

# A mix within

## Linear Mixed Models and their applications

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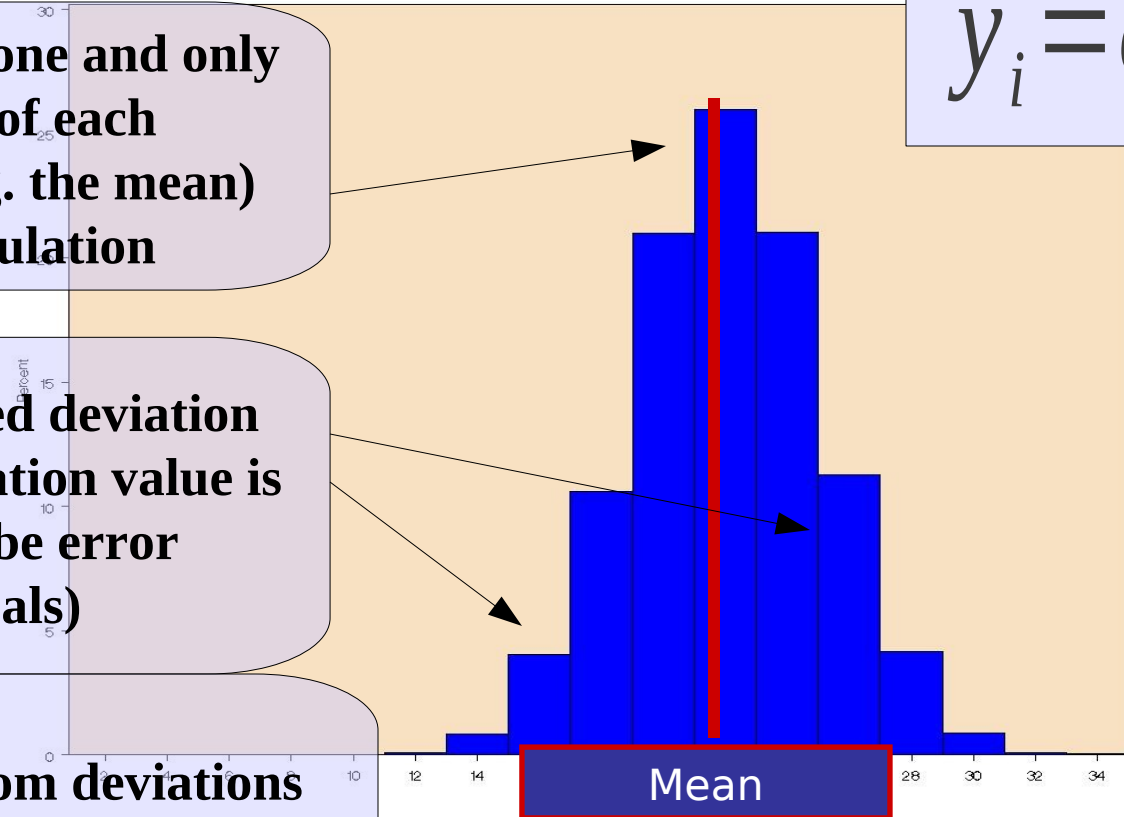
# Some GLM Assumptions

1) There exists one and only one value of each parameter (e.g. the mean) in the population

2) Any observed deviation from the population value is deemed to be error (residuals)

3) The random deviations from the model are normally distributed

$$y_i = a + e_i$$

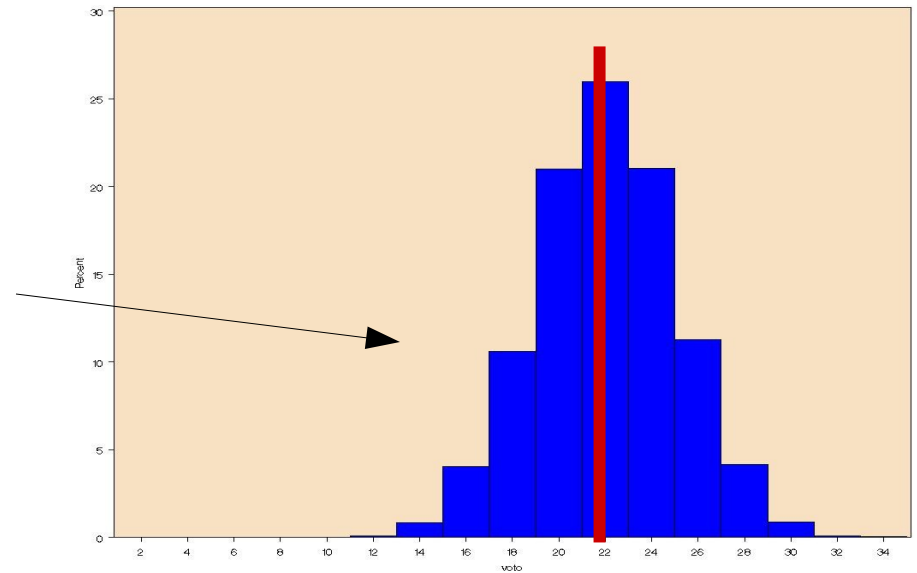


# GLM Assumptions

$$y_i = a + e_i$$
$$\text{corr}(e_i, e_j) = 0$$

Random variations are  
independent and normally  
distributed

$$e_i \sim N(0, \sigma)$$



# GLM

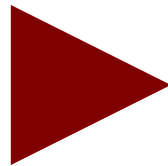
When the assumptions are NOT met because the data, and thus the errors, have more complex structures, we generalize the GLM to the Linear Mixed Model

The Linear Mixed Model is the statistical model underlying **multilevel models** and **repeated measures** analysis

# Linear Mixed Model

## GLM

**Regression**  
**T-test**  
**ANOVA**  
**ANCOVA**  
**Moderation**  
**Mediation**  
**Path Analysis**



## LMM

**Random coefficients models**  
**Random intercept regression models**  
**One-way ANOVA with random effects**  
**One-way ANCOVA with random effects**  
**Intercepts-and-slopes-as-outcomes models**  
**Multi-level models**

# Example “beers”

Let's consider the case where the beer-smile research was conducted by gathering data in several different bars

**bar**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	a	3	1.3	1.3	1.3
	b	14	6.0	6.0	7.3
	c	22	9.4	9.4	16.7
	d	21	9.0	9.0	25.6
	e	14	6.0	6.0	31.6
	f	20	8.5	8.5	40.2
	g	24	10.3	10.3	50.4
	h	12	5.1	5.1	55.6
	i	16	6.8	6.8	62.4
	l	22	9.4	9.4	71.8
	m	21	9.0	9.0	80.8
	n	15	6.4	6.4	87.2
	o	16	6.8	6.8	94.0
	p	11	4.7	4.7	98.7
	q	3	1.3	1.3	100.0
	Total	234	100.0	100.0	

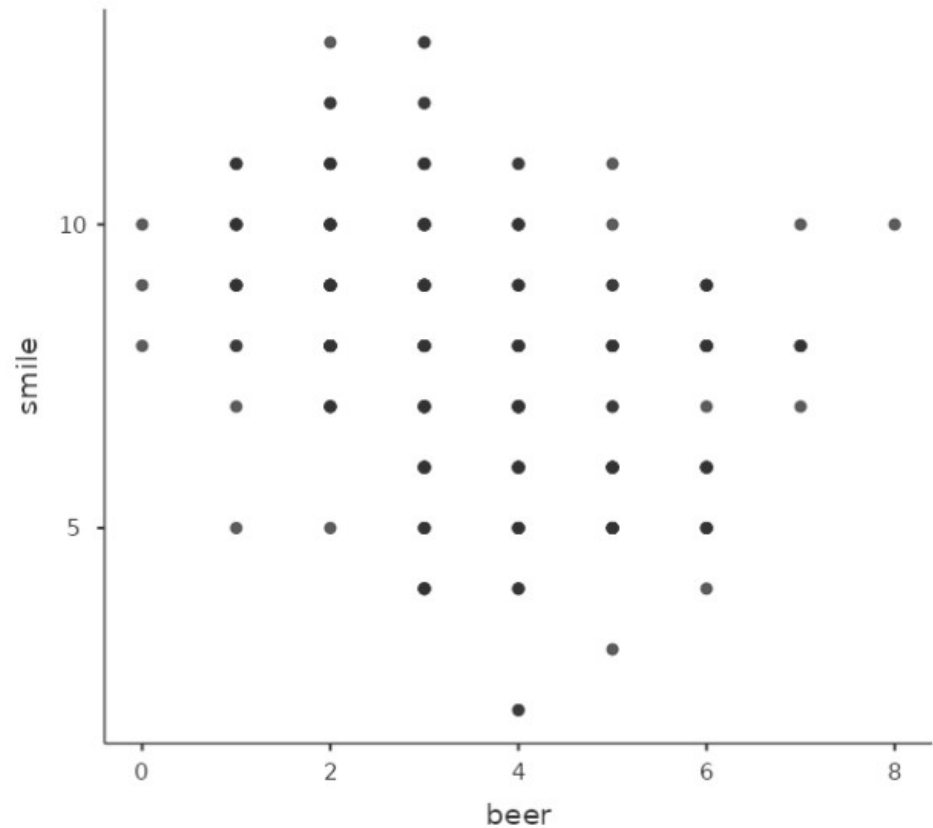
For each participant  
we measured # of  
beers and # of smiles

For a total of 234 participants

# Example “beers” 2

As compared with the example with a few participants, now we have a very different scatterplot

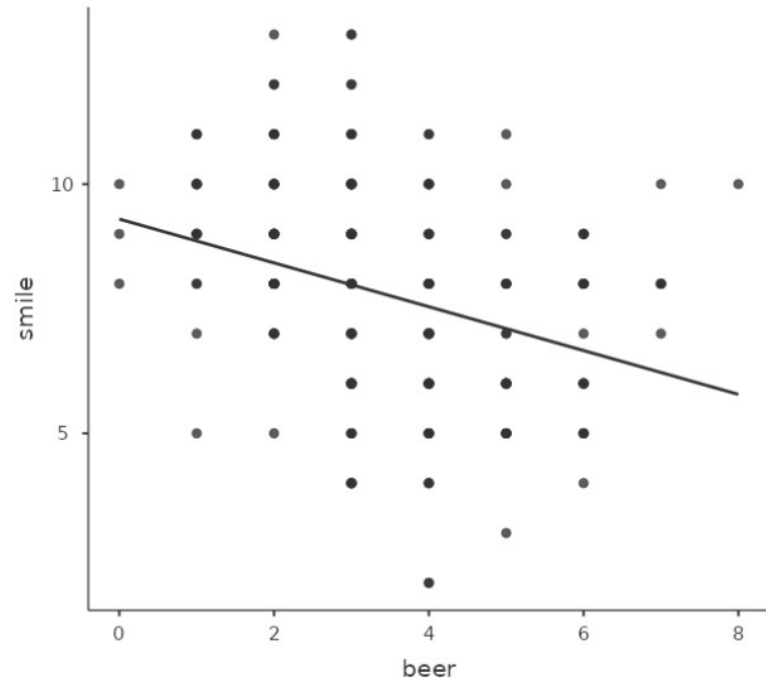
Scatterplot



# Example “beers” 2

A simple regression confirms that results are indeed different

Scatterplot



**Negative effect**

Fixed Effects Parameter Estimates

Names	Estimate	SE	95% Confidence Interval		$\beta$	df	t	p
			Lower	Upper				
(Intercept)	7.765	0.130	7.508	8.022	0.000	232	59.503	< .001
beer	-0.440	0.085	-0.608	-0.271	-0.320	232	-5.147	< .001



# Why

Results may be biased by a mis-specification of the model, where the structure of the data is not taken into account

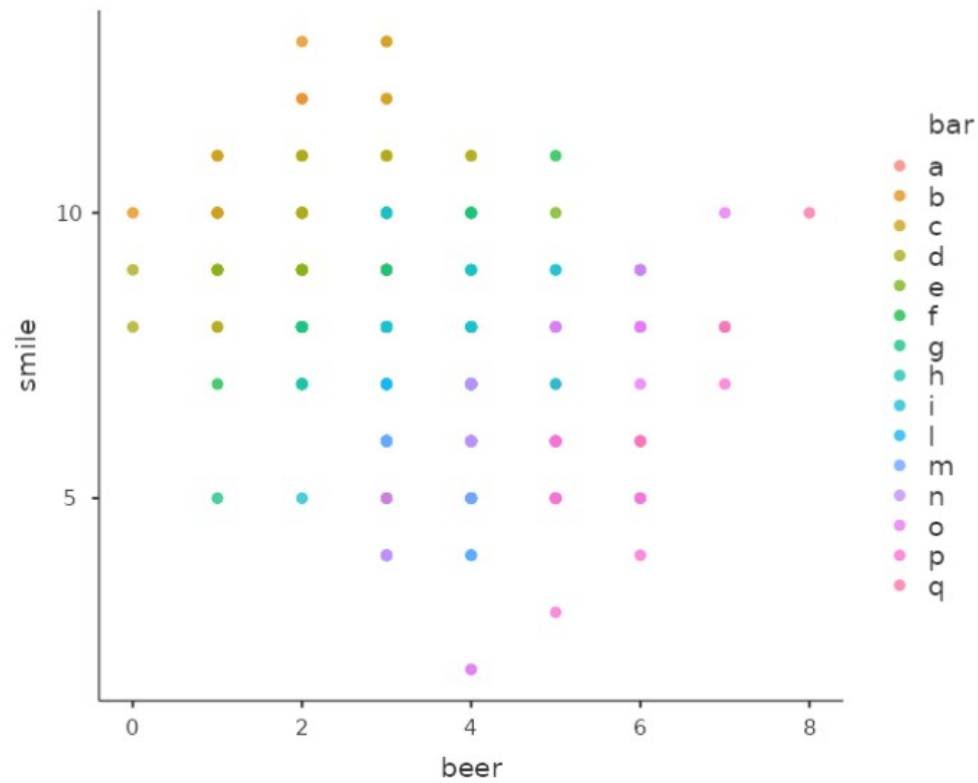
- In fact:
  - Subjects are sampled in clusters specified by **bars**
  - Each bar may have specific characteristics (quality, entertainment, etc) that may affect the measured variables
  - Subjects within the same bar may be more similar than across bars

# Scatterplot by Bar

Let's see the data broken down by bar

Bar

Scatterplot

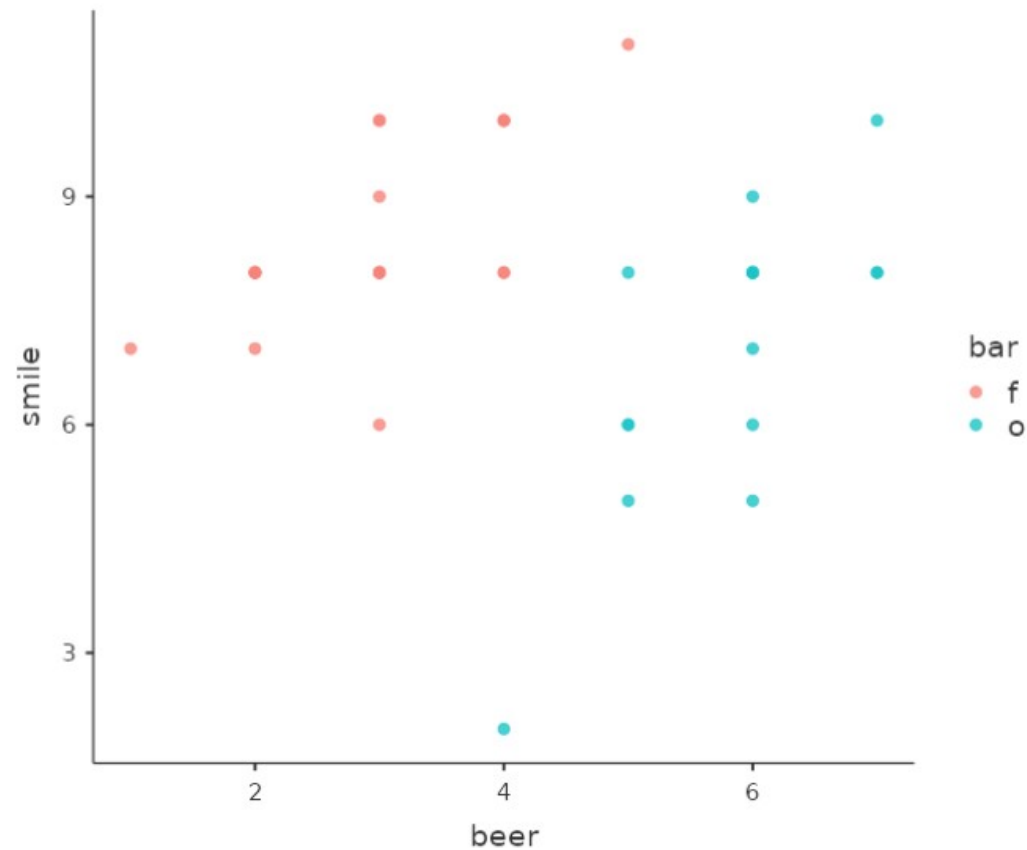


# Scatterplot by Bar

Let's see the data only for bar “f” and “o”

