

NEW YORK

CITYWIDE GUIDE TO FOOD & ASSISTANCE



2017 v2

~~HUNGER~~
FREE
NYC

Including information on SNAP/Food Stamps,
Meals for Kids, Senior Meals, Soup Kitchens, Food
Pantries, Farmers' Markets, and more...

ABOUT

**THIS GUIDE WAS PRODUCED BY HUNGER
FREE NYC TO CONNECT THOSE IN NEED
WITH FREE COMMUNITY RESOURCES.
WE HOPE IT PROVES USEFUL TO YOU.**

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This Guide is also available as a free PDF on our web site, www.hungerfreenyc.org/guides.

To order additional copies of this guide, call (646) 350-3833 or send us an email at guides@hungerfreenyc.org.



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SNAP/ FOOD STAMPS

SNAP benefits (formerly known as food stamps) can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

TERMS

EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

SNAP

Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

WHAT SHOULD I KNOW?




➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.

➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.

➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 31.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependant care, can have higher incomes and still be eligible.

		
NUMBER OF PEOPLE IN HOUSEHOLD	MONTHLY INCOME LIMIT (PRE-TAXES) ¹	MAX. MONTHLY SNAP BENEFITS ²
1	\$1,307	\$192
2	\$1,760	\$352
3	\$2,213	\$504
4	\$2,665	\$640
Each additional household member	+\$453 (approximately)	+\$144 (approximately)
	¹ In effect 10/1/16 - 9/30/17.	² In effect 10/1/16 - 9/30/17.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ Immigration status is not negatively affected if you apply for or receive SNAP benefits.

HOW TO APPLY

1

Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

Hunger Free NYC

646 355 1475 & 646 350 1104

2

ACCESSNYC

Apply online at:

www.nyc.gov/accessnyc

Apply at a SNAP office near you:

BRONX

1 Hunts Point SNAP Center

845 Barretto St., Level B, 10474

718 722 8013

Mon-Fri 8:30am-5pm

2 Crotona SNAP Center

1910 Monterey Ave., 5th Floor, 10457

718 722 8013

Mon-Fri 8:30am-5pm

3 Concourse SNAP Center

1375 Jerome Ave., 2nd Floor, 10452

718 722 8013

Mon-Fri 8:30am-6pm; **Sat** 9am-5pm

MANHATTAN

4 Washington Heights SNAP Center

4055 10 Ave., Lower Level, 10034

718 722 8013

Mon-Fri 8:30am-5pm

5 St. Nicholas SNAP Center

132 W. 125 St., 3rd Floor, 10027

718 722 8013

Mon-Fri 8:30am-5pm

6 East End SNAP Center

2322 3 Ave., 3rd Floor, 10035

718 722 8013

Mon-Fri 8:30am-5pm

7 Waverly SNAP Center

12 W. 14 St., 4th Floor, 10011

718 722 8013

Mon-Fri 8:30am-6pm, **Sat** 9am-5pm

BROOKLYN

8 Coney Island SNAP Office

2857-2865 W. 8 St., 1st Floor, 11224

718 722 8013

Mon-Fri 8:30am-5pm

- 9 Fort Greene SNAP Center**
275 Bergen St., 1st Floor, 11217
718 722 8013
Mon-Fri 8:30am-6pm, **Sat** 9am-5pm
- 10 North Brooklyn SNAP Center**
500 Dekalb Ave., 4th Floor, 11205
718 722 8013
Mon-Fri 8:30am-5pm
- 11 Williamsburg SNAP Center**
30 Thornton St., 4th Floor, 11206
718 722 8013
Mon-Fri 8:30am-5pm
- 12 East New York SNAP Center**
404 Pine St., 1st Floor, 11208
718 722 8013
Mon-Fri 8:30am-5pm

QUEENS

- 13 Queens SNAP Center**
32-20 Northern Blvd., 2nd Floor, 11101
(entrance on Honeywell St.)
718 722 8013
Mon-Fri 8:30am-5pm
- 14 Jamaica SNAP Center**
165-08 88 Ave., 3rd Floor, 11432
718 722 8013
Mon-Fri 8:30am-6pm, **Sat** 9am-5pm
- 15 Rockaway SNAP Center**
219 Beach 59 St., 1st Floor, 11692
718 722 8013
Mon-Fri 8:30am-5pm

STATEN ISLAND

- 16 Richmond SNAP Center**
201 Bay St., 1st Floor, 10301
718 722 8013
Mon-Fri 8:30am-6pm, **Sat** 9am-5pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN

WIC is the Women, Infants & Children Program.

QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children under the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.

HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

BRONX

17 Montefiore New Rochelle - White Plains WIC

3401 White Plains Road, 10467

718 547 6345

Mon 9am-6pm; **Tue, Thu** 9am-6:30pm; **Wed** 9am-4:30pm; **Fri, Sat** 9am-12:30pm

18 Morris Heights Health Center - Parkchester

2019 Westchester Avenue, 10462

718 931 2030

Mon-Wed 8:30am-5pm; **Thu** 10:30am-7pm; **Fri** 10am-5pm; **Sat once/month** 9:30am-2pm

19 St. Barnabas Hospital Ambulatory Care Building

4487 3rd Ave., 10457

718 960 6257

Mon-Thu 8:30am-4:30pm, **Fri** 8:30am-5pm

- 20 Urban Health Plan - Bronx WIC**
1070 Southern Blvd., 10459
718 589 4776
Mon 9am-5 pm, **Tue** 8:30am-5pm, **Wed** 8:30am-6pm, **Thu** 7:30am-5pm, **Fri** 9am-3pm, **Sat** 8:30am-1pm
- 21 Lincoln Medical & Mental Health Center**
234 E. 149 St., 10451
718 579 5397
Mon 8:30am-7pm, **Tue-Fri** 8:30am-5:45pm, **Sat** 8:30am-4:30pm

MANHATTAN

- 22 New York Presbyterian Hospital - Washington Heights WIC**
549 West 180th Street, 2nd Floor, 10033
212 928 0307
Mon-Fri 8am-4:30pm; **1st, 3rd Sat** 8am-4pm
- 23 Harlem Hospital Center WIC Program-Main Office**
506 Lenox Ave, 10037
212 939 2730
Mon-Fri 8am-6pm, **Sat** 8am-3pm
- 24 Mount Sinai St. Luke's Hospital Center**
1111 Amsterdam Ave, 10025
212 523 3447
Mon, Tue, Thu, Fri 8:30am-5pm; **Wed** 8am-6pm
- 25 Institute for Family Health WIC-Lexington Ave**
1701 Lexington Ave., 10029
646 218 4888
Mon-Fri 9am-5pm, **2nd Thu** 11am-7pm.
- 26 Mt. Sinai Health System WIC Program- Roosevelt**
515 W. 59 St., 2nd Floor, 10019
212 523 6539
Mon, Wed, Thu 9am-5pm; **Tue** 9am-7pm; **Fri** 9am-4pm
- 27 William F. Ryan - NENA Community Health Center WIC**
279 E 3rd Street, 10009
212 477 8500
Mon 9am-7pm, **Tue-Fri** 9am-5pm

28 New York Presbyterian Lower Manhattan WIC

69 Gold St., Lobby Level, 10038
212 312 5831

Mon-Fri 8am-5pm

BROOKLYN**29 Coney Island Hospital WIC Program**

2601 Ocean Parkway, Room 1N1, 11235
718 616 4338

Mon-Fri 8am-7pm, **Sat** 9am-4pm

30 Maimonides Medical Center WIC

5613 Fort Hamilton Parkway, 11219
718 854 3190

Mon, Wed, Thu 7:45am-4:45pm; **Tue** 7:45am-7pm; **Fri** 8am-2pm;
3rd Sun 9am-1pm

