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The Service of Matins

Monday, January 18, 2016

Katavasias of the Meeting

Text in Greek

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Fr. Seraphim Dedes
5100 Spring Meadow Ln.
Monroe, NC 28110
Phone: 704-719-3074

Email: seraphimdedes@gmail.com

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ΧΟΡΟΣ

Ἦχος γ'.

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι
Κυρίου.

Στίχ. α'. Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

Στίχ. β'. Πάντα τὰ ἔθνη ἐκύκλωσάν με,
καὶ τῷ ὀνόματι Κυρίου ἡμνάνην αὐτούς.

Στίχ. γ'. Παρὰ Κυρίου ἐγένετο αὕτη καὶ
ἔστι θαυμαστή ἐν ὀφθαλμοῖς ἡμῶν.

Ἀπολυτίκιον.

Τοῦ Μηναίου ---

Ἦχος γ'. Θεῖας πίστεως.

Ἔργοις λάμπαντες Ὁρθοδοξίας,
πᾶσαν σβέσαντες κακοδοξίαν, νικηταὶ
τροπαιοφόροι γεγόνατε· τῇ εὐσεβείᾳ τὰ
πάντα πλουτίσαντες, τὴν Ἐκκλησίαν
μεγάλως κοσμήσαντες, ἀξίως εὐρατε
Χριστὸν τὸν Θεὸν εὐχαῖς ὑμῶν, δωρούμενον
πᾶσι τὸ μέγα ἔλεος.

Δόξα. **Τὸ αὐτό.**

Ἔργοις λάμπαντες Ὁρθοδοξίας,
πᾶσαν σβέσαντες κακοδοξίαν, νικηταὶ
τροπαιοφόροι γεγόνατε· τῇ εὐσεβείᾳ τὰ
πάντα πλουτίσαντες, τὴν Ἐκκλησίαν
μεγάλως κοσμήσαντες, ἀξίως εὐρατε
Χριστὸν τὸν Θεὸν εὐχαῖς ὑμῶν, δωρούμενον
πᾶσι τὸ μέγα ἔλεος.

Τῆς Ὀκτωήχου ---

Καὶ νῦν. **Θεοτοκίον.**

Ἦχος γ'.

Σὲ τὴν μεσιτεύσασαν τὴν σωτηρίαν
τοῦ γένους ἡμῶν, ἀνυμνοῦμεν Θεοτόκε
Παρθένε· ἐν τῇ σαρκὶ γὰρ τῇ ἐκ σοῦ

CHOIR

Mode 3.

God is the Lord, and He revealed Himself
to us. Blessed is he who comes in the name of
the Lord. (SAAS)

Verse 1: Give thanks to the Lord and call
upon His holy name.

Verse 2: All the nations surrounded me, but
in the name of the Lord I defended myself against
them.

Verse 3: And this came about from the Lord,
and it is wonderful in our eyes.

Apolytikion.

From Menaion ---

Mode 3. Your confession.

Having shone with deeds of Orthodoxy *
and extinguished all impious doctrines, * you
have rightly won the trophies and victory. *
Since you enriched all the world with correct
belief, * greatly adorning the Church with
your words and deeds, * you therefore have
worthily found Christ God, * who by your
prayers grants to all the great mercy. (SD)

Glory. **Repeat.**

Having shone with deeds of Orthodoxy *
and extinguished all impious doctrines, * you
have rightly won the trophies and victory. *
Since you enriched all the world with correct
belief, * greatly adorning the Church with
your words and deeds, * you therefore have
worthily found Christ God, * who by your
prayers grants to all the great mercy. (SD)

From Octoechos ---

Both now. **Theotokion.**

Mode 3.

Unto you who mediated the salvation of
our race we sing praises, O Virgin Theotokos.
For your Son and our God in the flesh that

προσληφθείση, ὁ Υἱός σου καὶ Θεὸς
ἡμῶν τὸ διὰ Σταυροῦ καταδεξάμενος
πάθος, ἐλυτρώσατο ἡμᾶς, ἐκ φθορᾶς ὡς
φιλάνθρωπος.

ΔΙΑΚΟΝΟΣ

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου
Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν
αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Κάθισμα Α'.

Τοῦ Μηναίου ---

Ἦχος πλ. α'. Τὸν συνάναρχον Λόγον.

Τὸν λειμῶνα τῶν λόγων τῶν
θεοπνεύστων Γραφῶν, τὸν ἡμᾶς ὁδηγοῦντα
πρὸς τὴν εὐσέβειαν, τὸν τοὺς ποικίλους
πειρασμοὺς ὑπομείναντα, Ἀθανάσιον
πιστοί, ὡς διδαχθέντες ὑπ' αὐτοῦ,
τιμῆσωμεν κατὰ χρέος· πρεσβεύει γὰρ τῷ
Κυρίῳ, ἐλεηθῆναι τὰς ψυχὰς ἡμῶν.

He assumed from you accepted suffering by
means of crucifixion and has thereby set us
free from corruption, in His love for man. (SD)

DEACON

Again and again in peace let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy upon us and
protect us, O God, by your grace.

(Lord, have mercy.)

Remembering our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commit ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

PRIEST

For yours is the dominion, and yours is
the kingdom, the power, and the glory of the
Father and the Son and the Holy Spirit, now
and forever and to the ages of ages.

(Amen.)

CHOIR

Kathisma I.

From Menaion ---

Mode pl. 1. Let us worship the Word.

Let us worthily honor Saint Athanasius, *
O believers, for we have been taught by him
indeed. * He is the meadow of the words of
the divinely inspired * holy Scriptures, and
he leads us to the Orthodox Faith. * And he
endured many trials. * And now he intercedes
with the Master * to have mercy on our souls.

(SD)

Δόξα.

Καὶ νῦν.

Ἦχος πλ. α'.

Χαῖρε πύλη Κυρίου ἡ ἀδιόδευτος, χαῖρε
τεῖχος καὶ σκέπη τῶν προστρεχόντων εἰς
σέ, χαῖρε ἀχειμάστε λιμὴν καὶ Ἀπειρόγαμε,
ἡ τεκοῦσα ἐν σαρκὶ τὸν Ποιητὴν σου καὶ
Θεόν, πρεσβεύουσα μὴ ἐλλείπης, ὑπὲρ τῶν
ἀνυμνούντων, καὶ προσκυνούντων τὸν
Τόκον σου.

Κάθισμα Β'.

Τοῦ Μηναίου ---

Ἦχος γ'. Θείας πίστεως.

