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SHORT VIEW SUMMARY

Definition

- Microsporidia are obligate eukaryotic intracellular pathogens related to fungi.
- Taxonomy of the phylum is based on ultrastructural descriptions of the spores and life cycle.
- Molecular phylogeny, based on ribosomal RNA sequences, is also used for classification.

Epidemiology

- The phylum Microsporidia contains at least 1500 species distributed into more than 200 genera.
- Several different genera and species of microsporidia cause disease in humans, including *Nosema*, *Vittaforma*, *Pleistophora*, *Encephalitozoon*, *Enterocytozoon*, *Trachipleistophora*, *Anncaliia*, *Tubulinosema*, *Endoreticulatus*, and *Microsporidium*.
- Microsporidiosis occurs in both immunocompromised and immune-competent hosts.
- These pathogens can be transmitted by food or water and are likely zoonotic.
- Diarrhea or keratoconjunctivitis are the most common presenting manifestations of

infection, but infection can occur in any organ system.

- An increasing incidence is reported in transplant recipients. Although multiple sites may be infected, the most common manifestation of reported disease leading to diagnosis is infection of either native or transplanted kidneys. Therapy with albendazole or fumagillin has been successful.
- Infection in solid-organ transplant recipients may be derived from the organ donor.

Diagnosis

- Diagnosis can be made by finding characteristic spores in body fluids (e.g., stool, urine, conjunctival scraping, etc., using stains such as chromotrope 2R or Uvitex 2B).
- Definitive identification of the microsporidia causing an infection can be done using ultrastructural examination or molecular techniques.
- Patients with diarrhea or keratoconjunctivitis should have urine examined to look for disseminated infection.
- Species-specific diagnosis is useful for guiding treatment.

Therapy

- Systemic albendazole and fumagillin are active therapeutic agents for the treatment of microsporidiosis.
- Topical fumagillin is useful for microsporidian keratoconjunctivitis.
- Immune restoration, such as combination antiretroviral treatment in patients with acquired immunodeficiency syndrome, often results in resolution of infection.

Prevention

- There are limited data on effective preventive strategies for microsporidiosis, but the most effective prophylaxis is restoration of immune function in immunocompromised hosts.
- The usual sanitary measures that prevent contamination of food and water will decrease the chance of infection.
- Hand washing and general hygienic habits reduce the chance of contamination of the conjunctiva and cornea with microsporidian spores.

The Microsporidia are a group of obligate eukaryotic intracellular parasites that were recognized more than 150 years ago when a parasite of silkworms, *Nosema bombycis*, which causes the disease pébrine in these economically important insects, was described.¹⁻⁵ Franzen² has reviewed the history of research on these pathogens. The class or order Microsporidia was elevated to the phylum Microspora by Sprague in 1977.¹ In 1998 Sprague and Becnel suggested that the term “Microsporidia” instead be used for the phylum name.³ Although the Microsporidia were historically considered “primitive” protozoa, molecular phylogenetic analysis has led to the recognition that these organisms are not primitive, but degenerate, and that they are related to the Fungi, either as a basal branch of the Fungi or as a sister group.^{6,7} Molecular phylogeny has also led to the recognition that traditional phylogeny based on structural observations may not reflect the relationships among the various microsporidian species and genera.

The Microsporidia infect almost all animal phyla, including other protists. They are important agricultural parasites in insects, fish, laboratory rodents, rabbits, fur-bearing animals, and primates and are found infecting various animals kept as household pets.^{4,5,8} Some species of these pathogens are used as biologic control agents for destructive species of insects.⁹ In their hosts the majority of the Microsporidia infect the digestive tract, but infections of almost all organ systems have been documented.¹⁰ Microsporidia were first recognized in mammalian tissue samples more than 75 years ago¹¹ and described in 1959¹² as being human pathogens when they were found in a child with encephalitis. Many of the human pathogenic Microsporidia are zoonotic or waterborne infections, or both. In the immunosuppressed

host (e.g., those treated with immune-suppressive drugs or infected with human immunodeficiency virus [HIV], particularly at advanced stages of the disease), the Microsporidia can produce a wide range of clinical diseases. Reports of diarrheal syndromes associated with microsporidiosis and HIV infection were first reported in 1985,¹³ and the number of articles describing human disease increased rapidly after 1990. Since the advent of antiretroviral therapy (ART) the incidence of microsporidiosis has declined in the HIV-infected population. In addition to gastrointestinal (GI) tract involvement, patients with encephalitis, ocular infection, sinusitis, myositis, and disseminated infection are well described in the literature.^{4,5} These organisms are also seen in immune-competent individuals.

The phylum Microsporidia (Microspora) contains at least 1500 species distributed into approximately 200 genera, of which the following have been demonstrated in human disease (Table 270.1)^{4,5,14}: *Nosema* (*Nosema corneum*, renamed *Vittaforma corneae*¹⁵; *Nosema algerae*, reclassified initially as *Brachiola algerae*¹⁶ and now as *Anncaliia algerae*¹⁷); *Pleistophora*; *Encephalitozoon*; *Enterocytozoon*¹³; *Septata*¹⁸ (reclassified as *Encephalitozoon*¹⁹); *Trachipleistophora*^{20,21}; *Brachiola*¹⁶; *Anncaliia*¹⁷; *Tubulinosema*^{22,23}; *Endoreticulatus*²⁴; and *Microsporidium*.⁴ *Encephalitozoon hellem* has been associated with superficial keratoconjunctivitis, sinusitis, respiratory disease, prostatic abscesses, and disseminated infection.^{4,10,25} *Encephalitozoon cuniculi* has been associated with hepatitis, encephalitis, and disseminated disease.²⁶⁻²⁸ *Encephalitozoon (Septata) intestinalis* is associated with diarrhea, disseminated infection, and superficial keratoconjunctivitis.^{18,29,30} *Nosema*, *Vittaforma*, and *Microsporidium* have been associated with stromal keratitis associated with trauma in

TABLE 270.1 Microsporidia Identified as Pathogenic to Humans

GENUS AND SPECIES	REPORTED INFECTIONS	ANIMAL HOSTS ^a
<i>Encephalitozoon</i>		
<i>E. cuniculi</i> ^b	Hepatitis, peritonitis, encephalitis, ^c urethritis, prostatitis, nephritis, sinusitis, keratoconjunctivitis, cystitis, diarrhea, ^c cellulitis, disseminated infection	Mammals (rabbits, rodents, carnivores, primates)
<i>E. hellem</i> ^b	Keratoconjunctivitis, ^c sinusitis, pneumonitis, nephritis, prostatitis, urethritis, cystitis, diarrhea, disseminated infection	Psittacine birds (parrots, lovebirds, parakeets), birds (ostrich, hummingbirds, finches)
<i>E. intestinalis</i> ^b	Diarrhea, ^c intestinal perforation, cholangitis, nephritis, keratoconjunctivitis	Mammals (donkeys, dogs, pigs, cows, goats, primates)
<i>Enterocytozoon</i>		
<i>E. bienersi</i>	Diarrhea, ^c wasting syndrome, cholangitis, rhinitis, bronchitis	Mammals (pigs, primates, cows, dogs, cats), birds (chickens)
<i>Trachipleistophora</i>		
<i>T. hominis</i> ^b	Myositis, keratoconjunctivitis, ^c sinusitis	Unknown
<i>T. anthropopthera</i> ^b	Encephalitis, disseminated infection, keratitis	Unknown
<i>Pleistophora</i>		
<i>P. ronneaei</i>	Myositis	Unknown
<i>Pleistophora</i> sp.	Myositis ^c	Fish
<i>Anncaliia</i>		
<i>A. vesicularum</i>	Myositis	Unknown
<i>A. algerae</i> ^d	Keratoconjunctivitis, myositis, skin infection	Mosquitoes
<i>A. connori</i>	Disseminated infection	Unknown
<i>Nosema</i>		
<i>N. ocularum</i>	Keratoconjunctivitis ^c	Unknown
<i>Vittaforma</i>		
<i>V. corneae</i> ^b	Keratoconjunctivitis, ^c urinary tract infection	Unknown
<i>Tubulinosema</i>		
<i>T. acridophagus</i> (and <i>Tubulinosema</i> sp.)	Myositis, disseminated infection (skin, liver, peritoneum, lung and retinal involvement)	Insects (<i>Drosophila melanogaster</i> and grasshoppers)
<i>Endoreticulatus</i>		
<i>Endoreticulatus</i> sp.	Myositis ^c	Lepidopteran insects
<i>Microsporidium</i>		
<i>M. africanus</i>	Corneal ulcer ^c	Unknown
<i>M. ceylonensis</i>	Corneal ulcer ^c	Unknown

^aAnimals in which organism has been found other than humans.^bOrganism can be grown in tissue culture.^cCases reported in immune-competent hosts.^dPreviously called *Brachiola* and *Nosema*.^{16,17}

immune-competent hosts.^{25,31} *Pleistophora*, *Anncaliia*, *Tubulinosema*, *Endoreticulatus*, and *Trachipleistophora* have been associated with myositis and sometimes with associated disseminated disease.^{20,23,32–34} *Trachipleistophora* has been associated with encephalitis, keratitis, and disseminated disease.^{21,35} *Enterocytozoon bienersi*, originally described in humans,¹³ is associated with malabsorption, diarrhea, and cholangitis.^{36,37}

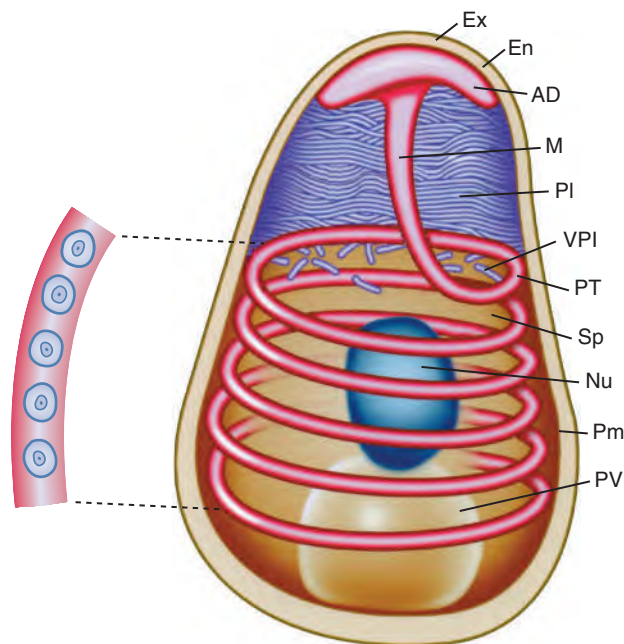


FIG. 270.1 Structure of a microsporidian spore. Depending on the species, the size of the spore can vary from 1–10 μm , and the number of polar tubule coils can vary from a few to 30 or more. Extrusion apparatus consists of the polar tube (PT), vesiculotubular polaroplast (VPI), lamellar polaroplast (PI), anchoring disk (AD), and manubrium (M). This organelle is characteristic of the Microsporidia. The inset demonstrates a cross section of the polar tube coils (five coils in this spore), demonstrating the various concentric layers of different electron density and electron-dense core present in such cross sections. The nucleus (Nu) may be single, such as in *Encephalitozoon* spp., or a pair of abutted nuclei known as a diplokaryon, such as in *Nosema* spp. The endospore (En) is an inner, thicker, electron-lucent region. The exospore (Ex) is an outer electron-dense region. The plasma membrane (Pm) separates the spore coat from the sporoplasm (Sp), which contains ribosomes in a coiled helical array. The posterior vacuole (PV) is a membrane-bound structure. (Modified from Wittner M, Weiss LM, eds. *The Microsporidia and Microsporidiosis*. Washington, DC: American Society of Microbiology Press; 1999:199.)

