

# Courtney Coupland

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RN looking to transition out of nursing at this time. Nursing experience as noted in resume has developed skills such as communication, service, and time management. Able to communicating effectively, calmly and compassionately in a variety of challenging situations. Experience in supervising other nurses as well as support staff has developed leadership skills. Electronic charting and communication in the workplace using a variety of software programs. Adept at multitasking and working in fast paced environment.

Compassionate individual highly skilled in developing and implementing patient-care plans, administering medication, and monitoring and recording patient progress. Adept at collaborating with healthcare professionals to ensure quality and continuity of care.

Demonstrated ability to quickly assess patient needs and develop comprehensive treatment plans.

Adept at using electronic health records (EHR) to document patient data, maintain medical records and track treatment progress.

## Work Experience

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### **RN Charge Nurse**

Villa Maria - Mulvane, KS

May 2023 to April 2024

Charge nurse working with long-term and short-term skilled residents. Assessed residents for change in condition. Provided appropriate wound care. Monitored VS and participated in codes or activation of emergency services as needed. Medication management, assessed for effectiveness, side effects. Collaborated with other healthcare professionals to ensure resident received appropriate therapies. Supervised support staff including Med Aides and CNAs.

### **RN Case Manager**

Phoenix Home Healthcare & Hospice - Wichita, Ks

August 2022 to January 2023

Modified patient treatment plans according to symptoms,

- responses, and conditions.

Performed ongoing patient assessments, notifying

- supervising clinician of abnormal findings.

Kept accurate records and charts related to medications

- and treatments according to policies, procedures, and physician orders.

Documented patient assessment findings and responses

- to nursing intervention to progress toward problem resolution.

Provided customized patient and family education to foster

- continuum of care.

Obtained specimens to run monitoring or diagnostic tests.

- Developed individualized plan of care to perform
- appropriate treatments as ordered by physician.

Performed therapeutic nursing interventions to promote

- patient well-being.

Assessed and evaluated patient physical, mental and

- emotional status to assist with care needs.

Taught patients and significant others to manage illness or

- injury by explaining post-treatment home care needs.

Liaised with multidisciplinary teams to organize and

- coordinate health and care services to meet patients' complex care needs.

Reported symptoms, condition changes and vital signs to

- primary care doctors, patients and families.

## **RN Supervisor**

Thrive Skilled Pediatric Care - Wichita, KS

January 2011 to July 2022

Monitored infection control and critical incidents and made

- changes and improvements to processes where necessary. Partnered with organizational and unit leaders to devise QA/QI initiatives, continuously improving delivery of care, patient outcomes and overall services. Monitored and managed various treatment and care interventions. Updated physicians on patient test results and assisted in developing care plans. Monitored and recorded patient condition, vital signs, recovery progress and medication side effects. Treated patients suffering from chronic and acute asthma, seizure disorders and pneumonia. Trained new RN hires and ancillary staff members to meet patient service goals, champion standards of care and improve patient overall satisfaction. Oversaw patient admission and discharge processes to coordinate related paperwork. Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies. Counseled patients and caregivers, providing emotional, psychological and spiritual support. Maintained personal and team compliance with medication administration standards and patient care best practices. Collaborated with doctors to plan post-treatment home care and prevent return hospitalization. Developed and adapted individualized treatment plans according to patient recovery goals. Coordinated and evaluated interdisciplinary care for patients. Acted as patient advocate and implemented total patient care through team nursing process. Worked with management to identify and implement initiatives to increase nursing staff retention, morale and satisfaction. Advanced nursing competencies through participation in simulation exercises and practice improvement projects. Maintained optimal ventilator settings and operations to meet patient care needs. Planned and taught educational program focusing on tracheostomy care and mechanical ventilation, including how handle emergency situations. Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries. Prioritized nursing tasks and assignments and accurately reported patient status. Supervised nurse administration of oral, intramuscular and IV medications to patients as prescribed, monitoring responses for adverse reactions.

## **RN**

Sandpiper Nursing Home - Wichita, KS

March 2008 to June 2010

Monitored and managed various treatment and care

- interventions. Updated physicians on patient test results and assisted in developing care plans. Trained new RN hires and ancillary staff members to meet patient service goals, champion standards of care and improve patient overall satisfaction. Oversaw patient admission and discharge processes to coordinate related paperwork. Prioritized nursing tasks and assignments and accurately reported

patient status. Counseled patients and caregivers, providing emotional, psychological and spiritual support. Counseled caregivers and families on end-of-life planning and educated on patient care options.

## **RN Icu**

Robert J Dole Veterans Hospital - Wichita, KS

January 2007 to January 2008

Monitored post-op vitals, set up PCA, fluids, reviewed post-

- op orders and assimilated patients to unit. Initiated action to reduce or correct risk in response to emergent data visualized on assessment tools and clinical observation. Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions. Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues. Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns. Administered oral, IV and intra- muscular medications and monitored patient reactions.

## Education

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### **Associate Of Applied Science in Nursing**

Butler County Community College - El Dorado, KS

January 2007 to January 2007

## Skills

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- Employee Performance Evaluations
- Medical Laboratory Procedures
- Care Plan Development
- Medication Management
- Employee Supervision
- Determine Medical Necessity
- Follow-Up Calls
- Wound Care
- Time Management
- Employee Training Program
- Chronic Disease Management
- Department Leadership
- Patient Assessments
- Removing Sutures
- Patient and Family Advocacy
- Direct Patient Care
- Care Management
- Service Plan Development
- Chart Audits
- Employee Recruitment and Hiring

- Coaching and Mentoring
- Disease Processes
- Home Visits
- Regulatory Compliance
- Pharmacy Coordination
- Medication Side Effect Knowledge
- Critical Thinking
- Patient Discharging
- Patient Admission
- Discharge planning

## Certifications and Licenses

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### **RN License**

### **BLS Certification**