

A Global Picture of Food Insecurity and Hunger

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Abstract

We modeled levels of food security at a subnational level from 2010 to 2030 using microdata from 77 countries collected by the FAO and Gallup World Poll for the Voices of the Hungry project. We find significant heterogeneity in levels of food security around the world, ranging from parts of the global north with less than 1% of the population food insecure to parts of the global south where as much as 3 out of 4 people are severely food insecure. Examining global temporal trends and accounting for the effects of the COVID-19 pandemic, we find that food insecurity has been increasing over the past several years, but under middle-of-the-road assumptions for development and population change, food insecurity will decline throughout the 2020s. This global decrease is largely driven by trends in South and East Asia, and some parts of the world, particularly sub-Saharan Africa, are projected to show increases in the prevalence of food insecurity throughout the next decade. This is the first global picture of the Food Insecurity Experience Scale, the food security metric most indicative of the lived experience of hunger.

1 Introduction

Being food secure is a critical component of human flourishing, which is why the second Sustainable Development Goal (SDG 2) is “Zero Hunger”. While a number of indicators are used to track progress towards this goal, the indicator that is most indicative of the human experience of food insecurity is the Food Insecurity Experience Scale, or FIES. The FIES was developed due to a recognized need to measure actual food insecurity based on personal exposure to hunger, rather than proxies for food insecurity, such as estimates of calories per capita, or health consequences of food insecurity, such as child stunting. However, as a relatively new metric, little work has been done so far to model food security at a global scale or estimate current trends in the number of food insecure people using the FIES.

Food security has traditionally been difficult to measure, and this has led to incomplete or inaccurate pictures of global hunger. Metrics of macro-health, such as anthropometry and mortality rates are correlated broadly with food insecurity and have been used for many years to monitor human well-being [1, 2]. However, these metrics are confounded with other determinants of health such as infectious disease and are not meaningful at the scale of individuals or households [3]. Other proxies for food security, such as food availability estimated from crop yields [4], are also inadequate because they do not indicate how accessible food is to the general population, and food insecurity can certainly occur in the absence of food availability decline [5].

Moreover, these metrics are very sensitive to incorrect estimates of crop yields and food reserves at a national scale. Thus, global estimates of hunger and food insecurity based on these metrics carry forward similar flaws.

As researchers began to focus on food insecurity at the individual and household level, household microdata collecting information on household finances and consumption became a common proxy for food security [6]. However, these efforts were criticized for being onerous, insufficiently comparable, as well as for ignoring subjective and experiential aspects of food security [7]. This led to the emergence of several indicators designed to be rapidly deployable, culturally cross-comparable, and based on the lived experience of food security [8]. These metrics include the Household Food Insecurity and Access Scale (HFIAS) [9]; the Coping Strategies Index (CSI) [10]; and the Household Hunger Scale (HHS) [11].

Drawing on the insights derived in designing and implementing these novel food security metrics, the FIES was developed by the Food and Agricultural Organization (FAO) of the UN [12]. The FIES is based on a survey of eight behaviors indicative of food insecurity and hunger over the previous year, such as skipping meals or worrying about having enough to eat. Using a Rasch model [13], each individual in the survey is given a severity score, and thresholds for moderate and severe food insecurity are set at the behaviors of eating less than the respondent thought they should, and not eating for a while day, respectively. Thus, people in moderate-to-severe food insecurity are estimated to have not eaten as much as they should have at least once in the previous year, while people in severe food insecurity are estimated to have gone an entire day without eating in the previous year.

Since 2014, in partnership with Gallup World Poll, the FAO has published surveys from around the world in 77 countries to estimate the prevalence of food insecurity using the FIES. With this data, we used machine learning to estimate levels of food insecurity around the world at the subnational level. Our analysis highlights several important global and regional trends in food security.

NOTE: SHOULD CITE [14], a previous study that used the FIES to estimate correlates of food insecurity.

2 Results

2.1 Spatial Distribution of Food Insecurity

We found significant heterogeneities in the global distribution of severe food insecurity, estimated to be people who had to go an entire day without eating at least once in the previous year (See Fig. 1). For the year 2020, mainland sub-Saharan Africa is the continent with the highest rates of severe food insecurity, with at least 15% of people in severe food insecurity in at least one region in every country except Gabon and Equatorial Guinea. Outside of Africa, serious pockets of severe food insecurity also occur in Venezuela, Syria, Papua New Guinea, Yemen, and Afghanistan. In many large middle-income countries, severe food insecurity is also quite prevalent, with rates between 10-15% in areas like northern Brazil, many central Asian and middle-eastern countries, and India and Indonesia.

The experience of at least moderate food insecurity, or eating less than one would prefer, is quite common in many parts of the world. In 2020, it is quite common in Africa, south and southeast Asia, and parts of Latin America, where in many places over 50% of the population experiences this degree of food insecurity. Even in countries widely considered to be developed, such as Australia, the United States, and parts of eastern and southern Europe, moderate-to-severe food insecurity is as high as 10-15%.

