

NEW YORK

# CITYWIDE GUIDE TO FOOD & ASSISTANCE



~~HUNGER~~  
FREE  
NYC

Including information on SNAP/Food Stamps,  
Meals for Kids, Senior Meals, Soup Kitchens, Food  
Pantries, Farmers' Markets, and more...

2017 v2

# ABOUT

**THIS GUIDE WAS PRODUCED BY HUNGER  
FREE NYC TO CONNECT THOSE IN NEED  
WITH FREE COMMUNITY RESOURCES.  
WE HOPE IT PROVES USEFUL TO YOU.**

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This Guide is also available as a free PDF on our web site, [www.hungerfreenyc.org/guides](http://www.hungerfreenyc.org/guides).

To order additional copies of this guide, call (646) 350-3833 or send us an email at [guides@hungerfreenyc.org](mailto:guides@hungerfreenyc.org).



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# SNAP/ FOOD STAMPS

SNAP benefits (formerly known as food stamps) can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

## TERMS

### EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

### SNAP

Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

## WHAT SHOULD I KNOW?

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➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.

➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.

➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 31.

## AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependant care, can have higher incomes and still be eligible.

		
NUMBER OF PEOPLE IN HOUSEHOLD	MONTHLY INCOME LIMIT (PRE-TAXES) <sup>1</sup>	MAX. MONTHLY SNAP BENEFITS <sup>2</sup>
1	\$1,307	\$192
2	\$1,760	\$352
3	\$2,213	\$504
4	\$2,665	\$640
Each additional household member	+\$453 (approximately)	+\$144 (approximately)
	<sup>1</sup> In effect 10/1/16 - 9/30/17.	<sup>2</sup> In effect 10/1/16 - 9/30/17.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

## IMMIGRANT ELIGIBILITY

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Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ Immigration status is not negatively affected if you apply for or receive SNAP benefits.

## HOW TO APPLY

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### Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

#### **Hunger Free NYC**

646 355 1475 & 646 350 1104

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### ACCESSNYC

Apply online at:

[www.nyc.gov/accessnyc](http://www.nyc.gov/accessnyc)

Apply at a SNAP office near you:

## BRONX

### 1 Hunts Point SNAP Center

845 Barretto St., Level B, 10474

718 722 8013

**Mon-Fri** 8:30am-5pm

### 2 Crotona SNAP Center

1910 Monterey Ave., 5th Floor, 10457

718 722 8013

**Mon-Fri** 8:30am-5pm

### 3 Concourse SNAP Center

1375 Jerome Ave., 2nd Floor, 10452

718 722 8013

**Mon-Fri** 8:30am-6pm; **Sat** 9am-5pm

## MANHATTAN

### 4 Washington Heights SNAP Center

4055 10 Ave., Lower Level, 10034

718 722 8013

**Mon-Fri** 8:30am-5pm

### 5 St. Nicholas SNAP Center

132 W. 125 St., 3rd Floor, 10027

718 722 8013

**Mon-Fri** 8:30am-5pm

### 6 East End SNAP Center

2322 3 Ave., 3rd Floor, 10035

718 722 8013

**Mon-Fri** 8:30am-5pm

### 7 Waverly SNAP Center

12 W. 14 St., 4th Floor, 10011

718 722 8013

**Mon-Fri** 8:30am-6pm, **Sat** 9am-5pm

## BROOKLYN

### 8 Coney Island SNAP Office

2857-2865 W. 8 St., 1st Floor, 11224

718 722 8013

**Mon-Fri** 8:30am-5pm

- 9 Fort Greene SNAP Center**  
275 Bergen St., 1st Floor, 11217  
718 722 8013  
**Mon-Fri** 8:30am-6pm, **Sat** 9am-5pm
- 10 North Brooklyn SNAP Center**  
500 Dekalb Ave., 4th Floor, 11205  
718 722 8013  
**Mon-Fri** 8:30am-5pm
- 11 Williamsburg SNAP Center**  
30 Thornton St., 4th Floor, 11206  
718 722 8013  
**Mon-Fri** 8:30am-5pm
- 12 East New York SNAP Center**  
404 Pine St., 1st Floor, 11208  
718 722 8013  
**Mon-Fri** 8:30am-5pm

## QUEENS

- 13 Queens SNAP Center**  
32-20 Northern Blvd., 2nd Floor, 11101  
(entrance on Honeywell St.)  
718 722 8013  
**Mon-Fri** 8:30am-5pm
- 14 Jamaica SNAP Center**  
165-08 88 Ave., 3rd Floor, 11432  
718 722 8013  
**Mon-Fri** 8:30am-6pm, **Sat** 9am-5pm
- 15 Rockaway SNAP Center**  
219 Beach 59 St., 1st Floor, 11692  
718 722 8013  
**Mon-Fri** 8:30am-5pm

## STATEN ISLAND

- 16 Richmond SNAP Center**  
201 Bay St., 1st Floor, 10301  
718 722 8013  
**Mon-Fri** 8:30am-6pm, **Sat** 9am-5pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.





# FOOD FOR KIDS

## WOMEN, INFANTS & CHILDREN

**WIC** is the Women, Infants & Children Program.

### QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children under the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.

### HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

### BRONX

#### 17 Montefiore New Rochelle - White Plains WIC

3401 White Plains Road, 10467

718 547 6345

**Mon** 9am-6pm; **Tue, Thu** 9am-6:30pm; **Wed** 9am-4:30pm; **Fri, Sat** 9am-12:30pm

#### 18 Morris Heights Health Center - Parkchester

2019 Westchester Avenue, 10462

718 931 2030

**Mon-Wed** 8:30am-5pm; **Thu** 10:30am-7pm; **Fri** 10am-5pm; **Sat once/month** 9:30am-2pm

#### 19 St. Barnabas Hospital Ambulatory Care Building

4487 3rd Ave., 10457

718 960 6257

**Mon-Thu** 8:30am-4:30pm, **Fri** 8:30am-5pm

- 20 Urban Health Plan - Bronx WIC**  
1070 Southern Blvd., 10459  
718 589 4776  
**Mon** 9am-5 pm, **Tue** 8:30am-5pm, **Wed** 8:30am-6pm, **Thu** 7:30am-5pm, **Fri** 9am-3pm, **Sat** 8:30am-1pm
- 21 Lincoln Medical & Mental Health Center**  
234 E. 149 St., 10451  
718 579 5397  
**Mon** 8:30am-7pm, **Tue-Fri** 8:30am-5:45pm, **Sat** 8:30am-4:30pm

## MANHATTAN

- 22 New York Presbyterian Hospital - Washington Heights WIC**  
549 West 180th Street, 2nd Floor, 10033  
212 928 0307  
**Mon-Fri** 8am-4:30pm; **1st, 3rd Sat** 8am-4pm
- 23 Harlem Hospital Center WIC Program-Main Office**  
506 Lenox Ave, 10037  
212 939 2730  
**Mon-Fri** 8am-6pm, **Sat** 8am-3pm
- 24 Mount Sinai St. Luke's Hospital Center**  
1111 Amsterdam Ave, 10025  
212 523 3447  
**Mon, Tue, Thu, Fri** 8:30am-5pm; **Wed** 8am-6pm
- 25 Institute for Family Health WIC-Lexington Ave**  
1701 Lexington Ave., 10029  
646 218 4888  
**Mon-Fri** 9am-5pm, **2nd Thu** 11am-7pm.
- 26 Mt. Sinai Health System WIC Program- Roosevelt**  
515 W. 59 St., 2nd Floor, 10019  
212 523 6539  
**Mon, Wed, Thu** 9am-5pm; **Tue** 9am-7pm; **Fri** 9am-4pm
- 27 William F. Ryan - NENA Community Health Center WIC**  
279 E 3rd Street, 10009  
212 477 8500  
**Mon** 9am-7pm, **Tue-Fri** 9am-5pm

