



Family Rides

2007 Schedule

Portland Wheelmen Touring Club and River City Bicycles have teamed up to offer some fun rides especially for families and novice riders. An adult must accompany children and all riders must wear helmets. Arrive early. Group departs at time listed.

Sunday, July 22	The End of the Springwater Trail Start at Gresham City Park @ Powell Blvd. & Main Ave. Ride eastbound on the Springwater Trail until the pavement ends, and then back to the City Park. Bring along a picnic lunch for after the ride and enjoy the big playground area for more fun after your ride. Ride Leader Stefan Lemmer, 503.860.7892 or email senw@myexcel.com	10:30 am	8 miles
Saturday, July 28	Smith and Bybee Lakes Start at the Princeton Trailhead at North Princeton and Carrey Streets off Willamette Blvd. to ride along the Peninsula Crossing Trail to the Smith and Bybee Wetland Area. Bring binoculars for bird watching. Ride Leader Ann Morrow, 360.573.5059 or 360.608.3173 (cell).	10:00 am	8 miles
Sunday, August 5	Columbia River Bike Path Start at Marine Park in Vancouver. Take SR14 to Exit 1 South then East on Columbia Way. Ride west along the Columbia to Esther Short Park and back. This is a pre PWTC club picnic ride. Club members will enjoy lunch after the ride at Marine Park. Ride Leader Ann Morrow, 360.573.5059 or 360.608.3173 (cell).	10:30 am	9 miles
Saturday, August 11	Springwater on the Willamette Start on the east side of the Hawthorne Bridge. Meet near the Portland Fire District Building and check out this stretch of Rail with Trail to Oaks Bottom. You may see an Osprey or a Great Blue Heron. Ride Leader Ann Morrow, 360.573.5059 or 360.608.3173 (cell).	9:30 am	7 miles
Saturday, August 25	Willamette River Greenway Trail Start at Willamette Park at the south end near the playground. Park is off Macadam Avenue/Highway 43. Cross street is Nebraska. There is a fee in the summer to park so you may want to park on the streets nearby and ride in to the park. The route will follow the Willamette River into Portland and down to the Steel Bridge and back. Explore this ever changing route and learn how you can access other fun activities by bike. Ride Leader Bill Hamilton 503.635.5255 or bill@simple.be	10:00 am	9.4 miles

Sunday, September 9	Marine Drive Bike Path	10:00 am	10 miles
Park at the 42nd Street Boat Ramp between 33rd and I-205. The ride heads east and jet planes, water traffic and others using the path make for an interesting ride. Plan to enjoy the beach and Columbia River after the ride. It's Grandparents Day so include them in this family ride if you can. Ride Leader Stefan Lemmer, 503.860.7892 or email senw@myexcel.com			
Saturday, September 15	Vancouver Lake/Columbia River	10:00 am	15 miles
Start at Vancouver Lake Park. I-5 to Mill Plain (Vancouver) Take Exit 1D/Fourth Plain Blvd. Go west (left) about 5 miles and follow signs to the Lake (on your right). The parking will cost about \$2. Head over to Frenchman's Bar then out Lower River Road. Enjoy the lake, the Columbia River and the Wildlife Refuge. Ride Leader Bill Hamilton 503.635.5255 or bill@simple.be			
Saturday, September 29	Portland Downtown Loop	9:30 am	3+ miles
Start on the east side of the Hawthorne Bridge. Meet near the Portland Fire District Building. Ride along the East Bank Esplanade and cross the Steel Bridge and ride along the west waterfront back to the Hawthorne Bridge. Ride Leaders John & Karyn Mardis, 503.280.5165 or knmardis@hotmail.com			
Sunday, September 30	Sauvie Island Loop & Pumpkin Patch	10:00 am	10 miles
Start at the Pumpkin Patch, 16511 NW Gillihan Road on Sauvie Island, and ride the infamous Sauvie Island Loop with fresh fruit and fun at the Pumpkin Patch. Ride Leader Janis McDonald, 503.860.2208 or bikewonder@msn.com and check www.thepumpkinpatch.com			
Sunday, October 14	Banks/Vernonia Bike Trail	10:30 am	12 + miles
Start near Buxton. Allow at least 2 hours travel time. Take Highway 26 west of Portland to Fisher Road, just past the North Fork of Dairy Creek and before the turn-off for Highway 47. Turn right on Fisher Road and go up the hill and follow it around the bend to the right (you are now on Bacona Road). Turn right into the trail head just after Ped/Bike sign. Very easy, hard pack, pretty rails to trails route. Those choosing to ride farther can get on the paved portion and ride all the way to Vernonia and back. Ride Leader Ann Morrow 360.573.5059 or 360.608.3173 (cell).			

- Bring some water
- Eat a good breakfast before the ride. You'll feel better and have more energy.
- All rides are relatively flat and "out & back" routes so you may head back whenever you want.
- Bring a snack, fruit or energy bar
- Check your bike prior to the ride. A well maintained bike will get you through the ride.
- Seek professional help if necessary!
- All children under age 18 must be accompanied by an adult.

For additional information contact the ride leader listed or check PWTC.com, contact Ann Morrow at Anniedmor@comcast.net or check Rivercitybicycles.com or contact Stefan Lemmer, 503.860.7892 or email senw@myexcel.com.

IT'S NOT HOW FAR, IT'S NOT HOW FAST, IT'S HOW MUCH FUN!