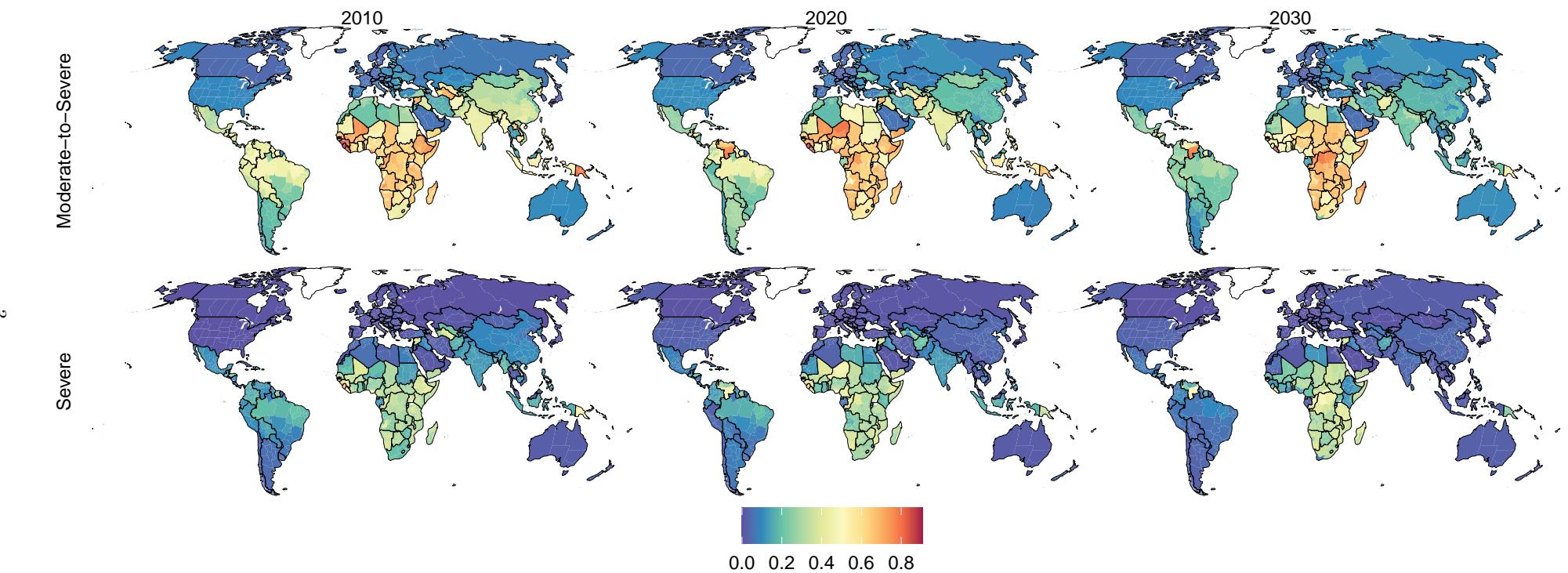


Figure 1: Modeled rates of severe and moderate-to-severe food insecurity for the years 2010, 2020, and 2030

Globally, in the year 2020, we estimate that 2.33 billion people experience at least moderate food insecurity, and 829 million people experience severe food insecurity (See Fig. 2). While the total number of people in moderate and severe food security held roughly constant for the 2010s and even increased in latter part of that decade, we predict that it will decline throughout the 2020s. However, this overall decline will not be uniform across the world. Our model expects that, in most of sub-Saharan Africa, moderate food insecurity will increase throughout the 2020s and severe food insecurity will plateau, although some countries, such as Kenya, Ethiopia, and Ghana, will see improvements. Food Security will fall in most other world regions, particularly South Asia and East Asia & the Pacific.

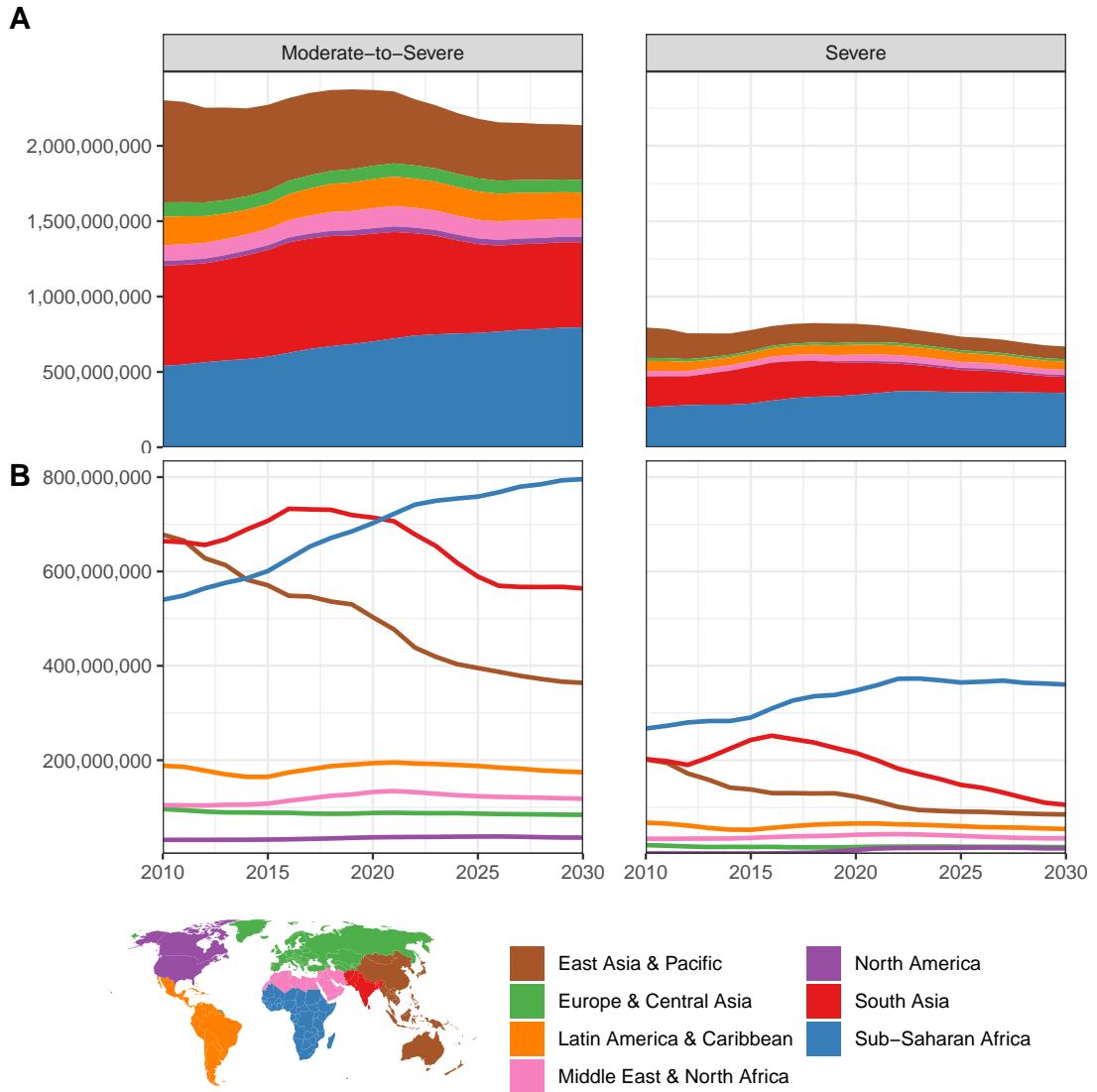


Figure 2: Number of people in moderate-to-severe and severe food insecurity, by World Bank regions over time, with a 3-year smoothing. Panel (A) shows the number of food insecure people with region totals stacked, to show global trends and totals over time. Panel (B) shows regional totals compared against each other over time.

This results of this analysis can be explored in more detail on the World Hunger Clock, including statistics for each subnational administrative area.

3 Discussion

This paper presents the first global estimates of the experience of food insecurity at a subnational level, with forecasts out to the year 2030. We found that, while food insecurity has been increasing and has worsened in 2020 with the novel coronavirus, our models predict that number of people who experience food insecurity globally will decrease throughout the 2020s, largely because of progress in south and east Asia. Nevertheless, many regions, most notably sub-Saharan Africa, are expected to see overall increases in the number of food insecure people.

