

NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE



2017

~~HUNGER~~
FREE
NYC

Including information on SNAP/Food Stamps,
Meals for Kids, Senior Meals, Soup Kitchens, Food
Pantries, Farmers' Markets, and more...

ABOUT

**THIS GUIDE WAS PRODUCED BY HUNGER
FREE NYC TO CONNECT THOSE IN NEED
WITH FREE COMMUNITY RESOURCES.
WE HOPE IT PROVES USEFUL TO YOU.**

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This Guide is also available as a free PDF on our web site, www.hungerfreenyc.org/guides.

To order additional copies of this guide, call (212) 825-0028 or send us an email at guides@hungerfreenyc.org.

**HUNGER
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NYC**

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SNAP/ FOOD STAMPS

SNAP benefits, the new name for food stamps, can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

TERMS

EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

SNAP

Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

WHAT SHOULD I KNOW?




➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.

➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.

➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 28.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependant care, can have higher incomes and still be eligible.

		
NUMBER OF PEOPLE IN HOUSEHOLD	MONTHLY INCOME LIMIT (PRE-TAXES) ¹	MAX. MONTHLY SNAP BENEFITS ²
1	\$1,287	\$194
2	\$1,736	\$357
3	\$2,184	\$511
4	\$2,633	\$649
Each additional household member	+\$451 (approximately)	+\$146 (approximately)
	¹ In effect 10/1/16 - 9/30/17.	² In effect 10/1/16 - 9/30/17.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ Immigration status is not negatively affected if you apply for or receive SNAP benefits.

HOW TO APPLY

1 Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

Hunger Free NYC

646 355 1475 & 646 350 1104

2 ACCESSNYC

Apply online at:

www.nyc.gov/accessnyc

3 Visit Your Local HRA Office

Apply at a SNAP office near you:

1 Concourse SNAP Center

1375 Jerome Ave., 2nd Floor, 10452

718 722 8013

Mon-Fri 8:30am-6pm; **Sat** 9am-5pm

2 Hunts Point SNAP Center

845 Barretto St., Level B, 10474

718 722 8013

Mon-Fri 8:30am-5pm

3 Crotona SNAP Center

1910 Monterey Ave., 5th Floor, 10457

718 722 8013

Mon-Fri 8:30am-5pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN

WIC is the Women, Infants & Children Program.

QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children up to the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.

HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

4 Morris Heights Health Center - St. Ann's

625 E. 137th St., 10454
718 425 3888

Mon-Wed 8:30am-5pm; **Thu** 10:30am-7pm; **Fri** 10am-5pm; **Sat** once/month 9:30am-2pm

5 Lincoln Hospital - Segundo Ruiz Belvis Center

545 E. 142 St., 10454
718 579 1707

Mon 7:30am-7pm, **Tue-Fri** 7:30am-5pm

6 Lincoln Medical & Mental Health Center

234 E. 149 St., 10451
718 579 5397

Mon 8:30am-7pm, **Tue-Fri** 8:30am-5:45pm, **Sat** 8:30am-4:30pm

7 Montefiore Medical Center- 161 St WIC

432 E. 161 St., 10451
718 585 4695

Mon, Wed-Fri 8am-4pm; **Tue** 9am-5pm all by appt. only

8 Urban Health Plan - Bronx WIC

1070 Southern Blvd., 10459
718 589 4776

Mon 9am-5 pm, **Tue** 8:30am-5pm, **Wed** 8:30am-6pm, **Thu** 7:30am-5pm, **Fri** 9am-3pm, **Sat** 8:30am-1pm

9 Lincoln Hospital - Morrisania Longwood WIC Program

1125 Grand Concourse (entrance on McClellan Ave.), 10452
718 588 1887/1501

Mon, Tue, Thu 9am-5pm; **Wed, Fri** 8:30am-4:30pm, **every other Sat** 8:30am-4:30pm all by appt. only

10 Lincoln Hospital - Morrisania Neighborhood Family Health Center WIC Program

1225 Gerard Ave., 10452
718 960 2805

Mon-Thu 8am-8pm; **Fri** 8am-5pm, **every other Sat** 8:30am-4pm, all by appt. only

11 Bronx Lebanon Hospital Center

21 East Mount Eden Ave, 10452
718 583 4278

Mon, Tue, Thu 8am-3pm, **Wed** 8am-6pm (If working/in school), **Fri** 8am-12pm, **2nd Sat** 9am-2pm by appointment.

