

Lecture 5

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1 Goal of this lecture

In this lecture, we will look at the notion of mixing time under the relative entropy and ℓ^2 distance. We shall see how the log-Sobolev constant come into play to give tighter bound on these mixing times than previous techniques that we learnt in earlier lectures. Classical references are Bobkov and Tetali (2006); Diaconis and Saloff-Coste (1996); Montenegro and Tetali (2006).

2 Relative entropy and ℓ^2 mixing time

In this lecture, we will stick to the continuous-time setting as the results are cleaner. Let P be an ergodic transition matrix on a finite state space \mathcal{X} with stationary distribution π , and as we have seen in our previous lecture we take the generator to be $G = P - I$. The continuized chain is a Markov chain $(X_t)_{t \geq 0}$ with transition semigroup

$$H^t = e^{tG} = \sum_{n=0}^{\infty} \frac{t^n G^n}{n!}.$$

Let

$$h_t^x(y) = \frac{H^t(x, y)}{\pi(y)}$$

be the density of $H_t(x, y)$ with respect to π at time t . Recall in lecture 1 that we are working in the Hilbert space $\ell^2(\pi)$ with inner product $\langle f, g \rangle_\pi = \sum_{x,y} f(x)g(x)\pi(x)$ and its norm $\|f\|_\pi^2 := \langle f, f \rangle_\pi$. Define the variance and relative entropy to be respectively

$$\begin{aligned} \text{Var}_\pi(h_t^x) &:= \|h_t^x - 1\|_\pi^2 = \sum_{y \in \mathcal{X}} \pi(y) (h_t^x(y) - 1)^2, \\ \text{Ent}_\pi(h_t^x) &:= \sum_{y \in \mathcal{X}} H^t(x, y) \log \frac{H^t(x, y)}{\pi(y)} = \sum_{y \in \mathcal{X}} h_t^x(y) \log h_t^x(y) \pi(y). \end{aligned}$$

The ℓ^2 and relative entropy mixing time are defined as follows, for $\epsilon > 0$,

$$\begin{aligned} t_2(\epsilon) &:= \inf\{t \geq 0; \max_x \text{Var}_\pi(h_t^x) \leq \epsilon\}, \\ t_{\text{Ent}}(\epsilon) &:= \inf\{t \geq 0; \max_x \text{Ent}_\pi(h_t^x) \leq \epsilon\}. \end{aligned}$$

The **Dirichlet form** of G is given by

$$\mathcal{E}(f, g) = \langle f, (-G)g \rangle_\pi = \sum_{x,y} f(x)(g(x) - g(y))P(x, y)\pi(y).$$

The **spectral gap** λ , **log-Sobolev constant** ρ and **modified log-Sobolev constant** ρ_0 are defined to be respectively:

$$\begin{aligned}\lambda &:= \inf_{\text{Var}_\pi(f) \neq 0} \frac{\mathcal{E}(f, f)}{\text{Var}_\pi(f)}, \\ \rho &:= \inf_{\text{Ent}_\pi(f^2) \neq 0} \frac{\mathcal{E}(f, f)}{\text{Ent}_\pi(f^2)}, \\ \rho_0 &:= \inf_{f \geq 0; \text{Ent}_\pi(f) \neq 0} \frac{\mathcal{E}(f, \log f)}{\text{Ent}_\pi(f)}.\end{aligned}$$

3 Mixing time bounds via λ and ρ_0

Our main result in this lecture is the following:

Theorem 1 *Let $\pi_{\min} := \min_x \pi(x)$. Then for $\epsilon > 0$,*

$$\begin{aligned}t_2(\epsilon) &\leq \frac{1}{\lambda} \left(\frac{1}{2} \log \left(\frac{1 - \pi_{\min}}{\pi_{\min}} \right) + \log \frac{1}{\epsilon} \right), \\ t_{\text{Ent}}(\epsilon) &\leq \frac{1}{\rho_0} \left(\log \log \frac{1}{\pi_{\min}} + \log \frac{1}{\epsilon} \right).\end{aligned}$$

We first state two lemmas that will help our proof.

Lemma 2 (Kolmogorov forward equation) *For any $x, y \in \mathcal{X}$ and $t \geq 0$,*

$$\frac{d}{dt} h_t^x(y) = G^* h_t^x(y),$$

where G^* is the adjoint operator of G in $\ell^2(\pi)$.

Lemma 3 (Variance flow and entropy flow)

$$\begin{aligned}\frac{d}{dt} \text{Var}_\pi(h_t^x) &= -2\mathcal{E}(h_t^x, h_t^x), \\ \frac{d}{dt} \text{Ent}_\pi(h_t^x) &= -\mathcal{E}(h_t^x, \log h_t^x).\end{aligned}$$

Proof:

$$\begin{aligned}\frac{d}{dt} \text{Var}_\pi(h_t^x) &= \sum_{y \in \mathcal{X}} \pi(y) \frac{d}{dt} (h_t^x(y) - 1)^2 \\ &= 2 \sum_{y \in \mathcal{X}} \pi(y) (h_t^x(y) - 1) G^* h_t^x(y) \\ &= 2 \langle G h_t^x, h_t^x \rangle_\pi - \langle G \mathbf{1}, h_t^x \rangle_\pi \\ &= -2\mathcal{E}(h_t^x, h_t^x),\end{aligned}$$

where we use Lemma 2 in the second equality, and the fourth equality follows from $G\mathbf{1} = 0$.