Θεῖον ἔδρασμα τῆς Ἐκκλησίας, Πάτερ
Κύριλλε, σὺ ἀνεδείχθης τὴν δωδεκάδα
ἐκθεῖς γὰρ τῶν λόγων σου, τὴν Νεστορίου
κακόνοιαν ἤλεγξας, καὶ Θεοτόκον κυρίως
ἐτράνωσας. Ῥητόρων ἔξαρχε, Χριστὸν τὸν
Θεὸν ἰκέτευε, δωρήσασθαι ἡμῖν τὸ μέγα
ἔλεος.

Δόξα.

Καὶ νῦν.

Ἦχος γ'. Θείας πίστεως.

Θρόνος πάγχρυσος τοῦ Βασιλέως, καὶ
Παράδεισος διηριθμένος, ἀνεδείχθης
Θεοτόκε πανάχραντε· τὸν γὰρ Θεὸν
ἐν γαστρὶ σου βαστάσασα, εὐωδιάζεις
ἡμᾶς θεαῖς χάρισιν· ὅθεν ἅπαντες, Θεοῦ
ἀληθῶς Μητέρα σε, κηρύττομεν αἰεὶ καὶ
μεγαλύνομεν.

Glory.

Both now.

Mode pl. 1.

O impassable gateway of God the Lord,
rejoice. * Wall and shelter of those who in
you take refuge, rejoice. * Stormless haven,
rejoice, O Maid who knew not man * and yet
physically gave birth to your Creator and
God. * Never cease interceding * on behalf of
those extolling and worshiping the Son you
bore. (SD)

Kathisma II.

From Menaion ---

Mode 3. Your confession.

You were shown to be the Church's pillar
* and divine support, O Father Cyril. * And
when you published your Twelve Chapters
you reprov'd * the wrong intent and ill-will
of Nestorius, * and you proclaimed the Virgin
"Theotokos" literally. * Foremost orator, pray
now to Christ our God, * entreating Him to
grant us His great mercy. (SD)

Glory.

Both now.

Mode 3. Your confession.

You were shown to be the wholly golden
* throne of Christ the King, and holy Garden *
full of flowers, all-immaculate Mother of God.
* For like a fragrance you shower us with gifts
divine, * O Theotokos, since in your womb
you carried God. * Therefore we proclaim that
you, Virgin Mary, are indeed * the Mother of
our God, and we magnify you. (SD)

Κάθισμα Γ'.

Τοῦ Μηναίου ---

Ἦχος α'. *Τὸν τάφον σου Σωτήρ.*

Τριάδος τῆς σεπτῆς, Ἀθανάσιον ὕμνοις,
καὶ Κύριλλον ὁμοῦ ἐπαινέσωμεν πάντες,
τοὺς θείους θεράποντας, καὶ προμάχους
τῆς πίστεως, τοὺς τοῖς βάθεσι, τῶν εὐσεβῶν
νοημάτων, στρατὸν ἔκφρονα, Αἰρετικῶν
ἀπειθούντων, ἀξίως βυθίσαντας.

Δόξα.

Καὶ νῦν.

Ἦχος α'. *Τὸν τάφον σου Σωτήρ.*

Μαρία τὸ σεπτόν, τοῦ Δεσπότη
δοχεῖον, ἀνάστησον ἡμᾶς, πεπτωκότας εἰς
χάος, δεινῆς ἀπογνώσεως, καὶ πταισμάτων
καὶ θλίψεων. Σὺ γὰρ πέφυκας, ἀμαρτωλῶν
σωτηρία, καὶ βοήθεια, καὶ κραταῖα
προστασία, καὶ σῶζεις τοὺς δούλους σου.

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

Kathisma III.

From Menaion ---

Mode 1. *The soldiers keeping watch.*

Let all of us extol Athanasius and Cyril
* with worthy hymns of praise, as divine
faithful servants * of the Holy Trinity and
as champions of the Faith. * In the depths
of their correct and pious perceptions * they
prodigiously submerged the gibbering army *
of obstinate heretics. (SD)

Glory.

Both now.

Mode 1. *The soldiers keeping watch.*

O Mary, who became the Master's
hallowed vessel, * now raise us up, for
we have fallen into the chasm * of awful
despondency, and transgressions and
suffering. * For you have indeed become
salvation for sinners, * and their help in need
and their prevailing protection; * and you
save your servants. (SD)

DEACON

Again and again in peace let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy upon us and
protect us, O God, by your grace.

(Lord, have mercy.)

Remembering our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commit ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

ΙΕΡΕΥΣ

Ὅτι ηὐλόγηταί σου τὸ ὄνομα, καὶ
δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ
τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ
ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Ἀντίφωνον Α'.

Ἦχος δ'.

Ἐκ νεότητός μου πολλὰ πολεμεῖ με
πάθη, ἀλλ' αὐτὸς ἀντιλαβοῦ, καὶ σῶσον
σωτήρ μου. (δίσ)

Οἱ μισοῦντες Σιών, αἰσχύνθητε ἀπὸ
τοῦ Κυρίου· ὡς χόρτος γάρ, πυρὶ ἔσεσθε
ἀπεξηραμμένοι. (δίσ)

Δόξα.

Ἁγίῳ Πνεύματι πᾶσα ψυχὴ ζωοῦται,
καὶ καθάρσει ὑψοῦται λαμπρύνεται, τῇ
τριαδικῇ Μονάδι ιεροκρυφίως.

Καὶ νῦν.

Ἁγίῳ Πνεύματι, ἀναβλύζει τὰ τῆς
χάριτος ρεῖθρα, ἀρδεύοντα, ἅπασαν τὴν
κτίσιν πρὸς ζωογονίαν.

Προκείμενον. Ψαλμὸς ΡΛΑ' (131).

Οἱ ἱερεῖς σου, Κύριε, ἐνδύσονται
δικαιοσύνην, καὶ οἱ ὅσιοί σου ἀγαλλιάσει
ἀγαλλιάσονται. (δίσ)

Στίχ. Τὸ στόμα μου λαλήσει σοφίαν καὶ ἡ
μελέτη τῆς καρδίας μου σύνεσιν.

Οἱ ἱερεῖς σου, Κύριε, ἐνδύσονται
δικαιοσύνην, καὶ οἱ ὅσιοί σου ἀγαλλιάσει
ἀγαλλιάσονται.

ΔΙΑΚΟΝΟΣ

Τοῦ Κυρίου δεηθῶμεν.

PRIEST

For blessed is your name, and glorified is
your kingdom, of the Father and the Son and
the Holy Spirit, now and forever and to the
ages of ages.

(Amen.)

CHOIR

Antiphon I.

Mode 4.

Since my youth have many passions
waged war against me. O my Savior,
nonetheless help me and save me. (2) (SD)

You, the haters of Zion, be put to shame
by the Lord, for like thatch in fire you will be
completely dried up. (2) (SD)

Glory.

