

KITCHENS

NAME	ADDRESS	PHONE
1 Enclave Caracol	Calle Primera 8250, Zona Nte.	664 379 1818
2 Comedor Contra Viento y Marea	7310-A, Calle Primera Zona Centro	

CLINICS & HOSPITALS

NAME	ADDRESS	PHONE
3 Clinica HFiT	Av. Mutualismo 711 Zona Centro	664 638 4291
4 Prevencasa	Baja California 7580 Zona Centro	664 685 3392
5 Hospita Guadalajara	Calle Benito Juarez 2da 1413	664 685 8953
6 Hospital México	Paseo Tijuana 9077 Col. Empleados Federales	664 683 6363

ENCLAVE CARACOL



Monday - Saturday from 10 AM - 8 PM



- Meals served every Monday - Thursday at 5pm (1st Floor, **Food Not Bombs**)
- Computer access (1st Floor)
- Workshops on asylum in the United States Tuesday- Thursday at 10:00 am (Spanish) and 12:00pm (all other languages) (3rd Floor, **AOL: Al Otro Lado**)
- Legal consultations every Tuesday- Thursday given in order of arrival (3rd Floor, **AOL**)

ESPACIO MIGRANTE



Monday - Friday from 7 AM - 6 PM | Saturday from 9 AM - 6 PM



- Free workshop on migrant rights & how to make complaints
- Legal consultations from 9am -5pm
- Language classes (Spanish and English)
- Computer classes
- Medical clinic (2nd Floor, **San Diego Border Dreamers**) Monday - Friday from 12 to 5pm

COMEDOR CONTRA VIENTO Y MAREA



- Meals served 12:00-1:00pm and 5-7pm Monday - Saturday
- Computer access
- Donations available: Clothes, Blankets, Hygiene Kits, Toys, etc. Monday - Saturday (ask upon arrival); Donation selection every Friday at 5pm

EL CHAPARRAL ↔ ENCLAVE CARACOL