While this is the first comprehensive projection of indicator 2.1.2 for SDG 2, projections for other indicators for that goal have been made. The most recent State of Food Insecurity (SOFI) report by the FAO projected indicator 2.1.1, the prevalence of undernourishment, and found that that, much like food insecurity, undernourishment had been increasing throughout the 2010s [15]. The SOFI report also modeled the prevalence of undernourishment in 2030 based on recent trends, giving more weight to recent years, and projected that undernourishment will increase by 2030 [15, Part 1, Page 11]. Using a similar method for modeling the prevalence of stunting (indicator 2.2.1), the SOFI reported that the rate of stunting would decrease by 2030 [15, Part 1, Page 30].

The fact that the SOFI expects increases in undernourishment while we predict decreases in food insecurity is likely due to our differing modeling approaches. While the SOFI report extrapolated recent trends in undernourishment, we modeled food insecurity based on projections of factors like GDP per capita, population, and the prevalence of stunting. We found that, in a random forest model, these predictors were very successful at predicting recent rates of both moderate-to-severe and severe food insecurity.

While we found that food insecurity will decrease overall by 2030, our middle-of-the-road scenario only expects the number of people experiencing moderate or severe food insecurity to fall by 12% and the number of people experiencing severe food insecurity to fall by 20%. This still leaves billions of people eating less than they should and nearly half a billion people going entire days without eating a decade from now, far short of the SDG 2 goal of “zero hunger.” Moreover, decreases in food insecurity as measured by the FIES do not necessarily mean there will be improvements in other significant challenges such as poor dietary quality, micronutrient deficiencies, or obesity. Thus, while expected trends in correlates of food security give cause for optimism, there is still significant work to be done in pursuit of SDG 2.

4 Methods

4.1 Disaggregation

The data on the FIES collected by Gallup records many individual-level attributes from the respondents, including age, gender, wealth quintile, and whether they live in an urban or rural area. Using national data on these variables, a standard weighting schema is created for each individual, based on the ratio of population probabilities to sample probabilities of an individual with those characteristics being selected [16]. We used a similar methodology, except we calculated post-stratification weights at a subnational level. We used year-specific subnational estimates of population percentages by gender, age, urbanization, and, where available, wealth, and created a separate set of weights for each admin area across all individuals. For age and gender, we used gridded data from WorldPop [17], for urbanization, we used spatially explicit estimates published by Jones and O’Neill [18], and for wealth we used data from Demographic and Health Surveys [19]. This methodology rests on the mild assumption that subnational differences in rates of food insecurity are more due to factors related to demographics, urbanization, and wealth than other unobservable factors.

4.2 Covariates

We model subnational rates of severe and moderate-to-severe food insecurity as a function of several covariates related to human development, food security, health, infrastructure, and the

environment (See Table 1). We aimed for covariates that had subnational spatial resolution or peer-reviewed projections available through the year 2030. For many variables, we combined historic subnational data with national projections through the 2020s to derive simple subnational estimates for the next decade. For projections based on the Shared Socioeconomic Pathways (SSP) framework, we used the middle-of-the-road pathway, SSP2, and for climatological variables, we use forecasts based on Representative Concentration Pathway 6. Finally, we adjusted several variables to account for the effects of COVID-19, including GDP per capita using June 2020 estimates from the World Bank [20], stunting and wasting using August 2020 estimates published in *The Lancet* [21], as well as the poverty headcount index (CITATION). For a detailed overview of the steps involved in processing and preparing each covariate, see the Appendix.

Name	Source
Urban Percentage	[18]
Stunting	[22]
Wasting	[22]
Mean Years of Schooling	[23, 24]
GDP Per Capita	[23, 25]
Gini Coefficient	[26]
Poverty Headcount Index	[27]
Water Scarcity	(CITATION)
Mean Annual Precipitation	[28, 29]
Topographic Ruggedness	[30, 31]
Mean Temperature	[28, 29]
Malaria (<i>P. falciparum</i>) Mortality Rate	[32]

Table 1: Covariates Included in Present-Day Analysis

4.3 Modeling

Given the subnational FIES data resulting from the disaggregation combined with the covariates stated above (See Table 1), we modelled subnational rates of severe and moderate-to-severe food insecurity for the whole world in the period of 2010 to 2030. We conducted suitable statistical methods such as Least Absolute Shrinkage and Selection Operator (LASSO) regression and Bayesian Stochastic Search and Variable Selection (Bayes SSVS), as well as machine learning methods such as Random Forest regression. Based on various model validation metrics, Random Forest (RF) regression performs best which can be seen as a contribution to the increasing importance of such methods in the field (CITATION: Master Thesis Müller?).

By using the most popular model validation metrics, we observed a in-sample mean squared error (MSE) of 0.00?? with a R2 of 0.999? for the RF regression model. Since these models are prone to overfitting (CITATION) it is crucial to check the out-of-sample prediction performance. Hence, we trained the RF regression model with 75% of the data and predicted rates of severe and moderate-to-severe food insecurity for the remaining 25%. We got an out-of-sample MSE of 0.00?? with a R2 of 0.99??. This excellent out-of-sample performance makes the RF regression model particularly suitable for our application. See the Supplement Info for a detailed description and validation of all models.

In RF regression models two main hyperparameters can be selected. One parameter which describes the number of variables randomly selected as candidates for splitting a node and another which describes the forest average number of unique cases (data points) in a terminal node, “mtry” and “nodesize” respectively (CITATION, manual r package randomforestSRC). We calculated the Out-Of-Bag (OOB) error for different combinations of the hyperparameters. The OOB error is the mean prediction error of the observation not included in the bootstrap aggregating or bagging (CITATION). By choosing the combination of hyperparameters with the lowest OOB error we found the optimal values which we used in our RF regression model to predict subnational rates of severe and moderate-to-severe food insecurity.

Population [23, 24]

5 Conclusion

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Supplemental Info

S1 Component Questions of the FIES

1. During the last 12 MONTHS, was there a time when you were worried you would not have enough food to eat because of a lack of money or other resources?
2. Still thinking about the last 12 MONTHS, was there a time when you were unable to eat healthy and nutritious food because of a lack of money or other resources?

3. Was there a time when you ate only a few kinds of foods because of a lack of money or other resources?
4. Was there a time when you had to skip a meal because there was not enough money or other resources to get food?
5. Still thinking about the last 12 MONTHS, was there a time when you ate less than you thought you should because of a lack of money or other resources?
6. Was there a time when your household ran out of food because of a lack of money or other resources?
7. Was there a time when you were hungry but did not eat because there was not enough money or other resources for food?
8. During the last 12 MONTHS, was there a time when you went without eating for a whole day because of a lack of money or other resources?