GENERAL CHARACTERISTICS

The Microsporidia are eukaryotes containing a nucleus with a nuclear envelope, an intracytoplasmic membrane system, chromosome separation on mitotic spindles, vesicular Golgi,³⁸ and a mitochondrial remnant organelle called a mitosome.³⁹ Microsporidia are ubiquitous in the environment and infect almost all invertebrates and vertebrates.^{4,10,14} They form characteristic unicellular spores (Fig. 270.1), which are environmentally resistant. Microsporidian spore size and shape vary depending on the species. Whereas microsporidian spores can be as large as 12 μm , microsporidia infecting humans have spores that range from 1 to 3 μm \times 1.5 to 4 μm in size and are usually ovoid. Spore structure is characteristic of the phylum.⁴⁰ The spore coat consists of an electron-dense, proteinaceous exospore, an electron-lucent endospore composed of chitin and protein, and an inner membrane or plasmalemma.⁴¹ Proteins making up the spore coat have adhesion domains that may facilitate the binding of microsporidian spores to either the cell surface or mucus of the GI tract before germination.⁴² A defining characteristic of all microsporidia is an extrusion apparatus that consists of a polar tube attached to the inside of the anterior end of the spore by an anchoring disk and, depending on the species, forms 4 to approximately 30 coils around the sporoplasm in the spore. Proteomic and genetic studies have defined some of the proteins of the polar tube and spore wall,^{43–45} the presence of O-mannosylation on these proteins,^{46–48} and how these proteins interact.⁴⁹

During germination the polar tube rapidly everts, forming a hollow tube that brings the sporoplasm into intimate contact with the host cell (Fig. 270.2). The polar tube provides a bridge to deliver the sporoplasm to the host cell. The mechanism whereby the polar tube

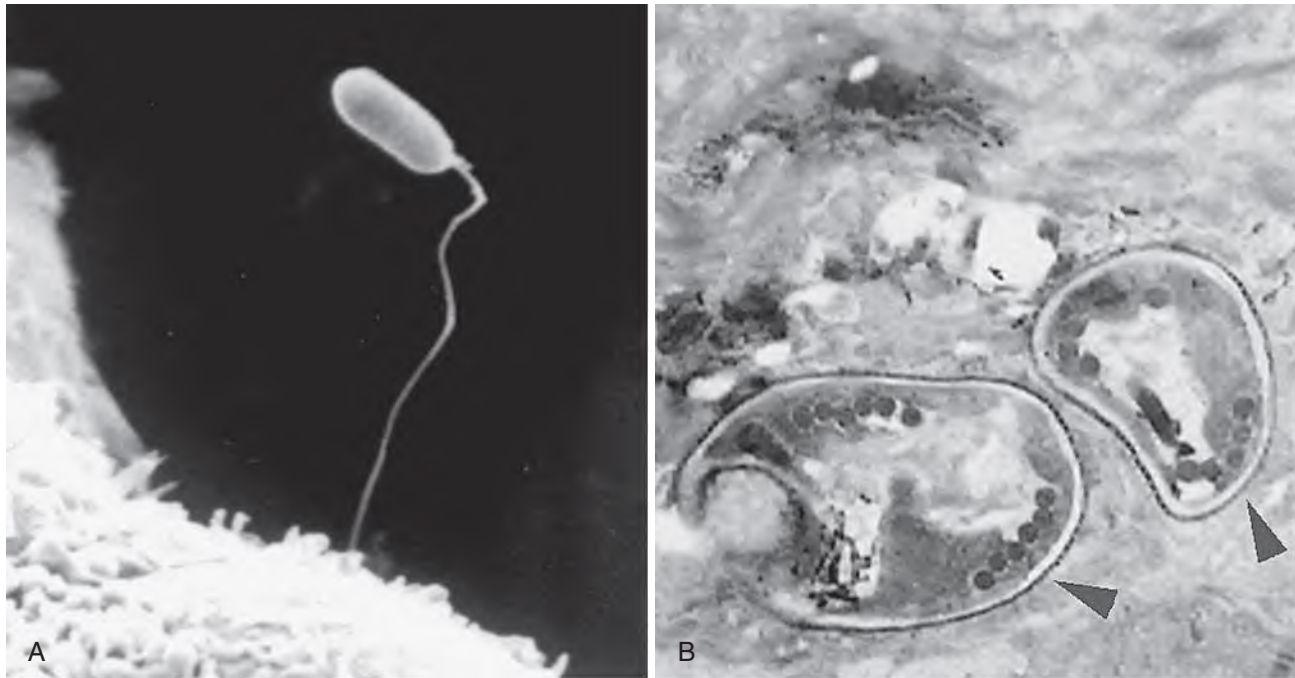


FIG. 270.2 Microsporidian polar tube. (A) Scanning electron micrograph of a tissue culture demonstrating *Encephalitozoon intestinalis* invading a Vero cell in vitro. (B) Transmission electron micrograph of conjunctival scraping demonstrating microsporidia (*Encephalitozoon hellem*). Arrowheads identify thick-walled spores with single nuclei and five or six coils of polar tubes. ([A] from Kock NP. *Diagnosis of Human Pathogenic Microsporidia*. Dissertation, Bernhard Nocht Institute for Tropical Medicine, Hamburg, Germany. With permission of N.P. Kock, C. Schmetz, and J. Schottelius.)

interacts with the host cell membrane is not known, but it may require the participation of host cell proteins such as actin.⁵⁰ It is possible that the sporoplasm interacts with the host cell membrane as it emerges from the polar tube. If a spore is phagocytosed by a host cell, germination occurs, and the polar tube can pierce the phagocytic vacuole, delivering the sporoplasm into the host cell cytoplasm. The overall process of germination and formation of the polar tube delivers the sporoplasm to the host cell, functioning essentially like a hypodermic needle.^{51,52}

The polar tube discharges from the anterior pole of the spore in an explosive reaction, occurring within less than 2 seconds.⁵¹ Conditions that promote germination vary widely among species, presumably reflecting the organisms' adaptation to their host and external environment^{53,54} (reviewed by Keohane and Weiss⁵⁵). Conditions that promote spore discharge include pH shifts, dehydration followed by rehydration, various cations and anions, mucin or polyanions, hydrogen peroxide, ultraviolet irradiation, and the calcium ionophore A23187. Inhibitors of spore discharge include magnesium chloride, ammonium chloride, low salt concentrations, sodium fluoride, ultraviolet light, temperatures higher than 40°C, calcium channel antagonists, calmodulin inhibitors, cytochalasin D, demecolcine, and itraconazole. Regardless of the stimuli required for activation, most microsporidia appear to exhibit the same response to the stimuli, an increase in intrasporal osmotic pressure. This results in an influx of water into the spore accompanied by swelling of the polaroplasts and posterior vacuole before spore discharge. In *A. (Nosema) algerae*, it has been proposed that activation brings trehalose in contact with the enzyme trehalase, causing an increase in osmotic pressure.^{56,57}

Microsporidia display a number of characteristics that are unusual for eukaryotic organisms. They have prokaryotic-size ribosomes⁵⁸ that do not have a 5.8S ribosome subunit but do have sequences homologous to the 5.8S region in the 23S subunit.⁵⁹ The small subunit of ribosomal (rRNA) of most of the microsporidia that have been sequenced is significantly shorter than both eukaryotic and prokaryotic small subunit rRNA.^{60,61} These rRNA genes are in a subtelomeric location on each chromosome of *E. cuniculi*^{62,63} and lack the paromomycin binding site seen in protozoa and animals.⁶⁴ The genome size of the Microsporidia varies from 2.3 to 19.5 megabase (Mb).⁶⁵ The genomic size of the *Encephalitozoonidae* is less than 3.0 Mb, making them among the smallest eukaryotic nuclear

genomes so far identified. There are almost no introns in the compact genome of *E. cuniculi*, the gene density is high, and proteins are shorter than the corresponding genes in *Saccharomyces cerevisiae*. There appears to be a high degree of gene conservation among the Microsporidia.⁶⁶ Genome data for the Microsporidia are available from the Microsporidia database (<http://microsporidiadb.org/micro/>),⁶⁷ which is part of the EuPath database (<http://eupathdb.org/eupathdb/>) website. This website includes the genomes of the human pathogenic microsporidia *E. cuniculi*^{62,68} (all three strains⁶⁹), *E. hellem*,⁷⁰ *E. intestinalis*,⁷¹ *E. bienersi*,^{72,73} *A. algerae*, *V. corneae*, and microsporidia found in other organisms. Chromosomal analysis of *E. cuniculi*⁷⁴ and studies on the heterogeneity of gene loci in both *E. cuniculi*⁷⁵ and *Nematocida parisii*⁷⁶ indicate that microsporidia are diploid. The karyotypes of several members of the phylum Microsporidia have been determined by pulsed-field electrophoresis. Small subunit rRNA (16S rRNA) diverges greatly from the small subunit rRNA sequences of other eukaryotes, and microsporidian rRNA genes are significantly shorter than those of eukaryotes and prokaryotes.⁷⁷ Sequence data of rRNA from the microsporidia have been used to develop diagnostic polymerase chain reaction (PCR) primers and to study phylogenetic relationships^{78,79} (reviewed by Weiss and Vossbrinck⁶¹).

Data on rRNA sequences have proven useful in the identification of environmental reservoirs for microsporidia that infect humans. *E. cuniculi* isolates from various animal species have been identified and separated on the basis of the number of tetranucleotide repeats (5'-GTTT-3') in the intergenic spacer region of their rRNA genes.⁸⁰ Differences have also been found in the intergenic spacer region of rRNA genes of *E. bienersi* and have been used to identify isolates associated with particular animals or environments.^{81–84} Currently, all the different isolates that have been identified within an animal species are considered to be the same microsporidian species; however, it is possible that there may be more than one species of *Enterocytozoon* in its mammalian and avian hosts.

PHYLOGENY OF THE MICROSPORIDIA

Microsporidia are currently classified based on their ultrastructural features, including the size and morphology of the spores, number of coils of the polar tube, developmental life cycle, and host-parasite

relationship (see Fig. 270.2).⁵ Tuzet and colleagues,⁸⁵ Sprague,¹ Larsson,⁸⁶ Issi,⁸⁷ Weiser,⁸⁸ and Sprague and associates¹⁴ have provided overviews of the history, ultrastructural and structural characteristics, and life-cycle differences among taxa of the Microsporidia. Microsporidia can be divided into three main groups:

1. The “primitive” (Metchnikovellidae) hyperparasites of gregarines in annelids may be distinguished from the other microsporidia by the presence of a rudimentary polar filament and a spore without a polaroplast.
2. The Chytridopsidae, Hesseidsae, and Burkeidae may be seen as “intermediates,” having a short polar filament and minimal development of the polaroplast and endospore.
3. The “higher” Microsporidia have a well-developed polar filament, polaroplast, and posterior vacuole.

Differences among modern classifications of the Microsporidia focus on the characteristics used to divide the third group, the higher Microsporidia, into subgroups. Molecular analysis of rRNA genes is also useful for classification.^{61,89,90} Antigenic differences between the Microsporidia demonstrable by sodium dodecylsulfate polyacrylamide gel electrophoresis and immunoblot analysis have been used as adjunctive evidence when determining phylogenetic relationships among the Microsporidia infecting humans.^{19,91}

The general features of the life cycle are as follows:

1. Spores are ingested or inhaled and then germinate, resulting in extension of the polar tube, which injects the sporoplasm into the host cell.
2. Merogony follows, during which the injected sporoplasm develops into meronts (the proliferative stage), which multiply, depending on the species, by binary fission or multiple fission, forming multinucleate plasmodial forms.
3. The next step is sporogony, during which meront cell membranes thicken to form sporonts.
4. After subsequent division, the sporonts give rise to sporoblasts, which go on to form mature spores without additional multiplication. Once a host cell becomes distended with mature spores, the cell ruptures, releasing mature spores into the environment and thereby completing the life cycle.

The combination of multiplication during merogony and sporogony results in a large number of spores being produced from a single infection and illustrates the enormous reproductive potential of these organisms.

Data on rRNA gene sequences (e.g., molecular phylogenetic data) provide additional evidence for the assignment of microsporidia to specific genera and provide a method to distinguish morphologically similar microsporidia at the species level. Analysis of the rRNA genes of a variety of microsporidia highlights the polyphyletic nature of the Microsporidia and brings into doubt the use of any single character for developing higher taxonomic groupings. For example, *E. hellem* and *E. cuniculi* are indistinguishable at the ultrastructural level, and *E. intestinalis* has a distinct extracellular matrix surrounding the sporoblasts and spores; however, on the basis of rDNA analysis, *E. intestinalis* and *E. cuniculi* are more similar to each other than to *E. hellem*.⁹²

Molecular phylogenetic data indicate that the Microsporidia are related to the Fungi (either as a basal branch of the Fungi or as a sister group⁶⁷) and are not primitive eukaryotes.^{93–95} As early as 1994, on the basis of β -tubulin sequence analysis, it was suggested that the Microsporidia were not ancient eukaryotes but instead were related to the Fungi.⁹⁶ Keeling and Doolittle⁹⁷ reported similar results for α -tubulin from three species of microsporidia (*E. hellem*, *Nosema locustae*, *Spraguea lophii*) and for β -tubulin from *E. hellem*. Analysis of the heat shock protein gene (*hsp70*) for *Nosema locustae*, *Vairimorpha necatrix*, *E. cuniculi*, and *E. hellem* provided confirmatory evidence of this relationship.^{98–101} Comparative analysis of the largest subunit of the RNA polymerase II (*RPB1*) gene produced a phylogeny similar to the result obtained from an analysis of *hsp70* or the β -tubulin gene. Additional evidence for the relationship of the Microsporidia to the Fungi includes the following:

1. The *E. cuniculi* genes for thymidylate synthase and dihydrofolate reductase are separate genes.¹⁰²
2. The small subunit rRNA gene of microsporidia lacks a paromomycin binding site, similar to the fungi.¹⁰³

3. The elongation factor-1 α sequence of the microsporidian *Glugea plecoglossi* has an insertion that is found only in fungi and animals, not in protozoa.^{103,104}
4. Microsporidia display similarities to the Fungi during mitosis (e.g., closed mitosis and spindle pole bodies¹⁰⁵) and meiosis.¹⁰⁶
5. Microsporidia have chitin in their spore wall and store trehalose, as do fungi.
6. Analyses of many genes (e.g., glutamyl-tRNA synthetase, seryl-tRNA synthetase, vacuolar adenosine triphosphate [ATP]ase, TATA box-binding protein, transcription initiation factor IIB, subunit A of vacuolar ATPase, and guanosine triphosphate [GTP]-binding protein and transcription factor IIB sequences^{68,107}) support a relationship between the Microsporidia and the Fungi.
7. Analysis of the *E. cuniculi* genome and other microsporidian genomes demonstrates that most microsporidian proteins are most similar to fungal homologues.^{6,7,68}
8. The presence in *E. cuniculi* of the principal enzymes for the synthesis and degradation of trehalose confirm that this disaccharide could be the major sugar reserve in microsporidia, as is seen in many fungi.
9. Analysis of glycosylation pathways has indicated that O-mannosylation (e.g., O-linked glycosylation with mannose), as seen in fungi, occurs in microsporidia. Experimental evidence has confirmed that O-mannosylation occurs on the major polar tube protein PTP1.⁴⁶
10. Keeling,¹⁰⁸ in an analysis of β -tubulin data that included additional species of microsporidia and more fungal phyla, found that the Microsporidia were a sister group to the Zygomycota. Comparative analysis using the complete genomes of several microsporidia also supports a similar relationship of the Microsporidia with the Fungi.^{6,7}
11. Microsporidian genomes display two syntenic ribosomal genes (*RPL21* and *RPS9*) that are also syntenic throughout the Fungi but are linked in other eukaryotic lineages.
12. An identified microsporidian sex-related locus is highly similar to the sex locus of the Zygomycetes; both contain genes for a triose phosphate transporter (TPT), a high mobility group protein, and an RNA helicase.^{7,109,110}

Environmental microbiome studies have identified a previously overlooked large and diverse group of organisms that have been termed Cryptomycota¹¹¹ and, although poorly described at the biologic level, are closely related to the Microsporidia. Genome-scale phylogenies place microsporidia together with Cryptomycota as the basal branch of the fungal kingdom or as a sister phylum to the Fungi. Cryptomycota that grow as intranuclear parasites of amoeba have been discovered, and these parasites bear strong morphologic similarities to the Microsporidia.¹¹² These, and other microsporidia-like organisms, such as *Mitosporidium daphniae*, *Nucleophaga terricolae*, and *Paramicrosporidium*, demonstrate that more environmental sampling is required to resolve the relationship of fungi and microsporidia and to provide a better understanding of the Cryptomycota and the origin of microsporidia.

