

NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE



2017^{v2}

~~HUNGER~~
**FREE
NYC**

Including information on SNAP/Food Stamps,
Meals for Kids, Senior Meals, Soup Kitchens, Food
Pantries, Farmers' Markets, and more...

ABOUT

**THIS GUIDE WAS PRODUCED BY HUNGER
FREE NYC TO CONNECT THOSE IN NEED
WITH FREE COMMUNITY RESOURCES.
WE HOPE IT PROVES USEFUL TO YOU.**

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This Guide is also available as a free PDF on our web site, www.hungerfreenyc.org/guides.

To order additional copies of this guide, call (646) 350-3833 or send us an email at guides@hungerfreenyc.org.



50 Broad Street, Suite 1103
New York, NY 10004
(212) 825-0028
www.hungerfreenyc.org

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SNAP/ FOOD STAMPS

SNAP benefits, the new name for food stamps, can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

TERMS

EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

SNAP

Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

WHAT SHOULD I KNOW?




➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.

➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.

➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 18.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependant care, can have higher incomes and still be eligible.

		
NUMBER OF PEOPLE IN HOUSEHOLD	MONTHLY INCOME LIMIT (PRE-TAXES) ¹	MAX. MONTHLY SNAP BENEFITS ²
1	\$1,307	\$192
2	\$1,760	\$352
3	\$2,213	\$504
4	\$2,665	\$640
Each additional household member	+\$453 (approximately)	+\$144 (approximately)
	¹ In effect 10/1/16 - 9/30/17.	² In effect 10/1/16 - 9/30/17.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ Immigration status is not negatively affected if you apply for or receive SNAP benefits.

HOW TO APPLY



1 Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

Hunger Free NYC

646 355 1475 & 646 350 1104

2**ACCESSNYC**

Apply online at:

www.nyc.gov/accessnyc

3**Visit Your Local HRA Office**

Apply at a SNAP office near you:

1 Richmond SNAP Center

201 Bay St., 1st Floor, 10301

718 722 8013

Mon-Fri 8:30am-6pm, **Sat** 9am-5pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN

WIC is the Women, Infants & Children Program.

QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children under the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.

HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

2 Richmond University Medical Center

355 Bard Ave., 10310

718 818 2373

Mon-Fri 9am-3pm

3 Northwell Health Physician Partners WIC Program - Bay Street

57 Bay Street., 2nd Floor, 10301

718 226 5235

Mon-Fri 9am-5pm

4 Richmond University Medical Center- Mid-Island WIC

1775 Richmond Ave., 10314

718 818 2372

Wed 9:30am-1:30pm

5 Northwell Health Physician Partners WIC Program - SIUH

475 Seaview Ave., 10305

718 226 6270

Mon-Fri 9am-5pm**6 Staten Island University Hospital South WIC Program**

375 Sequine Ave, 10309

718 226 2461

Wed 8am-4pm**SCHOOL & SUMMER MEALS****SFSP** is the Summer Food Service Program, also known as Summer Meals.**QUICK FACTS**

- ➔ During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- ➔ Many public school students are also eligible for free or reduced price lunch. An application may be required.
- ➔ Eligibility for school meals is not impacted by immigration status.
- ➔ In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit www.schoolfoodnyc.org for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



JOB TRAINING & RESOURCES

Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

EMPLOYMENT & TRAINING

Visit the following sites to find out more about training and education programs across the city:

www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml

www1.nyc.gov/site/hra/help/types-training-education.page



SENIOR MEALS

MEALS AT SENIOR CENTERS

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

FIND YOUR LOCAL SENIOR CENTER

Call 311 and be prepared to provide your ZIP code to the operator.

MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



SOUP KITCHENS



FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly, call the NYC Emergency Food Line at 866 888 8777 or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

NORTH SHORE

10303, 10302, 10310

7 City Harvest Mariner's Harbor Mobile Market

Basketball court at 22 Rockbury St., 10303

646 412 0600

Mobile Market Pantry: 1st Wed, 3rd Sat 9:30am-11:30am

Open only to residents of the Mariner's Harbor Houses, Todt Hill or West Brighton Houses, Arlington Terrace Apartments, Zip codes 10302, 10303, 10310 and 10314 only. All food is fresh fruits and vegetables. Families must register to participate - bring proof of address and a photo ID. For further information on registration please call 646 412 0743. For information on available produce and dates of distribution, please call the MobileMarket Hotline at 866 444 0244.

8 Project Hospitality Mobile Pantry - St. Michael's Church

207 Harbor Road, 10303

Food Pantry: 4th Sun 1:00pm

Come on time, pantry is mobile.

9 Catholic Charities Mobile Food Pantry - Anderson Avenue

120 Anderson Avenue, 10302

718 448 5757 x17

Mobile Food Pantry: Tue 1pm-3pm**10 Faith United Methodist Church**

221 Heberton Ave, 10302

718 442 5684

Food Pantry: Call for an appt. Ask for Bill or Norcie Morris**11 Project Hospitality - El Centro De Hospitalidad**

1546 Castleton Ave, 10302

718 815 5538

Food Pantry: Thu 4pm-5:30pm, **Sat** 9am-10:30am

Please bring your own bags.