**28 New York Presbyterian Lower Manhattan WIC**

69 Gold St., Lobby Level, 10038  
212 312 5831

**Mon-Fri** 8am-5pm

**BROOKLYN****29 Coney Island Hospital WIC Program**

2601 Ocean Parkway, Room 1N1, 11235  
718 616 4338

**Mon-Fri** 8am-7pm, **Sat** 9am-4pm

**30 Maimonides Medical Center WIC**

5613 Fort Hamilton Parkway, 11219  
718 854 3190

**Mon, Wed, Thu** 7:45am-4:45pm; **Tue** 7:45am-7pm; **Fri** 8am-2pm;  
**3rd Sun** 9am-1pm

**31 Kings County Hospital Center - Nostrand Ave. WIC**

2266 Nostrand Ave., 11210  
718 338 2588

**Mon-Fri** 9am-5pm

**32 NYU Lutheran - Park Slope WIC**

220 13th St., 11215  
718 832 5986

**Mon-Wed, Fri** 9am-5pm; **Thu** 10am-6pm

**33 Brookdale Family Care Center New Lots**

465 New Lots Ave., 11207  
718 240 8950

**Mon-Fri** 8am-5pm (**Thu** until 7pm), **Sat** 8:30am-4:30pm

**34 Brooklyn Hospital Center - Bedford Stuyvesant**

1606 Fulton St., 11213  
718 773 4126

**Mon, Wed** 9am-5pm; **Tue, Thu** 9am-7pm; **Fri** 8:30am-4pm; **Sat**  
9am-4pm (except 5th Sat)

**35 Brooklyn Hospital Center - Dekalb WIC**

121 Dekalb Ave., 11201  
718 250 8126/8124

**Mon, Wed** 9am-4pm; **Tue, Thu** 9am-6pm; **Fri** 8:30am-3:30pm

**36 North Brooklyn Health Network at Williamsburg**

279 Graham Ave., 2nd Fl, 11211

718 963 7845/7836

**Mon** 11am-7pm; **Tue-Fri** 8:30am-4:30pm (4th Fri closes 12:30pm)

**QUEENS**

**37 Public Health Solutions Astoria WIC Center**

12-26 31st Avenue, 11106

718 726 5816

**Mon-Sat** 8:30am-4pm

**38 Bellevue - Sunnyside WIC**

49-02 Queens Blvd., 11377

718 779 8828

**Mon** 9am-6pm; **Tue, Wed, Fri** 9am-5pm; **Thu** 8am-5pm; **2nd Sat** 8am-3:30pm by appt. only

**39 Urban Health Plan - Plaza del Sol Family Health Center WIC**

37-16 108th St., 11368

347 686 3700 x 5580

**Mon, Thu, Fri** 9am-5pm; **Tue** 8am-5pm; **Wed** 8am-6pm; **every other Sat** 8am-4pm

**40 Jamaica Hospital - Flushing Medical Center**

45 Ave. at Parsons Blvd., 5th Fl., 11355

718 670 5277

**Mon-Fri** 8:30am-5pm

**41 Catholic Charities Jamaica WIC Site**

161-10 Jamaica Ave, 11432

718 657 2580

**Mon** 8am-7pm, **Tue-Fri** 8am-4:30pm, **Sat** once/month by appt. only

**42 Joseph P. Addabbo Community Health Center**

1288 Central Ave., 11691

718 945 7150

**Mon** 8am-6pm, **Tue-Fri** 8am-5pm, **Sat** 8:30am-2pm, **Sun** 12pm-5pm

## STATEN ISLAND

### 43 Richmond University Medical Center

355 Bard Ave., 10310

718 818 2373

**Mon-Fri** 9am-3pm

### 44 Northwell Health Physician Partners WIC Program - SIUH

475 Seaview Ave., 10305

718 226 6270

**Mon-Fri** 9am-5pm

### 45 Staten Island University Hospital South WIC Program

375 Sequine Ave, 10309

718 226 2461

**Wed** 8am-4pm

## SCHOOL & SUMMER MEALS

**SFSP** is the Summer Food Service Program, also known as Summer Meals.

### QUICK FACTS

- During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- Many public school students are also eligible for free or reduced price lunch. An application may be required.
- Eligibility for school meals is not impacted by immigration status.
- In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit [www.schoolfoodnyc.org](http://www.schoolfoodnyc.org) for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



# SENIOR MEALS

## MEALS AT SENIOR CENTERS

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Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

### **FIND YOUR LOCAL SENIOR CENTER**

Call 311 and be prepared to provide your ZIP code to the operator.

## MEALS-ON-WHEELS PROGRAM

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If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

### **HOW TO APPLY**

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



# SOUP KITCHENS



# FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly, call the NYC Emergency Food Line at 866 888 8777 or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

## BRONX

### 46 Black Forum of CO-OP City, Inc.

177 Dreiser Loop, 10475

718 320 8035

**Food Pantry: Tue-Fri 11am-12:45pm**

Photo ID with address required. Serves residents of 10475. Will offer non 10475 residents a one-time only food supply and a referral to a food pantry nearest to them. Bring 2 clean grocery bags & shopping cart to carry heavy items. Free healthy cooking workshops offered - call for details.

### 47 Immaculate Conception Catholic Church

754 East Gun Hill Road, 10467

**Soup Kitchen: Mon-Fri 1pm -2pm**

**Food Pantry: 4th Sat 10am-12pm**

ID and proof of address required for pantry. Serves residents of 10467, 10469.

#### **48 POTS - Part of the Solution**

2759 Webster Avenue, 10458

718 220 4892

**Soup Kitchen: Every day** 12:30pm-3:30pm

**Food Pantry: Mon-Sat** 9am-12pm, **Sat** 3:30pm-5:30pm

Pantry serves residents of 10453, 10457, 10458, 10460, 10463, 10467. Showers Mon-Fri 8:15am-10:45am; Haircuts Tue-Thu 9am-12pm; Mail Mon-Fri 12:30pm-4pm; Clothing: Mon, Wed, Fri 10:30am-11:15am, 1:30pm-3pm; Legal Clinic Intake: Mon, Thu, Fri 9am-11:30am; Case management Mon-Wed, Fri 9am -3pm.

#### **49 Creston Avenue Baptist Church**

114 E. 188th St., 10468

FP 718 367 1754, SK 347 820 6114

**Soup Kitchen: Sat** 12pm-2pm

**Food Pantry: Mon, Wed, Fri** 12pm-2pm

Photo ID and proof of address (or letter from an agency if homeless) required for food pantry, can come once/month

#### **50 BOOM! Health**

540 E. Fordham Rd., 10458

718 295 5605

**Food Pantry: Mon-Fri** 9am-4pm

#### **51 Jewish Community Council of Pelham Parkway**

2157 Holland Avenue, 10462

718 792 4744

**Food Pantry: Tue-Thu** 1pm -4pm

ID preferred.

#### **52 Grace Episcopal Church**

1909 Vyse Ave., 10460

718 542 1946

**Soup Kitchen: Tue, Sat** 12pm-1:30pm

**Food Pantry: Thu** 9am-1pm

ID required for pantry.

#### **53 PATHHSEO at Caldwell Temple AME Zion Church**

1288 Rev. James A. Polite , 10459

844 818 FOOD 3663

**Soup Kitchen: Sat** 8am-2:30pm

**Food Pantry: Sat** 8am-2:30pm



**54 Salvation Army Bronx Citadel**

425 E. 159th St., 10451

718 665 8472

**Soup Kitchen: Mon, Wed, Fri** 1pm-2pm**Food Pantry: Tue** 10am-1pm

ID and proof of address required to register for pantry, by appointment only. Serves residents of 10451, 10452, 10454-10456, 10459, 10465, 10472-10474.

**55 United Bronx Parents Soup Kitchen**

1006 East 151st St., 10455

718 991 7100

**Soup Kitchen: Mon-Fri** 2:30pm -4pm

First come, first served.

**56 St. Ann's Church of Morrisania**

295 St. Ann's Ave, 10454

718 585 5632

**Soup Kitchen: Sun** 11am-2pm**Food Pantry: Wed, Fri** 10:30am-2pm

Medicaid card or ID required for pantry.

**UPPER MANHATTAN (NORTH OF 59TH ST)****57 New York City Love Kitchen**

3816 9th Ave., 10034

212 942 4204

**Soup Kitchen: Mon-Fri** 4:30pm-6:30pm**Food Pantry: 1st, 2nd, 3rd Thu** 2pm-3pm

Photo ID and proof of address required for pantry registration.

**58 Community League of the Heights**

508 W. 159th St., 10032

212 795 4779

**Food Pantry: Wed, Sat** 9am-11am

Photo ID required. Can come once per week.

