



First prescriber to write patient's name and NHI:

Family Name: _____

Given Name: _____ Gender: _____

AFFIX PATIENT LABEL HERE

Date of Birth: _____ NHI#: _____

- Calculate the withdrawal regime using **Wearing of Opioids and Benzodiazepines guideline** on Starship Clinical Guidelines or the weaning calculator (<https://paediatricdrugs.net/withdrawal>)
- Record that a Withdrawal Assessment Chart is in use in the patient's National Medication Chart
- **Contact the Paediatric Pain Service on 021 938 273 for any management issues**

WEIGHT	CHART #
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Medicine		Route								Pharmacy / Special Instructions							
Day #																	
Date																	
Regular Dose																	
Frequency																	
Prescriber's signature																	
Regular doses – Administration	Time																Give Check
	Dose																
	Give Check																
	Time																
	Dose																
	Give Check																
Rescue Dose - PRN																	
Prescriber's signature																	
Rescue doses - PRN: Max 2 doses in 24 hrs																	

Medicine		Route								Pharmacy / Special Instructions							
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Regular doses – Administration	Time		Dose	Give Check	Time	Dose	Give Check	Time	Dose	Give Check	Time	Dose	Give Check	Time	Dose	Give Check	Give Check
				/			/			/			/			/	/
				/			/			/			/			/	/
				/			/			/			/			/	/
				/			/			/			/			/	/
				/			/			/			/			/	/
Rescue Dose - PRN																	
Prescriber's signature																	
Rescue doses - PRN; Max 2 doses in 24 hrs				/			/			/			/			/	

[illegible]

Sample Signature			Sample Signature		
Name & Reg No. (family & given)	Signature	Contact No.	Name & Reg No. (family & given)	Signature	Contact No.

CR3166

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graph TD; Start([WAT-1 scoring 12-hourly or as clinically indicated]) --> Branch1(( )); Branch1 --> WAT1_Score_Lt3([WAT-1 score < 3]); Branch1 --> WAT1_Score_GtEq3([WAT-1 score ≥ 3]); WAT1_Score_Lt3 --> ContinueWeaning([Continue weaning as prescribed]); ContinueWeaning --> ContinueScoring([Continue WAT-1 scoring for 72 hrs after medication is ceased]); WAT1_Score_GtEq3 --> AdministerRescue([Administer rescue dose opioid (or benzodiazepine if only benzodiazepine weaning)]); AdministerRescue --> Rescore([Rescore WAT-1 in 1 hour]); Rescore --> Branch2(( )); Branch2 --> WAT1_Score_Lt3_2([WAT-1 score < 3]); Branch2 --> WAT1_Score_GtEq3_2([WAT-1 score ≥ 3]); WAT1_Score_Lt3_2 --> ContinueDose([Continue current dose with no changes for 24 hrs]); WAT1_Score_GtEq3_2 --> AdministerSecondRescue([Administer second rescue dose as prescribed]); AdministerSecondRescue --> ConsultPainService([Consult Acute Pain Service  
021 938 273]);
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The flowchart outlines the management of WAT-1 scoring. It begins with 'WAT-1 scoring 12-hourly or as clinically indicated'. If the score is less than 3, the instruction is to 'Continue weaning as prescribed' and 'Continue WAT-1 scoring for 72 hrs after medication is ceased'. If the score is greater than or equal to 3, the instruction is to 'Administer rescue dose opioid (or benzodiazepine if only benzodiazepine weaning)', followed by 'Rescore WAT-1 in 1 hour'. After rescoring, if the score is still less than 3, the instruction is to 'Continue current dose with no changes for 24 hrs'. If the score is greater than or equal to 3, the instruction is to 'Administer second rescue dose as prescribed', followed by 'Consult Acute Pain Service 021 938 273'.