

# Does the movement of students to a different region of England for education associate with increased loneliness in their county of origin?

## Research question

In addition to our general visualisation of the datasets provided by the JGI Data Competition and others sourced online, we wanted to explore the hypothesis that students leaving their domicile to travel to a different region of the control for higher education might be associated with the loneliness score in the domicile.

We wanted to examine this question because we believe the effect of student migration on those left behind is often overlooked in terms of analysis/interventions.

## Analysis

### Creating the domiciles/towns, counties and regions datasets

```
# Import town list
# Sourced from here: https://www.paulstenning.com/wp-content/uploads/2015/05/Towns_List.csv
town.county <- read.csv("data/Towns_List.csv")
town.county <- town.county[which(town.county$Country=="England"),]
town.county <- town.county[,c(1:2)]

# Import county list
# Sourced from here: https://wiki.freecycle.org/UK_Counties_and_Regions
county.region <- read.csv("data/county.region.csv", stringsAsFactors=FALSE, header = TRUE)
colnames(county.region)[1] <- "County"

# Merge above datasets on county column
town.county.region <- merge(town.county, county.region)
```

### Preparation for migration analysis

```
# Read in required data
# Sourced from here: https://www.hesa.ac.uk/data-and-analysis/students/where-from
data.move <- read.csv("data/Movement data.csv", header = FALSE)

# Remove description of dataset
data.move <- data.move[18:nrow(data.move),]

# Add first row to column headers and delete first row
colnames(data.move) = make.names(as.character(unlist(data.move[1, ])))
data.move = data.move[-1, ]

# Convert to tibble
data.move <- as_tibble(data.move)
```

```

# Remove "City of" from Domicile column to aid merging
data.move <- data.move %>%
  mutate(Domicile = gsub("City of ", "", Domicile))

# Merge on basis on county name
tmp1 <- merge(data.move, county.region, by.x = "Domicile", by.y = "County")
colnames(tmp1)[1] <- "County"

# Merge on basis on town name
tmp2 <- merge(data.move, town.county.region, by.x = "Domicile", by.y = "Town")
tmp2 <- tmp2[,c(2:9)]

# COmbine the two merged datasets created above
countydata <- rbind(tmp1, tmp2)

```

## Matching dates

We ran into issues around how to convert the academic year (used in the student migration data) to the calendar year (used in the loneliness index data).

We decided to assign the full effect of a given academic year to it's earliest calendar year, on the basis that the effect of student migration on loneliness is likely to be most acute in the months immediately after their departure.

```

countydata <- countydata %>%
  mutate(
    Academic.Year = gsub("2014/15", "2014", Academic.Year),
    Academic.Year = gsub("2015/16", "2015", Academic.Year),
    Academic.Year = gsub("2016/17", "2016", Academic.Year),
    Academic.Year = gsub("2017/18", "2017", Academic.Year)
  )

```

## Number of students leaving their county to travel to another region

We decided to examine the effect of moving to another region to study, as a proxy for a substantial distance between home town and place of study. We removed students enrolled in the open university, as this is primarily a distance learning insitution, and so students would not have to travel for education.

We also removed all those whose destintion was in the same region which they came from. This was used as a proxy for a substantial distance between home town and university.

```

# Students moving from domicile #####
# Remove rows corresponding to totals to prevent double counting
countydata.trimmed.out <- filter(
  countydata,
  Region.of.HE.provider != "Total England" &
  Region.of.HE.provider != "Total United Kingdom" &
  Region.of.HE.provider != "The Open University in England" &
  Region.of.HE.provider != Region
)

```

We then summed all those moving to a from a certain area to create an outward migration for education statistic. The plot below shows the results of this analysis for 2017.

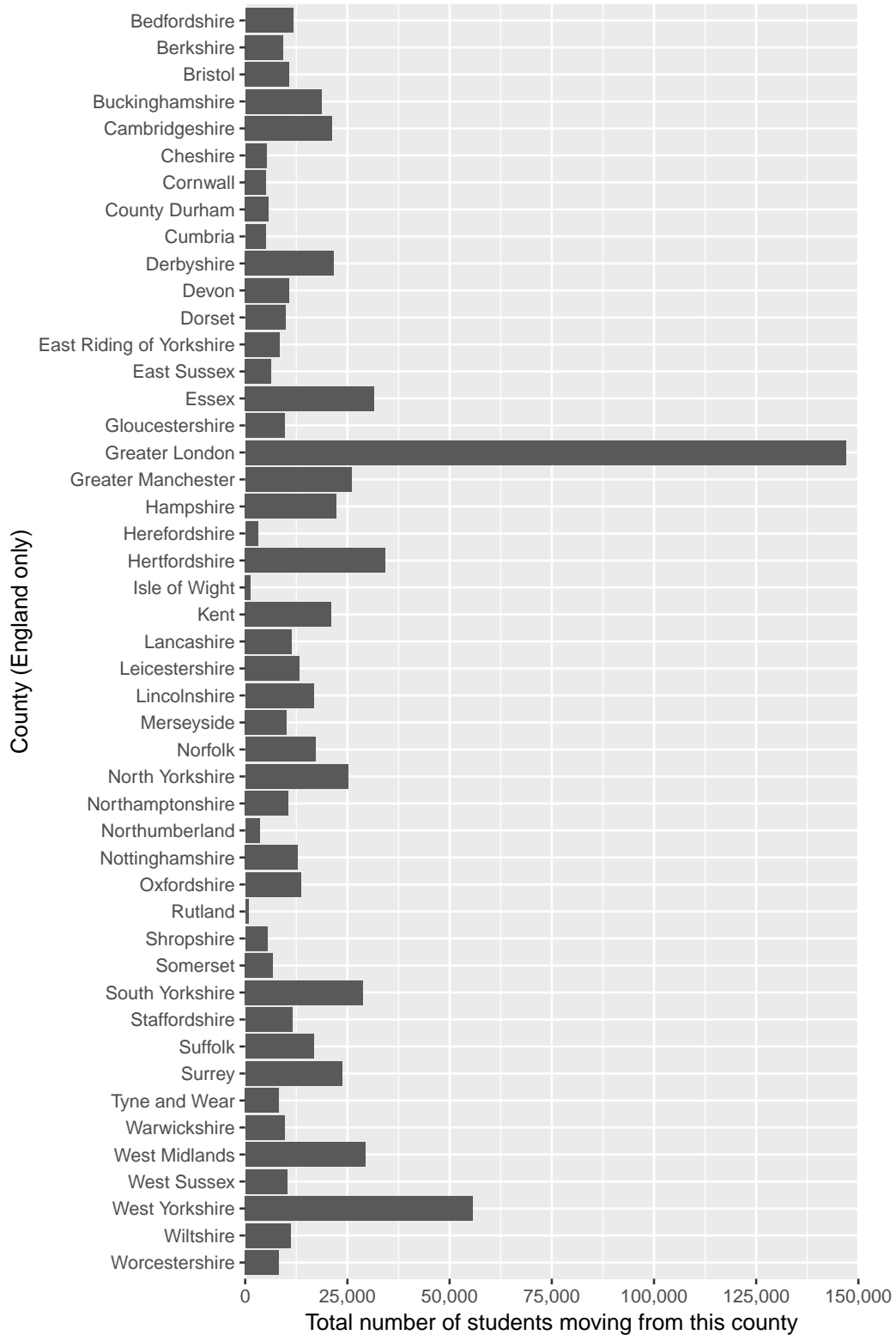
Note: the plot below shows 47 of the 48 counties in England. We limited the analysis to England as we only had loneliness data for this country. Further, the City of London is not shown below, as it was included as part of Greater London in the student migration data.

```
# Create sum of people moving from each domicile
data.outof.domicile <- filter(countydata.trimmed.out, X4.way.domicile == "All", Level.of.study == "All")
  group_by(Academic.Year, County) %>%
  summarise(sum.no = sum(as.numeric(as.character(Number))))

fig1.data <- data.outof.domicile[which(data.outof.domicile$Academic.Year=="2017"),]

ggplot(fig1.data, aes(x = fct_rev(County), y=sum.no)) +
  geom_bar(stat="identity") +
  coord_flip() +
  labs(x = "County (England only)",
       y = "Total number of students moving from this county",
       title = "Movement of students for education in September 2017") +
  scale_y_continuous(breaks=seq(0, 175000, 25000), label = scales::comma, expand=c(0,0))+
  expand_limits(y=150000) +
  theme(plot.margin = unit(c(1,1,1,1), "cm"))
```