12 Community Health Action of Staten Island

2134 Richmond Terrace, 10302

718 808 1870

Food Pantry: Tue 10am-2pm (Seniors' Day), **Wed** 12pm-4pm,**Fri** 2pm-6pm, **Sat** 10am-2pm

Photo ID and proof of family size required. Please bring bags as they are not always available.

13 Rescue Ministries/Ministerio Rescate

2083 Richmond Terrace, 10302

718 448 4454

Soup Kitchen: Tue, Thu 11:30am-1pm**Food Pantry: Tue, Thu** 8:30am-1pm

Closed major holidays.

14 Salvation Army Port Richmond Corps

1295 Forest Ave, 10302

718 442 2145 x203

Soup Kitchen: Tue-Thu 11:30am-1pm**Food Pantry: Mon, Tue, Thu** 10am-2pm

Photo ID and proof of address required. Appointment necessary - pick up is once/month. Serves zip codes 10301-10303, 10310, 10311, 10313, 10314.

15 Project Hospitality Mobile Pantry - Shiloh AME Zion Church

779 Henderson Ave., 10310

718 447 0261

Food Pantry: 1st Sun 1:00pm

Come on time, pantry is mobile.

ST. GEORGE, STAPLETON, THE HILLS

10301, 10304, 10314

16 Catholic Charities Mobile Food Pantry at St. Peter's Church

53 St. Mark's Place, 10301

718 448 5757

Mobile Food Pantry: Tue 1pm-2pm

17 Council of Jewish Organizations

382 Jersey St., 10301

718 720 4047

Food Pantry: Mon, Tue, Thu, Fri 10am-2pm

ID and proof of residence required.

18 New Brighton Church of God in Christ

386 Jersey Street, 10301

Food Pantry: Sat 10am-1pm

ID preferred. One bag of food per family.

19 Project Hospitality Mobile Pantry - Jersey St. & Benziger Ave.

Jersey St. & Benziger Ave., 10301

Food Pantry: Mon 12:30pm

Come on time, pantry is mobile.

20 Our Lady of Good Counsel Church

42 Austin Place, 10304

718 447 1503

Food Pantry: Sat 10am-11am

Photo ID and proof of address for household members required first time.

21 Trinity Lutheran Church

309 St. Pauls Ave., entrance at 175 Beach St., 10304
718 447 0526

Food Pantry: Sat 11am-1 pm

Soup Kitchen: Sat 12pm-1 pm

22 Project Hospitality

514 Bay St., 10304

718 815 0800

Soup Kitchen: Tue, Thu 12pm-1pm

Food Pantry: Tue 9am-11am, 1pm-3pm; **Thu** 9am-11am

Photo ID and proof of address required, bring your own bags.

23 United Church of Praise Healthy Heart

32 Sands Street, 10304

Food Pantry: Sun, Fri 1pm-3pm

ID and proof of address for family members required.

24 Project Hospitality Mobile Pantry - Family Restoration Ministries

70 Beach St., 10304

Food Pantry: 3rd Sun 9:30am

Come on time, pantry is mobile.

25 Salvation Army Stapleton

15 Broad Street, 10304

718 448 8480

Soup Kitchen: Mon, Fri 11:30am-1pm

Food Pantry: Tue-Thu 12:30pm-3pm by appointment (appt. not needed first visit).

ID with proof of address required. Closed all major federal holidays.

26 Catholic Charities/Rusty Staub Mobile Food Pantry at Immaculate Conception Church

128 Targee St., 10304

718 447 6330

Food Pantry: Tue 10am-11am

27 Stapleton Union AME Church

49 Tompkins Ave, 10304

718 273 2857

Soup Kitchen: Mon 3pm-4pm, **Wed** 12pm-1pm

Food Pantry: Tue, Fri 10am-1pm

ID required for all household members for pantry. Kids afterschool program Tue, Wed 3pm-5pm with pantry bag to take home after. Clothing distribution Thu 7am.

28 City Harvest Stapleton Houses Mobile Market

Tennis Courts behind 75 Hill Street in Stapleton Houses, 10304
866 444 0244

Mobile Pantry: 1st Tue, 3rd Sat 9:30am-11:30am

Open only to participants in programs at the Stapleton Houses Sr Ctr, those w/ a student at IS 49, residents in Berry, Cassidy Coles, New Lane, Richmond Terrace, South Beach, or Stapleton Houses, or residents of 10301, 10304, 10305, 10310. All food is fresh fruits and vegetables. Families must register to participate - bring proof of address and a photo ID. For further information on registration please call 646 412 0743. For information on available produce and dates of distribution, please call the MobileMarket Hotline at 866 444 0244.

