

Date:	2024-02-27
Name:	Muzaffer
Age/Sex:	27 / Male
Registration:	IP93
Department:	

NATUROPATHY							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Cold Underwater Massage	✓	✓		✓	✓		
Neutral Underwater Massage	✓	✓		✓	✓		
Cold Hip Bath	✓	✓		✓	✓		
Cold Hip Bath	✓	✓		✓	✓		
Hot Hip Bath	✓	✓		✓	✓		
Neutral Hip Bath	✓	✓		✓	✓		
Cold Spinal Bath	✓	✓		✓	✓		
Hot Spinal Bath	✓	✓		✓	✓		
Warm Spinal Bath	✓	✓		✓	✓		
Cold Spinal Spray	✓	✓		✓	✓		
Hot Spinal Spray	✓	✓		✓	✓		
Warm Spinal Spray	✓	✓		✓	✓		
Cold Foot Bath	✓	✓		✓	✓		
Hot Foot Bath	✓	✓		✓	✓		
Warm Foot Bath	✓	✓		✓	✓		
Cold Foot And Arm Bath	✓	✓		✓	✓		
Hot Foot And Arm Bath	✓	✓		✓	✓		
Warm Foot And Arm Bath	✓	✓		✓	✓		
Cold Circular Jet	✓	✓		✓	✓		
Douches	✓	✓		✓	✓		
Cold Immersion Bath	✓	✓		✓	✓		
Neutral Immersion Bath	✓	✓		✓	✓		
Hot Immersion Bath	✓	✓		✓	✓		
Steam Bath	✓	✓		✓	✓		
Sauna Bath	✓	✓		✓	✓		
Atapasnan	✓	✓		✓	✓		
Full Mud Bath	✓	✓		✓	✓		
Local Mud Applcation	✓	✓		✓	✓		
Mud Pack To Eye	✓	✓		✓	✓		
Mud Pack To Abdomen	✓	✓		✓	✓		
Ganji Turmeric Bath	✓	✓		✓	✓		
Local Application of Ganji Turmeric	✓	✓		✓	✓		
Mustard Pack	✓	✓		✓	✓		
Gastro Hepatic Pack	✓	✓		✓	✓		
Full Body Massage	✓	✓		✓	✓		
Leg Pack	✓	✓		✓	✓		
Throat Pack	✓	✓		✓	✓		
Arm Pack	✓	✓		✓	✓		

Salt Glow Massage	✓	✓		✓	✓		
Neutral Enema	✓	✓		✓	✓		
Cold Enema	✓	✓		✓	✓		
Neem Enema	✓	✓		✓	✓		
Oil Enema	✓	✓		✓	✓		
Sitz bath	✓	✓		✓	✓		
Sponge Bath	✓	✓		✓	✓		
Vibro Massage	✓✓✓✓✓	✓✓✓✓✓	✓✓✓✓✓	✓✓✓✓✓	✓✓✓✓✓	✓✓✓✓✓	✓✓✓✓✓
Partial Massage	✓	✓		✓	✓		
Hot Sand Fomentation	✓	✓		✓	✓		
Facial Steam	✓	✓		✓	✓		
Ice Massage	✓	✓		✓	✓		
Affusion	✓	✓		✓	✓		
Local Compresses	✓	✓		✓	✓		
Local Steam	✓	✓		✓	✓		
Colon Hydrotherapy	✓	✓		✓	✓		
Kidney Pack	✓	✓		✓	✓		
Oil application to whole body	✓	✓		✓	✓		
Ginger turmeric application	✓	✓		✓	✓		
Local oil application	✓	✓		✓	✓		
Infrared Radiation	✓	✓		✓	✓		

Ayurvedha

Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Vamana							
Virechana							
Yoga basti							
Kala basti							
Karma basti							
Matrabasti							
Nasya							
Sarvangaabhyanga							
Ekangaabhyanga							
Patrapindasweda							
Shashtikashaalipindasweda							
Churnapindasweda							
Valukasweda							
Udwartana							
Nadisweda							
Avagahasweda							
Ishtikaswedana							
Pattasweda							
Shirodhara							
Takradhara							
Sarvangadhara							
Ekangadhara							
Seka							
Lepa							
Pichu							
Talam							
Kati basti							
Janu basti							
Greevabasti							

Kasherukabasti							
Prushtabasti							
Nabhimandalabasti							
Shirobasti							
Netra tarpana							
Netra Seka							
Bidalaka							
<b>Yoga</b>							
<b>Params ?</b>							
<b>Therapy Dates</b>	<b>2024-02-27</b>	<b>2024-02-28</b>	<b>2024-02-29</b>	<b>2024-03-01</b>	<b>2024-03-02</b>	<b>2024-03-03</b>	<b>2024-03-04</b>
<b>?</b>							