**59 Salvation Army Harlem Temple**

540 Lenox Avenue, 10037

212 862 3900

**Soup Kitchen: Mon-Fri** 11:30am-12:30pm

**Food Pantry: Mon-Fri** 10am-3pm

For pantry: serves residents of zip codes 10027-10045. Referral, ID and proof of address required. By appointment only.

**60 Salem United Methodist Church**

2190 Adam Clayton Powell Jr., Blvd., 10027

212 678 2700

**Soup Kitchen: Wed** 12:30pm-2:30pm

**Food Pantry: Fri** 11am-1pm

ID required.

**61 Momentum Project at St. Joseph of the Holy Family**

405 West 125th Street, 10027

**Soup Kitchen: Fri** 11am-12:30pm, 3pm-5:30pm

Intake at 2pm for afternoon clients.

**62 Broadway Community Inc**

610 W. 114th St., 10025

212 222 6257

**Soup Kitchen: Mon, Wed, Fri** 10:30am-11:45am (doors open 10:15am), 12:30pm-2pm

**Food Pantry: Mon** 3pm (produce pantry, no referral required), emergencies Mon, Wed 4pm (referral required - see Hakim for referral Mon, Wed 10:30am-1:30pm, can come once/month).

Showers, medical services, social services referrals and advocacy, and culinary training program available.

**63 Salvation Army Manhattan Citadel**

145 E. 125th St., 10035

212 860 3200

**Soup Kitchen: Mon-Fri** 1pm

**Food Pantry: Mon-Fri** 9am-4pm

● **64 Food Bank for NYC Community Kitchen**

252 W. 116 Street, 10026

212 566 7855

**Soup Kitchen: Mon-Fri** 9am-10am (seniors only), 2pm-3pm (seniors only), 4pm-6pm (open to all)

**Food Pantry: Tue, Thu, Fri** 11am-3:30pm; **Wed** 1pm-8pm  
Food pantry registration Mon, Tue, Thu, Fri 3:30pm-5pm, Wed 11am-1pm. ID and proof of address required for registration. Can come to pantry once/month. Tax assistance offered at 71 St. Nicholas Ave.

● **65 New York Common Pantry**

8 E. 109 St., 10029

9177209710

**Soup Kitchen: Mon-Fri** 8am-9:15am; **Mon, Wed, Fri** 4:30pm-6pm

**Food Pantry: Wed-Sat** 10am-2:30pm, seniors only **Mon** 10am-2pm

Intake for new pantry members Mon-Sat 9am-6pm, Sun, holidays 2pm-6pm. ID for all household members and proof of need required for intake. Pantry is client choice.

**66 West Side Campaign Against Hunger**

263 W. 86th St., 10024

212 362 3662

**Food Pantry: Mon** 8am-6:30pm; **Wed, Thu, Fri** 8am-3pm  
Photo ID required. Services for SNAP, SS, domestic violence, vocational training, ESL, HIV/AIDS support, child nutrition, health insurance enrollment, job placement assistance, homeless, legal assistance, mental health, and tax preparation available.

**67 National Council of Jewish Women**

241 West 72nd Street, 10023

212 687 5030

**Soup Kitchen: Wed** 4:30pm-5:30pm, **Sun** 11:30am-12:30pm

**Food Pantry: Mon** 10am-2pm, start lining up at 9am  
Photo ID and proof of address for all household members required first time.

**68 Church of St. Paul the Apostle Loaves and Fishes**

405 West 59th Street, 10019

212 265 3495

**Soup Kitchen: Tue, Thu 11:30am-12:15pm**

**Food Pantry: Tue, Thu 11:30am-12:15pm**

**LOWER MANHATTAN (SOUTH OF 59TH ST)**

**69 Crossroads Community Services at St. Bartholomew's Church**

108 E. 51st Street, 10022

212 378 0231

**Soup Kitchen: Sun, Mon, Wed 7am-8:30am; Sat 9:30am-11am**

**Food Pantry: Thu 10am-2pm**

For pantry can come once/month, appointment required, call to make appointment 212-378-0234

**70 Holy Apostles Soup Kitchen**

296 9th Ave., 10001

212 924 0167

**Soup Kitchen: Mon-Fri 10:30am-12:30pm**

Social Services Office open during Soup Kitchen hours with mail and phone facilities, free hair cut referrals, toiletries, and counselors.

**71 Salvation Army New York Temple**

132 W. 14th St., 10011

212 337 7469

**Soup Kitchen: Mon-Thu 12pm-1pm**

**Food Pantry: Mon-Fri 9:30am-11am, 1:30pm-3pm.**

Food pantry requires photo ID and proof of address in 10002-10007, 10009-10014, 10038, 10041, 10047, or 10048 at first visit. Please call 212-337-7469 for an appt.

**72 Village Temple Soup Kitchen**

33 East 12th Street, 10003

212 674 2340

**Soup Kitchen: Sat 2:30pm-4pm**

**73 Trinity Services and Food for the Homeless**

602 E 9th St., 10009

212 228 5254

**Soup Kitchen: Mon-Fri** 11am-12pm**Food Pantry: Mon-Fri** 12:30pm-1:30pm

ID for all household members required for pantry. Pantry is client choice, may be received once a calendar month.

**74 The Bowery Mission**

227 Bowery, 10002

212 674 3456

**Soup Kitchen: Every day** 8am-9am, 1pm-2pm, 6pm-7pm**Food Pantry: Mon-Fri** 9am-11am

Other social services provided, call or visit for details.

**75 New York City Rescue Mission**

90 Lafayette Street, 10013

212 226 6214

**Soup Kitchen: Every day** 6:30am-7am, 5pm-6:30pm**Food Pantry: Every other Mon, Wed, Fri** 1:30pm-2:30pm

ID required for pantry. Medical and Social Worker (complete at front desk) Fri 7am-11am, SNAP and Medicaid Enrollment Mon, Wed 3pm-5:30pm; Fri 2:15pm-4pm, New women's shelter intake every day 3pm-4pm, New men's shelter intake every day 4pm-5:30pm

**76 Trinity Church Brown Bag**

75 Broadway, 10271

212 602 0800

**Soup Kitchen: Sun** 2pm, **Mon-Sat** 12:45pm-1:15pm (Fri and Sat at St. Pauls Chapel 209 Broadway)  
Brown bag meal.**LOWER BROOKLYN (SOUTH OF PROSPECT PARK/LINDEN BLVD.)****77 Shorefront Jewish Community Council**

128 Brighton Beach Avenue, 4th floor, 11235

718 743-0575

**Food Pantry: Mon-Thu** 9am-5pm, **Fri** 9am-2pm

Food is kosher.

**78 Coney Island Lighthouse Mission**

2114 Mermaid Ave., 11224

718 415 1170

**Soup Kitchen: Wed, Fri 6:30pm-7:30pm**

**Food Pantry: Tue 6pm-7pm, Thu 11am-12pm**

ID required for food pantry, must register beforehand.

Registration Mon, Wed, Fri 10am-2pm.

**79 Kings Bay YM-YWHA**

3495 Nostrand Avenue, 11229

718 648 7703

**Food Pantry: Mon-Fri 9am-5pm**

Proof of address for all household members required.

**80 Sephardic Bikur Holim**

425 Kings Hwy, 11223

718 787 1100 x354

**Food Pantry: Mon 9am-12pm; Tue-Thu 9am-12:30pm; Thu 2pm-3:30pm, Fri 9am-11am**

Kosher food. ID required first time.

**81 Reaching Out Community Services Inc.**

7708 New Utrecht Ave., 11214

718 373 4565

**Food Pantry: Mon-Fri 9am-5pm**

Call first to confirm. SNAP assistance available - to apply bring photo ID, benefits card, and utility bill (any kind). Call first for appointment, 718 373 4565 ext 101.

**82 Masbia of Flatbush**

1372 Coney Island Ave., 11230

718 972 4446

**Soup Kitchen: Sun-Thu 3pm-7:30pm**

**Food Pantry: Fri 7am-11am**

Meals are Kosher.

**83 Masbia of Boro Park**

5402 New Utrecht Ave., 11219

718 972 4446

**Soup Kitchen: Sun-Thu 6:30pm-8pm**

**Food Pantry: Fri 7am-11am**

Meals are Kosher.