12 Public Health Solutions East Tremont WIC Center

519 East Tremont Avenue, 10457
718 294 6887

Mon 11am-6:30pm, **Tue-Fri** 8:30am-4pm

13 St. Barnabas Hospital Ambulatory Care Building

4487 3rd Ave., 10457
718 960 6257

Mon-Thu 8:30am-4:30pm, **Fri** 8:30am-5pm

14 St. Barnabas Hospital

2021 Grand Concourse, 1st Floor, 10453
718 901 9510

Mon-Thu 8:30am-6pm, **Fri** 8:30am-5pm, **Sat** 9am-12pm

15 Morris Heights Health Center

85 W. Burnside Ave, 10453
718 716 4400

Mon 8:30am-8pm, **Tue** 8am-5pm, **Wed** 8:30am-7:30pm, **Thu** 8:30am-7pm, **Fri** 9:30am-5pm, **Sat** 9:30am-2pm

16 Morris Heights Health Center - Walton

25 E. 183rd St., 10453
718 839 8903

Mon, Wed 8:30am-7:30pm; **Tue** 8am-5pm; **Thu** 8:30am-5pm; **Fri** 9:30am-5pm; **1st, 2nd, 4th Sat** 9:30am-2pm

17 Jacobi Medical Center WIC

1400 Pelham Parkway South, Builg #1, 4 North West, Suite A,
10461
718 918 4000

Mon-Thu 8:30am-4pm, **Fri** 8:30am-3pm

18 Montefiore Medical Center - Westchester Square WIC

22 Westchester Square, 10461
718 829 4401

Mon, Tue, Thu, Fri 8am-4pm; **Wed** 9am-5pm all by appt. only

19 Morris Heights Health Center - Parkchester

2019 Westchester Avenue, 10462
718 931 2030

Mon-Wed 8:30am-5pm; **Thu** 10:30am-7pm; **Fri** 10am-5pm; **Sat** once/month 9:30am-2pm

20 St. Barnabas Hospital - 188th St.

260 E. 188 St., 10458
718 220 2020

Mon-Thu 8:30am-6pm, **Fri** 8:30am-5pm, **Sat** 9am-12pm

21 Montefiore Medical Center - Fordham Plaza WIC

1 Fordham Plaza, 10458
718 405 4066

Mon-Wed, Fri 8am-4pm, **Thu** 9am-5pm all by appt. only

22 North Central Bronx Hospital WIC

3424 Kossuth Ave., 10467
718 519 3488

Mon-Thu 8:30am-4pm, **Fri** 8:30am-3pm

23 Montefiore New Rochelle - White Plains WIC

3401 White Plains Road, 10467
718 547 6345

Mon 9am-6pm; **Tue, Thu** 9am-6:30pm; **Wed** 9am-4:30pm; **Fri, Sat** 9am-12:30pm

24 Morris Heights Health Center - Vanguard

825 E. 233rd St., 10466
347 418 3399

Mon-Wed 8:30am-5pm; **Thu** 10:30am-7pm; **Fri** 10am-5pm; **Sat** once/month 9:30am-2pm

25 Montefiore New Rochelle - 233 St WIC

1600 E. 233rd St., 10466
718 231 5800

Mon 9am-6pm; **Tue, Thu** 9am-6:30pm; **Wed** 9am-4:30pm; **Fri, Sat** 9am-12:30pm

SCHOOL & SUMMER MEALS

SFSP is the Summer Food Service Program, also known as Summer Meals.

QUICK FACTS

- ➔ During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- ➔ Many public school students are also eligible for free or reduced price lunch. An application may be required.
- ➔ Eligibility for school meals is not impacted by immigration status.
- ➔ In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit www.schoolfoodnyc.org for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



SENIOR MEALS

MEALS AT SENIOR CENTERS

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

FIND YOUR LOCAL SENIOR CENTER

Call 311 and be prepared to provide your ZIP code to the operator.

MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



SOUP KITCHENS



FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly, call the NYC Emergency Food Line at 866 888 8777 or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

SOUTH BRONX (Lower)

10454, 10455, 10451

26 St. Luke's Food Pantry

623 E. 138th St., 10454

718 665 6677

Food Pantry: Fri 10am-12pm

ID required.

27 St. Ann's Church of Morrisania

295 St. Ann's Ave, 10454

718 585 5632

Soup Kitchen: Sun 11am-2pm

Food Pantry: Wed, Fri 10:30am-2pm

Medicaid card or ID required for pantry.

28 St. Jerome Community Food Pantry

330 E. 138th St., 10454

718 402 7866

Food Pantry: Wed 4pm -6pm

ID required, serves residents of 10454.

29 Abraham House

340 Willis Avenue, 10454

718 292 2867

Food Pantry: Sat 6:30am-7:30am

ID required.