31 Kings County Hospital Center - Nostrand Ave. WIC

2266 Nostrand Ave., 11210
718 338 2588

Mon-Fri 9am-5pm

32 NYU Lutheran - Park Slope WIC

220 13th St., 11215
718 832 5986

Mon-Wed, Fri 9am-5pm; **Thu** 10am-6pm

33 Brookdale Family Care Center New Lots

465 New Lots Ave., 11207
718 240 8950

Mon-Fri 8am-5pm (**Thu** until 7pm), **Sat** 8:30am-4:30pm

34 Brooklyn Hospital Center - Bedford Stuyvesant

1606 Fulton St., 11213
718 773 4126

Mon, Wed 9am-5pm; **Tue, Thu** 9am-7pm; **Fri** 8:30am-4pm; **Sat**
9am-4pm (except 5th Sat)

35 Brooklyn Hospital Center - Dekalb WIC

121 Dekalb Ave., 11201
718 250 8126/8124

Mon, Wed 9am-4pm; **Tue, Thu** 9am-6pm; **Fri** 8:30am-3:30pm

36 North Brooklyn Health Network at Williamsburg

279 Graham Ave., 2nd Fl, 11211

718 963 7845/7836

Mon 11am-7pm; **Tue-Fri** 8:30am-4:30pm (4th Fri closes 12:30pm)

QUEENS

37 Public Health Solutions Astoria WIC Center

12-26 31st Avenue, 11106

718 726 5816

Mon-Sat 8:30am-4pm

38 Bellevue - Sunnyside WIC

49-02 Queens Blvd., 11377

718 779 8828

Mon 9am-6pm; **Tue, Wed, Fri** 9am-5pm; **Thu** 8am-5pm; **2nd Sat** 8am-3:30pm by appt. only

39 Urban Health Plan - Plaza del Sol Family Health Center WIC

37-16 108th St., 11368

347 686 3700 x 5580

Mon, Thu, Fri 9am-5pm; **Tue** 8am-5pm; **Wed** 8am-6pm; **every other Sat** 8am-4pm

40 Jamaica Hospital - Flushing Medical Center

45 Ave. at Parsons Blvd., 5th Fl., 11355

718 670 5277

Mon-Fri 8:30am-5pm

41 Catholic Charities Jamaica WIC Site

161-10 Jamaica Ave, 11432

718 657 2580

Mon 8am-7pm, **Tue-Fri** 8am-4:30pm, **Sat** once/month by appt. only

42 Joseph P. Addabbo Community Health Center

1288 Central Ave., 11691

718 945 7150

Mon 8am-6pm, **Tue-Fri** 8am-5pm, **Sat** 8:30am-2pm, **Sun** 12pm-5pm

STATEN ISLAND

43 Richmond University Medical Center

355 Bard Ave., 10310

718 818 2373

Mon-Fri 9am-3pm

44 Northwell Health Physician Partners WIC Program - SIUH

475 Seaview Ave., 10305

718 226 6270

Mon-Fri 9am-5pm

45 Staten Island University Hospital South WIC Program

375 Sequine Ave, 10309

718 226 2461

Wed 8am-4pm

SCHOOL & SUMMER MEALS

SFSP is the Summer Food Service Program, also known as Summer Meals.

QUICK FACTS

- During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- Many public school students are also eligible for free or reduced price lunch. An application may be required.
- Eligibility for school meals is not impacted by immigration status.
- In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit www.schoolfoodnyc.org for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



SENIOR MEALS

MEALS AT SENIOR CENTERS

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

FIND YOUR LOCAL SENIOR CENTER

Call 311 and be prepared to provide your ZIP code to the operator.

MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



SOUP KITCHENS



FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly, call the NYC Emergency Food Line at 866 888 8777 or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

BRONX

46 Black Forum of CO-OP City, Inc.

177 Dreiser Loop, 10475

718 320 8035

Food Pantry: Tue-Fri 11am-12:45pm

Photo ID with address required. Serves residents of 10475. Will offer non 10475 residents a one-time only food supply and a referral to a food pantry nearest to them. Bring 2 clean grocery bags & shopping cart to carry heavy items. Free healthy cooking workshops offered - call for details.

47 Immaculate Conception Catholic Church

754 East Gun Hill Road, 10467

Soup Kitchen: Mon-Fri 1pm -2pm

Food Pantry: 4th Sat 10am-12pm

ID and proof of address required for pantry. Serves residents of 10467, 10469.

48 POTS - Part of the Solution

2759 Webster Avenue, 10458

718 220 4892

Soup Kitchen: Every day 12:30pm-3:30pm

Food Pantry: Mon-Sat 9am-12pm, **Sat** 3:30pm-5:30pm

Pantry serves residents of 10453, 10457, 10458, 10460, 10463, 10467. Showers Mon-Fri 8:15am-10:45am; Haircuts Tue-Thu 9am-12pm; Mail Mon-Fri 12:30pm-4pm; Clothing: Mon, Wed, Fri 10:30am-11:15am, 1:30pm-3pm; Legal Clinic Intake: Mon, Thu, Fri 9am-11:30am; Case management Mon-Wed, Fri 9am -3pm.

49 Creston Avenue Baptist Church

114 E. 188th St., 10468

FP 718 367 1754, SK 347 820 6114

Soup Kitchen: Sat 12pm-2pm

Food Pantry: Mon, Wed, Fri 12pm-2pm

Photo ID and proof of address (or letter from an agency if homeless) required for food pantry, can come once/month

50 BOOM! Health

540 E. Fordham Rd., 10458

718 295 5605

Food Pantry: Mon-Fri 9am-4pm

51 Jewish Community Council of Pelham Parkway

2157 Holland Avenue, 10462

718 792 4744

Food Pantry: Tue-Thu 1pm -4pm

ID preferred.

52 Grace Episcopal Church

1909 Vyse Ave., 10460

718 542 1946

Soup Kitchen: Tue, Sat 12pm-1:30pm

Food Pantry: Thu 9am-1pm

ID required for pantry.

53 PATHHSEO at Caldwell Temple AME Zion Church

1288 Rev. James A. Polite , 10459

844 818 FOOD 3663

Soup Kitchen: Sat 8am-2:30pm

Food Pantry: Sat 8am-2:30pm

54 Salvation Army Bronx Citadel

425 E. 159th St., 10451

718 665 8472

Soup Kitchen: Mon, Wed, Fri 1pm-2pm**Food Pantry: Tue** 10am-1pm

ID and proof of address required to register for pantry, by appointment only. Serves residents of 10451, 10452, 10454-10456, 10459, 10465, 10472-10474.

55 United Bronx Parents Soup Kitchen

1006 East 151st St., 10455

718 991 7100

Soup Kitchen: Mon-Fri 2:30pm -4pm

First come, first served.

56 St. Ann's Church of Morrisania

295 St. Ann's Ave, 10454

718 585 5632

Soup Kitchen: Sun 11am-2pm**Food Pantry: Wed, Fri** 10:30am-2pm

Medicaid card or ID required for pantry.

UPPER MANHATTAN (NORTH OF 59TH ST)**57 New York City Love Kitchen**

3816 9th Ave., 10034

212 942 4204

Soup Kitchen: Mon-Fri 4:30pm-6:30pm**Food Pantry: 1st, 2nd, 3rd Thu** 2pm-3pm

Photo ID and proof of address required for pantry registration.

58 Community League of the Heights

508 W. 159th St., 10032

212 795 4779

Food Pantry: Wed, Sat 9am-11am

Photo ID required. Can come once per week.

