Date:			2023-11-2	22			
Name:			Muzaffer				
Age/Sex:			27 / Male				
Registation:			IP93				
Department:							
NATUROPATHY							
Params ? Therapy Dates ?	2023-11-22	2023-11-23	2023-11-24	2023-11-25	2023-11-26	2023-11-27	2023-11-28
Cold Underwater Massage							
Neutral Underwater Massage							
Cold Hip Bath							
Cold Hip Bath							
Hot Hip Bath							
Neutral Hip Bath							
Cold Spinal Bath							
Hot Spinal Bath							
Warm Spinal Bath							
Cold Spinal Spray							
Hot Spinal Spray							
Warm Spinal Spray							
Cold Foot Bath							
Hot Foot Bath							
Warm Foot Bath							
Cold Foot And Arm Bath							
Hot Foot And Arm Bath							
Warm Foot And Arm Bath							
Cold Circular Jet							
Douches							
Cold Immersion Bath							
Neutral Immersion Bath							
Hot Immersion Bath							
Steam Bath							
Sauna Bath							
Atapasnan							
Full Mud Bath							
Local Mud Apllication							
Mud Pack To Eye							
Mud Pack To Abdomen							
Ganji Turmeric Bath							
Local Application of Ganji Turmeric							
Mustard Pack							
Gastro Hepatic Pack							
Full Body Massage							
Leg Pack							
Throat Pack							
Arm Pack							
Salt Glow Massage							
Neutral Enema							
Cold Enema							
Neem Enema							
Oil Enema							
Sitz bath							
Sponge Bath							
Vibro Massage							

Dortini Managan							
Partial Massage							
Hot Sand Fomentation							
Facial Steam							
Ice Massage							
Affusion							
Local Compresses							
Local Steam							
Colon Hydrotherapy							
Kidney Pack							
Oil application to whole body							
Ginger turmeric application							
Local oil application							
Infrared Radiation							
Ayurvedha							
Params ? Therapy Dates ?	2023-11-22	2023-11-23	2023-11-24	2023-11-25	2023-11-26	2023-11-27	2023-11-28
Vamana							
Virechana							
Yoga basti							
Kala basti							
Karma basti							
Matrabasti							
Nasya							
Sarvangaabhyanga							
Ekangaabhyanga							
Patrapindasweda							
Shashtikashaalipindasweda							
Churnapindasweda							
Valukasweda							
Udwartana							
Nadisweda							
Avagahasweda							
Ishtikaswedana							
Pattasweda							
Shirodhara							
Takradhara							
Sarvangadhara							
Ekangadhara							
Seka							
Lepa							
Pichu							
Talam							
Kati basti							
Janu basti							
Greevabasti							
Kasherukabasti							
Prushtabasti							
Nabhimandalabasti							
Shirobasti							
Netra tarpana							
Netra Seka							
Bidalaka							
Yoga							
Params ? Therapy 2023-11-22	2 2023-11-2	3 2023-1	1-24 2023	-11-25 20	23-11-26	2023-11-27	2023-11-28
Neurology Yoga Special Technique							