30 Every Day is a Miracle

411 East 143rd St., 10454

347 618 1162

Food Pantry: Fri 10am-1:30pm

ID required.

31 Way Out Church Ministries

518 East 148th Street, 10455

718 665 8069

Food Pantry: Tue 8am-10am, fresh produce **every day** 10am-2pm

32 United Bronx Parents Food Pantry

603 Prospect Ave, 10455

347 996 1879

Food Pantry: Wed, Fri 10am-12pm

Wed for last names A-M, Fri for last names N-Z. ID required.

Bring cart/bags.

33 United Bronx Parents Soup Kitchen

1006 East 151st St., 10455

718 991 7100

Soup Kitchen: Mon-Fri 2:30pm -4pm

First come, first served.

34 The Relief Bus - Bronx Brook Ave.

Brook Ave. between 147th and 148th, 10455

800 736 2773

Mobile Soup Kitchen: Sat 10am -2pm.

35 City Harvest St. Mary's Mobile Market

575 Trinity Avenue, parking lot on Cauldwell Avenue, 10455
Mobile Market Pantry: 2nd Sat, 4th Tue 9:30am-11:30am
 Residents of the St. Mary's, E.R. Moore, Bronxchester and Adams Houses, members of Urban Health Plan, and the entire 10455 zip code. All food is fresh fruits and vegetables. Families must register to participate - bring proof of address and a photo ID. For further information on registration please call 646 412 0743. For information on available produce and dates of distribution, please call the Mobile Market Hotline at 866 444 0244.

36 St. Margaret's Episcopal Church

940 E. 156th St., 10455
 718 589 4430
Soup Kitchen: Sun 9am-10am, **Wed** 6pm-7pm

37 Give them To Eat - Iglesia Evangelica Espanola

800 E. 156th St., 10455
 718 993 1260
Soup Kitchen: Tue 1pm-3pm
Food Pantry: Fri 12pm-3pm
 ID preferred.

38 Transfiguration Lutheran Church

763 Prospect Ave, 10455
 718 378 3588
Food Pantry: Mon 1pm-3pm

39 BOOM!Health Harm Reduction Center

226 East 144th St., 3rd Floor., 10451
 718 292 7718 x228
Soup Kitchen: Thu 12:30pm-1:15pm

40 Grand Central Food Program - Lincoln Hospital

Morris Ave. & 148th St., 10451
 212 776 2000
Mobile Soup Kitchen: Every day 8pm
 Come on time - distribution is mobile.

41 The Relief Bus - Bronx Courtland Ave.

Courtlandt Ave. between 151st and 152nd, 10451
 800 736 2773
Mobile Soup Kitchen: Wed 10am-2pm

42 City Harvest Melrose Mobile Market

286 East 156th St. at the Classic Center, 10451
Mobile Market Pantry: 2nd Sat, 4th Wed 9:30am-11:30am
 Residents of Melrose, Morrisania Air Rights, Andrew Jackson Houses and Members of Boricua Community Health Center or Bronx Defenders only. All food is fresh fruits and vegetables. Families must register to participate - bring proof of address and a photo ID. For further information on registration please call 646 412 0743. For information on available produce and dates of distribution, please call the Mobile Market Hotline at 866 444 0244.

43 Salvation Army Bronx Citadel

425 E. 159th St., 10451
 718 665 8472
Soup Kitchen: Mon, Wed, Fri 1pm-2pm
Food Pantry: Tue 10am-1pm
 ID and proof of address required to register for pantry, by appointment only. Serves residents of 10451, 10452, 10454-10456, 10459, 10465, 10472-10474.

44 Missionary Church of Christ

937 Teller Avenue, 10451
 718 588 4545
Food Pantry: 2nd, 4th Sat 10am-12pm

SOUTH BRONX (Upper)

10452, 10453, 10457, 10456, 10459, 10474, 10460

45 Grand Central Food Program - 164th St. & Ogden

NE corner of 164th St. & Ogden Ave., 10452
 212 776 2000
Mobile Soup Kitchen: Every day 8:25pm
 Come on time - distribution is mobile.

46 The Momentum Project at Church of God of Prophecy

85 East 165th St at Gerard & Walton Aves, 10452
 212 691 8100
Soup Kitchen: Wed 11am-1pm, 4pm-6:30pm
 Dinner clients must complete intake at 3pm.

- 47 Mid-Bronx Food Pantry**
1125 Grand Concourse, 10452
718 410 6735
Food Pantry: 3rd Fri 9:30am-12pm
ID required for all household members.
- 48 Bread Basket at Woodycrest United Methodist Church**
89 West 166th St, 10452
718 538 7500
Soup Kitchen: Wed 12pm -2pm
- 49 WHEDCo - Women's Housing and Econ. Dev. Corp.**
50 East 168th Street, 10452
718 839 1100
Food Pantry: Wed 9:30am
Tickets distributed starting at 7:30am to first 30 people. ID and proof of address required. Emergency bags provided as needed Mon-Fri 9am-5pm.
- 50 Tolentine Zeiser Community Life Center**
1261 Shakespeare Ave., 10452
917 549 8958
Food Pantry: Fri 9am-11am
Emergencies anytime. Can come once/month.
- 51 Grand Central Food Program - 170th & Jerome**
170th St. & Jerome, 10452
212 776 2000
Mobile Soup Kitchen: Every day 8:30pm
Come on time - distribution is mobile.
- 52 True Gospel Tabernacle Church**
1 West Tremont Ave., 10453
718 901 2786
Food Pantry: Tue 1pm, **Wed** 4pm, **Thu** 11am
Photo ID required. Food distributed by last name - A-F starts 1st Thu, G-L 2nd Thu, M-R 3rd Thu, S-Z 4th Thu, 5th Thu no pantry.
- 53 Heights Pantry/ Bronxworks, Inc.**
200 West Tremont Ave., 3rd FL, 10453
718 299 0300
Food Pantry: 1st, 3rd Fri 7am-11am
1st Fri is for 60 and under, 3rd Fri for 60+.
- 54 St. Edmunds Youth Programs, Inc.**
1905 Morris Avenue, 10453
718 466 9370
Food Pantry: Thu 12pm-2pm
Tickets distributed Thu 8am. Occasional Mon distribution, call to check.
- 55 Davidson Community Center**
2038 Davidson Ave., 10453
718 731 6360
Food Pantry: Wed 9am-12pm
- **56 Bronx Works Morris Innovative Senior Center**
80 East 181st St., 10453
718 933 5300
Food Pantry: 2nd Fri 1:30pm-2:30pm (seniors only); **last Fri** 1:30pm-2:30pm (open to community)
Tickets for pantry are distributed at 7:30am.
- 57 Libres Por Jesucristo**
609 E. 182nd St., 10457
646 408 3909
Food Pantry: Wed 1pm-3pm
Tickets distributed Wed 9am.
- 58 Abrigo Del Altisimo**
2009 Monterey Ave., 10457
718 669 4826
Food Pantry: Tue 2pm-4pm
- 59 Joshua and Caleb Ministry Inc. Food Pantry**
1688 Webster Avenue, 10457
718 328 5900
Food Pantry: Sat 11am-12pm
ID preferred.
- 60 Bronx Seventh Day Adventist Church**
1695 Washington Avenue, 10457
917 351 8777
Food Pantry: Thu 2pm-5pm.
ID required for registration. Provide emergency food, clothing pantry, and referrals.

- 61 Vineyard Food Pantry**
1140 Teller Avenue, 10456
718 865 4011
Food Pantry: Sat 10am-12pm
Photo ID required.
- 62 Inspirational Gospel Assembly**
1211 Brook Avenue, 10456
347 272 0596
Food Pantry: Sat 11am-1pm
Photo ID required.
- 63 St. Augustine Food Pantry & Clothing Distribution**
1183 Franklin Ave., 10456
718 893 0072 ext.15
Food Pantry: Mon 9:30am-1pm, **Thu** 5pm-7-pm for working people (bring pay stub)
ID required.
- 64 New Covenant Community Development Corporation**
1175 Boston Road, 10456
718 328 6072 x119
Food Pantry: Thu 10am-1pm
ID required for registration.
- 65 New Zion Pilgrim Baptist Church**
1040 Washington Ave., 10456
718 292 4165
Food Pantry: Fri 9am-12pm
Must register first.
- 66 Gospel Hill Baptist Church**
3265 3rd Ave., 10456
718 585 6730
Food Pantry: Tue 10am until food runs out
ID required. Line forms at 7am. Pantry may be open other days, call to check.
- 67 Morrisania Revitalization Corp. Food Pantry**
576 East 165th St., 10456
718 541 4597
Food Pantry: Fri 10am-12pm
Photo ID preferred.
- 68 Manna of Life/Fellowship Chapel**
578 East 166 Street, 10456
347 577 5788
Soup Kitchen: Sat 11am-1pm
Food Pantry: Thu, Fri - call Mon-Wed for appointment
- 69 PATHHSEO at Caldwell Temple AME Zion Church**
1288 Rev. James A. Polite , 10459
844 818 FOOD 3663
Soup Kitchen: Sat 8am-2:30pm
Food Pantry: Sat 8am-2:30pm
- 70 The HopeLine**
884 E. 163rd St., 10459
718 402 1212
Food Pantry: Wed 10:45am-2:30pm, **Thu** 9:30am-1:30pm
By appointment only. Clothing bank available.
- 71 Grand Central Food Program - Lafayette & Manida**
NW corner of Lafayette Ave. & Manida St., 10474
212 776 2000
Mobile Soup Kitchen: Every day 7:40pm
Come on time - distribution is mobile.
- 72 Bright Temple AME Church**
812 Faile St., 10474
718 542 7777
Food Pantry: Fri 10am-12pm
- 73 Grand Central Food Program - Randall & Bryant**
SW corner of Randall Ave. & Bryant Ave., 10474
212 776 2000
Mobile Soup Kitchen: Every day 7:30pm
Come on time - distribution is mobile.
- 74 Grace Episcopal Church**
1909 Vyse Ave., 10460
718 542 1946
Soup Kitchen: Tue, Sat 12pm-1:30pm
Food Pantry: Thu 9am-1pm
ID required for pantry.

