# Leishmaniasis

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## **Epidemiology**

Leishmaniasis is caused by protozoa that survive and replicate within macrophages and other mononuclear cells. There are over 20 species within the *Leishmania* (*L*.) genus that cause human disease, the main forms of which are visceral, cutaneous, and mucosal disease. Leishmaniasis occurs in 99 countries or territories in the tropics and subtropics (including the southern United States, most of Central and South America, and southern Europe), with an estimated incidence of 1 million new cases annually. In 2022, 12,842 incident cases of visceral leishmaniasis and 205,986 new cases of cutaneous leishmaniasis were reported to the World Health Organization (WHO).<sup>2</sup>

Prevalence of the different *Leishmania* species varies geographically. The main *Leishmania* species that cause visceral leishmaniasis are *L. donovani*, *L. infantum* (syn. *L. chagasi*), and the more recently recognized *L. (Mundinia) martiniquensis*. The visceral leishmaniasis-causing species in the Americas are *L. infantum* and *L. martiniquensis*. Cutaneous leishmaniasis acquired outside the Americas is commonly caused by *L. tropica*, *L. major*, and *L. aethiopica*. In the Americas, the prevalent species that cause cutaneous leishmaniasis are of the *L. (Viannia)* subgenera (*braziliensis*, *guyanensis*, *panamensis*, *peruviana*), *L. mexicana* and *L. amazonensis*.<sup>3</sup> In the United States, there have been fewer than 100 recognized autochthonous cases in the past 100 years, mainly *L. mexicana* cutaneous leishmaniasis acquired in Texas.<sup>3</sup>

As of 2021, HIV-leishmaniasis coinfection has been reported in 45 countries,<sup>4</sup> predominantly as HIV-visceral leishmaniasis coinfection.<sup>4,5</sup> The first cases of HIV-leishmaniasis coinfection were described in Spain in the late 1980s.<sup>6</sup> After the introduction of combination antiretroviral therapy (ART), the incidence decreased substantially in developed countries,<sup>7,8</sup> but HIV-leishmaniasis coinfection poses a growing problem in parts of Asia, Africa, and Latin America.<sup>9-12</sup> New species *Leishmania* (*Mundinia*) *martiniquensis*, associated with visceral and disseminated cutaneous leishmaniasis, and *L.* (*Mundinia*) *orientalis*, which causes cutaneous leishmaniasis, have been reported from Thailand in people with HIV.<sup>11-13</sup>

In endemic areas, leishmaniasis is usually spread by infected sand flies of the genera *Phlebotomus* and *Lutzomyia*. However, in southern Europe, HIV and *L. infantum* visceral leishmaniasis coinfections have been reported in association with injection drug use, suggesting that *Leishmania* (which can infrequently be transmitted via blood<sup>14,15</sup>) also may be acquired by needle sharing; contaminated syringes have been shown to be an epidemiologically significant component of the transmission cycle of *Leishmania* amastigotes.<sup>16,17</sup>

#### Clinical Manifestations

The term leishmaniasis encompasses multiple syndromes—most notably, cutaneous leishmaniasis and visceral leishmaniasis, but also related syndromes such as mucosal (or mucocutaneous) leishmaniasis, disseminated cutaneous leishmaniasis, diffuse cutaneous leishmaniasis (an anergic form), and post-kala-azar dermal leishmaniasis. The most reported clinical presentation of leishmaniasis in people with HIV is a systemic visceral disease syndrome. However, the predominant

parasite species varies geographically. In Europe, visceral disease has been reported in 95% of people with HIV-leishmaniasis coinfection (87% typical visceral, 8% atypical visceral).<sup>6</sup> In Brazil, mucosal, visceral, and cutaneous forms have accounted for 43%, 37%, and 20% of reported leishmaniasis cases in people with HIV, respectively.<sup>19</sup>

Most *Leishmania* infections in immunocompetent hosts are asymptomatic. In many disease-endemic areas, 30% or more of the population has evidence of latent infection, as demonstrated by a positive leishmanin skin test. <sup>20-22</sup> After primary infection, *Leishmania* remain viable in healthy individuals for long periods, creating a population at risk of reactivation if CD4 T lymphocyte (CD4) cell depletion occurs. In people with HIV without severe CD4 cell depletion, disease manifestations are similar to those in immunocompetent individuals. In those with advanced immunosuppression (i.e., CD4 count <200 cells/mm³), manifestations of leishmaniasis can be both atypical and more severe. Dermotrophic species can disseminate both in skin and through the reticuloendothelial system to visceralize. <sup>23,24</sup> Relapse after treatment—especially of visceral leishmaniasis—is common. <sup>25,26</sup> Atypical disseminated leishmaniasis in people with HIV is considered a WHO clinical stage 4 HIV criterion. <sup>27</sup>

### Visceral Leishmaniasis

In people with HIV and visceral disease, the most common clinical and laboratory findings are fever (65% to 100%), systemic malaise (70% to 90%), splenomegaly (usually moderate) (54% to 90%), hepatomegaly without splenomegaly (34% to 85%), hepatosplenomegaly (68% to 73%), lymphadenopathy (12% to 57%), and pancytopenia (50% to 80%). 6,26 Anemia is usually marked, with <10 g hemoglobin/dL (50% to 100%); leukopenia is moderate, with <2,400 leukocytes/µL (56% to 95%); and thrombocytopenia is usually present (52% to 93%). Splenomegaly is less pronounced in people with HIV than in immunocompetent patients with visceral leishmaniasis. <sup>26</sup> In people with HIV with more profound CD4 cell depletion, atypical manifestations have been described, including mucosal involvement, such as masses, ulcers, mucositis of the upper and lower gastrointestinal tract, serositis in pleural and peritoneal cavities, and lung and skin lesions. <sup>6,7,26,28,29</sup> Esophageal involvement can lead to dysphagia and odynophagia and must be distinguished from other causes of esophagitis in people with HIV, such as candidiasis.<sup>6</sup> Amastigote infiltration of the duodenum often presents as chronic diarrhea. Nonulcerative cutaneous lesions that mimic Kaposi sarcoma (KS), nodular diffuse leishmaniasis, and post-kala-azar dermal leishmaniasis have been described in people with HIV and visceral leishmaniasis. 30-32 However, the presence of *Leishmania* amastigotes in skin can occur in the absence of lesions or in combination with other pathology, such as KS, and does not prove that the parasite is the cause of the lesions. 33,34

### Cutaneous Leishmaniasis

Cutaneous leishmaniasis in people with HIV varies depending on immune function. In people with HIV with well-controlled HIV and high CD4 counts, the presentation is not different than those without HIV except that there may be a higher rate of relapse. <sup>35,36</sup> In those with lower CD4 counts (e.g., <200 cells/mm³), dermal leishmaniasis may disseminate in the skin, mucosa, and viscera. <sup>37</sup> Most have multiple skin lesions, often atypical (unusual morphology) for localized cutaneous leishmaniasis, and genital involvement seems more frequent. <sup>37-39</sup> Among people with HIV in Brazil, 68% had concomitant mucosal leishmaniasis, a rate much higher than those without HIV. <sup>18</sup> Additionally, as mentioned above, people with HIV and visceral leishmaniasis may present with cutaneous lesions. <sup>40,41</sup>

### Mucosal Leishmaniasis

Mucosal leishmaniasis among people with HIV is most commonly associated with infections acquired in the New World, especially *L. braziliensis* and other species in the *L. (Viannia)* subgenera including *L. guyanensis* and *L. panamensis*.<sup>19</sup> Additionally, mucosal disease also has been reported with species that have geographic distribution beyond the Americas, including *L. infantum*, *L. aethiopica*, and *L. tropica*.<sup>42</sup> Presentation in people with HIV is similar to those without HIV and includes nasal septum destruction, obstructive masses in the nose, uvula erosion, ulcerated infiltrative lesions of the palate, and laryngeal involvement. <sup>19,43-49</sup> Mucosal leishmaniasis may occur concomitantly with cutaneous leishmaniasis or years after resolution of localized cutaneous leishmaniasis. <sup>50</sup>

# **Diagnosis**

Demonstration of *Leishmania* parasites by histopathology, cultures, smears, and molecular methods in tissue specimens (such as scrapings, aspirates, and biopsies) is the standard for diagnosing cutaneous leishmaniasis in people with HIV. Coinfection of HIV and visceral leishmaniasis also can be diagnosed by demonstration of leishmanial parasites in the following: blood smears (approximately 50% sensitivity in expert hands); buffy-coat smear preparations; cultures from the peripheral blood; and smears, histopathology, and cultures from bone marrow (preferred) or splenic aspirates (significant procedural risk). Polymerase chain reaction (PCR) amplification can also be useful for detecting *Leishmania* nucleic acid in the blood or tissue of patients with HIV-leishmaniasis coinfection (>95% sensitivity). Generally, PCR and *Leishmania* culture require specialty reference laboratory support. Assistance for conducting diagnostic tests for *Leishmania* is available by contacting the Centers for Disease Control and Prevention (CDC) at <a href="mailto:parasiteslab@cdc.gov">parasiteslab@cdc.gov</a>.

Serologic tests that detect *Leishmania* antibodies have high sensitivity and can be used to support diagnosis of visceral leishmaniasis in immunocompetent patients.<sup>51</sup> They should be used only in those with a compatible clinical picture and an exposure history suggestive of visceral leishmaniasis. Serology has a lower sensitivity in people with HIV such that parasitological diagnosis should be sought when clinical suspicion has been raised.<sup>6,52</sup> The use of recombinant antigen in enzyme-linked immunosorbent assays (or ELISAs) may increase sensitivity for detection of *Leishmania* antibodies, but a proportion of people with HIV-leishmaniasis coinfection remain seronegative.<sup>53</sup> Immunoblotting with *L. infantum* soluble antigen has been successful in detecting specific antileishmanial antibodies in up to 70% of patients.<sup>52</sup>

# **Preventing Exposure**

Prevention of exposure to leishmanial infection relies on reservoir host control in urban and periurban areas with zoonotic transmission (such as controlling visceral leishmaniasis in dogs) and vector control activities (such as indoor residual spraying, using insecticide-treated bed nets, and intervening in sand fly breeding sites).<sup>54,55</sup> Optimal control measures rely on local transmission characteristics, which vary by vector. For travelers to leishmaniasis-endemic areas, the best way to prevent infection is to protect themselves from sand fly bites. Personal protective measures include minimizing nocturnal outdoor activities, wearing protective clothing, and applying insect repellent to exposed skin.

People who inject drugs should undertake measures (such as the use of clean needles and injection equipment from syringe service programs) to decrease the risk of transmission of *Leishmania* parasites and other infectious agents.

# **Preventing Disease**

Primary chemoprophylaxis to prevent leishmaniasis is not recommended. No screening or preemptive therapy is appropriate for people with HIV who may have been exposed to leishmanial infection. No vaccine against leishmaniasis is available.

# **Treating Disease**

### Recommendations for Treating Visceral and Cutaneous Leishmaniasis

#### **Treating Visceral Leishmaniasis**

 ART should be initiated as soon as possible (AIII). Initiation or optimization of ART may prevent reactivation of visceral leishmaniasis.

#### Leishmania infantum/chagasi

Preferred Therapy

- Liposomal amphotericin B\*, achieving a total dose of 20–60 mg/kg (All) via either
  - o 3-5 mg/kg IV daily (AII), or
  - o Interrupted schedule, such as 4 mg/kg IV on Days 1-5, 10, 17, 24, 31, and 38 (All)

Alternative Therapy

- Amphotericin B deoxycholate\* 0.5–1.0 mg/kg IV daily for total dose of 1.5–2.0 grams (BII), or
- Pentavalent antimony (meglumine antimoniate) 20 mg/kg IV or IM daily for 28 days (BII), currently available in the United States only by investigator-initiated investigational new drug application

#### Leishmania donovani

Preferred Therapy (Combination)

• Liposomal amphotericin B\* 30 mg/kg IV total dose (5 mg/kg on Days 1, 3, 5, 7, 9, and 11), plus miltefosine 50 mg PO twice daily for 28 days (East Africa) or for 14 days (Southeast Asia) (BI)

Alternative Therapy

- Liposomal amphotericin B\*, achieving a total dose of 20–60 mg/kg (All) via either
  - o 3-5 mg/kg IV daily (AII), or
  - o Interrupted schedule, such as 4 mg/kg IV on Days 1–5, 10, 17, 24, 31, and 38 (All)
- See Alternative Therapy for L. infantum, or
- For Indian L. donovani
  - Miltefosine (BII) (available in the United States via www.profounda.com), aiming for 2.5–3 mg/kg daily (maximum of 150 mg daily)
    - For patients who weigh 30–44 kg: 50 mg PO two times daily for 28 days
    - For patients who weigh ≥45 kg: 50 mg PO three times daily for 28 days

### Chronic Maintenance Therapy for Visceral Leishmaniasis

#### Indication

• For patients with visceral leishmaniasis and CD4 count <200 cells/mm³ (All)

#### Preferred Therapy

• Liposomal amphotericin B\* 4 mg/kg IV every 2–4 weeks (AII)

#### Alternative Therapy

- Amphotericin B lipid complex\* 3 mg/kg every 21 days (BII), or
- Pentavalent antimony (meglumine antimoniate) 20 mg/kg IV or IM every 4 weeks (BII), or
- Pentamidine isethionate 4 mg/kg (maximum of 300 mg) IV every 2–4 weeks (BII)

### Discontinuation of Chronic Maintenance Therapy

• Consider stopping secondary prophylaxis when the CD4 count is >350 cells/mm³, HIV viral load has been undetectable for 6 months, and there are no symptoms of visceral leishmaniasis relapse (CIII).

#### **Treating Cutaneous Leishmaniasis**

• ART should be initiated as soon as possible (AIII). Initiation or optimization of ART may prevent reactivation of cutaneous leishmaniasis.

### Preferred Therapy

- Liposomal amphotericin B\* 4 mg/kg IV daily for 10 days or interrupted schedule (e.g., 4 mg/kg on days 1–5, 10, 17, 24, 31, 38) until a total dose of 20–60 mg/kg is achieved (BIII), or
- Miltefosine 2.5 mg/kg/day PO in 2 or 3 divided doses for 28 days (*Viannia* subgenus); not well tolerated if more than 150 mg daily (**BIII**), or
- Pentavalent antimony (meglumine antimoniate) 20 mg/kg IV or IM daily for 28 days (BIII)

### Alternative Therapy

• Other options for individual cases may include cryotherapy, topical paromomycin, intralesional pentavalent antimony (meglumine antimoniate) or pentamidine, fluconazole for *L. major* and *L. mexicana*, intravenous pentamidine or local heat therapy.

#### Chronic Maintenance Therapy for Cutaneous Leishmaniasis

- Indicated for immunocompromised patients with multiple relapses (CIII)
- See drugs and doses for Chronic Maintenance Therapy for Visceral Leishmaniasis.

### **Pregnancy Considerations**

- Liposomal amphotericin B is the first choice for therapy of visceral leishmaniasis in pregnancy (AIII). Amphotericin B deoxycholate can be given as alternative therapy (AIII).
- In many uncomplicated cutaneous leishmaniasis cases, treatment can be delayed until postpartum (CIII).
- In cases of severe cutaneous leishmaniasis with multiple and/or very large lesions, shared decision making with the patient is recommended to discuss the potential risks and benefits of deferring treatment until after pregnancy, treating with systemic therapy, or using local therapy as a temporizing approach (followed by systemic therapy to be given after pregnancy if the lesions do not resolve) (CIII).
- Liposomal amphotericin B IV is the first choice for therapy of mucosal or severe cutaneous leishmaniasis in pregnancy (CIII).

Key: ART = antiretroviral therapy; CD4 = CD4 T lymphocyte; IM = intramuscular; IV = intravenous; PO = orally

#### Visceral Leishmaniasis

The following medications have been used to treat visceral leishmaniasis: amphotericin B deoxycholate, liposomal amphotericin B, pentavalent antimonial drugs (e.g., meglumine antimoniate), and miltefosine (for *L. donovani*). Lower cure rates, higher drug toxicity, more relapses, and higher mortality summarize the treatment outcomes for people with HIV with visceral leishmaniasis. Amphotericin deoxycholate and lipid formulations of amphotericin B appear to be at least as effective as pentavalent antimonials. <sup>56-58</sup> Liposomal and lipid complex preparations of amphotericin B are typically better tolerated than amphotericin B deoxycholate or pentavalent antimony (meglumine antimoniate). <sup>59-61</sup> The equivalent efficacy and better toxicity profile have led the Panel on Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and

<sup>\*</sup> Patients treated with amphotericin B formulations should be monitored for dose-dependent nephrotoxicity, electrolyte disturbances, and infusion-related adverse reactions (AII). Infusion-related adverse events may be ameliorated by pre-treatment with acetaminophen or diphenhydramine (CIII). An infusion of 1 L of saline 1 hour prior to drug infusion is recommended to help reduce the risk of renal dysfunction during treatment (BIII).

Adolescents With HIV (the Panel) to recommend liposomal amphotericin B as the preferred amphotericin formulation for treatment of visceral leishmaniasis in people with HIV (**AII**).<sup>62</sup> The optimal amphotericin B dosage has not been determined.<sup>62,63</sup>

Recommended regimens include liposomal preparations of 3 to 5 mg/kg body weight administered on consecutive days or in an interrupted schedule (e.g., 4 mg/kg on Days 1–5, 10, 17, 24, 31, and 38) to achieve a total cumulative dose of 20 to 60 mg/kg body weight (AII). An alternative regimen of amphotericin B deoxycholate, 0.5 to 1.0 mg/kg body weight/day intravenously (IV), to achieve a total dose of 1.5 to 2.0 g, can be administered (BII).  $^{56,57,64-67}$  Pentavalent antimony (meglumine antimoniate) 20 mg/kg/day IV or intramuscular (IM) for 28 consecutive days, is an alternative (BII). Pentavalent antimonial drugs require an investigator-initiated investigational new drug application in the United States (see Instructions for Acquiring Glucantime [Meglumine antimoniate] for Treatment of Leishmaniasis). Due to toxicity concerns with pentavalent antimonial drugs, a pregnancy test (beta-human chorionic gonadotropin [ $\beta$ -hCG]) should be obtained by individuals of childbearing potential prior to start of therapy, and effective contraception during treatment is advised.

Oral miltefosine monotherapy (available in the United States via www.profounda.com) is recommended as an alternative treatment option for Indian L. donovani visceral leishmaniasis in people with HIV<sup>63,68</sup> at a dose of approximately 2.5 to 3 mg/kg daily (maximum of 150 mg daily) for 28 days (**BII**). <sup>69-72</sup> Combination therapy using miltefosine and liposomal amphotericin in the treatment of HIV-L. donovani visceral leishmaniasis has also shown promise. A randomized clinical trial of liposomal amphotericin 30 mg/kg total dose and miltefosine 100 mg/day for 28 days was compared to liposomal amphotericin 40 mg/kg total dose monotherapy among patients with L. donovani visceral leishmaniasis and HIV coinfection in Ethiopia. Parasite clearance persisting to 58 days was found in 88% of the combination treatment group versus 55% in the monotherapy group.<sup>73</sup> In India, 150 people with HIV with L. donovani visceral leishmaniasis received total doses of liposomal amphotericin 40 mg/kg IV versus liposomal amphotericin 30 mg/kg IV with oral miltefosine 50 mg twice daily for 14 days. At Day 210 follow-up, 7% of patients in the monotherapy arm died versus 1.3% in the combination arm. These data have led the WHO to update their 2022 HIV and visceral leishmaniasis coinfection treatment guidelines to conditionally recommend combination liposomal amphotericin and miltefosine treatment; those with HIV-visceral leishmaniasis coinfection in Eastern Africa (L. donovani) should be administered miltefosine for 28 days, and those with HIV-visceral leishmaniasis coinfection (L. donovani) in South East Asia should be administered miltefosine for 14 days. 75 Since miltefosine is teratogenic and is contraindicated in pregnancy, β-hCG should be checked prior to initiation and effective contraception should be continued for 5 months.<sup>63</sup>

Data supporting the use of miltefosine monotherapy in people with HIV are relatively limited and restricted to Indian *L. donovani*. For visceral leishmaniasis caused by *L. infantum* (e.g., in the Americas, Europe), Pan American Health Organization guidelines recommend against miltefosine monotherapy due to lower efficacy and limited evidence. Further research is also needed to confirm the efficacy of drug combinations in people with HIV to treat other *Leishmania* species and severe or refractory cases of visceral leishmaniasis in other geographic regions. Currently, there is no recommendation for combination therapy in visceral leishmaniasis due to *L. infantum*.

### Cutaneous Leishmaniasis

Few systematic data are available on the efficacy of treatment for cutaneous leishmaniasis, mucosal leishmaniasis, or diffuse cutaneous leishmaniasis in people with HIV. Based on data from individuals

without HIV with cutaneous leishmaniasis and case reports in people with HIV-cutaneous leishmaniasis, patients with HIV-cutaneous leishmaniasis should be treated with some form of systemic therapy, depending on the type of cutaneous leishmaniasis and the clinical response. Liposomal amphotericin B (**BIII**),<sup>67</sup> miltefosine (*Viannia* subgenus infections) (**BIII**), or pentavalent antimony (meglumine antimoniate) (**BIII**) are options for treatment.<sup>77,78</sup> Pentavalent antimonial drugs require an investigator-initiated investigational new drug application in the United States (see Instructions for Acquiring Glucantime [Meglumine antimoniate] for Treatment of Leishmaniasis).

Potential alternatives for cutaneous leishmaniasis include cryotherapy, topical paromomycin, intralesional pentavalent antimony or pentamidine isoethionate, intravenous pentamidine isethionate, <sup>79,80</sup> fluconazole for *L. major* and *L. mexicana*, or local heat therapy. The effectiveness of these modalities is known to be dependent upon the infecting species of *Leishmania*. <sup>66,81-83</sup> However, these alternatives are based on data from people without HIV, not those with HIV-cutaneous leishmaniasis coinfection. For example, although the <u>Pan American Health Organization 2022 guidelines</u> recommend intralesional pentavalent antimonial treatment as first-line use in immunocompetent patients, this treatment has not been tested in people with HIV and New World cutaneous leishmaniasis; because of this, there are concerns about how effectively it will prevent dissemination like mucosal leishmaniasis in people with HIV, who may be at increased risk. <sup>76,84</sup> Therefore, these alternatives could be considered in individualized circumstances in patients with high CD4 counts and controlled viral load.

## Special Considerations Regarding ART Initiation

Appropriate use of ART has substantially improved the survival of patients with coinfection and decreased the likelihood of relapse after antileishmanial therapy. 8,26,85 Therefore, ART should be started as soon as patients are able to tolerate it (**AIII**).

# Monitoring of Response to Therapy and Adverse Events (Including IRIS)

Patients treated with liposomal amphotericin B should be monitored for dose-dependent nephrotoxicity, electrolyte disturbances, and infusion-related adverse reactions (**AII**). Infusion-related adverse events may be ameliorated by pre-treatment with acetaminophen or diphenhydramine (**CIII**). An infusion of 1 L of saline 1 hour prior to drug infusion is recommended to help reduce the risk of glomerular function decline during treatment (**BIII**). The frequency of nephrotoxicity is lower for liposomal or lipid-associated preparations than for amphotericin B deoxycholate.<sup>60</sup>

Adverse events associated with miltefosine use include gastrointestinal symptoms (more commonly nausea or vomiting than diarrhea) that can result in prerenal azotemia, motion sickness-like symptoms, scrotal pain, thrombocytopenia, and hepatotoxicity. To decrease gastrointestinal symptoms, which are usually worse at the beginning of therapy, miltefosine should be administered in divided 50 mg doses during the day and taken with food containing some fat. Weekly assessment of renal and hepatic function and platelet counts is recommended.<sup>67</sup>

Patients receiving parenteral pentavalent antimony (meglumine antimoniate) should be monitored closely for adverse reactions. To Overall, at a dose of 20 mg/kg of body weight per day, more than 60% of patients have one or more of the following reactions: thrombophlebitis, anorexia, myalgia, arthralgia, abdominal pain, elevation of liver transaminases, amylase, or lipase, and clinical pancreatitis, in some patients. Weekly electrocardiograms are recommended during treatment, with careful monitoring for changes that may indicate early cardiotoxicity, such as prolonged QT intervals and T-wave inversion (**CIII**). Rarely, arrhythmias and sudden death have occurred. Severe

adverse reactions to pentavalent antimony, including acute pancreatitis and leukopenia, appear to be more common in patients with coinfection than in those who do not have HIV. 86

Cases of newly symptomatic visceral leishmaniasis, mucosal leishmaniasis, and cutaneous leishmaniasis have been reported in association with immune reconstitution inflammatory syndrome (IRIS) following initiation of ART. 87-90 Several of these cases have resembled post-kala-azar dermal leishmaniasis or disseminated cutaneous leishmaniasis. 91-95 Existing experience with IRIS-associated leishmaniasis, however, is insufficient to provide data for specific management guidelines.

People with HIV who respond to initial treatment should be clinically monitored for relapse (any recurrence or new consistent skin lesions) for at least 6 months to 1 year after treatment for cutaneous leishmaniasis; those with infection with *L. (Viannia)* subspecies also should be followed for 2 to 5 years for any signs or symptoms of inflammation of the nasal mucosa. People with HIV successfully treated for visceral leishmaniasis should be clinically monitored for symptoms or signs of recurrence such as fever, constitutional symptoms, hepatomegaly, splenomegaly, or cytopenia. Routine follow-up via parasitological testing with repeat biopsies or longitudinally tracking antibody levels is generally not recommended for people with HIV with treated leishmaniasis who do not demonstrate clinical signs or symptoms of recurrence. A positive peripheral blood PCR for *Leishmania* correlated with a high risk of relapse in people with HIV-visceral leishmaniasis coinfection. 96

## Managing Treatment Failure

For patients who fail to respond to initial therapy or who experience a relapse after initial treatment, a repeat course of the initial regimen, or one of the recommended alternatives for initial therapy, should be used as previously outlined (**AIII**). The response rate for retreatment appears to be similar to that for initial therapy, although some patients evolve to a chronic disease state with serial relapses despite aggressive acute and maintenance therapies.<sup>97</sup>

In a pharmacokinetic substudy of antileishmanial drugs for treatment of visceral leishmaniasis in people with HIV, blood concentrations of amphotericin were found to be twofold-lower than those measured in studies among those with visceral leishmaniasis without HIV. Additionally, lower observed miltefosine concentrations were likely due in part to lower weight-based dosing when compared to other studies, emphasizing the need to use a weight-based dosage approximating 2.5 mg/kg/day in adults. However, no relationship between amphotericin and miltefosine concentrations and treatment outcome was observed.<sup>98</sup>

Expert assistance to health care providers for clinical care for leishmaniasis is available at the CDC's Parasitic Diseases Hotline at (404) 718-4745 or <u>parasites@cdc.gov</u>.

# **Preventing Recurrence**

Relapses, particularly of visceral leishmaniasis and disseminated cutaneous leishmaniasis, are common after cessation of antileishmanial therapy in people with HIV, and relapse is more frequent in those with lower CD4 count. <sup>99</sup> Reported associations with relapse are prior episode of visceral leishmaniasis, CD4 count <100 cells/mm³ at time of primary visceral leishmaniasis, and no increase in CD4 count at follow-up. <sup>99</sup> In people with HIV-visceral leishmaniasis coinfection who were not receiving or responding to ART, the risk of relapse at 6 and 12 months was 60% and 90%, respectively, in the absence of secondary prophylaxis (chronic maintenance therapy). <sup>6,100,101</sup> In

Brazil, a relapse rate of 28.6% of patients with HIV-cutaneous leishmaniasis was reported, regardless of viral load and adherence to ART.<sup>35</sup> Therefore, secondary prophylaxis with an effective antileishmanial drug administered at least every 4 weeks is recommended, particularly for patients with visceral leishmaniasis and CD4 counts <200 cells/mm<sup>3</sup> (AII).<sup>6,26,100,102</sup>

The only published, randomized trial of secondary prophylaxis compared amphotericin B lipid complex (3 mg/kg every 21 days) in eight patients with no prophylaxis in nine patients; this trial reported relapse rates of 50% versus 78%, respectively, after 1 year of follow-up. <sup>102</sup> In retrospective observational studies, monthly pentavalent antimony or lipid formulations of amphotericin every 2 to 4 weeks were also associated with decreased relapse rates. <sup>26,100</sup> With a 2 year follow-up, 74 people with HIV-visceral leishmaniasis coinfection were given monthly intravenous pentamidine isethionate (4 mg/kg with a maximal dose 300 mg) and 71% were relapse-free after 12 months. <sup>103</sup> In 54 persons followed for 390 days stratified for CD4 above and below 200, there was a reported overall relapse-free survival of 50% and 53% if CD4  $\geq$ 200 cells/µL. <sup>104</sup>

Liposomal amphotericin B (4 mg/kg every 2–4 weeks) (AII) is the preferred regimen for secondary prophylaxis. Amphotericin B lipid complex (3 mg/kg every 21 days) (BII) and pentavalent antimony (meglumine antimoniate, 20 mg/kg IV or IM every 4 weeks) are alternatives (BII). Although pentamidine isethionate is no longer recommended to treat primary visceral leishmaniasis, a dosage of 4 mg/kg IV (300 mg for adult) every 2 to 4 weeks has been suggested as another alternative for secondary prophylaxis (BII). Although used for maintenance therapy, is less effective than monthly pentavalent antimony and is not recommended (BII). Although no published data on efficacy are available, maintenance therapy may be indicated for immunocompromised patients with cutaneous leishmaniasis who have multiple relapses after adequate treatment (CIII).

## When to Stop Secondary Prophylaxis

Some investigations suggest that secondary antileishmanial prophylaxis can be discontinued in patients whose CD4 count is >200 to 350 cells/mm³ in response to ART. Others, however, suggest that secondary prophylaxis should be maintained indefinitely. Among 74 patients in Ethiopia with HIV-visceral leishmaniasis coinfection, who received monthly intravenous pentamidine for 12 to 18 months, a 36.9% relapse rate was identified over a 2-year follow-up, mainly among those with a low baseline CD4 count of ≤100 cells/mm³. All with CD4 count >200 cells/mm³ at Month 12 were relapse-free. In one study, a positive peripheral blood PCR for *Leishmania* correlated with a high risk of relapse. Therefore, the Panel recommends considering cessation of secondary prophylaxis when CD4 count is >350 cell/mm³ and HIV viral load has been undetectable for 6 months and there is no clinical evidence of visceral leishmaniasis relapse (CIII).

# **Special Considerations During Pregnancy**

Diagnostic considerations in pregnant people are the same as in people who are not pregnant. Retrospective analyses suggest that rates of preterm birth and spontaneous abortion may be increased in women with visceral leishmaniasis during pregnancy, especially in the first trimester and when antimonial drugs are used. <sup>109,110</sup> Because visceral leishmaniasis is a potentially lethal disease, postponing treatment until after delivery is not an option. Several small published series of pregnant women treated with amphotericin B deoxycholate or liposomal amphotericin B have demonstrated good clinical outcomes. <sup>111-115</sup> Liposomal amphotericin B is the first choice for therapy of visceral leishmaniasis in pregnancy (**AIII**). <sup>111</sup> Amphotericin B deoxycholate, which has demonstrated positive

clinical and pregnancy outcomes in a small group of pregnant people, can be given as an alternative therapy (AIII).<sup>111</sup>

There are concerns about toxicity and lack of experience with use of pentavalent antimony compounds in human pregnancy; labels for pentavalent antimony compounds state that these drugs are contraindicated for use in pregnant people, although various antimonial compounds were found to not be teratogenic in chickens, rats, or sheep. Therefore, pentavalent antimonial drugs are not recommended in individuals who are pregnant (**BIII**). Miltefosine is teratogenic and pentamidine is embryotoxic; therefore, both drugs **are not recommended** in pregnancy (**AII**). In a systematic review including 346 pregnant people with visceral leishmaniasis, 176 pregnant individuals treated with liposomal amphotericin were reported to have 4 (2.3%) maternal deaths, 5 (2.8%) miscarriages, and 2 (1.1%) fetal deaths/stillbirths versus 88 pregnant people receiving pentavalent antimonial drugs, where reported outcomes included 4 (4.5%) maternal deaths, 24 (27.3%) spontaneous abortions, and 2 (2.3%) miscarriages.

In contrast to visceral leishmaniasis, the Panel recommends deferring treatment of cutaneous leishmaniasis until the postpartum period for most individuals with HIV-cutaneous leishmaniasis (CIII). One study suggests that lesions of cutaneous leishmaniasis may be larger and are more likely to be exophytic in pregnancy, and that untreated cutaneous leishmaniasis may be associated with an increased risk of preterm delivery and stillbirth. This is presumed to be related to transient modulation of maternal immune responses during pregnancy. In cases of severe cutaneous leishmaniasis with multiple and/or very large lesions, the Panel recommends shared decision making with the patient to discuss the potential risks and benefits of deferring treatment until after pregnancy, treating with systemic therapy, or using local therapy as a temporizing approach (followed by systemic therapy to be given after pregnancy if the lesions do not resolve) (CIII). Systemic therapy is recommended in most cases of mucosal leishmaniasis in patients with HIV (CIII). When systemic therapy is chosen for mucosal leishmaniasis or cutaneous leishmaniasis in pregnant individuals with HIV, the treatment of choice is liposomal amphotericin B (CIII).

Perinatal transmission of *Leishmania spp*. is rare. In a systematic review of suspected cases of vertical transmission, 26 were reported after 6 months postbirth. <sup>109,115,122-124</sup> A case report described a woman with HIV who experienced visceral leishmaniasis relapse during pregnancy and was treated with 40 mg/kg liposomal amphotericin; the infant likely acquired leishmaniasis from amastigotes seen in the placenta. <sup>125</sup>

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## Malaria

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# **Epidemiology**

Malaria continues to contribute disproportionately to the global burden of infectious diseases, especially in sub-Saharan Africa and Southeast Asia. In 2015, the World Health Organization estimated that 97 countries had ongoing malaria transmission, and almost half the world's population, approximately 3.2 billion people, lived in areas with some risk of malaria transmission. Of the nearly 214 million cases of malaria worldwide in 2015 (based on reports and models), approximately 88% (188 million) occurred in Africa, the area of the world with the highest HIV prevalence. Approximately 438,000 deaths were attributable to malaria in 2015, with ~90% occurring in Africa and 74% of those deaths in children younger than 5 years of age. Fifteen countries, mainly in sub-Saharan Africa, account for 80% of malaria cases and 78% of deaths worldwide. Current attributable morbidity and mortality are likely underestimated, given our limited understanding, surveillance, and reporting of non-falciparum infections.

Malaria typically is transmitted by the bite of an infected female *Anopheles sp.* mosquito. Reports of vertical transmission and infection after blood transfusion do exist, but these routes of transmission are uncommon in non-endemic areas.<sup>2-5</sup>

Malaria in humans can be caused by any one of five species: *Plasmodium falciparum*, *Plasmodium vivax*, *Plasmodium ovale*, *Plasmodium malariae*, and *Plasmodium knowlesi* (a zoonotic species that also infects macaques in Southeast Asia). Although *P. vivax* infections are more common and occur in a far wider geographic distribution, *P. falciparum* malaria represents the most serious public health problem because of its tendency toward severe or fatal infections. *P. vivax*, however, should not be discounted as a risk for travelers in many parts of the world.

Malaria and HIV both cause substantial morbidity and mortality, particularly in sub-Saharan Africa. Given this substantial overlap, even modest interactions between them have public health importance.<sup>7,8</sup> Malaria influences the natural history of HIV infection, and HIV infection alters the natural history and severity of malaria.<sup>9</sup>

Many foreign-born individuals develop malaria in the United States because of distant exposure before their arrival, or as a result of more recent travel for business or family reasons. Similarly, U.S.-born individuals can develop malaria during travel to endemic areas. <sup>10-13</sup> Failure to take appropriate chemoprophylaxis is a common problem for both groups of individuals. <sup>14,15</sup> People who formerly lived in malarious areas may believe that they are immune, and therefore do not need to take prophylaxis. <sup>16</sup> Such patients are at high risk of infection, however, because they likely have lost partial immunity within 6 months after leaving endemic regions.

Consideration of malaria in returning travelers who are febrile is important: Of the nearly 50 million individuals who travel to developing countries each year, between 5% and 11% develop a fever during or after travel. <sup>17-20</sup> Malaria is a surprisingly common cause of these fevers. <sup>21</sup>

### **Clinical Manifestations**

The clinical syndromes caused by *Plasmodium* species depend on prior exposure.<sup>22</sup> While many native U.S. travelers have no prior immunity, clinical manifestations in those who have resided in malarious areas depend

on whether they lived in an area with stable endemic malaria transmission (year round) or unstable (seasonal, infrequent or very low) transmission.<sup>23</sup>

In stable endemic areas, children younger than age 5 years may experience chronic infections with recurrent parasitemia, resulting in severe anemia and death. Children who survive these infections usually acquire partial immunity by age 5 years, and if they remain in the area where malaria is endemic, they maintain this immunity into adulthood. In stable endemic areas, adults usually experience asymptomatic or milder infections as a result of this acquired immune response. However, as noted previously, patients who leave endemic areas and subsequently return may be at high risk of disease because they likely have lost partial immunity 6 months after leaving endemic regions.

In unstable transmission areas, protective immunity is not acquired. For populations in these areas, the overwhelming clinical manifestation is acute febrile disease that can be complicated by cerebral malaria, affecting persons of all ages.

When pregnant women in areas of unstable transmission develop acute malaria, the consequences may include spontaneous abortion and stillbirth. In more stable transmission areas, pregnant women, particularly primigravidas, may lose some acquired immunity. Although infections may continue to be asymptomatic, infected pregnant women may acquire placental malaria that contributes to intrauterine growth retardation, low birth weight, and increased infant mortality.

Patients with malaria can exhibit various symptoms and a broad spectrum of severity, depending upon factors such as the infecting species and level of acquired immunity in the host. HIV-immunosuppressed patients in endemic areas may lose acquired malarial immunity, and HIV-immunosuppressed adults with little or no previous malaria exposure (such as travelers) appear to be at increased risk of severe outcomes.<sup>24</sup>

The incubation period for *P. falciparum* is from a week to several months, but most often less than 60 days. Patients can present much later (>1 year), but this pattern is more common with other species, especially *P. vivax*. In non-immune patients, typical symptoms of malaria include fever, chills, myalgias and arthralgias, headache, diarrhea, vomiting, and other non-specific signs. Splenomegaly, anemia, thrombocytopenia, pulmonary or renal dysfunction, and neurologic findings also may be present. Classically, paroxysmal fevers occur every 48 hours for *P. falciparum*, *P. vivax*, and *P. ovale* malaria; those with *P. malariae* occur every 72 hours. This classic presentation is highly variable, however, and may not be present. *P. knowlesi*, known to cause human infection in Southeast Asia in travelers to jungle/forested areas, is clinically indistinguishable from other species of malaria, and the overwhelming majority of patients present with uncomplicated disease (~90%).<sup>25</sup>

Uncomplicated malaria infection can progress to severe disease or death within hours. Malaria with central nervous system symptoms can be particularly ominous. Cerebral malaria refers to unarousable coma not attributable to any other cause in patients infected with *P. falciparum*; in Africa, case fatality rates with cerebral malaria approach 40%. <sup>26-28</sup> The risk of severe and complicated illness is increased in patients with high levels of parasitemia and without partial immunity. Metabolic acidosis is an important manifestation of severe malaria and an indicator of poor prognosis. <sup>29</sup> Other acute complications include renal failure, hypoglycemia, disseminated intravascular coagulation, shock, and acute pulmonary edema. <sup>30</sup> *P. falciparum* is the species most commonly responsible for severe disease and death, although the other species can cause severe disease and death as well. <sup>25,31</sup>

## Effect of HIV on Parasitemia and Clinical Severity

HIV infection impairs acquired immunity to malaria that is present in older children and adults in stable endemic areas. Large cohort studies have demonstrated the increased frequency (with rates one- to two-fold higher) of both parasitemia and clinical malaria in HIV-infected adults, with increasing risk and higher-density parasitemia associated with more advanced immunosuppression, particularly among those with CD4 T-lymphocyte (CD4) cell counts <350 cells/mm<sup>3</sup>.<sup>32-34</sup> Increased rates of malaria among individuals with HIV do not appear to be as great as the rates observed with classic opportunistic infections such as tuberculosis and *Pneumocystis jirovecii* pneumonia.<sup>35</sup>

In a prospective cohort study in an area with unstable malaria transmission, HIV-infected non-immune adults were found to be at increased risk of severe malaria, and the risk was associated with a low CD4 cell count.<sup>36</sup> Non-immune HIV-infected patients were substantially more likely to have severe clinical malaria than were non-immune patients without HIV. In KwaZulu Natal, an area of unstable malaria transmission, HIV-infected adults hospitalized for malaria were substantially more likely to die or require an intensive care unit admission than those who were not HIV-infected.<sup>37</sup> In contrast, HIV infection did not confer an increased risk of poor outcomes among partially immune adults in areas with more stable transmission.<sup>32</sup> In a cross-sectional study of travelers returning to France from malaria-endemic areas between 2000 and 2003, HIV-infected individuals with CD4 counts <350 cells/mm³ were at significantly higher risk of developing severe malaria, compared with those who were HIV-negative.<sup>34</sup>

# Effects of Malaria on Mother-to-Child HIV Transmission

Placental malaria also has been associated with increased expression of CCR5 receptors in placental macrophages<sup>38</sup> and increased viral load,<sup>39</sup> raising the possibility of placental malaria leading to increased mother-to-child transmission (MTCT) of HIV. In addition, fetal immune activation by malaria antigens may increase susceptibility to HIV infection.<sup>40</sup> Data are conflicting concerning the effect of malaria during pregnancy on risk of MTCT in the pre-ART era and are limited since the widespread use of ART for prevention of MTCT.<sup>41-43</sup>

# **Diagnosis**

A malaria diagnosis must be considered in all febrile patients who have traveled to or lived in malaria-endemic areas or who have received blood products, tissues, or organs from individuals who have been to such areas.

Several diagnostic methods are available, including microscopic diagnosis, antigen detection tests, polymerase chain reaction-based assays, and serologic tests, though serologic tests which detect host antibody are inappropriate for the diagnosis of acute malaria.

Direct microscopic examination of intracellular parasites on stained blood films is the standard for definitive diagnosis in nearly all settings because it allows for identification of the species and provides a measure of parasite density. Microscopic diagnosis of *P. knowlesi* is difficult because it is commonly misidentified as *P. malariae*, which tends to follow a more benign course. Providers should have a high index of suspicion for *P. knowlesi* in travelers returning from Southeast Asia.<sup>31</sup>

In non-immune patients with all types of malaria, symptoms may develop before detectable levels of parasitemia are evident. For this reason, several blood smear examinations taken at 12- to 24-hour intervals may be needed to positively rule out a diagnosis of malaria in symptomatic patients. Guidelines for laboratory diagnosis are summarized elsewhere and are available at the Centers for Disease Control and Prevention

(CDC)'s malaria website (<a href="https://www.cdc.gov/malaria">https://www.cdc.gov/malaria</a>). Rapid diagnostic tests, particularly for the diagnosis of *P. falciparum*, can be used depending on the local expertise and practice and can facilitate prompt diagnosis and treatment of infected patients, but must be followed by microscopy.

# **Preventing Exposure**

Pre-travel evaluation by a travel medicine specialist can provide specific education about risk of exposure in various geographic locales, the utility of insecticide-impregnated bed nets in the setting where the individual will be traveling or residing, and the use of DEET (N,N-diethyl-3-methyl-benzamide)-containing repellants.

Infection with *P. falciparum* can be more severe in HIV-infected patients with low CD4 cell counts and in pregnant women regardless of HIV infection than in other individuals. Because no chemoprophylactic regimen is completely effective, HIV-infected patients with low CD4 cell counts and women who are pregnant or likely to become pregnant should be advised to avoid travel to areas with malaria transmission if possible (**AIII**). If travel to an endemic area cannot be deferred, use of an effective chemoprophylaxis regimen is essential, along with careful attention to personal protective measures to prevent mosquito bites.

## **Preventing Disease**

For United States travelers (including HIV-infected patients) to endemic areas, a combination of chemoprophylaxis and personal protective measures can be highly effective in preventing malaria. Recommendations for prophylaxis are the same for HIV-infected patients as for those who are not HIV-infected and are available at CDC's malaria website (AIII) (https://www.cdc.gov/malaria).

Malaria incidence has been markedly reduced in African adults with HIV who receive cotrimoxazole (trimethoprim-sulfamethoxazole) prophylaxis.<sup>44</sup> A recent study of HIV-infected patients in Uganda demonstrated that malaria burden was reduced by 70% with cotrimoxazole, and then reduced another 50% when antiretroviral (ARV) drugs were provided, and finally reduced another 50% with provision of insecticide-treated nets.<sup>45</sup> However, cotrimoxazole is not as effective an antimalarial prophylactic regimen as the recommended antimalarials. Therefore, HIV-infected travelers should not rely on prophylaxis with cotrimoxazole for chemoprophylaxis against malaria (AIII).

# **Treating Disease**

Because *P. falciparum* malaria can progress within hours from mild symptoms or low-grade fever to severe disease or death, all HIV-infected patients with confirmed or suspected *P. falciparum* infections should be admitted to the hospital for evaluation, initiation of treatment, and observation of response to treatment (**AIII**). Diagnosis prior to treatment should always be pursued; however, treatment should not be delayed when malaria is strongly suspected but laboratory services are unavailable or results will be delayed (**AIII**).

Choice of treatment is guided by the degree of parasitemia, the species of *Plasmodium*, a patient's clinical status, and the likely drug susceptibility of the infecting species (as determined by where the infection was acquired).

For HIV-infected patients who do acquire *Plasmodium* infection, treatment recommendations are the same as for HIV-uninfected patients (**AIII**). CDC posts current treatment recommendations on its website (<a href="https://www.cdc.gov/malaria">https://www.cdc.gov/malaria</a>) and has clinicians on call 24 hours to provide advice to clinicians on diagnosing and treating malaria (CDC Malaria Hotline: (770) 488-7788; Monday through Friday. 8 a.m. to 4:30 p.m. EST. (770) 488-7100 after hours).

## Special Considerations with Regard to Starting Antiretroviral Therapy (ART)

There is no reason to defer ART initiation after patients have recovered from acute malaria.

## Monitoring of Response to Therapy and Adverse Events (Including IRIS)

Careful monitoring of patients (especially those with *P. falciparum* malaria) is necessary, including measurement of peripheral parasitemia and hemoglobin and blood glucose levels, as well as assessment of cerebral, pulmonary, and renal function. Frequency of monitoring depends on severity of disease, a patient's immune status, and the species of *Plasmodium*.

Chemoprophylaxis or treatment for malaria in patients receiving ARV agents requires attention to potential drug interactions. Several potential drug interactions can occur between antimalarial and HIV drugs as well as other medications used to treat HIV-associated opportunistic infections (see <u>Table 4</u>). <sup>46</sup> Providers are also encouraged to check for drug-drug interactions by using an interactive web-based resource from the University of Liverpool at <a href="https://www.hiv-druginteractions.org">https://www.hiv-druginteractions.org</a>. Mefloquine in repeated doses has been observed to reduce area under the concentration-time curve and maximal plasma concentrations of ritonavir by 31% and 36%, respectively. Insufficient data are available to suggest that dose adjustments are needed.

Quinine levels may be increased by ritonavir-containing regimens or cobicistat; conversely, nevirapine and efavirenz can reduce plasma quinine levels. Potential interactions can occur between ritonavir or cobicistat and chloroquine, but their clinical significance is unclear, and until further data are available, no dose adjustments are recommended.

Artemether-lumefantrine is now approved in the United States for treatment of uncomplicated *P. falciparum* infection. Data in children suggest that this combination is well tolerated and safe in HIV-infected children,<sup>47</sup> however, efficacy data are conflicting in HIV-infected adults. An open-label trial in Tanzania demonstrated excellent efficacy (97.6%) of artemether-lumefantrine for treating uncomplicated *P. falciparum* malaria in HIV-infected adults on nevirapine-based ART.<sup>48</sup> Conversely, 28-day clinical and parasitologic response was sub-optimal in the efavirenz-based ART group, with efficacy of 82.5%, and a 19-fold increased risk of recurrent parasitemia compared to the control group of HIV-infected adults not on ART.<sup>48</sup> Artesunate is available for treatment of severe malaria through a compassionate use Investigational New Drug application. A trial in Uganda demonstrated the effectiveness of artesunate plus amodiaquine in HIV-infected children, but treatment was associated with increased risk of neutropenia in those on ART, particularly zidovudine, which was attributed to the amodiaquine component of therapy.<sup>49</sup>

Ritonavir or cobicistat-boosted ARV regimens and non-nucleoside reverse transcriptase inhibitors have the potential to affect metabolism of artemisinin-containing drugs,<sup>50</sup> but the overall effect and clinical significance remain unclear. No dose alterations currently are recommended.

No immune reconstitution inflammatory syndrome (IRIS) has been described in association with malaria.

# Managing Treatment Failure

HIV-infected individuals are at increased risk of malaria treatment failure.<sup>51</sup> Management of treatment failure is the same in HIV-infected and HIV-uninfected patients, except for considerations about drug interactions between ART and antimalarial drugs. Drug-resistant malaria and possible concomitant infections should be considered in HIV-infected patients whose malaria fails to respond to therapy.

# **Preventing Recurrence**

If the species of malaria identified is *P. vivax* or *P. ovale*, which can cause recurrence due to hepatic phase of infection, then treatment with primaquine in addition to standard treatment is recommended to prevent recurrence (**AI**). Guidelines for primaquine treatment do not differ in HIV-infected individuals.

# **Special Considerations During Pregnancy**

Malaria in pregnancy affects both mother and fetus. Infection with *P. falciparum* during pregnancy can increase maternal risk of severe disease and anemia and risk for stillbirth, preterm birth, and low birth weight.<sup>52</sup> The diagnosis of malaria in pregnant women is the same as in women who are not pregnant.

For pregnant women with a diagnosis of uncomplicated malaria caused by *P. malariae*, *P. ovale*, chloroquine-sensitive *P. vivax*, and chloroquine-sensitive *P. falciparum*, prompt treatment with chloroquine is recommended. For pregnant women with a diagnosis of chloroquine-resistant *P. vivax*, treatment with mefloquine for 7 days is recommended. For pregnant women with a diagnosis of uncomplicated chloroquine-resistant *P. falciparum* malaria, prompt treatment with mefloquine or quinine and clindamycin is recommended as per CDC guidelines. For pregnant women with mefloquine or quinine and clindamycin is recommended as per CDC guidelines.

On the basis of extensive experience with its use, chloroquine is considered the drug of choice for prophylaxis and treatment of sensitive strains of malaria in pregnancy. Although quinine at high doses has been associated with an increased risk of birth defects (especially deafness) in some animal species and humans (usually during attempted abortion), use of therapeutic doses in pregnancy is considered safe. 53,55 Because of the potential for hypoglycemia, glucose levels should be monitored in pregnant women treated with quinine and their neonates. Clindamycin use has not been associated with birth defects. Animal and human data on use of prophylactic and treatment doses of mefloquine do not suggest teratogenicity and the drug can be used safely during all trimesters.<sup>56</sup> One randomized trial of mefloquine used in addition to daily cotrimoxazole for malaria prophylaxis in pregnant women living with HIV demonstrated an increased risk of transmission of HIV to the infant in the mefloquine arm, potentially because of drug interactions.<sup>57</sup> Although experience is limited, available data on artemether-lumefantrine during pregnancy suggest that use is not associated with increased adverse events or birth defects. <sup>58</sup> A pharmacokinetic study in HIV-uninfected persons found no difference in levels between pregnant and non-pregnant subjects except for small differences in elimination half-life of lumefantrine.<sup>59</sup> Data on pharmacokinetics in HIV-infected pregnant women were not included. Because of limited data, atovaquoneproguanil is not recommended for treatment in pregnancy and should be used only if quinine plus clindamycin, quinine monotherapy, or mefloquine are unavailable or not tolerated.<sup>55</sup> Tetracyclines are not recommended in pregnancy because of increased risk of maternal hepatotoxicity and staining of fetal teeth and bones. Primaquine use during pregnancy is not recommended because of limited experience with its use and the potential for fetal glucose-6-phosphate dehydrogenase (G6PD) deficiency. After treatment, all pregnant women with P. vivax and P. ovale should receive chloroquine prophylaxis for the duration of pregnancy to avoid relapses. Once-weekly mefloquine can be used for prophylaxis in pregnant women with P. vivax acquired in an area with chloroquineresistant strains. Women who have normal G6PD screening tests can be treated with primaquine after delivery.

### **Recommendations for Preventing and Treating Malaria**

### Preventing Malaria in Patients Traveling to Endemic Areas:

- Recommendations are the same for HIV-infected and HIV-uninfected patients.
- Specific recommendations are based on region of travel, malaria risks, and drug susceptibility in the region.
- Clinicians should refer to the following website for the most up-to-date recommendations: https://www.cdc.gov/malaria
- TMP-SMX has been shown to reduce malaria in HIV-infected adults in Africa. However, it is not as effective as antimalarial prophylactic regimens. Therefore, HIV-infected travelers **should not** rely on TMP-SMX for prophylaxis against malaria (AIII).

#### **Treating Malaria**

- Because *Plasmodium falciparum* malaria can progress within hours from mild symptoms or low-grade fever to severe disease or death, all HIV-infected patients with confirmed or suspected *P. falciparum* infection should be admitted to the hospital for evaluation, initiation of treatment, and observation of response to therapy (AIII).
- When suspicion of malaria is low, antimalarial treatment should not be initiated until the diagnosis has been confirmed by laboratory investigations.
- Treatment should not be delayed when malaria is strongly suspected but laboratory services are unavailable or results will be delayed (AIII).
- When malaria is strongly suspected, but not yet confirmed, clinicians are advised to consider and initiate treatment for other possible diagnoses in addition to malaria.
- Treatment recommendations for HIV-infected patients are the same as HIV-uninfected patients (AIII).
- Choice of therapy is guided by the degree of parasitemia, the species of *Plasmodium*, the patient's clinical status, and the likely drug susceptibility of the infected species.
- For treatment recommendations for specific region, clinicians should refer to
  - o The CDC malaria website: https://www.cdc.gov/malaria
  - o The CDC Malaria Hotline: (770) 488-7788; Monday through Friday. 8 a.m. to 4:30 p.m. EST. (770) 488-7100 after hours.

Key: CDC = the Centers for Disease Control and Prevention; TMP-SMX = trimethoprim-sulfamethoxazole

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# Microsporidiosis

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## **Epidemiology**

Microsporidia are protists related to fungi, defined by the presence of a unique invasive organelle consisting of a single polar tube that coils around the interior of the spore. They are ubiquitous organisms and are likely zoonotic and/or waterborne in origin. Phylogenetic studies now place microsporidia with the Cryptomycota as the basal branch of the fungal kingdom (or alternatively as a sister phylum). The microsporidia reported as pathogens in humans include *Encephalitozoon* cuniculi, Encephalitozoon hellem, Encephalitozoon (syn Septata) intestinalis, Enterocytozoon bieneusi, Trachipleistophora hominis, Trachipleistophora anthropophthera, Pleistophora species, Pleistophora ronneafiei, Vittaforma (syn Nosema) corneae, Tubulonosema acridophagus, Endoreticulatus sp., Nosema ocularum, Anncaliia (syns Brachiola/Nosema) connori, Anncaliia (syn Brachiola) vesicularum, Anncaliia (syns Brachiola/Nosema) algerae, and Microsporidium sp. 2-8 In the pre-antiretroviral therapy (ART) era, reported prevalence rates of microsporidiosis varied between 2% and 70% among people with HIV/AIDS with diarrhea, depending on the diagnostic techniques employed and the population described.<sup>3-5,8</sup> The incidence of microsporidiosis has declined with the widespread use of effective ART, but it continues to occur among people with HIV who are unable to obtain ART or to remain on it. 9 Microsporidiosis is increasingly recognized among people without HIV, including children, travelers, organ transplant recipients, contact lens wearers, and the elderly. In people with immune suppression, clinical signs related to microsporidiosis<sup>3-5,8</sup> are most commonly observed when CD4 T lymphocyte (CD4) cell counts are <100 cells/mm<sup>3</sup>.

#### Clinical Manifestations

The most common manifestation of microsporidiosis is gastrointestinal tract infection with diarrhea; however, encephalitis, ocular infection, sinusitis, myositis, and disseminated infection have also been described.<sup>3-5,8</sup>

Clinical syndromes can vary by infecting species. *E. bieneusi* is associated with malabsorption, diarrhea, and cholangitis. *E. cuniculi* is associated with hepatitis, encephalitis, and disseminated disease. *E. intestinalis* is associated with diarrhea, disseminated infection, and superficial keratoconjunctivitis. *E. hellem* is associated with superficial keratoconjunctivitis, sinusitis, respiratory disease, prostatic abscesses, and disseminated infection. *Anncaliia, Vittaforma*, and *Trachipleistophora* are associated with keratoconjunctivitis. *Nosema, Vittaforma*, and *Microsporidium* are associated with stromal keratitis following trauma in immunocompetent hosts. *Pleistophora, Anncaliia*, and *Trachipleistophora* are associated with myositis. *Trachipleistophora* is associated with encephalitis and disseminated disease.

# **Diagnosis**

Effective morphologic demonstration of microsporidia by light microscopy can be accomplished with staining methods that produce differential contrast between the spores of the microsporidia and the cells and debris in clinical samples, such as stool. In addition, because of the small size of the spores (1–5 mm), magnification up to 1,000 times is required for visualization. Chromotrope 2R and

the fluorescent brighteners calcofluor white and Uvitex 2B are useful as selective stains for microsporidia in stool and other body fluids.<sup>7</sup>

In biopsy specimens, microsporidia can be visualized with Giemsa, tissue Gram stains (Brown-Hopps Gram stain), calcofluor white or Uvitex 2B (fluorescent brighteners) staining, Warthin-Starry silver staining, or Chromotrope 2A.<sup>7</sup> In gastrointestinal disease, examination of three stools with chromotrope and chemofluorescent stains is often sufficient for diagnosis. If stool examination is negative and microsporidiosis is suspected, a small bowel biopsy may be useful. If the etiologic agent is *Encephalitozoon* or *Trachipleistophora* sp., examination of urine often also reveals the organism. Determination of the species of microsporidia causing disease can be made by the morphology of the organism demonstrated by transmission electron microscopy, by staining with species-specific antibodies, or by polymerase chain reaction using species- or genus-specific primers.<sup>7,10</sup> The assistance of specialists familiar with the species differentiation of microsporidia should be sought.

## **Preventing Exposure**

People with HIV who have CD4 counts <200 cells/mm<sup>3</sup> should avoid untreated water sources (**AIII**). Additional recommendations include increasing attention to hand washing and personal hygiene, avoiding eating undercooked meat or seafood, and limiting exposure to animals known to be infected with microsporidia (**BIII**). The precautions described in the section on cryptosporidiosis also are applicable to microsporidiosis.

## **Preventing Disease**

#### **Preventing Chronic Microsporidiosis**

• Because chronic microsporidiosis occurs primarily in people with advanced immunodeficiency, initiate ART before severe immunosuppression occurs (AII).

**Key**: ART = antiretroviral therapy

Because chronic microsporidiosis occurs primarily in people with advanced immunodeficiency, appropriate initiation of ART before severe immunosuppression should prevent this disease (AII). No specific chemoprophylactic regimens are known to be effective in preventing microsporidiosis.

## **Treating Disease**

#### Managing Microsporidiosis

- Initiate or optimize ART with immune restoration to CD4 count >100 cells/mm<sup>3</sup> (AII).
- Manage severe dehydration, malnutrition, and wasting with fluid support (AII) and nutritional supplements (AIII).
- Antimotility agents can be used for diarrhea control, if required (BIII).

GI Infections Caused by Enterocytozoon bieneusi

- The best treatment option is ART and fluid support (AII).
- No specific therapeutic agent is available for this infection.
- Fumagillin 60 mg PO daily (BII) and TNP-470 (BIII) (unavailable in the United States)

• Nitazoxanide 500 mg twice daily for at least 14 days may resolve chronic diarrhea and is a reasonable alternative if fumagillin is not available (CIII), but the effect appeared to be minimal in people with low CD4 counts.

Intestinal and Disseminated (Not Ocular) Infection Caused by Microsporidia Other Than E. bieneusi and Vittaforma corneae

• Albendazole is recommended only for initial therapy of intestinal and disseminated microsporidiosis caused by microsporidia other than *E. bieneusi* and *V. corneae* (All). Albendazole 400 mg PO twice daily (All) for at least 14 days; continue therapy until the CD4 count is >200 cells/mm³ after initiation of ART (BIII).

Disseminated Disease Caused by Trachipleistophora or Anncaliia

Itraconazole 400 mg PO daily plus albendazole 400 mg PO twice daily (CIII)

#### Ocular Infection

- Topical fumagillin bicylohexylammonium (Fumidil B) 3 mg/mL in saline (fumagillin 70 µg/mL) eye drops: 2 drops every 2 hours for 4 days, then 2 drops four times daily (investigational use only in the United States; needs to be prepared by a compounding pharmacy) (BII), and
- Albendazole 400 mg PO twice daily for management of systemic infection (BIII)
- For people with CD4 count >200 cells/mm³, therapy can be discontinued after ocular infection resolves (CIII).
- For people with CD4 count ≤200 cells/mm³, therapy should be continued indefinitely as recurrence or relapse may occur when therapy is discontinued (BIII).

Discontinuation of Chronic Maintenance Therapy for Non-Ocular Manifestations (BIII)

- No longer have signs and symptoms of microsporidiosis, and
- Sustained increase in CD4 count >200 cells/mm³ for ≥3 months after ART

#### Pregnancy Considerations

- Albendazole is not recommended for use during the first trimester (BIII); use in later pregnancy should be considered only if benefits outweigh potential risks (CIII).
- Fumagillin has an antiangiogenic effect and **should not be used** systemically in pregnant people **(AIII)**. Topical fumagillin has not been associated with embryotoxic or teratogenic effects and can be considered when therapy with this agent is appropriate **(CIII)**.
- Nitazoxanide has not been associated with adverse outcomes in pregnancy; however, data are very limited on its use during pregnancy (CIII).
- Azole antifungals should be avoided during the first trimester (BIII).
- Loperamide should be avoided in the first trimester unless benefits outweigh potential risks of congenital malformations (CIII). Loperamide is the preferred antimotility agent in late pregnancy (CIII).
- Opiate exposure in late pregnancy has been associated with neonatal respiratory depression, and chronic exposure may result in neonatal withdrawal; therefore, tincture of opium is not recommended in late pregnancy (AIII).

**Key:** ART = antiretroviral therapy; CD4 = CD4 T lymphocyte; GI = gastrointestinal; PO = orally

Data suggest that treatment with ART enables a person's own defenses to eradicate microsporidia, <sup>12,13</sup> and administration of ART with immune restoration (an increase in CD4 count to >100 cells/mm<sup>3</sup>) is associated with resolution of symptoms of enteric microsporidiosis, including illness caused by *E. bieneusi*. <sup>12-15</sup> Everyone, therefore, should be offered ART as part of the initial management of microsporidial infection (**AII**), and they should be given fluid support if they have signs of diarrhea and dehydration (**AII**). People with malnutrition and wasting should be treated with

nutritional supplementation (AIII). Antimotility agents can be used if required for diarrhea control (BIII).

No specific therapeutic agent is available for *E. bieneusi* infection. Based on results from a controlled clinical trial, oral fumagillin (60 mg/day), a water-insoluble antibiotic made from *Aspergillus fumigatus* (**BII**), <sup>16,17</sup> or to its synthetic analog, TNP-470 can be administered (**BIII**). Fumagillin and TNP-470 are not commercially available for systemic use in the United States, and Sanofi in France no longer produces FLISINT (fumagillin). One report indicated that treatment with nitazoxanide might resolve chronic diarrhea caused by *E. bieneusi* in the absence of ART; however, the effect appeared to be minimal among people with low CD4 counts. Based on the professional experience of several experts who have treated diarrhea caused by *E. bieneusi* with nitazoxanide in organ transplant recipients, nitazoxanide is a reasonable alternative for the treatment of diarrhea due to *E. bieneusi* if fumagillin is not available (**CIII**). <sup>20</sup>

Albendazole, a benzimidazole that binds to  $\beta$ -tubulin, has activity against many species of microsporidia, but it is not effective against *E. bieneusi* or *V. corneae* infections. The tubulin genes of both *E. bieneusi*<sup>21</sup> and *V. corneae*<sup>22</sup> have amino acid residues associated with albendazole resistance. Albendazole is recommended only for initial therapy of intestinal and disseminated microsporidiosis caused by microsporidia other than *E. bieneusi* and *V. corneae* (AII). <sup>23-25</sup>

Itraconazole may be useful in disseminated disease when combined with albendazole, especially in infections caused by *Trachipleistophora* or *Anncaliia* (**CIII**). Treatment with furazolidone (an agent that is not currently available in the United States) combined with albendazole was reported to improve clinical signs in four people with HIV with persistent diarrhea and *E. bieneusi* infection (**CIII**)<sup>26</sup>; however, furazolidone has not been demonstrated to be active in other case reports. Metronidazole and atovaquone are not active *in vitro* or in animal models and **should not be used** to treat microsporidiosis (**AII**).

People with ocular infections caused by microsporidia should be administered topical Fumidil B (fumagillin bicylohexylammonium) in saline (to achieve a concentration of  $70 \,\mu\text{g/mL}$  of fumagillin) (BII). Topical fumagillin solution needs to be made by a compounding pharmacy because it is not commercially available in the United States and is investigational. Although clearance of microsporidia from the eye can be demonstrated, the organism often is still present systemically and can be detected in urine or in nasal smears; therefore, the use of albendazole as a companion systemic agent to fumagillin is recommended in ocular infections (BIII).

## Special Considerations with Regard to Starting ART

As noted above, people with HIV should be offered ART as part of the initial management of microsporidial infection, as well as fluid support if they have signs of diarrhea and dehydration (AII). Data suggest that treatment with ART, which results in immune reconstitution, enables a person's own defenses to eradicate microsporidia. <sup>12,13</sup>

## Monitoring of Response to Therapy and Adverse Events (Including IRIS)

Although side effects with albendazole are rare, hepatic enzymes should be monitored because elevations have been reported. Albendazole is not known to be carcinogenic or mutagenic. Topical fumagillin has not been associated with substantial side effects. Oral fumagillin has been associated with thrombocytopenia, which is reversible after stopping the drug.

One report of immune reconstitution inflammatory syndrome (IRIS) has been described in a person with HIV treated with ART in the setting of *E. bieneusi* infection;<sup>27</sup> however, no IRIS reactions have been reported with other species of microsporidia or with other cases of *E. bieneusi*. Concerns about IRIS should not alter therapy or the use of ART (AIII).

## Managing Treatment Failure

Supportive treatment and optimization of ART to attempt to achieve full virologic suppression are the only currently feasible approaches to managing treatment failure (AIII).

## **Preventing Recurrence**

In individuals with relatively competent immune systems (>200 CD4 cells/mm³), treatment should be discontinued after ocular infection resolves (**CIII**); treatment should be continued indefinitely if CD4 counts fall below 200 cells/mm³ because recurrence or relapse may occur after treatment discontinuation (**BIII**). Whether it is safe to discontinue treatment for other manifestations after immune restoration with ART is unknown. Based on experience with discontinuation of secondary prophylaxis for other opportunistic infections, it is reasonable to discontinue chronic maintenance therapy in those who no longer have signs and symptoms of microsporidiosis and have a sustained increase in their CD4 counts to >200 cells/mm³ for 3 to 6 months after ART (**BIII**). <sup>13</sup>

## **Special Considerations During Pregnancy**

Rehydration and initiation of ART are the preferred initial treatment of microsporidiosis during pregnancy, as in nonpregnant people (**AII**). In rats and rabbits, albendazole is embryotoxic and teratogenic at exposure levels less than those estimated with therapeutic human dosing. There are no adequate and well-controlled studies of albendazole exposure in early human pregnancy. A recent randomized trial in which albendazole was used for second-trimester treatment of soil-transmitted helminth infections found no evidence of teratogenicity or other adverse pregnancy effects.<sup>28</sup>

Based on these data, albendazole is not recommended for use during the first trimester (BIII); use in later pregnancy should be considered only if benefits outweigh potential risks (CIII). Systemic fumagillin has been associated with increased resorption and growth retardation in rats. No data on use in human pregnancy are available. However, because of the antiangiogenic effect of fumagillin, this drug should not be used systemically in pregnant people (AIII). Topical fumagillin has not been associated with embryotoxic or teratogenic effects and can be considered when therapy with this agent is appropriate (CIII). Furazolidone is not teratogenic in animal studies, but human data are limited to a case series that found no association between first-trimester use of furazolidone and birth defects in 132 furazolidone-exposed pregnancies.<sup>29</sup> Nitazoxanide has not been associated with adverse outcomes in pregnancy; however, data are very limited on its use during pregnancy (CIII). Case reports exist of birth defects in infants exposed to itraconazole, but prospective cohort studies of >300 women with first-trimester exposure did not show an increased risk of malformation.<sup>30,31</sup> In general, however, azole antifungals should be avoided during the first trimester (BIII). Loperamide is poorly absorbed and has not been associated with birth defects in animal studies; however, a recent study identified an increased risk of congenital malformations, specifically hypospadias, among 683 women with exposure to loperamide in early pregnancy.<sup>32</sup> Therefore, loperamide should be avoided in the first trimester unless benefits outweigh potential risks (CIII). Loperamide is the preferred antimotility agent in late pregnancy (CIII). Opiate exposure in late pregnancy has been

associated with neonatal respiratory depression, and chronic exposure may result in neonatal withdrawal; therefore, tincture of opium <b>is not recommended</b> in late pregnancy ( <b>AIII</b> ).

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## Mpox

**Updated:** July 24, 2023 **Reviewed:** July 24, 2023

## **Epidemiology**

Mpox is a zoonotic viral disease caused by mpox virus, an enveloped double-stranded DNA virus that belongs to the same *Orthopoxvirus* genus of the *Poxviridae* family as the causative agent of smallpox. Mpox virus circulates among certain small mammals found in the forested regions of some parts of Africa, creating a reservoir of disease in the animal population. This reservoir is believed to have been the source of the sporadic human outbreaks that have occurred in certain African countries since the first cases were identified in the 1970s until the recent 2022 multinational mpox outbreak. Two distinct clades of mpox virus have been described in different geographic regions of Africa; Clade I (previously called Congo Basin clade) was classically associated with more severe disease and more human-to-human transmission than Clade II (previously called West African clade). Historically, risk for serious infection and death has been greatest for children <8 years of age as well as developing fetuses infected perinatally.

The epidemiology of Clade II mpox has evolved as human cases of mpox outside of Africa have been identified.<sup>5</sup> The first notable mpox outbreak occurred in the United States in 2003 and was associated with the importation of small African mammals; transmission occurred through direct contact or contaminated fomites.<sup>6</sup> Mpox also re-emerged in countries like Nigeria, which saw a large outbreak in 2017 and 2018 after decades without human cases.<sup>7,8</sup> However, from 2018 until May 2022, all cases involved persons traveling from endemic areas to other nations, including the United Kingdom (4 cases), Singapore (1 case), Israel (1 case), and the United States (2 cases).<sup>9-14</sup>

In May 2022, a large multinational outbreak of Clade II mpox was recognized. Multiple lineages of mpox virus were detected in the United States during the early months of the outbreak, suggesting multiple introductions of mpox worldwide and raising concerns for future outbreaks. The majority of infections in 2022 were transmitted sexually through intimate contact with one or more mpox lesions on the skin or mucosal surfaces of people with mpox infection. Infections have disproportionately affected gay, bisexual, same-gender-loving, and other men who have sex with men (MSM). Notably, infections in women and children and occupational infections transmitted to health care personnel through injury with contaminated sharps also have been reported. Across reports, around 40% to 50% of cases have been in people with HIV, and around 15% to 30% of cases have been diagnosed concomitantly with gonorrhea, syphilis, chlamydia, or other STIs. Severe and fatal cases have disproportionately been reported in people with HIV, especially among people with advanced or uncontrolled HIV. Although the overall mortality rate for Clade II infection is low (<1%), mortality among people with advanced HIV has been higher.

#### **Clinical Manifestations**

In outbreaks prior to 2022, mpox cases had been characterized by prodromal symptoms of fever, headache, lymphadenopathy, myalgias, or fatigue followed by a distinctive rash that progresses synchronously from macules to papules, vesicles, pustules, and, ultimately, crusted lesions. In prior

outbreaks, some cases among people with HIV were identified; these cases involved longer duration of illness, larger size of lesions, more frequent secondary bacterial infections, and presence of genital ulcers.<sup>8,38</sup>

In the 2022 multinational mpox outbreak, the clinical manifestations associated with Clade II infection were distinct in several respects. <sup>18,40</sup> Prodromal symptoms have been mild or absent and have not always preceded the rash. <sup>40</sup> Rash commonly occurs as anogenital or oropharyngeal/perioral lesions, with rash involving the limbs, face, and trunk also occurring. <sup>18,40</sup> Lesions can be single or multiple and limited to a single body site and also can progress in varying stages. <sup>18,40</sup> Inguinal, cervical, and/or axillary lymphadenopathy may be present, similar to historic outbreaks, but not as reliably as with classic presentations. <sup>40</sup>

Most patients, including those with well-controlled HIV, experience self-limiting disease and recover with supportive care alone. For a subset of patients, infection can be more severe. Pharyngeal involvement can result in tonsillitis or pharyngitis associated with odynophagia or dysphagia. Anorectal involvement has caused tenesmus, proctitis, and rectal bleeding, which can be severe. Inflammation from genital lesions can produce dysuria occasionally complicated by significant paraphimosis/phimosis or urethritis that limits the ability to urinate. Severe gastrointestinal manifestations, such as enteritis or colitis, and anogenital involvement can necessitate hospitalization for enhanced symptom control, including pain management. According to the stricture and scar formation, causing urethral or bowel obstruction. Ocular involvement from autoinoculation can result in conjunctivitis, blepharitis, keratitis, corneal ulcer with possible scarring, and, in rare cases, loss of vision. Description of the reported manifestations have included nodular pulmonary disease, encephalitis and transverse myelitis, myocarditis and pericarditis, septic arthritis, viral "cold abscesses," and genital necrosis. Septical superior and particular and pericarditis, septic arthritis, viral "cold abscesses," and genital necrosis.

During the current outbreak, cases among pediatric patients and pregnant people have been less common and have not yet been associated with severe disease. People who are significantly immunocompromised, most commonly from poorly controlled HIV (CD4 T lymphocyte [CD4] cell count <350 cells/mm³ and especially <50 cells/mm³), have experienced more severe infections, including increased likelihood of hospitalization and disseminated disease, likely because their weakened immune systems are unable to clear the virus. Phese more severe manifestations can include coalescing or necrotic lesions involving areas of skin (including genitalia) that require surgical debridement and that can continue to progress despite initiation of medical treatment for mpox (see Treating Disease below). Patients' illness can continue to worsen if immune function is not restored, resulting in death.

## **Diagnosis**

Clinical presentation with symptoms such as a characteristic rash associated with mpox lesions is strongly suggestive of mpox. <sup>53</sup> However, diagnosis of mpox based solely on clinical presentation can be challenging due to the protean appearance of mpox lesions. Mpox lesions can mimic lesions seen in other infections such as herpes zoster, as well as STIs such as syphilis, herpes simplex, and molluscum contagiosum. For this reason, and due to the high frequency of coinfection with STIs seen during the multinational 2022 Clade II mpox outbreak, a broad differential diagnosis is encouraged for all people undergoing evaluation for mpox, and screening for STIs, including HIV, is recommended. <sup>17</sup>

Mpox is typically confirmed by the presence of mpox virus DNA in a clinical specimen using the polymerase chain reaction (PCR). The recommended specimen is skin lesion material, which can include swabs of a lesion's surface, lesion exudate, or lesion crusts. In the absence of a lesion on epithelialized skin, specimens from mucosal (e.g., oropharynx, saliva, anorectum) lesions or tissues can support diagnosis of mpox. Unroofing or aspiration of lesions is neither required nor recommended and has led to occupational infections from injuries with contaminated sharps; vigorous swabbing of lesion surfaces alone is sufficient. Testing is available through state public health laboratories and multiple commercial laboratories.

The diagnosis of mpox can also be established by serologic testing demonstrating detectable levels of anti-*Orthopoxvirus* immune globulin M antibody during the period of 4 to 56 days after rash onset in the absence of recent mpox vaccination.<sup>53</sup> If there is high clinical suspicion for mpox and inconclusive or negative testing via PCR or antibody testing, additional testing—such as next-generation sequencing, viral culture to demonstrate the presence of replication-competent virus, biopsy with immunohistochemical staining to demonstrate the presence of viral antigen, or electron microscopy to demonstrate the presence of characteristic viral particles—can be used to confirm the diagnosis, but these diagnostic technologies have varying availability.<sup>53</sup>

## **Preventing Exposure**

Strategies to prevent mpox exposure are similar for people with and without HIV.<sup>55</sup> Regardless of vaccination, people with HIV at risk for mpox should avoid skin-to-skin or other close intimate contact (including sex) with people who may have constitutional symptoms or a rash suspicious for mpox, avoid contact with contaminated surfaces or objects (including linens) used by a person with mpox, and perform frequent hand hygiene after touching rash material or surfaces that may have had contact with rash material (AIII). Condoms or other barrier methods may provide additional protection during sex or other intimate activity. During active mpox outbreaks when rates of community transmission may be high, it is recommended that people (including people with HIV) be counseled about the value of reducing their number of sexual partners and limiting visits to venues where group sex or other prolonged skin-to-skin contact is possible (CIII).

Recommendations regarding the use of personal protective equipment and other infection control practices when clinically managing patients with mpox can be found at the <u>CDC web page on Infection Prevention and Control of Mpox in Healthcare Settings</u>. Of particular note, sharps should not be used to unroof lesions when collecting diagnostic samples. Self-inoculation with sharps contaminated with mpox via penetrating wound injuries has been the leading cause of health care-associated infections. <sup>22-25</sup>

## **Preventing Disease**

#### **Recommendations for Preventing Mpox Infection**

Vaccination Before Mpox Exposure

- Indications
  - o Mpox vaccination should be offered to all people with HIV who have potential for mpox exposure or anticipate potential exposure to mpox per <u>CDC interim clinical considerations</u> (BII).
  - Mpox vaccination should be provided to any other people with HIV who request vaccination (CII).

#### Vaccination

- o MVA-BN vaccine, sold in the United States as JYNNEOS, is the preferred vaccine before mpox exposure and is safe to use in people with HIV; administer JYNNEOS in two doses (0.1 mL ID or 0.5 mL SQ) 28 days apart (AII).
- o Administration of live, replicating vaccinia vaccines (i.e., ACAM2000) to pregnant or immunocompromised people, including people with HIV, is contraindicated (AII).

#### Vaccination Following Mpox Exposure

- Indications
  - o For unvaccinated people with HIV who experience a known or presumed exposure, post-exposure vaccination is recommended as soon as possible, ideally within 4 days after exposure; however, administration 4 to 14 days after exposure may still provide some protection against mpox and should be offered (BII).

#### Vaccination

- JYNNEOS is the preferred vaccine following mpox exposure and is safe to use in people with HIV; administer JYNNEOS in two doses (0.1 mL ID or 0.5 mL SQ) 28 days apart as soon as possible and within 14 days after exposure to mpox (AII).
- o Administration of live, replicating vaccinia vaccines (i.e., ACAM2000) to pregnant, breastfeeding, or immunocompromised individuals, including people with HIV, is contraindicated (AII).

#### Alternative Post-Exposure Prophylaxis

- On a case-by-case basis and in consultation with an infectious disease expert, people with HIV who have advanced immunosuppression or a contraindication to vaccination can consider—
  - Tecovirimat 600 mg PO every 12 hours (people weighing 40 kg to <120 kg) or every 8 hours (patients weighing ≥120 kg) for 14 days (CIII), or</li>
  - o VIGIV 6,000-9,000 units/kg IV single dose (CIII)
- NOTE: There are no clinical data regarding the effectiveness of mpox post-exposure prophylaxis with these agents.

**Key:** CDC = Centers for Disease Control and Prevention; ID = intradermal; MVA-BN = modified vaccinia Ankara-Bavarian Nordic; IV = intravenous; PO = orally; SQ = subcutaneous; VIGIV = vaccinia immune globulin intravenous

Vaccination is the principal biomedical means of preventing mpox. Mpox vaccination should be offered to all people with HIV who have potential for mpox exposure or anticipate potential exposure to mpox per Centers for Disease Control and Prevention (CDC) interim clinical considerations (BII). Additionally, mpox vaccination should be provided to any other people with HIV who request vaccination (CII). For unvaccinated people with HIV who experience a known or presumed exposure, post-exposure vaccination is recommended as soon as possible, ideally within 4 days after exposure; however, administration 4 to 14 days after exposure may still provide some protection against mpox and should be offered (BII). At this time, vaccination recommendations are in the context of a rapidly evolving multinational mpox outbreak. For current mpox vaccination recommendations, please see CDC's interim clinical considerations.

People with HIV who are eligible for vaccination against mpox should receive modified vaccinia Ankara (MVA) vaccines (AII), a live, non-replicating viral vaccine sold as JYNNEOS in the United States and as IMVANEX or IMVAMUNE elsewhere. JYNNEOS consists of two doses given 4 weeks (28 days) apart. CDC's interim clinical considerations for mpox vaccination recommend vaccine administration either subcutaneously or intradermally—both have been found to be effective. For JYNNEOS, if the second dose is not administered during the recommended interval, it should be administered as soon as possible (CIII). There is no need to restart or add doses to the

series if there is an extended interval between doses (**CIII**). People who have received smallpox vaccination more than 10 years ago should still receive two doses of JYNNEOS (**CIII**).

Use of live, replicating vaccinia vaccines, such as ACAM2000, is **contraindicated** in immunocompromised individuals, including people with HIV, due to the risk of serious complications from the enhanced replication and dissemination of vaccinia virus (AII).<sup>57</sup>

JYNNEOS has been demonstrated to be both safe for people with HIV and equally immunogenic in people with HIV as in people without HIV.<sup>58-60</sup> However, these studies were limited to people who were virologically suppressed and had CD4 counts ≥100 cells/mm³. Immunogenicity among people with HIV who are not virologically suppressed or have lower CD4 counts remains unknown.

Several studies indicate that JYNNEOS is effective against mpox.<sup>61-67</sup> Matched case control study data indicate that vaccine effectiveness against symptomatic infection ranges from 36-75% after one dose to 66-89% after two doses.<sup>65-67</sup> However, all studies to date have had insufficient data to assess the effectiveness of JYNNEOS against mpox by HIV status or CD4 count, and immunologic correlates of protection have not yet been established.

For people with HIV who have advanced immunosuppression or a contraindication to vaccination, tecovirimat or vaccinia immune globulin intravenous (VIGIV) can be used for mpox post-exposure prophylaxis on a case-by-case basis in consultation with an infectious diseases expert and CDC (CIII); however, there are no clinical data regarding the effectiveness of mpox post-exposure prophylaxis with these agents. Per U.S. Food and Drug Administration (FDA) labeling, VIGIV might theoretically impair the efficacy of live attenuated virus vaccines; however, the extent to which it might affect live but non-replicating vaccines, such as JYNNEOS, is unclear.<sup>68</sup> Vaccination with any live virus vaccines should be delayed until 3 months after VIGIV administration (CIII).<sup>68</sup> People who received VIGIV shortly after a live virus vaccination should be revaccinated 3 months after administration of the immune globulin (CIII).<sup>68</sup>

## **Treating Disease**

#### **Recommendations for Treating Mpox**

• People not presently taking ART should initiate treatment as soon as possible (AIII).

