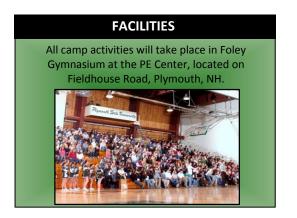
Camper Name:	Age: (Grade Entering:	Position:	Height:
Address:		City:	_ State:	Zip:
Adult Shirt Size: [] XL [] L [] M [] S	Home Phone:	ö	Cell Phone:	
Camper Email:	Parent/Guardian:	uardian:		
Parent Email:	Emergenc	Emergency Contact:		
Emergency Phone:	ng Experience: []	Playing Experience: [] Varsity [] Junior Varsity [] Middle School [] Club	sity [] Middle §	School [] Club
Years of Experience: Camp Option	on: [] Full Day	Camp Option: [] Full Day [] Half-Day (Mornings) [] Half-Day (Afternoons)	;) [] Half-Day (Afternoons)
Insurance Provider:	Policy N	Policy Number:	ı	

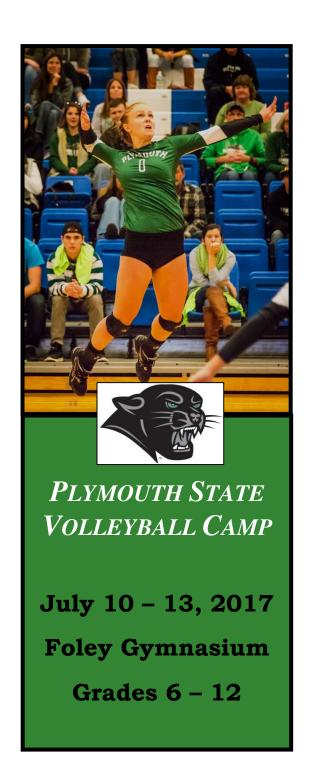


About the Camp...

The Plymouth State Volleyball
Camp is a four-day camp designed
to provide athletes with
individualized training. The camp
is open to students entering 6th
through 12th grades. Players will
be grouped by skill level and will
receive position-based training,
game play experience and sportspecific conditioning work.







CAMP STAFF

Director/Court Coach

Chris Kilmer has been the Head Coach at Plymouth State since 2011 and has prior coaching experience at St. Michael's College, Lakes Region Juniors, Plymouth High School and Moultonborough Academy.





Court Coach

Randy Mattson joins the staff for the third straight summer. She has served as the Head Coach at Inter-Lakes High School for 23 years and as founder, director and head coach for Lakes Region Juniors since 1994.

Court Coach

Alisha Flanagan is on staff for her third year. She is a junior OH for Plymouth State and an assistant coach with Lakes Region Juniors. The 2014 NH Player of the Year was a key part of Nute High School's back-to-back undefeated State Championship seasons in 2013 & 2014.



Additional camp staff will consist of Plymouth State Volleyball team members, and will fluctuate daily.

The Daily Schedule...

- Warm up
- Positional Instruction
- Conditioning
- Team Drills
- Scrimmaging

CAMP TUITION

Full Day* = \$200 8:00 am - 5:00 pm

Half-Day = \$150 8:00 am - 12:00 pm

OR

1:00 pm - 5:00 pm

Checks Payable to: Plymouth State Volleyball

*Lunch is *not* provided for Full Day campers.

Tuition Includes...

T-Shirt, Individualized Instruction, Position-Specific Training & **FUN**!



Stop by the camp store for drinks, snacks and PSU Volleyball gear!

Registration Options:

- 1 Email cjkilmer@plymouth.edu
- 2 Detach Registration Form & Medical Release and Mail To:

Chris Kilmer Plymouth State Volleyball 17 High Street, MSC #32 Plymouth, NH 03264

Medical Release & Waiver

Medical Release & Walver
1. Are you allergic to any medications? Y / N
If yes, please specify:
2. Any other allergies?
3. Any history of: [] Heart problems, [] Dizzy Spells, [] Respiratory Problems, [] Epilepsy, [] Head Injury, Other (explain):
4. Do you have any current injuries? Y / N
If yes, please specify:
5. Do you have any physical restrictions? Y / N $$
If yes, please specify:
6. Are you currently taking medication? Y / N
7. Please list medications or any other conditions we should be aware of:
I hereby give permission for to participate in the 2017 Plymouth State Volleyball Camp. I waive any and all liability, claims, demands, actions and causes of action whatsoever for any injury or accident of any kind against Plymouth State University and any or all employees, sponsors, coaches or members of the team participating in this camp. I am aware there is no insurance of any kind covering my child and that he/she will be covered by family insurance. I attest my child is in good physical condition and am aware he/she will participate in rigorous activity. Any underlying medical problems or injuries will be relayed to the Director and Athletic Training staff in advance of participation.
Parent or Guardian:
Signature:
Date: