Database Backup & Restore Scripts

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A small, cross-platform toolkit for **full logical backups** of a PostgreSQL database
using the native tools (`pg_dump` / `psql`).
Works on **macOS/Linux** (Bash) and **Windows** (Batch + PowerShell). Supports **Docker
auto-detection**, **optional gzip**, and **simple rotation**.
## At a glance
- Scripts read **`.env` in your current project directory** to discover connection info.
- They **prefer Docker** if your PostgreSQL is running in a container; otherwise they
use local client tools.
- If the selected DB container **doesn't include client tools**, the scripts run an
**ephemeral `postgres:16` client** for you.
- Backups are **plain SQL** (`.sql`) and optionally **gzipped** (`.sql.gz`).
- File naming: `<database>_<suffix>.sql[.gz]` in a target **backup directory** (default
`./backups`).
## Repo layout (suggested)
project/
.env
■■ backups/ # default output directory (created if missing)
■■ scripts/
■■ db/
managedb.sh # macOS/Linux engine (auto-detects Docker/local/ephemeral)
■■ backupdb.sh # minimal backup wrapper (.sql)
restoredb.sh # minimal restore wrapper (.sql)
■■ backupdbzip.sh # backup then gzip (.sql.gz)
■■ restoredbzip.sh # gunzip then restore
■■ backup_rotate.sh # timestamped .sql + prune
■■ backupdbzip_rotate.sh # timestamped .sql.gz + prune
■■ managedb.bat # Windows wrapper (calls managedb.ps1)
managedb.ps1 # Windows engine
■■ backupdb.bat # minimal backup wrapper (.sql)
■■ restoredb.bat # minimal restore wrapper (.sql)
■■ backupdbzip.bat # backup then gzip (.sql.gz)
■■ restoredbzip.bat # gunzip then restore
■■ backup_rotate.bat # timestamped .sql + prune
■■ backupdbzip_rotate.bat # timestamped .sql.gz + prune
> The Windows pieces (`*.bat` wrappers + `managedb.ps1`) mirror the functionality of the
shell scripts.
## `.env` configuration
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The scripts expect **one** of the following:
### 1) A single `DATABASE_URL` (recommended)
```env
DATABASE_URL="postgresql://PGUSER:PGPASSWORD@PGHOST:5432/PGDATABASE?schema=public"
The engine parses this URL and exports `PGHOST`, `PGPORT`, `PGUSER`, `PGPASSWORD`,
`PGDATABASE`.
2) Or explicit `PG*` variables
```env
PGHOST=localhost
PGPORT=5432
PGUSER=postgres
PGPASSWORD=postgres
PGDATABASE=myapp
> The `.env` file is read **from your current working directory** (i.e., run commands
from your `project/` folder so the scripts pick up the correct `.env`).
## How the engine chooses where to run `pg_dump`/`psql`
1. **Running Postgres container?**
The engine scans 'docker ps' for a container whose **name or image** includes "postgres"
(or common variants), **preferring** the one that **publishes your `PGPORT`**.
2. **If that container has client tools** (`pg_dump`, `psql`) → use `docker exec`.
3. **If it does not** → run an **ephemeral `postgres:16` client** attached to that
container's network (`--network container:<id>`) and connect to `127.0.0.1`.
4. **If no container fits**:
- If local `pg_dump` exists \rightarrow use **local** client tools.
- Else 
ightarrow use an **ephemeral `postgres:16` client** to your host (macOS alias
`host.docker.internal` is handled automatically).
Optional override: set `POSTGRES_CONTAINER=<container-name>` to force a specific
container (helpful if multiple are running).
## Script inventory & usage
### macOS / Linux
> Make scripts executable once:
```bash
chmod +x ./scripts/db/*.sh
```

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| Script | Purpose | Usage | Notes |
|---|---|
| `managedb.sh` | Core backup/restore engine | `./scripts/db/managedb.sh
<backup|restore> [suffix=current] [dir=./backups]` | You normally won't call this
directly; use the small wrappers below.
| `backupdb.sh` | Minimal backup (plain SQL) | `../scripts/db/backupdb.sh [suffix]
[dir]` | Default suffix `current`, default dir `./backups`. Overwrites existing file. |
| `restoredb.sh` | Minimal restore (plain SQL) | `../scripts/db/restoredb.sh [suffix]
[dir]` | Restores `<db>_<suffix>.sql`. |
| `backupdbzip.sh` | Backup then gzip | `../scripts/db/backupdbzip.sh [suffix] [dir]` |
Produces `<db>_<suffix>.sql.gz`. |
| `restoredbzip.sh` | Gunzip then restore | `../scripts/db/restoredbzip.sh [suffix]
[dir]` | Reads `<db>_<suffix>.sql.gz`, inflates to `.sql`, runs restore, cleans up
`.sql`.
| `backup_rotate.sh` | Timestamped backup + prune | `../scripts/db/backup_rotate.sh
[retention_days=7] [dir]` | Creates `<db>_YYYYMMDD_HHMMSS.sql`, deletes `.sql` older
than `retention_days`.
| `backupdbzip_rotate.sh` | Timestamped gz backup + prune |
`../scripts/db/backupdbzip rotate.sh [retention days=7] [dir]` | Creates
`<db>_YYYYMMDD_HHMMSS.sql.gz`, prunes old `.sql.gz`. |
Common examples (run from your `project/` directory):
Minimal backup/restore (plain .sql)
../scripts/db/backupdb.sh
../scripts/db/restoredb.sh
Name the backup
../scripts/db/backupdb.sh nightly
../scripts/db/restoredb.sh nightly
Write to a specific directory
../scripts/db/backupdb.sh nightly ./backups
Gzipped backup/restore
../scripts/db/backupdbzip.sh nightly
../scripts/db/restoredbzip.sh nightly
Rotation (keep last 7 days by default)
../scripts/db/backup_rotate.sh
../scripts/db/backupdbzip_rotate.sh
Rotation with custom retention and dir
../scripts/db/backup_rotate.sh 14 ./backups
../scripts/db/backupdbzip_rotate.sh 21 ./backups
Optional diagnostics:
```bash
DEBUG=1 ../scripts/db/backupdb.sh nightly
```