59 Salvation Army Harlem Temple

540 Lenox Avenue, 10037

212 862 3900

Soup Kitchen: Mon-Fri 11:30am-12:30pm

Food Pantry: Mon-Fri 10am-3pm

For pantry: serves residents of zip codes 10027-10045. Referral, ID and proof of address required. By appointment only.

60 Salem United Methodist Church

2190 Adam Clayton Powell Jr., Blvd., 10027

212 678 2700

Soup Kitchen: Wed 12:30pm-2:30pm

Food Pantry: Fri 11am-1pm

ID required.

61 Momentum Project at St. Joseph of the Holy Family

405 West 125th Street, 10027

Soup Kitchen: Fri 11am-12:30pm, 3pm-5:30pm

Intake at 2pm for afternoon clients.

62 Broadway Community Inc

610 W. 114th St., 10025

212 222 6257

Soup Kitchen: Mon, Wed, Fri 10:30am-11:45am (doors open 10:15am), 12:30pm-2pm

Food Pantry: Mon 3pm (produce pantry, no referral required), emergencies Mon, Wed 4pm (referral required - see Hakim for referral Mon, Wed 10:30am-1:30pm, can come once/month).

Showers, medical services, social services referrals and advocacy, and culinary training program available.

63 Salvation Army Manhattan Citadel

145 E. 125th St., 10035

212 860 3200

Soup Kitchen: Mon-Fri 1pm

Food Pantry: Mon-Fri 9am-4pm

● **64 Food Bank for NYC Community Kitchen**

252 W. 116 Street, 10026

212 566 7855

Soup Kitchen: Mon-Fri 9am-10am (seniors only), 2pm-3pm (seniors only), 4pm-6pm (open to all)

Food Pantry: Tue, Thu, Fri 11am-3:30pm; **Wed** 1pm-8pm
Food pantry registration Mon, Tue, Thu, Fri 3:30pm-5pm, Wed 11am-1pm. ID and proof of address required for registration. Can come to pantry once/month. Tax assistance offered at 71 St. Nicholas Ave.

● **65 New York Common Pantry**

8 E. 109 St., 10029

9177209710

Soup Kitchen: Mon-Fri 8am-9:15am; **Mon, Wed, Fri** 4:30pm-6pm

Food Pantry: Wed-Sat 10am-2:30pm, seniors only **Mon** 10am-2pm

Intake for new pantry members Mon-Sat 9am-6pm, Sun, holidays 2pm-6pm. ID for all household members and proof of need required for intake. Pantry is client choice.

66 West Side Campaign Against Hunger

263 W. 86th St., 10024

212 362 3662

Food Pantry: Mon 8am-6:30pm; **Wed, Thu, Fri** 8am-3pm
Photo ID required. Services for SNAP, SS, domestic violence, vocational training, ESL, HIV/AIDS support, child nutrition, health insurance enrollment, job placement assistance, homeless, legal assistance, mental health, and tax preparation available.

67 National Council of Jewish Women

241 West 72nd Street, 10023

212 687 5030

Soup Kitchen: Wed 4:30pm-5:30pm, **Sun** 11:30am-12:30pm

Food Pantry: Mon 10am-2pm, start lining up at 9am
Photo ID and proof of address for all household members required first time.

68 Church of St. Paul the Apostle Loaves and Fishes

405 West 59th Street, 10019

212 265 3495

Soup Kitchen: Tue, Thu 11:30am-12:15pm

Food Pantry: Tue, Thu 11:30am-12:15pm

LOWER MANHATTAN (SOUTH OF 59TH ST)

69 Crossroads Community Services at St. Bartholomew's Church

108 E. 51st Street, 10022

212 378 0231

Soup Kitchen: Sun, Mon, Wed 7am-8:30am; Sat 9:30am-11am

Food Pantry: Thu 10am-2pm

For pantry can come once/month, appointment required, call to make appointment 212-378-0234

70 Holy Apostles Soup Kitchen

296 9th Ave., 10001

212 924 0167

Soup Kitchen: Mon-Fri 10:30am-12:30pm

Social Services Office open during Soup Kitchen hours with mail and phone facilities, free hair cut referrals, toiletries, and counselors.

71 Salvation Army New York Temple

132 W. 14th St., 10011

212 337 7469

Soup Kitchen: Mon-Thu 12pm-1pm

Food Pantry: Mon-Fri 9:30am-11am, 1:30pm-3pm.

Food pantry requires photo ID and proof of address in 10002-10007, 10009-10014, 10038, 10041, 10047, or 10048 at first visit. Please call 212-337-7469 for an appt.

72 Village Temple Soup Kitchen

33 East 12th Street, 10003

212 674 2340

Soup Kitchen: Sat 2:30pm-4pm

73 Trinity Services and Food for the Homeless

602 E 9th St., 10009

212 228 5254

Soup Kitchen: Mon-Fri 11am-12pm**Food Pantry: Mon-Fri** 12:30pm-1:30pm

ID for all household members required for pantry. Pantry is client choice, may be received once a calendar month.

74 The Bowery Mission

227 Bowery, 10002

212 674 3456

Soup Kitchen: Every day 8am-9am, 1pm-2pm, 6pm-7pm**Food Pantry: Mon-Fri** 9am-11am

Other social services provided, call or visit for details.

75 New York City Rescue Mission

90 Lafayette Street, 10013

212 226 6214

Soup Kitchen: Every day 6:30am-7am, 5pm-6:30pm**Food Pantry: Every other Mon, Wed, Fri** 1:30pm-2:30pm

ID required for pantry. Medical and Social Worker (complete at front desk) Fri 7am-11am, SNAP and Medicaid Enrollment Mon, Wed 3pm-5:30pm; Fri 2:15pm-4pm, New women's shelter intake every day 3pm-4pm, New men's shelter intake every day 4pm-5:30pm

76 Trinity Church Brown Bag

75 Broadway, 10271

212 602 0800

Soup Kitchen: Sun 2pm, **Mon-Sat** 12:45pm-1:15pm (Fri and Sat at St. Pauls Chapel 209 Broadway)
Brown bag meal.**LOWER BROOKLYN (SOUTH OF PROSPECT PARK/LINDEN BLVD.)****77 Shorefront Jewish Community Council**

128 Brighton Beach Avenue, 4th floor, 11235

718 743-0575

Food Pantry: Mon-Thu 9am-5pm, **Fri** 9am-2pm

Food is kosher.

78 Coney Island Lighthouse Mission

2114 Mermaid Ave., 11224

718 415 1170

Soup Kitchen: Wed, Fri 6:30pm-7:30pm

Food Pantry: Tue 6pm-7pm, Thu 11am-12pm

ID required for food pantry, must register beforehand.

Registration Mon, Wed, Fri 10am-2pm.

79 Kings Bay YM-YWHA

3495 Nostrand Avenue, 11229

718 648 7703

Food Pantry: Mon-Fri 9am-5pm

Proof of address for all household members required.

80 Sephardic Bikur Holim

425 Kings Hwy, 11223

718 787 1100 x354

Food Pantry: Mon 9am-12pm; Tue-Thu 9am-12:30pm; Thu 2pm-3:30pm, Fri 9am-11am

Kosher food. ID required first time.

81 Reaching Out Community Services Inc.

7708 New Utrecht Ave., 11214

718 373 4565

Food Pantry: Mon-Fri 9am-5pm

Call first to confirm. SNAP assistance available - to apply bring photo ID, benefits card, and utility bill (any kind). Call first for appointment, 718 373 4565 ext 101.

82 Masbia of Flatbush

1372 Coney Island Ave., 11230

718 972 4446

Soup Kitchen: Sun-Thu 3pm-7:30pm

Food Pantry: Fri 7am-11am

Meals are Kosher.

