

```
#pragma TextEncoding = "UTF-8"  
#pragma rtGlobals=3      // Use modern global access method and strict wave access
```

```
Structure Problem2Structure
```

```
Wave time_p  
Wave time_r  
wave Temp_r  
wave sleep_ph_r  
Wave time_th  
wave Temp_th
```

```
Variable offset  
Variable cycler_sleep_hours  
Variable hours_tolerance // allowed variation in sleep time before measurement  
Variable Warmup // time for ring to thermalize after started measuring/initial  
Variable Cooldown // time ring measures for after it is removed
```

```
Wave night_start  
wave night_stop
```

```
wave cleaned_time  
wave cleaned_temperature  
wave cleaned_sleep_ph  
wave cleaned_length
```

```
EndStructure
```

```
//*****
```

```
Function analyse_nights_ring()
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```
STRUCT Problem2Structure s  
s.offset = 0 //timezone  
s.cycler_sleep_hours = 9 //user defined  
s.hours_tolerance = 2  
s.warmup = 0 //minutes  
s.cooldown = 0// minutes
```

```
Wave s.time_r = root:raw_data:Timestamp_ring  
Wave s.temp_r = root:raw_data:Temp_ring  
wave s.sleep_ph_r = root:raw_data:sleep_ph_ring
```

```
Wave s.time_th = root:raw_data:datestamp_thermometer
wave s.Temp_th = root:raw_data:Temp_thermometer
Wave s.time_p = root:raw_data:datestamp_period

rescale_timestamps(s)
Get_night_start_stop(s)

Get_timestamp_length_night(s)

reject_ring_fail(s)
Get_night_start_stop(s)

Get_mean_T_SlPh_night(s)

wave s.cleaned_sleep_ph = mean_phase_night
wave s.cleaned_time = time_night
wave s.cleaned_length = length_night

Wave s.cleaned_temperature = mean_temp_night
Correlation_thermo_vs_clean(s,"raw mean nightly temperature : ",0)
wave temp_clean_copy,temp_th_copy
duplicate/o temp_clean_copy clean_mean_temp_ring1
duplicate/o temp_th_copy temp_thermometer1

wave s.cleaned_temperature = median_temp_night
Correlation_thermo_vs_clean(s,"raw median nightly temperature : ",1)

Get_sleeping_mean_T(s)
wave s.cleaned_temperature = asleep_temp_night
Correlation_thermo_vs_clean(s,"mean temperature of sleep phase < 4: "

Get_waking_Temp(s)
wave s.cleaned_temperature = waking_temp_night
Correlation_thermo_vs_clean(s,"mean temperature over 20 minutes before waking: "

Wave s.cleaned_temperature = mean_temp_night
reject_wakefull_night(s)
reject_long_short_night(s)
Correlation_thermo_vs_clean(s,"mean nightly temperature wakefull long/short ni
duplicate/o temp_clean_copy clean_mean_temp_ring2
duplicate/o temp_th_copy temp_thermometer2
killwaves/z temp_clean_copy,temp_th_copy

End
```

```
Function rescale_timestamps(S) // to display timestamps in igor with correct abs  
STRUCT Problem2Structure &S
```

```
make/d/o/n=(dimsize(s.time_th,0)) time_thermometer  
make/d/o/n=(dimsize(s.time_r,0)) time_ring  
make/d/o/n=(dimsize(s.time_p,0)) time_period  
SetScale d 0,0,"dat", time_thermometer,time_ring,time_period
```

```
time_thermometer = s.time_th[p] + S.offset//imported with time relative to 01/  
time_ring = s.time_r[p]+date2secs(1970,01,01)  
time_period= s.time_p[p] + S.offset
```

```
wave s.time_r = time_ring  
wave s.time_th = time_thermometer  
wave s.time_p = time_period
```

```
end
```

```
Function Get_night_start_stop(s)  
STRUCT problem2structure &s
```

```
variable delta_time = 0  
variable i_start = 0  
variable i_stop = 0  
variable i = 1  
make/d/o/n=0 night_start,night_stop  
night_start = 0  
night_stop = 0  
variable delta_threshold_s = 60*60*3  
Do  
    delta_time = s.time_r[i]-s.time_r[i-1]  
  
    if(delta_time>delta_threshold_s)  
        i_stop = i-1  
        insertpoints/M=0 dimsize(night_start,0),1, night_start,night_stop  
        night_start[dimsize(night_start,0)-1]=i_start  
        night_stop[dimsize(night_start,0)-1]=i_stop  
        i_start = i  
    endif  
  
    i+=1  
  
While(i<dimsize(s.time_r,0))  
  
i_stop = dimsize(s.time_r,0)-1  
insertpoints/M=0 dimsize(night_start,0),1, night_start,night_stop
```