**84 Bay Ridge Center**

411 Ovington Ave., 11209  
718 748 0650

**Soup Kitchen: Mon, Wed** 12pm - 2pm (brown bag meal)

**Food Pantry: Last Wed** of the month 10am-3pm  
ID and proof of address in Brooklyn required for pantry.

**85 Salvation Army Sunset Park Corp.**

520 50th St., 11220  
718 438 1771

**Soup Kitchen: Mon-Fri** 12pm-1pm

**Food Pantry: Mon-Thu** 1:30pm-4:30pm, **Fri** emergencies only.  
For pantry only: Appointment necessary, call or visit office  
Mon-Fri 9am-5pm first to make appointment. ID and proof of  
residence in 11215, 11218-11220, 11231, 11232 required. No  
requirements for soup kitchen.

**86 CAMBA**

1720 Church Ave., 2nd Fl., 11226  
718 287-2600

**Food Pantry: Tue, Wed, Thu** 10am-1pm

**UPPER BROOKLYN (NORTH FROM PROSPECT PARK/LINDEN BLVD.)****87 Food First**

165 Conover St., entrance on Wolcott St., 11231  
718 624 1950

**Food Pantry: Wed** 11am-1pm, **Fri** 10am-12pm  
Photo ID required.

**88 CHIPS - Park Slope Christian Help**

200 4th Ave., 11217  
718 237 2962

**Soup Kitchen: Mon-Sat** 9am-11am (light breakfast), 11:30am-  
1pm (hot meal), 1pm-3:30pm (sandwiches)

**Food Pantry: Fri** 1pm-3:30pm

**89 Brooklyn Teen Challenge, Inc**

444 Clinton Ave., 11238  
718 789 1414

**Soup Kitchen: Mon-Thu** 3:30pm-4:45pm

**Food Pantry: 1st, 2nd Sat** 10am-12pm

**90 New Haven SDA Church**

634 Prospect Place, 11216

917 667 6378

**Soup Kitchen: Sun** 11am-2pm

**Food Pantry: Every other Thu** 11am-1:30pm

**91 St. Anthony Baptist Church**

425 Utica Avenue, 11213

718 778 3459

**Soup Kitchen: Tue-Thu** 12pm-1:30pm

**92 The Hope Center Development Corporation**

409 E. 95th St, 11212

718 385 7305

**Soup Kitchen: Sat** 11am-1:30pm

**Food Pantry: Sat** 11am-1:30pm

Photo ID required first time.

**93 East New York Wesleyan Church/New Hope Family Worship Center**

817 Livonia Ave, 11207

718 342 1305

**Soup Kitchen: Tue-Fri** 12:30pm-2pm

**Food Pantry: Sat** 10am-12pm

**94 Overcoming Love Ministries - Liberty Cafe**

275 Liberty Ave., 11207

718 235 1464

**Soup Kitchen: Mon-Fri** 10:30am-1:30pm

● **95 Neighbors Together**

2094 Fulton St., 11233

718 498 7256

**Soup Kitchen: Mon-Fri** 12pm-2pm; **Mon-Thu** 4pm-6pm; **Fri** 9am (seniors only)

Social service hours: Mon-Fri 10am-3pm. Case managers provide numerous social services, including assistance with housing, public benefits, SNAP, taxes, health and mental health care, legal services, job training, and more. On-site clinics provide benefits, health and legal services.



**96 Newman Memorial MC**

257 Macon St., 11216

718 622 7955

**Soup Kitchen: Tue** 9am-10:30am, 12pm-1:30pm**Food Pantry: Tue** 10am-2pm

Photo ID required for pantry, can come once/month.

**97 St. John's Bread and Life**

795 Lexington Avenue, 11221

718 574 0058 x240

**Soup Kitchen: Mon-Fri** 8am-9:30am, 10:30am-12:30pm**Food Pantry: Mon-Thu** 8am-11:30am; **Tue, Thu** 3pm-6:30; **Fri** 9am-11:30am

Client choice pantry. Photo ID and proof of address requested for all members of household.

**98 Salvation Army Bushwick**

1151 Bushwick Ave, 11221

718 455 4102 x100

**Soup Kitchen: Mon, Tue, Thu, Fri** 12:30pm-2pm**Food Pantry: Mon, Tue, Thu, Fri** 10am-12pm

Photo ID and proof of address required for registration. Serves residents of 11206, 11213, 11221, 11233, 11237.

**99 St. Stephen Outreach**

874 Myrtle Ave., 11206

718 384 5975

**Soup Kitchen: Tue-Fri** 11am-1pm**Food Pantry: Wed, Fri** 9am-10:30am

Photo ID, proof of address, and proof of household required for pantry registration.

**100 Cathedral of Joy CDC**

43 George Street, 11206

718 386 8151

**Soup Kitchen: Sat** 9am-10:30am, **Tue** 9am-10:30am, 12pm-1pm**Food Pantry: Tue, Thu** 9am-11:30am

Photo ID and proof of address required.

### **101 Transfiguration Church**

280 Marcy Ave., 11211

718 782 8181

**Food Pantry: Mon-Fri** 9am-12pm

Photo ID required for registration (at 250 Hooper St). Food provided once a month. Serves clients from 11211 and 11206.

### **102 Greenpoint Reformed Church**

136 Milton Street, 11222

718 383 5941

**Soup Kitchen: Wed** 6pm-7pm

**Food Pantry: Thu** 8am-11am

ID preferred for food pantry.

## **WESTERN QUEENS**

### **103 St. Margaret Mary Church Food Pantry**

9-18 27th Ave., 11102

718 721 9020

**Food Pantry: Tue, Wed, Fri** 11am

Photo ID and proof of address required. Serves residents of 11102.

### **104 First Baptist Church**

100-10 Astoria Blvd., 11369

718 446 0200

**Soup Kitchen: Wed** 12pm-2pm

**Food Pantry: Sat** 12pm-3pm

Closed in July and August.

### **105 La Jornada**

135-32 38th Ave., 11354

917 880 5693

**Soup Kitchen: Sat** 12pm-2pm

**Food Pantry: Wed** 1pm-3pm

ID required after first visit.

### **106 Corona SDA Church**

35-30 103rd Street, 11368

718 429 7050

**Soup Kitchen: Sun** 12pm-2pm

**Food Pantry: Mon** 9am-11am

**107 Iglesia Alianza Cristiana Misionera Ebenezer**

43-02 38th St., 11101

718 729 1944

**Food Pantry: Sat** 11am-12pm, **Sun** 3pm-4pm**108 ACQC (AIDS Center of Queens County), Woodside**

62-07 Woodside Ave., 3rd Floor, 11377

718 472 9400

**Food Pantry: Tue, Thu** 10am-12pm

Arrive early to get a ticket.. Photo ID required.

**109 Salvation Army-Queens Temple**

86-07 35th Ave., 11372

718 335 3693

**Soup Kitchen: Tue-Thu** 12pm-1pm**Food Pantry: Wed** 9am-10am

ID and proof of address required for pantry.

**110 New Life Food & Clothing Pantry**

82-10 Queens Blvd, 11373

718 424 0122

**Soup Kitchen: Tue, Thu** 6pm-8pm, **Sat** 10am-12pm**Food Pantry: Tue** 6pm-8pm, **Sat** 10am-12pm

Photo ID required. Soup Kitchen for homeless. Inside New Life Fellowship Church, located in Old Elks Club.

**111 Masbia of Rego Park**

98-08 Queens Blvd., 11374

718 972 4446

**Soup Kitchen: Sun-Thu** 2pm-5pm (dinner to go)**Food Pantry: Fri** 7am-11am

Meals are Kosher.

**112 Agape Christian Center**

5902 Summerfield St., 11385

718 635 0674

**Soup Kitchen: Sat** 12pm-2pm**Food Pantry: Sat** 12pm-2pm

## EASTERN QUEENS

### 113 International Shining Stars Family Inc.

220-20 94th Drive, 11428

646 4097146

**Food Pantry: Sat** 11am-3pm

### 114 St. Nicholas of Tolentine Church

150-75 Goethals Ave., 11432

718 969 3226

**Food Pantry: Mon-Fri** 9am-12pm, 1pm-4pm (referral required);

**Thu** 9am-12pm (no referral required)

### 115 Salvation Army Jamaica Citadel

90-23 161st Street, 11432

718 297 4860

**Soup Kitchen: Mon-Wed** 12pm-1pm

**Food Pantry: Thu** 10am-11am

For food pantry, must register in person for food pantry with valid photo ID and proof of address. Must register ahead of time on Mon, Tue, or Wed 2pm.

