Date:			2024-02-2	27			
Name:			Muzaffer				
Age/Sex:			27 / Male				
Registation:			IP93				
Department:			11 33				
NATUROPATHY							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Cold Underwater Massage	2024-02-21	2024-02-20	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Neutral Underwater Massage							
Cold Hip Bath							
Cold Hip Bath							
Hot Hip Bath							
Neutral Hip Bath							
Cold Spinal Bath							
Hot Spinal Bath							
Warm Spinal Bath							
Cold Spinal Spray							
Hot Spinal Spray							
Warm Spinal Spray							
Cold Foot Bath							
Hot Foot Bath							
Warm Foot Bath							
Cold Foot And Arm Bath							
Hot Foot And Arm Bath							
Warm Foot And Arm Bath							
Cold Circular Jet							
Douches							
Cold Immersion Bath							
Neutral Immersion Bath							
Hot Immersion Bath							
Steam Bath							
Sauna Bath							
Atapasnan							
Full Mud Bath							
Local Mud Apllication							
Mud Pack To Eye							
Mud Pack To Abdomen							
Ganji Turmeric Bath							
Local Application of Ganji Turmeric							
Mustard Pack							
Gastro Hepatic Pack							
Full Body Massage							
Leg Pack							
Throat Pack							
Arm Pack							
Salt Glow Massage							
Neutral Enema							
Cold Enema							
Neem Enema							
Oil Enema							
Sitz bath							
Sponge Bath		-			4		
Vibro Massage	\checkmark	\checkmark		\checkmark	\checkmark		

Picto Pic	Partial Massage												
Facility													
Massage													
Aduation													
Local Compresses													
Couton Sylopethical Couton Sylopethical													
Colon Plydrotherapy													
Collegation on whole body													
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Congent numeric application		lv											
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Virechana 70ga basis			1024-02-2	.7 202	L 4 -02-20	2024-02-23	2024-03-01	2024-0	J-02	2024-0	J-03	2024-0	J-U -
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Maryapas													
Nasya													
Sarvangaabhyanga													
Ekangaabhyanga													
Patrapindasweda													
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Special Technique Speci	Params ? Therapy Dates ?												
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Neurology Yoga Special Technique				
Oncology Yoga Special Technique	Oncology Yoga Special Technique V			
Pulmonology Yoga Special Technique				
Cardiology Yoga Special Technique				
Psychiatry Yoga Special Technique				
Rheumatology Yoga Special Technique				
Spinal Disorders Yoga Special Technique				
Metabolic disorders Yoga Special Technique				
Gasroenerelogy Yoga Special Technique				
Menstrual disorder Yoga Special Technique				
Pregancy Yoga Special Technique				
Endocrinology Yoga Special Technique				
Promotion of positive health Yoga Special Technique				
OM meditation	OM meditation ✓ OM meditation ✓ OM meditation ✓ OM meditation ✓			
Maitri Milan	Maitri Milan ✓ Maitri Milan ✓ Maitri Milan ✓ Maitri Milan ✓ Maitri Milan			
Milk & Malt	Milk & Malt √			
IAYT Lecture	IAYT Lecture √			
KRIYA	KRIYA √			
DIET	DIET√			
PRANAMAYA KOSHA	PRANAMAYA KOSHA √			
YAMA & NIYAMA	YAMA & NIYAMA √			
MANOMAYA & VIJNYANMAYA KOSHA	MANOMAYA & VIJNYANMAYA KOSHA √			
DISCHARGE LECTURE	DISCHARGE LECTURE √			
Pranayama	Pranayama ✓ Pranayama ✓ Pranayama ✓ Pranayama ✓ Pranayama			
Pranic energiazation Technique				
Cyclic Meditation	Cyclic Meditation ✓ Cyclic Meditation ✓ Cyclic Meditation ✓ Cyclic Meditation ✓ Cyclic Meditation ✓ Cyclic Meditation ✓ Cyclic Meditation ✓ Cyclic Meditation ✓ Cyclic Meditation ✓ Cyclic Meditation			
Bhajan	Bhajan √ Bhajan √ Bhajan √ Bhajan √ Bhajan √ Bhajan			
Mind Sound Resonence Technique				
Trataka & MSRT	Trataka & MSRT Trataka & MSRT Trataka &			
Sleep Special Technique				
Chair Breathing Practice				
Headache special technique				
Voice culture				
Jala Neti				
Sutra Neti				