## Movement of students for education in September 2017



## Association of loneliness with outward migration for education

### Total change in population due to migration for education

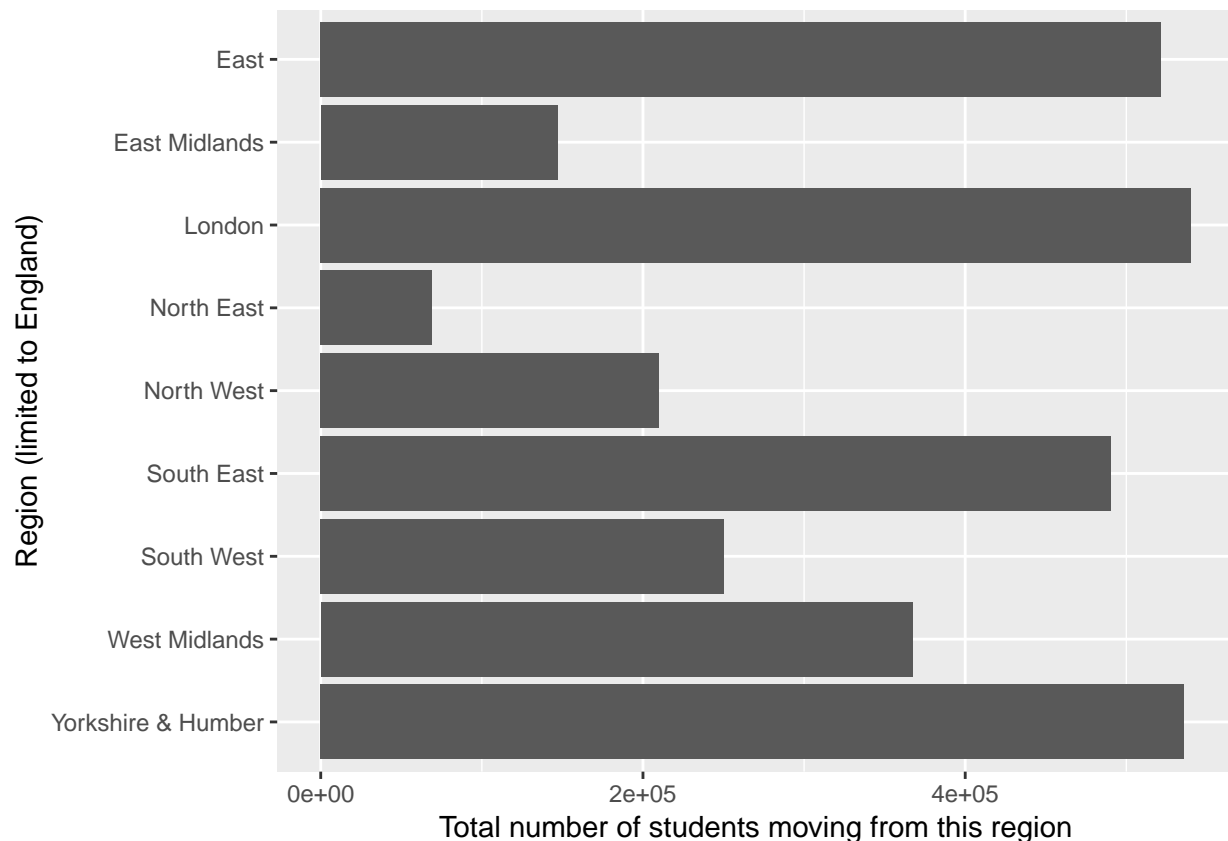
In addition to the above analysis we decide to examine the effect of total migration for education (number of students leaving the region + number of students arriving in the region) on loneliness on that region.

We created a summative rather than net migration for education per region figure on the basis that having students moving into a region is more likely to increase loneliness (as they may be homesick) than reduce it, as they will not keep up the social contacts that the students who left had, plus they might possibly be homesick/lonely themselves.

### From a region

```
# Building on the initial analysis done above
data.outof.region <- filter(countydata.trimmed.out, X4.way.domicile == "All", Level.of.study == "All",
  group_by(Academic.Year, Region) %>%
  summarise(no.out = sum(as.numeric(as.character(Number)))))

ggplot(data.outof.region, aes(x = fct_rev(Region), y=no.out)) +
  geom_bar(stat="identity") +
  coord_flip() +
  labs(x = "Region (limited to England)",
    y = "Total number of students moving from this region")
```