83 Masbia of Boro Park

5402 New Utrecht Ave., 11219

718 972 4446

Soup Kitchen: Sun-Thu 6:30pm-8pm

Food Pantry: Fri 7am-11am

Meals are Kosher.

84 Bay Ridge Center

411 Ovington Ave., 11209
718 748 0650

Soup Kitchen: Mon, Wed 12pm - 2pm (brown bag meal)

Food Pantry: Last Wed of the month 10am-3pm
ID and proof of address in Brooklyn required for pantry.

85 Salvation Army Sunset Park Corp.

520 50th St., 11220
718 438 1771

Soup Kitchen: Mon-Fri 12pm-1pm

Food Pantry: Mon-Thu 1:30pm-4:30pm, **Fri** emergencies only.
For pantry only: Appointment necessary, call or visit office
Mon-Fri 9am-5pm first to make appointment. ID and proof of
residence in 11215, 11218-11220, 11231, 11232 required. No
requirements for soup kitchen.

86 CAMBA

1720 Church Ave., 2nd Fl., 11226
718 287-2600

Food Pantry: Tue, Wed, Thu 10am-1pm

UPPER BROOKLYN (NORTH FROM PROSPECT PARK/LINDEN BLVD.)**87 Food First**

165 Conover St., entrance on Wolcott St., 11231
718 624 1950

Food Pantry: Wed 11am-1pm, **Fri** 10am-12pm
Photo ID required.

88 CHIPS - Park Slope Christian Help

200 4th Ave., 11217
718 237 2962

Soup Kitchen: Mon-Sat 9am-11am (light breakfast), 11:30am-
1pm (hot meal), 1pm-3:30pm (sandwiches)

Food Pantry: Fri 1pm-3:30pm

89 Brooklyn Teen Challenge, Inc

444 Clinton Ave., 11238
718 789 1414

Soup Kitchen: Mon-Thu 3:30pm-4:45pm

Food Pantry: 1st, 2nd Sat 10am-12pm

90 New Haven SDA Church

634 Prospect Place, 11216

917 667 6378

Soup Kitchen: Sun 11am-2pm

Food Pantry: Every other Thu 11am-1:30pm

91 St. Anthony Baptist Church

425 Utica Avenue, 11213

718 778 3459

Soup Kitchen: Tue-Thu 12pm-1:30pm

92 The Hope Center Development Corporation

409 E. 95th St, 11212

718 385 7305

Soup Kitchen: Sat 11am-1:30pm

Food Pantry: Sat 11am-1:30pm

Photo ID required first time.

93 East New York Wesleyan Church/New Hope Family Worship Center

817 Livonia Ave, 11207

718 342 1305

Soup Kitchen: Tue-Fri 12:30pm-2pm

Food Pantry: Sat 10am-12pm

94 Overcoming Love Ministries - Liberty Cafe

275 Liberty Ave., 11207

718 235 1464

Soup Kitchen: Mon-Fri 10:30am-1:30pm

● **95 Neighbors Together**

2094 Fulton St., 11233

718 498 7256

Soup Kitchen: Mon-Fri 12pm-2pm; **Mon-Thu** 4pm-6pm; **Fri** 9am (seniors only)

Social service hours: Mon-Fri 10am-3pm. Case managers provide numerous social services, including assistance with housing, public benefits, SNAP, taxes, health and mental health care, legal services, job training, and more. On-site clinics provide benefits, health and legal services.

96 Newman Memorial MC

257 Macon St., 11216

718 622 7955

Soup Kitchen: Tue 9am-10:30am, 12pm-1:30pm**Food Pantry: Tue** 10am-2pm

Photo ID required for pantry, can come once/month.

97 St. John's Bread and Life

795 Lexington Avenue, 11221

718 574 0058 x240

Soup Kitchen: Mon-Fri 8am-9:30am, 10:30am-12:30pm**Food Pantry: Mon-Thu** 8am-11:30am; **Tue, Thu** 3pm-6:30; **Fri** 9am-11:30am

Client choice pantry. Photo ID and proof of address requested for all members of household.

98 Salvation Army Bushwick

1151 Bushwick Ave, 11221

718 455 4102 x100

Soup Kitchen: Mon, Tue, Thu, Fri 12:30pm-2pm**Food Pantry: Mon, Tue, Thu, Fri** 10am-12pm

Photo ID and proof of address required for registration. Serves residents of 11206, 11213, 11221, 11233, 11237.

99 St. Stephen Outreach

874 Myrtle Ave., 11206

718 384 5975

Soup Kitchen: Tue-Fri 11am-1pm**Food Pantry: Wed, Fri** 9am-10:30am

Photo ID, proof of address, and proof of household required for pantry registration.

100 Cathedral of Joy CDC

43 George Street, 11206

718 386 8151

Soup Kitchen: Sat 9am-10:30am, **Tue** 9am-10:30am, 12pm-1pm**Food Pantry: Tue, Thu** 9am-11:30am

Photo ID and proof of address required.

101 Transfiguration Church

280 Marcy Ave., 11211

718 782 8181

Food Pantry: Mon-Fri 9am-12pm

Photo ID required for registration (at 250 Hooper St). Food provided once a month. Serves clients from 11211 and 11206.

102 Greenpoint Reformed Church

136 Milton Street, 11222

718 383 5941

Soup Kitchen: Wed 6pm-7pm

Food Pantry: Thu 8am-11am

ID preferred for food pantry.

WESTERN QUEENS

103 St. Margaret Mary Church Food Pantry

9-18 27th Ave., 11102

718 721 9020

Food Pantry: Tue, Wed, Fri 11am

Photo ID and proof of address required. Serves residents of 11102.

104 First Baptist Church

100-10 Astoria Blvd., 11369

718 446 0200

Soup Kitchen: Wed 12pm-2pm

Food Pantry: Sat 12pm-3pm

Closed in July and August.

105 La Jornada

135-32 38th Ave., 11354

917 880 5693

Soup Kitchen: Sat 12pm-2pm

Food Pantry: Wed 1pm-3pm

ID required after first visit.

106 Corona SDA Church

35-30 103rd Street, 11368

718 429 7050

Soup Kitchen: Sun 12pm-2pm

Food Pantry: Mon 9am-11am

107 Iglesia Alianza Cristiana Misionera Ebenezer

43-02 38th St., 11101

718 729 1944

Food Pantry: Sat 11am-12pm, **Sun** 3pm-4pm**108 ACQC (AIDS Center of Queens County), Woodside**

62-07 Woodside Ave., 3rd Floor, 11377

718 472 9400

Food Pantry: Tue, Thu 10am-12pm

Arrive early to get a ticket.. Photo ID required.

109 Salvation Army-Queens Temple

86-07 35th Ave., 11372

718 335 3693

Soup Kitchen: Tue-Thu 12pm-1pm**Food Pantry: Wed** 9am-10am

ID and proof of address required for pantry.

110 New Life Food & Clothing Pantry

82-10 Queens Blvd, 11373

718 424 0122

Soup Kitchen: Tue, Thu 6pm-8pm, **Sat** 10am-12pm**Food Pantry: Tue** 6pm-8pm, **Sat** 10am-12pm

Photo ID required. Soup Kitchen for homeless. Inside New Life Fellowship Church, located in Old Elks Club.

111 Masbia of Rego Park

98-08 Queens Blvd., 11374

718 972 4446

Soup Kitchen: Sun-Thu 2pm-5pm (dinner to go)**Food Pantry: Fri** 7am-11am

Meals are Kosher.