Preferred Therapy for Severe Disease or at Risk for Severe Disease\*

- Tecovirimat 600 mg PO every 12 hours (<120 kg) or every 8 hours (≥120 kg) for 14 days (BIII) within 30 minutes of a fatty meal; or
- Tecovirimat 200 mg IV every 12 hours for 14 days (<120 kg) or 300 mg IV every 12 hours (≥ 120 kg), if concern exists
  regarding altered gastrointestinal absorption capacity, the inability to take PO, or the extent of organ systems affected by
  mpox (BIII).</li>
- **NOTE**: Patients with severe immunocompromise might benefit from extended treatment (i.e., >14 days) of preferred or adjunctive therapies if new confirmed mpox lesions occur or existing lesions worsen despite treatment.
- **NOTE**: For severe disease, the Panel recommends early intervention with combination therapy at the time of the first medical encounter, in consultation with CDC or an expert in mpox treatment (CIII).

Adjunctive Therapy for Severe Disease or at Risk for Severe Disease\*

- Cidofovir 5 mg/kg/week IV for two doses with saline hydration before and after therapy and probenecid 2 g PO 3 hours before the dose followed by 1 g PO 2 hours after the dose, and 1 g PO 8 hours after the dose (total of 4 g) (BIII), or
  - Cidofovir is contraindicated in patients with a serum creatinine >1.5 mg/dL, a calculated creatinine clearance ≤55 mL/min, or a urine protein ≥100 mg/dL (equivalent to ≥2+ proteinuria). Given the nephrotoxic potential of cidofovir, cautious use of cidofovir with tenofovir is advised. This regimen should be avoided in patients with sulfa allergy because of cross-hypersensitivity with probenecid.
- Brincidofovir 200 mg PO once weekly for two doses (BIII), or
- VIGIV 6,000-9,000 units/kg IV single dose (BIII)
  - NOTE: Vaccination with any live virus vaccines should be delayed until 3 months after VIGIV administration (CIII).
     People who received VIGIV shortly after a live virus vaccination should be revaccinated 3 months after administration of the immune globulin (CIII).
- NOTE: Consultation with local health department and/or CDC should be obtained prior to initiating the above therapies.

Preferred Therapy for Ocular Mpox

- Tecovirimat 600 mg PO every 12 hours (<120 kg) or every 8 hours (≥120 kg) for 14 days (CIII) within 30 minutes of a fatty meal, and
- Trifluridine (Viroptic) 1 drop into affected eye(s) every 2 hours when awake (max: 9 drops/day) until reepithelialization, then every 4 hours (min: 5 drops/day) for 7 days or until all periocular lesions have healed (CIII)
  - o Prolonged use of trifluridine beyond 21 days might cause corneal epithelial toxicity and should be avoided (AII).
- NOTE: Trifluridine should be used in consultation with an ophthalmologist.

#### Other Considerations

- CDC offers a clinical consultation service (email <a href="eocevent482@cdc.gov">eocevent482@cdc.gov</a>), or health care providers may contact the CDC Emergency Operations Center (EOC) at 770-488-7100, where CDC can provide additional guidance to clinicians with patient management guestions.
- Patients with mpox benefit from supportive care and pain control that is implemented early in the illness (BIII).

#### **Pregnancy Considerations**

- Tecovirimat can be used as a first-line antiviral for people who are pregnant, recently pregnant, or breastfeeding (BIII).
- In animal studies, cidofovir and brincidofovir have been shown to be teratogenic; therefore, these agents are not recommended for use in pregnancy (AIII).

**Key:** ART = antiretroviral therapy; CD4 = CD4 T lymphocyte; CDC = Centers for Disease Control and Prevention; IV = intravenous; the Panel = Panel on Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV; PO = orally; VIGIV = vaccinia immune globulin intravenous

\* People with HIV who are not virologically suppressed or who have CD4 counts <350 cells/mm³ are considered at high risk for severe mpox. Severe mpox might manifest as hemorrhagic disease; a large number of lesions such that they are confluent; sepsis; encephalitis; ocular or periorbital infections; or other conditions requiring hospitalization.

For people with well-controlled HIV, mpox is typically a self-limiting illness that resolves spontaneously without antiviral treatment. However, people with HIV who are not virologically suppressed, who have CD4 counts <350 cells/mm³, or who are otherwise severely immunocompromised can experience prolonged severe illness with serious sequelae and are therefore candidates for antiviral treatment. See the CDC's Mpox Clinical Considerations for more information.

If therapy is considered, oral tecovirimat should be administered as first-line treatment (**BIII**). Tecovirimat, which inhibits the *Orthopoxvirus* VP37 envelope-wrapping protein, is available as an oral capsule or intravenous (IV) injection. The decision to use oral or IV tecovirimat should be based on the severity of illness (e.g., extent of other organ systems affected by mpox, presence of coalescing non-healing lesions), other comorbidities that could contribute to greater severity of illness, expected adherence to the oral formulation, and gastrointestinal absorption capacity. Oral tecovirimat requires intact gastrointestinal absorption and the ability to consume a high-fat meal (600 calories and 25 g fat) to support absorption, which may pose a challenge.

Tecovirimat should be administered early in the course of illness for patients with advanced HIV, along with supportive care and pain control (**BHI**). Studies using a variety of animal models have shown that tecovirimat is effective in treating *Orthopoxvirus* disease. Human clinical trials have demonstrated the drug had an acceptable safety profile. A case report from the United Kingdom has suggested that tecovirimat may shorten the duration of mpox illness and mpox viral shedding. There are ongoing clinical trials to assess the efficacy of tecovirimat to treat mpox. Tecovirimat can be provided under an expanded access investigational new drug (IND) protocol or through clinical trials.

IV cidofovir or oral brincidofovir can be used as adjunctive therapy in people with severe manifestations of mpox or at risk of severe manifestations (**BIII**). Cidofovir, which acts via competitive inhibition of DNA polymerase to block DNA synthesis of many DNA viruses, is an FDA-approved antiviral medication for the treatment of cytomegalovirus (CMV) retinitis in people with advanced HIV. Brincidofovir, available orally as a tablet or suspension, is a prodrug of cidofovir that acts similarly and is thought to have less toxicity. Human data are not available on the effectiveness of cidofovir or brincidofovir to treat mpox in people with HIV. However, *in vitro* and animal studies have demonstrated that these drugs are effective against other *Orthopoxviruses*. <sup>79-84</sup> Data from animal models suggest that the combination of tecovirimat and brincidofovir may act synergistically to improve outcomes and could be considered for patients with disseminated infection (**CIII**). <sup>85</sup>

Cidofovir or brincidofovir can be used for people with or at risk for severe disease or people who experience clinically significant progression while receiving tecovirimat, develop recrudescence of disease after an initial period of improvement while receiving tecovirimat, or are otherwise ineligible to receive oral or IV tecovirimat (**BIII**). Brincidofovir is available from federal partners to clinicians who request and obtain a single-patient emergency use IND authorization for treatment of mpox. Clinicians should consider the side effect profiles of both medications when deciding on their use.

VIGIV can be used in severe cases where the development of a robust antibody response may be impaired (**BIII**). Data are not available on the effectiveness of VIGIV to treat mpox in people with HIV. In animal models using non-human primates, vaccine-induced vaccinia antibodies were protective against lethal challenge with mpox virus. The benefit of VIGIV for treatment of severe mpox is unknown. VIGIV is administered under an <u>expanded access IND</u>. Subsequent dosing (i.e., redosing) decisions should be made on a case-by-case basis in consultation with CDC and can be considered when: mpox lesions affect a large percentage of a patient's body surface at the time of diagnosis; new lesions (or expanding borders on existing lesions) emerge several days after VIGIV; lesions affect mobility or are concerning for long-term sequelae, such as sexual dysfunction; or adverse events or contraindications preclude maximal use of other medical countermeasures. 41

Depending on the severity of immunocompromise and uncontrolled viral replication, these additional therapies to tecovirimat (i.e., VIGIV and brincidofovir or cidofovir) can be considered after balancing the benefits and harms. In severe cases, the Panel on Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV recommends early intervention with combination therapy at the time of the first medical encounter, in consultation with CDC or an expert in mpox treatment (CIII).

The role of topical therapy in the treatment of mpox remains unknown. Topical cidofovir has been used for skin lesions with mixed success. <sup>86,87</sup> For ocular involvement, trifluridine, in addition to systemic therapy, can be used in cases of mpox virus conjunctivitis and is recommended in cases of mpox virus keratitis, in consultation with an ophthalmologist (**CIII**). <sup>45,88,89</sup> Prolonged use of trifluridine beyond 21 days might cause corneal epithelial toxicity and should be avoided (**AII**). <sup>90</sup>

Treatments for mpox have the potential for complex and possibly bidirectional interactions with certain antiretroviral agents. <u>Drug-Drug Interactions tables</u> in the Adult and Adolescent Antiretroviral Guidelines describe such interactions and recommendations for therapeutic drug monitoring and dosage adjustments, where feasible.

## Special Considerations with Regard to Starting Antiretroviral Therapy

People with HIV not presently taking antiretroviral therapy (ART) should initiate treatment as soon as possible to improve T and B cell function, which have key roles in modulating mpox disease severity and preventing mortality (**AIII**). In people with advanced HIV (e.g., CD4 count <350 cells/mm<sup>3</sup>), those whose HIV viral load is unsuppressed, or those who otherwise merit treatment for mpox, ART should ideally be started at the same time as mpox therapy (**AIII**).

## Monitoring of Response to Therapy and Adverse Events (Including Immune Reconstitution Inflammatory Syndrome)

As with other opportunistic infections in people with advanced HIV, dysregulated immune responses, such as immune reconstitution inflammatory syndrome (IRIS), following initiation of ART have been raised as a potential concern.<sup>35</sup> IRIS could lead to paradoxical worsening or a protracted course of mpox disease. Data are insufficient to inform recommendations on identification and management of dysregulated immune responses in the setting of mpox infection in people with advanced HIV. Providing passive immunity with the use of VIGIV and extending the duration of antivirals such as tecovirimat should be considered pending immune recovery (CIII). VIGIV has an estimated half-life of up to 3 weeks. If immune reconstitution is slow, repeat dosing should be considered on a case-by-case basis, as noted above (BIII).

Monitoring is recommended during and after treatment of mpox to detect toxicity, as well as persistence or recurrence of mpox.

The most common adverse effects of tecovirimat are headache and nausea. <sup>69</sup> After the treating clinician has assessed the risks and benefits and determined that IV tecovirimat is clinically necessary, the IV formulation should be used with caution in patients with severe renal impairment (creatinine clearance [CrCl] <30 mL/min) due to accumulation of an excipient in the IV formulation (hydroxypropyl-beta-cyclodextrin) that has shown potential for nephrotoxicity at very high exposure levels. If the IV formulation is used, closely monitor renal function; if renal toxicity is suspected,

switching to oral tecovirimat, if possible, or an alternative agent can be considered in consultation with CDC.

Adverse effects of cidofovir include dose-related nephrotoxicity, neutropenia, uveitis, and hypotony (low intraocular pressure). He risk of severe renal injury from IV cidofovir can be reduced by prehydration and oral probenecid before and after cidofovir administration. In patients receiving IV cidofovir, analysis of blood urea nitrogen and creatinine levels and urinalysis should be performed before each infusion. Drug administration is **contraindicated** if renal dysfunction or substantial proteinuria is detected (a serum creatinine >1.5 mg/dL, creatinine clearance  $\leq$ 55 mL/min, or a urine protein  $\geq$ 100 mg/dL [equivalent to  $\geq$ 2+ proteinuria]). Particular attention is needed for patients receiving other potentially nephrotoxic medications, including tenofovir disoproxil fumarate. Periodic ophthalmologic examinations are needed to monitor for cidofovir-associated uveitis or hypotony.

Adverse effects of brincidofovir include diarrhea, nausea, and other gastrointestinal adverse events and elevations in hepatic enzymes (e.g., alanine transaminase, aspartate aminotransferase) and bilirubin. Brincidofovir-induced diarrhea may impair absorption of oral tecovirimat. Screening for liver test abnormalities should be performed before starting therapy and repeat testing for follow-up as clinically indicated. Since brincidofovir is usually given only in two doses 1 week apart, monitoring of liver function parameters is generally done before the second dose (Day 8). Since brincidofovir in the upper limit of normal, consider not giving the second dose of brincidofovir. Since and final dose of brincidofovir should not be given on Day 8 if elevation of serum aminotransferases is accompanied by clinical signs and symptoms of liver inflammation or increasing direct bilirubin, alkaline phosphatase, or international normalized ratio. Male patients should be counseled on the risk for irreversible effects on male fertility based on testicular toxicity observed in animal studies (AII). Individuals of childbearing potential should use effective contraception and/or condoms during treatment and for at least 4 months after the last dose (AIII).

## Managing Treatment Failure

Clinical failure of therapy for mpox might be more likely in patients who do not have substantial immune reconstitution after initiation or optimization of ART or who are otherwise severely immunocompromised. Treatment failure can also result from inadequate tecovirimat levels secondary to inadequate gastrointestinal absorption, drug resistance, or nonadherence.

Lesions may continue to develop after a 14-day course of tecovirimat. If clinical manifestations do not improve, symptoms progress despite the use of oral tecovirimat, or there are concerns about gastrointestinal absorption, IV tecovirimat should be initiated if not already being used (**BIII**). In these cases, the addition of other therapeutics, including brincidofovir or cidofovir and VIGIV should also be assessed. Extending the duration of tecovirimat treatment should be done carefully, through short increments of time and close clinical monitoring for safety signals and clinical response (**BIII**).

The use of topical or ablative therapies for progressive hypertrophic lesions has been reported, but their role is still under exploration. Gensultation with an infectious diseases specialist, dermatology, and wound care services should be sought. CDC offers a clinical consultation service (email <a href="mailto:eocevent482@cdc.gov">eocevent482@cdc.gov</a>), or health care providers may contact the CDC Emergency Operations Center (EOC) at 770-488-7100, where CDC can provide additional guidance to clinicians with patient management questions.

Tecovirimat has a relatively low barrier to viral resistance. Single amino acid substitutions at various locations in the F13L gene coding the viral VP37 drug target confer substantial reductions in tecovirimat's antiviral activity. <sup>69</sup> Genotypic and phenotypic resistance to tecovirimat has been documented in patients with severe immunocompromising conditions who have disseminated and progressive mpox infection and have received or are undergoing prolonged tecovirimat treatment. <sup>97</sup>

Patients for whom resistance is suspected (e.g., new lesions form after at least 7 days of treatment) or documented can be considered for additional therapeutics, including cidofovir or brincidofovir, and VIGIV. Efforts should be made to restore immune function, such as ensuring people with HIV are receiving effective ART and limiting the use of immunocompromising therapies.<sup>41</sup>

Clinicians may consider sending repeat sample swabs to the CDC to assess for the continued presence of virus and to assess for evidence of potential viral resistance based on genetic sequencing. Formal tecovirimat sensitivity testing results cannot be used to guide treatment decisions for individual patients for two reasons: first, they require culture-based resistance testing techniques that take weeks to perform (i.e., results cannot be returned in a timely manner); and second, reporting of these results is not permitted under Clinical Laboratory Improvement Amendments. However, the results of tecovirimat susceptibility testing are helpful to public health efforts to monitor for the emergence of tecovirimat resistance.

Persistently positive PCR test results are expected until lesions resolve; therefore, subsequent testing of lesion specimens may not be informative unless new lesions or progressive lesions are occurring despite 14 days of tecovirimat treatment. Evaluating trends in PCR cycle threshold (Ct) values may be informative; Ct values ≥35 might suggest that minimal replication-competent virus is present. <sup>98</sup> Certain laboratories may be able to test for presence of viable virus with culture techniques, but these results may not be available in a clinically relevant timeframe.

Other possible reasons for treatment failure may include a dysregulated immune response with associated inflammation or the presence of another opportunistic infection. If viable mpox virus is still detected by culture, viral replication and ongoing infection may be driving the disease process and antiviral medications should be continued. Biopsy of the affected tissue can be performed in cases with new or atypical lesions where it is unclear if the lesions are primarily due to mpox or another infectious cause, including secondary bacterial or fungal infections, and in cases with significant complications (e.g., mucosal or bowel lesions, severe lymphadenopathy, pulmonary nodular lesions, or severe conjunctivitis). Consultation with infectious diseases specialists and CDC is encouraged.

## **Preventing Recurrence and Reinfection**

The durability of immunity after infection with mpox or after vaccination is unknown, including among people with HIV. No clinical correlates of immunity have yet been established to guide when booster vaccination may be needed following infection or a primary vaccination series.

## **Special Considerations During Pregnancy**

Data regarding mpox infection in pregnancy are limited. <sup>99,100</sup> It is unknown if pregnant people, including people with HIV, are more susceptible to mpox or if infection is more severe in pregnancy. Mpox can be transmitted to the fetus during pregnancy or to the newborn by close contact during and after birth. Adverse pregnancy outcomes, including spontaneous pregnancy loss and stillbirth, have

been reported in cases of confirmed mpox infection during pregnancy.<sup>4,101</sup> Preterm delivery and neonatal mpox infection have also been reported.<sup>50</sup>

The signs and symptoms of mpox infection in pregnant people appear similar to those in non-pregnant people, including prodromal symptoms and rash. The approach to diagnosis of mpox in pregnant people is the same as in non-pregnant people.

For people who are pregnant, breastfeeding, or trying to become pregnant and who require vaccination, JYNNEOS should be used because it is non-replication competent (**AIII**). Studies of JYNNEOS vaccine in animals have shown no evidence of harm to the developing fetus. <sup>102</sup> Vaccination with ACAM2000, which contains a replication-competent virus, is **contraindicated** in people who are pregnant or breastfeeding due to risk of pregnancy loss, congenital defects, and vaccinia virus infection in fetuses and newborns and the availability of alternative non-replicating viral vaccine (**AII**).<sup>57</sup>

Treatment for mpox should be offered to people who are pregnant, recently pregnant, or breastfeeding (**AIII**). Tecovirimat can be used as a first-line antiviral for people who are pregnant, recently pregnant, or breastfeeding (**BIII**). Information about the impact of tecovirimat on reproductive development is limited to animal studies, in which no specific fetal effects were observed. It is not known if treatment with tecovirimat during pregnancy prevents congenital mpox. Animal reproduction studies have not been conducted with VIGIV; therefore, it is not known whether VIGIV can cause fetal harm when administered during pregnancy or affect future fertility. However, other immune globulins have been widely used during pregnancy for many years without any apparent negative reproductive effects. In animal studies, cidofovir and brincidofovir have been shown to be teratogenic; therefore, these agents are **not recommended** for use in pregnancy (**AIII**).

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# Disseminated *Mycobacterium avium* Complex Disease

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## **Epidemiology**

Organisms of the *Mycobacterium avium* complex (MAC) are ubiquitous in the environment.<sup>1-6</sup> In the era before effective antiretroviral therapy (ART) was available, *M. avium* was the etiologic agent in >95% of people with HIV with advanced immunosuppression who acquired disseminated MAC disease.<sup>4,7-12</sup> Newer bacterial typing technology suggests organisms causing bacteremia in people with HIV represent a diversity of species, including the *M. avium* subspecies *hominissuis* and *M. colombiense* and other non-MAC species, including *M. genavense*, *M. kansasii*, *M. simiae*, *M. mycogenicum*, and others.<sup>13-16</sup> These comprise what was historically referred to as disseminated MAC. An estimated 7% to 12% of adults with HIV have been previously infected with MAC, although rates of disease vary in different geographic locations.<sup>2,4,8,11,12</sup> In particular, disseminated MAC in people with HIV has been described more frequently in the United States and Europe than in resource-limited settings.<sup>17</sup>

Although epidemiologic associations with infection have been identified, no singular environmental exposure or behavior has been consistently linked to subsequent increased risk of developing MAC disease. The mode of MAC infection is thought to be through repeated inhalation or ingestion of MAC bacteria via the respiratory or gastrointestinal (GI) tract, likely from environmental exposure. Household or close contacts of those with MAC disease do not appear to be at increased risk of disease, and person-to-person transmission is unlikely. 19

MAC disease typically occurs in people with HIV with CD4 T lymphocyte (CD4) cell counts <50 cells/mm<sup>3</sup>. The previously reported incidence of disseminated MAC disease ranged from 20% to 40% in people with HIV with advanced immunosuppression in the absence of effective ART or chemoprophylaxis. 20,21 However, the overall incidence of MAC disease among people with HIV has declined substantially in the modern ART era to current levels of <2 cases of MAC as the first opportunistic infection [OI] per 1,000 person-years for individuals in care, even among those not receiving effective ART. 22-26 In addition to a CD4 count <50 cells/mm<sup>3</sup>, factors associated with increased risk for MAC disease are ongoing HIV viral replication despite ART, previous or concurrent OIs, reduced in vitro lymphoproliferative immune responses to M. avium antigens (possibly reflecting defects in T-cell repertoire), and genetic predisposition in some populations.<sup>24-27</sup> While effective ART has clearly been associated with dramatic reductions in risk of developing MAC disease, MAC disease still can occur in people with HIV on suppressive ART, and the clinical presentation may differ from what is seen in people with untreated HIV. In one retrospective case series following people with HIV mostly on ART, nontuberculous mycobacterial (NTM) disease occurred in nine people who were virologically suppressed on ART at the time of their diagnosis seven with pulmonary NTM only and two with extrapulmonary disease. MAC was the most common NTM pathogen, isolated in 19 of the 34 cases. 13 Those with extrapulmonary disease were younger and had higher viral loads and lower CD4 counts at diagnosis.

#### **Clinical Manifestations**

In people with HIV with advanced immunosuppression who are not on ART, MAC disease generally presents as a disseminated, multi-organ infection, although localized disease may also be seen. <sup>28-32</sup> Early symptoms may be minimal and can precede mycobacteremia or positive tissue cultures by several weeks. Symptoms are nonspecific and include fever, night sweats, weight loss, fatigue, diarrhea, and abdominal pain. <sup>8,13-15</sup>

Laboratory abnormalities particularly associated with disseminated MAC disease include anemia (often out of proportion to that expected for the stage of HIV disease) and elevated liver alkaline phosphatase levels. 4.5.7-12.20,21,33,34 Hepatomegaly, splenomegaly, or lymphadenopathy (paratracheal, retroperitoneal, para-aortic, or less commonly peripheral) may be identified on physical examination or by radiographic or other imaging studies. Other focal physical findings or laboratory abnormalities may occur with localized disease.

Localized MAC disease occurs more often in people with HIV on suppressive ART with increased CD4 counts than in people with HIV not on ART, suggesting improved immune function is associated with more localized disease. Localized syndromes include cervical, intraabdominal, or mediastinal lymphadenitis; pneumonia; pericarditis; osteomyelitis; skin or soft-tissue abscesses; bursitis; genital ulcers; and central nervous system infection. Localized syndromes may also be manifestations of immune reconstitution inflammatory syndrome (IRIS), as discussed below.

## Diagnosis

A confirmed diagnosis of disseminated MAC disease is based on compatible clinical signs and symptoms coupled with the isolation of MAC from cultures of blood, lymph fluid, bone marrow, or other normally sterile tissue or body fluids, although data suggest that bone marrow cultures have low yield for detection of MAC in this setting, particularly if blood cultures are negative. <sup>21,31,32,35-40</sup> Species identification should be performed using molecular techniques, polymerase chain reaction-based assays, whole-genome sequencing, high-performance liquid chromatography, or biochemical tests.

Other ancillary studies provide supportive diagnostic information, including acid-fast bacilli smear and culture of tissue, radiographic imaging, or other studies aimed at isolating organisms from focal infection sites.

Although isolated pulmonary MAC disease is not often observed in people with advanced HIV-associated immunosuppression, occasionally MAC disease may be limited to the lung in people with HIV who are virologically suppressed on ART. Diagnostic criteria for disease limited to the lung in this setting should follow those established by the American Thoracic Society (ATS), European Respiratory Society (ERS), European Society of Clinical Microbiology and Infectious Diseases (ESCMID), and the Infectious Disease Society of America (IDSA) joint guideline on Treatment of Nontuberculous Mycobacterial Pulmonary Disease, which include pulmonary clinical signs and symptoms, exclusion of other alternative diagnoses, nodular or cavitary disease on lung imaging, and a positive culture for MAC from at least two sputum specimens or at least one bronchoalveolar lavage or biopsy sample.<sup>41</sup>

Detection of MAC organisms in the respiratory or GI tract may represent colonization of these sites and may be a harbinger of disseminated MAC infection. However, no data are available regarding

efficacy of treatment for asymptomatic colonization with MAC organisms at these sites. Therefore, routine screening of respiratory or GI specimens and preemptive treatment for MAC **is not recommended.** 

## **Preventing Exposure**

MAC organisms commonly contaminate environmental sources of infection, such as food and water. Available information does not support specific recommendations regarding avoidance of exposure.

## **Preventing Disease**

#### Recommendations for Preventing Disseminated Mycobacterium avium Complex Disease

#### Preventing First Episode of Disseminated MAC Disease (Primary Prophylaxis)

• Primary prophylaxis is not recommended for adults and adolescents who immediately initiate ART (AII).

#### **Indications for Primary Prophylaxis**

- CD4 count <50 cells/mm³ AND not receiving ART or remains viremic on ART or has no options for a fully suppressive ART regimen (AI)</li>
- Before primary prophylaxis is initiated, disseminated MAC disease should be ruled out by clinical assessment, and if appropriate, by obtaining a blood culture for MAC (AI). If blood culture is obtained, prophylaxis should be delayed until results are available to avoid exposing patients to monotherapy and the attendant risk of drug resistance (AI).

#### **Preferred Therapy**

- Azithromycin 1,200 mg PO once weekly (AI), or
- Clarithromycin 500 mg PO twice daily (AI), or
- Azithromycin 600 mg PO twice weekly (BIII)

#### Alternative Therapy

- Rifabutin 300 mg PO daily (BI) in people who cannot tolerate azithromycin or clarithromycin
  - o Dose adjustment of rifabutin may be necessary based on drug-drug interactions, please refer to <a href="Drug-Drug Interactions">Drug-Drug Interactions</a> in the Adult and Adolescent Antiretroviral Guidelines for dosing recommendation when used with certain ARV drugs.
  - o Active TB should be ruled out before starting rifabutin to avoid monotherapy in the setting of active TB.

#### Indication for Discontinuing Primary Prophylaxis

• If previously initiated, primary prophylaxis should be discontinued if the patient is continuing on a fully suppressive ART regimen (AI).

#### **Pregnancy Considerations**

- Primary prophylaxis for MAC disease in pregnant people who immediately initiate ART is not recommended (AIII).
- When primary prophylaxis is required for a pregnant person who is not being treated with effective ART, azithromycin is the preferred agent (BIII).

**Key:** ART = antiretroviral therapy; ARV = antiretroviral; CD4 = CD4 T lymphocyte; MAC = *Mycobacterium avium* complex; PO = orally; TB = tuberculosis

## Indication for Primary Prophylaxis

Primary prophylaxis against disseminated MAC disease **is not recommended** for adults and adolescents with HIV who immediately initiate ART, regardless of CD4 count (**AII**). People with HIV who have CD4 counts <50 cells/mm<sup>3</sup> and who are not receiving ART, remain viremic on ART, or have no options for a fully suppressive ART regimen should receive chemoprophylaxis against disseminated MAC (**AI**). Before prophylaxis is initiated, disseminated MAC disease should be ruled out by clinical assessment and, if appropriate based on that assessment, by obtaining a blood culture for MAC. MAC prophylaxis should be delayed until results are available to avoid exposing patients to monotherapy and the attendant risk of drug resistance (**AI**).

## When to Stop Primary Prophylaxis

Primary MAC prophylaxis, if previously initiated, should be discontinued in adults and adolescents who are continuing on a fully suppressive ART regimen (AI). Two randomized, placebo-controlled trials and several large observational cohort studies have demonstrated that people with HIV taking ART can discontinue primary prophylaxis with minimal risk of developing MAC disease, particularly if they are virologically suppressed. 42-47 Conclusions from these studies indicate that the overall incidence of disseminated MAC within 6 to 12 months after stopping primary prophylaxis in these circumstances, regardless of CD4 count, was 0.6 to 0.8 per 100 person-years. In each of these studies, plasma HIV RNA level >1,000 copies/mL was the principal risk factor for developing MAC disease regardless of MAC prophylaxis. However, in a study from the TREAT Asia HIV Observational Database, which evaluated the impact of MAC prophylaxis on AIDS-defining conditions and HIV-associated mortality in people with HIV on ART from September 2015 onward, macrolide use within 3 months of starting ART for those with a CD4 count <50 at ART initiation was associated with a decreased risk of HIV-associated mortality (HR 0.10; 95% CI, 0.01–0.80; P = 0.031) but not with the combined outcome of developing an AIDS-defining condition or death.<sup>48</sup> Despite this finding, only 10.6% of the 1,345 participants in the cohort eligible for MAC prophylaxis received it. The authors concluded that there may be an additive protective effect of macrolide prophylaxis in reducing overall HIV-related mortality among Asians with HIV and CD4 counts <50 even though they received effective ART. Despite some differences among these published data, for most individuals, particularly in higher resourced settings, the preponderance of current data suggest that primary MAC prophylaxis provides no additional benefit in people started on effective ART that results in viral suppression. Additional arguments against primary MAC prophylaxis while prioritizing effective ART to achieve viral suppression include (1) the potential for adding additional cost and adverse effects of the drugs used for prophylaxis; (2) the likelihood that only a small number of people with HIV will develop "unmasking MAC IRIS" (i.e., active MAC disease after starting ART); (3) the potential for acquired drug resistance if people fail monotherapy for MAC prophylaxis; and (4) limiting polypharmacy to assist with adherence to ART. 49-51

## Preferred and Alternative Drugs for Prophylaxis

As previously stated, primary prophylaxis for MAC is not recommended for people on effective ART, but for those for whom prophylaxis is being considered, azithromycin<sup>5,53</sup> and clarithromycin<sup>5,53</sup> are the preferred prophylactic agents (**AI**).<sup>1,54</sup> The combination of clarithromycin and rifabutin is no more effective than clarithromycin alone for chemoprophylaxis, is associated with a higher rate of adverse effects than either drug alone, and **should not be used (AI).**<sup>5</sup> The combination of azithromycin and rifabutin is more effective than azithromycin alone in preventing MAC disease.<sup>52</sup> However, based on the additional cost, increased occurrence of adverse effects, potential for drug

interactions, and lack of greater survival benefit than with azithromycin alone, the combination regimen of azithromycin and rifabutin **is not recommended** (AI). In people with HIV who cannot tolerate azithromycin or clarithromycin, rifabutin can be used as a prophylactic agent for MAC disease (BI), although drug interactions may complicate use of this agent. Moreover, tuberculosis (TB) should be excluded before rifabutin is used to avoid monotherapy in the setting of active TB, which could result in acquired rifamycin resistance.

## **Treating Disease**

#### Recommendations for Treating Disseminated Mycobacterium avium Complex Disease

#### Treating Disseminated MAC Disease

#### Preferred Therapy

- At least two drugs as initial therapy to prevent or delay emergence of resistance (AI)
  - o Clarithromycin 500 mg PO twice daily (AI) plus ethambutol 15 mg/kg PO daily (AI), or
  - o Azithromycin 500–600 mg (All) plus ethambutol 15 mg/kg PO daily (Al) when drug interactions or intolerance precludes the use of clarithromycin (All)
  - o **Note**: Testing of susceptibility to clarithromycin or azithromycin is recommended.
- Some experts would add rifabutin when more severe disease manifestations are present.
  - o Rifabutin 300 mg PO daily **(CI)**. Dose adjustment of rifabutin may be necessary based on drug–drug interactions. Refer to the <u>Dosing Recommendations for Use of ARV and Anti-TB Drugs for Treatment of Active Drug Sensitive TB</u> table in the *Mycobacterium tuberculosis* section for more information.
- Some experts would also add a fourth drug if more severe disease is present, the risk of mortality is high, emergence of drug resistance is likely (e.g., after failure of MAC prophylaxis), CD4 count is <50 cells/mm³, mycobacterial loads are high (>2 log<sub>10</sub> CFU/mL of blood), or effective ART is absent (CIII). Fourth drug options may include:
  - o A fluoroquinolone (CIII) (e.g., levofloxacin 500 mg PO daily or moxifloxacin 400 mg PO daily), or
  - o An injectable aminoglycoside (CIII) (e.g., amikacin 10–15 mg/kg IV daily or streptomycin 1 g IV or IM daily) (generally avoided unless in the setting of refractory disease when other alternatives are not available or tolerated)
  - o Bedaquiline, tedizolid, linezolid, and omadacycline have demonstrated *in vitro* activity against clinical isolates of MAC; these might also be considered in people with refractory MAC disease.

#### **Duration of Therapy**

- At least 12 months (AII)
- Shorter duration may be considered depending on the degree of immunologic recovery following initiation of ART. CD4 count should be >100 cells/mm³ for ≥6 months before discontinuation of therapy (CIII).

#### Chronic Maintenance Therapy (Secondary Prophylaxis)

- Same as treatment regimens
- If ART does not result in immune reconstitution, people with HIV and disseminated MAC disease should continue chronic maintenance therapy (AII).

Criteria for Discontinuing Chronic Maintenance Therapy (Secondary Prophylaxis) (AI)

• Completed at least 12 months of therapy, and

- No signs or symptoms of MAC disease, and
- Have sustained (≥6 months) CD4 count >100 cells/mm³ in response to ART

Indication for Restarting Chronic Maintenance Therapy (Secondary Prophylaxis)

• If a fully suppressive ART regimen is not possible and CD4 is consistently <100 cells/mm³ (BIII)

#### **Pregnancy Considerations**

• For secondary prophylaxis (chronic maintenance therapy), azithromycin plus ethambutol is the preferred drug combination (BIII).

#### Other Considerations

- NSAIDs may be used for people with HIV who experience moderate to severe symptoms attributed to IRIS (BIII).
- If IRIS symptoms persist, a short-term course (4–8 weeks) of systemic corticosteroid therapy (equivalent to prednisone 20–40 mg/day) can be used (BII).

**Key:** ART = antiretroviral therapy; CD4 = CD4 T lymphocyte; CFU = colony-forming units; IM = intramuscular; IRIS = immune reconstitution inflammatory syndrome; IV = intravenous; MAC = *Mycobacterium avium* complex; NSAID = nonsteroidal anti-inflammatory drug; PO = orally

Initial treatment of MAC disease should consist of two or more antimycobacterial drugs to prevent or delay the emergence of resistance (AI). 1,6,11,12,18,55-63 Clarithromycin (AI) or azithromycin (AII) are preferred first agents; published data are more extensive for clarithromycin than for azithromycin in people with advanced HIV disease, and clarithromycin appears to be associated with more rapid clearance of MAC from the blood. 6,55,57,61,62,64 However, azithromycin is acceptable when drug interactions or intolerance preclude the use of clarithromycin (AII). Doses of clarithromycin >1 g/day for treatment of disseminated MAC disease have been associated with increased mortality and should not be used (AI).65 Testing MAC isolates for susceptibility to clarithromycin or azithromycin is recommended for all people with HIV, particularly those who developed MAC disease while receiving prophylaxis with one of these agents.<sup>66,67</sup> In three randomized clinical trials, clarithromycin-resistant isolates were reported in 29% and 58% of people with HIV who developed MAC bacteremia during prophylaxis with clarithromycin, and azithromycin-resistant isolates were recovered from 11% of those who developed bacteremia while on azithromycin prophylaxis. 5,52,53,68 More advanced immunosuppression at prophylaxis initiation and longer duration of MAC prophylaxis are associated with higher rates of clarithromycin resistance at the time of MAC prophylaxis failure.<sup>68</sup>

Ethambutol is the recommended second drug for the initial treatment of MAC disease (**AI**) based on randomized trials of MAC therapy that indicate its use in the regimen is associated with lower rates of relapse. S6,58,64,69 Rifabutin can be used as a third drug (**CI**) with or without a fluoroquinolone (levofloxacin or moxifloxacin) (**CIII**), or an injectable aminoglycoside (amikacin or streptomycin) (**CIII**) can be used as a fourth drug if more severe disease is present; the risk of mortality is high; emergence of drug resistance is likely (e.g., after failure of MAC prophylaxis); or in the setting of advanced immunosuppression (CD4 count <50 cells/mm³), high mycobacterial loads (>2 log<sub>10</sub> colony-forming units/mL of blood), or the absence of effective ART (**CIII**). One randomized clinical trial demonstrated that adding rifabutin to the combination of clarithromycin and ethambutol improved survival, and in two randomized clinical trials, this approach reduced emergence of drug resistance<sup>6,57</sup> in individuals with advanced HIV and disseminated MAC disease. These studies were completed before the availability of effective ART. It has not been established whether similar results would be observed for people with HIV receiving effective ART. The fluoroquinolones levofloxacin and moxifloxacin and amikacin have *in vitro* and animal model

activity against MAC, although randomized trials evaluating the efficacy of adding a fluoroquinolone or injectable aminoglycoside as part of a multidrug regimen for treatment of MAC have not been done. Injectable aminoglycosides should generally be avoided except in the setting of refractory disease when other alternative agents are not available or tolerated. Additional drugs with *in vitro* activity against clinical isolates of MAC include bedaquiline, tedizolid, linezolid, and omadacycline; these might also be considered in people with refractory MAC disease. 1-71-75

While not specifically applicable to people with HIV (who more often have disseminated MAC disease than isolated pulmonary disease), in 2020, the ATS/ERS/ESCMID/IDSA updated their jointly sponsored clinical guideline for treatment of nontuberculous mycobacterial pulmonary disease, including pulmonary MAC.<sup>41</sup> People with HIV fully suppressed on ART with higher CD4 counts may present with localized pulmonary or other local organ system MAC disease that may clinically resemble such disease in people without HIV. Following the ATS/ERS/ESCMID/IDSA guidelines would be reasonable in such settings. The recommended treatment includes an initial three-drug regimen containing a macrolide and ethambutol for those with macrolide-susceptible pulmonary MAC disease. Addition of an aminoglycoside, which in refractory cases can be given as inhalation suspension, is recommended if cavitary or severe bronchiectatic disease is present or if macrolide resistance is suspected.<sup>76</sup>

People with HIV and disseminated MAC disease should be treated for a minimum duration of 12 months (**AII**). Shorter duration of treatment may be considered depending on the degree of immunologic recovery following initiation of ART (**CIII**); the CD4 count should be maintained above 100 cells/mm<sup>3</sup> for at least 6 months before discontinuing MAC treatment.<sup>77-79</sup>

## Special Considerations Regarding Antiretroviral Therapy Initiation

ART should be started as soon as possible after the diagnosis of MAC disease, preferably at the same time as initiation of antimycobacterial therapy in people with HIV and disseminated MAC disease who are not receiving effective ART (**BIII**). ART is recommended as soon as possible to reduce the risk of further AIDS-defining OIs and to further improve the response to antimycobacterial therapy in the setting of advanced immunosuppression (**BIII**). If ART has already been initiated, it should be continued. The regimens should be modified when there is any potential for an adverse drug—drug interaction(s) between the antiretroviral (ARV) and antimycobacterial drugs (**BIII**). Information on drug—drug interactions can be found in the Adult and Adolescent Antiretroviral Guidelines. People with HIV will need continuous antimycobacterial treatment until ART results in sustained immune reconstitution, as indicated above (CD4 count maintained above 100 cells/mm³ for at least 6 months).

## Monitoring of Response to Therapy and Adverse Events (Including IRIS)

A repeat blood culture for MAC should be obtained 4 to 8 weeks after initiating antimycobacterial therapy in people with HIV who do not have a clinical response to their initial treatment regimens. Improvement in fever and other systemic symptoms and a decline in quantity of mycobacteria in blood or tissue can be expected within 2 to 4 weeks after initiation of appropriate therapy; clinical response may be delayed, however, in those with more extensive MAC disease or advanced immunosuppression.

Adverse effects of clarithromycin and azithromycin include GI upset, metallic taste, elevations in liver transaminase levels, and hypersensitivity reactions. Clarithromycin's adverse effects may be exacerbated when drug levels are increased due to drug interactions associated with some ARV

drugs. Doses of clarithromycin >1 g/day for treatment of disseminated MAC disease have been associated with increased mortality and **should not be used (AI).**<sup>65</sup> Protease inhibitors (PIs) can increase clarithromycin levels; clarithromycin dose adjustment or switching clarithromycin to azithromycin may be necessary. Azithromycin metabolism is not affected by the cytochrome P450 (CYP) system; azithromycin can be used safely in the presence of PIs, non-nucleoside reverse transcriptase inhibitors, or integrase inhibitors without concerns about drug interactions.

When used with clarithromycin or other drugs that inhibit CYP isoenzyme 3A4, rifabutin has been associated with a higher risk of adverse drug interactions, in particular sight-threatening uveitis and neutropenia. Rifabutin adverse effects are concentration related; therapeutic drug level monitoring may be considered to reduce the potential for adverse effects. Rifabutin must be dose adjusted in people with HIV receiving PIs or efavirenz. Rifabutin should not be coadministered with cobicistat-boosted PIs, long-acting injectable cabotegravir/rilpivirine, bictegravir, elvitegravir/cobicistat, fostemsavir, or lenacapavir. Rilpivirine and doravirine must be dose adjusted if either is coadministered with rifabutin. No dose adjustment for rifabutin or the integrase inhibitors dolutegravir or raltegravir or injectable cabotegravir alone is currently recommended, although at least one study suggested that compared with people without TB or MAC, lower trough concentrations were observed when once daily dolutegravir was used together with rifabutin. R7-89 The most updated drug—drug interaction information can be found in the Adult and Adolescent Antiretroviral Guidelines. Therapeutic drug monitoring may be helpful for optimizing drug dosing in the context of complex drug—drug interactions.

IRIS associated with MAC disease is recognized as a systemic inflammatory syndrome, with signs and symptoms clinically indistinguishable from active MAC infection, although bacteremia is generally absent. Similar to TB, MAC-associated IRIS can occur as "unmasking" IRIS in people with HIV with subclinical (undiagnosed) MAC or "paradoxical" IRIS in those with previously established MAC disease. 91-95 Both variants occur primarily in those with advanced immunosuppression who begin ART and have a rapid and marked reduction in plasma HIV RNA. 95,96 Elevated alkaline phosphatase levels may be a predictor of MAC-associated IRIS. 97 The syndrome may be benign and self-limited or may result in severe, unremitting symptoms that improve with the use of systemic anti-inflammatory therapy or corticosteroids.

People with HIV on ART who develop moderate to severe symptoms typical of IRIS should receive initial treatment with nonsteroidal anti-inflammatory drugs (NSAIDs) (**BIII**). If IRIS symptoms do not improve, short-term (4–8 weeks) systemic corticosteroid therapy, in doses equivalent to 20 to 40 mg of oral prednisone daily, can be used to reduce symptoms and morbidity (**BII**). Severe forms of MAC IRIS with a hemophagocytic lymphohistiocytosis (HLH) phenotype may occur, and a lower hemoglobin prior to ART may help predict this more severe form of IRIS. Patients with this more severe form may have a genetic predisposition, and cases of MAC IRIS and other NTM IRIS requiring additional immunosuppression in addition to corticosteroids have been reported.

## Managing Treatment Failure

MAC treatment failure is defined by the absence of a clinical response and the persistence of mycobacteremia (or persistently positive tissue cultures from other sites) after 4 to 8 weeks of treatment. Repeat testing of MAC isolates for susceptibility to clarithromycin or azithromycin is recommended for people with HIV whose disease relapses after an initial response to treatment.

Because the number of drugs with demonstrated clinical activity against MAC is limited, results of susceptibility testing should be used to construct a new multidrug regimen. The regimen should consist of at least two new drugs (i.e., not previously used) to which the isolate is susceptible. Drugs from which to choose include rifabutin, fluoroquinolone (levofloxacin or moxifloxacin), an injectable aminoglycoside (amikacin or streptomycin), or possibly bedaquiline, tedizolid, linezolid, or omadacycline, although data supporting a survival or microbiologic benefit when these agents are added are limited. 11,12,41,56-60,64,69,72-75,101-104 Continuing clarithromycin or azithromycin despite resistance is not recommended (BIII), as there is likely to be no additional benefit and may have added toxicity. Clofazimine should generally not be used because randomized trials have demonstrated lack of efficacy and an association with increased mortality (AI). 56,58,69 Optimization of ART is an important adjunct to second-line or salvage therapy for MAC disease in people with HIV for whom initial treatment is unsuccessful or who have disease that is resistant to antimycobacterial drugs (AIII).

Although anecdotal data and individual case reports suggest potential benefit, adjunctive treatment of MAC disease with immunomodulators has not been thoroughly studied, and data are insufficient to support a recommendation for routine use, except in the setting of familial immunodeficiencies associated with increased risk of MAC disease.<sup>105</sup>

## **Preventing Recurrence**

As indicated above, people with HIV and disseminated MAC disease should be treated for a minimum duration of 12 months (**AII**). Shorter duration of treatment may be considered depending on the degree of immunologic recovery following initiation of ART; the CD4 count should be maintained above 100 cells/mm³ for at least 6 months before discontinuing MAC treatment. If ART initiation does not result in immune reconstitution, people with HIV and disseminated MAC disease should continue chronic maintenance therapy (**AII**).

# When to Stop Secondary Prophylaxis or Chronic Maintenance Therapy

The risk of MAC recurrence is low in people with HIV who have completed at least a 12-month MAC treatment course, remain asymptomatic with respect to MAC signs and symptoms, and sustain an increase in CD4 count to >100 cells/mm³ for  $\ge 6$  months after initiation of ART. In this setting, it is reasonable to discontinue maintenance therapy based on data from studies in people with HIV and inferences from more extensive study data that indicate the safety of discontinuing secondary prophylaxis for other OIs (AI). 44,60,77-79,106-108 Reintroducing chronic maintenance therapy or secondary prophylaxis for people with HIV for whom a fully suppressive ART regimen is not possible and who have a decline in their CD4 count to levels consistently below 100 cells/mm³ may be indicated (BIII).

# **Special Considerations During Pregnancy**

Primary prophylaxis for MAC disease in pregnant people who immediately initiate ART is not recommended (AIII). When primary prophylaxis is required for a pregnant person who is not being treated with effective ART, azithromycin is the preferred agent (BIII). For secondary prophylaxis (chronic maintenance therapy), azithromycin plus ethambutol is the preferred drug combination (BIII). Because clarithromycin is associated with an increased risk of birth defects based on evidence from certain animal studies, it is not recommended as the first-line agent for prophylaxis or treatment of MAC in pregnancy (BIII). Two studies, each with slightly more than 100 women with

first-trimester exposure to clarithromycin, did not demonstrate an increase in or specific pattern of defects, although an increased risk of spontaneous abortion was noted in one study. 109,110

Azithromycin did not produce defects in animal studies, but experience with use in humans during the first trimester is limited. A nested case-control study conducted within the large Quebec Pregnancy cohort found an association between azithromycin use and spontaneous miscarriage<sup>111</sup>; however the authors were not able to adjust for severity of infection, an important confounder. Multiple studies, including large cohort studies, have found no association between the use of azithromycin in the first trimester and major congenital malformations, including heart defects. A systematic review of pregnancy outcomes following macrolide use found no significant increased risks for major congenital malformations or congenital heart defects following all macrolide use in the first trimester, but a small but significant increased rate of major congenital malformations with azithromycin though maternal confounders could not be excluded. In a Cochrane systematic review of *Chlamydia trachomatis* infection treatment in pregnancy, there was no apparent difference between azithromycin and other agents in terms of efficacy and pregnancy complications. <sup>115</sup>

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# Mycobacterium tuberculosis Infection and Disease

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## **Epidemiology**

Tuberculosis (TB) is the leading cause of morbidity and mortality among people with HIV worldwide. In 2020 and 2021, progress towards reducing TB morbidity and mortality slowed amidst the widespread disruption of health services from the COVID-19 pandemic. Globally, the annual number of estimated TB deaths increased in 2020 and 2021, to 1.5 million and 1.6 million, respectively. Among people with HIV, there were an estimated 703,000 people who had TB, but only 52% were diagnosed and reported. A total of 187,000 deaths among people with HIV were attributed to TB in 2021, the first time there has been an increase in HIV-associated TB deaths since 2006. People with HIV still account for a disproportionate number of TB deaths worldwide (11.8% of deaths vs. 6.7% of TB cases); however, a 47% reduction in deaths has occurred since 2010.

In the United States, more than two-thirds (5,456; 71.4%) of people newly reported with TB in 2021 were born outside the United States, similar to 2019 and 2020 proportions.<sup>3</sup> The incidence of HIV-related TB in the United States has declined substantially, in part because of the widespread use of antiretroviral therapy (ART).<sup>4,5</sup> Among all people reported with TB with known HIV status in the United States in 2021, 293 people (4.2%) were coinfected with HIV (6.3% among people with TB aged 25–44 years vs. 5.6% among those aged 45–64 years).<sup>6</sup> Overall, the proportion of reported people with TB and HIV co-infection has been steadily declining over the past decade (7.4% in 2011).

#### **Latent TB Infection**

TB infection occurs when a person inhales droplet nuclei containing Mycobacterium tuberculosis organisms. Usually within 2 to 12 weeks after infection, the immune response limits the multiplication of tubercle bacilli. However, viable bacilli can persist for years, a condition referred to as latent TB infection (LTBI). People with LTBI are asymptomatic and are not infectious. TB disease (defined as clinically active disease, often with positive smears and cultures) can develop soon after exposure to M. tuberculosis organisms (primary disease) or after reactivation of latent infection.<sup>7,8</sup> The risk of TB disease due to reactivation of LTBI for people with untreated HIV has been estimated as 3% to 16% per year, which approximates the lifetime risk of TB disease for people with LTBI who do not have HIV (approximately 5%). 9-14 The risk of TB disease begins in the first year following HIV infection. 15 TB disease can occur at any CD4 T lymphocyte (CD4) cell count, although the risk increases with progressive immunodeficiency. 15,16 The estimated annual risk of developing TB disease among people with LTBI (diagnosed by a positive tuberculin skin test [TST] or interferon-gamma release assay [IGRA] in the absence of a TB disease diagnosis) is 3 to 12 times greater for people with untreated HIV than for those without HIV.<sup>17</sup> Even with effective ART, the risk of TB disease among people with HIV remains greater than that among the general population. 18 Since 2006, the TB incidence rate in people with HIV has been lower than in previous years, but the TB risk is still substantially higher than among people without HIV.<sup>19</sup> In the United States, the most common predisposing factor for TB infection is birth or residence outside of the United States.<sup>20</sup>

The risk of progression from LTBI to TB disease in people with HIV is reduced both by ART and by the treatment of LTBI. 18,21-24 In combination with ART, isoniazid preventive therapy decreased the risk of TB disease by 76% among people with HIV in Brazil. 25 Furthermore, isoniazid preventive therapy and ART independently and additively decreased the risk of death and severe HIV-related illness. 21,23

## **Diagnosing Latent TB Infection**

All people with HIV should be evaluated for LTBI at the time of HIV diagnosis, regardless of their epidemiological risk of TB exposure. In programmatic settings in the United States, TB screening has been suboptimal, with only 47% to 69% of people with HIV presenting to care completing initial screening, and 42% of those with LTBI initiating therapy. <sup>26-30</sup> The two current diagnostics available for the detection of *M. tuberculosis* infection in the United States, IGRA and TST, help differentiate those with and without TB infection. However, the diagnostic accuracy of TST and IGRA is limited; a negative test does not exclude the diagnosis of LTBI or TB disease, and a positive test does not, by itself, mean LTBI therapy is warranted. Decisions about medical and public health management should include epidemiological risk factors, medical history, and other clinical information when interpreting IGRA or TST results.

People with advanced HIV (CD4 count <200 cells/mm³) and negative diagnostic tests for LTBI, and no indications for initiating empiric LTBI treatment (i.e., no recent exposure to a culture-confirmed TB case) should be retested for LTBI once they start ART and attain a CD4 count ≥200 cells/mm³ to ensure that the initial test result was a true negative result.³¹-³³ Annual testing for LTBI using TST or IGRA is recommended only for people with HIV who have a history of a negative test for infection and are at high risk for repeated or ongoing exposure to people with active TB disease (e.g., during incarceration, travel to a high-TB incidence country, homelessness, living in a congregate setting).³⁴

Traditionally, LTBI has been defined by the presence of a positive TST (≥5 mm of induration at 48–72 hours in people with HIV) in people with no clinical or radiographic evidence of TB disease. Despite the extensive experience with the TST among people with HIV, the test has several disadvantages: the requirement for two visits to place and read the test, decreased specificity (false positive results) among people who received Bacillus Calmette-Guérin (BCG) vaccination, and decreased sensitivity (false negative results) among people with advanced immunodeficiency. The first two limitations of the TST have led to broader use of IGRAs for the detection of LTBI.

IGRAs include the T-SPOT.TB and QFT-TB Gold Plus (QFT-Plus). Systematic reviews and meta-analyses, as well as a large study in the United States, have found that IGRAs generally have higher specificity than the TST, may correlate better with exposure to *M. tuberculosis*, and are less likely to cross-react with BCG vaccination or exposure to nontuberculous mycobacteria. <sup>19,36,37</sup> A systematic review among people with HIV did not find robust evidence that IGRAs were superior to TST in diagnosing either active TB or LTBI. <sup>33</sup> However, in a prospective study of 1,510 people with HIV in the United States (median CD4 count of 532 cells/mm³), T.SPOT.TB was significantly more specific (99.7%) and had a significantly higher positive predictive value (PPV; 90.0%) than the older QuantiFERON Gold In-Tube (QFT-GIT) (96.5% specificity, 50.7% PPV) and TST (96.8% specificity, 45.4% PPV). QFT-GIT was significantly more sensitive (72.2%) than TST (54.2%) and T.SPOT.TB (51.9%). <sup>38</sup>

As with the TST, progressive immunodeficiency is associated with decreased sensitivity of IGRAs.<sup>39</sup> In addition, the reproducibility of positive results of IGRAs may be limited. Among 46 people with HIV who had initial positive tests with the QFT-GIT assay, 33 (72%) had negative repeat tests, particularly those whose responses were at the lower range of the manufacturer's suggested range of positive results.<sup>40</sup> Similar to recommendations for healthcare workers, annual testing for people with HIV is no longer recommended unless high risk exists for repeated or ongoing exposure to people with active TB disease.<sup>41</sup>

Among people with HIV, the correlation between the TST and IGRA test results is poor to moderate. In prospective studies not limited to people with HIV, positive results with either the TST or IGRA were associated with an increased risk of developing TB disease. In some studies (again not limited to people with HIV), patients with a positive IGRA were at a higher risk of subsequently developing TB disease than those with a positive TST. Despite its limitations, a positive TST result strongly predicts that the treatment of LTBI will decrease the risk of TB progression among people with HIV. Studies are underway to formally evaluate if IGRAs are similarly predictive.

Although no definitive comparisons of the TST and IGRAs for screening people with HIV in low-burden settings have been published, both the TST and the approved IGRAs are considered appropriate for TB screening among people with HIV in the United States. <sup>17,38</sup> Some experts have suggested using both the TST and an IGRA in a stepwise or sequential manner to screen for LTBI, but the predictive value of this approach is not clear, and it may be challenging to implement. The routine use of both TST and IGRAs in a single patient to screen for LTBI is not recommended in the United States. <sup>50</sup>

As tests of immune reactivity against *M. tuberculosis*, TST and IGRAs are often positive among people with TB disease. Therefore, all people with a positive TST or IGRA should be evaluated for the possibility of active TB disease.<sup>17</sup> Most, but not all, people with HIV and TB disease have symptoms (e.g., cough, fever, sweats, weight loss, lymphadenopathy); the absence of these symptoms had a 98% negative predictive value for culture-positive TB in low-resource settings, although this varied depending on pretest probability.<sup>51</sup> The addition of a chest radiograph improved the sensitivity of this screening algorithm but decreased specificity.<sup>52</sup> It is important to note that in a symptomatic patient with clinical suspicion of TB disease, a negative TST or IGRA does not rule out TB disease, particularly in those with CD4 count <200 cells/mm³.

Obtaining a sputum specimen for *M. tuberculosis* identification is the gold standard for diagnosing pulmonary TB disease, but it is not high yield in screening people with HIV without pulmonary symptoms, particularly in low-prevalence settings. Therefore, a negative symptom screen (including absent cough of *any* duration) coupled with a normal chest radiograph is usually sufficient to exclude TB disease in a patient with a positive TST or IGRA in low TB incidence settings.<sup>17</sup> Sub-clinical TB among people with HIV is of greater concern in high TB burden settings.<sup>53</sup>

## Treating Latent TB Infection

## Recommendations for Treating LTBI to Prevent TB Disease in People with HIV

#### Indications

- Positive screening test<sup>a</sup> for LTBI (≥5 mm of induration at 48–72 hours in people with HIV or positive IGRA) regardless of BCG status, no evidence of active TB disease, and no prior history of treatment for active disease or latent TB infection (AI).
- Close contact with a person with infectious TB (such as someone who has shared air space, such as in a household or
  close congregate setting, with a person with active pulmonary TB according to the <u>Centers for Disease Control and</u>
  <u>Prevention Guidelines for the Investigation of Contacts of Persons with Infectious Tuberculosis</u>) regardless of screening
  test result and CD4 count (AII).

### **Preferred Therapy**

- Isoniazid 15 mg/kg PO once weekly (900 mg maximum) plus rifapentine (see weight-based dosing below) PO once weekly plus pyridoxine 50 mg PO once weekly (3HP) for 12 weeks (AI). Note: 3HP is recommended only for virally-suppressed patients receiving an efavirenz-, raltegravir-, or once-daily dolutegravir-based ARV regimen (AII).
  - o Rifapentine Weekly Dose (maximum 900 mg)
    - Weighing 25.1–32 kg: 600 mg
    - Weighing 32.1–49.9 kg: 750 mg
    - Weighing ≥50.0 kg: 900 mg
- Isoniazid 300 mg PO daily plus rifampin 600 mg PO daily plus pyridoxine 25–50 mg PO daily (AI) for 3 months (3HR). See
  the <u>Dosing Recommendations for use of ARV and Anti-TB Drugs When Treating Latent TB table</u> for the list of ARV drugs
  not recommended for use with rifampin (e.g., protease inhibitors, bictegravir) and those which require dosage adjustment
  (i.e., raltegravir, dolutegravir, or maraviroc).

#### Alternative Therapy

- Isoniazid 300 mg PO daily plus pyridoxine 25–50 mg PO daily for 6–9 months (AII) or
- Rifampin 600 mg PO daily for 4 months (BI) (4R)
  - Consult the <u>Tuberculosis/HIV Coinfection section of the Adult and Adolescent Antiretroviral Guidelines</u> for the list of ARV drugs not recommended for use with rifampin (e.g., protease inhibitors, bictegravir) and those which require dosage adjustment (e.g., raltegravir, dolutegravir, or maraviroc).
- Isoniazid 300 mg PO daily plus rifapentine (see weight-based dosing below) PO daily plus pyridoxine 25–50 mg PO daily for 4 weeks (BI) (1HP) Note: 1HP is recommended only for patients receiving an efavirenz-based ARV regimen (AI).
  - o Rifapentine Daily Dose (maximum 600 mg)
    - Weighing <35 kg: 300 mg
    - Weighing 35–45 kg: 450 mg
    - *Weighing >45 kg*: 600 mg
- For people exposed to drug-resistant TB, select drugs for prevention of TB after consultation with experts and with public health authorities (AIII).

#### **Pregnancy Considerations**

- 4R and 3HR are acceptable alternative regimens for pregnant people with HIV (BIII).
- For pregnant people receiving effective ART and without close household contact with infectious TB or recent test for TB infection (TST or IGRA) conversion from negative to positive, therapy for LTBI may be deferred until after delivery (BIII).

• Although rifampin generally is considered safe in pregnancy, data on the use of rifapentine are extremely limited and its use in pregnant people is not currently recommended (BIII).

#### **Additional Considerations**

- Deferring ART until after completion of treatment for LTBI is not recommended (AI).
- Given the important drug-drug interactions between rifamycins and several antiretroviral (ARV) agents, selection of an LTBI regimen will depend on a patient's current or planned ARV regimen.

Key: H = Isoniazid; P = Rifapentine; R = Rifampin; ARV = antiretroviral; CDC = Centers for Disease Control and Prevention; CD4 = CD4 T lymphocyte; CNS = central nervous system; DOT = directly observed therapy; IRIS = immune reconstitution inflammatory syndrome; IPT = isoniazid preventive therapy; LTBI = latent tuberculosis infection; PI = protease inhibitor; PO = orally; TB = tuberculosis

Once active TB disease is excluded and in the absence of other medical contraindications, people with HIV with a positive TB screening test should receive LTBI treatment (**AI**), unless there is documentation of prior treatment for active TB or LTBI.<sup>54</sup> Additionally, people with HIV who are in close contact with anyone with infectious TB should receive LTBI treatment, regardless of their TB screening test results and CD4 count (**AII**). Selection of an LTBI regimen may depend on the potential for drug interactions, toxicity concerns, as well as medication availability and/or cost (see Recommendations for Treating LTBI to Prevent TB Disease in People with HIV table above). People with HIV who have been treated successfully for LTBI should not have repeat testing with TST or IGRA; a previously positive test result generally will not revert to negative.

People with HIV in the United States who have a negative TST or IGRA and no recent contact with a person with infectious TB likely will not benefit from the treatment of LTBI, and preventive therapy is not generally recommended (AIII); this is in contrast to high TB prevalence countries where isoniazid (i.e., isoniazid preventive therapy; IPT) decreased TB risk and mortality in people with HIV, regardless of TST or IGRA result.<sup>24</sup>

LTBI treatment and ART act independently to decrease the risk of TB disease.<sup>22,23,25,55,56</sup> Therefore, the use of both interventions is recommended for people with LTBI and HIV (**AI**). Given the important drug–drug interactions between rifamycins and several antiretroviral (ARV) agents, selection of an LTBI regimen will depend on a patient's current or planned ARV regimen. Deferring ART until after completion of treatment for LTBI is not recommended (**AI**).<sup>23</sup>

## Preferred Drugs for Treatment of Latent TB Infection

#### 3HP

• Rifapentine (weight-based dosing) orally (PO) once weekly plus isoniazid 15 mg/kg PO once weekly (900 mg maximum) plus pyridoxine 50 mg PO once weekly for 12 weeks is one of two preferred regimens for the treatment of LTBI (AI).<sup>54</sup>

In two randomized controlled trials, rifapentine plus isoniazid once weekly for 12 weeks (3HP) was as effective and well-tolerated as 6 to 9 months of daily isoniazid, including in people with HIV whose CD4 counts were generally >350 cells/mm³ and who were not yet on ART.<sup>57,58</sup> 3HP treatment completion rates with self-administered therapy were inferior to those with directly observed therapy (DOT) but non-inferior among study participants enrolled in the United States—and generally high overall.<sup>59</sup>

<sup>&</sup>lt;sup>a</sup> Screening tests for LTBI include a tuberculin skin test (TST) or interferon-gamma release assay (IGRA); see text for details regarding these tests.

Although individuals taking ART were not included in the Phase 3 trial of 3HP,<sup>57</sup> the pharmacokinetic (PK) profile of efavirenz with daily rifapentine and isoniazid is favorable.<sup>60,61</sup> Raltegravir concentrations were modestly increased when it was given with once-weekly rifapentine in healthy volunteers.<sup>62</sup> In a Phase 1/2 single-arm study of people with HIV treated with dolutegravir and 3HP, rifapentine decreased dolutegravir exposure by 26%. However, trough concentrations remained above the 90% maximum inhibitory concentration for all but one participant, and all participants maintained an undetectable viral load throughout the study period.<sup>63</sup> Based on these PK data and limited outcome data, 3HP is recommended in virally suppressed people receiving efavirenz, raltegravir, or once-daily dolutegravir without dose adjustment of rifapentine, isoniazid, or ART (AII).<sup>64</sup> A trial is currently underway examining the use of 3HP in ART-naive participants who are initiating therapy with a dolutegravir-based regimen.<sup>65</sup> 3HP has not been studied in patients receiving twice-daily dolutegravir and is therefore not recommended (AIII).

#### 3HR

• Daily isoniazid 300 mg PO daily plus rifampin 600 mg PO daily plus pyridoxine 25 mg to 50 mg PO daily for 3 months is also a preferred option for the treatment of LTBI in people with HIV (AI).

In studies of adults and children without HIV who had a positive TST, those who received 3HR had a similar decreased risk of TB disease, hepatotoxicity, and adverse effects requiring treatment discontinuation compared with those who received ≥6 months of daily isoniazid. Among people with HIV, several studies found no difference in the incidence of TB disease between those who received 3HR and those who received ≥6 months of daily isoniazid, regardless of TST status; hepatotoxicity was less frequent among those receiving 3HR, but treatment-limiting adverse effects were more common. When using rifampin for LTBI treatment, either dose adjustment or substitution of many commonly used ARVs may be needed (see Dosing Recommendations for Use of ARV and Anti-TB Drugs When Treating Latent TB table).

# Alternative Drugs for Treatment of Latent TB Infection

#### **Isoniazid**

• Isoniazid 300 mg PO daily plus pyridoxine 25 mg to 50 mg PO daily for 6 to 9 months is an alternative regimen for the treatment of LTBI, particularly when drug—drug interactions between rifamycins and ARV regimens limit the use of rifamycin-containing LTBI therapies (AII).

Daily isoniazid for 6 to 9 months is effective and reasonably well-tolerated; severe toxicity is infrequent. <sup>23,74-78</sup> However, treatment completion rates are suboptimal, decreasing its effectiveness. <sup>79</sup> Longer courses of isoniazid (e.g., 12 months) are more effective at preventing TB but carry a higher risk of toxicity <sup>80,81</sup> and patients are more likely to complete shorter regimens. <sup>57,59,79,82-85</sup> Peripheral neuropathy, hepatitis, and rash may be caused by either isoniazid or some ARV drugs. Isoniazid, when used, should be supplemented with pyridoxine at a dose of 25 to 50 mg per day to prevent peripheral neuropathy (**AIII**).

#### 4R

• Rifampin 600 mg PO daily for 4 months (4R) is an alternative regimen for the treatment of LTBI in people with HIV (**BI**).

A large trial compared 4 months of daily rifampin (4R) to 9 months of daily isoniazid (9H) in more than 6,000 participants who were predominantly HIV-seronegative.<sup>77</sup> Although rates of incident active TB were low in both arms, the 4R regimen was non-inferior to 9H. Treatment completion rates were significantly higher and adverse events were less common in the 4R arm than in the 9H arm (78.8% vs. 63.2%; P < 0.001 and 1.5% vs. 2.6%; P = 0.003, respectively). However, only 255 participants were people with HIV, which limits the generalizability of the findings for this population. Although the National Tuberculosis Controllers Association (NTCA)/CDC guidelines recommend 4R as a preferred treatment for LTBI in people without HIV.<sup>54</sup> given the lack of trial data in people with HIV, the 4R regimen is recommended only as an alternative to 3HP, 3HR, and 6 or 9 months of isoniazid in people with HIV (BI). When using rifampin for LTBI treatment, either dose adjustment or substitution of key ARVs may be needed. Given the theoretical but unproven risk of selecting for drug-resistant TB with rifamycin monotherapy in undiagnosed early-stage TB disease and the relatively poor performance of symptom screens alone in people with HIV on ART, 86,87 some clinicians would obtain a specimen for M. tuberculosis testing before starting 4R for LTBI. Due to limited data on 4R in people with HIV, concerns about using this regimen in people with low CD4 cell counts, and an absence of data on the use of 4 months of rifabutin either in people with or without HIV, rifabutin monotherapy is not recommended (AIII).<sup>88-90</sup>

#### 1HP

• Isoniazid 300 mg PO daily plus rifapentine (weight-based dosing to a maximum of 600 mg) PO daily plus pyridoxine 25 mg to 50 mg PO daily for 4 weeks (1HP) is an alternative therapy for the treatment of LTBI in people with HIV treated with efavirenz (**BI**).

The BRIEF-TB study (AIDS Clinical Trials Group [ACTG] 5279) evaluated 1 month of daily rifapentine plus isoniazid (1HP) versus 9 months of daily isoniazid (9H) in people with HIV residing in mostly high TB burden settings (TB incidence >60 per 100,000 population). §3 The median CD4 count of study participants was 470 cells/mm<sup>3</sup>, 50% of the study population was on efavirenz or nevirapine-based ART regimens at study entry, and 21% of the study population was TST positive. 1HP was non-inferior to 9H when comparing the composite outcome of confirmed or probable TB, death due to TB, and death due to unknown cause. Treatment completion rates (by self-report) were 97% in the 1HP arm and 90% in the 9H arm. Of note, although the population of people with HIV enrolled was at increased risk for LTBI due to high endemic exposure, the number of participants with documented LTBI based on TST or IGRA testing was low (23%), and the overall event rate (i.e., the number of participants who developed active TB in either arm) was also low (0.56/100 person-years) after more than 3 years of follow-up. Based on these data, 1HP is recommended as an alternative regimen for treatment of LTBI in people with HIV (BI). The NTCA/CDC guidelines do not include 1HP as a preferred or alternative regimen given that the BRIEF-TB study was performed largely in people with HIV living in high TB burden settings, most of whom did not have positive tests for LTBI.<sup>54</sup> In light of the strengths of the study results and the convenience and safety of the regimen, some clinicians may choose to use 1HP for treatment of LTBI as an alternative option to those recommended in the current NTCA/CDC guidelines. If ART is administered together with 1HP, an efavirenz-based regimen should be used (AI). A study evaluating co-administration of 1HP with dolutegravir is in progress; the use of dolutegravir-based ART should await results from this trial.92

# Dosing Recommendations for Use of ARV and Anti-TB Drugs When Treating Latent TB Infection

TB Drug	ARV Drugs	Dose of TB Drug
Isoniazid (INH)	All ARVs     Note: for information on coadministration of ARVs with rifampin or rifapentine, see entries below	Use INH with pyridoxine 25–50 mg PO daily (50 mg once weekly if used with 3HP)  For 3HP (weekly INH + rifapentine x 12 weeks)  15 mg/kg PO once weekly (900 mg maximum)  For 3HR (daily INH + rifampin x 3 months), or 1HP (daily INH + rifapentine x 4 weeks), or INH alone (daily INH x 6–9 months)  300 mg PO daily
Rifampin <sup>a</sup>	<ul> <li>NRTIs (TAF with caution<sup>b</sup>)</li> <li>EFV 600 mg</li> <li>DTG, RAL (twice daily), and MVC without a strong CYP3A4 inhibitor (note: doses of these ARV drugs need to be adjusted when used with rifampin)</li> <li>IBA, T-20</li> </ul>	For 3HR (daily rifampin + INH x 3 months), or 4R (daily rifampin x 4 months)  • 600 mg PO daily
Rifapentine <sup>a</sup> 3HP	All other ARVs     EFV 600 mg, RAL or once daily DTG     NRTIs (TAF with caution <sup>b</sup> )	Not recommended  • Weighing 32.1–49.9 kg: 750 mg PO weekly  • Weighing ≥50.0 kg: 900 mg PO weekly
Weekly rifapentine + INH x 12 weeks	IBA, T-20      All other ARVs	Not recommended
Rifapentine <sup>a</sup> 1HP  Daily rifapentine + INH x 4 weeks	NRTIs (TAF with caution <sup>b</sup> ) EFV 600 mg IBA, T-20	<ul> <li>Weighing &lt;35 kg: 300 mg PO daily</li> <li>Weighing 35–45 kg: 450 mg PO daily</li> <li>Weighing &gt;45 kg: 600 mg PO daily</li> </ul>
	All other ARVs	Not Recommended

<sup>&</sup>lt;sup>a</sup> For additional drug—drug interaction information between antiretrovirals and anti-TB drugs, see <u>Drug-Drug Interactions in the Adult and Adolescent Antiretroviral Guidelines.</u>

Key: ARV = antiretroviral; BIC = bictegravir; DTG = dolutegravir; EFV = efavirenz; IBA = ibalizumab; IM = intramuscular; INH = isoniazid; MVC = maraviroc; NRTI = nucleoside reverse transcriptase inhibitor; PO = oral; RAL = raltegravir; RTV = ritonavir; T-20 = enfuvirtide; TAF = tenofovir alafenamide; TB = tuberculosis

## Treatment of LTBI Following Exposure to Drug-Resistant TB

For people exposed to drug-resistant TB, a regimen for LTBI should be selected after consultation with experts or with public health authorities (**AIII**). A large randomized clinical trial of 26 weeks of either isoniazid or delamanid for people at high risk for TB, including people with HIV, following household exposure to drug-resistant TB is in progress.

<sup>&</sup>lt;sup>b</sup> If TAF and rifamycins are coadministered, monitor for HIV treatment efficacy. Note that FDA labeling recommends not to coadminister. See <u>Drug-Drug Interactions in the Treatment of HIV-Related TB</u> below and <u>Significant Pharmacokinetic</u> Interactions between Drugs Used to Treat or Prevent Opportunistic Infections table for more information.

## Monitoring for Adverse Events Related to Treating Latent TB Infection

Individuals receiving TB-preventive therapy should be evaluated by a clinician monthly to assess adherence and evaluate for possible drug toxicity. Although people with HIV may not have a higher risk of hepatitis from isoniazid than people without HIV, people with HIV should have serum aspartate aminotransferase (AST) or alanine aminotransferase (ALT) and total bilirubin levels measured before starting LTBI treatment and repeated if abnormal.<sup>54</sup> People with concomitant chronic viral hepatitis and older individuals have an increased risk of isoniazid-related hepatotoxicity, and such people should be monitored closely when being treated for LTBI. <sup>95,96</sup>

Following initiation of isoniazid, ALT and AST levels often increase during the first 3 months of treatment but return to normal despite continued therapy. Hepatotoxicity also can occur with rifamycins, although it is less common than with isoniazid. Factors that increase the risk of druginduced clinical hepatitis include daily alcohol consumption, underlying liver disease, pregnancy and early postpartum, and concurrent treatment with other hepatotoxic drugs. At each visit, patients should be asked about adherence, new medications, and alcohol use and should be screened for potential adverse effects of treatment for LTBI (e.g., unexplained anorexia, nausea, vomiting, dark urine, icterus, rash, persistent paresthesia of the hands and feet, persistent fatigue, weakness or fever lasting 3 or more days, abdominal tenderness, easy bruising or bleeding, arthralgia) and told to stop medications immediately and return to the clinic for an assessment should any of these occur (AIII).

If the serum ALT or AST levels increase to (1) greater than five times the upper limit of normal without symptoms or (2) greater than three times the upper limit of normal AND total bilirubin greater than two times the upper limit of normal without symptoms or (3) greater than three times the upper limit of normal with symptoms (or greater than two times the baseline value for patients with baseline abnormal transaminases), LTBI treatment should be stopped (AIII).

The ultimate decision regarding resumption of therapy with the same or different agents for LTBI treatment should be made after weighing the risk for additional hepatic injury against the benefit of preventing progression to TB disease, <sup>97</sup> and ideally in consultation with an expert in treating LTBI in people with HIV. If a local expert is not available through the public health department, clinicians and TB programs can contact the CDC (tbinfo@cdc.gov) and utilize remote TB medical consultation services available through the CDC-funded TB Center of Excellence that serves their region.

#### Clinical Manifestations of TB Disease

Similar to people without HIV, people with HIV and TB disease may be asymptomatic but have positive sputum cultures with or without abnormal findings on chest radiograph (subclinical TB). In ambulatory people with HIV, the presence of any one of the classic symptoms of TB disease (i.e., cough, fever, night sweats, weight loss) has high sensitivity but low specificity for diagnosing TB as assessed in resource-limited settings. Compared to treatment-naive patients with HIV, the sensitivity of classic TB symptoms is lower in people with HIV on ART.

The presentation of TB disease is influenced by the degree of immunodeficiency. <sup>100-102</sup> In people with HIV and CD4 counts >200 cells/mm<sup>3</sup>, HIV-related TB generally resembles TB among people without HIV. Most people with or without HIV have disease limited to the lungs, and common chest radiographic manifestations are upper lobe infiltrates with or without cavitation. <sup>103</sup>

In people with HIV and CD4 counts <200 cells/mm<sup>3</sup>, the chest radiographic findings of pulmonary TB are markedly different, with infiltrates showing no predilection for the upper lobes, and cavitation uncommon. <sup>100,103,104</sup> Normal chest radiographs can be seen in some people with respiratory symptoms and positive sputum cultures. Thoracic CT scans may demonstrate mild reticulonodular infiltrates despite a normal chest radiograph. <sup>105</sup>

With increasing degrees of immunodeficiency, extrapulmonary (especially lymphadenitis, pleuritis, pericarditis, and meningitis) or disseminated TB are more common. In people with HIV who are markedly immune-suppressed, TB can be a severe systemic disease with high fevers, rapid progression, and features of sepsis. <sup>106</sup> Clinical manifestations of extrapulmonary TB in people with HIV are not substantially different from those described in people without HIV. TB must be considered in disease processes involving any site in the body, <sup>107</sup> especially in those with central nervous system (CNS) disease, when early TB treatment is essential to improve outcomes. <sup>108-111</sup>

After initiation of ART, immune reconstitution can unmask subclinical TB disease, resulting in pronounced inflammatory reactions at the sites of infection (see Unmasking TB-IRIS below).

## **Diagnosis**

Initial diagnostic testing for TB disease should be directed at the anatomic site of symptoms or signs (e.g., lungs, lymph nodes, urine, cerebrospinal fluid).<sup>17</sup> Pulmonary involvement is common at all CD4 counts.<sup>99,112</sup> The initial evaluation of a person suspected of having HIV-related TB should always include chest imaging, even in the absence of pulmonary symptoms or signs. However, chest radiography is an imperfect screen for pulmonary TB, particularly among individuals with advanced immunodeficiency who can have TB culture-positive sputum despite normal chest radiographs.<sup>113,114</sup> Therefore, sputum acid-fast bacilli (AFB) smear, nucleic acid amplification (NAA) testing, and AFB culture should be performed in people with HIV with symptoms of TB disease who have a normal chest radiograph, as well as in those with no pulmonary symptoms but evidence of TB disease elsewhere in the body.<sup>17</sup>

Sputum culture yield is not affected by HIV or the degree of immunodeficiency. Sputum smearnegative, culture-positive TB disease is common among people with HIV, particularly those with advanced immunodeficiency and non-cavitary disease. NAA tests have a higher sensitivity for culture-positive disease than smear. Smear and culture of three sputum specimens is recommended based on a large study in people with HIV that showed a 10% incremental yield for broth culture between the second and third specimens. Additionally, up-front NAA testing for *M. tuberculosis* can expedite diagnosis.

Lymph node involvement is common in HIV-related TB, and the combined yield of histopathology, smear, and culture from needle aspirates of enlarged lymph nodes is quite high. <sup>119,120</sup> While NAA testing on specimens other than sputum is an off-label use of the test, a positive NAA test result can be useful as evidence of extrapulmonary TB and for clinical decision-making. <sup>121</sup> Histopathologic findings also are affected by the degree of immunodeficiency. People with relatively intact immune function have typical granulomatous inflammation associated with TB disease. With progressive immunodeficiency, granulomas become poorly formed or can be completely absent. <sup>101,122</sup>

Pleural fluid, pericardial fluid, ascites, and cerebrospinal fluid should be sampled if there is clinical evidence of involvement. Polymerase chain reaction (PCR) testing to aid with molecular identification of *M. tuberculosis* on formalin-fixed tissue is available through reference laboratories

and, in special situations, through the CDC. Clinical providers and pathologists should contact their state or local health department for consultation with the CDC (tbinfo@cdc.gov) and the CDC-funded TB Center of Excellence for assistance with referring specimens for evaluation. The yield of mycobacterial urine and blood cultures depends on the clinical setting; among people with HIV and advanced immunodeficiency, the yield of culture from these two readily available body fluids can be relatively high<sup>101,107</sup> and may allow definitive diagnosis and be the only source of an isolate for drugsusceptibility testing (DST).<sup>123</sup>

## **Nucleic-Acid Amplification Testing**

NAA tests provide rapid diagnosis of TB, and some assays also provide rapid detection of drug resistance. NAA assays, if positive, are highly predictive of TB disease when performed on Acid-Fast Bacillus (AFB) smear-positive specimens. However, because nontuberculous mycobacterial infections (NTM) may occur in people with HIV with advanced immunodeficiency, negative NAA results in the setting of smear-positive specimens may indicate NTM infection and can be used to direct further workup and guide decisions about the need for respiratory isolation.

NAA tests are more sensitive than AFB smears, being positive in 50% to 80% of smear-negative, culture-positive sputum specimens<sup>124,125</sup> and up to 90% when three NAA tests are performed. Therefore, it is recommended that for all patients with suspected pulmonary TB, an NAA test be performed on at least one sputum specimen.<sup>17,126</sup> NAA tests also can be used on extrapulmonary specimens with the caveat that the sensitivity is often lower than with sputum specimens.<sup>17</sup> Importantly, a smear-negative specimen with a negative NAA test result does not rule out active TB disease.

The Xpert MTB/RIF assay is an automated NAA test that can detect both *M. tuberculosis* and mutations in the *rpoB* gene associated with rifampin resistance. It has been implemented widely in resource-limited settings with high TB prevalence and as a frontline TB diagnostic test in people with HIV. This assay combines simple processing requirements in the laboratory and rapid turnaround (results within 2 hours). In a meta-analysis, the overall sensitivity and specificity of the Xpert MTB/RIF assay were 88% (95% confidence interval [CI], 83% to 92%) and 98% (95% CI, 97% to 99%), respectively. The assay is somewhat less sensitive among people with HIV overall, however, this may be, in part, attributed to a higher prevalence of smear-negative disease in people with HIV. In one key study from South Africa, the sensitivity of Xpert MTB/RIF a relationship with CD4 count was demonstrated, indicating higher sensitivity among people with HIV as the CD4 count declined below 500 cells/mm<sup>3</sup>. Importantly, patients in this study with the lowest CD4 count (<100 cells/mm<sup>3</sup>) actually had higher rates of smear-positivity and higher markers of severe TB disease (C-reactive protein, anemia, and WHO symptom screen).

Xpert MTB/RIF sensitivity in extrapulmonary specimens is up to 95% in smear-positive specimens and 69% in smear-negative specimens. Median sensitivity varied by specimen type, with higher yield from lymph nodes (96%), cerebrospinal fluid (85%), and gastric aspirates (78%) and lower yield from pleural fluid (34%) and other non-pleural serous fluids (67%). Xpert MTB/RIF also has been applied with excellent diagnostic accuracy to stool specimens in people with pulmonary TB, which may provide an alternative for people with HIV who are being evaluated for TB and unable to expectorate.

The next-generation Xpert MTB/RIF Ultra improved the sensitivity of the existing test platform, but it is not currently approved by the U.S. Food and Drug Administration (FDA) or available in the

United States. Similarly, the Xpert MTB/XDR cartridge incorporates other drug-resistance targets that may be relevant for constructing a treatment regimen for drug-resistant TB, particularly in settings without access to conventional growth-based or sequencing-based DST, but is also not currently approved by the U.S. FDA and is unavailable in the United States (see <a href="Drug-Resistance Testing">Drug-Resistance Testing</a>, below). 133

## Lipoarabinomannan (LAM)

LAM is an *M. tuberculosis* cell wall polysaccharide that can be detected in the urine of people with TB.<sup>134-137</sup> LAM has been shown to be more sensitive and specific as an adjunct diagnostic test in people with HIV with advanced immunosuppression. The Alere Determine TB LAM is a lateral flow strip applied to a urine sample and recommended by the WHO as an additional diagnostic test for TB among people with HIV.<sup>138</sup> Newer generation LAM assays have increased sensitivity and may be particularly useful in paucibacillary clinical specimens such as cerebrospinal fluid. In a study of 101 patients with suspected TB meningitis, 95 of whom were people with HIV, the SILVAMP TB LAM (Fujifilm) sensitivity from cerebrospinal fluid was 52% for definite or probable TB meningitis (with specificity of 98%), which compared favorably to the sensitivity of 55% for Xpert Ultra. LAM assays are not commercially available in the United States at this time.<sup>139</sup>

## **Drug-Resistance Testing**

Evaluation for TB drug resistance should be considered in all people with HIV, especially those who meet any of the following criteria:

- Known exposure to a person with drug-resistant TB,
- Residence in a setting with high rates of primary drug-resistant TB,
- Persistently positive smear or culture results at or after 4 months of treatment, or
- Previous TB treatment, particularly if it was not directly observed or was interrupted for any reason.