S2 Predicting Covariates Into the Future

S2.1 Annualized Rate of Change

For many of our covariates, to extrapolate recent trends to the future, it is necessary to draw on annualized rates of change, which are then used to anticipate the rate of future change. This method can be used for any variable that is a fraction or a rate. We use this method to estimate future rates of stunting, wasting, and malaria mortality, as well as to model future admin shares of GDP and population. Thus, we give an overview of the methodology here.

First, for each admin area, a , the rate of change (ROC) is calculated between each pair of adjacent years, y , based on a value, p , such that $0 < p < 1$, available for each year.

$$\text{ROC}_{a,y} = \text{logit} \left(\frac{p_{a,y}}{p_{a,y-1}} \right) \quad (1)$$

Then, each ROC is weighted to give more weight to recent years, such that weight W at year y is. For a dataset with observations for 2010 to 2017, that would be:

$$W_y = \frac{y - 2010}{\sum_{y=2010}^{2017} y - 2010} \quad (2)$$

Then, the annualized rate of change (AROC) is calculated as:

$$\text{AROC}_a = \text{logit} \left(\sum_{y=2010}^{2017} W_y \times \text{ROC}_{a,y} \right) \quad (3)$$

Finally, the projections, Proj, for each year from 2018 to 2030 are given as:

$$\text{Proj}_{a,y} = \text{logit}^{-1}(\text{logit}(p_{a,2017}) + \text{AROC}_a \times (y - 2017)) \quad (4)$$

For cases where we are modeling shares of a whole, for example when modeling subnational shares of population or GDP, we then re-scale the shares to ensure they total to 1.

S2.2 Population

Although population is not a covariate in our random forest model, it is an important precursor to other covariates, such as GDP per capita, and future estimates of population are also necessary to convert modeled future rates of food insecurity into total headcounts of food insecurity. Thus, in addition to our other covariates, we also modeled population into the future.

We do this by combining historic subnational data from the Subnational Development Database [23] with national level population estimates for the 21st century [24]. To account for within-country trends and changes in population distribution, we use the AROC method outlined in equations 1 - 4 to project each admin areas share of national population totals. We then disaggregate the national totals given by KC et al. to estimate future subnational populations.

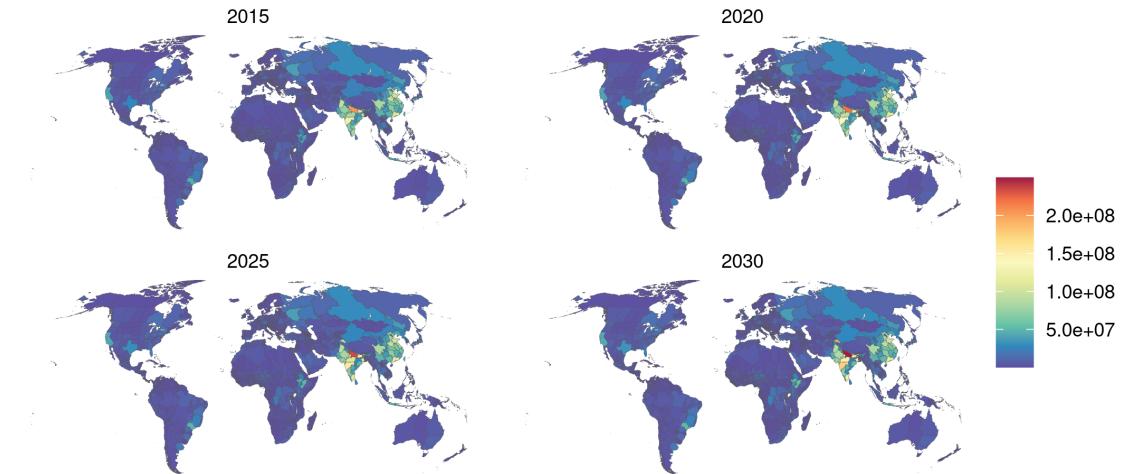


Figure S1: Population

S2.3 Urban Percentage

We drew our historic and future estimates of urbanization entirely from Jones and O'Neill, published in *Environmental Research Letters* [18], who modeled spatially explicit scenarios of urbanization consistent with the Shared Socioeconomic Pathways. As with our other covariates, we used estimates for SSP2, the middle-of-the-road scenario. Because definitions of “urban” and “rural” vary significantly across datasets, using one dataset that is entirely consistent within itself was an important consideration.

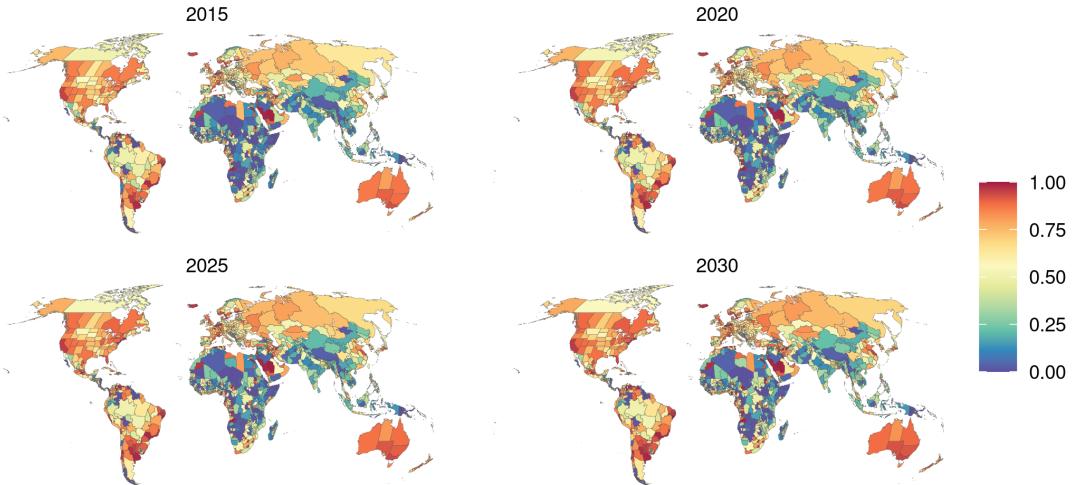


Figure S2: Percentage of people living in urban areas.