112 Agape Christian Center

5902 Summerfield St., 11385

718 635 0674

Soup Kitchen: Sat 12pm-2pm**Food Pantry: Sat** 12pm-2pm

EASTERN QUEENS

113 International Shining Stars Family Inc.

220-20 94th Drive, 11428

646 4097146

Food Pantry: Sat 11am-3pm

114 St. Nicholas of Tolentine Church

150-75 Goethals Ave., 11432

718 969 3226

Food Pantry: Mon-Fri 9am-12pm, 1pm-4pm (referral required);

Thu 9am-12pm (no referral required)

115 Salvation Army Jamaica Citadel

90-23 161st Street, 11432

718 297 4860

Soup Kitchen: Mon-Wed 12pm-1pm

Food Pantry: Thu 10am-11am

For food pantry, must register in person for food pantry with valid photo ID and proof of address. Must register ahead of time on Mon, Tue, or Wed 2pm.

116 Greater Allen A.M.E. Cathedral of New York

110-31 Merrick Blvd., 11433

718 206 4600

Soup Kitchen: Mon, Thu 11am-1pm

Food Pantry: Mon, Thu 11am-1pm

117 First Church of God in Christ

187-10 Baisley Blvd., 11412

718 712 4831

Soup Kitchen: Wed 12pm-1:30pm

Food Pantry: Thu 1:30pm-3pm

Photo ID required for pantry, tickets handed out at 12pm.

118 St. Luke Baptist Church Food Pantry

133-28 232nd St., 11413

718 276 7066

Food Pantry: Mon-Wed 9am-3pm; periodically open Thu, Fri - call/visit to confirm.

119 Union United Methodist Church

126-22 150th Street, 11436

718 529 3691

Soup Kitchen: Tue 6:30pm-7:30pm**Food Pantry: Fri** 4pm-5:30pm

Call for emergency food.

120 First Baptist Church/H.O. Scott Education and Community Center

15-10 Redfern Avenue, 11691

718 327 2208

Food Pantry: Mon, Wed 12pm-2pm**STATEN ISLAND****121 Council of Jewish Organizations**

382 Jersey St., 10301

718 720 4047

Food Pantry: Mon, Tue, Thu, Fri 10am-2pm

ID and proof of residence required.

122 Rescue Ministries/Ministerio Rescate

2083 Richmond Terrace, 10302

718 448 4454

Soup Kitchen: Tue, Thu 11:30am-1pm**Food Pantry: Tue, Thu** 8:30am-1pm

Closed major holidays.

123 Salvation Army Port Richmond Corps

1295 Forest Ave, 10302

718 442 2145 x203

Soup Kitchen: Tue-Thu 11:30am-1pm**Food Pantry: Mon, Tue, Thu** 10am-2pm

Photo ID and proof of address required. Appointment necessary - pick up is once/month. Serves zip codes 10301-10303, 10310, 10311, 10313, 10314.

124 Trinity Lutheran Church

309 St. Pauls Ave., entrance at 175 Beach St., 10304

718 447 0526

Food Pantry: Sat 11am-1 pm**Soup Kitchen: Sat** 12pm-1 pm

125 Salvation Army Stapleton

15 Broad Street, 10304

718 448 8480

Soup Kitchen: Mon, Fri 11:30am-1pm

Food Pantry: Tue-Thu 12:30pm-3pm by appointment (appt. not needed first visit).

ID with proof of address required. Closed all major federal holidays.

126 All Saints Church Episcopal Ministry

2329 Victory Blvd., 10314

718 698 1338

Food Pantry: Mon-Wed, Fri 10am-12pm

127 St. Edward's Food Pantry

6581 Hylan Blvd., 10309

718 984 1625

Food Pantry: Mon, Wed, Sat 10am-1pm

Photo ID, proof of address and proof of household required first time. Can come to pantry once every two weeks.



JOB TRAINING & RESOURCES

Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

EMPLOYMENT & TRAINING

Visit the following sites to find out more about training and education programs across the city:

www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml

www1.nyc.gov/site/hra/help/types-training-education.page



FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

FARMERS' MARKETS

All farmers' markets listed accept EBT/SNAP (food stamps).

BRONX

128 Harvest Home Jacobi Hospital Market

1400 Pelham Parkway, 10461

Tue, Fri 8am-4pm, Jun 6-Nov 21. Closed Jul 3.

129 Parkchester/Virginia Park Greenmarket

Westchester Ave. & White Plains Rd., 10472

Fri 8am-4pm, Jun 16-Nov 17

130 Poe Park Greenmarket

E. 192 St. & Grand Concourse, 10458

Tue 8am-3pm, Jun 20-Nov 28. Closed Independence Day.

131 Harvest Home Mt. Eden Farmers' Market

Claremont Park, Mt. Eden and Morris Ave., 10457

Tue, Thu 8am-4pm Jun 6-Nov 21. Closed Jul 3.

132 Harvest Home Hunts Point Market

Monsignor Del Valle Park between 163 St. and Hunts Point Ave., 10459

Wed 8am-4pm, Jun 7-Nov 22

133 Lincoln Hospital Greenmarket

149th St. between Park Ave. & Morris Ave., 10456

Tue, Fri 8am-3pm, Jun 30 - Nov 21

MANHATTAN

134 Inwood Greenmarket

Isham St. between Seaman & Cooper, 10034

Sat 8am-3pm, year round

- 135 Harvest Home Harlem Hospital Market**
506 Lenox Ave. between W. 135 & W. 137 St., 10037
Fri 8am-7pm, year round
- 136 Morningside Park Down to Earth Farmers' Market**
110 St. & Manhattan Ave, 10025
Sat 9am-3pm, year round
- 137 Harvest Home East Harlem Market**
E. 104 St (between 2 Ave & 3 Ave), 10029
Thu 8am-4pm, Jul 6-Nov 16
- 138 82nd Street Greenmarket**
E 82nd St, between 1 Ave & York Ave., 10028
Sat 9am-2:30pm, year round
- 139 Tucker Square Greenmarket**
W. 66 St. & Columbus Ave, 10023
Thu, Sat 8am-5pm, year round. Closed Thanksgiving.
- 140 Dag Hammarskjöld Plaza Greenmarket**
E. 47 St. & 2 Ave, 10017
Wed 8am-4pm, year round. Closed Sep 20.
- 141 Union Square Greenmarket**
E. 17 St. & Broadway, 10003, 10003
Mon, Wed, Fri, Sat 8am-6pm, year round. Closed Friday after Thanksgiving.
- 142 Abingdon Square Greenmarket**
W. 12 St. & 8 Ave., 10014
Sat 8am-2pm, year round
- 143 Staten Island Ferry/Whitehall Greenmarket**
4 South St. (inside the terminal), 10004
Tue, Fri 8am-7pm, year round. Closed Independence Day and Friday after Thanksgiving.

BROOKLYN

- 144 Harvest Home Coney Island Market**
Ocean Parkway between Ave. Z & Shore Rd., 11235
Wed, Fri 8am-4pm, Jun 7-Nov 22
- 145 Bensonhurst Greenmarket**
81 St. & 18 Ave., 11214
Sun 9am-4pm, Jun 4-Nov 19

- 146 Borough Park Greenmarket**
14 Ave. - 49 St. & 50 St., 11219
Thu 8am-3pm, Jul 6 - Nov 21
- 147 Sunset Park Greenmarket**
59 St. & 4 Ave., 11220
Sat 8am-3pm, Jul 1-Nov 18
- 148 Cortelyou Greenmarket**
Cortelyou Rd. and Rugby Rd., 11226
Sun 8am-3pm, year round.
- 149 Red Hook Farmers' Market**
Columbia St. and Halleck St., 11231
Sat 10am-3pm, Jun-Nov
- 150 Brooklyn Borough Hall Greenmarket**
Court St. and Montague St., 11201
Tue, Thu, Sat 8am-5pm, year round. Closed Independence Day and Thanksgiving.
- 151 Grand Army Plaza Greenmarket**
Northwest entrance to Prospect Park, at Flatbush Ave. and Prospect Park W, 11217
Sat 8am-4pm, year round.
- 152 Project EATS Amboy Street Market**
210 Amboy St. at Blake, 11212
Sat 10am-4pm, Jul-Nov
- 153 East New York Farms! Saturday Farmers' Market**
New Lots Ave. & Schenk Ave, 11207
Sat 9am-3pm, Jun 24- Nov 25
- 154 Hattie Carthan Community Garden Farmers' Market**
Marcy Ave. & Clifton Place, 11216
Sat 9am-3pm, Jul- Nov
- 155 Saratoga Urban Agro-Ecological Center Farmers' Market**
Saratoga Ave and Fulton St., 11233
Sat 10am-2pm, Jun-Nov
- 156 Greenpoint/McCarren Park Greenmarket**
Union between Driggs and N12th St, 11222
Sat 8am-3pm, year round.

