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# The Service of Matins

**Sunday, March 27, 2016**

**St. Gregory Palamas**

**Mode 2. Eothinon 10**

**Katavasias of Theotokos**

**Text in Greek**

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**ΧΟΡΟΣ**

**Ἦχος β'.**

Θεὸς Κύριος καὶ ἐπέφανεν ἡμῖν.  
Εὐλογημένος ὁ ἐρχόμενος ἐν ὀνόματι  
Κυρίου.

**Στίχ. α'.** Ἐξομολογεῖσθε τῷ Κυρίῳ καὶ  
ἐπικαλεῖσθε τὸ ὄνομα τὸ ἅγιον αὐτοῦ.

**Στίχ. β'.** Πάντα τὰ ἔθνη ἐκύκλωσάν με,  
καὶ τῷ ὀνόματι Κυρίου ἡμνάνην αὐτούς.

**Στίχ. γ'.** Παρὰ Κυρίου ἐγένετο αὕτη καὶ  
ἔστι θαυμαστή ἐν ὀφθαλμοῖς ἡμῶν.

Τῆς Ὁκτωήχου ---

**Ἀπολυτίκιον Ἀναστάσιμον.**

**Ἦχος β'.**

Ὅτε κατήλθες πρὸς τὸν θάνατον, ἡ  
Ζωὴ ἡ ἀθάνατος, τότε τὸν Ἄϊδην ἐνέκρωσας  
τῇ ἀστραπῇ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς  
τεθνεῶτας ἐκ τῶν καταχθονίων ἀνέστησας,  
πᾶσαι αἱ Δυνάμεις τῶν ἐπουρανίων  
ἐκραύγαζον· Ζωοδότα Χριστέ ὁ Θεὸς ἡμῶν  
δόξα σοι.

Δόξα. **Τοῦ Ἱεράρχου.**

Τοῦ Τριωδίου ---

**Ἦχος πλ. δ'.**

Ὁρθοδοξίας ὁ φωστὴρ, Ἐκκλησίας τὸ  
στήριγμα καὶ διδάσκαλε, τῶν μοναστῶν  
ἡ καλλονὴ, τῶν θεολόγων ὑπέρμαχος  
ἀπροσμάχητος· Γρηγόριε θαυματουργὲ  
Θεσσαλονίκης τὸ καύχημα κήρυξ τῆς  
χάριτος· ἰκέτευε διὰ παντός, σωθῆναι τὰς  
ψυχὰς ἡμῶν.

Τῆς Ὁκτωήχου ---

Καὶ νῦν. **Θεοτοκίον.**

**Ἦχος πλ. δ'.**

Ὁ δι' ἡμᾶς γεννηθεὶς ἐκ Παρθένου, καὶ  
σταύρωσιν ὑπομείνας ἀγαθέ, ὁ θανάτῳ  
τὸν θάνατον σκυλεύσας, καὶ Ἐγερσιν

**CHOIR**

**Mode 2.**

God is the Lord, and He revealed Himself  
to us. Blessed is he who comes in the name of  
the Lord. (SAAS)

**Verse 1:** Give thanks to the Lord and call  
upon His holy name.

**Verse 2:** All the nations surrounded me, but  
in the name of the Lord I defended myself against  
them.

**Verse 3:** And this came about from the Lord,  
and it is wonderful in our eyes.

From Octoechos ---

**Resurrectional Apolytikion.**

**Mode 2.**

When You descended unto death, O Lord  
who yourself are immortal Life, then did You  
mortify Hades by the lightning flash of Your  
Divinity. Also when You raised the dead from  
the netherworld, all the Powers of the heavens  
were crying out: O Giver of life, Christ our  
God, glory to You. (SD)

Glory. **For the Hierarch.**

From Triodion ---

**Mode pl. 4.**

Beacon of Orthodox belief, the strong  
support of the Church and her teacher  
inspired by God, you are the ornament  
of monks, the unassailable champion of  
theologians, O Gregory the Wonder-worker  
and the boast of Thessalonica, the messenger  
of grace. Forever earnestly entreat for the  
salvation of our souls. (SD)

From Octoechos ---

Both now. **Theotokion.**

**Mode pl. 4.**

Born of a Virgin, O Good One who also  
endured crucifixion for our sake, who by  
death took the spoils of death as plunder and

δείξας ὡς Θεός, μὴ παρίδης οὓς ἔπλασας  
τῇ χειρὶ σου· δείξον τὴν φιλανθρωπίαν σου  
ἐλεῆμον, δέξαι τὴν τεκοῦσάν σε Θεοτόκον  
πρεσβεύουσαν ὑπὲρ ἡμῶν καὶ σῶσον Σωτὴρ  
ἡμῶν, λαὸν ἀπεγνωσμένον.

### ΔΙΑΚΟΝΟΣ

Ἐτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου  
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,  
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

### ΙΕΡΕΥΣ

Ὅτι σὸν τὸ κράτος καὶ σοῦ ἐστὶν  
ἡ βασιλεία καὶ ἡ δύναμις καὶ ἡ δόξα,  
τοῦ Πατρὸς καὶ τοῦ Υἱοῦ καὶ τοῦ Ἁγίου  
Πνεύματος, νῦν καὶ ἀεὶ εἰς τοὺς αἰῶνας τῶν  
αἰώνων.

(Ἀμήν.)

Τῆς Ὀκτωήχου ---

### ΧΟΡΟΣ

#### Κάθισμα Α'.

#### Ἦχος β'.

Ὁ εὐσχήμων Ἰωσήφ, ἀπὸ τοῦ ξύλου  
καθελών, τὸ ἄχραντόν σου Σῶμα, σινδόνι  
καθαρᾷ, εἰλήσας καὶ ἀρώμασιν, ἐν μνήματι  
καινῷ, κηδεύσας ἀπέθετο· ἀλλὰ τριήμερος  
ἀνέστης Κύριε, παρέχων τῷ κόσμῳ τὸ μέγα  
ἔλεος.

showed resurrection, being God, O despise  
not the ones that You formed with Your own  
hand. Demonstrate Your love for man, O  
Lord of mercy, and accept Your Mother, the  
Theotokos, who intercedes on our behalf, O  
Savior, and save us a despairing people. (SD)

### DEACON

Again and again in peace let us pray to  
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy upon us and  
protect us, O God, by your grace.

(Lord, have mercy.)

Remembering our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commit ourselves and one another and our  
whole life to Christ our God.

(To You, O Lord.)

### PRIEST

For yours is the dominion, and yours is  
the kingdom, the power, and the glory of the  
Father and the Son and the Holy Spirit, now  
and forever and to the ages of ages.

(Amen.)

From Octoechos ---

### CHOIR

#### Kathisma I.

#### Mode 2.

When he took down Your immaculate  
Body from the Cross, the honorable Joseph  
wrapped it in a clean linen shroud with spices  
and laid it for burial in a new tomb. But on the  
third day You arose, O Lord, and granted the  
world Your great mercy. (SD)

Δόξα.

Ταῖς μυροφόροις Γυναιξί, παρὰ τὸ μνήμα ἐπιστάς, ὁ Ἄγγελος ἐβόα· Τὰ μύρα τοῖς θνητοῖς ὑπάρχει ἀρμόδια, Χριστὸς δὲ διαφθορᾶς ἐδείχθη ἀλλότριος, ἀλλὰ κραυγάσατε· Ἀνέστη ὁ Κύριος, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

Καὶ νῦν. **Θεοτοκίον.**

Πάντα ὑπὲρ ἔννοιαν, πάντα ὑπερένδοξα, τὰ σὰ Θεοτόκε μυστήρια, τῇ ἀγνείᾳ ἐσφραγισμένη, καὶ παρθενία φυλαττομένη, Μήτηρ ἐγνώσθης ἀψευδῆς, Θεὸν τεκοῦσα ἀληθινόν· αὐτὸν ἰκέτευε σωθῆναι τὰς ψυχὰς ἡμῶν.

Τῆς Ὀκτωήχου - - -

**Κάθισμα Β'.**

**Ἦχος β'.**

Τὸν λίθον τοῦ μνήματος, σφραγισθῆναι μὴ κωλύσας, τὴν πέτραν τῆς πίστεως, ἀναστὰς παρέσχες πᾶσι, Κύριε δόξα σοι.

Δόξα.

Τῶν Μαθητῶν σου ὁ χορὸς, σὺν μυροφόροις Γυναιξίν, ἀγάλλεται συμφώνως· κοινήν γὰρ ἑορτὴν σὺν αὐτοῖς ἑορτάζομεν, εἰς δόξαν καὶ τιμὴν τῆς σῆς Ἀναστάσεως, καὶ δι' αὐτῶν, φιλόνητο πε Κύριε, τῷ λαῷ σου παράσχου τὸ μέγα ἔλεος.

Καὶ νῦν. **Θεοτοκίον.**

Ὑπερευλογημένη ὑπάρχεις, Θεοτόκε Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος, ὁ ἄδης ἠχμαλώτισται, ὁ Ἀδὰμ ἀνακέκληται, ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἡλευθέρωται, ὁ θάνατος τεθανάτωται, καὶ ἡμεῖς

Glory.

The Angel standing at the sepulcher cried out and said to the ointment-bearing women: The ointments are appropriate for mortal men, but Christ has been shown to be a stranger to decay. So go and cry aloud, The Lord has risen and granted the world His great mercy. (SD)

Both now. **Theotokion.**

All surpassing every thought, all surpassing glorious, O Mother of God, are your mysteries. For while bearing the seal of purity and preserved in virginity, you were deemed a Mother in truth, for to the true God you gave birth. To Him pray fervently, entreating that our souls be saved. (SD)

From Octoechos - - -

**Kathisma II.**

**Mode 2.**

Not barring the stone of the tomb from being sealed shut, You rose and You granted unto all the rock of faith. Glory to You, O Lord. (SD)

Glory.

The host of Your Disciples and the ointment-bearing women are with one accord exulting. Together with them we celebrate a common feast to glorify and honor Your Resurrection. And through them, O Lord who loves humanity, bestow on Your people the great mercy. (SD)

Both now. **Theotokion.**

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has

ἐξωποιοῦμεν· διὸ ἀνυμνοῦντες βοῶμεν·  
Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως  
εὐδοκήσας δόξα σοι.

**Εὐλογητάρια Ἀναστάσιμα.**  
**Ἦχος πλ. α'.**

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.*

Τῶν Ἀγγέλων ὁ δῆμος, κατεπλάγη ὁρῶν  
σε, ἐν νεκροῖς λογισθέντα, τοῦ θανάτου  
δὲ Σωτῆρ, τὴν ἰσχὺν καθελόντα, καὶ σὺν  
ἐαυτῷ τὸν Ἀδὰμ ἐγείραντα, καὶ ἐξ Ἄιδου  
πάντας ἐλευθερώσαντα.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.*

Τί τὰ μύρα, συμπαθῶς τοῖς δάκρυσιν,  
ὦ Μαθήτριάι κιρνᾶτε; ὁ ἀστράπτων ἐν  
τῷ τάφῳ Ἄγγελος, προσεφθέγγετο ταῖς  
Μυροφόροις· Ἴδετε ὑμεῖς τὸν τάφον  
καὶ ἦσθητε· ὁ Σωτὴρ γὰρ ἐξανέστη τοῦ  
μνήματος.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.*

Λίαν πρωῒ, Μυροφόροι ἔδραμον,  
πρὸς τὸ μνήμά σου θρηνολογοῦσαι· ἀλλ'  
ἐπέστη, πρὸς αὐτὰς ὁ Ἄγγελος, καὶ εἶπε·  
θρήνου ὁ καιρὸς πέπαυται, μὴ κλαίετε, τὴν  
Ἀνάστασιν δέ, Ἀποστόλοις εἶπατε.

