

Cut along dotted line



P.O. Box 567 Prince Street Station, NY, NY 10012
(212) 598-4910 . www.thegreenguide.com

THE GreenGUIDE
from

fold here

THE GreenGUIDE Plastic Picks

Pick these, **not these**:

- | | |
|--|---|
| #1 polyethylene terephthalate
(PET or PETE) Disposable bottles | #5 polypropylene (PP)
Baby bottles, Thermo mugs |
| #2 high density polyethylene
(HDPE) Milk jugs | #6 polystyrene (PS)
Styrofoam cups avoid |
| #3 polyvinyl chloride (V or PVC)
Bottles, Food wrap avoid | #7 other
(usually polycarbonate)
Baby bottles, Pitchers avoid |
| #4 low density polyethylene
(LDPE) Food wrap, Freezer bags | |

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