From the Holy Spirit every soul receives
life, and through cleansing is lifted and
brightened, in a hidden, sacred manner, by
the trinal Monad. (SD)

Both now.

From the Holy Spirit do the streams of
grace well forth; they irrigate everything
created, so that life be engendered. (SD)

Prokeimenon. Psalm 131 (132).

Your priests shall clothe themselves
in righteousness; Your saints shall greatly
rejoice. (2)

Verse: My mouth shall speak wisdom, and
the meditation of my heart, understanding.

Your priests shall clothe themselves
in righteousness; Your saints shall greatly
rejoice. (SAAS)

DEACON

Let us pray to the Lord.

(Κύριε, ἐλέησον.)

ΙΕΡΕΥΣ

Ὅτι Ἅγιος εἶ ὁ Θεὸς ἡμῶν, καὶ ἐν Ἁγίοις ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ Ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

ΧΟΡΟΣ

Ἀμήν.

Ἦχος β'.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς)
Αἰνεσάτω πνοὴ πᾶσα τὸν Κύριον.

ΔΙΑΚΟΝΟΣ

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύσωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

ΔΙΑΚΟΝΟΣ

Σοφία! Ὁρθοί! Ἀκούσωμεν τοῦ ἁγίου Εὐαγγελίου.

ΙΕΡΕΥΣ

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

ΙΕΡΕΥΣ

Ἐκ τοῦ κατὰ Ἰωάννην ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

ΔΙΑΚΟΝΟΣ

Πρόσχωμεν!

(Δόξα σοι, Κύριε, δόξα σοι.)

ΙΕΡΕΥΣ

(10:9-16)

Εἶπεν ὁ Κύριος· ἐγὼ εἰμι ἡ θύρα· δι' ἐμοῦ ἐάν τις εἰσέλθῃ, σωθήσεται, καὶ εἰσελεύσεται καὶ ἐξελεύσεται, καὶ νομήν

(Lord, have mercy.)

PRIEST

For you are holy, our God, who rest among the Saints, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes praise the Lord. (SAAS)

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

DEACON

Wisdom! Arise! Let us hear the holy Gospel.

PRIEST

Peace be with all.

(And with your spirit.)

PRIEST

The reading is from the holy Gospel according to John.

DEACON

Let us be attentive!

(Glory to You, O Lord. Glory to You.)

PRIEST

(10:9-16)

The Lord said, "I am the door; if any one enters by me, he will be saved, and will go in and out and find pasture. The thief comes

εὐρήσει. ὁ κλέπτης οὐκ ἔρχεται εἰ μὴ ἵνα κλέψῃ καὶ θύσῃ καὶ ἀπολέσῃ· ἐγὼ ἦλθον ἵνα ζῶν ἔχωσι καὶ περισσὸν ἔχωσιν. ἐγὼ εἰμι ὁ ποιμὴν ὁ καλός. ὁ ποιμὴν ὁ καλὸς τὴν ψυχὴν αὐτοῦ τίθησιν ὑπὲρ τῶν προβάτων· ὁ μισθωτὸς δὲ καὶ οὐκ ὢν ποιμὴν, οὗ οὐκ εἰσὶ τὰ πρόβατα ἴδια, θεωρεῖ τὸν λύκον ἐρχόμενον καὶ ἀφίησι τὰ πρόβατα καὶ φεύγει· καὶ ὁ λύκος ἀρπάζει αὐτὰ καὶ σκορπίζει τὰ πρόβατα. ὁ δὲ μισθωτὸς φεύγει, ὅτι μισθωτὸς ἐστὶ καὶ οὐ μέλει αὐτῷ περὶ τῶν προβάτων. ἐγὼ εἰμι ὁ ποιμὴν ὁ καλός, καὶ γινώσκω τὰ ἐμὰ καὶ γινώσκομαι ὑπὸ τῶν ἐμῶν, καθὼς γινώσκει με ὁ πατήρ· καὶ γὰρ γινώσκω τὸν πατέρα, καὶ τὴν ψυχὴν μου τίθημι ὑπὲρ τῶν προβάτων. καὶ ἄλλα πρόβατα ἔχω, ἃ οὐκ ἔστιν ἐκ τῆς αὐλῆς ταύτης· κακεῖνά με δεῖ ἀγαγεῖν, καὶ τῆς φωνῆς μου ἀκούσουσι, καὶ γενήσεται μία ποίμνη, εἷς ποιμὴν.

(Δόξα σοι, Κύριε, δόξα σοι.)

ΑΝΑΓΝΩΣΤΗΣ

Ψαλμὸς Ν' (50).

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου, καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρισμῶν σου ἐξάλειψον τὸ ἀνόμημά μου. Ἐπὶ πλεῖον πλυνόν με ἀπὸ τῆς ἀνομίας μου, καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με. Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διὰ παντός. Σοὶ μόνῳ ἤμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῆς ἐν τοῖς λόγοις σου, καὶ νικήσῃς ἐν τῷ κρίνεσθαί σε. Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου. Ἴδου γὰρ ἀλήθειαν ἠγάπησας, τὰ ἀδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

only to steal and kill and destroy; I came that they may have life, and have it abundantly. I am the good shepherd. The good shepherd lays down his life for the sheep. He who is a hireling and not a shepherd, whose own the sheep are not, sees the wolf coming and leaves the sheep and flees; and the wolf snatches them and scatters them. He flees because he is a hireling and cares nothing for the sheep. I am the good shepherd; I know my own and my own know me, as the Father knows me and I know the Father; and I lay down my life for the sheep. And I have other sheep, that are not of this fold; I must bring them also, and they will heed my voice. So there shall be one flock, one shepherd." (RSV)

(Glory to You, O Lord. Glory to You.)

READER

Psalm 50 (51).

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression. Wash me thoroughly from my lawlessness and cleanse me from my sin. For I know my lawlessness, and my sin is always before me. Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged. For behold, I was conceived in transgressions, and in sins my mother bore me. Behold, You love truth; You showed me the unknown and secret things of Your wisdom. You shall sprinkle me with hyssop,

Ραντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι,
 πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι.
 Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην·
 ἀγαλλιάσονται ὅστέα τεταπεινωμένα.
 Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν
 ἁμαρτιῶν μου καὶ πάσας τὰς ἀνομίας μου
 ἐξάλειψον. Καρδίαν καθαρὰν κτίσον ἐν
 ἐμοί, ὁ Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον
 ἐν τοῖς ἐγκάτοις μου. Μὴ ἀπορρίψῃς με
 ἀπὸ τοῦ προσώπου σου καὶ το Πνεῦμά
 σου τὸ ἅγιον μὴ ἀντανέλης ἀπ' ἐμοῦ.
 Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ σωτηρίου
 σου καὶ πνεύματι ἡγεμονικῶ στήριζόν
 με. Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ
 ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι. Ρῦσαί με
 ἐξ αἱμάτων, ὁ Θεός, ὁ Θεός τῆς σωτηρίας
 μου· ἀγαλλιάσεται ἡ γλῶσσά μου τὴν
 δικαιοσύνην σου. Κύριε, τὰ χεῖλη μου
 ἀνοίξεις, καὶ τὸ στόμα μου ἀναγγελεῖ τὴν
 αἴνеспίν σου. Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα
 ἄν· ὀλοκαυτώματα οὐκ εὐδοκήσεις. Θυσία
 τῷ Θεῷ πνεῦμα συντετριμμένον, καρδίαν
 συντετριμμένην καὶ τεταπεινωμένην ὁ Θεός
 οὐκ ἐξουδενώσει. Ἀγάθυνον, Κύριε, ἐν τῇ
 εὐδοκίᾳ σου τὴν Σιών, καὶ οἰκοδομηθήτω τὰ
 τεῖχη Ἱερουσαλήμ. Τότε εὐδοκήσεις θυσίαν
 δικαιοσύνης, ἀναφορὰν καὶ ὀλοκαυτώματα.
 Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν σου
 μόσχους.

Τοῦ Μηναίου ---

ΧΟΡΟΣ

Δόξα. **Ἦχος β'.**

Ταῖς τῶν Διδασκάλων πρεσβείαις,
 Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν
 ἐγκλημάτων.

and I will be cleansed; You shall wash me,
 and I will be made whiter than snow. You
 shall make me hear joy and gladness; my
 bones that were humbled shall greatly rejoice.
 Turn Your face from my sins, and blot out
 all my transgressions. Create in me a clean
 heart, O God, and renew a right spirit within
 me. Do not cast me away from Your presence,
 and do not take Your Holy Spirit from me.
 Restore to me the joy of Your salvation,
 and uphold me with Your guiding Spirit.
 I will teach transgressors Your ways, and
 the ungodly shall turn back to You. Deliver
 me from bloodguiltiness, O God, the God of
 my salvation, and my tongue shall greatly
 rejoice in Your righteousness. O Lord, You
 shall open my lips, and my mouth will declare
 Your praise. For if You desired sacrifice, I
 would give it; You will not be pleased with
 whole burnt offerings. A sacrifice to God
 is a broken spirit, a broken and humbled
 heart God will not despise. Do good, O Lord,
 in Your good pleasure to Zion, and let the
 walls of Jerusalem be built; then you will be
 pleased with a sacrifice of righteousness, with
 offerings and whole burnt offerings; then shall
 they offer young bulls on Your altar. (SAAS)

From Menaion ---

CHOIR

Glory. **Mode 2.**

At the intercession of the holy Teachers, O
 Lord of mercy, blot out my many offences. (SD)

Καὶ νῦν.

Ταῖς τῆς Θεοτόκου πρεσβείαις,
Ἐλεῆμον, ἐξάλειψον τὰ πλήθη τῶν ἐμῶν
ἐγκλημάτων.

Ἰδιόμελον. Ἦχος πλ. β'.

Στίχ. Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα
ἐλεός σου καὶ κατὰ τὸ πλήθος τῶν οἰκτιρμῶν
σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἐξεχύθη ἡ χάρις ἐν χεῖλεσιν ὑμῶν,
Ὅσοι Πατέρες· καὶ γεγόνατε Ποιμένες
τῆς τοῦ Χριστοῦ Ἐκκλησίας, διδάσκοντες
τὰ λογικὰ πρόβατα, πιστεύειν εἰς Τριάδα
ὁμοούσιον, ἐν μιᾷ θεότητι.

ΔΙΑΚΟΝΟΣ

Σῶσον ὁ Θεός τὸν λαόν σου καὶ
εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι
τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς·
ὑψωσον κέρας Χριστιανῶν ὀρθοδόξων
καὶ κατὰπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ
πλούσια· πρεσβείαις τῆς παναχράντου
Δεσποίνης ἡμῶν Θεοτόκου καὶ
ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου
καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν
τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων,
ἱκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου
Προδρόμου καὶ Βαπτιστοῦ Ἰωάννου,
τῶν ἁγίων ἐνδόξων καὶ πανευφήμων
Ἀποστόλων, τῶν ἐν ἁγίοις Πατέρων ἡμῶν
μεγάλων Ἱεραρχῶν καὶ οἰκουμενικῶν
Διδασκάλων, Βασιλείου τοῦ Μεγάλου,
Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου
τοῦ Χρυσοστόμου, Ἀθανασίου, Κυρίλλου
καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν
Ἀλεξανδρίας· Νικολάου τοῦ ἐν Μύροις,
Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου
Πενταπόλεως τῶν θαυματουργῶν·
τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων
Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου
τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος,
Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ

Both now.

At the intercession of the Theotokos, O
Lord of mercy, blot out my many offences. (SD)

Idiomelon. Mode pl. 2.

Verse: Have mercy on me, O God, according
to Your great mercy; and according to the
abundance of Your compassion, blot out my
transgression. (SAAS)

Grace was poured upon your lips, O
devout Fathers, and you became shepherds of
the Church of Christ, teaching the reasonable
sheep to believe in the Trinity, coessential, in
one Divinity. (SD)

DEACON

O God, save your people and bless
your inheritance. Look upon your world
with mercy and compassion. Raise the
Orthodox Christians in glory, and send
down upon us your rich mercies, through
the intercessions of our most pure Lady
the Theotokos and ever-Virgin Mary, the
power of the precious and life giving Cross,
the protection of the honorable, bodiless
Powers of heaven, the supplications of
the honorable and glorious prophet, and
forerunner John the Baptist, the holy, glorious,
and praiseworthy Apostles, our Fathers
among the Saints, the great hierarchs and
ecumenical teachers, Basil the Great, Gregory
the Theologian and John Chrysostom,
Athanasios, Cyril, and John the Merciful,
patriarchs of Alexandria; Nicholas, bishop
of Myra, Spyridon, bishop of Trimythous,
Nektarios of Pentapolis, the wonder-workers;
the holy, glorious great Martyrs George
the Victorious, Demetrios the Myrobletes,
Theodore the Teron, and Theodore the
General, Menas the Wonderworker, the
Hieromartyrs Haralambos and Eleftherios;
the holy, glorious, and victorious martyrs;

τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων
Χαραλάμπους καὶ Ἐλευθερίου, τῆς
ἀγίας ἐνδόξου Μεγαλομάρτυρος καὶ
πανευφήμου Εὐφημίας· τῶν ἁγίων ἐνδόξων
Μαρτύρων Θέκλας, Βαρβάρας, Ἀναστασίας,
Αἰκατερίνης, Κυριακῆς, Φωτεινῆς, Μαρίνας,
Παρασκευῆς καὶ Εἰρήνης· τῶν ὁσίων καὶ
Θεοφόρων Πατέρων ἡμῶν· (τοῦ Ἁγίου τοῦ
Ναοῦ)· τῶν ἁγίων καὶ δικαίων Θεοπατόρων
Ἰωακεῖμ καὶ Ἄννης· τῶν ἐν Ἁγίοις Πατέρων
ἡμῶν καὶ μεγάλων Ἀρχιεπισκόπων
Ἀλεξανδρείας, Ἀθανασίου καὶ Κυρίλλου,
ὧν καὶ τὴν μνήμην ἐπιτελοῦμεν· καὶ
πάντων σου τῶν Ἁγίων. Ἰκετεύομέν σε,
μόνε πολυέλεε Κύριε, ἐπάκουσον ἡμῶν
τῶν ἁμαρτωλῶν δεομένων σου καὶ ἐλέησον
ἡμᾶς.

ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιланθρωπία
τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ
εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ
καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ
εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Τοῦ Μηναίου - - -

ΑΝΑΓΝΩΣΤΗΣ

Κοντάκιον.

Ἦχος δ'. Ἐπεφάνης σήμερον.

Τεράρχαι μέγιστοι τῆς εὐσεβείας, καὶ
γενναῖοι πρόμαχοι, τῆς Ἐκκλησίας τοῦ
Χριστοῦ, πάντας φρουρεῖτε τοὺς μέλποντας.
Σῶσον Οἰκτίρμον, τοὺς πίστει τιμῶντάς σε.

Ὁ Οἶκος.

Ἀκαταλήπτω σου χειρί, καὶ σθένει
ἀπορρήτῳ, τὴν σὴν νῦν Ἐκκλησίαν
οὐρανῶσας Οἰκτίρμον, ἔδειξας ὄντως
φαινοῦς τοὺς δύο φωστῆρας, μεγίστους τε

the glorious great Martyr and all-laudable
Euphemia; the holy and glorious Martyrs
Thecla, Barbara, Anastasia, Katherine,
Kyriake, Fotene, Marina, Paraskeve and Irene;
of our holy God-bearing Fathers; (local patron
saint); the holy and righteous ancestors of
God Joachim and Anna; and our Fathers
among the saints, Athanasius and Cyril,
Patriarchs of Alexandria, whose memory we
celebrate; and of all your Saints. We beseech
you, only merciful Lord, hear us sinners who
pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love
of mankind of your only-begotten Son, with
whom you are blessed, together with your
all-holy, good and life-giving Spirit, now and
forever and to the ages of ages.

(Amen.)

From Menaion - - -

READER

Kontakion.

Mode 4. You appeared today.

Great and noble Hierarchs of Orthodoxy
and courageous champions of the all-holy
Church of Christ, watch over all those who
sing to Him, "Save us, O Good One, who
faithfully honor You." (SD)

Oikos.

With Your incomprehensible hand
and Your ineffable might, now making the
Church heavenly, You showed the two lights,
grand and resplendent, indeed to be bright,

καὶ τερπνοὺς, τὸν κόσμον καταυγάζοντας,
σὺν Ἀθανασίῳ τῷ πανσόφῳ, Κύριλλον
τὸν θεῖον. Ταῖς αὐτῶν οὖν ἱκεσίαις, ἐξάρας
τὴν νύκτα, ἐχθρῶν πᾶσαν ἀχλὺν διάλυσον
Σῶτερ, καὶ φωτὶ τῷ φρικτῷ τῶν πιστῶν τὰ
πλήθη καταύγασον, πρὸς τὸ κράζειν καὶ
βοᾶν σοι· Σῶσον Οἰκτίρμον, τοὺς πίστει
τιμῶντάς σε.

Συναξάριον.

Τοῦ Μηναίου.

Τῇ ΙΗ' τοῦ αὐτοῦ μηνός, μνήμη τῶν
ἐν Ἀγίοις Πατέρων ἡμῶν, Ἀθανασίου καὶ
Κυρίλλου, Πατριαρχῶν Ἀλεξανδρείας.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῆς Ἀγίας
Μάρτυρος Θεοδούλης.

Τῇ αὐτῇ ἡμέρᾳ, ἡ Ἁγία Μάρτυς Ξένη
πυρὶ τελειοῦται.

illuminating the world, the all-wise Athanasios
and Cyril the divine. So at their entreaty,
lift the darkness and dispel all the enemies'
gloom, O Savior, and illumine the multitude
of believers with Your awesome light, so that
they cry and shout to You; "Save us, O Good
One, who faithfully honor You." (SD)

Synaxarion.

From the Menaion.

On January 18, we commemorate our
fathers among the saints Athanasios and
Cyril, Patriarchs of Alexandria.

On this day we also commemorate the
holy Martyr Theodoula.

On this day the holy Martyr Xenia died by
fire.

Ταῖς αὐτῶν ἀγίαις πρεσβείαις, ὁ Θεός,
ἐλέησον ἡμᾶς. Ἀμήν.

ΧΟΡΟΣ

**Καταβασίαι τῆς Ὑπαπαντῆς
Ὦδιὴ α΄. Ἦχος γ΄.**

Χέρσον ἀβυσσοτόκον πέδον ἥλιος,
ἐπεπόλευσε ποτέ· ὥσεί τεῖχος γὰρ ἐπάγη,
ἐκατέρωθεν ὕδωρ, λαῶ πεζοποντοποροῦντι,
καὶ θεαρέστως μέλποντι. Ἄισωμεν τῷ
Κυρίῳ· ἐνδόξως γὰρ δεδόξασται.

Ὦδιὴ γ΄.

Τὸ στερέωμα, τῶν ἐπὶ σοὶ πεποιθότων,
στερέωσον Κύριε τὴν Ἐκκλησίαν, ἣν
ἐκτήσω, τῷ τιμίῳ σου αἵματι.

Ὦδιὴ δ΄.

Ἐκάλυψεν οὐρανούς, ἡ ἀρετὴ σου
Χριστέ· τῆς κιβωτοῦ γὰρ προελθὼν, τοῦ
ἀγιάσματος σου, τῆς ἀφθόρου Μητρός, ἐν
τῷ ναῷ τῆς δόξης σου, ὥφθης ὡς βρέφος,
ἀγκαλοφορούμενος, καὶ ἐπληρώθη τὰ
πάντα τῆς σῆς αἰ νέσεως.

By their holy intercessions, O God, have
mercy on us. Amen.