Oncology Yoga Special Technique	Oncology Yoga Special Technique √	Oncology Yoga Special Technique ✓					
Pulmonology Yoga Special Technique							
Cardiology Yoga Special Technique							
Psychiatry Yoga Special Technique							
Rheumatology Yoga Special Technique							
Spinal Disorders Yoga Special Technique							
Metabolic disorders Yoga Special Technique							
Gasroenerelogy Yoga Special Technique							
Menstrual disorder Yoga Special Technique							
Pregancy Yoga Special Technique							
Endocrinology Yoga Special Technique							
Promotion of positive health Yoga Special Technique							
OM meditation	OM meditation	OM meditation	OM meditation	OM meditation	OM meditation	OM meditation	OM meditation
Maitri Milan	Maitri Milan √	Maitri Milan √					
IAYT Lecture	IAYT Lecture ✓						
Pranayama	Pranayama 🗸	Pranayama 🗸	Pranayama 🗸	Pranayama √	Pranayama √	Pranayama √	Pranayama √
Pranic energiazation Technique							
Cyclic Meditation	Cyclic Meditation √						
Bhajan	Bhajan 🗸	Bhajan 🗸	Bhajan √	Bhajan √	Bhajan √	Bhajan √	Bhajan √
Mind Sound Resonence Technique							
Trataka	Trataka √	Trataka 🗸	Trataka √	Trataka √	Trataka √	Trataka √	Trataka 🗸
Sleep Special Technique							
Chair Breathing Practice							
Headache special technique							
Voice culture							
Jala Neti							
Sutra Neti							
Vaman Dhouti Laghu shank							
Prakshalana Neurology Yoga Special							
Technique							
Oncology Yoga Special Technique	Oncology Yoga Special Technique						
Pulmonology Yoga Special Technique							
Cardiology Yoga Special Technique							
Psychiatry Yoga Special Technique							

Rheumatology Yoga Special Technique							
Spinal Disorders Yoga							
Special Technique Metabolic disorders							
Yoga Special Technique							
Gasroenerelogy Yoga Special Technique							
Endocrinology Yoga Special Technique							
Promotion of positive health Yoga Special Technique							
Neurology Yoga Special Technique							
Oncology Yoga Special Technique	Oncology Yoga Special Technique	Oncology Yoga Special Technique	Oncology Yoga Special Technique √	Oncology Yoga Special Technique √	Oncology Yoga Special Technique √	Oncology Yoga Special Technique	Oncology Yoga Special Technique √
Pulmonology Yoga Special Technique							
Cardiology Yoga Special Technique							
Psychiatry Yoga Special Technique							
Rheumatology Yoga Special Technique							
Spinal Disorders Yoga Special Technique							
Metabolic disorders Yoga Special Technique							
Gasroenerelogy Yoga Special Technique							
Endocrinology Yoga Special Technique							
Promotion of positive health Yoga Special Technique							
Physiotheraphy							
Params ? Therapy Date	es ?	2023-11-22	2023-11-23 20	23-11-24 202	3-11-25 2023-11-	26 2023-11-27	2023-11-28
Muscle Stimulator							
Traction							
Tread mill							
Squeezing ball							
SWD							
PEG board							
Marine Wheel							
T Pulley							
Ankle pressure							
Physio Ball							
Gait training							
Quadriceps chair							
Cycle							
Dumble							
T band							
Finger gripping excercise	•						
Tilt table							
Wax Therapy							
Shortwave Diathermy SV	VD						
Moist Heat							
Ultra Sound therapy UST	-						
onia sound merapy UST							
Interferential Thoragy IET							
Interferential Therapy IFT							