S2.4 Wasting

To estimate the prevalence of wasting for each administrative area in our dataset, we used data from the Local Burden of Disease project published in *Nature* [22]. For the years 2010 to 2017, we simply took the mean rate of wasting in each administrative area from the dataset. Higher-income countries that were not included in the dataset were modeled as having a rate of 0 wasting. We then modeled wasting for the years 2018-2030 using the AROC method, which the Local Burden of Disease group similarly used to estimate wasting for the year 2025 [22].

To account for the effects of the novel coronavirus on global rates of wasting, we assumed that long-term trends and rates of wasting would hold steady, but that they increase globally by 14.3% in 2020, based on estimates published in *The Lancet* [21]. We model this impact as uniform across all countries where wasting occurs. Then we model the rate of wasting in each administrative area in 2021 as being the mean of the rate in 2020 that accounts for the shock and the previously modeled rate for 2022.

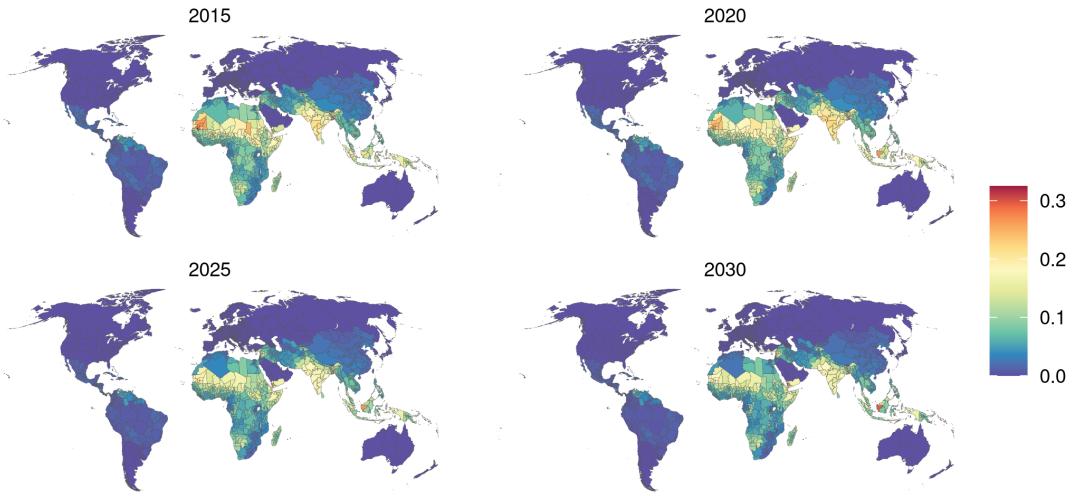


Figure S3: Prevalence of wasting.

S2.5 Stunting

We model stunting using the same methodology we use to summarize and model wasting, because the Local Burden of Disease dataset that we draw on for wasting also includes stunting. We also included the 14.3% increase in prevalence for the year 2020 that was estimated for wasting [21], even though stunting is a long-term consequence of malnutrition and will likely not be as readily observable in a population as wasting would be. However, we use stunting in our model not as a cause of food insecurity, but rather as a proxy for chronic conditions of hunger, which are exacerbated by the coronavirus pandemic. Thus, estimating an impact of the coronavirus shock on stunting is appropriate for our model.

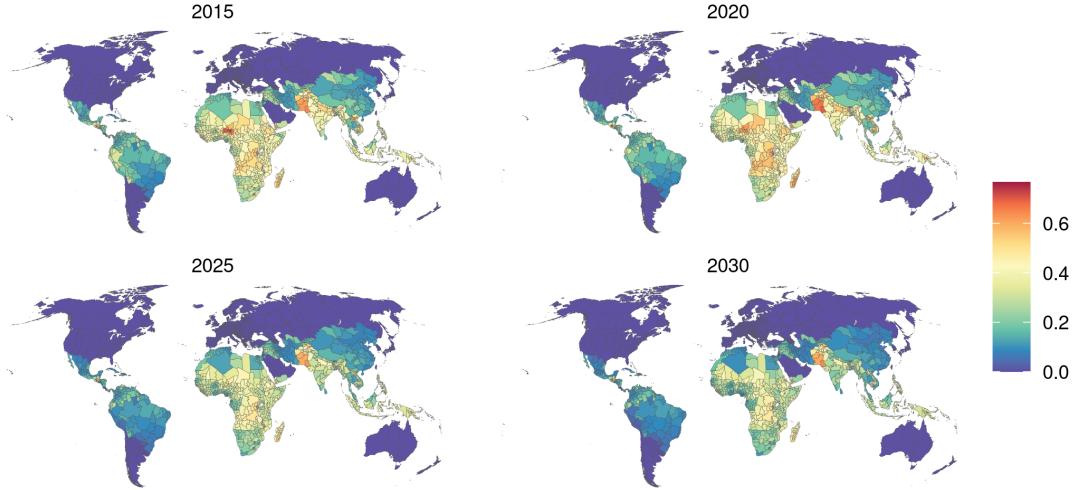


Figure S4: Prevalence of stunting.

S2.6 GDP Per Capita

We estimate global subnational GDP per capita using historic subnational estimates of Gross National Income (GNI) from the Subnational Human Development Database [23] and forecasts of national GDP within the SSP framework from Dellink et al. [25]. We first use data from the World Bank to estimate the mean country-level ratio of GNI to GDP and adjust the subnational estimates of GNI according to that country-specific ratio. We then calculate each admin area's share of country GDP, and then use the AROC method to estimate each admin area's share of total country GDP. Based on these trajectories in each admin areas share of total country GDP, we estimate what each admin area's share of GDP will be for each year from 2019 to 2030. We divide that share of GDP by the population of the administrative area, which we had previously estimated. Thus, national GDP totals are consistent with the projections of Dellink et al., but are disaggregated according to the historic patters of GDP share in the Subnatiinal Human Development Database.

Finally, we used estimates of country-level changes in GDP growth for the years 2020 and 2021 to account for the impact of the coronavirus [20]. We then model GDP as resuming its previous growth trajectory based on previously-estimated growth rates from 2022-2030, but growing from an estimate for 2021 that includes the coronavirus shock.