### 116 Greater Allen A.M.E. Cathedral of New York

110-31 Merrick Blvd., 11433

718 206 4600

**Soup Kitchen: Mon, Thu** 11am-1pm

**Food Pantry: Mon, Thu** 11am-1pm

### 117 First Church of God in Christ

187-10 Baisley Blvd., 11412

718 712 4831

**Soup Kitchen: Wed** 12pm-1:30pm

**Food Pantry: Thu** 1:30pm-3pm

Photo ID required for pantry, tickets handed out at 12pm.

### 118 St. Luke Baptist Church Food Pantry

133-28 232nd St., 11413

718 276 7066

**Food Pantry: Mon-Wed** 9am-3pm; periodically open Thu, Fri - call/visit to confirm.

**119 Union United Methodist Church**

126-22 150th Street, 11436

718 529 3691

**Soup Kitchen: Tue** 6:30pm-7:30pm**Food Pantry: Fri** 4pm-5:30pm

Call for emergency food.

**120 First Baptist Church/H.O. Scott Education and Community Center**

15-10 Redfern Avenue, 11691

718 327 2208

**Food Pantry: Mon, Wed** 12pm-2pm**STATEN ISLAND****121 Council of Jewish Organizations**

382 Jersey St., 10301

718 720 4047

**Food Pantry: Mon, Tue, Thu, Fri** 10am-2pm

ID and proof of residence required.

**122 Rescue Ministries/Ministerio Rescate**

2083 Richmond Terrace, 10302

718 448 4454

**Soup Kitchen: Tue, Thu** 11:30am-1pm**Food Pantry: Tue, Thu** 8:30am-1pm

Closed major holidays.

**123 Salvation Army Port Richmond Corps**

1295 Forest Ave, 10302

718 442 2145 x203

**Soup Kitchen: Tue-Thu** 11:30am-1pm**Food Pantry: Mon, Tue, Thu** 10am-2pm

Photo ID and proof of address required. Appointment necessary  
 - pick up is once/month. Serves zip codes 10301-10303, 10310,  
 10311, 10313, 10314.

**124 Trinity Lutheran Church**

309 St. Pauls Ave., entrance at 175 Beach St., 10304

718 447 0526

**Food Pantry: Sat** 11am-1 pm**Soup Kitchen: Sat** 12pm-1 pm

**125 Salvation Army Stapleton**

15 Broad Street, 10304

718 448 8480

**Soup Kitchen: Mon, Fri 11:30am-1pm**

**Food Pantry: Tue-Thu 12:30pm-3pm** by appointment (appt. not needed first visit).

ID with proof of address required. Closed all major federal holidays.

**126 All Saints Church Episcopal Ministry**

2329 Victory Blvd., 10314

718 698 1338

**Food Pantry: Mon-Wed, Fri 10am-12pm**

**127 St. Edward's Food Pantry**

6581 Hylan Blvd., 10309

718 984 1625

**Food Pantry: Mon, Wed, Sat 10am-1pm**

Photo ID, proof of address and proof of household required first time. Can come to pantry once every two weeks.



## **JOB TRAINING & RESOURCES**

Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

### **EMPLOYMENT & TRAINING**

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Visit the following sites to find out more about training and education programs across the city:

[www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml](http://www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml)

[www1.nyc.gov/site/hra/help/types-training-education.page](http://www1.nyc.gov/site/hra/help/types-training-education.page)



# FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

## FARMERS' MARKETS

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All farmers' markets listed accept EBT/SNAP (food stamps).

### BRONX

**128 Harvest Home Jacobi Hospital Market**

1400 Pelham Parkway, 10461

**Tue, Fri** 8am-4pm, Jun 6-Nov 21. Closed Jul 3.

**129 Parkchester/Virginia Park Greenmarket**

Westchester Ave. & White Plains Rd., 10472

**Fri** 8am-4pm, Jun 16-Nov 17

**130 Poe Park Greenmarket**

E. 192 St. & Grand Concourse, 10458

**Tue** 8am-3pm, Jun 20-Nov 28. Closed Independence Day.

**131 Harvest Home Mt. Eden Farmers' Market**

Claremont Park, Mt. Eden and Morris Ave., 10457

**Tue, Thu** 8am-4pm Jun 6-Nov 21. Closed Jul 3.

**132 Harvest Home Hunts Point Market**

Monsignor Del Valle Park between 163 St. and Hunts Point Ave., 10459

**Wed** 8am-4pm, Jun 7-Nov 22

**133 Lincoln Hospital Greenmarket**

149th St. between Park Ave. & Morris Ave., 10456

**Tue, Fri** 8am-3pm, Jun 30 - Nov 21

### MANHATTAN

**134 Inwood Greenmarket**

Isham St. between Seaman & Cooper, 10034

**Sat** 8am-3pm, year round

- 135 Harvest Home Harlem Hospital Market**  
506 Lenox Ave. between W. 135 & W. 137 St., 10037  
**Fri** 8am-7pm, year round
- 136 Morningside Park Down to Earth Farmers' Market**  
110 St. & Manhattan Ave, 10025  
**Sat** 9am-3pm, year round
- 137 Harvest Home East Harlem Market**  
E. 104 St (between 2 Ave & 3 Ave), 10029  
**Thu** 8am-4pm, Jul 6-Nov 16
- 138 82nd Street Greenmarket**  
E 82nd St, between 1 Ave & York Ave., 10028  
**Sat** 9am-2:30pm, year round
- 139 Tucker Square Greenmarket**  
W. 66 St. & Columbus Ave, 10023  
**Thu, Sat** 8am-5pm, year round. Closed Thanksgiving.
- 140 Dag Hammarskjöld Plaza Greenmarket**  
E. 47 St. & 2 Ave, 10017  
**Wed** 8am-4pm, year round. Closed Sep 20.
- 141 Union Square Greenmarket**  
E. 17 St. & Broadway, 10003, 10003  
**Mon, Wed, Fri, Sat** 8am-6pm, year round. Closed Friday after Thanksgiving.
- 142 Abingdon Square Greenmarket**  
W. 12 St. & 8 Ave., 10014  
**Sat** 8am-2pm, year round
- 143 Staten Island Ferry/Whitehall Greenmarket**  
4 South St. (inside the terminal), 10004  
**Tue, Fri** 8am-7pm, year round. Closed Independence Day and Friday after Thanksgiving.

## **BROOKLYN**

- 144 Harvest Home Coney Island Market**  
Ocean Parkway between Ave. Z & Shore Rd., 11235  
**Wed, Fri** 8am-4pm, Jun 7-Nov 22
- 145 Bensonhurst Greenmarket**  
81 St. & 18 Ave., 11214  
**Sun** 9am-4pm, Jun 4-Nov 19



- 146 Borough Park Greenmarket**  
14 Ave. - 49 St. & 50 St., 11219  
**Thu** 8am-3pm, Jul 6 - Nov 21
- 147 Sunset Park Greenmarket**  
59 St. & 4 Ave., 11220  
**Sat** 8am-3pm, Jul 1-Nov 18
- 148 Cortelyou Greenmarket**  
Cortelyou Rd. and Rugby Rd., 11226  
**Sun** 8am-3pm, year round.
- 149 Red Hook Farmers' Market**  
Columbia St. and Halleck St., 11231  
**Sat** 10am-3pm, Jun-Nov
- 150 Brooklyn Borough Hall Greenmarket**  
Court St. and Montague St., 11201  
**Tue, Thu, Sat** 8am-5pm, year round. Closed Independence Day and Thanksgiving.
- 151 Grand Army Plaza Greenmarket**  
Northwest entrance to Prospect Park, at Flatbush Ave. and Prospect Park W, 11217  
**Sat** 8am-4pm, year round.
- 152 Project EATS Amboy Street Market**  
210 Amboy St. at Blake, 11212  
**Sat** 10am-4pm, Jul-Nov
- 153 East New York Farms! Saturday Farmers' Market**  
New Lots Ave. & Schenk Ave, 11207  
**Sat** 9am-3pm, Jun 24- Nov 25
- 154 Hattie Carthan Community Garden Farmers' Market**  
Marcy Ave. & Clifton Place, 11216  
**Sat** 9am-3pm, Jul- Nov
- 155 Saratoga Urban Agro-Ecological Center Farmers' Market**  
Saratoga Ave and Fulton St., 11233  
**Sat** 10am-2pm, Jun-Nov
- 156 Greenpoint/McCarren Park Greenmarket**  
Union between Driggs and N12th St, 11222  
**Sat** 8am-3pm, year round.