Rapid molecular DST for rifampin (and isoniazid, if available) should be performed on the initial isolates from all patients suspected of having TB, because resistance to rifampin is associated with an increased risk of treatment failure, recurrent TB, and amplification of resistance to additional TB medications. <sup>140,141</sup>

The presence of multidrug-resistant TB (MDR TB; defined as resistance to at least isoniazid and rifampin) or extensively drug-resistant TB (XDR TB; defined as MDR TB with additional resistance to a fluoroquinolone and either bedaquiline or linezolid) is associated with a markedly increased risk of death. Therefore, early identification of drug resistance, with appropriate adjustment of the treatment regimen based on both full molecular and conventional DST results, is critical to the successful treatment of TB disease and to curbing transmission of drug-resistant *M. tuberculosis*. The successful treatment of TB disease and to curbing transmission of drug-resistant *M. tuberculosis*.

For all patients with TB disease, phenotypic DST to first-line TB drugs (isoniazid, rifampin, ethambutol, and pyrazinamide) should be performed, regardless of the source of the specimen. Given the alternative of a shorter drug-susceptible TB regimen containing moxifloxacin (see <u>Treating TB Disease</u>), public health laboratories in the U.S. may add routine moxifloxacin susceptibility testing as well. Molecular resistance testing should be performed, and resistance testing should be repeated if

sputum cultures remain positive for *M. tuberculosis* at or after 4 months of treatment or become positive again 1 month or longer after culture conversion to negative. Resistance testing for second-line TB medications (including bedaquiline, linezolid, clofazimine, pretomanid, cycloserine, ethionamide, and others) should be limited to specimens with resistance to first-line TB medications and should be performed in reference laboratories with substantial experience in these techniques. <sup>126</sup>

## Conventional Growth-Based Drug-Susceptibility Testing

Conventional DST is used widely and has been validated for first-line drugs. The disadvantage of this technique, however, is that the combined turnaround time of a conventional broth or agar-based culture followed by DST may be as long as 8 weeks, <sup>145</sup> due to the slow growth of *M. tuberculosis*. During this time, people with drug-resistant TB may be receiving ineffective, empiric first-line TB therapy, which could allow ongoing transmission, further clinical deterioration, acquisition of additional drug resistance, and death, particularly in individuals with HIV. <sup>144</sup> Yet, for many second-line drugs used to treat MDR and XDR TB, conventional DST remains either the gold standard or the only available technique because molecular correlates of phenotypic drug resistance are incomplete.

## Molecular Tests for Drug Resistance

Genotypic testing to identify mutations that confer drug resistance allows rapid detection of resistance. The relationship between these mutations and drug resistance has been studied for a number of TB medications. 146,147 Commercial NAA tests—such as Xpert MTB/RIF—identify resistance mutations associated with rifampin, and commercially available line probe assays (LPAs) identify genotypic resistance to other drugs. 129,148 All probe-based assays, including Xpert MTB/RIF and LPAs, should be confirmed with sequence-based tests and growth-based DST. For initial evaluation of drug resistance or confirmation of drug resistance identified by the aforementioned assays, the CDC Division of Tuberculosis Elimination has a Molecular Detection of Drug Resistance (MDDR) service that offers rapid sequencing-based testing for first-and second-line TB medications at no charge for providers evaluating people for drug-resistant TB. State TB programs and state laboratories also should be consulted for resistance testing options. Several assays can be performed on cultured isolates or directly on sputum specimens. Molecular resistance testing also can be performed on extrapulmonary specimens that are NAA-positive; if unable to be performed by local or state public health laboratories, this testing can be arranged through the CDC's Division of TB Elimination Laboratory (TBLab@cdc.gov).

In low TB prevalence settings—such as the United States—the positive predictive value for NAA tests of rifampin resistance is low.<sup>149</sup> False-positive rifampin resistance on Xpert MTB/RIF is associated with lower sputum bacillary burden (i.e., high cycle thresholds on Xpert).<sup>150</sup> Therefore, isolates with an initial reading of rifampin resistance by commercial NAA test should always undergo confirmatory testing (*rpoB* gene sequencing and phenotypic DST), with results taken into consideration for treatment decisions. Clinicians who suspect drug-resistant TB in a patient with HIV should make every effort to expedite a diagnosis and consult with their state TB program and then the CDC as needed.

## Treating TB Disease

## Treating Active TB Disease in People with HIV

- After collecting a specimen for culture and molecular diagnostic tests, empiric treatment should be initiated in people with HIV with clinical and radiographic presentation suggestive of HIV-related TB (AIII).
- DOT is recommended for all patients requiring treatment for HIV-related TB (AII).
- Please refer to the <u>Dosing Recommendations for Use of ARV and Anti-TB Drugs for Treatment of Active Drug Sensitive TB</u>
   (below) for specific TB drug dosing recommendations and the <u>Tuberculosis/HIV Coinfection section of the Adult and</u>
   Adolescent Antiretroviral Guidelines for dosing recommendations of ARV drugs when used with rifampin or rifabutin.
- Recommendations for monitoring during TB treatment and when to start ART in the context of TB treatment are described in the text.

#### For Drug-Susceptible TB

## **Preferred Therapy**

Intensive Phase (8 weeks)

- Isoniazid plus (rifampin or rifabutin) plus pyrazinamide plus ethambutol plus pyridoxine 25–50 mg PO daily (AI)
- If molecular or phenotypic drug susceptibility reports show sensitivity to isoniazid and rifampin, then ethambutol may be discontinued before the end of 8 weeks (AI).

Continuation Phase (for Drug-Susceptible TB)

 Isoniazid plus (rifampin or rifabutin) plus pyridoxine 25–50 mg PO daily (AII)

Total Duration of Therapy

- Pulmonary, drug-susceptible, uncomplicated TB: 6 months (BII)
- Pulmonary TB and positive culture at 8 weeks of TB treatment, severe cavitary disease or disseminated extrapulmonary TB:
   9 months (BII)
- Extrapulmonary TB with TB meningitis: 9–12 months (BII)
- Extrapulmonary TB in other sites: 6 months (BII)

Alternative Therapy (only for patients receiving an efavirenz-based ARV regimen; not recommended for extrapulmonary TB)

Intensive Phase (8 weeks)

- Isoniazid plus rifapentine 1,200 mg plus moxifloxacin 400 mg plus pyrazinamide plus pyridoxine 25–50 mg PO daily (AI).<sup>a</sup> Continuation Phase (9 weeks)
- Isoniazid plus rifapentine 1,200 mg plus moxifloxacin 400 mg plus pyridoxine 25–50 mg PO daily (Al).

#### For Drug-Resistant TB

Empiric Therapy for Suspected Resistance to Rifamycin With or Without Resistance to Other Drugs

Isoniazid<sup>b</sup> plus pyrazinamide plus ethambutol plus (moxifloxacin or levofloxacin) plus (linezolid or amikacin<sup>c</sup>) (BII)

#### Resistant to Isoniazid

(Moxifloxacin or levofloxacin) plus (rifampin or rifabutin) plus ethambutol plus pyrazinamide for 6 months (BII)

## Resistant to Rifamycins With or Without Other Antimycobacterial Agents

#### Preferred Therapy

- For 14 days: pretomanid 200 mg plus linezolid 600 mg plus moxifloxacin 400 mg plus bedaquiline 400 PO daily, followed by
- For 24 weeks: pretomanid 200 mg plus linezolid 600 mg plus moxifloxacin 400 mg daily, and bedaquiline 200 mg PO three times per week
- Note: Omit moxifloxacin if resistant to fluoroguinolones (AI).

#### Alternative Therapy

An individualized regimen including based on drug susceptibility test results and clinical and microbiological responses, to
include ≥5 active drugs, and with close consultation with experienced specialists (BIII).

#### Duration

6–24 months (see Managing Drug-Resistant TB section below for discussion of treatment duration)

#### Treatment of TB for Pregnant People

- TB therapy should not be withheld because of pregnancy (AIII).
- Treatment of TB disease for pregnant people should be the same as for nonpregnant people, but with attention to the following considerations (AIII):
  - o Monthly monitoring of liver transaminases during pregnancy and the postpartum period is recommended (BIII).
  - o If pyrazinamide is not included in the initial treatment regimen, the minimum duration of TB therapy with isoniazid, rifampin, and ethambutol should be 9 months for drug-susceptible TB (AII). The decision regarding whether to include pyrazinamide in treatment regimens for a pregnant person should be made after consultation among obstetricians, TB specialists, and the patient, while considering gestational age and likely susceptibility pattern of the TB strain.
  - Fluoroquinolones are typically not recommended for pregnant people because arthropathy has been noted in immature animals exposed to fluoroquinolones in utero (CIII). Fluoroquinolones can, however, be used in pregnancy for drugresistant TB if they are required on the basis of susceptibility testing (BII).
  - o Based on data derived from studies of streptomycin and kanamycin, and the theoretical risk of ototoxicity with *in utero* exposure to amikacin, aminoglycosides should be avoided during pregnancy, if possible (AIII).

#### TB-Associated IRIS

#### **Preventing Paradoxical TB-IRIS**

In high-risk patients (i.e., starting ART within 30 days after TB treatment initiation and a CD4 count ≤100/mm³) who are
responding well to TB therapy and who do not have rifampin resistance, Kaposi sarcoma, or active hepatitis B (BI):
prednisone 40 mg/day for 2 weeks, then 20 mg/day for 2 weeks

#### Managing Paradoxical TB-IRIS

- Paradoxical reaction/IRIS that is not severe may be treated symptomatically (CIII).
- For moderately severe paradoxical TB-IRIS, use of prednisone is recommended (AI).
- In patients on a rifampin-based regimen: prednisone 1.5 mg/kg/day for 2 weeks, then 0.75 mg/kg/day for 2 weeks
- In patients on a rifabutin plus boosted PI-based regimen: prednisone 1.0 mg/kg/day for 2 weeks, then 0.5 mg/kg/day for 2 weeks
- Taper over 4 weeks (or longer) based on clinical symptoms; a more gradual tapering schedule over 2 to 3 months is
  recommended for patients whose signs and symptoms have not improved or have worsened due to tapering (BIII).

### Other Considerations in TB Management

- Adjunctive corticosteroid is recommended for patients with HIV-related TB involving the CNS (AII).
- Dexamethasone has been used for CNS disease with the following dosing schedule: 0.3–0.4 mg/kg/day for 2–4 weeks, then taper by 0.1 mg/kg per week until 0.1 mg/kg, then 4 mg per day and taper by 1 mg/week; total duration of 12 weeks<sup>d</sup>
- Despite the potential of drug-drug interactions, rifamycins remain the most potent TB drug and should remain as part of the
  TB regimen, unless a rifamycin-resistant isolate is detected or the patient has a severe adverse effect that is likely due to
  the rifamycin (please refer to the <u>Dosing Recommendations for Use of ARV and Anti-TB Drugs for Treatment of Active Drug
  Sensitive TB below and the <u>Tuberculosis/HIV Coinfection section of the Adult and Adolescent Antiretroviral Guidelines</u> for
  dosing recommendations involving concomitant use of rifampin or rifabutin and different ARV drugs).
  </u>
- Intermittent rifamycin use can result in the development of resistance in patients with HIV and is not recommended (AI).
- <sup>a</sup> This regimen was not studied and is not recommended for people who are pregnant, breastfeeding, <40kg, or who have most types of extrapulmonary TB (other than pleural TB or lymphadenitis).
- <sup>b</sup> Many patients with rifampin resistance also have resistance to isoniazid. Susceptibility should be confirmed in any patient with rifampin resistance to determine if isoniazid can be included in the treatment regimen.
- <sup>c</sup> Given the risk of ototoxicity and nephrotoxicity with aminoglycosides, use of amikacin should generally be restricted to bridging regimens, while awaiting availability of less toxic medications and/or results of drug-susceptibility testing.
- d At doses above 16 mg, dexamethasone is a CYP3A4 inducer and can decrease certain ARVs that are substrates of CYP3A4 (e.g., DOR, RPV, and protease inhibitors). Consultation with a pharmacist is recommended.

Key: ARV = antiretroviral; CNS = central nervous system; DOT = directly observed therapy; IRIS = immune reconstitution inflammatory syndrome; LTBI = latent tuberculosis infection; PI = protease inhibitor; PO = orally

TB among people with advanced immunodeficiency can be a rapidly progressive and fatal illness if treatment is delayed. Therefore, after collection of available specimens for culture and molecular diagnostic tests, empiric treatment for TB is recommended in patients with clinical and radiographic findings suggestive of HIV-related TB (AIII).

Treatment of TB for people with HIV is the same as for individuals without HIV<sup>151</sup> although the current standard of care continues to evolve as new data emerge from clinical trials. Recommended dosing of drugs for treating active TB disease is summarized in the following table.

# Dosing Recommendations for Use of ARV and Anti-TB Drugs for Treatment of Active Drug Sensitive TB

TB Drug	ARV Drugs	Daily Dose of TB Drug
Isoniazid	• All ARVs	5 mg/kg (usual dose 300 mg) Use INH with pyridoxine 25–50 mg PO daily
Rifampin <sup>a,b</sup>	<ul> <li>NRTIs (use TAF with caution<sup>c</sup>)</li> <li>EFV 600 mg</li> <li>DTG, RAL (twice daily), MVC without a strong CYP3A4 inhibitor (note: doses of these ARVs need to be adjusted when used with rifampin)</li> <li>IBA, T-20</li> </ul>	10 mg/kg (usual dose 600 mg)
	<ul> <li>DOR, ETR, EFV 400 mg, NVP, RPV (PO)</li> <li>BIC, EVG/c, RAL (daily)</li> <li>CAB/RPV (IM/PO)</li> <li>HIV PIs</li> </ul>	Not recommended

TB Drug	ARV Drugs	Daily Dose of TB Drug
	LEN (SC/PO), FTR, MVC with a strong CYP3A4 inhibitor	
Rifabutina	<ul> <li>NRTIs (use TAF with caution<sup>c</sup>)</li> <li>ETR without boosted PIs</li> <li>DOR and RPV (PO) (note: doses need to be adjusted when used with rifabutin)</li> <li>DTG, RAL</li> <li>MVC without a strong CYP3A4 inhibitor</li> <li>IBA, T-20, FTR</li> </ul>	5 mg/kg (usual dose 300 mg)
	<ul><li>PIs with RTV</li><li>MVC with a strong CYP3A4 inhibitor</li></ul>	150 mg daily <sup>e</sup>
	• EFV	450–600 mg
	<ul> <li>ETR with boosted PIs</li> <li>BIC, EVG/c</li> <li>CAB/RPV (IM/PO)</li> <li>PIs with COBI</li> <li>LEN (SC/PO)</li> </ul>	Not recommended
Rifapentine	EFV     NRTIs (use TAF with caution <sup>c</sup> )	1,200 mg/day for people weighing ≥40 kg
	All other ARVs	Not recommended
Pyrazinamide	• All ARVs	Weight-based dosing  ■ 40–55 kg: 1,000 mg  ■ 56–75 kg: 1,500 mg  ■ 76–90 kg: 2,000 mg  ■ >90 kg: 2,000 mg
Ethambutol	• All ARVs	Weight-based dosing  ■ 40–55 kg: 800 mg  ■ 56–75 kg: 1,200 mg  ■ 76–90 kg: 1,600 mg  ■ >90 kg: 1,600 mg <sup>f</sup>
Moxifloxacin	All ARVs	• 400 mg daily for those weighing ≥40 kg

<sup>&</sup>lt;sup>a</sup> For more detailed guidelines on use of different ARV drugs with rifamycin, clinicians should refer to the <u>Drug-Drug Interactions</u> section of the Adult and Adolescent Antiretroviral Guidelines.

Note: For drug-drug interaction information between antiretrovirals and anti-TB drugs for treatment of drug-resistant TB, see the Adult and Adolescent Antiretroviral Guidelines.

<sup>&</sup>lt;sup>b</sup> Higher doses may be needed in the treatment of TB meningitis. Expert consultation is advised.

 $<sup>^{\</sup>rm c}$  If TAF and rifamycins are coadministered, monitor for HIV treatment efficacy. Note that FDA labeling recommends not to coadminister. See text below and <u>Table 4</u> for more information.

<sup>&</sup>lt;sup>e</sup> Acquired rifamycin resistance has been reported in patients with inadequate rifabutin levels while on 150 mg three times per week dosing together with RTV-boosted PIs. May consider therapeutic drug monitoring (TDM) when rifabutin is used with an RTV-boosted PI and adjust dose accordingly.

Monitor for therapeutic response and consider TDM to assure dosage adequacy in patients weighing >90 kg.

Key: ARV = antiretroviral; BIC = bictegravir; BID = twice a day; CAB = cabotegravir; COBI = cobicistat; DOR = doravirine; DTG = dolutegravir; EFV = efavirenz; ETR = etravirine; EVG/c = elvitegravir/cobicistat; FTR = fostemsavir; IBA = ibalizumab; IM = intramuscular; INH = isoniazid; LEN = lenacapavir; MVC = maraviroc; NRTI = nucleoside reverse transcriptase inhibitor; PI = protease inhibitor; PO = oral; RAL = raltegravir; RPV = rilpivirine; RTV = ritonavir; SC = subcutaneous; T-20 = enfuvirtide; TAF = tenofovir alafenamide; TB = tuberculosis; TDM = Therapeutic Drug Monitoring

The preferred regimen for drug-susceptible TB includes a 2-month (8-week) intensive phase of isoniazid, rifampin, ethambutol, and pyrazinamide (AI). Ethambutol can be discontinued when susceptibility to isoniazid and rifampin has been confirmed. Thereafter, isoniazid and a rifamycin are used in the continuation phase of therapy, generally recommended as an additional 4 months (18 weeks) of treatment for uncomplicated TB (AI). Extension of therapy to 9 months is recommended for patients who have a positive sputum culture after 2 months of treatment or severe cavitary or disseminated extrapulmonary disease (BII).

A recently completed large, randomized clinical trial that enrolled 2,516 participants at 34 clinical sites in 13 countries established that a 4-month regimen of 2 months (8 weeks) of rifapentine, moxifloxacin, isoniazid, and pyrazinamide followed by 2 months (9 weeks) of rifapentine, moxifloxacin, and isoniazid was as effective as the standard 6-month regimen of isoniazid, rifampin, ethambutol, and pyrazinamide for two months followed by isoniazid and rifampin for an additional four months. 152 In this study, the four-month regimen was non-inferior to the control regimen in both the microbiologically eligible and the assessable populations, with unfavorable outcome rates of 15.5% vs. 14.6% (95% CI, -2.6 to 4.5) and 11.6% vs. 9.6% (95% CI, -1.1 to 5.1) respectively. Additionally, the four-month regimen had slightly lower rates of grade 3 or higher adverse events than the control arm. While participants with HIV were included in the trial, the only antiretroviral therapy regimen allowed during the study was efavirenz-containing. <sup>153</sup> This four-month regimen is now recommended as an alternative option for people with and without HIV who are 12 years of age or older (AI). It is not recommended for children under 12 years of age, pregnant people, people with extrapulmonary TB, or people with HIV who are taking a non-efavirenz-based antiretroviral regimen (AI). 154 The trial also evaluated a four-month regimen with the same high dose of rifapentine but without moxifloxacin, which was found to be inferior to the control arm.

If rapid DST results indicate resistance to rifampin, with or without resistance to other drugs, an initial MDR TB regimen, as indicated below, should be used (**BIII**) and adjusted as molecular sequencing and conventional DST results become available.

## Directly Observed Therapy (DOT)

DOT monitored by trained health care workers, who can be community-based or clinic-based, is recommended for all people with HIV-related TB (AII). Digital technology—such as video-DOT and pill sensors—may be useful alternatives to clinic-based or health care worker—based DOT. <sup>155-160</sup> The likelihood of treatment success is further enhanced with comprehensive case management; assistance with housing and other social support; and, if needed, assistance to help people establish or re-engage with HIV care. <sup>151</sup>

# Dosing and Duration of Therapy

Although intermittent dosing (administration less often than daily) facilitates DOT, regimens that included twice- or thrice-weekly dosing during the intensive or continuation phase have been

associated with an increased risk of treatment failure or relapse with acquired drug resistance to the rifamycin class, particularly in people with HIV. <sup>161-169</sup> Intermittent rifamycin use can result in the development of resistance in patients with HIV and is not recommended (**AI**). Therefore, daily therapy is recommended during both the intensive and continuation treatment phases (**AII**). <sup>151,167,168,170</sup>

Earlier recommendations<sup>171</sup> for TB treatment in people without HIV indicated that therapy should be based on the number of doses received rather than the duration of therapy. However, no data substantiate the minimum number of doses needed within a specified time interval in people with HIV.<sup>151</sup> Every effort should be made to ensure that people with HIV receive daily therapy as previously described.

The optimal duration of TB treatment for people with HIV and drug-susceptible TB disease has not been fully established. In general, the outcomes of 6-month regimens given as DOT to people with HIV have been favorable. A 1998 randomized but underpowered trial in the United States showed excellent and comparable outcomes of TB therapy among people with HIV assigned to 6 months or 9 months of therapy. The treatment of the transposition of the trans

Two trials in high-burden settings showed a higher risk of recurrent TB among people treated with 6 months of therapy than among those assigned to 9-month<sup>161</sup> or 12-month regimens.<sup>173</sup> However, the applicability of these two trials to low-burden settings—such as the United States—and in the context of universal ART is uncertain. In people with HIV receiving an efavirenz-based ART regimen, the 4-month alternative regimen of rifapentine, moxifloxacin, isoniazid, and pyrazinamide previously described was not associated with a higher rate of recurrent TB compared to the standard of care arm after follow-up out to at least 18 months post-TB treatment initiation.<sup>152,154</sup> Whether outcomes with this 4-month regimen will be similar to standard 6-month anti-TB therapy in people with HIV treated with non-efavirenz-based ART is not known. Additional TB treatment shortening trials using alternative strategies in participants with HIV and TB coinfection are ongoing.

## Treatment of TB Meningitis

With regard to the treatment of tuberculous meningitis, data regarding optimal drugs and doses to use are sparse. Many experts suggest that TB meningitis should be treated for an extended period of 9 to 12 months, but there is no evidence to support this recommended treatment duration. Recent clinical trials have suggested that the use of higher rifampin doses (up to 30–35 mg/kg/day) or the addition of fluoroquinolones or linezolid to initial treatment for TB meningitis may be beneficial, but the data are limited, particularly in people with HIV, and are insufficient to support a clear recommendation at this time. Adjunctive corticosteroid therapy is recommended for all individuals who have TB involving the CNS (AII) including those with HIV, as indicated below.

## Adjunctive Corticosteroid Use in TB Treatment

Several clinical trials have demonstrated that adjunctive corticosteroid therapy increases survival overall for people with TB meningitis, improves treatment effectiveness, and reduces adverse event rates. These trials, however, either excluded people with HIV or were underpowered for detecting statistically significant outcome benefits in that group.  $^{111,184,185}$  A recent clinical trial compared adjunctive corticosteroids to placebo in people with HIV—the majority of whom had advanced HIV (52% of participants had a CD4  $\leq$ 50 cells/mm³)—and failed to find a statistically significant benefit (HR for death 0.85 [95% CI, 0.66–1.10]).  $^{186}$  The trial was powered to detect a 31% improvement in

survival and it is possible that corticosteroids have a more modest effect. Importantly, the study found no evidence of harm with corticosteroids and, given the high morbidity and mortality associated with TB meningitis, adjunctive corticosteroids are still recommended in people with HIV and TB meningitis. Dexamethasone should be administered in a dose of 0.3 mg/kg/day to 0.4 mg/kg/day for 2 to 4 weeks, then tapered by 0.1 mg/kg per week until a dose of 0.1 mg/kg is reached, then 4 mg per day and tapered by 1 mg/week) for a total duration of 12 weeks (**BII**). 111,151

TB involving the CNS is currently the only organ system manifestation for which corticosteroids are recommended.<sup>151</sup> Adjunctive corticosteroid therapy is **not recommended** in the treatment of TB pericarditis (**AI**). In a randomized trial that compared adjunctive prednisolone with placebo—each administered for 6 weeks in individuals with tuberculous pericarditis, with and without HIV—prednisolone was not associated with a significant reduction in the composite endpoint of death, cardiac tamponade, or constrictive pericarditis. Those receiving prednisolone also had a higher incidence of some cancers.<sup>187</sup> A Cochrane review similarly found no mortality benefit from adjunctive corticosteroids and a nonsignificant reduction in constrictive pericarditis. Notably, however, <20% of people with HIV in the trials analyzed were receiving ART.<sup>188</sup> No trials have been conducted comparing different doses and treatment durations of adjunctive corticosteroids.

## Special Considerations Regarding ART Initiation

The preponderance of data from several large randomized trials in people with HIV and TB, as well as subsequent systematic reviews and meta-analyses, supports the recommendation that ART should not be withheld until completion of TB treatment (AI). <sup>108,189-196</sup> ART is recommended for all people with HIV and TB (AI). For ART-naive patients, ART should be started within 2 weeks after TB treatment initiation in those with CD4 count <50 cells/mm³ when TB meningitis is not suspected (AI). For ART-naive patients with higher CD4 cell counts, ART should be started within 2-8 weeks of starting anti-TB treatment when TB meningitis is not suspected (AI). For ART-naïve patients with TB meningitis, ART should be started once the TB meningitis is under control—with either clinical improvement or improvement in CSF parameters—after at least 2 weeks of anti-TB treatment, to reduce the risk of immune reconstitution causing life-threatening inflammation in a closed space (AIII). Rifamycin-associated drug interactions should be considered when selecting the ARV drug regimen. Preemptive prednisone therapy should be offered to patients starting ART within 30 days after TB treatment initiation, have a CD4 count ≤100/mm³, are responding well to TB therapy and who do not have rifampin resistance, Kaposi sarcoma, or active hepatitis B (BI) (see <u>TB-Associated IRIS</u> below for details). <sup>197</sup>

American Thoracic Society (ATS)/CDC/Infectious Diseases Society of America (IDSA) guidelines recommend that people with TB meningitis should not start ART before 8 weeks of TB treatment is completed, regardless of CD4 count, based primarily on a randomized trial in 253 people with HIV and TB meningitis conducted in Vietnam. This trial compared immediate ART within 7 days of starting TB treatment with delayed ART started two months after starting TB treatment. <sup>151,193</sup> The study showed no difference in mortality or TB outcomes, but those receiving immediate ART had a higher rate of severe adverse events. It is unclear whether the study's findings are generalizable to higher-resourced settings with access to frequent monitoring and adjustment of dosing. We recommend that for ART-naive people with HIV and TB meningitis, ART should be started once the TB meningitis is under control, after at least 2 weeks of anti-TB treatment (AIII). The greatest risk of early ART is the occurrence of intracerebral TB-IRIS after starting ART, which has been reported in up to 50% of people with HIV and TB meningitis and may increase morbidity and mortality <sup>198</sup> (although mortality was similar in both early and delayed ART arms in the only randomized trial

completed to date). However, adjunctive corticosteroid therapy is recommended for all people with HIV and TB meningitis (AII) and precludes the need for pre-emptive use of prednisone to prevent IRIS. Whether the corticosteroid regimen recommended as adjunctive therapy for TB meningitis also further reduces the risk of TB IRIS and its consequences has not been evaluated.

In summary, early ART initiation requires close collaboration between HIV and TB care clinics, expertise in the management of ARV regimen selection, close monitoring, potential adjunctive corticosteroid therapy, and support and adherence services. The prevention and management of IRIS are discussed in detail below (see <u>TB-Associated IRIS</u>, below).

When TB occurs in people already on ART, treatment for TB must be started immediately (AIII), and ART should be modified to reduce the risk of drug interactions and to maintain virologic suppression. When TB occurs in the setting of virologic failure, ART drug-resistance testing should be performed, and intensified adherence counseling should be provided. A new ARV regimen may be required to achieve virologic suppression and minimize drug interactions with the anti-TB regimen.

## Drug-Drug Interactions in the Treatment of HIV-Related TB

Dolutegravir in combination with two nucleoside(tide) reverse transcriptase inhibitors, including tenofovir disoproxil fumarate (TDF), tenofovir alafenamide (TAF), abacavir, emtricitabine, or lamivudine, is the preferred regimen for co-treatment of HIV in most ART-naive people with TB (AI). This regimen can be managed with rifamycin-based anti-TB treatment (see Integrase Inhibitor section below for recommendations about dolutegravir dose adjustment if coadministered with rifampin). The following text summarizes the most important drug-drug interactions for antiretroviral drugs and anti-TB drugs to guide choices if other ART regimens are considered.

The rifamycin class of antibiotics is the cornerstone of effective and shorter-course first-line treatments for drug-sensitive TB. The currently available rifamycins (rifampin, rifabutin, and rifapentine) have clinically significant interactions with several ARV drugs. Most of these result from the rifamycin's potent induction of genes involved in the metabolism and transport of ARV agents, and these interactions should be taken into consideration before initiating therapy (see <a href="Dosing Recommendations">Dosing Recommendations</a> for Use of ARV and Anti-TB Drugs for Treatment of Active Drug Sensitive TB above, and the <a href="Tuberculosis/HIV Coinfection section of the Adult and Adolescent Antiretroviral Guidelines">Tuberculosis/HIV Coinfection section of the Adult and Adolescent Antiretroviral Guidelines</a>). Every effort should be made to include a rifamycin in the TB treatment regimen. Rifamycins remain the most potent drug class for TB treatment. Older regimens that included only 2 months of rifampin were associated with increased risks of treatment failure and TB recurrence among people with HIV-related TB. <a href="199,200">199,200</a> If a rifamycin cannot be used, TB treatment duration must be extended, and treatment complexity increases substantially. Thus, individuals with rifamycin-susceptible *M. tuberculosis* isolates should be treated with a regimen that includes a rifamycin unless a serious adverse event is highly likely due to a rifamycin (AIII).

No clinical trial has specifically compared rifampin- and rifabutin-containing anti-TB regimens among people with HIV and TB taking ART. Rifabutin is generally regarded as a reasonable substitute for rifampin for the treatment of active TB disease in people with HIV who concurrently receive ARVs that have adverse drug interactions with rifamycins, because rifabutin is a less potent inducer of CYP3A4 than rifampin.<sup>201</sup> Although clinical trial data among people with HIV are limited to one small study, observational data among people with HIV, and several trials among people without HIV have found similar outcomes between those treated with rifampin or rifabutin.<sup>202-205</sup>

### **Nucleoside Reverse Transcriptase Inhibitor Backbone**

Nucleoside(tide) backbone drugs—including tenofovir disoproxil fumarate (TDF), abacavir, emtricitabine, and lamivudine—can be given together with rifampin-containing TB treatment without dose adjustment. Tenofovir alafenamide (TAF), a substrate of drug transporters including P-glycoprotein, may be more likely to have drug—drug interactions than TDF. A study conducted among healthy volunteers without HIV showed that concentrations of intracellular tenofovir-diphosphate (TFV-DP) were higher with TAF/emtricitabine given with rifampin than with TDF given alone, suggesting that TAF may be given together with rifampin-containing TB treatment without dose adjustment. Neither TDF nor TAF has been fully evaluated with rifabutin. In one small study, though, HIV virologic suppression was sustained during TAF-rifabutin co-administration. On the study of TAF (as part of Biktarvy<sup>TM</sup>) taken with daily high-dose rifapentine and isoniazid (1HP) for the treatment of LTBI, plasma tenofovir concentration was similar when TAF was taken alone versus together with 1HP, suggesting that TAF can be taken with rifapentine for short periods of time for prevention of TB.

# Non-Nucleoside Reverse Transcriptase Inhibitors—Efavirenz, Nevirapine, Etravirine, Doravirine, and Rilpivirine

One alternative co-treatment regimen for HIV-related TB disease is rifampin-based TB therapy with an ARV regimen of efavirenz (600 mg daily) plus two nucleoside(tide) analogues (**AII**). Studies in people with HIV and TB (including patients with higher body weight) have not shown a significant effect of rifampin-containing TB treatment on efavirenz plasma concentrations when used at the standard 600 mg per day dose in the majority of patients. Given the preponderance of data and the excellent treatment outcomes of co-treatment with standard-dose efavirenz, the 600 mg daily dose of efavirenz is recommended (**AII**). A small study among people with HIV found similar efavirenz concentrations when the 400 mg dose was taken with isoniazid and rifampicin versus when it was taken alone, suggesting that, while not recommended, rifampicin-based TB treatment could be given with efavirenz without a need for efavirenz dose adjustment. Pharmacokinetic studies also support the use of the 600mg efavirenz dose with the new 4-month rifapentine-moxifloxacinisoniazid-pyrazinamide regimen.

Nevirapine is **not recommended** for HIV and TB co-treatment (**AII**). The use of rifampin or rifapentine with doravirine, etravirine, or rilpivirine **is not recommended** (**AIII**) (see <u>Dosing</u> <u>Recommendations for Use of ARV and Anti-TB Drugs for Treatment of Active Drug Sensitive TB</u>, above, and the <u>Tuberculosis/HIV Coinfection section of the Adult and Adolescent Antiretroviral Guidelines</u>).

Some experts might consider substitution of rifabutin for rifampin with an appropriate dose adjustment of rifabutin (e.g., increasing to 450–600 mg daily when given with efavirenz) or of the non-nucleoside reverse transcriptase inhibitors (NNRTIs) (e.g., increasing doravirine dosing to 100 mg twice daily and increasing oral rilpivirine to 50 mg daily), where appropriate, <sup>217,218</sup> for patients who require one of these NNRTIs; however, IM rilpivirine, as used in long-acting ARV combinations, is **not recommended** (**AIII**). Rifabutin has not been evaluated in combination with rilpivirine, doravirine, or etravirine in people with HIV requiring treatment for active TB disease.

# Integrase Inhibitors—Bictegravir, Dolutegravir, Elvitegravir, Raltegravir, and Cabotegravir

As indicated above, dolutegravir in combination with nucleoside reverse transcriptase inhibitors is the preferred option for co-treatment of HIV in most patients with TB (AI). A PK study in healthy volunteers showed that increasing the dose of dolutegravir to 50 mg twice a day with rifampin resulted in similar exposure to dolutegravir dosed 50 mg daily without rifampin, and that rifabutin 300 mg daily did not significantly reduce the area under the concentration curve of dolutegravir.<sup>220</sup> A Phase 2 trial in people with HIV and TB (INSPIRING) demonstrated that PK targets and virologic suppression were favorable at 24 and 48 weeks when dolutegravir 50 mg twice daily was administered with rifampin-containing TB treatment.<sup>221</sup> Dolutegravir is currently recommended at a dose of 50 mg twice daily when used together with a rifampin-containing TB regimen (AI) (and for two weeks following the completion of TB therapy), though randomized trials evaluating standard once-daily dosing are underway.<sup>222</sup> Dolutegravir should be used at a standard 50 mg once-daily dose when used with rifabutin (AII).

Another alternative co-treatment regimen is the combination of raltegravir-based ART, using raltegravir 800 mg twice daily, with standard rifampin dosing (**BI**).<sup>223</sup> Raltegravir concentrations are decreased significantly when co-administered with rifampin. Increasing the dose of raltegravir to 800 mg twice daily mitigates this PK interaction.<sup>224</sup> No PK or clinical data exist regarding the use of rifampin with the once-daily, extended-release 600 mg formulation of raltegravir, and co-administration **is not recommended (AIII).** Alternatively, raltegravir can be given with a rifabutin-containing TB regimen without a dose adjustment of either drug (**BII**).<sup>225</sup>

At this time, bictegravir **should not be used** together with rifamycin-containing TB treatment (rifampin, rifabutin, or rifapentine) (**AII**). A trial conducted among healthy participants without HIV evaluated bictegravir concentrations when given twice daily together with rifampin versus once daily alone. Bictegravir trough concentrations, with the dose adjustment, were reduced by 80%. Although studied only with rifabutin, elvitegravir/cobicistat **is not recommended** with TB treatment that contains rifamycins (**AII**). When given at steady-state with oral cabotegravir, rifampin decreased cabotegravir AUC by 59% in healthy volunteers. The long-acting injectable formulation of cabotegravir has not been studied with rifamycins, but a pharmacokinetic model of long-acting, injectable, co-formulated cabotegravir-rilpivirine predicted that concurrent rifampin would decrease cabotegravir AUC by 41% to 46%. As a result, oral and long-acting injectable cabotegravir **is not recommended for use** with rifampin or rifapentine (**AII**). Oral and long-acting injectable cabotegravir may be coadministered with rifabutin (**AIII**); however, long-acting injectable cabotegravir plus rilpivirine is not recommended for use with rifabutin due to the rilpivirine component (**AIII**).

### Protease Inhibitors with Rifampin or Rifabutin

Rifampin decreases the plasma concentrations and exposure of co-administered PIs by >75%. <sup>231-234</sup> One trial tested adjusted doses of ritonavir-boosted darunavir (1600/200 mg once daily and 800/100 mg twice daily) with rifampicin in people with HIV without TB. <sup>235</sup> The trial was stopped early because of high rates of hepatotoxicity, and trough concentrations in the once-daily group were reduced substantially. Thus, boosted darunavir **is not recommended for use** together with rifampin, even with dose adjustment (**AI**).

The effects of rifampin on lopinavir/ritonavir PK may be overcome by doubling the dose of lopinavir/ritonavir.<sup>233,236</sup> In a study of 71 people with HIV and TB, double doses of lopinavir/ritonavir were reasonably well tolerated in those on rifampin-based TB treatment.<sup>205</sup> Some experts would consider this an alternative when a PI-based ART regimen is required during TB treatment (**BI**). Regular monitoring of transaminases and HIV RNA is recommended when double-dose lopinavir/ritonavir is used (e.g., more frequently initially, then monthly once transaminase levels are stable on full dose).

Use of rifabutin with a boosted PI is preferred to the use of rifampin with double-dose PI in settings where rifabutin is readily available. Co-administered rifabutin has little effect on ritonavir-boosted lopinavir<sup>205,237</sup> or atazanavir<sup>238</sup> and only moderately increases concentrations of ritonavir-boosted darunavir<sup>239</sup> and fosamprenavir.<sup>240</sup> However, all PIs markedly increase serum concentrations of rifabutin (and one of its principal active metabolites, 25-O-desacetyl-rifabutin). Therefore, the dose of rifabutin must be decreased from 300 mg to 150 mg daily with all ritonavir-boosted PIs to avoid dose-related toxicity, such as uveitis and neutropenia (AI).<sup>205,241</sup> Coadministration of cobicistat-boosted PIs with rifabutin is not recommended (AII).

In studies in people with HIV, rifabutin exposures were significantly lower when rifabutin was dosed at 150 mg three times weekly (with lopinavir/ritonavir) than when dosed at 300 mg daily without a PI, but concentrations of the active desacetyl metabolite were high. Among people with HIV and TB, cases have been reported of acquired rifamycin resistance when doses of rifabutin of 150 mg three times weekly were co-administered with a boosted PI-based ARV regimen. Based on available PK data, it is generally recommended that rifabutin be dosed 150 mg daily in patients who are on a ritonavir-boosted PI-containing ARV regimen (AI). However, given the potential risk of adverse events related to high levels of rifabutin's metabolite with this dosing strategy, close monitoring for toxicity (especially neutropenia and uveitis) is required. Close monitoring of adherence to ART is essential because these reduced doses of rifabutin would be inadequate if the patient stopped taking the PI, putting the patient at risk of rifamycin-resistant TB.

# Monitoring the Response to Therapy

Patients with pulmonary TB should have at least monthly sputum smears and cultures performed to document culture conversion on therapy (defined as two consecutive negative cultures) (AII). Sputum cultures from patients with susceptible TB typically convert to negative within 2 months of first-line TB therapy, although sputum culture conversion to negative may take longer for people with cavitary TB disease. Sputum cultures that do not convert to negative at or after 4 months of therapy indicate treatment failure and should prompt further evaluation, including drug-resistance testing of available specimens.

In patients with extrapulmonary TB, obtaining follow-up specimens can be challenging, making it difficult to assess a bacteriologic response to therapy. Instead, the response typically is measured by an improvement in clinical and radiographic findings, but the frequency of such evaluations will depend on the infected sites, the severity of disease, and the ease with which specimens can be obtained.

# Managing Suspected Treatment Failure

The causes of treatment failure include undetected primary drug resistance, inadequate adherence to therapy, incorrect or inadequate prescribed regimen, subtherapeutic drug levels due to malabsorption

or drug interactions, reinfection or mixed infection with drug-resistant *M. tuberculosis*, and acquired drug resistance.

People with suspected treatment failure should be evaluated with a medical history, physical exam, and chest radiograph to determine whether a clinical response to therapy has occurred despite the absence of sputum culture conversion. The initial culture results and drug-resistance tests, treatment regimen, and adherence to the regimen also should be reviewed. Some experts would perform therapeutic drug monitoring to determine if serum concentrations of the TB drugs are within expected ranges and adjust dosage as necessary. <sup>151,249</sup> In addition, samples from all available sites (e.g., sputum, blood, urine) should be collected for repeat culture and DST, and strong consideration should be given to performing rapid resistance testing on direct specimens or positive cultures to identify acquired drug resistance or mixed infection with a drug-resistant strain.

While awaiting results of repeat cultures and rapid resistance testing, broadening empiric TB treatment to include at least two additional second-line TB drugs should be considered in consultation with an expert in the field (**BIII**).

## Adverse Drug Reactions in TB Patients on Antiretroviral Therapy

Retrospective observational studies reported an increased risk of adverse drug reactions in patients treated with concomitant ART and anti-TB therapy. Many of these studies, however, included patients receiving older antiretrovirals which carried more frequent side effects. Three later randomized controlled trials reported similar rates of adverse events during anti-TB therapy with and without concomitant ART, suggesting no significant additive toxicity when ART is co-administered with anti-TB therapy. Nevertheless, managing suspected adverse drug reactions in this setting is complex because assigning causality to individual drugs in patients on anti-TB drugs, ART, and other agents is very difficult.

Because first-line anti-TB drugs are more effective and have fewer toxicities than alternative drugs, first-line drugs (especially isoniazid and rifampin or rifabutin) should not be stopped permanently, unless strong evidence exists that a severe drug reaction was caused by a specific anti-TB drug (AIII). In such situations, decisions regarding rechallenge with first-line drugs and/or substitution of second-line drugs may be made in consultation with a specialist in treating TB disease in people with HIV.

Liver transaminases should be monitored at baseline and monthly for those with underlying risk factors for hepatotoxicity. Drug-induced liver injury (DILI) can be caused by isoniazid, rifamycins, pyrazinamide, some ARV drugs, and trimethoprim-sulfamethoxazole (TMP-SMX). Anti-TB DILI is defined as an ALT elevation  $\geq 3$  times the upper limit of normal (ULN) in the presence of symptoms (e.g., fever, rash, fatigue, nausea, anorexia, jaundice); ALT  $\geq 3$  times the ULN plus total bilirubin 2 times the ULN in the absence of symptoms; or ALT  $\geq 5$  times the ULN alone in the absence of symptoms. An increase in ALT concentration occurs in approximately 5% to 30% of people treated with the standard four-drug anti-TB regimen,  $^{97,251}$  but many of these have only transient, mild elevations of ALT.

If the criteria for anti-TB DILI are fulfilled, all potentially hepatotoxic drugs should be stopped, and the patient should be evaluated immediately (**AIII**). Serologic testing for syphilis and hepatitis A, B, and C should be performed, and the patient should be questioned regarding symptoms suggestive of biliary tract disease and exposures to alcohol and other hepatotoxins. At least three anti-TB drugs not

associated with hepatoxicity should be started (e.g., ethambutol, linezolid, and moxifloxacin or levofloxacin)<sup>252</sup> as a "bridging regimen" until the specific cause of hepatotoxicity can be determined and an alternative longer-term regimen constructed (**BIII**).

After the ALT level returns to <2.5 times the ULN (or to near baseline for those with preexisting abnormalities), rechallenge with the hepatotoxic first-line anti-TB medications can be started by adding each drug individually to the bridging regimen at 7-day intervals. During the rechallenge, ALT levels should be monitored frequently.

Rechallenge was successful in almost 90% of people without HIV in one randomized controlled trial of different rechallenge regimens. Because the rifamycins are a critical part of the TB regimen, they should be restarted first. Rechallenge with pyrazinamide is controversial because some studies have reported high rates of recurrent ALT elevations with reintroduction of the drug. Other studies, however, have demonstrated successful reintroduction of pyrazinamide, and some experts would therefore recommend rechallenge with pyrazinamide in people with severe forms of TB (e.g., meningitis or disseminated TB).

Bridging drugs can be stopped once three active nonbridging drugs are reinstated successfully. Depending on the outcome of the rechallenge, the anti-TB therapy regimen and duration may need to be altered, in which case, expert consultation is advised. After successful anti-TB drug rechallenge (i.e., if appropriate), relevant ARV drugs and TMP-SMX may be restarted.

Cutaneous adverse drug reactions may occur with all anti-TB drugs, notably rifampin and isoniazid<sup>255</sup>; some ARV drugs, notably the NNRTIs; and TMP-SMX. If the rash is minor, affects a limited area, and causes pruritus, antihistamines should be administered for symptomatic relief and all anti-TB medications should be continued. If the rash is generalized or associated with fever or DILI or involves mucous membrane or desquamation, all anti-TB medications, relevant ARVs, and TMP-SMX should be stopped. When the rash improves substantially, the TB drugs should be restarted as described in the section on DILI above. If the rash recurs, the last drug that had been added should be stopped and the TB regimen modified. Thereafter, if appropriate, relevant ARV drugs and TMP-SMX may be restarted.

## Managing Drug-Resistant TB

Although drug-resistant TB represents a small fraction of the TB cases in the United States, the increasing number of people with drug-resistant TB globally plus the high proportion of TB cases in the United States in people who are from TB-endemic areas make it increasingly likely that local TB programs will be faced with this complex disease. The most active and effective TB drugs are those used in first-line TB treatment regimens. When resistance to these medications develops, alternative combinations of TB medications must be used, but clinical trial data on their optimal use are limited, and most recent studies have been conducted primarily in TB-endemic resource-constrained settings.

In the United States, approximately 7% of people with TB have baseline isoniazid monoresistance. <sup>256</sup> Growing evidence demonstrates an increased risk of treatment failure associated with isoniazid monoresistance, <sup>257</sup> particularly in people with HIV and TB. <sup>258</sup> For people with isoniazid monoresistance, it is recommended that a fluoroquinolone (levofloxacin or moxifloxacin) be substituted for isoniazid and given together with rifampin or rifabutin, pyrazinamide, and ethambutol for 6 months (**BII**). <sup>93,259-261</sup> Though rifampin reduces concentrations of moxifloxacin by 20% to 40%, there is no clinical evidence that a moxifloxacin dose adjustment improves outcomes. <sup>262-264</sup>

The treatment of rifampin-resistant (RR) and MDR TB (resistance to both isoniazid and rifampin) is an area of active investigation and is evolving rapidly. Historically, RR/MDR TB has been treated with individualized regimens taking into account the results of drug resistance testing and prior treatment exposure. In 2019, ATS, CDC, IDSA, and the European Respiratory Society (ERS) issued MDR TB treatment guidelines recommending a fully oral regimen consisting of at least 5 active drugs for most patients with drug-resistant TB, including people with HIV.<sup>93</sup>

Since the publication of the 2019 guidelines, however, several clinical trials have examined the efficacy and safety of a 6-month, all-oral regimen comprised of bedaquiline, pretomanid, and linezolid ("BPaL"). Pretomanid is a novel oral antimycobacterial agent that was approved by the FDA in 2019 exclusively as part of the BPaL regimen. The initial study ("Nix-TB") on which approval was based, was a single-arm study in 109 patients, of whom 51% were people with HIV.265 Although the study had no control arm, 90% of participants had a favorable outcome. High rates of peripheral neuropathy were seen in Nix-TB study participants, and this was attributed to the high dose of linezolid used (1200 mg daily). The follow-up ZeNix study (n=181) compared outcomes of patients receiving the BPaL regimen at different linezolid doses and showed similarly favorable outcomes with a lower dose of 600 mg daily. 266 The TB-PRACTECAL study compared a regimen in which moxifloxacin was added to BPaL (aka "BPaLM") to longer injectable-based regimens, which were the standard of care at the time. <sup>267,268</sup> In modified intention-to-treat analyses, 121 of 138 (88%) participants in the BPaLM arm achieved treatment success compared with 81 of 137 (59%) of those receiving standard of care. Disease recurrence occurred in one participant in the BPaLM group (n=151) and four in the BPaL group (n=123); new resistance to be daquiline was observed in the BPaL group in isolates from three of four recurrences, with no new resistance to other drugs in the regimens.<sup>267</sup>

The BPaL and BPaLM regimens have been used in the United States, and treatment outcomes thus far have been very successful among 152 patients with culture-positive pulmonary TB, most of whom received the 600 mg daily dose of linezolid. Three recurrences after treatment completion were reported among 116 who received BPaL and none among 36 patients who received BPaLM.

Based on these data, **BPaLM** is recommended as the preferred therapy for people with HIV with pulmonary RR-TB and without known resistance to the component medications (AI). <sup>271</sup> Patients with RR-TB with fluoroquinolone resistance should receive BPaL without moxifloxacin (AI). This recommendation is similar to that of WHO, which conditionally recommends both the BPaL and BPaLM regimens to patients  $\geq$ 15 years of age with RR-TB who have not had previous exposure or resistance to the drugs in the regimen. <sup>272</sup> BPaLM and BPaL regimens should be given for a total of 26 weeks (6 months) (AI). Treatment should be extended up to a total of 39 weeks (9 months) if sputum cultures are positive between months 4 and 6 (AI).

For patients who have not been included in BPaL or BPaLM studies—such as those with extrapulmonary TB or those with known or suspected resistance to bedaquiline, pretomanid, or linezolid—we recommend an individualized regimen consisting of at least 5 active drugs, based on the results of resistance testing and prior treatment exposure (AI). Component medications should be selected using the ranking outlined in the ATS/CDC/IDSA/ERS guidelines. When possible, an initial individualized regimen should contain bedaquiline, linezolid, a fluoroquinolone (levofloxacin or moxifloxacin), clofazimine, and a D-alanine analog (cycloserine or terizidone). All remaining drugs should be used to complete the regimen only when the recommended drugs cannot be used. Kanamycin and capreomycin are no longer recommended due to the increased risk of treatment

failure and relapse with their use.<sup>273</sup> Such an association was not seen for amikacin, which may be used when other, less toxic drugs cannot be used. The duration of therapy with such a regimen will depend on the component drugs and the patient's response to therapy. The ATS/CDC/IDSA/ERS guidelines currently recommend a treatment duration of 15 to 24 months *after culture conversion* when using an individualized regimen, although these guidelines are currently undergoing revision.<sup>93</sup> Several clinical trials have examined different regimens with total durations as short as 9 months and show TB treatment success rates comparable to or better than longer duration therapy.<sup>274-278</sup> Consultation with an expert who has experience managing drug-resistant TB is advised.

An important concern regarding BPaL(M) regimens is the growing prevalence of bedaquiline resistance and the lack of widespread availability of phenotypic second-line TB drug susceptibility testing. Rapid molecular testing with confirmatory sequencing for fluoroquinolones and first-line drugs should ideally be performed prior to the initiation of treatment for RR/MDR TB; phenotypic testing should also be undertaken. This testing, as well as susceptibility testing for second-line agents, is available at many local or state public health laboratories or through the CDC's Molecular Detection of Drug Resistance (MDDR) service. To submit a sample for the MDDR service, complete the CDC's MDDR Request Form.

Importantly, as with all TB drugs, there is incomplete concordance between purported bedaquiline resistance-conferring mutations and phenotypic resistance.<sup>281</sup> If bedaquiline is being used, then bedaquiline phenotypic testing should be pursued, if available. Treatment with BPaLM need not be delayed, however, while awaiting the results of bedaquiline susceptibility testing. Of note, pretomanid resistance testing is not currently available.

For people with HIV with RR-TB, several important drug–drug interactions occur between bedaquiline and some ARV drugs. Specifically, efavirenz decreases bedaquiline plasma concentrations. For people with HIV with RR-TB, efavirenz **should not be used** concurrently with bedaquiline (**AI**). Lopinavir/ritonavir increases bedaquiline plasma concentrations approximately twofold when given at steady-state, but this has not been associated with additional prolongation of the QT-interval or other adverse events. <sup>285</sup>

Given the options for regimen choice and individual drug dosing within regimens, as well as variations in local drug susceptibilities, the treatment of RR-TB should involve an expert with experience in treating drug-resistant TB.<sup>267,269</sup> If a local expert is not available through the public health department, clinicians and TB programs can contact the CDC (tbinfo@cdc.gov) and one of the CDC's TB Centers of Excellence for Training, Education, and Medical Consultation.

#### TB-Associated IRIS

TB-IRIS is a frequent, early complication of ART in people with HIV with active TB. The condition is thought to result from the recovering immune system driving inflammatory reactions directed at *M. tuberculosis* antigen present at sites of disease. <sup>286-288</sup> TB-IRIS is characterized by excessive local or systemic inflammation. Two forms of TB-IRIS are recognized: paradoxical TB-IRIS and unmasking TB-IRIS. Proposed clinical case definitions for these syndromes have been published. <sup>289</sup>

#### Paradoxical TB-IRIS

Paradoxical TB-IRIS occurs in people who are diagnosed with active TB disease before starting ART. Typically, people experiencing paradoxical TB-IRIS have had clinical improvement on TB

treatment before starting ART, and within the first 1 to 4 weeks of ART (though sometimes later), they develop new or recurrent symptoms and worsening or recurrent clinical and radiologic features of TB. Common and important manifestations of paradoxical TB-IRIS include fevers, new or enlarging lymphadenopathy, and new or worsening pulmonary infiltrates. Mortality due to paradoxical TB-IRIS is uncommon, <sup>287,290</sup> but life-threatening manifestations include enlarging cerebral tuberculomas, meningitis, enlargement of pericardial effusions causing cardiac tamponade, extensive pulmonary involvement with respiratory failure, nodal enlargement causing airway obstruction, and splenic rupture due to rapid enlargement. <sup>287,291,292</sup> In people with disseminated TB, hepatic TB-IRIS is common, manifesting with nausea and vomiting, tender hepatic enlargement, cholestatic liver function derangement, and occasionally jaundice. <sup>288,293</sup> A liver biopsy often reveals granulomatous hepatitis. <sup>294</sup> Hepatic TB-IRIS may be difficult to differentiate from drug-induced liver injury.

Paradoxical TB-IRIS is relatively common among patients starting ART while on TB treatment. A meta-analysis of 40 studies reported a pooled incidence of TB-IRIS of 18% in adults with HIV-associated TB initiating ART, with death attributed to TB-IRIS in 2% of the cases.<sup>295</sup> The onset of paradoxical TB-IRIS symptoms is typically between 1 to 4 weeks after ART is initiated.<sup>296-301</sup> The syndrome lasts for 2 to 3 months on average,<sup>300,302</sup> but in some cases, symptoms may continue for several more months, and in rare cases, local manifestations may persist or recur over a year after onset.<sup>289,302,303</sup> In such cases of prolonged TB-IRIS, manifestations usually include suppurative lymphadenitis and abscess formation.

The most consistently identified risk factors for paradoxical TB-IRIS are a low CD4 count at the start of ART, especially a CD4 count<sup>239,244</sup> <100 cells/mm<sup>3</sup>;<sup>299,304</sup> high HIV viral load before ART<sup>305,306</sup>; disseminated or extrapulmonary TB<sup>291,298,300,304</sup>; and a short interval between starting TB treatment and initiating ART, particularly if ART is started within the first 1 to 2 months of TB treatment.<sup>291,297,299</sup> Although early ART increases the risk for TB-IRIS, ART should be started within 2 weeks of TB diagnosis in patients with CD4 counts <50 cells/mm<sup>3</sup> and within 2 to 8 weeks of TB diagnosis in those with higher CD4 counts, as previously discussed, to reduce the risk of HIV progression and death (see Special Considerations Regarding ART Initiation, above) (AI).<sup>295</sup>

The diagnosis of paradoxical TB-IRIS may be challenging, and no definitive confirmatory test exists. Thus, diagnosis relies upon a characteristic clinical presentation: improvement of TB symptoms with treatment before ART, deterioration with inflammatory features of TB soon after starting ART, or demonstration of a response to ART (CD4 rise and/or HIV viral load reduction). In addition, diagnosis of paradoxical TB-IRIS requires investigations to exclude alternative causes for deterioration, particularly another opportunistic infection, undetected TB drug resistance, or other cause of treatment failure (see Managing Suspected Treatment Failure, above). 307

# Prevention of Paradoxical TB-IRIS

Pre-emptive treatment with prednisone may prevent or reduce the consequences of TB-IRIS. A randomized, double-blind, placebo-controlled trial of prednisone (40 mg/day for 2 weeks, then 20 mg/day for 2 weeks) versus placebo in 240 ART-naive adults at high risk of developing IRIS at the time of ART initiation demonstrated that preemptive prednisone treatment was effective in reducing the risk of paradoxical TB-IRIS. <sup>197</sup> The incidence of TB-IRIS was 47% in the placebo arm and 33% in the prednisone arm (RR = 0.70; 95% CI, 0.51–0.96). No excess risk was observed for malignancy, severe infections, or other complications. Based on these study findings, preemptive prednisone therapy should be offered for high-risk patients as defined in this study (i.e., starting ART

within 30 days after TB treatment initiation and a CD4 count  $\leq 100/\text{mm}^3$ ) who are responding well to TB therapy and who do not have rifampin resistance, Kaposi sarcoma, or active hepatitis B (**BI**).

### Managing Paradoxical TB-IRIS

Most cases of paradoxical TB-IRIS are self-limiting. Many people require symptomatic therapy (e.g., analgesia, anti-emetics), and if symptoms are significant, anti-inflammatory therapy is appropriate. Clinicians may use non-steroidal anti-inflammatory drugs to provide symptomatic relief in patients with mild TB-IRIS (**CIII**). Needle aspiration of enlarging serous effusions, large tuberculous abscesses, or suppurative lymphadenitis may also provide symptom relief (**CIII**). Repeated aspirations may be required as abscesses and effusions often re-accumulate.<sup>291</sup>

In people with moderately severe paradoxical TB-IRIS, treatment with prednisone is recommended (AI). One randomized, placebo-controlled trial among patients with moderately severe paradoxical TB-IRIS showed that treatment with prednisone (1.5 mg/kg/day for 2 weeks followed by 0.75 mg/kg/day for 2 weeks) resulted in a reduction in a combined endpoint of days hospitalized plus outpatient therapeutic procedures. <sup>308</sup> In that study, however, 4 weeks of prednisone treatment was insufficient in a subset of participants. If clinical assessment indicates that signs and symptoms have not improved or have worsened as corticosteroids are tapered, a more gradual tapering of steroids over 2 to 3 months is recommended (**BIII**). <sup>308</sup> Patients on prednisone experienced more rapid symptoms and radiographic improvement. No reduction in mortality was demonstrated, but immediately life-threatening cases (e.g., those with neurological involvement) were excluded from this study. 111,292,308 Rifampin increases the clearance of prednisolone (the active metabolite of prednisone),<sup>309</sup> but no such effect is expected with rifabutin; dosing of prednisone should therefore be adjusted in patients receiving rifampin or rifabutin-containing regimens (See the Treating TB-Associated IRIS section of the Treating TB Disease table). Corticosteroids should be avoided in people with Kaposi sarcoma because life-threatening exacerbations can occur. Case reports have been published of patients with steroid-refractory and prolonged IRIS or paradoxical reactions responding to TNF-blockers, IL-1 inhibitors, JAK inhibitors, or thalidomide. 310-317

## **Unmasking TB-IRIS**

Unmasking TB-IRIS may occur in people who have unrecognized TB (because TB is either symptomatic or it has eluded diagnosis) at the start of ART. These people may present with a particularly accelerated and inflammatory presentation of TB in the first weeks of ART. <sup>289</sup> A common presentation is pulmonary TB with rapid symptom onset and clinical features similar to bacterial pneumonia with high fever, respiratory distress, sepsis syndrome, and consolidation on chest radiograph. <sup>289,308,318-320</sup> Focal inflammatory manifestations—such as abscesses and lymphadenitis— also may develop. <sup>321</sup> In cases of unmasking TB-IRIS, the treatment should be standard TB treatment and, if the manifestations are life-threatening, adjunctive corticosteroid therapy is recommended, although steroid use in this setting has not been studied in a clinical trial (BIII).

#### Prevention of Recurrent TB

Among patients receiving the same TB treatment regimen in the same setting, the risk of recurrent TB appears to be higher among those with HIV than among those without HIV. 322,323 In TB-endemic settings, much of the increased risk of recurrent TB appears to be due to the higher risk of reinfection with a new strain of *M. tuberculosis*, with subsequent rapid progression to TB disease. 324,325

In settings with low rates of TB—such as the United States—recurrent TB due to re-infection is uncommon, even among people with HIV.<sup>326</sup>

Several interventions may decrease the risk of recurrent TB among people with HIV: longer TB treatment regimens, administering therapy daily throughout the course of the intensive and continuation phases, post-treatment isoniazid therapy, and use of ART. None of these interventions has been adequately evaluated in randomized trials in settings with low TB burdens. Post-treatment isoniazid (6–9 months of daily isoniazid therapy after the completion of standard multidrug therapy) has been shown to be effective in high-burden settings in which the risk of re-exposure is high, <sup>327,328</sup> suggesting that this intervention decreases the risk of re-infection. Post-treatment isoniazid **is not recommended** for patients in the United States or other low-burden settings due to a lack of evidence of effectiveness supporting a reduced risk of re-infection for these settings (AIII). Given that ART reduces the risk of initially developing TB disease, it is likely that ART also decreases the risk of re-infection with TB.

## **Special Considerations During Pregnancy**

Pregnant people with HIV who do not have documentation of a prior negative TB screening test result or who are at high risk for repeated or ongoing exposure to individuals with active TB disease should be tested for TB during pregnancy (**AIII**). TB rates in pregnant and postpartum women are higher than in non-pregnant adults, after adjusting for age, <sup>329</sup> and this is likely due to pregnancy-related immunologic shifts. <sup>330-334</sup> Several studies have examined the performance of IGRAs for diagnosis of LTBI in pregnant women. In pregnant women with or without HIV, the test appears to perform well. <sup>335,336</sup> Longitudinal studies conducted in high-burden countries, however, suggest that test performance may be compromised in late pregnancy versus postpartum, especially at delivery. <sup>337-343</sup>

A clinical trial of isoniazid preventive therapy (IPT) among HIV-infected women in high TB prevalence settings (TB APPRISE) found increased adverse pregnancy outcomes in women treated with isoniazid during pregnancy compared to postpartum initiation of isoniazid. Hipportantly, however, none of the women were close household TB contacts, and most of the women in the trial were IGRA-negative and were receiving efavirenz-based ART. Two smaller observational studies of isoniazid given to pregnant women with HIV in South Africa did not find an increased risk of adverse pregnancy outcomes with isoniazid. Similarly, a study of participants in Botswana who became pregnant in a trial of 36 months of isoniazid for people with HIV also did not report increased adverse pregnancy outcomes. A subsequent systematic review of the association of adverse pregnancy outcomes and isoniazid found inconsistent associations. Among people enrolled in the BRIEF-TB study who became pregnant while taking isoniazid for TB prevention, first-trimester IPT exposure was associated with increased risk of fetal demise, though this association was attenuated when adjusted for covariates proximal to pregnancy outcome including ART use.

Studies in individuals with HIV who are not receiving ART have shown a high risk of progression from LTBI to active TB disease (10% per year), and a high risk exists for maternal and infant mortality in pregnant women with HIV who have active TB disease. Although the risk of progression from LTBI to active TB disease in individuals on ART is decreased significantly, risk in these individuals with HIV appears higher than in pregnant and postpartum people without HIV. Pregnant people with HIV should be receiving ART both for their own health and for prevention of perinatal transmission (AI). In the United States, isoniazid preventive therapy is

recommended for pregnant women with HIV whose close household contacts include a person with active TB disease (AI). For those receiving effective ART and without recent TST or IGRA conversion or close household contacts with infectious TB, therapy for LTBI may be deferred until after delivery (BIII). The risk of isoniazid-associated hepatotoxicity may be increased in pregnancy and in the first 2 to 3 months post-partum. 344 Therefore, if isoniazid is prescribed, frequent monitoring is needed.<sup>34</sup> Pregnant people receiving isoniazid should receive daily pyridoxine supplementation (AII) because they are at risk of isoniazid-associated peripheral neuropathy. 151,353 Limited data exist on alternatives to isoniazid for LTBI therapy in pregnant people with HIV. In the IMPAACT 2001 study, pregnant women with and without HIV received 3HP and no serious adverse pregnancy outcomes were observed. Drug exposures were similar to non-pregnant adults, suggesting this regimen does not require dose adjustment in pregnancy.<sup>354</sup> Despite these promising data and although rifampin generally is considered safe in pregnancy, data on the use of rifapentine remain extremely limited and the use of rifapentine in pregnant people is not currently recommended (BIII). 355-357 The DOLPHIN Moms trial (NCT05122026) currently underway is examining the pharmacokinetics and safety of 3HP and 1HP in pregnant people with HIV who are virally suppressed on a dolutegravir-based regimen.

The diagnostic evaluation for TB disease in pregnant people is the same as for nonpregnant adults. It is important to recognize that standard symptom screens have lower sensitivity in pregnant women than in non-pregnant adults, and that some TB symptoms may be masked by common symptoms of pregnancy (e.g. poor appetite). <sup>358-360</sup> In addition to standard sputum testing, chest radiographs with abdominal shielding are recommended and result in minimal fetal radiation exposure. <sup>361</sup> An increase in pregnancy complications—including preterm birth, low birthweight, and fetal growth restriction—can be seen among pregnant women with either pulmonary or extrapulmonary TB not confined to the lymph nodes, especially when TB treatment is delayed until late in pregnancy. <sup>34,330,333,335,336,339,344,351,362-366</sup> Congenital TB infection has been reported, although it appears relatively uncommon; history of maternal infertility and acid-fast bacilli from placenta or endometrial biopsy may be found with this rare diagnosis. <sup>367-372</sup> While rare, congenital TB might be more common among children born to mothers with TB/HIV coinfection, especially when those children also have perinatally acquired HIV. <sup>373,374</sup>

TB therapy should not be withheld because of pregnancy (AIII). Treatment of TB disease should be the same for pregnant people and nonpregnant people, but with attention to the following considerations (AIII):

- Although isoniazid is not teratogenic in animals or humans, hepatotoxicity caused by isoniazid might occur more frequently during pregnancy and the postpartum period.<sup>375</sup> Monthly monitoring of liver transaminases during pregnancy and the postpartum period is recommended (**BIII**).
- Rifampin is not teratogenic in humans.
- Ethambutol is teratogenic in rodents and rabbits at doses that are much higher than those used in humans. No evidence of teratogenicity has been observed in humans. Ocular toxicity has been reported in adults taking ethambutol but changes in visual acuity have not been detected in infants exposed to ethambutol *in utero*.
- Pyrazinamide is not teratogenic in animals. The WHO and the International Union Against
  Tuberculosis and Lung Diseases have made recommendations for the routine use of
  pyrazinamide in pregnant individuals.<sup>272,376</sup> Pyrazinamide has been recommended for use in
  pregnant people in the United States, although data characterizing its safety in this setting are

limited and the CDC guidance suggests that clinicians consider the use of this agent based on individual patient considerations weighing benefit and risks. <sup>151,377</sup> If pyrazinamide is not included in the initial treatment regimen, the minimum duration of TB therapy with isoniazid, rifampin, and ethambutol should be 9 months for drug-susceptible TB (AII). The decision regarding whether to include pyrazinamide in treatment regimens for a pregnant person should be made after consultation among obstetricians, TB specialists, and the patient, while considering gestational age and likely susceptibility pattern of the TB strain.

Experience using the majority of the second-line drugs for TB during pregnancy is limited. 378-381 MDR TB in pregnancy should be managed in consultation with a specialist. In a small prospective study of pregnant patients who received second-line MDR/RR-TB regimens that contained bedaquiline or delamanid (including linezolid, clofazimine, amikacin, capreomycin, and kanamycin) 98% had successful treatment outcomes, and at least 81% of continued pregnancies resulted in live births with 68% normal birthweight neonates. The following concerns should be considered when selecting second-line anti-TB drugs for use in pregnant people:

- **Bedaquiline:** Data on the use of bedaquiline in pregnancy are limited, but a study of 108 pregnant women from South Africa found an increased frequency of low birthweight (<2,500 g) among children exposed to bedaquiline *in utero* compared to those who were not exposed (45% vs. 26%; P = 0.034). The median birthweight between the two groups, however, was not statistically significant (2690 vs. 2900 grams [P = 0.18]) and after 1 year, most children exposed to bedaquiline had gained weight and were doing well. Bedaquiline concentrations in breast milk may be as high or higher than concentrations in maternal plasma, which may have implications for the infant.  $^{383,384}$
- **Cycloserine:** No data are available from animal studies or reports of cycloserine use in humans during pregnancy.
- Ethionamide has been associated with an increased risk for several anomalies in rats after high-dose exposure, but not in mice or rabbits. Case reports have documented cases of CNS defects in humans and hypothyroidism, but overall experience is limited with use during human pregnancy. Ethionamide is likely present in the breast milk, which could be associated with thyroid issues in the infant. Thus, ethionamide should be avoided, unless its use is required on the basis of susceptibility testing (CIII).
- **Fluoroquinolones:** Because arthropathy has been noted in immature animals exposed to fluoroquinolones *in utero*, quinolones are typically not recommended for pregnant people or children aged <18 years (**CIII**). However, studies evaluating fluoroquinolone use in pregnant women did not find an increased risk of birth defects or congenital musculoskeletal abnormalities. Furthermore, fluoroquinolones were used in a larger South African case series of MDR TB treatment in pregnancy with generally good outcomes. Thus, fluoroquinolones can be used in pregnancy for drug-resistant TB if they are required on the basis of susceptibility testing (**BII**). <sup>394</sup>
- **Linezolid:** Animal studies of linezolid in pregnancy report decreased fetal body weight and increased fusion of costal cartilage.<sup>395</sup> There are few studies in human pregnancy, but linezolid has been used for the treatment of DR-TB in some high-burden countries.<sup>378,382</sup> In these case studies, monitoring complete blood counts for anemia and thrombocytopenia and advising iron supplementation has been recommended.<sup>384,396</sup>

- **Delamanid:** Delamanid appears to be safe in animal reproductive toxicity studies. It has been used in small cohorts of pregnant women for DR-TB with favorable outcomes. 378,397
- **Pretomanid**: Animal studies of pretomanid do not indicate direct or indirect harmful effects with respect to embryo-fetal development. However, pretomanid has been associated with reproductive toxicity in animal models; specifically, reduced fertility in male rats.<sup>398</sup> There has been very limited use in human pregnancies. Therefore, pretomanid should be avoided in pregnancy until more data is available (**AIII**).
- **Para-aminosalicylic acid** is not teratogenic in rats or rabbits.<sup>377</sup> In one study, a possible increase in limb and ear anomalies was reported among 143 infants delivered by women who were exposed to para-aminosalicylic acid during the first trimester of pregnancy.<sup>399</sup> No specific pattern of defects and no increase in the rate of defects have been detected in other human studies, indicating that this agent can be used with caution, if needed **(CIII)**.
- Aminoglycosides/polypeptides: Streptomycin use has been associated with a 10% rate of vestibulocochlear nerve toxicity in infants exposed to the drug *in utero*; its use during pregnancy should be avoided, if possible (AIII). Hearing loss has been detected in approximately 2% of children exposed to long-term kanamycin therapy *in utero*; like streptomycin, this agent should typically be avoided, if possible (AIII). The fetus is at a theoretical risk for ototoxicity with *in utero* exposure to amikacin and capreomycin, but this risk has not been documented. Capreomycin is no longer recommended, but amikacin might be used as an alternative when an aminoglycoside is required for the treatment of MDR TB (CIII).

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# Pneumocystis Pneumonia

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# **Epidemiology**

*Pneumocystis* pneumonia (PCP) is caused by *Pneumocystis jirovecii*, a ubiquitous fungus. The taxonomy of the organism has been changed; *Pneumocystis carinii* now refers only to the *Pneumocystis* that infects rats, and *P. jirovecii* refers to the distinct species that infects humans. However, the abbreviation PCP is still the preferred acronym to designate the clinical syndrome of *Pneumocystis* pneumonia, although PJP is commonly used. Initial infection with *P. jirovecii* usually occurs in early childhood; two-thirds of healthy children have antibodies to *P. jirovecii* by age 2 years to 4 years.<sup>2</sup>

Rodent studies and case clusters in immunosuppressed patients suggest that *Pneumocystis* spreads by the airborne route. Disease probably occurs by both new acquisition of infection and by reactivation of latent infection.<sup>3-12</sup> Before the widespread use of PCP prophylaxis and antiretroviral therapy (ART), PCP occurred in 70% to 80% of people with advanced HIV, <sup>13</sup> with a 20% to 40% mortality rate in individuals despite anti-*Pneumocystis* therapy. Approximately 90% of PCP cases occur in people with HIV with CD4 T lymphocyte (CD4) cell counts <200 cells/mm<sup>3</sup>.

The incidence of PCP has declined substantially with widespread use of PCP prophylaxis and ART; incidence among people with HIV in Western Europe and the United States is <1 case per 100 person-years. <sup>14-16</sup> Most cases of PCP now occur in people with HIV who are unaware of their HIV status or are not receiving ongoing care for HIV, <sup>17</sup> and in those with advanced immunosuppression (i.e., CD4 counts <100 cells/mm<sup>3</sup>). <sup>18</sup>

#### Clinical Manifestations

In people with HIV, the most common manifestations of PCP are subacute onset of progressive dyspnea, fever, non-productive cough, and chest discomfort that worsens within days to weeks. The fulminant pneumonia observed in people who do not have HIV is less common among people with HIV. A more fulminant course can occur particularly after initiation of therapy. <sup>19-21</sup>

In mild cases, pulmonary examination while the patient is at rest usually is normal. With exertion, tachypnea, tachycardia, and diffuse dry (cellophane) rales may be observed.<sup>20</sup> Fever is present in most cases and may be the predominant symptom in some people. Pneumonia limited to the apices and extrapulmonary disease, which can occur in any organ, are rare and have been associated with use of aerosolized pentamidine prophylaxis.<sup>22</sup>

Hypoxemia, the most characteristic laboratory abnormality, can range from mild (room air arterial oxygen partial pressure  $[PaO_2] \ge 70$  mmHg or alveolar-arterial gradient [A-a gradient] < 35 mmHg) to moderate (A-a gradient  $\ge 35$  to < 45 mmHg) to severe (A-a gradient  $\ge 45$  mmHg). Oxygen desaturation with exercise is often abnormal but is non-specific.  $^{23}$  Elevation of lactate dehydrogenase levels to > 500 mg/dL is common but also non-specific.  $^{24}$  The chest radiograph typically demonstrates diffuse, bilateral, symmetrical "ground-glass" interstitial infiltrates emanating from the hila in a butterfly pattern  $^{20}$ ; however, in people with HIV with early disease, a chest radiograph may

be normal.<sup>25</sup> Atypical radiographic presentations (such as nodules, blebs and cysts, asymmetric disease, upper lobe localization, intrathoracic adenopathy, and pneumothorax) also occur. Spontaneous pneumothorax in a person with HIV should raise the suspicion of PCP.<sup>26,27</sup> Cavitation and pleural effusion are uncommon in the absence of other pulmonary pathogens or malignancies, and their presence may indicate an alternative diagnosis or an additional pathology. People with HIV who have documented PCP may have another concurrent cause of pulmonary dysfunction, such as tuberculosis (TB), Kaposi sarcoma, toxoplasmosis, or fungal or bacterial pneumonia.<sup>28,29</sup>

Thin-section computed tomography (CT) without contrast is a useful adjunctive study, since even in patients with mild-to-moderate symptoms and a normal chest radiograph, a CT scan will be abnormal, demonstrating "ground-glass" attenuation that may be patchy. A normal CT has a high negative predictive value, and alternate diagnoses should be excluded.<sup>30,31</sup>

# **Diagnosis**

Because clinical presentation, blood tests, and chest radiographs are not pathognomonic for PCP (and because the organism cannot be cultivated routinely), histopathologic or cytopathologic demonstration of organisms in tissue, bronchoalveolar lavage (BAL) fluid, or induced sputum samples 19,28,29,32 is required for a definitive diagnosis of PCP. Spontaneously expectorated sputum has low sensitivity for the diagnosis of PCP and should not be submitted to the laboratory to diagnose PCP. Giemsa, Diff-Quik, and Wright stains detect both main life forms of P. *jirovecii*—cysts and trophic forms—but do not stain the cyst wall; Grocott-Gomori methenamine silver, Gram-Weigert, cresyl violet, and toluidine blue stain only the cyst wall. Some laboratories prefer direct immunofluorescent staining, which has higher sensitivity than the colorimetric stains. The sensitivity and specificity of respiratory samples for PCP depend on the stain being used, the experience of the microbiologist or pathologist, the pathogen load, and specimen quality. Studies of stained respiratory tract samples obtained by various methods indicate the following relative diagnostic sensitivities: <50% to >90% for induced sputum, 90% to 99% for bronchoscopy with BAL, 95% to 100% for transbronchial biopsy, and 95% to 100% for open lung biopsy. 34-40

Polymerase chain reaction (PCR) is an increasingly utilized method for diagnosing PCP and has replaced staining methods in many laboratories. PCR is highly sensitive and specific for detecting *Pneumocystis*. While PCR cannot reliably distinguish colonization from active disease, quantitative PCR (qPCR) is favored over qualitative assays, as a higher organism load by qPCR is likely to represent clinically significant disease. However, the broad range of organism loads in patients with PCP and the lack of commercially available U.S. Food and Drug Administration (FDA)—approved qPCR kits for diagnosis makes establishment of cutoffs for colonization versus disease difficult to standardize.

1,3  $\beta$ -D-glucan ( $\beta$ -glucan), which is a component of the cell wall of *Pneumocystis* cysts, is often elevated in people with HIV who also have PCP. The sensitivity of the  $\beta$ -glucan assay for diagnosis of PCP appears to be high, thus PCP is less likely in people with HIV with a low level of  $\beta$ -glucan (e.g., <80 pg/mL using the Fungitell assay). However, the specificity of  $\beta$ -glucan testing for establishing a PCP diagnosis is low, <sup>44-48</sup> since many other fungal diseases, cellulose membranes used for hemodialysis, and some drugs can elevate  $\beta$ -glucan levels. <sup>47,48</sup>

Because the clinical manifestations of several disease processes are similar, it is important to seek a definitive diagnosis of PCP disease rather than rely on a presumptive diagnosis, especially in patients with moderate-to-severe disease. However, PCP treatment should be initiated before a definitive

diagnosis is established if clinical suspicion is high. *P. jirovecii* persist in clinical specimens for days or weeks after effective therapy is initiated, allowing definitive diagnosis to be established even after initiating therapy.<sup>32</sup>

# **Preventing Exposure**

There are insufficient data to support isolation as standard practice to prevent PCP (**CIII**). *Pneumocystis* can be quantified in the air near people with PCP,<sup>49</sup> and multiple outbreaks, each caused by a distinct strain of *Pneumocystis*, have been documented among kidney transplant patients as well as other immunosuppressed populations.<sup>6-12,50</sup> Although these findings strongly suggest that isolating people with known PCP from people at high risk for PCP may be beneficial, no study to date has documented the benefit of such an approach.

# **Preventing Disease**

## Recommendations for Preventing First Episode of *Pneumocystis* Pneumonia (Primary Prophylaxis)

#### Indications for Initiating Primary Prophylaxis

- CD4 count 100-200 cells/mm3, if plasma HIV RNA level above detection limits (AI), or
- CD4 count <100 cells/mm³, regardless of plasma HIV RNA level (AIII)
- Note: Patients who are receiving pyrimethamine-sulfadiazine for treatment or suppression of toxoplasmosis do not require additional prophylaxis for PCP (AII).

#### **Preferred Therapy**

- TMP-SMX, 1 DS tablet PO daily (AI), or
- TMP-SMX, 1 SS tablet PO daily (AI)
- Note: TMP-SMX also confers protection against toxoplasmosis and some protection against many respiratory bacterial
  infections.

#### Alternative Therapy

- The following regimens can be used for people who are seropositive or seronegative for *Toxoplasma gondii*:
  - TMP-SMX 1 DS tablet PO three times weekly (BI), or
  - o Dapsone<sup>a</sup> 50 mg PO daily with pyrimethamine 50 mg plus leucovorin 25 mg PO weekly (BI), or
  - Dapsone<sup>a</sup> 200 mg plus pyrimethamine 75 mg plus leucovorin 25 mg PO weekly (BI), or
  - Atovaguone 1,500 mg PO daily with food (BI)
- The following regimens should only be used in people who are seronegative for *Toxoplasma gondii*:
  - o Dapsone<sup>a</sup> 100 mg PO daily or dapsone 50 mg PO twice a day (BI), or
  - Aerosolized pentamidine 300 mg via Respirgard II nebulizer every month (BI), or
  - Intravenous pentamidine 300 mg every 28 days (CIII)

#### Indication for Discontinuing Primary Prophylaxis

- CD4 count increased from <200 cells/mm³ to ≥200 cells/mm³ for ≥3 months in response to ART (AI)</li>
- Can consider when CD4 count is 100–200 cells/mm³ and HIV RNA remains below limit of detection of the assay used for ≥3 to 6 months (BII)

## Indication for Restarting Primary Prophylaxis

- CD4 count <100 cells/mm3 regardless of HIV RNA (AIII)
- CD4 count 100–200 cells/mm³ and HIV RNA consistently above detection limit of the assay used (AIII)

## **Pre-pregnancy and Pregnancy Considerations**

- Clinicians who are providing pre-pregnancy care for people with HIV receiving PCP prophylaxis can discuss the option of deferring pregnancy until PCP prophylaxis can be safely discontinued with their patients (BIII).
- Chemoprophylaxis for PCP should be administered to pregnant adults and adolescents as for nonpregnant adults and
  adolescents (AIII). TMP-SMX is the recommended prophylactic agent (AIII). Clinicians should consider giving
  supplemental folic acid 4 mg/day to people who are on TMP-SMX if they are capable of becoming pregnant prior to
  pregnancy or as soon as possible in their first trimester (BIII).
- Given theoretical concerns about possible teratogenicity associated with first-trimester TMP-SMX exposure, clinicians may consider using alternative prophylactic regimens such as aerosolized pentamidine or oral atovaquone during the first trimester (CIII) rather than withholding chemoprophylaxis.

#### Other Considerations/Comments

- For people with HIV with non-life-threatening adverse reactions to TMP-SMX, the drug should be continued if clinically feasible.
- If TMP-SMX is discontinued because of a mild adverse reaction, reinstitution of therapy should be considered after the reaction has resolved (AII). The dose of TMP-SMX can be increased gradually (desensitization) (BI) or the drug can be given at a reduced dose or frequency (CIII).
- TMP-SMX should be permanently discontinued, with no rechallenge, in people with HIV with life-threatening adverse reactions including suspected or confirmed Stevens-Johnson Syndrome or toxic epidermal necrolysis (AIII). See above for alternative options for primary PCP prophylaxis.