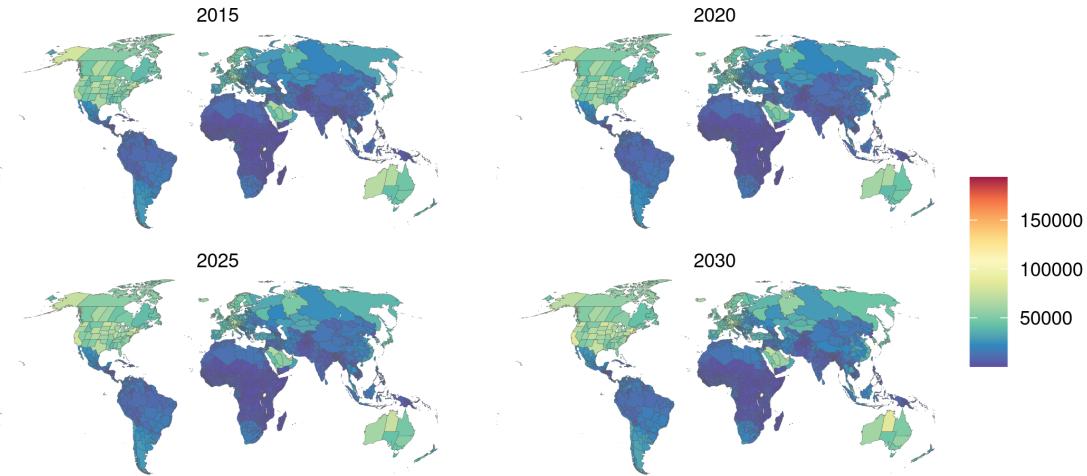


Figure S5: GDP per capita.

S2.7 Mean Years of Schooling

We estimate global subnational mean years of schooling using historic subnational estimates from the Subnational Human Development Database [23] and forecasts of national mean years of schooling from KC et al. [24]. Using the historic subnational data, we estimate each subnational administrative area's difference in years of schooling from the national mean, and use this value to disaggregate the future projections to a subnational level.

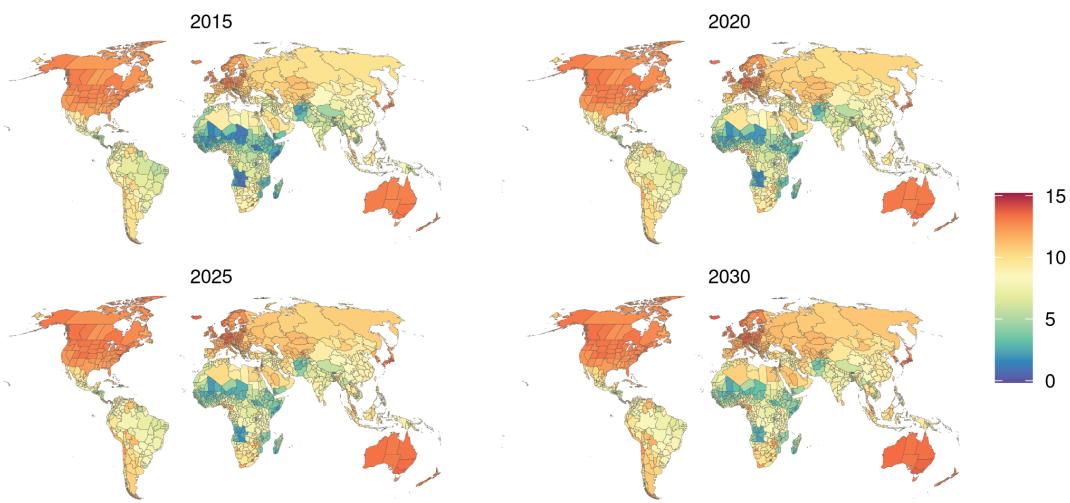


Figure S6: Mean years of schooling.

S2.8 Gini Coefficient

We use estimates of national income inequality from Rao et al. [26]. These estimates include all years in our analysis, and are not disaggregated to a subnational level.

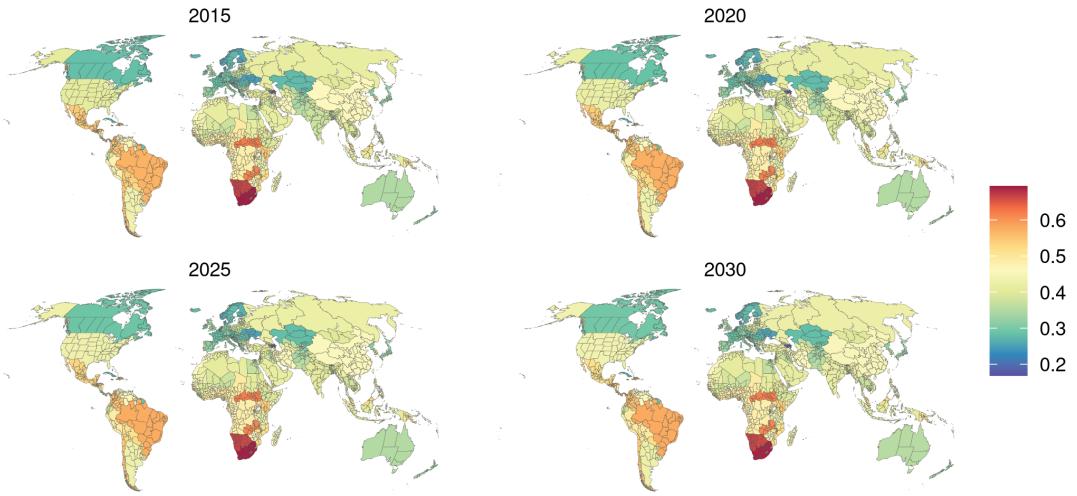


Figure S7: Gini Coefficient

S2.9 Poverty Headcount Index

We used estimates of the Poverty Headcount Index for the recent past and future from Cuaresma et al. [27], updated to include the impact of the coronavirus. We include the Poverty Headcount Index in our model at the national level. SOMEBODY FAMILIAR WITH THE WORLD POVERTY CLOCK FEEL FREE TO ADD MORE.

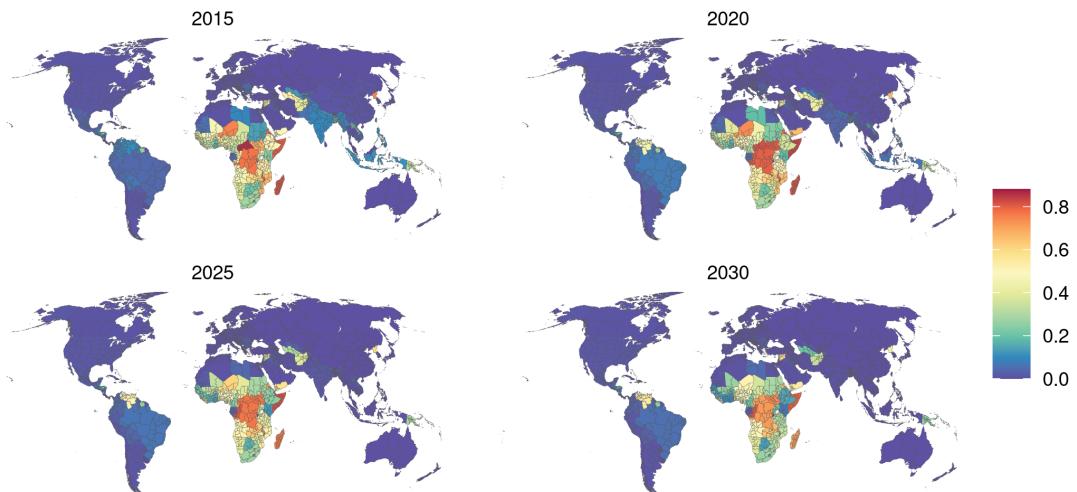


Figure S8: Poverty Headcount Index

S2.10 Water Scarcity

SOMEBODY FAMILIAR WITH THE WATER CLOCK METHODOLOGY, FEEL FREE TO ADD MORE.