QUEENS

- 157 Socrates Sculpture Park Greenmarket**
Vernon Blvd. & Broadway, 11106
Sat 8am-4pm, 3 Jun-18 Nov
- 158 Sunnyside Greenmarket**
Skillman Ave. - 42 St. & 43 St., 11104
Sat 8am-2pm, year round.
- 159 Jackson Heights Greenmarket**
34 Ave. between 77 St. & 78 St., 11372
Sun 8am-2pm, year round.
- 160 Queens Botanical Garden Down to Earth Farmers' Market**
Dahlia Ave. & Main St. (outside the garden), 11355
Fri 8:30am - 4pm, 17 Jun- 18 Nov
- 161 Forest Hills Greenmarket**
70 Ave. & Queens Blvd., 11375
Sun 8am-2pm, year round.
- 162 Jamaica Down to Earth Farmers' Market**
Parsons Blvd. between Archer & Jamaica Ave., 11432 (Fri)
160th St. & Jamaica Ave., 11432 (Sat)
Fri, Sat 8:30am-4pm, Jun-Nov
- 163 Edgemere Farm Market**
Beach Channel Dr. & Beach 45 St., 11691
Sat, Sun 9am-2pm, May-Oct

STATEN ISLAND

- 164 St. George Greenmarket**
Hyatt St. & St. Mark's Place, 10301
Sat 8am-2pm, year round
- 165 Staten Island Mall Greenmarket**
Marsh Ave. & Ring Rd., 10314
Sat 8am-3pm, 6 May-23 Dec

CSA PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

Contact: info@corbinhillfarm.com, 646 254 2250

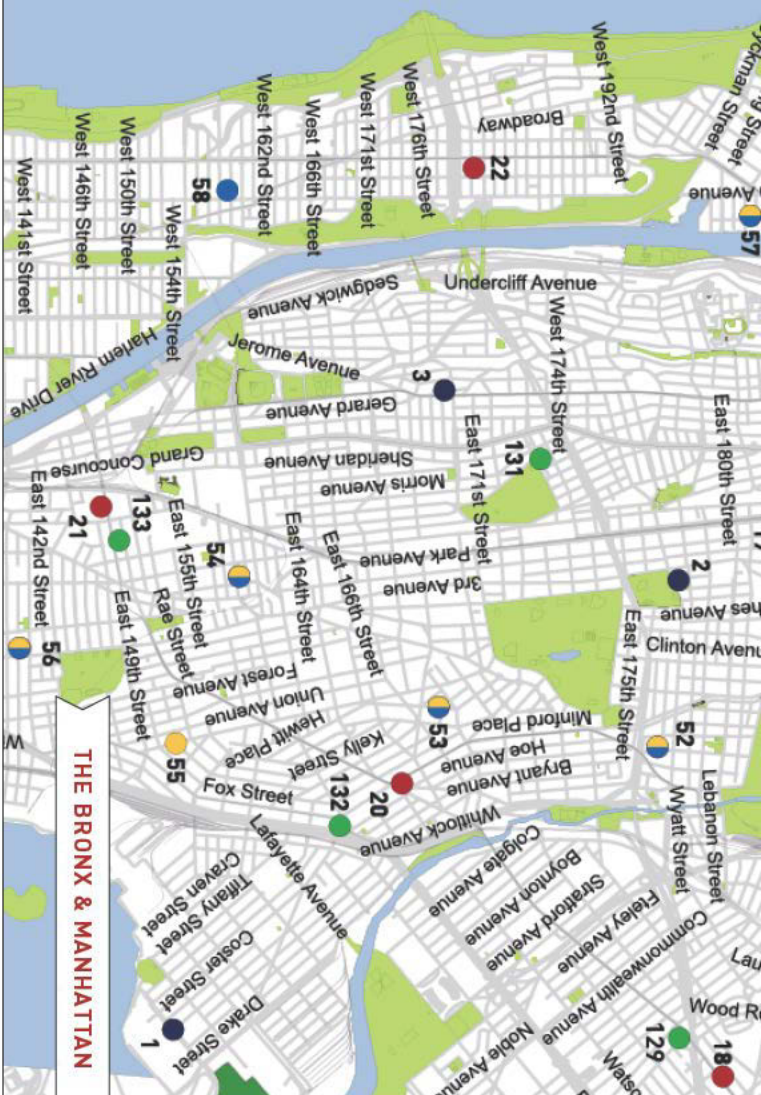
Web: www.corbinhillfoodproject.org/new-farm-share/

Just Food

Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

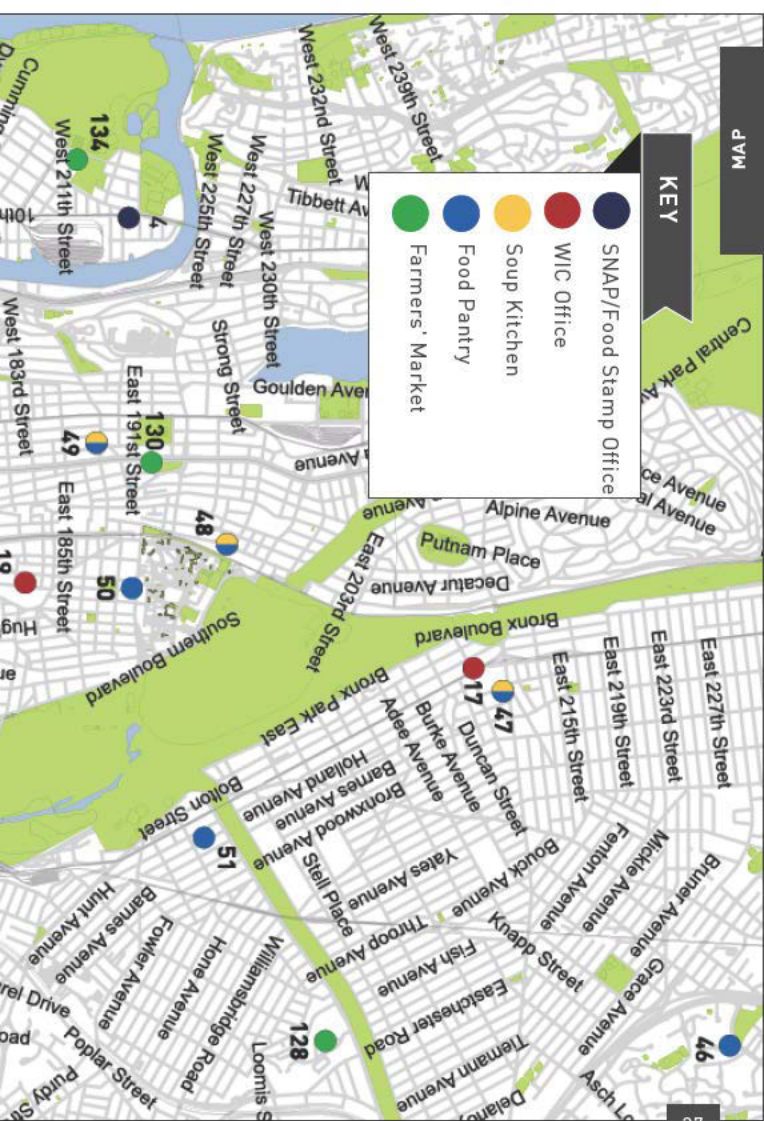
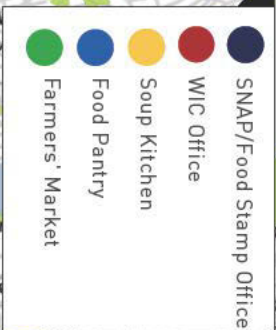
Contact: info@justfood.org, 212 645 9880