## QUEENS

- 157 Socrates Sculpture Park Greenmarket**  
Vernon Blvd. & Broadway, 11106  
**Sat** 8am-4pm, 3 Jun-18 Nov
- 158 Sunnyside Greenmarket**  
Skillman Ave. - 42 St. & 43 St., 11104  
**Sat** 8am-2pm, year round.
- 159 Jackson Heights Greenmarket**  
34 Ave. between 77 St. & 78 St., 11372  
**Sun** 8am-2pm, year round.
- 160 Queens Botanical Garden Down to Earth Farmers' Market**  
Dahlia Ave. & Main St. (outside the garden), 11355  
**Fri** 8:30am - 4pm, 17 Jun- 18 Nov
- 161 Forest Hills Greenmarket**  
70 Ave. & Queens Blvd., 11375  
**Sun** 8am-2pm, year round.
- 162 Jamaica Down to Earth Farmers' Market**  
Parsons Blvd. between Archer & Jamaica Ave., 11432 (Fri)  
160th St. & Jamaica Ave., 11432 (Sat)  
**Fri, Sat** 8:30am-4pm, Jun-Nov
- 163 Edgemere Farm Market**  
Beach Channel Dr. & Beach 45 St., 11691  
**Sat, Sun** 9am-2pm, May-Oct

## STATEN ISLAND

- 164 St. George Greenmarket**  
Hyatt St. & St. Mark's Place, 10301  
**Sat** 8am-2pm, year round
- 165 Staten Island Mall Greenmarket**  
Marsh Ave. & Ring Rd., 10314  
**Sat** 8am-3pm, 6 May-23 Dec

## CSA PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

### Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

**Contact:** [info@corbinhillfarm.com](mailto:info@corbinhillfarm.com), 646 254 2250

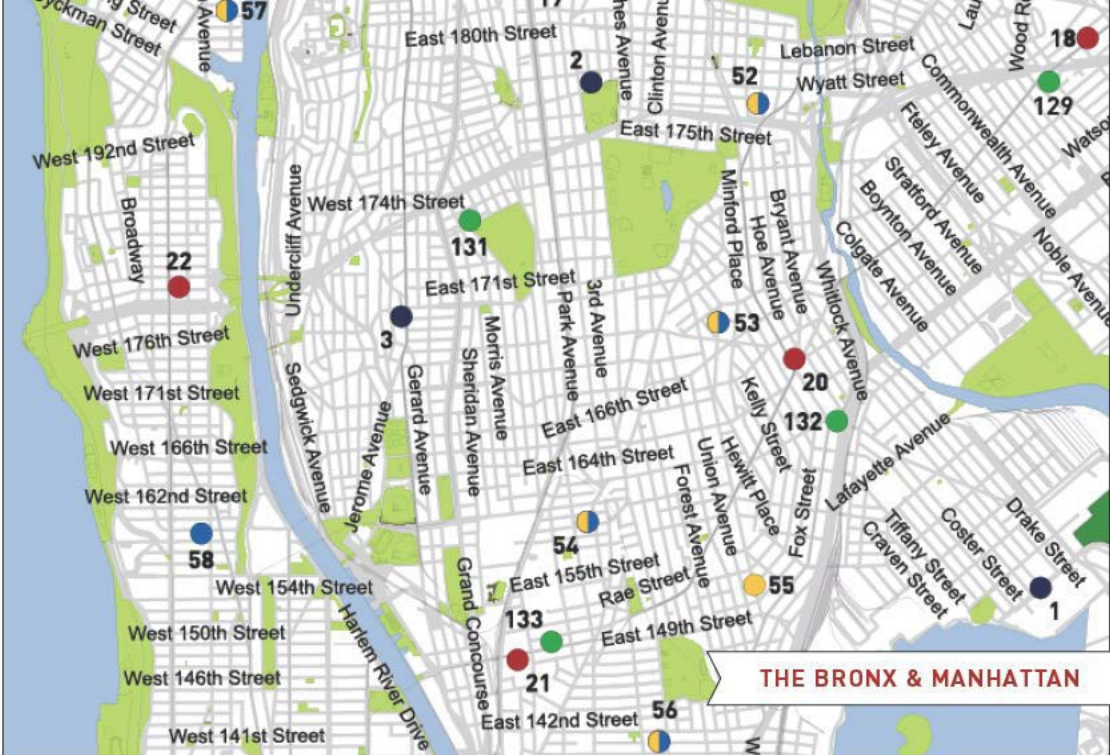
**Web:** [www.corbinhillfoodproject.org/new-farm-share/](http://www.corbinhillfoodproject.org/new-farm-share/)

### Just Food

Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

**Contact:** [info@justfood.org](mailto:info@justfood.org), 212 645 9880

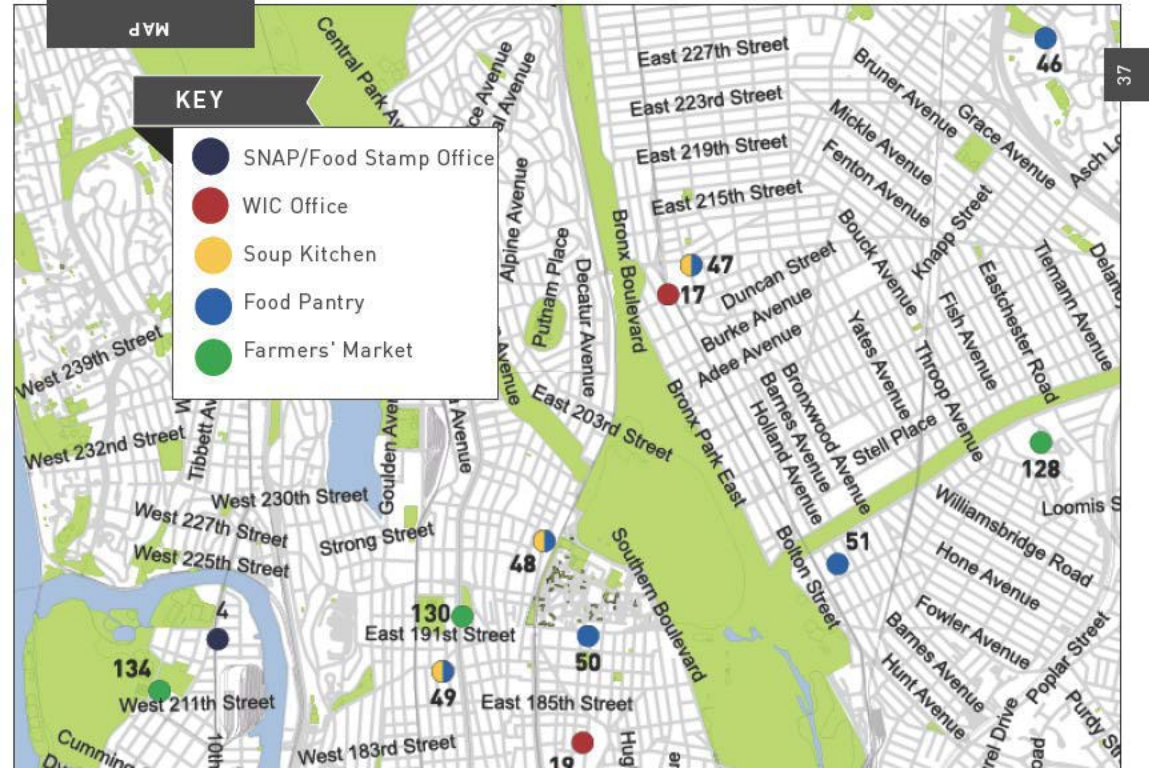
**Web:** [www.justfood.org/csaloc](http://www.justfood.org/csaloc)