Cryotherany													
Cryotherapy Electrical Stimulation													
Electrical Stimulation Intermittent Cervical Tr	raction												
Intermittent Lumbar Tra Continuos Passive mot													
	lion Device												
Breathing exercises													
Chest percussions	Anhin n												
Passive exercises Stre													
Active exercises Stretc	_												
Manual joint Mobilizatio													
Shoulder Rehabilitation	1												
Hand Rehabilitation	-4:												
Walking aids Rehabilita	ATION												
Balance	Theres NDT												
Neuro Developmental													
Posture and ergonomic	DS												
Acupuncture	otop 2	2022	11 22	2022	11 22	2022 4	1 24	2022 4	1 2F	2022 44 02		2022 44 27	2022 44 22
Params ? Therapy Da	nes ?	2023	-11-22	2023	-11-23	2023-1	1-24	2023-11	1-25	2023-11-26		2023-11-27	2023-11-28
Acupuncture													
Electro Acupuncture													
Acupressure													
Cupping													
Cupping Massage													
Auriculotherapy													
Moxibustion													
Counseling													
Params ? Therapy Da			-11-22		-11-23	2023-1	1-24	2023-11	1-25	2023-11-26		2023-11-27	2023-11-28
Parameters & Consulta	ation	\checkmark		√		\checkmark		✓		\checkmark		\checkmark	\checkmark
Breakfast													
Params ? Therapy Dates ?	2023-11-22	20	023-11-23		2023-11-24	4	2023-11	-25	2023-	11-26	202	3-11-27	2023-11-28
Normal Diet													
Kichidi													
Fruits													
Boiled Vegetable													
Rava/ Rice ganji													
Rava/ Rice ganji Others	Normal Breakfast √		ormal reakfast √		Normal Breakfast	√	Normal Breakfa	st √	Norm Break		Nor Bre	mal akfast √	Normal Breakfast √
Rava/ Rice ganji Others Normal Breakfast				/		√		st √				/	
Rava/ Rice ganji Others Normal Breakfast Juices	Breakfast √	В		2023		2023-1	Breakfa	st √	Break			/	
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd Juice	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd Juice Sprouts Juice	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd Juice Sprouts Juice Barley Water	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd Juice Sprouts Juice Barley Water Carrot Juice	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd Juice Sprouts Juice Barley Water Carrot Juice Bitter gourd	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd Juice Sprouts Juice Barley Water Carrot Juice Bitter gourd Juice	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd Juice Sprouts Juice Barley Water Carrot Juice Bitter gourd Juice Lemon Honey	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd Juice Sprouts Juice Barley Water Carrot Juice Bitter gourd Juice Lemon Honey Juice	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd Juice Sprouts Juice Barley Water Carrot Juice Bitter gourd Juice Lemon Honey Juice Cucumber	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd Juice Sprouts Juice Barley Water Carrot Juice Bitter gourd Juice Lemon Honey Juice Cucumber Juice	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Boiled Vegetable Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd Juice Sprouts Juice Barley Water Carrot Juice Bitter gourd Juice Lemon Honey Juice Cucumber Juice Beetroot Juice Watermelon	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Da Ash Gourd Juice Sprouts Juice Barley Water Carrot Juice Bitter gourd Juice Lemon Honey Juice Cucumber Juice Beetroot Juice	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √
Rava/ Rice ganji Others Normal Breakfast Juices Params ? Therapy Dates Gorouts Juice Barley Water Carrot Juice Bitter gourd Juice Lemon Honey Juice Cucumber Juice Beetroot Juice Retroot Juice Retroot Juice	Breakfast √	В	reakfast √	2023	Breakfast		Breakfa		Break	fast √		akfast √	Breakfast √

Juice												
Boiled Apple												
Others												
Lunch												
Params ? Therapy Dates ?		2023-11-	22	2023-11-2	23	2023-11-24		2023-11-25		2023-11-26	2023-11-27	2023-11-28
Boiled Diet +Boiled Vegetable+B milk +Fruits	utter											
Raw Diet + Butter Milk												
Rava or Raice ganji												
Kichidi												
Others												
Normal Lunch		Normal I	Lunch	Normal L	unch	Normal Lui	nch	Normal Lund	ch	Normal Lunch	Normal Lunch	Normal Lunch
Snacks												
Params ? Therapy Dates ?	2023-1	1-22	2023-	11-23	2023	-11-24	202	3-11-25	20	23-11-26	2023-11-27	2023-11-28
Barley water												
Veg Soup												
Kashayam	Kasha	yam √	Kasha	ayam 🗸	Kasl	nayam √	Kas	shayam 🗸	Ka	ıshayam √	Kashayam √	Kashayam √
Dinner												
Params ? Therapy Dates ?		2023-11-2	2	2023-11-23	3	2023-11-24		2023-11-25		2023-11-26	2023-11-27	2023-11-28
Boiled Diet+Boiled Vegetable+Bu Milk+Fruits	utter											
Raw Diet + Butter Milk												
Rava/ Rice ganji												
Kichidi												
Others												
Normal Dinner		Normal D	inner	Normal Di	nner	Normal Dini	ner	Normal Dinne	er	Normal Dinner	Normal Dinner	Normal Dinner