*Εὐλογητὸς εἶ, Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.*

Μυροφόροι γυναῖκες, μετὰ μύρων  
ἐλθοῦσαι, πρὸς τὸ μνήμά σου, Σῶτερ

been liberated; death has been put to death,  
and we have been brought to life. Therefore  
extolling we cry out: O Christ our God, You  
are blessed, for so was Your good pleasure.  
Glory to You! (SD)

**Resurrectional Evlogetaria.**  
**Mode pl. 1.**

*Blessed are You, O Lord, teach me Your  
statutes.*

When the hosts of the Angels saw how  
You were accounted among the dead, they  
all marveled. You, O Savior, are the One who  
destroyed the might of death; and when You  
arose You raised Adam with yourself and  
from Hades liberated everyone. (SD)

*Blessed are You, O Lord, teach me Your  
statutes.*

"Why do you mingle the ointments with  
your tears full of pity, O women disciples?"  
Thus the Angel who was shining in the tomb  
cried to the myrrh-bearing women. "See for  
yourselves the empty tomb and understand,  
that the Savior has risen from the sepulcher."

(SD)

*Blessed are You, O Lord, teach me Your  
statutes.*

Very early in the morning, the myrrh-  
bearing women were hastening to Your tomb  
lamenting. But the Angel appeared to them  
and uttered, "The time for lamentation has  
ended; weep no more. Go announce the  
Resurrection to the Apostles." (SD)

*Blessed are You, O Lord, teach me Your  
statutes.*

When the myrrh-bearing women had  
come with their spices to Your sepulcher,

ἐνηχοῦντο. Ἀγγέλου τρανώς, πρὸς αὐτὰς  
φθεγγομένου· Τὶ μετὰ νεκρῶν, τὸν ζῶντα  
λογίζεσθε; ὡς Θεὸς γάρ, ἐξανέστη τοῦ  
μνήματος.

Δόξα.

Προσκυνοῦμεν Πατέρα, καὶ τὸν τούτου  
Υἱόν τε, καὶ τὸ Ἅγιον Πνεῦμα, τὴν Ἁγίαν  
Τριάδα, ἐν μιᾷ τῇ οὐσίᾳ, σὺν τοῖς Σεραφεῖμ,  
κράζοντες τό· Ἅγιος, Ἅγιος, Ἅγιος εἰ, Κύριε.

Καὶ νῦν.

Ζωοδότην τεκοῦσα, ἐλυτρώσω Παρθένε,  
τὸν Ἀδὰμ ἁμαρτίας, χαρμονὴν δὲ τῇ Εὐᾶ,  
ἀντὶ λύπης παρέσχες, ῥεύσαντα ζωῆς, ἴθυνε  
πρὸς ταύτην δέ, ὁ ἐκ σοῦ σαρκωθείς Θεὸς  
καὶ ἄνθρωπος.

Ἀλληλουῖα. Ἀλληλουῖα. Ἀλληλουῖα.  
Δόξα σοι ὁ Θεός. (ἐκ γ')

### ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου  
δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ  
διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἁγίων μνημονεύσαντες,  
ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

### ΙΕΡΕΥΣ

Ὅτι ἡυλόγηταί σου τὸ ὄνομα, καὶ  
δεδόξασταί σου ἡ βασιλεία, τοῦ Πατρὸς καὶ

O Savior, they heard the voice of an Angel  
clearly speaking to them, "Why do you  
account among the dead the One who lives?  
For as God, He has risen from the sepulcher."

(SD)

Glory.

We bow down in worship to the Father  
and His Son and the Holy Spirit, the Holy  
Trinity, one in essence; and we cry aloud with  
the Seraphim: Holy, Holy, Holy are You, O  
Lord. (SD)

Both now.

Giving birth to the Giver of life, O Virgin,  
you delivered Adam from sin, and to Eve you  
have rendered joy in place of sorrow. He who  
from you became incarnate, God and man,  
has directed to life him who fell from it. (SD)

Alleluia. Alleluia. Alleluia. Glory to You,  
O God. (3)

### DEACON

Again and again in peace let us pray to  
the Lord.

(Lord, have mercy.)

Help us, save us, have mercy upon us and  
protect us, O God, by your grace.

(Lord, have mercy.)

Remembering our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commit ourselves and one another and our  
whole life to Christ our God.

(To You, O Lord.)

### PRIEST

For blessed is your name, and glorified is  
your kingdom, of the Father and the Son and



τοῦ Υἱοῦ καὶ τοῦ Ἁγίου Πνεύματος, νῦν καὶ αἰεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

Τῆς Ὀκτωήχου ---

**ΑΝΑΓΝΩΣΤΗΣ**

**Ὑπακοή.**

Μετὰ τὸ Πάθος πορευθεῖσαι ἐν τῷ μνήματι πρὸς τὸ μυρίσαι τὸ σῶμά σου αἱ γυναῖκες Χριστέ ὁ Θεός, εἶδον Ἀγγέλους ἐν τῷ τάφῳ καὶ ἐξέστησαν· φωνῆς γὰρ ἤκουον ἐξ αὐτῶν, ὅτι ἀνέστη ὁ Κύριος, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

**ΧΟΡΟΣ**

**Οἱ Ἀναβαθμοί.**

**Ἀντίφωνον Α'. Ἦχος β'.**

Ἐν τῷ οὐρανῷ τὰ ὄμματα, ἐκπέμπω μου τῆς καρδίας, πρὸς σὲ Σωτήρ, σῶσόν με σὴ ἐπιλάμψει.

Ἐλέησον ἡμᾶς τοὺς πταίνοντάς σοι πολλὰ καθ' ἐκάστην ὥραν, ὦ Χριστέ μου, καὶ δὸς πρὸ τέλους τρόπους, τοῦ μετανοεῖν σοι.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, τὸ βασιλεύειν πέλει, τὸ ἀγιάζειν, τὸ κινεῖν τὴν κτίσιν· Θεὸς γὰρ ἐστίν, ὁμοούσιος Πατρὶ καὶ Λόγῳ.

**Ἀντίφωνον Β'.**

Εἰμὴ ὅτι Κύριος ἦν ἐν ἡμῖν, τίς ἱκανὸς σῶος φυλαχθῆναι, ἐκ τοῦ ἐχθροῦ ἅμα, καὶ ἀνθρωποκτόνου;

Τοῖς ὁδοῦσιν αὐτῶν, μὴ παραδῶς Σῶτερ τὸν σὸν δούλον, λέοντος τρόπον κατ' ἐμοῦ κινοῦνται· καὶ γὰρ οἱ ἐχθροί μου.

the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

From Octoechos ---

**READER**

**Hypakoe.**

After the Passion, O Christ God, the women went to the tomb to anoint Your body, and they saw Angels in the sepulcher, and they were amazed. For they heard them saying that the Lord has risen and granted the world the great mercy. (SD)

**CHOIR**

**Anavathmoi.**

**Antiphon I. Mode 2.**

Savior, I direct the eyes of my heart unto You in heaven. Save me, I pray, shining on me Your resplendence. (SD)

Have mercy, O my Christ, on us who hourly commit sin against You manifoldly; and give us means before the end to turn to You in repentance. (SD)

Glory. Both now.

To the Holy Spirit is it proper to rule and to hallow and to move creation; for He is God, coessential with the Father and the Logos. (SD)

**Antiphon II.**

If the Lord were not among us, who would be sufficient to preserve himself uninjured from the enemy and murderer of mankind? (SD)

Hand me not to the teeth of my enemies, O my Savior; for in the manner of a lion they come against me Your servant. (SD)



Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, ζωαρχία καὶ γέρας·  
πάντα γὰρ τὰ κτιστά, ὡς Θεὸς ὢν δυναμοῖ,  
συντηρεῖ ἐν Πατρὶ δι' Υἱοῦ δέ.

### Ἀντίφωνον Γ'.

Οἱ πεποιθότες ἐπὶ Κύριον, ἐοίκασιν  
ὄρει τῷ ἁγίῳ, οἱ οὐδαμῶς σαλεύονται,  
προσβολαῖς τοῦ Βελίαρ.

Ἐν ἀνομίαις χειρὸς αὐτῶν μὴ  
ἐκτεινάτωσαν οἱ θείως ζῶντες· οὐ γὰρ ἔῃ  
Χριστός, τῇ ῥάβδῳ τὸν κληρὸν αὐτοῦ.

Δόξα· καὶ νῦν.

Ἀγίῳ Πνεύματι, προσπηγάζει πᾶσα  
σοφία, ἔνθεν χάρις Ἀποστόλοις, καὶ τοῖς  
ἄθλοις καταστέφονται Μάρτυρες, καὶ  
Προφῆται ὁρῶσι.

### Προκείμενον.

Ἐξεγέρθητι, Κύριε ὁ Θεός μου, ἐν  
προστάγματι, ᾧ ἐνετείλω, καὶ συναγωγὴ  
λαῶν κυκλώσει σε. (δίς)

**Στίχ.** Κύριε ὁ Θεός μου, ἐπὶ σοὶ ἤλπισα·  
σῶσόν με ἐκ πάντων τῶν διωκόντων με καὶ  
ῥῦσαί με.

Ἐξεγέρθητι, Κύριε ὁ Θεός μου, ἐν  
προστάγματι, ᾧ ἐνετείλω, καὶ συναγωγὴ  
λαῶν κυκλώσει σε.

Τῆς Ὀκτωήχου ---

**ΑΝΑΓΝΩΣΤΗΣ**

### Κοντάκιον Ἀναστάσιμον.

Ἀνέστης Σωτὴρ, ἐκ τάφου Παντοδύναμε  
καὶ Ἄιδης ἰδὼν, τὸ θαῦμα ἐξεπλήττετο,  
καὶ νεκροὶ ἀνίσταντο, καὶ ἡ κτίσις ἰδοῦσα

Glory. Both now.

In the Holy Spirit is life-source and honor:  
being as He is God, in the Father through  
the Son He strengthens and sustains every  
creature. (SD)

### Antiphon III.

They whose confidence is in the Lord are  
like the holy mountain: they are in no way  
shaken by the assaults of Belial. (SD)

Let those who live for God not stretch  
forth their hands in unlawful acts; for Christ  
will not suffer His lot to be oppressed by the  
rod of sinners. (SD)

Glory. Both now.

