

LOWER MANHATTAN

# NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE



2017<sup>v2</sup>

~~HUNGER~~  
**FREE  
NYC**

Including information on SNAP/Food Stamps,  
Meals for Kids, Senior Meals, Soup Kitchens, Food  
Pantries, Farmers' Markets, and more...

# ABOUT

**THIS GUIDE WAS PRODUCED BY HUNGER  
FREE NYC TO CONNECT THOSE IN NEED  
WITH FREE COMMUNITY RESOURCES.  
WE HOPE IT PROVES USEFUL TO YOU.**

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This Guide is also available as a free PDF on our web site, [www.hungerfreenyc.org/guides](http://www.hungerfreenyc.org/guides).

To order additional copies of this guide, call (646) 350-3833 or send us an email at [guides@hungerfreenyc.org](mailto:guides@hungerfreenyc.org).

The following zip codes are covered by this guide:  
10001, 10002, 10003,  
10004, 10005, 10006,  
10007, 10009, 10010,  
10011, 10012, 10013,  
10014, 10016, 10017,  
10018, 10019, 10022,  
10036, 10038, 10280.



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# SNAP/ FOOD STAMPS

SNAP benefits, the new name for food stamps, can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

## TERMS

### EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

### SNAP

Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

## WHAT SHOULD I KNOW?

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➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.

➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.

➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 22.

## AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependant care, can have higher incomes and still be eligible.

		
NUMBER OF PEOPLE IN HOUSEHOLD	MONTHLY INCOME LIMIT (PRE-TAXES) <sup>1</sup>	MAX. MONTHLY SNAP BENEFITS <sup>2</sup>
1	\$1,307	\$192
2	\$1,760	\$352
3	\$2,213	\$504
4	\$2,665	\$640
Each additional household member	+\$453 (approximately)	+\$144 (approximately)
	<sup>1</sup> In effect 10/1/16 - 9/30/17.	<sup>2</sup> In effect 10/1/16 - 9/30/17.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

## IMMIGRANT ELIGIBILITY

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Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ Immigration status is not negatively affected if you apply for or receive SNAP benefits.

## HOW TO APPLY

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### Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

#### **Hunger Free NYC**

646 355 1475 & 646 350 1104

**2****ACCESSNYC**

Apply online at:

[www.nyc.gov/accessnyc](http://www.nyc.gov/accessnyc)

**3****Visit Your Local HRA Office**

Apply at a SNAP office near you:

**1 Waverly SNAP Center**

12 W. 14 St., 4th Floor, 10011

718 722 8013

**Mon–Fri** 8:30am–6pm, **Sat** 9am–5pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



# FOOD FOR KIDS

## WOMEN, INFANTS & CHILDREN

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**WIC** is the Women, Infants & Children Program.

### QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children under the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.

### HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

#### **2 Mt. Sinai Health System WIC Program- Roosevelt**

515 W. 59 St., 2nd Floor, 10019

212 523 6539

**Mon, Wed, Thu 9am-5pm; Tue 9am-7pm; Fri 9am-4pm**

#### **3 Bellevue - East Side WIC**

462 1 Ave., Ground Floor, 10016

212 562 6124

**Mon, Wed, Fri 8:30am-5pm; Tue, Thu 8:30am-6pm, 2nd Sat 8am-3:30pm by appt. only**

#### **4 Bellevue - Chinatown WIC**

221 Canal Street, 10013

212 274 9655

**Mon 8:45am-5:45pm, Tue-Fri 8:45am-4:15pm, 2nd Sun 8:30am-3:30pm by appt. only**



- 5 Gouverneur Hospital Chinatown WIC**  
125 Walker St., 10013  
212 226 8375  
**Mon-Wed** 9am-5pm, **Sat** by appt. only
- 6 William F. Ryan - NENA Community Health Center WIC**  
279 E 3rd Street, 10009  
212 477 8500  
**Mon** 9am-7pm, **Tue-Fri** 9am-5pm
- 7 Gouverneur Hospital WIC**  
227 Madison Street, 10002  
212 238 7145  
**Mon-Fri** 8am-5pm, **Sat** by appt. only
- 8 New York Presbyterian Lower Manhattan WIC - Chinatown**  
244 Grand St, 4th Fl., 10002  
646 588 2646  
**Mon-Fri** 8am-4pm
- 9 New York Presbyterian Lower Manhattan WIC**  
69 Gold St., Lobby Level, 10038  
212 312 5831  
**Mon-Fri** 8am-5pm

## SCHOOL & SUMMER MEALS

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**SFSP** is the Summer Food Service Program, also known as Summer Meals.