EPIDEMIOLOGY

Microsporidian spores are commonly found in surface water, and human pathogenic microsporidia have been found in municipal water supplies, tertiary sewage effluent, and ground water.^{113–118} It is likely that many of the Microsporidia are waterborne pathogens, and they can be transmitted by food.¹¹⁹ Water contact has been found to be an independent risk factor for microsporidiosis in some studies^{120,121} but not in others.^{122,123} Outbreaks of *V. corneae* infection have been associated with hot springs exposure¹²⁴ and exposure to soil.^{125,126} *E. cuniculi* spores remain viable for 6 days when in water and 4 weeks when dry at 22°C, and *Nosema bombycis* spores may remain viable for 10 years in distilled water.¹²⁷ Spores may be killed, however, by exposure for 30 minutes to 70% ethanol, 1% formaldehyde, or 2% Lysol or by autoclaving at 120°C for 10 minutes.¹²⁸ Most microsporidian infections are transmitted by oral ingestion of spores, with the site of initial infection being the GI tract. Viable infective spores of microsporidia are present in a number of body fluids (e.g., stool, urine, respiratory secretions) during infection,

suggesting that person-to-person transmission can occur and that ocular infection may be transmitted by external autoinoculation caused by contaminated fingers.¹²⁹ It has been possible to transmit *E. cuniculi* via rectal infection in rabbits, suggesting the possibility of sexual transmission.¹³⁰ *E. hellem* has been demonstrated in the respiratory mucosa and in the prostate and urogenital tract of patients, raising the possibility of respiratory and sexual transmission in humans.^{131,132} Person-to-person transmission is supported by concurrent infections in cohabiting homosexual men.¹³³ Although congenital transmission of *E. cuniculi* has been demonstrated in rabbits, mice, dogs, horses, alpaca, foxes, and squirrel monkeys, no such congenital transmission has been demonstrated in humans.¹³⁴

There have been two clusters of microsporidiosis due to transplanted organs.¹³⁵ Three patients were infected by transplanted organs (kidney, kidney, and bilateral lungs) from an *E. cuniculi*-seropositive donor, and kidney biopsy provided the diagnosis in all three cases. Onset of symptoms (fever, renal dysfunction, and encephalopathy) was 7 to 10 weeks posttransplant, and death in one recipient of a kidney may have been directly related to failure of the transplanted organ. The surviving kidney recipient received 6 months of albendazole therapy and remained healthy afterward.¹³⁵ In the second cluster, which also involved three patients infected by transplanted organs (kidney, liver, heart/kidney), the patients presented with neurologic symptoms, including headache and encephalitis.¹³⁶ Kidney or urine specimens demonstrated *E. cuniculi* in these patients. The liver transplant patient responded to albendazole treatment.¹³⁶

Many of the Microsporidia probably cause zoonotic infections in humans (see Table 270.1).¹³⁷ Microsporidia of the genus *Encephalitozoon* are widely distributed parasites of mammals and birds, and the onset of microsporidiosis has been associated with exposure to livestock, fowl, and pets.¹³⁸ *E. hellem* infections have been described in lovebirds and budgerigars (parakeets),⁸ and *E. hellem* infection has been reported in a patient who had infected lovebirds.¹³⁹ Up to 30% of dogs in animal shelters may excrete microsporidia in their stools. Microsporidia of the genus *Encephalitozoon* were found in the stools of many animals in an epidemiologic survey in Mexico.¹²⁰ *Enterocytozoon bieneusi* appears to be widely distributed⁸²⁻⁸⁴ and has been reported in many mammals, including pigs,¹⁴⁰ dogs,¹⁴¹ chickens,¹⁴² pigeons,¹⁴³ falcons, and simian immunodeficiency virus (SIV)-infected rhesus monkeys.¹⁴⁴ There is a documented case of transmission of *E. bieneusi* between a child and guinea pigs.¹⁴⁵ Enterocytozoonidae such as *Nucleospora* (previously *Enterocytozoon*) *salmonis* are pathogens found in fish. *Nosema* and *Vittaforma* infections are believed to be caused by traumatic inoculation of environmental spores of insect pathogens into the cornea.^{15,31,146} *Tubulinosema* and *Anncalia* are insect pathogens.

Although initially regarded as rare, microsporidia are now believed to be common enteric pathogens that cause self-limited or asymptomatic infections in normal hosts.^{138,147} Cases of microsporidiosis have been identified from all continents except Antarctica.^{133,148-154} Surveys of pathogens seen in stool samples in Africa, Asia, South America, and Central America have demonstrated that microsporidia are often found during careful stool examinations. In immune-competent hosts most reported cases of microsporidiosis manifested as self-limited diarrhea. It has been observed that latent infection with shedding of spores is common in immune-competent humans.¹⁵⁵ They have included cases of *E. bieneusi* infections in travelers to and residents of tropical countries^{82,114,150,156-163} and of *E. intestinalis* infections in travelers to and residents of tropical countries.¹⁶⁴ In addition, there are several reports from India and Singapore of ocular infection with microsporidia, in particular *V. corneae*, presenting as a keratoconjunctivitis in immune-competent hosts.¹⁶⁵⁻¹⁶⁹ In immune-deficient hosts (e.g., those with acquired immunodeficiency syndrome [AIDS] or who have undergone transplantation), most reported cases have manifested as diarrhea with wasting syndrome and disseminated infection. Infections with *E. bieneusi* have been reported in patients who have undergone kidney, liver, or heart-lung transplantation. *Encephalitozoon* spp. infections have been reported in patients who have undergone kidney, pancreas, liver, or bone marrow transplantation. *Tubulinosema acridophagus* has been reported in a patient with bone marrow transplantation, and *A. algerae* has been found in a patient with lung transplantation.^{22,170-182} A case of chronic

bilateral keratoconjunctivitis caused by *Encephalitozoon* sp. has been reported in a patient taking prednisone (20 mg/day).¹⁸³

Reported prevalence rates in the 25 studies conducted on patients with HIV infection before the widespread use of combination antiretroviral therapy (cART) (1989-98) varied between 2% and 70%, depending on the symptoms of the population studied and the diagnostic techniques used.⁸ These studies suggest that asymptomatic carriage can occur in immunocompromised patients. Coinfection with different microsporidia or other enteric pathogens can occur. There was no overall trend in these prevalence studies with regard to country of origin or other demographic characteristics. When combined, these studies identified 375 *E. bieneusi* infections among 2400 patients with chronic diarrhea, for a prevalence of 15% in this population. More recent studies suggest that, in areas where cART is not widely available, the epidemiology of this disease has not changed and that a similar prevalence rate is present.⁸² In addition, studies of the prevalence of *E. bieneusi* in HIV-negative individuals in developing countries have also demonstrated prevalence rates of 2% to 70%, depending on the country and population studied (e.g., children or adults, rural or urban).⁸² It is clear that since the institution of cART and its associated immune reconstitution, the prevalence of diarrhea among AIDS patients has decreased, as has the incidence of microsporidiosis.

The aggregate data available confirm that the Microsporidia demonstrate strength of association, coherence, and reproducibility with respect to being causative for a diarrheal syndrome. Further evidence of the association of microsporidia with diarrhea is provided by the usefulness of albendazole in the treatment of microsporidian infection. Therapy with albendazole results in cure of the diarrhea associated with elimination of *E. intestinalis* from the stool of infected patients.¹⁹⁰ Treatment with fumagillin has a similar effect in patients with *E. bieneusi* infection.^{191,192}

Serosurveys in humans have demonstrated a high prevalence of antibodies to *E. cuniculi* and *E. hellem*, suggesting that asymptomatic infection may be common.^{151,193} Serologic cross-reactivity among microsporidia has been demonstrated by both immunofluorescence¹⁹⁴ and immunoblot testing.¹⁹⁵ Singh and coworkers¹⁹⁶ found positive titers in 6 of 69 healthy adults in England, 38 of 89 Nigerians with tuberculosis, 13 of 70 Malaysians with filariasis, and 33 of 92 Ghanaians with malaria. In another study 14 of 115 travelers returning from the tropics and 0 of 48 nontravelers were seropositive.¹⁹⁷ In a study of HIV-positive men 10 of 30 were seropositive and all had traveled to the tropics.¹⁹⁸ Antibodies to *E. intestinalis* were found in 5% of pregnant French women and 8% of Dutch blood donors.¹⁹⁹ In HIV-positive Czech patients 5.3% were seropositive to *E. cuniculi* and 1.3% to *E. hellem*.²⁰⁰ In Slovakia 5.1% of slaughterhouse workers were seropositive to *Encephalitozoon* spp.²⁰¹ In a survey of blood donors in the United States 5% of donors had antibodies to *E. hellem* PTP1 antigen (L. M. Weiss, unpublished observations). Overall, these studies suggest that exposure to microsporidia is common and that asymptomatic infection may be more common than originally suspected.

IMMUNOLOGY

Infection with *E. cuniculi* in many mammals results in chronic infection with persistently high antibody titers and ongoing inflammation (e.g., persistent encephalitis in rabbits and chronic renal disease and congenital transmission in foxes). In immune-competent murine models of *E. cuniculi* infection, ascites develops and then clears; however, if corticosteroids are administered, the mice redevelop ascites, consistent with latent persistence of microsporidia in these animals.^{202,203} Studies on immune-deficient mice have demonstrated that latent infection occurs, allowing relapse, and that albendazole treatment cannot eliminate latency in immune-deficient mice.²⁰⁴ In mice with severe combined immunodeficiency (SCID) or athymic mice, infection with *E. cuniculi* results in death, with visceral dissemination of the organism and persistent ascites.²⁰⁵ Adoptive transfer of sensitized syngeneic T-enriched spleen cells protects athymic or SCID mice against lethal *E. cuniculi* infection.^{206,207} Transfer of naïve lymphocytes or hyperimmune serum failed

*References 10,133,138,148,154,184-189.

to protect or prolong the survival of these mice. Cytokine-activated murine peritoneal macrophages can inhibit the replication of *E. cuniculi* in vitro.²⁰⁸ This inhibition is probably mediated by nitric oxide; studies have demonstrated that inhibition of nitric oxide synthesis inhibits such killing.²⁰⁹ Studies using macrophages have shown that reactive nitrogen and oxygen species, and iron sequestration, all contribute to the control of *E. cuniculi* in these cells.²¹⁰ Mice deficient in inducible nitric oxide synthase, however, had no change in susceptibility to *E. cuniculi* infection.²¹¹

Humoral immunity is not sufficient for protection against *E. cuniculi* infection because adoptive transfer of immune B lymphocytes into athymic BALB/c (nu/nu) or SCID mice or passive transfer of hyperimmune serum into athymic mice does not protect these animals from death after infection. Nonetheless, during *E. cuniculi* infection there is a strong antibody response to many components of this organism, and many of these antibodies are cross-reactive with other microsporidia. Maternal antibodies protect newborn rabbits from infection with *E. cuniculi* during the first 2 weeks of life.²¹² The in vitro infectivity of microsporidia is reduced by treatment with immune serum and complement,²⁰⁶ monoclonal antibody (mAb 3B6) to the spore coat,²¹³ or polyclonal antibodies to polar tube protein-1 (PTP1) (L.M. Weiss, unpublished data). Immunoglobulin M (IgM) antibodies against PTP1 in normal human serum may play a role in preventing infection with *E. cuniculi*.²¹⁴ Overall, it is probable that antibodies play a role in limiting infection in the host, although they are not sufficient to prevent mortality or cure infection.