$$\begin{aligned}
\frac{d}{dt}\text{Ent}_\pi(h_t^x) &= \sum_{y \in \mathcal{X}} \pi(y) \frac{d}{dt} h_t^x(y) \log h_t^x(y) \\
&= \sum_{y \in \mathcal{X}} \pi(y) (\log h_t^x(y) + 1) G^* h_t^x(y) \\
&= \langle G \log h_t^x, h_t^x \rangle_\pi + \langle G\mathbf{1}, h_t^x \rangle_\pi \\
&= -\mathcal{E}(h_t^x, \log h_t^x),
\end{aligned}$$

where we use Lemma 2 in the second equality, and the fourth equality follows from $G\mathbf{1} = 0$. \square

We can now state the proof of Theorem 1.

Proof of Theorem 1: By Lemma 3 and the definition of λ and ρ_0 , we have

$$\begin{aligned}
\frac{d}{dt}\text{Var}_\pi(h_t^x) &= -2\mathcal{E}(h_t^x, h_t^x) \leq -2\lambda\text{Var}_\pi(h_t^x), \\
\frac{d}{dt}\text{Ent}_\pi(h_t^x) &= -\mathcal{E}(h_t^x, \log h_t^x) \leq -\rho_0\text{Ent}_\pi(h_t^x).
\end{aligned}$$

Desired results follow by noting that

$$\text{Var}_\pi(h_0^x) \leq \frac{1 - \pi_{\min}}{\pi_{\min}}, \quad \text{Ent}_\pi(h_0^x) \leq \log \frac{1}{\pi_{\min}}.$$

\square

4 Bounds on the log-Sobolev constant ρ

In Lecture 2, we have seen how we apply geometric bounds such as Poincaré's or Cheeger's inequality in bounding the SLEM. In the following, we bound ρ_0 in terms of ρ and λ :

Theorem 4

$$2\rho \leq \rho_0 \leq 2\lambda.$$

We first state a useful lemma:

Lemma 5 *If $f \geq 0$, then*

$$2\mathcal{E}(\sqrt{f}, \sqrt{f}) \leq \mathcal{E}(f, \log f).$$

Proof: First, observe that, for $a, b, c > 0$,

$$a(\log a - \log b) = 2a \log \frac{\sqrt{a}}{\sqrt{b}} \geq 2a \left(1 - \frac{\sqrt{b}}{\sqrt{a}}\right) = 2\sqrt{a}(\sqrt{a} - \sqrt{b})$$

by the relation $\log c \geq 1 - c^{-1}$. Then

$$\begin{aligned}
\mathcal{E}(f, \log f) &= \sum_{x,y} f(x)(\log f(x) - \log f(y))P(x,y)\pi(x) \\
&\geq 2 \sum_{x,y} f^{1/2}(x) \left(f^{1/2}(x) - f^{1/2}(y)\right) P(x,y)\pi(x) \\
&= 2\mathcal{E}(\sqrt{f}, \sqrt{f}).
\end{aligned}$$

□

Proof of Theorem 4: The first inequality is immediate from Lemma 5. For the second inequality, we take $g \in \ell^2(\pi)$ to be an arbitrary function with $\mathbb{E}_\pi(g) = \langle 1, g \rangle_\pi = 0$. Let $f = 1 + \epsilon g$, where $\epsilon \ll 1$ such that $f \geq 0$. Using Taylor expansion, we have $\log(1 + \epsilon g) = \epsilon g - \frac{1}{2}(\epsilon)^2 g^2 + o(\epsilon^2)$, and so

$$\begin{aligned} \text{Ent}_\pi(f) &= \sum_{y \in \mathcal{X}} \pi(y) f(y) \log f(y) = \frac{1}{2} \epsilon^2 \pi(g^2) + o(\epsilon^2), \\ \mathcal{E}(f, \log f) &= -\epsilon \mathbb{E}_\pi((Gg) \log(1 + \epsilon g)) = \epsilon^2 \mathcal{E}(g, g) + o(\epsilon^2). \end{aligned}$$

As a result, we have

$$\mathcal{E}(f, \log f) = \epsilon^2 \mathcal{E}(g, g) + o(\epsilon^2) \geq \rho_0 \text{Ent}_\pi(f) = \frac{\rho_0}{2} \epsilon^2 \pi(g^2) + o(\epsilon^2).$$

Dividing by ϵ^2 and take $\epsilon \rightarrow 0$ yields

$$\frac{\mathcal{E}(g, g)}{\pi(g^2)} \geq \frac{\rho_0}{2}.$$

Desired result follows since this holds for arbitrary g with $\mathbb{E}_\pi g = 0$. □

References

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- P. Diaconis and L. Saloff-Coste. Logarithmic Sobolev inequalities for finite Markov chains. *Ann. Appl. Probab.*, 6(3):695–750, 1996.
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