**Key:** ART = antiretroviral therapy; CD4 = CD4 T lymphocyte; DS = double strength; G6PD = glucose-6-phosphate dehydrogenase; PCP = *Pneumocystis* pneumonia; PO = orally; SS = single strength; TMP-SMX = trimethoprim-sulfamethoxazole

# Indication for Primary Prophylaxis

Chemoprophylaxis against PCP should be given to adults and adolescents with HIV (including pregnant people) with CD4 counts <100 cells/mm³ regardless of plasma HIV levels (**AIII**) and those with CD4 counts between 100 and 200 cells/mm³ with plasma HIV RNA levels above detection limits (**AI**).¹³.5¹ Patients receiving pyrimethamine-sulfadiazine for treatment or suppression of toxoplasmosis do not require additional prophylaxis for PCP (**AII**).⁵²

Trimethoprim-sulfamethoxazole (TMP-SMX) is the recommended prophylactic agent for PCP (AI).<sup>51,53-55</sup> One double-strength TMP-SMX tablet daily or one single-strength tablet daily<sup>55</sup> are the preferred regimens (AI); there is greater experience with the double-strength tablet, but the single-strength tablet may be better tolerated. One double-strength TMP-SMX tablet three times weekly is also effective (BI).<sup>56</sup> TMP-SMX confers cross-protection against toxoplasmosis<sup>57</sup> and many respiratory bacterial infections.<sup>53,58</sup> TMP-SMX chemoprophylaxis should be continued, when clinically feasible, in people with HIV who have non-life-threatening adverse reactions. In those who discontinue TMP-SMX because of a mild adverse reaction (e.g., rash without vesicles, bullae, or ulcerations), reinstitution of the drug should be considered after the reaction has resolved (AII).<sup>59</sup> Therapy should be permanently discontinued (with no rechallenge) in people with HIV with life-

<sup>&</sup>lt;sup>a</sup> G6PD levels should be checked before administration of dapsone. An alternative agent should be used if the patient is found to have G6PD deficiency.

threatening adverse reactions, including possible or definite Stevens-Johnson syndrome or toxic epidermal necrolysis (**AIII**). Patients who have experienced adverse events, including fever and rash, may better tolerate reinstitution of TMP-SMX if the dose is gradually increased according to published regimens (**BI**)<sup>60,61</sup> or if the drug is given at a reduced dose or frequency (**CIII**). As many as 70% of people with HIV can tolerate such reinstitution of TMP-SMX therapy.<sup>58</sup>

For people with HIV in whom TMP-SMX use may need to be avoided (e.g., intolerance, severe renal dysfunction, early pregnancy, significant myelosuppression), alternative prophylactic regimens include dapsone (**BI**),<sup>53</sup> dapsone plus pyrimethamine plus leucovorin (**BI**),<sup>62-64</sup> aerosolized pentamidine administered with the Respirgard II nebulizer (manufactured by Marquest; Englewood, Colorado) (**BI**),<sup>54</sup> intravenous (IV) pentamidine (**CIII**),<sup>65-67</sup> and atovaquone (**BI**).<sup>68,69</sup> For people with HIV who are seropositive for *Toxoplasma gondii* and cannot tolerate TMP-SMX, recommended alternatives for prophylaxis against both PCP and toxoplasmosis include dapsone plus pyrimethamine plus leucovorin (**BI**)<sup>62-64</sup> or atovaquone (**CIII**). Dapsone alone and pentamidine (aerosol or IV) have not been shown to have activity against toxoplasmosis, and should only be used in people who are seronegative for anti-*Toxoplasma* antibodies.<sup>57,70,71</sup> Glucose-6-phosphate dehydrogenase (G6PD) levels should be checked prior to starting dapsone, and an alternative regimen should be used if G6PD deficiency is present, given the risks of hemolysis and methemoglobinemia in patients with G6PD deficiency.<sup>72</sup>

The utility of IV pentamidine as PCP prophylaxis has been evaluated primarily in retrospective/observational studies in immunosuppressed patients without HIV, especially in pediatric populations; experience in people with HIV is limited. Aerosolized pentamidine should be administered in an appropriately configured negative pressure room. <sup>73</sup> Pyrimethamine has become extremely expensive and can be difficult to obtain in the United States, and atovaquone has variable and unpredictable bioavailability. Atovaquone is as effective as aerosolized pentamidine <sup>68</sup> or dapsone <sup>69</sup> but substantially more expensive than the other regimens, and less preferred by patients due to the taste of the suspension.

The following regimens **are NOT recommended** as alternatives to TMP-SMX for PCP prophylaxis (AIII):

- Aerosolized pentamidine administered by nebulization devices other than the Respirgard II nebulizer<sup>74</sup>
- Oral clindamycin plus primaquine, given that this regimen has not been studied for PCP prophylaxis, and clindamycin alone was poorly tolerated as a potential prophylactic regimen for toxoplasmosis.<sup>75</sup>

# Discontinuing Primary Prophylaxis

Primary *Pneumocystis* prophylaxis should be discontinued in adult and adolescent people with HIV who have responded to ART with an increase in CD4 counts from <200 cells/mm³ to ≥200 cells/mm³ for ≥3 months (**AI**). In observational and randomized studies whose findings support this recommendation, most people with HIV had CD4 counts >200 cells/mm³ for >3 months before discontinuing PCP prophylaxis. <sup>76-85</sup> At discontinuation of prophylaxis, the median CD4 count was >300 cells/mm³, most participants had a CD4 cell percentage ≥14%, and many had sustained suppression of HIV plasma RNA levels below detection limits for the assay employed. Median follow-up was 6 to 19 months.

A combined analysis of European cohorts, <sup>86,87</sup> a small randomized trial, <sup>88</sup> and a case series <sup>89</sup> found a low incidence of PCP in people with HIV with CD4 counts between 100 cells/mm³ and 200 cells/mm³, who were receiving ART and had HIV plasma viral loads <50 to <400 copies/mL, and who had stopped or never received PCP prophylaxis; this suggests that primary and secondary PCP prophylaxis can be safely discontinued in people with HIV with CD4 counts between 100 cells/mm³ to 200 cells/mm³ and HIV plasma RNA levels below limits of detection of commercial assays. Data on which to base specific recommendations are inadequate, but some clinicians would stop primary prophylaxis in people with HIV with CD4 counts of 100 cells/mm³ to 200 cells/mm³ if HIV plasma RNA levels remain below limits of detection for ≥3 months to 6 months (**BII**). Similar observations have been made with regard to stopping primary prophylaxis for *Toxoplasma* encephalitis. <sup>90</sup>

Prophylaxis should be reintroduced if the patient's CD4 count decreases to 100 to 200 cells/mm<sup>3</sup> in the setting of sustained increases in plasma HIV RNA levels (**AIII**) and in any people with HIV whose CD4 count drops to <100 cells/mm<sup>3</sup> (**AIII**).

# **Treating Disease**

# Recommendations for Treating Pneumocystis Pneumonia

People with HIV who develop PCP despite TMP-SMX prophylaxis usually can be treated effectively with standard doses of TMP-SMX (BIII).

If not already started, ART should be initiated in patients within 2 weeks of diagnosis of PCP, if possible (AI).

#### For Moderate-to-Severe PCP

Preferred Therapy

• TMP-SMX: (TMP 15–20 mg/kg/day and SMX 75–100 mg/kg/day) IV given in divided doses every 6 or 8 hours (AI); may switch to PO formulation after clinical improvement (AI)

Alternative Therapy

- Primaquine<sup>a</sup> 30 mg (base) PO once daily plus clindamycin (IV [600 mg every 6 hours or 900 mg every 8 hours] or PO [450 mg every 6 hours or 600 mg every 8 hours]) (AI), or
- Pentamidine 4 mg/kg IV once daily infused over ≥60 minutes (AI); may reduce the dose to pentamidine 3 mg/kg IV once daily in the event of toxicities (BI)
- Note: Some clinicians prefer primaquine plus clindamycin because it is more effective and less toxic than pentamidine.

Adjunctive Corticosteroids For Moderate-to-Severe PCP Based on the Following Criteria (AI)

- PaO<sub>2</sub> < 70 mmHg at room air, or
- A-a gradient ≥35 mmHg

Corticosteroid Dosing Schedule

- Prednisone doses (beginning as soon as possible and ideally within 72 hours of initiating PCP therapy) (AI)
  - o Days 1-5: 40 mg PO twice daily
  - o Days 6-10: 40 mg PO daily
  - o Days 11-21: 20 mg PO daily
- IV methylprednisolone can be given as 80% of prednisone dose.

• Benefit of corticosteroid if started after 72 hours of treatment is unknown, but some clinicians will use it for moderate-to-severe PCP (BIII).

#### For Mild-to-Moderate PCP

Preferred Therapy

- TMP-SMX: (TMP 15-20 mg/kg/day and SMX 75-100 mg/kg)/day) PO given in three divided doses (AI), or
- TMP-SMX, two DS tablets PO three times daily (AI)

Alternative Therapy

- Dapsonea 100 mg PO daily plus TMP 15 mg/kg/day PO given in three divided doses (BI), or
- Primaquine<sup>a</sup> 30 mg (base) PO daily plus clindamycin PO (450 mg every 6 hours or 600 mg every 8 hours) (BI), or
- Atovaquone 750 mg PO twice daily with food (BI)

#### **Duration of Therapy**

- The recommended duration of therapy (irrespective of regimen) is 21 days (AII).
- Secondary prophylaxis should be initiated immediately after completion of treatment (see Recurrence table below).

## **Pregnancy Considerations**

## For Moderate-to-Severe PCP

Preferred Therapy

- TMP-SMX, regardless of disease (AI)
- Although a small increased risk of birth defects may be associated with first-trimester exposure to trimethoprim, people in their first trimester with PCP should be treated with TMP-SMX because of its considerable benefit in reducing morbidity and mortality, which outweighs potential risk (AIII).
- Clinicians should consider giving supplemental folic acid 4 mg/day to people who are on TMP-SMX before pregnancy if they are capable of becoming pregnant, or as soon as possible in their first trimester (BIII). Doses of supplemental folic acid of 4 mg/day should be limited to the first trimester during the teratogenic window and can be reduced to 0.4 mg at 12 weeks continuing to 4–6 weeks postpartum or discontinuation of breastfeeding (AIII).
- Whether or not a person receives supplemental folic acid during the first trimester, a follow-up ultrasound is recommended at 18 weeks to 20 weeks to assess fetal anatomy with consideration for follow-up scans subsequently (BIII).

Alternative Therapy

- IV pentamidine (BIII)
- If other alternatives are not available or tolerated, primaquine plus clindamycin (BIII)
  - o Because of concerns about hemolytic anemia in exposed fetuses who are G6PD deficient (which cannot be diagnosed antenatally), primaquine (plus clindamycin) should be used in pregnancy only if other alternatives are not available or tolerated and benefit is felt to outweigh the risk (AIII).

#### For Mild-to-Moderate PCP

Preferred Therapy

• TMP-SMX, regardless of disease (AI)

Alternative Therapy

- Atovaguone suspension (BIII)
- If atovaguone is not available or tolerated, dapsone plus TMX (BIII)

o Because of concerns about hemolytic anemia in exposed fetuses who are G6PD deficient, primaquine or dapsone should be used in pregnancy only if other alternatives are not available or tolerated and benefit is felt to outweigh the risk (AIII).

**Note:** As with nonpregnant adults, G6PD levels should be checked before administration of primaquine or dapsone. While the G6PD level in a fetus generally is unknown during pregnancy, G6PD deficiency is an X-linked inherited condition and primaguine or dapsone can be considered if both the pregnant person and biologic father have normal G6PD activity.

#### Adjunctive Corticosteroid Therapy

- Adjunctive corticosteroid therapy should be used to improve the pregnant person's treatment outcome as indicated in nonpregnant adults (AIII). Maternal glucose levels and blood pressure should be monitored closely when corticosteroids are used in pregnancy, as well as fetal growth (AIII).
- Pregnant persons who are on chronic steroid therapy during pregnancy for non-hypothalamic-pituitary-adrenal axis
  disorders do not need stress doses of steroids for vaginal or cesarean delivery but should be continued on their therapeutic
  dose of steroids without interruption (BIII).

#### Other Considerations/Comments

- For people with HIV with non-life-threatening adverse reactions to TMP-SMX, the drug should be continued if clinically feasible.
- If TMP-SMX is discontinued because of a mild adverse reaction, reinstitution of therapy should be considered after the reaction has resolved (AII). The dose of TMP-SMX can be increased gradually (desensitization) (BI) or the drug can be given at a reduced dose or frequency (CIII).
- TMP-SMX should be permanently discontinued, with no rechallenge, in people with HIV with life-threatening adverse
  reactions including suspected or confirmed Stevens-Johnson Syndrome or toxic epidermal necrolysis (AIII). See above for
  alternative options for PCP treatment.

**Key:** A-a gradient = alveolar-arterial gradient; ART = antiretroviral therapy; DS = double strength; G6PD = glucose-6-phosphate dehydrogenase; IV = intravenously; PaO<sub>2</sub> = room air arterial oxygen partial pressure; PCP = *Pneumocystis* pneumonia; PO = orally; SMX = sulfamethoxazole; TMP = trimethoprim; TMP-SMX = trimethoprim-sulfamethoxazole

TMP-SMX is the treatment of choice for PCP (AI). Standard doses are summarized in the table above; lower doses may also be effective, potentially with less toxicity, though randomized controlled data addressing this possibility are unavailable. The dose must be adjusted for abnormal renal function. Multiple randomized clinical trials indicate that TMP-SMX is as effective as parenteral pentamidine and more effective than other regimens for PCP treatment. Adding leucovorin to prevent myelosuppression during acute treatment is not recommended because efficacy in preventing this toxicity is questionable and some evidence exists for a higher failure rate in preventing PCP (AII). Outpatient therapy with oral TMP-SMX is highly effective in people with HIV with mild-to-moderate PCP (AI). TMP-SMX should be permanently discontinued (with no rechallenge) in people with HIV who experience life-threatening adverse reactions including possible or definite Stevens-Johnson syndrome or toxic epidermal necrolysis (AIII).

Mutations associated with resistance to sulfa drugs have been documented, but their effect on clinical outcome is uncertain. 96-99 Patients who have PCP despite TMP-SMX prophylaxis usually can be treated effectively with standard doses of TMP-SMX (**BIII**).

Patients with documented or suspected PCP and moderate-to-severe disease, defined by room air  $PaO_2 < 70$  mmHg or A-a gradient  $\ge 35$  mmHg, should receive adjunctive corticosteroids as soon as possible and certainly within 72 hours after starting specific PCP therapy (AI). The benefits of starting steroids later are unclear, but most clinicians would administer them even after 72 hours for

<sup>&</sup>lt;sup>a</sup> G6PD levels should be checked before administration of dapsone or primaquine. An alternative agent should be used if the patient is found to have G6PD deficiency.

people with HIV who have moderate-to-severe PCP (**BIII**). Intravenous methylprednisolone at 80% of the corresponding oral prednisone dose can be used if parenteral administration is necessary.

Alternative therapeutic regimens for mild-to-moderate disease include: dapsone plus trimethoprim (TMP) (**BI**),  $^{92,106}$  which may have efficacy similar to TMP-SMX with fewer side effects, but is less convenient given the number of pills; primaquine plus clindamycin (**BI**) $^{107-109}$  (clindamycin can be administered IV for more severe cases, but primaquine is only available in an oral formulation); and atovaquone suspension (**BI**),  $^{91,110}$  which is less effective than TMP-SMX for mild-to-moderate PCP but has fewer side effects. Clinicians should be aware that the absorption of atovaquone is highly variable; plasma concentrations  $\geq 15 \,\mu\text{g/mL}$  are associated with an improved response rate, but atovaquone therapeutic drug monitoring is not routinely available.  $^{91,111}$  People with HIV should be tested for G6PD levels before primaquine or dapsone is administered. An alternative agent should be used if the patient is found to have G6PD deficiency.

Alternative therapeutic regimens for people with HIV who have moderate-to-severe PCP include primaquine plus clindamycin (**AI**) or IV pentamidine (**AI**). Some clinicians prefer primaquine plus clindamycin because this combination is more effective and less toxic than pentamidine. 109,114-116

Aerosolized pentamidine **should not be used** to treat PCP because it has limited efficacy and is associated with more frequent relapse (AI). 112,117,118

The recommended duration of therapy for PCP (irrespective of regimen) is 21 days (**AII**)<sup>19</sup>; shorter durations may also be effective but have not been systematically studied.<sup>119</sup> The probability and rate of response to therapy depend on the agent used, number of previous PCP episodes, severity of pulmonary illness, degree of immunodeficiency, timing of initiation of therapy, and comorbidities.

Although the overall prognosis for people with HIV with PCP-associated respiratory failure is poor, over the past decades, survival for people with HIV who require intensive care unit (ICU) care has improved as management of respiratory failure and HIV comorbidities has improved. Special attention is necessary regarding the use of ART in such critically ill patients. 124

# Special Considerations With Regards to Starting ART (Including IRIS)

If not already started, ART should be initiated in patients, when possible, within 2 weeks of PCP diagnosis (AI). In a randomized controlled trial of 282 people with HIV with opportunistic infections (OIs) other than TB, 63% of whom had definite or presumptive PCP, the incidence of AIDS progression or death (a secondary study endpoint) was significantly lower among participants who initiated ART early than among those who delayed ART (median 12 days and 45 days after OI therapy initiation, respectively). <sup>125</sup> Of note, none of the participants with PCP enrolled in the study had respiratory failure requiring intubation. <sup>125</sup> Initiating ART in such people with HIV can be managed with attention to formulations that can be crushed for administration, awareness of the unpredictable absorption of oral medications, and potential drug—drug or drug—nutrient interactions commonly encountered in the ICU. <sup>126</sup>

Paradoxical immune reconstitution inflammatory syndrome (IRIS) following an episode of PCP is rare but has been reported. Most cases occurred within weeks of the PCP episode; symptoms included fever and recurrence or exacerbation of pulmonary symptoms including cough and shortness of breath, as well as worsening of a previously improving chest radiograph. Although IRIS

in the setting of PCP has rarely been life-threatening, <sup>129</sup> people with HIV should be closely followed for recurrence of symptoms after initiation of ART. Management of PCP-associated IRIS is not well defined; some experts recommend use of corticosteroids in people with HIV with respiratory deterioration if other causes are ruled out.

# Monitoring of Response to Pneumocystis Pneumonia Therapy and Adverse Events

Careful monitoring during PCP therapy is important to evaluate treatment response and to detect toxicity as soon as possible. Follow-up after therapy includes assessment for early relapse, especially if therapy has been with an agent other than TMP-SMX or was shortened because of toxicity.

In people with HIV, rates of adverse reactions to TMP-SMX are high (20% to 85% of patients). 91,92,106,108,113,130-134 Common adverse effects are rash (30% to 55% of patients) (including Stevens-Johnson syndrome), fever (30% to 40% of patients), leukopenia (30% to 40% of patients), thrombocytopenia (15% of patients), azotemia (1% to 5% of patients), hepatitis (20% of patients), hyperkalemia, and rarely, aseptic meningitis. Supportive care for common adverse effects should be attempted before TMP-SMX is discontinued (AIII). Mild rashes (e.g., rash without vesicles, bullae, or ulcerations), nausea, and fever can often be "treated through" with antihistamines, antiemetics, and antipyretics, respectively. 9 High-dose trimethoprim inhibits tubular secretion of creatinine without affecting glomerular filtration rate, and this may be additive with other medications. As noted above, therapy should be permanently discontinued in the setting of life-threatening adverse reactions including possible or definite Stevens-Johnson syndrome or toxic epidermal necrolysis (AIII).

The most common adverse effects of alternative therapies include methemoglobinemia and hemolysis with dapsone or primaquine (especially in those with G6PD deficiency); rash and fever with dapsone 92,106; azotemia, pancreatitis, hypoglycemia or hyperglycemia, leukopenia, electrolyte abnormalities, and cardiac dysrhythmia with pentamidine 110,112,113,133; anemia, rash, fever, and diarrhea with primaquine and clindamycin 92,107,108; and headache, nausea, diarrhea, rash, and transaminase elevations with atovaquone. Patients who exhibit persistent hypoxemia despite an apparent positive clinical response should undergo evaluation for methemoglobinemia if they are taking potentially causative medications.

# Managing Treatment Failure

Clinical failure is defined as lack of improvement or worsening of respiratory function documented by arterial blood gases after 4 to 8 days of anti-PCP treatment. Failure attributed to lack of drug efficacy occurs in approximately 10% of people with HIV with mild-to-moderate PCP disease. 91,92 However, there are not any convincing clinical trial data on which to base recommendations for the management of PCP treatment failure due to lack of drug efficacy.

Clinicians should wait 4 to 8 days before switching therapy for lack of clinical improvement (**BIII**). In the absence of corticosteroid therapy, early and reversible deterioration within the first 3 to 5 days of therapy is typical, probably because of the inflammatory response caused by antibiotic-induced lysis of organisms in the lung. Other concomitant infectious and non-infectious processes must be excluded as a cause of clinical failure<sup>28,29</sup>; bronchoscopy with BAL should be strongly considered to evaluate for this possibility, even if bronchoscopy was used to make the initial diagnosis.

Treatment-limiting toxicities occur in up to one-third of patients. Switching to another regimen is the appropriate management for treatment-related toxicity (**BII**). When TMP-SMX is not effective or cannot be used for moderate-to-severe disease because of toxicity, the common practice is to use parenteral pentamidine (**BII**) or oral primaquine combined with IV clindamycin (**BII**). For mild disease, atovaquone is a reasonable alternative (**BII**). Although a meta-analysis, systematic review, and cohort study concluded that the combination of primaquine and clindamycin might be the most effective regimen for salvage therapy, 109,115,116 no prospective clinical trials have evaluated the optimal approach for people with HIV who experience a therapy failure with TMP-SMX.

# **Preventing Recurrence**

## Recommendations for Preventing Recurrence of *Pneumocystis* Pneumonia (Secondary Prophylaxis)

## Indications for Initiating Secondary Prophylaxis

Prior PCP

#### Preferred Therapy

- TMP-SMX, 1 DS tablet PO dailya (AI), or
- TMP-SMX, 1 SS tablet PO dailya (AI)
- Note: TMP-SMX also confers protection against toxoplasmosis and some protection against many respiratory bacterial infections. Patients who are receiving pyrimethamine/sulfadiazine for treatment or suppression of toxoplasmosis do not require additional prophylaxis for PCP (AII).

#### Alternative Therapy

- The following regimens can be used for people who are seropositive or seronegative for *Toxoplasma gondii*:
  - o TMP-SMX one DS tablet PO three times weekly (BI), or
  - o Dapsone<sup>a</sup> 50 mg PO daily with pyrimethamine 50 mg plus leucovorin 25 mg PO weekly (BI), or
  - Dapsone<sup>a</sup> 200 mg plus pyrimethamine 75 mg plus leucovorin 25 mg PO weekly (BI), or
  - Atovaguone 1,500 mg PO daily with food (BI)
- The following regimens should only be used in people who are seronegative for Toxoplasma gondii:
  - o Dapsone<sup>a</sup> 100 mg PO daily (BI), or
  - Aerosolized pentamidine 300 mg via Respirgard II nebulizer every month (BI), or
  - Intravenous pentamidine 300 mg every 28 days (CIII)

## Indications for Discontinuing Secondary Prophylaxis

- CD4 count increased from <200 cells/mm³ to ≥200 cells/mm³ for ≥3 months as a result of ART (All), or</li>
- Can consider if CD4 count is 100–200 cells/mm³ and HIV RNA remains below limits of detection of assay used for 3 to 6 months (BII)
- For people with HIV in whom PCP occurs at a CD4 count >200 cells/mm³ while not on ART, discontinuation of prophylaxis can be considered once HIV RNA levels are suppressed to below limits of detection of the assay used for ≥3 to 6 months, although there are no data to support recommendations in this setting (CIII).
- Note: If an episode of PCP occurs at a CD4 count >200 cells/mm³ while a patient is on ART, it would be prudent to continue PCP prophylaxis for life, especially with plasma HIV RNA below level of detection, regardless of how high the CD4 cell count rises as a consequence of ART (BIII).

## Indications for Restarting Secondary Prophylaxis

- CD4 count <100 cells/mm3 regardless of HIV RNA (AIII), or
- CD4 count 100–200 cells/mm³ and HIV RNA above detection limit of the assay used (AIII)

## **Pre-pregnancy and Pregnancy Considerations**

- Clinicians who are providing pre-pregnancy care for people with HIV receiving PCP prophylaxis can discuss with their patients the option of deferring pregnancy until PCP prophylaxis can be safely discontinued (BIII) due to potential concerns about possible adverse effects of trimethoprim on the fetus.
- Persons of childbearing potential who choose not to defer pregnancy while on TMP-SMX should consider increasing the dose of folic acid to 4 mg/day (BIII).
- Chemoprophylaxis for PCP should be administered to pregnant adults and adolescents as for nonpregnant adults and adolescents (AIII). TMP-SMX is the recommended prophylactic agent (AIII). Clinicians should consider giving supplemental folic acid 4 mg/day to people in their first trimester who are on TMP-SMX (BIII).
- Given theoretical concerns about possible teratogenicity associated with first-trimester TMP-SMX exposures, alternative
  prophylactic regimens such as aerosolized pentamidine or oral atovaquone can be used in during the first trimester (BII).
- Dapsone should be used in the first trimester only if the other alternatives are not available or tolerated due to concerns about hemolytic anemia in mothers or exposed fetuses (BIII).

Note regarding G6PD deficiency and use of primaquine or dapsone in pregnancy: As with nonpregnant adults, G6PD levels should be checked before administration of primaquine or dapsone. While G6PD level in a fetus are generally unknown during pregnancy, G6PD deficiency is an X-linked inherited condition and primaquine or dapsone can be considered if both the pregnant person and biologic father have normal G6PD activity.

#### Other Considerations/Comments

- For people with HIV with non-life-threatening adverse reactions to TMP-SMX, the drug should be continued if clinically feasible.
- If TMP-SMX is discontinued because of a mild adverse reaction, reinstitution of therapy should be considered after the reaction has resolved (AII). The dose of TMP-SMX can be increased gradually (desensitization) (BI) or the drug can be given at a reduced dose or frequency (CIII).
- TMP-SMX should be permanently discontinued, with no rechallenge, in people with HIV with life-threatening adverse events, *including* suspected or confirmed Stevens-Johnson Syndrome or toxic epidermal necrolysis (AIII). See above for alternative options for secondary PCP prophylaxis.

**Key:** ART = antiretroviral therapy; CD4 = CD4 T lymphocyte cell; DS = double strength; G6PD = glucose-6-phosphate dehydrogenase; IV = intravenously; PCP = *Pneumocystis* pneumonia; PO = orally; SS = single strength; TMP-SMX = trimethoprim-sulfamethoxazole

# When to Start Secondary Prophylaxis

Secondary PCP prophylaxis with TMP-SMX should be initiated immediately upon successful completion of PCP therapy and maintained until immune reconstitution occurs as a result of ART (see below) (AI).<sup>135</sup> For people with HIV who are intolerant of TMP-SMX, the alternatives are dapsone (BI), dapsone plus pyrimethamine plus leucovorin (BI), atovaquone (BI), and aerosolized (BI) or IV pentamidine (CIII).

<sup>&</sup>lt;sup>a</sup> Whenever possible, people with HIV should be tested for G6PD deficiency before administration of dapsone. An alternative agent should be used if the patient is found to have G6PD deficiency.

## When to Stop Secondary Prophylaxis

Secondary prophylaxis should be discontinued in adult and adolescent patients whose CD4 counts have increased from <200 cells mm³ to ≥200 cells mm³ for ≥3 months as a result of ART (**AII**). Reports from observational studies<sup>77,83,136,137</sup> and from two randomized trials<sup>84,138</sup> and a combined analysis of European cohorts being followed prospectively<sup>139,140</sup> support this recommendation. In these studies, people with HIV responded to ART with an increase in CD4 counts to ≥200 cells/mm³ for ≥3 months. At the time secondary PCP prophylaxis was discontinued, the median CD4 count was >300 cells/mm³ and most people with HIV had a CD4 cell percentage >14%. Most people with HIV had sustained suppression of plasma HIV RNA levels below the limits of detection for the assay employed; the longest follow-up was 40 months. Based on results from the COHERE study, secondary prophylaxis in people with HIV with CD4 counts of 100 cells/mm³ to 200 cells/mm³ can potentially be discontinued if HIV plasma RNA levels remain below limits of detection for 3 to 6 months (**BII**). <sup>141</sup>

## When to Restart Primary or Secondary Prophylaxis

Primary or secondary PCP prophylaxis should be reintroduced if the patient's CD4 count decreases to <100 cells/mm³ (**AIII**) regardless of the HIV plasma viral load. Prophylaxis should also be reintroduced for people with HIV with CD4 counts of 100 cells/mm³ to 200 cells/mm³ with HIV plasma viral load above detection limits of the assay used (**AIII**). Based on results from the COHERE study, primary or secondary PCP prophylaxis may not need to be restarted in people with HIV with CD4 counts of 100 cells/mm³ to 200 cells/mm³ who have had HIV plasma RNA levels below limits of detection for 3 to 6 months (**BII**). <sup>86,139</sup>

If an episode of PCP occurs at a CD4 count >200 cells/mm³ while a patient is on ART, it would be prudent for the patient to continue PCP prophylaxis for life, regardless of how high their CD4 cell count rises as a consequence of ART (**BIII**). For people with HIV in whom PCP occurs at a CD4 count >200 cells/mm³ while not on ART, discontinuation of prophylaxis can be considered once HIV plasma RNA levels are suppressed to below limits of detection for 3 to 6 months, although there are no data to support recommendations in this setting (**CIII**).

# **Special Considerations Regarding Pregnancy**

Some data suggest an increased risk of PCP-associated mortality in pregnancy. All-cause pneumonia during pregnancy increases rates of preterm labor and delivery. All-cause

People at >20 weeks gestation who have PCP should be closely monitored for signs or symptoms of preterm labor (e.g., abdominal cramping, uterine tightening, fluid leakage) (BIII).

# Pre-pregnancy Care

Clinicians who are providing pre-pregnancy care for people with HIV receiving PCP prophylaxis can discuss with their patients the option of deferring pregnancy until PCP prophylaxis can be safely discontinued (**BIII**) due to concerns about possible adverse effects of trimethoprim on the fetus (see the Primary and Secondary Prophylaxis section below). All persons of childbearing potential should take supplemental folic acid at a dose of 0.4 mg/day (**AI**); those who choose not to defer pregnancy while on TMP-SMX should consider increasing the dose of folic acid to 4 mg/day (**BIII**) (see below).

# Pregnancy Care

Note: Specific drugs recommended for prophylaxis are discussed in the section on Primary and Secondary Prophylaxis. This information is not repeated in the Treating Disease section and only medications recommended exclusively for treatment are discussed in this section.

#### **Primary and Secondary Prophylaxis**

Chemoprophylaxis for PCP should be administered to pregnant adults and adolescents as for nonpregnant adults and adolescents (AIII). The preferred regimen for prophylaxis is TMP-SMX (AIII). Given concerns about possible teratogenicity associated with first-trimester TMP-SMX exposure, alternative prophylactic regimens such as aerosolized pentamidine or oral atovaquone can be used during the first trimester (BII). Dapsone should be used in the first trimester only if the other alternatives are not available or tolerated due to concerns about hemolytic anemia in pregnant persons or exposed fetuses (BIII). As with nonpregnant adults, G6PD levels should be checked before dapsone administration.

No adequate and well-controlled large studies of pregnancy outcomes after exposure to sulfamethoxazole and trimethoprim have been published. Trimethoprim is classified as a folic acid antagonist, acting as a dihydrofolate reductase inhibitor; older case-control studies found that firsttrimester exposure has been associated with an increased risk of neural tube defects and cardiovascular, oral clefts, urinary tract, and multiple anomalies. 144-146 A systematic review and metaanalysis in 2014, including 24 studies, <sup>147</sup> reported congenital anomalies in 232 infants among 4,196 women receiving TMP-SMX in pregnancy, with a pooled prevalence of 3.5% (95% confidence interval [CI], 1.8% to 5.1%) and three studies reported 31 infants with neural tube defects associated with first-trimester exposure, with a crude prevalence of 0.7% (95% CI, 0.5% to 1.0%). The quality of the evidence was considered very low and the authors supported continued recommendation for TMP-SMX when indicated for pregnant persons with HIV. A recent systematic review of antimicrobials used for management of plague during pregnancy included 23,602 prenatal exposures to TMP-SMX found that first-trimester exposure was associated with an increased risk of neural tube defects (pooled odds ratio [OR] 2.5; 95% CI, 1.4–4.3). <sup>148</sup> This study also found increased odds of spontaneous abortion (OR 3.5; 95% CI, 2.3–5.6), preterm delivery (OR 1.5; 95% CI, 1.1–2.1) and the fetus being small for gestational age (OR 1.6; 95% CI, 1.2–2.2). In a nested case-control study (n = 77,429; 7,039) cases of spontaneous abortion) based on prescription fills, first-trimester exposure to TMP-SMX, after adjusting for potential confounders, was associated with increased odds of spontaneous abortion (adjusted odds ratio [aOR] 2.94, 95% CI, 1.89–4.57, including 25 exposed cases and 77 controls). 149 Exposure to TMP-SMX in the last two trimesters of pregnancy was associated with low birth weight, adjusted for gestational age and gender (OR 1.61; 95% CI, 1.16–2.23) in a case-control study within the Quebec Pregnancy Registry (8,192 cases, 55,146 controls). <sup>150</sup> Data from a large Canadian administrative database was used to retrospectively compare the occurrence of placenta-mediated adverse pregnancy outcomes between pregnant women exposed to folic acid antagonists and women without exposure to these agents. <sup>151</sup> TMP-SMX was the most frequently prescribed dihydrofolate reductase inhibitor (11,386 exposures during the preconception period and all three trimesters compared to 45,456 unexposed women) and exposure was associated with increased odds of preeclampsia (aOR 1.13; 95% CI, 1.01–1.26), placental abruption (aOR 1.26; 95% CI, 1.03–1.55), and fetal growth restriction defined as less than the third percentile (aOR 1.20; 95% CI, 1.07–1.33).

Folic acid supplementation at 0.4 mg/day is routinely recommended for all women of reproductive potential, <sup>152</sup> to reduce the risk of neural tube defects (AI). Since neural tube closure occurs early in pregnancy, often before pregnancy is diagnosed, all persons planning a pregnancy or with reproductive potential should take daily folic acid supplementation. There is also evidence that folic acid supplementation may decrease risk of congenital heart defects, cleft lip and palate, <sup>153</sup> preterm birth, <sup>154</sup> low birth weight, and the fetus being small for gestational age. <sup>155,156</sup> There are no trials evaluating whether supplementation at higher levels (e.g., 4 mg/day as recommended for pregnant women who previously had an infant with a neural tube defect) would reduce the risk of birth defects associated with first-trimester TMP-SMX use. A multicenter double-blind randomized clinical trial in women of childbearing age who planned pregnancy within 12 months failed to show an advantage of folic acid 4 mg versus 0.4 mg daily on the occurrence of congenital malformations; however, the higher dose was associated with lower occurrence of spontaneous abortion, the fetus being small for gestational age, and preterm delivery.<sup>157</sup> The authors noted that the study was underpowered for the outcome of congenital malformations.<sup>157</sup> Other studies have found that higher doses of folic acid (4–6 mg/day) are associated with less frequent neural tube defects, oral clefts, and recurrent preeclampsia. 158-160 In a large, population-based, case-control study, the increased odds of congenital cardiovascular anomalies associated with TMP-SMX use in pregnancy were not seen in women also receiving folic acid supplementation, most of whom received folic acid 6 mg/day (OR 1.24; 95% CI, 0.94-1.62). 144

Although the risk of multiple congenital abnormalities associated with TMP-SMX use persisted despite supplemental folic acid, the OR decreased from 6.4 for TMP-SMX without folic acid to 1.9 for TMP-SMX plus folic acid. Based on these findings, with the suggestion of a dose-response effect of folic acid supplementation and the known effects of TMP-SMX as a folic acid antagonist, clinicians should consider giving supplemental folic acid 4 mg/day to people who are on TMP-SMX prior to pregnancy in those who are capable of becoming pregnant, or as soon as possible in the first trimester in those who are pregnant (BIII). Leucovorin (folinic acid) is an active form of folate and is commonly used to counteract the effect of folic acid antagonists, especially as an adjunct in the treatment of various cancers. However, it is chemically different from folic acid and is not interchangeable. A randomized, controlled trial demonstrated that adding leucovorin to TMP-SMX for the treatment of PCP was associated with an increased risk of therapeutic failure and death. 95 In addition, there are case reports of failure of TMP-SMX prophylaxis in the setting of concurrent leucovorin use. 161 If a higher dose of supplemental folic acid is given, its use should be limited to the first trimester (AIII). Whether or not a person receives supplemental folic acid during the first trimester, a follow-up ultrasound is recommended at 18 weeks to 20 weeks to assess fetal anatomy with consideration for subsequent follow-up scans (BIII).

Although historically there has been concern about the risk of neonatal kernicterus in the setting of maternal sulfonamide or dapsone use near delivery, reviews have found no cases of kernicterus reported in neonates after maternal ingestion of sulfonamides or with the use of TMP-SMX in neonates. 162-164 For several decades, dapsone has been used safely to treat leprosy, malaria, and various dermatologic conditions during pregnancy. 165,166 Long-term therapy is associated with a risk of mild maternal hemolysis, and exposed fetuses with G6PD deficiency are at potential risk (albeit extremely low) of acute hemolytic anemia. 167

Data on atovaquone in human pregnancy are limited but preclinical studies have not demonstrated teratogenicity in rats or rabbits at plasma concentrations corresponding to estimated human exposure during malaria treatment. A systematic review of the safety of atovaquone-prognanil for the prevention and treatment of malaria in pregnancy found miscarriages in 21 of 260 women (8.08%;

95% CI, 5.07% to 12.08%) and congenital anomalies in 11 of 430 women (2.56%; 95% CI, 1.28% to 4.53%), both well within expected rates. When considering only results from this one randomized clinical trial of atovaquone-prognanil, there was no significant difference in these outcomes when compared to quinine, although the number was extremely small (n = 81).

Pentamidine is embryotoxic but not teratogenic in rats and rabbits.<sup>171</sup> There is limited experience with systemic use in human pregnancy and no human studies of pregnancy outcomes after exposure to pentamidine have been published. It is unknown if pentamidine crosses the placental barrier at significant concentrations when administered via the aerosolized route. Given anecdotal experience to date during pregnancy without signs of adverse effects or teratogenicity, pentamidine should be considered an alternative when indicated either via aerosolized or IV route.

## **Treating Disease**

The preferred initial therapy for PCP during pregnancy, regardless of disease severity, is TMP-SMX (AI). 134

Although a small increased risk of birth defects may be associated with first-trimester exposure to trimethoprim, people with PCP in the first trimester should be treated with TMP-SMX because of its considerable benefit in reducing morbidity and mortality, which outweighs the potential risk (AIII). Clinicians should consider giving supplemental folic acid 4 mg/day to people who are on TMP-SMX and capable of pregnancy or as soon as possible in the first trimester (BIII). Doses of supplemental folic acid of 4 mg/day should be limited to the first trimester during the teratogenic window and can be reduced to 0.4 mg at 12 weeks continuing to 4 to 6 weeks postpartum or discontinuation of breastfeeding (AIII).

If an alternative therapeutic regimen is required for moderate-to-severe PCP, IV pentamidine is preferred (**BIII**). Primaquine plus clindamycin should be used only if other alternatives are not available or tolerated (**BIII**). If an alternative therapeutic regimen is required for mild-to-moderate PCP, atovaquone suspension is preferred (**BIII**); dapsone plus TMP can be used if atovaquone is not available or tolerated (**BIII**). As with nonpregnant adults, G6PD levels should be checked before administration of dapsone. Because of concerns about hemolytic anemia in exposed fetuses who are G6PD-deficient (which cannot be diagnosed antenatally), primaquine or dapsone should be used in pregnancy only if other alternatives are not available or tolerated and benefit is felt to outweigh the risk (**AIII**).

Adjunctive corticosteroid therapy should be used to improve the mother's treatment outcome as indicated in nonpregnant adults (AIII). Patients with documented or suspected PCP and moderate-to-severe disease, as defined by room air  $PO_2 < 70$  mmHg or A-a gradient  $PO_2 \ge 35$  mmHg, should receive adjunctive corticosteroids as early as possible. Corticosteroids have commonly been used in pregnancy for autoimmune conditions and are considered low risk for use in pregnancy. Although an earlier systematic review of case-control studies evaluating women with first-trimester exposure to corticosteroids found a 3.4-fold increase in the odds of delivering a baby with an oral cleft, The more recent data from a prospective controlled study in Israel, a large population-based registry in Sweden, The and an updated analysis from the National Birth Defect Prevention Study, The have failed to demonstrate an association between first-trimester corticosteroids and major congenital anomalies, including orofacial clefts. A recent systematic review and meta-analysis also found no association between first-trimester corticosteroid exposure and risk of congenital heart defects.

hypertension, preeclampsia, hyperglycemia, premature rupture of membranes, intrauterine growth restriction, <sup>182</sup> and infection, although the magnitude is not known. <sup>183</sup>

Maternal glucose levels and blood pressure as well as fetal growth should be monitored closely when corticosteroids are used in pregnancy (AIII). Based on available observational data from pregnant and nonpregnant surgical patients, pregnant persons who are on chronic steroid therapy during pregnancy for non-hypothalamic-pituitary-adrenal axis disorders do not need stress doses of steroids for vaginal or cesarean delivery, but they should be continued on their therapeutic dose of steroids without interruption (BIII). HPA axis suppression is rarely seen among neonates born to women who received chronic corticosteroids during pregnancy.

Clindamycin is considered safe for use throughout pregnancy (**BIII**). Clindamycin is recommended as an alternative antibiotic for prevention of group B streptococcal disease in newborns and for antimicrobial prophylaxis during cesarean delivery. However, there are no well-controlled studies of clindamycin use in pregnant women during the first trimester. In animal studies, clindamycin was not teratogenic following oral doses up to six times the maximum recommended adult human dose. During clinical trials, the systemic administration of clindamycin to pregnant women during the second and third trimesters did not increase the frequency of congenital abnormalities. However, there are no well-controlled studies of clindamycin use in pregnant women during the second and third trimesters did not increase the frequency of congenital abnormalities.

There are no adequate or well-controlled studies of primaquine use in pregnant women, and animal data is scant. Although some data from animal studies suggest evidence of genotoxicity, as well as fetal abnormalities at doses multiple times the maximal dose in humans, <sup>187</sup> another animal study at doses 0.25 to 3.0 mg/kg early in gestation found no harmful effects on mother or offspring. <sup>188</sup> In an observational study from Brazil, 59 women were found to have been prescribed primaquine for malaria during pregnancy, approximately one-third in the first trimester; no adverse birth outcomes were found, although G6PD testing was not done on the infants. <sup>189</sup> The Centers for Disease Control and Prevention recommend that primaquine not be administered during pregnancy because of the risk of hemolytic anemia in a G6PD-deficient fetus. <sup>190</sup> The degree of intravascular hemolysis appears to be associated with both the dose of primaquine and severity of G6PD deficiency. <sup>168</sup> G6PD deficiency is an X-linked inherited condition and primaquine can be considered if both the pregnant person and biologic father have normal G6PD activity. <sup>191</sup> Primaquine should be used in pregnancy only if other alternatives are not available or tolerated and the benefit is felt to outweigh the risk (**AIII**).

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# Progressive Multifocal Leukoencephalopathy/JC Virus Infection

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## **Epidemiology**

Progressive multifocal leukoencephalopathy (PML) is an opportunistic infection of the central nervous system (CNS), caused by the human polyoma virus JC virus (JCV) and characterized by focal demyelination. <sup>1,2</sup> JCV has a worldwide distribution, and 20% to 70% of people exhibit serologic evidence of exposure by their late teens or as adults. <sup>3-7</sup> Primary JCV infection usually occurs asymptomatically in childhood resulting in a chronic carrier state in most individuals. Viral DNA is detected in the urine of 20% to 30% of healthy adults. <sup>4,8-12</sup>

PML is a rare manifestation of JCV reactivation and characteristically manifests as a complication of HIV-1 infection and other immunocompromising diseases or therapies. <sup>13-16</sup> In recent years, PML has been reported in patients treated with immunomodulatory humanized antibodies, including natalizumab<sup>17</sup> and efalizumab. <sup>18</sup> Concern has been raised about a possible increased risk of PML in persons with HIV (PWH) treated with rituximab for non-Hodgkin lymphoma, <sup>19,20</sup> but PML has not been documented in that setting. PML can occur during chronic immunosuppression after organ transplantation and often has a poor prognosis. <sup>21</sup>

Before the advent of combination antiretroviral therapy (ART), PML developed in 3% to 7% of patients with AIDS<sup>22-24</sup> and was almost invariably fatal; spontaneous remissions were rare.<sup>25</sup> With the widespread use of ART, incidence of PML decreased substantially,<sup>26,27</sup> and mortality in PWH who develop the disease has declined.<sup>28-30</sup> Although most CNS opportunistic infections are effectively prevented when CD4 T lymphocyte (CD4) cell counts are maintained above 100 to 200 cells/mm<sup>3</sup>, PML still occurs occasionally in patients treated with ART.<sup>2,31,32</sup> PML also can develop in the setting of immune reconstitution after ART initiation, which is discussed below.<sup>2,30,33</sup>

#### **Clinical Manifestations**

PML manifests as focal neurological deficits, usually with insidious onset and steady progression. Because the demyelinating lesions can involve different brain regions, specific deficits vary from patient to patient. Although some regions seem to be more favored, any region of the CNS can be involved, including the occipital lobes (hemianopsia), frontal and parietal lobes (aphasia, hemiparesis, and hemisensory deficits), and cerebellar peduncles and deep white matter (dysmetria and ataxia). Spinal cord involvement is rare, and the optic nerves are not involved. Although lesions can be multiple, one lesion is clinically predominant. Initial symptoms and signs usually begin as partial deficits (e.g., weakness in one leg) that worsen over time and involve a larger territory (e.g., evolution to hemiparesis), as individual lesions expand concentrically or along white matter tracts. Less localized clinical syndromes—such as behavioral changes, dementia, or encephalopathy—result from multiple lesions in the setting of PML and are rarely the presenting clinical phenotype. The properties of the presenting clinical phenotype.

The time course of evolving demyelination, with clinical progression over several weeks, often provides a clue to diagnosis because the other major opportunistic focal brain disorders (cerebral toxoplasmosis and primary CNS lymphoma) characteristically progress in hours to days and cerebral

infarcts begin even more abruptly. Nonetheless, PML is sometimes mistaken for an evolving stroke, which, like PML, is bright on diffusion-weighted magnetic resonance imaging (MRI). Focal brain lesion can mimic strokes; however, the progressive course should make this diagnosis less likely, and PML must be considered. Headache and fever are not characteristic of PML, and when present may indicate presence of another opportunistic infection. Seizures occur in nearly 20% of PML cases and are associated with lesions immediately adjacent to the cortex. 36,37

## **Diagnosis**

Initial recognition of PML relies on a combination of clinical and neuroimaging findings: steady progression of focal neurological deficits with MRI almost always demonstrating distinct white matter lesions in areas of the brain corresponding to the clinical deficits. The lesions are hyperintense (white) on T2-weighted and fluid-attenuated inversion recovery sequences and hypointense (dark) on T1-weighted sequences.<sup>2</sup> The T1 findings can be subtle and may help distinguish lesions due to PML from those of other pathologies, including the white matter lesions of HIV encephalitis. A linear, paramagnetic band or rim in the paralesional U-fibers has been described as a common finding in PML and has been proposed to have diagnostic value independent of underlying predisposing disease. Histopathological studies show this band corresponds to iron accumulation within phagocytic cells, although the pathophysiology leading to this remains unclear.<sup>38,39</sup>

Brain imaging with magnetic resonance (MR) or computed tomography is critical to identifying PML and differentiating it from other important treatable diseases that occur in advanced HIV. In contrast to cerebral toxoplasmosis and primary CNS lymphoma, no mass effect or displacement of normal structures is usually evident in PML imaging. Although contrast enhancement is present in 10% to 15% of cases, it is usually sparse with a thin or reticulated appearance adjacent to the edge of the lesions. Exceptions to these characteristic imaging findings can occur when the inflammatory form of PML develops in the setting of immune reconstitution after initiation of ART (see below). Advanced neuroimaging techniques—such as diffusion-weighted imaging (DWI) and MR spectroscopy—may provide additional diagnostic information. 40-42 New PML lesions and the advancing edge of large lesions have a high signal on DWI and a normal-to-low apparent diffusion coefficient, signifying restricted diffusion. These changes relate to regions of active infection and oligodendrocyte swelling. MR spectroscopy can show areas of decreased N-acetylaspartate and increased choline related to axonal loss and cell membrane and myelin breakdown, respectively, with the greatest changes at the center of lesions. 43 Recently, a hyperintense cortical signal seen on MRI scan in non-enhanced T1-weighted cortex images has been associated with seizures complicating inflammatory PML. 37

In most cases of PML, the combined clinical and radiographic presentations support a presumptive diagnosis. Because the primary treatment method for PML is restoring the patient's immune function, confirming the diagnosis is especially important to ensure ART is initiated rapidly.

JCV DNA is virtually never detected in normal cerebrospinal fluid (CSF) samples. Thus, the usual first step in confirming the diagnosis is to test CSF by polymerase chain reaction (PCR) for the presence of JCV DNA. The assay is positive in approximately 70% to 90% of patients not taking ART, for whom a positive result can be considered diagnostic in the appropriate clinical context—namely, subacute onset of focal neurological abnormalities and suggestive imaging findings. <sup>10,44</sup> JCV may be detectable in the CSF of as few as 60% of ART-treated patients. <sup>45</sup> In patients not taking ART, the number of JCV DNA copies can add additional information for prognosis, although the relationship between copy number and prognosis is less clear in patients taking ART. <sup>46,47</sup> CSF analysis can be repeated if JCV PCR is negative yet suspicion of PML remains high and alternative diagnoses have been excluded. Given that in AIDS patients, multiple opportunistic conditions are sometimes encountered, evaluation of CSF is often indicated to rule out *Cryptococcus*, neurosyphilis,

cytomegalovirus encephalitis, varicella-zoster encephalitis, herpes simplex encephalitis, and tuberculosis. Further, CSF PCR analyses for *Toxoplasma* and consideration of Epstein-Barr virus generally associated with primary CNS lymphoma is often indicated with progressive multifocal brain disease in the setting of AIDS. Because JCV DNA viral load in CSF may be very low even with active PML, highly sensitive PCR performance is desirable. Sensitive assays that detect as few as 50 copies/mL are now available, with some research laboratories exceeding this level of sensitivity; detection of JCV virus in CSF in any amount with the appropriate clinical and imaging findings strongly supports the diagnosis of PML.<sup>48</sup> Analysis of plasma samples for detection of JCV by PCR when positive are relatively specific for PML (~92% in patients with HIV), while the sensitivity is less than 40% in this setting.<sup>49</sup>

In some instances, brain biopsy is required in order to rule out other diagnoses. PML usually can be identified by the characteristic tissue cytopathology—including oligodendrocytes with intranuclear inclusions, bizarre astrocytes, and lipid-laden macrophages—with identification of JCV or cross-reacting polyoma virus by immunohistochemistry, *in situ* nucleic acid hybridization, or electron microscopy. <sup>13,50,51</sup>

Generally, serologic testing is not useful because of high anti-JCV seroprevalence in the general population. Recently, however, antibody testing has been assessed for stratifying risk of PML with natalizumab treatment. Significant increases in JCV-specific antibody titers and detection of intrathecally produced anti-JCV antibodies may prove useful for diagnostic testing but require further prospective study. The value of anti-JCV antibodies in stimulating Fc receptor-bearing effector cell activity contributing to outcome of PML requires further studies. Services and services are strategies and services are services are services and services are services and services are services and services are services and services are services are services and services are services are services and services are services are services are services and services are services are services and services are services are services are services.

## **Preventing Exposure**

Currently, no known way exists to prevent exposure to the virus because most individuals are infected in childhood.

## **Preventing Disease**

In many individuals, JCV infection is likely latent and intermittently productive, although clinically silent, in the kidney or other anatomic sites. Systemic infection may increase in the presence of immunosuppression. It remains a subject of debate whether JCV infection is also latent in the CNS or whether PML results from hematogenous dissemination of infection to the brain resulting in subsequent PML lesion development within months of entry to the CNS. Therefore, the only known way to prevent disease is to prevent progression of HIV-related immunosuppression with ART (AII).

## **Treating Disease**

#### Recommendations for Treating and Monitoring PML

#### **Treatment**

The main approach to treatment is to preserve immune function and reverse HIV-associated immunosuppression with effective ART.

- In patients not on ART who are diagnosed with PML, ART should be (re)started immediately (AII).
- In patients who are receiving ART but remain viremic because of inadequate adherence or drug resistance, ART should be optimized to achieve HIV suppression (AIII).

- No role for ART intensification in patients with HIV viral suppression (BII).
- ART regimens should be selected based on likelihood of achieving virologic suppression and not CPE score (BII).
- No effective direct-acting antiviral therapy exists for preventing or treating JCV infections or PML.
- The following agents are **not recommended** for the treatment of PML: cytarabine (AII), cidofovir (AII), interferon-alpha (BIII), interleukin-2 (BIII), topotecan (BIII), pembrolizumab (BIII).
- The following agents are **not recommended** due to limited data: 5HT2a receptor antagonist (e.g., olanzapine, ziprasidone, mirtazapine, cyproheptadine, risperidone) (BIII), mefloquine (BIII). Expert consultation is recommended prior to initiation of these agents.
- PML-IRIS may require administration of corticosteroid therapy (BIII). The optimal corticosteroid regimen has not been established but should be tailored to individual patients. ART should NOT be discontinued during PML-IRIS (AIII).

#### Monitoring

- Timing of follow-up assessments (clinical, lumbar puncture, and MRI) should be guided by clinical progress (BIII).
- In patients who appear stable or improved, neuroimaging can be obtained 6 to 8 weeks after ART initiation (BIII).
- In patients who clinically worsen before or after this 6- to 8-week period, repeat MRI should be obtained as soon as worsening is recognized (BIII).

**Key:** ART = antiretroviral therapy; CPE = Central Nervous System (CNS) Penetration Effectiveness; IRIS = immune reconstitution inflammatory syndrome; JCV = JC virus; MRI = magnetic resonance imaging; PML = progressive multifocal leukoencephalopathy.

No specific therapy exists for JCV infection or PML. The main approach to treatment involves ART to reverse the immunosuppression that interferes with the normal host response to this virus.<sup>57</sup> In patients with PML who are not on therapy, ART should be started immediately (AII). In this setting, more than half of PML patients with HIV experience a remission in which disease progression stops. Although neurological deficits often persist, some patients experience clinical improvement. 28,29,58-63 In one retrospective study of 118 consecutive patients with PML who received ART, 75 patients (63.6%) survived for a median of 114 weeks (2.2 years) after diagnosis of PML.<sup>63</sup> Neurological function in the survivors was categorized as cure or improvement in 33, stabilization or worsening in 40, and unknown in 2. Another retrospective case series reported that 42% of PML survivors on ART had moderate or severe disability. <sup>64</sup> Peripheral blood CD4 count at presentation was the only variable that predicted survival; the odds ratio for death was 2.7 among patients with CD4 counts <100 cells/mm<sup>3</sup> compared with patients who had higher CD4 counts. In other case series, worse prognosis also was associated with high plasma HIV RNA levels at the time of presentation, poor virologic responses to ART, and presence of lesions in the brain stem. <sup>29,32,59,60,62,63,65</sup> Contrast enhancement on imaging may predict better outcomes, as it is indicative of an immune response to the virus.<sup>31</sup> In multiple sclerosis patients with PML, younger age, more restricted unilobar disease, and lower CSF JCV DNA copy numbers are associated with better outcomes; whether these associations are true for PML in PWH is unknown.66

ART should be optimized for HIV virologic suppression in patients with PML who have received ART but remain viremic because of inadequate adherence or ARV resistance (AIII). More problematic are patients who develop PML despite successful HIV virologic suppression while

taking ART. A preliminary report of PML with patients treated intensively with four classes of ART (including enfuvirtide) suggested that the strategy might offer higher-than-anticipated survival,<sup>67</sup> but it has not yet been followed by structured trial. Therefore, no evidence supports ART intensification for PML (**BII**).

The use of ARV drugs that better penetrate the CNS also has been proposed, with use of the CNS Penetration Effectiveness (CPE) score of drug regimens as a guide. This score is based on the pharmacology of ARV drugs with respect to their chemical characteristics as well as demonstrated entry into the CNS (or, more often, the CSF) and, where available, on their CNS anti-HIV activity. One report found at the beginning of the combination ART era that a high CPE score was associated with longer survival after a PML diagnosis, whereas in the late, more recent ART period, the effect of the CPE score disappeared as more potent ARV regimens led to more effective plasma viral load control. Hence, in the current era, the effectiveness of selecting a treatment regimen with a high CPE score is not established. It seems likely that systemic rather than CNS efficacy is the salient aspect of ART in this setting because ART's most important effect on PML may be restoration of effective anti-JCV immunity that can limit CNS infection. ART regimens should be selected based on likelihood of achieving virologic suppression and not CPE score (BII).

Several studies have evaluated targeted treatments for PML. However, many anecdotal reports of efficacy have not been confirmed by controlled studies and are therefore not recommended. Based on case reports and demonstration of *in vitro* inhibitory activity against JCV, intravenous (IV) and intrathecal cytarabine (cytosine arabinoside) were tested in a clinical trial, but neither demonstrated clinical benefit.<sup>72</sup> Therefore, treatment with cytarabine is **not recommended** (AII). Similarly, cidofovir initially was reported to have a salutary clinical effect, but several large studies—including retrospective case-control studies, an open-label clinical trial, and a meta-analysis that included patients from five large studies—demonstrated no benefit.<sup>45,61-63,73</sup> Thus, treatment with cidofovir is also **not recommended** (AII).

On the basis of a report indicating that the serotonergic 5HT2a receptor can serve as a cellular receptor for JCV in a glial cell culture system, <sup>74,75</sup> drugs that block the 5HT2a receptor, including olanzapine, ziprasidone, mirtazapine, cyproheptadine, and risperidone, have been suggested as treatment for PML, <sup>76</sup> although the rationale for this practice has been questioned. <sup>77</sup> Again, anecdotes about favorable outcomes <sup>1,78-81</sup> have not been substantiated by reports of genuine benefit in larger case series, cohort studies, or formal clinical trials. Thus, at this time, treatment with serotonergic 5HT2a receptor blockers is **not recommended (BIII).** 

After a cell-culture study indicated that JCV replication could be inhibited by a topoisomerase inhibitor, <sup>82</sup> an analogue, topotecan, was studied in a small trial. Results suggested a salutary effect in some patients, although the outcome likely was little different from the natural course in other patients with AIDS, and the main toxicities were hematologic. <sup>83</sup> At this time, topotecan is **not recommended (BIII).** 

A Phase I/II clinical trial of the antimalarial drug mefloquine was initiated based on its demonstrated *in vitro* anti-JCV activity. The trial was later halted by the sponsor because demonstration of efficacy was futile. <sup>84</sup> Mefloquine use for PML treatment is **not recommended (BIII).** Immunomodulatory approaches to the treatment of PML in PWH also have been tried, but none has yet been studied in a prospective, controlled clinical trial. Although an initial retrospective analysis suggested that interferon-alpha might improve survival, <sup>85</sup> a subsequent retrospective analysis did not demonstrate benefit beyond that afforded by ART; therefore, interferon-alpha is **not recommended (BIII).** <sup>86</sup> A single report described failure of interferon-beta treatment of HIV-associated PML <sup>87</sup> and natalizumab-related PML developed in patients given interferon-beta for multiple sclerosis. <sup>17</sup> Case

reports have described improvement or recovery in PML-related neurological dysfunction in three patients who were not HIV infected and were treated with IL-2: one with Hodgkin lymphoma treated with autologous bone marrow transplantation, one with low-grade lymphoma and allogeneic stem cell transplantation, and one with myelodysplastic syndrome. Else the other reports, these too have not been followed up with more substantial trials; therefore, treatment of PML with IL-2 is **not recommended (BIII).** Recent interest in recombinant IL-7 for treatment of PML when CD4 lymphopenia is persistent, sometimes in combination with VP-1 vaccination strategy, are under consideration as an alternative adjuvant immune therapy to improve PML outcomes. Checkpoint inhibitor therapy has been considered recently as a means of enhancing the immune response to JCV most commonly in settings outside of HIV where immune reconstitution may be futile. The outcome of reports is conflicting, and further research is required. Use of checkpoint inhibitors for PML in the setting of HIV is **not recommended (BIII).** 

Adoptive transfer of autologous or allogeneic virus-specific T cells, either against JCV or the closely related BK virus, have been used for the treatment of PML. Across the several small case series published to date, a single patient with HIV-associated PML was treated with benefit. 98-100 Use of disease-specific T cells is actively being explored, but at present cannot be recommended for HIV-associated PML. In summary, immunomodulatory agents are **not recommended (BIII).** 

## Special Considerations for ART

ART should be (re)started as soon as possible for all patients, ideally before PML develops. For patients with suspected PML, it is especially imperative to start ART quickly (**AII**). For patients already on treatment who have demonstrated plasma HIV viremia and are adherent to therapy, ART should be adjusted, if possible, based on plasma virus susceptibility (**AII**).

## Monitoring of Response to Therapy and Adverse Events (Including Immune Reconstitution Inflammatory Syndrome)

Treatment response should be monitored with clinical examination and brain MRI. In patients with detectable JCV DNA in their CSF before initiation of ARV treatment, quantification of CSF JCV DNA may prove useful as an index to follow for assessing treatment response. No clear guidelines exist for the timing of follow-up assessments, but it is reasonable to be guided by clinical progress (BIII). Often disease progression occurs before stabilization and improvement occurs.<sup>67</sup> In patients who appear stable or improved, neuroimaging can be obtained 6 to 8 weeks after ART initiation to screen for radiographic signs of progression or of immune response and can serve as a further baseline for subsequent scans should the patient begin to deteriorate (BIII). In patients who clinically worsen before or after this 6- to 8-week period, repeat neuroimaging should be obtained as soon as worsening is recognized (BIII).

## PML-Immune Reconstitution Inflammatory Syndrome

PML has been reported to occur within the first weeks to months after initiating ART<sup>2,32,33,101-103</sup> with clinical and radiographic features that differ from classical PML, including lesions with contrast enhancement, edema and mass effect, and a more rapid clinical course.<sup>38,104</sup> As with other presentations of immune reconstitution inflammatory syndrome (IRIS), it is more likely after advanced HIV with low CD4 counts and greater decline in HIV viral load on initiation of ARV. This presentation has been referred to as inflammatory PML or PML-IRIS. Both unmasking of cryptic PML and paradoxical worsening in a patient with an established PML diagnosis have been observed. Histopathology typically demonstrates perivascular mononuclear inflammatory infiltration.<sup>105-108</sup>

Unmasked PML-IRIS is presumed to represent the effects of a restored immune response to JCV infection in the context of ART, with resultant local immune and inflammatory responses.

Because ART-induced immune reconstitution may be associated with both onset and paradoxical worsening of PML, corticosteroids have been used empirically in this setting with reported benefit. <sup>2,102,109</sup> Further study of corticosteroids for treatment of PML-IRIS is needed to confirm efficacy and refine dosage and duration. At present, however, use of corticosteroids to treat of PML-IRIS may be justified in some PML where edema or mass effect causes serious clinical deterioration (**BIII**). The decision to use steroids can be difficult because it is the immune response to JCV that controls the infection and treatments that blunt that response could be deleterious. Nevertheless, the inflammatory response against PML can, at times, be more damaging than the virus itself, and corticosteroids appear to have a role in treatment of these patients.

The dosage and duration of corticosteroids for PML-IRIS have not been established. In the absence of comparative data, adjuvant corticosteroid therapy should be tailored to individual patients. One approach, modeled on treatment of multiple sclerosis flairs, is to begin with a 3- to 5-day course of IV methylprednisolone dosed at 1 g per day, followed by an oral prednisone taper, dosed according to clinical response. A taper may begin with a dose of 60 mg per day in a single dose, tapered over 1 to 6 weeks. Clinical status should be monitored carefully during this taper in an attempt to minimize systemic and immune effects while avoiding IRIS recrudescence. Contrast-enhanced MRI at 2 to 6 weeks may be helpful in documenting resolution of inflammation and edema and to obtain a new baseline, recognizing that the MRI appearance may worsen despite clinical improvement and that clinical status is likely the best indicator of treatment efficacy. Importantly, ART should be continued (AIII).

Several case reports suggest that maraviroc might be beneficial for PML-IRIS, <sup>110</sup> presumably related to the immunomodulatory rather than ARV properties of the CCR5 inhibitor. However, no comparative studies in HIV-associated PML have confirmed benefit of inclusion of maraviroc in HIV therapy in this setting. <sup>110,111</sup> A retrospective cohort study of 27 patients with PML in whom maraviroc was used failed to show utility in preventing PML-IRIS. <sup>112</sup> Maraviroc is not recommended as a component of treatment of PML (**BIII**).

## Managing Treatment Failure

PML remission can take several weeks, and no strict criteria exist to define treatment failure. However, a working definition of treatment failure may be continued clinical worsening after 3 months of ART initiation. Changes in plasma HIV RNA levels and blood CD4 count responses provide ancillary predictive information. Failing ART regimens should be changed based on standard guidelines for the use of ART (see <a href="Virologic Failure">Virologic Failure</a> in the Adult and Adolescent Antiretroviral Guidelines). When PML continues to worsen despite fully suppressive ART, one of the unproven therapies described above could be considered after consultation with an expert (CHI), although the possibility of toxicity must be balanced against the unproven benefits of these treatments. The search for other potentially treatable comorbid conditions, like hepatitis C virus and associated cirrhosis, also should be considered in this setting. 113

## **Preventing Recurrence**

Patients who experience remission of PML after ART rarely suffer subsequent recrudescence unless ART is interrupted.<sup>61,114</sup> The main preventive measure, based on its role in reversing the disease, is treatment with an effective ART regimen that suppresses viremia and maintains CD4 counts (AII).

## **Special Considerations During Pregnancy**

Diagnostic evaluation of PML should be the same in pregnant or nonpregnant individuals. Therapy during pregnancy should consist of initiating or optimizing the ARV regimen.

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## **Syphilis**

**Updated**: September 25, 2023 **Reviewed**: January 10, 2024

## **Epidemiology**

Syphilis, caused by *Treponema pallidum*, is associated with an increased risk of sexual acquisition and transmission of HIV.<sup>1-8</sup> In the United States, the national rate of primary and secondary syphilis has increased since 2001.<sup>9-12</sup> Although HIV infection, particularly in the advanced stages, may modify the diagnosis, natural history, or management of *T. pallidum* infection, the principles of syphilis management remain the same for people with and without HIV.<sup>13-18</sup>

#### **Clinical Manifestations**

The effects of HIV on the protean manifestations of syphilis have been documented in multiple case reports and small case series, and in a limited number of large studies. In most people with HIV and syphilis, the clinical manifestations of syphilis are similar to those observed in people without HIV. Some studies suggest that infection with HIV may affect the clinical presentation of syphilis, as atypical or multiple genital lesions are more apparent, and accelerated progression of syphilis may be seen in people with advanced immunosuppression. <sup>16,17,19-22</sup> Primary or secondary syphilis also may cause a transient decrease in CD4 T lymphocyte (CD4) cell count and an increase in HIV viral load that improves with recommended syphilis treatment regimens. <sup>13,23-27</sup> Independent of HIV, previous syphilis can attenuate the clinical and laboratory manifestations of incident infection with *T. pallidum*. <sup>28-30</sup>

Primary syphilis commonly presents as a single painless nodule at the site of contact that rapidly ulcerates to form a classic chancre; however, multiple or atypical painful chancres may occur, and primary lesions may be absent or missed in people with HIV. 16,21,31 Progression to secondary syphilis typically follows 2 to 8 weeks after primary syphilis, but an overlap in primary and secondary manifestations can occur, especially in people with HIV. The most common manifestations of secondary syphilis are mucocutaneous lesions that are macular, maculopapular, papulosquamous, or pustular. These lesions can involve the palms and soles and are often accompanied by generalized lymphadenopathy, fever, malaise, anorexia, arthralgias, and headache. <sup>13,17,18</sup> Mpox (formerly known as monkeypox) lesions can have a similar appearance and can occur simultaneously with early syphilis.<sup>32</sup> Condylomata lata (moist, flat papular lesions in warm intertriginous regions) can occur and may resemble condylomata acuminata caused by human papillomavirus. Lues maligna is a rare manifestation of secondary syphilis, characterized by papulopustular skin lesions that can evolve into ulcerative lesions with sharp borders and a dark central crust.<sup>33-35</sup> Manifestations of secondary syphilis involving other locations can occur (e.g., ocular and otic syphilis, meningoencephalitis, hepatitis, nephrotic syndrome, gastritis, pneumonia). In people with secondary syphilis, non-focal central nervous system (CNS) symptoms and cerebrospinal fluid (CSF) abnormalities, such as lymphocytic pleocytosis with a mildly elevated CSF protein, can occur. 19,22,31,36-40 Signs and symptoms of primary and secondary syphilis can overlap or persist from a few days to several weeks before resolving. In some instances, recrudescence of symptoms may occur after secondary infection with subsequent evolution to latent stages.

Latent syphilis is defined as serologic reactivity without clinical signs and symptoms of infection. Latent syphilis can be categorized as early latent syphilis if  $\leq 1$  year duration, late latent syphilis if

>1 year duration, or latent syphilis of unknown duration if there is insufficient information to determine the duration of infection. Tertiary syphilis refers to gumma, cardiovascular syphilis, psychiatric manifestations (e.g., memory loss, personality changes), or late neurosyphilis that can develop 10 to 30 years after untreated infection.

Neurosyphilis, similar to ocular and otic syphilis, can occur at any stage of syphilis with different clinical presentations, including cranial nerve dysfunction, meningitis, stroke, acute or chronic change in mental status, and loss of vibration sense. Manifestations of neurosyphilis in people with HIV are similar to those in individuals who do not have HIV. However, clinical manifestations of neurosyphilis, such as concomitant ocular syphilis (including uveitis) or meningitis, may be more common in people with HIV. 19,22,40-46

Syphilitic uveitis or other ocular syphilis manifestations (e.g., neuroretinitis and optic neuritis) can occur during any stage of syphilis and can manifest as isolated abnormalities or can be associated with neurosyphilis. Syphilis can involve almost any ocular structure, but posterior uveitis and panuveitis are the most common presentations. Other common manifestations can include interstitial keratitis, recurrent anterior uveitis, retinal vasculitis, and optic neuropathy.<sup>47</sup>

All people with ocular symptoms and reactive syphilis serology need a full ocular examination, including cranial nerve evaluation. If cranial nerve dysfunction is present, a CSF evaluation is needed. Among people with isolated ocular symptoms (no cranial nerve dysfunction or other neurologic abnormalities), reactive syphilis serology, and confirmed ocular abnormalities on examination, CSF examination is unnecessary before treatment. CSF analysis might be helpful in evaluating people with ocular symptoms and reactive syphilis serology who do not have ocular findings on examination. If ocular syphilis is suspected, immediate referral to and management in collaboration with an ophthalmologist is crucial. Ocular syphilis should be treated similarly to neurosyphilis, even if a CSF examination is normal.

Isolated hearing loss or other otologic symptoms can occur at any stage of syphilis or can be associated with neurosyphilis. Among people with isolated auditory abnormalities and reactive syphilis serology, CSF evaluation is likely to be normal and is not necessary before treatment.<sup>48</sup>

## **Diagnosis**

#### Direct Detection

Darkfield microscopy and molecular tests to detect *T. pallidum* in lesion exudates or tissue (e.g., biopsy with silver stain) are definitive for diagnosing early syphilis.<sup>49</sup> Although *T. pallidum* direct antigen detection tests are no longer commercially available, some laboratories provide locally developed and validated polymerase chain reaction (PCR) tests for the direct detection of *T. pallidum*.

## Serologic Testing

Serologic diagnosis of syphilis traditionally has involved screening for nontreponemal antibodies with confirmation of reactive tests by treponemal-based assays. <sup>13,50,51</sup> A serologic diagnosis of syphilis is based on nontreponemal tests (i.e., Venereal Disease Research Laboratory [VDRL] and rapid plasma reagin [RPR]), followed by confirmation with treponemal tests (i.e., *T. pallidum* particle agglutination [TP-PA], enzyme immunoassays [EIAs], chemiluminescence

immunoassays [CIAs], fluorescent treponemal antibody absorbed [FTA-ABS], or immunoblots). Rapid treponemal assays are also available to screen for syphilis; however, these tests can not differentiate recent or past infection, so testing with a nontreponemal test is indicated to inform further patient management. Use of only one type of serologic test (nontreponemal or treponemal) is insufficient for diagnosis and can result in false-negative results among people tested during primary syphilis and false-positive results among people without syphilis or previously treated syphilis.

## Traditional Algorithm

False-positive nontreponemal test results can be associated with medical conditions and other factors unrelated to syphilis, including HIV, autoimmune disease, vaccinations, injection drug use, pregnancy, and older age. <sup>50</sup> Individuals with a reactive nontreponemal test should always receive a treponemal test to confirm the syphilis diagnosis. Nontreponemal test antibody titers can correlate with disease activity and are used for monitoring treatment response. Sequential serologic tests should be performed using the same testing method (VDRL or RPR), preferably by the same laboratory. VDRL and RPR are equally valid assays; however, quantitative results from the two tests cannot be compared directly with each other because the methods are different, and RPR titers frequently are slightly higher than VDRL titers.

Nontreponemal test titers usually decrease after treatment and can become nonreactive with time. However, in some instances nontreponemal antibodies might decrease less than fourfold after treatment (i.e., inadequate serologic response) or might decline appropriately but fail to serorevert and persist for a long period. Atypical nontreponemal serologic test results (e.g., unusually high, unusually low, or fluctuating titers) might occur regardless of HIV status. When serologic tests do not correspond with clinical findings indicative of primary, secondary, or latent syphilis, presumptive treatment is recommended for people with risk factors for syphilis, and use of other tests (e.g., biopsy for histology and immunostaining and PCR of lesion) should be considered. For most people with HIV, serologic tests are accurate and reliable for diagnosing syphilis and evaluating response to treatment.<sup>28</sup>

## Reverse-Sequence Algorithm

Most people who have reactive treponemal tests will have reactive tests for the remainder of their lives, regardless of adequate treatment or disease activity and do not predict treatment response.

Some laboratories have initiated a reverse-sequence screening algorithm using treponemal EIA or CIA as a screening test, followed by a reflex-quantitative nontreponemal test if the EIA or CIA is positive.

This reverse-sequence algorithm can identify people previously treated for syphilis, those with untreated or incompletely treated syphilis, and those with false-positive results that can occur with a low likelihood of infection. <sup>13,53</sup> People with a positive treponemal screening test should have a standard quantitative nontreponemal test with titer performed reflexively by the laboratory to guide patient management decisions.

In the reverse-sequence screening strategy, having a positive treponemal EIA or CIA and a negative reflex-quantitative nontreponemal test requires a second treponemal test (based on different antigens from the initial test) to confirm the results of the positive initial treponemal test. If a second

treponemal test is positive, people who have been treated appropriately for their stage of syphilis will require no further treatment unless sexual risk history suggests likelihood of re-exposure or there is a sustained fourfold increase in nontreponemal antibody titers. In this instance, a repeat nontreponemal test 2 to 4 weeks after the most recent possible exposure is recommended to evaluate for early infection. Those without a history of treatment for syphilis should be offered treatment. Unless history or results of a physical examination suggest a recent infection (e.g., early-stage syphilis), previously untreated people should be treated for late latent syphilis. If the second treponemal test is negative and the risk of syphilis is low, no treatment is indicated. However, if the risk of syphilis is high, treatment should be considered. Multiple studies demonstrate that high quantitative index values or high signal-to-cutoff ratio from treponemal EIA or CIA tests correlate with TP-PA positivity, which might eliminate the need for additional confirmatory testing; however, the range of index values varies among different treponemal immunoassays, and the values that correspond to high levels of reactivity with confirmatory testing might differ by immunoassay. 51,55,56

In the absence of neurologic signs or symptoms, risk of neurosyphilis is low in people with a reactive treponemal test and a nonreactive nontreponemal test<sup>55,57</sup>; examination of CSF is not recommended.

Early-stage disease (i.e., primary, secondary, and early latent syphilis) is identified using the same diagnostic tests used in people without HIV: standard serologic tests and darkfield microscopy of mucocutaneous lesions, if available. VDRL and RPR titers may be higher, lower (in rare instances), or delayed in people with HIV with early-stage syphilis. <sup>58-62</sup> No data indicate that treponemal tests perform differently among people with HIV<sup>51</sup>; although uncommon, false-negative serologic tests for syphilis can occur with documented *T. pallidum* infection. <sup>61,62</sup> When serologic tests do not correspond with clinical findings indicative of primary or secondary syphilis, presumptive treatment is recommended for people with risk factors for syphilis, and dilution of the sample for prozone phenomenon should be considered. For most people with HIV, serologic tests are accurate and reliable for diagnosing syphilis and for determining response to treatment.

By definition, people with latent syphilis have serological evidence of syphilis (nontreponemal and treponemal testing) in the absence of clinical manifestations. Early latent syphilis may occur in the interval between the primary and secondary stage of infection or following resolution of secondary manifestations and is defined by evidence of infection during the preceding year by—

- A documented seroconversion or fourfold or greater increase in nontreponemal titer; or
- Symptoms of primary or secondary syphilis; or
- A sex partner with documented primary, secondary, or early latent syphilis. 13

Late latent syphilis is defined as syphilis in a person who does not have evidence of acquiring infection in the preceding year.

All people with syphilis and signs or symptoms suggesting neurologic disease (e.g., cranial nerve dysfunction, meningitis, stroke, altered mental status) warrant evaluation for neurosyphilis.

CSF abnormalities (i.e., elevated protein and mononuclear pleocytosis) are common in early-stage syphilis<sup>36</sup> and in people with HIV, even those with no neurologic symptoms. The clinical and prognostic significance of CSF laboratory abnormalities with early-stage syphilis in people without neurologic symptoms is unknown. Several studies have demonstrated that in people with syphilis and HIV, CSF laboratory abnormalities are associated with CD4 counts  $\leq$ 350 cells/mm³ or in combination with RPR titers  $\geq$ 1:32. <sup>39,40,63,64</sup> However, unless neurologic signs and symptoms are

present, a CSF examination has not been associated with improved clinical outcomes. Although laboratory testing is helpful in supporting the diagnosis of neurosyphilis, no single test can be used to diagnose neurosyphilis. The diagnosis of neurosyphilis depends on a combination of CSF tests (CSF cell count, CSF protein, and CSF-VDRL) in the setting of reactive serologic test results and neurologic signs and symptoms. CSF examination may indicate mononuclear pleocytosis (6–200 cells/mm<sup>3</sup>), mildly elevated protein concentration, or a reactive CSF-VDRL. Among people with HIV, the CSF leukocyte count can be elevated (>5 white blood cell count [WBC]/mm<sup>3</sup>); using a higher cutoff (>20 WBC/mm<sup>3</sup>) may improve the specificity of neurosyphilis diagnosis.<sup>39</sup> In people with neurologic signs or symptoms, a reactive CSF-VDRL (in a specimen not contaminated with blood) is considered diagnostic of neurosyphilis; however, it is thought to have a very low sensitivity and therefore may miss true disease. Therefore, in people with neurologic signs or symptoms, reactive serologic test results, lymphocytic pleocytosis, or elevated protein, neurosyphilis should be considered even when the CSF-VDRL is negative. In that instance, additional evaluation by using FTA-ABS or TP-PA testing on CSF might be warranted. 13 The CSF FTA-ABS test is less specific for neurosyphilis than the CSF-VDRL but is highly sensitive. Fewer data are available regarding CSF TP-PA; however, the sensitivity and specificity appears similar to the CSF FTA-ABS. 65,66 Neurosyphilis is highly unlikely with a negative CSF FTA-ABS or TP-PA test, especially among people with nonspecific neurologic signs and symptoms.

RPR tests of the CSF have been associated with a high false-negative rate and are not recommended.<sup>67</sup> PCR-based diagnostic methods are not currently recommended as diagnostic tests for neurosyphilis.

## **Preventing Disease**

#### **Recommendations for Preventing Syphilis**

#### Management of Sexual Partners After Exposure to *Treponema pallidum* (Syphilis) to Prevent Disease

#### Indication for Treatment

- Individuals exposed sexually within 90 days preceding the diagnosis of primary, secondary, or early latent syphilis in a sex partner regardless of syphilis serologic status (AII)
- Individuals exposed >90 days before syphilis diagnosis in a sex partner, if syphilis serologic test results are not available immediately and the opportunity for follow-up is uncertain (AIII)

#### **Treatment**

• See therapy for early-stage syphilis in the Recommendations for Treating Syphilis table.

**Note:** Additional logistical information is available from the Centers for Disease Control and Prevention at <a href="https://www.cdc.gov/std/treatment/drug-notices.htm">https://www.cdc.gov/std/treatment/drug-notices.htm</a>.

The resurgence of syphilis and other sexually transmitted infections (STIs), as well as the emergence of mpox, in men who have sex with men (MSM) with HIV underscores the importance of primary prevention of syphilis in this population, which should begin with a behavioral risk assessment and routine discussion of sexual behaviors. Health care providers should discuss patient-centered risk reduction messages and advise specific actions that can reduce the risk of acquiring STIs and of transmitting HIV.<sup>13,68-72</sup> Routine serologic screening for syphilis is recommended at least annually for all people with HIV who are sexually active, with more frequent screening (every 3–6 months) for those who have multiple or anonymous partners.<sup>13,73-75</sup> The occurrence of syphilis or any other STI in a person with HIV is an indication of risk behaviors that should prompt intensified risk assessment

and counseling messages about the manifestations of syphilis, risk of HIV transmission, and prevention strategies with strong consideration for behavioral intervention. People undergoing screening or treatment for syphilis also should be evaluated for other STIs, including mpox, chlamydia, and gonorrhea at anatomic sites of exposure in men and chlamydia, gonorrhea, and trichomonas infections in women. 13,78

Frequent serologic screening can identify people with recent infection and, in some instances, before infectious lesions develop. Treatment can prevent disease progression in the individual and transmission to their partners. Studies in the pre-HIV era demonstrated that approximately one-third of the sexual partners of people who have primary syphilis will develop syphilis within 30 days of exposure; empiric treatment of sexual partners exposed to syphilis will prevent the development of disease and onward syphilis transmission. <sup>79-82</sup> Individuals with recent sexual contact with a person with syphilis in any stage should be evaluated clinically and serologically and treated presumptively. People who have had sexual contact with an individual diagnosed with primary, secondary, or early latent syphilis during the 90 days preceding the diagnosis should be treated presumptively for early syphilis, even if serologic test results are negative (AII).

People who have had sexual contact with a person who receives a diagnosis of primary, secondary, or early latent syphilis >90 days before the diagnosis should be treated presumptively for early syphilis if serologic test results are not immediately available and the opportunity for follow-up is uncertain (AIII). If serologic tests are negative, no treatment is needed. If serologic tests are positive, treatment should be based on clinical and serologic evaluation and the stage of syphilis. Long-term sexual partners of people who have late latent syphilis should be evaluated clinically and serologically for syphilis and treated on the basis of the evaluation's findings. Sexual partners of people with syphilis should be notified of their exposure and the importance of evaluation for testing and empiric therapy. The following sex partners of people with syphilis are considered at risk for infection and should be confidentially notified of the exposure and need for evaluation: partners who have had sexual contact within (1) 3 months plus the duration of symptoms for people who receive a diagnosis of primary syphilis, (2) 6 months plus the duration of symptoms for those diagnosed with secondary syphilis, and (3) 1 year for people diagnosed with early latent syphilis.