Web: www.justfood.org/csaloc



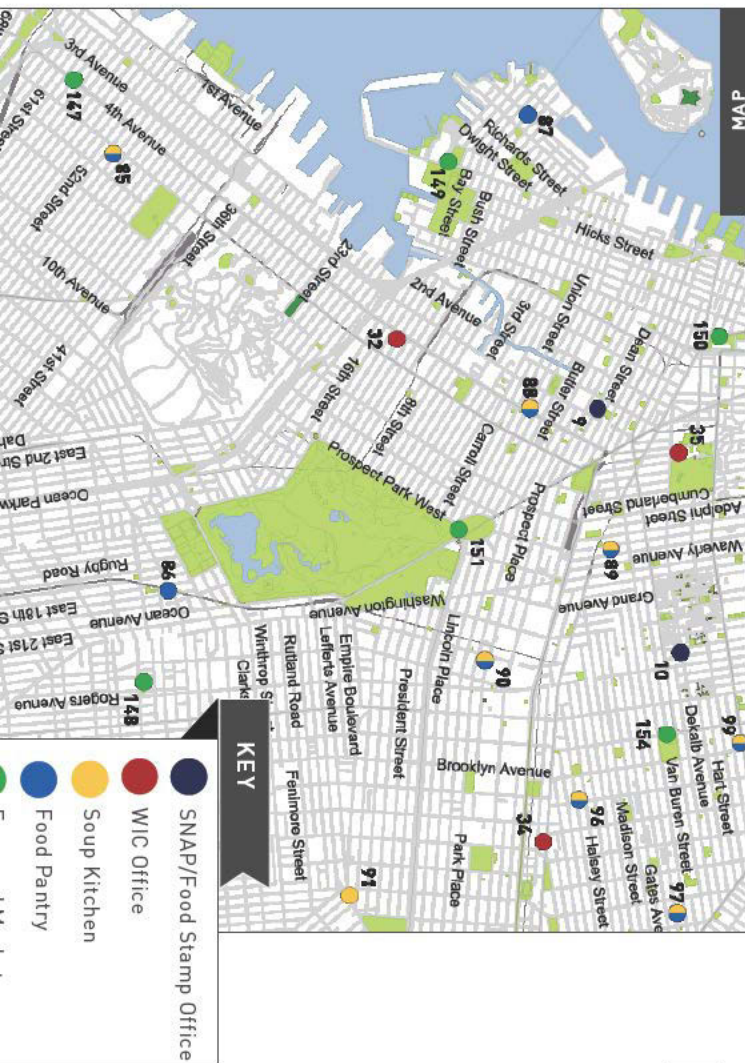
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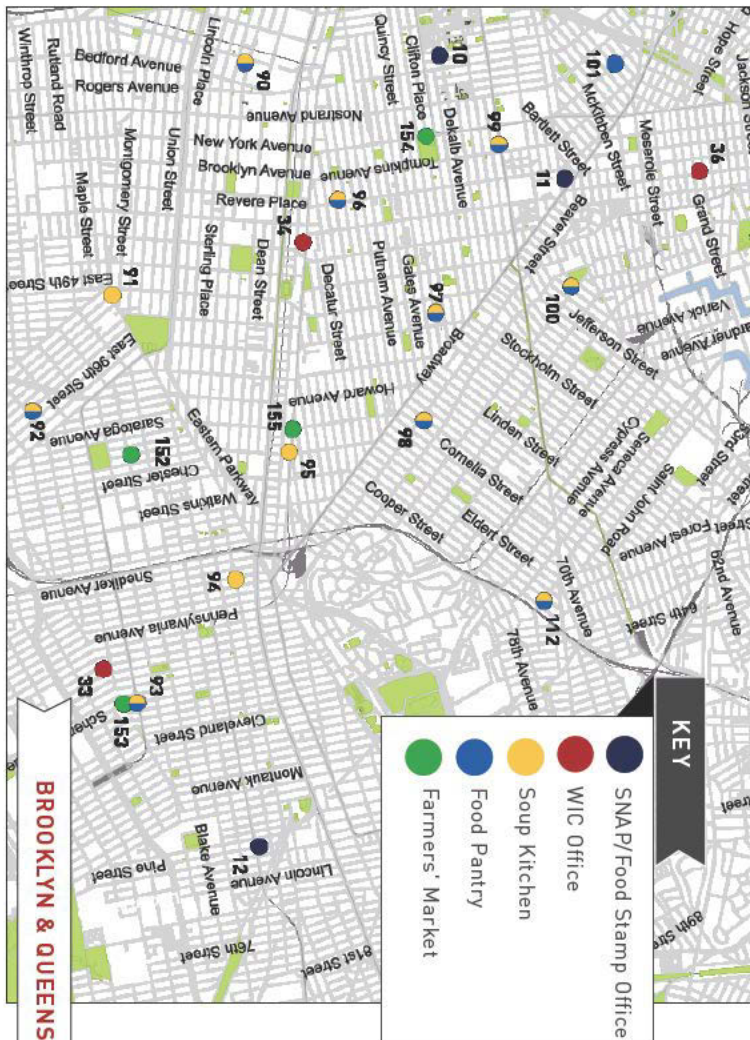
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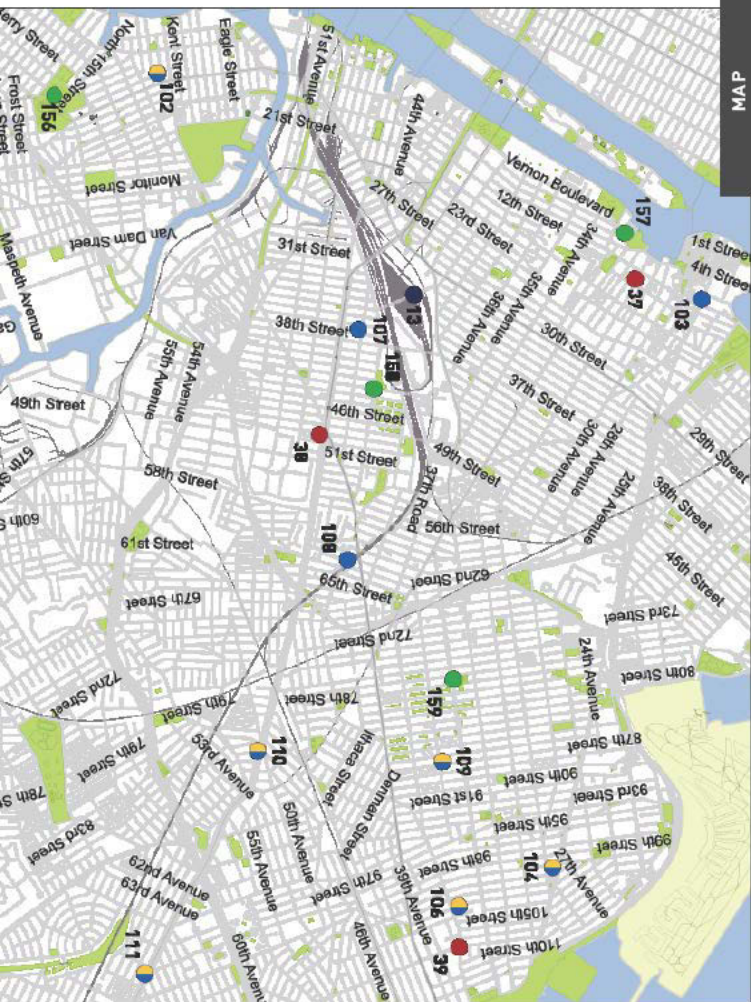


