API Endpoints

This table lists all RAILS based API ENDPOINTS for the food tracking app.

ENDPOINTS	FUNCTIONALITY
POST /signup	Allows visitor to sign up as a user
POST /login	Allows a registered user to login and use the app and returns a token when successful
GET /login	Allows logged in user to logout
POST /food	Allows logged in users to create a new food item entry
GET /food	Gets all food item entries
GET /food/:id	Gets food item entry
PUT /food/:id	Allows logged in user to update their food item
DELETE /food/:id	Allows logged in use to delete their food item