## Pre-Exposure Prophylaxis and Post-Exposure Prophylaxis for Prevention

Doxycycline pre-exposure prophylaxis (PrEP) has been examined for prevention of bacterial STIs. In a pilot study, 30 MSM with HIV with previous syphilis were randomly assigned to doxycycline 100 mg daily for 48 weeks versus a financial incentive—based behavioral intervention; doxycycline was associated with a lower incidence of syphilis, but this did not reach statistical significance due to small sample size. 83

Post-exposure prophylaxis (doxycycline 200 mg after unprotected anal sex) has been studied among MSM and transgender women, with a reduction in incident syphilis by 73%. <sup>84</sup> Several recent randomized open-label clinical trials have found that doxycycline 200 mg after condomless sex among MSM or transgender women with HIV or on HIV PrEP significantly reduced chlamydia, gonorrhea, and syphilis acquisition; a randomized trial of cisgender women on HIV PrEP administered doxycycline 200 mg within 72 hours after sex did not reduce chlamydia, gonorrhea, or syphilis acquisition. <sup>85</sup> There is ongoing evaluation regarding the potential impact of STI postexposure prophylaxis on antimicrobial resistance and the microbiome. Other studies are underway or in development regarding doxycycline prophylaxis for bacterial STIs. <sup>86,87</sup>

Targeted mass treatment of high-risk populations with azithromycin has not been demonstrated to be effective. 88 Azithromycin is not recommended as secondary prevention because of azithromycin treatment failures reported in people with HIV and reports of chromosomal mutations associated with macrolide-resistant *T. pallidum*. 89-93

#### **Treatment**

### **Recommendations for Treating Syphilis**

### **General Considerations for Treating Syphilis**

- Selection of the appropriate penicillin preparation is important because *T. pallidum* can reside in sequestered sites (e.g., the CNS and aqueous humor) that are poorly accessed by certain forms of penicillin.
- Combinations of oral benzathine penicillin and procaine penicillin or short-acting benzathine-procaine penicillin (Bicillin C-R) preparations are not appropriate for syphilis treatment.
- The efficacy of non-penicillin alternatives has not been well evaluated in people with HIV and should be undertaken only with close clinical and serologic monitoring.
- The Jarisch-Herxheimer reaction is an acute febrile reaction accompanied by headache, fever, and myalgias that can occur within the first 24 hours after therapy. It occurs more frequently in people with early syphilis and can induce early labor or cause fetal distress during pregnancy. Patients should be informed about this potential reaction to treatment and that it is not an allergic reaction to penicillin.

### Treating Treponema pallidum Infections (Syphilis) Depending on Stage of Disease

### Primary, Secondary, and Early Latent Syphilis [<1 year]

Recommended Therapy

• Benzathine penicillin G 2.4 million units IM in a single dose (All)a

Alternative Therapy (For Penicillin-Allergic Patients; See Note Below)

- Doxycycline 100 mg PO twice daily for 14 days (BII), b or
- Ceftriaxone 1 g IM or IV daily for 10-14 days (BII)b

**Note:** People with penicillin allergy whose compliance or follow-up cannot be ensured and who have syphilis during pregnancy should undergo penicillin desensitization and treatment with benzathine penicillin.

For management of early syphilis during pregnancy, limited evidence indicates a second dose of benzathine penicillin G 2.4 million units IM 1 week after the single dose treatment may be of benefit for congenital syphilis prevention (BII).

#### Late Latent (>1 year) or Latent of Unknown Duration

Recommended Therapy

• Benzathine penicillin G 2.4 million units IM weekly for three doses (All)a

Alternative Therapy (For Penicillin-Allergic Patients)

Doxycycline 100 mg PO twice daily for 28 days (BIII)

**Note**: People with penicillin allergy whose compliance or follow-up cannot be ensured should be desensitized and treated with benzathine penicillin (AII).

### **Recommendations for Preventing and Treating Syphilis**

### Tertiary—Cardiovascular or Gummatous Disease

- Perform CSF examination and obtain infectious diseases consultation to guide management.
- People with CSF abnormalities should be treated with a regimen for neurosyphilis (AII).

#### Recommended Therapy

Benzathine penicillin G 2.4 million units IM weekly for three doses for people without neurosyphilis (All)<sup>a</sup>

#### Neurosyphilis, Otic, or Ocular Syphilis

Recommended Therapy

- Aqueous crystalline penicillin G 18–24 million units per day, administered as 3–4 million units IV every 4 hours or by continuous IV infusion for 10–14 days (AII), with or without
- Benzathine penicillin G 2.4 million units IM x 1 after completion of aqueous crystalline penicillin G infusion (CIII)<sup>a</sup>

#### Alternative Therapy

• Procaine penicillin G 2.4 million units IM daily plus probenecid 500 mg PO four times a day for 10–14 days (BII). Procaine penicillin has been discontinued by the manufacturer as of June 13, 2023 (see <u>FDA Drug Shortages</u>).

**Note:** People who are allergic to sulfa-containing medications **should not** be given probenecid; thus, the procaine penicillin regimen is **not recommended (AIII)**.

#### For Penicillin-Allergic Patients with Neurosyphilis, Otic, or Ocular Syphilis

Recommended Therapy

• Desensitization to penicillin

Alternative Therapy (If Desensitization Is Not Feasible and Not Pregnant)

• Ceftriaxone 2 g IV daily for 10–14 days (BII)

**Note**: People who have a history of IgE-mediated penicillin hypersensitivity may lose their sensitivity after 10 years, and a subsequent negative skin test evaluation followed by oral challenge can be considered. Among people for whom the only option is penicillin (e.g., syphilis in pregnancy) and among those with a positive skin test, desensitization to penicillin is the preferred approach.

**Note:** Additional logistical information is available from the Centers for Disease Control and Prevention at <a href="https://www.cdc.gov/std/treatment/drug-notices.htm">https://www.cdc.gov/std/treatment/drug-notices.htm</a>.

**Key:** CNS = central nervous system; CSF = cerebrospinal fluid; FDA = U.S. Food and Drug Administration; IgE = immunoglobulin E; IM = intramuscular; IV = intravenously; PO = orally

Treatment regimens for syphilis demonstrate that most people with HIV respond appropriately to single dose benzathine penicillin G after exposure to syphilis and for primary, secondary, and early latent syphilis (within the previous 12 months). However, in people with HIV, more frequent clinical and serologic evaluation is recommended—at least every 3 months rather than every 6 months—because serologic nonresponse and neurologic complications may be more frequent. Use of antiretroviral therapy (ART) in people with syphilis has also been associated with a reduced risk of serologic failure of syphilis treatment a lower risk of developing neurosyphilis.

<sup>&</sup>lt;sup>a</sup> Benzathine penicillin is currently on the FDA drug shortage webpage due to limited supply. Updates on the expected duration for the shortage are available on the <u>FDA Drug Shortage webpage</u>.

<sup>&</sup>lt;sup>b</sup> Skin testing for penicillin allergy can be useful in circumstances in which the reagents and expertise are available.

Benzathine penicillin G remains the treatment of choice for syphilis. People with HIV with early-stage (primary, secondary, or early latent) syphilis should receive a single intramuscular (IM) injection of 2.4 million units of benzathine penicillin G (AII). High-dose amoxicillin given with probenecid in addition to benzathine penicillin G in early syphilis is not associated with improved clinical outcomes. People with a penicillin allergy whose compliance or follow-up cannot be ensured should be desensitized and treated with benzathine penicillin G (AIII).

The efficacy of alternative non-penicillin regimens in people with HIV and early syphilis has not been well studied. The use of any alternative penicillin treatment regimen should be undertaken only with close clinical and serologic monitoring. The Panel on Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV (the Panel) supports the use of doxycycline, 100 mg orally twice daily for 14 days, to treat early syphilis (**BII**). <sup>98,99</sup> Based on limited clinical studies in people with and without HIV, ceftriaxone (1 g daily either IM or intravenously [IV] for 10–14 days) is also recommended for treating early-stage syphilis (**BII**), but the optimal dose and duration of therapy have not been defined. <sup>100-102</sup> There are limited data suggesting a single 2-g oral dose of oral azithromycin can be effective for treating early syphilis <sup>103-105</sup>; however, *T. pallidum* chromosomal mutations associated with azithromycin resistance and treatment failures have been reported most commonly in MSM. <sup>89-93,106</sup> Azithromycin has not been well studied in people with HIV or among pregnant people. Therefore, azithromycin should not be used as treatment for syphilis (**AII**).

In people with HIV who have late latent syphilis, treatment with three weekly IM injections of 2.4 million units of benzathine penicillin G is recommended (**AII**). Alternative therapy is doxycycline, 100 mg orally twice daily for 28 days; however, it has not been sufficiently evaluated in people with HIV (**BIII**). Limited clinical studies and biologic and pharmacologic evidence suggest that ceftriaxone may be effective, but the optimal dose and duration of therapy have not been determined. <sup>107,108</sup> If the clinical situation requires use of an alternative to penicillin, treatment should be undertaken with close clinical and serologic monitoring.

People with HIV who have clinical evidence of tertiary syphilis (cardiovascular or gummatous disease) should have CSF examination to rule out CSF abnormalities before therapy is initiated. If the CSF evaluation is normal, the recommended treatment of late-stage syphilis is three weekly IM injections of 2.4 million units of benzathine penicillin G (AII). However, due to the complexity of tertiary syphilis management, especially cardiovascular syphilis, health care providers are advised to consult an infectious disease specialist.

People with HIV diagnosed with neurosyphilis or ocular or otic syphilis should receive IV aqueous crystalline penicillin G, 18 to 24 million units daily, administered 3 to 4 million units IV every 4 hours or by continuous infusion for 10 to 14 days (**AII**), or procaine penicillin, 2.4 million units IM once daily plus probenecid 500 mg orally four times a day for 10 to 14 days (**BII**). However, procaine penicillin has been recently discontinued by the manufacturer. 109

People with HIV who are allergic to sulfa-containing medications should not be given probenecid because of potential allergic reaction; therefore, IV penicillin is recommended (AIII). Although systemic steroids are used frequently as adjunctive therapy for otic syphilis, such therapy has not been proven beneficial.

Because neurosyphilis treatment regimens are of shorter duration than those used in late latent syphilis, 2.4 million units of benzathine penicillin IM once after completion of IV penicillin G can be considered to provide a comparable duration of therapy (CIII).<sup>13</sup>

People who have a history of immunoglobulin E mediated penicillin hypersensitivity may lose their sensitivity after 10 years, <sup>110,111</sup> and a subsequent negative skin test evaluation followed by oral challenge can be considered. Among people for whom the only option is penicillin (e.g., syphilis in pregnancy) and among those with a positive skin test, desensitization to penicillin is the preferred approach. However, based on limited data, ceftriaxone (2 g daily IV for 10–14 days) is recommended as an acceptable alternative regimen (**BII**). <sup>100,101,108</sup> Other alternative regimens for neurosyphilis have not been evaluated adequately. Syphilis treatment recommendations are available in the <u>2021 Centers</u> for Disease Control and Prevention STI Treatment Guidelines. <sup>13</sup>

### Special Considerations with Regard to Starting Antiretroviral Therapy

There are no special considerations regarding the initiation of ART in patients with syphilis. Specifically, there is no evidence that treatment with ART needs to be delayed until treatment for syphilis has been completed. Immune reconstitution inflammatory syndrome in association with syphilis following treatment with ART in people with HIV is uncommon. 112,113

# Monitoring and Adverse Events

Clinical and serologic responses (fourfold decrease from the nontreponemal titer at the time of treatment) to treatment of early-stage (primary, secondary, and early latent) disease should be performed at 3, 6, 9, 12, and 24 months after therapy to ensure resolution of signs and symptoms within 3 to 6 months and seroreversion or a fourfold decline in nontreponemal titers within 24 months. Clinical and serologic responses to treatment are similar in people with HIV; subtle variations can occur, however, including a slower temporal pattern of serologic response in people with HIV. 13,59,79,94,95 Factors associated with the serologic response to treatment in people without HIV include younger age, earlier syphilis stage, and higher RPR titer. 114-116 If clinical signs and symptoms persist, treatment failure should be considered. If clinical signs or symptoms recur or there is a sustained fourfold increase in nontreponemal titers of greater than 2 weeks, treatment failure or reinfection should be considered and managed per recommendations (see Managing Possible Treatment Failure or Reinfection). The potential for reinfection should be based on the sexual history and risk assessment. Clinical trial data have demonstrated that 15% to 20% of people (including people with HIV) treated with recommended therapy for early-stage syphilis will not achieve the fourfold decline in nontreponemal titer used to define treatment response at 1 year. 13,59 Serum nontreponemal test titers may remain reactive, usually <1:8, although can be higher, for prolonged periods. In addition, people treated for early-stage syphilis who have a fourfold decline in titer may not serorevert to a negative nontreponemal test, which does not represent treatment failure but an inadequate serologic response. 117

Response to therapy for late latent syphilis should be monitored using nontreponemal serologic tests at 6, 12, 18, and 24 months to ensure at least a fourfold decline in titer, if initially high (≥1:32), within 24 months of therapy. However, data to define the precise time intervals for adequate serologic responses are limited. Many people with low titers and late latent syphilis do not have a fourfold decline in the initial titer. If clinical symptoms develop or a fourfold increase in nontreponemal titers is sustained over 2 weeks, then treatment failure or reinfection should be considered and managed per recommendations (see Managing Possible Treatment Failure or Reinfection). The potential for reinfection should be based on sexual history and risk assessment.<sup>13</sup>

The earliest CSF indicator of response to neurosyphilis treatment is a decline in CSF lymphocytosis. The CSF-VDRL may respond more slowly. Limited data suggest that changes in CSF parameters

may occur more slowly in people with HIV, especially with advanced immunosuppression.<sup>22,39</sup> Among people with HIV who are on effective ART and people without HIV, normalization of the serum RPR titer predicts normalization of abnormal CSF parameters after neurosyphilis treatment.<sup>118,119</sup> Therefore, repeated CSF examinations are unnecessary for people without HIV or among people with HIV who are on ART and who exhibit serologic and clinical responses to treatment.<sup>13</sup>

The Jarisch-Herxheimer reaction is an acute febrile reaction frequently accompanied by headache, rigors, transient worsening of rash, myalgia, and sometimes even a sepsis-like syndrome, that can occur within the first 24 hours after initiation of treatment for syphilis. Antipyretics can be used to manage symptoms but have not been proven to prevent this reaction. The Jarisch-Herxheimer reaction occurs most frequently in people with early syphilis, high nontreponemal antibody titers, and prior penicillin treatment. People with syphilis should be warned about this reaction, instructed how to manage it, and informed that it is not an allergic reaction to penicillin.

# Managing Possible Treatment Failure or Reinfection

Retreatment should be considered for people with early-stage syphilis who have persistent or recurring clinical signs or symptoms of disease, or a sustained fourfold increase in serum nontreponemal titers after an initial fourfold decrease following treatment. The assessment for potential reinfection should be informed by a sexual history and syphilis risk assessment including information about a recent sexual partner with signs or symptoms or recent treatment for syphilis. People who have had syphilis are at increased risk for reinfection. One study showed that 6% of MSM had a repeat early-stage syphilis infection within 2 years of initial infection; HIV infection and multiple sexual partners were associated with increased risk of reinfection. Serologic response should be compared to the titer at the time of treatment. However, assessing serologic response to treatment can be difficult, as definitive criteria for cure or failure have not been well established. People with HIV may be at increased risk of treatment failure, but the magnitude of these risks is not precisely defined and is likely low. 13,38,97

People who meet the criteria for treatment failure (i.e., signs or symptoms that persist or recur, or a fourfold increase or greater in titer sustained for more than 2 weeks) and who are at low risk for reinfection should be managed for possible treatment failure. If neurologic symptoms or signs are identified, a CSF evaluation is recommended, with findings guiding management. People with nontreponemal titers that do not decrease fourfold within 12 to 24 months of therapy should also be managed as a possible treatment failure. Management should include neurologic examination and retreatment with benzathine penicillin G, 2.4 million units at 1-week intervals for 3 weeks (BIII). If titers do not respond appropriately after retreatment, the value of repeated CSF examination or additional therapy is unclear, but it is generally not recommended. The Panel supports benzathine penicillin treatment (2.4 million units IM) without a CSF examination (unless signs or symptoms of neurosyphilis are present) and close clinical follow-up in people with recurrent signs and symptoms of primary or secondary syphilis or a fourfold increase in nontreponemal titers within the past year who are at high risk of syphilis reinfection (CIII).

People treated for late latent syphilis should have a CSF examination and be re-treated if they develop clinical signs or symptoms of syphilis or have a sustained fourfold increase in serum nontreponemal test titer and are at low risk for reinfection; this can also be considered if they experience an inadequate serologic response (i.e., less than fourfold decline in an initially high [≥1:32] nontreponemal test titer) within 12 months for early syphilis and 24 months for late latent

syphilis. If CSF examination is consistent with CNS involvement, retreatment should follow the recommendations for treatment of neurosyphilis. People with a normal CSF examination or without ocular or otic symptoms should be treated with benzathine penicillin 2.4 million units IM weekly for three doses (**BHI**). The Panel supports benzathine penicillin treatment (2.4 million units IM) without a CSF examination (unless signs or symptoms of neurosyphilis are present) and close clinical follow-up in people with signs or symptoms of primary or secondary syphilis or a fourfold increase in nontreponemal titers within the past year who are at high risk of reinfection (**CHI**).

Among people with HIV who are on effective ART and people without HIV, normalization of the serum RPR titer predicts normalization of abnormal CSF parameters after neurosyphilis treatment. Therefore, repeated CSF examinations are unnecessary for people with HIV who are on ART and who exhibit serologic and clinical responses after treatment.

# **Special Considerations During Pregnancy**

In recent years, there has been a resurgence in neonatal syphilis in the United States. Syphilis in pregnancy is associated with increased risk of several adverse outcomes, including pregnancy loss, preterm birth, stillbirth, impaired fetal growth, neonatal mortality, and congenital infection, which can cause abnormalities in multiple organ systems. The clinical manifestations of syphilis in pregnancy are similar in people with and without HIV.

Serologic screening for syphilis should be conducted at the first prenatal visit and at 28 weeks. In communities and populations in which the prevalence of syphilis is high and in people at increased risk of infection (i.e., sex with multiple partners or new partner, sex in conjunction with drug use or transactional sex, late entry or no prenatal care, methamphetamine or heroin use, hepatitis C, alcohol misuse, <sup>121</sup> incarceration, STI in pregnancy or partner with STI, unstable housing or homelessness), <sup>122</sup> serologic testing should also be performed at delivery. <sup>13</sup> Providers should consider offering screening for syphilis to sexual partners of pregnant people.

Screening for syphilis during pregnancy should be offered at sites providing episodic care, including emergency departments, jails, and prisons. 123 Antepartum screening with nontreponemal testing is typical, but treponemal screening is being used in some settings. If a treponemal EIA or CIA test is used for antepartum syphilis screening, all positive EIA or CIA tests should be confirmed with a quantitative nontreponemal test (RPR or VDRL), as titers are essential to monitoring treatment response. If the nontreponemal test is negative and the prozone reaction is ruled out (false-negative nontreponemal test that results from high antibody titer) then the results are discordant; a second treponemal test should be performed, preferably on the same specimen (see Diagnosis section above). 124 If the second treponemal test is negative (i.e., EIA positive, RPR negative, and TP-PA negative), the positive EIA or CIA is more likely to represent a false-positive test result for people who are living in communities with low rates of syphilis, have a partner who is uninfected, and have no history of treated syphilis. 55,124 During pregnancy, if there is a low risk for syphilis, there are no signs or symptoms of primary syphilis, the partner has no clinical or serologic evidence of syphilis, and the pregnant person is likely to follow up with clinical care, repeat serologic testing within 4 weeks can be considered to determine whether the EIA or CIA remains positive or whether the RPR, VDRL, or TP-PA result becomes positive. If both the RPR and TP-PA remain negative, no further treatment is necessary. If follow-up is not likely, treatment appropriate for the stage of syphilis is recommended for people with an isolated reactive treponemal test without a history of syphilis treatment.

No postpartum individual or neonate should leave the hospital without documentation of maternal syphilis serologic status determined at least once during pregnancy.<sup>13</sup> All individuals who have a fetal death after 20 weeks of gestation also should be tested for syphilis.

Rates of transmission to the fetus and adverse pregnancy outcomes for untreated syphilis are highest with primary, secondary, and early latent syphilis and decrease with increasing duration of infection. Pregnancy does not appear to alter the clinical course, manifestations, or diagnostic test results for syphilis infection in adults. Concurrent syphilis infection has been associated with increased risk of perinatal transmission of HIV to the infant. 125-131

Syphilis infection during pregnancy should be considered in those with reactive syphilis serology unless an adequate treatment history is documented clearly in the medical records and sequential serologic antibody titers have declined appropriately for the stage of syphilis. In general, the risk of antepartum fetal infection or congenital syphilis at delivery is related to the quantitative maternal nontreponemal titer, especially if ≥1:8. However, risk for fetal infection is still substantial among pregnant people with late latent syphilis and low titers. All neonates born to people with syphilis should be evaluated for congenital syphilis regardless of maternal treatment or response.

Sustained low nontreponemal titers after documented treatment for the appropriate stage of infection might not require additional treatment; however, rising or persistently high antibody titers may indicate reinfection or treatment failure, and retreatment should be considered.<sup>13</sup>

Benzathine penicillin G is recommended for the treatment of syphilis during pregnancy. Penicillin is the only known effective antimicrobial for preventing transmission to the fetus and for treatment of fetal infection; however, evidence is insufficient to determine the optimal penicillin regimen. For management of early syphilis during pregnancy, limited evidence indicates that a second dose of benzathine penicillin G 2.4 million units IM 1 week after the single dose treatment may be of benefit for congenital syphilis prevention. Is a second dose of benzathine penicillin is administered, it should be provided no later than 9 days after the first dose. Sexual partners of pregnant individuals with syphilis should be referred for evaluation and treatment.

Since no alternatives to penicillin have been proven effective and safe for prevention of fetal infection, desensitization and treatment with penicillin should be performed in pregnancy for those who have a history of penicillin allergy (**AIII**). Erythromycin and azithromycin should not be used because these regimens do not reliably cure infection in the pregnant individual or the fetus (**AII**)<sup>132</sup>; tetracyclines should be avoided in the second and third trimesters of pregnancy (**AII**). Data are insufficient to recommend ceftriaxone<sup>137,138</sup> for treatment of antenatal infection and prevention of congenital syphilis (**BIII**).

Treatment of syphilis during the second half of pregnancy may precipitate preterm labor or fetal distress if a Jarisch-Herxheimer reaction occurs. 139,140 Obstetric attention is advised if contractions develop or a decrease in fetal movement is noted after treatment. During the second half of pregnancy, syphilis management can be facilitated with sonographic fetal evaluation for congenital syphilis, but this evaluation should not delay therapy. Sonographic signs of fetal or placental syphilis (e.g., hepatomegaly, ascites, fetal hydrops, thickened placenta) indicate a greater risk of fetal treatment failure. 141 Such cases should be managed in consultation with high-risk obstetric specialists. After 20 weeks of gestation, fetal and contraction monitoring for 24 hours after initiation of treatment for early syphilis should be considered when sonographic findings indicate fetal infection.

Coordinated prenatal care and treatment are vital because providers should document that treatment is adequate for the syphilis stage and ensure that the clinical and antibody responses are appropriate for the patient's disease stage. Maternal serologic response during pregnancy after adequate therapy varies by stage of disease and timing of treatment. If syphilis is diagnosed and treated at or before 24 weeks' gestation, serologic titers should not be repeated before 8 weeks after treatment but should be repeated again at delivery. Titers should be repeated sooner if reinfection or treatment failure is suspected. For syphilis diagnosed and treated after 24 weeks' gestation, serologic titers should be repeated at delivery. A majority of women will not achieve a fourfold decrease in titers before delivery, although this does not indicate treatment failure. Inadequate antenatal treatment is likely if delivery occurs within 30 days of therapy, clinical signs of infection are present at delivery, or the maternal nontreponemal titer at delivery is fourfold higher than the pre-treatment titer. There is no evidence that pregnant women with syphilis and HIV are at increased risk for delayed syphilis treatment response compared with women without HIV.

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# Talaromycosis (formerly Penicilliosis)

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# **Epidemiology**

Talaromycosis is an invasive fungal infection caused by the dimorphic fungus *Talaromyces marneffei* (formerly *Penicillium marneffei*), which is endemic in Southeast Asia (northern Thailand, Vietnam, and Myanmar), East Asia (southern China, Hong Kong, and Taiwan), and South Asia (northeastern India) (see the geographic distribution of talaromycosis in Figure 1). \*\*Interneffei\* was formerly classified under the *Penicillium* subgenus *Biverticillium* based on morphological characteristics. In 2011, the subgenus *Biverticillium* was found to form a monophyletic group with *Talaromyces* that is distinct from *Penicillium*, and it was taxonomically unified with the *Talaromyces* genus. \*\*Interneffei\* hence, \*\*P. marneffei\* was changed to \*\*T. marneffei\*, and the disease penicilliosis is now called talaromycosis.

HIV is a major risk factor for talaromycosis in highly endemic regions, accounting for approximately 88% of disease.<sup>2</sup> The fungus is also a major cause of HIV-associated opportunistic infections in these regions, making up to 16% of hospital admissions due to AIDS.<sup>2,3,6-8</sup> and is a leading cause of HIVassociated blood stream infections and deaths in Vietnam and southern China. <sup>6,9-11</sup> Infection occurs predominantly in individuals<sup>2,3,12</sup> who have very advanced HIV disease with a CD4 T lymphocyte (CD4) cell count of <100 cells/mm<sup>3</sup>. Talaromycosis is increasingly diagnosed in immunocompromised individuals who are returning travelers or immigrants from the endemic regions, and it has been reported in Japan, Australia, Belgium, France, Germany, the Netherlands, Sweden, Switzerland, the United Kingdom, Oman (in the Middle East), and the United States. 13,14 Talaromycosis is increasingly recognized in individuals who have a primary immunodeficiency condition (e.g., idiopathic CD4 lymphopenia; anti-interferon-gamma autoantibody-associated immunodeficiency; conditions due to mutations in CYBB or CD40L; or gain-of-function mutation in STAT1/STAT3 pathways) or secondary immunodeficiency conditions (e.g., autoimmune diseases in people on corticosteroids and/or other immunosuppressive therapy; solid and hematological malignancies; solid organ transplantation; hematopoietic stem cell transplantation; and therapy with novel target therapies, such as monoclonal antibodies against CD20 and kinase inhibitors). 15 Talaromycosis-related mortality, despite antifungal therapy in people both with and without HIV, is up to 30%.  $^{2,3,12,16,17}$ 

Similar to other endemic mycoses, talaromycosis is a saprozoonotic infection, meaning the transmissible source has a reservoir both in an abiotic environment and in an animal host. The wild bamboo rat in highland areas in the endemic regions is the known animal reservoir of *T. marneffei*<sup>18,19</sup>; however, case-control studies suggest that human infection results from inhalation of fungal spores released from a soil-related environmental reservoir (plants and farmed animals) rather than from direct bamboo rat—to-human transmission. Talaromycosis incidence increased 30% to 50% during the rainy months in southern Vietnam and northern Thailand<sup>3,22</sup> and was associated with increased humidity and not precipitation, the suggests that humidity facilitates an expansion of the environmental reservoir, resulting in increased exposure to the fungus. Reactivation of latent infections has been demonstrated in non-autochthonous cases with a history of remote travel to the endemic countries and can occur many years after exposure. <sup>13,14,25</sup> One case of presumed laboratory-acquired talaromycosis was reported in an African man with HIV who was at

the Pasteur Institute in Paris<sup>26</sup>; however, laboratory-acquired infection has never been reported from the endemic regions. Donor-acquired transmission has been reported in a lung-transplant recipient from Belgium.<sup>27</sup>

### **Clinical Manifestations**

Disseminated infection involving multiple organ systems is the most common manifestation of talaromycosis in people with advanced HIV disease. The infection frequently begins as a subacute illness characterized by fever, weight loss, hepatosplenomegaly, lymphadenopathy, and respiratory and gastrointestinal abnormalities. These clinical features are nonspecific and are indistinguishable from those of disseminated tuberculosis, other systemic mycoses, or infections due to intracellular pathogens such as *Salmonella* species.

Skin lesions are the most specific but late manifestations of talaromycosis, with central-necrotic papules on the face, trunk, and extremities occurring in 40% to 70% of patients. <sup>1,3,29</sup> Pulmonary involvement manifested as cough or shortness of breath occurs in 40% of patients. Gastrointestinal involvement presenting as diarrhea or abdominal pain occurs in 30% of patients. Significant hepatosplenomegaly is present in 70% of patients and together with intra-abdominal lymphadenopathy cause abdominal distention and pain. <sup>3,7</sup> Meningoencephalitis is a rare manifestation that occurs in <1% of patients and has a rapid disease course with a mortality of 80%. <sup>30</sup> Concurrent infections with other opportunistic pathogens occur in up to 60% of patients, with oropharyngeal candidiasis being the most common. <sup>2</sup>

Tuberculosis coinfection is common (occurring in up to 22% of patients in highly endemic regions) and complicates disease management because of itraconazole and rifampin drug interactions.<sup>3</sup>

Common laboratory findings associated with talaromycosis include anemia and thrombocytopenia due to bone marrow infiltration. Anemia can be profound and may require multiple red cell transfusions. Elevation of aminotransferase is common, with a serum aspartate aminotransferase (AST) over alanine aminotransferase (ALT) ratio of approximately 2.<sup>3</sup>

The median CD4 count in multiple cohorts<sup>2,3</sup> is <50 cells/mm<sup>3</sup>.

The chest radiographical findings are broad, ranging from diffuse interstitial disease to reticulonodular infiltrates to alveola infiltrates causing respiratory failure.<sup>31</sup>

# **Diagnosis**

A diagnosis of talaromycosis should be considered in all people with HIV with CD4 count <100 cells/mm³ who have traveled to or have lived in talaromycosis-endemic areas and present with a systemic infection involving the reticuloendothelial system (i.e., lymph nodes, liver, spleen, and bone marrow).

Skin lesions in talaromycosis have typical central-necrotic appearance and can be a diagnostic sign. However, skin lesions are a late manifestation of talaromycosis and are absent in up to 60% of patients. The current diagnostic methods for talaromycosis are still based on conventional microscopy, histology, and culture. Culture results usually return within 4 to 5 days but can take up to 28 days. Diagnostic delay, particularly in patients presenting without fever or skin lesions, is

associated with increased mortality.<sup>2,3,15,32</sup> Antigen detection and polymerase chain reaction (PCR)–based methods are promising rapid diagnostics currently being evaluated.

# Microscopy, Histology, and Culture Are the Current Gold Standard Diagnostic Methods

A presumptive diagnosis of talaromycosis can be made based on the microscopic examination of Giemsa-, Wright-, or Gomori Methenamine Silver (GMS)–stained samples of skin lesion scrapings, lymph node aspirate, bone marrow aspirate, or tissue sections showing round-to-oval extracellular and intramacrophage yeast-like organisms measuring 3 to 6 µm in diameter. Identification of a clear midline septum in a dividing yeast cell is what distinguishes *T. marneffei* from *Histoplasma* or *Candida* species. In some patients, the fungus can be identified by microscopic examination of a Wright-stained peripheral blood smear. 33

A definitive diagnosis of talaromycosis can be made by the histopathologic demonstration of the organism in biopsy specimens. There are three histopathological forms. The granulomatous reaction is formed by histiocytes, lymphocytes, and plasma; epithelioid and giant cells and can be seen in reticuloendothelial organs in patients who are HIV-negative or immunocompetent. The suppurative reaction develops with the joining of multiple abscesses seen in the lung and subcutaneous tissues of immunocompetent patients. The anergic and necrotizing reaction is characterized by focal necrosis surrounded by distended histiocytes containing proliferating fungi seen in the lung, liver, and spleen of immunocompromised patients.<sup>34</sup>

Most frequently, a definitive diagnosis of talaromycosis is based on isolation of the organism from cultures of clinical specimens.

Compared to other endemic dimorphic fungi, *T. marneffei* grows more readily in standard BACTEC blood culture media and Sabouraud dextrose agar but takes 5 to 14 days to grow and to demonstrate temperature dimorphism. At 25 °C to 30 °C, the fungus grows as a mold, producing yellow-green colonies with sulcate folds and a red diffusible pigment in the media. Microscopically, filamentous hyphae with characteristic spore-bearing structures called conidiophores and conidia can be seen. At 32 °C to 37 °C, the fungus makes the morphological transition from a mold to a yeast, producing tancolored colonies without a red diffusible pigment. In laboratory media, only the transitional sausage-shaped cells can be seen microscopically. The round-to-oval yeast cells are only seen in natural tissue.<sup>1</sup>

Culture yield is the highest from bone marrow (100%), followed by skin lesions (90%) and blood (70%).<sup>3,35</sup> Less commonly, talaromycosis has been diagnosed from sputum, pleural fluid, peritoneal fluid, cerebrospinal fluid, pericardium fluid, stool, and urine.

# Molecular Diagnosis

Molecular diagnostics for talaromycosis have been based on PCR amplification and sequence identification of specific regions within the fungal ribosome's internally transcribed spacer regions, the 5.8S rRNA, and the 18S rRNA genes of *T. marneffei*.<sup>36-39</sup> These assays have high specificity (100%) but limited sensitivity (60% to 70%). At present, none of the real-time PCR assays have been prospectively validated, standardized, or commercially developed for clinical use.

# Antigen Detection

The commercial assay for the detection of *Aspergillus* galactomannan cross-reacts with *T. marneffei* and has a sensitivity of 95.8% (23 of 24 patients with culture-positive talaromycosis were correctly identified) and a specificity of 90.9% (30 of 33 people without talaromycosis were correctly identified) for the detection of talaromycosis (at cutoff index = 1.0). However, the galactomannan test also cross reacts with other endemic fungi, such as *Histoplasma* and *Blastomyces*, and has not been evaluated prospectively.

The Mp1p enzyme-linked immunosorbent assay (ELISA) has been shown to be more sensitive than blood culture (in 372 culture-proven talaromycosis cases, sensitivity was 86.3% for the Mp1p ELISA and 74% for blood culture) and is highly specific (98.1% specificity in 338 healthy controls and 179 people without HIV but with other infections). This assay was used to screen a large serum bank of 8,131 people with HIV in Guangzhou, China, and showed a Mp1p antigenemia prevalence of 9.4%, with prevalence of antigenemia increased from 4.5% to 28.4% as the CD4 count decreased from 200 cells/mm³ to 50 cells/mm³, demonstrating a significant burden of disease in southern China. In Vietnam, the Mp1p ELISA identified 4.2% antigenemia in 1,123 asymptomatic people with HIV who had a CD4 count <100 cells/mm³ initiating antiretroviral therapy (ART) in 22 HIV clinics across Vietnam. Antigenemia was found to be independently associated with 12-month mortality. These data demonstrate that the Mp1p ELISA has the potential to detect infection earlier than culture allows and can potentially be used as a screening tool for subclinical infection, thereby permitting pre-emptive antifungal therapy to prevent disease development. This is an area of active research.

# Matrix-Assisted Laser Desorption/Ionization-Time of Flight Method

The matrix-assisted laser desorption/ionization-time of flight (MALDI-TOF) method recently has been used for identification of *Talaromyces* to the species level from cultured specimens based on either an in-house database generated from an institution's *T. marneffei* clinical strain collection<sup>43,44</sup> or from the comprehensive National Institutes of Health MDL Mold Library.<sup>45</sup> The MALDI-TOF represents a rapid and reliable tool for downstream fungal identification, eliminating the need to demonstrate thermal dimorphism.

# Antifungal Susceptibility Testing

The minimum inhibitory concentrations (MICs) have been consistently low for itraconazole, intermediate for amphotericin B, and high for fluconazole. Thus far, only one retrospective case series from Chiang Mai in Thailand correlated MIC data of 30 clinical isolates with patient outcomes. More recent studies reported low MIC values for the newer generation azole drugs voriconazole (MICs  $0.016-0.063~\mu g/mL$ ) and posaconazole (MICs  $0.001-0.002~\mu g/ml$ ), and intermediate to high MIC values of  $2~\mu g/ml$  to  $8~\mu g/mL$  for anidulafungin. A later study utilized a commercial Sensititre YeastOne YO10 assay. These results suggest promising activity of voriconazole and posaconazole for the treatment of talaromycosis and suggest that the echinocandins are less effective against *T. marneffei*.

# **Preventing Exposure**

Two case-controls studies in Thailand and Vietnam demonstrated that people with World Health Organization Stage 4 HIV disease or a CD4 count <100 cells/mm³ who had an occupational exposure

to plants and farmed animals were at increased risk for infection. <sup>20,21</sup> The risk was higher in the rainy and humid months. <sup>3,22</sup>

Residency or a history of traveling to the highland regions (as short as 3 days) was a risk factor for talaromycosis in people with advanced HIV disease in southern Vietnam.<sup>20</sup> These data suggest that people with advanced HIV should avoid visiting the areas where talaromycosis is highly endemic, particularly highland regions during the rainy and humid months (**BIII**).

# **Preventing Disease**

### Preventing First Episode of Talaromycosis (Primary Prophylaxis)

Indication for Primary Prophylaxis

- People with a CD4 count <100 cells/mm³ who are unable to have ART or have treatment failure without access to effective ART options and who either:
  - o Reside in the highly endemic regions in northern Thailand, throughout Vietnam, and in southern China (particularly in highland regions during the rainy humid months) **(BI)**, *or*
  - o Are from countries outside of the endemic region and must travel to the region (BIII).

#### Primary Prophylaxis

- For Individuals Residing in Endemic Areas
  - o Preferred Therapy: Itraconazole 200 mg PO once daily (BI)
  - o Alternative Therapy: Fluconazole 400 mg PO once weekly (BII)
- For Individuals Traveling to Endemic Areas
  - o Preferred Therapy: Begin itraconazole 200 mg PO once daily 3 days before travel and continue for 1 week after leaving the endemic area (BIII).
  - o Alternative Therapy: Begin fluconazole 400 mg 3 days before travel, then continue 400 mg once weekly while in the area and take final dose after leaving the endemic area (BIII).

Indication for Discontinuing Primary Prophylaxis for People Who Reside in Endemic Areas

- CD4 count >100 cells/mm³ for ≥6 months in response to ART (BII)
- Viral load suppression for ≥6 months on ART (BIII)

Indication for Restarting Primary Prophylaxis

• CD4 count decreases to <100 cells/mm³ (**BIII**) and the person still resides in or travels to high-risk areas. Primary prophylaxis for travelers may begin 3 days prior to travel to allow serum drug level to reach steady state and may continue for 1 week after travel (**BIII**).

Key: ART = antiretroviral therapy; CD4 = CD4 T lymphocyte; PO = orally

Primary prophylaxis has been shown to reduce the incidence of talaromycosis and other invasive fungal infections. A double-blind, placebo-controlled trial<sup>48</sup> in Chiang Mai, Thailand, demonstrated that oral itraconazole 200 mg daily for primary prophylaxis significantly reduced the occurrence of invasive fungal infections (predominantly cryptococcosis and talaromycosis) in people with HIV with a CD4 count <200 cells/mm<sup>3</sup>.

In a retrospective study also in Chiang Mai, fluconazole (400 mg weekly) was shown to be as effective as itraconazole (200 mg daily) for primary prophylaxis.<sup>49</sup> However, these studies were conducted prior to the widespread use of ART and had small sample sizes, and a mortality benefit was not observed. Therefore, primary prophylaxis has not been widely adopted given concerns about long-term toxicity, drug–drug interactions, and costs.

### Indication for Primary Prophylaxis

Primary prophylaxis is only recommended for people with HIV with CD4 counts <100 cells/mm<sup>3</sup> who reside in the highly endemic regions in northern Thailand, southern China, and northern and southern Vietnam who are unable to have ART for whatever reasons or have treatment failure without access to effective antiretroviral (ARV) options (**BI**). The drug choices for prophylaxis are oral itraconazole 200 mg once daily (**BI**) or oral fluconazole 400 mg once weekly (**BII**).

Primary prophylaxis is not recommended in people with HIV who are on or about to start effective ART and is not recommended in geographic areas outside of the mentioned highly endemic regions (AIII).

For people with HIV who are from the United States and from countries outside of the endemic region who are not on effective ART, have a CD4 count <100 cells/mm<sup>3</sup>, and must travel to the highly endemic areas mentioned, primary prophylaxis with either itraconazole or fluconazole should begin 3 days prior to travel to allow serum drug level to reach steady state and may continue for 1 week after travel (BIII).

# Discontinuation of Primary Prophylaxis

Primary prophylaxis for talaromycosis can reasonably be discontinued in people with HIV who are ART adherent and have a sustained CD4 count ≥100 cells/mm³ for more than 6 months (BII). In areas where viral load monitoring has replaced CD4 count monitoring, primary prophylaxis can reasonably be discontinued in people with HIV who achieve sustained virologic suppression at least 6 months (BIII).

# **Treating Disease**

#### Treating Acute Infection in Severely III Patients

Preferred Therapy

- Induction Therapy
  - o Liposomal amphotericin B 3–5 mg/kg/day IV for 2 weeks, followed by
- Consolidation Therapy
  - o Itraconazole 200 mg PO twice daily for 10 weeks (AI), followed by
- Maintenance Therapy or Secondary Prophylaxis
  - o Itraconazole 200 mg PO daily (AII)

Alternative Therapy (If Liposomal Amphotericin B Is Not Available)

Induction Therapy

- o Deoxycholate amphotericin B 0.7 mg/kg/day IV for 2 weeks, followed by
- Consolidation Therapy
  - o Itraconazole 200 mg PO twice daily for 10 weeks (AI), followed by
- Maintenance Therapy or Secondary Prophylaxis
  - o Itraconazole 200 mg PO daily (All)

Alternative Therapy (If Amphotericin B Is Not Available)

- Induction Therapy
  - Voriconazole 6 mg/kg IV every 12 hours for 1 day (loading dose) and then voriconazole 4 mg/kg IV every 12 hours for 2 weeks, or
  - Oral voriconazole 600 mg every 12 hours on day 1 (loading dose) and then voriconazole 400 mg PO every 12 hours for 2 weeks; followed by
- Consolidation Therapy
  - o Voriconazole 200 mg PO twice daily, or
  - o Itraconazole 200 mg PO twice daily for a maximum of 10 weeks (BII); followed by
- Maintenance Therapy or Secondary Prophylaxis
  - o Itraconazole 200 mg PO daily (All)

Note: Itraconazole is not recommended as induction therapy for talaromycosis (AI).

Criteria for Discontinuing Chronic Maintenance Therapy

- CD4 count >100 cells/mm³ for ≥6 months in response to ART (BII)
- Virologic suppression for ≥6 months on ART (BIII)

Criteria for Restarting Chronic Maintenance Therapy

• CD4 count decreases to <100 cells/mm³ (AIII)

#### Other Considerations

- To improve outcomes, ART can be initiated as early as 1 week after the initiation of treatment for talaromycosis with amphotericin B induction therapy (BII).
- Given erratic absorption of itraconazole, extensive interindividual variability and nonlinear PK of voriconazole, and the
  potential for drug interactions with ARV drugs, itraconazole and voriconazole concentrations should be monitored, and
  serum trough concentration should be >0.5 μg/mL for itraconazole and >1 μg/mL for voriconazole (BIII). Both itraconazole
  and voriconazole can have significant drug–drug interactions with various ARV drugs; dosage adjustment may be
  necessary, and TDM to guide therapy can be considered (see the <u>Drug–Drug Interactions tables</u> in the <u>Adult and</u>
  <u>Adolescent Antiretroviral Guidelines</u> for further recommendations).
- Substitution of amphotericin B for high-dose azoles in the first trimester is recommended (BIII). People on secondary prophylaxis with itraconazole or other azoles should postpone pregnancy until their CD4 counts have been restored with ART, such that prophylaxis can be discontinued (BIII).

**Key:** ART = antiretroviral therapy; ARV = antiretroviral; CD4 = CD4 T lymphocyte; IV = intravenously; PK = pharmacokinetics; PO = orally; TDM = therapeutic drug monitoring

Disseminated talaromycosis is fatal if untreated.<sup>50</sup>

The case fatality rates with antifungal therapy range from 10% to 30%. <sup>2,3,6,16</sup>

Antifungal therapy for talaromycosis is divided into induction, consolidation, and maintenance phases. The treatment recommendations are based on several observational studies in Thailand and China<sup>51-54</sup> and the recent Itraconazole versus Amphotericin B for Penicilliosis (IVAP) randomized, controlled trial in Vietnam.<sup>55</sup>

In an earlier noncomparative prospective study of 74 patients in Thailand, induction therapy with deoxycholate amphotericin B for 2 weeks followed by consolidation therapy with itraconazole for 10 weeks was shown to be highly effective. Treatment success rate (defined by negative blood culture and resolution of fever and skin lesions at the end of a 12-week treatment course) was 97%.<sup>51</sup>

Voriconazole has been used for induction therapy in patients who could not tolerate amphotericin B and was shown to have favorable clinical and microbiological outcomes in 8 of 9 patients in Thailand<sup>53</sup> and 10 of 14 patients in China.<sup>52</sup>

The IVAP trial randomized 440 patients across 5 hospitals in Vietnam and demonstrated that induction therapy with amphotericin B was superior to itraconazole with respect to 6-month mortality (absolute risk of death was 11% and 21%, respectively; hazard ratio of death in the itraconazole arm was 1.88 [95% confidence interval, 1.15–3.09; P = 0.012]). Patients in the amphotericin B arm had significantly lower rates of disease complications, including disease relapse and immune reconstitution inflammatory syndrome (IRIS), and had a fourfold faster rate of blood fungal clearance. The difference in mortality between the arms was not dependent on disease severity (based on positive blood culture, blood fungal count, or requirement for oxygen support at presentation) or by a participant's immune status (CD4 count <50 cells/mm³ or  $\geq$ 50 cells/mm³), ART status, or intravenous (IV) drug use.<sup>55</sup>

The recommended induction therapy for all patients, regardless of disease severity, is amphotericin B, preferably liposomal amphotericin B 3 to 5 mg/kg/day where available, or deoxycholate amphotericin B 0.7 mg/kg body weight/day, IV for 2 weeks (AI).

Induction therapy should be followed by consolidation therapy with oral itraconazole, 200 mg every 12 hours for a subsequent duration of 10 weeks (AI).<sup>55</sup> After this period, maintenance therapy (or secondary prophylaxis) with oral itraconazole 200 mg/day is recommended to prevent recurrence until the CD4 count rises above 100 cells/mm<sup>3</sup> for  $\geq$ 6 months (AI).<sup>56</sup>

For patients who are unable to tolerate any form of amphotericin, induction therapy with IV voriconazole 6 mg/kg every 12 hours on Day 1 (loading dose), then 4 mg/kg every 12 hours or with oral voriconazole 600 mg every 12 hours on Day 1 (loading dose), then 400 mg every 12 hours for 2 weeks is recommended (**BII**).<sup>52,53</sup>

Thereafter, either oral voriconazole or oral itraconazole 200 mg every 12 hours can be used for consolidation therapy for 10 weeks, followed by itraconazole 200 mg/day for secondary prophylaxis. The optimal dose of voriconazole for secondary prophylaxis beyond 12 weeks has not been studied.

Itraconazole is not recommended as an induction therapy for talaromycosis, regardless of disease severity (**AI**).<sup>55</sup>

# Special Considerations with Regard to Starting ART

No studies exist regarding the optimal time to start ART in people with HIV who have talaromycosis. In the IVAP trial, the median time to ART initiation, which was similar in both arms, was 3 weeks (range: 1–5 weeks).

Paradoxical IRIS events occurred only in the itraconazole arm (in 11.4% of patients), suggesting that ART can be safely initiated as early as 1 week after starting effective antifungal therapy with amphotericin B (**BIII**).<sup>55</sup>

# Monitoring of Response to Therapy and Adverse Events (Including IRIS)

### Adverse Event Monitoring

Patients treated with amphotericin B should be monitored for infusion-related adverse reactions (fever, rigors, nausea, vomiting), electrolyte disturbances (particularly hypokalemia and hypomagnesemia), nephrotoxicity (rise in creatinine), and anemia. Hydration with 500 mL to 1,000 mL of normal saline and potassium supplementation before each amphotericin B infusion reduces the risk of nephrotoxicity during treatment (**AII**). Infusion-related adverse reactions can be ameliorated by pre-treatment with acetaminophen and diphenhydramine.

# Drug-Drug Interactions and Therapeutic Drug Monitoring

Itraconazole and voriconazole and ARV drugs—such as protease inhibitors, some integrase strand transfer inhibitors, and non-nucleoside reverse transcriptase inhibitors—can have bidirectional interactions with each other, leading to increased or decreased drug concentrations (see <a href="Drug-Drug-Interactions">Drug-Drug-Interactions</a> in the <a href="Adult and Adolescent Antiretroviral Guidelines">Adult and Adolescent Antiretroviral Guidelines</a>). Close monitoring is recommended when using these drugs together.

In settings where therapeutic drug monitoring (TDM) is available, serum itraconazole and voriconazole levels should be obtained in all patients to ensure adequate drug exposure (**BIII**). This is because itraconazole and voriconazole can interact with some ARV drugs and absorption of itraconazole can be erratic, and because of the extensive interindividual variability and nonlinear pharmacokinetics of voriconazole. The target serum trough concentration should be  $>0.5~\mu g/mL$  for itraconazole and  $>1~\mu g/mL$  for voriconazole (**BIII**). Because it is more bioavailable, itraconazole solution is preferred over the capsule formulation.

# Prevention and Management of IRIS

Both unmasking and paradoxical IRIS have been described in patients with talaromycosis when ART is initiated.<sup>57-59</sup> In the IVAP trial, 188 of 432 (44%) patients had started ART a median of 3 to 4 months before developing talaromycosis, indicating the role of ART in the unmasking of subclinical infection in a significant proportion of patients.<sup>55</sup> This finding highlights the need for a sensitive assay to screen for subclinical infection and the importance of pre-emptive antifungal therapy to prevent disease and unmasking IRIS. In patients starting ART after a diagnosis of talaromycosis, paradoxical IRIS events only occurred in patients treated with itraconazole induction therapy,<sup>55</sup> demonstrating the role of effective induction therapy with amphotericin B in the prevention of paradoxical IRIS. ART should not be withheld because of concerns for possible development of IRIS (AIII).

Patients with paradoxical IRIS typically present with inflammatory manifestations that include erythematous or immunological skin lesions, such as erythema nodosum, as well as large and painful peripheral lymph nodes and synovitis of small joints. Most symptoms can be managed by judicious use of nonsteroid anti-inflammatory medicine. Corticosteroids are reserved for synovitis that interferes with daily function. Although the IRIS events in the IVAP trial were not associated with increased mortality and were managed effectively with continuation of ART and antifungal therapy, they were associated with higher morbidity, including lower quality of life and increased diagnostic testing, duration of hospitalization, and cost. 55

# Managing Treatment Failure and Relapse

Talaromycosis treatment failure and disease relapse were associated with ineffective induction therapy with itraconazole, highlighting the importance of amphotericin B induction therapy.<sup>55</sup> On the basis of case series that included very few patients and on clinical experiences, voriconazole is an alternative therapy for patients who are unable to tolerate amphotericin B treatment (**BII**).

Disease relapse is associated with higher mortality<sup>55</sup> and occurs mainly in patients who are not adherent to ART or have virologic failure, as well as in those who are not adherent to itraconazole consolidation or maintenance therapy. Therapy adherence counseling and TDM for itraconazole and voriconazole, if available, are recommended (**AIII**).

# **Preventing Recurrence**

# When to Start Secondary Prophylaxis/Chronic Maintenance Therapy

A study showed that >50% of patients not treated with ART had disease relapse within 6 months after discontinuation of antifungal therapy. A double-blind, placebo-controlled study conducted in Chiang Mai, Thailand, demonstrated that secondary prophylaxis with oral itraconazole 200 mg daily in patients with AIDS reduced the talaromycosis relapse rate from 57% to 0% (p < 0.001). All patients who successfully complete induction and consolidation treatment for talaromycosis should receive secondary prophylaxis (maintenance therapy) with oral itraconazole 200 mg/day until they reach criteria for stopping secondary prophylaxis (AI).

# When to Stop Secondary Prophylaxis/Chronic Maintenance Therapy

No randomized, controlled study has demonstrated the safety of discontinuation of secondary prophylaxis for talaromycosis. However, a retrospective cohort study<sup>60</sup> reported no relapse of talaromycosis after itraconazole was discontinued in patients receiving ART whose CD4 counts were >100 cells/mm<sup>3</sup>.

Therefore, secondary prophylaxis for talaromycosis can be discontinued in patients who are ART adherent and have CD4 counts >100 cells/mm<sup>3</sup> for at least 6 months (**BH**).

Secondary prophylaxis can reasonably be discontinued in patients with sustained virologic suppression for  $\geq 6$  months (BIII).

Secondary prophylaxis/chronic maintenance therapy should be reintroduced if the CD4 count decreases to <100 cells/mm<sup>3</sup> (BIII).

# **Special Considerations During Pregnancy**

The diagnosis and treatment of talaromycosis during pregnancy is similar to that in nonpregnant adults, with the following considerations regarding antifungal use in pregnancy. Amphotericin B has not been shown to be teratogenic in animals, and no increase in fetal anomalies has been seen with its use in humans. Neonates born to people on chronic amphotericin B at delivery should be evaluated for renal dysfunction and hypokalemia.

Itraconazole at high doses has been shown to be teratogenic in animals, but because humans lack the metabolic mechanism accounting for these defects, the animal teratogenicity data are not applicable to humans. Case series in humans do not suggest an increased risk of birth defects with itraconazole, but experience is very limited.<sup>61</sup>

Voriconazole is Food and Drug Administration Category D because of teratogenicity (cleft palate and renal defects) seen in rats and embryotoxicity in rabbits. No human data on use of voriconazole are available, so use in the first trimester is not recommended.

Substitution of amphotericin B for high-dose azoles in the first trimester is recommended (**BIII**). People on secondary prophylaxis with itraconazole or other azoles should postpone pregnancy until their CD4 counts have been restored with ART, such that prophylaxis can be discontinued (**BIII**). If a person becomes pregnant while receiving itraconazole prophylaxis, the decision as to whether to continue should be individualized based on current CD4 count and viral suppression and patient preference.

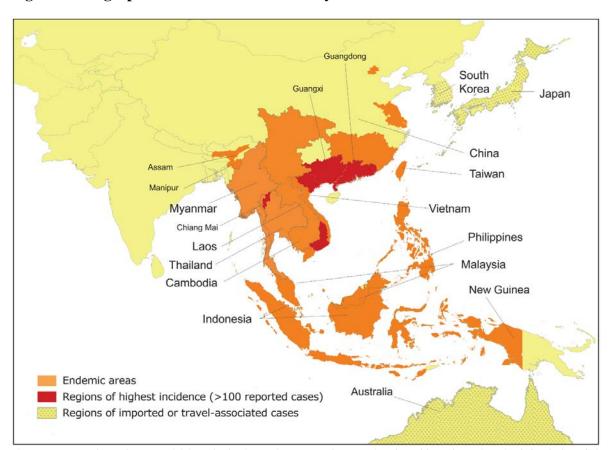


Figure 1. Geographic Distribution of Talaromycosis

Figure courtesy of Dr. Thuy Le, Division of Infectious Diseases and International Health, Duke University School of Medicine.

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# **Toxoplasmosis**

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*Toxoplasma gondii* is a protozoan that can commonly cause asymptomatic infection, a mononucleosis-like syndrome, retinochoroiditis, or congenital infection in immunocompetent individuals, but it presents most often as toxoplasma encephalitis (TE) in people with HIV who are severely immunocompromised. <sup>1-4</sup> Toxoplasmosis in people with HIV appears to occur mainly due to reactivation of latent tissue cysts from a prior infection; primary infection is occasionally associated with acute cerebral or disseminated disease.

# **Epidemiology**

Primary infection occurs most commonly after consumption of undercooked meat, unwashed fruits or vegetables, water, or unpasteurized milk containing viable organisms, or ingesting oocysts that have been shed in cat feces and sporulated in the environment, a process that takes at least 24 hours. In up to 50% of individuals, primary infection can occur in the absence of conventional risk factors. Infection can also be transmitted congenitally, or rarely following organ transplant or blood transfusion. The organism is not transmitted through direct person-to-person contact.

Seroprevalence of anti-*Toxoplasma* antibody, indicating prior infection, can vary substantially within the United States based on geography and demographics, with an overall prevalence of approximately 11%, versus 40% to 80% in certain European, Latin American, Asian, and African countries. In the era before antiretroviral therapy (ART), the 12-month incidence of TE was approximately 33% in patients with advanced immunodeficiency who were seropositive for *T. gondii* and not receiving prophylaxis with drugs active against the disease. A very low incidence of toxoplasmosis is seen in people with HIV who are seronegative for *T. gondii*. In these individuals, their toxoplasmosis presumably represents primary infection, reactivation of latent disease in individuals who cannot produce detectable antibodies, or the use of insensitive assays. 13,14

### **Clinical Manifestations**

Clinical disease related to immunodeficiency is rare among people with HIV with CD4 T lymphocyte (CD4) cell counts >200 cells/mm³. People with CD4 counts <50 cells/mm³ are at greatest risk. 1,3,14,15 Among people with HIV, the most common clinical presentation of *T. gondii* infection is focal encephalitis, with subacute onset of headache, focal neurologic deficits (e.g., hemiparesis), and sometimes fever. People with HIV also may present with non-focal encephalitis, with manifestations including isolated headache and generalized seizures. Focal neurological abnormalities may be present on physical examination. In the absence of treatment, disease progression may result in seizures, stupor, coma, and death. Computed tomography (CT) scan or magnetic resonance imaging (MRI) of the brain following intravenous contrast administration will typically show multiple contrast-enhancing lesions, with a predilection for the basal ganglia, often with edema and associated mass effect. Toxoplasmosis can more rarely manifest as a single brain lesion or diffuse encephalitis without evidence of focal brain lesions on imaging studies. The latter presentation tends to be rapidly progressive and fatal. Retinochoroiditis, pneumonia, adenopathy, and evidence of other multifocal organ system involvement can occur but are uncommon in people with HIV.

# **Diagnosis**

People with HIV and concomitant TE are usually seropositive for anti-toxoplasma immunoglobulin G (IgG) antibodies. <sup>1,3,15,20</sup> The absence of IgG antibody makes a diagnosis of toxoplasmosis unlikely but not impossible. Anti-toxoplasma immunoglobulin M (IgM) antibodies are usually absent and should not be requested unless primary infection is suspected. Quantitative antibody titers are not useful for diagnosis.

Definitive diagnosis of TE requires a compatible clinical syndrome, identification of one or more mass lesions by CT or MRI, and detection of the organism in a clinical sample. A presumptive diagnosis is based on a consistent clinical and radiographic presentation, presence of anti-*Toxoplasma* IgG antibodies, and response to anti-*Toxoplasma* therapy, but without detection of the organism. Most diagnoses are made either presumptively or based on a positive cerebrospinal fluid (CSF) toxoplasma polymerase chain reaction (PCR).

On imaging studies, toxoplasmosis presents as contrast-enhancing lesions (typically ring-enhancing), with a predilection for the basal ganglia. MRI has sensitivity superior to that of CT and should be obtained in patients with equivocal or negative CT studies. Positron emission tomography<sup>18</sup> or single-photon emission CT scanning<sup>19</sup> may be helpful in distinguishing between TE and primary central nervous system (CNS) lymphoma, but no imaging technique is completely specific. For TE, detection of the organism requires either a brain biopsy, most commonly stereotactic, or a positive CSF PCR test. Hematoxylin and eosin stains can be used for detection of *T. gondii* in biopsies, but sensitivity is significantly increased if immunoperoxidase staining is used and if experienced laboratories process the specimens.<sup>21</sup>

If safe and feasible, a lumbar puncture should be performed for *T. gondii* PCR, as well as for cytology, culture, cryptococcal antigen, and PCR for *Mycobacterium tuberculosis*, Epstein-Barr virus (EBV), and JC virus (JCV) depending on imaging findings. PCR for cytomegalovirus and varicella-zoster virus, as well as testing for syphilis, may also be considered. Detection of *T. gondii* by PCR in CSF has high specificity (96% to 100%), but low sensitivity (50%), especially once specific anti-*Toxoplasma* therapy has been started. <sup>22-25</sup>

The differential diagnosis of CNS lesions with mass effect in patients with AIDS most often includes primary CNS lymphoma, tuberculosis, and endemic fungal infection (e.g., cryptococcosis). Lymphoma can be indistinguishable from TE radiographically, both frequently presenting with ring-enhancing lesions, although lymphoma presents more often with a single lesion.<sup>26</sup> In the absence of immune reconstitution inflammatory syndrome (IRIS), progressive multifocal leukoencephalopathy (PML) can be distinguished based on imaging studies. PML lesions typically involve white matter rather than gray matter, are usually non-contrast-enhancing, and produce no mass effect. There are a large number of less common causes of focal neurologic disease in people with AIDS including Chagas disease, metastatic tumors, and pyogenic brain abscess, particularly in people who inject drugs.

Given the risks associated with a brain biopsy, and the difficulty in obtaining one at many centers, a presumptive diagnosis of TE is established based on an objective response to empiric therapy.<sup>27</sup> Brain biopsy is then reserved for patients who fail to respond to specific therapy, although earlier biopsy should be strongly considered if results from imaging, serology, or CSF PCR do not confirm toxoplasmosis or suggest an etiology other than toxoplasmosis. In patients with contrast-enhancing lesions, detection of EBV in the CSF by PCR should raise concern for CNS lymphoma, especially

when quantitative results show CSF levels above 10,000 EBV copies/mL; however, it is not diagnostic by itself.<sup>28-30</sup> In people with HIV receiving ART, PML-IRIS may also present with contrast-enhancing lesions, in which case JCV by PCR in CSF is highly suggestive of PML.<sup>31</sup>

## **Preventing Exposure**

People with HIV should be counseled regarding sources of *Toxoplasma* infection. Those with CD4 counts <200 cells/mm<sup>3</sup> should be tested for IgG antibody to *Toxoplasma* soon after they are diagnosed with HIV to detect latent infection with *T. gondii* (**BIII**).

To minimize risk of acquiring toxoplasmosis, people with HIV, especially those with CD4 counts <200 cells/mm³, should be advised not to eat raw or undercooked meat, including undercooked lamb, beef, pork, or venison, and not to eat raw shellfish, including oysters, clams, and mussels (BIII). Lamb, beef, venison, and pork should be cooked to an internal temperature of 165 °F to 170 °F;³² meat cooked until it is no longer pink inside usually has an internal temperature of 165 °F to 170 °F, and therefore, from a more practical perspective, satisfies this requirement. People with HIV should wash their hands after contact with raw meat and after gardening or other contact with soil; they should also wash fruits and vegetables well before eating them raw (BIII).

Cat owners with HIV whose CD4 counts are <200 cells/mm<sup>3</sup> and who are seronegative should be advised to have a nonpregnant person without HIV change the litter box daily. If a person with HIV must change the litter box themselves, they should wear gloves and wash their hands thoroughly afterward (BIII). They also should be encouraged to keep their cats inside and not to adopt or handle stray cats (BIII). Cats should be fed only canned or dried commercial food or well-cooked table food, not raw or undercooked meats (BIII). People with HIV do not need to be advised to part with their cats or to have their cats tested for toxoplasmosis (BIII).

# **Preventing Disease**

### Recommendations for Preventing Toxoplasma gondii Encephalitis

### Preventing 1st Episode of Toxoplasma gondii Encephalitis (Primary Prophylaxis)

### Indications for Initiating Primary Prophylaxis

• Toxoplasma IgG positive patients with CD4 count <100 cells/mm³ (AII)

Note: Listed regimens are also effective against PCP.

#### Preferred Regimen

• TMP-SMX one DS PO daily (All)

#### **Alternative Regimens**

- TMP-SMX one DS PO three times weekly (BII), or
- TMP-SMX one SS PO daily (BIII), or
- Dapsone<sup>a</sup> 50 mg PO daily + (pyrimethamine 50 mg + leucovorin 25 mg) PO weekly (BI), or
- (Dapsone<sup>a</sup> 200 mg + pyrimethamine 75 mg + leucovorin 25 mg) PO weekly (CI), or
- Atoyaguone<sup>b</sup> 1,500 mg PO daily (CIII), or

• (Atovaquone<sup>b</sup> 1,500 mg + pyrimethamine 25 mg + leucovorin 10 mg) PO daily (CIII)

### Indication for Discontinuing Primary Prophylaxis

- CD4 count >200 cells/mm³ for >3 months and sustained HIV RNA below limits of detection in response to ARV therapy (AI); or
- Can consider if CD4 count is 100–200 cells/mm³ and HIV RNA remains below limits of detection for at least 3–6 months (BII)

### Indication for Restarting Primary Prophylaxis

- CD4 count <100 cells/mm3 (AIII)
- CD4 count 100–200 cells/mm³ and HIV RNA above detection limits (AIII)

### **Pregnancy Considerations**

Indication, drugs, and doses are the same as for nonpregnant individuals.

**Key:** ARV = antiretroviral; CD4 = CD4 T lymphocyte; DS = double-strength; G6PD = glucose-6-phosphate dehydrogenase; lgG = immunoglobulin G; PCP = *Pneumocystis* pneumonia; PO = orally; SS = single-strength; TMP-SMX = trimethoprim-sulfamethoxazole

## Indication for Primary Prophylaxis

*Toxoplasma*-seropositive people who have CD4 counts <100 cells/mm<sup>3</sup> should receive prophylaxis against TE (AII).<sup>33,34</sup>

The preferred primary prophylaxis regimen is one double-strength tablet daily of TMP-SMX (AII). This is also the preferred prophylaxis regimen for *Pneumocystis jirovecii* pneumonia (PCP), which all people at risk for toxoplasmosis are also at risk for developing. TMP-SMX, one double-strength tablet three times weekly, is an alternative (BII). TMP-SMX, one single-strength tablet daily, is also an option (BIII). If TMP-SMX cannot be tolerated, the recommended alternative is dapsone plus pyrimethamine plus leucovorin, which also is effective against PCP (see table for rating based on dapsone and pyrimethamine doses). Atovaquone with or without pyrimethamine plus leucovorin is active against PCP and can also be considered for toxoplasmosis (CIII). For people in whom other alternatives are not possible, pyrimethamine (plus leucovorin) alone may have some efficacy as primary prophylaxis (CIII). Aerosolized pentamidine does not protect against TE and is not recommended for anti-*Toxoplasma* prophylaxis (AI). 33,38

# Discontinuing Primary Prophylaxis

Prophylaxis against TE should be discontinued in adults and adolescents with HIV receiving ARV therapy with sustained suppression of plasma HIV RNA levels below the detection limits of available assays whose CD4 counts increase to >200 cells/mm³ for more than 3 months (AI).<sup>39-43</sup> In this setting primary TE prophylaxis should be discontinued because it adds little value in preventing toxoplasmosis and increases pill burden, potential for drug toxicity and interaction, likelihood of development of drug-resistant pathogens, and cost.

<sup>&</sup>lt;sup>a</sup> Whenever possible, patients should be tested for G6PD deficiency before administrating dapsone. Alternative agent should be used if the patient is found to have G6PD deficiency.

<sup>&</sup>lt;sup>b</sup> Atovaquone should be taken with meals or nutritional supplement to ensure adequate oral absorption.

A combined analysis of 10 European cohorts found a low incidence of TE in patients with CD4 counts between 100 and 200 cells/mm³, who were receiving ARVs and had HIV RNA plasma viral loads <400 copies/mL, and who had stopped or never received TE prophylaxis; this suggests that primary TE prophylaxis can be safely discontinued in patients with CD4 counts 100 to 200 cells/mm³ and HIV plasma RNA levels below limits of detection with commercial assays. Similar observations have been made with regard to stopping primary or secondary prophylaxis for PCP. Data on which to base specific recommendations are inadequate, but one approach would be to stop primary prophylaxis in patients with CD4 counts of 100 to 200 cells/mm³ if HIV plasma RNA levels remain below limits of detection for at least 3 to 6 months (BII).

## **Treating Disease**

### Recommendations for Treating Toxoplasma gondii Encephalitis

### Treating Toxoplasma gondii Encephalitis

#### **Preferred Regimens for Acute Infection**

- Pyrimethamine 200 mg PO once, followed by weight-based dosing (AI):
  - o Body weight ≤60 kg: pyrimethamine 50 mg PO daily + sulfadiazine 1,000 mg PO every 6 hours + leucovorin 10–25 mg PO daily (can increase to 50 mg daily or twice daily)
  - o Body weight >60 kg: pyrimethamine 75 mg PO daily + sulfadiazine 1,500 mg PO every 6 hours + leucovorin 10–25 mg PO daily (can increase to 50 mg daily or twice daily)

or

• TMP-SMX (TMP 5 mg/kg and SMX 25 mg/kg) (IV or PO) twice daily (AII)

**Note:** If pyrimethamine is unavailable or cannot be obtained without delay due to costs or other factors, TMP-SMX should be used in place of pyrimethamine-sulfadiazine (AII).

### Alternative Regimens for Acute Infection

- (Pyrimethamine + leucovorin)<sup>c</sup> plus clindamycin 600 mg IV or PO every 6 hours (AI); preferred alternative for patients intolerant of sulfadiazine or who do not respond to pyrimethamine<sup>b</sup>-sulfadiazine; must add additional agent for PCP prophylaxis (AII), or
- Atovaquone<sup>b</sup> 1,500 mg PO twice daily + (pyrimethamine +leucovorin)<sup>c</sup> (BII), or
- Atovaquone<sup>b</sup> 1,500 mg PO twice daily + sulfadiazine<sup>d</sup> (BII), or
- Atovaquone<sup>b</sup> 1,500 mg PO twice daily (BII)
- For patients with a history of sulfa allergy, rapid sulfa desensitization may be attempted using one of several published strategies (BI).
- During the desensitization phase, atovaquone 1,500 mg PO should be administered twice daily until therapeutic doses of TMP-SMX (TMP 5 mg/kg and SMX 25 mg/kg) twice daily are achieved (CIII).

### Total Duration for Treating Acute Infection

- At least 6 weeks (BII); longer duration if clinical or radiologic disease is extensive or response is incomplete at 6 weeks
- After completion of the acute therapy, all patients should be continued on chronic maintenance therapy as outlined below.

#### Chronic Maintenance Therapy for *Toxoplasma gondii* Encephalitis

Preferred Regimens

- Pyrimethamine 25–50 mg PO daily + sulfadiazine 2,000–4,000 mg PO daily (in 2 to 4 divided doses) + leucovorin 10–25 mg PO daily (AI), or
- TMP-SMX DS one tablet twice daily (AII)

Alternative Regimens

- (Pyrimethamine 25–50 mg + leucovorin 10–25 mg) PO daily plus clindamycin 1,800 mg PO daily dose (in 3 or 4 divided doses) (BI); must add additional agent to prevent PCP (AII), or
- Atovaquone<sup>b</sup> 750–1,500 mg PO twice daily + (pyrimethamine 25 mg + leucovorin 10 mg) PO daily (BII), or
- Atovaquone<sup>b</sup> 750–1,500 mg PO twice daily + sulfadiazine 2,000–4,000 mg PO daily (in 2 to 4 divided doses) (BII), or
- Atovaquone<sup>b</sup> 750–1,500 mg PO twice daily (BII)

Criteria for Discontinuing Chronic Maintenance Therapy (BI)

- Successfully completed initial therapy, and
- Asymptomatic of signs and symptoms of TE, and
- CD4 count >200 cells/mm³ for >6 months in response to ARVs

Criteria for Restarting Secondary Prophylaxis/Chronic Maintenance

• CD4 count <200 cells/mm³ regardless of HIV RNA level (AIII)

#### Other Considerations

- Adjunctive corticosteroids (e.g., dexamethasone) should only be administered when clinically indicated to treat a mass
  effect associated with focal lesions or associated edema (BIII) or for control of clinically significant IRIS symptoms in
  conjunction with ART and anti-toxoplasma therapy (CIII); discontinue as soon as clinically feasible. For patients in whom
  the diagnosis of TE is presumptive based in part on clinical response, one needs to be careful as CNS lymphoma may also
  respond to steroids clinically and radiologically.
- Antiseizure medications should be administered to patients with TE and associated seizures (AII) and continued through at least the period of acute treatment (BII); antiseizure medications should not be used as prophylaxis in patients without seizures (BII).

### **Pregnancy Considerations**

#### Suspected or Confirmed Acute Toxoplasmosis During Pregnancy

Initial Therapy (primary infection during pregnancy or symptomatic reactivation of T. gondii without encephalitis)

- Initiation of therapy before 14 weeks of pregnancy: spiramycin administered orally at a dosage of 1.0 g (or 3 million U) every 8 hours (total dosage of 3 g or 9 million U per day) (All)
- Initiation of therapy on or after 14 weeks of pregnancy: pyrimethamine (50 mg PO twice daily x 2 days, then 50 mg PO daily) + sulfadiazine (75 mg/kg PO x 1 day, then 50 mg/kg PO twice daily) + leucovorin (10–20 mg/day during and 1 week after pyrimethamine use) (All)

Fetal Assessment

- Amniocentesis for toxoplasmosis PCR to be done at 18 weeks gestation or later (BIII)
- Fetal ultrasonography every 4 weeks until delivery (AIII)
- If no evidence of fetal infection (negative amniotic fluid PCR, no fetal ultrasonographic abnormalities), continue initial therapy.

### Treatment of Toxoplasma gondii Encephalitis During Pregnancy

- Treatment regimen is the same as for nonpregnant individuals (BIII).
- In general, pyrimethamine should be avoided in the first trimester of pregnancy because of teratogenicity concerns, but in the case of TE, the benefit of using pyrimethamine to the pregnant individual outweighs the risk to the fetus.

#### **Fetal Infection**

Criteria for Initiating Treatment for Fetal Infection

- Positive amniotic fluid PCR, and/or
- Fetal ultrasonographic findings suggestive of congenital toxoplasmosis

Treatment for Fetal Infection

• Pyrimethamine + sulfadiazine + leucovorin until delivery (All)

**Note**: If pyrimethamine is unavailable or cannot be obtained without delay due to costs or other factors, TMP-SMX DS one tablet twice daily plus spiramycin 1 g PO three times a day plus leucovorin 4 mg daily should be utilized in place of pyrimethamine-sulfadiazine **(BII)**.

- <sup>a</sup> Whenever possible, patients should be tested for G6PD deficiency before administrating dapsone. Alternative agent should be used if the patient is found to have G6PD deficiency.
- <sup>b</sup> Atovaquone should be taken with meals or nutritional supplement to ensure adequate oral absorption.
- <sup>c</sup> Pyrimethamine and leucovorin doses: Same doses and frequency as listed in Preferred Regimen for Acute Infection
- <sup>d</sup> Sulfadiazine dose: Same as weight-based dose and frequency listed in Preferred Regimen for Acute Infection

**Key:** ART = antiretroviral therapy; ARV = antiretroviral; CD4 = CD4 T lymphocyte; CNS = central nervous system; DS = double-strength; G6PD = glucose-6-phosphate dehydrogenase; IRIS = immune reconstitution inflammatory syndrome; IV = intravenous; PCP = *Pneumocystis* pneumonia; PCR = polymerase chain reaction; PO = orally; SMX = sulfamethoxazole; TE = toxoplasma encephalitis; TMP = trimethoprim; TMP-SMX = trimethoprim-sulfamethoxazole

For many years, the initial therapy of choice for TE has been the combination of pyrimethamine plus sulfadiazine plus leucovorin (**AI**).<sup>2,47-49</sup> Pyrimethamine penetrates the brain parenchyma efficiently even in the absence of inflammation.<sup>50</sup> Leucovorin reduces the likelihood of hematologic toxicities associated with pyrimethamine therapy.<sup>51</sup> Pyrimethamine, however, has become extremely expensive and can be difficult to obtain in the United States.

TMP-SMX has been used with increasing frequency as a preferred regimen (**AII**), although large, randomized trials comparing TMP-SMX to pyrimethamine plus sulfadiazine have not been performed. In a small (77 patients) randomized trial, TMP-SMX was reported to be as effective and better tolerated than pyrimethamine-sulfadiazine. Others have reported similar efficacy of TMP-SMX to pyrimethamine plus sulfadiazine in open-label observational studies. A recent meta-analysis found that TMP-SMX was as effective as pyrimethamine plus sulfadiazine, but was associated with less toxicity. If pyrimethamine is unavailable or cannot be obtained without delay due to costs or other factors, TMP-SMX should be utilized (**AII**).

Pyrimethamine plus leucovorin plus clindamycin<sup>47,48</sup> is the preferred alternative regimen for patients with TE who cannot tolerate sulfa drugs or do not respond to first-line therapy (**AI**). This combination, however, does not prevent PCP, therefore additional PCP prophylaxis must be administered when it is used (**AII**) (see discussion under Preventing Recurrence).<sup>56</sup>

For patients with a history of sulfa allergy, rapid sulfa desensitization may be attempted using one of several published strategies (**BI**).<sup>57-62</sup> During the desensitization period, atovaquone with or without pyrimethamine should be administered until therapeutic doses of TMP-SMX are achieved (**CIII**).

No well-studied options exist for patients who cannot take an oral regimen. No parenteral formulation of pyrimethamine exists and the only widely available parenteral sulfonamide is the sulfamethoxazole component of TMP-SMX. Some specialists will use parenteral TMP-SMX (BII) or oral pyrimethamine plus parenteral clindamycin (CIII) as initial treatment in severely ill patients who require parenteral therapy.

Atovaquone (with meals or oral nutritional supplements) plus pyrimethamine plus leucovorin, atovaquone plus sulfadiazine, or (for patients intolerant of both pyrimethamine and sulfadiazine) atovaquone as a single agent also have been shown to be effective in treating TE (**BII**).  $^{63,64,65}$  However, the relative efficacy of atovaquone-containing regimens compared with other regimens is unknown. Clinicians should be aware that the absorption of the drug varies substantially from patient to patient; plasma levels >18.5  $\mu$ g/mL are associated with an improved response rate but atovaquone therapeutic drug monitoring is not routinely available.  $^{64-66}$ 

The following regimens have been reported to have activity in treatment of TE in small cohorts of patients or in case reports of one or several patients: azithromycin plus pyrimethamine plus leucovorin (**CII**)<sup>69</sup>; 5-fluorouracil plus clindamycin (**CIII**)<sup>70</sup>; dapsone plus pyrimethamine plus leucovorin (**CIII**)<sup>71</sup>; and minocycline or doxycycline combined with either pyrimethamine plus leucovorin, sulfadiazine, or clarithromycin (**CIII**). There is rarely a reason to use one of these regimens.

Clinical response to acute therapy occurs in ~90% of patients with TE within 14 days of initiating appropriate anti-*Toxoplasma* treatment.<sup>2</sup> The reasons why some patients fail therapy are not clearly proven; whether such failures are due to poor adherence, other host factors, or antimicrobial resistance has not been well delineated. Acute therapy for TE should be continued for 6 weeks, if there is clinical and radiologic improvement (**BII**).<sup>1-4</sup> Longer courses may be necessary if clinical or radiologic disease is extensive or response is incomplete at 6 weeks. After completion of the acute therapy, all patients should be continued on chronic maintenance therapy as outlined below (see Preventing Recurrence section below). The radiologic goals for treatment include resolution of the lesion(s) in terms of size, contrast enhancement, and associated edema, although residual contrastenhancing lesions may persist for prolonged periods, especially in people with HIV receiving ARVs.<sup>74</sup>

# Adjunctive Therapies

Adjunctive corticosteroids such as dexamethasone should only be used for treatment of patients with TE when they are clinically indicated to treat a mass effect associated with focal lesions or associated edema (BIII). In those treated with corticosteroids, caution may be needed in diagnosing CNS toxoplasmosis on the basis of treatment response, since primary CNS lymphoma may respond clinically and radiographically to corticosteroids alone; these patients should be monitored carefully as corticosteroids are tapered. In addition, corticosteroids should be discontinued as soon as clinically feasible because of their potential to cause immunosuppression. Patients receiving corticosteroids should be monitored closely for development of other opportunistic infections (OIs), including cytomegalovirus retinitis and tuberculosis.

Antiseizure medications should be administered to patients with TE associated with seizures (AII) but should not be administered prophylactically to patients without seizures (BII).

Anticonvulsants, if indicated, should be continued at least through the period of acute therapy (BII).

## Special Considerations Regarding ART Initiation

There are no data on which to base a recommendation regarding when to start ARV therapy in people with HIV and TE. However, many physicians would initiate ARV therapy within 2 to 3 weeks after the diagnosis of toxoplasmosis, based on the significantly lower incidence of AIDS progression or death (a secondary study endpoint) seen in the early ARV therapy arm of a controlled trial of 282 patients with OIs other than tuberculosis (only 5% of whom had toxoplasmosis) who were randomized to early (median 12 days after initiation of OI therapy) versus deferred (median 45 days) initiation of ARV therapy.<sup>75</sup>

#### **IRIS**

IRIS associated with TE has been reported but appears to be rare (~5% in one report). Most cases develop as paradoxical worsening with increase in the size and number of lesions, peri-lesional edema, and an increase in contrast enhancement on MRI. 77,79,80 As for IRIS with other infections, corticosteroid therapy, dosed to control symptoms, can be administered in patients with clinically significant symptoms in conjunction with ARVs and anti-*Toxoplasma* therapy (**CIII**).

### Monitoring of Response to Therapy and Adverse Events (Including IRIS)

Changes in antibody titers are not useful for monitoring responses to therapy. People with HIV with TE should be monitored routinely for adverse events and clinical and radiologic improvement (AIII).

Neurological improvement will occur by 14 days in over 90% of patients<sup>2</sup>; if no improvement is seen by that time, other diagnoses should be considered. Repeat imaging can be considered at 3 and 6 weeks, or sooner for clinical deterioration.<sup>2</sup> After 6 weeks, maintenance therapy at ~50% of treatment doses should be initiated assuming a clinical response has been seen.

Common pyrimethamine toxicities such as rash, nausea, and bone marrow suppression (neutropenia, anemia, and thrombocytopenia) often can be reversed by increasing the leucovorin dose to 10, 25, or 50 mg four times daily (CIII). Common sulfadiazine toxicities include rash, fever, leukopenia, hepatitis, nausea, vomiting, diarrhea, renal insufficiency, and crystalluria. Common clindamycin toxicities include fever, rash, nausea, diarrhea (including pseudomembranous colitis or diarrhea related to *Clostridium difficile* toxin), and hepatotoxicity. Common TMP-SMX toxicities include rash, fever, leukopenia, thrombocytopenia, and hepatotoxicity. Common atovaquone toxicities include nausea, vomiting, diarrhea, rash, headache, hepatotoxicity, and fever. Drug interactions between certain anticonvulsants (e.g., phenytoin, phenobarbital, carbamazepine), dexamethasone and antiretroviral (ARV) agents should be evaluated carefully; if necessary, doses should be adjusted, or alternative anticonvulsants or ARV agents should be used.

# Managing Treatment Failure

A brain biopsy should be strongly considered in patients who did not have an initial biopsy prior to therapy and who fail to respond to initial therapy for TE (**BII**) as defined by clinical or radiologic deterioration during the first week despite adequate therapy, or who do not show clinical

improvement within 10 to 14 days. A switch to an alternative regimen, as previously described, should be considered for those who undergo brain biopsy and have confirmed histopathologic evidence of TE, or who have a CSF PCR positive for *T. gondii* (**BIII**). In patients who adhere to their regimens, disease recurrence is unusual in the setting of chronic maintenance therapy after an initial clinical and radiographic response.

## **Preventing Recurrence**

## When to Start Chronic Maintenance Therapy

Patients who have completed initial therapy for TE should be given chronic maintenance therapy to suppress infection (**AI**)<sup>47,48</sup> until immune reconstitution occurs as a consequence of ARV therapy. The combination of pyrimethamine plus sulfadiazine plus leucovorin is highly effective as suppressive therapy for patients with TE (**AI**) and provides protection against PCP (**AII**). Although sulfadiazine is routinely dosed as a four-times-a-day regimen, a pharmacokinetic study suggests bioequivalence for the same total daily dose when given either twice or four times a day,<sup>81</sup> and limited clinical experience suggests that twice-daily dosing is effective.<sup>82</sup>

For patients being treated with TMP-SMX, this drug should be continued as chronic maintenance at a reduced dose of one double-strength tablet twice daily (**AII**).<sup>52</sup> A small, uncontrolled study in patients who had been receiving ART for a median of 13 months suggested that TMP-SMX could be used as a suppressive regimen in place of pyrimethamine-sulfadiazine or pyrimethamine-clindamycin to reduce pill burden.<sup>83</sup>

Pyrimethamine plus leucovorin plus clindamycin is commonly used as suppressive therapy for patients with TE who cannot tolerate sulfa drugs (**BI**). Because of the high failure rate observed with lower doses, <sup>47</sup> a dose of 1,800 mg clindamycin daily in 3 or 4 divided doses is recommended. Because this regimen does not provide protection against PCP (**AII**), <sup>56</sup> an additional agent, such as dapsone or aerosol pentamidine, must be used. Atovaquone also is active against both TE<sup>65,66</sup> and PCP<sup>84</sup> and can be used alone, with sulfadiazine, or with pyrimethamine and leucovorin in patients with TE (**BII**).