Interferon- γ (IFN- γ) and interleukin-12 (IL-12) are important for protective immunity against a number of intracellular viral, bacterial, and parasitic infections.²¹⁵ Based on in vitro observations, it has been suggested that IFN- γ plays an important role in the protective immunity against *E. cuniculi* infection. Both natural killer cells and $\gamma\delta$ T cells, which are increased at early stages of infection, are likely important sources of IFN- γ production. Studies with *E. intestinalis* and *E. cuniculi* have demonstrated that IFN- γ knockout mice cannot clear infection.²¹⁶ Treatment of *E. cuniculi*-infected mice with neutralizing antibody to IFN- γ or IL-12 results in increased mortality.²¹¹ The importance of IL-12 is illustrated by the fact that lethal infection with *E. cuniculi* occurs in p40 knockout mice, which are unable to produce IL-12 and have impaired CD8⁺ cell function to this pathogen.^{217,218}

The role of individual T-cell subtypes during *E. cuniculi* infection has been evaluated in murine models, mostly in studies of disseminated infection using intraperitoneal infection.²¹⁷ Phenotypic analysis of the spleen cells from infected animals has revealed an increase in the CD8⁺ T-cell population starting at day 10 after infection, with no significant increase in CD4⁺ T cells. Mice deficient in CD8⁺ cells succumb to the parasitic challenge, but there was no change in mortality for mice deficient in CD4⁺ cells. In most cases CD8⁺ T cells are primed via IL-2-producing CD4⁺ T cells, although a normal in vivo CD8⁺ T-cell response in the absence of CD4⁺ T cells has been described with many viral infections and appears to occur with *E. cuniculi* infection. A normal antigen-specific CD8⁺ T-cell response to *E. cuniculi* infection has been found to occur in CD4 knockout mice. The protective effect of CD8⁺ T cells is mediated by their ability to produce cytokines and to reduce the parasite load by killing the infected targets in the host tissue.²¹⁹ The major killing mechanism exhibited by CD8⁺ T cells is via the perforin pathway, and mice lacking the perforin gene die when infected with *E. cuniculi*. These observations suggest that the cytotoxic T-cell response is a key factor in the immune response to *E. cuniculi*-infected mice.

When mice are infected with microsporidia orally, instead of by peritoneal injection, studies have shown that both CD4⁺ and CD8⁺ T cells are involved in the protective immune response generated by the GI tract.^{220,221} However, the CD8⁺ $\alpha\beta$ population was the most important cellular subset in providing protective immunity.²²² IFN- γ production by dendritic cells (DCs) has been demonstrated to be important for priming the gut intraepithelial lymphocyte response after oral infection with *E. cuniculi*.²²²

DCs play a key role in promoting the T-cell response via recognition of the pattern recognition receptors expressed by these pathogens (e.g., TLR4²²³ and TLR2²²⁴ have both been described to be important

for the immune response to microsporidiosis). Plasmacytoid DCs have been demonstrated in older mice to downregulate CD8⁺ T-cell responses by inhibiting the maturation of normal DCs after *E. cuniculi* infection.²²⁵

There are scant data to confirm the immune response to microsporidia in humans. It is clear that a strong humoral response occurs during infection and that it includes antibodies that react with the spore wall and polar tube. The immunosuppressive states associated with microsporidiosis (e.g., AIDS and transplantation) are those that inhibit cell-mediated immunity. Microsporidiosis is usually seen in HIV-infected patients when there is a profound defect in cell-mediated immunity (e.g., a CD4⁺ cell count <100/mm³); spontaneous cure of microsporidiosis can be induced by immune reconstitution with cART.^{226–228} Overall, these data are consistent with observations on the immunology of the mouse model of microsporidiosis and suggest that restoration of cell-mediated immunity and possibly administration of IFN- γ or IL-12 are useful adjuncts for treating microsporidiosis.

PATHOLOGY AND PATHOGENESIS

Gastrointestinal Tract Infections

Infection of the epithelium of the GI tract (small intestine and biliary epithelium) is the most frequent presentation of microsporidiosis (Fig. 270.3). Greater than 90% of these infections are caused by *E. bieneusi*, with the remainder mostly caused by *E. intestinalis*.^{37,40,133,138} Because most of these infections are acquired by ingesting spores, it is likely that other species of microsporidia also cause asymptomatic GI infections. Granulomatous hepatitis caused by *E. cuniculi* is commonly seen in mammals infected with this organism, and granulomatous hepatitis caused by *Encephalitozoon* has been reported in patients with HIV infection.²²⁹ Hepatitis with infection of the biliary system (including the portal triad and gallbladder epithelium) caused by *E. bieneusi* has been seen in SIV-infected *Macaca mulatta* (rhesus macaques).²³⁰ Chronic gallbladder infection with *E. bieneusi* is seen in pigs. *E. bieneusi* and *E. intestinalis* infections of the biliary tract can result in sclerosing cholangitis in AIDS patients.^{231,232} These observations suggest that the biliary epithelium may be a reservoir for relapse of *E. bieneusi* and perhaps other microsporidia.

E. bieneusi infection does not produce active enteritis or ulceration, although the infection results in variable degrees of villous blunting and crypt hyperplasia. There is a gradient in parasite burden along the small intestine, with the distal duodenum and proximal jejunum having higher burdens than the proximal duodenum.²³¹ The organism can be found in the ileum but is rarely found in the colon. On endoscopy scalloping of the valvulae conniventes and villous fusion may be evident.²³³ The organism is located on the apical surface of the enterocytes of the small intestine and epithelial cells of the biliary tract and pancreas. Spores are rarely found on the basal surface or in the lamina propria.^{234,235} This organism rarely disseminates, unlike the *Encephalitozoonidae*, which are commonly found in the lamina propria and disseminate to visceral organs. Infection may be associated with increased intraepithelial lymphocytes and epithelial disarray. At the villous tips teardrop-shaped cells can be seen during the process of sloughing, which is characteristic of infection with *E. bieneusi*. Spores are smaller (1 \times 1.5 μ m) than those of *Encephalitozoon* spp. (1.2 \times 2.2 μ m) and more difficult to find in tissue sections (see Fig. 270.3). Infection is associated with malabsorption because of decreased mucosal surface area and functional immaturity of the villous epithelial cells.

E. bieneusi displays a unique intracellular developmental life cycle. A characteristic feature of the organism is the presence of electron-lucent inclusions with a lamellar structure. These inclusions are closely associated with the nuclear envelope, the endoplasmic reticulum, or both. The earliest intraepithelial stages of the parasite are rounded proliferative cells limited by a typical unit membrane in direct contact with the host cell cytoplasm. Nuclear division is not immediately followed by cytokinesis in these cells, resulting in the production of multinucleate proliferative plasmodia. After the production of multiple nuclei, the parasites form electron-dense disklike structures that cluster in stacks of three to six, eventually forming the coiled portion of the polar tube. When these multinucleated sporogonic plasmodia divide by invagination of the plasmalemma, multiple spores are formed. In mature spores the polar

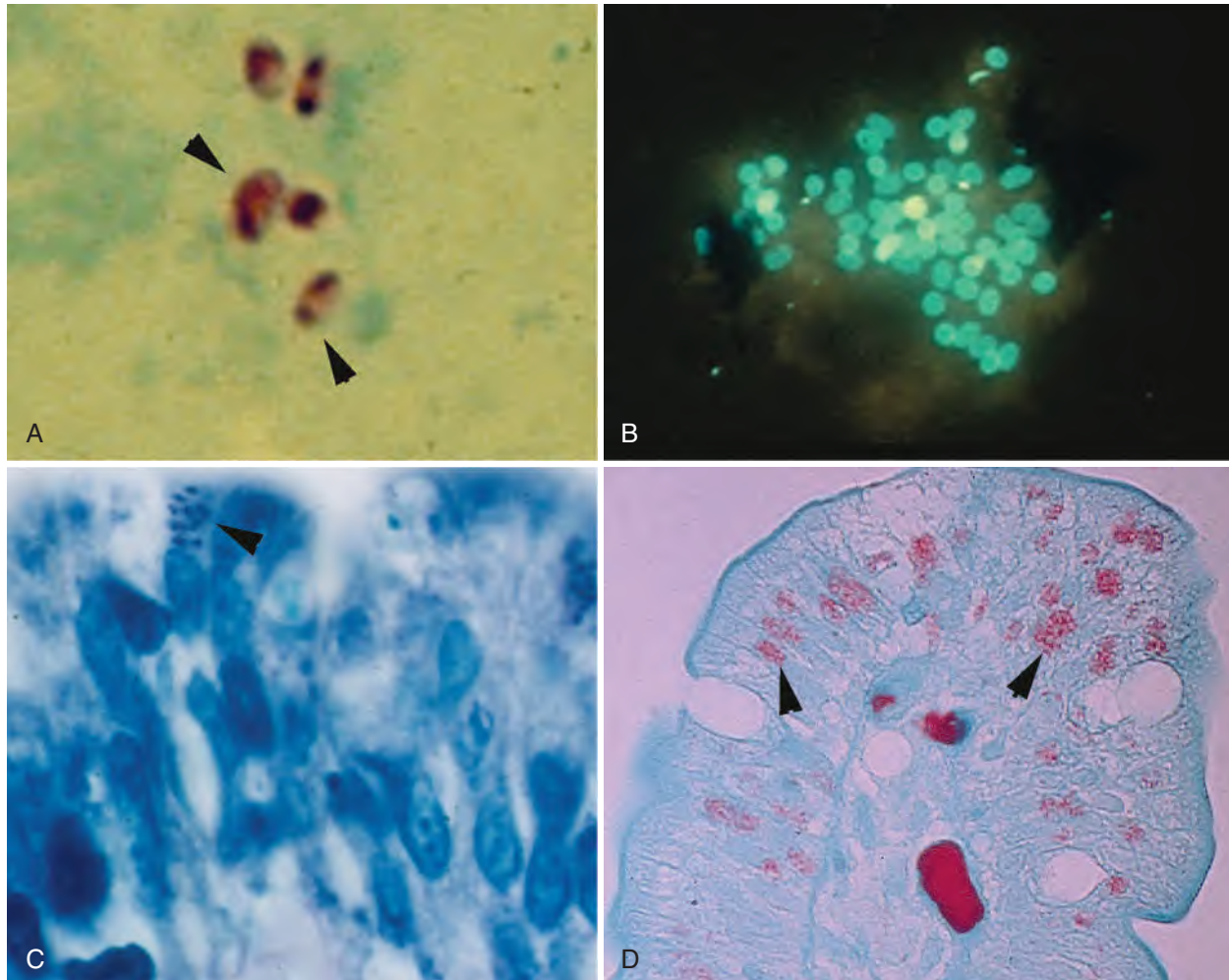


FIG. 270.3 Demonstration of Microsporidia in stool, urine, and tissue samples. (A) Chromotrope 2R stain (modified trichrome stain) of a stool sample from a patient with microsporidian enteritis due to *Enterocytozoon bieneusi*. Arrowheads point to microsporidian spores. Using chromotrope 2R-based stains, spores appear as 1- to 3- μ m ovoid light pink structures with a beltlike stripe girding them diagonally and equatorially. (B) Calcofluor white stain (a chemifluorescent optical brightening agent that stains chitin) demonstrating fluorescent *Encephalitozoon hellem* spores in the urine of a patient with disseminated infection. (C) Giemsa stain of a small intestinal biopsy from a patient with electron microscopy–proven *Enterocytozoon bieneusi* enteritis. The arrowhead points to a collection of microsporidian spores at the apical end of an enterocyte. Spores are not found on the basal side or in the lamina propria with this organism. (D) Chromotrope 2R tissue stain of a small intestinal biopsy from a patient with electron microscopy–proven *Encephalitozoon intestinalis* infection. Arrowheads point to microsporidian spores. Note that spores are found in the apical and basal sides of the enterocytes, and in the lamina propria. This is consistent with the ability of this microsporidian to disseminate. (B courtesy E. Didier, Tulane Regional Primate Research Center, Covington, LA; D courtesy D. Kotler, St. Lukes-Roosevelt Hospital Center and J. M. Orenstein, George Washington University School of Medicine, Washington DC.)

tubule has five to seven coils that appear in two rows when seen in cross section by transmission electron microscopy.

E. intestinalis is invasive, and spores are commonly found in the apical and basal sides of infected intestinal enterocytes and in cells in the lamina propria, including fibroblasts, endothelial cells, and macrophages (see Fig. 270.3).²³⁶ This pattern of infection is also seen with other *Encephalitozoon* spp. and probably reflects the ability of these infections to disseminate to visceral organs after ingestion. Dissemination can result in necrosis of areas of the bowel, with a presentation resembling that of an acute abdomen^{26,237} and perforation of the intestine with peritonitis.²³⁸ Histopathology can demonstrate areas of necrosis and mucosal erosion. In pathology sections the septated parasitophorous vacuole can be seen surrounding the developing spores. *E. intestinalis* spores are easier to detect than *E. bieneusi* spores because of their larger size, strong birefringence, and bluish color on hematoxylin and eosin staining. In addition, spores of *E. intestinalis* are more numerous in tissue. Sporogony is tetrasporous, and tubular appendages originate from the sporont surface and terminate in an enlarged bulblike structure. Unlike infections with other *Encephalitozoonidae*, *E. intestinalis*-infected cells have a unique parasite-secreted fibrillar network surrounding the

developing organisms, so the parasitophorous vacuole appears septate. Mature spores in cross section have a single row of four to seven coils of polar tubules.

E. cuniculi has been described in a case of peritonitis.²³⁹ At autopsy, a mass of omentum was found that displayed focal necrosis, nongranulomatous inflammation, and microsporidian spores. *E. hellem* and *E. cuniculi* have similar developmental life cycles.³⁸ The genus is characterized by the presence of a phagosome-like parasitophorous vacuole. Nuclei of all stages are unpaired. Meronts divide repeatedly by binary fission. Sporonts divide into two sporoblasts that mature into spores. No tubular appendages or fibrillar networks are produced, as is seen with *E. intestinalis*. In cross section, the mature spore has five to seven coils in single rows.

A case of peritonitis with hepatitis due to *T. acridophagus* infection has been described in a patient with an allogeneic bone marrow transplant.²²

Genitourinary Tract Infection

Encephalitozoon spp. infect the genitourinary system in most mammals. Contamination of the environment by spores passed in urine is believed

to be the mechanism of transmission of these organisms between successive hosts, which appears to be the case in human infections,^{147,190,234,240} in whom infection discovered in any organ (e.g., eye, GI tract, liver, central nervous system [CNS]) is often associated with the shedding of spores in the urine. In HIV-infected patients with keratitis there is usually asymptomatic infection of the urinary tract and bronchial tree. Granulomatous interstitial nephritis composed of plasma cells and lymphocytes is the most frequent pathologic finding. It is associated with tubular necrosis, with the lumen of the tubules containing amorphous granular material. On occasion, microabscesses and granulomas form around necrotic tubules. Spores are located in the necrotic tubes and sloughing tubular epithelial cells. Organisms may also be found in the interstitium. Glomerular involvement is rarely seen. This pattern of interstitial nephritis has been seen in AIDS patients and in those with renal transplants complicated by microsporidiosis.^b An identical pattern has been described in rabbits with *E. cuniculi* infection.

As spores and infected tubular cells are shed into the bladder, they can infect other epithelial cells of the urogenital tract. Microsporidia have been reported to cause necrotizing ureteritis and cystitis.²³⁴ Inflammatory cystitis has been seen during cystoscopy. These organisms can disseminate from the urogenital epithelial cells and can be found in macrophages, muscle, and supporting fibroblasts of the associated mucosa. Genital tract infection with *Encephalitozoon* has been reported to occur in association with urinary shedding of spores and has included prostatitis with abscess formation.¹³¹ Postmortem examination of eight Cuban women who died of HIV “wasting” syndrome revealed disseminated *E. cuniculi* and *E. hellem* infection with involvement of the fallopian tubes and endometrium.²⁴³ The frequency of microsporidian prostatitis is not known, nor is it known if sexual transmission occurs. A case of urinary tract infection and chronic prostatitis caused by *V. corneae* has also been reported in a patient with AIDS.¹⁴⁶

Central Nervous System Infection

Granulomatous encephalitis is the classic presentation of *Encephalitozoon cuniculi* infection in many mammals, such as rabbits. This infection has been recognized in a few patients with HIV infection, in whom it “mimicked” toxoplasmic encephalitis.²⁸ At autopsy, CNS involvement was documented in a case of disseminated *E. cuniculi* (type III or dog strain) involving almost all organs.²⁴⁴ Spores were present in the cerebral parenchyma, perivascular spaces, and macrophages but were not seen in oligodendrocytes, neurons, astrocytes, or meningeal cells. A second case of *E. cuniculi* encephalitis was caused by the type II or rabbit strain. There have also been case reports of encephalitis caused by *Trachipleistophora anthropophthera*.^{21,35} These patients had multiple ring-enhancing lesions on computed tomography (CT) scans suggestive of CNS toxoplasmosis. On pathologic examination the 2- × 2.8-μm birefringent spores were located in the gray matter, and there was extensive necrosis. The disease also involved the heart, kidney, pancreas, thyroid, parathyroid, liver, bone marrow, lymph nodes, and spleen in addition to the brain. The most heavily infected cells were epithelial cells, cardiac myocytes, and astrocytes.

Ocular Infection

Infection with *E. cuniculi*, *E. hellem*, or *E. intestinalis* can result in punctate keratopathy and conjunctivitis characterized by multiple punctate corneal ulcers (e.g., superficial epithelial keratitis; Fig. 270.4). Microsporidian spores are present in corneal and conjunctival epithelium, which can be obtained by scraping or biopsying the lesions. The organisms do not invade the corneal stroma but remain limited to the epithelium. Inflammatory cells are rarely present. *Trachipleistophora anthropophthera* can also cause keratitis.²⁴⁵ Ocular disease may be the presenting manifestation when there is disseminated infection with any of the *Encephalitozoon* spp.^{91,129,139,229,246} These infections most often occur in the setting of HIV or other immune dysfunction, although there are case reports of superficial epithelial keratitis caused by *Encephalitozoon* spp. in immune-competent patients. Most of these immune-competent cases of *Encephalitozoon* infection have occurred in contact lens wearers. In addition, there are



FIG. 270.4 Ocular examination of a patient with keratoconjunctivitis caused by *Encephalitozoon hellem*. Slit-lamp examination findings in a patient with punctate keratoconjunctivitis. A conjunctiva scraping from this patient demonstrated spores consistent with *E. hellem* (see Fig. 270.2B). Sequencing of the small subunit ribosomal RNA gene obtained by the polymerase chain reaction from this conjunctival biopsy confirmed that the infection was caused by *E. hellem*.

numerous reports, involving more than 300 patients from India and Singapore, of *V. corneae* infection presenting as keratoconjunctivitis in immune-competent hosts.^{165–169} This microsporidia-associated illness presents as seasonal keratoconjunctivitis and may be more common than previously appreciated. *V. corneae*, *Microsporidium africanum*, *Microsporidium ceylonensis*, and *Nosema ocularum* have also been reported to cause infection in other immune-competent patients.²⁴⁷ These reported infections have usually involved deeper levels of the corneal stroma and have often been associated with trauma. Biopsies have demonstrated necrosis and acute inflammatory cells with some giant cells in several cases. Clinically, these patients have a corneal stromal keratitis and occasionally uveitis. Stromal keratitis caused by a unspicied microsporidian organism was initially mistaken for corneal graft rejection and only diagnosed in the explanted host button after regrafting.²⁴⁸

Musculoskeletal Infection

Myositis with inflammation caused by several microsporidia has been described in humans. The organisms in these case reports have included *Pleistophora ronneafiei*, *Pleistophora* sp., *Trachipleistophora hominis*, *Tubulinosema* spp., *Endoreticulatus* spp., *Anncaliia vesicularum* (formerly *Brachiola vesicularum*), and *A. algerae*.^c A case of endocarditis due to *E. cuniculi* has been described.²⁴⁹

The prevalence or incidence of microsporidian myositis in humans is not known. Biopsies from the cases of *Pleistophora* spp. infection have demonstrated atrophic and degenerating muscle fibers infiltrated with focal clusters of large microsporidian spores that were up to 3.4 μm in length. There was a mixed inflammatory response consisting of plasma cells, lymphocytes, eosinophils, and histiocytes that was mild in the two cases occurring in AIDS patients but severe in the case involving an HIV-seronegative person.^{33,252,253} *T. hominis* infection was associated with degeneration, atrophy, scarring, and intense inflammation.²⁰ There are several reports of *Trachipleistophora* spp. causing myositis. The *A. vesicularum* infection, which occurred in a patient with AIDS, was associated with cytolysis around the spores in the muscle fibers, but no cellular immune response was seen.¹⁶ The *A. algerae* infection occurred in a patient with rheumatoid arthritis treated with steroids and monoclonal antibody to tumor necrosis factor-α (TNF-α).²⁵⁰ In this case there was a minimal cellular response to the numerous spores present in the muscle fibers. The *Tubulinosema* spp. infection occurred in a patient with chronic lymphocytic leukemia, and a Richter transformation

^bReferences 172,176,179,181,182,241,242.

^cReferences 16,20,23,24,33,34,250,251.

and muscle tissue examination demonstrated abundant clusters of small, ovoid, basophilic organisms that could be stained with Warthin-Starry silver stain.²³ The *Endoreticulatus* spp. infection occurred in an otherwise healthy man who presented with difficulty swallowing and muscle pain.²⁴ A muscle biopsy demonstrated necrotizing granulomatous inflammation, and a bone marrow biopsy demonstrated increased plasma cells and histiocytes and focal aggregation of microsporidian spores. An examination of urine demonstrated similar microsporidian spores.

Sinus and Respiratory Infection

Respiratory tract involvement is often seen with disseminated infections caused by the Encephalitozoonidae or other microsporidia.^{22,254} The pathologic features are nonspecific and may include rhinitis, sinusitis, and nasal polyposis in any combination.^{255–261} A tongue ulcer containing *E. cuniculi* spores was reported in a patient with disseminated infection with this organism.²⁶² In a study of patients presenting with keratitis caused by *E. hellem*, spores of this organism were present in many of these patients' sputum samples in the absence of respiratory symptoms.²⁶³ *E. hellem* infection of the entire length of the respiratory tract, including the terminal bronchioles, associated with erosive tracheitis, bronchitis, and bronchiolitis, has been described in an autopsy report. Spores were seen in the epithelial cells, neutrophils in the bronchiolar wall, cells lining the alveoli, and extracellularly in the alveolar spaces. Case reports have confirmed that *E. cuniculi*, *E. hellem*, and *E. intestinalis* can cause bronchiolitis with or without pneumonia. Sinus biopsies in AIDS patients with chronic sinusitis and microsporidiosis have demonstrated spores in epithelium and supporting structures.²⁶⁴ The inflammatory response has been variable, with lymphocytes, neutrophils, macrophages, and occasional granuloma formation. Respiratory tract infection caused by *E. bienewsi* has been reported twice, with spores found in stool, bronchoalveolar lavage (BAL) fluid, and transbronchial biopsy specimens.^{265,266} A case of rhinosinusitis caused by *E. bienewsi* has also been reported.²⁶⁷ It has been suggested that these cases reflect contamination and colonization of the respiratory tract as a result of vomiting rather than dissemination of this organism from the GI tract. In a case of disseminated *T. acridophagus* infection with respiratory failure and pulmonary infiltrates, microsporidian spores were present in BAL fluid.²²

Skin

Microsporidia infections of the skin have been described. In a child with leukemia the infection was caused by *A. algerae*, with spores infecting the cellular elements of the dermis.²⁶⁸ In another case an *Encephalitozoon* sp. was reported to be the cause of nodular skin lesions.^{269,270} An infection with *T. acridophagus* presented as red macules and papules in a patient with an allogeneic bone marrow transplant.²² Biopsy demonstrated cysts containing microsporidian spores with minimal inflammatory cell infiltration.

CLINICAL MANIFESTATIONS

The clinical manifestations of microsporidiosis are shown in Table 270.1.

Microsporidian Infection in Non-AIDS Patients

Levaditi and colleagues²⁷¹ suggested that microsporidia were associated with human disease as early as 1923, but the first definitive proof of human infection was not reported for another 50 years. In 1973 a 4-month-old athymic male infant died with severe diarrhea and malabsorption. At autopsy the microsporidian *Anncaliia* (*Nosema*) *connorii* was discovered in his lungs, stomach, small and large bowel, kidneys, adrenal glands, myocardium, liver, and diaphragm.²⁷²

In all patients (those with or without HIV infection) the most common symptomatic microsporidian infection is probably diarrhea.⁴ *E. bienewsi* has been identified as a cause of self-limited diarrhea in immune-competent hosts, including travelers.^{147,161–164,273,274} In epidemiologic studies *E. bienewsi* has been identified in 1% to 10% of African children with diarrhea.⁶ Clinical manifestations have included watery, nonbloody diarrhea, nausea, diffuse abdominal pain, and fever.

Numerous reports document infection in transplant recipients. The diagnosis is often delayed, perhaps because of the lack of specificity of symptoms and a low index of suspicion in transplant medicine. Kidney biopsy and examination of urine sediment is a frequent modality for diagnosis. Fever and kidney graft dysfunction led to a histologic diagnosis (*E. cuniculi*) in the transplanted organ of two pediatric renal transplant patients.²⁸⁰ Concomitant urinary tract infection with *E. cuniculi* and *E. bienewsi* was thought to have occurred in a renal transplant recipient, based on PCR of urine sediment, although *E. bienewsi* is rarely found outside the GI and biliary tracts.²⁸¹ *E. bienewsi* infection with diarrhea that was successfully treated with fumagillin has been reported in patients with allogeneic hematopoietic stem cell transplantation.²⁸² Dissemination (spores in urine and BAL) has occurred with *E. cuniculi* in a renal transplant recipient presenting with fever, cough, and acute kidney injury. Treatment with albendazole for 6 months was needed to clear the urinary tract.²⁸³ Disseminated infection with *E. hellem* has been seen in patients with leukemia.²⁸⁴ Death occurred with *T. acridophagus* infection of liver, skin, and BAL fluid of a patient with diffuse alveolar hemorrhage after allogeneic stem cell transplant for multiple myeloma.²² Fumagillin was used successfully to treat *E. bienewsi* intestinal disease in pediatric kidney and liver-kidney transplant recipients.^{285,286} Diarrhea tends to be self-limited in immune-competent patients but is persistent in patients with immunosuppression. *E. intestinalis* was found in 7.8% of the stools of patients in a survey regarding the causes of diarrhea in Mexico¹²⁰ and has been described in travelers with chronic diarrhea. In a study of 98 patients with rheumatic disease treated with anti-TNF- α or other disease-modifying drugs, there was an increased incidence of intestinal microsporidiosis.²⁸⁷