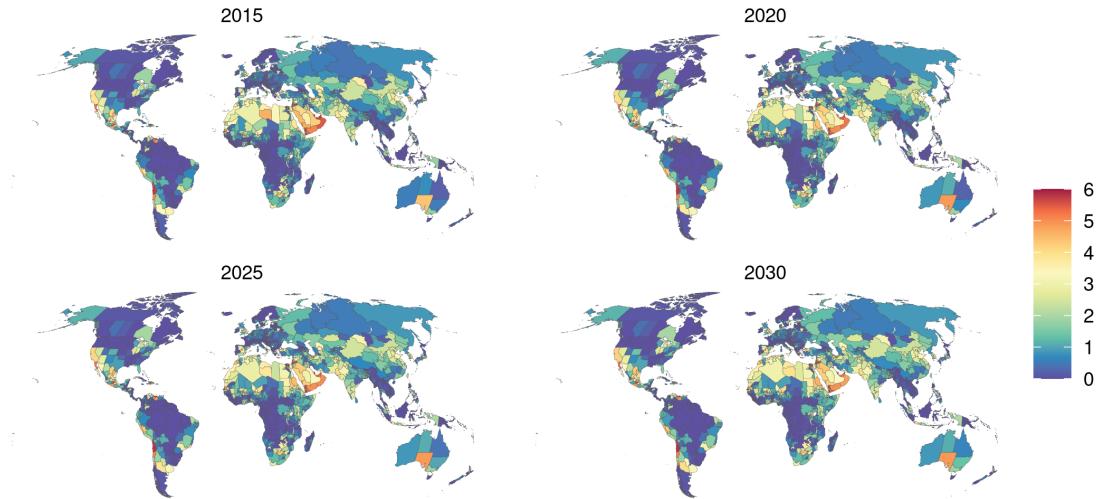


Figure S9: Water Scarcity Index

S2.11 Mean Annual Precipitation

For mean annual precipitation, we use data for the years 2010 to 2019 from the TerraClimate dataset [28], summarized to each admin area. For data for the years 2020-2030, we use models from the Inter-Sectoral Model Intercomparison Project [29]. Specifically, we use an ensemble of bias-corrected projections under representative concentration pathway (RCP) 6.0, taking the mean of the ensemble.

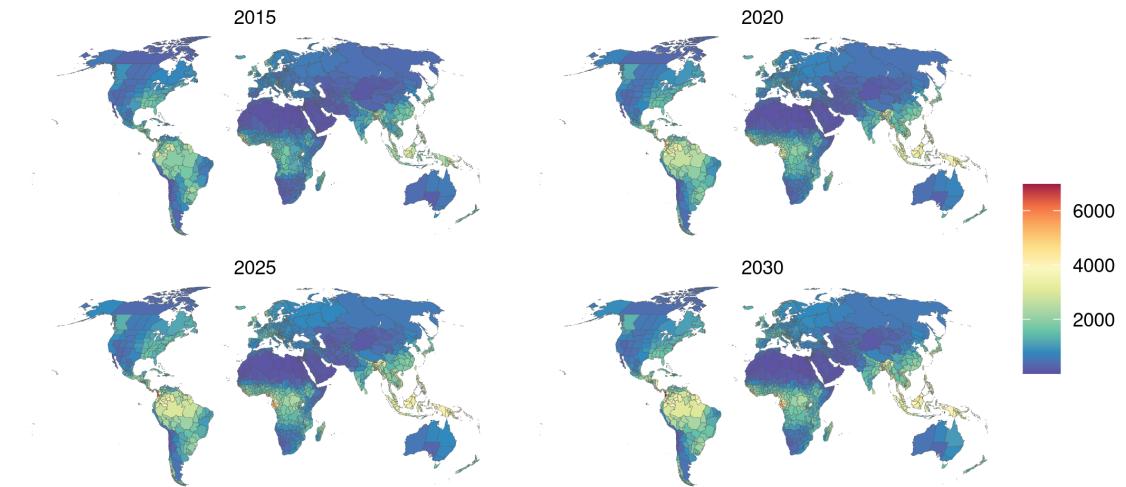


Figure S10: Mean annual precipitation

S2.12 Mean Temperature

For mean temperature, we used the same datasets that we'd used for precipitation, as each of those datasets included both temperature in addition to precipitation.

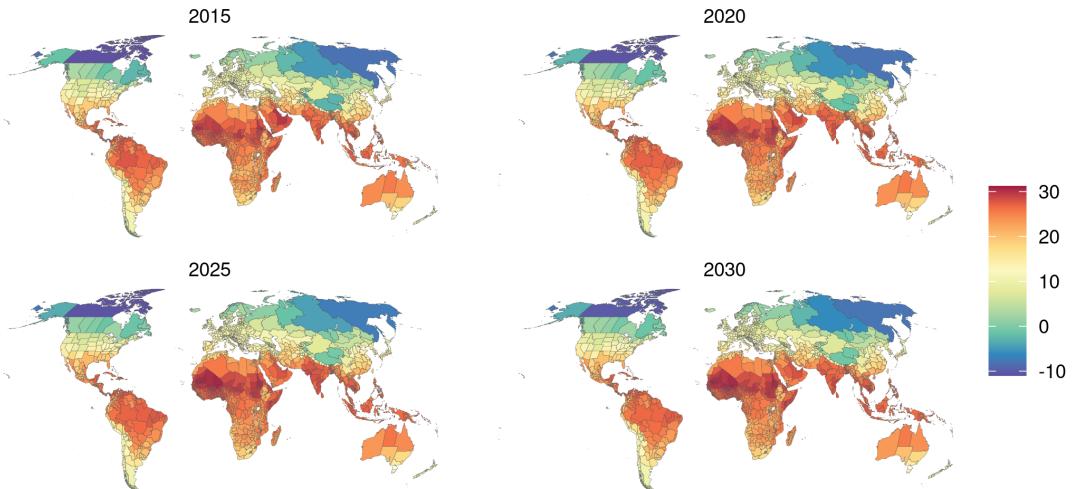


Figure S11: Mean temperature (Celsius)

S2.13 Topographic Ruggedness

As a measure of accessibility, we include the mean topographic ruggedness of each admin area. We first used a gridded dataset of elevation from the USGS [30] and calculated the index at each grid cell using the methodology from Riley et al. [31]. We then summarized the values of all the grid cells within each administrative area. Because this variable does not change over time, it is constant across all years in the model.