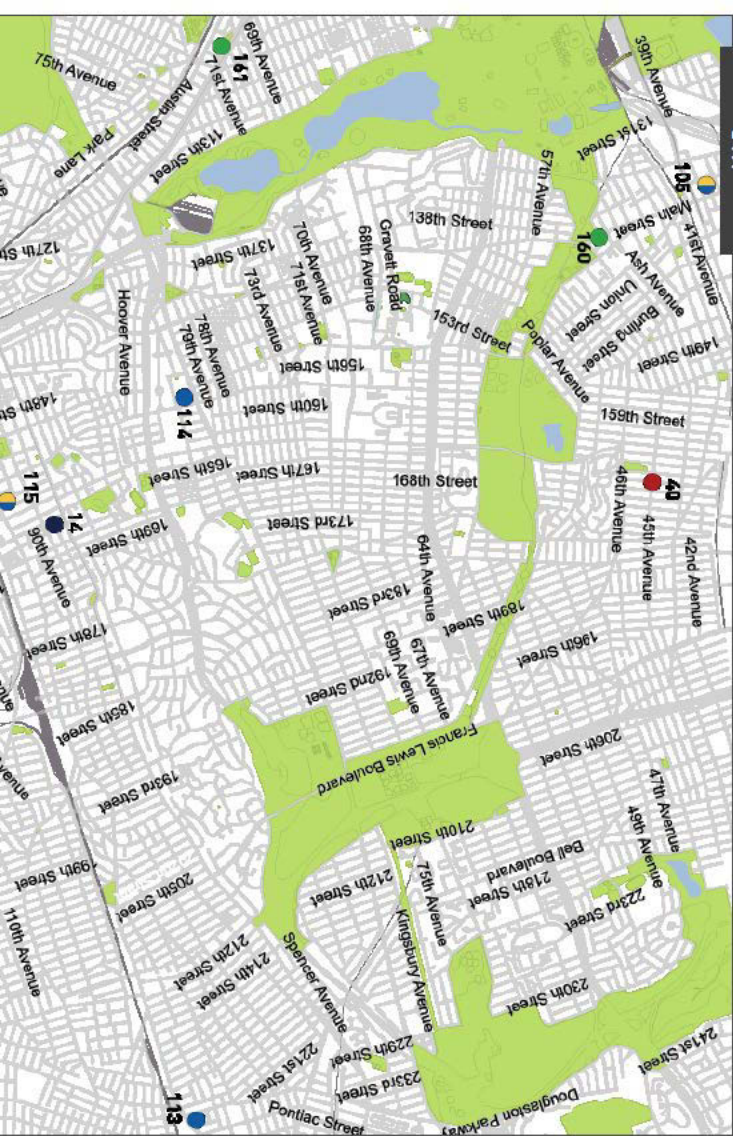












KEY

-  SNAP/Food Stamp Office
-  WIC Office
-  Soup Kitchen
-  Food Pantry
-  Farmers' Market



STATEN ISLAND



OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

MEDICAL CARE

BRONX

Lincoln Medical & Mental Health Center

234 E. 149 St., 10451
718 579 5000

North Central Bronx Hospital

3424 Kossuth Ave., 10467
718 519 5000

Jacobi Medical Center

1400 Pelham Parkway South, 10461
718 918 5000

MANHATTAN

Harlem Hospital Center

506 Lenox Ave., 10037
212 939 1000

Metropolitan Hospital

1901 1 Ave., 10026
212 423 6262

Bellvue Hospital

462 1 Ave., 10016
212 562 5525

Gouverneur Hospital

227 Madison St., 10002
212 238 5110

New York Presbyterian Lower Manhattan Hospital

170 William St., 10038
212 312 5110

BROOKLYN

Kings County Hospital Center

451 Clarkson Ave., 11203
718 245 3131

Coney Island Hospital

2601 Ocean Parkway, 11235
718 616 3000

Maimonides Medical Center

4802 10 Ave., 11219
718 283 6000

Lutheran Medical Center

150 55 St., 11220
718 630 7000

Woodhull Medical Center

760 Broadway, 11206
718 963 8000

QUEENS

Elmhurst Hospital Center

79-01 Broadway, 11373
718 334 4000

Junction Medical Center

34-33 Junction Blvd., 11372
718 334 6150

Ridgewood Medical Center

769 Onderdonk Ave., 11385
718 334 6190

Queens Hospital Center

82-68 164 St., 11432
718 883 3000

Jamaica Hospital

8900 Van Wyck Expressway, 11418
718 206 6000

STATEN ISLAND

Staten Island University Hospital North

475 Seaview Ave., 10305

718 226 9000

Staten Island University Hospital South

375 Seguire Ave., 10309

718 226 2000

Richmond University Medical Center

355 Bard Ave., 10310

718 818 1234

HEALTH INSURANCE

Affinity Health System

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

General Info 866 694 9809

Bronx

2831 3 Ave., 10455

301 E. Fordham Rd., 10458

Manhattan

1307 St. Nicholas Ave., 10033

57 Division St., 10002

Brooklyn

2230D Church Ave., 11226

5221 8 Ave., 11220

Queens

41-46 Main St., 11355

37-06 74 Ave., 11372

168-22 Jamaica Ave., 11432

21-03 Mott Ave., 11691

LEGAL ASSISTANCE

The City Bar Justice Hotline

212 626 7383

Mon–Thu 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

www.lawhelpny.org

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

EMERGENCY NUMBERS

National Hunger Hotline 866 3-HUNGRY (866 348 6479)

NYC Hunger Hotline 866 888 8777

Police, Fire or Ambulance: 911

Emergency Shelter: 311

Homeless Hotline: 800 994 6494, 212 533 5151

Immigration Hotline: 212 419 3737, 800 566 7636

Center for Disease Control: 800 232 4636

Poison Control: 800 222 1222

AIDS Hotline: 800 541 AIDS, 800 233 7432 (Spanish)

Alcoholics Anonymous: 212 647 1680

Narcotics Anonymous: 212 929 6262

Gamblers Anonymous Hotline: 855 222 5542

Domestic Violence Hotline: 800 621 4673

Battered Women Hotline: 718 499 2151

Rape & Sexual Assault Hotline: 212 423 2140, 212 227 3000

Child Abuse Hotline: 800 342 3720

Runaway Hotline: 800 786 2929 (800 RUN AWAY)

Crime Victim Hotline: 212 577 7777, 800 689 4357























Suicide Hotline: 800 273 8255

National Crisis Line: 800 999 9999

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WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages
School Breakfast & Lunch
Free Summer Meals
for Children



Meals at Soup Kitchens



Meals at Senior Centers
Home-delivered Meals

~~HUNGER~~
FREE
NYC

Have any suggestions on how to make this Guide better? Email guides@hungerfreenyc.org.