

Date:	2024-02-27						
Name:	Muzaffer						
Age/Sex:	27 / Male						
Registration:	IP93						
Department:							
NATUROPATHY							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Cold Underwater Massage							
Neutral Underwater Massage							
Cold Hip Bath							
Cold Hip Bath							
Hot Hip Bath							
Neutral Hip Bath							
Cold Spinal Bath							
Hot Spinal Bath							
Warm Spinal Bath							
Cold Spinal Spray							
Hot Spinal Spray							
Warm Spinal Spray							
Cold Foot Bath							
Hot Foot Bath							
Warm Foot Bath							
Cold Foot And Arm Bath							
Hot Foot And Arm Bath							
Warm Foot And Arm Bath							
Cold Circular Jet							
Douches							
Cold Immersion Bath							
Neutral Immersion Bath							
Hot Immersion Bath							
Steam Bath							
Sauna Bath							
Atapasnan							
Full Mud Bath							
Local Mud Apllication							
Mud Pack To Eye							
Mud Pack To Abdomen							
Ganji Turmeric Bath							
Local Application of Ganji Turmeric							
Mustard Pack							
Gastro Hepatic Pack							
Full Body Massage							
Leg Pack							
Throat Pack							
Arm Pack							
Salt Glow Massage							
Neutral Enema							
Cold Enema							
Neem Enema							
Oil Enema							
Sitz bath							
Sponge Bath							
Vibro Massage	✓	✓		✓	✓		

Partial Massage							
Hot Sand Fomentation							
Facial Steam							
Ice Massage							
Affusion							
Local Compresses							
Local Steam							
Colon Hydrotherapy							
Kidney Pack							
Oil application to whole body							
Ginger turmeric application							
Local oil application							
Infrared Radiation							

**Ayurvedha**

Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Vamana							
Virechana							
Yoga basti							
Kala basti							
Karma basti							
Matrabasti							
Nasya							
Sarvangaabhyanga							
Ekangaabhyanga							
Patrapindasweda							
Shashtikashaalipindasweda							
Churnapindasweda							
Valukasweda							
Udwartana							
Nadisweda							
Avagahasweda							
Ishtikaswedana							
Pattasweda							
Shirodhara							
Takradhara							
Sarvangadhara							
Ekangadhara							
Seka							
Lepa							
Pichu							
Talam							
Kati basti							
Janu basti							
Greevabasti							
Kasherukabasti							
Prushtabasti							
Nabhimandalabasti							
Shirobasti							
Netra tarpana							
Netra Seka							
Bidalaka							

## Yoga

[illegible]

Neurology Yoga Special Technique							
Oncology Yoga Special Technique		Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓
Pulmonology Yoga Special Technique							
Cardiology Yoga Special Technique							
Psychiatry Yoga Special Technique							
Rheumatology Yoga Special Technique							
Spinal Disorders Yoga Special Technique							
Metabolic disorders Yoga Special Technique							
Gasroenerology Yoga Special Technique							
Menstrual disorder Yoga Special Technique							
Pregancy Yoga Special Technique							
Endocrinology Yoga Special Technique							
Promotion of positive health Yoga Special Technique							
OM meditation		OM meditation ✓	OM meditation ✓	OM meditation ✓	OM meditation ✓	OM meditation ✓	OM meditation ✓
Maitri Milan		Maitri Milan ✓	Maitri Milan ✓	Maitri Milan ✓	Maitri Milan ✓	Maitri Milan ✓	Maitri Milan ✓
Milk & Malt	Milk & Malt ✓						
IAYT Lecture	IAYT Lecture ✓						
KRIYA		KRIYA ✓					
DIET		DIET ✓					
PRANAMAYA KOSHA				PRANAMAYA KOSHA ✓			
YAMA & NIYAMA					YAMA & NIYAMA ✓		
MANOMAYA & VIJNYANMAYA KOSHA						MANOMAYA & VIJNYANMAYA KOSHA ✓	
DISCHARGE LECTURE					DISCHARGE LECTURE ✓		
Pranayama		Pranayama ✓	Pranayama ✓	Pranayama ✓	Pranayama ✓	Pranayama ✓	Pranayama ✓
Pranic energiazation Technique							
Cyclic Meditation		Cyclic Meditation ✓	Cyclic Meditation ✓	Cyclic Meditation ✓	Cyclic Meditation ✓	Cyclic Meditation ✓	Cyclic Meditation ✓
Bhajan	Bhajan ✓	Bhajan ✓	Bhajan ✓	Bhajan ✓	Bhajan ✓	Bhajan ✓	Bhajan ✓
Mind Sound Resonance Technique							
Trataka & MSRT	Trataka & MSRT ✓	Trataka & MSRT ✓	Trataka & MSRT ✓	Trataka & MSRT ✓	Trataka & MSRT ✓	Trataka & MSRT ✓	Trataka & MSRT ✓
Sleep Special Technique							
Chair Breathing Practice							