From the Holy Spirit does in addition  
all wisdom also issue; whence is grace to the  
Apostles, and the Martyrs for their contests  
receive the crowns, and the Prophets are  
seers. (SD)

### Prokeimenon.

Awaken, O Lord my God, in the  
ordinance You commanded. so the  
congregation of the peoples shall surround  
You. (2)

**Verse:** O Lord my God in You I hope; save  
me from all who pursue me, and deliver me.

Awaken, O Lord my God, in the  
ordinance You commanded. so the  
congregation of the peoples shall surround  
You. (SAAS)

From Octoechos ---

**READER**

### Resurrectional Kontakion.

You rose from the tomb, O Savior all-  
powerful, and Hades beheld the marvel and  
was struck with fear, and the dead were rising

συγχαίρει σοι, καὶ ὁ Ἀδάμ συναγάλλεται,  
καὶ κόσμος Σωτῆρ μου ἀνυμνεῖ σε ἀεί.

**Ὁ Οἶκος.**

Σὺ εἶ τὸ φῶς τῶν ἐσκοτισμένων, σὺ  
εἶ ἡ ἀνάστασις πάντων καὶ ἡ ζωὴ τῶν  
βροτῶν καὶ πάντας συνανέστησας, τοῦ  
θανάτου τὸ κράτος Σωτῆρ σκυλεύσας, καὶ  
τοῦ Ἄιδου τὰς πύλας συντρίψας Λόγε, καὶ οἱ  
θνητοὶ κατιδόντες τὸ θαῦμα ἐθαύμαζον, καὶ  
πᾶσα κτίσις συγχαίρει ἐν τῇ σῇ Ἀναστάσει,  
Φιλάνθρωπε. Διὸ καὶ πάντες δοξάζομεν,  
καὶ ὑμνοῦμεν τὴν σὴν συγκατάβασιν, καὶ  
κόσμος Σωτῆρ μου ἀνυμνεῖ σε ἀεί.

**Κοντάκιον.**

Τοῦ Τριωδίου ---

**Ἦχος πλ. δ'. Τῇ ὑπερμάχῳ.**

Τὸ τῆς σοφίας ἱερὸν καὶ θεῖον ὄργανον,  
θεολογίας τὴν λαμπρὰν συμφώνως  
σάλπιγγα ἀνυμνοῦμέν σε Γρηγόριε  
θεορρημον. Ἄλλ' ὡς νοῦς Νοῦ τῷ πρώτῳ  
παριστάμενος, πρὸς αὐτὸν τὸν νοῦν ἡμῶν  
Πάτερ ὁδήγησον, ἵνα κράζωμεν· Χαῖρε  
Κήρυξ τῆς χάριτος.

**Ὁ Οἶκος.**

Ἄγγελος ἀνεφάνης ἐπὶ γῆς τῶν  
ἀρρήτων, τὰ θεῖα τοῖς βροτοῖς ἐξαγγέλλων·  
ταῖς γὰρ τῶν Ἀσωμάτων φωναῖς  
ἀνθρωπίνῳ νοῦ τε καὶ σαρκὶ χρώμενος,  
ἐξέστησας ἡμᾶς, καὶ βοᾷν σοι Θεορρημον,  
ἔπεισας ταῦτα·

Χαῖρε δι' οὗ τὸ σκότος ἠλάθη, χαῖρε, δι'  
οὗ τὸ φῶς ἀντεισηλθε.

up, and creation beholds and rejoices with  
You, and Adam is also exultant; O my Savior,  
and the world ever sings Your praise. (SD)

**Oikos.**

You are the light of those in darkness,  
You are the resurrection of all and the life of  
mortals, and with yourself You resurrected  
everyone, O Savior, despoiling the dominion  
of death, and smashing the gates of Hades,  
O Word. The mortals, beholding the miracle,  
 marvelled, and all creation rejoices in Your  
Resurrection, O Lover of mankind. Therefore  
we all glorify and extol Your condescension;  
O my Savior, and the world ever sings Your  
praise. (SD)

**Kontakion.**

From Triodion ---

**Mode pl. 4. O Champion General.**

With one accord, we sing your praises,  
Father Gregory \* who speaks from God,  
sonorous trumpet of theology, \* and divine  
and sacred organ of holy wisdom. \* But as  
intellect that stands before the Intellect, \* unto  
Him direct our intellect, so unto you \* we may  
cry aloud: Rejoice, O herald of grace. (SD)

**Oikos.**

As a herald of mysteries, you appeared on  
earth plainly, proclaiming things divine unto  
mortals. Endowed with a human mind and  
flesh, and yet speaking in the tongue of the  
bodiless, you amazed us and convinced us to  
cry out to you, O godly rhetor: (SD)

Rejoice, through whom the darkness was  
banished; Rejoice, through whom the light did  
supplant it.

Χαῖρε τῆς ἀκτίστου Θεότητος Ἄγγελε,  
χαῖρε τῆς κτιστῆς καὶ μωρᾶς ὄντως ἔλεγχε.

Χαῖρε, ὕψος ἀνεπίβατον, τὴν Θεοῦ  
φύσιν εἰπών, χαῖρε, βάθος δυσθεώρητον,  
τὴν ἐνέργειαν εἰπών.

Χαῖρε ὅτι τὴν δόξαν τοῦ Θεοῦ καλῶς  
εἶπας, χαῖρε, ὅτι τὰς δόξας τῶν κακούργων  
ἐξεῖπας.

Χαῖρε, φωστὴρ ὁ δείξας τὸν ἥλιον,  
χαῖρε κρατὴρ τοῦ νέκταρος πάροχε.

Χαῖρε, δι' οὗ ἡ ἀλήθεια λάμπει, χαῖρε, δι  
οὗ ἐσκοτίσθη τὸ ψεῦδος.

Χαῖρε Κήρυξ τῆς χάριτος.

**Συναξάριον.**

*Τοῦ Μηναίου.*

Τῇ ΚΖ' τοῦ αὐτοῦ μηνός, μνήμη  
τῆς Ἀγίας Μάρτυρος Ματρώνης, τῆς ἐν  
Θεσσαλονίκῃ.

Τῇ αὐτῇ ἡμέρᾳ, ὁ Ὁσῖος Κήρυκος, ὁ ἐν  
τῷ Ἄπρῳ, ἐν εἰρήνῃ τελειοῦται.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῶν Ἀγίων  
Μαρτύρων, Φιλητοῦ τοῦ Συγκλητικοῦ, καὶ  
Λυδίας τῆς αὐτοῦ γυναικός, καὶ τῶν δύο  
τέκνων αὐτῶν, Μακεδόνοιο καὶ Θεοπρεπίου,  
Κρονίδου κομενταρησίου, καὶ Ἀμφιλοχίου  
δουκός.

Τῇ αὐτῇ ἡμέρᾳ, οἱ Ἅγιοι Μάρτυρες  
Ἰωάννης καὶ Βαρούχιος ξίφει τελειοῦνται.

Τῇ αὐτῇ ἡμέρᾳ, ὁ Προφήτης Ἀνανὶ ἐν  
εἰρήνῃ τελειοῦται.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τοῦ Ὁσίου  
Πατρὸς ἡμῶν Παύλου, Ἐπισκόπου  
Κορίνθου, ἀδελφοῦ Πέτρου τοῦ Ἀγιωτάτου

Rejoice, uncreated Divinity's messenger;  
Rejoice, the confuter of one created and  
nonsensical.

Rejoice, you who called God's nature an  
inaccessible height; Rejoice, you who called  
His energy a depth difficult to sight.

Rejoice, for you correctly have discoursed  
on God's glory; Rejoice, for you have spoken  
against the views of the wicked.

Rejoice, O star that made the Sun evident;  
Rejoice, the bowl imparting the sweet nectar.

Rejoice, through whom the truth shines  
refulgent; Rejoice, through whom was  
falsehood extinguished.

Rejoice, O herald of grace.

**Synaxarion.**

*From the Menaion.*

On March 27 we commemorate the holy  
martyr Matrona of Thessaloniki.

On this day devout St. Kerycos of Apros  
reposed in peace.

On this day we also commemorate the  
holy martyrs Philetos the senator and Lydia  
his wife, and their two children Macedon and  
Theopreprios, the public official Cronides, and  
the duke Amphilochios.

On this day the holy martyrs John and  
Baruchios died by the sword.

On this day the prophet Anani reposed in  
peace.

On this day we also commemorate our  
devout father Paul, Bishop of Corinth, brother  
of Peter the worker of signs of the most holy

Ἐπισκόπου Ἀργους, τοῦ σημειοφόρου· καὶ  
τοῦ Ὁσίου Πατρὸς ἡμῶν Εὐτυχίου.

diocese of Argos, and our devout father  
Eftychios.

*Τοῦ Τριωδίου.*

Τῇ αὐτῇ ἡμέρᾳ, Κυριακὴ δευτέρα  
τῶν Νηστειῶν, μνήμην ἐπιτελοῦμεν  
τοῦ ἐν Ἁγίοις Πατρὸς ἡμῶν Γρηγορίου  
Ἀρχιεπισκόπου Θεσσαλονίκης τοῦ Παλαμᾶ.

*From the Triodion.*

On this day, the second Sunday of Lent,  
we observe the memory of our Father among  
the Saints Gregory Palamas, Archbishop of  
Thessalonica.

Στίχοι.

Φωτὸς λαμπρὸν κήρυκα νῦν ὄντως μέγαν,  
Πηγὴ φάους ἄδυτον ἄγει πρὸς φέγγος.

Ταῖς αὐτοῦ πρεσβείαις, ὁ Θεός, ἐλέησον  
καὶ σῶσον ἡμᾶς.

ΧΟΡΟΣ

**Καταβασίαι τῆς Θεοτόκου**  
**Ὡδὴ α΄. Ἦχος δ΄.**

Ἀνοίξω τὸ στόμα μου, καὶ  
πληρωθήσεται Πνεύματος, καὶ λόγον  
ἐρεῦξομαι, τῇ Βασιλίδι Μητρὶ, καὶ  
ὀφθήσομαι, φαιδρῶς πανηγυρίζων, καὶ ἄσω  
γηθόμενος, ταύτης τὰ θαύματα.

**Ὡδὴ γ΄.**

Τοὺς σοὺς ὑμνολόγους Θεοτόκε,  
ὡς ζῶσα καὶ ἄφθοнос πηγὴ, θίασον  
συγκροτήσαντας πνευματικόν, στερέωσον·  
καὶ ἐν τῇ θείᾳ δόξῃ σου, στεφάνων δόξης  
ἀξίωσον.

**Ὡδὴ δ΄.**

Τὴν ἀνεξιχνίαστον θείαν βουλήν,  
τῆς ἐκ τῆς Παρθένου σαρκώσεως, σοῦ  
τοῦ Ὑψίστου, ὁ Προφήτης, Ἀββακούμ,  
κατανοῶν ἐκράυγαζε· Δόξα τῇ δυνάμει σου  
Κύριε.