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> The `.bat` wrappers call into `managedb.ps1` through `managedb.bat`. If PowerShell
script execution is restricted, you may need to allow it (for the current process only):
> `powershell -NoProfile -ExecutionPolicy Bypass -File scripts\db\managedb.ps1 ...`
(handled by the wrapper).
| Script | Purpose | Usage | Notes |
|---|---|
| `managedb.bat` + `managedb.ps1` | Core engine (Windows) | `managedb.bat
<backup|restore> [suffix] [dir]` | Normally invoked by the wrappers below. |
| `backupdb.bat` | Minimal backup (plain SQL) | `..\scripts\db\backupdb.bat [suffix]
[dir]` | Overwrites existing file. |
| `restoredb.bat` | Minimal restore (plain SQL) | `..\scripts\db\restoredb.bat [suffix]
[dir]` | Restores `<db>_<suffix>.sql`. |
| `backupdbzip.bat` | Backup then gzip via PowerShell | `..\scripts\db\backupdbzip.bat
[suffix] [dir] \[ Produces \( \cdot \) \( \square\) \( \s
| `restoredbzip.bat` | Gunzip then restore | `..\scripts\db\restoredbzip.bat [suffix]
[dir] Decompresses then restores; cleans up `.sql`. |
| `backup_rotate.bat` | Timestamped backup + prune | `..\scripts\db\backup_rotate.bat
[retention_days] [dir]` | Creates `<db>_YYYYMMDD_HHMMSS.sql`, prunes old `.sql`. |
  `backupdbzip_rotate.bat` | Timestamped gz backup + prune |
`..\scripts\db\backupdbzip_rotate.bat [retention_days] [dir]` | Creates
`<db>_YYYYMMDD_HHMMSS.sql.gz`, prunes old `.sql.gz`. |
**Examples (run from your `project\` folder):**
```bat
..\scripts\db\backupdb.bat
..\scripts\db\restoredb.bat current .\backups
..\scripts\db\backupdbzip.bat nightly .\backups
..\scripts\db\restoredbzip.bat nightly .\backups
..\scripts\db\backup_rotate.bat 14 .\backups
..\scripts\db\backupdbzip_rotate.bat 21 .\backups
File naming & overwrite behavior
- Base name: **`<PGDATABASE>_<suffix>`**; default suffix `current`.
- Minimal backup writes **`<db>_current.sql`** and **overwrites** the file if it exists.
- Zip wrappers write **`<db>_<suffix>.sql.gz`**.
- Rotation scripts stamp names as **`<db>_YYYYMMDD_HHMMSS.sql[.gz]`** and **prune**
older files by modification time.
Environment variables you can set
- `DATABASE_URL` - full Postgres URL (preferred if you don't set individual vars)
- `PGHOST`, `PGPORT`, `PGUSER`, `PGPASSWORD`, `PGDATABASE` - individual connection
fields
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- `POSTGRES_CONTAINER` - (optional) force a specific container name/ID
- `DEBUG=1` - verbose diagnostics (shows detection path, versions, `\conninfo`, absolute
output path)
Requirements
- **Docker** (optional) - for auto-detection and ephemeral client fallback
- **PostgreSQL client tools** (optional) - `pg_dump`, `psql` in your PATH if you're not
using Docker
- macOS: `brew install libpq` and add `libpq/bin` to `PATH`
- **Windows**: PowerShell 5+ (built-in) is used for the engine (`managedb.ps1`) and gzip
Troubleshooting
No file / zero-byte file
- Run with `DEBUG=1` to see error output.
- Common causes:
- Wrong credentials or DB name \rightarrow check `.env` content.
- Local `pg_dump` missing and Docker not running \rightarrow install client tools or start
Docker.
- Multiple Postgres containers and the wrong one is picked
ightarrow set
`POSTGRES_CONTAINER=<name>`.
"pg_dump: command not found"
- Local path missing: install client tools (or let Docker path be used).
- Selected DB container doesn't have client tools
ightarrow script automatically switches to an
ephemeral `postgres:16` client.
Connecting to host from Docker on macOS
- The script maps `localhost` to `host.docker.internal` automatically for ephemeral
host-mode.
Windows editor corrupted batch special chars
- Save batch/PowerShell scripts as **UTF-8 (no BOM)** or ANSI; avoid smart quotes.
Safety notes
- These are **logical dumps** (schema & data) created via `pg_dump --clean --if-exists
--no-owner --no-privileges`.
Restores run with `psql -v ON_ERROR_STOP=1`.
- Minimal wrappers **overwrite** `current` dumps by design.
- Always test restore in a non-production environment before relying on backups.
Handy one-liners
Mac/Linux:
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```bash
# Quick daily with timestamp + gzip + 14-day retention
../scripts/db/backupdbzip_rotate.sh 14 ./backups

# Debug a failing backup
DEBUG=1 ../scripts/db/backupdb.sh nightly

**Windows:**
    ``bat
REM Quick daily with timestamp + gzip + 14-day retention
..\scripts\db\backupdbzip_rotate.bat 14 .\backups
```