### QUICK FACTS

- ➔ During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- ➔ Many public school students are also eligible for free or reduced price lunch. An application may be required.
- ➔ Eligibility for school meals is not impacted by immigration status.
- ➔ In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit [www.schoolfoodnyc.org](http://www.schoolfoodnyc.org) for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



# SENIOR MEALS

## MEALS AT SENIOR CENTERS

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

### **FIND YOUR LOCAL SENIOR CENTER**

Call 311 and be prepared to provide your ZIP code to the operator.

## MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

### **HOW TO APPLY**

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



# SOUP KITCHENS



# FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly, call the NYC Emergency Food Line at 866 888 8777 or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

## MIDTOWN

10019, 10022, 10036, 10018, 10001, 10010, 10016, 10017

### 10 Church of St. Paul the Apostle Loaves and Fishes

405 West 59th Street, 10019

212 265 3495

**Soup Kitchen:** Tue, Thu 11:30am-12:15pm

**Food Pantry:** Tue, Thu 11:30am-12:15pm

### 11 St. Paul's House

335 W. 51st St., 10019

212 265 5433

**Soup Kitchen:** Mon, Wed, Fri 7:15am-8:30am

**Food Pantry:** Tue 10am-11am

Must live between 10th St. and 89th St. on the West Side. ID and proof of residence required for pantry.

- **12 Encore Senior Center**  
 239 W 49th Street, 10019  
 212 581 2910  
**Soup Kitchen: Mon-Fri** 9am-10am, 11am-1pm  
 For seniors (60+) only.
- 13 Grand Central Food Program - 51st & Broadway**  
 SW corner of 51st St. and Broadway, 10019  
 212 776 2000  
**Mobile Soup Kitchen: Everyday** 7:15pm  
 Come on time - distribution is mobile.
- 14 Grand Central Food Program - SONY Building**  
 55th St. between Madison and 5th Ave., 10022  
 212 776 2000  
**Mobile Soup Kitchen: Everyday** 9:15pm  
 Come on time - distribution is mobile.
- 15 Central Synagogue Breakfast Program**  
 123 E. 55th St, 10022  
 212 838 5122  
**Soup Kitchen: Thu, Fri** 6am-7:30am  
 Hot meal with bagged lunch to go.
- 16 St. Peter's Lutheran Church**  
 619 Lexington Ave. at 54th St, 10022  
 212 935 2200  
**Soup Kitchen: Tue** 7am-8:30am  
 Doors open at 7am, service starts at 7:15am.
- 17 Momentum Project at St. Peter's Lutheran Church**  
 619 Lexington Ave. at 54th St., 10022  
 212 691 8100  
**Soup Kitchen: Tue** 4pm-6:30pm  
 Clients must complete intake at 3pm.
- 18 Grand Central Food Program (Coalition for the Homeless)**  
 108 E. 51st St, 10022  
 212 776 2000  
**Mobile Soup Kitchen: Everyday** 5:30pm-7pm  
 At St. Bartholomew's Church

**19 Crossroads Community Services at St. Bartholomew's Church**

108 E. 51st Street, 10022

212 378 0231

**Soup Kitchen: Sun, Mon, Wed** 7am-8:30am; **Sat** 9:30am-11am

**Food Pantry: Thu** 10am-2pm

For pantry can come once/month, appointment required, call to make appointment 212-378-0234

**20 St. Luke's Lutheran Church**

308 W. 46th St., 10036

212 246 3540

**Soup Kitchen: Tue, Thu** 1pm-2pm

**21 The Relief Bus - Port Authority**

9th Ave. between 40th and 41st, 10036

800 736 2773

**Soup Kitchen: Sat** 7:30pm-10:30pm

**22 Crossroads Food Pantry**

329 W. 42nd St, 10036

212 246 4732

**Food Pantry: Every other Sat** 11am-1pm

Proof of residence and income required.

