "Trigger" dropdown. At the bottom is a "Submit Scale Request" button.

*If you do not see the trigger your care recipient is experiencing then click Go To Unmapped Trigger and you will be taken to the Behavior Characterization Form to record episode.

- Choose Date and Time Click Select now if your are recording at the time of the behavior or Tap select date and time if post recording and Tap date and time of episode on calendar.

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ABAIT Home
Logout

Anxiety Scale for demo resident

Date and Time Information

Select if episode is taking place now
Select if now
Or select date and time
Touch to enter
Duration of episode

- Tap Choose minutes and record minutes of episode

Duration of episode
Choose Minutes
Select Behavior Intensity

- Go to Behavior Intensity
 - Click on appropriate intensity BEFORE intervention

Select Behavior Intensity

Behavior Intensity	BEFORE ANY Intervention
Slightly Present	●
Pacing or moving at a specific rate, looking for someone.	●
Increased rate of movement mildly intrusive and easily redirectable	●
Rapid movement, moderately intrusive, or disruptive and difficult to redirect.	●
Intense movement and extremely disruptive, not redirectable.	●
Intervention 1	

➤ Go To Intervention 1

- The Intervention that appears in the box currently is the most used intervention for this Trigger. If you do not wish to use that intervention Tap in the space and choose an intervention from the list.
- Record intensity after 1st Intervention

disruptive, not redirectable.	
Intervention 1	
Take to personal room	
Behavior Intensity	AFTER 1 Intervention
Slightly Present	•
Pacing or moving at a specific rate, looking for someone.	•
Increased rate of movement mildly intrusive and easily redirectable	•
Rapid movement, moderately intrusive, or disruptive and difficult to redirect.	•
Intense movement and extremely disruptive, not redirectable.	•
Intervention 2 (optional)	

➤ If Behavior Continues/Continued

- Click each intervention to use/used recording intensity after each trial of intervention until behavior diminishes- **REMEMBER to record Improved Intensity.**
- If a new individualized intervention works –Click New Intervention – this will take you to the Behavior Characterization Form .
- * IF PRN was given- Click PRN- YES- **when yellow box appears, type in exact behavior seen when PRN needed.**

The image shows a screenshot of a software interface for recording medication. It features a table with a header row labeled "Medication Given". Below the header, there is a row with a button labeled "YES". To the right of the "YES" button, there is a yellow text box. A red arrow points from the right side of the screen to the "YES" button. Another red arrow points from the right side of the screen to the yellow text box. The text "Enter specific description of behavior which required PRN in yellow text-box." is written in red above the yellow text box.

Medication Given
<input type="button" value="YES"/>
Enter specific description of behavior which required PRN in yellow text-box.

- Click Submit

To Record 30 minute medication effect for care recipient:

- Click Record Medication Episode on the Home page list.

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[ABAIT Home](#)

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demo caregiver's Caregiver Home Page

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➤ Click on your Care Recipient

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Thirty Minute Post PRN Response Report

Residents Receiving PRNs Within the Last Thirty Days

Choose Episode	Episode Date	Episode Time	Care Recipient	Behavior Description
<input type="radio"/>	2019-01-06	17:47:40	demo resident	Individual was not controllable

[Tap for more Info](#)
[Print Page](#)

Enter specific description of post PRN response in the yellow text box below.

[Submit](#)

- Record 30 minute post medication effect on care recipient

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Thirty Minute Post PRN Response Report

Residents Receiving PRNs Within the Last Thirty Days

Choose Episode	Episode Date	Episode Time	Care Recipient	Behavior Description
<input type="radio"/>	2019-01-06	17:47:40	demo resident	Individual was not controllable

[Tap for more Info](#)
[Print Page](#)

Enter specific description of post PRN response in the yellow text box below.

[Submit](#)

- Click Submit