### Into a region

```

#Limit dataset to those travelling to HE provider within England
countydata.trimmed.in <- filter(
  countydata,
  Region.of.HE.provider == "West Midlands" |
  Region.of.HE.provider == "Yorkshire and the Humber" |
  Region.of.HE.provider == "South West" |
  Region.of.HE.provider == "South East" |
  Region.of.HE.provider == "North West" |
  Region.of.HE.provider == "North East" |
  Region.of.HE.provider == "London" |
  Region.of.HE.provider == "East of England"|
  Region.of.HE.provider == "East Midlands"
)

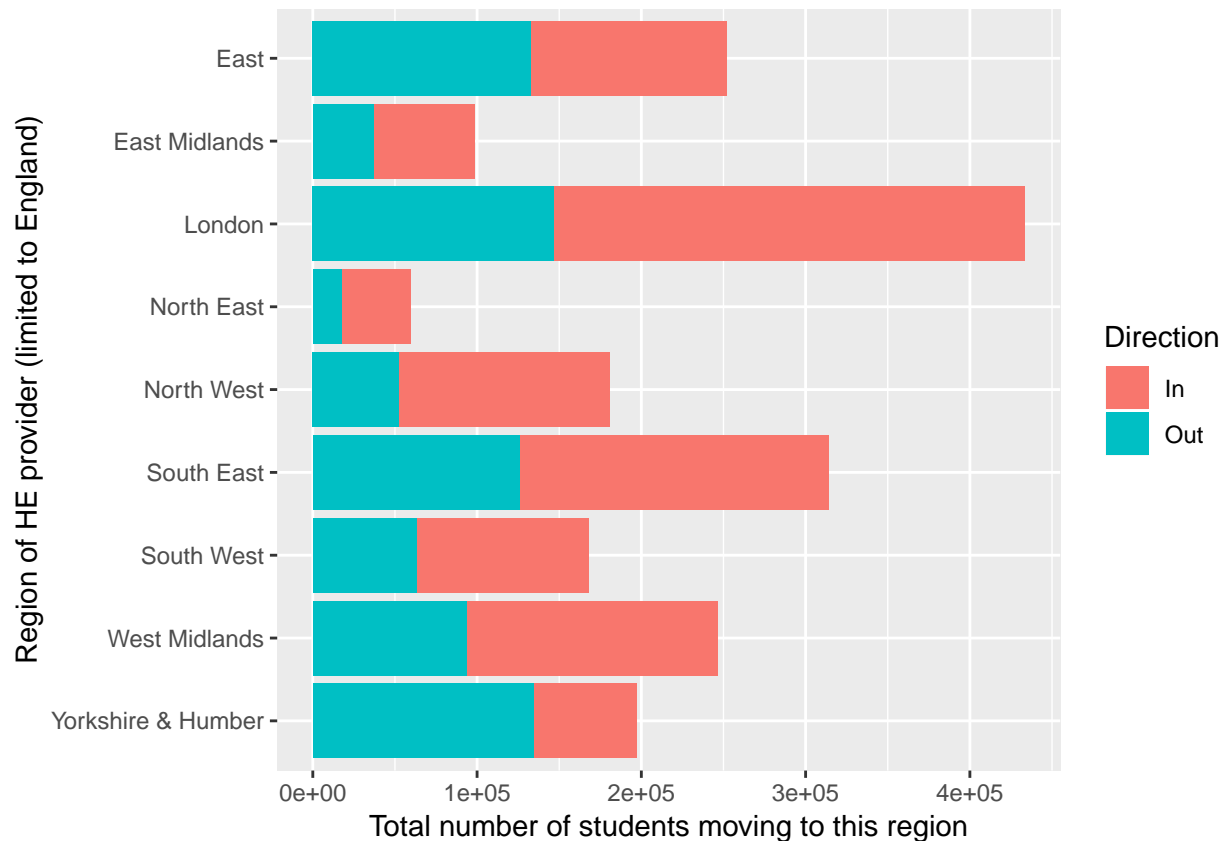
# Create sum of people moving into each region of England
data.into.region <- filter(countydata.trimmed.in, X4.way.domicile == "All", Level.of.study == "All", Mode.of.travel == "All")
data.into.region <- group_by(data.into.region, Region) %>%
  summarise(no.in = sum(as.numeric(as.character(Number))))

fig2.data.1 <- data.into.region[which(data.into.region$Academic.Year=="2017"),]
fig2.data.1[4] <- "In"
colnames(fig2.data.1)[4] <- "Direction"
colnames(fig2.data.1)[3] <- "No"
fig2.data.2 <- data.outof.region[which(data.outof.region$Academic.Year=="2017"),]
fig2.data.2[4] <- "Out"
colnames(fig2.data.2)[4] <- "Direction"
colnames(fig2.data.2)[3] <- "No"

fig2.data <- rbind(fig2.data.1,fig2.data.2)

# Plot results
ggplot(fig2.data, aes(x = fct_rev(Region), y= No, fill = Direction)) +
  geom_bar(stat="identity") +
  coord_flip() +
  labs(x = "Region of HE provider (limited to England)",
       y = "Total number of students moving to this region")