Headache special technique							
Voice culture							
Jala Neti							
Sutra Neti							
Vaman Dhouti							
Laghu shank Prakshalana							
Tuning to nature		Tuning to nature ✓	Tuning to nature ✓	Tuning to nature ✓	Tuning to nature ✓	Tuning to nature ✓	Tuning to nature ✓
Happy Assembly (Wednesday, Friday & Sunday)		Happy Assembly (Wednesday, Friday & Sunday) ✓		Happy Assembly (Wednesday, Friday & Sunday) ✓		Happy Assembly (Wednesday, Friday & Sunday) ✓	
Neurology Yoga Special Technique							
Oncology Yoga Special Technique		Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓
Pulmonology Yoga Special Technique							
Cardiology Yoga Special Technique							
Psychiatry Yoga Special Technique							
Rheumatology Yoga Special Technique							
Spinal Disorders Yoga Special Technique							
Metabolic disorders Yoga Special Technique							
Gasroenerelogy Yoga Special Technique							
Endocrinology Yoga Special Technique							
Promotion of positive health Yoga Special Technique							
Neurology Yoga Special Technique							
Oncology Yoga Special Technique		Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓	Oncology Yoga Special Technique ✓
Pulmonology Yoga Special Technique							
Cardiology Yoga Special Technique							
Psychiatry Yoga Special Technique							
Rheumatology Yoga Special Technique							
Spinal Disorders Yoga Special Technique							
Metabolic disorders Yoga Special Technique							
Gasroenerelogy Yoga Special Technique							
Endocrinology Yoga Special Technique							
Promotion of positive health Yoga Special Technique							
Physiotherapy							
Params ? Therapy Dates ?		2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03
Muscle Stimulator							
Traction							

Tread mill							
Squeezing ball							
SWD							
PEG board							
Marine Wheel							
T Pulley							
Ankle pressure							
Physio Ball							
Gait training							
Quadriceps chair							
Cycle							
Dumble							
T band							
Finger gripping excercise							
Tilt table							
Wax Therapy							
Shortwave Diathermy SWD							
Moist Heat							
Ultra Sound therapy UST							
Interferential Therapy IFT							
TENS							
Cryotherapy							
Electrical Stimulation							
Intermittent Cervical Traction							
Intermittent Lumbar Traction							
Continuos Passive motion Device							
Breathing exercises							
Chest percussions							
Passive exercises Stretching							
Active exercises Stretching							
Manual joint Mobilization							
Shoulder Rehabilitation							
Hand Rehabilitation							
Walking aids Rehabilitation							
Balance							
Neuro Developmental Therapy NDT							
Posture and ergonomics							
Acupuncture							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Acupuncture							
Electro Acupuncture							
Acupressure							
Cupping							
Cupping Massage							
Auriculotherapy							
Moxibustion							
Counseling							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Admission works and Consultation with Doctors	✓						
Parameters & Consultation	✓	✓	✓	✓	✓	✓	
Breakfast							
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Normal Diet							
Kichidi							
Fruits							

Boiled Vegetable									
Rava/ Rice ganji	Rava/ Rice ganji ✓			Rava/ Rice ganji ✓	Rava/ Rice ganji ✓	Rava/ Rice ganji ✓	Rava/ Rice ganji ✓	Rava/ Rice ganji ✓	Rava/ Rice ganji ✓
Others									
Normal Breakfast	Normal Breakfast ✓ Normal Breakfast ✓ Normal Breakfast ✓ Normal Breakfast ✓ Normal Breakfast ✓ Normal Breakfast ✓ Normal Breakfast ✓								
Juices									
Params ? Therapy Dates ?	2024-02-27	2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04		
Ash Gourd									
Juice									
Sprouts Juice									
Barley Water									
Carrot Juice									
Bitter gourd									
Lemon Honey									
Juice									
Cucumber									
Beetroot Juice									
Watermelon									
Papaya									
Plantain Pith									
Boiled Apple									
Others									
Lunch									
Params ? Therapy Dates ?	2024-02-27			2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Boiled Diet +Boiled Vegetable+Butter milk +Fruits									
Raw Diet + Butter Milk									
Rava or Raice ganji									
Kichidi									
Others									
Normal Lunch	Normal Lunch ✓ Normal Lunch ✓ Normal Lunch ✓ Normal Lunch ✓ Normal Lunch ✓ Normal Lunch ✓								
Snacks									
Params ? Therapy Dates ?	2024-02-27			2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Barley water									
Veg Soup									
Kashayam	Kashayam ✓ Kashayam ✓	Kashayam ✓ Kashayam ✓	Kashayam ✓	Kashayam ✓					
Dinner									
Params ? Therapy Dates ?	2024-02-27			2024-02-28	2024-02-29	2024-03-01	2024-03-02	2024-03-03	2024-03-04
Boiled Diet+Boiled Vegetable+Butter Milk+Fruits									
Raw Diet + Butter Milk									
Rava/ Rice ganji									
Kichidi									
Others									
Normal Dinner	Normal Dinner ✓ Normal Dinner ✓ Normal Dinner ✓ Normal Dinner ✓ Normal Dinner ✓ Normal Dinner ✓ ✓								