Ocular infections with ulcer or deep cornea stroma infection associated with eye pain have also been reported in immune-competent patients. In 1973 and 1981 two cases of corneal microsporidiosis, caused by *Microsporidium africanus* in Botswana²⁸⁸ and *Microsporidium ceylonensis* in Sri Lanka, were described (*Microsporidium* is used at the generic level for Microsporidia of unknown phylogenetic placement).²⁸⁹ Additional cases of microsporidian keratitis have been identified in immune-competent hosts.^{4,247} One of these organisms was classified as *N. oculorum*,²⁹⁰ and the other, which was successfully propagated in vitro, was named *N. corneum*³¹ (now *V. corneae*¹⁵). An outbreak of *V. corneae* has been associated with exposure during a rugby tournament in Singapore.¹²⁶ *A. algerae* infection of the cornea has also been reported,^{268,291} and this infection has been associated with endophthalmitis.²⁹¹ Among these immunologically normal patients with corneal infections the outcomes included enucleation, unsuccessful penetrating keratoplasty, successful treatment with a corneal transplant,²⁴⁶ and therapy with topical agents until keratoplasty.²⁹² Recently, it has been recognized that seasonal keratitis in both India and Singapore is due to microsporidiosis. More than 300 cases have been reported involving *V. corneae* presenting as keratoconjunctivitis.^{165–169} One outbreak was associated with exposure to soil at a sporting event attended by children from several countries. These infections have been treated with various topical agents, including 1% voriconazole,²⁹³ 0.02% polyhexamethylene biguanide,²⁹⁴ albendazole,^{295,296} ciprofloxacin,^{295,296} fumagillin,²⁹⁶ and repeated swabbing.²⁹⁷ A randomized trial of 0.02% polyhexamethylene biguanide in 145 patients did not demonstrate efficacy for polyhexamethylene compared with no treatment.²⁹⁴ The majority of these cases of seasonal keratitis resolved spontaneously within 5 days without specific treatment. A case of stromal keratitis due to *T. hominis* has also been reported.²⁹⁸

Cerebral infections caused by *E. cuniculi* are commonly described in many animals but have been reported only rarely in immune-competent humans. *Encephalitozoon* infection was demonstrated in a 3-year-old boy with seizures and hepatomegaly by positive IgG and IgM indirect immunofluorescence assays (using *E. cuniculi* as the antigen).¹⁹³ Recurrent fever infection with *Encephalitozoon* sp. was also reported in a 9-year-old Japanese boy with headache, vomiting, and spastic convulsions.¹² *E. cuniculi* together with *Streptococcus intermedius* was isolated from a brain abscess in a patient with diabetes.²⁹⁹

Pleistophora sp. was identified in the skeletal muscle of an HIV-negative patient and HIV-positive patients with myositis associated with normal creatine phosphokinase (CPK) levels.^{33,34,252,253} *A. algerae* infection

⁴References 120,133,149,150,156,159,164–171,275.

⁶References 82–84,148,170–182,276–279.

of the skin has been seen in a patient with leukemia²⁶⁸ and in another patient with myositis who had significant elevations in CPK and muscle pain; the latter patient had rheumatoid arthritis treated with steroids and antibody to TNF- α .²⁵⁰ *A. algerae* has also caused myositis in a patient after a lung transplant,²⁷⁶ and vocal cord lesions²⁷⁷ in a patient with chronic lymphocytic leukemia. Five cases of *A. algerae* myositis (four from Australia) have been reported in patients with either rheumatoid arthritis or a lung transplant. The only surviving patient received albendazole.³⁰⁰ Successful treatment with a combination of fumagillin and albendazole of a case of disseminated infection caused by *A. algerae* in a patient with chronic lymphocytic leukemia has been reported.³⁰¹ *E. cuniculi* caused a 4- × 7-cm right atrial vegetation attached to a ventricle pacing lead in an immune-competent male.²⁴⁹ A recent study found *E. cuniculi* in the periprosthetic tissue of several patients in Poland who presented with hip implant loosening requiring hip replacement, despite an absence of symptoms associated with infection.³⁰²

Microsporidian Infection in AIDS Patients

Microsporidia were recognized as opportunistic pathogens causing diarrhea and wasting in AIDS patients in 1985.¹³ Since then, although most reported cases still involved diarrhea, the spectrum of diseases caused by these organisms has expanded to include keratoconjunctivitis, disseminated disease, hepatitis, myositis, sinusitis, kidney and urogenital infection, ascites, and cholangitis, as well as no symptoms at all.^{4,10,37} Postmortem examination revealed microsporidian encephalitis in a patient whose clinical and radiographic presentation had suggested progressive multifocal leukoencephalopathy.³⁰³

Enterocytozoonidae

GI infection is most common with *E. bienersi*, and the presentation classically involves chronic diarrhea (which can last years³⁰⁴), anorexia, weight loss, and bloating without associated fever. It is most frequently seen in AIDS patients with CD4⁺ counts lower than 50 cells/ μ L. Frequent (3–10) bowel movements occur daily, consisting of loose to watery stool that does not contain blood or fecal leukocytes.^{10,40,305,306} There is no fever when infection is limited to the intestinal mucosa. Diarrhea is often associated with malabsorption and is worsened by food ingestion. Malabsorption can result in weight loss and a wasting syndrome. The mortality of patients with advanced HIV disease and chronic diarrhea with wasting has been reported to be in excess of 50%.²³² Other intestinal pathogens may occur simultaneously or sequentially with the presence of this or other microsporidia.³⁰⁷

Although originally thought to invade only enterocytes, it has been demonstrated that *E. bienersi* can also invade cholangioepithelium.²³² When present in the cholangioepithelium, this organism has been associated with sclerosing cholangitis, AIDS cholangiopathy, and cholecystitis.³⁰⁸ Presentations include abdominal pain, nausea, vomiting, and fever; jaundice is rarely seen. Fever is most likely the result of concomitant bacterial biliary infection, which produces the typical clinical manifestations of cholangitis. Imaging studies, including abdominal ultrasonography, CT, endoscopic ultrasonography, and endoscopic retrograde cholangiopancreatography, usually demonstrate dilated biliary ducts, irregularities of the bile duct wall, and gallbladder abnormalities, such as thickening, distention, or the presence of sludge. Papillary stenosis has also been seen. Bilirubin is normal, although most patients have elevated liver function tests (e.g., alkaline phosphatase, γ -glutamyltransferase, aspartate aminotransferase, alanine aminotransferase). Of interest, an *E. bienersi*-like organism has been identified as a causative factor for cholangitis and hepatitis in SIV-infected rhesus monkeys.¹⁴⁴

Systemic dissemination is rare with *E. bienersi*. One case report described this organism in nasal mucosa, which probably resulted from direct inoculation of spores from GI secretions.³⁰⁹ There are two case reports of respiratory tract involvement with *E. bienersi* associated with chronic diarrhea, persistent cough, dyspnea, wheezing, and chest radiographs showing interstitial infiltrates.^{265,304} Spores of *E. bienersi* were detected in these cases in stool, BAL fluid, and transbronchial biopsy specimens. *E. bienersi* has been found to be a cause of proliferative serositis (peritonitis) in macaques (*Macaca mulatta*).

Encephalitozoonidae

Encephalitozoonidae are widely distributed among animals.³¹⁰ Three members of the family Encephalitozoonidae have been associated with disease in humans—*E. cuniculi*, *E. hellem*, and *E. intestinalis* (previously known as *Septata intestinalis*). It appears that these microsporidia have the capacity to disseminate widely in their hosts, and their involvement in most organs has now been documented.^{4,26,37,40} The ability of these organisms to disseminate correlates with their ability to grow in many cell types in vivo and in vitro. These organisms have been associated with gastroenteritis, keratitis, sinusitis, bronchiolitis, nephritis, cystitis-urethritis, urethritis, prostatitis, hepatitis, fulminant hepatic failure, peritonitis, cerebritis, and disseminated infection.^{26–28,234,239,244,311} An *Encephalitozoon* sp. has also been reported in a case of nodular skin lesions.^{269,270}

The major syndrome associated with microsporidiosis is diarrhea and wasting. This is usually caused by *E. bienersi* (>90% of cases in the United States) and occasionally *E. intestinalis*, although in Europe this organism may be a more frequent cause of diarrhea.³¹² *E. intestinalis* can also cause cholangitis,^{18,313} keratoconjunctivitis, osteomyelitis of the mandible,³¹⁴ upper respiratory infections, renal failure, keratoconjunctivitis, and disseminated infection in AIDS patients.^{190,231,315} Elimination of this parasite by treatment with albendazole correlates with the resolution of symptoms.³¹⁶

E. cuniculi has been associated with hepatitis,²²⁹ peritonitis,²³⁹ hepatic failure,²⁷ disseminated disease with fever,²⁴⁴ renal insufficiency, and intractable cough.³¹⁷ Granulomatous encephalitis caused by *E. cuniculi* was first described in rabbits in 1922, and cases of encephalitis and seizures caused by *E. cuniculi* have been reported in AIDS patients.^{28,244} These infections have been reported to respond to albendazole.^{26,317}

E. hellem has been reported to cause disseminated disease associated with renal failure, nephritis, pneumonia, bronchitis, and keratoconjunctivitis.^{263,318,319} Punctate keratoconjunctivitis is the most commonly recognized clinical manifestation of infection with this organism. Most of the reports of ocular infection caused by Encephalitozoonidae in the literature have been attributed to *E. hellem*, including three cases originally classified as *E. cuniculi*.^{25,320} The remaining cases were caused by *Encephalitozoon* sp. or *E. intestinalis*.²⁴⁴ Patients present with bilateral coarse punctate epithelial keratopathy and conjunctival inflammation, resulting in redness, foreign-body sensation, photophobia, excessive tearing, blurred vision, and changes in visual acuity. Ocular microsporidian infection in HIV-1-infected patients has been restricted to the superficial epithelium of the cornea and conjunctiva (i.e., superficial keratoconjunctivitis), and it rarely progresses to corneal ulceration (see Fig. 270.4). Physical examination reveals conjunctival hyperemia and superficial punctate keratopathy, without deep corneal ulcers or retinal involvement. Slit-lamp examination usually demonstrates punctate epithelial opacities, granular epithelial cells with irregular fluorescein uptake, conjunctival injection, superficial corneal infiltrates, and a noninflamed anterior chamber. Infection may be bilateral or unilateral. It is often associated with disseminated disease.^{262,321,322} Examination of the urine in patients with keratoconjunctivitis often reveals microsporidian spores.¹³² This organism is also recognized as an important cause of infection of the nasal epithelium, which in turn causes sinusitis in AIDS patients.²⁶⁴

Other Microsporidia

Trachipleistophora hominis is a pansporoblastic microsporidian that has been described in several patients with disseminated disease in the setting of AIDS.²⁰ It has been reported to cause myositis, sinusitis, and keratoconjunctivitis. *T. anthrophopthera* infection presents as encephalitis, myositis, and keratoconjunctivitis.^{21,35,245} Several of these patients responded clinically to albendazole. *A. (Brachiola) vesicularum* caused myositis in an HIV-1-infected patient who responded to a regimen of albendazole and itraconazole.¹⁶ Cases of myositis caused by *Pleistophora* sp. and *Pleistophora ronneafiei* have also been reported in patients with AIDS.^{33,34,252,323} The myositis presentation of these microsporidia has included myalgias, weakness, elevated serum CPK and aldolase levels, and abnormal electromyograms consistent with inflammatory myopathy. A case of urinary tract infection, prostatitis, and *V. corneae* infection has been reported in an AIDS patient.¹⁴⁶

DIAGNOSIS

Examination of stool specimens by light microscopy has become the standard method for diagnosing GI microsporidiosis (see Fig. 270.3). Because renal involvement with shedding of spores in the urine is common in all the species of the Microsporidia that disseminate, urine specimens should be obtained whenever the diagnosis of microsporidiosis is considered. This has therapeutic implications because the Microsporidia that disseminate (e.g., *Encephalitozoon* spp.) are usually sensitive to albendazole, whereas those that do not disseminate (e.g., *E. bienersi*) are resistant. Definitive identification of the Microsporidia causing an infection can be done using ultrastructural examination (e.g., electron microscopy) or molecular techniques (e.g., species-specific PCR assay). If stool examination is negative in the setting of chronic diarrhea (>2 months' duration), endoscopy should be performed. A summary of the available diagnostic tests and their usefulness in patients with suspected microsporidiosis is presented in Table 270.2.

Demonstration of microsporidia by light microscopy is accomplished with staining methods that produce differential contrast between the spores of microsporidia and the cells and debris in clinical samples in which microsporidia are found. Adequate magnification using a 60× to 100× objective is required for visualization because the spores are 1 to 3 μm in size. Chromotrope 2R,³²⁴ calcofluor white (fluorescent brightener 28),³²⁵ and Uvitex 2B³²⁶ are useful selective stains for microsporidia in stool specimens and other body fluids. The chromotrope 2R-based method of Weber and associates³²⁴ is a modification of a standard trichrome stain using a 10-fold higher chromotrope 2R concentration and a longer staining time. The Weber method, modified by Ryan and coworkers³²⁷ (which uses aniline blue in place of fast green) and by Kokoskin and colleagues³²⁸ (which uses a higher temperature), are preferred by some laboratories. With a chromotrope 2R-based stain, the spores appear as 1- to 3-μm ovoid, light pink structures with a beltlike stripe girding them diagonally and equatorially against a green (Weber chromotrope stain) or blue (Ryan modification) background (see Fig. 270.3A). A rapid (11-minute) stain, the Gram-chromotrope stain, combines chromotrope 2R staining with a Gram-staining step and results in violet-staining spores.³²⁹ Microsporidian spores can also be visualized by ultraviolet microscopy using chemifluorescent optical brightening agents, such as calcofluor white M2R (fluorescent brightener 28; Fungi-Fluor; Polysciences, Warrington, PA) or Uvitex 2B (Fungiquil A; Medical Diagnostics, Kandern, Germany), which stain chitin in the spore wall (endospore layer) (see Fig. 270.3B). Such stains also stain fungi and other fecal elements; however, microsporidian spores can be distinguished from yeast as they have a uniformly oval shape and are nonbudding.