```



### Combine in/out migration numbers

```
data.sum.migration <- merge(data.into.region,data.outof.region)
```

```
data.sum.migration <- data.sum.migration %>%
  mutate(no.total = no.in + no.out)
```

```
data.lonliness <- read.csv("data/msoa_loneliness.csv")
```

```
data.lonliness <- data.lonliness %>%
  mutate(District = gsub('[:digit:]]+', '', msoa11nm),
         District = gsub(" $","", District, perl=T))
```

*# Add County Level*

```
district.county <- read.csv("data/district-county.csv")
colnames(district.county)[1] <- "District"
```

```
data.lonliness <- merge(data.lonliness,district.county,by="District",all.x=TRUE)
```

```
data.lonliness$County <- as.character(data.lonliness$County)
```

```
data.lonliness$County <- ifelse(is.na(data.lonliness$County) == TRUE,"0", data.lonliness$County)
```

```
data.lonliness$County <- ifelse(data.lonliness$District == "Bournemouth", "Dorset", data.lonliness$County)
```

```

data.lonliness$County <- ifelse(data.lonliness$District == "Poole", "Dorset", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "Christchurch", "Dorset", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "East Dorset", "Dorset", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "West Dorset", "Dorset", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "North Dorset", "Dorset", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "Purbeck", "Dorset", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "Shepway", "Kent", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "St Edmundsbury", "West Suffolk", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "St. Helens", "Merseyside", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "Forest Heath", "West Suffolk", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "Suffolk Coastal", "East Suffolk", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "Waveney", "East Suffolk", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "Taunton Deane", "Somerset West and Taunton", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "West Somerset", "Somerset West and Taunton", data.lonliness$County)
data.lonliness$County <- ifelse(data.lonliness$District == "Weymouth and Portland", "Dorset", data.lonliness$County)

# Add Region
county.region <- read.csv("data/county.region.csv")
colnames(county.region)[1] <- "County"

data.lonliness <- merge(data.lonliness, county.region, by="County", all.x=TRUE)

# Summarise by county
mean.lonliness.county <- data.lonliness %>%
  group_by(County) %>%
  summarise("2016" = mean(loneills_2016),
            "2017" = mean(loneills_2017),
            "2018" = mean(loneills_2018))

mean.lonliness.county <- gather(mean.lonliness.county, Academic.Year, mean.score, "2016", "2017", "2018",
                                key = "Academic.Year")

# Merge with movement data
move.lonliness.county <- merge(mean.lonliness.county, data.outof.domicile)

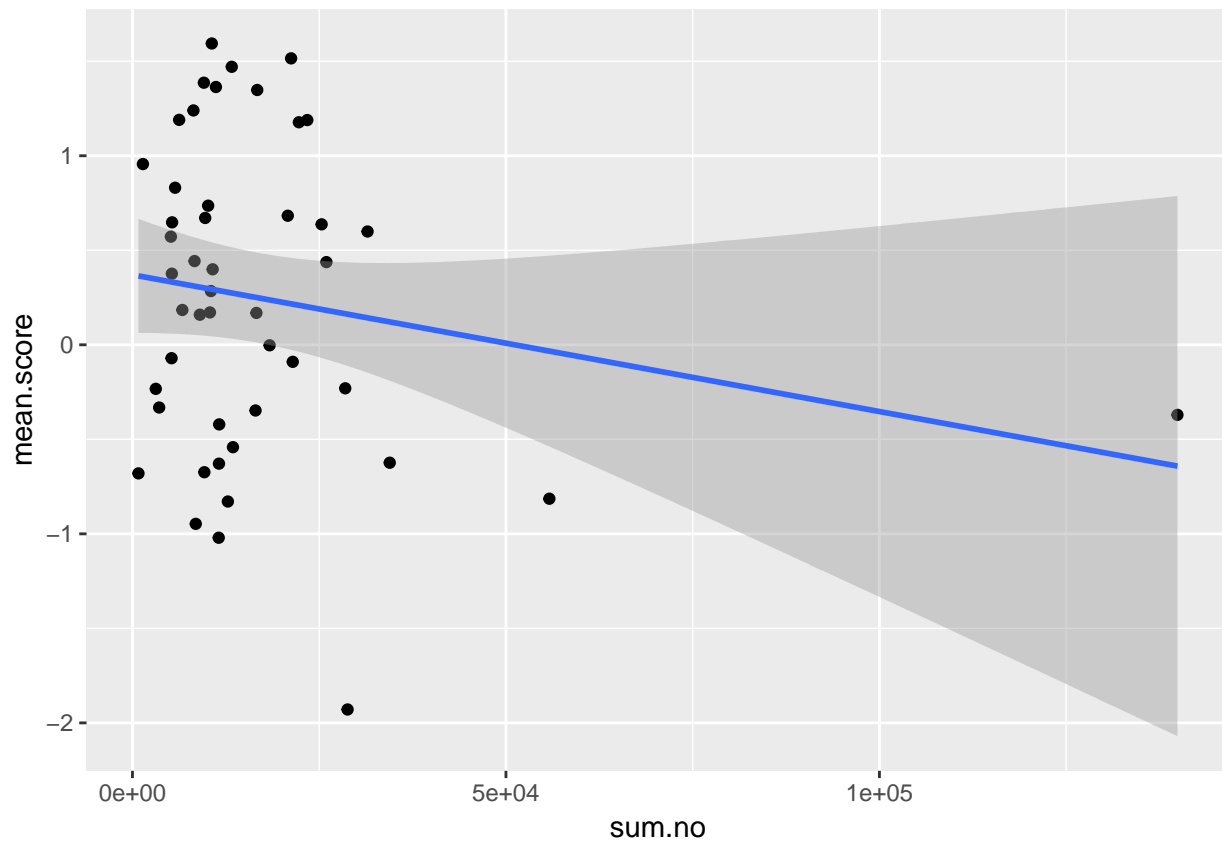
move.lonliness.county.2016 <- move.lonliness.county[which(move.lonliness.county$Academic.Year=="2016"),]

ggplot(move.lonliness.county.2016, aes(x=sum.no, y=mean.score)) +

