

Date:	2024-02-27						
Name:	Muzaffer						
Age/Sex:	27 / Male						
Registration:	IP93						
Department:							
NATUROPATHY							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Cold Underwater Massage							
Neutral Underwater Massage							
Cold Hip Bath							
Cold Hip Bath							
Hot Hip Bath							
Neutral Hip Bath							
Cold Spinal Bath							
Hot Spinal Bath							
Warm Spinal Bath							
Cold Spinal Spray							
Hot Spinal Spray							
Warm Spinal Spray							
Cold Foot Bath							
Hot Foot Bath							
Warm Foot Bath							
Cold Foot And Arm Bath							
Hot Foot And Arm Bath							
Warm Foot And Arm Bath							
Cold Circular Jet							
Douches							
Cold Immersion Bath							
Neutral Immersion Bath							
Hot Immersion Bath							
Steam Bath							
Sauna Bath							
Atapasnan							
Full Mud Bath							
Local Mud Apllication							
Mud Pack To Eye							
Mud Pack To Abdomen							
Ganji Turmeric Bath							
Local Application of Ganji Turmeric							
Mustard Pack							
Gastro Hepatic Pack							
Full Body Massage							
Leg Pack							
Throat Pack							
Arm Pack							
Salt Glow Massage							
Neutral Enema							
Cold Enema							
Neem Enema							
Oil Enema							
Sitz bath							
Sponge Bath							
Vibro Massage	✓	✓		✓	✓		

Partial Massage							
Hot Sand Fomentation							
Facial Steam							
Ice Massage							
Affusion							
Local Compresses							
Local Steam							
Colon Hydrotherapy							
Kidney Pack							
Oil application to whole body							
Ginger turmeric application							
Local oil application							
Infrared Radiation							

Ayurvedha

Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Vamana							
Virechana							
Yoga basti							
Kala basti							
Karma basti							
Matrabasti							
Nasya							
Sarvangaabhyanga							
Ekangaabhyanga							
Patrapindasweda							
Shashtikashaalipindasweda							
Churnapindasweda							
Valukasweda							
Udwartana							
Nadisweda							
Avagahasweda							
Ishtikaswedana							
Pattasweda							
Shirodhara							
Takradhara							
Sarvangadhara							
Ekangadhara							
Seka							
Lepa							
Pichu							
Talam							
Kati basti							
Janu basti							
Greevabasti							
Kasherukabasti							
Prushtabasti							
Nabhimandalabasti							
Shirobasti							
Netra tarpana							
Netra Seka							
Bidalaka							

Yoga

Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Special Technique	Special Technique ✓ Special Technique ✓	Special Technique ✓ Special Technique ✓	Special Technique ✓ Special Technique ✓	Special Technique ✓ Special Technique ✓			

Neurology Yoga Special Technique									
Oncology Yoga Special Technique	Oncology Yoga Special Technique ✓ Oncology Yoga Special Technique ✓ Oncology Yoga Special Technique ✓ Oncology Yoga Special Technique ✓								
Pulmonology Yoga Special Technique									
Cardiology Yoga Special Technique									
Psychiatry Yoga Special Technique									
Rheumatology Yoga Special Technique									
Spinal Disorders Yoga Special Technique									
Metabolic disorders Yoga Special Technique									
Gasroenerelogy Yoga Special Technique									
Menstrual disorder Yoga Special Technique									
Pregancy Yoga Special Technique									
Endocrinology Yoga Special Technique									
Promotion of positive health Yoga Special Technique									
OM meditation	OM meditation ✓ OM meditation ✓ OM meditation ✓ OM meditation ✓								
Maitri Milan	Maitri Milan ✓ Maitri Milan ✓ Maitri Milan ✓ Maitri Milan ✓ Maitri Milan ✓ Maitri Milan ✓								
Milk & Malt	Milk & Malt ✓								
IAYT Lecture	IAYT Lecture ✓								
KRIYA	KRIYA ✓								
DIET	DIET ✓								
PRANAMAYA KOSHA	PRANAMAYA KOSHA ✓								
YAMA & NIYAMA	YAMA & NIYAMA ✓								
MANOMAYA & VIJNYANMAYA KOSHA	MANOMAYA & VIJNYANMAYA KOSHA ✓								
DISCHARGE LECTURE	DISCHARGE LECTURE ✓								
Pranayama	Pranayama ✓ Pranayama ✓ Pranayama ✓ Pranayama ✓								
Pranic energiazation Technique									
Cyclic Meditation	Cyclic Meditation ✓ Cyclic Meditation ✓ Cyclic Meditation ✓ Cyclic Meditation ✓								
Bhajan	Bhajan ✓ Bhajan ✓ Bhajan ✓ Bhajan ✓ Bhajan ✓ Bhajan ✓ Bhajan ✓								
Mind Sound Resonence Technique									
Trataka & MSRT	Trataka & MSRT ✓ Trataka & MSRT ✓ Trataka & MSRT ✓ Trataka & MSRT ✓								
Sleep Special Technique									
Chair Breathing Practice									
Headache special technique									
Voice culture									
Jala Neti									
Sutra Neti									