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### Yoga Special Technique

### Technique

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## Technique Spinal Disorders Yoga Special









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IAYT Lecture

IAYT Lecture

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## YAMA & NIYAMA

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## Sutra Neti

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Laghu shank  
Prakshalana



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Happy  
Assembly  
(Wednesday,

Happy Assembly (Wednesday, Friday & Sunday) ✓  
Happy Assembly (Wednesday,

Happy Assembly (Wednesday, Friday & Sunday) ✓  
Happy Assembly (Wednesday,

Happy Assembly (Wednesday, Friday & Sunday) ✓  
Happy Assembly (Wednesday,

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Oncology Yoga	Oncology Yoga
Special	Special
Technique ✓	Technique ✓
Oncology Yoga	Oncology Yoga
Special	Special
Technique ✓	Technique ✓
Oncology Yoga	Oncology Yoga
Special	Special
Technique ✓	Technique ✓
Oncology Yoga	Oncology Yoga
Special	Special
Technique ✓	Technique ✓
Oncology Yoga	Oncology Yoga
Special	Special
Technique ✓	Technique ✓

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## Oncology Yoga Special Technique

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## Rheumatology Yoga Special Technique

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### Yoga Special Technique

## Technique



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## Technique Spinal Disorders Yoga Special





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Physiotherapy

Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Muscle Stimulator							
Traction							
Tread mill							
Squeezing ball							
SWD							
PEG board							
Marine Wheel							
T Pulley							
Ankle pressure							
Physio Ball							
Gait training							
Quadriceps chair							
Cycle							
Dumble							
T band							
Finger gripping excercise							
Tilt table							
Wax Therapy							
Shortwave Diathermy SWD							
Moist Heat							
Ultra Sound therapy UST							
Interferential Therapy IFT							
TENS							
Cryotherapy							
Electrical Stimulation							
Intermittent Cervical Traction							
Intermittent Lumbar Traction							
Continuos Passive motion Device							
Breathing exercises							
Chest percussions							
Passive exercises Stretching							
Active exercises Stretching							
Manual joint Mobilization							
Shoulder Rehabilitation							
Hand Rehabilitation							
Walking aids Rehabilitation							
Balance							
Neuro Developmental Therapy NDT							
Posture and ergonomics							

Acupuncture

Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Acupuncture							
Electro Acupuncture							
Acupressure							
Cupping							
Cupping Massage							
Auriculotherapy							
Moxibustion							

Counseling

Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Admission works and Consultation with Doctors	✓						
Parameters & Consultation	✓✓✓✓✓✓						

Breakfast

Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Normal Diet							
Kichidi							
Fruits							
Boiled Vegetable							
Rava/ Rice ganji	Rava/ Rice ganji ✓	Rava/ Rice ganji ✓	Rava/ Rice ganji ✓	Rava/ Rice ganji ✓	Rava/ Rice ganji ✓	Rava/ Rice ganji ✓	Rava/ Rice ganji ✓
Others							
Normal Breakfast	Normal Breakfast ✓ Normal Breakfast ✓ Normal Breakfast ✓	Normal Breakfast ✓ Normal Breakfast ✓ Normal Breakfast ✓	Normal Breakfast ✓ Normal Breakfast ✓ Normal Breakfast ✓				

Juices							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Ash Gourd							
Juice							
Sprouts Juice							
Barley Water							
Carrot Juice							
Bitter gourd							
Lemon Honey							
Juice							
Cucumber							
Beetroot Juice							
Watermelon							
Papaya							
Plantain Pith							
Boiled Apple							
Others							

Lunch							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Boiled Diet +Boiled Vegetable+Butter milk +Fruits							
Raw Diet + Butter Milk							
Rava or Raice ganji							
Kichidi							
Others							
Normal Lunch	Normal Lunch ✓ Normal Lunch ✓	Normal Lunch ✓ Normal Lunch ✓	Normal Lunch ✓ Normal Lunch ✓	Normal Lunch ✓ Normal Lunch ✓			

Snacks							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Barley water							
Veg Soup							
Kashayam	Kashayam ✓ Kashayam ✓	Kashayam ✓ Kashayam ✓	Kashayam ✓ Kashayam ✓	Kashayam ✓ Kashayam ✓			

Dinner							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Boiled Diet+Boiled Vegetable+Butter Milk+Fruits							
Raw Diet + Butter Milk							
Rava/ Rice ganji							
Kichidi							
Others							

Normal Dinner	Normal Dinner ✓	Normal Dinner ✓	Normal Dinner ✓	Normal Dinner ✓
	Normal Dinner ✓	Normal Dinner ✓	Normal Dinner ✓	Normal Dinner
	✓			