In a study that examined 50 electron microscopy-proven microsporidia-positive stool specimens, both the chromotrope 2R and chemifluorescent brightening stains identified 100% of specimens if at least 50 100×-objective fields were examined.³³⁰ With Uvitex 2B, all the 186 stool samples examined from 19 patients with biopsy-proven *E. bienersi* infection were positive, whereas none of the 55 stool samples from 16 biopsy-negative patients were positive.³²⁶ In another study evaluating Uvitex 2B staining, microsporidia were identified in all the samples known to be chromotrope 2R stain positive and in seven additional samples that were chromotrope negative on initial examination.³³¹ On reexamination, however, these 7 stool samples were found also to be positive with the chromotrope 2R stain. All patients with positive duodenal biopsies had positive stool examinations according to the chromotrope or chemifluorescent methods. The limit of detecting microsporidia by these techniques appears to be 50,000 organisms/mL. Overall, the sensitivity of the chemifluorescent brightener-based stains is slightly higher than chromotrope-based stains, especially when low numbers of spores are present in a sample; however, the specificity of the chemifluorescent stains is lower (90% vs. 100% in one study). Neither the chromotrope nor the chemifluorescent stain provides information on the species of microsporidia being identified. Although it has been reported that microsporidian spores in food can give a false-positive result, and despite the fact that microsporidia are common in the environment, it does not appear to be a common problem when using stool specimens for diagnosing these infections.

Microsporidia in body fluids other than stool (e.g., urine, cerebrospinal fluid [CSF], bile, duodenal aspirates, BAL fluid, sputum) have been visualized using chemifluorescent optical brightening agents or chromotrope 2R, Giemsa, Brown-Hopps Gram, acid-fast, or Warthin-Starry silver stain.^{40,332,333} In general, it is easier to identify microsporidian spores in body fluids other than in stool because of the absence of bacteria and debris, which can be confused with microsporidian spores. Because microsporidian infections usually involve mucosa or epithelium, cytologic preparations are especially useful for diagnosis.⁴⁰ Specimens that have been useful for diagnosing microsporidian infections include intestinal and biliary epithelium, epithelium of the cornea and conjunctivae, epithelium of the sinonasal and tracheobronchial regions, renal tubular epithelium, and urothelium. Diagnosis has also been accomplished by examining touch preparations of biopsy material. Microscopic examination of corneal tissue in patients with microsporidian keratitis, obtained by gently rubbing the conjunctiva and cornea with a tissue swab, usually reveals multiple, gram-positive, oval organisms in epithelial cells.

Histologically, microsporidian spores are easily discernible with a modified tissue chromotrope 2R, tissue Gram stain (Brown-Hopps or

TABLE 270.2 Diagnostic Tests for Microsporidiosis

TEST	SPECIMENS	USEFULNESS
Chromotrope or chemifluorescent stain	Urine	This is often positive in cases of disseminated microsporidiosis (e.g., <i>Encephalitozoon</i> spp.). It should be done in all suspected microsporidia cases.
	Stool	At least three stools should be examined. The combination of chromotrope and chemifluorescence stains provides the highest sensitivity and specificity. Monoclonal antibodies for immunofluorescent antigen detection are also useful.
	Conjunctival scrapings	This is useful for the diagnosis of keratoconjunctivitis. Urine should also be examined in suspected cases to screen for disseminated microsporidiosis.
	Nasal scrapings	This can be useful for the diagnosis of microsporidian sinusitis. Because most microsporidia associated with sinusitis are present in the kidneys, examination of urine should be routine for suspected sinusitis cases. If these tests are negative, biopsy of the nasal mucosa may be useful for diagnosis.
Endoscopy	Touch preparations Biliary fluid Biopsy (small intestine)	Touch preparations are useful for rapid diagnosis (within 24 hours). Examination is useful for diagnosis of microsporidian cholangitis. Biopsy should be considered for all patients with chronic diarrhea longer than 2-mo duration and negative stool and urine examinations. In this group endoscopy has yielded a diagnosis of microsporidia in up to 30% of patients. Tissue can be examined with chromotrope 2R, tissue Gram, or silver stain. If microsporidia are demonstrated to invade the lamina propria, urine examination should be repeated because <i>Encephalitozoon</i> spp. are the most likely causative agents. In this setting albendazole has high treatment efficacy.
Polymerase chain reaction (PCR)	Urine, stool, or tissue	Available from reference laboratories (e.g., Centers for Disease Control and Prevention). PCR allows species identification.
Electron microscopy	Tissue	It provides species identification; it is crucial for identifying new species or for the characterization of microsporidia in unusual or new locations.
Serology	Serum	Not useful for diagnosis but may be useful for epidemiologic surveys.

Brown-Brenn), or Luna stain³³⁴ in sections prepared from tissue fixed using routine procedures. Most microsporidian spores are gram positive in tissue sections. With experience, microsporidia can also be seen on hematoxylin and eosin-stained sections. Other stains that may be useful include periodic acid-Schiff, Giemsa, and Steiner silver stains. Some microsporidia are also acid-fast stain positive. Fresh tissue can also be examined by phase-contrast microscopy; because of their thick wall, unstained spores are retractile, appearing green, and such spores can be birefringent. If possible, biopsy or autopsy material should also be placed in electron microscopy fixative when microsporidiosis is suspected because the definitive diagnosis of species requires ultrastructural information. It is possible, however, to use formalin-fixed tissue for ultrastructural analysis. Molecular methods can also be used on formalin-fixed tissue, although unfixed tissue or tissue fixed in ethanol yields the best results with PCR techniques. The kidney is a frequent site of disseminated disease in transplant recipients, both renal and other organs. Pathologic examination of a renal biopsy in a lung transplant recipient revealed granulomatous interstitial nephritis on hematoxylin and eosin staining, associated with *E. cuniculi* infection. A “beltlike stripe” identified in tissue was accentuated in organisms seen in urine by staining with Gram-chromotrope and a modified trichrome stain. Electron microscopy and species-specific PCR were confirmatory.³³⁵

Polyclonal serum prepared to *E. cuniculi* has been reported to react with *E. bienersi*.^{195,336} Monoclonal antibodies to *E. hellem*,³³⁷ *E. intestinalis*,³³⁸ and *E. bienersi*^{339–342} have been described. These methods have been used to detect microsporidia in tissue sections using immunofluorescence techniques. Several of these antibodies have been demonstrated to be useful for the examination of stool specimens and have demonstrated good sensitivity and specificity. Detection kits for microsporidia in stool and environmental samples using antibodies to *Encephalitozoonidae* and *Enterocytozoon bienersi* are now commercially available (Waterborne, New Orleans, LA).

V. corneae,³¹ *E. cuniculi*, *E. hellem*,⁹¹ *T. hominis*,²⁰ *T. anthropopthera*,²⁴⁵ and *E. intestinalis*³⁰ have been cultivated in tissue culture systems in vitro (for a review, see Visvesvara³⁴³). *E. bienersi* has not been cultivated continuously in vitro, although limited in vitro cultivation of *E. bienersi* has been reported (Dr. S. Tzipori, personal communication, 2006).³⁴⁴ Adenovirus can mimic the cytopathologic effect of microsporidia.³⁴⁵ Experimental infection of SIV-infected rhesus monkeys with *E. bienersi* from human tissue has been demonstrated,³⁴⁶ and serial propagation has been described in immunocompromised rodents.³⁴⁷ The isolation of microsporidia from clinical specimens is not a routine procedure and is available in only a few specialized research laboratories.

Serologic tests for diagnosing microsporidiosis have been developed and used for epidemiologic studies. Such serologic tests have, for the most part, not been proven useful for diagnosing microsporidiosis. In a study of 12 AIDS patients with *E. bienersi*, 2 AIDS patients with *E. intestinalis*, and 2 immune-competent patients with *V. corneae*, enzyme-linked immunosorbent assay titers for *E. hellem*, *E. cuniculi*, or *V. corneae* were not useful for diagnosis.³⁴⁸ False-negative titers were present in 7 of the patients with microsporidiosis, and half of the control patients (without clinical microsporidiosis) had positive serology to microsporidia. This is consistent with other AIDS-associated infections in which serology has not proven useful.

A number of molecular diagnostic tests have been developed for pathogenic microsporidia. Weiss and Vossbrinck⁶⁵ and Ghosh and Weiss³⁴⁹ have reviewed the molecular diagnostic tests for microsporidiosis. Homology cloning of the rRNA genes of many of the Microsporidia pathogenic in humans has been accomplished using PCR techniques, and numerous microsporidian rRNA sequences are now in the GenBank database. It has been possible to design PCR primers for these small subunit rRNA genes to identify microsporidia at the species level in clinical samples without the need for ultrastructural examination. Two main approaches have been used for constructing PCR primers for the Microsporidia: the use of universal pan-Microsporidia primers and of species-specific primer pairs. These PCR techniques have been applied to biopsy specimens, urine, cultures, and, more recently, stool specimens, and should greatly facilitate diagnostic and epidemiologic studies.^{79,247,349–352} Currently, these molecular tests are available in reference laboratories such as the Centers for Disease Control and Prevention.

THERAPY

Treatment for microsporidiosis is outlined in Table 270.3.

Gastrointestinal and Systemic Disease

Microsporidian infection often occurs in immunocompromised hosts, particularly in those with HIV infection and CD4⁺ cell counts lower than 50/μL. Clinical studies have demonstrated that improved immune function can result in the clinical response of patients with GI microsporidiosis, with elimination of the organism and normalization of the intestinal architecture.^{227,228,353–355} Relapse has been reported in patients who developed failure of their antiretroviral therapy associated with a decline in immune function and falling CD4⁺ counts. In immunodeficient mice albendazole treatment has not been able to eliminate latent microsporidiosis, suggesting that persistence will occur despite drug treatment in the setting of immune suppression. Overall, these observations suggest that part of the primary treatment of microsporidiosis in the setting of AIDS is the institution of effective cART. There have been limited reports of immune reconstitution syndromes with cART and microsporidiosis.³⁵⁶

Although several species of the Microsporidia that infect humans can be grown in vitro (but not without a host cell monolayer), the most common human pathogenic microsporidian, *E. bienersi*, has yet to be grown continuously in vitro. This has limited in vitro testing of antimicrobial agents to those active against *Encephalitozoon* spp. and *V. corneae*.^{15,357,358} Several agents have also been evaluated in animal models of microsporidiosis, but until recently no practical animal model had been developed for in vivo studies of *E. bienersi*.³⁴⁷ See Costa and Weiss³⁵⁹ for a review of drugs used against microsporidiosis in humans and animals.

Among the compounds tested in vitro and in vivo for treatment of microsporidiosis, fumagillin and albendazole have demonstrated the most consistent activity and have been demonstrated to have clinical efficacy in human infections with various microsporidia.^f Albendazole binds to β-tubulin and is active against all the *Encephalitozoonidae* (*E. hellem*, *E. cuniculi*, *E. intestinalis*) in vitro at concentrations lower than 0.1 mg/mL; it is also active in animal models of microsporidiosis.³⁶⁰ Data on *Encephalitozoon* β-tubulin genes have demonstrated an amino acid sequence associated with sensitivity to benzimidazoles,³⁶¹ whereas the sequences of *Enterocytozoon*³⁶² and *Vittaforma*³⁶³ demonstrate amino acids associated with albendazole resistance. This is consistent with the observed clinical responses to albendazole in these microsporidia.

Albendazole is 70% protein bound. It is distributed to blood, bile, and CSF and eliminated by the kidneys. Peak serum levels 2 hours after an oral dose are 0.20 to 0.94 μg/mL. Drug absorption is increased if albendazole is taken with food containing relatively high concentrations of fat. After oral administration the hepatic metabolism converts albendazole to albendazole sulfoxide, which is detectable in the systemic circulation. Albendazole is not carcinogenic or mutagenic, although in rats and rabbits at dosages of 30 mg/kg it is embryotoxic and teratogenic. Albendazole is therefore not recommended for use in pregnant women. Side effects are rare, although the following have been reported: hypersensitivity (rash, pruritus, fever), neutropenia (reversible), CNS effects (dizziness, headache), alopecia, GI disturbances (abdominal pain, diarrhea, nausea, vomiting), hair loss (reversible), and elevated hepatic enzyme levels (reversible). There is a report of pseudomembranous colitis after albendazole treatment.³⁶⁴

There are few placebo-controlled comparative treatment trials of microsporidiosis caused by *Encephalitozoon* spp., but there are numerous case reports demonstrating the efficacy of 2 to 4 weeks of albendazole 400 mg twice daily for these infections. In a double-blind, placebo-controlled trial of eight patients with AIDS and diarrhea caused by *E. intestinalis*, treatment with albendazole (400 mg twice daily for 3 weeks) resulted in resolution of the diarrhea and elimination of the organism in all eight patients, similar to that seen in several case reports.^g In case reports of chronic sinusitis, respiratory infection, and disseminated infection caused by *E. hellem*, treatment with 400 mg of albendazole twice daily resulted in resolution of symptoms and clearance of the

^fReferences 191,192,256,258,315,360–370.

^gReferences 190,240,258,315,316,371,372.

