Anxiety Overload

I plan to make a list of my anxieties and post them for other to view. A few stories included.

Its something not a lot of people share but I have found the more you open up the more you realized your not alone.

My anxiety

You're not alone

About

abibliophobia, ablutophobia, acarophobia, acerophobia, achluophobia, acousticophobia, acrophobia, aeroacrophobia, Gallophobia, geliophobia, graphophobia, helminthophobia, herpetophobia, hypengyophobia, abibliophobia, ablutophobia, acarophobia, acerophobia, achluophobia, acousticophobia, acrophobia, aeroacrophobia, (hobia, A story of how I got graphophobia, helminthophobia, herpetophobia, this or and experience had with it abibliophobia, ablutophobia, acarophobia, acero bia, acousticophobia, acrophobia, aeroacrophobia, hobia, graphophobia, helminthophobia, herpetophobia abibliophobia, ablutophobia, acarophobia, acerd bia. acousticophobia, acrophobia, aeroacrophobia, Gallophobia, geliophobia, graphophobia, helminthophobia, herpetophobia, hypengyophobia, abibliophobia, ablutophobia, acarophobia, acerophobia, achluophobia,



They will also be able to make their own collections and it will be posted on the You're Not Alone page.