75 St. Anthony Catholic Church

1496 Commonwealth Ave., 10460

718 931 4040

Soup Kitchen: Sat 11am-2pm (hot meal); **Mon-Fri** 9am-10am
(coffee and donuts)**EAST BRONX**

10472, 10473, 10461, 10462

76 Saint Joan of Arc Church - Youth Ministries for Peace and Justice

1372 Stratford Avenue, 10472

Soup Kitchen: Sat 10am-1pm or until food runs out
Closed July and August.**77 El Amanecer De La Esperanza**

1779 East 172nd Street, 10472

718 863 4440

Food Pantry: Mon, Wed 8am-12pm; **Fri** 9am-12pm
Photo ID preferred.**78 Soundview Presbyterian Church**

760 Soundview Ave., 10473

718 842 2287

Food Pantry: Every other Wed 8am-10am**79 Fellowship Covenant Church**

720 Castle Hill Ave., 10473

718 829-2116

Soup Kitchen: 1st, 3rd Sat 1pm-3pm**Food Pantry: Wed** 10am-11:30am

ID required, can come once/month. Call on Tue for pick up Wed.

80 Holy Cross Church

600 Soundview Ave., 10473

718 893 5550

Food Pantry: Thu 9am-1pm**81 The Love Kitchen of St. Peter's Church - Westchester Square**

2500 Westchester Ave, 10461

718 931 9270

Soup Kitchen: Thu 12pm-2pm**Food Pantry: 3rd Tue** 10am-12pm

Bring cart for pantry.

82 St. Paul's Lutheran Church

1891 McGraw Avenue, 10462

718 822 4535

Food Pantry: Fri 8am-10am

Photo ID, proof of address required on first visit, and birth certificates for all children preferred

83 Jewish Community Council of Pelham Parkway

2157 Holland Avenue, 10462

718 792 4744

Food Pantry: Tue-Thu 1pm -4pm
ID preferred.**NORTHWEST BRONX**

10458, 10468

84 New St. John Baptist Church

2409 Lorillard Place, 10458

917 400 4830

Food Pantry: Fri 8am-10am
ID required.**85 Christ Apostolic Church WOSEM Citadel of God Almighty**

442 East 183rd Street, 10458

718 364 4320

Food Pantry: Wed 7:30pm-9pm**86 Louise's Pantry at Park Avenue Thorpe**

406 East 184th Street, 10458

646 713 2732

Food Pantry: Wed 8:30am-9:30am

Served on alternating last name basis; A-L or M-Z. Call in advance to see which last names will be served. Provides clothing, toiletries, housing counseling, youth programming and job readiness workshops.

87 Grand Central Food Program - Fordham & Webster

Fordham Rd. & Webster Ave., 10458

212 776 2000

Mobile Soup Kitchen: Every day 9:10pm
Come on time - distribution is mobile.

88 BOOM! Health

540 E. Fordham Rd., 10458
718 295 5605

Food Pantry: Mon-Fri 9am-4pm

89 POTS - Part of the Solution

2759 Webster Avenue, 10458
718 220 4892

Soup Kitchen: Every day 12:30pm-3:30pm

Food Pantry: Mon-Sat 9am-12pm, **Sat** 3:30pm-5:30pm

Pantry serves residents of 10453, 10457, 10458, 10460, 10463, 10467. Showers Mon-Fri 8:15am-10:45am; Haircuts Tue-Thu 9am-12pm; Mail Mon-Fri 12:30pm-4pm; Clothing: Mon, Wed, Fri 10:30am-11:15am, 1:30pm-3pm; Legal Clinic Intake: Mon, Thu, Fri 9am-11:30am; Case management Mon-Wed, Fri 9am -3pm.