TABLE 270.3 Current Treatment Options for Microsporidiosis

ORGANISM	DRUG	DOSAGE AND DURATION ^a
All microsporidian infections	cART with immune restoration (an increase of CD4 ⁺ count to >100 cells/μL) is associated with resolution of symptoms of enteric microsporidiosis. All patients should be offered cART as part of the initial management of microsporidian infection. Severe dehydration, malnutrition, and wasting should be managed by fluid support and nutritional supplement. Antimotility agents can be used for diarrhea control if required.	
<i>Enterocytozoon bienewisi</i>	No effective commercial treatment. Fumagillin (oral) has been effective in a clinical trial. <i>Alternatives:</i> Albendazole ^a resulted in clinical improvement in up to 50% of patients in some studies, but was not effective in other studies. Nitazoxanide, 1000 mg bid with food for 60 days, has been used but is less effective in patients with low CD4 counts.	20 mg tid (e.g., 60 mg/day)
<i>Encephalitozoonidae</i> infection (e.g., systemic, sinusitis, encephalitis, hepatitis)		
<i>E. cuniculi</i>	Albendazole	400 mg bid ^b
<i>E. hellem</i>	Albendazole	400 mg bid
<i>E. intestinalis</i>	Albendazole	400 mg bid
<i>Encephalitozoonidae</i> keratoconjunctivitis	Fumagillin solution ^c (70 μg/mL). Patients may also need albendazole ^a if systemic infection is present.	2 drops every 2 hr for 4 days, then 2 drops 4 times a day ^d
<i>Trachipleistophora hominis</i>	Albendazole	400 mg bid
<i>Anncalia</i> (formerly <i>Brachiola vesicularum</i>)	Albendazole	400 mg bid
	±Itraconazole	400 mg qd
<i>Tubulinosema</i> (<i>T. acridophagus</i> and <i>Tubulinosema</i> sp.)	There was no response to albendazole (400 mg/day) in the published cases. Oral fumagillin 20 mg tid would be a reasonable choice.	
<i>Endoreticulatus</i> sp.	Albendazole	400 mg bid

^aAlbendazole, 400 mg bid.^bThe duration of treatment for microsporidiosis has not been established. Relapse of infection has occurred on stopping treatment. Patients should be maintained on treatment for at least 4 weeks, and most patients should continue on treatment until their CD4 count is higher than 200 cells/μL for at least 6 months after the initiation of cART.^cFumidil B (fumagillin bicyclohexylammonium; Mid-Continent Agrimarketing, Overland Park, KS) is used at 3 mg/mL in saline (final concentration of fumagillin, 70 μg/mL).^dEye drops should be continued indefinitely; relapse is common on stopping treatment.*bid*, Twice daily; *cART*, combination antiretroviral therapy; *tid*, three times daily; *qd*, daily.

Modified from Costa S, Weiss LM. Drug treatment of microsporidiosis. Drug Resist. 2000;3:1–16.

organism.^{365,366} Clinical improvement was demonstrated with albendazole treatment in a patient with disseminated *E. cuniculi* infection involving the CNS, conjunctiva, sinuses, kidneys, and lungs.²⁸ It has also been reported to be effective in cases of urethritis,³⁶⁷ renal failure,³⁶⁸ and disseminated infection.³¹⁷ In addition to its efficacy in *Encephalitozoon* spp., disseminated infections with other microsporidia have also been reported to respond to albendazole treatment. In patients with disseminated infection accompanied by myositis due to *T. hominis* and in a patient with myositis caused by *A. vesicularum*, albendazole (400 mg twice daily) resulted in clinical improvement.^{16,20}

In contrast to its success in treating patients with the species of microsporidia that disseminate, albendazole has displayed only limited efficacy against *E. bienewisi* infection. In two studies examining 66 patients with diarrhea caused by *E. bienewisi* during the pre-ART era, symptoms were alleviated in about 50% of patients treated with albendazole, but the presence of *E. bienewisi* persisted during treatment in all patients, and there was no improvement in any patient's D-xylose absorption test.^{369,370,373} The symptoms rapidly recurred on discontinuation of albendazole therapy in the patients who had reported symptom alleviation with it. Most other studies have found that albendazole has no efficacy against *E. bienewisi* infection.³⁷⁴

Despite a few case reports indicating that metronidazole was effective for *E. bienewisi* intestinal infection, most studies have demonstrated that this drug is not effective against this infection.^{240,375,376} In vitro studies have also demonstrated that metronidazole has no activity against microsporidia (e.g., *E. cuniculi*).³⁵⁷ Other medications used without success to treat GI microsporidiosis are azithromycin, paromomycin (microsporidia lack the rRNA binding site for this drug), and quinacrine. Atovaquone has been anecdotally reported to have limited efficacy in patients with microsporidiosis,^{375,377} although it has no in vitro activity.³⁵⁷ Transient clinical remission has been reported with furazolidone or nitazoxanide (1000 mg twice daily) treatment.^{235,378} Anecdotal experience in other immune-suppressed hosts has demonstrated that nitazoxanide can be effective for *E. bienewisi* infection; however, it has had variable efficacy in patients with advanced AIDS and low CD4 counts. Sparfloxacin and chloroquine have demonstrated in vitro activity against microsporidia but have not been used clinically. Prophylaxis with trimethoprim-sulfamethoxazole is not effective for preventing microsporidiosis, and this drug has no in vitro or in vivo activity against these organisms.³⁷⁹ Thalidomide and octreotide have both been reported to decrease diarrhea in about 50% of patients with microsporidiosis, which is probably secondary to the effect of these agents on the physiology of enterocytes.³⁸⁰ Examination of the biopsies of patients treated with thalidomide (100 mg daily for 1 month) demonstrated persistence of the parasite and no change in parasite load.

Fumagillin was isolated from *Aspergillus fumigatus* in 1949 and, because of its efficacy against *Entamoeba histolytica* in vitro, it was used during the 1950s to treat amebiasis. Fumagillin is used commercially to treat honeybees infected with the microsporidian *Nosema apis* and has been used to treat infections by microsporidia and myxosporeans in various types of fish.^{381,382} Fumagillin and its semisynthetic analogue TNP-470 have been found to have activity in vitro and in vivo against the Microsporidia pathogenic for humans, including *E. cuniculi*, *E. hellem*, *E. intestinalis*, *V. corneae*, and *E. bienewisi*.^h A dose escalation trial of fumagillin performed on AIDS patients infected with *E. bienewisi* used dosages of 10 mg/day for 14 days, 20 mg/day for 14 days, 40 mg/day for 14 days, and 60 mg/day for 14 days. Altogether, 21 of 29 patients exhibited transient clearing of parasites from their stool; all these patients were in the first three dosage groups. In the 60-mg/day group, 8 of 11 patients did not have spores in their stools at week 6 and remained free of spores in stool specimens for a mean of 11 months. Duodenal biopsies on the same 8 patients did not demonstrate microsporidia by light or electron microscopy. A subsequent randomized trial evaluating 12 patients (with either AIDS or transplants) confirmed that 60 mg/day (given as 20 mg three times daily) effectively treated *E. bienewisi* intestinal infection.¹⁹¹ Fumagillin has also been successful in treating renal transplant patients with *E. bienewisi* intestinal infection,¹⁸¹ a

^hReferences 191,192,360,375,384–386.

pediatric patient with liver transplantation and *E. bieneusi* infection,²⁸⁶ and patients with allogeneic hematopoietic stem cell transplants with *E. bieneusi* infection.²⁸² Treatment was associated with resolution of diarrhea, clearance of spores, improvement of Karnofsky scores, and improvement in D-xylose absorption tests. The main limiting toxicity of this treatment was thrombocytopenia, which was reversible on stopping fumagillin treatment. A case of aseptic meningitis due to fumagillin treatment has been described in a patient with a kidney transplant.³⁸³

Fumagillin, ovalicin, and their analogues (e.g., TNP-470) bind in a selective, covalent fashion to the metalloprotease methionine aminopeptidase type 2 (MetAP2). Methionine aminopeptidase activity is essential for eukaryotic cell survival because removal of the terminal methionine of a protein is often essential for its function and posttranslational modification. Homology PCR assay has been used to demonstrate the presence of *MetAP2* genes in several microsporidia.³⁸⁷ The crystal structure of *E. cuniculi* MetAP2 has been determined (Molecular Modeling Database [MMDB] ID: 63862; Protein Data Bank [PDB] ID: 3CMK).³⁸⁸ Data from the *E. cuniculi* genome project⁶⁸ indicates that *E. cuniculi* does not have a methionine aminopeptidase type 1 gene (*MetAP1*), unlike mammalian cells, which have both *MetAP1* and *MetAP2*; therefore MetAP2 is an essential enzyme in microsporidia.

Ocular Disease

Solutions of the soluble salt fumagillin bicyclohexylammonium (Fumidil B; Mid-Continent Agrimarketing, Overland Park, KS) applied topically have been demonstrated to be nontoxic to the cornea. Treatment of ocular microsporidiosis can be accomplished using a 3-mg/mL solution of Fumidil B in saline (fumagillin, 70 µg/mL)^{384,389–392}; the treatment should be continued indefinitely because recurrence has been reported on stopping these drops. Although clearance of microsporidia from the eye can be demonstrated, the organism is still often present systemically and can be demonstrated in the urine or in nasal smears. In such cases the use of albendazole as a systemic agent is reasonable and effective. Topical treatment with thiabendazole (0.4% suspension), a related benzimidazole, was ineffective in one case of keratitis caused by *E. hellem*. Two patients with *Encephalitozoon*-like organisms were reported to respond to imidazole (fluconazole and itraconazole) administration.³⁹³ Yee and associates¹³⁹ described complete improvement with oral itraconazole (200 mg twice daily) in a patient with *E. hellem* infection over a 6-week period after debulking the cornea. However, Diesenhouse and coworkers³⁸⁴ observed no improvement in a patient with *E. hellem* treated with itraconazole, 100 mg three times daily. In vitro data have not confirmed antimicrosporidial activity for imidazole compounds. Sulfa drugs have had variable results in vitro and in vivo and are not recommended for treatment. Polymyxin B, propamidine isethionate 0.1% (Brolene), gramicidin, neomycin sulfate, and tetracycline appear to have limited efficacy for the treatment of microsporidian infection and should not be used except to treat secondary bacterial infections. Keratoplasty appears to provide temporary improvement in some cases, but no advantage to débridement was found in a series of 120 patients with superficial keratoconjunctivitis.³⁹⁴ Steroids may be useful for decreasing the associated inflammatory response but have no direct action on microsporidia. *V. corneae* has been described to cause seasonal

keratoconjunctivitis.^{165–169} These infections have been treated with various topical agents, including 1% voriconazole,²⁹³ 0.02% polyhexamethylene biguanide,²⁹⁴ albendazole,^{295,296} ciprofloxacin,^{295,296} and fumagillin²⁹⁶; however, a randomized trial of 0.02% polyhexamethylene biguanide in 145 patients did not demonstrate efficacy for polyhexamethylene compared with no treatment.²⁹⁴ A study from Thailand indicated that topical moxifloxacin was effective for microsporidian keratoconjunctivitis (due to *V. corneae*).³⁹⁵

Prevention

There are limited data on effective preventive strategies for microsporidiosis. Currently, no prophylactic agents have been identified for these organisms. Patients have developed microsporidiosis while on trimethoprim-sulfamethoxazole prophylaxis,³⁷⁹ and microsporidiosis has occurred in patients receiving dapsone, pyrimethamine, itraconazole, azithromycin, and atovaquone.²²⁶ No studies have evaluated albendazole for prophylaxis, but given its relative lack of efficacy for *E. bieneusi* infections, it is unlikely to be effective in preventing most cases of intestinal microsporidiosis. The most effective prophylaxis is the restoration of immune function in immunocompromised hosts. Several studies in AIDS patients have demonstrated that cART can produce remission of intestinal microsporidiosis.^{227,228,353–355} Moreover, the declining incidence of microsporidiosis and other opportunistic infections during the cART era suggests that it also prevents symptomatic infection.

Microsporidian spores can survive and remain infective in the environment for prolonged periods. Experiments with *E. cuniculi* have demonstrated that they can survive for years in the environment with the correct humidity and temperature.¹²⁷ In the typical hospital environment, *E. cuniculi* spores can survive and remain infectious for at least 1 month. Spores can be rendered noninfectious by a 30-minute exposure to most common disinfectants, so the procedures used to clean most hospital rooms should be sufficient to limit infection. Spores are also killed by the methods commonly used for sterilization.

Although the epidemiology of the Microsporidia that infect humans has not been fully elucidated, it is likely they are foodborne or waterborne pathogens, and the usual sanitary measures that prevent contamination of food and water with animal urine and feces should decrease the chance for infection. Hand washing and general hygienic habits probably reduce the chance of contamination of the conjunctiva and cornea with microsporidian spores. It is not known whether person-to-person respiratory transmission occurs. Given the presence of microsporidian spores in respiratory secretions in cases of disseminated microsporidiosis, it may be useful to consider preventing contact of these patients with other immune-suppressed patients until the infection has been treated. Existing guidelines for the prevention of opportunistic infections that address food, water, and animal contact may be useful for preventing microsporidiosis. The presence of these organisms in genitourinary secretions raises the possibility of sexual transmission of these infections. It is reasonable to screen close contacts of patients with index cases of microsporidiosis for the presence of these organisms. Their importance and prevalence in our water supplies is an open question, but severely immunocompromised patients may wish to consider using bottled or filtered water in some settings.

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