29 Project Hospitality Mobile Pantry - Vanderbilt Ave. Moravian Church

285 Vanderbilt Ave., 10304

Food Pantry: Thu 12:30pm

Come on time, pantry is mobile.

30 Project Hospitality Mobile Pantry - African Refuge Center

185 Park Hill Ave., 10304

Food Pantry: Wed 12:30pm

Come on time, pantry is mobile.

31 Staten Island Liberian Community

180 Park Hill Ave., Lobby C, 10304

718 496 7492

Food Pantry: Wed 2pm-4pm

ID preferred.

32 Christian Pentecostal Church

910 Richmond Rd. (entrance in rear), 10304

718 273 5850

Food Pantry: Tue, Wed 6pm-8pm

Photo ID required for registration. Serves residents of Staten Island.

33 All Saints Church Episcopal Ministry

2329 Victory Blvd., 10314

718 698 1338

Food Pantry: Mon-Wed, Fri 10am-12pm

34 Jewish Community Center of Staten Island

1466 Manor Rd., 10314

718 475 5242

Food Pantry: Mon-Thu 10:30am-6:30pm; **Fri** 10am-12pm

All pantry pick-up by appointment only, ID required.

EAST AND SOUTH SHORE

10306, 10309, 10307

35 Project Hospitality Mobile Pantry - Our Lady of Lourdes Chapel

130 Cedar Grove Ave., 10306

Food Pantry: 3rd Sun 10:30am

Come on time, pantry is mobile.

36 St. Edward's Food Pantry

6581 Hylan Blvd., 10309

718 984 1625

Food Pantry: Mon, Wed, Sat 10am-1pm

Photo ID, proof of address and proof of household required first time. Can come to pantry once every two weeks.

37 St. Paul's Methodist Church South Shore Food Pantry

7558 Amboy Road, 10307

718 227 2485

Food Pantry: Wed, Thu 9am-1pm

Call first for appointment. Proof of address required.

38 Project Hospitality Mobile Pantry - St. Stephen's Episcopal Church

7516 Amboy Rd., 10307

Food Pantry: 2nd Sun 1:00pm

Come on time, pantry is mobile.



FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

FARMERS' MARKETS

All farmers' markets listed accept EBT/SNAP (food stamps).

39 St. George Greenmarket

Hyatt St. & St. Mark's Place, 10301

Sat 8am-2pm, year round

40 Staten Island Mall Greenmarket

Marsh Ave. and Ring Rd., 10314

Sat 8am-3pm, May 6-Dec 23

CSA PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

Contact: info@corbinhillfarm.com, 646 254 2250

Web: www.corbinhillfoodproject.org/new-farm-share/

Just Food

Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

Contact: info@justfood.org, 212 645 9880

Web: www.justfood.org/csalloc

KEY

- SNAP/Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market





OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

MEDICAL CARE

Staten Island University Hospital North

475 Seaview Ave., 10305
718 226 9000

Staten Island University Hospital South

375 Seguire Ave., 10309
718 226 2000

Stapleton Family Health Center

111 Canal St., 10304
718 390 0712

Marine Harbor Family Health Center

2040 Forest Ave., 10303
718 761 2060

Richmond University Medical Center

355 Bard Ave., 10310
718 818 1234

Community Health Center of Richmond

235 Port Richmond Ave., 10302
718 876 1732

HEALTH INSURANCE

Affinity Health System

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

General Info 866 694 9809

LEGAL ASSISTANCE

The City Bar Justice Hotline

212 626 7383

Mon–Thu 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

www.lawhelpny.org

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

EMERGENCY NUMBERS

National Hunger Hotline 866 3-HUNGRY (866 348 6479)

NYC Hunger Hotline 866 888 8777

Police, Fire or Ambulance: 911

Emergency Shelter: 311

Homeless Hotline: 800 994 6494, 212 533 5151

Immigration Hotline: 212 419 3737, 800 566 7636

Center for Disease Control: 800 232 4636

Poison Control: 800 222 1222

AIDS Hotline: 800 541 AIDS, 800 233 7432 (Spanish)

Alcoholics Anonymous: 212 647 1680

Narcotics Anonymous: 212 929 6262

Gamblers Anonymous Hotline: 855 222 5542

Domestic Violence Hotline: 800 621 4673

Battered Women Hotline: 718 499 2151

Rape & Sexual Assault Hotline: 212 423 2140, 212 227 3000

Child Abuse Hotline: 800 342 3720

Runaway Hotline: 800 786 2929 (800 RUN AWAY)

Crime Victim Hotline: 212 577 7777, 800 689 4357























Suicide Hotline: 800 273 8255

National Crisis Line: 800 999 9999

Credits: Icons adapted from The Noun Project collection. Map data © OpenStreetMap contributors.

WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages
School Breakfast & Lunch
Free Summer Meals
for Children



Meals at Soup Kitchens



Meals at Senior Centers
Home-delivered Meals

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