```



```
geom_point() +
geom_smooth(method='lm')
```



```
cor(move.lonliness.county.2016$mean.score, move.lonliness.county.2016$sum.no)
```

```
## [1] -0.1862
```

```
linearMod <- lm(mean.score ~ sum.no, data=move.lonliness.county.2016)
print(linearMod)
```

```
##
## Call:
## lm(formula = mean.score ~ sum.no, data = move.lonliness.county.2016)
##
## Coefficients:
## (Intercept)      sum.no
##   3.70e-01   -7.23e-06
```

```
summary(linearMod)
```

```
##
## Call:
## lm(formula = mean.score ~ sum.no, data = move.lonliness.county.2016)
##
## Residuals:
##    Min     1Q  Median     3Q    Max
## -2.091 -0.637  0.044  0.482  1.300
##
```

```
## Coefficients:
##           Estimate Std. Error t value Pr(>|t|)
## (Intercept)  3.70e-01  1.53e-01   2.43   0.019
## sum.no      -7.23e-06  5.69e-06  -1.27   0.210
##
## Residual standard error: 0.81 on 45 degrees of freedom
## Multiple R-squared:  0.0347, Adjusted R-squared:  0.0132
## F-statistic: 1.62 on 1 and 45 DF,  p-value: 0.21

# Summarise by Region
mean.lonliness.region <- data.lonliness %>%
  group_by(Region) %>%
  summarise("2016" = mean(loneills_2016),
            "2017" = mean(loneills_2017),
            "2018" = mean(loneills_2018))

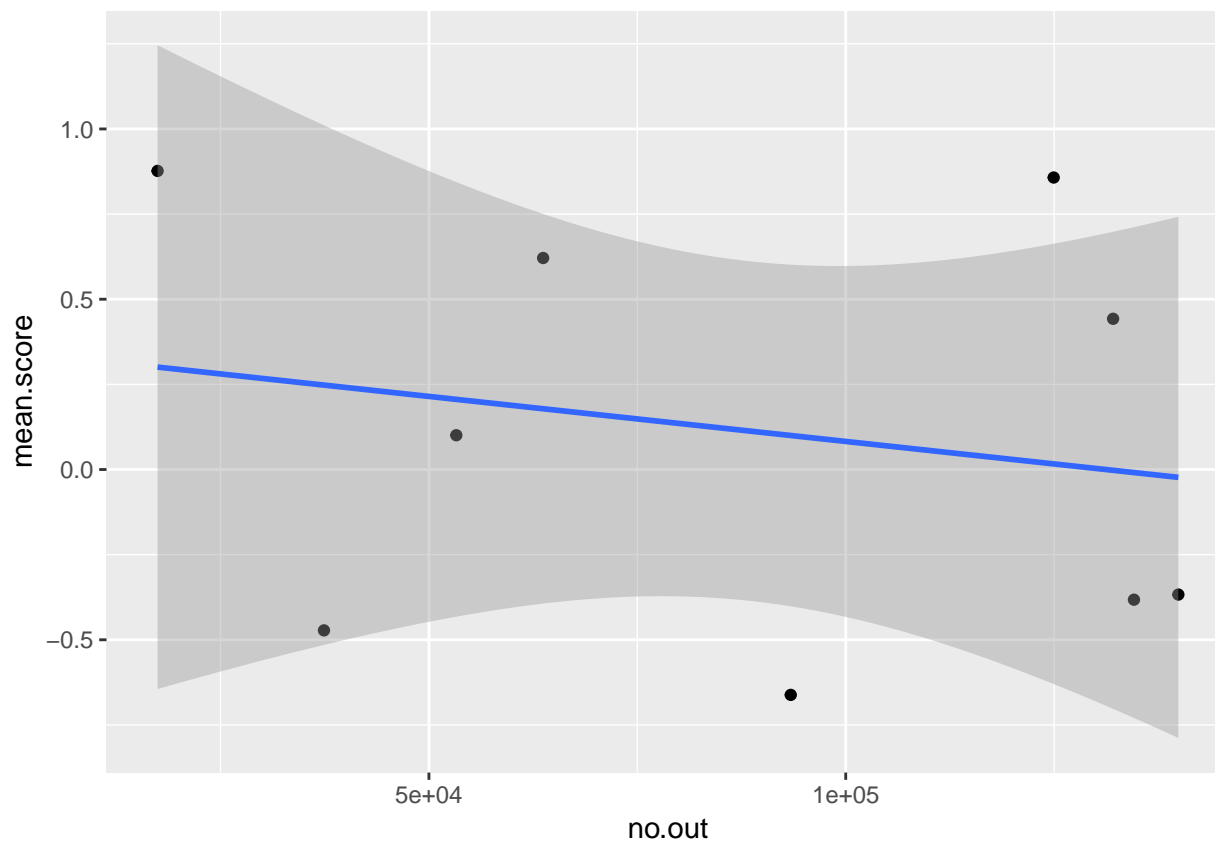