**Ὡδὴ ε΄.**

Ἐξέστη τὰ σύμπαντα, ἐπὶ τῇ θείᾳ  
δόξῃ σου· σὺ γὰρ ἀπειρώγαμε Παρθέने,  
ἔσχεες ἐν μήτρᾳ, τὸν ἐπὶ πάντων Θεόν, καὶ  
τέτοκας ἄχρονον Υἱόν, πᾶσι τοῖς ὑμνοῦσί  
σε, σωτηρίαν βραβεύοντα.

**Ὡδὴ ς΄.**

Τὴν θείαν ταύτην καὶ πάντιμον,  
τελοῦντες ἐορτὴν οἱ θεόφρονες, τῆς

Verses

The mind truly great and the Light's bright herald  
Is led by light's Source to radiance never-setting.

By his intercessions, O God, have mercy  
on us and save us. Amen.

CHOIR

**Katavasias of Theotokos**  
**Ode i. Mode 4.**

My mouth shall I open wide, \* and it will  
thus be with Spirit filled. \* A word shall I then  
pour out \* unto the Mother and Queen. \* I will  
joyously \* attend the celebration \* and sing to  
her merrily, \* lauding her miracles. (SD)

**Ode iii.**

Establish your servants who extol you,  
\* O Mother of God, for they have formed  
\* a spiritual choir for you \* the living and  
abundant fount; \* and crowns of glory  
graciously \* in your divine glory grant to  
them. (SD)

**Ode iv.**

When the Prophet Habakkuk heard the  
divine \* and incomprehensible counsel of \*  
Your Incarnation from the Virgin, O Most  
High, \* considering, he cried aloud: \* Glory to  
Your power, O Lord my God. (SD)

**Ode v.**

Amazed was the universe \* by your  
divine magnificence. \* For while never  
consummating wedlock, \* you held, O Virgin,  
the God of all in your womb, \* and gave birth  
unto a timeless Son \* Who awards salvation to  
\* all who chant hymns of praise to you. (SD)

**Ode vi.**

Let us possessed of a godly mind, \*  
observing this divine and all-venerable feast  
in honor of \* the Theotokos, come clap our

Θεομήτορος, δεῦτε τάς χειρας κροτήσωμεν,  
τὸν ἐξ αὐτῆς τεχθέντα Θεὸν δοξάζοντες.

**Ὡδὴ ζ'.**

Οὐκ ἐλάτρευσαν τῇ κτίσει οἱ θεόφρονες,  
παρὰ τὸν Κτίσαντα, ἀλλὰ πυρὸς ἀπειλὴν,  
ἀνδρείως πατήσαντες, χαίροντες ἔψαλλον.  
Ὑπερύμνητε, ὁ τῶν Πατέρων Κύριος, καὶ  
Θεὸς εὐλογητὸς εἶ.

**Ὡδὴ η'.**

Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν  
τὸν Κύριον.

Παῖδας εὐαγεῖς ἐν τῇ καμίνῳ, ὁ  
τόκος τῆς Θεοτόκου διεσώσατο, τότε  
μὲν τυπούμενος, νῦν δὲ ἐνεργούμενος,  
τὴν οἰκουμένην ἅπασαν, ἀγείρει  
ψάλλουσιν. Τὸν Κύριον ὑμνεῖτε τὰ ἔργα,  
καὶ ὑπερυψοῦτε, εἰς πάντας τοὺς αἰῶνας.

**ΔΙΑΚΟΝΟΣ**

Τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

**ΙΕΡΕΥΣ**

Ὅτι Ἅγιος εἶ ὁ Θεὸς ἡμῶν, καὶ ἐν  
ἁγίοις ἐπαναπαύῃ, καὶ σοὶ τὴν δόξαν  
ἀναπέμπομεν, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ  
ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς  
αἰῶνας τῶν αἰώνων.

**ΧΟΡΟΣ**

Ἀμήν.

**Ἦχος β'.**

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. (δίς)  
Αἰνεσάτω πνοὴ πᾶσα τὸν Κύριον.

hands, \* while glorifying God who was truly  
born of her. (SD)

**Ode vii.**

Godly-minded three \* did not adore  
created things \* in the Creator's stead, \* but  
bravely trampling upon \* the threat of the  
furnace fire chanted joyfully: \* "O supremely  
praised \* and most exalted Lord and God \* of  
the fathers, You are blessed." (SD)

**Ode viii.**

*We praise and we bless and we worship the  
Lord.*

Pious Servants stood within the furnace.  
\* The Son of the Theotokos went and rescued  
them. \* He who was prefigured then, \*  
manifestly active now, \* is gathering together  
the entire universe \* to sing the hymn: \* "O  
praise and supremely \* exalt the Lord, O all  
you His works, unto the ages." (SD)

**DEACON**

Let us pray to the Lord.

(Lord, have mercy.)

**PRIEST**

For you are holy, our God, who rest  
among the Saints, and to you we give glory,  
to the Father and the Son and the Holy Spirit,  
now and forever and to the ages of ages.

**CHOIR**

Amen.

**Mode 2.**

Let everything that breathes praise the  
Lord. (2) Let everything that breathes praise  
the Lord. (SAAS)

**ΔΙΑΚΟΝΟΣ**

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν Θεὸν ἡμῶν ἱκετεύωμεν.

(Κύριε, ἐλέησον. Κύριε, ἐλέησον. Κύριε, ἐλέησον.)

**ΔΙΑΚΟΝΟΣ**

Σοφία! Ὁρθοί! Ἀκούσωμεν τοῦ ἁγίου Εὐαγγελίου.

**ΙΕΡΕΥΣ**

Εἰρήνη πᾶσι.

(Καὶ τῷ πνεύματί σου.)

**ΙΕΡΕΥΣ**

Ἐκ τοῦ κατὰ Ἰωάννην ἁγίου Εὐαγγελίου τὸ ἀνάγνωσμα.

**ΔΙΑΚΟΝΟΣ**

Πρόσχωμεν!

(Δόξα σοι, Κύριε, δόξα σοι.)

**ΙΕΡΕΥΣ**

*Ἑωθινὸν Γ'  
Ἰωάννην (ΚΑ' 1-14)*

Τῷ καιρῷ ἐκείνῳ, ἐφάνερωσεν ἑαυτὸν ὁ Ἰησοῦς τοῖς μαθηταῖς αὐτοῦ, ἐγερθεὶς ἐκ νεκρῶν, ἐπὶ τῆς θαλάσσης τῆς Τιβεριάδος, ἐφάνερωσε δὲ οὕτως· Ἦσαν ὁμοῦ Σίμων Πέτρος, καὶ Θωμᾶς ὁ λεγόμενος Δίδυμος, καὶ Ναθαναὴλ ὁ ἀπὸ Κανᾶ τῆς Γαλιλαίας, καὶ οἱ τοῦ Ζεβεδαίου, καὶ ἄλλοι ἐκ τῶν μαθητῶν αὐτοῦ δύο. Λέγει αὐτοῖς Σίμων Πέτρος· Ὑπάγω ἀλιεύειν. Λέγουσιν αὐτῷ· Ἐρχόμεθα καὶ ἡμεῖς σὺν σοί. Ἐξῆλθον καὶ ἀνέβησαν εἰς τὸ πλοῖον εὐθύς, καὶ ἐν ἐκείνῃ τῇ νυκτὶ ἐπίασαν οὐδέν. Πρωΐας δὲ ἦδη γενομένης ἔστη ὁ Ἰησοῦς εἰς τὸν αἰγιαλόν· οὐ μέντοι ᾔδεισαν οἱ μαθηταὶ ὅτι Ἰησοῦς ἐστὶ. Λέγει οὖν αὐτοῖς ὁ Ἰησοῦς· Παιδιά, μή τι προσφάγιον ἔχετε; ἀπεκρίθησαν αὐτῷ·

**DEACON**

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.

(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

**DEACON**

Wisdom! Arise! Let us hear the holy Gospel.

**PRIEST**

Peace be with all.

(And with your spirit.)

**PRIEST**

The reading is from the holy Gospel according to John.

**DEACON**

Let us be attentive!

(Glory to You, O Lord. Glory to You.)

**PRIEST**

*Eothinon 10  
John. (21:1-14)*

At that time, Jesus revealed Himself again to the disciples by the Sea of Tiberias; and He revealed Himself in this way. Simon Peter, Thomas, called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of His disciples were together. Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat, but that night they caught nothing. Just as day was breaking, Jesus stood on the beach, yet the disciples did not know that it was Jesus. Jesus said to them, "Children, have you any fish?" They answered him, "No." He said to them, "Cast the net on the right side of the boat, and you will find some." So they cast it, and now they were not



Οὐ· ὁ δὲ εἶπεν αὐτοῖς· Βάλετε εἰς τὰ δεξιὰ μέρη τοῦ πλοίου τὸ δίκτυον, καὶ εὐρήσετε. Ἔβαλον οὖν, καὶ οὐκέτι αὐτὸ ἐλκύσαι ἴσχυσαν ἀπὸ τοῦ πλήθους τῶν ἰχθύων. Λέγει οὖν ὁ μαθητὴς ἐκεῖνος ὃν ἠγάπα ὁ Ἰησοῦς τῷ Πέτρῳ· Ὁ Κύριός ἐστι. Σίμων οὖν Πέτρος, ἀκούσας ὅτι ὁ Κύριός ἐστι, τὸν ἐπενδύτην διεζώσατο - ἦν γὰρ γυμνός -, καὶ ἔβαλεν ἑαυτὸν εἰς τὴν θάλασσαν, οἱ δὲ ἄλλοι μαθηταὶ τῷ πλοιαρίῳ ἦλθον - οὐ γὰρ ἦσαν μακρὰν ἀπὸ τῆς γῆς, ἀλλ' ὡς ἀπὸ πηχῶν διακοσίων -, σύροντες τὸ δίκτυον τῶν ἰχθύων. Ὡς οὖν ἀπέβησαν εἰς τὴν γῆν, βλέπουσιν ἀνθρακιὰν κειμένην καὶ ὀψάριον ἐπικείμενον, καὶ ἄρτον. Λέγει αὐτοῖς ὁ Ἰησοῦς· Ἐνέγκατε ἀπὸ τῶν ὀψαρίων ὧν ἐπιάσατε νῦν. Ἀνέβη οὖν Σίμων Πέτρος, καὶ εἴλκυσε τὸ δίκτυον ἐπὶ τῆς γῆς, μεστὸν ἰχθύων μεγάλων ἑκατὸν πεντηκοντατριῶν, καὶ τοσούτων ὄντων, οὐκ ἐσχίσθη τὸ δίκτυον. Λέγει αὐτοῖς ὁ Ἰησοῦς· Δεῦτε ἀριστήσατε. Οὐδεὶς δὲ ἐτόλμα τῶν μαθητῶν ἐξετάσαι αὐτόν. Σὺ τίς εἶ; εἰδότες ὅτι ὁ Κύριός ἐστιν. Ἐρχεται οὖν ὁ Ἰησοῦς, καὶ λαμβάνει τὸν ἄρτον, καὶ δίδωσιν αὐτοῖς, καὶ τὸ ὀψάριον ὁμοίως. Τοῦτο ἤδη τρίτον ἐφανερώθη ὁ Ἰησοῦς τοῖς μαθηταῖς αὐτοῦ, ἐγερθεὶς ἐκ νεκρῶν.