90 Our Lady of Refuge

290 E. 196th St., 10458
718 367 4690

Food Pantry: Wed 9am-10:30am

ID required. Can come once/month.

91 Grand Central Food Program - Fordham & University

Fordham Rd. and University Ave., 10468
212 776 2000

Mobile Soup Kitchen: Every day 8:45pm

Come on time - distribution is mobile.

92 Creston Avenue Baptist Church

114 E. 188th St., 10468
FP 718 367 1754, SK 347 820 6114

Soup Kitchen: Sat 12pm-2pm

Food Pantry: Mon, Wed, Fri 12pm-2pm

Photo ID and proof of address (or letter from an agency if homeless) required for food pantry, can come once/month

93 Heavenly Vision Christian Center

2868 Jerome Ave., 10468
718 220 8124

Food Pantry: Tue 9am-11am

ID required.

NORTHEAST BRONX

10467, 10469, 10466, 10475

94 Christ Disciples International Ministries

3021-31 Webster Ave., 10467
646 294 7726

Food Pantry: Wed, Sat 10:30am-1pm

Bring ID and proof of household size, client-choice pantry

95 Immaculate Conception Catholic Church

754 East Gun Hill Road, 10467

Soup Kitchen: Mon-Fri 1pm -2pm

Food Pantry: 4th Sat 10am-12pm

ID and proof of address required for pantry. Serves residents of 10467, 10469.

96 Astor Family Services

750 Tilden St., 10467
718 231 3400

Food Pantry: Thu 2pm-3pm.

Call Wed for appt.

97 Church of Pentecost

621 East 216th Street, 10467
718 515 5366

Food Pantry: Every other Thu 1pm-2pm

Call first to confirm.

98 Eastchester Presbyterian Church

3154 Fish Ave., 10469
718 798 1855

Soup Kitchen: Thu 5:30pm-6:30pm

Food Pantry: 3rd Sat 10am

ID required for pantry.

99 Shiloh Temple Pentacostal Church

719 E. 223rd St., 10466
718 882 8909

Soup Kitchen: Thu 9am-1pm

Food Pantry: Tue 8am-12pm

100 Faith Apostolic Gospel Temple

3956 Bronxwood Avenue, 10466
718 882 6717

Food Pantry: Sat 10am-12pm

101 Our Lady of Grace Social Outreach

3985 Bronxwood Ave., 10466
718 652 4817

Food Pantry: Mon 1pm-2:45pm

Serves residents from 241st St to Gun Hill Rd, between Webster Ave and Co-op City.

102 Bronx Bethany Community Organization

971 E. 227th St., 10466
718 231 5276

Food Pantry: Wed 9am-11am

Photo ID with address required.

103 East 233rd Street Senior Center

732 E. 233rd St., 10466
718 653 2326

Soup Kitchen: Wed, Thu 9:30am-10:30pm, 12pm-1pm

Blood pressure monitoring Thu 9am-12pm; food supplement packages distributed when available.

104 St. Francis of Rome

760 Whitehall Pl., 10466
718 324 5340

Food Pantry: every other Fri 9am-12pm

ID required. Family can come once/month.

105 Iglesia Pentecostal M.I. Ebenezer

3801 Dyre Ave., 10466
347 843 8930

Food Pantry: 2nd Thu 9am-1pm

ID required.

106 Co-op City SDA Church

1010 Baychester Avenue, 10475
646 851 8591

Food Pantry: 1st, 3rd Wed 4:30pm-6pm

107 Black Forum of CO-OP City, Inc.

177 Dreiser Loop, 10475
718 320 8035

Food Pantry: Tue-Fri 11am-12:45pm

Photo ID with address required. Serves residents of 10475.

Will offer non 10475 residents a one-time only food supply and a referral to a food pantry nearest to them. Bring 2 clean grocery bags & shopping cart to carry heavy items. Free healthy cooking workshops offered - call for details.



JOB TRAINING & RESOURCES

Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

EMPLOYMENT & TRAINING

Visit the following sites to find out more about training and education programs across the city:

www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml

www1.nyc.gov/site/hra/help/types-training-education.page



FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

FARMERS' MARKETS

All farmers' markets listed accept EBT/SNAP (food stamps).

