Date:			2024-02-2	27			
Name:			Muzaffer				
Age/Sex:			27 / Male				
Registation:			IP93				
Department:			11 33				
NATUROPATHY							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Cold Underwater Massage	2024-02-21	2024-02-20	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Neutral Underwater Massage							
Cold Hip Bath							
Cold Hip Bath							
Hot Hip Bath							
Neutral Hip Bath							
Cold Spinal Bath							
Hot Spinal Bath							
Warm Spinal Bath							
Cold Spinal Spray							
Hot Spinal Spray							
Warm Spinal Spray							
Cold Foot Bath							
Hot Foot Bath							
Warm Foot Bath							
Cold Foot And Arm Bath							
Hot Foot And Arm Bath							
Warm Foot And Arm Bath							
Cold Circular Jet							
Douches							
Cold Immersion Bath							
Neutral Immersion Bath							
Hot Immersion Bath							
Steam Bath							
Sauna Bath							
Atapasnan							
Full Mud Bath							
Local Mud Apllication							
Mud Pack To Eye							
Mud Pack To Abdomen							
Ganji Turmeric Bath							
Local Application of Ganji Turmeric							
Mustard Pack							
Gastro Hepatic Pack							
Full Body Massage							
Leg Pack							
Throat Pack							
Arm Pack							
Salt Glow Massage							
Neutral Enema							
Cold Enema							
Neem Enema							
Oil Enema							
Sitz bath							
Sponge Bath		-			4		
Vibro Massage	\checkmark	\checkmark		\checkmark	\checkmark		

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Neurology Yoga Special Technique							
Oncology Yoga Special Technique		Oncology Yoga Special Technique	Oncology Yoga Special Technique √	Oncology Yoga Special Technique	Oncology Yoga Special Technique √	Oncology Yoga Special Technique	Oncology Yoga Special Technique √
Pulmonology Yoga Special Technique							
Cardiology Yoga Special Technique							
Psychiatry Yoga Special Technique							
Rheumatology Yoga Special Technique							
Spinal Disorders Yoga Special Technique							
Metabolic disorders Yoga Special Technique							
Gasroenerelogy Yoga Special Technique							
Menstrual disorder Yoga Special Technique							
Pregancy Yoga Special Technique							
Endocrinology Yoga Special Technique							
Promotion of positive health Yoga Special Technique							
OM meditation		OM meditation √	OM meditation	OM meditation √	OM meditation	OM meditation √	OM meditation
Maitri Milan		Maitri Milan √	Maitri Milan √	Maitri Milan √	Maitri Milan √	Maitri Milan √	Maitri Milan √
Milk & Malt	Milk & Malt ✓						
IAYT Lecture	IAYT Lecture						
KRIYA		KRIYA √					
DIET			DIET 🗸				
PRANAMAYA KOSHA				PRANAMAYA KOSHA 🗸			
YAMA & NIYAMA					YAMA & NIYAMA ✓		
MANOMAYA & VIJNYANMAYA KOSHA						MANOMAYA & VIJNYANMAYA KOSHA	
DISCHARGE LECTURE							DISCHARGE LECTURE V
Pranayama		Pranayama √	Pranayama √	Pranayama √	Pranayama √	Pranayama √	Pranayama √
Pranic energiazation Technique							
Cyclic Meditation		Cyclic Meditation	Cyclic Meditation √	Cyclic Meditation	Cyclic Meditation √	Cyclic Meditation √	Cyclic Meditation √
Bhajan	Bhajan	Bhajan √	Bhajan √	Bhajan √	Bhajan √	Bhajan √	Bhajan √
Mind Sound Resonence Technique							
Trataka & MSRT	Trataka & MSRT	Trataka & MSRT ✓	Trataka & MSRT	Trataka & MSRT ✓	Trataka & MSRT	Trataka & MSRT √	Trataka & MSRT
Sleep Special Technique							
Chair Breathing Practice							