(Δόξα σοι, Κύριε, δόξα σοι.)

### ΑΝΑΓΝΩΣΤΗΣ

Ἀνάστασιν Χριστοῦ θεασάμενοι, προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν, τὸν μόνον ἀναμάρτητον. Τὸν Σταυρόν σου, Χριστέ, προσκυνοῦμεν καὶ τὴν ἀγίαν σου ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν· σὺ γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ οἶδαμεν, τὸ ὄνομά σου ὀνομάζομεν.

able to haul it in, for the quantity of fish. That disciple whom Jesus loved said to Peter, "It is the Lord!" When Simon Peter heard that it was the Lord, he put on his clothes, for he was stripped for work, and sprang into the sea. But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, but about a hundred yards off. When they got out on land, they saw a charcoal fire there with fish lying on it, and bread. Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred and fifty-three of them; and although there were so many, the net was not torn. Jesus said to them, "Come and have breakfast." Now none of the disciples dared ask Him, "Who are you?" They knew it was the Lord. Jesus came and took the bread and gave it to them, and so with the fish. This was now the third time that Jesus was revealed to the disciples after He was raised from the dead. (RSV)

(Glory to You, O Lord. Glory to You.)

### READER

Having seen the Resurrection of Christ, let us worship the Holy Lord Jesus, the only sinless one. Your Cross do we worship, O Christ, and Your holy Resurrection do we hymn and glorify. For You are our God, we know no other but You, we call upon Your name. Come all the faithful, let us worship

Δεῦτε πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ Χριστοῦ ἁγίαν ἀνάστασιν· ἰδοὺ γὰρ ἦλθε διὰ τοῦ Σταυροῦ χαρὰ ἐν ὅλῳ τῷ κόσμῳ. Διὰ παντός εὐλογοῦντες τὸν Κύριον, ὑμνοῦμεν τὴν ἀνάστασιν αὐτοῦ· Σταυρὸν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτῳ θάνατον ὤλεσεν.

**ΧΟΡΟΣ**

**Ψαλμὸς Ν' (50).**

**Ἦχος β'.** (ἡ τῆς ἐβδομάδος.)

Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν σου ἐξάλειψον τὸ ἀνόμημά μου.

Ἐπὶ πλεῖον πλῦνόν με ἀπὸ τῆς ἀνομίας μου καὶ ἀπὸ τῆς ἁμαρτίας μου καθάρισόν με.

Ὅτι τὴν ἀνομίαν μου ἐγὼ γινώσκω, καὶ ἡ ἁμαρτία μου ἐνώπιόν μου ἐστὶ διαπαντός.

Σοὶ μόνῳ ἥμαρτον καὶ τὸ πονηρὸν ἐνώπιόν σου ἐποίησα, ὅπως ἂν δικαιωθῇς ἐν τοῖς λόγοις σου, καὶ νικήσης ἐν τῷ κρίνεσθαί σε.

Ἴδου γὰρ ἐν ἀνομίαις συνελήφθην, καὶ ἐν ἁμαρτίαις ἐκίσσησέ με ἡ μήτηρ μου.

Ἴδου γὰρ ἀλήθειαν ἠγάπησας, τὰ ἄδηλα καὶ τὰ κρύφια τῆς σοφίας σου ἐδήλωσάς μοι.

Ῥαντιεῖς με ὑσσώπῳ, καὶ καθαρισθήσομαι, πλυνεῖς με, καὶ ὑπὲρ χιόνα λευκανθήσομαι.

Ἀκουτιεῖς μοι ἀγαλλίασιν καὶ εὐφροσύνην, ἀγαλλιάσονται ὅστέα τεταπεινωμένα.

the holy Resurrection of Christ; for behold through the Cross, joy has come in all the world. Ever blessing the Lord, we extol His Resurrection. For enduring the Cross for us, He destroyed death by death. (SD)

**CHOIR**

**Psalm 50 (51).**

**Mode 2.** (or the Mode of the week)

Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Ἀπόστρεψον τὸ πρόσωπόν σου ἀπὸ τῶν  
ἁμαρτιῶν μου, καὶ πάσας τὰς ἀνομίας μου  
ἐξάλειψον.

Καρδίαν καθαρὰν κτίσον ἐν ἐμοί, ὁ  
Θεός, καὶ πνεῦμα εὐθὲς ἐγκαίνισον ἐν τοῖς  
ἐγκάτοις μου.

Μὴ ἀπορρίψῃς με ἀπὸ τοῦ προσώπου  
σου καὶ τὸ πνεῦμά σου τὸ ἅγιον μὴ  
ἀντανέλῃς ἀπ' ἐμοῦ.

Ἀπόδος μοι τὴν ἀγαλλίασιν τοῦ  
σωτηρίου σου καὶ πνεύματι ἡγεμονικῷ  
στήριζόν με.

Διδάξω ἀνόμους τὰς ὁδοὺς σου, καὶ  
ἀσεβεῖς ἐπὶ σὲ ἐπιστρέψουσι.

Ῥῦσαί με ἐξ αἱμάτων, ὁ Θεὸς ὁ Θεὸς τῆς  
σωτηρίας μου· ἀγαλλιᾶσεται ἡ γλῶσσά μου  
τὴν δικαιοσύνην σου.

Κύριε, τὰ χεῖλη μου ἀνοίξεις, καὶ τὸ  
στόμα μου ἀναγγελεῖ τὴν αἴνεσίν σου.

Ὅτι εἰ ἠθέλησας θυσίαν, ἔδωκα ἄν·  
ὀλοκαυτώματα οὐκ εὐδοκήσεις.

Θυσία τῷ Θεῷ πνεῦμα συντετριμμένον,  
καρδίαν συντετριμμένην καὶ  
τεταπεινωμένην ὁ Θεὸς οὐκ ἐξουδενώσει.

Ἀγάθυνον, Κύριε, ἐν τῇ εὐδοκίᾳ σου  
τὴν Σιών, καὶ οἰκοδομηθῇ τὰ τεῖχη  
Ἱερουσαλήμ.

Τότε εὐδοκήσεις θυσίαν δικαιοσύνης,  
ἀναφορὰν καὶ ὀλοκαυτώματα.

Τότε ἀνοίσουσιν ἐπὶ τὸ θυσιαστήριόν  
σου μόσχους. [Καὶ ἐλέησόν με, ὁ Θεός.]

Turn Your face from my sins, and blot out  
all my transgressions.

Create in me a clean heart, O God, and  
renew a right spirit within me.

Do not cast me away from Your presence,  
and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation,  
and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and  
the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God,  
the God of my salvation, and my tongue shall  
greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my  
mouth will declare Your praise.

For if You desired sacrifice, I would give  
it; You will not be pleased with whole burnt  
offerings.

A sacrifice to God is a broken spirit, a  
broken and humbled heart God will not  
despise.

Do good, O Lord, in Your good pleasure  
to Zion, and let the walls of Jerusalem be  
built.

Then you will be pleased with a sacrifice  
of righteousness, with offerings and whole  
burnt offerings.

Then shall they offer young bulls on Your  
altar. [and have mercy on me, O God.] (SAAS)

**Ἰδιόμελα τοῦ Τριωδίου.**

Δόξα. **Ἦχος πλ. δ'.**

Τῆς μετανοίας ἀνοιξόν μοι πύλας  
Ζωοδότα· ὀρθοῖζει γὰρ τὸ πνεῦμά μου,  
πρὸς ναὸν τὸν ἅγιόν σου, ναὸν φέρον  
τοῦ σώματος, ὅλον ἐσπιλωμένον· ἀλλ' ὡς  
οἰκτιρῶν κάθαρν, εὐσπλάγχνῳ σου ἐλέει.

Καὶ νῦν. **Ὁ αὐτός.**

Τῆς σωτηρίας εὐθυνόν μοι τρίβους,  
Θεοτόκε· αἰσχροῖς γὰρ κατερρύπωσα, τὴν  
ψυχὴν ἁμαρτίαις, ὡς ῥαθύμως τὸν βίον μου,  
ὅλον ἐκδαπανήσας, ταῖς σαῖς πρεσβείαις  
ῥῦσαί με, πάσης ἀκαθαρσίας.

**Ἰδιόμελον. Ἦχος πλ. β'.**

**Στίχ.** Ἐλέησόν με, ὁ Θεός, κατὰ τὸ μέγα  
ἔλεός σου καὶ κατὰ τὸ πλῆθος τῶν οἰκτιρμῶν  
σου ἐξάλειψον τὸ ἀνόμημά μου.

Τὰ πλήθη τῶν πεπραγμένων μοι  
δεινῶν, ἐννοῶν ὁ τάλας, τρέμω τὴν  
φοβερὰν ἡμέραν τῆς κρίσεως· ἀλλὰ θαρρῶν  
εἰς τὸ ἔλεος τῆς εὐσπλαγχνίας σου, ὡς ὁ  
Δαυῖδ βοῶ σοι· Ἐλέησόν με ὁ Θεός, κατὰ τὸ  
μέγα σου ἔλεος.

**ΔΙΑΚΟΝΟΣ**

Σῶσον ὁ Θεός τὸν λαόν σου καὶ  
εὐλόγησον τὴν κληρονομίαν σου· ἐπίσκεψαι  
τὸν κόσμον σου ἐν ἐλέει καὶ οἰκτιρμοῖς·  
ὑψωσον κέρας Χριστιανῶν ὀρθοδόξων  
καὶ κατάπεμψον ἐφ' ἡμᾶς τὰ ἐλέη σου τὰ  
πλούσια· πρεσβείαις τῆς παναχράντου  
Δεσποίνης ἡμῶν Θεοτόκου καὶ  
ἀειπαρθένου Μαρίας, δυνάμει τοῦ τιμίου  
καὶ ζωοποιοῦ Σταυροῦ, προστασίαις τῶν  
τιμίων ἐπουρανίων Δυνάμεων ἀσωμάτων,  
ἱκεσίαις τοῦ τιμίου ἐνδόξου Προφήτου

**Idiomela from the Triodion.**

Glory. **Mode pl. 4.**

Open to me the gates of repentance, O  
Giver of Life, for early in the morning my  
spirit hastens to Your holy temple, bringing  
the temple of my body all defiled. But as one  
compassionate, cleanse me, I pray, by Your  
loving-kindness and mercy. (SD)

Both now. **Same Mode.**

Guide me in the paths of salvation, O  
Theotokos, for I have befouled my soul with  
shameful sins and I heedlessly squandered  
all of my life's resources. By your intercession  
deliver me from every uncleanness. (SD)

**Idiomelon. Mode pl. 2.**

**Verse:** Have mercy on me, O God, according  
to Your great mercy; and according to the  
abundance of Your compassion, blot out my  
transgression.