SOUTH BRONX (Lower)

10454, 10455, 10451

108 Harvest Home St. Mary's Park Market

St. Mary's Park (149th & St. Ann's Ave), 10455

Thu 8am-4pm, Jul 6-Nov 16

109 Lincoln Hospital Greenmarket

149th St. between Park Ave. & Morris Ave., 10456

Tue, Fri 8am-3pm, Jun 30 - Nov 21

110 La Finca del Sur/South Bronx Farmers' Market

138 St. between Willis and Alexander, 10451

Sat 10am-4pm, Jun-Nov

111 Bronx Borough Hall Greenmarket

Grand Concourse bet. 161st St. & 162nd St., 10451

Tue 8am-4pm; Jun 6 - Nov 28. Closed Independence Day.

SOUTH BRONX (Upper)

10452, 10453, 10457, 10456, 10459, 10474, 10460

112 Harvest Home Mt. Eden Farmers' Market

Claremont Park, Mt. Eden and Morris Ave., 10457

Tue, Thu 8am-4pm Jun 6-Nov 21. Closed Jul 3.

113 La Familia Verde Farmers' Market

E. Tremont Ave & LaFontaine Ave (in Tremont Park), 10457

Tue 8am-2pm, Jul-Nov

114 Harvest Home Hunts Point Market

Monsignor Del Valle Park between 163 St. and Hunts Point Ave., 10459

Wed 8am-4pm, Jun 7-Nov 22

EAST BRONX

10472, 10473, 10461, 10462

115 Harvest Home Soundview Market

Morrison Ave. between Westchester and Harrod Place, 10472

Sat 8am-4pm, Jun 10-Nov 21. Closed Aug 19.

116 Parkchester/Virginia Park Greenmarket

Westchester Ave. & White Plains Rd., 10472

Fri 8am-4pm, Jun 16-Nov 17

117 Harvest Home Jacobi Hospital Market

1400 Pelham Parkway, 10461

Tue, Fri 8am-4pm, Jun 6-Nov 21. Closed Jul 3.

NORTHWEST BRONX

10458, 10468, 10463

118 Poe Park Greenmarket

E. 192 St. & Grand Concourse, 10458

Tue 8am-3pm, Jun 20-Nov 28. Closed Independence Day.