Vaman Dhouti								
Laghu shank Prakshalana								
Tuning to nature	Tuning to nature ✓ nature ✓	Tuning to nature ✓ Tuning to nature ✓	Tuning to nature ✓ Tuning to nature ✓	Tuning to nature ✓ Tuning to nature ✓				
Happy Assembly (Wednesday, Friday & Sunday)	Happy Assembly (Wednesday, Friday & Sunday) ✓ (Wednesday, Friday & Sunday) ✓	Happy Assembly (Wednesday, Friday & Sunday) ✓	Happy Assembly (Wednesday, Friday & Sunday) ✓					
Neurology Yoga Special Technique								
Oncology Yoga Special Technique	Oncology Yoga Special Technique ✓ ✓ Oncology Yoga Special Technique ✓ Technique ✓	Oncology Yoga Special Technique Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓				
Pulmonology Yoga Special Technique								
Cardiology Yoga Special Technique								
Psychiatry Yoga Special Technique								
Rheumatology Yoga Special Technique								
Spinal Disorders Yoga Special Technique								
Metabolic disorders Yoga Special Technique								
Gasroenerelogy Yoga Special Technique								
Endocrinology Yoga Special Technique								
Promotion of positive health Yoga Special Technique								
Neurology Yoga Special Technique								
Oncology Yoga Special Technique	Oncology Yoga Special Technique ✓ ✓ Oncology Yoga Special Technique ✓ Technique ✓	Oncology Yoga Special Technique Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓				
Pulmonology Yoga Special Technique								
Cardiology Yoga Special Technique								
Psychiatry Yoga Special Technique								
Rheumatology Yoga Special Technique								
Spinal Disorders Yoga Special Technique								
Metabolic disorders Yoga Special Technique								
Gasroenerelogy Yoga Special Technique								
Endocrinology Yoga Special Technique								
Promotion of positive health Yoga Special Technique								
Physiotherapy								
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04	
Muscle Stimulator								
Traction								
Tread mill								
Squeezing ball								
SWD								

Others									
Normal Breakfast	Normal Breakfast ✓	Normal Breakfast ✓	Normal Breakfast ✓						
	Breakfast ✓	Normal Breakfast ✓	Normal Breakfast ✓						
	Normal Breakfast ✓								

Juices									
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04		
Ash Gourd									
Juice									
Sprouts Juice									
Barley Water									
Carrot Juice									
Bitter gourd									
Lemon Honey									
Juice									
Cucumber									
Beetroot Juice									
Watermelon									
Papaya									
Plantain Pith									
Boiled Apple									
Others									

Lunch									
Params ? Therapy Dates ?	2024-02-27			2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Boiled Diet +Boiled Vegetable+Butter milk +Fruits									
Raw Diet + Butter Milk									
Rava or Raice ganji									
Kichidi									
Others									
Normal Lunch	Normal Lunch ✓	Normal Lunch ✓	Normal Lunch ✓						
	Normal Lunch ✓	Normal Lunch ✓	Normal Lunch ✓						

Snacks									
Params ? Therapy Dates ?	2024-02-27			2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Barley water									
Veg Soup									
Kashayam	Kashayam ✓	Kashayam ✓	Kashayam ✓	Kashayam ✓					
	Kashayam ✓	Kashayam ✓							

Dinner									
Params ? Therapy Dates ?	2024-02-27			2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Boiled Diet+Boiled Vegetable+Butter Milk+Fruits									
Raw Diet + Butter Milk									
Rava/ Rice ganji									
Kichidi									
Others									
Normal Dinner	Normal Dinner ✓	Normal Dinner ✓	Normal Dinner ✓	Normal Dinner ✓					
	Dinner ✓	Normal Dinner ✓	Normal Dinner ✓	Normal Dinner ✓					
	✓								