When I ponder in my wretchedness on  
the many terrible things that I have done,  
I tremble for that fearful day, the Day of  
Judgment. But trusting in the mercy of Your  
compassion, like David I cry to You, "Have  
mercy on me, O God, according to Your great  
mercy." (SD)

**DEACON**

O God, save your people and bless  
your inheritance. Look upon your world  
with mercy and compassion. Raise the  
Orthodox Christians in glory, and send  
down upon us your rich mercies, through  
the intercessions of our most pure Lady  
the Theotokos and ever-Virgin Mary, the  
power of the precious and life giving Cross,  
the protection of the honorable, bodiless  
Powers of heaven, the supplications of  
the honorable and glorious prophet, and

Προδρόμου καὶ Βαπτιστοῦ Ἰωάννου,  
τῶν ἁγίων ἐνδόξων καὶ πανευφήμων  
Ἀποστόλων, τῶν ἐν ἁγίοις Πατέρων ἡμῶν  
μεγάλων Ἱεραρχῶν καὶ οἰκουμενικῶν  
Διδασκάλων, Βασιλείου τοῦ Μεγάλου,  
Γρηγορίου τοῦ Θεολόγου καὶ Ἰωάννου  
τοῦ Χρυσοστόμου, Ἀθανασίου, Κυρίλλου  
καὶ Ἰωάννου τοῦ Ἐλεήμονος Πατριαρχῶν  
Ἀλεξανδρίας· Νικολάου τοῦ ἐν Μύροις,  
Σπυρίδωνος Τριμυθοῦντος καὶ Νεκταρίου  
Πενταπόλεως τῶν θαυματουργῶν·  
τῶν ἁγίων ἐνδόξων Μεγαλομαρτύρων  
Γεωργίου τοῦ Τροπαιοφόρου, Δημητρίου  
τοῦ Μυροβλήτου, Θεοδώρου τοῦ Τήρωνος,  
Θεοδώρου τοῦ Στρατηλάτου, Μηνᾶ  
τοῦ θαυματουργοῦ· τῶν Ἱερομαρτύρων  
Χαραλάμπους καὶ Ἐλευθερίου, τῆς  
ἁγίας ἐνδόξου Μεγαλομάρτυρος καὶ  
πανευφήμου Εὐφημίας· τῶν ἁγίων  
ἐνδόξων Μαρτύρων Θέκλας, Βαρβάρας,  
Ἀναστασίας, Αἰκατερίνης, Κυριακῆς,  
Φωτεινῆς, Μαρίνας, Παρασκευῆς καὶ  
Εἰρήνης· τῶν ὁσίων καὶ Θεοφόρων Πατέρων  
ἡμῶν· (τοῦ Ἁγίου τοῦ Ναοῦ)· τῶν ἁγίων καὶ  
δικαίων Θεοπατόρων Ἰωακείμ καὶ Ἄννης·  
τοῦ ἐν ἁγίοις Πατρὸς ἡμῶν Γρηγορίου  
Ἀρχιεπισκόπου Θεσσαλονίκης τοῦ Παλαμᾶ,  
οὗ καὶ τὴν μνήμην ἐπιτελοῦμεν· καὶ πάντων  
σου τῶν Ἁγίων. Ἰκετεύομέν σε, μόνε  
πολυέλεε Κύριε, ἐπάκουσον ἡμῶν τῶν  
ἁμαρτωλῶν δεομένων σου καὶ ἐλέησον  
ἡμᾶς.

#### ΧΟΡΟΣ

Κύριε, ἐλέησον. (ιβ')

#### ΙΕΡΕΥΣ

Ἐλέει καὶ οἰκτιρμοῖς καὶ φιланθρωπία  
τοῦ μονογενοῦς σου Υἱοῦ, μεθ' οὗ  
εὐλογητὸς εἰ, σὺν τῷ παναγίῳ καὶ ἀγαθῷ  
καὶ ζωοποιῷ σου Πνεύματι, νῦν καὶ ἀεὶ καὶ  
εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

forerunner John the Baptist, the holy, glorious,  
and praiseworthy Apostles, our Fathers  
among the Saints, the great hierarchs and  
ecumenical teachers, Basil the Great, Gregory  
the Theologian and John Chrysostom,  
Athanasios, Cyril, and John the Merciful,  
patriarchs of Alexandria; Nicholas, bishop  
of Myra, Spyridon, bishop of Trimythous,  
Nektarios of Pentapolis, the wonder-workers;  
the holy, glorious great Martyrs George  
the Victorious, Demetrios the Myrobletes,  
Theodore the Teron, and Theodore the  
General, Menas the Wonderworker, the  
Hieromartyrs Haralambos and Eleftherios;  
the holy, glorious, and victorious martyrs;  
the glorious great Martyr and all-laudable  
Euphemia; the holy and glorious Martyrs  
Thecla, Barbara, Anastasia, Katherine,  
Kyriake, Fotene, Marina, Paraskeve and Irene;  
of our holy God-bearing Fathers; (local patron  
saint); the holy and righteous ancestors of  
God Joachim and Anna; our father among  
the saints Gregory Palamas, Archbishop of  
Thessaloniki, whose memery we celebrate,  
and of all your Saints. We beseech you, only  
merciful Lord, hear us sinners who pray to  
you and have mercy on us.

#### CHOIR

Lord, have mercy. (12)

#### PRIEST

Through the mercy, compassion, and love  
of mankind of your only-begotten Son, with  
whom you are blessed, together with your  
all-holy, good and life-giving Spirit, now and  
forever and to the ages of ages.

(Amen.)



**ΔΙΑΚΟΝΟΣ**

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν ὕμνοις τιμῶντες μεγαλύνωμεν.

**ΧΟΡΟΣ**

**Ὡιδὴ θ'.**

**Μεγαλυνάριον. Ἦχος δ'.**

**Στίχ.** Μεγαλύνει ἡ ψυχὴ μου τὸν Κύριον, καὶ ἡγαλλίασε τὸ πνεῦμά μου ἐπὶ τῷ Θεῷ τῷ σωτῆρί μου.

Τὴν τιμιωτέραν τῶν Χερουβίμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφίμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ὅτι ἐπέβλεψεν ἐπὶ τὴν ταπείνωσιν τῆς δούλης αὐτοῦ· ἰδοὺ γάρ, ἀπὸ τοῦ νῦν μακαριοῦσί με πᾶσαι αἱ γενεαί.

Τὴν τιμιωτέραν τῶν Χερουβίμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφίμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ὅτι ἐποίησέ μοι μεγαλεῖα ὁ Δυνατός, καὶ ἅγιον τὸ ὄνομα αὐτοῦ, καὶ τὸ ἔλεος αὐτοῦ εἰς γενεάν, καὶ γενεάν τοῖς φοβουμένοις αὐτόν.

Τὴν τιμιωτέραν τῶν Χερουβίμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφίμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ἐποίησε Κράτος ἐν βραχίονι αὐτοῦ, διεσκόρπισεν ὑπερηφάνους διανοία καρδίας αὐτῶν.

Τὴν τιμιωτέραν τῶν Χερουβίμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφίμ, τὴν

**DEACON**

Let us honor and magnify in song the Theotokos and the Mother of the light.

**CHOIR**

**Ode ix.**

**Megalynarion. Mode 4.**

**Verse:** My soul magnifies the Lord, and my spirit rejoices in God my Savior. (RSV)

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. (SD)

**Verse:** For he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed. (RSV)

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

**Verse:** For he who is mighty has done great things for me, and holy is his name. And his mercy is on those who fear him from generation to generation. (RSV)

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

**Verse:** He has shown strength with his arm, he has scattered the proud in the imagination of their hearts. (RSV)

Greater in honor than the Cherubim, and in glory greater beyond compare than the

ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Καθεῖλε δυνάστας ἀπὸ θρόνων, καὶ ὕψωσε ταπεινούς, πεινῶντας ἐνέπλησεν ἀγαθῶν, καὶ πλουτοῦντας ἐξαπέστειλε κενούς.

Τὴν τιμιωτέραν τῶν Χερουβίμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφίμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

**Στίχ.** Ἀντελάβετο Ἰσραὴλ παιδὸς αὐτοῦ, μνησθῆναι ἐλέους, καθὼς ἐλάλησε πρὸς τοὺς Πατέρας ἡμῶν, τῷ Ἀβραάμ, καὶ τῷ σπέρματι αὐτοῦ ἕως αἰῶνος.

Τὴν τιμιωτέραν τῶν Χερουβίμ, καὶ ἐνδοξοτέραν, ἀσυγκρίτως τῶν Σεραφίμ, τὴν ἀδιαφθόρως, Θεὸν Λόγον τεκοῦσαν, τὴν ὄντως Θεοτόκον, σὲ μεγαλύνομεν.

### Καταβασία. Ἦχος δ'.

Ἄπας γηγενής, σκιρτάτω τῷ πνεύματι λαμπαδουχούμενος, πανηγυρίζετω δέ, αὐλῶν Νόων φύσις γεραίρουσα, τὰ ἱερά θαυμάσια τῆς Θεομήτορος, καὶ βοάτω· Χαίροις παμμακάριστε, Θεοτόκε Ἀγνή ἀειπάρθενε.

### ΔΙΑΚΟΝΟΣ

Ἦτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

(Κύριε, ἐλέησον.)

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς ὁ Θεὸς τῇ σῇ χάριτι.

(Κύριε, ἐλέησον.)

Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

**Verse:** *He has put down the mighty from their thrones, and exalted those of low degree; he has filled the hungry with good things, and the rich he has sent empty away. (RSV)*

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

**Verse:** *He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his posterity for ever. (RSV)*

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

### Katavasia. Mode 4.

All you born on earth, \* with festival lamps in hand, in spirit leap for joy; \* heavenly intelligences \* of incorporeal Angels, celebrate \* and honor thus the sacred feast of the Mother of God, \* crying loudly: \* O rejoice, all-blessed one, \* ever-virgin and pure, who gave birth to God. (SD)

### DEACON

Again and again in peace let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy upon us and protect us, O God, by your grace.

(Lord, have mercy.)



Τῆς Παναγίας ἀχράντου,  
ὑπερευλογημένης, ἐνδόξου Δεσποίνης  
ἡμῶν Θεοτόκου καὶ ἀειπαρθένου Μαρίας  
μετὰ πάντων τῶν Ἀγίων μνημονεύσαντες,  
ἐαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν  
ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

(Σοί, Κύριε.)

### ΙΕΡΕΥΣ

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν  
οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι,  
τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι,  
νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

(Ἀμήν.)

### ΧΟΡΟΣ

**Ἦχος β'.**

Ἅγιος Κύριος ὁ Θεὸς ἡμῶν. (ἐκ γ')

Ὑψοῦτε Κύριον τὸν Θεὸν ἡμῶν καὶ  
προσκυνεῖτε τῷ ὑποποδίῳ τῶν ποδῶν  
αὐτοῦ.

Ὅτι ἅγιός ἐστι.