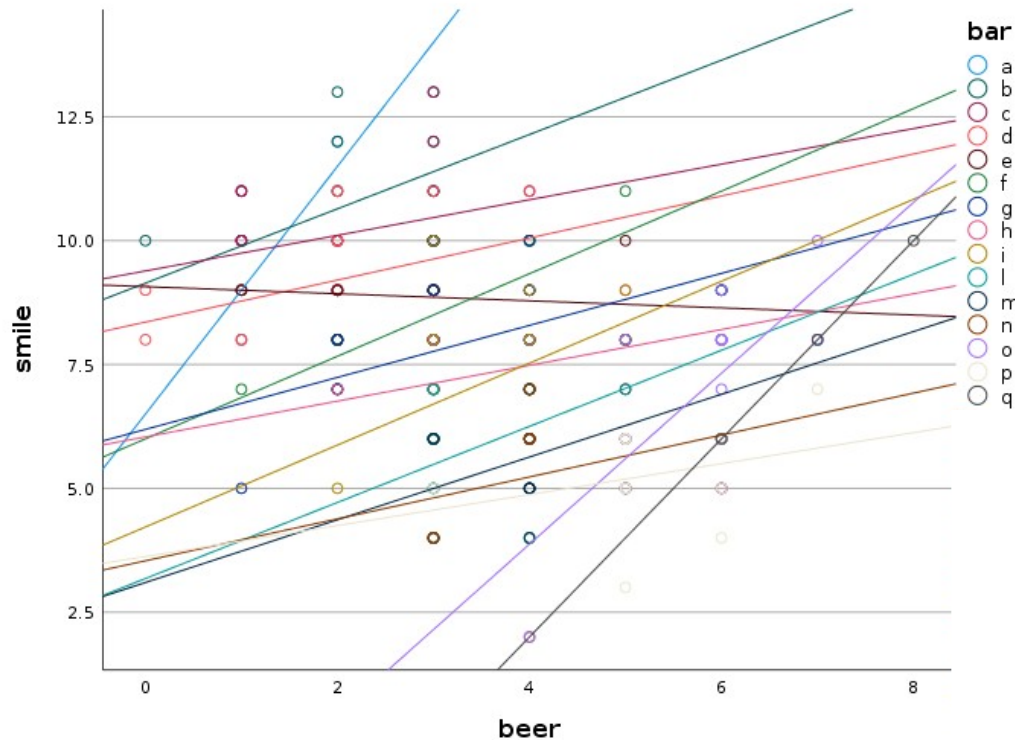
Bar

Scatterplot



# Scatterplot by Bar

It seems that the relations between IV and DV is positive, but within each bar

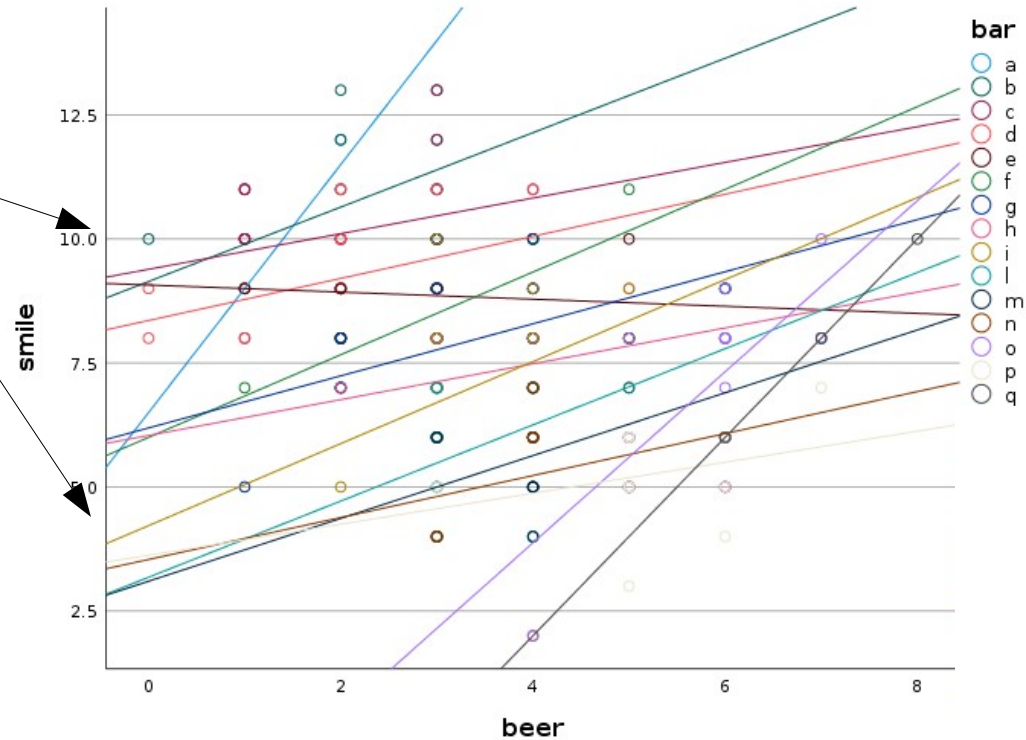


Bar

# Scatterplot by Bar

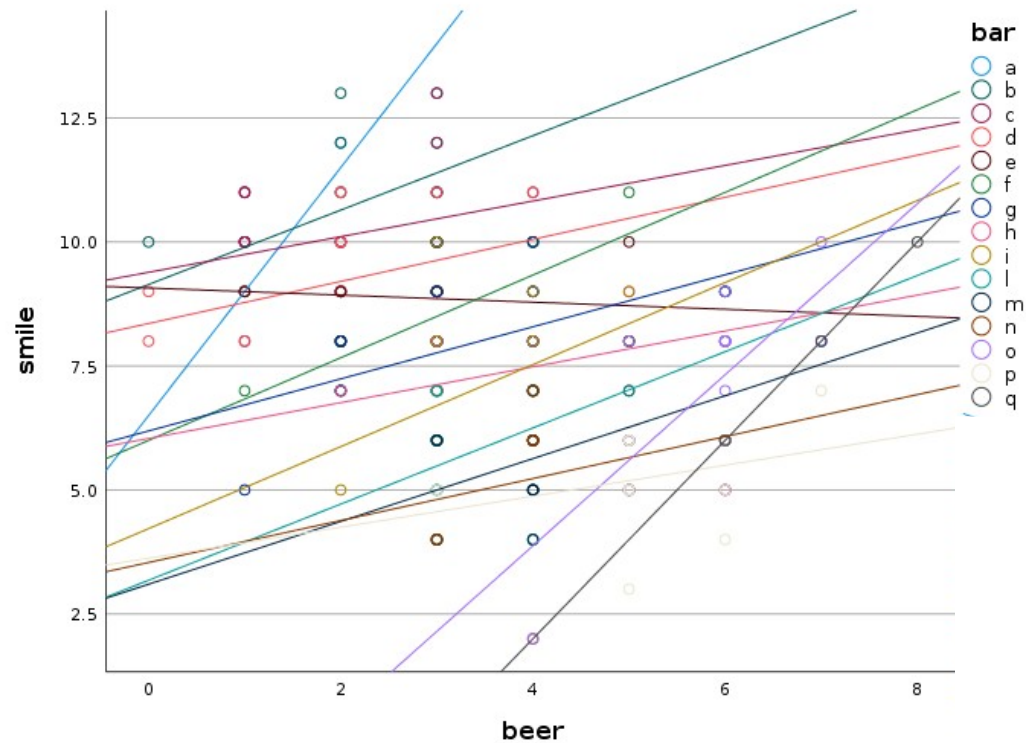
Bar

Intercepts seem to  
be different from  
bar to bar



# Scatterplot by Bar

Bar



Slopes are all positive

Slopes seem to vary across bars

# The Model

- It seems that considering the participants as all equivalent and independent one each other (GLM assumption) does not fit our data
- It seems that a better model should allow each bar (each cluster) to have a different regression line (a different intercept and **b** coefficient)

# The Model

- Let's define a model with a regression line for each cluster

 $y_{ij}$ 

Smiles of subject i in the cluster j

$$\hat{y}_{ia} = a_a + b_a \cdot x_{ia}$$

$$\hat{y}_{ib} = a_b + b_b \cdot x_{ib}$$

$$\hat{y}_{ic} = a_c + b_c \cdot x_{ic}$$

$$\hat{y}_{ij} = a_j + b_j \cdot x_{ij}$$

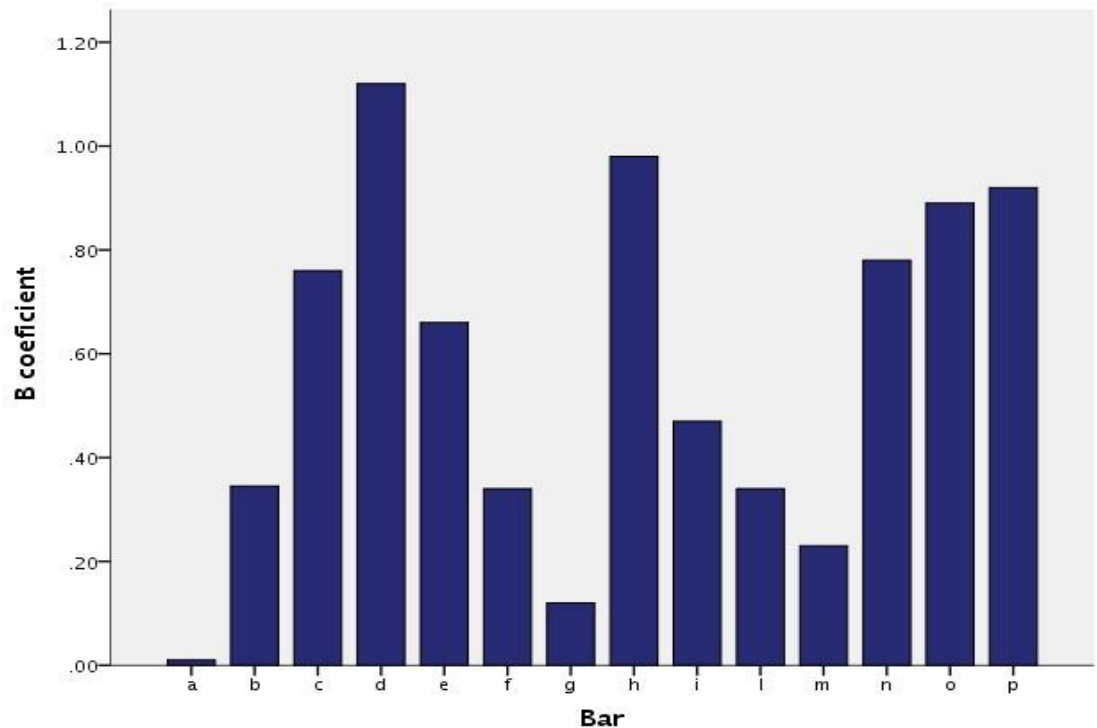
**In these regressions the coefficients may vary from cluster to cluster: they are not **Fixed****



# Varying coefficients

- If coefficients may vary, they will have a distribution

**A possible distribution of coefficients  $b$  estimated for different clusters**

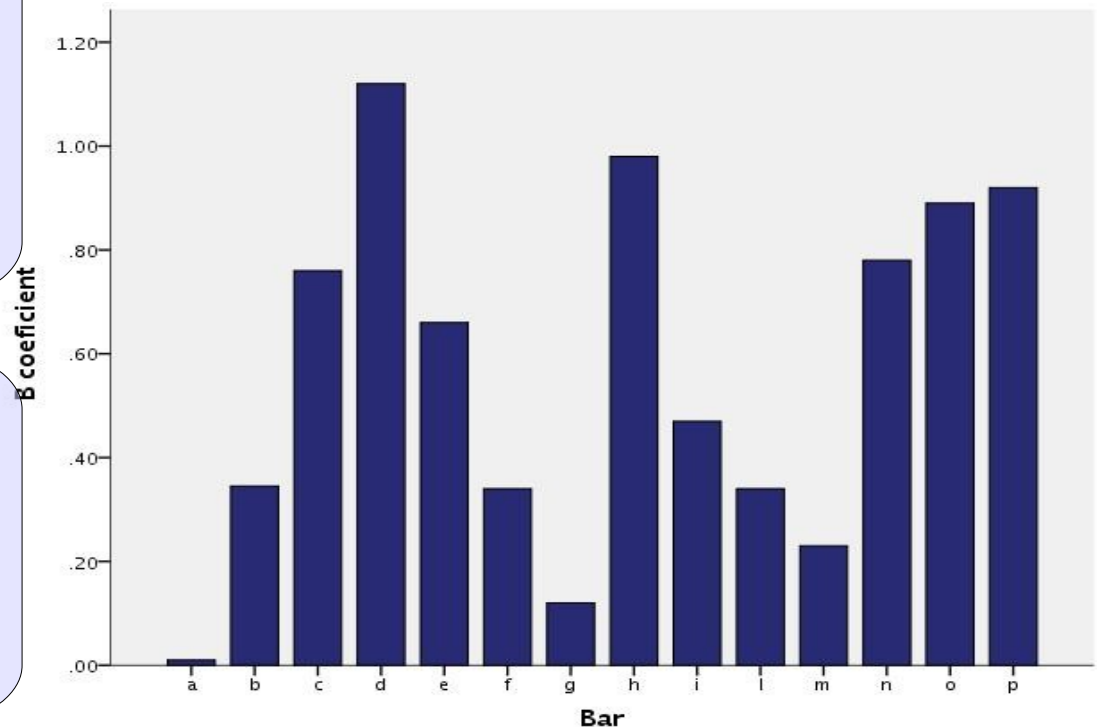


# Random coefficients

- Varying coefficients are called random coefficients

**Coefficients will exhibit variability**

**That is: in the **population** there exist different coefficients, a sample of which we estimated using the clustered data**

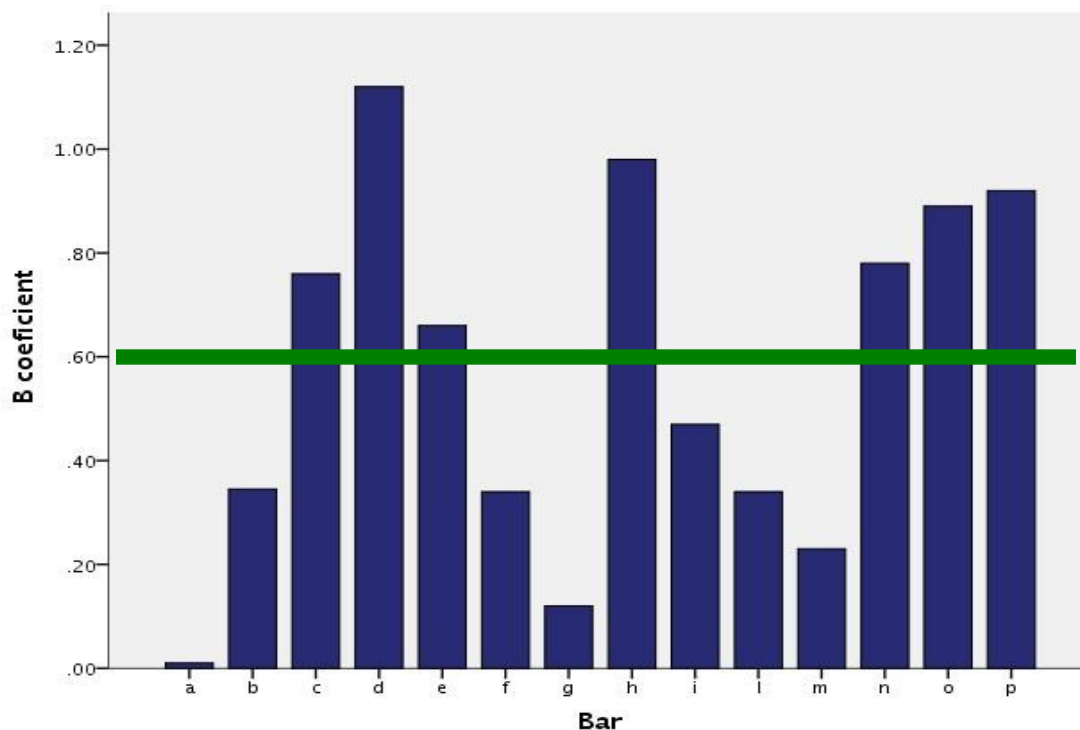


# Average of the coefficients

- If coefficients vary as a variable in the population, they will have a mean and a variance, that we can estimate in our data