THE BRONX & MANHATTAN

## KEY

- SNAP/Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market





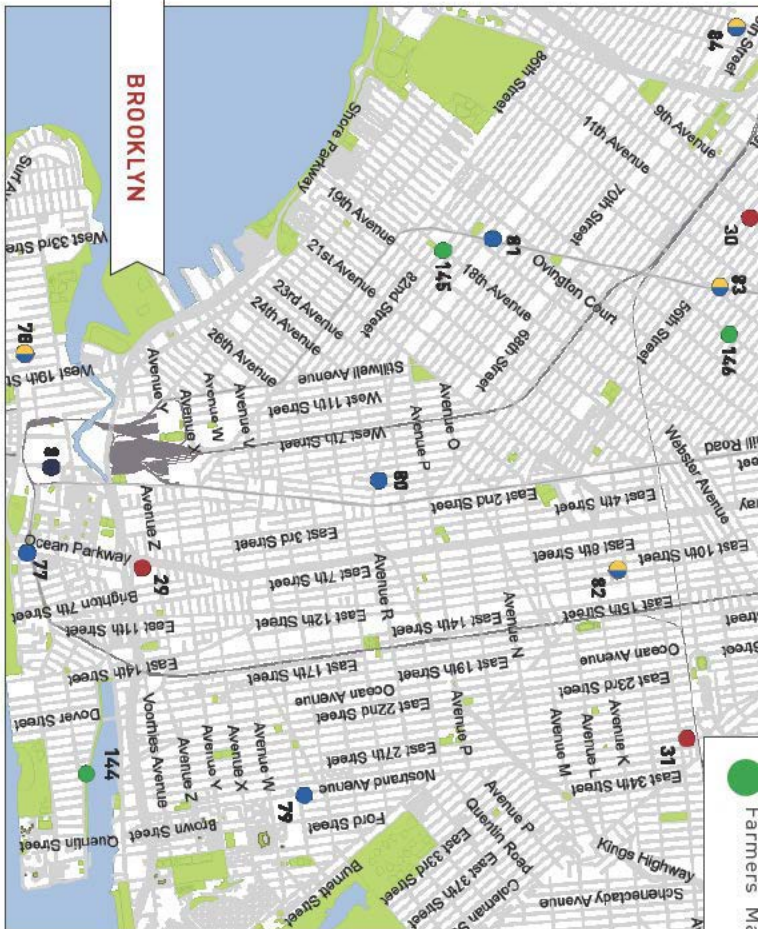
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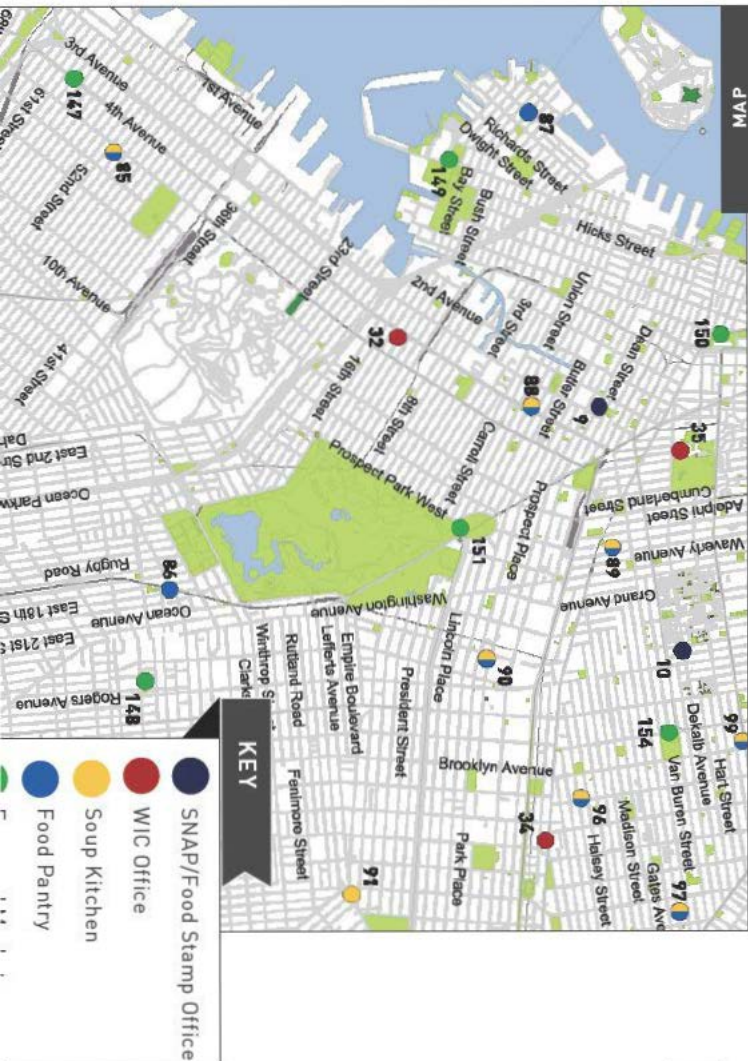