## Warning: Factor `Region` contains implicit NA, consider using
## `forcats::fct_explicit_na`

mean.lonliness.region <- gather(mean.lonliness.region, Academic.Year, mean.score, "2016", "2017", "2018",

# Merge with movement data
move.lonliness.region <- merge(mean.lonliness.region, data.outof.region)

move.lonliness.region.2016 <- move.lonliness.region[which(move.lonliness.region$Academic.Year=="2016"),]

ggplot(move.lonliness.region.2016, aes(x=no.out, y=mean.score)) +
  geom_point() +
  geom_smooth(method='lm')
```



```
cor(move.lonliness.region.2016$mean.score, move.lonliness.region.2016$no.out)
```

```
## [1] -0.2047
```

```
linearMod <- lm(mean.score ~ no.out, data=move.lonliness.region.2016)
summary(linearMod)
```

```
##
```

```
## Call:
```

```
## lm(formula = mean.score ~ no.out, data = move.lonliness.region.2016)
```

```
##
```

```
## Residuals:
```

```
##      Min       1Q   Median       3Q      Max
## -0.762 -0.373 -0.105  0.445  0.841
```

```
##
```

```
## Coefficients:
```

```
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)  3.47e-01  4.73e-01   0.73    0.49
## no.out       -2.64e-06  4.78e-06  -0.55    0.60
```

```
##
```

```
## Residual standard error: 0.633 on 7 degrees of freedom
```

```
## Multiple R-squared:  0.0419, Adjusted R-squared:  -0.095
```

```