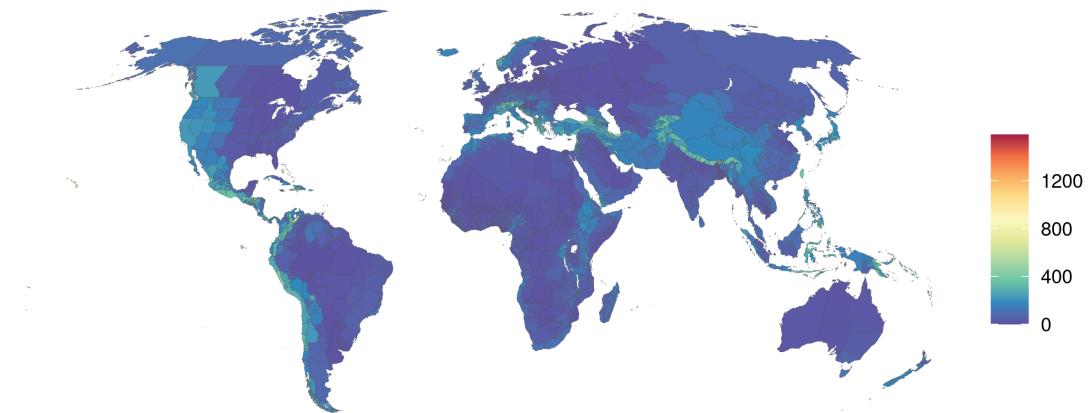


Figure S12: Topographic ruggedness

S2.14 Malaria (*P. falciparum*) Mortality Rate

We used data from *The Lancet* to estimate the mortality (deaths per 100,000 population per year) due to Malaria [32], taking the average pixel values within each subnational administrative area. We then estimated future malaria mortality based on AROC method.

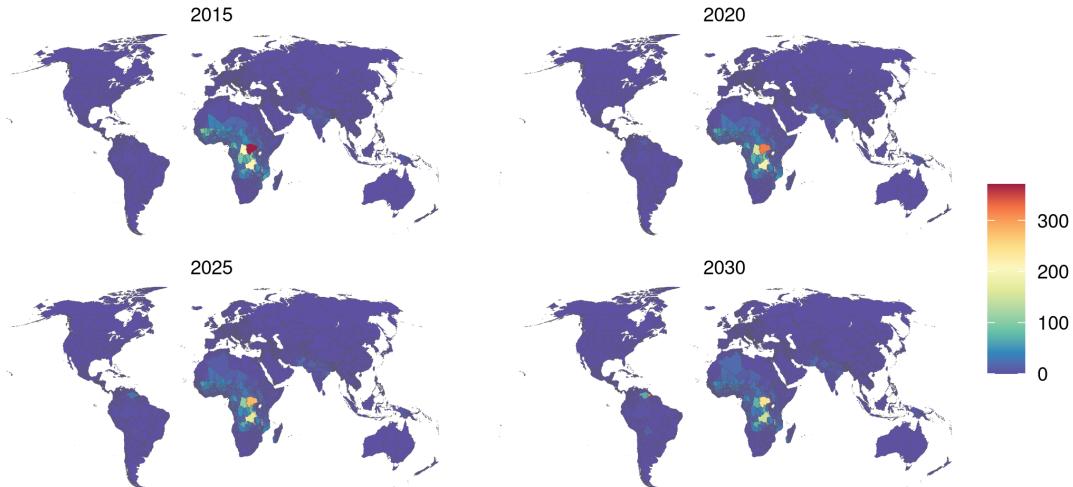


Figure S13: Rate of mortality due to *P. falciparum* Malaria

S3 Description and Validation of Models

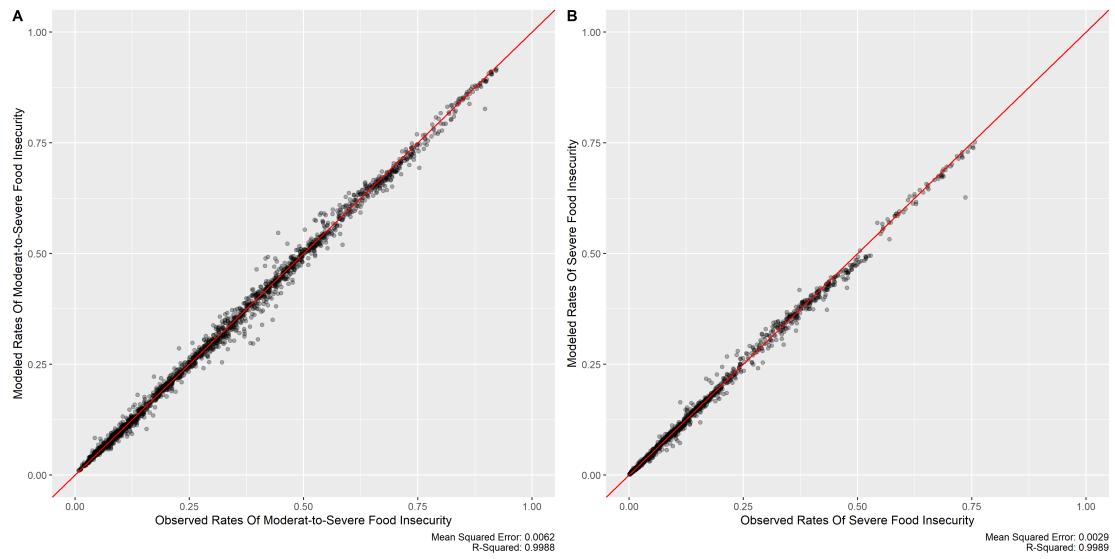


Figure S14: In-Sample Residuals of the RF regression model. Panel (A) shows the Moderate-to-Severe model and Panel (B) shows the Severe model.