

 Search for articles...

All Collections > FundedNext Challenge Insight > Express Challenge FAQ >  
Why is Weekend Holding not available on an Express-Consistency account?

# Why is Weekend Holding not available on an Express-Consistency account?

Updated over 2 weeks ago

To ensure adherence to the Consistency Rule, it is important for traders to regularly monitor and update the trading metrics of their account. This requirement is why holding positions over the weekend is not permitted.

Regularly reviewing and adjusting the metrics helps maintain consistency and accuracy in trading activities. By following this practice, traders can effectively track their progress and make informed decisions to achieve their trading goals.

---

## Related Articles

Can I hold my positions Overnight/Weekend? >

Is there a time limit to reach the Profit Target in the Express Challenge? >

How does the Express Consistency Rule work at FundedNext? >

How do Non-Consistency Express accounts differ from Consistency Express accounts? >

Do I need to follow the Consistency Rule in the Express Consistency FundedNext Account? >

Did this answer your question?



[support@fundednext.com](mailto:support@fundednext.com)