# When to Stop Chronic Maintenance Therapy

Chronic maintenance therapy for TE can be discontinued in adults and adolescents with HIV, if they have successfully completed initial therapy for TE, remain asymptomatic with regard to signs and symptoms of TE, and have an increased CD4 count to >200 cells/mm³ for >6 months in response to ARV therapy (**BI**), although occasional recurrences have been reported. As part of the evaluation to determine whether discontinuation of therapy is appropriate, some specialists recommend obtaining an MRI of the brain to assess for resolution of brain lesions, although residual contrast-enhancing lesions can be seen for prolonged periods in some ARV-treated patients.

# When to Restart Primary Prophylaxis or Maintenance Therapy

Primary prophylaxis should be reintroduced if the CD4 count decreases to <100 cells/mm³ (**AIII**) regardless of the HIV plasma viral load. Based on results from the COHERE study, an observational study of multiple cohorts, primary prophylaxis may not need to be restarted in patients with CD4 counts of 100 to 200 cells/mm³ who have had HIV plasma RNA levels below limits of detection for at least 3 to 6 months (**BII**). For patients with CD4 counts of 100 to 200 cells/mm³ with HIV plasma viral load above detection limits of the utilized assay, PCP prophylaxis should be

reintroduced, and most, but not all, regimens will provide prophylaxis for toxoplasmosis as well (AIII).

Because there are no published data examining the risk of recurrence in patients stopping chronic maintenance therapy for TE when the CD4 count is between 100 and 200 cells/mm<sup>3</sup>, and recurrent TE can be debilitating and potentially life-threatening, maintenance therapy should be reintroduced if the CD4 count decreases to <200 cells/mm<sup>3</sup> (AIII) regardless of the HIV plasma viral load.<sup>87</sup>

## **Special Considerations During Pregnancy**

## Diagnosis During Pregnancy

Documentation of baseline *T. gondii* serologic status (IgG only) should be obtained in people with HIV who become pregnant because of concerns regarding congenital toxoplasmosis. Although perinatal transmission of *T. gondii* normally occurs only with acute infection in the immunocompetent host, case reports have documented transmission with reactivation of chronic infection in pregnant people with HIV with severe immunosuppression. Rowing toxoplasmosis sero-status at the beginning of pregnancy may be helpful in delineating future risks and interpreting serologic testing performed later in pregnancy should there be heightened concerns for maternal infection and/or fetal transmission.

*Toxoplasma* infection during pregnancy is usually asymptomatic. Non-specific symptoms may include fever, fatigue, headache, and myalgia after a 5- to 23-day incubation period. In the setting of parasitemia during pregnancy, the placenta may become infected and result in fetal infection. The risk of congenital toxoplasmosis (infection of the fetus) is highest in the setting of a primary infection during pregnancy as compared to reactivation. While the risk of transmission to the fetus increases with gestational age, with the highest risk in the third trimester, the sequelae to the fetus are more severe when toxoplasmosis is acquired early in gestation. <sup>90,91</sup>

Toxoplasmosis diagnostic considerations are not affected by pregnancy. Primary *T. gondii* infection can typically be distinguished from chronic infection with the use of multiple serologic assays, including IgG, IgM, immunoglobulin A, and immunoglobulin E antibodies; IgG avidity; and the differential agglutination tests. <sup>92,93</sup> Because serologic testing is often difficult to interpret and prompt treatment and counseling is particularly important during pregnancy, people with HIV with suspected primary *T. gondii* infection during pregnancy should be managed in consultation with a maternal-fetal medicine specialist where available. The care team may elect to access specialized laboratory testing <sup>93,94</sup> (e.g., the Palo Alto Medical Foundation Toxoplasmosis Serology Laboratory [PAMF-TSL], Palo Alto, CA, at 650-853-4828 and toxolab@pamf.org; and the National Collaborative Chicago-based Congenital Toxoplasmosis Study [NCCCTS], Toxoplasmosis Center, Chicago, IL, 773-834-4130, eFax 773-834 3577 and rmcleod@midway.uchicago.edu).

# Screening

The value of routine toxoplasmosis screening programs is debated in the United States but generally accepted in other countries. In countries such as France where pregnant people are universally screened and treated, offspring who acquire toxoplasmosis are reported to have primarily mild disease and rarely severe disease. In contrast, in countries without a universal screening program (e.g., United States), offspring who acquire toxoplasmosis mostly present with severe disease.<sup>95</sup>

Toxoplasmosis is not a nationally notifiable illness, is only reportable in eight states, and case definitions vary. 12

# Preventing Congenital Infection: Initial Therapy and Surveillance

Pregnant people with HIV who have evidence of primary toxoplasmic infection, without TE, should be evaluated and managed during pregnancy in consultation with appropriate specialists (**BIII**). Recent studies support treatment of toxoplasmosis during pregnancy in an effort to decrease congenital transmission and reduce the severity of clinical signs in the offspring. <sup>96-102</sup>

In the setting of primary infection during pregnancy or symptomatic reactivation of *T. gondii*, initial therapy depends on the gestational age at time of acquisition/reactivation.

- For patients presumed to have acquired/reactivated infection at less than 14 weeks gestation, spiramycin is recommended to prevent congenital transmission (AII). Spiramycin is not commercially available in the United States. To obtain spiramycin, the provider must call the U.S. Food and Drug Administration directly (301-796-1400) after consultation with PAMF-TSL or NCCCTS (see Diagnosis During Pregnancy for contact information). A clinical pharmacist will assist with the proper paperwork.
- For patients presumed to have acquired/reactivated infection at 14 weeks gestation or beyond, pyrimethamine plus sulfadiazine plus leucovorin is recommended, as the risk of fetal transmission is higher (AII). If pyrimethamine is unavailable or cannot be obtained without delay due to costs or other factors, a combination of TMP-SMX, spiramycin, and leucovorin should be utilized in place of pyrimethamine-sulfadiazine (BII). 103,104

For pregnant people with suspected primary or symptomatic reactivation of *T. gondii* during pregnancy, detailed ultrasound examination of the fetus specifically evaluating for hydrocephalus, cerebral calcifications, and growth restriction should be done monthly regardless of gestational age at the time of diagnosis (**AIII**). In addition, patients should undergo an amniocentesis with PCR testing for *T. gondii* DNA in the amniotic fluid. Amniocentesis does not appear to increase the risk of perinatal HIV transmission, particularly in people receiving ARV therapy. Therefore, PCR of amniotic fluid can be considered during gestation in pregnant people on ARV therapy with serologic evidence of recently acquired *Toxoplasma* infection; people suspected to have reactivated their *Toxoplasma* latent infection during pregnancy; and those with ultrasound findings suggestive of fetal *T. gondii* infection (**BIII**). In an effort to minimize false-negative results, amniotic fluid testing for *T. gondii* PCR should be avoided at less than 18-week gestation.

# Congenital Infection

For patients whose evaluations do not suggest congenital infection (i.e., no ultrasound findings and negative amniotic fluid PCR), initial therapy should be continued until delivery. For patients started on spiramycin as initial therapy who are found to have a positive PCR in the amniotic fluid and/or ultrasound findings concerning for congenital transmission, therapy should be escalated to pyrimethamine/sulfadiazine/leucovorin (AII), or if pyrimethamine is unavailable, TMP-SMX, spiramycin, and leucovorin (AII).

Pediatric-care providers should be informed about birthing parents with HIV who have suspected or confirmed *T. gondii* infection to allow evaluation of their neonates for evidence of congenital infection (**AIII**).

## Toxoplasma Encephalitis During Pregnancy

Treatment of pregnant people with TE should be the same as in nonpregnant adults (**BIII**), including pyrimethamine plus sulfadiazine plus leucovorin (**AI**), and in consultation with appropriate specialists (**BIII**). <sup>2,47-49</sup> In general pyrimethamine should be avoided in the first trimester of pregnancy because of teratogenicity concerns, but in the case of TE, the benefit of using pyrimethamine to the mother outweighs the risk to the fetus. Of note, this regimen is often used in the treatment of fetuses with toxoplasmosis. <sup>93</sup> The preferred alternative regimen for pregnant patients with TE who are unable to tolerate or who fail to respond to first-line therapy is pyrimethamine plus clindamycin plus leucovorin (**AI**). <sup>47,48</sup> If pyrimethamine is unavailable or cannot be obtained without delay due to costs or other factors, TMP-SMX should be utilized in place of pyrimethamine-sulfadiazine or pyrimethamine-clindamycin (**BI**).

## Prophylaxis During Pregnancy

The indications for primary prophylaxis for TE during pregnancy, and the medications and dosages used, are the same as for nonpregnant individuals with HIV. TMP-SMX is the preferred therapy. The risks of TMP-SMX in the first trimester, as discussed for PCP, must be balanced against the risk of TE. Secondary prophylaxis should be provided, using the same indications as for nonpregnant people. Over the past several decades, dapsone (also used for primary prophylaxis) has been used safely in pregnancy to treat leprosy, malaria, and various dermatologic conditions. <sup>108,109</sup> Dapsone appears to cross the placenta. <sup>108,110</sup>

When providing preconception care for people of pregnancy potential with HIV and receiving TE prophylaxis, providers should discuss the option of deferring pregnancy until TE prophylaxis can be safely discontinued (**BIII**).

# Pregnancy-Specific Medication Concerns

Spiramycin is recommended to prevent transmission at <14 weeks gestation in the setting of acute primary infection during pregnancy or symptomatic reactivation of *T. gondii* (**AII**). Spiramycin is not commercially available in the United States. Please see Preventing Congenital Infection: Initial Therapy and Surveillance on how to obtain spiramycin.

Pyrimethamine to prevent transmission should be avoided in the first trimester because of teratogenicity concerns with birth defects in animals, however it is recommended as first-line treatment for maternal TE (**BIII**), where the benefit of using pyrimethamine in a pregnant person outweighs the risk to the fetus. Additionally, pyrimethamine is often used in the setting of a positive fetal diagnosis. Pyrimethamine can be administered to pregnant people after the first trimester since human data have not suggested an increased risk of birth defects. 89,114-117

Sulfadiazine appears safe in pregnancy, without clear evidence of adverse fetal or neonatal outcome. Although there are no studies published to date directly linking late third-trimester maternal sulfadiazine to neonatal death or kernicterus, the infant's care provider should be notified of maternal sulfa use in late pregnancy.

Clindamycin, suggested as part of an alternative regimen for patients with TE, is considered safe throughout pregnancy. Atovaquone, used both for prophylaxis and treatment of TE, may be used if indicated. While there are limited data on atovaquone safety in human pregnancy, preclinical studies

have not demonstrated maternal or fetal toxicity. As noted above, dapsone has been used safely in pregnant persons for TE prophylaxis though with long-term therapy, there is a risk of mild hemolysis and a potential—although extremely low—risk of hemolytic anemia in exposed fetuses with glucose-6-phosphate dehydrogenase (or G6PD) deficiency. 108,120

A detailed discussion of TMP-SMX and pregnancy is reviewed in the PCP chapter.

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## Varicella-Zoster Virus Diseases

Updated: September 7, 2022 Reviewed: January 10, 2024

## **Epidemiology**

More than 95% of adults (aged >20 years) born in the United States have immunity to varicellazoster virus (VZV), mostly due to primary VZV infection, known as varicella (or chickenpox). A varicella vaccine became available in the United States in 1995; most children born in the United States after 2005 are immune to varicella as a result of vaccination.<sup>2</sup> Reactivation of latent VZV results in herpes zoster (shingles). In the general population, the incidence of herpes zoster is about 3.6 cases per 1,000 person-years, with much higher incidence seen among elderly and immunocompromised individuals. Before the availability of antiretroviral therapy (ART), the incidence of herpes zoster was more than 15-fold higher among adults with HIV than among agematched controls without HIV.<sup>3,4</sup> Herpes zoster can occur in adults with HIV at any CD4 T lymphocyte (CD4) cell count, but with CD4 counts <200 cells/mm<sup>3</sup>, the risk of disease is higher.<sup>5-8</sup> In addition, HIV viremia is associated with an increased risk for incident herpes zoster. ART has been shown to reduce the incidence of herpes zoster in adults with HIV, presumably because of immune restoration, although the risk of herpes zoster remains threefold higher in adults with HIV than in the general population. <sup>7,10-13</sup> Several studies have demonstrated that the risk of herpes zoster in adults with HIV is increased in the 6-month period immediately after initiation of ART, possibly because of an immune reconstitution inflammatory syndrome (IRIS)-related mechanism. 7,10,13,14

### **Clinical Manifestations**

Varicella rash tends to have a central distribution, with lesions first appearing on the head, then the trunk, and finally the extremities, evolving through stages of macules, papules, vesicles, pustules, and crusts. The rash is characterized by rapid evolution of lesions during the initial 8 to 12 hours after onset, by successive crops of new lesions, and by the presence of lesions in different stages of development. New vesicle formation continues for 2 to 4 days, accompanied by pruritus, fever, headache, malaise, and anorexia. Frimary varicella can cause substantial morbidity in adolescents and adults with HIV. Visceral dissemination, especially VZV pneumonitis, is well documented. Because most adults with HIV in the United States are VZV seropositive, primary varicella is an uncommon occurrence in this population.

Herpes zoster manifests as a painful cutaneous eruption in a dermatomal distribution, often preceded by prodromal pain. The most common sites for herpes zoster are the thoracic dermatomes (40% to 50% of cases), followed by cranial nerve (20% to 25%), cervical (15% to 20%), lumbar (15%), and sacral (5%) dermatomes. <sup>16</sup> Skin changes begin with an erythematous maculopapular rash, followed by the appearance of clear vesicles and accompanied by pain, which may be severe. New vesicle formation typically continues for 3 to 5 days, followed by lesion pustulation and scabbing. Crusts typically persist for 2 to 3 weeks. About 20% to 30% of people with HIV have one or more subsequent episodes of herpes zoster, which may involve the same or different dermatomes. The probability of a recurrence of herpes zoster within 1 year of the index episode is approximately 10%. <sup>5,17</sup> Approximately 10% to 15% of people with HIV report post-herpetic neuralgia as a complication following herpes zoster. <sup>5,18</sup>

When herpes zoster involves the nasociliary branch of the trigeminal nerve, the eye can be affected (herpes zoster ophthalmicus [HZO]), resulting in keratitis (inflammation of the cornea) or anterior uveitis (inflammation of the iris and anterior ciliary body) or both. Vesicles on the tip of the nose (Hutchinson sign) are a clue that the nasociliary branch is involved. With corneal involvement, there may be an initial brief period during which the corneal epithelium is infected with VZV, but the major problem is inflammation of the corneal stroma, which can result in scarring, neovascularization, or necrosis with loss of vision. Stromal keratitis can be chronic. Once it occurs, VZV-associated anterior uveitis also tends to be chronic and can result in increased intraocular pressure or glaucoma, scarring of intraocular tissues, and cataract.

Stromal keratitis and anterior uveitis may not develop immediately after the appearance of skin vesicles on the forehead and scalp; therefore, patients with normal eye examinations initially should receive follow-up eye examinations, even after the skin lesions heal. Antiviral treatment of herpes zoster at the onset of cutaneous lesions reduces the incidence and severity of ophthalmic involvement.

Some patients with HZO may develop late dendriform lesions of the corneal epithelium that contain virus and will respond rapidly to systemic or topical anti-herpetic medications. These lesions are usually painful. In one study, the median time from onset of HZO to development of late dendriform lesions was 5 months, and the risk of recurrences decreased over time. <sup>19</sup> The frequency with which these late infectious lesions occur has not been determined.

Acute retinal necrosis (ARN) and progressive outer retinal necrosis (PORN) are variants of necrotizing retinopathy caused by VZV. Although ARN can occur in both immunocompetent and immunocompromised patients, PORN occurs almost exclusively<sup>20</sup> in patients with AIDS with CD4 counts <100 cells/mm<sup>3</sup>. In contrast to ARN, PORN is characterized by minimal inflammation in the aqueous and vitreous humor, absence of occlusive retinal vasculitis, and multiple discrete peripheral lesions that manifest initially as yellow foci of retinal opacification in the outer retinal layers.<sup>21</sup> PORN lesions rapidly coalesce, causing full-thickness retinal necrosis and subsequent retinal detachment.<sup>22</sup> Both ARN and PORN are associated with high rates of loss of vision.

People with HIV who have CD4 counts <200 cells/mm³ are at highest risk of herpes zoster–related complications, including disseminated herpes zoster.²³ The central nervous system (CNS) is a target organ for herpes zoster dissemination in patients coinfected with HIV. Various VZV-related neurologic syndromes occur in people with HIV, including CNS vasculitis, multifocal leukoencephalitis, ventriculitis, myelitis and myeloradiculitis, optic neuritis, cranial nerve palsies and focal brain-stem lesions, and aseptic meningitis.²⁴

# **Diagnosis**

Varicella and herpes zoster are typically distinctive in appearance and usually can be diagnosed clinically. Varicella also can be diagnosed retrospectively by documenting seroconversion (i.e., immunoglobulin G [IgG] antibody negative to positive). In immunocompromised persons, varicella may be difficult to distinguish from disseminated herpes zoster (as opposed to dermatomal herpes zoster); a history of VZV exposure, a rash that began with a dermatomal pattern, and VZV serologic testing to assess prior VZV infection may be helpful to distinguish disseminated herpes zoster from varicella. When lesions are atypical or difficult to distinguish from those due to other potential etiologies (including herpes simplex virus [HSV]), swabs of vesicular fluid from a fresh lesion or tissue biopsies can be submitted for viral culture, direct fluorescent antigen testing, or polymerase

chain reaction (PCR). Additionally, scabs may be adequate specimens for PCR testing. PCR of lesions is the most sensitive and specific method for diagnosis of VZV infections. Histopathology and PCR (of blood or fluids, such as cerebrospinal fluid or vitreous humor) can aid with diagnosis of VZV infections of visceral organs (e.g., pneumonitis, encephalitis, retinitis).<sup>25</sup>

## **Preventing Exposure**

People with HIV who are susceptible to VZV (i.e., people who have no history of chickenpox or shingles, who are seronegative for VZV, and who have no history of vaccination against VZV) should avoid exposure to individuals with varicella or herpes zoster (CIII).

Household contacts of people with HIV without evidence of immunity to VZV should be vaccinated to prevent acquisition of varicella and potential transmission of wild-type VZV to susceptible contacts with HIV (BIII).

# **Preventing Disease**

## Vaccination to Prevent Primary Infection (Varicella)

The live attenuated varicella vaccine (Varivax®) has been documented to be safe and immunogenic in children with HIV who have relatively preserved immune systems (CD4 percentage  $\geq 15\%$ )<sup>26-29</sup> and is recommended for this population of children with HIV.<sup>30</sup> Varicella vaccination of children with HIV also reduces the risk of subsequent herpes zoster.<sup>29,31</sup>

VZV-seronegative adults are potential candidates for varicella vaccination. Some experts would serologically screen adults with HIV without a history of prior varicella or varicella vaccination for VZV IgG. However, the value of this approach may be limited by the lack of sensitivity of commercially available VZV antibody assays (particularly for vaccine-induced antibody).<sup>32,33</sup> No studies have evaluated the vaccine in adolescents or adults with HIV, but many experts recommend varicella vaccination (2 doses, administered 3 months apart) for VZV-susceptible people with HIV aged ≥18 years with CD4 counts ≥200 cells/mm³ (BIII).<sup>34</sup> If varicella vaccination results in disease caused by vaccine virus (a rare event), therapy with acyclovir is recommended (AIII). Administration of varicella vaccine to more severely immunocompromised people with HIV (CD4 counts <200 cells/mm³) is contraindicated (AIII). Given the high prevalence of VZV seropositivity in adults, administration of varicella vaccine for adults will be infrequent.

If post-exposure varicella-zoster immune globulin (VariZIG<sup>TM</sup>) has been administered, an interval of at least 5 months is recommended before varicella vaccination (**CIII**).<sup>35</sup> If post-exposure acyclovir has been administered, an interval of at least 3 days is recommended before varicella vaccination (**CIII**).

## Pre-Exposure Prophylaxis to Prevent Primary Infection (Varicella)

Long-term prophylaxis with anti-VZV drugs, such as acyclovir or valacyclovir, to prevent varicella is not recommended (AIII).

## Post-Exposure Prophylaxis to Prevent Primary Infection (Varicella)

For people with HIV who are susceptible to VZV, post-exposure prophylaxis following known or suspected VZV exposure is recommended (AII). After close contact with a person who has active varicella or herpes zoster, adolescents and adults with HIV who are susceptible to VZV (particularly those with CD4 counts <200 cells/mm<sup>3</sup>) should receive VariZIG as soon as possible (preferably within 96 hours), but up to 10 days after exposure (AIII).<sup>36</sup> Given the cost of obtaining VariZIG, it is reasonable to check VZV serology before administering VariZIG to people who do not have a clinical history of chickenpox or shingles and no documentation of varicella vaccination (AIII). The risk of VZV transmission is greater with exposure to varicella than localized herpes zoster. In the United States, VariZIG is commercially available from a broad network of specialty distributers (listed at: www.varizig.com). The duration of protection from VariZIG is at least 3 weeks. Patients receiving monthly infusions of high-dose intravenous immune globulin (IVIG >400 mg/kg) are likely to be protected and probably do not require VariZIG if they received a dose of IVIG <3 weeks before VZV exposure. A 5- to 7-day course of post-exposure acyclovir or valacyclovir beginning 7 to 10 days after exposure is recommended by some experts to prevent varicella among VZV-susceptible adolescents or adults with HIV, but this intervention has not been studied in these populations (BIII).<sup>37</sup> Among VZV-susceptible immunocompetent children, post-exposure varicella vaccination has been shown to reduce the risk for varicella and is more effective than pre-emptive therapy with antiviral drugs; however, the efficacy of post-exposure varicella vaccination for people with HIV has not been studied and is not recommended.

## Antiviral Prophylaxis to Prevent Re-Activation Disease (Herpes Zoster)

Long-term administration of anti-VZV drugs to individuals with HIV to prevent episodes of herpes zoster is not routinely recommended (AII). However, in a randomized, placebo-controlled study in Africa that evaluated daily acyclovir prophylaxis (acyclovir 400 mg orally [PO] twice a day) administered to people with HIV/HSV-2 coinfection who were not taking ART, acyclovir prophylaxis reduced the rate of herpes zoster by 62%. Acyclovir did not prevent recurrent zoster episodes in patients with prior history of herpes zoster. People with HIV who are taking suppressive anti-herpes medications (i.e., acyclovir, valacyclovir, or famciclovir) for other indications—such as prevention of genital herpes—may receive some additional benefit in reduction of risk of herpes zoster, but the relative risk reduction in people who are receiving ART is unknown.

# Vaccination to Prevent Reactivation Disease (Herpes Zoster)

One U.S. Food and Drug Administration (FDA)-approved vaccine is currently available for the prevention of herpes zoster in immunocompetent adults. In 2017, a subunit vaccine containing recombinant VZV glycoprotein E (gE) and adjuvant AS01B (i.e., recombinant zoster vaccine [RZV] Shingrix) was FDA approved and recommended by the Advisory Committee on Immunization Practices (ACIP) to prevent herpes zoster in immunocompetent adults aged  $\geq$ 50 years, given on a 2-dose schedule.<sup>39</sup> The approval and recommendation for the vaccine were based on pivotal Phase 3 randomized, placebo-controlled clinical trials involving >30,000 participants aged  $\geq$ 50 years in which the vaccine efficacy against herpes zoster in vaccinated participants was 97.2% overall and 91.3% in those aged  $\geq$ 70 years.<sup>40,41</sup> The most common solicited adverse reactions in vaccine recipients were pain (78% of recipients), myalgia (45%), and fatigue (45%), with Grade 3 injection site reactions (pain, redness, and swelling) reported in 9.4% of vaccine recipients and Grade 3 solicited systemic events (myalgia, fatigue, headache, fever, and gastrointestinal symptoms) reported

by 10.8% of vaccine recipients. Systemic Grade 3 reactions were reported more frequently after Dose 2 than after Dose 1.42

Data on use of RZV in people with HIV are limited. A Phase 1/2 randomized, placebo-controlled study enrolled 94 adults with HIV receiving ART<sup>43</sup> with CD4 count ≥200 cells/mm³, 14 adults receiving ART with CD4 count <200 cells/mm³, and 15 ART-naive adults with CD4 count ≥500 cells/mm³. The participants' median age was 46 years. Participants received the vaccine in three doses administered at 0, 2, and 6 months. The vaccine increased humoral and cell-mediated immunity to VZV gE after two doses, including among people with CD4 counts <200 cells/mm³. The most common side effects included pain at the injection sites (98.6% of participants, 16.4% Grade 3), fatigue (75.3%, 16.4% Grade 3), myalgia (74.0%, 13.7% Grade 3), and headache (64.4%, 8.2% Grade 3). No vaccine-related severe adverse events occurred during follow-up. Based on these very limited data in people with HIV, the vaccine appears safe and immunogenic. No efficacy data are available for the RZV among people with HIV.

Given that the risk of herpes zoster is high among people with HIV, and the vaccine appears safe, administration of RZV to people with HIV 18 years of age and older is recommended following the FDA-approved schedule for persons without HIV (intramuscular [IM] dose at 0 and 2–6 months) (AIII).

No data identify the optimal timing of vaccination for persons who have a CD4 count <200 cells/mm<sup>3</sup> or who are not suppressed virologically on ART. Following initiation of ART, some experts would administer the RZV vaccination series after CD4 count recovery (CIII), and others would administer the series after virologic suppression was achieved (CIII).

RZV is not a treatment of herpes zoster and should not be given during acute episodes (AIII). It also should not be given to individuals with VZV-related inflammatory eye disease (keratitis or anterior uveitis) during episodes of active inflammation (AIII).

A 1-dose attenuated live-zoster virus vaccine (i.e., zoster vaccine live [ZVL], Zostavax<sup>®</sup>) for prevention of herpes zoster was FDA approved for use in immunocompetent adults aged ≥50 years. However, as of November 18, 2020, it is no longer available for use in the United States, and recommendations for its use have been removed from these guidelines. Those who previously received ZVL should be revaccinated with RZV.

# **Treating Disease**

### Varicella

No controlled prospective studies of antiviral therapy for varicella in adults with HIV have been reported. For uncomplicated varicella, the preferred treatment options are valacyclovir (1 g PO three times daily) or famciclovir (500 mg PO three times daily), initiated as early as possible after lesion onset and continued for 5 to 7 days (**AII**). Oral acyclovir (20 mg/kg body weight up to a maximum dose of 800 mg five times daily) is an alternative (**BII**). Intravenous (IV) acyclovir 10 mg/kg every 8 hours for 7 to 10 days is the recommended initial treatment for people with HIV with severe or complicated varicella (**AIII**). <sup>15,44,45</sup> If no evidence of visceral involvement with VZV is apparent, many experts recommend switching from IV to oral antiviral therapy after the patient has defervesced (**BIII**). <sup>46</sup>

## Herpes Zoster

Antiviral therapy should be instituted as soon as possible for all people with HIV with herpes zoster diagnosed within 1 week of rash onset (or any time prior to full crusting of lesions). The recommended treatment options for acute localized dermatomal herpes zoster in people with HIV are oral valacyclovir (AII), famciclovir (AII), or acyclovir (BII) (doses as above) for 7 to 10 days, although longer durations of therapy should be considered if lesions resolve slowly. Valacyclovir or famciclovir are preferred because of their improved pharmacokinetic properties and simplified dosing schedule. If cutaneous lesions are extensive or if visceral involvement is suspected, IV acyclovir should be initiated and continued until clinical improvement is evident (AII).<sup>47</sup> A switch from IV acyclovir to oral antiviral therapy (to complete a 10- to 14-day treatment course) is reasonable when formation of new cutaneous lesions has ceased and the signs and symptoms of visceral VZV infection are improving (BIII). Adjunctive corticosteroid therapy for herpes zoster in people with HIV is not recommended because no data support its benefit in this population (AIII).

In patients with HZO, both stromal keratitis and anterior uveitis require treatment with topical corticosteroids; in many cases, chronic, low-dose topical corticosteroid therapy is necessary to maintain suppression of inflammation. Recurrences or exacerbations of inflammation are common. A role for antiviral agents in the management of chronic keratitis and uveitis has not been established.

ARN should be treated promptly with antiviral therapy. One treatment recommended by some experts is high-dose IV acyclovir (10 mg/kg every 8 hours for 10 to 14 days), followed by prolonged high-dose oral valacyclovir (1 g three times daily) (AIII). High-dose oral antiviral treatment for at least 14 weeks has been shown to decrease the risk of second eye involvement among those who present with unilateral ARN syndrome;<sup>48,49</sup> (AIII) however, many ophthalmologists and infectious disease specialists will continue oral antiviral therapy for much longer. Many experts would also include an intravitreous injection of ganciclovir as part of the initial induction therapy. Additional intravitreous injections can be given if there is concern for lack of treatment response, but injections should not be more frequent than twice weekly (BIII). Use of oral valaciclovir instead of IV acyclovir for initial treatment has been reported. This approach should be used with caution because serum drug levels with oral treatment will not be as high as those achieved with IV administration (CIII). Involvement of an experienced ophthalmologist in the management of patients with VZV ocular disease is strongly recommended (AIII).

Optimal antiviral therapy for PORN remains undefined and should be managed in consultation with an experienced ophthalmologist (AIII).<sup>50-52</sup> Outcomes with IV acyclovir or ganciclovir monotherapy were poor. Better results were obtained with IV ganciclovir (or the combination of ganciclovir plus foscarnet), along with intravitreal antiviral drug injections.<sup>22,51,53</sup> Specific treatment should include systemic therapy with at least one IV drug (either acyclovir or ganciclovir) (AIII) coupled with injections of at least one intravitreal drug (ganciclovir or foscarnet) (BIII).<sup>53,54</sup> Intravitreal cidofovir should not be used because such injections may be associated with loss of intraocular pressure and other adverse effects. Ganciclovir ocular implants previously recommended by some experts are no longer manufactured. The prognosis for visual preservation in involved eyes is poor, despite aggressive antiviral therapy.

## When to Start Antiretroviral Therapy

All people with HIV should receive ART as soon as possible after diagnosis of HIV infection. The presence of disease caused by VZV is not an indication to defer or discontinue ART (AIII).

### **Monitoring of Response to Therapy and Adverse Events (Including IRIS)**

For monitoring and adverse event recommendations related to anti-herpesvirus drugs, see preceding guideline sections on <u>Herpes Simplex Virus</u> and <u>Cytomegalovirus</u>.

Initiation of ART appears to be associated with an increased frequency of VZV reactivation, peaking at about 3 months after ART initiation.<sup>7,13,14,55,56</sup> Observational studies have shown the risk of herpes zoster to increase twofold to fourfold between 4 and 16 weeks after initiating ART. The clinical presentation and natural history of herpes zoster in the setting of immune reconstitution is similar to that observed in other people with HIV, and episodes of herpes zoster in either setting should be managed in the same manner.

## Managing Treatment Failure

Treatment failure caused by resistance of VZV to acyclovir and related drugs (e.g., famciclovir, ganciclovir) is rare, but should be suspected when clinical findings do not improve within 7 days of initiation of therapy or when skin lesions have an atypical (e.g., verrucous) appearance. A viral culture should be obtained, and if VZV is isolated, susceptibility testing performed to establish antiviral drug susceptibility and to document the need for alternative therapy. Among patients with suspected or proven acyclovir-resistant VZV infections, treatment with IV foscarnet is recommended (AII).<sup>57</sup> IV cidofovir is a potential alternative (CIII). Both foscarnet and cidofovir are nephrotoxic agents and should be given in consultation with an expert in infectious diseases.

## **Special Considerations During Pregnancy**

Pregnant women with HIV who are susceptible to VZV and are in close contact with a person with active varicella or herpes zoster should receive VariZIG as soon as possible (within 10 days)<sup>36</sup> after exposure to VZV (AIII). If oral acyclovir is used for post-exposure prophylaxis, VZV serology should be performed so that the drug can be discontinued if the patient is seropositive for VZV (CIII). Pregnant women should not receive varicella vaccine (AIII).

For pregnant women without HIV with varicella, the risk of transmitting VZV to the infant resulting in congenital varicella syndrome is 0.4% when varicella infection occurs at or before 12 weeks gestation, 2.2% with infection at 13 to 20 weeks, and negligible with infection after 20 weeks. Women with varicella during the first half of pregnancy should be counseled about the risks to the fetus and offered detailed ultrasound surveillance for findings indicative of fetal congenital varicella syndrome. Administration of VariZIG is recommended primarily to prevent complications in the mother; whether it has any benefit in prevention of congenital varicella syndrome is unknown. VariZIG should be administered to infants born to women who have varicella from 5 days before delivery to 2 days after delivery to reduce the severity and mortality of neonatal varicella acquired by exposure to maternal viremia (AIII).

Oral acyclovir or valacyclovir are the preferred treatments for pregnant women with HIV who have uncomplicated varicella during pregnancy (**BIII**). Pregnant women with HIV who have severe varicella or who exhibit signs or symptoms of VZV pneumonitis should be hospitalized and treated with IV acyclovir (10 mg/kg every 8 hours) (**AII**).

No controlled studies of antiviral therapy of herpes zoster during pregnancy have been reported. Recommended therapy for uncomplicated herpes zoster in pregnant women with HIV is oral

acyclovir or valacyclovir (BIII). Pregnant women should not receive the herpes zoster vaccine (AIII).							

## Recommendations for Preventing and Treating Varicella-Zoster Virus Infections

## Pre-Exposure Prevention of VZV Primary Infection

#### Indications

Adults and adolescents with HIV who have CD4 counts ≥200 cells/mm³ and who do not have documentation of varicella vaccination, a history or diagnosis of varicella or herpes zoster confirmed by a health care provider, or laboratory confirmation of VZV disease; and anyone with HIV who is VZV seronegative should avoid exposure to persons with varicella or herpes zoster (CIII).

#### Vaccination

- Household contacts who are VZV-susceptible should be vaccinated to prevent potential transmission of VZV to at-risk people with HIV (BIII).
- In VZV-seronegative persons aged ≥18 years with CD4 counts ≥200 cells/mm³, administer primary varicella vaccination (Varivax™) in two doses (0.5 mL SQ) 3 months apart (BIII).
- If vaccination results in disease due to live-attenuated vaccine virus, treatment with acyclovir is recommended (AIII).
- If post-exposure VariZIG<sup>™</sup> has been administered, wait ≥5 months before varicella vaccination (CIII).
- If post-exposure acyclovir has been administered, wait ≥3 days before varicella vaccination (CIII).
- Administration of varicella vaccine to severely immunocompromised people with HIV (CD4 counts <200 cells/mm3) is contraindicated (AIII).

#### Post-Exposure Prophylaxis of VZV Primary Infection

#### **Indications**

- Close contact with a person who has active varicella or herpes zoster, and
- Susceptible to VZV (i.e., no history of varicella vaccination, no history of varicella or herpes zoster, or known to be VZV seronegative)

#### Preferred Prophylaxis

- VariZIG 125 IU/10 kg (maximum of 625 IU) IM, administered as soon as possible and within 10 days after exposure to a person with active varicella or herpes zoster (AIII)
- If post-exposure VariZIG has been administered, wait ≥5 months before varicella vaccination (CIII).

Note: Patients receiving monthly high-dose IVIG (i.e., >400 mg/kg) are likely protected against VZV and probably do not require VariZIG if the last dose of IVIG they received was administered <3 weeks before VZV exposure.

Alternative Prophylaxis (Begin 7-10 Days After Exposure)

- Acyclovir 800 mg PO 5 times daily for 5 to 7 days (BIII), or
- Valacyclovir 1 gm PO 3 times daily for 5 to 7 days (BIII)

**Note**: Neither these pre-emptive interventions nor post-exposure varicella vaccination have been studied in adults and adolescents with HIV. If acyclovir or valacyclovir is used, varicella vaccines should not be given <72 hours after the last dose of the antiviral drug.

## Recommendations for Preventing and Treating Varicella-Zoster Virus Infections

## **Preventing Herpes Zoster (Shingles)**

Vaccination

Recombinant zoster vaccine (RZV, Shingrix) is the only available vaccine for prevention of shingles in the United States. As of November 18, 2020, attenuated zoster vaccine live (ZVL, Zostavax) is no longer available for use in the United States.

RZV

Recommended in adults with HIV aged ≥18 years, regardless of CD4 count:

- RZV 0.5 mL IM injection—2-dose series at 0 and then at 2 to 6 months (AIII).
- RZV should not be given during an acute episode of herpes zoster (AIII).
- Following initiation of ART, some experts would delay RZV vaccination until patients are suppressed virologically on ART (CIII) or until CD4 count recovery (CIII) to maximize immunologic response to the vaccine.

#### **Treating Varicella Infections**

Primary Varicella Infection (Chickenpox)

**Uncomplicated Cases** 

**Preferred Therapy** 

- Valacyclovir 1 g PO 3 times a day (All), or
- Famciclovir 500 mg PO 3 times a day (AII)

Alternative Therapy

• Acyclovir 800 mg PO 5 times daily (BII)

Duration

• 5 to 7 days

Severe or Complicated Cases

- Acyclovir 10 mg/kg IV every 8 hours for 7 to 10 days (AIII)
- May switch to oral famciclovir, valacyclovir, or acyclovir after defervescence if there is no evidence of visceral involvement (BIII)

Herpes Zoster (Shingles)

Acute, Localized, Dermatomal

Preferred Therapy

- Valacyclovir 1,000 mg PO 3 times a day (All), or
- Famciclovir 500 mg PO 3 times a day (All)

Alternative Therapy

• Acyclovir 800 mg PO 5 times daily (BII)

Duration

• 7 to 10 days; longer duration should be considered if lesions resolve slowly

#### **Recommendations for Preventing and Treating Varicella-Zoster Virus Infections**

Herpes Zoster Ophthalmitis (HZO)

Late dendriform lesions of the corneal epithelium should be treated with systemic or topical anti-herpetic medications (AIII).

Extensive Cutaneous Lesion or Visceral Involvement

- Acyclovir 10 mg/kg IV every 8 hours until clinical improvement is evident (AII).
- Switch to oral therapy (valacyclovir 1 g 3 times a day, famciclovir 500 mg 3 times a day, or acyclovir 800 mg PO 5 times daily to complete a 10- to 14-day course) when formation of new lesions has ceased and signs and symptoms of visceral VZV infection are improving (BIII).

Acute Retinal Necrosis (ARN)

- Acyclovir 10 mg/kg IV every 8 hours for 10 to 14 days, followed by valacyclovir 1 g PO 3 times a day for ≥14 weeks (AIII).
   In addition, an intravitreous injection of ganciclovir (2 mg/0.05 mL) can be given as a part of initial treatment, and injections can be repeated at a frequency of twice weekly until there is evidence of a treatment response (BIII). Involvement of an experienced ophthalmologist is recommended (AIII).
- Use of oral valaciclovir instead of IV acyclovir for initial treatment has been reported, but this approach should be used with caution, because serum drug levels with oral treatment will not be as high as those achieved with IV administration (CIII).

Progressive Outer Retinal Necrosis (PORN)

- Involvement of an experienced ophthalmologist is strongly recommended (AIII).
- Acyclovir 10 mg/kg IV every 8 hours or ganciclovir 5 mg/kg every 12 hours plus ganciclovir 2 mg/0.05 mL and/or foscarnet 1.2 mg/0.05 mL intravitreal twice weekly (AIII)
- Optimize ARV regimen (AIII).
- Duration of therapy is not well defined and should be determined based on clinical, virologic, and immunologic responses in consultation with an ophthalmologist.

**Note:** Ganciclovir ocular implants are no longer commercially available.

**Key:** ARN = acute retinal necrosis; ART = antiretroviral therapy; ARV = antiretroviral; CD4 = CD4 T lymphocyte; HZO = herpes zoster ophthalmicus; IM = intramuscular; IU = international unit; IV = intravenous; IVIG = intravenous immunoglobulin; PO = orally; PORN = progressive outer retinal necrosis; RZV = recombinant zoster vaccine; SQ = subcutaneous; VariZIG = varicella zoster immune globulin; VZV = varicella zoster virus; ZVL = zoster vaccine live

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# Table 1. Chemoprophylaxis to Prevent First Episode of Opportunistic Disease

Updated: October 29, 2024 Reviewed: October 29, 2024

This table provides recommendations for the use of chemoprophylaxis to prevent the first episode of opportunistic disease. For the use of immunizations to prevent certain infections in people with HIV, please refer to the <a href="Immunizations for Preventable Diseases in Adults and Adolescents With HIV">Immunizations for Preventable Diseases in Adults and Adolescents With HIV</a> section.

Opportunistic Infections	Indication	Preferred	Alternative
Coccidioidomycosis	A new positive <i>Coccidioides</i> IgM or IgG test in patients who previously tested negative; do not have signs, symptoms, or laboratory abnormalities compatible with active disease; and have CD4 count <250 cells/mm³ (AIII)	Fluconazole 400 mg PO daily (AIII)	None
Histoplasma capsulatum Infection	CD4 count <150 cells/mm³ and at high risk because of occupational exposure or living in a community with a hyperendemic rate of histoplasmosis (>10 cases per 100 person-years) (BI)	Itraconazole 200 mg PO daily (BI)	None
Malaria	Travel to disease-endemic area	Recommendations are the same for HIV-infected and HIV-uninfected patients. Recommendations are based on the region of travel, malaria risks, and drug susceptibility in the region. Refer to the Centers for Disease Control and Prevention webpage for the most recent recommendations based on region and drug susceptibility: Malaria.	
Mycobacterium avium Complex (MAC) Disease	CD4 count <50 cells/mm³ AND not receiving ART or remains viremic on ART or has no options for a fully suppressive ART regimen (AI)  Not recommended for those who immediately initiate ART after HIV diagnosis (AII)  Disseminated MAC disease should be ruled out before starting primary prophylaxis. See the MAC section for more information.	Azithromycin 1,200 mg PO once weekly (AI), or  Clarithromycin 500 mg PO twice daily (AI), or  Azithromycin 600 mg PO twice weekly (BIII)	Rifabutin (dose adjustment may be necessary with some ARV drugs, and rifabutin is not recommended if used with certain ARV drugs) <sup>a</sup> (BI); rule out active TB before starting rifabutin to avoid monotherapy in the setting of TB.

Table 1. Chemoprophylaxis to Prevent First Episode of Opportunistic Disease

Opportunistic Infections	Indication	Preferred	Alternative
Mycobacterium tuberculosis Infection (TB) (i.e., treatment of latent TB infection [LTBI])	Positive screening test for LTBI, <sup>b</sup> no evidence of active TB, and no prior treatment for active TB or LTBI (AI), or  Close contact with a person with infectious TB (with no evidence of active TB), regardless of screening test results and CD4 count (AII)  For recommendations on management of drug interactions with ARVs, see the Dosing Recommendations for Use of ARV and Anti-TB Drugs When Treating Latent TB Infection table in the Mycobacterium tuberculosis Infection and Disease section and the Drug-Drug Interactions in the Adult and Adolescent Antiretroviral Guidelines.	Rifapentine (see weight-based dosing below) plus INH 15 mg/kg (900 mg maximum) plus pyridoxine 50 mg PO once weekly for 12 weeks (AI)  Weight-Based Rifapentine Dose  Weighing 25.1–32 kg: 600 mg PO once weekly  Weighing 32.1–49.9 kg: 750 mg PO once weekly  Weighing >50 kg: 900 mg PO once weekly  Note: 3HP is recommended only for virally suppressed persons receiving EFV, RAL, or once daily DTG-based ARV regimen (AII).  or  3HR  INH 300 mg plus rifampin 600 mg plus pyridoxine 25–50 mg PO daily for 3 months (AI)	INH 300 mg plus pyridoxine 25–50 mg PO daily for 6–9 months (AII), or  4R: Rifampin 600 mg PO daily for 4 months (BI), or  1HP: Rifapentine (see weight-based dosing below) plus INH 300 mg plus pyridoxine 25–50 mg) PO once daily for 4 weeks (BI)  Weight-Based Rifapentine Dose  • Weighing <35 kg: 300 mg PO once daily  • Weighing >45 kg: 450 mg PO once daily  Note: 1HP is recommended only for patients receiving an efavirenz-based ARV regimen (AI).  For persons exposed to drug-resistant TB, select anti-TB drugs after consultation with experts and public health authorities (AIII).
Pneumocystis Pneumonia (PCP)	CD4 count 100–200 cells/mm³, if plasma HIV RNA level is above detection limits (AI), or  CD4 count <100 cells/mm³, regardless of plasma HIV RNA level (AIII)  Note: Patients who are receiving pyrimethamine/ sulfadiazine for treatment or suppression of toxoplasmosis do not require additional PCP prophylaxis (AII).	TMP-SMX 1 DS tablet PO daily (AI), or  TMP-SMX 1 SS tablet PO daily (AI)  Note: TMP-SMX also confers protection against toxoplasmosis and some protection against many respiratory bacterial infections.	<ul> <li>The following regimens can be used for people who are seropositive or seronegative for <i>Toxoplasma gondii</i>:</li> <li>TMP-SMX 1 DS PO three times weekly (BI), or</li> <li>Dapsone<sup>c</sup> 50 mg PO daily with pyrimethamine<sup>d</sup> 50 mg plus leucovorin 25 mg PO weekly (BI), or</li> <li>Dapsone<sup>c</sup> 200 mg plus pyrimethamine<sup>d</sup> 75 mg plus leucovorin 25 mg PO weekly (BI), or</li> <li>Atovaquone 1,500 mg PO daily with food (BI)</li> <li>The following regimens should only be used if the person is seronegative for <i>Toxoplasma gondii</i>:</li> <li>Dapsone<sup>c</sup> 100 mg PO daily or 50 mg PO twice daily (BI), or</li> </ul>

Table 1. Chemoprophylaxis to Prevent First Episode of Opportunistic Disease

Opportunistic Infections	Indication	Preferred	Alternative
			<ul> <li>Aerosolized pentamidine 300 mg via Respigard II nebulizer every month (BI), or</li> <li>Intravenous pentamidine 300 mg every 28 days (CIII)</li> </ul>
Syphilis	Individuals exposed sexually within ≤90 days of the diagnosis of primary, secondary, or early latent syphilis in a sex partner, regardless of serologic status (AII), or  Individuals exposed >90 days before syphilis diagnosis in a sex partner, if serologic test results are not available immediately and the opportunity for follow-up is uncertain (AIII)	Benzathine penicillin G 2.4 million units IM for one dose (All)	For penicillin-allergic patients:  Doxycycline 100 mg PO twice daily for 14 days (BII), or  Ceftriaxone 1 g IM or IV daily for 10–14 days (BII)
Talaromycosis (Penicilliosis)	Persons with HIV and CD4 cell counts <100 cells/mm³, who are unable to have ART, or have treatment failure without access to effective ART options, and—  Who reside in the highly endemic regions* in northern Thailand, northern or southern Vietnam, or southern China (BI), or  Who are from countries outside of the endemic region, and must travel to the region (BIII)  * Particularly in highland regions during the rainy and humid months	For persons who reside in endemic areas, itraconazole 200 mg PO once daily (BI)  For those traveling to the highly endemic regions, begin itraconazole 200 mg PO once daily 3 days before travel, and continue for 1 week after leaving the endemic area (BIII).	For persons who reside in endemic areas, fluconazole 400 mg PO once weekly (BII)  For those traveling to the highly endemic regions, take the first dose of fluconazole 400 mg 3 days before travel, continue 400 mg once weekly, and take the final dose after leaving the endemic area (BIII).
Toxoplasma gondii Encephalitis	Toxoplasma IgG-positive patients with CD4 count <100 cells/mm³ (AII)  Note: All regimens recommended for primary prophylaxis against toxoplasmosis also are effective as PCP prophylaxis.	TMP-SMX 1 DS PO daily (All)	TMP-SMX 1 DS PO three times weekly (BII), or  TMP-SMX 1 SS PO daily (BIII), or  Dapsone <sup>c</sup> 50 mg PO daily plus (pyrimethamine <sup>d</sup> 50 mg plus leucovorin 25 mg) PO weekly (BI), or  (Dapsone <sup>c</sup> 200 mg plus pyrimethamine <sup>d</sup> 75 mg plus leucovorin 25 mg) PO weekly (CI), or

Table 1. Chemoprophylaxis to Prevent First Episode of Opportunistic Disease

Opportunistic Infections	Indication	Preferred	Alternative
			Atovaquone 1,500 mg PO daily (CIII), or
			(Atovaquone 1,500 mg plus pyrimethamined 25 mg plus leucovorin 10 mg) PO daily (CIII)

<sup>&</sup>lt;sup>a</sup> Refer to the <u>Dosing Recommendations for Use of ARV and Anti-TB Drugs for Treatment of Active Drug Sensitive TB</u> table in the *Mycobacterium tuberculosis* section for dosing recommendations.

For information regarding the evidence ratings, refer to the <u>Rating System for Prevention and Treatment Recommendations</u> in the Introduction section of the Adult and Adolescent Opportunistic Infection Guidelines.

**Key:** ART = antiretroviral therapy; ARV = antiretroviral; CD4 = CD4 T lymphocyte; DS = double strength; DTG = dolutegravir; EFV = efavirenz; lgG = immunoglobulin G; lgM = immunoglobulin M; lM = intramuscular; lNH = isoniazid; lV = intravenously; LTBI = latent tuberculosis infection; MAC = *Mycobacterium avium* complex; PCP = *Pneumocystis* pneumonia; PO = orally; RAL= raltegravir; SS = single strength; TB = tuberculosis; TMP-SMX = trimethoprim-sulfamethoxazole

<sup>&</sup>lt;sup>b</sup> Screening tests for latent tuberculosis infection include tuberculin skin tests and interferon-gamma release assays.

<sup>&</sup>lt;sup>c</sup> Patients should be tested for glucose-6-phosphate dehydrogenase (G6PD) before administration of dapsone. An alternative agent should be used in patients found to have G6PD deficiency.

<sup>&</sup>lt;sup>d</sup> Refer to Daraprim Direct for information regarding how to access pyrimethamine.

# Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

**Updated:** December 16, 2024 **Reviewed:** December 16, 2024

Opportu	unistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Bacterial Enteric Infections	Empiric Therapy Pending Definitive Diagnosis	For People With HIV and CD4 >500 cells/mm³, 1–2 Days of Loose Stool Without Fever or Blood in Stool  Oral hydration, no further workup, and no antibiotics  For People With HIV and CD4 200–500 cells/mm³ With Diarrhea Severe Enough to Compromise Quality of Life or the Ability to Work  Azithromycin 500 mg PO daily for 5 days (BIII), or  Ciprofloxacin 500–750 mg PO every 12 hours for 5 days (BIII)  For People With HIV and Severe Disease (e.g., CD4 <200 cells/mm³ or Concomitant AIDS-Defining Illness and With Clinically Severe Diarrhea ≥6 Liquid Stools Per Day or Bloody Stool and/or Accompanying Fever or Chills])  Hospitalization for diagnostic evaluation and IV antibiotics  Ceftriaxone IV 1–2 g every 24 hours (BIII)  Note: If Campylobacter or Shigella bacteremia is suspected, a carbapenem is preferred (BIII).  Therapy and duration should be adjusted based on microbiology and antibiotic sensitivity results.  If no pathogen is identified and the patient recovers quickly, 5 days of therapy is recommended.	Alternative merapy	Diagnostic fecal specimens should be obtained before initiation of empiric antimicrobial therapy.  If a pathogen is identified, antibiotic susceptibilities should be performed to confirm and inform antibiotic choices, given increased reports of antibiotic resistance.  Oral or IV rehydration (if indicated) should be given to patients with diarrhea (AIII).  Antimotility agents should be avoided if there is concern about inflammatory diarrhea, including CDI (BIII).  Risk of bacteremia increases with decreasing CD4 count.  If no clinical response is observed after 3–4 days, consider a follow-up stool culture with antibiotic susceptibility testing or alternative diagnostic tests (e.g., toxin assays, molecular testing) to evaluate alternative diagnoses, antibiotic resistance, or drug—drug interaction (BIII).  MSM may be at increased risk for antibiotic resistant enteric infections.

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunist	tic Infection	Preferred Therapy	Alternative Therapy	Other Comments
		For patients with persistent diarrhea (>14 days) without severe clinical signs, antibiotics therapy can be withheld until a diagnosis is made.		
Ca	ampylobacteriosis	For Mild Disease If CD4 Count >200 cells/mm <sup>3</sup>	For Mild to Moderate Disease (If Susceptible)	Oral or IV rehydration if indicated (AIII)
		<ul> <li>No therapy unless symptoms persist for more than several days (CIII)</li> <li>For Mild to Moderate Disease (If Susceptible)</li> <li>Azithromycin 500 mg PO daily for 5 days (BIII) (not recommended for patients with bacteremia [AIII]), or</li> <li>Ciprofloxacin 500–750 mg PO (or 400 mg IV) every 12 hours for 7–10 days (BIII)</li> <li>For Campylobacter Bacteremia</li> <li>Ciprofloxacin 500–750 mg PO (or 400 mg IV) every 12 hours for ≥14 days if the isolate is sensitive (BIII) plus an aminoglycoside (BIII) to limit the emergence of antibiotic resistance</li> <li>For Recurrent Infections</li> <li>Duration of therapy may be extended to 2–6 weeks (BIII).</li> </ul>	Levofloxacin 750 mg (PO or IV) every 24 hours (BIII)     Add an aminoglycoside to fluoroquinolone in bacteremic patients (BIII) to limit the emergence of antibiotic resistance.	Antimotility agents should be avoided <b>(BIII)</b> .  Third-generation cephalosporins are not reliably active and use of alternative cell wall—active agents, such as carbapenems, may be necessary in severely ill people who require empiric IV therapy until antimicrobial susceptibilities return.  In the United States in 2018, 29% of <i>C. jejuni</i> isolates were resistant to ciprofloxacin and 2% were resistant to azithromycin; among <i>C. coli</i> isolates, 40.5% were resistant to fluoroquinolone and 13.3% were resistant to azithromycin.  Effective ART may reduce the frequency, severity,
	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		- N	and recurrence of Campylobacter infections.
	lostridium difficile fection (CDI)	<ul> <li>For Severe or Nonsevere CDI</li> <li>Fidaxomicin 200 mg PO twice daily for 10 days (AI)</li> <li>Recurrent CDI</li> <li>2021 IDSA CDI Guidelines suggest use of fidaxomicin over oral vancomycin because it has a greater likelihood for a sustained clinical response at 30 days (AI).</li> </ul>	Vancomycin 125 mg PO four times daily for 10 days (AI)      For Nonsevere CDI  If Neither Fidaxomicin nor Vancomycin Is Available      Metronidazole 500 mg (PO) three times daily for 10 days (CI)	Severe CDI: white blood cell count ≥15,000 cells/mL or serum creatinine concentrations >1.5 mg/dL; nonsevere CDI: white blood cell count <15,000 cells/mL and serum creatinine concentrations <1.5 mg/dL

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infecti	on Preferred Therapy	Alternative Therapy	Other Comments
Opportunistic Infection Salmonellosi	All people with HIV and salmonellosis treatment due to an increase of bacter and mortality (by up to sevenfold) con (AIII).  For Invasive Disease (Suspected or Confirmed)  Ceftriaxone IV 1–2 g every 24 hours pending susceptibilities (BIII)	Recurrent CDI  Vancomycin is an acceptable option (see IDSA Guideline for tapered and pulsed regimens) (AI).  FMT may be considered after three CDI episodes (i.e., an initial and two recurrent episodes) (CIII).  s should receive antimicrobial eremia (by 20-fold to 100-fold)	Oral or IV rehydration if indicated (AIII)  Antimotility agents should be avoided (BIII).  The role of long-term secondary prophylaxis in patients with recurrent Salmonella bacteremia is not well established. Must
	For Nontyphoidal Salmonella Gastroenteritis (With or Without Bacteremia) (If Susceptible)  • Ciprofloxacin 500–750 mg PO (or 400 mg IV) every 12 hours (AIII)  Duration of Therapy  For Gastroenteritis Without Bacteremia  • If CD4 count ≥200 cells/mm³: 7–14 days (BIII)  • If CD4 count <200 cells/mm³: minimum of 2 weeks (may extend to up to 6 weeks if with	<ul> <li>Moxifloxacin 400 mg (PO or IV) every 24 hours (BIII), or</li> <li>TMP-SMX (160 mg/800 mg) PO (or IV) every 12 hours (BIII), or</li> <li>Ceftriaxone 1–2 g IV every 24 hours (BIII)</li> </ul>	weigh the benefits against the risks of long-term antibiotic exposure (BIII).  Effective ART may reduce the frequency, severity, and recurrence of salmonella infections.
	severe disease) (BIII)  For Gastroenteritis With Bacteremia  If CD4 count ≥200/mm³: 14 days or longer duration if bacteremia persists or if the infection is complicated (e.g., if metastatic foci of infection are present) (BIII)  If CD4 count <200 cells/mm³: 2-6 weeks (BIII)		

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Inf	ection Preferred	Therapy Alternative Therapy	Other Comments
Shigello Shigello	Secondary Prophy Be Considered for  Recurrent Salmo bacteremia (BIII)  Recurrent gastro without bacterem count <200 cells severe diarrhea	/laxis Should Patients With  conella (), or  coenteritis (with or nia) with CD4 /mm³ with (BIII)  0-750 mg PO very 12 hours (if L) (AIII)  5-7 days (AIII) acin [5-10 days] n [5 days])  4 days (BIII) ons: Up to  cons: Up to  co	Therapy may slightly shorten the duration of illness and/or prevent the spread of infection (AIII).  Oral or IV rehydration if indicated (AIII)  Antimotility agents should be avoided (BIII).  Many Shigella strains that are resistant to fluoroquinolones exhibit
	Shigella to fluoroqu United States. Alter antibiotics should be ciprofloxacin MIC is	inolones in the native e considered if	antimicrobial resistance and limited data showing that antibiotic therapy

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Bartonellosis	For Bacillary Angiomatosis, Peliosis Hepatis, Bacteremia, and Osteomyelitis  Doxycycline 100 mg PO or IV every 12 hours (AII), or  Erythromycin 500 mg PO or IV every 6 hours (AII)  CNS Infections  (Doxycycline 100 mg +/- RIF 300 mg) PO or IV every 12 hours (AIII)  Confirmed Bartonella Endocarditis  (Doxycycline 100 mg IV plus RIF 300 mg PO or IV) every 12 hours for 6 weeks, then continue with doxycycline 100 mg IV or PO every 12 hours (BII)  Other Severe Infections  (Doxycycline 100 mg PO or IV +/- RIF 300 mg PO or IV) every 12 hours (BIII), or  (Erythromycin 500 mg PO or IV every 6 hours) +/- RIF 300 mg PO or IV every 12 hours (BIII)  Duration of Therapy  At least 3 months (AII)	For Bacillary Angiomatosis, Peliosis Hepatis, Bacteremia, Osteomyelitis, and Other Severe Infection  • Azithromycin 500 mg PO daily (BIII)  • Clarithromycin 500 mg PO twice a day (BIII)  Confirmed Bartonella Endocarditis  • (Doxycycline 100 mg IV every 12 hours plus gentamicin 1 mg/kg IV every 8 hours) for 2 weeks, then continue with doxycycline 100 mg IV or PO every 12 hours (BII)	When RIF is used, take into consideration the potential for significant interaction with ARV drugs and other medications (see Table 4 for dosing recommendations).  If relapse occurs after initial (>3 month) course of therapy, long-term suppression with doxycycline or a macrolide is recommended as long as the CD4 count is <200 cells/mm³ (AIII).
Candidiasis (Mucocutaneous)	For Oropharyngeal Candidiasis—Initial Episodes (For 7–14 Days)  Fluconazole 200 mg PO loading dose, followed by 100–200 mg PO daily (AI)  For Esophageal Candidiasis (For 14–21 Days)  Fluconazole 200-mg loading dose, followed by 100–200 mg (up to 400 mg) PO or IV daily (AI). (Consider oral suspension for people with difficulty swallowing.)	For Oropharyngeal Candidiasis—Initial Episodes (For 7–14 Days)  Oral Therapy  Itraconazole oral solution 200 mg PO daily (BI), or	Chronic or prolonged use of azoles may promote the development of resistance.  Systemic azoles may have significant drugdrug interactions with ARV drugs.  A higher relapse rate for esophageal candidiasis is seen with echinocandins use than with fluconazole.

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	For Uncomplicated Vulvovaginal Candidiasis  • Fluconazole 150 mg PO for one dose (AII), or	Posaconazole oral suspension 400 mg PO twice a day for 1 day, then 400 mg daily (BI), or	Suppressive therapy is usually not recommended (CIII) unless patients have frequent or severe recurrences.
	Topical azoles (clotrimazole, butoconazole, miconazole, tioconazole, or terconazole) for 3–7 days (AII), or	Posaconazole tablet 300 mg     PO twice a day for 1 day,     then 300 mg daily (BI)  Topical Therapy	If the Decision Is to Use Suppressive Therapy  Oropharyngeal
	Ibrexafungerp 300 mg PO twice daily for 1 day (BI)	Miconazole mucoadhesive buccal 50-mg tablet once	<ul><li>Candidiasis</li><li>Fluconazole 100 mg PO</li></ul>
	For Severe or Recurrent Vulvovaginal Candidiasis	daily; apply to mucosal surface over the canine fossa once daily (do not	once daily or three times weekly (BI)
	• Fluconazole 100–200 mg PO daily for ≥7 days (AII), or	swallow, chew, or crush tablet.) (BI), or	<ul><li>Esophageal Candidiasis</li><li>Fluconazole</li></ul>
	Topical antifungal ≥7 days (AII)  For Recurrent Vulvovaginal	Clotrimazole troches 10 mg     PO five times daily (BI), or	100–200 mg PO daily <b>(BI)</b> , <i>or</i>
	Candidiasis Only (the following regimens include treatment for the acute episode plus treatment to	Nystatin suspension 4–6 mL four times a day (BII)	Posaconazole oral suspension 400 mg PO twice a day (BII), or
	<ul><li>reduce recurrence)</li><li>Oteseconazole 600 mg PO at</li></ul>	For Esophageal Candidiasis (For 14–21 Days)	Posaconazole tablet 300 mg PO daily (BII)
	Day 1, 450 mg at Day 2, followed by once-weekly	Itraconazole oral solution 200 mg PO daily (AI), or	Vulvovaginal Candidiasis
	150-mg dosing starting at Day 14 for 11 weeks (AI) (for those who are not of reproductive potential); or	Isavuconazole 400 mg PO loading dose, followed by 100 mg PO daily (BI), or	<ul><li>Fluconazole 150 mg PO once weekly (BII), or</li><li>Oteseconazole 600 mg</li></ul>
	Fluconazole 150 mg PO at     Days 1, 4, and 7, followed by	Isavuconazole 400 mg PO once weekly (BI), or	at Day 1 and 450 mg at Day 2 for treatment of the acute episode,
	oteseconazole 150 mg PO daily at Days 14–20, followed by oteseconazole 150 mg once	Voriconazole 200 mg PO or IV twice a day (BI), or	followed by once- weekly 150-mg doses starting at Day 14 for
	weekly starting at Day 28 for 11 weeks (Weeks 4–14) (AI) (for those who are not of reproductive potential); or	Posaconazole oral suspension 400 mg PO twice a day for 1 day, then 400 mg daily (BI), or	11 weeks (AI) (for those who are not of reproductive potential); or
	<ul> <li>Fluconazole 150 mg PO every 72 hours for three doses, followed by ibrexafungerp 300 mg PO twice daily 1 day per month for 6 months (BI).</li> </ul>	<ul> <li>Posaconazole tablet 300 mg</li> <li>PO twice a day for 1 day, then 300 mg daily (BI), or</li> <li>Lipid formulation of</li> </ul>	Fluconazole 150 mg at Days 1, 4, and 7 for treatment of the acute episode, followed by
	(Use an effective form of contraception during treatment and for 4 days after the last dose.)	amphotericin B 3–4 mg/kg IV daily (BI), or  Caspofungin 70 mg IV loading dose, followed by	oteseconazole 150 mg daily at Days 14–20, followed by oteseconazole 150 mg once weekly starting at
	,	50 mg IV daily <b>(BI)</b> , <i>or</i>	Day 28 for 11 weeks (Weeks 4–14) (AI) (for

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
		<ul> <li>Micafungin 150 mg IV daily (BI), or</li> <li>Anidulafungin 100 mg IV once, then 50 mg IV daily (BI)</li> <li>For Azole-Refractory Candida glabrata Vaginitis</li> <li>Boric acid vaginal suppository 600 mg once daily for 14 days (BII)</li> </ul>	those who are not of reproductive potential); or  Ibrexafungerp 300 mg twice daily 1 day per month for 6 months (BI). (Use an effective form of contraception during treatment and for 4 days after the last dose.)
Chagas Disease (American Trypanosomiasis)	For Acute or Reactivated Disease  Benznidazole 5–8 mg/kg/day PO in two divided doses for 60 days (BIII) (commercially available at https://www.benznidazoletablets.com/en; most experts recommend a daily maximum of 300 mg), or  Nifurtimox (Lampit®) 8–10 mg/kg/day PO in three divided doses for 60 days (BIII) (commercially available through retail sources)	None	Treatment is effective in reducing parasitemia and preventing clinical symptoms or slowing disease progression; however, these drugs have limited efficacy in achieving parasitological cure.  Treatment is not recommended for patients with advanced chagasic cardiomyopathy.  Duration of therapy has not been studied in patients with HIV.  Initiation or optimization of ART is recommended for all people with HIV with concomitant <i>Trypanosoma cruzi</i> (AIII).
Coccidioidomycosis	<ul> <li>Mild-to-Moderate Pulmonary Infection</li> <li>Fluconazole 400 mg PO daily (AII), or</li> <li>Itraconazole 200 mg PO three times a day for 3 days, then 200 mg PO twice a day (AII)</li> <li>Duration of therapy: clinical response to 3–6 months of therapy, CD4 count ≥250 cells/mm³, and viral suppression on ART (AII)</li> </ul>	Mild-to-Moderate Pulmonary Infection  For Patients Who Failed to Respond to Fluconazole or Itraconazole  Voriconazole 400 mg PO twice daily on Day 1, then 200 mg PO twice a day (BIII)  Posaconazole delayed release tablet 300 mg PO twice a day on Day 1, then 300 mg PO once daily (BIII), or	Some patients with meningitis may develop hydrocephalus and require CSF shunting.  Therapy should be lifelong in patients with meningeal infections because relapse occurs in 80% of patients with HIV after discontinuation of triazole therapy (AII).

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	Severe Pulmonary or Extrapulmonary Infection (Except Meningitis)  Amphotericin B deoxycholate 0.7–1.0 mg/kg IV daily (AII), or  Lipid formulation amphotericin B 3–5 mg/kg IV daily (AIII)  Continue until clinical improvement, then switch to an azole (fluconazole 400 mg PO daily or itraconazole 200 mg PO twice daily) (BIII). Therapy should be continued for at least 12 months and usually much longer, and should be continued in patients with HIV viremia or with CD4 count <250 cells/mm³ (BIII).  Meningeal Infections  Fluconazole 800–1,200 mg PO daily (AII)  Duration of therapy: lifelong (AII)	<ul> <li>Isavuconazole sulfate 372 mg PO every 8 hours for six doses, then 372 mg once daily (BIII)</li> <li>Severe Pulmonary or Extrapulmonary Infection (Except Meningitis)</li> <li>Some specialists will combine amphotericin B with a triazole (fluconazole or itraconazole, with itraconazole preferred for bone disease) as initial therapy and continue triazole once amphotericin B is stopped (CIII).</li> <li>Meningeal Infections</li> <li>Itraconazole 200 mg PO two or three times daily (BII), or</li> <li>Voriconazole 200–400 mg PO twice daily (BIII), or</li> <li>Posaconazole delayed release tablet 300 mg PO twice on Day 1, then 300 mg PO once daily (CIII), or</li> <li>Isavuconazole sulfate 372 mg PO every 8 hours for six doses, then 372 mg once daily (CIII)</li> <li>Intrathecal amphotericin B deoxycholate when triazole antifungals are ineffective (AIII)</li> </ul>	See Table 4 for drug-drug interactions or triazole antifungal drugs and other drugs for treatment or prevention of Ols.  Itraconazole, posaconazole, and voriconazole may have significant interactions with certain ARV agents. These interactions are complex and can be bidirectional. Refer to Drug-Drug Interactions in the Adult and Adolescent Antiretroviral Guidelines for dosage recommendations.  Therapeutic drug monitoring and dosage adjustment may be necessary to ensure triazole antifungal and antiretroviral efficacy and reduce concentration-related toxicities.  Intrathecal amphotericin B should only be given in consultation with a specialist and administered by an individual with experience with the technique.

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
be program with red sure required to the sure requi	mpiric antibiotic therapy should el initiated promptly for patients resenting with clinical and idiographic evidence consistent ith bacterial pneumonia. The ecommendations listed are aggested empiric therapy. The agimen should be modified as eeded once microbiologic results re available (BIII). Providers must so consider the risk of aportunistic lung infections e.g., PCP, TB), which may alter re empiric therapy.  Ma PO beta-lactam plus a PO macrolide (azithromycin or clarithromycin) (AII)  Mareferred Beta-Lactams  High-dose amoxicillin or amoxicillin/clavulanate  Metarnative Beta-Lactams  Cefpodoxime or cefuroxime, or  Levofloxacin 750 mg PO once daily (AII), or moxifloxacin 400 mg PO once daily (AII), especially for patients with penicillin allergies  mpiric Therapy for Hospitalized atients With Nonsevere CAP  An IV beta-lactam plus a macrolide (azithromycin or clarithromycin) (AI)  meterred Beta-Lactams  Ceftriaxone, cefotaxime, or ampicillin-sulbactam	Empiric antibiotic therapy should be initiated promptly for patients presenting with clinical and radiographic evidence consistent with bacterial pneumonia. The recommendations listed are suggested empiric therapy. The regimen should be modified as needed once microbiologic results are available (BIII). Providers must also consider the risk of opportunistic lung infections (e.g., PCP, TB), which may alter the empiric therapy.  Empiric Outpatient Therapy  • A PO beta-lactam plus PO doxycycline (CIII)  Preferred Beta-Lactams  • High-dose amoxicillin or amoxicillin/clavulanate  Alternative Beta-Lactams  • Cefpodoxime or cefuroxime  Empiric Therapy for Hospitalized Patients With Nonsevere CAP  • An IV beta-lactam plus doxycycline (CIII)  Empiric Therapy for Hospitalized Patients With Severe CAP  • Ar IV beta-lactam plus doxycycline (CIII)  Empiric Therapy for Hospitalized Patients With Severe CAP  • Ar IV beta-lactam plus doxycycline (CIII)  Empiric Therapy for Hospitalized Patients With Severe CAP  For Penicillin-Allergic Patients  • Aztreonam IV plus (levofloxacin 750 mg IV once daily or moxifloxacin 400 mg IV once daily) (BIII)	<ul> <li>For most patients, 5–7 days</li> <li>Patients should be afebrile for 48–72 hours and clinically stable before stopping antibiotics.</li> <li>Longer duration is often required if severe CAP or bacteremia is present, and particularly if due to <i>S. pneumoniae</i> or complicated <i>S. aureus</i> pneumonia.</li> <li>Fluoroquinolones should be used with caution in patients in whom TB is suspected but is not being treated.</li> <li>Empiric therapy with a macrolide alone is not routinely recommended, because of increasing pneumococcal resistance (up to 30%) (BIII).</li> <li>Patients receiving a macrolide for MAC prophylaxis may have bacterial resistance to macrolide due to chronic exposure.</li> <li>For patients begun on IV antibiotic therapy, switching to PO should be considered when they are clinically improved and able to tolerate oral medications.</li> <li>Antibiotic chemoprophylaxis is generally not recommended because of the potential for developing drug resistance and drug toxicities (AI).</li> </ul>

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Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	<ul> <li>Levofloxacin 750 mg IV once daily (AI), or moxifloxacin, 400 mg IV once daily (AI), especially for patients with penicillin allergies.</li> <li>Empiric Therapy for Hospitalized Patients With Severe CAP</li> <li>An IV beta-lactam plus IV azithromycin (AI), or</li> <li>An IV beta-lactam plus (levofloxacin 750 mg IV once daily or moxifloxacin 400 mg IV once daily) (AI)</li> <li>Preferred Beta-Lactams</li> <li>Ceftriaxone, cefotaxime, or ampicillin-sulbactam</li> <li>Empiric Therapy for Patients at Risk of Pseudomonas Pneumonia</li> <li>An IV antipneumococcal, antipseudomonal beta-lactam plus (ciprofloxacin 400 mg IV every 8–12 hours or levofloxacin 750 mg IV once daily) (AI)</li> <li>Preferred Beta-Lactams</li> <li>Piperacillin-tazobactam, cefepime, imipenem, or meropenem</li> <li>Empiric Therapy for Patients at Risk for Methicillin-Resistant Staphylococcus aureus Pneumonia</li> <li>Add vancomycin IV or linezolid (IV or PO) to the baseline regimen (AII).</li> <li>Addition of clindamycin to vancomycin (but not to linezolid) can be considered for severe necrotizing pneumonia to minimize bacterial toxin production (CII).</li> </ul>	Empiric Therapy for Patients at Risk of <i>Pseudomonas</i> Pneumonia  An IV antipneumococcal, antipseudomonal beta-lactam plus an IV aminoglycoside plus azithromycin (BII), or  An IV antipneumococcal, antipseudomonal beta-lactam plus an aminoglycoside plus (levofloxacin 750 mg IV once daily or moxifloxacin 400 mg IV once daily) (BIII)  For Penicillin-Allergic Patients  Replace the beta-lactam with aztreonam (BIII).	

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Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Cryptococcosis	For CNS and/or Disseminated Disease  Induction Therapy (for ≥2 weeks, followed by consolidation therapy)  In the United States and other settings where daily electrolytes and kidney function monitoring and electrolyte and IV fluid administration is possible  Liposomal amphotericin B  3-4 mg/kg IV daily plus flucytosine 25 mg/kg PO four times a day for 2 weeks (AII) (Note: Flucytosine dose should be adjusted in patients with renal dysfunction.)  In resource-limited settings, as recommended by WHO:  Liposomal amphotericin B 10 mg/kg IV as a single dose on Day 1, followed by flucytosine 25 mg/kg four times a day plus fluconazole 1,200 mg daily for 2 weeks (AI)  If not improved clinically or remain clinically unstable, continue induction therapy until the CSF culture is confirmed to be negative (BIII).  Consolidation Therapy (for ≥8 weeks, followed by maintenance therapy)  Fluconazole 800 mg PO daily (AI)  For clinically stable patients with negative CSF cultures and ART has been started, dose can be reduced to 400 mg PO daily (AII)  If CSF remains positive (but clinically stable) after 2 weeks of induction therapy, use one of the following two options for an additional 2 weeks before reducing the dose of fluconazole to 800 mg PO daily:	For CNS and/or Disseminated Disease Induction Therapy (for ≥2 weeks, followed by consolidation therapy)  • Amphotericin B lipid complex 5 mg/kg IV daily plus flucytosine 25 mg/kg PO four times a day for 2 weeks (BII), or  • Amphotericin B deoxycholate 1 mg/kg IV daily plus flucytosine 25 mg/kg PO four times a day for 1 week, followed by fluconazole 1,200 mg PO daily for an additional Studied Induction Regimens (for 2 weeks)  • Amphotericin B deoxycholate 0.7-1.0 mg/kg IV daily plus flucytosine 25 mg/kg PO four times a day (BI)  • Liposomal amphotericin B 3-4 mg/kg IV daily plus fluconazole 800-1,200 mg PO daily (BIII)  • Amphotericin B deoxycholate 0.7-1.0 mg/kg IV daily plus fluconazole 800-1,200 mg PO daily (BIII)  • Fluconazole 1,200 mg PO or IV daily plus flucytosine 25 mg/kg PO four times a day (BII)  Consolidation Therapy (for ≥8 weeks, followed by maintenance therapy)  • If fluconazole is not available or not well tolerated: Itraconazole 200 mg PO twice a day for 8 weeks (CI)	Addition of flucytosine to amphotericin B has been associated with more rapid sterilization of CSF and decreased risk for subsequent relapse.  Patients receiving flucytosine should have either blood levels monitored (peak level 2 hours after dose should be 25–100 µg/mL) or at least twice weekly monitoring of complete blood counts for cytopenia. Dosage should be adjusted in patients with renal insufficiency (BII).  Irrespective of which regimen is used, patients must be followed carefully in hospital for at least 7 days and ideally 14 days (AII). For patients with CNS disease, LP should be performed at Day 7 and Day 14 to ensure an appropriate clinical response and culture sterility. If increased ICP is documented, daily LP should be performed until the pressure is decreased into the normal range and symptoms have abated (AII).  Opening pressure should always be measured when an LP is performed. Repeated LPs or CSF shunting are essential to effectively managing increased intracranial pressure.

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	<ul> <li>Fluconazole 1,200 mg PO daily with flucytosine 25 mg/kg PO four times a day for 2 weeks (BIII)</li> <li>Fluconazole 1,200 mg PO daily for 2 weeks (BIII), or</li> <li>Note: Duration of consolidation therapy should be at least 8 weeks from the time of negative CSF culture (AII).</li> <li>Maintenance Therapy</li> <li>Fluconazole 200 mg PO daily for ≥1 year from initiation of antifungal therapy (AI)</li> <li>For Non-CNS Extrapulmonary (BIII) or Diffuse Pulmonary Disease (BIII) or People With Non-CNS Symptoms With Normal CSF and Serum CrAg ≥1:640 by LFA (or ≥1:160 by EIA or Latex Agglutination) (BII)</li> <li>Treatment is the same as for CNS cryptococcosis.</li> <li>For Non-CNS Focal Pulmonary Infiltrates (With Mild Symptoms)</li> <li>Fluconazole 400 mg daily for 6 to 12 months (duration guided by symptom resolution) (BIII)</li> <li>For Asymptomatic Antigenemia Without Meningitis and Serum CrAg &lt;1:640 by LFA (or &lt;1:160 by EIA or Latex Agglutination)</li> <li>Fluconazole: 800-1,200 mg PO daily for 2 weeks, followed by 400-800 mg PO daily for a total of 10 weeks, then fluconazole 200 mg PO daily for a total of 6 months plus effective ART (BIII)</li> </ul>	<ul> <li>Maintenance Therapy</li> <li>If fluconazole is not available or not well tolerated: Itraconazole 200 mg PO twice a day (CI)</li> <li>If susceptibility studies have been performed and the fluconazole MIC is ≥16 μg/mL, the fluconazole dose may be increased to 400 mg daily (BIII).</li> <li>For Non-CNS Extrapulmonary (BIII) or Diffuse Pulmonary Disease (BIII) or People With Non-CNS Symptoms With Normal CSF and Serum CrAg ≥1:640 by LFA (or ≥1:160 by EIA or Latex Agglutination) (BII)</li> <li>Alternative treatment options are the same as for CNS cryptococcosis.</li> </ul>	Corticosteroids and mannitol are ineffective in reducing ICP and are not recommended (AIII).  Some specialists recommend a brief course of tapering dose of corticosteroid for management of severe IRIS symptoms (BIII).  All people with non-CNS extrapulmonary symptoms and cryptococcal antigenemia should have their CSF sampled to rule out CNS disease.  People with asymptomatic cryptococcal antigenemia, lower risk, and serum CrAg titer <1:80 by LFA (or <1:20 by EIA or latex agglutination) can be safely treated without lumbar puncture (AI). All others with asymptomatic cryptococcal antigenemia should undergo CSF sampling to rule out CNS disease.

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Cryptosporidiosis	<ul> <li>Aggressive oral and/or IV rehydration and replacement of electrolyte loss (AIII), and</li> <li>Symptomatic treatment of diarrhea with antimotility agents (AIII), and</li> <li>ART initiation to achieve immune restoration to CD4 count &gt;100 cells/mm³ (AII).</li> </ul>	No therapy has been shown to be effective without ART. Consider trial of these agents in conjunction with ART, rehydration, and symptomatic treatment:  Nitazoxanide 500–1,000 mg PO twice a day with food for at least 14 days (CIII), or  Paromomycin 500 mg PO four times daily for 14–21 days (CIII)	Tincture of opium may be more effective than loperamide in management of diarrhea (CIII).  Because diarrhea can cause lactase deficiency, patients should avoid milk products (CIII).
Cytomegalovirus (CMV) Disease	<ul> <li>CMV Retinitis Induction Therapy (Followed by Chronic Maintenance Therapy)</li> <li>For Immediate Sight-Threatening Lesions (within 1,500 microns of the fovea)</li> <li>Ganciclovir 5 mg/kg every 12 hours IV or valganciclovir 900 mg PO twice a day or for 14–21 days (AI) (some prefer IV ganciclovir initially and transition to PO valganciclovir when there is evidence of clinical response) with or without</li> <li>Intravitreal injections of ganciclovir (2 mg) or foscarnet (2.4 mg) to rapidly achieve high intraocular concentration, continued weekly until lesion inactivity is achieved (AIII); plus</li> <li>For Peripheral Lesions</li> <li>Valganciclovir 900 mg PO twice a day for 14–21 days, then 900 mg once daily (AI)</li> <li>Maintenance Therapy</li> <li>Valganciclovir 900 mg PO daily (AI) for 3–6 months until ART-induced immune recovery</li> </ul>	CMV Retinitis  For Immediate Sight- Threatening Lesions (within 1,500 microns of the fovea): Intravitreal therapy as listed in the Preferred section, plus one of the following:  Alternative Systemic Induction Therapy (Followed by Chronic Maintenance Therapy)  • Foscarnet 90 mg/kg IV every 12 hours or 60 mg/kg every 8 hours for 14–21 days (BI), or  • Cidofovir 5 mg/kg/week IV for 2 weeks; saline hydration before and after therapy and probenecid, 2 g PO 3 hours before dose, followed by 1 g PO 2 hours and 8 hours after the dose (total of 4 g) (CI) (Note: This regimen should be avoided in patients with sulfa allergy because of cross hypersensitivity with probenecid.)	The choice of therapy for CMV retinitis should be individualized, based on tolerance of systemic medications, prior exposure to anti-CMV drugs, and location of the lesion (AIII).  Initial therapy in patients with CMV retinitis, esophagitis, colitis, and pneumonitis should include initiation or optimization of ART (BIII).  Given the evident benefits of systemic therapy in preventing contralateral eye involvement, reduce CMV visceral disease and improve survival. Whenever feasible, treatment should include systemic therapy.  The ganciclovir ocular implant, which is effective for treatment of CMV retinitis, is no longer available.