Headache special technique									
Voice culture									
Jala Neti									
Sutra Neti									
Vaman Dhouti									
Laghu shank Prakshalana									
Tuning to nature		Tuning to nature		ning to ture	Tuning to nature ✓	Tuning to nature	Tuning	to nature √	Tuning to nature √
Happy Assembly (Wednesday, Friday & Sunday)		Happy Assembly (Wednesday, Frid & Sunday)	ay		Happy Assembly (Wednesday, Friday & Sunday)	′	Happy / (Wedne & Sund	Assembly sday, Friday ay) 🗸	
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Pulmonology Yoga Special Technique									
Cardiology Yoga Special Technique									
Psychiatry Yoga Special Technique									
Rheumatology Yoga Special Technique									
Spinal Disorders Yoga Special Technique									
Metabolic disorders Yoga Special Technique									
Gasroenerelogy Yoga Special Technique									
Endocrinology Yoga Special Technique									
Promotion of positive health Yoga Special Technique									
Neurology Yoga Special Technique									
Oncology Yoga Special Technique		Oncology Yoga Special Technique	Spe	cology Yoga ecial chnique √	Oncology Yoga Special Technique	Oncology Yog Special Technique √		gy Yoga Technique	Oncology Yoga Special Technique
Pulmonology Yoga Special Technique									
Cardiology Yoga Special Technique									
Psychiatry Yoga Special Technique									
Rheumatology Yoga Special Technique									
Spinal Disorders Yoga Special Technique									
Metabolic disorders Yoga Special Technique									
Gasroenerelogy Yoga Special Technique									
Endocrinology Yoga Special Technique									
Promotion of positive health Yoga Special Technique									
Physiotheraphy									
Params ? Therapy Da	tes ?	2024-0	2-27	2024-02-28	2024-02-29	2024-03-01 2	024-03-02	2024-03-03	2024-03-04
Muscle Stimulator									
Traction									

Traction

-							
Tread mill							
Squeezing ball							
SWD							
PEG board							
Marine Wheel							
T Pulley							
Ankle pressure							
Physio Ball							
Gait training							
Quadriceps chair							
Cycle							
Dumble							
T band							
Finger gripping excercise							
Tilt table							
Wax Therapy							
Shortwave Diathermy SWD							
Moist Heat							
Ultra Sound therapy UST							
Interferential Therapy IFT							
TENS							
Cryotherapy							
Electrical Stimulation							
Intermittent Cervical Traction							
Intermittent Lumbar Traction							
Continuos Passive motion Device							
Breathing exercises							
Chest percussions							
Passive exercises Stretching							
Active exercises Stretching							
Manual joint Mobilization							
Shoulder Rehabilitation							
Hand Rehabilitation							
Walking aids Rehabilitation							
Balance							
Neuro Developmental Therapy NDT							
Posture and ergonomics							
Acupuncture							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Acupuncture							
Electro Acupuncture							
Acupressure							
Cupping							
Cupping Massage							
Auriculotherapy							
Moxibustion							
Counseling							
Params ? Therapy Dates ?	2	2024-02-27	2024-02-28	2024-02-29	2024-03-01 2024-	-03-02 2024-03	-03 2024-03-04
Admission works and Consultation with		/					
Parameters & Consultation		, /					
Breakfast							
Params ? Therapy Dates ?			2024-02	-28 2024-02-29	9 2024-03-01 202	4-03-02 2024-0	3-03 2024-03-04
Normal Diet							
וייטווומו טוכנ							
Kichidi							

Fruits

Boiled Vegetable											
	Rava/ Rice ga	nji √			Rava/ Rice ganji √	Rava/ Rice	Rava/ Rice	Rava/ R ganji ✔	/	/a/ Rice	Rava/ Rice ganji √
Others					J. ,	J. ,	J. ,	J. ,	J	•	J. , .
Normal Breakfast		fast √ Normal Brea Normal Breakfast √ fast √		st √							
Juices											
Params ? Therapy	Dates ?	2024-02-27	2024-02-28	2024-0	2-29 2	2024-03-01	2024-03-	02 20	24-03-03	202	4-03-04
Ash Gourd											
Juice											
Sprouts Juice											
Barley Water											
Carrot Juice											
Bitter gourd											
Lemon Honey											
Juice											
Cucumber											
Beetroot Juice											
Watermelon											
Papaya											
Plantain Pith											
Boiled Apple											
Others											
Lunch											
Params ? Therapy	Dates ?	2024-02-27				2024 02-2		2024- 03-01	2024- 03-02	2024- 03-03	2024- 03-04
Boiled Diet +Boiled Vegetable+Butter n											
Raw Diet + Butter M	Milk										
Rava or Raice ganj	i										
Kichidi											
Others											
Normal Lunch		Normal Lunch ✓ I									
Snacks											
Params ? Therapy Dates ?	2024-02-2	27					2024-02- 20 29 0		024-03- 2	2024-03- 03	2024-03- 04
Barley water											
Veg Soup											
Kashayam	Kashaya Kashaya	m √ Kashayam √	Kashayam √ Ka	ashayam	✓						
Dinner		,,									
Params ? Therapy	/ Dates ? 2	2024-02-27				202 02-			2024- 03-02	2024- 03-03	2024- 03-04
Boiled Diet+Boiled Vegetable+Butter N	//ilk+Fruits										
Raw Diet + Butter M	Milk										
Rava/ Rice ganji											
Kichidi											
Others											
Normal Dinner	ı	Normal Dinner ✔ No Dinner ✔ Normal Di									