

Cut along dotted line

P.O. Box 567 Prince Street Station, NY, NY 10012 . (212) 598-4910 . www.thegreenguide.com

THE Green GUIDE
Smart Shoppin'

PlasticPicks

SMART SHOPPER'S



fold here ➡

THE Green GUIDE Plastic Picks

Pick these, not these:

- #1 polyethylene terephthalate (PET or PETE) Disposable bottles
- #2 high density polyethylene (HDPE) Milk jugs
- #3 polyvinyl chloride (V or PVC) Bottles, Food wrap **avoid**
- #4 low density polyethylene (LDPE) Food wrap, Freezer bags
- #5 polypropylene (PP) Baby bottles, Thermo mugs
- #6 polystyrene (PS) Styrofoam cups **avoid**
- #7 other (usually polycarbonate) Baby bottles, Pitchers **avoid**

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