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	<ul> <li>CMV Esophagitis or Colitis</li> <li>Ganciclovir 5 mg/kg IV every 12 hours; may switch to valganciclovir 900 mg PO every 12 hours once the patient can tolerate oral therapy (BI)</li> <li>Valganciclovir 900 mg PO every 12 hours may be considered as initial therapy in mild diseases (CIII).</li> <li>Duration: 21–42 days or until symptoms have resolved (CII)</li> <li>Maintenance therapy is usually not necessary but should be considered after relapses (BII).</li> <li>Well-Documented, Histologically Confirmed CMV Pneumonia</li> <li>Experience for treating CMV pneumonitis in HIV patients is limited. Use of IV ganciclovir or IV foscarnet is reasonable (doses same as for CMV retinitis) (CIII).</li> <li>The optimal duration of therapy and the role of oral valganciclovir have not been established.</li> <li>CMV Neurological Disease</li> <li>Note: Treatment should be initiated promptly.</li> <li>Ganciclovir 5 mg/kg IV every 12 hours or 60 mg/kg IV every 8 hours) to stabilize disease and maximize response. Continue until there is symptomatic improvement and resolution of neurologic symptoms (CIII).</li> <li>The optimal duration of therapy and the role of oral valganciclovir have not been established.</li> </ul>	Chronic Maintenance (For 3–6 Months Until ART-Induced Immune Recovery)  • Foscarnet 90–120 mg/kg IV once daily (AI), or  • Cidofovir 5 mg/kg IV every other week with saline hydration and probenecid as above (BI)  CMV Esophagitis or Colitis  • Foscarnet 90 mg/kg IV every 12 hours or 60 mg/kg every 8 hours (BI) for patients with treatment-limiting toxicities to ganciclovir or with ganciclovir resistance, or  • Valganciclovir 900 mg PO every 12 hours in milder disease and if able to tolerate PO therapy (BII), or  • Duration: 21–42 days or until symptoms have resolved (CII)  • For mild disease, if ART can be initiated without delay, consider withholding CMV therapy (CIII).	Routine (i.e., every 3 months) ophthalmologic follow-up is recommended after stopping chronic maintenance therapy for early detection of relapse or IRU, and then periodically after sustained immune reconstitution (AIII).  IRU may develop in the setting of immune reconstitution.  Treatment of IRU  Periocular, intravitreal, or short courses of systemic steroid (BIII)

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Hepatitis B Virus (HBV) Disease	ART is recommended for all patients with HIV/HBV coinfection regardless of CD4 cell count and HBV DNA level (AII).  The ART regimen must include drugs that are active against both HBV and HIV (AII).  If CrCl ≥60 mL/min:  • (TAF [10 or 25 mg]² plus FTC 200 mg) or (TAF 25 mg plus 3TC 300 mg) PO once daily (AII), or  • (TDF 300 mg plus [FTC 200 mg or 3TC 300 mg]) once daily (AII)  If CrCl 30–59 mL/min:  • TAF (10 or 25 mg)² plus FTC 200 mg PO once daily (AII)  If CrCl <30 mL/min, not on HD:  • Renally dosed entecavir (in place of TDF/[FTC or 3TC] or TAF/FTC) with a fully suppressive ART regimen (AIII), or  • ART with renally dose-adjusted TDF and (FTC or 3TC) can be used (AIII) if recovery of renal function is unlikely.  • If CrCl ≥15 to 29 mL/min, then ART with TAF (10 or 25 mg)² once daily plus renally dose-adjusted FTC or 3TC is an option (AIII).  - Some clinicians may continue full-dose FTC or 3TC to allow for people to remain on fixed-dose TAF/FTC products.  If on HD:  • Renally dose-adjusted TDF plus [FTC 200 mg or 3TC 300 mg once daily] (see Table 6) (AII)  • TAF [10 or 25 mg]² plus FTC 200 mg PO once daily (given after HD on dialysis days) (AII)	For People on NRTI-Sparing ART  • Entecavir 0.5 mg once daily may be used in place of (TAF or TDF) plus (3TC or FTC) (AIII)	Directly acting HBV drugs—such as emtricitabine, entecavir, lamivudine, or tenofovir—must not be given in the absence of a fully suppressive ART regimen to avoid selection of drugresistant HIV (AI).  Chronic administration of 3TC or FTC as the only HBV-active drug should be avoided because of the high rate of selection of HBV drug-resistance mutations (AI).  People with 3TC-resistant HBV will have crossresistance to FTC and partial resistance to entecavir, these agents should not be used (AI). If 3TC resistance is suspected or documented, TDF or TAF should be added to the ART regimen (AIII).  When changing ART regimens, continue agents with anti-HBV activity (AIII).  If anti-HBV therapy is discontinued and a flare occurs, therapy should be reinstituted because it can be potentially lifesaving (AIII).  Because HBV reactivation can occur during treatment for HCV with direct-acting antivirals in the absence of anti-HBV therapy, all people with HIV/HBV coinfection who will be treated for HCV infection should be on HBV-active ART at the time of HCV treatment initiation (AIII).

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	Continue treatment indefinitely (AIII).		If immunosuppressive therapy is given, HBV reactivation can occur. For people who are HBsAgpositive, treatment for HBV infection should be administered (All). For detailed recommendations, see Hepatitis B Virus Infection.
Hepatitis C Virus (HCV) Disease	For Treatment-Naive Patients Without Cirrhosis (Any Genotype or No Pre-treatment Genotype)  Glecaprevir/pibrentasvir FDC (100 mg/40 mg per tablet), three tablets daily for 8 weeks (AI), or  Sofosbuvir/velpatasvir FDC (400 mg/100 mg per tablet), one tablet daily for 12 weeks (AI)  Characteristics that exclude patients from receiving simplified approach to therapy are outlined in Box 1 of the Hepatitis C Virus section.  For Treatment-Naive Patients With Compensated Cirrhosis (Recommendations Based on Genotypes)  Genotypes 1, 2, 4–6  Glecaprevir/pibrentasvir FDC (100 mg/40 mg per tablet), three tablets daily for 8 weeks (AIII), or  Sofosbuvir/velpatasvir FDC (400 mg/100 mg per tablet), one tablet daily for 12 weeks (AI)  Genotype 3  Glecaprevir/pibrentasvir FDC (100 mg/40 mg per tablet), three tablets daily for 8 weeks (AIII)  For Treatment of Acute HCV Infection  Glecaprevir/pibrentasvir FDC (100 mg/40 mg per tablet),	For Treatment-Naive Patients With Compensated Cirrhosis (Recommendations Based on Genotypes)  Genotypes 1, 2, 4–6  Glecaprevir/pibrentasvir FDC (100 mg/40 mg per tablet), three tablets daily for 12 weeks (CI)  Genotype 3  Glecaprevir/pibrentasvir FDC (100 mg/40 mg per tablet), three tablets daily for 12 weeks (CI), or  Sofosbuvir/velpatasvir FDC (400 mg/100 mg per tablet), one tablet daily with or without ribavirin for 12 weeks, pending results of NS5A RAS testing (CI)	A simplified approach to HCV treatment can be used in treatment-naive patients with any genotype and without cirrhosis. This approach includes standardized treatment with no ontreatment testing or inperson follow-up and limited follow-up to confirm SVR.  See Hepatitis C Virus section to review a summary of drug-drug interactions between HCV therapy and ARV drugs.  HCV treatment should not be withheld solely due to perceived lack of adherence to ART or untreated HIV (BIII).  Effort should be made to document SVR (HCV RNA less than lower limits of quantification) at least 12 weeks after completion of therapy (AI). Patients without cirrhosis who achieve SVR do not require continued liver disease monitoring.  Recommendations for treatment after DAA failure are not provided. The reader is referred to the corresponding section

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Herpes Simplex Virus (HSV) Disease	three tablets daily for 8 weeks (AII), or  Sofosbuvir/velpatasvir FDC (400 mg/100 mg per tablet), one tablet daily for 12 weeks (AII)  Orolabial Lesions (for 5–10 days)  Valacyclovir 1 g PO twice a day (AIII), or  Famciclovir 500 mg PO twice a day (AIII), or  Acyclovir 400 mg PO three times a day (AIII)  Initial or Recurrent Genital HSV (for 5–14 days)  Valacyclovir 1 g PO twice a day (AI), or  Famciclovir 500 mg PO twice a day (AI), or  Famciclovir 500 mg PO twice a day (AI), or  Initial therapy acyclovir 5 mg/kg IV every 8 hours (AIII)  After lesions begin to regress, change to PO therapy as above. Continue until lesions are completely healed.  Chronic Suppressive Therapy  For Patients With Severe	For Acyclovir-Resistant HSV Preferred Therapy  • Foscarnet 80–120 mg/kg/day IV in two to three divided doses until clinical response (AI)  Alternative Therapy (CIII)  • IV cidofovir (dosage as in CMV retinitis), or  • Topical trifluridine 1% three times a day, or  • Topical cidofovir 1% once daily, or  • Topical imiquimod 5% three times weekly, or  • Topical foscarnet 1% five times daily  Duration of Therapy  • 21–28 days or longer	Other Comments  in the AASLD/IDSA HCV treatment guidance.  Patients with HSV infection can be treated with episodic therapy when symptomatic lesions occur, or with daily suppressive therapy to prevent recurrences.  Extemporaneous compounding of topical products can be prepared using trifluridine ophthalmic solution and the IV formulation of cidofovir and foscarnet.  An expanded access program of oral pritelivir is now available for immunocompromised patients with acyclovir- resistant HSV infection. For more information, see the AiCuris Pritelivir website.
	completely healed.  Chronic Suppressive Therapy		

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Opportunistic Infection  Histoplasmosis	Severe Disseminated Disease  Induction Therapy (for ≥2 weeks or until clinically improved)  • Liposomal amphotericin B 3 mg/kg IV daily (AI)  Maintenance Therapy (for ≥12 months)  • Itraconazole 200 mg PO three times a day for 3 days, then 200 mg PO twice a day (AII)  Mild-to-Moderate Disseminated Disease or Acute Pulmonary Histoplasmosis in Persons With CD4 <300 cells/mm³  Both Induction and Maintenance Therapy (for ≥12 months)  • Itraconazole 200 mg PO three times a day for 3 days, then 200 mg PO twice a day (AII)  Meningitis  Induction Therapy (4–6 weeks depending on symptom resolution and improvement of CSF findings)  • Liposomal amphotericin B 5 mg/kg IV daily (AIII)  Maintenance Therapy (for ≥12 months and until resolution of abnormal CSF findings)  • Itraconazole 200 mg PO two to three times a day (AIII), with dose adjustment based on serum itraconazole concentration  Long-Term Suppression Therapy (AIII) or who relapse despite appropriate therapy (after reinduction therapy) (BIII)	Severe Disseminated Disease Induction Therapy  Amphotericin B lipid complex 5 mg/kg IV daily (AIII)  Maintenance Therapy (for ≥12 months)  Posaconazole extended- release tablet 300 mg PO twice a day for 1 day, then 300 mg PO once daily (BIII)  Voriconazole 400 mg PO twice a day for 1 day, then 200 mg PO twice a day (BIII), or  Fluconazole 800 mg PO daily (CII)  Mild-to-Moderate Disseminated Disease or Acute Pulmonary Histoplasmosis in Persons With CD4 <300 cells/mm³  Both Induction and Maintenance Therapy (for ≥12 months)  Posaconazole extended- release tabet 300 mg PO twice a day for 1 day, then 300 mg PO once daily (BIII)  Voriconazole 400 mg PO twice a day for 1 day, then 300 mg PO twice a day (BII), or  Fluconazole 800 mg PO twice a day for 1 day, then 300 mg PO twice a day (BIII), or  Fluconazole 800 mg PO twice a day for 1 day, then 300 mg PO twice a day (BIII)  Amphotericin B deoxycholate 0.7-1.0 mg/kg IV daily (BIII)	Itraconazole, posaconazole, and voriconazole may have significant interactions with certain ARV agents. These interactions are complex and can be bidirectional. Refer to Drug—Drug Interactions in the Adult and Adolescent Antiretroviral Guidelines for dosage recommendations.  Therapeutic drug monitoring and dosage adjustment may be necessary to ensure triazole antifungal and ARV efficacy and reduce concentration-related toxicities.  Random serum concentration of itraconazole between 1–2 µg/mL is recommended. Frequency and severity of toxicities increase when concentration is ≥5 µg/mL.  The recommendations for posaconazole, voriconazole, and fluconazole are based on very limited clinical data and for people who are only moderately ill.

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
		Maintenance Therapy (for ≥12 months and until resolution of abnormal CSF findings)	
		Voriconazole 400 mg PO twice a day for 1 day, then 200 mg twice a day (BIII), or	
		For people who cannot tolerate itraconazole and voriconazole: Fluconazole 800 mg PO daily (CII)	
		Long-Term Suppression Therapy	
		Fluconazole 400 mg PO once daily (CII)	
		Voriconazole 200 mg PO twice daily (BIII)	
		Posaconazole 300 mg extended-release tablet PO once daily (BIII)	

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Human Herpesvirus-8 (HHV-8) Diseases (Kaposi Sarcoma [KS], Primary Effusion Lymphoma [PEL], Multicentric Castleman's Disease [MCD])	Mild to Moderate KS (Localized Involvement of Skin and/or Lymph Nodes)  Initiate or optimize ART (AII).  Advanced KS (Visceral [AI] or Disseminated Cutaneous KS [BIII])  Chemotherapy (per oncology consult) plus ART  Liposomal doxorubicin first-line chemotherapy (AI)  Primary Effusion Lymphoma  Chemotherapy (per oncology consult) plus ART (AIII)  PO valganciclovir or IV ganciclovir can be used as adjunctive therapy (CIII)  MCD Therapy Options (In Consultation With Specialist, Depending on HIV/HHV-8 Status, Presence of Organ Failure, and Refractory Nature of Disease)  ART (AIII) along with one of the following:  Valganciclovir 900 mg PO twice a day for 3 weeks (CII), or  Ganciclovir 5 mg/kg IV every 12 hours for 3 weeks (CII), or  Valganciclovir PO or Ganciclovir IV plus zidovudine 600 mg PO every 6 hours for 7–21 days (CII)  Rituximab +/- Prednisone (CII)  Monoclonal antibody targeting IL-6 or IL-6 receptor (BII)  Concurrent KS and MCD  Rituximab plus liposomal doxorubicin (BII)	MCD  • Rituximab (375 mg/m² given weekly for 4–8 weeks) may be an alternative to or used adjunctively with antiviral therapy (CII).	Corticosteroids should be avoided in patients with KS, including those with KS-IRIS (AIII).  Corticosteroids are potentially effective as adjunctive therapy for MCD, but should be used with caution, especially in patients with concurrent KS.  Patients who received rituximab for MCD may experience subsequent exacerbation or emergence of KS.

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Human Papillomavirus (HPV) Disease	Patient-Applied Treatment Options for Uncomplicated External Warts That Can Be Easily Identified by Patients  • Topical imiquimod 5% cream: Apply to genital warts at bedtime on 3 nonconsecutive nights per week for up to 16 weeks, until lesions are no longer visible. Each treatment should be washed with soap and water 6–10 hours after application (BII); or  • Topical podophyllotoxin (e.g., podofilox 0.5% solution or 0.5% gel): Apply to genital warts twice a day for 3 days, followed by 4 days of no therapy. Can be repeated weekly for up to 4 cycles (BIII); or  • Topical sinecatechins 15% ointment: Apply to affected areas three times a day for up to 16 weeks, until warts are completely cleared and not visible (BIII); or  • Topical cidofovir 1%: Daily for 5 days per week for 8 weeks (CIII). Topical formulation is not commercially available but may be compounded.	Provider-Applied Therapy for Complex or Multicentric Lesions, or Lesions Inaccessible to Patient, or Due to Patient or Provider Preference  Cryotherapy (liquid nitrogen or cryoprobe): Apply until each lesion is thoroughly frozen. Repeat every 1–2 weeks for up to 4 weeks, until lesions are no longer visible (BIII). Some specialists allow the lesion to thaw, then freeze a second time in each session (BIII); or  Trichloroacetic acid or bichloroacetic acid cauterization (80% to 90% aqueous solution): Apply to warts only and allow to dry until a white frost develops. Repeat weekly for up to 6 weeks, until lesions are no longer visible (BIII); or  Intralesional cidofovir (15 mg/mL solution) injected directly into the wart (maximum 1 mL per session). May be repeated every 4 weeks for total of 3–4 treatments (CIII).  Surgical excision (BIII) or laser surgery (CIII) for external or anal warts	Patients with HIV may have larger or more numerous warts and may not respond as well to therapy for genital warts when compared to individuals without HIV.  Intralesional interferon is usually not recommended because of high cost, difficult administration, and potential for systemic side effects (CIII).  In patients with HIV, the rate of recurrence of genital warts despite treatment is high.  There is no consensus on the treatment of oral warts. Many treatments for anogenital warts cannot be used in the oral mucosa. Surgery is the most common treatment for oral warts that interfere with function or for aesthetic reasons.
Isosporiasis (Cystoisosporiasis)	For Acute Infection  TMP-SMX (160 mg/800 mg) PO (or IV) four times a day for 10 days (All), or  TMP-SMX (160 mg/800 mg) PO (or IV) twice a day for 7–10 days (BI)	For Acute Infection  Pyrimethamine <sup>b</sup> 50–75 mg PO daily plus leucovorin 10–25 mg PO daily (BIII), or  Ciprofloxacin 500 mg PO twice a day for 7 days (CI) as a second-line alternative	Fluid and electrolyte management in patients with dehydration (AIII).  Nutritional supplementation for malnourished patients (AIII).  Immune reconstitution with ART may result in fewer relapses (AIII).

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportu	nistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Leishmaniasis	Visceral	<ul> <li>Can start with twice a day dosing first and increase daily dose and/or duration (up to 3–4 weeks) if symptoms worsen or persist (BIII)</li> <li>IV therapy may be used for patients with potential or documented malabsorption.</li> <li>Chronic Maintenance Therapy (Secondary Prophylaxis)</li> <li>In patients with CD4 count &lt;200 cells/mm³, TMP-SMX (160 mg/800 mg) PO three times weekly (AI)</li> <li>For Leishmania infention/sharperin</li> </ul>	Chronic Maintenance Therapy (Secondary Prophylaxis)  TMP-SMX (160 mg/800 mg) PO daily or (320 mg/1,600 mg) three times weekly (BIII)  Pyrimethamine <sup>b</sup> 25 mg PO daily plus leucovorin 5–10 mg PO daily (BIII)  Ciprofloxacin 500 mg three times weekly (CI) as a second-line alternative	ART should be initiated or
		<ul> <li>infantum/chagasi</li> <li>Liposomal amphotericin B 3–5 mg/kg IV daily (AII), or</li> <li>Liposomal amphotericin B interrupted schedule (e.g., 4 mg/kg on Days 1–5, 10, 17, 24, 31, 38) (AII)</li> <li>To achieve total dose of 20–60 mg/kg (AII)</li> <li>Liposomal amphotericin B 5 mg/kg on Days 1, 3, 5, 7, 9, and 11 plus miltefosine 50 mg PO twice daily (for 28 days if from East Africa or 14 days if from Southeast Asia) (BI)</li> <li>Chronic Maintenance Therapy         For Patients With CD4 Count &lt;200 cells/mm³ (AII)</li> <li>Liposomal amphotericin B 4 mg/kg IV every 2–4 weeks (AII)</li> </ul>	<ul> <li>infantum/chagasi or donovani</li> <li>Amphotericin B deoxycholate 0.5–1.0 mg/kg IV daily for total dose of 1.5–2.0 g (BII), or</li> <li>Pentavalent antimony (meglumine antimoniate) 20 mg/kg IV or IM daily for 28 days (BII)</li> <li>For Leishmania donovani</li> <li>Liposomal amphotericin B 3–5 mg/kg IV daily to achieve total dose of 20–60 mg/kg (AII), or</li> <li>Liposomal amphotericin B interrupted schedule (e.g., 4 mg/kg on Days 1–5, 10, 17, 24, 31, 38) to achieve total dose of 20–60 mg/kg (AII), or</li> <li>For Indian L. donovani: Miltefosine ~2.5–3.0 mg/kg PO daily in 2–3 divided doses (maximum 150 mg daily) for 28 days (BII)</li> </ul>	optimized as soon as possible (AIII).  Pentavalent antimony is for investigational use only.  For miltefosine, visit www.profounda.com.

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic I	Infection	Preferred Therapy	Alternative Therapy	Other Comments
Cutand		For Initial Infection  Liposomal amphotericin B 4 mg/kg IV daily for 10 days (BII) to achieve total dose of 20–60 mg/kg, or  Liposomal amphotericin B interrupted schedule (e.g., 4 mg/kg on Days 1–5, 10, 17, 24, 31, 38) to achieve total dose of 20–60 mg/kg (BIII), or  Miltefosine 2.5 mg/kg/day PO in 2–3 divided doses for 28 days (maximum 150 mg per day) (BIII), or  Pentavalent antimony (meglumine antimoniate) 20 mg/kg IV or IM daily for 28 days (BIII)  Chronic Maintenance Therapy  May be indicated in immunocompromised patients with multiple relapses (CIII)	Chronic Maintenance Therapy (Secondary Prophylaxis)  Amphotericin B lipid complex 3 mg/kg IV every 21 days (BII), or  Pentavalent antimony (meglumine antimoniate) 20 mg/kg IV or IM every 4 weeks (BII), or  Pentamidine 4 mg/kg (maximum 300 mg) IV every 2-4 weeks (BII)  Possible Options  Cryotherapy, or  Topical paromomycin, or  Intralesional pentavalent antimony (meglumine antimoniate) or pentamidine, or  PO or IV fluconazole (L. major & L. mexicana)  IV pentamidine  Local heat therapy  No data exist for any of these agents in patients with HIV; choice and efficacy are dependent on species of Leishmania.	ART should be initiated or optimized as soon as possible (AIII).  Pentavalent antimony is for investigational use only.  For miltefosine, visit www.profounda.com.

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Malaria	Because Plasmodium falciparum malaria can progress within hours from mild symptoms or low-grade fever to severe disease or death, all patients with HIV with confirmed or suspected P. falciparum infection should be hospitalized for evaluation, initiation of treatment, and observation (AIII).  Treatment recommendations for patients with HIV are the same as for patients without HIV (AIII).  Choice of therapy is guided by the degree of parasitemia, the species of Plasmodium, the patient's clinical status, region of infection, and the likely drug susceptibility of the infected species, and can be found at <a href="https://www.cdc.gov/malaria">https://www.cdc.gov/malaria</a> .	When suspicion for malaria is low, antimalarial treatment should not be initiated until the diagnosis is confirmed.	For treatment recommendations for specific regions, clinicians should refer to https://www.cdc.gov/malaria or call the CDC Malaria Hotline: 770-488-7788, Monday–Friday, 8 a.m.–4:30 p.m. ET, or 770-488-7100 after hours.
Microsporidiosis	<ul> <li>For GI Infections Caused by Enterocytozoon bienuesi</li> <li>Initiate or optimize ART with immune restoration to CD4 count &gt;100 cells/mm³ (AII), plus</li> <li>Manage dehydration and diarrhea with fluid support (AII) and malnutrition and wasting with nutritional supplements (AIII).</li> <li>For Intestinal and Disseminated (Not Ocular) Infections Caused by Microsporidia Other Than E. bienuesi and Vittaforma corneae</li> <li>Albendazole 400 mg PO twice daily (AII), continue until CD4 count &gt;200 cells/mm³ for &gt;6 months after initiation of ART (BIII)</li> <li>For Disseminated Disease Caused by Trachipleistophora or Anncaliia</li> <li>Itraconazole 400 mg PO daily plus albendazole 400 mg PO twice daily (CIII)</li> </ul>	For GI Infections Caused by E. bienuesi  Fumagillin 60 mg/day (BII) and TNP-470 (a synthetic analog of fumagillin) (BIII) may be effective, but neither is available in the United States.  Nitazoxanide (1,000 mg twice daily) may have some effect, but response may be minimal in patients with low CD4 counts (CIII).	Antimotility agents can be used for diarrhea control if required (BIII).

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	<ul> <li>For Ocular Infection</li> <li>Topical fumagillin bicylohexylammonium (Fumidil B) eyedrops 3 mg/mL in saline (fumagillin 70 µg/mL): two eyedrops every 2 hours for 4 days, then two eyedrops four times daily (investigational use only in United States) (BII) plus albendazole 400 mg PO twice daily, for management of systemic infection (BIII)</li> <li>If CD4 Count &gt;200 Cells/mm³</li> <li>Continue until symptoms resolve (CIII).</li> <li>If CD4 Count ≤200 Cells/mm³</li> <li>Continue until resolution of ocular symptoms and CD4 count increases to &gt;200 cells/mm³ for &gt;6 months in response to ART (BIII).</li> </ul>		
Мрох	For Severe Disease or at Risk for Severe Disease (See Other Comments for Definition)  • Tecovirimat 600 mg PO every 12 hours (<120 kg) or every 8 hours (≥120 kg) for 14 days (BIII) within 30 minutes of a fatty meal, or  • Tecovirimat 200 mg IV every 12 hours for 14 days (<120 kg) or 300 mg IV every 12 hours (≥120 kg) if concern exists regarding altered GI absorption capacity, inability to take PO, or extent of organ systems affected by mpox (BIII)		ART should be initiated as soon as possible (AIII).  For severe disease, consider early intervention by adding one of the adjunctive therapies at the time of first medical encounter, in consultation with CDC or an expert in mpox treatment (CIII).  Patients with severe immunocompromise might benefit from extended treatment (i.e., >14 days) of preferred and/or adjunctive therapies if new confirmed mpox lesions occur or existing lesions worsen despite treatment. Vaccination with any live virus vaccines should be delayed until 3 months after VIGIV administration (CIII). People who received VIGIV shortly after a live virus vaccination should be

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	Adjunctive Therapy for Severe Disease or at Risk for Severe Disease		revaccinated 3 months after administration of the immune globulin (CIII).
	Cidofovir 5 mg/kg/week IV for two doses with saline hydration before and after therapy and probenecid 2 g PO 3 hours before the dose followed by 1 g PO 2 hours after the dose and 1 g PO 8 hours after the dose (total of 4 g) (BIII), or		Definition for Severe Disease or at Risk for Severe Disease: People with HIV who are not virologically suppressed or who have CD4 counts <350 cells/mm³ are considered at high risk for
	Brincidofovir 200 mg PO once weekly for two doses (BIII), or		severe mpox. Severe mpox might manifest as
	VIGIV 6,000–9,000 units/kg IV single dose (BIII)		hemorrhagic disease; large number of lesions, such that they are
	Preferred Therapy for Ocular Mpox		confluent; sepsis; encephalitis; ocular or
	<ul> <li>Tecovirimat 600 mg PO every 12 hours (&lt;120 kg) or every 8 hours (≥120 kg) for 14 days (CIII) within 30 minutes of a fatty meal, and</li> </ul>		periorbital infections; or other conditions requiring hospitalization.
	Trifluridine (Viroptic) 1 drop into affected eye(s) every 2 hours when awake (max: 9 drops/day) until reepithelialization, then every 4 hours (min: 5 drops/day) for 7 days, or until all periocular lesions have healed (CIII)		
	<ul> <li>Prolonged use of trifluridine beyond 21 days might cause corneal epithelial toxicity and should be avoided (AII).</li> </ul>		
Mycobacterium avium Complex (MAC) Disease	At Least Two Drugs as Initial Therapy to Prevent or Delay Emergence of Resistance (AII)	Some experts would add a third drug if more severe disease is present.	Testing of susceptibility to clarithromycin and azithromycin is
	Clarithromycin 500 mg PO twice daily (AI) plus ethambutol 15 mg/kg PO daily (AI), or	Rifabutin 300 mg PO daily (dose adjustment may be N	recommended.  NSAIDs can be used for moderate to severe
	Azithromycin 500–600 mg plus ethambutol 15 mg/kg PO daily (All) if drug interaction or intolerance precludes the use of clarithromycin.	interactions) (CI)	symptoms attributed to IRIS (BIII).

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	<ul> <li>At least 12 months (AII)</li> <li>Shorter duration may be considered. CD4 count should be &gt;100 cells/mm³ for ≥6 months in response to ART before discontinuation of MAC therapy (CIII).</li> </ul>	<ul> <li>Refer to the <u>Dosing</u>     Recommendations for Use of ARV and Anti-TB Drugs for Treatment of Active Drug     Sensitive TB table of the Mycobacterium tuberculosis section for dosing recommendations.</li> <li>Some experts would add a fourth drug if the risk of mortality is high, emergence of drug resistance is likely, CD4 count &lt;50 cells/mm³, high mycobacterial loads (&gt;2 log10 CFU/mL of blood) are present, or effective ART is absent (CIII).</li> <li>A fluoroquinolone (CIII) (e.g., moxifloxacin 400 mg PO daily or levofloxacin 500 mg PO daily), or</li> <li>An injectable aminoglycoside (CIII) (e.g., amikacin 10–15 mg/kg IV daily or streptomycin 1 g IV or IM daily).</li> </ul>	If IRIS symptoms persist, a short course (i.e., 4–8 weeks) of a systemic corticosteroid (equivalent to 20–40 mg of prednisone daily) can be used (BII).  Bedaquiline, tedizolid, linezolid, and omadacycline have demonstrated <i>in vitro</i> activity against clinical isolates of MAC; these might also be considered in people with refractory MAC disease.
Mycobacterium tuberculosis (TB) Disease: Drug-Susceptible TB	Refer to the Dosing Recommendations for Use of ARV and Anti-TB Drugs for Treatment of Active Drug Sensitive TB table in the Mycobacterium tuberculosis section for dosing recommendations.  Intensive Phase (8 Weeks)  INH (plus pyridoxine) plus (RIF or RFB) plus PZA plus EMB PO daily (AI)  If drug susceptibility report shows sensitivity to INH and RIF, then EMB may be discontinued before the end of 2 months (AI).  Continuation Phase (Duration Depends on Site and Severity of Infection as noted below)  INH (plus pyridoxine) plus (RIF or RFB) PO daily (AII)	Only for Patients Receiving an Efavirenz-based ARV Regimen; Not Recommended for Extrapulmonary TB  Intensive Phase (8 Weeks)  INH plus RPT 1200 mg plus moxifloxacin 400 mg plus PZA plus pyridoxine 25–50mg PO daily (AI)c  Continuation Phase (9 Weeks)  INH plus RPT 1200 mg plus moxifloxacin 400 mg plus pyridoxine 25–50mg PO daily (AI)	DOT is recommended for all patients (AII).  All rifamycins may have significant pharmacokinetic interactions with ARV drugs; please refer to the Dosing Recommendations for Use of ARV and Anti-TB Drugs for Treatment of Active Drug Sensitive TB table in the Mycobacterium tuberculosis section and the Drug-Drug Interactions section of the Adult and Adolescent Antiretroviral Guidelines for dosing recommendations.

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Mycobacterium tuberculosis (TB) Disease: Drug-Resistant TB	Total Duration of Therapy for Drug-Susceptible TB  Pulmonary, Uncomplicated TB: 6 months (BII)  Pulmonary TB with Positive Culture at 8 Weeks of TB Treatment, or Severe Cavitary or Disseminated Extrapulmonary TB: 9 months (BII)  TB Meningitis: 9–12 months (BII)  Extrapulmonary TB in Other Sites: 6 months (BII)  Refer to the Dosing Recommendations for Use of ARV and Anti-TB Drugs for Treatment of Active Drug Sensitive TB table in the Mycobacterium tuberculosis section for dosing recommendations.  Empiric Therapy for Suspected Resistance to Rifamycind +/- Resistance to Other Drugs	Alternative Therapy  Confirmed Resistance to Rifamycin +/- Other Drugs  • Therapy should be individualized based on drug-susceptibility results and clinical and microbiologic responses, to include ≥5 active drugs, and with close consultation with experienced specialists (BIII).	Therapeutic drug monitoring should be considered in patients receiving rifamycin and interacting ART.  Adjunctive corticosteroids for TB meningitis (AII): Dexamethasone 0.3–0.4mg/kg/day for 2–4 weeks, then taper by 0.1 mg/kg per week until 0.1 mg/kg, then 4 mg per day, and taper by 1 mg/week for total of 12 weeks.  At doses above 16 mg, dexamethasone is a CYP3A4 inducer and can decrease certain ARVs that are substrates of CYP3A4 (e.g., DOR, RPV, and protease inhibitors). Consultation with a pharmacist is
	Resistance to Rifamycin <sup>d</sup>	with close consultation with experienced specialists	Consultation with a
	Confirmed Resistance to Rifamycin +/- Other Drugs (AI)  For 14 Days  • Pretomanid 200 mg plus linezolid 600 mg plus moxifloxacin 400 mg daily plus bedaquiline 400 PO daily, followed by		dosing recommendations.

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	For 24 Weeks     Pretomanid 200 mg plus linezolid 600 mg plus moxifloxacin 400 mg daily, and     Bedaquiline 200 mg PO three times per week     Omit moxifloxacin if resistant to fluoroquinolones (AI).  Duration     6–24 months (see Managing Drug-Resistant TB in the Mycobacterium tuberculosis section for discussion)		
Pneumocystis Pneumonia (PCP)	People with HIV who develop PCP despite TMP-SMX prophylaxis can usually be treated with standard doses of TMP-SMX (BIII).  Duration of PCP treatment: 21 days (AII)  For Moderate to Severe PCP  TMP-SMX: (TMP 15–20 mg/kg/day) IV given in divided doses every 6 or 8 hours (AI); may switch to PO formulations after clinical improvement (AI)  For Mild to Moderate PCP  TMP-SMX: (TMP 15–20 mg/kg/day and SMX 75–100 mg/kg/day) PO given in three divided doses (AI), or  TMP-SMX: (160 mg/800 mg or DS) two tablets PO three times daily (AI)  Secondary Prophylaxis, After Completion of PCP Treatment  TMP-SMX DS: one tablet PO daily (AI), or	For Moderate to Severe PCP  Primaquine 30 mg (base) PO daily plus (clindamycin 600 mg IV every 6 hours or 900 mg IV every 8 hours) or (clindamycin 450 mg PO every 6 hours or 600 mg PO every 8 hours) (AI) (some clinicians prefer this option because it is more effective and less toxic than pentamidine), or  Pentamidine 4 mg/kg IV daily infused over ≥60 minutes (AI); can reduce dose to 3 mg/kg IV daily in the event of toxicities (BI)  For Mild to Moderate PCP  Dapsone 100 mg PO daily plus TMP 15 mg/kg/day PO given in three divided doses (BI), or  Primaquine 30 mg (base) PO daily plus (clindamycin 450 mg PO every 6 hours or 600 mg PO every 8 hours) (BI), or  Atovaquone 750 mg PO twice daily with food (BI)	Indications for Adjunctive Corticosteroids for Moderate to Severe PCP (AI)  PaO2 < 70 mmHg at room air, or  A-a gradient ≥35 mmHg  Prednisone Doses (Beginning as Early as Possible and Within 72 Hours of PCP Therapy) (AI)  Days 1–5: 40 mg PO twice daily  Days 6–10: 40 mg PO daily  Days 11–21: 20 mg PO daily  Whethylprednisolone can be administered as 80% of prednisone dose.  Benefit of using a corticosteroid if started after 72 hours of treatment is unknown, but some clinicians will use it for moderate to severe PCP (BIII).

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Opportunistic Infection	Preferred Therapy	Secondary Prophylaxis, After Completion of PCP Treatment  The following regimens can be used for people who are seropositive or seronegative for Toxoplasma gondii:  TMP-SMX DS: one tablet PO three times weekly (BI), or  Dapsone 50 mg PO daily with pyrimethamineb 50 mg plus leucovorin 25 mg PO weekly (BI), or  Dapsone 200 mg plus pyrimethamineb 75 mg plus	Whenever possible, patients should be tested for G6PD before use of dapsone or primaquine. Alternative therapy should be used in patients found to have G6PD deficiency.  Patients who are receiving pyrimethamine <sup>b</sup> /sulfadiazine for the treatment or suppression of toxoplasmosis do not require additional PCP prophylaxis (AII).  If TMP-SMX is
		leucovorin 25 mg PO weekly (BI), or  Atovaquone 1,500 mg PO daily with food (BI)  The following regimens should only be used if the person is seronegative for <i>Toxoplasma gondii</i> :  Dapsone 100 mg PO daily (BI), or  Aerosolized pentamidine 300 mg monthly via Respirgard II nebulizer (BI), or  Intravenous pentamidine 300 mg every 28 days (CIII)	discontinued because of a mild adverse reaction, reinstitution should be considered after the reaction resolves (AII). The dose can be increased gradually (desensitization) (BI) or the drug can be given at a reduced dose or frequency (CIII).  TMP-SMX should be permanently discontinued in patients with possible or definite Stevens-Johnson syndrome or toxic epidermal necrosis (AIII). See alternative options.
Progressive Multifocal Leukoencephalopathy (PML)/JC Virus Infections	There is no specific antiviral therapy for JC virus infection. The main treatment approach is to reverse the immunosuppression caused by HIV.  Initiate ART immediately in ART-naive patients (AII).  Optimize ART to achieve viral suppression in patients who develop PML and receive ART but remain viremic (AIII).	None	Corticosteroids may be used for PML-IRIS (BIII). The optimal corticosteroid regimen has not been established but should be tailored to individual patients.  ART should not be discontinued during PML-IRIS (AIII).

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
Syphilis (Treponema pallidum Infection)	Early-Stage (Primary, Secondary, and Early-Latent Syphilis)  Benzathine penicillin G 2.4 million units IM for one dose (AII)  Late-Latent Disease (>1 Year) or of Unknown Duration  Benzathine penicillin G 2.4 million units IM weekly for three doses (AII)  Late-Stage (Tertiary-Cardiovascular or Gummatous Disease)  Benzathine penicillin G 2.4 million units IM weekly for three doses (AII)  Note: Rule out neurosyphilis before initiation of benzathine penicillin. People with CSF abnormalities should be treated with a regimen for neurosyphilis [AII].  Neurosyphilis, Otic, or Ocular Syphilis  Aqueous crystalline penicillin G 18–24 million units per day (administered as 3–4 million units IV every 4 hours or by continuous IV infusion) for 10–14 days (AII) +/- benzathine penicillin G 2.4 million units IM x 1 dose after completion of IV therapy (CIII)	Early-Stage (Primary, Secondary, and Early-Latent Syphilis)  For Penicillin-Allergic Patients  Doxycycline 100 mg PO twice daily for 14 days (BII), or  Ceftriaxone 1 g IM or IV daily for 10–14 days (BII)  Late-Latent Disease (>1 Year) or of Unknown Duration  For Penicillin-Allergic Patients  Doxycycline 100 mg PO twice a day for 28 days (BIII)  Neurosyphilis  Procaine penicillin 2.4 million units IM daily plus probenecid 500 mg PO four times a day for 10–14 days (BII), or  For penicillin-allergic patients, desensitization to penicillin is the preferred approach (BIII); if not feasible and the patient is not pregnant, ceftriaxone 2 g IV daily for 10–14 days (BII).	The efficacy of non-penicillin alternatives has not been evaluated in patients with HIV, and they should be used only with close clinical and serologic monitoring.  People with penicillin allergy whose compliance or follow-up cannot be ensured should be desensitized and treated with benzathine penicillin (AII).  For management of early syphilis during pregnancy, limited evidence indicates a second dose of benzathine penicillin G 2.4 million units IM one week after the single dose treatment may be of benefit for congenital syphilis prevention (BII).  The Jarisch-Herxheimer reaction is an acute febrile reaction accompanied by headache and myalgia that can occur within the first 24 hours after therapy for syphilis. This reaction occurs most frequently in patients with early syphilis, high non-treponemal titers, and prior penicillin treatment.  Procaine penicillin has been discontinued by the manufacturer as of June 13, 2023 (see FDA Drug Shortages).
Talaromycosis (Penicilliosis)	<ul> <li>Induction Therapy</li> <li>Liposomal amphotericin B 3–5 mg/kg/day IV (AI)</li> <li>Duration</li> <li>2 weeks (AI), followed by consolidation therapy</li> </ul>	Amphotericin B deoxycholate 0.7 mg/kg/day IV for 2 weeks (if liposomal amphotericin B is not available) (AI)	Itraconazole is not recommended as induction therapy for talaromycosis (AI).

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	<ul> <li>Itraconazole 200 mg PO twice daily for 10 weeks (AI), followed by chronic maintenance therapy</li> <li>Chronic Maintenance Therapy</li> <li>Itraconazole 200 mg PO once daily, until CD4 count &gt;100 cells/mm³ for ≥6 months (AII)</li> </ul>	If Amphotericin B Is Not Available  Voriconazole 6 mg/kg IV every 12 hours for 1 day (loading dose), then 4 mg/kg IV every 12 hours (BII), or  Voriconazole 600 mg PO twice daily for 1 day (loading dose), then 400 mg PO twice daily (BII)  Duration  2 weeks (BII), followed by consolidation therapy with itraconazole (preferred) or voriconazole  Consolidation Therapy  Voriconazole 200 mg PO twice daily for 10 weeks (BII), followed by chronic maintenance therapy  Chronic Maintenance Therapy  Itraconazole should be used (AII). Chronic maintenance therapy with voriconazole has not been studied.	ART can be initiated as early as 1 week after initiation of treatment for talaromycosis (BIII).  Itraconazole and voriconazole may have significant interactions with certain ARV agents. These interactions are complex and can be bidirectional. Refer to Drug—Drug Interactions in the Adult and Adolescent Antiretroviral Guidelines for dosage recommendations.  Therapeutic drug monitoring and dosage adjustment may be necessary to ensure triazole antifungal and ARV efficacy and reduce concentration-related toxicities. The goals of itraconazole and voriconazole trough concentrations are >0.5 mcg/mL and >1.0 mcg/mL, respectively.
Toxoplasma gondii Encephalitis	Pyrimethamine <sup>b</sup> 200 mg PO one time, followed by weight-based therapy (AI):     If ≤60 kg: Pyrimethamine <sup>b</sup> 50 mg PO once daily plus sulfadiazine 1,000 mg PO every 6 hours plus leucovorin 10–25 mg PO once daily     If >60 kg: Pyrimethamine <sup>b</sup> 75 mg PO once daily plus sulfadiazine 1,500 mg PO every 6 hours plus leucovorin 10–25 mg PO once daily plus sulfadiazine 1,500 mg PO every 6 hours plus leucovorin 10–25 mg PO once daily      Note: Leucovorin dose can be increased to 50 mg daily or twice a day.	<ul> <li>Treatment of Acute Infection</li> <li>Pyrimethamineb (leucovorin)* plus clindamycin 600 mg IV or PO every 6 hours (AI), or</li> <li>Atovaquone 1,500 mg PO twice a day with food plus pyrimethamineb (leucovorin)* (BII), or</li> <li>Atovaquone 1,500 mg PO twice a day with food plus sulfadiazine 1,000–1,500 mg PO every 6 hours (weight-based dosing, as in preferred therapy) (BII), or</li> <li>Atovaquone 1,500 mg PO twice a day with food (BII)</li> </ul>	If pyrimethamine is unavailable or there is a delay in obtaining it, TMP-SMX should be used in place of pyrimethamine-sulfadiazine (AII).  For patients with a history of sulfa allergy, sulfa desensitization should be attempted using one of several published strategies (BI).  Atovaquone should be administered until therapeutic doses of TMP-SMX are achieved (CIII).

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	<ul> <li>TMP-SMX (TMP 5 mg/kg and SMX 25 mg/kg) IV or PO twice a day (AII)</li> <li>Duration for Acute Therapy</li> <li>At least 6 weeks (BII); longer duration if clinical or radiologic disease is extensive or response is incomplete at 6 weeks</li> <li>After completion of acute therapy, all patients should be initiated on chronic maintenance therapy.</li> <li>Chronic Maintenance Therapy</li> <li>Pyrimethamine<sup>b</sup> 25–50 mg PO daily plus sulfadiazine 2,000–4,000 mg PO daily (in 2–4 divided doses) plus leucovorin 10–25 mg PO daily (AI), or</li> <li>TMP-SMX DS one tablet twice a day (AII)</li> </ul>	Chronic Maintenance Therapy  • (Pyrimethamineb 25–50 mg plus leucovorin 10–25 mg) PO daily plus clindamycin 600 mg PO every 8 hours plus (BI), or  • Atovaquone 750–1,500 mg PO twice a day plus (pyrimethamineb 25 mg plus leucovorin 10 mg) PO daily (BII), or  • Atovaquone 750–1,500 mg PO twice a day plus sulfadiazine 2,000–4,000 mg PO daily (in two to four divided doses) (BII), or  • Atovaquone 750–1,500 mg PO twice a day with food (BII)  * Pyrimethamineb and leucovorin doses are the same as for preferred therapy.	Adjunctive corticosteroids (e.g., dexamethasone) should only be administered when clinically indicated to treat mass effect associated with focal lesions or associated edema (BIII); discontinue as soon as clinically feasible.  Antiseizure medications should be administered to patients with a history of seizures (AII) and continued through acute treatment (BII) but should not be used as seizure prophylaxis (BII).  If clindamycin is used in place of sulfadiazine, additional therapy must be added to prevent PCP (AII).
Varicella Zoster Virus (VZV) Disease	Primary Varicella Infection (Chickenpox)  Uncomplicated Cases  Initiate as soon as possible after symptom onset and continue for 5–7 days:  Valacyclovir 1 g PO three times a day (AII), or  Famciclovir 500 mg PO three times a day (AII)  Severe or Complicated Cases  Acyclovir 10 mg/kg IV every 8 hours for 7–10 days (AIII)  May switch to oral valacyclovir, famciclovir, or acyclovir after defervescence if no evidence of visceral involvement (BIII).	Primary Varicella Infection (Chickenpox)  Uncomplicated Cases (for 5–7 Days)  Acyclovir 800 mg PO five times a day (BII)  Herpes Zoster (Shingles)  Acute Localized Dermatomal  For 7–10 days; consider longer duration if lesions are slow to resolve  Acyclovir 800 mg PO five times a day (BII)	In managing VZV of the eyes, consultation with an ophthalmologist experienced in management of VZV retinitis is strongly recommended (AIII).  Duration of therapy for VZV retinitis is not well defined and should be determined based on clinical, virologic, and immunologic responses and ophthalmologic responses.  Optimization of ART is recommended for serious and difficult-to-treat VZV infections (e.g., retinitis, encephalitis) (AIII).

Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

Opportunistic Infection	Preferred Therapy	Alternative Therapy	Other Comments
	Herpes Zoster (Shingles)		In patients with herpes
	Acute Localized Dermatomal		zoster ophthalmicus who have stromal keratitis and
	<ul> <li>For 7–10 days; consider longer duration if lesions are slow to resolve.</li> </ul>		anterior uveitis, topical corticosteroids to reduce inflammation may be
	<ul> <li>Valacyclovir 1 g PO three times a day (All), or</li> </ul>		necessary. The role of ART has not been established in these
	Famciclovir 500 mg three times a day (AII)		cases.
	Extensive Cutaneous Lesion or Visceral Involvement		
	<ul> <li>Acyclovir 10 mg/kg IV every 8 hours until clinical improvement is evident (AII)</li> </ul>		
	May switch to PO therapy (valacyclovir, famciclovir, or acyclovir) after clinical improvement (i.e., when no new vesicle formation or improvement of signs and symptoms of visceral VZV) to complete a 10- to 14-day course (BIII).		
	ARN		
	Acyclovir 10 mg/kg IV every 8 hours for 10–14 days, followed by valacyclovir 1 g PO three times a day for >14 weeks (AIII), plus		
	<ul> <li>Intravitreal ganciclovir 2 mg/0.05 mL twice weekly for 1–2 doses (BIII)</li> </ul>		
	PORN		
	Acyclovir 10 mg/kg IV every 8 hours or ganciclovir 5 mg/kg IV every 12 hours (AIII), plus		
	<ul> <li>≥1 intravitreal antiviral injection: ganciclovir 2 mg/0.05 mL or foscarnet 1.2 mg/0.05 mL twice weekly (AIII)</li> </ul>		
	• Initiate or optimize ART (AIII).		

<sup>&</sup>lt;sup>a</sup> TAF 10-mg dose is in the FDC tablets of EVG/c/TAF/FTC and DRV/c/TAF/FTC; when TAF is used with other antiretrovirals, the dose is 25 mg.

<sup>&</sup>lt;sup>b</sup> Refer to <u>Daraprim Direct</u> for information on accessing pyrimethamine.

### Table 2. Treatment of HIV-Associated Opportunistic Infections (Includes Recommendations for Acute Treatment and Secondary Prophylaxis/Chronic Suppressive/Maintenance Therapy)

- <sup>c</sup> This regimen was not studied and is not recommended for people who are pregnant, breastfeeding, <40 kg, or who have most types of extrapulmonary TB (other than pleural TB or lymphadenitis).
- <sup>d</sup> Many patients with RIF resistance also have resistance to isoniazid. Susceptibility should be confirmed in any patient with RIF resistance to determine if isoniazid can be included in the treatment regimen.
- <sup>e</sup> Given the risk of ototoxicity and nephrotoxicity with aminoglycosides, use of amikacin should generally be restricted to bridging regimens, while awaiting availability of less toxic medications and/or results of drug-susceptibility testing.

For information regarding the evidence ratings, refer to the <u>Rating System for Prevention and Treatment Recommendations</u> in the Introduction section of the Adult and Adolescent Opportunistic Infection Guidelines.

**Key:** +/- = with or without; 3TC = lamivudine; A-a = alveolar-arterial; AASLD = American Association for the Study of Liver Diseases; ARN = acute retinal necrosis; ART = antiretroviral therapy; ARV = antiretroviral; CD4 = CD4 T lymphocyte; CDC = Centers for Disease Control and Prevention; CDI = *Clostridium difficile* infection; CFU = colony-forming unit; CNS = central nervous system; COBI = cobicistat; CrCI = creatinine clearance; CSF = cerebrospinal fluid; DAA = direct-acting antiviral; DOT = directly observed therapy; DRV = darunavir; DS = double strength; EIA = enzyme immunoassay; EMB = ethambutol; EVG = elvitegravir; FDA = U.S. Food and Drug Administration; FDC = fixed-dose combination; FMT = fecal microbiota therapy; FTC = emtricitabine; G6PD = glucose-6-phosphate dehydrogenase; GI = gastrointestinal; HBeAg = hepatitis B e antigen; HBsAg = hepatitis B surface antigen; HBV = hepatitis B virus; HCV = hepatitis C virus; HD = hemodialysis; ICP = intracranial pressure; IDSA = Infectious Diseases Society of America; IL-6 = interleukin-6; IM = intramuscular; INH = isoniazid; IRIS = immune reconstitution inflammatory syndrome; IRU = immune reconstitution uveitis; IV = intravenous; LFA = lateral flow assay; LP = lumbar puncture; MIC = minimum inhibitory concentration; MSM = men who have sex with men; NSAID = nonsteroidal anti-inflammatory drugs; OI = opportunistic infection; PaO<sub>2</sub> = partial pressure of oxygen; PCP = *Pneumocystis* pneumonia; PCR = polymerase chain reaction; PO = oral; PORN = progressive outer retinal necrosis; PZA = pyrazinamide; RFB = rifabutin; RIF = rifampin; RPT = rifapentine; SMX = sulfamethoxazole; SQ = subcutaneous; SS = single strength; STR = single-tablet regimen; SVR = sustained virologic response; TAF = tenofovir alafenamide; TB = tuberculosis; TDF = tenofovir disoproxil fumarate; TMP = trimethoprim; VIGIV = vaccinia immune globulin intravenous; WHO = World Health Organization

# Table 3. Indications for Discontinuing and Restarting Primary and Secondary Prophylaxis (or Chronic Maintenance Therapy) for Selected Opportunistic Infections in Adults and Adolescents With HIV

Updated: October 29, 2024 Reviewed: October 29, 2024

Opportunistic Infection	Indication for Discontinuing Primary Prophylaxis	Indication for Restarting Primary Prophylaxis	Indication for Discontinuing Secondary Prophylaxis/Chronic Maintenance Therapy	Indication for Restarting Secondary Prophylaxis/Chronic Maintenance
Bacterial Enteric Infections: Salmonellosis	Not applicable	Not applicable	Resolution of <i>Salmonella</i> infection and after response to ART with sustained viral suppression and CD4 counts >200 cells/mm³ (CII)	No recommendation
Bartonellosis	Not applicable	Not applicable	<ul> <li>Received at least 3–4 months of treatment, and</li> <li>CD4 count &gt;200 cells/mm³ for ≥6 months (CIII)</li> <li>Some specialists would only discontinue therapy if Bartonella titers have also decreased by fourfold (CIII).</li> </ul>	No recommendation
Candidiasis (Mucocutaneous)	Not applicable	Not applicable	If used, reasonable to discontinue when CD4 count >200 cells/mm <sup>3</sup> (AIII)	No recommendation
Coccidioidomycosis	CD4 count ≥250 cells/mm³ with virologic suppression on ART (BIII)	No recommendation	Focal Coccidioidal Pneumonia (AII)  Clinically responded to 3-6 months of antifungal therapy, with CD4 count ≥250 cells/mm³, and achieved viral suppression on ART  Continue monitoring for recurrence after treatment discontinuation by using serial chest radiographs and coccidioidal serology.  Diffuse Pulmonary or Disseminated Non-Meningeal Disease (BIII)  Clinical and serological response to ≥12 months of therapy, and  Consultation with experts	No recommendation

Table 3. Indications for Discontinuing and Restarting Opportunistic Infection Secondary Prophylaxis or Chronic Maintenance in Adults and Adolescents With HIV

Opportunistic Infection	Indication for Discontinuing Primary Prophylaxis	Indication for Restarting Primary Prophylaxis	Indication for Discontinuing Secondary Prophylaxis/Chronic Maintenance Therapy	Indication for Restarting Secondary Prophylaxis/Chronic Maintenance
			For diffuse pulmonary disease, continue monitoring for recurrence after treatment discontinuation by using serial chest radiographs and coccidioidal serology.  Coccidioidal Meningitis (AII)  Suppressive therapy should be continued indefinitely, even with	
Cryptococcal Meningitis	Not applicable	Not applicable	an increase in CD4 count on ART.  If the following criteria are fulfilled (BII):  Completed initial (induction and consolidation) therapy, and  Received at least 1 year of antifungal therapy, and  Remain asymptomatic of cryptococcal infection, and  CD4 count ≥100 cells/mm³ and with suppressed plasma HIV RNA in response to ART	CD4 count <100 cells/mm³ (AIII)
Cytomegalovirus Retinitis	Not applicable	Not applicable	<ul> <li>CMV treatment for at least 3–6 months and with CD4 count &gt;100 cells/mm³ for &gt;3 to 6 months in response to ART (AII)</li> <li>Therapy should be discontinued only after consultation with an ophthalmologist, taking into account anatomic location of lesions, vision in the contralateral eye, and feasibility of regular ophthalmologic monitoring.</li> <li>Routine (i.e., every 3 months) ophthalmologic follow-up is recommended after stopping therapy for early detection of relapse or immune restoration uveitis, and then periodically after sustained immune reconstitution (AIII).</li> </ul>	CD4 count <100 cells/mm³ (AIII)

 $Table \ 3. \ Indications \ for \ Discontinuing \ and \ Restarting \ Opportunistic \ Infection \ Secondary \ Prophylax is \ or \ Chronic \ Maintenance \ in \ Adults \ and \ Adolescents \ With \ HIV$ 

Opportunistic Infection	Indication for Discontinuing Primary Prophylaxis	Indication for Restarting Primary Prophylaxis	Indication for Discontinuing Secondary Prophylaxis/Chronic Maintenance Therapy	Indication for Restarting Secondary Prophylaxis/Chronic Maintenance
Histoplasma capsulatum Infection	On ART with CD4 count ≥150 cells/mm³ for 6 months and with viral suppression on ART (BIII)	For patients at high risk of acquiring histoplasmosis (as noted in Table 1), restart if CD4 count decreases to <150 cells/mm³ (BIII).	<ul> <li>If the following criteria (AI) are fulfilled:</li> <li>Received azole therapy for &gt;1 year, and</li> <li>Negative fungal blood cultures, and</li> <li>Serum or urine Histoplasma antigen below the level of quantification, and</li> <li>Viral suppression on ART, and</li> <li>CD4 count ≥150 cells/mm³ for ≥6 months in response to ART</li> </ul>	CD4 count <150 cells/mm³ (BIII)
Isospora belli Infection	Not applicable	Not applicable	Sustained increase in CD4 count to >200 cells/mm³ for >6 months in response to ART and without evidence of <i>I. belli</i> infection (BIII)	No recommendation
Leishmaniasis: Visceral (and possibly cutaneous leishmaniasis in immunocompromised patients with multiple relapses)	Not applicable	Not applicable	If CD4 count increases to >350 cells/mm³ and HIV viral load is suppressed for 6 months in response to ART and there is no evidence of clinical relapse of visceral leishmaniasis (CIII)	No recommendation
Microsporidiosis	Not applicable	Not applicable	If there are no signs or symptoms of non-ocular (BIII) or ocular (CIII) microsporidiosis and CD4 count is >200 cells/mm³ for >6 months in response to ART	No recommendation
Mycobacterium avium Complex Disease	Continuing a fully suppressive ART regimen (AI)	CD4 count <50 cells/mm³ and not on fully suppressive ART (AIII)	<ul> <li>If the following criteria are fulfilled (AI):</li> <li>Completed ≥12 months of therapy, and</li> <li>No signs and symptoms of MAC disease, and</li> <li>Have sustained (&gt;6 months) CD4 count &gt;100 cells/mm³ in response to ART</li> </ul>	If a fully suppressive ART regimen is not possible and CD4 count is consistently <100 cells/mm³ (BIII)
Pneumocystis Pneumonia	CD4 count increased from <200 to	CD4 count <100 cells/mm <sup>3</sup>	CD4 count increased from <200 cells/mm³ to ≥200 cells/mm³	CD4 count <100 cells/mm <sup>3</sup>

 $Table \ 3. \ Indications \ for \ Discontinuing \ and \ Restarting \ Opportunistic \ Infection \ Secondary \ Prophylax is \ or \ Chronic \ Maintenance \ in \ Adults \ and \ Adolescents \ With \ HIV$ 

Opportunistic Infection	Indication for Discontinuing Primary Prophylaxis	Indication for Restarting Primary Prophylaxis	Indication for Discontinuing Secondary Prophylaxis/Chronic Maintenance Therapy	Indication for Restarting Secondary Prophylaxis/Chronic Maintenance
	≥200 cells/mm³ for ≥3 months in response to ART (AI) Can consider when CD4 count is 100–200 cells/mm³ if HIV RNA remains below limits of detection for ≥3 to 6 months (BII)	regardless of HIV RNA level (AIII) CD4 count 100–200 cells/mm³ and HIV RNA above detection limit of the assay (AIII)	for ≥3 months in response to ART (AII)  Can consider when CD4 count is 100–200 cells/mm³ if HIV RNA remains below limits of detection for 3–6 months (BII)  If PCP occurs at a CD4 count >200 cells/mm³ while on ART, continue PCP prophylaxis for life, regardless of how high the CD4 cell count rises as a consequence of ART (BIII).  If PCP occurs at a CD4 count >200 cells/mm³ while not on ART, discontinuation of prophylaxis can be considered when HIV RNA levels are suppressed to below limits of detection for ≥3 to 6 months (CIII).	regardless of HIV RNA level (AIII)  CD4 count 100–200 cells/mm³ and with HIV RNA above detection limit of the assay (AIII)
Talaromycosis (Penicilliosis)	CD4 count >100 cells/mm³ for >6 months in response to ART (BII)  or  If achieved sustained HIV viral suppression for >6 months (BIII)	CD4 count <100 cells/mm³ (BIII)— if patient is unable to have ART, or has treatment failure without access to effective ART options, and still resides in or travels to the endemic area	CD4 count >100 cells/mm³ for ≥6 months in response to ART (BII) or If achieved sustained HIV viral suppression for >6 months (BIII)	CD4 count <100 cells/mm³ (BIII)
Toxoplasma gondii Encephalitis	CD4 count increased to >200 cells/mm³ for >3 months and sustained HIV RNA below limits of detection in response to ART (AI)  Can consider when CD4 count is 100–200 cells/mm³ if HIV RNA remains below limits of detection for at least 3–6 months (BII)	CD4 count <100 cells/mm³ (AIII) CD4 count 100–200 cells/mm³ and with HIV RNA above detection limit of the assay (AIII)	If the following criteria are fulfilled (BI):  Successfully completed initial therapy  Receiving maintenance therapy and remaining free of signs and symptoms of TE, and  CD4 count >200 cells/mm³ for >6 months in response to ART	CD4 count <200 cells/mm³ (AIII)

### Table 3. Indications for Discontinuing and Restarting Opportunistic Infection Secondary Prophylaxis or Chronic Maintenance in Adults and Adolescents With HIV

For information regarding the evidence ratings, refer to the <u>Rating System for Prevention and Treatment Recommendations</u> in the Introduction section of the Adult and Adolescent Antiretroviral Guidelines.

**Key:** ART = antiretroviral therapy; CD4 = CD4 T lymphocyte; CMV = cytomegalovirus; MAC = *Mycobacterium avium* complex; PCP = *Pneumocystis* pneumonia; TE = *Toxoplasma* encephalitis

### Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Updated: September 25, 2023 Reviewed: January 10, 2024

This table lists the known, predicted, or suspected pharmacokinetic (PK) interactions between drugs used for the treatment or prevention of HIV-associated opportunistic infections (OIs). Many of the drugs listed in this table may also interact with antiretroviral (ARV) drugs. Clinicians should see the <u>Drug-Drug Interactions</u> tables in the most current <u>Adult and Adolescent Antiretroviral Guidelines</u> to assess interaction potentials between OI drugs and ARV drugs.

Throughout the table, three recommendations are commonly used when concomitant administration of two drugs may lead to untoward consequences. The rationales for these recommendations are summarized below:

#### Do not coadminister.

There is either strong evidence or strong likelihood that the PK interaction cannot be managed with a dose modification of one or both drugs and will or may result in either—

- Increase in concentrations of one or both drugs, which may lead to excessive risk of toxicity; or
- Decrease in concentrations of one or both drugs, which may render one or both drugs ineffective.

#### Coadministration should be avoided, if possible.

There is a potential for significant PK interactions. If other more favorable options exist, clinicians are advised to consider changing components of the regimen to accommodate a safer or more effective regimen. However, coadministration of the drugs may be necessary when there are no other acceptable therapeutic options that provide a more favorable benefit-to-risk ratio. Therapeutic drug monitoring, if available, may facilitate any necessary dose adjustments.

#### Use with caution.

Drug combinations are recommended to be used with caution when—

- PK studies have shown a moderate degree of interaction of unknown clinical significance; or
- Based on the known metabolic pathway of the two drugs, there is a potential for PK interaction of unknown clinical significance.

#### Rifamycin-Related Induction Interactions

Rifamycin antibiotics are potent inducers of Phase 1 and Phase 2 drug metabolizing reactions. They also affect various transporters. When a rifamycin antibiotic must be combined with an interacting drug, close monitoring for clinical efficacy of the coadministered agent is advised. Therapeutic drug monitoring, if available, may facilitate any necessary dose adjustments.

• *Rifampin (also known as rifampicin):* Interactions may not be apparent in the first several days of rifampin therapy. However, with daily doses of rifampin, enzyme induction increases over a week or more. Based on

### Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

limited data, larger daily doses of rifampin (e.g., 1,200 mg or more) appear to produce the same maximum induction as lower doses, but the induction effect occurs more rapidly.

- *Rifabutin:* In general, rifabutin as a cytochrome P450 3A4 (CYP3A4) inducer is about 40% of the potency of rifampin, but this can vary by substrate and enzymatic reaction. Rifabutin is also a substrate of CYP3A4 and may be subject to changes in drug exposure when given concomitantly with 3A4 inhibitors or inducers. Rifabutin dosage modification, therapeutic drug monitoring, and/or more frequent monitoring for rifabutin-related toxicities may be needed.
- *Rifapentine:* In general, daily rifapentine is at least as potent an inducer as rifampin. However, the potential for drug interactions with once-weekly rifapentine is not well studied. Reduced exposure of concurrent drugs that are CYP3A4 substrates is likely to occur with once-weekly rifapentine, with the extent varying by drug.

#### Azole- and Macrolide-Related Inhibition Interactions

Azole antifungals, including fluconazole, isavuconazole, itraconazole, posaconazole, and voriconazole, are substrates and potent inhibitors of metabolic pathways, including cytochrome P450 enzymes and/or drug transporters (e.g., p-glycoprotein). Interactions involving azole antifungals are common. When an azole antifungal must be combined with an interacting drug, close monitoring for clinical toxicity and efficacy of the azole and/or the coadministered agent may be needed. Therapeutic drug monitoring, if available, may facilitate any necessary dose adjustments.

Macrolides have been shown to form complexes with drug-oxidizing enzymes, including cytochrome P450 enzymes, which render an inhibitory effect. In general, erythromycin and clarithromycin are moderate to strong inhibitors, while azithromycin's propensity for causing clinically relevant drug interactions is lowest, as it does not form complexes with cytochrome P450 enzymes that lead to enzyme inactivation.

#### Pharmacodynamic Interactions

Pharmacodynamic interactions are not addressed in this table. For example, many of the drug classes listed below independently possess a risk for QTc prolongation, including azoles, macrolides, and certain anti-tuberculosis and antimalarial medications. Coadministration of drugs in these classes may require monitoring for QTc prolongation, particularly in patients with predisposing risk factors.

#### Therapeutic Drug Monitoring

Drug interactions can alter oral absorption or systemic clearance of drugs. More than one interaction can occur at the same time, with potentially opposing effects. Therapeutic drug monitoring (TDM), if available, may facilitate any necessary dose adjustments in these complicated patients. TDM allows the clinician to make informed, individualized decisions about dose adjustments that are more precise than standardized dose adjustments based upon anticipated, average effects.

Drugs that are marked with an asterisk (\*) in the table below are known to have assays (for clinical and/or research purposes) available within the United States and typically in Europe as well. When TDM is appropriate, clinicians should contact their clinical laboratory to determine assay availability and turnaround time for their institution.

**Note:** To avoid redundancy, drug—drug interactions are listed only once by primary drug (listed alphabetically). Subsequently, when an interacting agent becomes the primary drug, guideline users are referred to the entry for the initial primary drug. See the Clarithromycin row for the first example of this format.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
Artemether/ Lumefantrine	Clarithromycin	↑ lumefantrine expected	Coadministration should be avoided, if possible. Consider azithromycin in place of clarithromycin.
	Erythromycin	↑ lumefantrine expected	Coadministration should be avoided, if possible. Consider azithromycin in place of erythromycin.
	Fluconazole	↑ lumefantrine possible	Coadministration should be avoided, if possible. If coadministered, monitor for lumefantrine toxicities.
	Isavuconazole	↑ lumefantrine possible	Coadministration should be avoided, if possible. If coadministered, monitor for lumefantrine toxicities.
	Itraconazole	↑ lumefantrine expected	Coadministration should be avoided, if possible. If coadministered, monitor for lumefantrine toxicities.
	Mefloquine	↓ lumefantrine possible	If mefloquine is administered immediately before artemether/lumefantrine, monitor for decreased efficacy of artemether/lumefantrine and encourage food intake.
	Posaconazole	↑ lumefantrine expected	Coadministration should be avoided, if possible. If coadministered, monitor for lumefantrine toxicities.
	Rifabutin <sup>a</sup>	↓ artemether, DHA, and lumefantrine expected	Use with caution. Monitor for antimalarial efficacy.
	Rifampin <sup>a</sup>	Artemether AUC ↓ 89%  DHA AUC ↓ 85%  Lumefantrine AUC ↓ 68%	Do not coadminister.
	Rifapentine <sup>a</sup>	Daily and Weekly Rifapentine  ↓ artemether, DHA, and lumefantrine expected	Do not coadminister.
	Voriconazole	↑ lumefantrine expected	Coadministration should be avoided, if possible. If coadministered, monitor for lumefantrine toxicities.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
Atovaquone*	Doxycycline	Atovaquone concentration  ↓ approximately equal to 40% with tetracycline  No interaction study with doxycycline	Dose adjustment not established; if coadministered, instruct patient to take atovaquone with fatty meal and monitor for decreased atovaquone efficacy.
	Rifabutina	Atovaquone C <sub>ss</sub> ↓ 34% Rifabutin C <sub>ss</sub> ↓ 19%	Dose adjustment not established; if coadministered, instruct patient to take atovaquone with fatty meal and monitor for decreased atovaquone efficacy.
	Rifampina	Atovaquone C <sub>ss</sub> ↓ 52% Rifampin C <sub>ss</sub> ↑ 37%	Do not coadminister.
	Rifapentinea	Daily and Weekly Rifapentine  ↓ atovaquone expected	Do not coadminister.
Bedaquiline*	Clarithromycin	↑ bedaquiline expected	Do not coadminister. Consider azithromycin in place of clarithromycin.
	Erythromycin	↑ bedaquiline expected	Do not coadminister. Consider azithromycin in place of erythromycin.
	Fluconazole	↑ bedaquiline possible	Coadministration should be avoided, if possible. If coadministered, monitor for bedaquiline toxicities.
	Isavuconazole	↑ bedaquiline possible	Coadministration should be avoided, if possible. If coadministered, monitor for bedaquiline toxicities.
	Itraconazole	↑ bedaquiline expected	Coadministration should be avoided, if possible. If coadministered, monitor for bedaquiline toxicities.
			If coadministration is required for >14 days, weigh the benefits of therapy against the risks of bedaquiline toxicities.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
	Posaconazole	↑ bedaquiline expected	Coadministration should be avoided, if possible. If coadministered, monitor for bedaquiline toxicities.
	Rifabutina	<ul> <li>→ bedaquiline</li> <li>↓ rifabutin possible</li> </ul>	If coadministered, separate time of administration; perform rifabutin TDM and adjust dose accordingly.
	Rifampina	Bedaquiline AUC ↓ 53%	Do not coadminister.
	Rifapentinea	Daily Rifapentine  Bedaquiline AUC ↓ 55%  Weekly Rifapentine  ↓ bedaquiline expected	Do not coadminister.
	Voriconazole	↑ bedaquiline expected	Coadministration should be avoided, if possible. If coadministered, monitor for bedaquiline toxicities.
Brincidofovir	Clarithromycin	↑ brincidofovir expected	Coadministration should be avoided, if possible. If coadministered, postpone clarithromycin for at least 3 hours after brincidofovir and monitor for brincidofovir toxicities.  Consider azithromycin in place of clarithromycin.
	Erythromycin	↑ brincidofovir expected	Coadministration should be avoided, if possible. If coadministered, postpone erythromycin for at least 3 hours after brincidofovir and monitor for brincidofovir toxicities.  Consider azithromycin in place of erythromycin.
	Rifampin	↑ brincidofovir expected	Coadministration should be avoided, if possible. If coadministered, postpone rifampin for at least 3 hours after brincidofovir and monitor for brincidofovir toxicities.
Caspofungin	Rifabutina	↓ caspofungin possible	Monitor for antifungal efficacy. Dose not established. Consider increasing caspofungin dose to 70 mg/day or switch to another echinocandin (e.g., micafungin or anidulafungin).
	Rifampina	Caspofungin C <sub>min</sub> ↓ 30%	If coadministered, caspofungin dose should be increased to 70 mg/day.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
			Consider alternative echinocandin (e.g., micafungin or anidulafungin).
	Rifapentinea	Daily Rifapentine  ↓ caspofungin expected  Weekly Rifapentine  ↓ caspofungin possible	Monitor for antifungal efficacy. Dose not established. Consider increasing caspofungin dose to 70 mg/day or switch to another echinocandin (e.g., micafungin or anidulafungin).
Chloroquine*	Clarithromycin	↑ chloroquine expected	Do not coadminister. Consider azithromycin in place of clarithromycin.
	Erythromycin	↑ chloroquine expected	Do not coadminister. Consider azithromycin in place of erythromycin.
	Fluconazole	↑ chloroquine possible	Coadministration should be avoided, if possible. If coadministered, monitor for chloroquine toxicities.
	Isavuconazole	↑ chloroquine possible	Coadministration should be avoided, if possible. If coadministered, monitor for chloroquine toxicities.
	Itraconazole	↑ chloroquine expected	Coadministration should be avoided, if possible. If coadministered, monitor for chloroquine toxicities.
	Posaconazole	↑ chloroquine expected	Coadministration should be avoided, if possible. If coadministered, monitor for chloroquine toxicities.
	Rifabutina	↓ chloroquine expected	Monitor for chloroquine efficacy.
	Rifampina	↓ chloroquine expected	Monitor for chloroquine efficacy.
	Rifapentinea	Daily and Weekly Rifapentine  ↓ chloroquine expected	Monitor for chloroquine efficacy.
	Voriconazole	↑ chloroquine expected	Coadministration should be avoided, if possible. If coadministered, monitor for chloroquine toxicities.
Clarithromycin*	Artemether/Lumefantrine	See Artemether/Lumefantrine.	See Artemether/Lumefantrine.
	Bedaquiline	See Bedaquiline.	See Bedaquiline.
	Chloroquine	See Chloroquine.	See Chloroquine.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
	Fluconazole	Clarithromycin AUC ↑ 18% and Cmin↑ 33%	No dose adjustment necessary in patients with normal renal function. Monitor for clarithromycin toxicity.
	Isavuconazole	↑ isavuconazole and clarithromycin expected	Coadministration should be avoided, if possible. Consider azithromycin in place of clarithromycin. If coadministered, monitor for toxicities of both isavuconazole and clarithromycin. Role of isavuconazole TDM has not been established.
	Itraconazole	↑ itraconazole and clarithromycin expected	Coadministration should be avoided, if possible. Consider azithromycin in place of clarithromycin. If coadministered, monitor for toxicities of both itraconazole and clarithromycin; perform itraconazole and clarithromycin TDM and adjust dose accordingly.
	Mefloquine	↑ mefloquine expected	Use with caution. Consider azithromycin in place of clarithromycin. If coadministered, monitor for mefloquine toxicity.
	Posaconazole	↑ clarithromycin expected	Coadministration should be avoided, if possible. Consider azithromycin in place of clarithromycin. If coadministered, monitor for toxicities of clarithromycin; perform clarithromycin TDM and adjust dose accordingly.
	Quinine	↑ quinine expected  ↑ clarithromycin possible	Do not coadminister. Consider azithromycin in place of clarithromycin.
	Rifabutina	Clarithromycin AUC ↓ 44%  14-OH clarithromycin AUC ↑ 57%  Rifabutin AUC ↑ 76% to 99%  des-Rbt AUC ↑ 375%	Use with caution. Consider azithromycin in place of clarithromycin. If coadministered, consider reducing rifabutin dose, perform clarithromycin and rifabutin TDM and adjust dose accordingly. Monitor for rifabutin toxicities.
	Rifampin <sup>a</sup>	Clarithromycin concentration ↓ 87% Rifampin AUC ↑ 60%	Do not coadminister. Use azithromycin in place of clarithromycin.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
	Rifapentinea	Daily and Weekly Rifapentine	Daily Rifapentine
			Do not coadminister. Use azithromycin in place of clarithromycin.
			Weekly Rifapentine
			Use with caution. Consider azithromycin in place of clarithromycin.
			If coadministered, monitor for rifapentine toxicities and clarithromycin efficacy; perform clarithromycin and rifapentine TDM and adjust doses accordingly.
	Voriconazole	↑ clarithromycin expected	Coadministration should be avoided, if possible. Consider azithromycin in place of clarithromycin. If coadministered, monitor for toxicities of clarithromycin; perform clarithromycin TDM and adjust dose accordingly.
Dapsone*	Rifabutina	Dapsone AUC ↓ 27% to 40%	Coadministration should be avoided, if possible. Consider alternatives for dapsone.
	Rifampin <sup>a</sup>	Dapsone concentration ↓ 7-fold to 10-fold and t <sub>1/2</sub> ↓ from 24 hours to 11 hours	Coadministration should be avoided, if possible. Consider alternatives for dapsone.
	Rifapentinea	Daily and Weekly Rifapentine	Coadministration should be avoided,
		↓ dapsone expected	if possible. Consider alternatives for dapsone.
Doxycycline	Atovaquone	See Atovaquone.	See Atovaquone.
	Rifabutina	↓ doxycycline possible	Monitor closely for doxycycline efficacy or consider alternative therapy.
	Rifampina	Doxycycline AUC ↓ 59%	Use with caution. Monitor closely for doxycycline efficacy or consider alternative therapy.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
	Rifapentinea	Daily Rifapentine  ↓ doxycycline expected  Weekly Rifapentine  ↓ doxycycline possible	Use with caution. Monitor closely for doxycycline efficacy or consider alternative therapy.
Erythromycin	Artemether/Lumefantrine	See Artemether/Lumefantrine.	See Artemether/Lumefantrine.
	Bedaquiline	See Bedaquiline.	See Bedaquiline.
	Chloroquine	See Chloroquine.	See Chloroquine.
	Fluconazole	↑ erythromycin possible	Do not coadminister. Consider azithromycin in place of erythromycin.
	Isavuconazole	↑ erythromycin and isavuconazole possible	Do not coadminister. Consider azithromycin in place of erythromycin.
	Itraconazole	Itraconazole AUC ↑ 36%  ↑ erythromycin possible	Do not coadminister. Consider azithromycin in place of erythromycin.
	Mefloquine	↑ mefloquine possible	Do not coadminister. Consider azithromycin in place of erythromycin.
	Posaconazole	↑ erythromycin expected	Do not coadminister. Consider azithromycin in place of erythromycin.
	Quinine	↑ quinine expected  ↑ erythromycin possible	Do not coadminister. Consider azithromycin in place of erythromycin.
	Rifabutina	↓ erythromycin possible     ↑ rifabutin possible	Use with caution. Consider azithromycin in place of erythromycin. If coadministered, monitor for erythromycin efficacy and rifabutin toxicities; perform rifabutin TDM and adjust dose accordingly.
	Rifampina	↓ erythromycin expected	Consider azithromycin in place of erythromycin. If coadministered, monitor for erythromycin efficacy.
	Rifapentinea	Daily and Weekly Rifapentine  ↓ erythromycin expected	Consider azithromycin in place of erythromycin. If coadministered, monitor for erythromycin efficacy.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
	Voriconazole	↑ erythromycin expected	Do not coadminister. Consider azithromycin in place of erythromycin.
Fluconazole*	Artemether/Lumefantrine	See Artemether/Lumefantrine.	See Artemether/Lumefantrine.
	Bedaquiline	See Bedaquiline.	See Bedaquiline.
	Chloroquine	See Chloroquine.	See Chloroquine.
	Clarithromycin	See Clarithromycin.	See Clarithromycin.
	Erythromycin	See Erythromycin.	See Erythromycin.
	Mefloquine	↑ mefloquine possible	Coadministration should be avoided, if possible. If coadministered, monitor for mefloquine toxicities.
	Quinine	↑ quinine expected  ↑ fluconazole possible	Coadministration should be avoided, if possible. If coadministered, monitor for quinine and fluconazole toxicity.
	Rifabutina	Rifabutin AUC ↑ 80%	Use with caution. Monitor for rifabutin toxicities. Perform rifabutin TDM; may need to decrease rifabutin dose to 150 mg/day.
	Rifampina	Fluconazole AUC ↓ 23% to 56%	Monitor for antifungal efficacy; may need to increase fluconazole dose.
	Rifapentinea	Daily and Weekly Rifapentine  ↓ fluconazole expected	Monitor for antifungal efficacy; may need to increase fluconazole dose.
Glecaprevir/ Pibrentasvir	Rifabutin <sup>a</sup>	↓ glecaprevir and pibrentasvir possible	Coadministration should be avoided, if possible. Consider alternative agents.
	Rifampin <sup>a</sup>	Glecaprevir AUC ↓ 88%	Do not coadminister.
		Pibrentasvir AUC ↓ 87%	
	Rifapentinea	Daily and Weekly Rifapentine	Do not coadminister. Consider
		↓ glecaprevir and pibrentasvir expected	alternative agents.
	TDF	TFV AUC ↑ 29% when coadministered as EFV/TDF/FTC	Use usual dose. Monitor renal function or consider TAF.
	TAF	← TFV concentration when coadministered as EVG/c/TAF/FTC	No dose adjustment necessary

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
Isavuconazole*	Artemether/Lumefantrine	See Artemether/Lumefantrine.	See Artemether/Lumefantrine.
	Bedaquiline	See Bedaquiline.	See Bedaquiline.
	Chloroquine	See Chloroquine.	See Chloroquine.
	Clarithromycin	See Clarithromycin.	See Clarithromycin.
	Erythromycin	See Erythromycin.	See Erythromycin.
	Mefloquine	↑ mefloquine expected	Coadministration should be avoided, if possible. If coadministered, monitor for mefloquine toxicities.
	Quinine	↑ quinine expected	Coadministration should be avoided,
		↑ isavuconazole possible	if possible. If coadministered, monitor for quinine and isavuconazole toxicities.
	Rifabutina		Consider alternative agent(s). If alternative agents are not available, use with close monitoring for isavuconazole antifungal activity and rifabutin toxicity. Perform rifabutin TDM and adjust dose accordingly.
	Rifampin <sup>a</sup>	Isavuconazole AUC ↓ 97%	Do not coadminister. Consider alternative antifungal and/or antimycobacterial agent(s).
	Rifapentinea	Daily and Weekly Rifapentine	Do not coadminister. Consider
		↓ isavuconazole expected	alternative antifungal and/or antimycobacterial agent(s).
Itraconazole*	Artemether/Lumefantrine	See Artemether/Lumefantrine.	See Artemether/Lumefantrine.
	Bedaquiline	See Bedaquiline.	See Bedaquiline.
	Chloroquine	See Chloroquine.	See Chloroquine.
	Clarithromycin	See Clarithromycin.	See Clarithromycin.
	Erythromycin	See Erythromycin.	See Erythromycin.
	Mefloquine	↑ mefloquine expected	Coadministration should be avoided, if possible. If coadministered, monitor for mefloquine toxicities.
	Quinine	↑ quinine expected  ↑ itraconazole possible	Coadministration should be avoided, if possible. If coadministered, monitor for quinine and itraconazole toxicities; perform itraconazole TDM and adjust dose accordingly.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
	Rifabutina	Itraconazole AUC ↓ 70%  ↑ rifabutin expected	Do not coadminister. Consider alternative antifungal and/or antimycobacterial agent(s).
	Rifampin <sup>a</sup>	Itraconazole AUC ↓ 64% to 88%	Do not coadminister. Consider alternative antifungal and/or antimycobacterial agent(s).
	Rifapentinea	Daily and Weekly Rifapentine  ↓ itraconazole expected	Do not coadminister. Consider alternative antifungal and/or antimycobacterial agent(s).
Linezolid*	Rifabutina	↓ linezolid possible	Monitor for linezolid efficacy.
	Rifampina	Linezolid AUC ↓ 32%	Monitor for linezolid efficacy. Perform linezolid TDM and adjust dose accordingly.
	Rifapentinea	Daily Rifapentine	Daily Rifapentine
		↓ linezolid expected	Monitor for linezolid efficacy. Perform linezolid TDM and adjust dose
		Weekly Rifapentine	accordingly.
		↓ linezolid possible	Weekly Rifapentine
			Monitor for linezolid efficacy.
Mefloquine*	Artemether/Lumefantrine	See Artemether/Lumefantrine.	See Artemether/Lumefantrine.
	Clarithromycin	See Clarithromycin.	See Clarithromycin.
	Erythromycin	See Erythromycin.	See Erythromycin.
	Fluconazole	See Fluconazole.	See Fluconazole.
	Isavuconazole	See Isavuconazole.	See Isavuconazole.
	Itraconazole	See Itraconazole.	See Itraconazole.
	Posaconazole	↑ mefloquine expected	Coadministration should be avoided, if possible. If coadministered, monitor for mefloquine toxicities.
	Rifabutina	↓ mefloquine possible	Monitor for mefloquine efficacy.
	Rifampina	Mefloquine AUC ↓ 68%	Do not coadminister. Use alternative antimalarial drug or rifabutin.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
	Rifapentinea	Daily and Weekly Rifapentine  ↓ mefloquine expected	Do not coadminister. Use alternative antimalarial drug or rifabutin.
	Voriconazole	↑ mefloquine expected	Coadministration should be avoided, if possible. If coadministered, monitor for mefloquine toxicities.
Posaconazole*	Artemether/Lumefantrine	See Artemether/Lumefantrine.	See Artemether/Lumefantrine.
	Bedaquiline	See Bedaquiline.	See Bedaquiline.
	Chloroquine	See Chloroquine.	See Chloroquine.
	Clarithromycin	See Clarithromycin.	See Clarithromycin.
	Erythromycin	See Erythromycin.	See Erythromycin.
	Mefloquine	See Mefloquine.	See Mefloquine.
	Quinine	↑ quinine expected  ↑ posaconazole possible	Coadministration should be avoided, if possible. If coadministered, monitor for quinine toxicities.
	Rifabutina	Posaconazole AUC ↓ 49%  Rifabutin AUC ↑ 72%	Coadministration should be avoided, if possible. If coadministered, perform posaconazole and rifabutin TDM and adjust doses accordingly; monitor for clinical response to posaconazole and rifabutin toxicities.
	Rifampina	↓ posaconazole expected	Do not coadminister when treating invasive fungal infections. If coadministered for treatment of noninvasive fungal infections, perform posaconazole TDM and adjust dose accordingly; monitor for clinical response.
	Rifapentinea	Daily and Weekly Rifapentine:	Daily Rifapentine
		↓ posaconazole expected	Do not coadminister when treating invasive fungal infections. If coadministered for treatment of noninvasive fungal infections, perform posaconazole TDM and adjust dose accordingly; monitor for clinical response.
			Weekly Rifapentine
			Coadministration should be avoided, if possible. If coadministered, perform posaconazole TDM and

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
			adjust dose accordingly; monitor clinical response.
Quinine*	Clarithromycin	See Clarithromycin.	See Clarithromycin.
	Erythromycin	See Erythromycin.	See Erythromycin.
	Fluconazole	See Fluconazole.	See Fluconazole.
	Itraconazole	See Itraconazole.	See Itraconazole.
	Posaconazole	See Posaconazole.	See Posaconazole.
	Rifabutina	↓ quinine possible	Monitor for quinine efficacy.
		↑ rifabutin possible	Monitor for rifabutin toxicity.
	Rifampina	Quinine AUC ↓ 75% to 85%	Do not coadminister.
	Rifapentinea	Daily and Weekly Rifapentine  ↓ quinine expected	Do not coadminister.
	Voriconazole	↑ quinine expected	Coadministration should be avoided, if possible. If coadministered, monitor for quinine toxicities.
Rifabutina*	Artemether/Lumefantrine	See Artemether/Lumefantrine.	See Artemether/Lumefantrine.
	Atovaquone	See Atovaquone.	See Atovaquone.
	Bedaquiline	See Bedaquiline.	See Bedaquiline.
	Caspofungin	See Caspofungin.	See Caspofungin.
	Chloroquine	See Chloroquine.	See Chloroquine.
	Clarithromycin	See Clarithromycin.	See Clarithromycin.
	Dapsone	See Dapsone.	See Dapsone.
	Doxycycline	See Doxycycline.	See Doxycycline.
	Erythromycin	See Erythromycin.	See Erythromycin.
	Fluconazole	See Fluconazole.	See Fluconazole.
	Glecaprevir/Pibrentasvir	See Glecaprevir/Pibrentasvir.	See Glecaprevir/Pibrentasvir.
	Isavuconazole	See Isavuconazole.	See Isavuconazole.
	Itraconazole	See Itraconazole.	See Itraconazole.
	Linezolid	See Linezolid.	See Linezolid.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
	Mefloquine	See Mefloquine.	See Mefloquine.
	Posaconazole	See Posaconazole.	See Posaconazole.
	Quinine	See Quinine.	See Quinine.
	Sofosbuvir/Velpatasvir	↓ velpatasvir, sofosbuvir expected	Do not coadminister.
	TAF		If coadministered, monitor for HIV and HBV treatment efficacy.  Note: Interpretation extrapolated from TAF and rifampin (see Rifampin). FDA labeling recommends not to coadminister.
	TDF	↔ TDF, TFV, TFV-DP expected	No dosage adjustment necessary.
	Voriconazole	Voriconazole AUC ↓ 79% Rifabutin AUC ↑ 4-fold	Do not coadminister. Consider alternative antifungal and/or antimycobacterial agent(s).  Coadministration may be considered if both voriconazole and rifabutin TDM is available to guide therapy.
Rifampina*	Artemether/Lumefantrine	See Artemether/Lumefantrine.	See Artemether/Lumefantrine.
	Atovaquone	See Atovaquone.	See Atovaquone.
	Bedaquiline	See Bedaquiline.	See Bedaquiline.
	Caspofungin	See Caspofungin.	See Caspofungin.
	Chloroquine	See Chloroquine.	See Chloroquine.
	Clarithromycin	See Clarithromycin.	See Clarithromycin.
	Dapsone	See Dapsone.	See Dapsone.
	Doxycycline	See Doxycycline.	See Doxycycline.
	Erythromycin	See Erythromycin.	See Erythromycin.
	Fluconazole	See Fluconazole.	See Fluconazole.
	Glecaprevir/Pibrentasvir	See Glecaprevir/Pibrentasvir.	See Glecaprevir/Pibrentasvir.
	Isavuconazole	See Isavuconazole.	See Isavuconazole.
	Itraconazole	See Itraconazole.	See Itraconazole.
	Linezolid	See Linezolid.	See Linezolid.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
	Mefloquine	See Mefloquine.	See Mefloquine.
	Posaconazole	See Posaconazole.	See Posaconazole.
	Quinine	See Quinine.	See Quinine.
	Sofosbuvir/Velpatasvir	Sofosbuvir AUC ↓ 72%	Do not coadminister.
		Velpatasvir AUC ↓ 82%	
	TAF	TAF Plus Rifampin	If coadministered, monitor for HIV
		• TAF AUC ↓ 56%	and HBV treatment efficacy.
		• TFV AUC ↓ 53%	Note: FDA labeling recommends not to coadminister.
		• TFV-DP AUC ↓ 36%	
		Intracellular TFV-DP concentration is 4.2-fold greater than with TDF alone.	
	TDF	TDF Plus Rifampin 600 mg Daily	No dosage adjustment necessary
		↔TFV	
	Voriconazole	Voriconazole AUC ↓ 96%	Do not coadminister. Consider alternative antifungal and/or antimycobacterial agent(s).
Rifapentine <sup>a*</sup>	Artemether/Lumefantrine	See Artemether/Lumefantrine.	See Artemether/Lumefantrine.
	Atovaquone	See Atovaquone.	See Atovaquone.
	Bedaquiline	See Bedaquiline.	See Bedaquiline.
	Caspofungin	See Caspofungin.	See Caspofungin.
	Chloroquine	See Chloroquine.	See Chloroquine.
	Clarithromycin	See Clarithromycin.	See Clarithromycin.
	Dapsone	See Dapsone.	See Dapsone.
	Doxycycline	See Doxycycline.	See Doxycycline.
	Erythromycin	See Erythromycin.	See Erythromycin.
	Fluconazole	See Fluconazole.	See Fluconazole.
	Glecaprevir/Pibrentasvir	See Glecaprevir/Pibrentasvir.	See Glecaprevir/Pibrentasvir.
	Isavuconazole	See Isavuconazole.	See Isavuconazole.
	Itraconazole	See Itraconazole.	See Itraconazole.
	Linezolid	See Linezolid.	See Linezolid.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
	Mefloquine	See Mefloquine.	See Mefloquine.
	Posaconazole	See Posaconazole.	See Posaconazole.
	Quinine	See Quinine.	See Quinine.
	TAF	Daily and Weekly Rifapentine  ↓ TAF, TFV, TFV-DP possible	If coadministered, monitor for HIV and HBV treatment efficacy.
			Note: FDA labeling recommends not to coadminister.
	TDF	↔ TDF, TFV, TFV-DP expected	No dosage adjustment necessary
	Sofosbuvir/Velpatasvir	↓ sofosbuvir, velpatasvir expected	Do not coadminister.
	Voriconazole	↓ voriconazole expected	Do not coadminister. Consider alternative antifungal and/or antimycobacterial agent(s).
Sofosbuvir*/ Velpatasvir	Rifabutina	See Rifabutin.	See Rifabutin.
veipatasvii	Rifampina	See Rifampin.	See Rifampin.
	Rifapentinea	See Rifapentine.	See Rifapentine.
	TAF	TFV AUC ↑ 52% (when RPV/TAF/FTC given with SOF/VEL/VOX)	No dosage adjustment necessary
	TDF	TFV AUC ↑ 35% to 40% (when given with EVG/c/FTC or RPV/FTC)	Monitor for TDF toxicities.
		TFV AUC ↑ 81% (when given with EFV/FTC and SOF/VEL)	Consider TAF in place of TDF.
		TFV AUC ↑ 39% (when given with DRV/r/FTC and SOF/VEL/VOX)	
Tenofovir*	Glecaprevir/Pibrentasvir	See Glecaprevir/Pibrentasvir.	See Glecaprevir/Pibrentasvir.
Alafenamide	Rifabutina	See Rifabutin.	See Rifabutin.
	Rifampina	See Rifampin.	See Rifampin.
	Rifapentinea	See Rifapentine.	See Rifapentine.
	Sofosbuvir/Velpatasvir	See Sofosbuvir/Velpatasvir.	See Sofosbuvir/Velpatasvir.
Tenofovir* Disoproxil	Rifabutina	See Rifabutin.	See Rifabutin.
Fumarate	Rifampina	See Rifampin.	See Rifampin.

