# WHAT IS FOOD?

# **DEFINITIONS**

### **Necessary conditions**

what is required for something to be the case.

#### **Sufficient conditions**

what is enough for something to be the case.

#### **Definition**

the necessary and sufficient conditions for the application of a term or concept. A proper definition should specify all and only the defined objects.

# FOOD & NUTRIENTS

### **Nutrient**

a component or element of a food stuff that an organism needs in order to develop and/or survive

# FOOD & ENERGY

### Calorie

The amount of energy needed to raise the temperature of 1 kilogram of water 1 degree Celsius

# "FOOD" DEFINED?

### Food

Any substance or stuff that provides calories and/or nutrients

### NATURAL KINDS

#### **Natural Kind**

a kind, term, or sortal concept (e.g. cat, dog, mammal) that corresponds to a grouping that reflects the structure of the natural world rather than the interests, actions, or practices of human beings

# SOCIAL CONSTRUCTION

#### Generic social construction

Something is a social construction in the generic sense just in case it is an intended or unintended product of a social practice.

# CAUSAL VS. CONSTITUTIVE

#### **Causal construction**

Something is causally constructed iff social factors play a causal role in bringing it into existence or, to some substantial extent, in its being the way it is.

#### **Constitutive construction**

Something is constitutively constructed iff in defining it we must make reference to social factors.