## F-statistic: 0.306 on 1 and 7 DF, p-value: 0.597
```

```
data.sum.migration.2016 <- data.sum.migration[,c(1,2,5)]
```

```
data.sum.migration.2016 <- data.sum.migration.2016[which(data.sum.migration.2016$Academic.Year==2016),]
```

```

move.lonliness.region.2016 <- move.lonliness.region.2016[,c(1:3)]

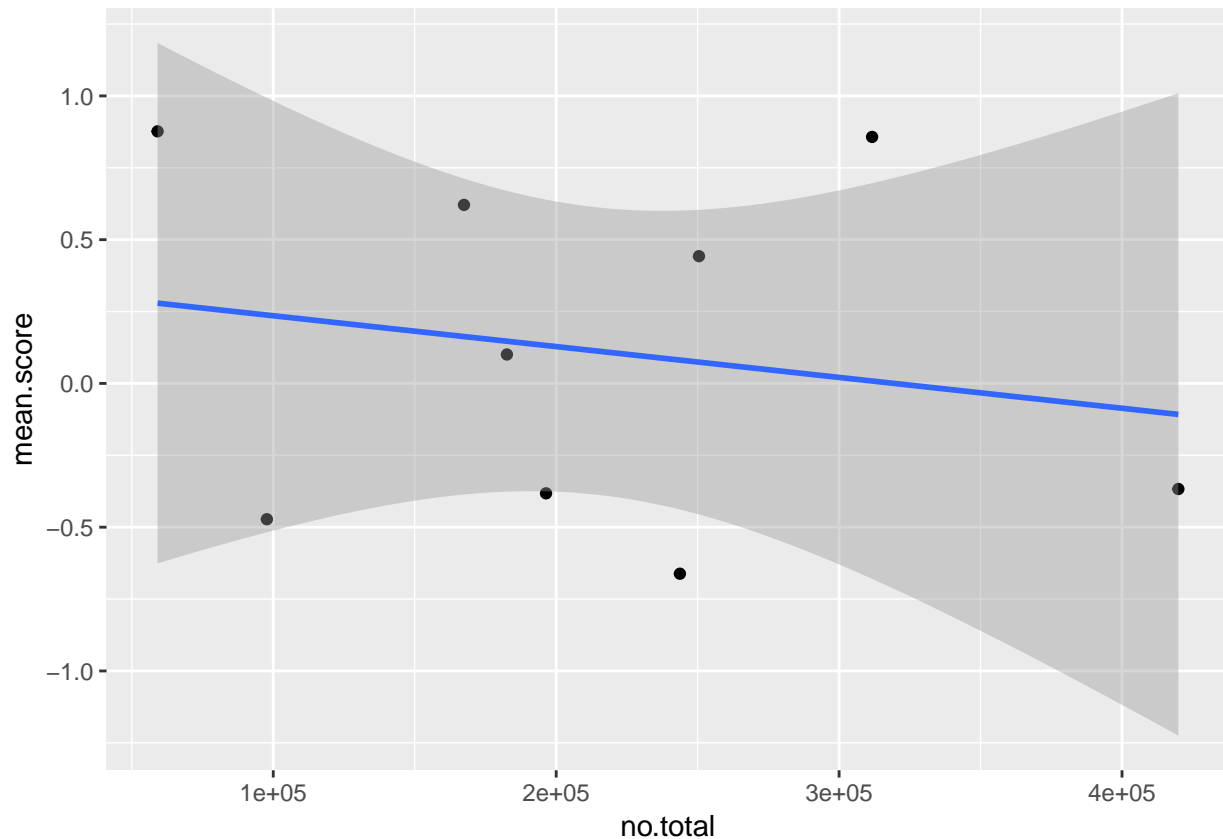
total.move.lonliness.region.2016 <- merge(data.sum.migration.2016,move.lonliness.region.2016)

cor(total.move.lonliness.region.2016$mean.score, total.move.lonliness.region.2016$no.total)

## [1] -0.1935

ggplot(total.move.lonliness.region.2016, aes(x=no.total,y=mean.score))+
  geom_point() +
  geom_smooth(method='lm')

```



```

linearMod <- lm(mean.score ~ no.total, data=total.move.lonliness.region.2016)
summary(linearMod)

##
## Call:
## lm(formula = mean.score ~ no.total, data = total.move.lonliness.region.2016)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -0.7430 -0.5143 -0.0461  0.4579  0.8490
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)  3.43e-01  4.89e-01   0.70    0.51
## no.total     -1.07e-06  2.06e-06  -0.52    0.62

```

```
##  
## Residual standard error: 0.634 on 7 degrees of freedom  
## Multiple R-squared:  0.0374, Adjusted R-squared:  -0.1  
## F-statistic: 0.272 on 1 and 7 DF,  p-value: 0.618
```