## **For Loops**

For loops in Python are recommended when you know the number of times the loop should iterate for. Using the range() function can be useful to specify a "start" and "end" range for the loop, but it is also common to loop through a list and iterate over the indexes one at a time.

For example, let's say we are building a static webpage and we have a predetermined amount of pages. But, we quickly find out that none of our pages are working because they are missing a forward slash to route properly. If we intend to prefix all our pages with a forward slash, that might take time depending on how many there are. Luckily, we can use a for loop to handle the laborious repetition:

```
discussion1_for_loop_example.py ×
                                 discussion1_while_loop_example.py ×
      # our predetermined static web pages
      pageList = ["home", "about", "contact", "products"
 2
      # initialize new list
      newPageList = []
 6
      # loop over each page in the pageList and prefix
      the the newPageList
 8
      for page in pageList:
          cur = "/" + page
10
           newPageList.append(cur)
11
12
      # we can see that the original pageList is not
      changed, but the newPageList is — now we can use
      the updated list however we want!
13
      print(pageList)
14
      print(newPageList)
                          Python — -zsh — 80×24
[paul@mcjannetp-MacBook Python % python3 discussion1_for_loop_example.py
['home', 'about', 'contact', 'products']
['/home', '/about', '/contact', '_/products']
paul@mcjannetp-MacBook Python %
```

As a result of using the for loop, we have a new list that will be useful in updating our routes.

## While Loops

A while loop in Python is used when you are not sure how many iterations the loop should go for. Since this is the case, a while loop will only stop once a certain condition is met. More accurately: "while loops continuously execute code for as long as the given condition is true" (Coursera, 2023, February 4).

For example, say we want to know how many rolls it will take to roll doubles when we have two dice. We don't know how many times it will take, so we need to use a while loop and check based on a given condition (if our conditional value initially starts False but becomes True once we do roll two of the same number, we can break the loop):

Since we used a while loop we were able to count how many times it took to roll a double, something that would not be possible with a for loop.

Coursera. (2023, February 4). *How to Write and Use Python While Loops.* Coursera. <a href="https://www.coursera.org/tutorials/python-while-loop">https://www.coursera.org/tutorials/python-while-loop</a>

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W3Schools. (2024a). *Python For Loops*. W3Schools. <a href="https://www.w3schools.com/python/python\_for\_loops.asp">https://www.w3schools.com/python/python\_for\_loops.asp</a>

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