119 Kingsbridge - Riverdale Farmers' Market

W. 231 St. at Kingsbridge Ave., 10463

Sun 9am-5pm, Jul-Nov

NORTHEAST BRONX

10467, 10469, 10466, 10475

120 Harvest Home North Central Bronx Market

Mosholu Parkway & Jerome Ave., 10467

Wed 8am-4pm, Jul 7-Nov 22

121 Harvest Home Co-op City Market

Asch Loop & Aldrich St., 10475

Wed 8am-4pm, Jul 5-Nov 22

CSA PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

Contact: info@corbinhillfarm.com, 646 254 2250

Web: www.corbinhillfoodproject.org/new-farm-share/

Just Food

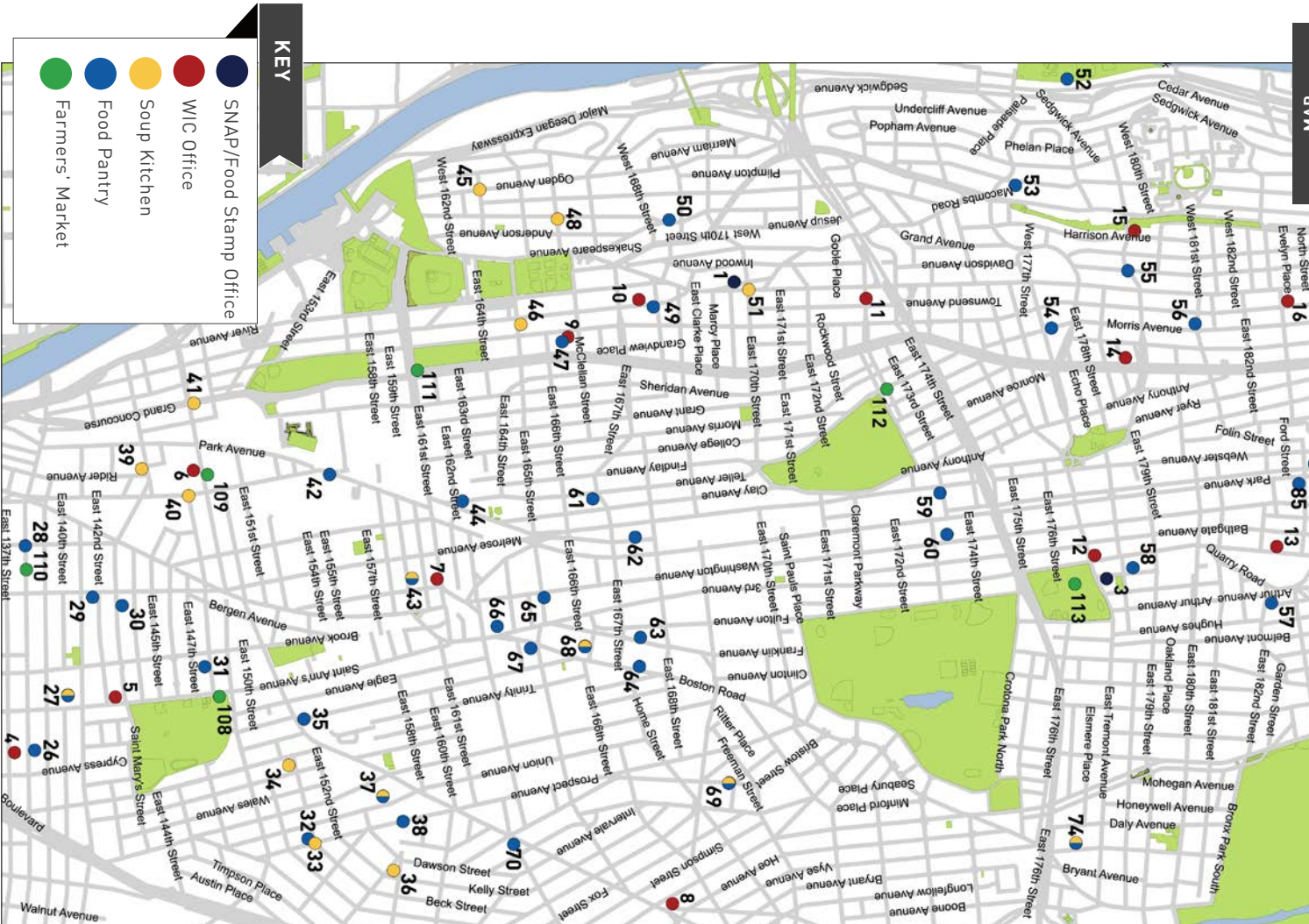
Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

Contact: info@justfood.org, 212 645 9880

Web: www.justfood.org/csaloc

Feel free to use this space for your own notes.

NOTES



KEY

- SNAP/Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market



OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

MEDICAL CARE

Lincoln Medical & Mental Health Center

234 E. 149 St., 10451
718 579 5000

North Central Bronx Hospital

3424 Kossuth Ave., 10467
718 519 5000

Jacobi Medical Center

1400 Pelham Parkway South, 10461
718 918 5000

Segundo Ruiz Belvis Neighborhood Care Center

545 E. 142 St., 10469
718 918 4000

Morrisania Diagnostic and Treatment Center

1225 Gerard Ave., 10452
718 960 2805

Tremont Health Center

1826 Arthur Ave., 10457
718 918 8750

HEALTH INSURANCE

Affinity Health System

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

General Info 866 694 9809

2831 3 Ave., 10455
301 E. Fordham Rd., 10458
1250 Water Pl. (Metro Center Tower 1, entrance off Marconi St), 10461

LEGAL ASSISTANCE

The City Bar Justice Hotline

212 626 7383

Mon–Thu 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

www.lawhelpnyc.org

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

EMERGENCY NUMBERS

National Hunger Hotline 866 3-HUNGRY (866 348 6479)

NYC Hunger Hotline 866 888 8777

Police, Fire or Ambulance: 911

Emergency Shelter: 311

Homeless Hotline: 800 994 6494, 212 533 5151

Immigration Hotline: 212 419 3737, 800 566 7636

Center for Disease Control: 800 232 4636

Poison Control: 800 222 1222

AIDS Hotline: 800 541 AIDS, 800 233 7432 (Spanish)

Alcoholics Anonymous: 212 647 1680

Narcotics Anonymous: 212 929 6262

Gamblers Anonymous Hotline: 855 222 5542

Domestic Violence Hotline: 800 621 4673

Battered Women Hotline: 718 499 2151

Rape & Sexual Assault Hotline: 212 423 2140, 212 227 3000

Child Abuse Hotline: 800 342 3720

Runaway Hotline: 800 786 2929 (800 RUN AWAY)

Crime Victim Hotline: 212 577 7777, 800 689 4357























Suicide Hotline: 800 273 8255

National Crisis Line: 800 999 9999

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WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages
School Breakfast & Lunch
Free Summer Meals
for Children



Meals at Soup Kitchens



Meals at Senior Centers
Home-delivered Meals

~~HUNGER~~
FREE
NYC

Have any suggestions on how to make this Guide better? Email guides@hungerfreenyc.org.