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night_start[dimsize(night_start,0)-1]=i_start
night_stop[dimsize(night_start,0)-1]=i_stop

wave s.night_start = night_start
wave s.night_stop = night_stop
End

Function Get_timestamp_length_night(s)
STRUCT PROBLEM2STRUCTURE &s

make/d/o/n=(dimsize(s.night_stop,0)) time_night,length_night
SetScale d 0,0,"dat", time_night
time_night = (s.time_r[s.night_stop[p]]-mod(s.time_r[s.night_stop[p]],60*60*24)
length_night = (s.night_stop[p]-s.night_start[p])/60 // in hours since there i
duplicate/o time_night time_night_raw
duplicate/o length_night length_night_raw
End

Function Get_mean_T_SlPh_night(s)
STRUCT problem2structure &s

variable num_nights = dimsize(s.night_stop,0)
make/d/o/n=(num_nights) mean_temp_night,mean_phase_night,median_temp_night

variable i = 0

Do
make/d/o/n=(s.night_stop[i]-s.cooldown-(s.night_start[i]+s.warmup)+1) temp_
temp_night_i = s.temp_r[p+s.night_start[i]+s.warmup]
mean_temp_night[i]=mean(temp_night_i)
median_temp_night[i]=median(temp_night_i)

phase_night_i = s.sleep_ph_r[p+s.night_start[i]+s.warmup]
mean_phase_night[i]=mean(phase_night_i)

i+=1
While(i<num_nights)
duplicate/o mean_temp_night mean_temp_night_raw
duplicate/o mean_phase_night mean_phase_night_raw
killwaves/z temp_night_i,phase_night_i
End

Function reject_long_short_night(s)//reject a night (do not include in cleaned te
STRUCT problem2structure &s