CHOIR

**Katavasiae of the Meeting
Ode i. Mode 3.**

Once did the sun look down upon the
surface of the dry abysm-bearing plain; *
for the water like a wall on either side was
congealed, * for a people walking crossed the
sea, making God-appealing melody. * Sing to
the Lord for He has been gloriously glorified.

(SD)

Ode iii.

As the firm support of those who hope in
You firmly, * O Lord, now confirm the Church
that You established, * which You purchased
for yourself with Your precious Blood. (SD)

Ode iv.

The heavens were covered by Your virtue,
O Christ. * For coming forth from the Ark of
Your holiness, Your Mother who sustained
no corruption, * You appeared today in Your
glorious Temple, as an infant held in arms. *
And the entire creation was filled with Your
praise. (SD)

Ὡδὴ ε'.

Ὡς εἶδεν Ἡσαΐας συμβολικῶς, ἐν
θρόνῳ ἐπηρμένῳ Θεόν, ὑπ' Ἀγγέλων δόξης
δορυφορούμενον, ὦ τάλας! ἐβόα, ἐγώ, πρὸ
γὰρ εἶδον σωματούμενον Θεόν, φωτὸς
ἀνεσπέρου, καὶ εἰρήνης δεσπόζοντα.

Ὡδὴ Ϛ'.

Ἐβόησέ σοι, ἰδὼν ὁ Πρέσβυς, τοῖς
ὀφθαλμοῖς τὸ σωτήριον, ὁ λαοῖς ἐπέστη. Ἐκ
Θεοῦ Χριστὲ σὺ Θεός μου.

Ὡδὴ ϛ'.

Σὲ τὸν ἐν πυρὶ δροσίσαντα, Παῖδας
θεολογήσαντας, καὶ Παρθένῳ, ἀκηράτῳ,
ἐνοικήσαντα, Θεὸν Λόγον ὑμνοῦμεν,
εὐσεβῶς μελωδοῦντες· Εὐλογητὸς ὁ Θεός, ὁ
τῶν Πατέρων ἡμῶν.

Ὡδὴ η'.

*Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν
τὸν Κύριον.*

Ἀστέκτω πυρὶ ἐνωθέντες, οἱ θεοσεβείας
προεστῶτες Νεανῖαι, τῇ φλογὶ δὲ μὴ
λαβηθέντες, θεῖον ὕμνον ἔμελπον.
Εὐλογεῖτε πάντα τὰ ἔργα τὸν Κύριον, καὶ
ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

ΔΙΑΚΟΝΟΣ

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν
ὕμνοις τιμῶντες μεγαλύνωμεν.

Ode v.

Isaiah once symbolically saw God * seated
on an elevated throne * with a host of glorious
Angels standing with Him. * He cried, "Woe is
me; I am lost! * With my eyes I have foreseen
incarnate God, * and He is the Master of
never-setting light and peace." (SD)

Ode vi.

The Elder cried out * when with his own
eyes * he clearly saw Your salvation, O Lord,
* which is for all peoples, * "God from God are
You, Christ my Savior." (SD)

Ode vii.

In the fire You refreshed with dew the
three Youths as they theologized; * and You
dwelt within the Virgin who was undefiled. *
God the Logos, we hymn You, * and we chant
devoutly, * saying, "Blessed are You, the God
of our Fathers." (SD)

Ode viii.

*We praise and we bless and we worship the
Lord.*

The Youths, being piety's defenders, * as
if joining battle with the unbearable fire, * and
uninjured by the flame, sang a divine hymn
exultantly, * "All you works of the Lord, bless
the Lord, * and exalt supremely unto all the
ages." (SD)

DEACON

Let us honor and magnify in song the
Theotokos and the Mother of the light.

ΧΟΡΟΣ

Ὡδὴ θ'.

Μεγαλυνάριον. Ἦχος γ'.

Στίχ. Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον,
καὶ ἠγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ
σωτήρῳ μου.

Τὴν τιμιωτέραν τῶν Χερουβὶμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφίμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν
ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν
τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν
μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβὶμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφίμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν
ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ
Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ τὸ
ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς
φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβὶμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφίμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν
ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ,
διεσκόρπισεν ὑπερηφάνους διανοίᾳ καρδίας
αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβὶμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφίμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν
ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

CHOIR

Ode ix.

Megalynarion. Mode 3.

Verse: My soul magnifies the Lord, and my
spirit rejoices in God my Savior. (RSV)

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify. (SD)

Verse: For he has regarded the low estate
of his handmaiden. For behold, henceforth all
generations will call me blessed. (RSV)

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify.

Verse: For he who is mighty has done great
things for me, and holy is his name. And his
mercy is on those who fear him from generation to
generation. (RSV)

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify.

Verse: He has shown strength with his arm,
he has scattered the proud in the imagination of
their hearts. (RSV)

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify.

Στίχ. Καθεῖλε δυνάστας ἀπὸ θρόνων,
καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν
ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε
κενούς.

Τὴν τιμιωτέραν τῶν Χερουβίμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφίμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν
ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Στίχ. Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ,
μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς
Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι
αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβίμ, καὶ
ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφίμ, τὴν
ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν
ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

Καταβασία. Ἦχος γ'.

Θεοτόκε ἡ ἐλπίς, πάντων τῶν
Χριστιανῶν, σκέπε φρούρει φύλαττε, τοὺς
ἐλπίζοντας εἰς σέ.

Ἐν νόμῳ, σκιᾷ καὶ γράμματι, τύπον
κατίδωμεν οἱ πιστοί, πᾶν ἄρσεν τὸ
τὴν μήτραν διανοίγον, ἅγιον Θεῷ διὸ
πρωτότοκον Λόγον, Πατρὸς ἀνάρχου Υἱόν,
πρωτοτοκούμενον Μητρί, ἀπειράνδρῳ,
μεγαλύνομεν.

ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Verse: *He has put down the mighty from
their thrones, and exalted those of low degree; he
has filled the hungry with good things, and the
rich he has sent empty away. (RSV)*

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify.

Verse: *He has helped his servant Israel,
in remembrance of his mercy, as he spoke to our
fathers, to Abraham and to his posterity for ever.
(RSV)*

Greater in honor than the Cherubim, and
in glory greater beyond compare than the
Seraphim; you without corruption gave birth
to God the Word, and are truly Theotokos.
You do we magnify.

Katavasia. Mode 3.

*Theotokos, as the hope * of us Christians, one
and all, * guard and shelter and protect * those
who put their hope in you.*

O believers, come let us perceive * a type
in the law, and the shadow and the letter. *
Every male that opens the womb shall be holy
to God. * So the unoriginate Father's firstborn
Logos and Son, * who is the firstborn of the
Mother who knew not man, we magnify. (SD)

DEACON

Again and again in peace let us pray to
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy upon us and
protect us, O God, by your grace.