Mean

$$\bar{b} = \frac{\sum_j b_j}{k}$$



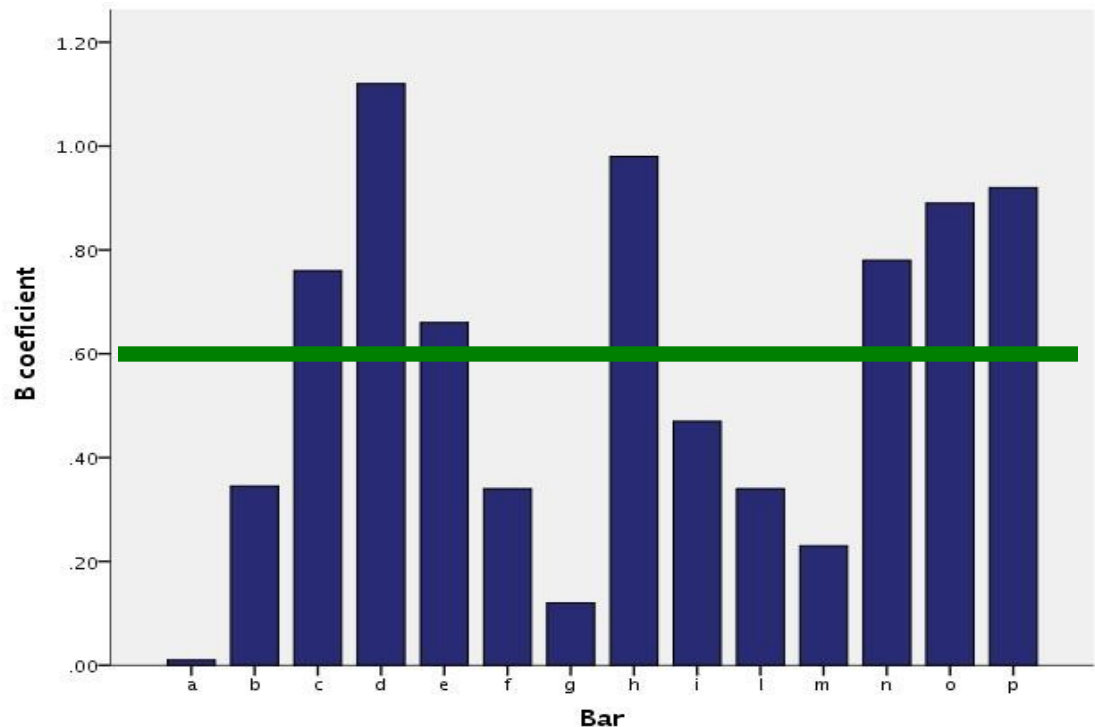
# Fixed coefficients

- If coefficients vary as a variable in the population, they will have a mean and a variance, that we can estimate in our data

Mean

$$\bar{b} = \frac{\sum_j b_j}{k}$$

Recall the mean is a fixed parameter for a distribution, and so is the mean of the coefficients: it is a **fixed effect**



# The Model

- We can now define a model with a regression for each cluster and the mean values of coefficients

**One regression per cluster**

$$\hat{y}_{ij} = a_j + b_j \cdot x_{ij}$$

**Each coefficient is defined as the deviation from the mean coefficient**

$$b'_j = b_j - \bar{b}$$

**Overall model**

$$\hat{y}_{ij} = a_j + b'_j \cdot x_{ij} + \bar{b} \cdot x_{ij}$$

# The Model

- We can now define a model with a regression for each cluster and the mean value of coefficients

Overall model

$$\hat{y}_{ij} = a_j + b'_j \cdot x_{ij} + \bar{b} \cdot x_{ij}$$

**Random  
coefficients**

**Fixed coefficient**

# The mixed model

- The same goes for the intercepts

One regression per  
cluster

$$\hat{y}_{ij} = a_j + b_j \cdot x_{ij}$$

Intercepts as deviations  
from the average intercept

$$a'_j = a_j - \bar{a}$$

Overall model

$$\hat{y}_{ij} = \bar{a} + a'_j + \bar{b} \cdot x_{ij} + b'_j \cdot x_{ij}$$

# The mixed model

- We can now define a model with a regression for each cluster and the mean values of coefficients

Overall model

$$\hat{y}_{ij} = \bar{a} + a'_j + \bar{b} \cdot x_{ij} + b'_j \cdot x_{ij}$$

**Random  
coefficients**

**Fixed coefficients**

**A GLM which contains both fixed and  
random effects is called a  
Linear Mixed Model**



# GLM as a special case

It is clear that everything we know for the GLM applies here: the GLM is in fact a special case of the LMM, where there are not random effects

LMM

$$\hat{y}_{ij} = \bar{a} + a'_j + \bar{b} \cdot x_{ij} + b'_j \cdot x_{ij}$$

GLM

$$\hat{y}_{ij} = \bar{a} + \bar{b} \cdot x_{ij}$$

# The mixed model

- In practice, mixed models allow to estimate the kind of effects we can estimate with the GLM, but they allow the effects to vary across clusters.
- Effects that vary across clusters are called **random effects**
- Effects that do not vary (the ones that are the same across clusters) are said to be **fixed effects**

# The mixed model

- To specify a correct model, we only need to understand if there are **clusters of cases** (measures or subjects) and decide which coefficients (intercepts or b coefficients) may vary across those clusters
- The fixed effects of the model are interpreted like in the GLM (regression/ANOVA)
- **Random effects** are generally not interpreted, but we can look at their variance to decide to keep them as random (variance>0) or fix them.
- In this way we take into the account the dependence among data

# Building a model

To build a model in a simple way, we need to answer very few questions:

- What is (are) the cluster variable(s)?
- What are the fixed effects?
- What are the random effects?

# A clustering variable

- **What is (are) the cluster variable(s)?**
- What are the fixed effects?
- What are the random effects?
  - Any variable that groups observations (cases or measurements) such that scores may be more similar within each group than across groups
  - Any variable whose levels (groups) are a sample of a larger population of levels (groups)
  - Example: bars created groups of scores (participants) that may be more similar within the bar than across bars

# Fixed effects

- What is (are) the cluster variable(s)?
- **What are the fixed effects?**
- What are the random effects?
  - Any effect that we are interested in on average (as in a standard ANOVA/Regression)
  - Example: the effect of beer on smiles in general

# Fixed effects

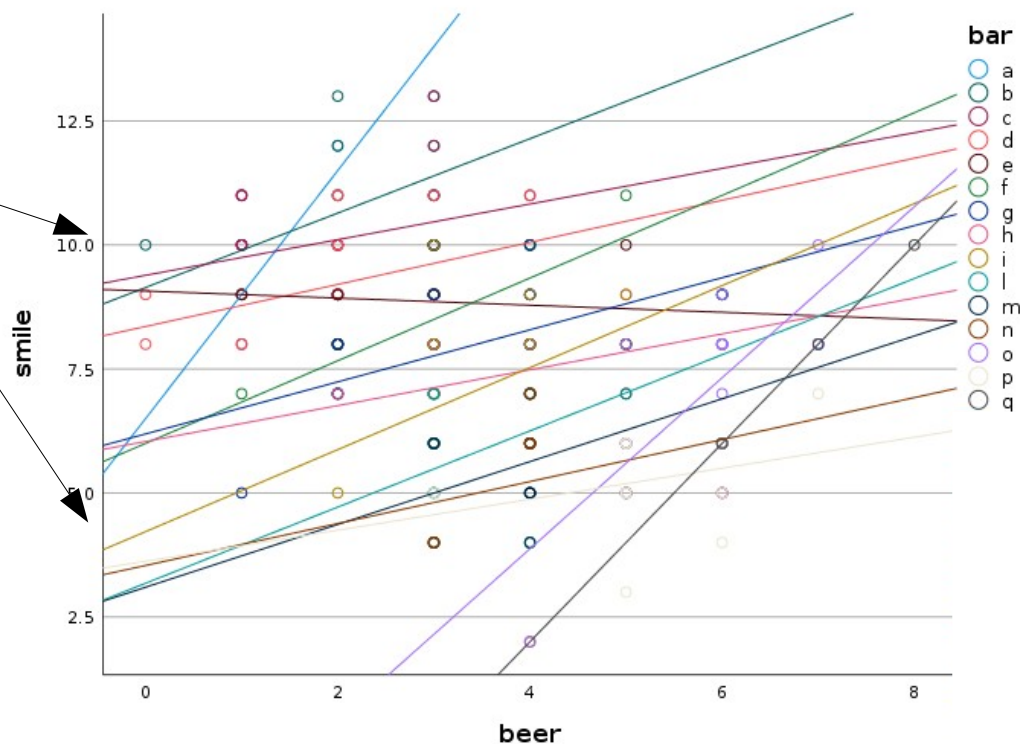
- What is (are) the cluster variable(s)?
- What are the fixed effects?
- **What are the random effects?**
  - Any effect that may vary from cluster to cluster
  - (Thus:) **Any effect that can be computed within each cluster**
  - Example: the intercepts and the effect of beer on smiles each bar

# Beers at the bar

We start with a simple model

Bar

Intercepts seem to  
be different from  
bar to bar





# Beers at the bar

We define a model where each cluster is allow to have a different intercept, the rest of the model is like a standard regression

$$y_{ij} = \bar{a} + a_j + \bar{b} \cdot x_{ij} + e_{ij}$$

- Fixed effects? Intercept and beer effect
- Random effects? Intercepts
- Clusters? bar

Authors and books may call this model:  
**Random-intercepts regression**  
or  
**Intercepts-as-outcomes model**

# Beers at the bar

We define a model where each cluster is allow to have a different intercept, the rest of the model is like a standard regression

$$y_{ij} = \bar{a} + a_j + \bar{b} \cdot x_{ij} + e_{ij}$$

- Fixed effects? Intercept and beer effect
- Random effects? Intercepts
- Clusters? bar

Authors and books may call this model:

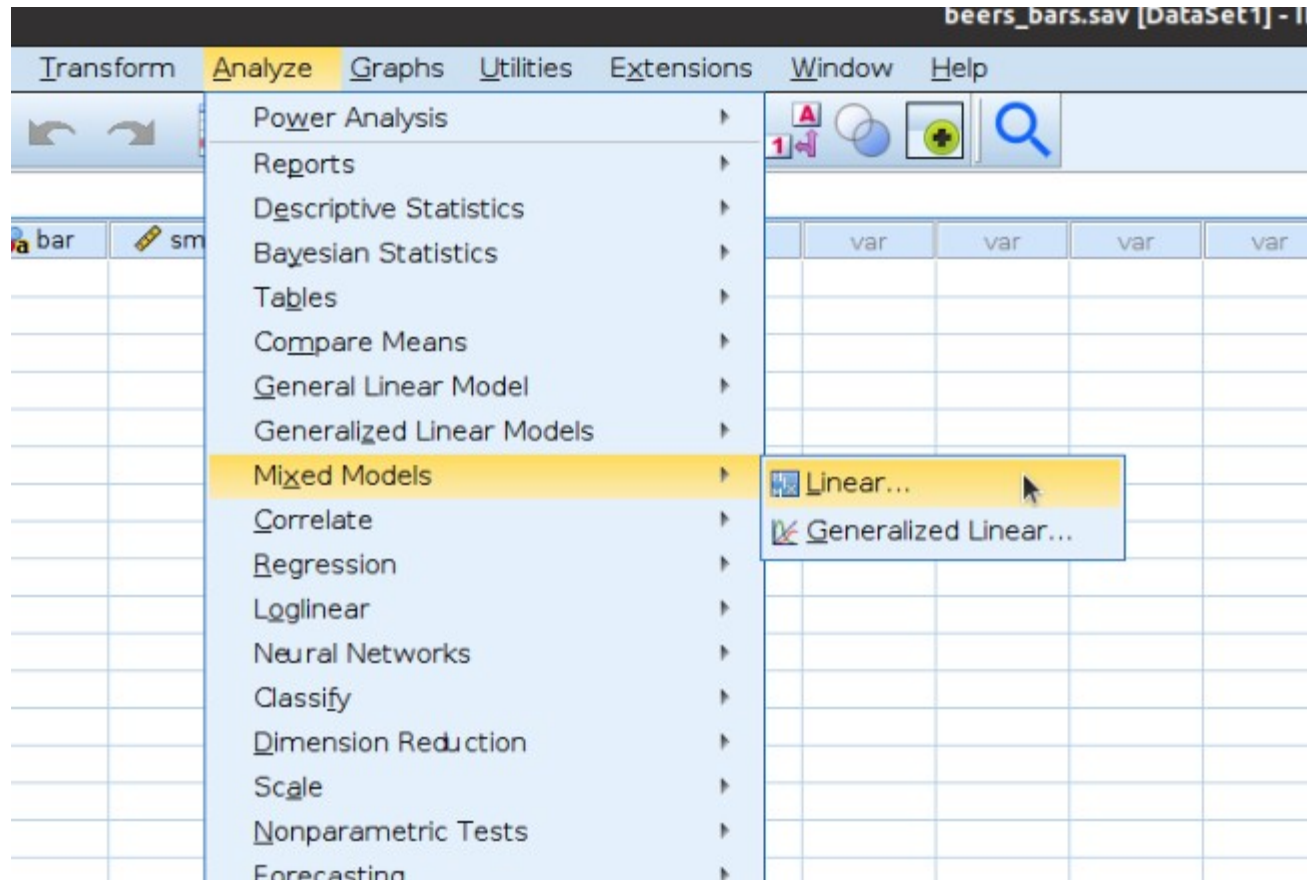
**Random-intercepts regression**

or

**Intercepts-as-outcomes model**

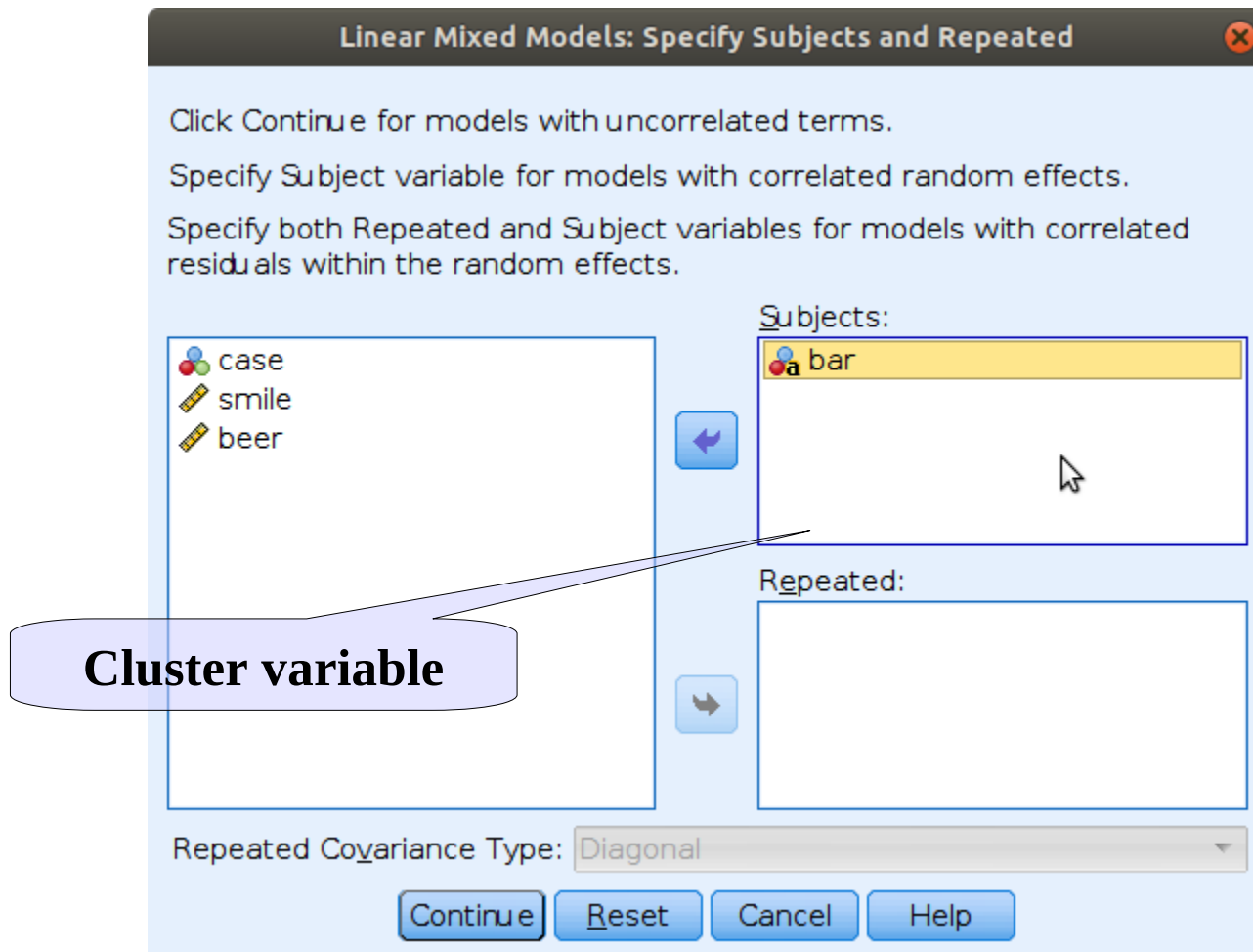
# SPSS Input

Analyze → Mixed Models → Linear



# SPSS Input

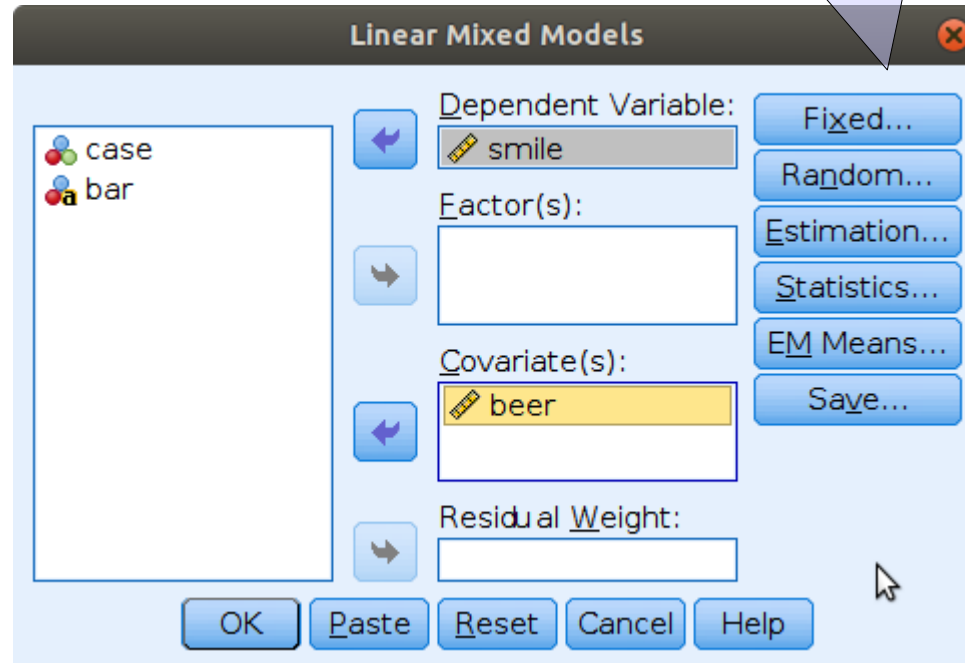
Analyze → Mixed Models → Linear



# SPSS Input

Analyze → Mixed Models → Linear

**Then select Fixed**



# SPSS Input

Analyze → Mixed Models → Linear

Linear Mixed Models: Fixed Effects

Fixed Effects

☒ Build terms      ☐ Build nested terms

Factors and Covariates:      Model:

☒ beer

beer

Factorial

↓    By\*    (Within)    Clear Term    Add    Remove

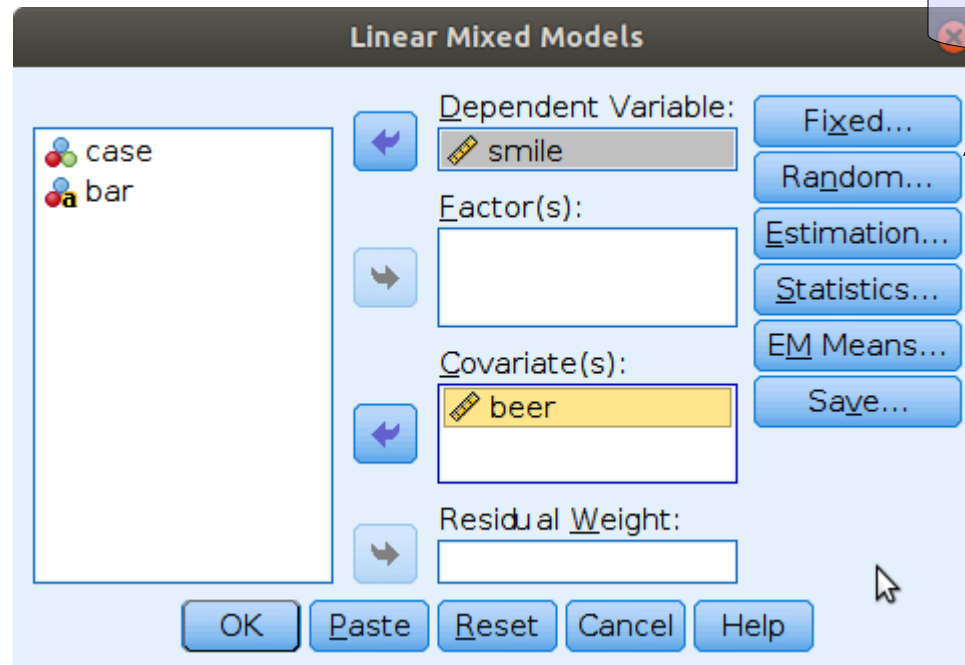
Build Term:

☒ Include intercept    Sum of squares: Type III

Continue    Cancel    Help

# SPSS Input

Analyze → Mixed Models → Linear



**Then select  
Random**

# SPSS Input

Analyze → Mixed Models → Linear

Linear Mixed Models: Random Effects

Random Effect 1 of 1

Previous Next

Covariance Type: Variance Components

Random Effects

☒ Build terms ☐ Build nested terms ☒ Include intercept

Factors and Covariates: Model:

beer

Factorial

↓ By\* (Within) Clear Term Add Remove

Build Term:

Subject Groupings

Subjects: Combinations:

a bar

↺

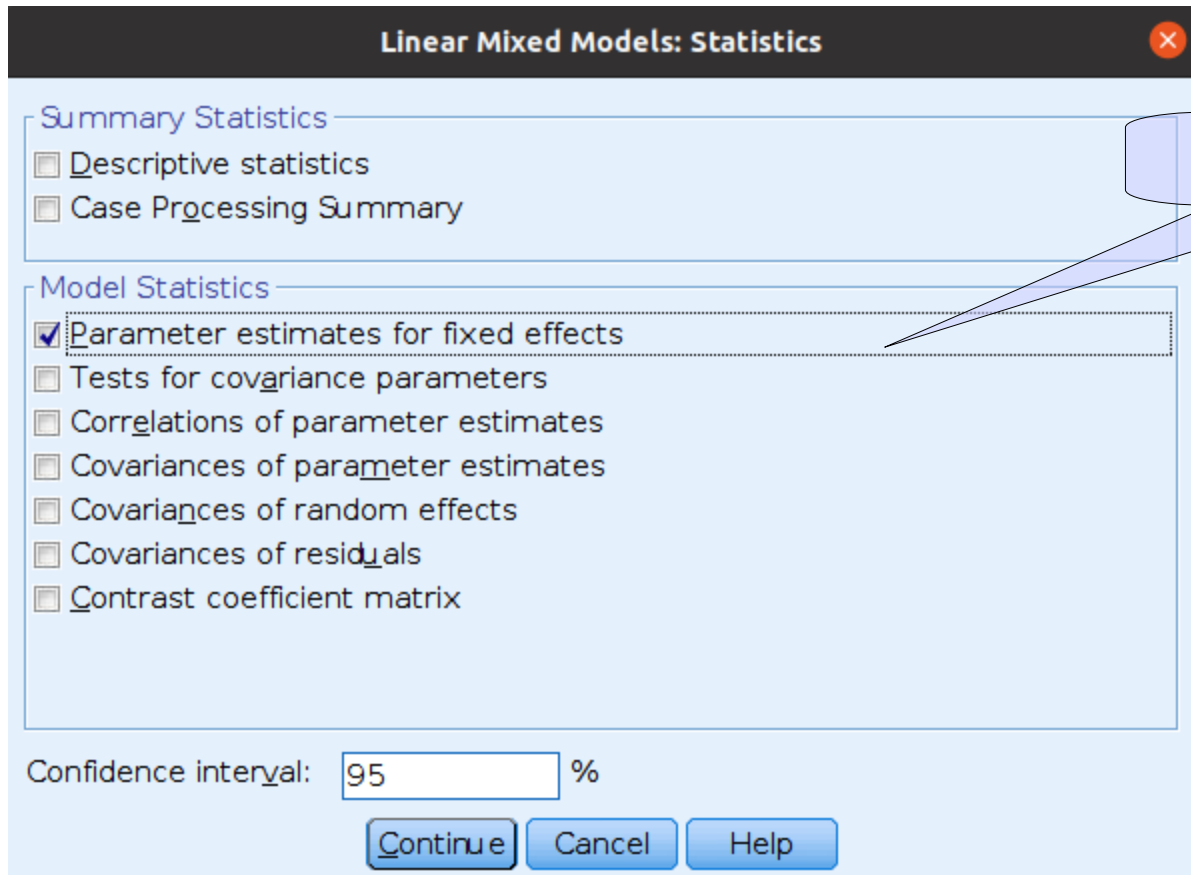
Continue Cancel Help

Random Intercept



# SPSS Input

Analyze → Mixed Models → Linear



**Print coefficients**

# SPSS syntax

$$y_{ij} = \bar{a} + a_j + \bar{b} \cdot x_{ij} + e_{ij}$$

**MIXED** smile WITH beer by bar

/CRITERIA=CIN(95) MXITER(100) MXSTEP(10) SCORING(1) SINGULAR(0.000000000001) HCONVERGE(0,  
ABSOLUTE) LCONVERGE(0, ABSOLUTE) PCONVERGE(0.000001, ABSOLUTE)

/FIXED=beer| SSTYPE(3)

/METHOD=REML

/print solution TESTCOV

/random intercept | SUBJECT(bar) COVTYPE(un).

**Fixed effects (intercept is included by default)**

**Random effects**

**Cluster variable**

# SPSS Output

Let's see if the model is how intended

Model Dimension <sup>a</sup>					
		Number of Levels	Covariance Structure	Number of Parameters	Subject Variables
Fixed Effects	Intercept	1		1	
	beer	1		1	
Random Effects	Intercept <sup>b</sup>	1	Variance Components	1	bar
Residual				1	
Total		3		4	

a. Dependent Variable: smile.

b. As of version 11.5, the syntax rules for the RANDOM subcommand have changed. Your command syntax may yield results that differ from those produced by prior versions. If you are using version 11 syntax, please consult the current syntax reference guide for more information.



**OK!**

# SPSS Output

We then check the variability of the random effects. If there is variability across bars, it means we were right to model the coefficients as random

## Covariance Parameters

### Estimates of Covariance Parameters<sup>a</sup>

Parameter	Estimate	Std. Error
Residual	1.451189	.139257
Intercept [subject = bar] Variance	5.816514	2.320621

a. Dependent Variable: smile.

**Variance greater than 0**

# SPSS Output

If everything is fine, we interpret the fixed effects as in any other GLM (regression)

**Estimates of Fixed Effects<sup>a</sup>**

Parameter	Estimate	Std. Error	df	t	Sig.	95% Confidence Interval	
						Lower Bound	Upper Bound
Intercept	5.841778	.695573	19.205	8.399	<.001	4.386978	7.296578
beer	.552973	.080740	229.072	6.849	<.001	.393884	.712061

a. Dependent Variable: smile.

**Intercept: On average, for zero beers we expect 5.8 smiles**

# SPSS Output

If everything is fine, we interpret the fixed effects as in any other GLM (regression)

**Estimates of Fixed Effects<sup>a</sup>**

Parameter	Estimate	Std. Error	df	t	Sig.	95% Confidence Interval	
						Lower Bound	Upper Bound
Intercept	5.841778	.695573	19.205	8.399	<.001	4.386978	7.296578
beer	.552973	.080740	229.072	6.849	<.001	.393884	.712061

a. Dependent Variable: smile.

**Intercept: On average, as beers increase on 1 unit, we expect smile to increase of .552 smiles**

# SPSS Output

We also get the overall omnibus tests

## Fixed Effects

Type III Tests of Fixed Effects<sup>a</sup>

Source	Numerator df	Denominator df	F	Sig.
Intercept	1	19.205	70.535	<.001
beer	1	229.072	46.906	<.001

a. Dependent Variable: smile.

**These are equivalent to the GLM  
F-tests**

## Beers at the bar 2

We can now try a model where also the **b** coefficients are allow to vary across clusters

$$y_{ij} = \bar{a} + a_j + \bar{b} \cdot x_{ij} + b \cdot x_{ij} + e_{ij}$$

- Fixed effects? Intercept and beer effect
- Random effects? Intercepts and b coefficients
- Clusters? bar

Some authors may call this model:  
**Random-coefficients regression**  
or  
**Intercepts- and Slopes-as-outcomes model**



# Jamovi

- We keep the same setup for the variables

Mixed Model

Dependent Variable

Factors

Covariates

Cluster variables

Estimation

Confidence Intervals

REML

Confidence intervals

Interval 95 %

The screenshot shows the 'Mixed Model' dialog box in Jamovi. On the left, a list of variables includes 'A' and 'case', with 'case' selected. On the right, the 'Dependent Variable' is 'smile', 'Factors' is empty, 'Covariates' is 'beer', and 'Cluster variables' is 'bar'. At the bottom, the 'Estimation' method is 'REML' and 'Confidence Intervals' are set to '95 %'.

Define the variables role

- We add the effect of beer as a random coefficient

**Define the random component**

Random Effects

Components

Random Coefficients

Intercept | bar  
beer | bar

Effects correlation

Correlated  
Not correlated  
Correlated by block

Tests

LRT for Random Effects

- As soon as you define the random component, you get the results

## Model Results

Model Fit

Type	R <sup>2</sup>	df	LRT X <sup>2</sup>	p
Conditional	0.822	4	203.003	< .001
Marginal	0.090	1	17.016	< .001

[4]

>

**R-squared Marginal: How much variance can the fixed effects alone explain of the overall variance**

**R-squared Conditional: How much variance can the fixed and random effects together explain of the overall variance**

- As soon as you define the random component, you get the results

## Model Results

**F-test for the main effect of beer**

### Fixed Effect Omnibus tests

	F	Num df	Den df	p
beer	36.057	1	7.234	< .001

*Note.* Satterthwaite method for degrees of freedom

- As soon as you define the random component, you get the results

**coefficients for the main effect of  
beer**

Fixed Effects Parameter Estimates

Names	Estimate	SE	95% Confidence Interval		df	t	p
			Lower	Upper			
(Intercept)	7.610	0.633	6.368	8.851	12.928	12.013	< .001
beer	0.555	0.093	0.374	0.737	7.234	6.005	< .001

- As soon as you define the random component, you get the results

Random Components

Groups	Name	SD	Variance	ICC
bar	(Intercept)	2.417	5.842	0.803
	beer	0.167	0.028	
Residual		1.196	1.431	

Note. Number of Obs: 234 , groups: bar 15

Random Parameters correlations

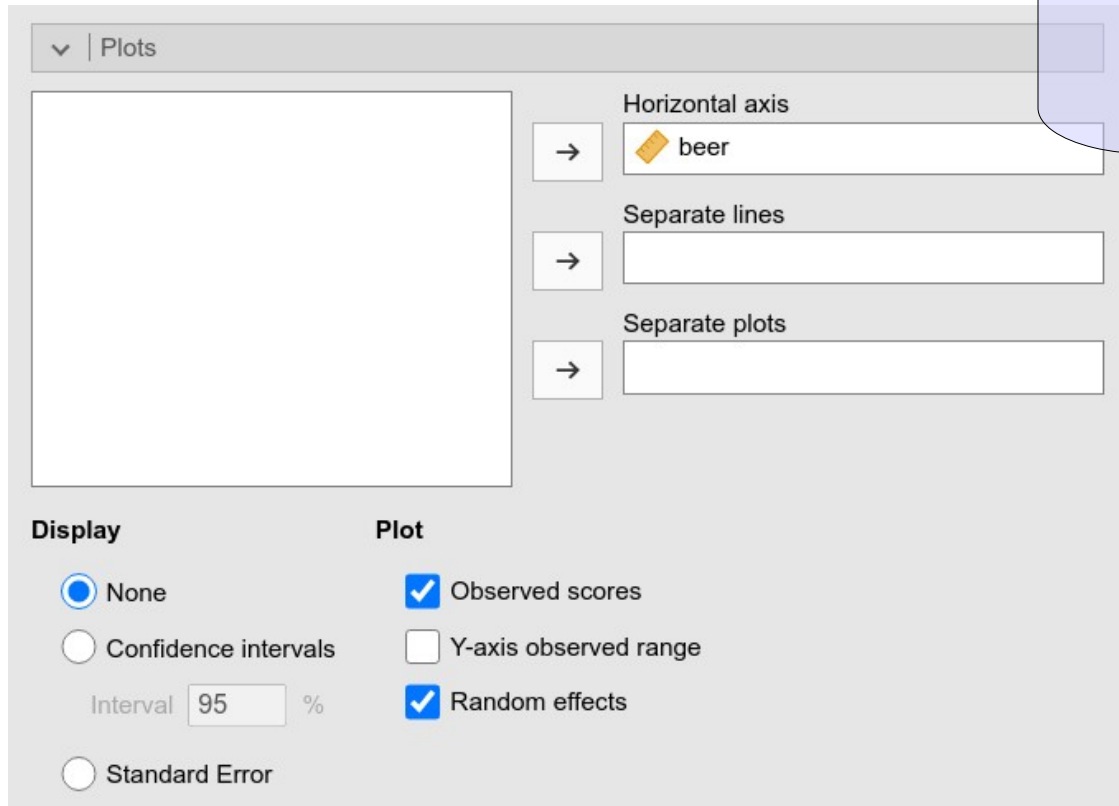
Groups	Param.1	Param.2	Corr.
bar	(Intercept)	beer	-0.766

**Random coefficients  
variances**

**Random coefficients  
correlation**

# Jamovi

- Jamovi can plot up to a 3-way interaction



The screenshot shows the 'Plots' panel in Jamovi. On the left is a large empty box for the plot. On the right, there are three sections: 'Horizontal axis' with a button '→' and a text field containing 'beer'; 'Separate lines' with a button '→' and an empty text field; and 'Separate plots' with a button '→' and an empty text field. Below these are two columns of options: 'Display' and 'Plot'.