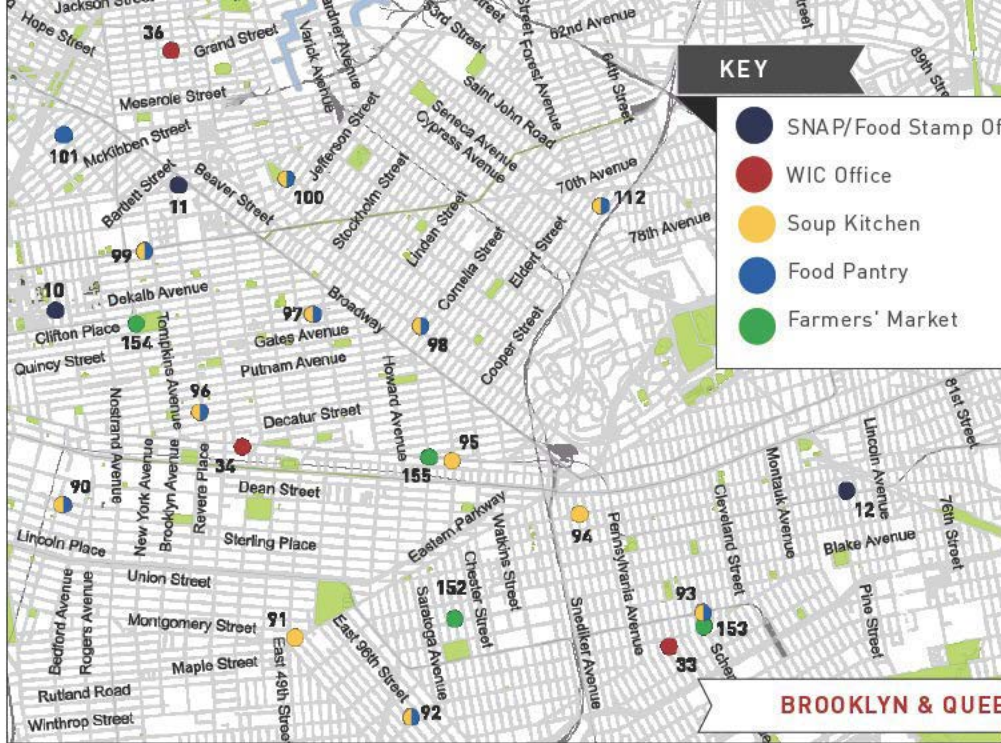


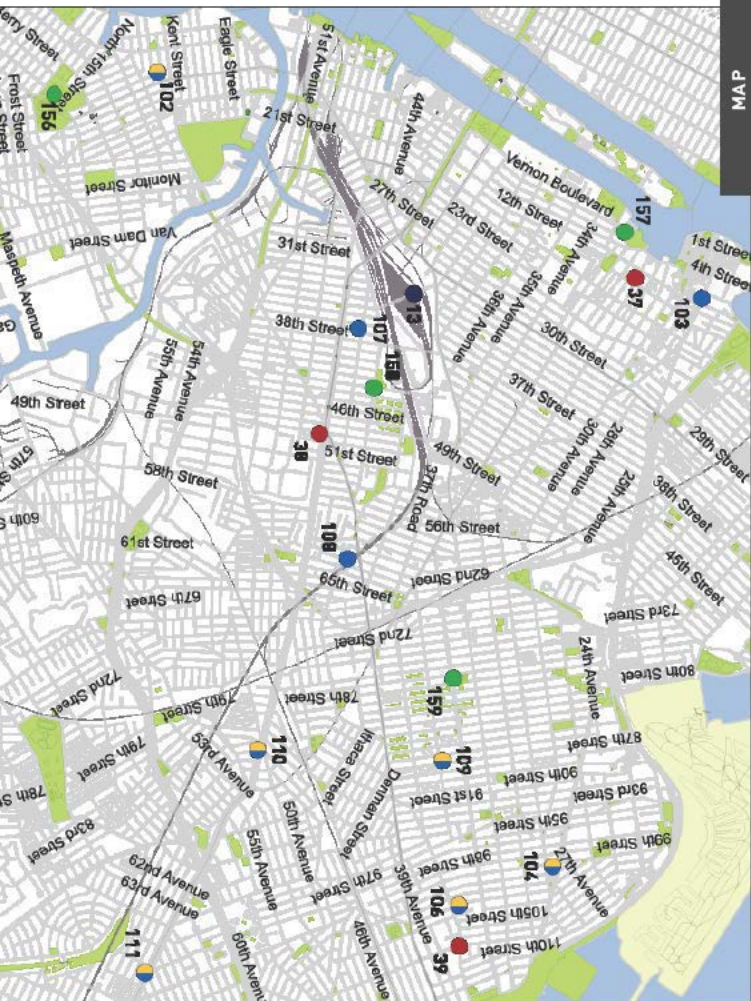
# BROOKLYN













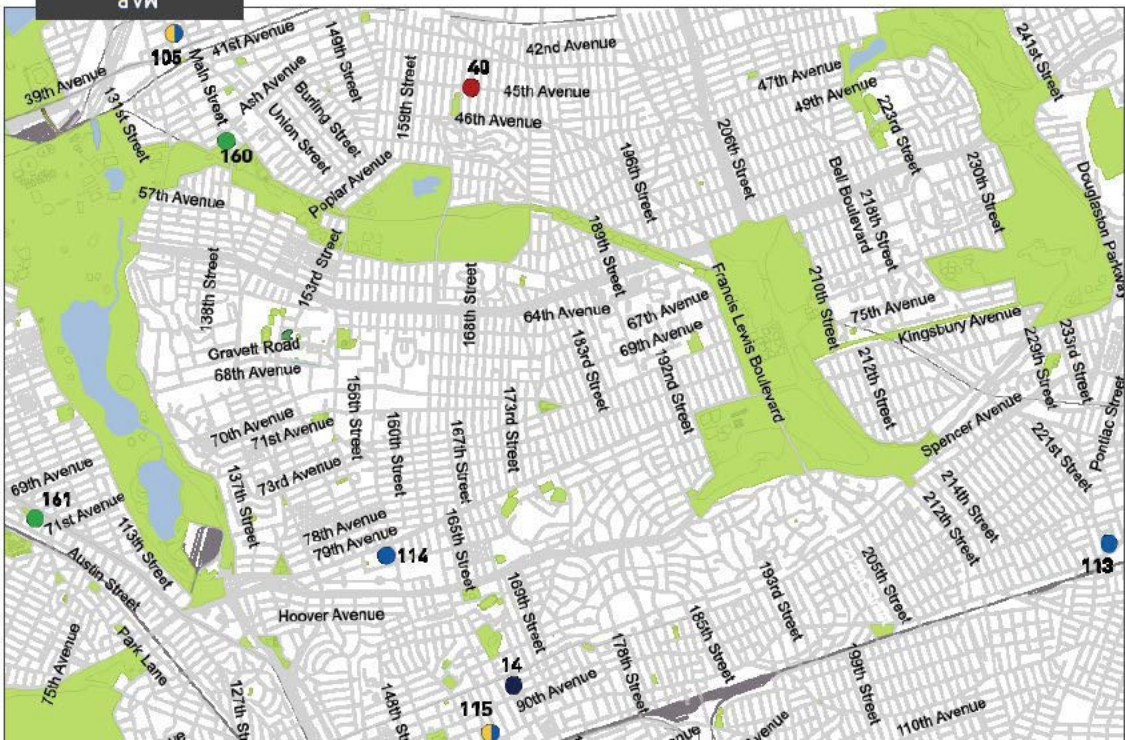


## KEY

- SNAP/Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market



**QUEENS**



## KEY

-  SNAP/Food Stamp Office
-  WIC Office
-  Soup Kitchen
-  Food Pantry
-  Farmers' Market



## STATEN ISLAND



# OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

## MEDICAL CARE

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### BRONX

#### **Lincoln Medical & Mental Health Center**

234 E. 149 St., 10451  
718 579 5000

#### **North Central Bronx Hospital**

3424 Kossuth Ave., 10467  
718 519 5000

#### **Jacobi Medical Center**

1400 Pelham Parkway South, 10461  
718 918 5000

### MANHATTAN

#### **Harlem Hospital Center**

506 Lenox Ave., 10037  
212 939 1000

#### **Metropolitan Hospital**

1901 1 Ave., 10026  
212 423 6262

#### **Bellvue Hospital**

462 1 Ave., 10016  
212 562 5525

#### **Gouverneur Hospital**

227 Madison St., 10002  
212 238 5110

#### **New York Presbyterian Lower Manhattan Hospital**

170 William St., 10038  
212 312 5110



## BROOKLYN

### **Kings County Hospital Center**

451 Clarkson Ave., 11203  
718 245 3131

### **Coney Island Hospital**

2601 Ocean Parkway, 11235  
718 616 3000

### **Maimonides Medical Center**

4802 10 Ave., 11219  
718 283 6000

### **Lutheran Medical Center**

150 55 St., 11220  
718 630 7000

### **Woodhull Medical Center**

760 Broadway, 11206  
718 963 8000

## QUEENS

### **Elmhurst Hospital Center**

79-01 Broadway, 11373  
718 334 4000

### **Junction Medical Center**

34-33 Junction Blvd., 11372  
718 334 6150

### **Ridgewood Medical Center**

769 Onderdonk Ave., 11385  
718 334 6190

### **Queens Hospital Center**

82-68 164 St., 11432  
718 883 3000

### **Jamaica Hospital**

8900 Van Wyck Expressway, 11418  
718 206 6000

## **STATEN ISLAND**

### **Staten Island University Hospital North**

475 Seaview Ave., 10305

718 226 9000

### **Staten Island University Hospital South**

375 Seguire Ave., 10309

718 226 2000

### **Richmond University Medical Center**

355 Bard Ave., 10310

718 818 1234

## **HEALTH INSURANCE**

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### **Affinity Health System**

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

**General Info** 866 694 9809

### **Bronx**

2831 3 Ave., 10455

301 E. Fordham Rd., 10458

### **Manhattan**

1307 St. Nicholas Ave., 10033

57 Division St., 10002

### **Brooklyn**

2230D Church Ave., 11226

5221 8 Ave., 11220

### **Queens**

41-46 Main St., 11355

37-06 74 Ave., 11372

168-22 Jamaica Ave., 11432

21-03 Mott Ave., 11691

## LEGAL ASSISTANCE

### The City Bar Justice Hotline

212 626 7383

**Mon–Thu** 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

**www.lawhelpny.org**

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

## EMERGENCY NUMBERS

**National Hunger Hotline** 866 3-HUNGRY (866 348 6479)

**NYC Hunger Hotline** 866 888 8777

**Police, Fire or Ambulance:** 911

**Emergency Shelter:** 311

**Homeless Hotline:** 800 994 6494, 212 533 5151

**Immigration Hotline:** 212 419 3737, 800 566 7636

**Center for Disease Control:** 800 232 4636

**Poison Control:** 800 222 1222

**AIDS Hotline:** 800 541 AIDS, 800 233 7432 (Spanish)

**Alcoholics Anonymous:** 212 647 1680

**Narcotics Anonymous:** 212 929 6262

**Gamblers Anonymous Hotline:** 855 222 5542

**Domestic Violence Hotline:** 800 621 4673

**Battered Women Hotline:** 718 499 2151

**Rape & Sexual Assault Hotline:** 212 423 2140, 212 227 3000

**Child Abuse Hotline:** 800 342 3720

**Runaway Hotline:** 800 786 2929 (800 RUN AWAY)

**Crime Victim Hotline:** 212 577 7777, 800 689 4357























**Suicide Hotline:** 800 273 8255

**National Crisis Line:** 800 999 9999

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## WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages  
School Breakfast & Lunch  
Free Summer Meals  
for Children



Meals at Soup Kitchens



Meals at Senior Centers  
Home-delivered Meals

~~HUNGER~~  
**FREE  
NYC**

Have any suggestions on how to make this Guide better? Email [guides@hungerfreenyc.org](mailto:guides@hungerfreenyc.org).