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(Wednesday, Friday & Sunday) ✓ Happy Assembly (Wednesday, Friday & Sunday) ✓ Neurology Yoga Special Technique ✓ Oncology Yoga Special			
Technique Oncology Yoga Special Technique ✓ Oncology Yoga Special Technique Oncology Yoga Special Technique ✓ Oncology Yoga Special			
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Technique ✓ Oncology Yoga Special Technique ✓ Oncology Yoga Special Technique ✓			
Pulmonology Yoga Special Technique			
Cardiology Yoga Special Technique			
Psychiatry Yoga Special Technique			
Rheumatology Yoga Special Technique			
Spinal Disorders Yoga Special Technique			
Metabolic disorders Yoga Special Technique			
Gasroenerelogy Yoga Special Technique			
Endocrinology Yoga Special Technique			
Promotion of positive health Yoga Special Technique			
Neurology Yoga Special Technique			
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Pulmonology Yoga Special Technique			
Cardiology Yoga Special Technique			
Psychiatry Yoga Special Technique			
Rheumatology Yoga Special Technique			
Spinal Disorders Yoga Special Technique			
Metabolic disorders Yoga Special Technique			
Gasroenerelogy Yoga Special Technique			
Endocrinology Yoga Special Technique			
Promotion of positive health Yoga Special Technique			
Physiotheraphy			
Params ? Therapy Dates ? 2024-02-27 2024-02-28 2024-02-29 2024-03-01 2024-03-02 2	024-03-03	2024-03-0	04
Muscle Stimulator			
Traction			
Tread mill			
Squeezing ball			
SWD			

PEG board								
Marine Wheel								
T Pulley								
Ankle pressure								
Physio Ball								
Gait training								
Quadriceps chair								
Cycle								
Dumble								
T band								
Finger gripping excercise								
Tilt table								
Wax Therapy								
Shortwave Diathermy SWD								
Moist Heat								
Ultra Sound therapy UST								
Interferential Therapy IFT								
TENS								
Cryotherapy								
Electrical Stimulation								
Intermittent Cervical Traction								
Intermittent Lumbar Traction								
Continuos Passive motion Device								
Breathing exercises								
Chest percussions								
Passive exercises Stretching								
Active exercises Stretching								
Manual joint Mobilization								
Shoulder Rehabilitation								
Hand Rehabilitation								
Walking aids Rehabilitation								
Balance								
Neuro Developmental Therapy NDT								
Posture and ergonomics								
Acupuncture								
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2 2024-0	3-03 20	24-03-04
Acupuncture								
Electro Acupuncture								
Acupressure								
Cupping								
Cupping Massage								
Auriculotherapy								
Moxibustion								
Counseling								
Params ? Therapy Dates ?	2	024-02-27	2024-02-28	2024-02-29 2	024-03-01	2024-03-02	2024-03-03	2024-03-04
Admission works and Consultation with	Doctors	/						
		·						
Parameters & Consultation	~	* * * * *						
Breakfast								
Params ? Therapy Dates ?			2024-02-28	3 2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Normal Diet								
Kichidi								
Fruits								
Boiled Vegetable								
Rava/ Rice ganji ✓	/		Rava/ Rice	Rava/ Rice	Rava/ Rice ganji 🗸	Rava/ Rice ganji √	Rava/ Rice ganji √	Rava/ Rice ganji √
			guiili					

Others											
Normal Breakfast		kfast √ Normal Brea Normal Breakfast √ kfast √									
Juices											
Params ? Therapy	y Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03	3-01	2024-0	03-02	2024-03-03	2024	-03-04
Ash Gourd											
Juice											
Sprouts Juice											
Barley Water											
Carrot Juice											
Bitter gourd											
Lemon Honey											
Juice											
Cucumber											
Beetroot Juice											
Watermelon											
Papaya											
Plantain Pith											
Boiled Apple											
Others											
Lunch											
Params ? Therapy	/ Dates ?	2024-02-27				2024-				2024-	2024-
Boiled Diet +Boiled Vegetable+Butter n	l					02-28	3 02-2	9 03-0	1 03-02	03-03	03-04
Raw Diet + Butter I											
Rava or Raice ganj											
Kichidi											
Others											
Normal Lunch		/	Normal Lunch ✔ Normal Lunch ✔		<i>(</i>						
Snacks											
Params ? Therapy Dates ?	2024-02	-27			2024 28		2024-02- 29	2024-03- 01	2024-03- 02	2024-03- 03	2024-03- 04
Barley water											
Veg Soup											
Kashayam	Kashay Kashav	am ✔ Kashayam ✔ am ✔ Kashayam ✔	Kashayam √ k	(ashayam √							
Dinner		•									
Params ? Therapy	y Dates ?	2024-02-27				202 02-					2024- 03-04
Boiled Diet+Boiled Vegetable+Butter M											
Raw Diet + Butter I	Milk										
Rava/ Rice ganji											
Kichidi											
Others											
Normal Dinner		Normal Dinner ✓ Normal Di									