Τῆς Ὀκτωήχου ---

**Ἐξαποστειλάριον.**

**Τὸ Ἰ' Ἑωθινόν.**

**Ἦχος β'. Τοῖς Μαθηταῖς συνέλθωμεν.**

Τιβεριάδος θάλασσα, σὺν παισὶ  
Ζεβεδαίου, Ναθαναὴλ τῷ Πέτρῳ τε, σὺν  
δυσὶν ἄλλοις πάλαι, καὶ Θωμᾶν εἶχε πρὸς  
ἄγραν, οἱ Χριστοῦ τῇ προστάξει, ἐν δεξιῶς  
χαλάσαντες, πλήθος εἰλκον ἰχθύων, ὃν  
Πέτρος γνούς, πρὸς αὐτὸν ἐνήχετο, οἷς τὸ  
τρίτον φανεῖς καὶ ἄρτον ἔδειξε, καὶ ἰχθὺν  
ἐπ' ἀνθράκων.

**Τοῦ Ἱεράρχου.**

Τοῦ Τριωδίου ---

**Ἦχος β'. Τοῖς Μαθηταῖς συνέλθωμεν.**

Χαῖρε Πατέρων καύχημα θεολόγων τὸ  
στόμα, τῆς ἡσυχίας σκὴνωμα, τῆς σοφίας ὁ

Remembering our most holy, pure,  
blessed, and glorious Lady, the Theotokos  
and ever-virgin Mary, with all the saints, let  
us commit ourselves and one another and our  
whole life to Christ our God.

(To You, O Lord.)

### PRIEST

For all the powers of heaven praise You  
and give You glory, to the Father and the Son  
and the Holy Spirit, now and forever and to  
the ages of ages.

(Amen.)

### CHOIR

**Mode 2.**

Holy is the Lord our God. (3) (SAAS)

Exalt the Lord our God, and worship at  
the footstool of His feet.

For He is holy.

From Octoechos ---

**Exaposteilarion.**

**The Tenth Eothinon.**

**Mode 2. On the mountain.**

At the Sea of Tiberias \* did Peter with  
Nathaniel \* also the sons of Zebedee \* and two  
other disciples and Thomas of old go fishing.  
\* At Christ's command they let down \* on the  
right side the net and caught \* a great number  
of fish. Recognizing Him, \* Peter sprang to  
meet Him. This was the third time \* that He  
appeared to them, and showed \* bread and  
fish on the charcoals. (SD)

**For the Hierarch.**

From Triodion ---

**Mode 2. On the mountain.**

Rejoice, the holy fathers' boast, \* mouth  
of the theologians! \* Rejoice, O wisdom's

οἶκος, τῶν Διδασκάλων ἀκρότης πέλαγος τὸ τοῦ λόγου, πράξεως χαῖρε ὄργανον θεωρίας ἀκρότης θεραπευτά, καὶ τῶν νόσων τῶν ἀνθρωπίνων, Πνεύματος χαῖρε τέμενος καὶ θανῶν καὶ ζῶν Πάτερ.

**Ἔτερον.**

**Θεοτοκίον.**

**Ἦχος β'. Τοῖς Μαθηταῖς συνέλθωμεν.**

Δέσποινα πάντων Ἀνασσα, πρόφθασον ἐν κινδύνοις πρόφθασον ἐν ταῖς θλίψεσι πάρεσο ἐν ἀνάγκαις τῆς τελευταίας ἡμέρας μὴ Σατὰν ἡμᾶς λάβῃ, μὴ Αἰδῆς μὴ ἀπώλεια, Βήματι τοῦ Υἱοῦ σου τῷ φοβερῷ, ἀνευθύνους ἅπαντας παραστήναι, ὦ Θεομήτορ Δέσποινα ποιήσον σαῖς πρεσβείαις.

**Οἱ Αἱνοὶ. Ἦχος β'.**

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Τῆς Ὀκτωήχου ---

**Στιχηρὰ Ἀναστάσιμα.**

**Στιχηρὸν Α'. Ἦχος β'.**

Τοῦ ποιῆσαι ἐν αὐτοῖς κρῖμα ἐγγραπτον· δόξα αὕτη ἔσται πᾶσι τοῖς ὁσίοις αὐτοῦ.

Πᾶσα πνοή, καὶ πᾶσα κτίσις, σὲ δοξάζει Κύριε, ὅτι διὰ τοῦ Σταυροῦ τὸν θάνατον κατήργησας, ἵνα δείξης τοῖς λαοῖς, τὴν ἐκ νεκρῶν σου Ἀνάστασιν, ὡς μόνος φιλόανθρωπος.

dwelling place, \* tabernacle of stillness! \* Rejoice, O greatest of teachers! \* Rejoice, O sea of discourse, \* instrument of the active life, \* summit of contemplation, and one who heals, \* illnesses and passions besetting mankind! \* Rejoice, the Holy Spirit's shrine, \* dead and alive, O Father! (SD)

**Another.**

**Theotokion.**

**Mode 2. On the mountain.**

All-holy Lady Queen of all, \* come to our aid in dangers. \* Anticipate adversities. \* Be with us in our hour \* of need, indeed at the Last Day. \* Let not Satan or Hades, \* nor yet perdition capture us. \* But through your intercession, enable all \* to appear not guilty before the fearful \* judgment-seat of your Son and God, \* O Lady Theotokos. (SD)

**Lauds. Mode 2.**

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. (SAAS)

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. (SAAS)

From Octoechos ---

**Resurrectional Stichera.**

**Sticheron 1. Mode 2.**

To fulfill among them the written judgment: this glory have all His holy ones. (SAAS)

Every breath and all creation glorifies You, O Lord. For by means of the Cross You rendered death powerless, so that You might show the peoples Your Resurrection from the dead, as the only One who loves humanity. (SD)

**Στιχηρὸν Β'. Ἦχος β'.**

*Αἰνεῖτε τὸν Θεὸν ἐν τοῖς ἁγίοις αὐτοῦ,  
αἰνεῖτε αὐτὸν ἐν στερεώματι τῆς δυνάμεως  
αὐτοῦ.*

Εἰπάτωσαν Ἰουδαῖοι, πῶς οἱ στρατιῶται  
ἀπώλεσαν τηροῦντες τὸν Βασιλέα; διατὶ  
γὰρ ὁ λίθος οὐκ ἐφύλαξε τὴν πέτραν τῆς  
ζωῆς; ἢ τὸν ταφέντα δότωσαν, ἢ ἀναστάντα  
προσκυνεῖτωσαν, λέγοντες σὺν ἡμῖν· Δόξα  
τῷ πλήθει τῶν οἰκτιρμῶν σου. Σωτὴρ ἡμῶν  
δόξα σοι.

**Στιχηρὸν Γ'. Ἦχος β'.**

*Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις  
αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλήθος τῆς  
μεγαλωσύνης αὐτοῦ.*

Χαίρετε λαοί, καὶ ἀγαλλιᾶσθε, Ἄγγελος  
ἐκάθισεν εἰς τὸν λίθον τοῦ μνήματος·  
αὐτὸς ἡμᾶς εὐηγγελίσατο εἰπών· Χριστὸς  
ἀνέστη ἐκ νεκρῶν, ὁ Σωτὴρ τοῦ κόσμου, καὶ  
ἐπλήρωσε τὰ σύμπαντα εὐωδίας. Χαίρετε  
Λαοί, καὶ ἀγαλλιᾶσθε.

**Στιχηρὸν Δ'. Ἦχος β'.**

*Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε  
αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρᾳ.*

Ἄγγελος μὲν τὸ Χαῖρε, πρὸ τῆς σῆς  
συλλήψεως Κύριε, τῇ Κεχαριτωμένη  
ἐκόμισεν, Ἄγγελος δὲ τὸν λίθον τοῦ  
ἐνδόξου σου μνήματος, ἐν τῇ σῇ Ἀναστάσει  
ἐκύλισεν. Ὁ μὲν ἀντὶ τῆς λύπης,  
εὐφροσύνης σύμβολα μηνύων, ὁ δὲ ἀντὶ  
θανάτου, Δεσπότην ζωοδότην κηρύττων  
ἡμῖν. Διὸ βοῶμέν σοι· Εὐεργέτα τῶν  
ἀπάντων, Κύριε δόξα σοι.

**Sticheron 2. Mode 2.**

*Praise God in His saints. praise Him in the  
firmament of His power. (SAAS)*

Let the Judeans explain it, how the  
soldiers lost the King, since they were  
watching. And why did not the stone guard  
the Rock of life? Let them surrender Him  
who was buried or, if He has risen, let them  
worship Him and say with us: Glory to the  
abundance of Your tender mercies. O our  
Savior, glory to You. (SD)

**Sticheron 3. Mode 2.**

*Praise Him for His mighty acts, praise Him  
according to the abundance of His greatness. (SAAS)*

Rejoice, O peoples, and be exultant. An  
Angel sat on the stone of the tomb. And he  
announced to us the good news and said:  
Christ has risen from the dead, as the Savior  
of the world; and He has filled the universe  
with sweet fragrance. Rejoice, O peoples, and  
be exultant. (SD)

**Sticheron 4. Mode 2.**

*Praise Him with the sound of trumpet, praise  
Him with the harp and lyre. (SAAS)*

An Angel before Your conception, O  
Lord, conveyed the salutation Rejoice to  
the Maiden full of grace. And an Angel at  
Your Resurrection rolled away the stone of  
Your glorious sepulcher. The one, instead of  
sorrow, was disclosing tokens of gladness.  
The other, instead of death, proclaimed to us  
the Master and Giver of life. Therefore we cry  
aloud unto You the Benefactor of all: O Lord,  
glory to You. (SD)

**Προσόμοια. Τοῦ Ἱεράρχου.**

Τοῦ Τριωδίου ---

**Ἦχος α΄.** *Τῶν οὐρανίων ταγμάτων.*

*Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῶ,  
αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.*

Τὴν μακαρίαν ἐν Κόσμῳ ζωὴν διήνυσας,  
καὶ νῦν τῶν μακαρίων συνευφραίνῃ τοῖς  
δήμοις, καὶ γῆν τὴν τῶν πράξεων, ὡς πρᾶος  
οἰκεῖς Ἱεράρχα Γρηγόριε, χάριν θαυμάτων  
πλουτεῖς δὲ παρὰ Θεοῦ ἦν παρέχεις τοῖς  
τιμῶσί σε.

*Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις,  
αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ.  
Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.*

Τὴν μακαρίαν ἐν Κόσμῳ ζωὴν διήνυσας,  
καὶ νῦν τῶν μακαρίων συνευφραίνῃ τοῖς  
δήμοις, καὶ γῆν τὴν τῶν πράξεων, ὡς πρᾶος  
οἰκεῖς Ἱεράρχα Γρηγόριε, χάριν θαυμάτων  
πλουτεῖς δὲ παρὰ Θεοῦ ἦν παρέχεις τοῖς  
τιμῶσί σε.

