

Pumas Team Captains General Job Description

Captains are required to have, and should demonstrate, a sense of ***Leadership, Sportsmanship, Responsibility and Dedication.***

At Matches

- ❖ Represent the team at the coin flip, meet the opposing team and choose serve or side
- ❖ Work Teams – Make sure everyone has a job at some time throughout the day. No one person should have the most or the least officiating duties. Make sure we show up on time for work schedule.
- ❖ Represent the interests of their teammates in dealing with referees during the game.
- ❖ Assemble and organize the team and conduct the warm-up routines before each match.
- ❖ Assemble and organize the team after each game (unless working) to discuss the match.
- ❖ Generally serve by doing all the things that their teammates should have done but did not (e.g., cleaning up).

At Practice

- ❖ Set up/takedown duty – If we have to put up or take down the net make sure someone is arriving early enough to do that. Also make sure floor is swept if broom is available.
- ❖ Balls and cart are set up and put away by the team.
- ❖ Help find the teams warm up routine before first match.

Other Duties

- ❖ Organize, with the coach and parents, team gatherings for morale and fun.
- ❖ Encourages and guides all players to give their all and be the best player they can be.
- ❖ Establish the lead in terms of appearance, attendance, demeanor, responsibility, and dedication to the sport.
- ❖ Help maintain decorum within the team and keep the team focused on the present goal.
- ❖ Work with the coaches to correct situations that they feel are not in the best interest of the team.
- ❖ Handout materials to teammates.

Abilities and skills needed:

- ❖ Passion and enthusiasm,
- ❖ Energy and hard work,
- ❖ Commitment to be the BEST,
- ❖ Good verbal and nonverbal communication skills,
- ❖ Strong character (good decision-making),
- ❖ Confidence and mental toughness,
- ❖ Assertiveness (to do what is needed),
- ❖ Composure (to remain cool and calm under pressure).

Qualifications Required:

A willingness to go “outside your comfort zone” and push your teammates (and yourself) to a higher level of play . . . every day!