Plots

Horizontal axis  
→ beer

Separate lines  
→

Separate plots  
→

**Display**

☒ None  
☐ Confidence intervals  
Interval 95 %  
☐ Standard Error

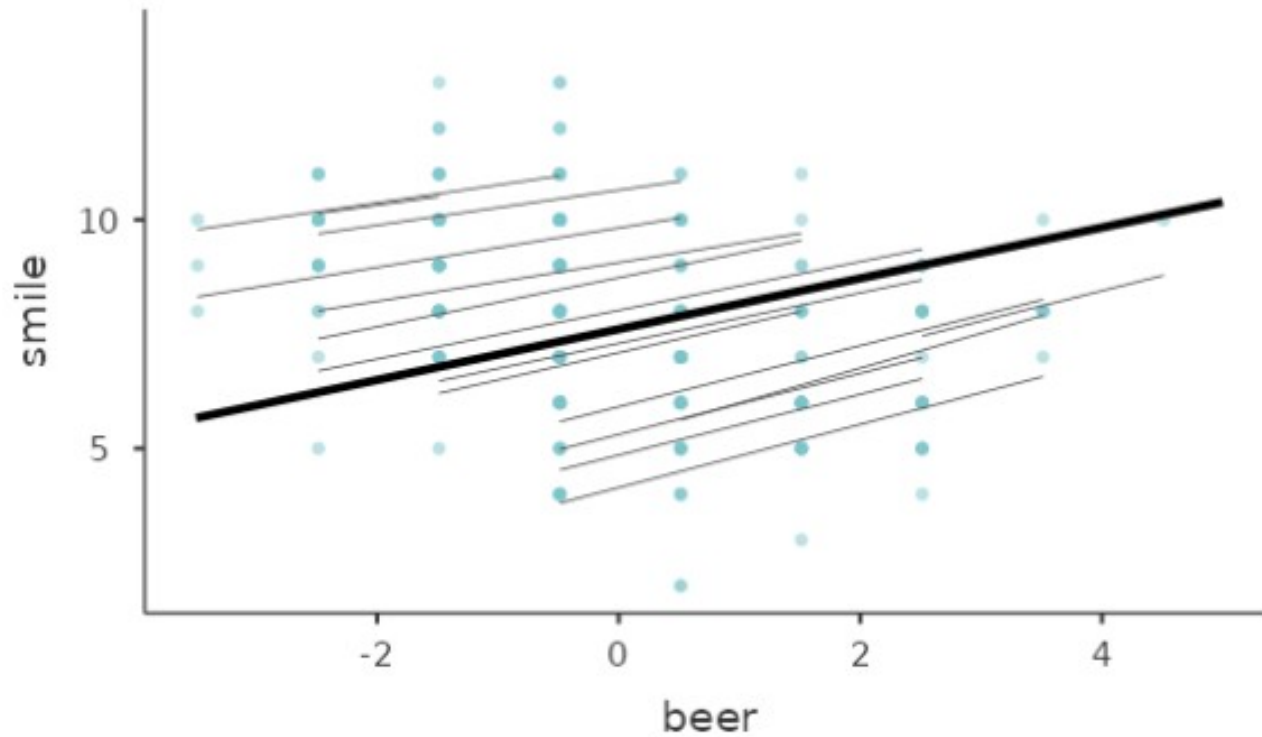
**Plot**

☒ Observed scores  
☐ Y-axis observed range  
☒ Random effects

**Plot**

- In this case is fixed and random effects regression lines

## Effects Plots



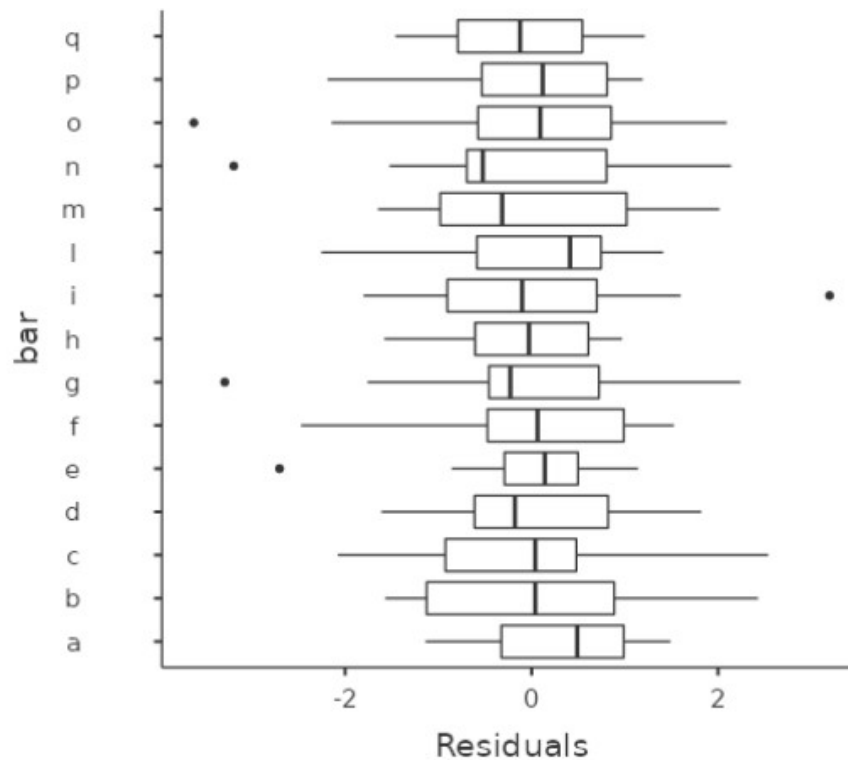


# Residuals plot

- We can also look at the residual plot by cluster

Residuals by cluster boxplot

Clustering variable: bar



# Mixed Linear Models

- With the mixed model one can take into the account dependency among measures (within clusters) almost in any situation
- It allows applying the GLM logic to a broader range of designs
- Any kind of independent variables
- Generalizes to the generalized linear model (logistic etc)
- Efficient handling of missing values
- **Multi-level research designs**
- **Repeated measures designs**

# Multi-level models

# Multi-level models

- The Multi-level model is **not** a “statistical technique”!
- The Multi-level model is **an approach** to analyze multi-level designs
- **The multi-level model is estimated using a mixed model**
- What is peculiar:
  - The importance of the clustering variables (higher levels)
  - The research questions
  - The cluster level is called group level (*group=cluster in this terminology*)

# Example

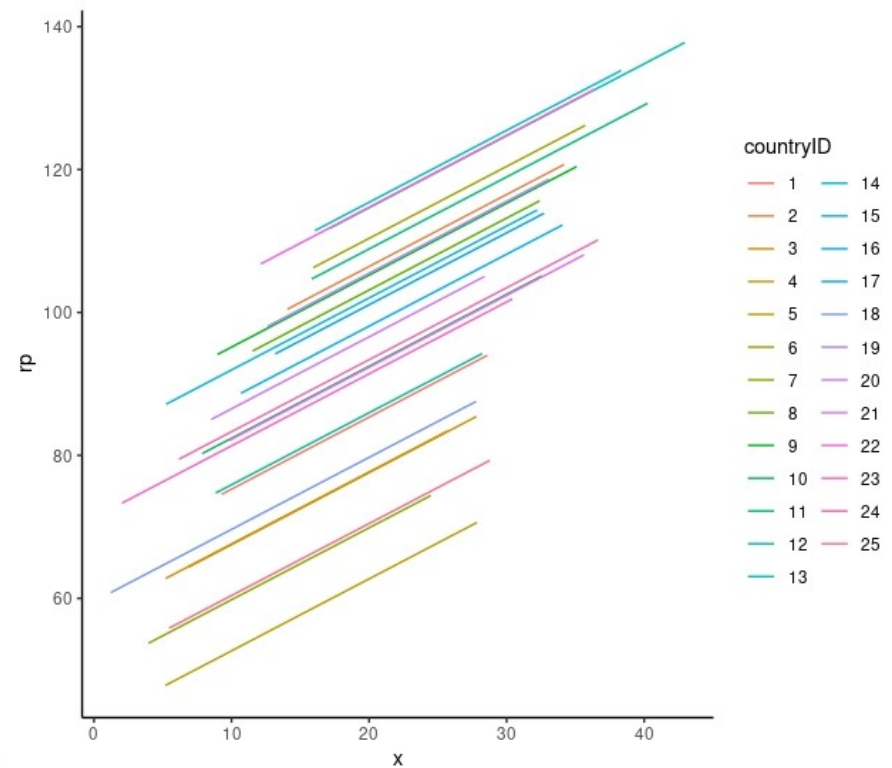
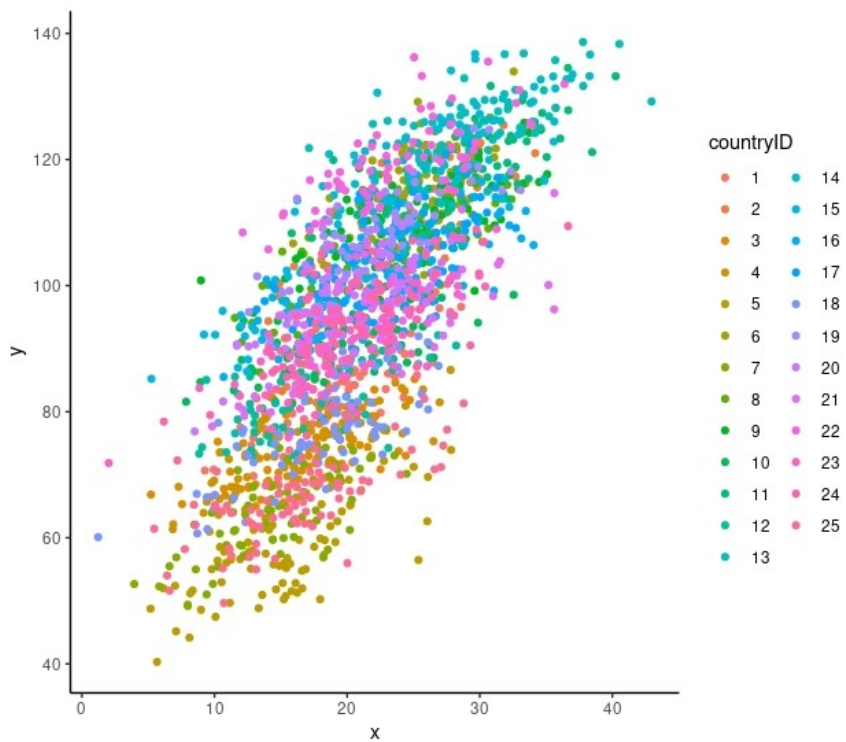
- Assume we have a multi-country research, in which we measured individuals (people) *charity contribution* and their *income* (*individual level*).
- We can have information about country taxes regulations (*country level*)
- We are interested on the relationship between *contribution* and *income* at the **individual level and at the country level**

# Questions

- We are interested on the relationship between cooperation and income at the **individual levels and at the country level**
- Independently of the country: Does people with higher income contribute more? (*individual level effect*)
- Independently of the people: Do countries with average higher income show higher average contribution? (*country level effect*)

# Structure vs aim

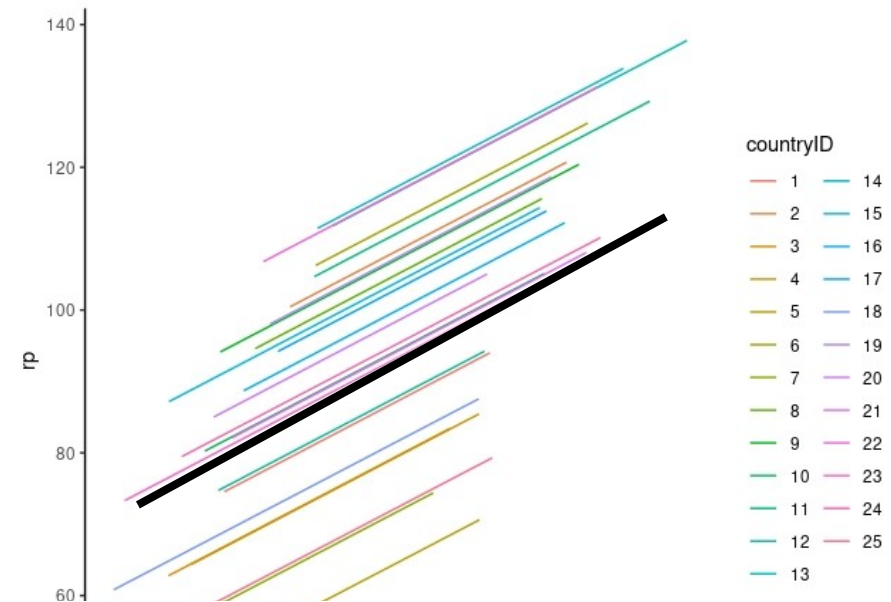
- If we only look at the data structure, we are in the beers at bars example
- But the research aim is different



# Individual level

- If we fit a model like *beer at bars*, we only get the individual level effect, averaged across countries

Independently of the country: Does people with higher income contribute more? (*individual level effect*)



Fixed Effects Parameter Estimates

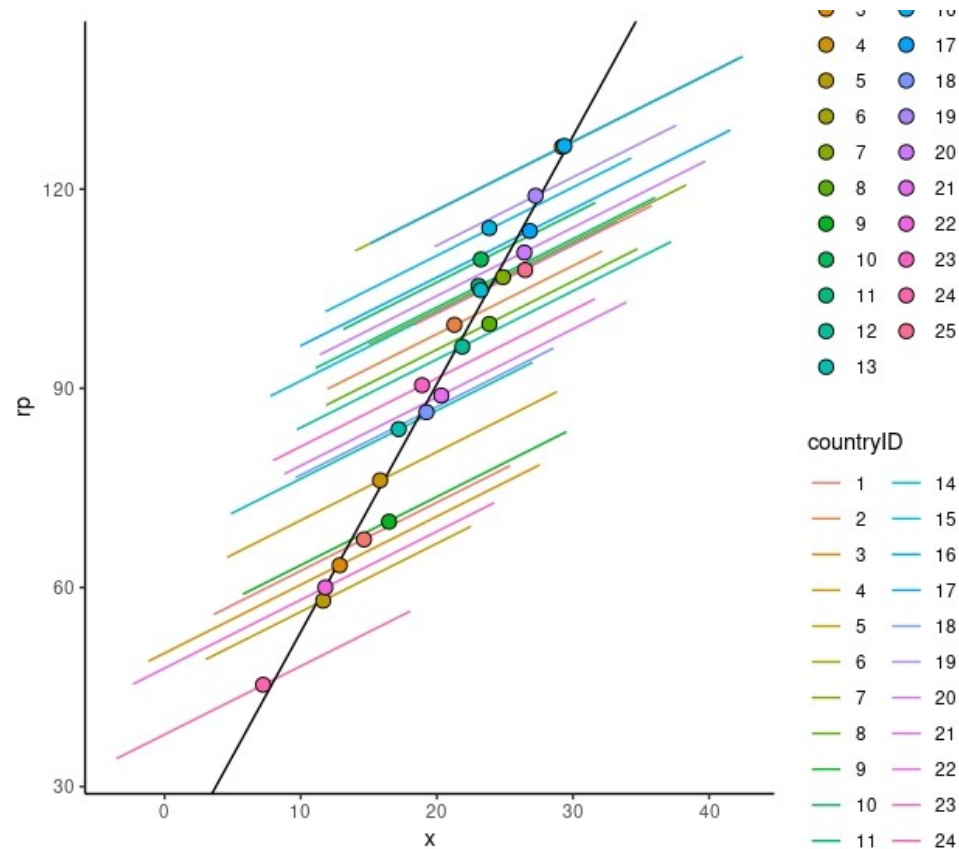
Names	Estimate	SE	95% Confidence Interval		df	t	p
			Lower	Upper			
(Intercept)	95.73	3.0129	89.830	101.64	24.0	31.8	< .001
x	1.01	0.0235	0.964	1.06	1928.6	43.0	< .001



# Country level

- But income may have an effect also at the country (second) level

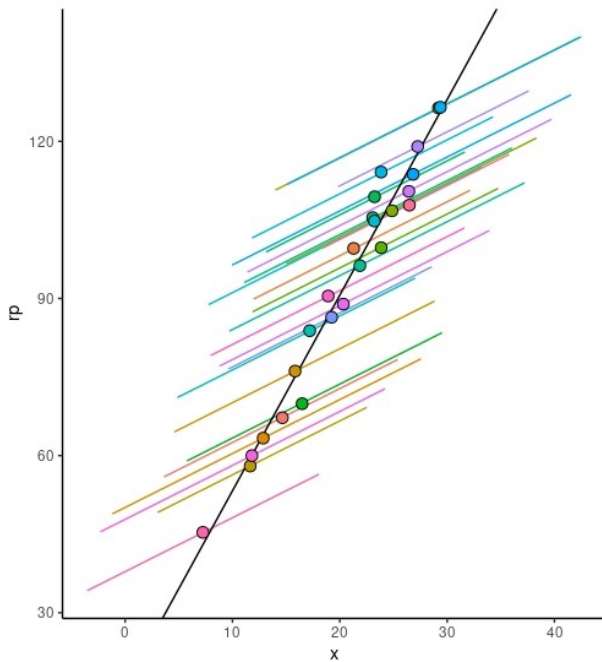
Independently of the people: Do countries with average higher income show higher average contribution? (*country level effect*)



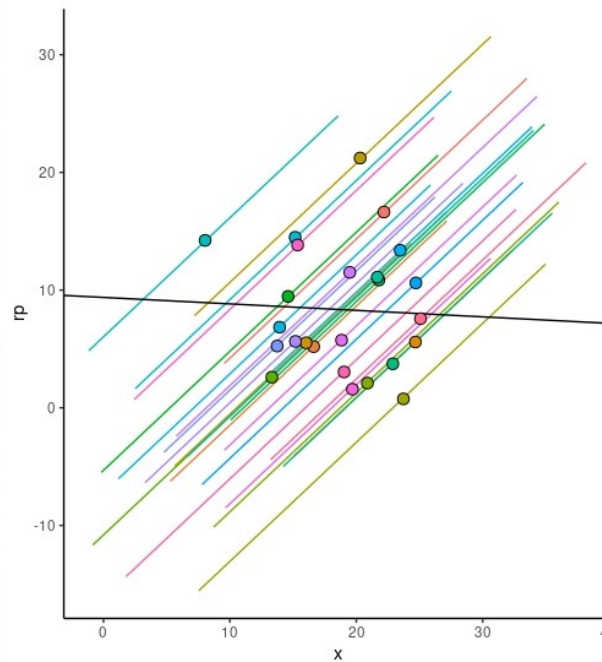
# Country vs individual level

- The effect of a variable at each level is **independent** of the effect at any other level

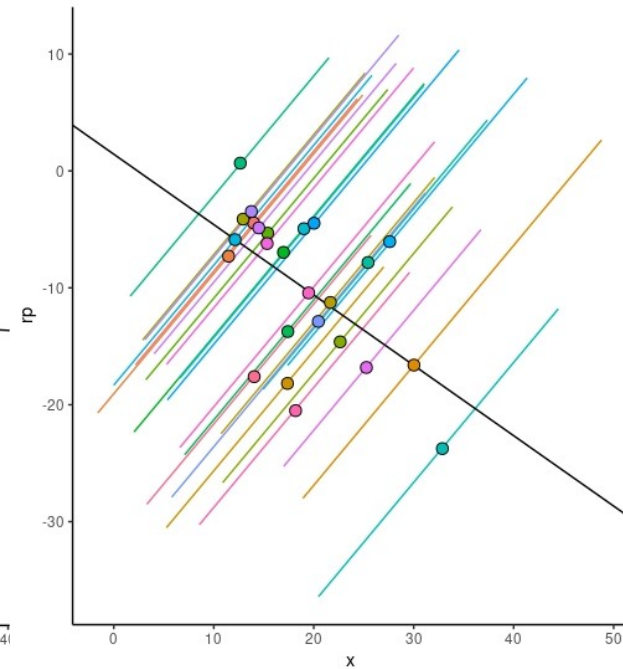
Individual +, country +



individual +, country 0



individual +, country -



# The mixed model

- To capture the effect of countries (second level) we should include the country levels means
- To make it independent of people levels, we group-center individual level  $x$

$$\hat{y}_{ij} = \bar{a} + a'_j + b_1 \cdot (x_{ij} - \bar{x}_j) + b_2 \cdot \bar{x}_j$$

**Group centered  $x$  (country centered)**



**Group mean  
(country mean)**

# Coefficients

- The model returns the effects at level 1 (individuals) and level 2 (country)

$$\hat{y}_{ij} = \bar{a} + a'_j + b_1 \cdot (x_{ij} - \bar{x}_j) + b_2 \cdot \bar{x}_j$$

Independently of the country: Does people with higher income contribute more?

Do countries with average higher income show higher average contribution?

# Data

- We simply compute two new variables: the group centered  $x$  and the group means


$$xcen = (x_{ij} - \bar{x}_j)$$




$$xm = \bar{x}_j$$


countryID	x	y	xm	xcen
10	12.919	88.400	20.547	-7.628
10	27.128	98.083	20.547	6.581
10	21.709	99.612	20.547	1.163
10	20.586	94.523	20.547	0.040
10	14.580	81.559	20.547	-5.967
10	28.697	106.248	20.547	8.150
10	8.937	84.683	20.547	-11.609
10	17.241	94.658	20.547	-3.306
10	18.252	84.677	20.547	-2.295
10	18.913	90.324	20.547	-1.633
11	33.202	129.347	28.333	4.870
11	23.598	114.079	28.333	-4.735
11	23.746	109.661	28.333	-4.587
11	26.870	113.275	28.333	-1.463
11	25.305	116.171	28.333	-3.028
11	31.789	114.460	28.333	3.456
11	18.956	119.912	28.333	-9.377
11	32.524	123.181	28.333	4.191
11	27.646	111.706	28.333	-0.687

# Model


- We use them as independent variables

Mixed Model 

 A  
 x  
 rp





→

Dependent Variable  
 y


→

Factors

→

Covariates  
 xcen  
 xm

→

Cluster variables  
 countryID

Random Coefficients

Intercept | countryID  
xcen | countryID

# Results (fixed effect)

- And interpret the coefficients accordingly

Fixed Effects Parameter Estimates

Names	Estimate	SE	95% Confidence Interval		df	t	p
			Lower	Upper			
(Intercept)	95.65	1.3013	93.104	98.21	23.1	73.5	< .001
xcen	1.01	0.0278	0.954	1.06	21.8	36.3	< .001
xm	4.37	0.3126	3.757	4.98	23.1	14.0	< .001

Within each country: as people income increases of 1 unit, contribution increases of **1.01**

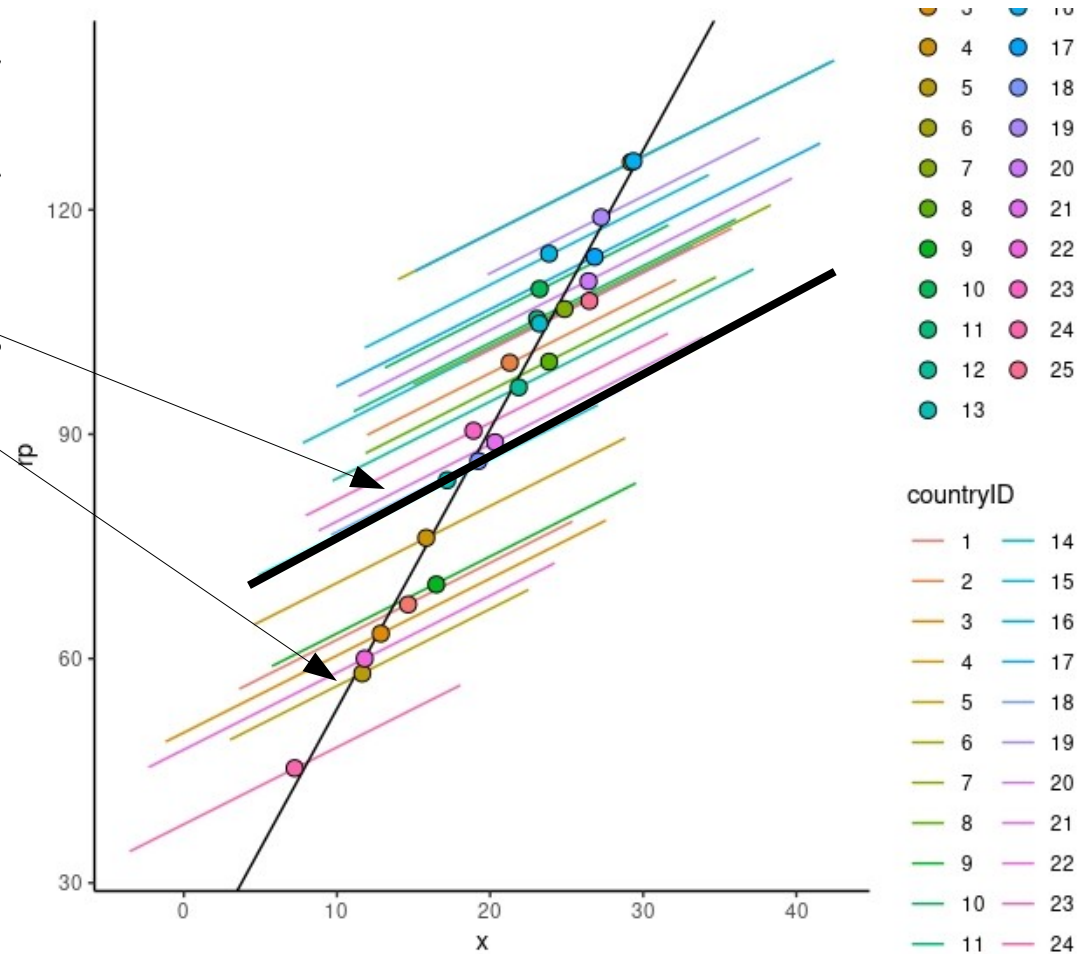
Across countries: As the average income of a country increases 1 unit, the average contribution increases of **4.37** units

# Results (fixed effect)

- And interpret the coefficients accordingly

Fixed Effects Parameter Estimates

Names	Estimate	SE
(Intercept)	95.65	1.3013
xcen	1.01	0.0278
xm	4.37	0.3126





# Multi-level models

- **The multi-level model is estimated using a mixed model**
- What is peculiar:
  - We want to estimate predictors effects at each level
  - We want to estimate higher level effect over and beyond lower level effect (contextual effects)

# Mixed Linear Models

- With the mixed model one can take into the account dependency among measures (within clusters) almost in any situation
- It allows applying the GLM logic to a broader range of designs
- Any kind of independent variables
- Generalizes to the generalized linear model (logistic etc)
- Efficient handling of missing values
- Multi-level research designs
- **Repeated measures designs**

# Repeated Measures Anova as a linear mixed model

# A repeated measures design

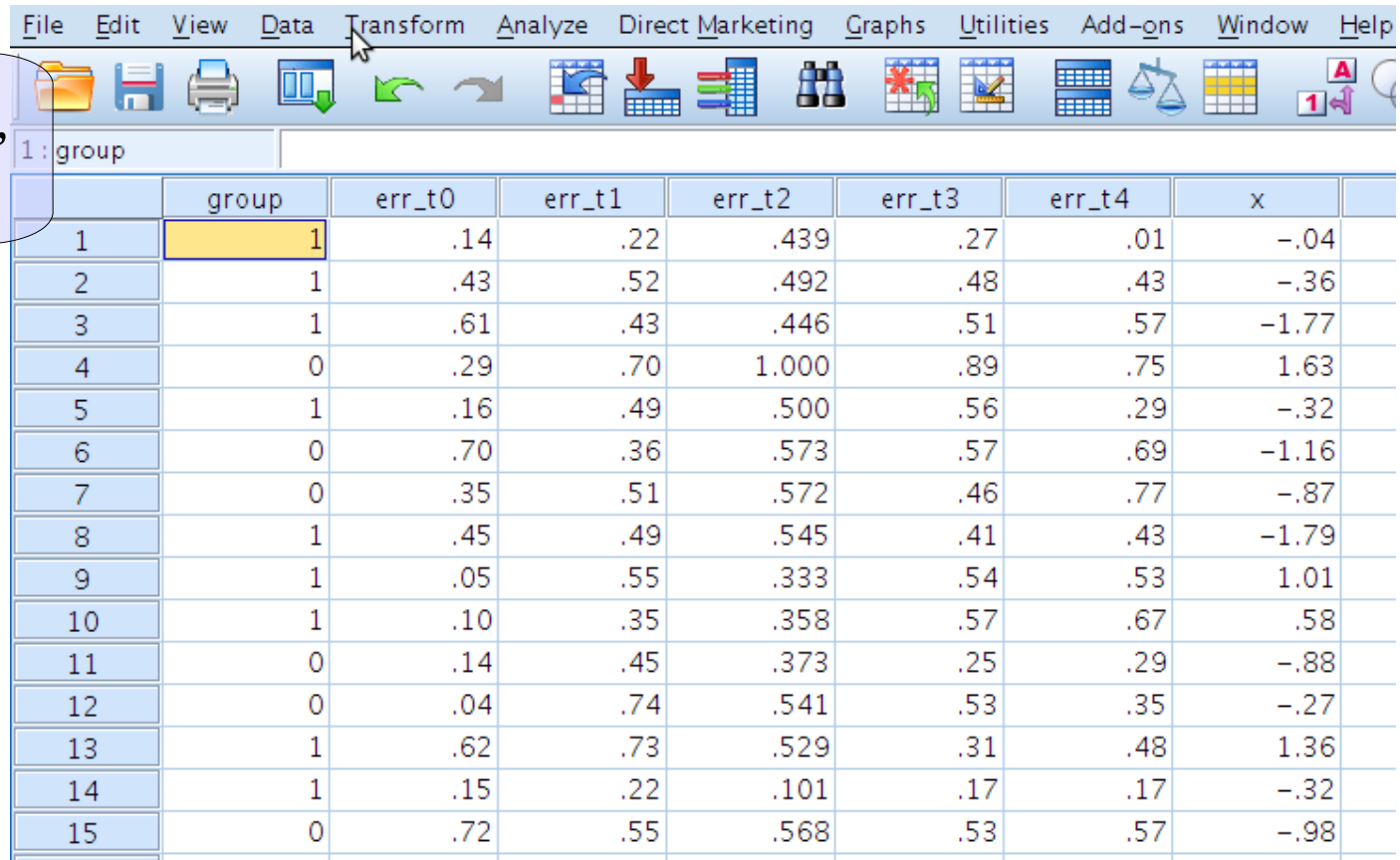
- Consider now a classical repeated measure design (within-subjects) the levels of the WS IV (5 different trials) are represented by different measures taken on the same person

		trial				
		1	2	3	4	5
Participants	1	Y11	Y21	Y31	Y41	Y51
	2	Y12	Y22	Y32	Y42	Y52
	3	Y13	Y23	Y33	Y43	Y53
	....					
	N	Y1n	Y2n	Y3n	Y4n	Y5n

# Standard file format

- As for many applications of the repeated-measure design, each level of the WS-factor is represented by a column in the file

One participant,  
one row

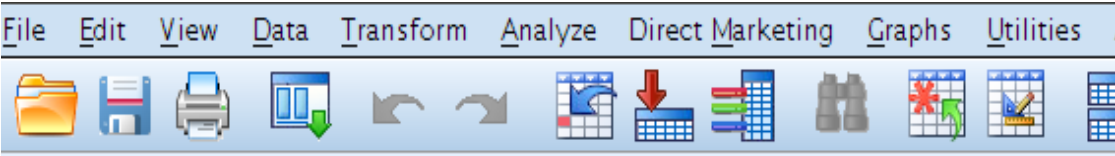


	group	err_t0	err_t1	err_t2	err_t3	err_t4	x
1	1	.14	.22	.439	.27	.01	-.04
2	1	.43	.52	.492	.48	.43	-.36
3	1	.61	.43	.446	.51	.57	-1.77
4	0	.29	.70	1.000	.89	.75	1.63
5	1	.16	.49	.500	.56	.29	-.32
6	0	.70	.36	.573	.57	.69	-1.16
7	0	.35	.51	.572	.46	.77	-.87
8	1	.45	.49	.545	.41	.43	-1.79
9	1	.05	.55	.333	.54	.53	1.01
10	1	.10	.35	.358	.57	.67	.58
11	0	.14	.45	.373	.25	.29	-.88
12	0	.04	.74	.541	.53	.35	-.27
13	1	.62	.73	.529	.31	.48	1.36
14	1	.15	.22	.101	.17	.17	-.32
15	0	.72	.55	.568	.53	.57	-.98

# Long file format

- For the mixed model we need to tabulate the data as if they came from a between-subject design

One measure,  
one row



The screenshot shows a software interface with a menu bar (File, Edit, View, Data, Transform, Analyze, Direct Marketing, Graphs, Utilities) and a toolbar with various icons. Below the toolbar is a data table with 7 columns: an unlabeled index column, 'id', 'group', 'x', 'trial', 'error', and 'va'. The table contains 14 rows of data. A mouse cursor is pointing at the cell in the 5th row, 6th column (value .01).

	id	group	x	trial	error	va
1	1	1	-.04	1	.14	
2	1	1	-.04	2	.22	
3	1	1	-.04	3	.44	
4	1	1	-.04	4	.27	
5	1	1	-.04	5	.01	
6	2	1	-.36	1	.43	
7	2	1	-.36	2	.52	
8	2	1	-.36	3	.49	
9	2	1	-.36	4	.48	
10	2	1	-.36	5	.43	
11	3	1	-1.77	1	.61	
12	3	1	-1.77	2	.43	
13	3	1	-1.77	3	.45	
14	3	1	-1.77	4	.51	

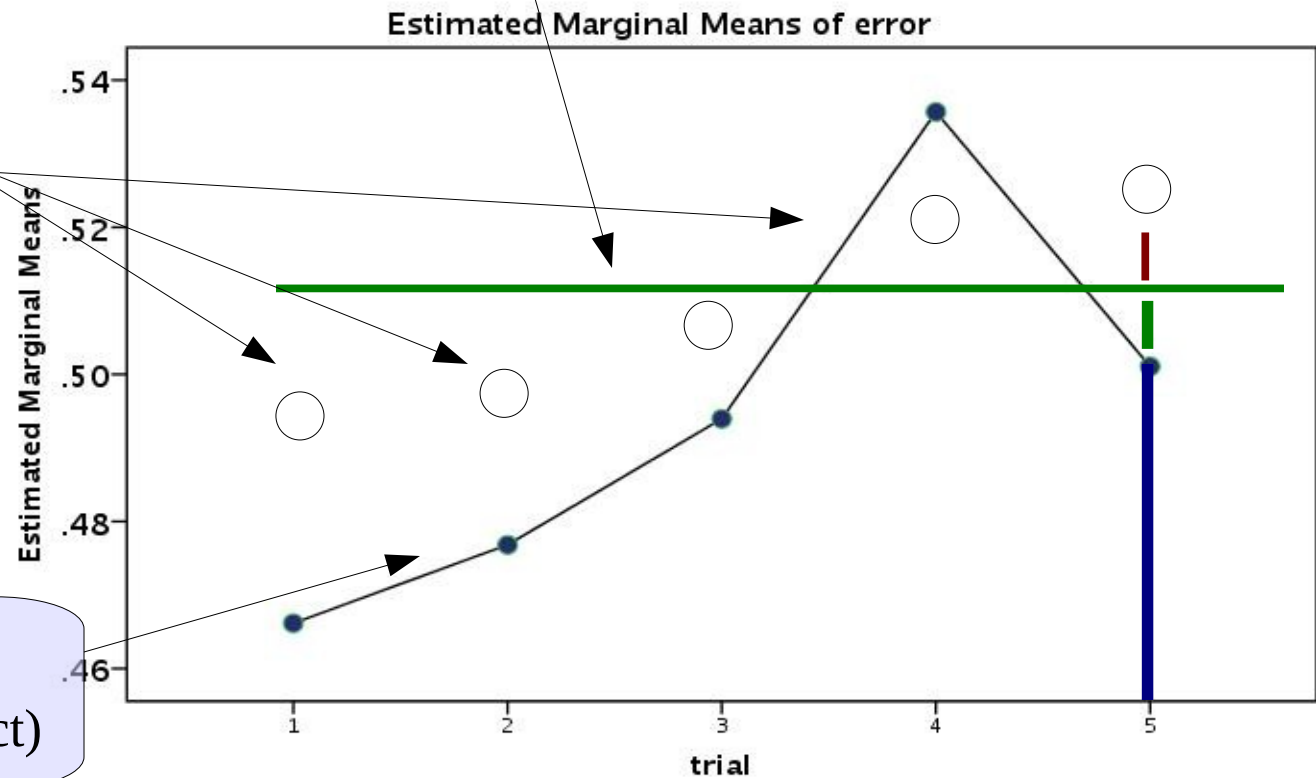
# Participant scores

Plot for 1  
participant

Participant  
average trait

Participant  
scores

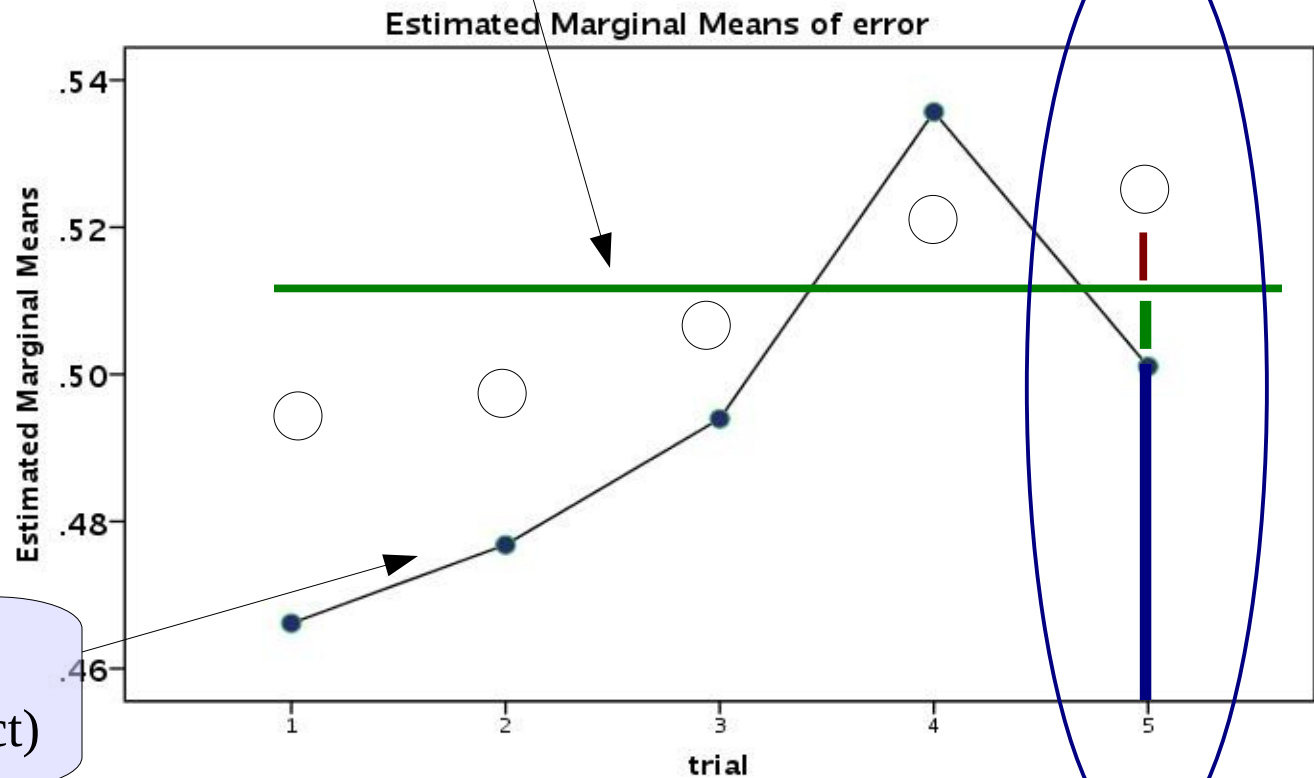
Averages of the  
sample (fixed effect)



# Where does the score come from?

Plot for 1 participant

Participant average trait



Averages of the sample (fixed effect)

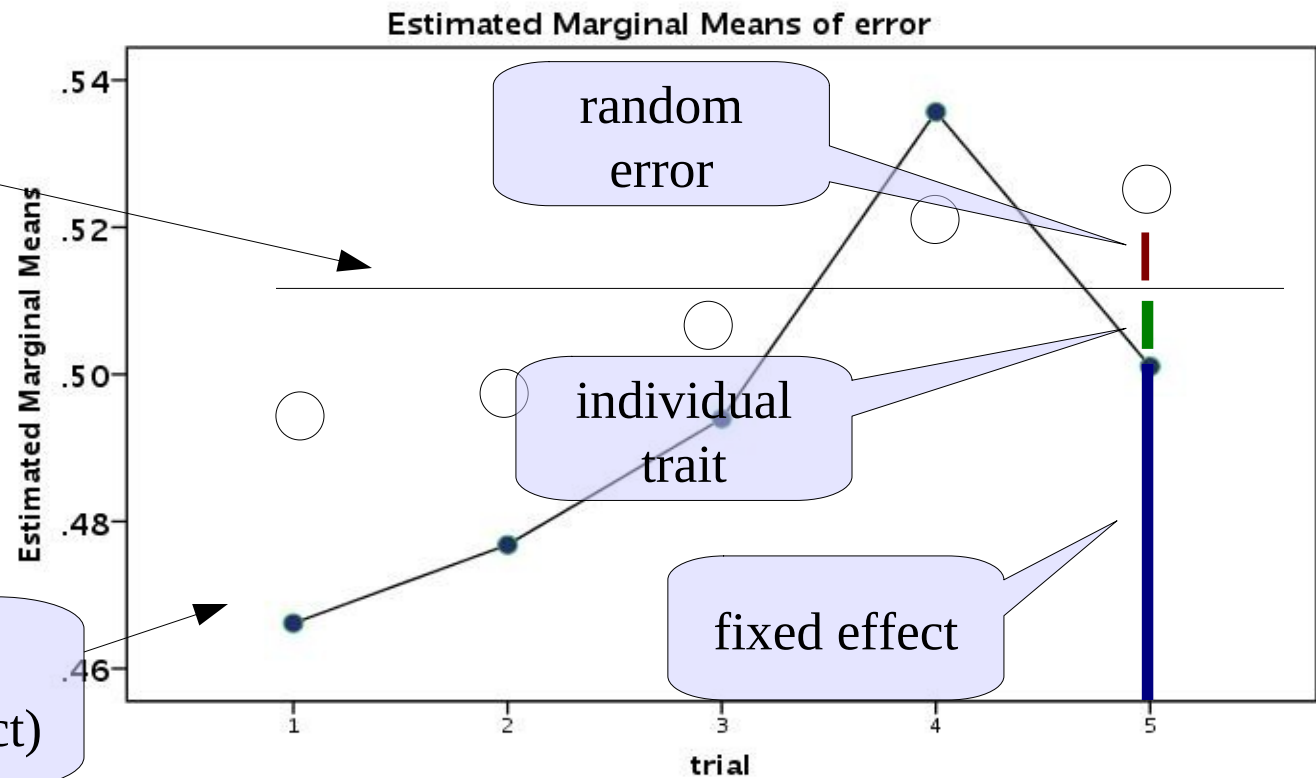


# Participant component

Plot for 1  
participant

Participant  
individual trait

Averages of the  
sample (fixed effect)



# Solution

Thus, we should consider an extra residual term which represents participants individual characteristic. This term is the same within each participant

$$Y_{11} = a + b_1 \cdot T_1 + u_1 + e_{11}$$

$$Y_{21} = a + b_2 \cdot T_2 + u_1 + e_{21}$$

$$Y_{31} = a + b_3 \cdot T_3 + u_1 + e_{31}$$

Average effects  
of trials

$$Y_{1j} = a + b_1 \cdot T_1 + u_j + e_{1j}$$

$$Y_{2j} = a + b_2 \cdot T_2 + u_j + e_{2j}$$

$$Y_{3j} = a + b_3 \cdot T_3 + u_j + e_{3j}$$

one participant  
one trait

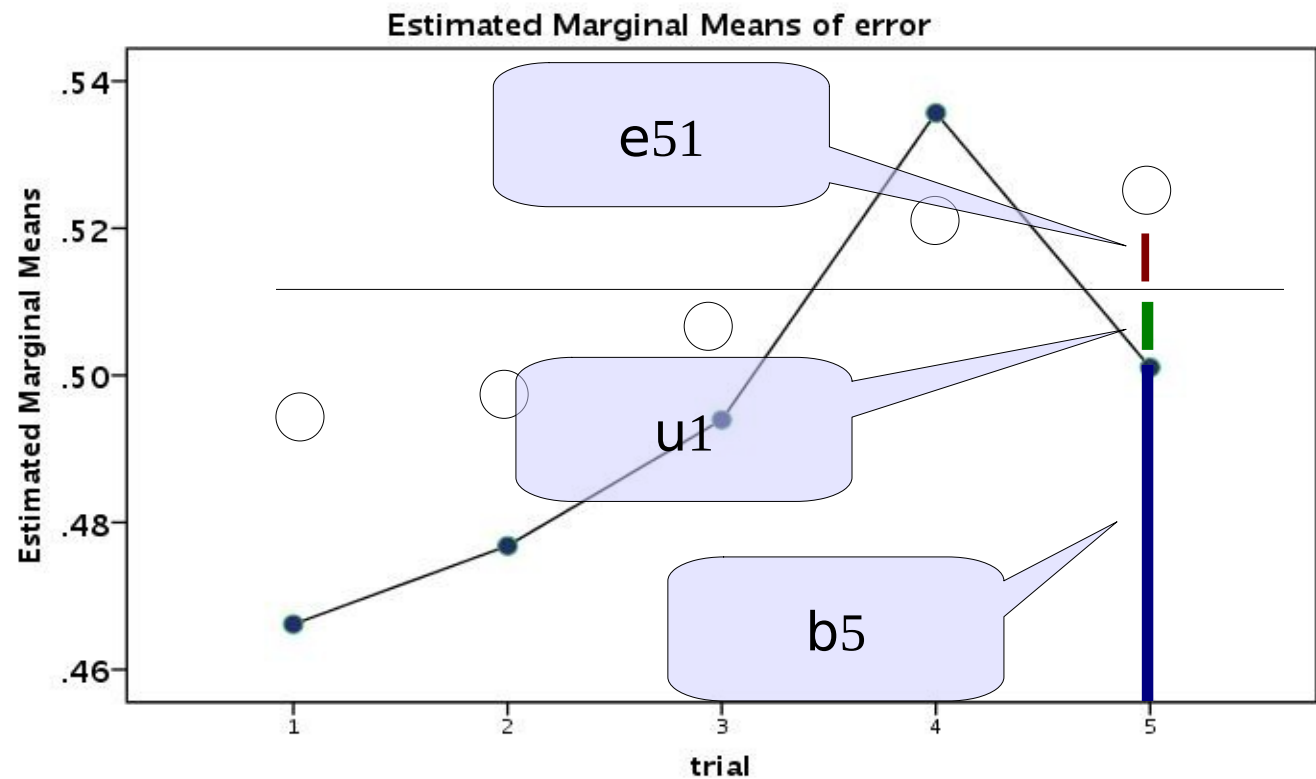
Each score,  
one residual

Each score,  
one error

One participant  
one trait

# Participant component

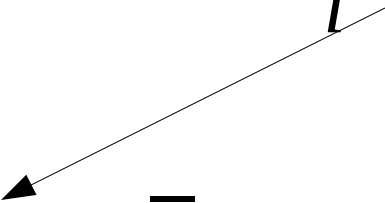
$$Y_{51} = a + b \cdot T_5 + u_1 + e_{51}$$



# Building the model

We translate this in the standard mixed model

$$Y_{ij} = a + b' \cdot T_i + u_j + e_{ij}$$


$$y_{ij} = \bar{a} + a_j + \bar{b} \cdot x_{ij} + e_{ij}$$

- Fixed effects? Intercept and trial effect
- Random effects? Intercepts
- Clusters? participants

# GAMLj: General mixed models

Variables

Options

Mixed Model

id

group

x

trial

error

→

→

→

→

Dependent Variable

Factors

Covariates

Cluster variables

Estimation

Confidence Intervals

☒ REML

☒ Confidence intervals

Interval  %

> | Fixed Effects

> | Random Effects

> | Factors Coding

> | Covariates Scaling

> | Post Hoc Tests

> | Fixed Effects Plots

> | Simple Effects

> | Estimated Marginal Means

# GAMLj: General mixed models

Categorical independent variable

Clustering variable(s)

Mixed Model

group  
x

Dependent Variable  
error

Factors  
trial

Covariates

Cluster variables  
id

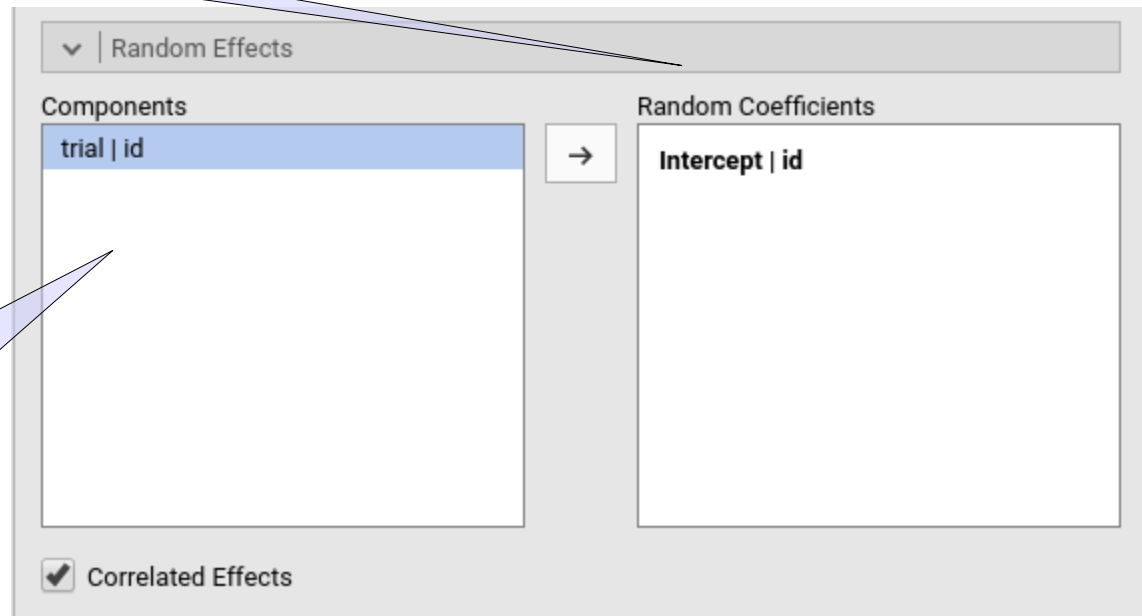
Estimation  
☒ REML

Confidence Intervals  
☒ Confidence intervals Interval 95 %

# GAMLj: random coefficients

Random intercepts

All possible random coefficients



The image shows the 'Random Effects' dialog box in GAMLj. It has a title bar with a dropdown arrow and the text 'Random Effects'. Below the title bar, there are two main panels. The left panel is titled 'Components' and contains a list box with the text 'trial | id' selected. The right panel is titled 'Random Coefficients' and contains the text 'Intercept | id'. A right-pointing arrow button is located between the two panels. At the bottom of the dialog, there is a checkbox labeled 'Correlated Effects' which is checked.