**23 The Dwelling Place of N.Y., Inc.**

409 W. 40th St., 10018

212 564 7887

**Soup Kitchen: Wed** 5:30pm-6:30pm

For women age 30+ only.

**24 Rauschenbusch Metro Ministries - Metro Baptist Church**

410 W. 40th St, 10018

212 594 4464

**Food Pantry: Sat** 11am-11:30am (no pantry 5th Sat)

One visit per month. ID and proof of address for all household members required.

**25 Sylvia Rivera Food Pantry**

446 W. 36th St., 10018

212 629 7440

**Food Pantry: Tue-Fri** 2pm-3pm (snack bags); **Thu** 9am-10am (groceries - for all); **Tue-Fri** 2pm-3pm (groceries - for people living with AIDS); **Tue-Fri** 10am-3pm emergency pantry  
Bring your own bag for pantry.

**26 Grand Central Food Program - Port Authority**

40th St., between Dyer and 10th Ave., 10018

212 776 2000

**Mobile Soup Kitchen: Everyday** 7:30pm

Come on time - distribution is mobile.

**27 Gay Men's Health Crisis**

446 West 33 Street, 10001

212 367 1000

**Food Pantry: Tue, Wed, Fri** 1pm-4pm; **Thu** 11am-2pm

After first visit, must become a member - call 212 367 1057 to make an appt.

**28 AIDS Service Center NYC**

64 W. 35th St., 3rd FL., 10001

212 645 0875

**Food Pantry: Fri** 10am-3pm

ID required.

**29 Grand Central Food Program - Penn Station**

West side 8th Ave. at 33rd St., 10001

212 776 2000

**Mobile Soup Kitchen: Everyday** 9pm

Come on time - distribution is mobile.

**30 The Relief Bus - Chelsea Park**

28th St., between 9th &amp; 10th Ave., 10001

800 736 2773

**Soup Kitchen: Wed, Fri** 10am-2pm

### **31 Holy Apostles Soup Kitchen**

296 9th Ave., 10001

212 924 0167

**Soup Kitchen: Mon-Fri** 10:30am-12:30pm

Social Services Office open during Soup Kitchen hours with mail and phone facilities, free hair cut referrals, toiletries, and counselors.

### **32 St. Francis of Assisi**

135 W. 31st St., 10001

212 736 8500

**Soup Kitchen: Everyday** 7am-7:30am (Sandwiches and coffee, line starts at around 6:30am)

**Food pantry: Fri, Sat** 9am

Must register for pantry by calling 212-471-4246.

### **33 Grand Central Food Program - Madison Square Park**

5th Ave. and 27th St., 10001

212 776 2000

**Mobile Soup Kitchen: Everyday** 8:35pm

Come on time - distribution is mobile.

### **34 New Alternatives for Children**

37 West 26th Street, 6th Floor, 10010

212 994 7919

**Food Pantry: Mon, Tue** 2pm-5pm

### **35 Grand Central Food Program - 35th & FDR**

35th Street under FDR Drive, 10016

212 776 2000

**Mobile Soup Kitchen: Everyday** 7:15pm

Come on time - distribution is mobile.

## **CHELSEA, WEST VILLAGE**

10011-10014

### **36 St. Peter's Episcopal Church**

346 W. 20th St., 10011

212 929 2390

**Food Pantry: Sat** 10:30am-11:30am

Referrals requested when available.



**37 Hope for our Neighbors in Need at Church of the Village**

201 W. 13 St., 10011

212 243 5470

**Soup Kitchen: Tue** 1pm-2:30pm, **Sat** 12pm-1:30pm**Food Pantry: Tue** 1pm-2:30pm, **Sat** 12pm-1:30pm

Doors open 30 minutes before food service begins.

**38 Salvation Army New York Temple**

132 W. 14th St., 10011

212 337 7469

**Soup Kitchen: Mon-Thu** 12pm-1pm**Food Pantry: Mon-Fri** 9:30am-11am, 1:30pm-3pm.

Food pantry requires photo ID and proof of address in 10002-10007, 10009-10014, 10038, 10041, 10047, or 10048 at first visit.

