

# An example Rmarkdown document

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This is a short **document** to demonstrate the functionality of the Rmarkdown file.

##		X	id	age	bmi	sex	diet	status
## 1	1	1	71.6	34.3	Female	Poor	Healthy	
## 2	2	2	27.6	23.9	Male	Good	Healthy	
## 3	3	3	31.0	25.7	Male	Poor	Healthy	
## 4	4	4	44.0	31.6	Female	Good	Unhealthy	
## 5	5	5	34.1	21.7	Male	Poor	Unhealthy	
## 6	6	6	43.6	32.7	Female	Moderate	Unhealthy	
## 7	7	7	30.8	21.8	Male	Poor	Healthy	
## 8	8	8	64.3	31.6	Male	Poor	Healthy	
## 9	9	9	67.6	27.3	Male	Poor	Healthy	
## 10	10	10	74.3	25.4	Male	Good	Unhealthy	

There were 7 columns in the data.

The mean of the bmi variable was 27.385.