Random Effects

Components

trial | id

Random Coefficients

Intercept | id

☒ Correlated Effects

# GAMLj: fixed coefficients

Fixed effect

All possible fixed coefficients

Fixed Effects

Components

trial

Model Terms

trial

→

→ ▾

☒ Fixed Intercept



# GAMLj: Results: model

## Model Info

### Info

R-squared

Estimate	Linear mixed model fit by REML
Call	error ~ 1 + (1   id) + trial
AIC	-463.8270
R-squared Marginal	0.0148
R-squared Conditional	0.2171

**R-squared Conditional: How much variance can the fixed and random effects together explain of the overall variance**

**R-squared Marginal: How much variance can the fixed effects alone explain of the overall variance**

# GAMLj: Results: random

Variance of intercepts

## Random Components

Groups	Name	SD	Variance
id	(Intercept)	0.0883	0.00780
	Residual	0.1738	0.03020

Note. Numer of Obs: 1000 , groups: id , 200

**As long as the variance is non-zero, we are fine**

# GAMLj: Results: fixed

## F-tests

Fixed Effect ANOVA

	F	Num df	Den df	p
trial	4.72	4	796	< .001

Note. Satterthwaite method for degrees of freedom

## Coefficients

Fixed Effects Parameter Estimates

Effect	Contrast	Estimate	SE	95% Confidence Interval		df	t	p
				Lower	Upper			
(Intercept)	Intercept	0.49474	0.00832	0.4784	0.51104	199	59.4620	< .001
trial1	2 - ( 1, 2, 3, 4, 5 )	-0.01791	0.01099	-0.0395	0.00363	796	-1.6296	0.104
trial2	3 - ( 1, 2, 3, 4, 5 )	-7.92e-4	0.01099	-0.0223	0.02075	796	-0.0720	0.943
trial3	4 - ( 1, 2, 3, 4, 5 )	0.04094	0.01099	0.0194	0.06248	796	3.7246	< .001
trial4	5 - ( 1, 2, 3, 4, 5 )	0.00634	0.01099	-0.0152	0.02788	796	0.5764	0.564

Contrasts used to cast  
the categorical IV

# GAMLj: plot

Fixed effect to plot

Options

Fixed Effects Plots

→

Horizontal axis

trial

→

Separate lines

→

Separate plots

Display

Plot

☒ None

☐ Observed scores

☐ Confidence intervals

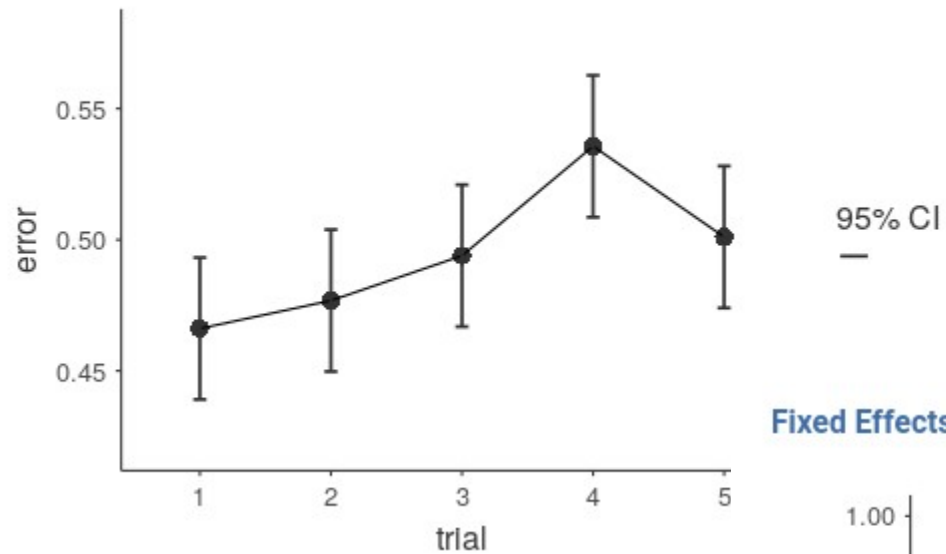
☐ Y-axis observed range

Interval 95 %

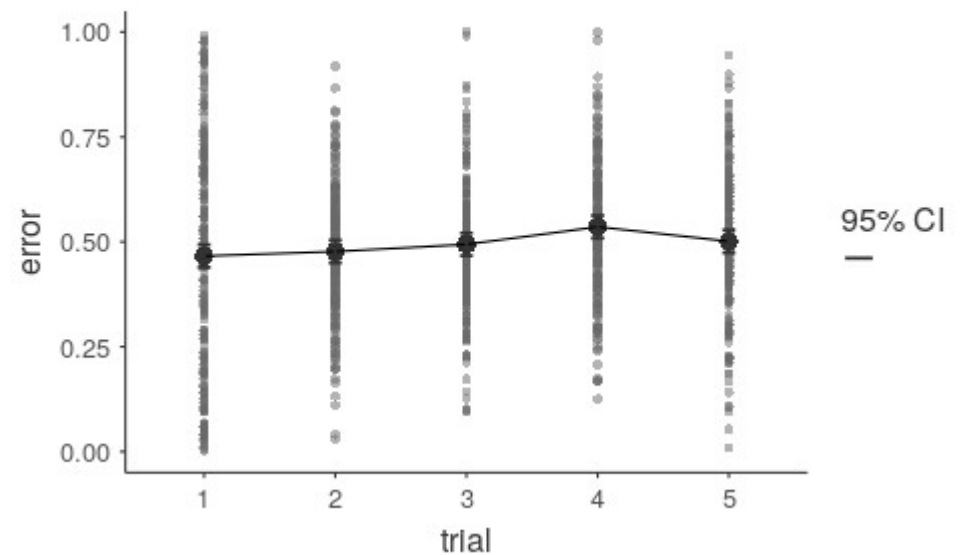
☐ Standard Error

# GAMLj: plot

## Fixed Effects Plots



## Fixed Effects Plots



Between and Repeated Measures Anova

linear mixed model

# Standard design

- There are two groups - a Control group and a Treatment group, measured at 4 times. These times are labeled as 1 (pretest), 2 (one month posttest), 3 (3 months follow-up), and 4 (6 months follow-up).
- The dependent variable is a depression score (e.g. Beck Depression Inventory) and the treatment is drug versus no drug. If the drug worked about as well for all subjects the slopes would be comparable and negative across time. For the control group we would expect some subjects to get better on their own and some to stay depressed, which would lead to differences in slope for that group (\*)

# Standard design

- There are two groups - a Control group and a Treatment group, measured at 4 times. These times are labeled as 1 (pretest), 2 (one month posttest), 3 (3 months follow-up), and 4 (6 months follow-up).

## Contingency Tables

Contingency Tables

time	group		Total
	1	2	
0	12	12	24
1	12	12	24
3	12	12	24
6	12	12	24
Total	48	48	96








**96 observations**  
**24 subjects**



# Standard design: data

- Data are in the long format

One subject 4 rows

	Data	Analyses				
						
	Exploration	T-Tests	ANOVA	Regression	Frequencies	Factor
						
				Linear Models		
	subj	time	group	dv		
1	1	0	1	296		
2	1	1	1	175		
3	1	3	1	187		
4	1	6	1	192		
5	2	0	1	376		
6	2	1	1	329		
7	2	3	1	236		
8	2	6	1	76		
9	3	0	1	309		
10	3	1	1	238		
11	3	3	1	150		
12	3	6	1	123		
13	4	0	1	222		
14	4	1	1	60		
15	4	3	1	82		
16	4	6	1	85		
17	5	0	1	150		
18	5	1	1	271		
19	5	3	1	250		

# Mixed model

We can translate this in a standard mixed model

- Fixed effects? Intercept and group,time, and interaction effect
- Random effects? Intercepts
- Clusters? subjects

# Variables

- Definition of the analysis

Mixed Model

Dependent Variable  
→ dv

Factors  
→ time  
group

Covariates  
→

Cluster variables  
→ subj

Estimation  
☒ REML

Confidence Intervals  
☒ Confidence intervals Interval 95 %

Clustering variable

# Model

- Definition of the analysis

Fixed effects

Fixed Effects

Components

time  
group

Model Terms

time  
group  
time \* group

☒ Fixed Intercept

Random effects

Random Effects

Components

time | subj  
group | subj  
time : group | subj

Random Coefficients

Intercept | subj

☒ Correlated Effects

# Results

- Interpretation of results

## Mixed Model

Model

### Model Info

#### Info

Estimate	Linear mixed model fit by REML
Call	<code>dv ~ 1 + (1   subj) + time + group + time:group</code>
AIC	1011.895
R-squared Marginal	0.554
R-squared Conditional	0.768

Random effects

### Random Components

Groups	Name	SD	Variance
subj	(Intercept)	50.4	2539
	Residual	52.5	2761

Note. Numer of Obs: 96 , groups: subj , 24

# Results

- Interpretation of results

## Fixed F-tests

### Fixed Effect ANOVA

	F	Num df	Den df	p
time	45.14	3	66.0	< .001
group	13.71	1	22.0	0.001
time:group	9.01	3	66.0	< .001

*Note.* Satterthwaite method for degrees of freedom

- For the moment we ignore the coefficients of the parameter estimates

# Results: plot

- Interpretation of results

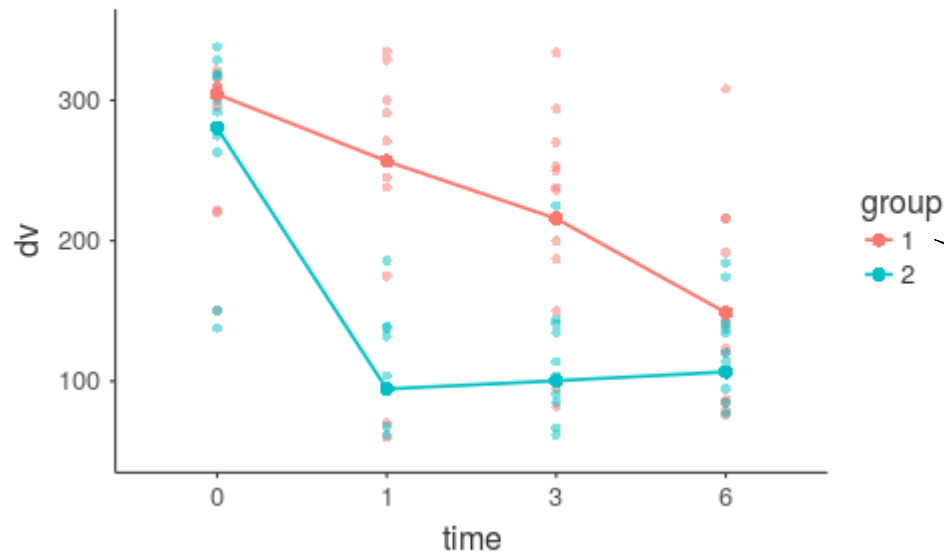
Fixed Effects Plots

Horizontal axis  
→ time

Separate lines  
→ group

Separate plots  
→

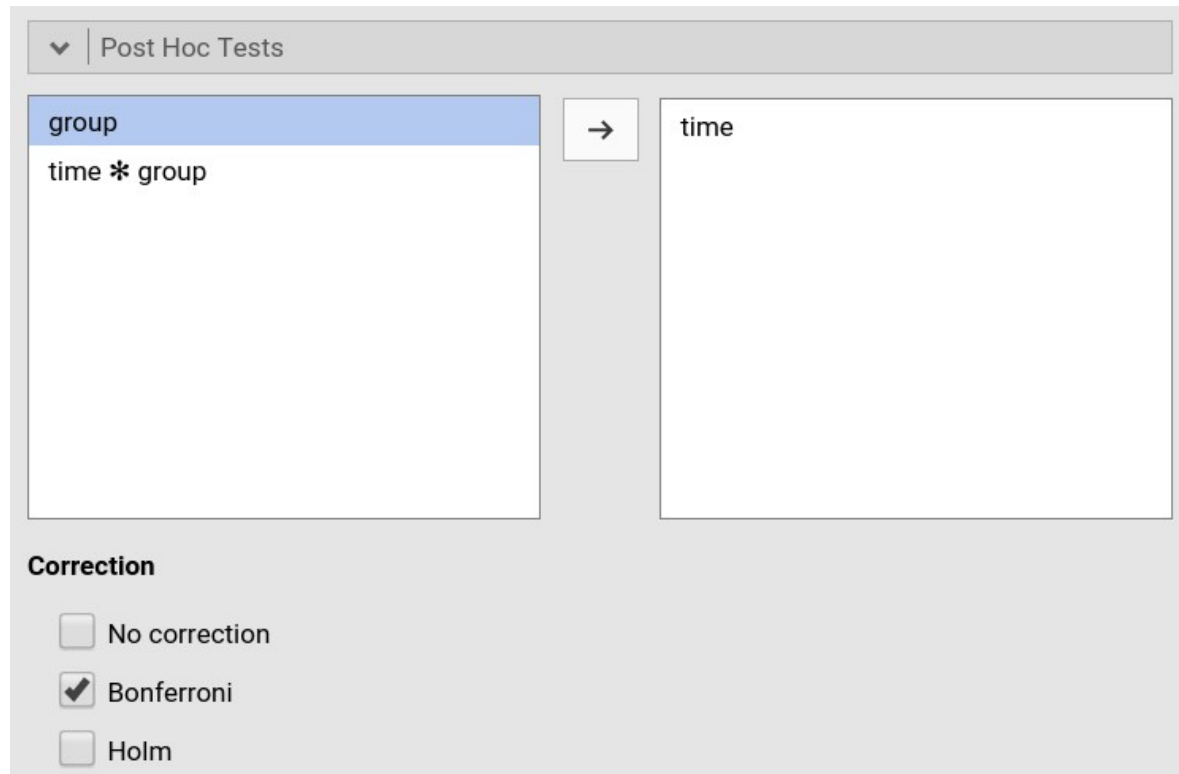
Fixed Effects Plots



Red is control group

# Post-hoc tests

- As for the GLM, post-hoc tests compare all possible pairs of means and correct for inflated Type-I error



The image shows the 'Post Hoc Tests' dialog box in SPSS. The 'group' variable is selected in the left list and has been moved to the 'time' variable box on the right via the arrow button. The 'Correction' section at the bottom has three options: 'No correction' (unchecked), 'Bonferroni' (checked), and 'Holm' (unchecked).

Post Hoc Tests

group  
time \* group

→ time

**Correction**

☐ No correction  
☒ Bonferroni  
☐ Holm



# Post-hoc tests

- As for the GLM, post-hoc tests compare all possible pairs of means and correct for inflated Type-I error

## Post Hoc Tests

Post Hoc Comparisons - time

Comparison			Difference	SE	test	df	P <sub>bonferroni</sub>
time		time					
0	-	1	116.8	15.2	7.70	66.0	< .001
0	-	3	134.3	15.2	8.86	66.0	< .001
0	-	6	164.6	15.2	10.85	66.0	< .001
1	-	3	17.5	15.2	1.16	66.0	1.000
1	-	6	47.8	15.2	3.15	66.0	0.015
3	-	6	30.3	15.2	2.00	66.0	0.300

END  
SCHOOL  
ZONE

**The end**