Please call 212-337-7469 for an appt.

**39 Xavier Mission at the Church of St. Francis Xavier**

55 W 15th St., 10011

212 627 2100

**Soup Kitchen: Sun** 12:45pm-3pmSeniors and disabled line up on 15 St., all others on 16th St.  
(elevator for those unable to navigate stairs on 15th St)**Food Pantry: 2nd Sat** 10am-11:30am; Pantry is client choice;  
open only to residents of 10001-10003, 10009-10014, 10016. ID  
and proof of address for all adult household members required  
for pantry.**40 Church of the Ascension**

12 West 11th St., 10011

212 254 8620

**Food Pantry: 2nd, 4th Sat** 8:30amArrive early to get in line. First come first served. Often 200+  
people in line. Line up on north side of West 11th Street starting  
at 5th Ave.**41 Church of St. Joseph in Greenwich Village**

371 6th Ave, 10014

212 741 1274

**Soup Kitchen: Sat** 1:30pm-3pm

#### **42 Judson Memorial Church**

55 Washington Square South, 10012  
212 477 0351

**Soup Kitchen: 1st Wed 7:15pm**

Potluck meal, doors open 7pm, meal followed by a performance.

#### **43 Hebrew Union College-Jewish Institute of Religion**

1 West 4th St., 10012  
212 674 5300

**Soup Kitchen: Mon 5pm-6pm**

Entrance on Mercer Street. During the school year, warm balanced meals, clothing, toiletries, music, and free legal advice from NYU law students inside. In summer months, service is 5pm-5:30pm outside.

#### **44 New York City Rescue Mission**

90 Lafayette Street, 10013  
212 226 6214

**Soup Kitchen: Everyday 6:30am-7am, 5pm-6:30pm**

**Food Pantry: Every other Mon, Wed, Fri 1:30pm-2:30pm**

ID required for pantry. Medical and Social Worker (complete at front desk) Fri 7am-11am, SNAP and Medicaid Enrollment Mon, Wed 3pm-5:30pm; Fri 2:15pm-4pm, New women's shelter intake every day 3pm-4pm, New men's shelter intake every day 4pm-5:30pm

#### **45 Grand Central Food Program - Lafayette & Leonard**

Lafayette St. and Leonard St., 10013  
212 776 2000

**Mobile Soup Kitchen: Everyday 7:45pm**

Come on time - distribution is mobile.

### **EAST VILLAGE, LOWER EAST SIDE, CHINATOWN**

10003, 10009, 10002

#### **46 Village Temple Soup Kitchen**

33 East 12th Street, 10003  
212 674 2340

**Soup Kitchen: Sat 2:30pm-4pm**

**47 St. George's Common Table**

209 East 16th Street, 10003

646 723 4178

**Soup Kitchen: Thu** 12pm-12:45pm

Doors open at 11:30am.

**48 The Hetrick-Martin Institute**

2 Astor Pl., 3rd FL., 10003

212 674 2400

**Soup Kitchen: Mon-Fri** 6pm-7:15pm; **Sat** 1pm-2pm, 4pm-5pm

For youth only (13-24). Must complete intake to become client (Mon-Fri 5:30pm, Sat 12pm) with photo ID, proof of age. Provide academic enrichment, arts and culture, health and wellness, counseling, job readiness, and homeless services. [www.hmi.org](http://www.hmi.org)

**49 Momentum Project at Middle Collegiate Church**

50 E. 7th St., 10003

212 477 0666

**Soup Kitchen: Mon** 11am-1pm, 4pm-6:30pm

Intake at 3pm for evening clients.

**50 St. Joseph House/Catholic Worker**

36 East 1st St., 10003

212 254 1640

**Soup Kitchen: Tue-Fri** 10am-11:30am

Men only, Clothing rummage room Mon-Fri 2:30pm-4pm

**51 Father's Heart Ministries**

543-545 East 11th Street, 10009

212 375 1765

**Soup Kitchen: Tue** 6pm-7pm (only for KidZone attendees), **Sat** 10am-11am (except 1st Sat)

**Food Pantry: Tue** 6pm-6:30pm (only for KidZone attendees), **Sat** 10am-11am (except 1st Sat)

SNAP (food stamps) pre-screening available. Free GED and ESL classes Sat 10am-11:30am, Tue 6pm-7:30pm; legal aid desk 2nd Sat.