(Lord, have mercy.)

Τῆς Παναγίας ἀχράντου,
ὑπερευλογημένης, ἐνδόξου Δεσποίνης
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας
μετὰ πάντων τῶν Ἀγίων μνημονεύσαντες,
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

ΙΕΡΕΥΣ

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν
οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι,
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι,
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

ΧΟΡΟΣ

Ἑξαποστειλάριον.

Τοῦ Μηναίου ---

Ἦχος β΄. *Τοῖς Μαθηταῖς συνέλθωμεν.*

Τῆς ὑπερθέου πάνσοφοι, ἀνεδείχθητε
μύσται, Τριάδος καὶ ὑπέρμαχοι, Ἀθανάσιε
μάκαρ, καὶ Κύριλλε θεοφάντορ, Ἀρειον
καθελόντες, καὶ σὺν αὐτῷ Σαβέλλιον,
καὶ Νεστόριον αὐθις, τὸν δυσσεβῆ, καὶ
σὺν τούτοις ἅπασαν ἄλλην πλάνην, τῶν
δυσσεβῶν αἱρέσεων, Ἱεράρχαι Κυρίου.

Ἔτερον.

Ἔτερον.

Θεοτοκίον.

Ἦχος β΄. *Τοῖς Μαθηταῖς συνέλθωμεν.*

Ὅρος Θεοῦ πανάγιον, καὶ λυχνίαν
καὶ στάμνον, καὶ κιβωτὸν καὶ τράπεζαν,
ῥάβδον τε καὶ πυρεῖον, καὶ θεῖον θρόνον καὶ
πύλιν, καὶ ναὸν καὶ παστάδα, ὑμνήσωμεν
θεόφρονες, τὴν ἀγνήν καὶ Παρθένον· ἐξ ἧς
Θεός, σαρκωθεὶς ἀτρέπτως, καὶ ὑπὲρ φύσιν,
ἐθέωσε τὸ πρόσλημμα, ἀπορρήτω ἐνώσει.

Remembering our most holy, pure,
blessed, and glorious Lady, the Theotokos
and ever-virgin Mary, with all the saints, let
us commit ourselves and one another and our
whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You
and give You glory, to the Father and the Son
and the Holy Spirit, now and forever and to
the ages of ages.

(Amen.)

CHOIR

Exaposteilarion.

From Menaion ---

Mode 2. *On the mountain.*

O blessed Athanasios * and God-revealer
Cyril, * you proved yourselves to be all-wise
* mystics and mighty champions * of the
most holy Trinity, * for you brought down
impious * Arius and Sabellius * and Nestorius
also in what he erred, * and along with them
every other error * of the impious heresies, * O
Hierarchs of the Master. (SD)

Another.

Another.

Theotokion.

Mode 2. *On the mountain.*

Let us with minds on God extol * the
pure and holy Virgin. * She has become the
antitype * of God's all-holy mountain, * the
table, the Ark and lampstand * and the jar
with the manna, * the rod, the holy throne and
gate, * temple and bridal chamber. From her
our God * immutably, past nature, became

Οἱ Αἶνοι. Ἦχος δ'.

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.
Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε
αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ
Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ·
αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ
πρέπει ὕμνος τῷ Θεῷ.

Τοῦ Μηναίου - - -

Ἦχος α'. Τῶν οὐρανίων ταγμάτων.

Αἰνεῖτε αὐτόν ἐπὶ ταῖς δυναστείαις
αὐτοῦ, αἰνεῖτε αὐτόν κατὰ τὸ πλήθος τῆς
μεγαλωσύνης αὐτοῦ.

Δεῦτε φιλέοργοι πάντες
πανηγυρίσωμεν, τὴν μνήμην τῶν ἐνδόξων,
Διδασκάλων τιμῶντες· ἐν Πνεύματι γὰρ
θεῖῳ καθεῖλον ὄφρυν, ἀκαθέκτων αἱρέσεων·
καὶ θεοφθόγοις διδάγμασι τὴν Χριστοῦ,
Ἐκκλησίαν ὑπεστήριξαν.

Αἰνεῖτε αὐτόν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε
αὐτόν ἐν ψαλτηρίῳ καὶ κιθάρα.

Ὁρθοδοξίας ἀκτῖσι περιλαμπόμενοι, οἱ
νοητοὶ ἀστέρες, ὑπερηύγασαν λόγοις· ὁ μὲν
γὰρ τὴν Ἀρείου θεοστυγῇ, γλωσσαλγίαν
ἐφίμωσεν· ὁ δὲ Νεστόριον αὐθις καὶ
ἐμμανῇ, καταβέβληκε Σαβέλλιον.

Αἰνεῖτε αὐτόν ἐν τυμπάνῳ καὶ χορῷ,
αἰνεῖτε αὐτόν ἐν χορδαῖς καὶ ὀργάνῳ.

Τὴν ἱερὰν ξυνωρίδα τῶν Διδασκάλων
ἡμῶν, τοὺς ζηλωτὰς Κυρίου, εὐφημήσωμεν
ὕμνοις, Κύριλλον τὸν θεῖον, φλόγα πυρός,
καὶ στερόδον Ἀθανάσιον· ἐν οὐρανοῖς

incarnate * and deified what He assumed, *
through ineffable union. (SD)

Lauds. Mode 4.

Let everything that breathes praise the
Lord. Praise the Lord from the heavens, praise
Him in the highest. It is fitting to sing a hymn
to You, O God. (SAAS)

Praise Him, all you His angels; praise
Him, all you His hosts. It is fitting to sing a
hymn to You, O God. (SAAS)

From Menaion - - -

Mode 1. For the celestial orders.

*Praise Him for His mighty acts, praise Him
according to the abundance of His greatness.* (SAAS)

Come, all you lovers of feast days, and let
us celebrate * and honor thus the mem'ry of
the glorious Teachers. * For in the Holy Spirit
they brought down the pride * of intractable
heresies; * and with the teachings they uttered
inspired by God, * they both fortified the
Church of Christ. (SD)

*Praise Him with the sound of trumpet, praise
Him with the harp and lyre.* (SAAS)

As the noetical stars were being illumined
themselves * with rays of Orthodoxy, they
shone brightly through discourse. * The
former silenced Arius' loquacity, * which was
hateful to God above; * the latter struck down
Nestorius and with him * all the ravings of
Sabellius. (SD)

*Praise Him with timbrel and dance, praise
Him with strings and flute.* (SAAS)

That sacred duo of Teachers and zealots
of the Lord, * let us with hymns extol now,
O believers, and praise them: * Cyril that
divine man, a flame of fire, * and the firm

γάρ συνόντες ὑπὲρ ἡμῶν, τῷ Θεῷ ἀεὶ
προσβέουσι.

*Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις,
αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ.
Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.*

Ταῖς ἱκεσίαις τῶν θείων Ἱεραρχῶν σου
Χριστέ, ἐπίσκεψαι ἐξ ὕψους, ἐκλογάδα
σου ποιήσας, ἐν μέσῳ νεμομένην λύκων
δεινῶν, ὧν τὰ θράση κατάβαλε· οὐ γὰρ
ἐπαύσατο ἔτι καὶ νῦν ἰδοὺ, τῶν αἰρέσεων τὰ
σκάνδαλα.

Δόξα.

Τοῦ Μηναίου - -

Ἦχος πλ. α'.

Δεῦτε φιλεόρτων τὸ σύστημα, δεῦτε
τῶν Πιστῶν ἡ ὁμήγυρις, δεῦτε ὀρθοδόξων
χορεῖαι, ἄσμασιν ἐγκωμίων στέψωμεν, τὴν
ἀεισέβαστον δυάδα τῶν Διδασκάλων ἡμῶν·
οὗτοι γὰρ πάντα ζόφον κακίστης αἰρέσεως,
πᾶσαν ἀπάτην τῶν δυσμενῶν, νεανικῶς
καθελόντες, τῇ ἀηττήτῳ τοῦ Πνεύματος
ισχυῖ, τὸν κόσμον κατηύγασαν, θεογνωσίας
ἐλάμψεν· καὶ νῦν προσβέουσιν ὑπὲρ
ἡμῶν, τῶν ἐν πίστει τελούντων τὴν μνήμην
αὐτῶν.

Τῆς Οκτωήχου - -

Καὶ νῦν. **Θεοτοκίον.**

Μακαρίζομέν σε Θεοτόκε Παρθένε,
καὶ δοξάζομέν σε οἱ πιστοὶ κατὰ χρόον, τὴν
πόλιν τὴν ἄσειστον, τὸ τεῖχος, τὸ ἄρρηκτον,
τὴν ἀρραγῇ προστασίαν, καὶ καταφυγὴν
τῶν ψυχῶν ἡμῶν.

Athanasios. * They are in heaven together and
evermore * intercede with God on our behalf.

(SD)

*Praise Him with resounding cymbals, praise
Him with triumphant cymbals. Let everything that
breathes praise the Lord. (SAAS)*

O Christ, we pray You to visit this your
selected flock, * which in the pasture grazes
among wolves that are vicious. * Humble
their audacity at the appeals * of Your two
holy Hierarchs; * for You can see that the
scandals of heresies * even now continue
ceaselessly. (SD)

Glory.

From Menaion - -

Mode pl. 1.

Come, O company of feast-lovers,
come, O congregation of Believers, come, O
chorus of the Orthodox: and with songs of
praise let us crown our Teachers, that ever-
venerable duo. They were the ones who
vigorously brought down all the darkness
of offensive heresy and all the deception of
their opponents, by the invincible might of the
Spirit, and they brightened the world with the
illuminations of the knowledge of God. Now
they intercede for us who in faith observe
their memory. (SD)

From Octoechos - -

Both now. **Theotokion.**

Now we call you blessed, O Virgin
Theotokos, and we glorify you, duty-
bound as believers; the city unshakable, the
wall indestructible, the firm and steadfast
protection, and the place of refuge for our
souls. (SD)

Η ΜΕΓΑΛΗ ΔΟΞΟΛΟΓΙΑ

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα
ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν
ἀνθρώποις εὐδοκία.

Ὑμνοῦμέν σε, εὐλογοῦμέν σε,
προσκυνοῦμέν σε, δοξολογοῦμέν σε,
εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου
δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ
παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ
Χριστέ, καὶ Ἅγιον Πνεῦμα.

Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ
Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἁμαρτίαν
τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς
ἁμαρτίας τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ
καθήμενος ἐν δεξιᾷ τοῦ Πατρὸς, καὶ
ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος
Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ
Πατρὸς. Ἀμήν.

Καθ' ἐκάστην ἡμέραν εὐλογῆσω σε καὶ
αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς
τὸν αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ,
ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν
Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ
δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς
αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς,
καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ
δικαιώματά σου.

GREAT DOXOLOGY

Glory be to You who showed the light.
Glory in the highest to God. His peace is on
earth, His good pleasure in mankind. (SD)

We praise You, we bless You, we worship
You, we glorify You, we give thanks to You
for Your great glory.

Lord King, heavenly God, Father, Ruler
over all; Lord, only-begotten Son, Jesus Christ;
and You, O Holy Spirit.

Lord God, Lamb of God, Son of the
Father, who take away the sin of the world,
have mercy on us, You who take away the
sins of the world.

Accept our supplication, You who sit at
the right hand of the Father, and have mercy
on us.

For You alone are holy, You alone are
Lord, Jesus Christ, to the glory of God the
Father. Amen.

Every day I will bless You, and Your
name will I praise to eternity, and to the ages
of ages.

Vouchsafe, O Lord, this day, that we be
kept without sin.

Blessed are You, O Lord, the God of our
fathers, and praised and glorified is Your
name to the ages. Amen.

Let Your mercy be on us, O Lord, as we
have set our hope on You.

Blessed are You, O Lord. Teach me Your
statutes.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν γενεᾷ καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν με, ἴασαι τὴν ψυχὴν μου, ὅτι ἥμαρτόν σοι.

Κύριε, πρὸς σὲ κατέφυγον. Δίδαξόν με τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός μου.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου ὁψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεί, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἀπολυτίκιον.

Τοῦ Μηναίου - - -

Ἦχος γ'. Θείας πίστεως.

Ἔργοις λάμπαντες Ὁρθοδοξίας, πᾶσαν σβέσαντες κακοδοξίαν, νικηταὶ τροπαιοφόροι γεγόνατε· τῇ εὐσεβείᾳ τὰ πάντα πλουτίσαντες, τὴν Ἐκκλησίαν μεγάλως κοσμήσαντες, ἀξίως εὐρατε Χριστὸν τὸν Θεὸν εὐχαῖς ὑμῶν, δωρούμενον πᾶσι τὸ μέγα ἔλεος.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Apolytikion.

From Menaion - - -

Mode 3. Your confession.

Having shone with deeds of Orthodoxy * and extinguished all impious doctrines, * you have rightly won the trophies and victory. * Since you enriched all the world with correct belief, * greatly adorning the Church with your words and deeds, * you therefore have worthily found Christ God, * who by your prayers grants to all the great mercy. (SD)