Table 4. Significant Pharmacokinetic Interactions Between Drugs Used to Treat or Prevent Opportunistic Infections

Primary Drug	Interacting Agent	Effect on Primary and/or Concomitant Drug Concentrations	Recommendations
	Rifapentinea	See Rifapentine.	See Rifapentine.
	Glecaprevir/Pibrentasvir	See Glecaprevir/Pibrentasvir.	See Glecaprevir/Pibrentasvir.
	Sofosbuvir/Velpatasvir	See Sofosbuvir/Velpatasvir.	See Sofosbuvir/Velpatasvir.
Voriconazole*	Artemether/Lumefantrine	See Artemether/Lumefantrine.	See Artemether/Lumefantrine.
	Bedaquiline	See Bedaquiline.	See Bedaquiline.
	Chloroquine	See Chloroquine.	See Chloroquine.
	Clarithromycin	See Clarithromycin.	See Clarithromycin.
	Erythromycin	See Erythromycin.	See Erythromycin.
	Mefloquine	See Mefloquine.	See Mefloquine.
	Quinine	See Quinine.	See Quinine.
	Rifabutina	See Rifabutin.	See Rifabutin.
	Rifampin <sup>a</sup>	See Rifampin.	See Rifampin.
	Rifapentinea	See Rifapentine.	See Rifapentine.

<sup>&</sup>lt;sup>a</sup> Refer to the subsection Rifamycin-Related Induction Interactions in the Table 4 introduction above.

#### Key to Symbols

↑ = increase

↓ = decrease

 $\leftrightarrow$  = no substantial change

Key: 14-OH = active metabolite of clarithromycin; AUC = area under the curve;  $C_{min}$  = minimum concentration;  $C_{ss}$  = concentration at steady state; des-Rbt = desacetyl rifabutin; DHA = dihydroartemisinin; DRV/r = darunavir/ritonavir; EFV = efavirenz; EVG/c = elvitegravir/cobicistat; FDA = U.S. Food and Drug Administration; FTC = emtricitabine; HBV = hepatitis B virus; RPV = rilpivirine; SOF = sofosbuvir;  $t_{1/2}$  = half-life; TAF = tenofovir alafenamide; TDF = tenofovir disoproxil fumarate; TDM = therapeutic drug monitoring; TFV= tenofovir; TFV-DP = tenofovir diphosphate; VEL = velpatasvir; VOX = voxilaprevir

<sup>\*</sup> Drugs marked with asterisk (\*) are those which are known to have assays available (for clinical and/or research purposes) within the United States and typically in Europe. When TDM is appropriate, clinicians should contact their clinical laboratory to determine assay availability and turnaround time for their institution.

## Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

**Updated**: December 31, 2024 **Reviewed**: December 31, 2024

This table should not be considered a comprehensive list of all possible adverse reactions to each medication. For additional information, clinicians should consult other appropriate resources, such as the U.S. Food and Drug Administration prescribing information. The most serious or common adverse reactions for each drug in the table are generally listed first. For information regarding the effects of these medications on a pregnant individual and the fetus, please refer to the Special Considerations During Pregnancy section of the individual chapter in the guidelines (e.g., see Special Considerations During Pregnancy in the Herpes Simplex Virus chapter for information on the use of acyclovir during pregnancy).

Drug(s)	Adverse Reactions	
Acyclovir	Crystalluria and nephrotoxicity secondary to obstructive urolithiasis, particularly after rapid high-dose IV infusion. Risk is increased with dehydration or pre-existing renal impairment.	
	<ul> <li>Administer IV fluid hydration to reduce the risk of nephrotoxicity.</li> </ul>	
	<ul> <li>Neurotoxicity with high doses (agitation, confusion, hallucination, seizure, coma), especially in people with renal impairment and/or older adults</li> </ul>	
	Thrombophlebitis at peripheral IV infusion site	
	Nausea, vomiting, and headache	
Adefovir	Nephrotoxicity, especially in people with underlying renal insufficiency, predisposing comorbidities, or taking concomitant nephrotoxic drugs	
	Nausea and asthenia	
Albendazole	Rash, pruritus, and fever	
	Elevated transaminases	
	Alopecia	
	Nausea, vomiting, abdominal pain, headache, and dizziness	
	Bone marrow suppression (i.e., pancytopenia, aplastic anemia, agranulocytosis, and leukopenia) (rare)	
	<ul> <li>Individuals with liver disease, including hepatic echinococcosis, appear to be at higher risk.</li> </ul>	
Amikacin	Nephrotoxicity	
	<ul> <li>Administer IV fluid hydration to reduce the risk of nephrotoxicity.</li> </ul>	
	Ototoxicity, both hearing loss and vestibular toxicity, is possible.	
	<ul> <li>Neuromuscular blockade, especially with myasthenia or Parkinson's disease and rapid infusion of large doses (rare)</li> </ul>	

Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

Drug(s)	Adverse Reactions
Amphotericin B Deoxycholate and Lipid Formulations	<ul> <li>Nephrotoxicity (lower incidence with liposomal formulations); irreversible nephrotoxicity is related to cumulative dose.</li> </ul>
	Administer IV fluid hydration to reduce the risk of nephrotoxicity.
	Hypokalemia, hypomagnesemia, and hypocalcemia
	<ul> <li>Infusion-related reactions, including fever, chills, rigors, flank or back pain, and hypotension (lower incidence with liposomal formulations and slower infusion rates)</li> </ul>
	Thrombophlebitis
	Elevated transaminases and bilirubin
	Headache, nausea, vomiting, and diarrhea
	Heart failure (rarely reported)
	Anemia (rare)
Anidulafungin	Refer to <u>Echinocandins</u> below.
Artemether/Lumefantrine	QTc prolongation
	Anemia, including delayed hemolytic anemia (rare)
	Fever, chills, fatigue, arthralgia, and myalgia
	Headache, dizziness, asthenia, and insomnia
	Nausea, vomiting, diarrhea, abdominal pain, and anorexia
	Rash and pruritus
Artesunate	Acute renal failure requiring dialysis
	Hemoglobinuria and jaundice, anemia, thrombocytopenia, neutropenia
	Delayed hemolysis and immune hemolytic anemia
	QTc prolongation and bradycardia
	Hypersensitivity reactions (anaphylaxis)
	Dizziness, nausea, and vomiting
Atovaquone	Elevated transaminases
	Rash, nausea, vomiting, abdominal pain, and diarrhea
	Fever, headache, and insomnia
Atovaquone/Proguanil	Abdominal pain, nausea, vomiting, anorexia, diarrhea, headache, asthenia, dizziness, and rash
	Elevated transaminases
Azithromycin	Ototoxicity with prolonged use or high concentrations
	Elevated transaminases
	Hypersensitivity reactions
L	<u>l</u>

Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

Drug(s)	Adverse Reactions
	Nausea, vomiting, metallic taste, diarrhea, and abdominal pain
	QTc prolongation
Benznidazole	Photosensitivity and hypersensitivity reactions (including maculopapular rash, allergic dermatitis, TEN, and DRESS)
	Paresthesia and peripheral neuropathy, headache, and insomnia
	Bone marrow suppression
	Nausea, vomiting, abdominal pain, anorexia, and weight loss
Bedaquiline	QTc prolongation
	Elevated transaminases
	Nausea, vomiting, anorexia, diarrhea, elevated amylase, arthralgia, headache, and skin rash
	Note: Due to long medication half-life, adverse effects may persist even after discontinuation.
Bezlotoxumab	Exacerbation of congestive heart failure
	Nausea, fever, and headache
	Infusion-related reactions
Brincidofovir	Elevated transaminases and bilirubin
	Nausea, vomiting, and diarrhea
	Male infertility
Caspofungin	Refer to <u>Echinocandins</u> below.
Chloroquine and Hydroxychloroquine	Auditory and visual disturbances, including blurry vision. Retinal toxicity may occur with long-term use.
	QTc prolongation and cardiac arrhythmias
	Cardiomyopathy
	Bone marrow suppression and hemolysis
	<ul> <li>Neuropsychiatric changes, including extrapyramidal reactions, suicidal behavior, and convulsive seizures</li> </ul>
	Hypersensitivity reactions (including TEN, SJS, and EM)
	Severe hypoglycemia which may require adjustment of antidiabetic medications
	Photosensitivity, pruritus, skin pigmentation, and exacerbation of psoriasis
	Dizziness, headache, nausea, vomiting, diarrhea, anorexia, abdominal pain, and hepatitis
	Neuromyopathy (may occur with long-term use) (rare)
Cidofovir	Nephrotoxicity, proteinuria, azotemia, proximal tubular dysfunction (normoglycemic glycosuria, hypophosphatemia), and metabolic acidosis (including Fanconi's syndrome)      Administer IV fluid hydration and grad probanacid to reduce the risk for perhapsicity.
	<ul> <li>Administer IV fluid hydration and oral probenecid to reduce the risk for nephrotoxicity.</li> </ul>

Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

Drug(s)	Adverse Reactions
	<ul> <li>Neutropenia and anemia</li> <li>Ocular hypotony and anterior uveitis/iritis</li> <li>Nausea, vomiting, abdominal pain, anorexia, and diarrhea</li> <li>Asthenia, fever, headache, and alopecia</li> </ul>
Cinnellanesia	Side effects most likely related to coadministration with probenecid: rash, nausea, vomiting, anorexia, and gout exacerbation.
Clarithromycin	<ul> <li>Refer to Fluoroquinolones below.</li> <li>Elevated transaminases and hepatotoxicity (rare)</li> <li>Ototoxicity, including hearing loss and tinnitus, with high doses or prolonged use</li> <li>QTc prolongation</li> <li>Increased risk of cardiac complications or death in people with heart disease</li> <li>Diarrhea</li> <li>Headache, nausea, vomiting, diarrhea, abdominal cramps, and dysgeusia</li> </ul>
Clindamycin	<ul> <li>Diarrhea, including <i>C. difficile</i>—associated diarrhea and pseudomembranous colitis</li> <li>Metallic taste (with IV infusion), thrombophlebitis, and arrhythmia with rapid IV infusion</li> <li>Hypersensitivity reactions (including SJS and TEN)</li> <li>Nausea, vomiting, and abdominal pain</li> <li>Elevated transaminases</li> </ul>
Clotrimazole (Troche)	Nausea, vomiting, anorexia, and metallic taste
Cycloserine	<ul> <li>Neuropsychiatric toxicities, including convulsions, psychosis, somnolence, confusion, inability to concentrate, hyperreflexia, headache, tremor, vertigo, paresis, dysarthria, depression (with suicidal ideation), peripheral neuropathy, and seizures (particularly with higher doses and in people with history of chronic alcoholism)</li> <li>Administer with pyridoxine.</li> <li>Hypersensitivity reactions (including SJS), allergic dermatitis, and rash</li> </ul>
Dapsone	<ul> <li>Methemoglobinemia, hemolytic anemia, neutropenia, and agranulocytosis</li> <li>Do not use in people with G6PD deficiency.</li> <li>Risk may be increased with concomitant use of folic acid antagonists (e.g., pyrimethamine).</li> <li>Rash, fever</li> <li>Sulfone syndrome (fever, exfoliative dermatitis, lymphadenopathy, hepatic necrosis, and hemolysis)</li> <li>Phototoxicity and severe cutaneous reactions (including SJS and TEN)</li> <li>Drug-induced lupus erythematosus</li> </ul>

Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

Drug(s)	Adverse Reactions
	Hepatotoxicity and nephrotic syndrome
	Peripheral neuropathy
	Nausea and anorexia
Doxycycline	Pill-induced esophagitis/esophageal ulceration
	Intracranial hypertension
	Photosensitivity and skin hyperpigmentation
	Thrombophlebitis (with IV infusion)
	Nausea and vomiting
Echinocandins (anidulafungin,	Histamine-related infusion reactions (flushing, rash, pruritus, hypotension, and dyspnea) and thrombophlebitis
caspofungin, micafungin)	Elevated transaminases and hepatotoxicity
	Diarrhea, nausea, vomiting, fever, and headache
	Hemolysis (micafungin) (rare)
Emtricitabine	Headache, nausea, and diarrhea
	Skin hyperpigmentation and rash (palms and soles)
Entecavir	Headache, fatigue, dizziness, and nausea
	Lactic acidosis
Ethambutol	Optic neuritis (dose- and duration-dependent) and peripheral neuropathy
	Headache, nausea, vomiting, anorexia, abdominal pain, and hyperuricemia/gout flare
	Hypersensitivity reactions
Ethionamide	Dose-dependent GI side effects, including nausea, vomiting, anorexia, diarrhea, abdominal pain, and metallic taste (dose titration may alleviate some symptoms)
	Hepatotoxicity
	Dizziness, drowsiness, confusion, clumsiness, visual disturbances, depression, peripheral neuropathy, and postural hypotension
	Administer with pyridoxine.
	Photosensitivity and severe cutaneous reactions (including SJS, TEN, and DRESS)
	Endocrine side effects, including hypothyroidism (with or without goiter), gynecomastia, acne, alopecia, menstrual irregularities, impotence, and hypoglycemia
Famciclovir	Nephrotoxicity (in people with underlying renal disease)
	Headache, nausea, vomiting, and diarrhea
Fidaxomicin	Nausea, vomiting, and abdominal pain

Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

Drug(s)	Adverse Reactions
Flucytosine	Concentration-dependent (>100 mcg/mL) bone marrow suppression (anemia, neutropenia, agranulocytosis, and thrombocytopenia)
	Elevated transaminases
	Diarrhea, nausea, vomiting, and headache
	Rash, pruritus, and photosensitivity
Fluconazole	Hepatotoxicity
	QTc prolongation
	<ul> <li>Alopecia (with doses ≥400 mg/day for ≥2 months) and dry skin</li> </ul>
	Nausea, vomiting, diarrhea, and abdominal pain
Fluoroquinolones (ciprofloxacin,	Restlessness, insomnia, nightmares, confusion, anxiety, paranoia, tremors, seizures, hallucinations, depression, suicidal thoughts, and attempted and completed suicide
levofloxacin, moxifloxacin)	Tendonitis and tendon rupture (associated with age over 60, concurrent corticosteroids, diabetes, and kidney, heart, and lung transplant)
	Diarrhea, including <i>C. difficile</i> —associated diarrhea and colitis
	QTc prolongation
	Photosensitivity/phototoxicity
	Anemia, thrombocytopenia, and leukopenia
	Arthralgia and myalgia
	Peripheral neuropathy and retinal detachment
	Hyper- and hypoglycemia, including hypoglycemic coma
	Nausea, diarrhea, bloating, headache, dizziness, and malaise
	Vasculitis
	Aortic dissection (rare)
	Elevated transaminases
	Interstitial nephritis (rare)
	Severe cutaneous reactions (including SJS and TEN) (rare)
Foscarnet	Nephrotoxicity and electrolyte imbalances (e.g., hypocalcemia, hypomagnesemia, hypophosphatemia, hyporhosphatemia, hypokalemia)
	Administer IV fluid hydration to reduce the risk of nephrotoxicity.
	Paresthesia and seizure (associated with electrolyte imbalances)
	Anemia
	Nausea, vomiting, anorexia, and headache
	Genital ulceration
	Thrombophlebitis

Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

Drug(s)	Adverse Reactions
Fumagillin (Investigational)	<ul> <li>Nausea, vomiting, diarrhea, anorexia, and abdominal cramps</li> <li>Thrombocytopenia, anemia, and neutropenia</li> </ul>
	Vertigo
Ganciclovir	Neutropenia, thrombocytopenia, anemia, and pancytopenia     Nephrotoxicity
	Thrombophlebitis
	Nausea, vomiting, fever, asthenia, and hyperhidrosis
Glecaprevir/Pibrentasvir	Risk of hepatitis B virus reactivation
	Hepatic decompensation/failure in people with advanced liver disease
	Mild headache, fatigue, nausea, and diarrhea
	Altered glucose tolerance in diabetic patients
Ibrexafungerp	Diarrhea, nausea, abdominal pain, vomiting, and headache
Isavuconazonium	Hepatotoxicity and cholelithiasis
Sulfate (Isavuconazole)	Infusion-related reactions (hypotension, dyspnea, chills, dizziness, paresthesia, and hypoesthesia)
	Hypersensitivity reactions (including SJS)
	Shortening of QT interval
	Nausea, vomiting, diarrhea, headache, dyspnea, and cough
	Hypokalemia
Isoniazid	Hepatotoxicity or asymptomatic elevation in aminotransferase enzymes
	Peripheral neuropathy, paresthesia, seizures, psychosis (rare), and optic neuritis
	Administering with pyridoxine may prevent or reduce these adverse effects.
	Nausea, diarrhea, and flushing
	Arthralgia and lupus-like syndrome
	Hypersensitivity reactions (including TEN and DRESS) (rare)
Itraconazole	New-onset or worsening heart failure, edema, adrenal insufficiency, and hypokalemia
	QTc prolongation
	Elevated transaminases and hepatotoxicity
Lamivudine	Nausea and vomiting
Levofloxacin	Refer to <u>Fluoroquinolones</u> above.

Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

Drug(s)	Adverse Reactions
Linezolid	<ul> <li>Anemia, neutropenia, and thrombocytopenia (especially with treatment lasting longer than 2-4 weeks, renal insufficiency, or elevated trough concentrations)</li> </ul>
	Peripheral neuropathy and optic neuritis with long-term therapy
	Nausea, vomiting, diarrhea, and headache
	Serotonin syndrome (rare)
	Seizure (in people with a history of seizure or with risk factors for seizure) (rare)
	Lactic acidosis, hypoglycemia, and hyponatremia (rare)
	Rhabdomyolysis
Mefloquine	Depression, psychosis, anxiety, agitation, dizziness, headache, insomnia, and abnormal dreams
	QTc prolongation and arrhythmias (extrasystole and sinus bradycardia)
	Agranulocytosis and aplastic anemia
	Nausea, vomiting, diarrhea, and epigastric pain
	Note: Due to long medication half-life, side effects may persist even after discontinuation.
Micafungin	Refer to Echinocandins above.
Miconazole Buccal	Dysgeusia, diarrhea, nausea, vomiting, upper abdominal pain, and headache
Tablets	<ul> <li>Local reactions (e.g., oral discomfort, burning, pain, tongue/mouth ulceration, gingival pruritus, swelling, and dry mouth)</li> </ul>
	Hypersensitivity reactions (may occur in people with known hypersensitivity reaction to milk product concentrate)
Miltefosine	Nephrotoxicity and elevated transaminases and bilirubin
	Retinal degeneration
	Leukocytosis and thrombocytopenia
	Impaired fertility, scrotal pain, and impaired ejaculation
	Nausea, vomiting, diarrhea, anorexia, headache, and motion sickness
	Severe cutaneous reactions (including SJS)
Moxifloxacin	Refer to Fluoroquinolones above.
Nifurtimox	People with a history of brain injury, seizures, psychiatric disease, and serious behavioral alterations may experience worsening of their conditions.
	Vomiting, nausea, decreased appetite, weight loss, abdominal pain, headache, fever, polyneuropathy, insomnia, restlessness, tremors, dizziness, and vertigo
	Carcinogenic and teratogenic potential and impaired fertility
	Hypersensitivity reactions with hypotension, angioedema, dyspnea, pruritus, rash, or other severe skin reactions

Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

Drug(s)	Adverse Reactions
Nitazoxanide	Nausea, vomiting, diarrhea, abdominal pain, headache, and chromaturia
Nystatin (Oral Preparations)	Unpleasant taste, nausea, vomiting, anorexia, and diarrhea
Omadacycline	Nausea, vomiting, and diarrhea
	Elevated transaminases
	Infusion site reactions
Oteseconazole	Nausea, diarrhea, and headache
Paromomycin	Nausea, vomiting, abdominal cramps, anorexia, rash, and headache
	Nephrotoxicity (rare)
	o Inflammatory bowel disease and renal insufficiency may increase risk.
Penicillin G	All Penicillin G Preparations
	Hypersensitivity (immediate or delayed reactions, including anaphylaxis), bone marrow suppression, nausea, vomiting, diarrhea, and drug fever
	Jarisch-Herxheimer reaction when used for syphilis (occurs most frequently in persons with early syphilis, high non-treponemal antibody titers, and prior penicillin treatment)
	Benzathine Penicillin G
	IM injection-site reactions (pain and erythema), procaine neuropsychiatric reactions (with high dose), and neurovascular damage (due to inadvertent intravascular instead of IM injection)
	Aqueous Crystalline Penicillin G (IV)
	Thrombophlebitis
	Neurotoxicity at high doses—especially in people with renal dysfunction—and hyperkalemia or hypernatremia at high doses (depending on formulation)
Pentamidine	IV Administration
	Nephrotoxicity, azotemia
	Infusion-related hypotension and thrombophlebitis
	QTc prolongation, arrhythmias (including Torsades de pointes), and electrolyte abnormalities
	Hypoglycemia, hyperglycemia, and diabetes mellitus
	Hepatotoxicity and GI intolerance
	Leukopenia and thrombocytopenia
	Rash
	Pancreatitis (rare)
	Aerosolized Therapy
	Bronchospasm, cough, dyspnea, tachypnea, and metallic taste

Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

Drug(s)	Adverse Reactions
Posaconazole	IV or PO Administration
	Hepatotoxicity
	QTc prolongation and hypokalemia
	Pseudohyperaldosteronism (hypokalemia and hypertension)
	Nausea, vomiting, diarrhea, abdominal pain, and headache
	IV Infusion
	Thrombophlebitis, SBECD accumulation, and worsening renal function with IV formulation (especially in people with eGFR <50 mL/min per package labeling, but observational studies with IV voriconazole suggest that this may not be a concern)
Pretomanid	Adverse Events Reported When Used in Combination With Other Antituberculosis Medications
	Nausea, vomiting, headache, and diarrhea
	Elevated transaminases
	Peripheral and optic neuropathy, myelosuppression, and lactic acidosis (with linezolid)
	QTc prolongation (with bedaquiline)
	Other
	Dose-related increase in serum creatinine without change in GFR
Primaquine	Methemoglobinemia, hemolytic anemia (use with caution in people with mild-moderate G6PD deficiency; do not use if severe G6PD deficiency), leukopenia, and neutropenia
	QTc prolongation
	Abdominal cramps, nausea, vomiting, and dizziness
Pyrazinamide	Hepatotoxicity
	Polyarthralgia and myalgia
	Hyperuricemia/gout flare
	Thrombocytopenia and sideroblastic anemia
	Nausea, vomiting, flushing, rash, and photosensitivity
Pyrimethamine	Neutropenia, anemia, thrombocytopenia, and megaloblastic anemia
	<ul> <li>Administer with leucovorin to reduce the risk of bone marrow suppression.</li> </ul>
	Anorexia, nausea, vomiting, and rash
Quinine	QTc prolongation and cardiac arrhythmias
	Cinchonism (tinnitus, vertigo, and blurred vision)
	Hemolytic anemia (especially in patients with G6PD deficiency), thrombocytopenia, and agranulocytosis
	Vision abnormalities (e.g., photophobia, altered color perception, and blindness)

Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

Drug(s)	Adverse Reactions
	<ul> <li>Hypersensitivity reactions (including SJS and TEN)</li> <li>Hypoglycemia</li> <li>Headache, nausea, vomiting, and diarrhea</li> </ul>
Rifabutin	<ul> <li>Concentration-dependent uveitis, neutropenia, and thrombocytopenia</li> <li>Arthralgia</li> <li>Hepatotoxicity</li> <li>Rash</li> <li>Nausea, vomiting, abdominal pain, diarrhea, and anorexia</li> <li>Red-orange discoloration of body fluids (e.g., urine, sweat, saliva)</li> </ul>
Rifampin	<ul> <li>Hepatotoxicity (cholestatic hepatitis)</li> <li>Thrombocytopenia and hemolytic anemia</li> <li>Renal failure</li> <li>Hypersensitivity reactions with flu-like syndrome</li> <li>Interstitial pulmonary disease</li> <li>Nausea, vomiting, anorexia, abdominal pain, flatulence, diarrhea, headache, confusion, flushing, and rash</li> <li>Red-orange discoloration of body fluids</li> </ul>
Rifapentine	<ul> <li>Hepatotoxicity</li> <li>Anemia, neutropenia, and lymphopenia</li> <li>Hypersensitivity reactions, including flu-like symptoms</li> <li>Arthralgia</li> <li>Rash and pruritis</li> <li>Nausea, vomiting, diarrhea, and anorexia</li> <li>Red-orange discoloration of body fluids</li> </ul>
Sofosbuvir/Velpatasvir	<ul> <li>Risk of hepatitis B virus reactivation</li> <li>Headache, fatigue, and anemia (associated with ribavirin coadministration)</li> <li>Altered glucose tolerance in diabetic persons</li> </ul>
Streptomycin	<ul> <li>Neurotoxicity, including irreversible ototoxicity (both hearing loss and vestibular toxicity)</li> <li>Nephrotoxicity</li> <li>Neuromuscular blockade and respiratory paralysis (associated with rapid infusion of large aminoglycoside doses)</li> </ul>
Sulfadiazine	<ul> <li>Severe cutaneous reactions (including SJS, EM, and TEN) and photosensitivity</li> <li>Anemia, neutropenia, agranulocytosis, and thrombocytopenia</li> </ul>

Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

Drug(s)	Adverse Reactions
	<ul> <li>Crystalluria (nephrolithiasis, urolithiasis) and nephrotoxicity</li> <li>Administer oral or IV fluid hydration to reduce the risk of nephrotoxicity.</li> <li>Hepatotoxicity</li> <li>Drug fever</li> <li>Peripheral neuritis, tinnitus, hallucinations, seizures (rare), vertigo, and insomnia</li> <li>Nausea, vomiting, diarrhea, and headache</li> </ul>
Tafenoquine	<ul> <li>Decreased hemoglobin as a result of methemoglobinemia and hemolytic anemia</li> <li>Do not use in people with G6PD deficiency; may cause harm to fetuses and breastfeeding infants who are G6PD-deficient.</li> <li>Psychiatric adverse reactions (in people with history of psychiatric illness)</li> <li>Hypersensitivity reactions (angioedema and urticaria)</li> <li>Visual disturbances</li> <li>Dizziness, nausea, vomiting, and headache</li> </ul>
Tecovirimat	<ul> <li>IV or PO Administration</li> <li>Headache, nausea, abdominal pain, and vomiting</li> <li>IV Infusion</li> <li>Infusion site pain, swelling, erythema, and extravasation</li> <li>Contains hydroxypropyl-β-cyclodextrin, which may accumulate in people with renal impairment and has the potential to cause renal toxicity</li> </ul>
Tedizolid	<ul> <li>Nausea, vomiting, and diarrhea</li> <li>Headache and dizziness</li> <li>Infusion- or injection-related reactions</li> <li>Thrombocytopenia</li> </ul>
Tenofovir Disoproxil Fumarate	<ul> <li>Renal insufficiency and Fanconi syndrome (proximal renal tubulopathy with hypophosphatemia, hypouricemia, proteinuria, and normoglycemic glycosuria)</li> <li>Decreased bone mineral density</li> <li>Nausea and vomiting</li> </ul>
Tenofovir Alafenamide  Trimethoprim- Sulfamethoxazole	<ul> <li>Lower incidence of renal or bone toxicities than with tenofovir disoproxil fumarate</li> <li>Cutaneous reactions (in some cases SJS, EM, and TEN) and photosensitivity</li> <li>Anemia, neutropenia, agranulocytosis, and thrombocytopenia</li> <li>Hepatotoxicity</li> <li>Dose-dependent increase in serum creatinine (without change in eGFR), interstitial nephritis, crystalluria (in people with inadequate hydration), and hyperkalemia (with high-dose TMP)</li> <li>Encourage oral hydration when using oral TMP-SMX.</li> </ul>

Table 5. Serious and/or Common Adverse Reactions Associated With Systemically Administered Drugs Used to Treat or Prevent Opportunistic Infections

Drug(s)	Adverse Reactions
	Hypoglycemia and hyponatremia
	Drug fever
	Nausea and vomiting
	Aseptic meningitis and pancreatitis (rare)
Valacyclovir	Neurotoxicity (e.g., agitation, confusion, hallucination, seizure, coma) with high doses, especially in people with renal impairment
	<ul> <li>Nephrotoxicity</li> </ul>
	<ul> <li>Encourage oral fluid hydration to reduce the risk of nephrotoxicity.</li> </ul>
	Nausea, vomiting, abdominal pain, and headache
Valganciclovir	Bone marrow suppression
	Confusion, fever, and tremor
	Nephrotoxicity
	<ul> <li>Encourage oral fluid hydration to reduce the risk of nephrotoxicity.</li> </ul>
	Carcinogenic and teratogenic potential and impaired fertility
	Nausea, vomiting, and diarrhea
Voriconazole	Visual disturbances (e.g., abnormal vision, color vision change, and/or photophobia)
	Optic neuritis (associated with >28 days treatment)
	<ul> <li>Headache, delirium, hallucination, peripheral neuropathy (rare), and encephalopathy (associated with trough &gt;5.5 mcg/mL)</li> </ul>
	Hepatotoxicity
	QTc prolongation
	Photosensitivity
	Voriconazole-associated cutaneous squamous cell carcinoma (with long-term use)
	Fluorosis and periostitis with high dose and/or prolonged use
	Fever, nausea, vomiting, chills, tachycardia, and peripheral edema
	Nail changes and alopecia (with long-term use)
	• SBECD accumulation with IV formulation and worsening renal function (especially in people with eGFR <50 mL/min per package labeling, but observational studies suggest that this may not be a concern)

**Key:** DRESS = drug reaction with eosinophilia and systemic symptoms; eGFR = estimated glomerular filtration rate; EM = erythema multiforme; G6PD = glucose-6-phosphate dehydrogenase; GFR = glomerular filtration rate; GI = gastrointestinal; IM = intramuscular; IV = intravenous; PO = oral; QTc = QT corrected for heart rate; SBECD = sulfobutylether cyclodextrin; SJS = Stevens-Johnson syndrome; TEN = toxic epidermal necrolysis; TMP = trimethoprim; TMP-SMX = trimethoprim-sulfamethoxazole

# Table 6. Dosing Recommendations for Drugs Used to Treat or Prevent Opportunistic Infections that Require Dosage Adjustment in Patients with Renal Insufficiency

Updated: September 25, 2023 Reviewed: January 10, 2024

When renally cleared drugs are administered to patients with reduced renal function, drug accumulation leading to supratherapeutic concentrations and drug toxicities is a primary concern. However, clearance is only one of the pharmacokinetic parameters that affect a drug's disposition. The volume of distribution of a drug also can be altered in patients with reduced renal function. Furthermore, some patients with HIV or diabetes mellitus can have reduced oral absorption of certain drugs. Therefore, although a drug may require a dose reduction in renal failure based on reduced clearance (i.e., increased concentrations), other factors—such as an increased volume of distribution or reduced oral absorption—may decrease concentrations.

Therapeutic drug monitoring (TDM), if available and appropriate, may facilitate dose adjustments in these complicated patients. TDM allows the clinician to make informed, individualized decisions about dose adjustments that are more precise than standardized dose adjustments based on estimated creatinine clearance. Drugs that are marked with an asterisk (\*) in the table below are known to have assays (for clinical and/or research purposes) available within the United States and typically in Europe as well. When TDM is appropriate, clinicians should contact their clinical laboratory to determine assay availability and turnaround time for their institution.

		Dosage Adjustment in Renal Insufficiency		
Drug(s)	Usual Dose	CrCI^ or eGFR# (mL/min)	Dose	
Acyclovir*	IV Dose	26–50	100% of dose IV every 12 hours	
	Serious HSV	10–25	100% of dose IV every 24 hours	
	• 5 mg/kg IV every 8 hours	<10	50% of dose IV every 24 hours	
	<ul><li>VZV Infections or HSV encephalitis</li><li>10 mg/kg IV every 8 hours</li></ul>	HD	50% of dose every 24 hours; administer dose after HD on days of dialysis.	
	PO Dose for Herpes	10–25	800 mg PO every 8 hours	
	Zoster: 800 mg PO five times per day	<10	800 mg PO every 12 hours	
		HD	800 mg PO every 12 hours; administer dose after HD on days of dialysis	
Adefovir	10 mg PO every 24 hours	30–49	10 mg PO every 48 hours	
		10–29	10 mg PO every 72 hours	

Table 6. Dosing Recommendations for Drugs Used to Treat or Prevent Opportunistic Infections That Require Dosage Adjustment in Patients with Renal Insufficiency

		Dosage	e Adjustment in Renal Insufficiency
Drug(s) Usual Dose		CrCI^ or eGFR# (mL/min)	Dose
		HD	10 mg PO weekly; administer dose after HD
Amikacin* For mycobacterial infections	IV 15 mg/kg per day  or  25 mg/kg three times per week	Use with caution in patients with renal insufficiency and family history of ototoxicity.	15 mg/kg two to three times per week  Perform TDM to adjust dose, with target peak concentration 35–45 mcg/mL and trough concentration <4 mcg/mL.  Administer dose after HD on days of dialysis.
Amphotericin B*	3–6 mg/kg IV per day (lipid formulation) or 0.7–1.0 mg/kg IV per day (amphotericin B deoxycholate)	N/A	No dosage adjustment necessary; consider alternative antifungals if renal insufficiency occurs during therapy despite adequate hydration.
Cidofovir	5 mg/kg IV on Day 0, repeat 5 mg/kg IV dose on Day 7, then 5 mg/kg IV every 2 weeks  Give each dose with probenecid and saline hydration (see Table 2 for dosing instructions).	Pretreatment SCr >1.5 mg/dL or CrCl ≤55 mL/min or Proteinuria ≥100 mg/dL (≥2 +) If SCr increases by 0.3–0.4 mg/dL above baseline If SCr increases >0.5 mg/dL above baseline or	Cidofovir is not recommended unless benefits outweigh risks. See <u>"Pharmacokinetics of cidofovir in renal insufficiency and in continuous ambulatory peritoneal dialysis or high-flux hemodialysis"</u> for recommendations on renal dose adjustments.  Decrease to 3 mg/kg IV per dose.  Discontinue therapy.
Ciprofloxacin*	500–750 mg PO every 12 hours  or  400 mg IV every 8–12	Proteinuria ≥3 + 30–50	500–750 mg PO every 12 hours  or  400 mg IV every 12 hours
	hours	<30	250–500 mg PO every 24 hours

Table 6. Dosing Recommendations for Drugs Used to Treat or Prevent Opportunistic Infections That Require Dosage Adjustment in Patients with Renal Insufficiency

		Dosage Adjustment in Renal Insufficiency		
Drug(s)	Usual Dose	CrCI^ or eGFR# (mL/min)	Do	ose
		HD or PD	or 400 mg IV every 24 hours 250–500 mg PO every 24 or 200–400 mg IV every 24 h or PD on days of dialysis.	
Clarithromycin*	500 mg PO every 12 hours	30–60	Usual dose unless used wi COBI, then reduce dose by	
		<30	<ul><li>250 mg PO twice daily</li><li>or</li><li>500 mg PO once daily</li><li>If used with an HIV PI or C (or consider using azithrom</li></ul>	
Cycloserine*	10–15 mg/kg/day PO in two divided doses (maximum 1,000 mg/day); start at 250 mg once daily and increase dose per tolerability. Target peak concentration 20–35 mcg/mL	30–80 <30 (not on HD) or HD	Usual dose; consider TDM 250 mg once daily or 500 r Perform TDM and adjust d for toxicities. Use with caution in patients on dialysis.	ng three times per week ose accordingly. Monitor
Emtricitabine*a (FTC)	One 200-mg capsule PO once daily	CrCI <sup>^</sup> or eGFR <sup>#</sup> (mL/min)	Oral Capsules	Oral Solution
	or	15–29	200 mg every 72 hours	80 mg every 24 hours
	240-mg solution PO once	<15 and not on HD	200 mg every 96 hours	60 mg every 24 hours
	daily	HD (administer dose after HD on days of dialysis)	200 mg every 24 hours	240 mg every 24 hours

Table 6. Dosing Recommendations for Drugs Used to Treat or Prevent Opportunistic Infections That Require Dosage Adjustment in Patients with Renal Insufficiency

		Dosage Adjustment in Renal Insufficiency		
Drug(s)	Usual Dose	CrCI^ or eGFR# (mL/min)	Do	ose
Emtricitabine'/ Tenofovir' Alafenamide (FTC/TAF) (FDC Trade Name: Descovy) Note: Please refer to	One tablet (FTC 200 mg/TAF 25 mg) PO once daily	<30 and not on HD	Coformulated tablet is not	recommended.
product labels for dosing recommendations for other ARV FDC products containing FTC/TAF.		HD	One tablet daily. Administe of dialysis.	er dose after HD on days
Emtricitabine'/ Tenofovir' Disoproxil Fumarate (FTC/TDF)	One (FTC 200 mg/TDF 300 mg) tablet PO daily	30–49	One tablet PO every 48 ho worsening renal function of TAF)	
(FDC Trade Name: Truvada)  Note: Please refer to product labels for dosing recommendations for other ARV FDC products containing FTC/TDF.		<30 or HD	Do not use coformulated to Use formulation for each codose according to recommindividual drugs.	omponent drug and adjust
Entecavir	Usual Dose: 0.5 mg PO once daily  For Treatment of 3TC-	CrCI <sup>^</sup> or eGFR <sup>#</sup> (mL/min)	Usual Renal Dose Adjustment	3TC-Refractory or Decompensated Liver Disease
	Refractory HBV or for Patients with Decompensated Liver Disease: 1 mg PO once daily	30 to <50	<ul><li>0.25 mg PO every 24 hours, or</li><li>0.5 mg PO every 48 hours</li></ul>	<ul><li>0.5 mg PO every 24 hours, or</li><li>1 mg PO every 48 hours</li></ul>
		10 to <30	<ul><li>0.15 mg PO every 24 hours, or</li><li>0.5 mg PO every 72 hours</li></ul>	<ul><li>0.3 mg PO every 24 hours, or</li><li>1 mg PO every 72 hours</li></ul>

Table 6. Dosing Recommendations for Drugs Used to Treat or Prevent Opportunistic Infections That Require Dosage Adjustment in Patients with Renal Insufficiency

		Dosage	e Adjustment in Renal Insufficiency
Drug(s)	Usual Dose	CrCI^ or eGFR# (mL/min)	Dose
		<10 or HD or CAPD (administer after HD on days of dialysis)	<ul> <li>0.05 mg PO every 24 hours, or</li> <li>0.5 mg PO once every 7 days</li> <li>0.1 mg PO every 24 hours, or</li> <li>1 mg PO once every 7 days</li> </ul>
Ethambutol	For MAI: 15 mg/kg PO daily  For MTB: 15–25 mg/kg PO daily  (See the Dosing	<30 or HD	Usual dose PO three times weekly (in patients on HD, give dose after dialysis).
	Recommendations table in the <u>Mycobacterium</u> <u>tuberculosis section</u> for additional MTB dosing recommendations.)	PD	Do not use in patients on PD. Consider alternative MAI or MTB treatment (e.g., moxifloxacin).  Perform TDM to guide optimal dosing.
Ethionamide*	15–20 mg/kg PO daily (usually 250–500 mg PO once or twice daily)	<30 or HD	250–500 mg PO once daily Consider TDM.
Famciclovir*	For Herpes Zoster: 500 mg PO every 8 hours	40–59	500 mg PO every 12 hours
	For HSV: 500 mg PO every 12 hours	20–39 <20	500 mg PO every 24 hours 250 mg PO every 24 hours
		HD	250 mg PO only on HD days, administer after HD
Fluconazole	200–1,200 mg PO or IV every 24 hours (dose and route of administration	≤50	Administer 100% of the indication-specific initial dose, then adjust maintenance doses to 50% of dose every 24 hours.
	depends on type of OI)	HD	Administer 100% of the indication-specific initial dose, then adjust maintenance doses to full dose three times per week after HD.
Flucytosine*	25 mg/kg PO every 6 hours	21–40	25 mg/kg PO every 12 hours
	TDM is recommended for patients to guide optimal	10–20	25 mg/kg PO every 24 hours
	dosing (target peak serum concentration 2 hours after	<10	25 mg/kg PO every 48 hours
	dose: 25-100 mcg/mL). If TDM is not possible, monitor CBC twice weekly.	HD	25–50 mg/kg PO every 48–72 hours; administer dose after HD.

Table 6. Dosing Recommendations for Drugs Used to Treat or Prevent Opportunistic Infections That Require Dosage Adjustment in Patients with Renal Insufficiency

		Dosage Adjustment in Renal Insufficiency		
Drug(s)	Usual Dose	CrCI <sup>^</sup> or eGFR <sup>#</sup> (mL/min)	Dose	
Foscarnet	Induction Therapy for CMV Infection: 180 mg/kg/day IV in two divided doses  Maintenance Therapy for CMV Infection or for Treatment of HSV Infections: 90–120 mg/kg IV once daily	Dosage adjustment needed according to calculated CrCl/kg; consult product label for dosing table.	Dosage adjustment needed according to calculated CrCl/kg; consult product label for dosing table.	
Ganciclovir*	Induction Therapy: 5 mg/kg IV every 12 hours	50–69	2.5 mg/kg IV every 12 hours	
		25–49	2.5 mg/kg IV every 24 hours	
		10–24	1.25 mg/kg IV every 24 hours	
		<10 or HD	1.25 mg/kg IV three times per week; administer dose after HD.	
	Maintenance Therapy: 5 mg/kg IV every 24 hours	50-69	2.5 mg/kg IV every 24 hours	
	3 mg/kg iv every 24 mours	25–49	1.25 mg/kg IV every 24 hours	
		10–24	0.625 mg/kg IV every 24 hours	
		<10 or HD	0.625 mg/kg IV three times per week; administer dose after HD.	
Lamivudine <sup>b</sup> (3TC)	300 mg PO every 24 hours	15–29	150 mg PO once, then 100 mg PO every 24 hours	
		5–14	150 mg PO once, then 50 mg PO every 24 hours	
		<5 or HD	50 mg PO once, then 25 mg PO every 24 hours; administer dose after HD on days of dialysis.	
Lamivudine/ Tenofovir Disoproxil Fumarate (3TC/TDF) (FDC Trade Names: Cimduo or Temixys) Note: Please refer to product information for dosing	One (3TC 300 mg/TDF 300 mg) tablet PO every 24 hours	<50	Coformulated tablet is not recommended.	
recommendations for other ARV FDC				

Table 6. Dosing Recommendations for Drugs Used to Treat or Prevent Opportunistic Infections That Require Dosage Adjustment in Patients with Renal Insufficiency

		Dosage Adjustment in Renal Insufficiency		
Drug(s)	Usual Dose	CrCI^ or eGFR# (mL/min)	Do	se
products containing 3TC/TDF.				
Levofloxacin*	500 mg (low dose) or 750– 1,000 mg (high dose) IV or PO daily	CrCI <sup>^</sup> or eGFR <sup>#</sup> (mL/min)	Low Dose	High Dose
	r o dally	20–49	500 mg once, then 250 mg every 24 hours, IV or PO	750 mg every 48 hours IV or PO
		<20 or CAPD or HD (administer dose after HD on days of dialysis)	500 mg once, then 250 mg every 48 hours, IV or PO	750 mg once, then 500 mg every 48 hours, IV or PO
		udys of didiysis)	Dose can be adjusted based on serum concentrations.	
Paromomycin	500 mg PO every 6 hours	<10	Minimal systemic absorption necessary but monitor for wand ototoxicity in patients was a second control of the	vorsening renal function
Peginterferon Alfa- 2a	180 mcg SQ once weekly	<30	135 mcg SQ once weekly	
24		HD	135 mcg SQ once weekly	
			May reduce to 90 mcg onc adverse effects or laborato	
Penicillin G (Potassium or Sodium)	Neurosyphilis, Ocular Syphilis, or Otosyphilis	10–50	2–3 million units every 4 ho as continuous infusion	ours <i>or</i> 12–18 million units
or sociality	3–4 million units IV every     4 hours, or	<10	2 million units every 4–6 ho as continuous infusion	ours, <i>or</i> 8–12 million units
	18–24 million units IV daily as continuous infusion	HD or CAPD	2 million units every 4–6 hours, <i>or</i> 8 million units as continuous infusion	
Pentamidine	4 mg/kg IV every 24 hours  May reduce dose to 3 mg/kg IV daily in the event of toxicities	<10	4 mg/kg IV every 48 hours	
Posaconazole*	IV: 300 mg twice daily on Day 1; then 300 mg once daily	<50	No dosage adjustment of crenal insufficiency. Higher concentrations observed in <20 mL/min.	variability in serum
	Delayed-Release Tablet: 300 mg PO once daily		Perform posaconazole TDI concentration at least >1.2	

Table 6. Dosing Recommendations for Drugs Used to Treat or Prevent Opportunistic Infections That Require Dosage Adjustment in Patients with Renal Insufficiency

		Dosage	e Adjustment in Renal Insufficiency
Drug(s)	Usual Dose	CrCI <sup>^</sup> or eGFR <sup>#</sup> (mL/min)	Dose
	Oral Suspension: 400 mg PO twice daily		IV posaconazole is not recommended by the manufacturer because of potential toxicity due to accumulation of SBCD (vehicle of IV product). However, an observational study did not find worsening in renal function in patients with CrCl <50 ml/min given SBCD.  Switch patients with CrCl <50 mL/min to oral posaconazole when feasible.
Pyrazinamide <sup>*</sup>	See the <u>Mycobacterium</u> <u>tuberculosis</u> section for weight-based dosing guidelines.	<30 or HD	25–35 mg/kg/dose three times per week; administer dose after HD.
Quinine Sulfate*	650 mg salt (524 mg base) PO every 8 hours	<10 or HD	650 mg once, then 325 mg PO every 12 hours
Rifabutin <sup>*</sup>	5 mg/kg PO daily (usually 300 mg PO daily)  See the <u>Mycobacterium tuberculosis section</u> and <u>Drug-Drug Interactions</u> in the Adult and Adolescent Antiretroviral Guidelines for dosage adjustment based on interactions with ARVs.	<30	If toxicity is suspected, consider 50% of dose once daily and perform rifabutin TDM.
Sofosbuvir*	400 mg PO daily	<30	<b>Not recommended.</b> Up to 20-fold higher sofosbuvir metabolite observed in patients with this level of renal impairment.
Streptomycin	15 mg/kg IM or IV every 24 hours or 25 mg/kg IM or IV three times per week	Use with caution in patients with renal insufficiency.	TDM is no longer available. Consider an alternative aminoglycoside, as clinically appropriate. If used:  15 mg/kg two to three times weekly. Administer dose after HD.
Sulfadiazine	1,000–1,500 mg PO every 6 hours (1,500 mg every 6 hours for patients >60 kg)	≤ 50	No data. Use alternative anti-toxoplasma therapy.
Tecovirimat	IV: 35 to <120 kg: 200 mg every 12 hours	30–89	No dosage adjustment necessary  Use with caution due to potential accumulation of hydroxypropyl-β-cyclodextrin.

Table 6. Dosing Recommendations for Drugs Used to Treat or Prevent Opportunistic Infections That Require Dosage Adjustment in Patients with Renal Insufficiency

		Dosage Adjustment in Renal Insufficiency		
Drug(s)	Usual Dose	CrCI^ or eGFR# (mL/min)	Dose	
	≥120 kg: 300 mg every 12 hours	<30	Contraindicated due to potential accumulation of hydroxypropyl-β-cyclodextrin.	
			Note: IV formulation may be considered in patients with CrCl <30 only if drug absorption via enteral administration is expected to be problematic based on an individual risk-benefit assessment in consultation with CDC. In these circumstances, use with caution and monitor renal function continuously. Switch to the oral formulation as soon as possible.	
	PO:	Any eGFR	No dosage adjustment necessary	
	40 to <120 kg: 600 mg every 12 hours			
	≥120 kg: 600 mg every 8 hours			
Tenofovir* Alafenamide (TAF)	25 mg PO daily	<15	Not recommended	
Note: Please refer to product labels for dosing recommendations for other ARV FDC products containing FTC/TAF.		<15 on HD	No dosage adjustment required. Administer dose after HD on days of dialysis.	
Tenofovir* Disoproxil	300 mg PO daily	30–49	300 mg PO every 48 hours (consider switching to TAF for treatment of HBV)	
Fumarate (TDF)  Note: Please refer to product labels for		10–29	300 mg PO every 72–96 hours (consider switching to alternative agent for treatment of HBV)	
dosing recommendations for other ARV FDC		<10 and not on dialysis	Not recommended	
products containing TDF.		HD	300 mg PO once weekly; administer dose after dialysis	
Trimethoprim*/ Sulfamethoxazole (TMP-SMX)	For PCP Treatment  • 5 mg/kg (of TMP	15–30	5 mg/kg (TMP) IV every 12 hours, or two TMP-SMX DS tablets PO every 12 hours	
(1001 - 5007)	component) IV every 6–8 hours, <i>or</i>	<15	5 mg/kg (TMP) IV every 24 hours, or one TMP-SMX DS tablet PO every 12 hours (or two TMP-SMX DS tablets every 24 hours)	

Table 6. Dosing Recommendations for Drugs Used to Treat or Prevent Opportunistic Infections That Require Dosage Adjustment in Patients with Renal Insufficiency

		Dosage	e Adjustment in Renal Insufficiency
Drug(s)	Usual Dose	CrCI <sup>^</sup> or eGFR <sup>#</sup> (mL/min)	Dose
	Two TMP-SMX DS tablets PO every 8 hours	HD	5 mg/kg/day (TMP) IV, or two TMP-SMX DS tablets PO daily; administer dose after HD on days of dialysis.
			Consider TDM to optimize therapy (target TMP concentrations: 5–8 mcg/mL).
	For PCP Prophylaxis	15–30	Reduce dose by 50% (e.g., 1 SS tablet PO daily).
	One TMP-SMX DS tablet PO daily,	<15	Reduce dose by 50% or use alternative agent.
	One TMP-SMX DS tablet PO three times per week, or		
	One TMP-SMX SS tablet PO daily		
	For Toxoplasmosis Encephalitis (TE) Treatment: 5 mg/kg (TMP component) IV or PO every 12 hours	15–30	5 mg/kg (TMP component) IV or PO every 24 hours
		<15	5 mg/kg (TMP component) IV or PO every 24 hours or use alternative agent
	For TE Chronic Maintenance Therapy  • One TMP-SMX DS tablet twice daily, or	15–30	Reduce dose by 50%.
		<15	Reduce dose by 50% or use alternative agent.
	One TMP-SMX DS tablet daily		
	For Toxoplasmosis	15–30	Reduce dose by 50%.
	Primary Prophylaxis: One TMP-SMX DS tablet PO daily	<15	Reduce dose by 50% or use alternative agent.
Valacyclovir*	For Herpes Zoster: 1 g PO	30–49	1 g PO every 12 hours
	three times daily	10–29	1 g PO every 24 hours
		<10	500 mg PO every 24 hours
		HD	500 mg PO every 24 hours; administer dose after HD on days of dialysis.
		30–49	No dosage adjustment
		10–29	For Treatment: 1 g PO every 24 hours

**Table 6. Dosing Recommendations for Drugs Used to Treat or Prevent Opportunistic Infections That Require Dosage Adjustment in Patients with Renal Insufficiency** 

		Dosage Adjustment in Renal Insufficiency		
Drug(s)	Usual Dose	CrCI <sup>^</sup> or eGFR <sup>#</sup> (mL/min)	Do	se
	For Herpes Simplex Virus Treatment: 1 g PO twice daily		For Suppressive Therapy hours	r: 500 mg PO every 24
	For Herpes Simplex	<10	500 mg PO every 24 hours	
	Chronic Suppressive Therapy: 500 mg PO twice daily	HD	500 mg PO every 24 hours HD on days of dialysis.	; administer dose after
Valganciclovir	Induction Therapy: 900 mg PO twice daily	CrCI <sup>^</sup> or eGFR <sup>#</sup> (mL/min)	Induction	Maintenance
	Maintenance Therapy: 900 mg PO once daily	40–59	450 mg PO twice daily	450 mg PO daily
	7.55 mg i o onoo dany	26–39	450 mg PO daily	450 mg PO every 48 hours
		10–25	450 mg PO every 48 hours	450 mg PO twice weekly
		<10 and not on	Not recommended	Not recommended
		dialysis	Use IV ganciclovir.	Use IV ganciclovir.
			May consider:  • 200 mg (oral powder for solution) PO three times per week	May consider:  • 100 mg (oral powder for solution) PO three times per week
			If oral powder formulation is not available, consider:  • 450 mg (tablet) PO three times weekly	If oral powder formulation is not available, consider:  • 450 mg (tablet) PO twice weekly
		HD	Not recommended	Not recommended
			Use IV ganciclovir.	Use IV ganciclovir.
			May consider:  • 200 mg (oral powder for solution) PO three times per week after HD	May consider:  • 100 mg (oral powder for solution) PO three times per week after HD
			If oral powder formulation is not available, may consider:  • 450 mg (tablet) PO three times per week after HD	If oral powder formulation is not available, may consider:  • 450 mg (tablet) PO twice per week after HD

Table 6. Dosing Recommendations for Drugs Used to Treat or Prevent Opportunistic Infections That Require Dosage Adjustment in Patients with Renal Insufficiency

		Dosage	e Adjustment in Renal Insufficiency	
Drug(s)	Usual Dose	CrCI^ or eGFR# (mL/min)	Dose	
Voriconazole <sup>*</sup>	6 mg/kg IV every 12 hours for two doses, then 4 mg/kg IV every 12 hours or 200–300 mg PO every 12 hours	<50	IV voriconazole is not recommended by the manufacturer because of potential toxicity due to accumulation of SBCD (vehicle of IV product). An observational study did not find worsening in renal function in patients with CrCl <50 ml/min.  Switch patients with CrCl <50 ml/min to oral voriconazole when feasible. No need for dosage adjustment when the oral dose is used.  Perform TDM to adjust dose.	

<sup>\*</sup> Drugs marked with asterisk (\*) are those known to have assays available (for clinical and/or research purposes) within the United States and typically in Europe. When TDM is appropriate, clinicians should contact their clinical laboratory to determine assay availability and turnaround time for their institution.

<sup>&</sup>lt;sup>b</sup> The prescribing information for lamivudine (Epivir) recommends dosage adjustment from 300 mg once daily to 150 mg once daily for patients with CrCl 30–49 mL/min. However, the prescribing information for several FDC products that contain lamivudine (including Epzicom, Dovato, and Triumeq) recommends no dose adjustment for CrCl 30–49 mL/min. The recommendation in this table incorporates the dosing guidance from the FDC products.

^Creatinine Clearance Calculation			
Male: Female:			
$\frac{(140 - age in years) \times weight in kg}{72 \times serum creatinine} \qquad \frac{(140 - age in years) \times weight in kg \times 0.85}{72 \times serum creatinine}$			

#When estimating kidney function to facilitate drug dosing in patients with renal insufficiency, please refer to the drug's prescribing information and to the National Institute of Diabetes and Digestive and Kidney Diseases' <u>Determining Drug Dosing in Adults</u> with Chronic Kidney Disease page for a discussion on using CrCl based on the Cockcroft-Gault equation versus eGFR.

**Key:** 3TC = lamivudine; ARV = antiretroviral; CAPD = continuous ambulatory peritoneal dialysis; CBC = complete blood count; CMV = cytomegalovirus; COBI = cobicistat; CrCI = creatinine clearance; DS = double strength; eGFR = estimated glomerular filtration rate; ESRD = end-stage renal disease; FDC = fixed-dose combination; FTC = emtricitabine; HBV = hepatitis B virus; HD = hemodialysis; HSV = herpes simplex virus; IM = intramuscular; IV = intravenous; MAI = *Mycobacterium avium intracellulare;* MTB = *Mycobacterium tuberculosis*; N/A = not applicable; OI = opportunistic infection; PCP = *Pneumocystis* pneumonia; PD = peritoneal dialysis; PI = protease inhibitor; PO = orally; SCr = serum creatinine; SQ = subcutaneous; SBCD = sulfobutylether cyclodextrin; SS = single strength; TAF = tenofovir alafenamide; TDF = tenofovir disoproxil fumarate; TDM = therapeutic drug monitoring; TMP-SMX = trimethoprim-sulfamethoxazole; VZV = varicella zoster virus

<sup>&</sup>lt;sup>a</sup> The prescribing information for emtricitabine (Emtriva) recommends adjusting doses for patients with CrCl 30-49 and for patients on hemodialysis. However, the prescribing information for several FDC products that contain emtricitabine (including Descovy, Biktaryy, Genvoya, and Odefsey) recommends that the standard dose (emtricitabine 200 mg) can be given once daily in these patients (on days of hemodialysis, give after completion of dialysis). The recommendations in this table incorporate the dosing guidance from the FDC products.

# Appendix A. List of Abbreviations (Last updated May 7, 2013; last reviewed

January 10, 2024)

Acronym/Abbreviation	Definition
ABGs	arterial blood gases
ACTG	AIDS Clinical Trials Group
AFB	acid-fact bacilli
AIN	anal intraepithelial neoplasia
ALT	alanine aminotransferase
anti-HBc	hepatitis B core antibody
anti-HBs	hepatitis B surface antibody
ART	antiretroviral therapy
ARV	antiretroviral
ASCCP	American Society for Colposcopy and Cervical Pathology
ASC-H	atypical squamous cells—cannot exclude high grade cervical
	squamous intraepithelial lesion
ASC-US	atypical squamous cells of uncertain significance
AST	serum aspartate aminotransferase
AUC	area under the curve
BA	bacillary angiomatosis
BAL	bronchoalveolar lavage
BID	twice a day
BIW	twice a week
CAP	community-acquired pneumonia
CAPD	continuous ambulatory peritoneal dialysis
CD4	CD4 T lymphocyte cell
CDC	Centers for Disease Control and Prevention
CDI	Clostridium difficile-associated infection
CES-D	Center for Epidemiologic Studies Depression Scale
CFU	colony-forming unit
CIA	chemiluminescence immunoassays
CIN	cervical intraepithelial neoplasia
C <sub>max</sub>	maximum concentration
$C_{\min}$	minimum concentration
CMV	cytomegalovirus
CNS	central nervous system
CPE	central nervous system penetration effectiveness
CrCl	creatinine clearance
CSF	cerebrospinal fluid
CT	computed tomography

CYP3A4 Cytochrome P450 3A4
DAAs direct acting antiviral agents

DOT directly observed therapy

DS double strength

EDTA ethylenediaminetetraacetic acid

EIAs enzyme immunoassays
EM erythema multiforme

FDA Food and Drug Administration

FTA-ABS fluorescent treponemal antibody absorbed

g gram

G6PD Glucose-6-phosphate dehydrogenase

GFR glomerular filtration rate

GI gastrointestinal
HAV hepatitis A virus
HBV hepatitis B virus
HCV hepatitis C virus

HHV-8 human herpesvirus-8

HPA hypothalamic-pituitary-adrenal

HPV human papillomavirus

HSIL high grade cervical squamous intraepithelial lesion

HSV herpes simplex virus
HSV-1 herpes simplex virus 1
HSV-2 herpes simplex virus 2
ICP intracranial pressure
ICU intensive care unit

IFN interferon

IgG immunoglobulin G IgM immunoglobulin M

IGRA interferon-gamma release assays

IM intramuscular

IND investigational new drug

IRIS immune reconstitution inflammatory syndrome

IRU immune recovery uveitis

IV intravenous

IVIG intravenous immunoglobulin

JCV JC virus

KS Kaposi Sarcoma

LEEP loop electrosurgical excision procedure

LP lumbar puncture

LSIL low grade squamous intraepithelial lesion

LTBI latent tuberculosis infection

MAC Mycobacterium avium complex

MAI Mycobacterium avium intracellulare

MCD multicentric Castleman's disease

MDR TB multi-drug-resistant tuberculosis

mg milligram

mmHg millimeters of mercury

MSM men who have sex with men

MTB Mycobacterium tuberculosis

NAA nucleic acid amplification

NNRTI non-nucleoside reverse transcriptase inhibitor
NRTI nucleoside reverse transcriptase inhibitors
NSAID non-steroidal anti-inflammatory drugs

NVP nevirapine

OI opportunistic infection
PCP Pneumocystis pneumonia
PCR polymerase chain reaction
PEL primary effusion lymphoma

PK pharmacokinetic

PML progressive multifocal leukoencephalopathy

PO orally

PORN Progressive Outer Retinal Necrosis

PPV polysaccharide vaccine
PSI pneumonia severity index

q(n)hevery "n" hoursqAMevery morningQIDfour times a dayqPMevery evening

RPR rapid plasma reagin

RVR rapid virological response

SCr serum creatinine

SJS Stevens-Johnson syndrome
SLE systemic lupus erythematosus

SQ subcutaneous SS single strength

STD sexually transmitted disease
SVR sustained virologic response

TB tuberculosis

TDM therapeutic drug monitoring
TE Toxoplasma encephalitis

TEN toxic epidermal necrolysis

TID three times daily
TIW three times weekly

TP-PA *T. pallidum* particle agglutination

TST tuberculin skin test
ULN upper limit of normal

VAIN vaginal intra-epithelial neoplasia

VDRL Venereal Disease Research Laboratory

VIII vestibulocochlear

VIN vulvar intraepithelial neoplasia

VZV varicella zoster virus
WBC white blood cell

WHO World Health Organization

XDR TB extensively drug-resistant tuberculosis

#### Abbreviation Drug Name

3TC lamivudine 5-FU fluorouracil

ATV/r ritonavir-boosted atazanavir

BCA bichloroacetic acid

BOC boceprevir COBI cobicistat

ddA-TP dideoxyadenosine triphosphate

ddI didanosine

DHA dihydroartemisinin

EFV efavirenz
EMB ethambutol
EVG elvitegravir
FTC emtricitabine
INH isoniazid
MVC maraviroc

PCV13 13-valent pneumococcal conjugate vaccine

PegIFN peginterferon alfa PI protease inhibitor

PPV23 23-valent pneumococcal polysaccharides vaccine

PZA pyrazinamide
RAL raltegravir
RBV ribavirin
RFB rifabutin
RIF rifampin

RPT rifapentine

SMX sulfamethoxazole TCA trichloroacetic acid

TDF tenofovir disoproxil fumarate

TMP trimethoprim

TMP-SMX trimethoprim-sulfamethoxazole

TVR telaprevir ZDV zidovudine

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Kristen Marks	Weill Cornell Medicine	Gilead Sciences	Consultant
		Immorna	DSMB member
		Novo Nordisk	DSMB member
		Viiv Healthcare	Research Support (paid to institution)
Chloe Thio*	The Johns Hopkins University School of Medicine	None	N/A

<sup>\*</sup> Section Group Lead

#### **Hepatitis C Virus**

Member	la alliant an	Financial Disclosure	
	Institution	Company	Relationship
Meena Bansal	Icahn School of Medicine at Mount Sinai	None	N/A
Greer Burkholder	The University of Alabama at Birmingham Heersink School of Medicine	Merck Foundation Cepheid	Research Support
Emily Cartwright	Centers for Disease Control and Prevention	None	N/A
Arthur Kim	Harvard Medical School	Kintor Pharmaceuticals	Data Monitoring Committee
Nina Kim	University of Washington School of Medicine and School of Public Health	Gilead Sciences (FOCUS Grant)	Research Support (paid to institution)
Kristen Marks	Weill Cornell Medicine	Gilead Sciences	Consultant
		Immorna	Data Safety Monitoring Board Member
		Novo Norodisk	Data Safety Monitoring Board Member
		Viiv	Research Support (paid to institution)
Susanna Naggie	Duke University School of	Bristol Myers Squibb	Adjudication Committee
	Medicine	Pardes Biosciences, Inc.	Consultant
		National Institutes of Health	Research Support
		Vir Biotechnology	Advisory Board
		Gilead Sciences	Research Support
		Personal Health Insights, Inc.	Data Safety Monitoring Board Chair/Member
			Research Support
		FHI 360	Event Adjudication
Merceditas Villanueva*	Yale School of Medicine	None	N/A

<sup>\*</sup> Section Group Lead

#### Herpes (HHV-8/CMV)

Member	Institution	Financial Disclosure	
Werriber		Company	Relationship
Gary Holland	David Geffen School of Medicine at the University of California, Los Angeles	None	N/A
Christine Johnston	University of Washington	Gilead Sciences	Consultant
	School of Medicine	AbbVie	
Warren Phipps*	University of Washington School of Medicine	None	N/A
Ramya Ramaswami	National Institutes of Health	Celgene/Bristol-Myers Squibb	Cooperative Research and Development Agreement
		EMD Serono	
		Merck	
		CTI BioPharma	
Shannon Ross	The University of Alabama at Birmingham Heersink School of Medicine	None	N/A

<sup>\*</sup> Section Group Lead

#### Herpes (HSV/VZV)

Member	Institution	Financial Disclosure	
		Company	Relationship
Gary Holland	David Geffen School of Medicine at the University of California, Los Angeles	None	N/A
Christine Johnston	University of Washington School of Medicine	Gilead Sciences	Consultant
		AbbVie	
Andrew Karaba	The Johns Hopkins University School of Medicine	Hologic, Inc.	Consultant
Poonam Mathur	University of Washington School of Medicine	None	N/A
Shannon Ross	The University of Alabama at Birmingham Heersink School of Medicine	None	N/A
Sarah Schmalzle*	University of Maryland, Institute of Human Virology	Thera Technologies	Research Support (paid to
		Gilead Sciences	institution)

<sup>\*</sup> Section Group Lead

#### **Human Papillomavirus**

Member	lo a4!4 .4! a	Financial Disclosure	
	Institution	Company	Relationship
Susan Cu-Uvin	The Warren Alpert Medical School of Brown University	AIDS Malignancy Consortium	Data Safety Monitoring Board Chair/Member
		International Antiviral	Honoraria
		Society-USA	Speaker
		UpToDate	Honoraria
			Author
Grant Ellsworth*	Weill Cornell Medical College	Merck	Research Support (paid to institution)
Andrea Lisco	National Institutes of Health	Merck	Other—Resource Support (no grant, salary, or other funds provided)
		NeoImmuneTech	Research Support (paid to institution)
Lauri Markowitz	Centers for Disease Control and Prevention	None	N/A
L. Stewart Massad	Washington University School of Medicine in St. Louis	None	N/A
Anna-Barbara Moscicki	David Geffen School of Medicine at the University of California, Los Angeles	Merck	Advisory Board
Joel Palefsky	University of California, San Francisco School of Medicine	Merck	Research Support (paid to institution)
Elizabeth Stier	Boston University Medical Campus	None	N/A
John Weiser	Centers for Disease Control and Prevention	None	N/A
John Winters	Icahn School of Medicine at Mount Sinai	None	N/A

<sup>\*</sup> Section Group Lead

#### **Immunizations**

Monskov	la otitution	Financial Disclosure	
Member	Institution	Company	Relationship
Meagan Deming	University of Maryland School of Medicine	None	N/A
Shireesha Dhanireddy	University of Washington School of Medicine	None	N/A
Philip Peters	Centers for Disease Control and Prevention	None	N/A
Daniel Solomon*	Harvard Medical School	None	N/A
Jennifer Whitaker	Baylor College of Medicine	None	N/A

<sup>\*</sup> Section Group Lead

#### **Invasive Mycoses**

Member	Institution	Financial Disclosure	
Wember	institution	Company	Relationship
John Baddley	University of Maryland School of Medicine	Synexis	Research Support (paid to institution)
David Boulware	University of Minnesota Medical School	Appili Therapeutics Matinas BioPharma	Research Support (paid to institution)
Marisa Miceli	University of Michigan Medical School	SCYNEXIS F2G Mayne Pharma	Research Support (paid to institution)
		SCYNEXIS	Data Safety Monitoring Board
		Astellas Pharma	Consulting
John Perfect*	Duke University School of Medicine	Pfizer	Advisory Board
George R. Thompson	University of California, Davis Medical Center	Amplyx Pharmaceuticals	Scientific Advisory Board
		Astellas Pharma	
		Cidara Therapeutics	
		F2G	
		Mayne Pharma	

<sup>\*</sup> Section Group Lead

#### Мрох

Mombor	I	Financial Disclosure	
Member	Institution	Company	Relationship
John Brooks	Atlanta, GA	None	N/A
Chase Cannon	University of Washington	Roche Diagnostics	Consultant
Emily Heil	University of Maryland School of Pharmacy	Wolters Kluwer	Consultant
Jesse O'Shea*	Centers for Disease Control and Prevention	None	N/A
Agam Rao	Centers for Disease Control and Prevention	None	N/A
Boghuma Kabisen Titanji	Emory University School of	Critica	Advisory Board
	Medicine	ICMEC	
		GSK	Honoraria
		Mediq	
		Critica	Consultant
Jason Zucker	Columbia University Vagelos College of Physicians and Surgeons	None	N/A

<sup>\*</sup> Section Group Lead

#### *Mycobacterium avium* Complex

Mombou	Institution	Financial Disclosure	
Member		Company	Relationship
Constance Benson*	University of California, San Diego School of Medicine	Gilead Sciences	Research Support (paid to institution)
Lauren Collins	Emory University School of Medicine		
Timothy Hatlen	Harbor-UCLA Medical Center		
Maura Manion	National Institutes of Health	None	N/A

<sup>\*</sup> Section Group Lead

#### Mycobacterium tuberculosis

Member	la akikaki a a	Financial Disclosure	
Member	Institution	Company	Relationship
James Brust*	Albert Einstein College of Medicine	None	N/A
Kelly Dooley	Vanderbilt University School of Medicine	None	N/A
Neela Goswami	Centers for Disease Control and Prevention	None	N/A
Scott Heysell	University of Virginia School of Medicine	None	N/A
Jyoti Mathad	NewYork-Presbyterian/Weill Cornell Medicine	None	N/A
Graeme Meintjes	University of Cape Town,	Gilead Sciences	Honoraria
	South Africa, Faculty of Health Sciences	Otsuka	Data and Safety Monitoring Board
Sarita Shah	Emory University School of Medicine	None	N/A
Timothy Sterling	Vanderbilt University Medical Center	None	N/A

<sup>\*</sup> Section Group Lead

#### Pharmacology

Mamban	Institution	Financial Disclosure	
Member		Company	Relationship
Rodrigo Burgos	University of Illinois Chicago,	ViiV Healthcare, GSK	Advisory Board
	Retzky College of Pharmacy	Gilead Sciences	Research Support
		Janssen Vaccines & Prevention	
		Merck	
		Shionogi, Inc.	
		ViiV Healthcare, GSK	
		OptumRx, Inc.	Consultant
Daniel Chastain	The University of Georgia College of Pharmacy	None	N/A
Jomy George	U.S. Food and Drug Administration	None	N/A
Emily Heil	University of Maryland School of Pharmacy	Wolters Kluwer (Lexicomp)	Consultant
Rupali Jain	University of Washington School of Pharmacy	Wolters Kluwer	Consultant
Bernadette Jakeman	The University of New Mexico College of Pharmacy	American College of Clinical Pharmacy (Infectious Diseases Self-Assessment Program Chapter)	Honoraria
		ASHP Continuing Education	
		CEimpact Education	
		Pharmacy Times Continuing Education	
		ViiV Healthcare, GSK	
		Merck	Research Support
		Wolters Kluwer	Consultant
Safia Kuriakose*	National Institutes of Health	None	N/A
Alice Pau	National Institutes of Health	None	N/A
Charles Peloquin	University of Florida College of Pharmacy and Emerging Pathogens Institute	Sun Pharmaceutical Industries Ltd.	Consultant

Member	Institution	Financial Disclosure	
		Company	Relationship
Anthony Podany	University of Nebraska Medical Center	None	N/A
Katherine Yang	University of California, San Francisco School of Pharmacy	None	N/A

<sup>\*</sup> Section Group Lead

#### **Progressive Multifocal Leukoencephalopathy**

Manahan	L 19. 19	Financial Disclosure	
Member	Institution	Company	Relationship
Shruti Agnihotri	The University of Alabama at Birmingham	Moderna	Equity Interest
	Heersink School of Medicine	Pfizer	
		Gilead Sciences	
		Johnson & Johnson	
Paola Cinque	San Raffaele Scientific Institute, Milan, Italy	Pfizer	Data and Safety
		Takeda Pharmaceuticals	Monitoring Board
		ShirePharma	
		Polpharma	
		Cellevolve	Advisory Board
		Sobi	
		Excision BioTherapeutics	Consultant
		Janssen	
David Clifford*	Washington University School of Medicine in St. Louis	Wave Life Sciences	Data and Safety Monitoring Board
		Atara Biotherapeutics	
		Cellevolve	
		Takeda Pharmaceuticals	
		Arena Pharmaceuticals	Consultant
		Roche	
		Seagen (Seattle Genetics)	
		National Institutes of Health	Research Support
Irene Cortese	National Institutes of Health	Nouscom	Equity Interest
		PDC*line Pharma	
		Life Sciences Partners V Cv	
Jose M. Miro	Hospital Clínic de Barcelona–IDIBAPS, University of Barcelona, Spain	None	N/A
C. Sabrina Tan	The University of Iowa Carver College of Medicine	Cellevolve	Advisory Board

<sup>\*</sup> Section Group Lead

#### Pneumocystis Pneumonia

Member	Institution	Financial Disclosure	
		Company	Relationship
Kristina Crothers	University of Washington School of Medicine	None	N/A
Jannik Helweg-Larsen	Rigshospitalet, Copenhagen University, Denmark	None	N/A
Aley Kalapila	Emory University School of Medicine	None	N/A
Joseph Kovacs*	National Institutes of Health	Matinas BioPharma	Research Support
		Merck	
Alison Morris	University of Pittsburgh School of Medicine	None	N/A
Sean Wasserman	University of Cape Town, South Africa, Faculty of Health Sciences	None	N/A

<sup>\*</sup> Section Group Lead

#### **Pregnancy**

Member		Financial Disclosure	
	Institution	Company	Relationship
Jean Anderson	The Johns Hopkins University School of Medicine	DKBmed	Research Support (paid to institution)
Katherine Bunge	UPMC Magee-Womens Hospital	None	N/A
Karley Dutra	Medical University of South Carolina	None	N/A
Oluwatosin Goje	Cleveland Clinic Lerner	UpToDate	Honoraria
	College of Medicine		Topic Contributor
		Merck	Honoraria
			Topic Contributor
		ClinicalKey	Honoraria
		Evvy	Advisory Board
		Scynexis	Consultant
Erica Hardy	Warren Alpert Medical School of Brown University	None	N/A
Sylvia LaCourse*	University of Washington School of Medicine and School of Public Health	Merck	Research Support (paid to institution)
Gweneth Lazenby	Medical University of South Carolina	Sanaria	Data and Safety Monitoring Board
Anna Powell	The Johns Hopkins	Cepheid	Consultant
	University School of Medicine	UpToDate	Honoraria
Rodney Wright	Albert Einstein College of Medicine	None	N/A

<sup>\*</sup> Section Group Lead

Member	Institution	Financial Disclosure	
		Company	Relationship
Laura Bachmann	Centers for Disease Control and Prevention	None	N/A
Khalil Ghanem	The Johns Hopkins University School of Medicine	None	N/A
Matthew Hamill	The Johns Hopkins University School of Medicine	Chembio Diagnostics, Inc.	Honoraria
		Cepheid	Other
		Chembio Diagnostics, Inc.	
		Roche Diagnostics	
Edward W. Hook	University of Alabama at Birmingham Marnix E. Heersink School of Medicine	Visby Medical	Scientific Advisory Board
Arlene Sena	University of North Carolina at Chapel Hill School of Medicine	None	N/A
Irene Stafford	The University of Texas Health Science Center at Houston, McGovern Medical School	None	N/A
Susan Tuddenham*	The Johns Hopkins University School of Medicine	None	N/A
Kimberly Workowski	Emory University School of Medicine	None	N/A

<sup>\*</sup> Section Group Lead

#### Toxoplasma gondii

Member	Institution	Financial Disclosure	
		Company	Relationship
Sarita Boyd	U.S. Food and Drug Administration	None	N/A
Joseph Kovacs*	National Institutes of Health	None	N/A
Janaki Kuruppu	National Institutes of Health	None	N/A
Leon Lai	MedStar Washington Hospital Center	None	N/A
Jose M. Miro	Hospital Clínic de Barcelona– IDIBAPS, University of Barcelona, Spain	None	N/A
Daniel Podzamczer	Fight AIDS and Infectious Diseases Foundation, Hospital Germans Trias i	Gilead Sciences	Consultant
	Pujol, Badalona, Spain	MSD	
		Janssen	
		ViiV Healthcare	
Bryan R. Smith	National Institutes of Health	None	N/A

<sup>\*</sup> Section Group Lead