## **52 Chilis on Wheels**

Tompkins Square Park (E 9th St and Ave A), 10009  
303 618 0528

**Soup Kitchen: Sat 1pm-3pm**

Clothing distribution once/month, care package distribution seasonally.

## **53 Trinity Services and Food for the Homeless**

602 E 9th St., 10009  
212 228 5254

**Soup Kitchen: Mon-Fri 11am-12pm**

**Food Pantry: Mon-Fri 12:30pm-1:30pm**

ID for all household members required for pantry. Pantry is client choice, may be received once a calendar month. [www.safhnyc.org](http://www.safhnyc.org)

## **54 University Community Social Services**

137 East 2nd St., 10009  
347 850 2230

**Soup Kitchen: Sat 8am-2:30pm**

**Food Pantry: Sat 1pm-2:30pm**

## **55 The Bowery Mission**

227 Bowery, 10002  
212 674 3456

**Soup Kitchen: Everyday 8am-9am, 1pm-2pm, 6pm-7pm**

**Food Pantry: Mon-Fri 9am-11am**

Other social services provided, call or visit for details.

## **56 Grand Central Food Program - Bowery Mission**

Bowery Mission-Bowery between Stanton & Rivington, 10002  
212 776 2000

**Mobile Soup Kitchen: Everyday 8:20PM**

Come on time - distribution is mobile.

## ● **57 Grand Coalition of Seniors-Grand Street Settlement**

80 Pitt St, 10002  
646 201 4251

**Soup Kitchen: Mon-Fri 9am-10 am, 12pm-1pm**

Seniors (60+) only, ID required.

**58 Dewitt Reformed Church Food Pantry**

280 Rivington St., 10002

212 674 3341

**Food Pantry: Mon, Thu** 10am-12pm**59 UJC of the East Side**

7 Willett St, 10002

**Soup Kitchen: Mon-Fri** 12pm-1pm, doors open 11:30am.**Food Pantry: Mon-Fri** 9:30am-2pm

For seniors (60+) only. ID required.

**60 Primitive Christian Church**

207 East Broadway, 10002

212 673 7868

**Food Pantry: 1st Thu** 8am-finish

ID required.

**61 Grand Central Food Program - Allen St.**

25 Allen St. (Lower East Side Harm Reduction), 10002

212 776 2000

**Mobile Soup Kitchen: Everyday** 7:30pm

Come on time - distribution is mobile.

**62 Cabrini Immigrant Services of NYC**

139 Henry St., 10002

**Food Pantry: Tue** 9:30am-12:30pmBring photo ID. Emergency pantry walk-ins as necessary M-F  
9am-5pm.**DOWNTOWN**

10271, 10004-10007

**63 Trinity Church Brown Bag**

75 Broadway, 10271

212 602 0800

**Soup Kitchen: Sun** 2pm, **Mon-Sat** 12:45pm-1:15pm (Fri and Sat  
at St. Pauls Chapel 209 Broadway)

Brown bag meal.

**64 Grand Central Food Program - Staten Island Ferry Terminal**

Staten Island Ferry, 10004

212 776 2000

**Mobile Soup Kitchen: Everyday** 8:00pm

Come on time - distribution is mobile.



# FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

## FARMERS' MARKETS

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All farmers' markets listed accept EBT/SNAP (food stamps).