**Στίχ.** *Στόμα δικαίου ἀποστάζει σοφίαν,  
χείλη δὲ ἀνδρῶν ἐπίστανται χάριτας.*

Ὁρθοδοξίας τὰ δόγματα κατεφύτευσας,  
κακοδοξίας Μάκαρ ἐκτεμῶν τὰς ἀκάνθας,  
καὶ Πίστεως τὸν σπόρον πληθύνας  
καλῶς, τῇ ἐπομβρία τῶν λόγων σου,  
ἐκατοστεύοντα στάχυν ὡς πρακτικὸς  
γεωργὸς Θεῷ προσήνεγκας.

**Στίχ.** *Οἱ ἱερεῖς σου, Κύριε, ἐνδύσονται  
δικαιοσύνην, καὶ οἱ ὁσίοί σου ἀγαλλιάσει  
ἀγαλλιάσονται.*

Τὴν τοῦ ἀμέμπτου σου βίου Μάκαρ  
λαμπρότητα, ἐθαύμασαν, Ἀγγέλων, καὶ

**Prosomia. For the Hierarchy.**

From Triodion ---

**Mode 1.** *For the celestial orders.*

*Praise Him with timbrel and dance, praise  
Him with strings and flute. (SAAS)*

While in the world, you attained to a life  
of blessedness. \* And now you are exulting  
with the ranks of the blessed \* and dwell,  
O Bishop Gregory, in the land of the meek,  
being meek yourself. \* And you are rich in  
God's miracle-working grace, \* which you  
grant to those who honor you. (SD)

*Praise Him with resounding cymbals, praise  
Him with triumphant cymbals. Let everything that  
breathes praise the Lord. (SAAS)*

While in the world, you attained to a life  
of blessedness. \* And now you are exulting  
with the ranks of the blessed \* and dwell,  
O Bishop Gregory, in the land of the meek,  
being meek yourself. \* And you are rich in  
God's miracle-working grace, \* which you  
grant to those who honor you. (SD)

**Verse:** *The mouth of a righteous man distills  
wisdom; the lips of righteous men distill grace.*

(SAAS)

O blessed father, you cut down the thorns  
of heresy, \* and in their place you planted  
sacred Orthodox dogmas. \* And with your  
words you watered the seed of the Faith, thus  
increasing it splendidly. \* And as a practical  
farmer you brought to God \* ears of wheat  
increased a hundredfold. (SD)

**Verse:** *Your priests shall clothe themselves  
in righteousness; Your saints shall greatly rejoice.*

(SAAS)

The ranks of angels and mankind  
marveled, O blessed one, \* at the illustrious

ἀνθρώπων οἱ δῆμοι, καὶ γὰρ τῇ προαιρέσει,  
στερρὸς ἀθλητῆς, καὶ ἀσκητῆς ἀναδέδειξαι,  
καὶ Ἱεράρχης καὶ ἄξιος λειτουργός, τοῦ  
Θεοῦ καὶ φίλος γνήσιος.

Δόξα. **Τοῦ Τριωδίου.**

Τοῦ Τριωδίου - -

**Ἦχος πλ. β'.**

Τοῖς ἐν σκότει ἀμαρτημάτων  
πορευομένοις φῶς ἀνέτειλας Χριστέ, τῷ  
καιρῷ τῆς ἐγκρατείας, καὶ τὴν εὐσημον  
ἡμέραν τοῦ Πάθους σου δεῖξον ἡμῖν, ἵνα  
βοῶμέν σοι· Ἀνάστα ὁ Θεὸς ἐλέησον ἡμᾶς.

Τῆς Ὁκτωήχου - -

Καὶ νῦν. **Θεοτοκίον.**

Ὑπερευλογημένη ὑπάρχεις, Θεοτόκε  
Παρθένε· διὰ γὰρ τοῦ ἐκ σοῦ σαρκωθέντος,  
ὁ ἄδης ἠχμαλώτιστα, ὁ Ἀδὰμ ἀνακέκληται,  
ἡ κατάρα νενέκρωται, ἡ Εὐὰ ἡλευθέρωται,  
ὁ θάνατος τεθανάτωται, καὶ ἡμεῖς  
ἐζωοποιήθημεν· διὸ ἀνυμνοῦντες βοῶμεν·  
Εὐλογητὸς Χριστὸς ὁ Θεὸς ἡμῶν, ὁ οὕτως  
εὐδοκήσας δόξα σοι.

## Ἡ ΜΕΓΑΛΗ ΔΟΞΟΛΟΓΙΑ

Δόξα σοι τῷ δείξαντι τὸ φῶς. Δόξα  
ἐν ὑψίστοις Θεῷ καὶ ἐπὶ γῆς εἰρήνη, ἐν  
ἀνθρώποις εὐδοκία.

Ὑμνοῦμέν σε, εὐλογοῦμέν σε,  
προσκυνοῦμέν σε, δοξολογοῦμέν σε,  
εὐχαριστοῦμέν σοι, διὰ τὴν μεγάλην σου  
δόξαν.

Κύριε βασιλεῦ, ἐπουράνιε Θεέ, Πάτερ  
παντοκράτορ· Κύριε Υἱὲ μονογενές, Ἰησοῦ  
Χριστέ, καὶ Ἅγιον Πνεῦμα.

glory of your life which was blameless. \* For  
as a steadfast athlete by your resolve you  
distinguished yourself indeed \* as an ascetic  
and hierarch, and of God \* a worthy minister  
and genuine friend. (SD)

Glory. **From the Triodion.**

From Triodion - -

**Mode pl. 2.**

To those walking in the darkness of their  
sins You have shone as light, O Christ, during  
the season of self-control. And reveal to us the  
auspicious day of Your Passion, so that we  
may cry to You, "Arise, O God, have mercy on  
us." (SD)

From Octoechos - -

Both now. **Theotokion.**

You are supremely blessed, O Virgin  
Theotokos. For through Him who from you  
became incarnate was Hades taken prisoner,  
and Adam has been summoned back; the  
curse has been neutralized, and Eve has  
been liberated; death has been put to death,  
and we have been brought to life. Therefore  
extolling we cry out: O Christ our God, You  
are blessed, for so was Your good pleasure.  
Glory to You! (SD)

## GREAT DOXOLOGY

Glory be to You who showed the light.  
Glory in the highest to God. His peace is on  
earth, His good pleasure in mankind. (SD)

We praise You, we bless You, we worship  
You, we glorify You, we give thanks to You  
for Your great glory.

Lord King, heavenly God, Father, Ruler  
over all; Lord, only-begotten Son, Jesus Christ;  
and You, O Holy Spirit.



Κύριε ὁ Θεός, ὁ ἀμνὸς τοῦ Θεοῦ, ὁ  
Υἱὸς τοῦ Πατρὸς, ὁ αἴρων τὴν ἁμαρτίαν  
τοῦ κόσμου, ἐλέησον ἡμᾶς, ὁ αἴρων τὰς  
ἁμαρτίας τοῦ κόσμου.

Πρόσδεξαι τὴν δέησιν ἡμῶν, ὁ  
καθήμενος ἐν δεξιᾷ τοῦ Πατρὸς, καὶ  
ἐλέησον ἡμᾶς.

Ὅτι σὺ εἶ μόνος Ἅγιος, σὺ εἶ μόνος  
Κύριος, Ἰησοῦς Χριστός, εἰς δόξαν Θεοῦ  
Πατρὸς. Ἀμήν.

Καθ' ἐκάστην ἡμέραν εὐλογήσω σε καὶ  
αἰνέσω τὸ ὄνομά σου εἰς τὸν αἰῶνα καὶ εἰς  
τὸν αἰῶνα τοῦ αἰῶνος.

Καταξίωσον, Κύριε, ἐν τῇ ἡμέρᾳ ταύτῃ,  
ἀναμαρτήτους φυλαχθῆναι ἡμᾶς.

Εὐλογητὸς εἶ, Κύριε, ὁ Θεὸς τῶν  
Πατέρων ἡμῶν, καὶ αἰνετὸν καὶ  
δεδοξασμένον τὸ ὄνομά σου εἰς τοὺς  
αἰῶνας. Ἀμήν.

Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς,  
καθάπερ ἠλπίσαμεν ἐπὶ σέ.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Εὐλογητὸς εἶ Κύριε, δίδαξόν με τὰ  
δικαιώματά σου.

Κύριε, καταφυγὴ ἐγενήθης ἡμῖν ἐν  
γενεᾷ καὶ γενεᾷ. Ἐγὼ εἶπα· Κύριε, ἐλέησόν  
με, ἴασαι τὴν ψυχὴν μου, ὅτι ἥμαρτόν σοι.

Κύριε, πρὸς σέ κατέφυγον. Δίδαξόν με  
τοῦ ποιεῖν τὸ θέλημά σου, ὅτι σὺ εἶ ὁ Θεός  
μου.

Lord God, Lamb of God, Son of the  
Father, who take away the sin of the world,  
have mercy on us, You who take away the  
sins of the world.

Accept our supplication, You who sit at  
the right hand of the Father, and have mercy  
on us.

For You alone are holy, You alone are  
Lord, Jesus Christ, to the glory of God the  
Father. Amen.

Every day I will bless You, and Your  
name will I praise to eternity, and to the ages  
of ages.

Vouchsafe, O Lord, this day, that we be  
kept without sin.

Blessed are You, O Lord, the God of our  
fathers, and praised and glorified is Your  
name to the ages. Amen.

Let Your mercy be on us, O Lord, as we  
have set our hope on You.

Blessed are You, O Lord. Teach me Your  
statutes.

Blessed are You, O Lord. Teach me Your  
statutes.

Blessed are You, O Lord. Teach me Your  
statutes.

Lord, You have been our refuge from  
generation to generation. I said: Lord, have  
mercy on me. Heal my soul, for I have sinned  
against You.

Lord, I have fled to You. Teach me to do  
Your will, for You are my God.

Ὅτι παρὰ σοὶ πηγὴ ζωῆς, ἐν τῷ φωτί σου ὁψόμεθα φῶς.

Παράτεινον τὸ ἔλεός σου τοῖς γινώσκουσί σε.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (ἐκ γ')

Δόξα Πατρὶ καὶ Υἱῷ καὶ Ἁγίῳ Πνεύματι.

Καὶ νῦν καὶ ἀεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

Ἅγιος ὁ Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς.

*Μετὰ τὸ τέλος τῆς Δοξολογίας λέγομεν Τροπάριον Ἀναστάσιμον.*

**Ἦχος δ'.** (ἡ τῆς ἐβδομάδος.)

Σήμερον σωτηρία τῷ κόσμῳ γέγονεν. Αἰσωμεν τῷ ἀναστάντι ἐκ τάφου καὶ ἀρχηγῷ τῆς ζωῆς ἡμῶν· καθελὼν γὰρ τῷ θανάτῳ τὸν θάνατον, τὸ νίκος ἔδωκεν ἡμῖν, καὶ τὸ μέγα ἔλεος.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.

Holy Holy God, Holy Mighty, Holy Immortal, have mercy on us.

*After the Doxology, sing the following Resurrectional Troparion.*

**Mode 4.** (or the Mode of the week)

Today has salvation come to pass in the world. Let us sing to Him who resurrected from the tomb and is the Author of our life. For, destroying death by death, He gave us the victory and the great mercy. (SD)