Average Global Happines

Countries That Feel More Happy Or More Sad After the Pandemic

The Happiness ladder is a scoring system created by the Global Happiness Council to measure how people rate their satisfaction with life in the country where they live. Respondents are asked to give a number from 0 (worst possible life) to 10 (best possible) to describe their life condition. The final score for each country is simply calculated as the average score of all respondents. Between **2019** and **2022** the Lebanese have felt the highest level of unhappiness while people in **Liberia** have had the highest increase in their happiness score.

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