variable num_nights = dimsize(s.cleaned_temperature,0)
variable i = 0

```

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variable csh = s.cycler_sleep_hours
variable ht = s.hours_tolerance
//reject nights that are too long or too short
Do
    if(s.cleaned_length[i]>(csh+ht)||s.cleaned_length[i]<(csh-ht))
        deletepoints i,1,s.cleaned_length,s.cleaned_temperature,s.cleaned_time,s
        i-=1
        num_nights-=1
    endif
    i+=1
While(i<num_nights)

End

Function reject_wakefull_night(s)//reject a night (do not include in cleaned temp
STRUCT problem2structure &s

    variable num_nights = dimsize(s.cleaned_temperature,0)
    variable i = 0
    variable awake_test = 2.7
    //reject nights where mean sleep phase is above some threshold (not smart, but
    Do
        if(s.cleaned_sleep_ph[i]>awake_test)
            deletepoints i,1,s.cleaned_length,s.cleaned_temperature,s.cleaned_time,s
            i-=1
            num_nights-=1
        endif
        i+=1
    While(i<num_nights)

End

function Correllation_thermo_vs_clean(s,infostr,killcopy)
STRUCT problem2structure &s
variable killcopy
string infostr

duplicate/o s.temp_th temp_th_copy
duplicate/o s.time_th time_th_copy
duplicate/o s.cleaned_temperature temp_clean_copy
duplicate/o s.cleaned_time time_clean_copy

//fwd sense
downsample2(s.cleaned_time,s.time_th,temp_clean_copy)
downsample2(s.cleaned_time,s.time_th,time_clean_copy)
//back sense
downsample2(s.time_th,s.cleaned_time,temp_th_copy)

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```

downsample2(s.time_th,s.cleaned_time,time_th_copy)

StatsRankCorrelationTest/T=1/Q temp_clean_copy,temp_th_copy
wave W_StatsRankCorrelationTest
variable spearman_r = W_StatsRankCorrelationTest[4]
variable criticalvalue = W_StatsRankCorrelationTest[5]

if(spearman_r>criticalvalue)
    print infostr+" : Null Hypothesis rejected, Spearmans Correlation Coeffi
else
    print infostr+" : Null Hypothesis cannot be rejected (spearman) for:"
endif
dowindow/k WMRankCorrelationTable
killwaves/z W_StatsRankCorrelationTest

StatsLinearCorrelationTest/T=1/Q temp_clean_copy,temp_th_copy
wave W_StatsLinearCorrelationTest
variable linear_r = W_StatsLinearCorrelationTest[4]
variable t_value = W_StatsLinearCorrelationTest[5]
variable t_critical = W_StatsLinearCorrelationTest[9]
variable F_value = W_StatsLinearCorrelationTest[10]
variable F_critical = W_StatsLinearCorrelationTest[11]

if(t_value>t_critical&&F_value>f_critical)
    print infostr+" : Null Hypothesis rejected, Linear Correlation Coefficie
else
    print infostr+" : Null Hypothesis cannot be rejected (linear) for:"
endif

if(killcopy==1)
    killwaves/z temp_th_copy,temp_clean_copy
endif
dowindow/k WMLinearCorrelationTable
Killwaves/z W_StatsLinearCorrelationTest
End

function downsample2(time_more,time_less,temp_more)// downsamples cleaned waves
wave time_more,time_less,temp_more
variable more_num_nights = dimsize(time_more,0)
variable i = more_num_nights-1
variable j = 0

do
    findvalue/V=(time_more[i])/T=0.0 time_less
    //point stored in v_value variable

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        if(v_value==-1)
            deletепoints i,1,temp_more
            j+=1
        endif
        i-=1
    while(i>=0)
end

Function reject_ring_fail(s)
STRUCT problem2structure &s

    variable fail = 32.5//30.05
    variable i=0
    variable num_points = dimsize(s.temp_r,0)

    duplicate/o s.temp_r temp_ring_nofail
    duplicate/o s.time_r time_ring_nofail
    duplicate/o s.sleep_ph_r sleep_ph_ring_nofail

    variable j = 0
    Do

        if(temp_ring_nofail[i]<fail)
            deletепoints i,1,temp_ring_nofail,time_ring_nofail,sleep_ph_ring_nofail
            i-=1
            num_points-=1
            j+=1
        endif
        i+=1
    While(i<num_points)
    wave s.temp_r = temp_ring_nofail
    wave s.time_r = time_ring_nofail
    wave s.sleep_ph_r = sleep_ph_ring_nofail
End

Function Get_waking_Temp(s)
STRUCT problem2structure &s

Variable minutes = 60
    variable num_nights = dimsize(s.night_stop,0)

    make/d/o/n=(num_nights) waking_temp_night

    variable i = 0
    Do
        make/d/o/n=(minutes) temp_night_i
        temp_night_i = s.temp_r[p+s.night_stop[i]-minutes-s.cooldown]
    
```

```
waking_temp_night[i]=mean(temp_night_i)
i+=1
While(i<num_nights)

killwaves/z temp_night_i,phase_night_i

End

Function Get_sleeping_mean_T(s)
STRUCT problem2structure &s

variable num_nights = dimsize(s.night_stop,0)
make/d/o/n=(num_nights) asleep_temp_night
variable i = 0
variable j = 0
Do
    make/d/o/n=(s.night_stop[i]-s.cooldown-(s.night_start[i]+s.warmup)+1) temp_
    temp_night_i = s.temp_r[p+s.night_start[i]+s.warmup]
    phase_night_i = s.sleep_ph_r[p+s.night_start[i]+s.warmup]
time_i = s.time_r[p+s.night_start[i]+s.warmup]
    make/d/o/n=0 sleeping_night,time_sleeping
    SetScale d 0,0,"dat", time_i,time_sleeping

    j=0
    Do

        if(phase_night_i[j]<4)
            insertpoints 0,1, sleeping_night,time_sleeping
            sleeping_night[0] = temp_night_i[j]
            time_sleeping[0] = time_i[j]

        endif
        j+=1
    While(j<dimsize(phase_night_i,0))

    asleep_temp_night[i]=mean(sleeping_night)

    i+=1
While(i<num_nights)

End

variable num_nights = dimsize(s.night_stop,0)
make/d/o/n=(num_nights) mean_temp_night,mean_phase_night,median_temp_night
```



```
variable i = 0

Do
  make/d/o/n=(s.night_stop[i]-s.cooldown-(s.night_start[i]+s.warmup)+1) temp_
  temp_night_i = s.temp_r[p+s.night_start[i]+s.warmup]
  mean_temp_night[i]=mean(temp_night_i)
  median_temp_night[i]=median(temp_night_i)

  phase_night_i = s.sleep_ph_r[p+s.night_start[i]+s.warmup]
  mean_phase_night[i]=mean(phase_night_i)

  i+=1
While(i<num_nights)
  duplicate/o mean_temp_night mean_temp_night_raw
  duplicate/o mean_phase_night mean_phase_night_raw
killwaves/z temp_night_i,phase_night_i
```