### MIDTOWN

10019, 10022, 10036, 10018, 10001, 10010, 10016, 10017

#### **65 57th Street Greenmarket**

W. 57th St. & Ninth Ave. (Balsley Park), 10019

**Wed, Sat** 8am-5pm, May 17-Dec 23

#### **66 Dag Hammarskjöld Plaza Greenmarket**

E. 47th St. & Second Ave, 10017

**Wed** 8am-4pm, year round. Closed Sept 20.

#### **67 Hudson Yards Down to Earth Farmers' Market**

Hudson Blvd. East at 34th St., 10001

**Thu** 11am-6pm, Jun-Dec

### CHELSEA, WEST VILLAGE

10011-10014

#### **68 Chelsea Down to Earth Farmers' Market**

23rd St. at 9th Ave., 10011

**Sat** 9am-4pm, May-Dec

#### **69 PS 11 Farm Market**

W. 21 St. between 8 Ave. & 9 Ave., 10011

**Wed** 8am-10am, Jun-Nov

#### **70 Abingdon Square Greenmarket**

W. 12 St. & 8th Ave., 10014

**Sat** 8am-2pm, year round

## EAST VILLAGE, LOWER EAST SIDE, CHINATOWN

10003, 10009, 10002

### 71 Union Square Greenmarket

E. 17 St. & Broadway, 10003, 10003

**Mon, Wed, Fri, Sat** 8am-6pm, year round. Closed Fri after Thanksgiving.

### 72 St. Mark's Church Greenmarket

E 10 St. & 2 Ave., 10003

**Tue** 8am-6pm Jun 6-Nov 21. Closed Independence Day.

### 73 Stuyvesant Town Greenmarket

14th St. Loop & Ave. A (in the Oval), 10009, 10009

**Sun** 9:30am-4pm, May 14-Dec 19

### 74 Tompkins Square Greenmarket

E. 7 St. & Ave. A, 10009, 10009

**Sun** 9am-6pm, year round.

## DOWNTOWN

10271, 10004-10007

### 75 Tribeca Greenmarket

Greenwich St. & Chambers St., 10007

**Wed** 8am-3pm, Mar 1-Dec 21; **Sat** 8am-3pm, year round.

### 76 City Hall Park Greenmarket

Broadway & Chambers St., 10007

**Tue, Fri** 8am-4pm, Mar 3-Dec 22. Closed Independence Day.

### 77 Bowling Green Greenmarket

Broadway & Battery Pl., 10004

**Tue, Thu** 8am-5pm, year round. Closed Independence Day and Thanksgiving.

### 78 Staten Island Ferry/Whitehall Greenmarket

4 South St. (inside terminal), 10004

**Tue, Fri** 8am-7pm, year round. Closed Independence Day and Fri after Thanksgiving.

### 79 Water Street Greenmarket

Water Street and Coenties Slip, 10004

**Thu** 8am-6pm, Jun 1-Nov 16

## CSA PROGRAMS

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CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

### Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

**Contact:** [info@corbinhillfarm.com](mailto:info@corbinhillfarm.com), 646 254 2250

**Web:** [www.corbinhillfoodproject.org/new-farm-share/](http://www.corbinhillfoodproject.org/new-farm-share/)

### Just Food

Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

**Contact:** [info@justfood.org](mailto:info@justfood.org), 212 645 9880

**Web:** [www.justfood.org/csaloc](http://www.justfood.org/csaloc)





# JOB TRAINING & RESOURCES

Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

## EMPLOYMENT & TRAINING

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Visit the following sites to find out more about training and education programs across the city:

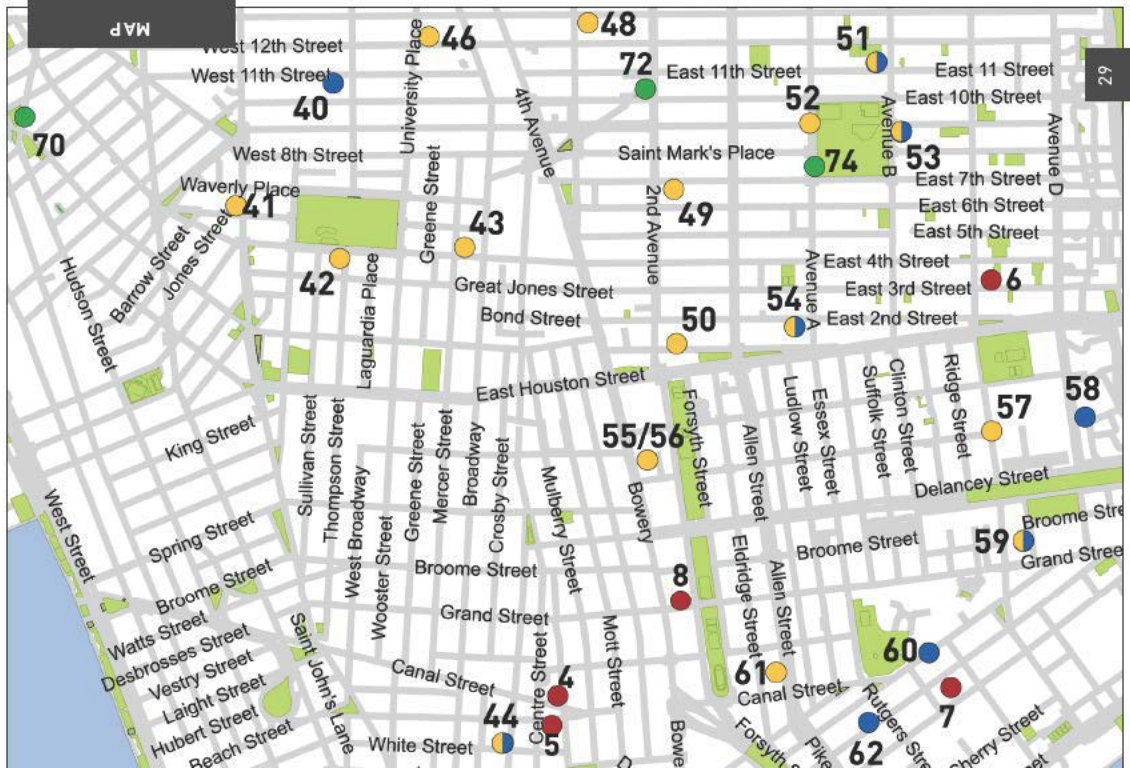
[www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml](http://www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml)

[www1.nyc.gov/site/hra/help/types-training-education.page](http://www1.nyc.gov/site/hra/help/types-training-education.page)









# OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

## MEDICAL CARE

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### **Bellvue Hospital**

462 1 Ave., 10016  
212 562 5525

### **Gouverneur Hospital**

227 Madison St., 10002  
212 238 5110

### **New York Presbyterian Lower Manhattan Hospital**

170 William St., 10038  
212 312 5110

### **William F. Ryan Chelsea Clinton Community Health Center**

645 10 Ave., 10019  
212 265 4500

### **Judson Health Center**

34 Spring St., 10012  
212 925 5000

### **Roberto Clemente Health Center**

540 E. 13 St., 10009  
212 387 7400

## HEALTH INSURANCE

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### **Affinity Health System**

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

### **General Info** 866 694 9809

88 East Broadway, Unit 142, 10002

## LEGAL ASSISTANCE

### The City Bar Justice Hotline

212 626 7383

**Mon–Thu** 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

### [www.lawhelpny.org](http://www.lawhelpny.org)

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

## EMERGENCY NUMBERS

**National Hunger Hotline** 866 3-HUNGRY (866 348 6479)

**NYC Hunger Hotline** 866 888 8777

**Police, Fire or Ambulance:** 911

**Emergency Shelter:** 311

**Homeless Hotline:** 800 994 6494, 212 533 5151

**Immigration Hotline:** 212 419 3737, 800 566 7636

**Center for Disease Control:** 800 232 4636

**Poison Control:** 800 222 1222

**AIDS Hotline:** 800 541 AIDS, 800 233 7432 (Spanish)

**Alcoholics Anonymous:** 212 647 1680

**Narcotics Anonymous:** 212 929 6262

**Gamblers Anonymous Hotline:** 855 222 5542

**Domestic Violence Hotline:** 800 621 4673

**Battered Women Hotline:** 718 499 2151

**Rape & Sexual Assault Hotline:** 212 423 2140, 212 227 3000

**Child Abuse Hotline:** 800 342 3720

**Runaway Hotline:** 800 786 2929 (800 RUN AWAY)

**Crime Victim Hotline:** 212 577 7777, 800 689 4357

**Suicide Hotline:** 800 273 8255























**National Crisis Line:** 800 999 9999

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## WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages  
School Breakfast & Lunch  
Free Summer Meals  
for Children



Meals at Soup Kitchens



Meals at Senior Centers  
Home-delivered Meals

~~HUNGER~~  
**FREE  
NYC**

Have any suggestions on how to make this Guide better? Email [guides@hungerfreenyc.org](mailto:guides@hungerfreenyc.org).