

(Allaa-humma bika asuulu wa-bika ahuulu wa-bika aseeru.)

O Allaah! With Your name I begin this journey and with Your name I travel around and with Your name I travel.

30. Du'aa at the time Distress :

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

(Laaa-ilaaha illaaa anngta sub-haa-naka innee kuntu minaj-waali-meeen.)

There is none worthy of worship except You; exalted are You. Indeed, I have been of the wrongdoers.

31. Du'aa for Difficulty:

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ وَعَلَى اللَّهِ تَوَكَّلْنَا

(Hasbu-nallaahu wa-nimal wakeellu wa-'alallaahi tawakkalnaa.)

Allaah is enough for us and He is the best helper, We put our trust in Allaah.

32. Du'aa between two Sazdah:

اللَّهُمَّ اغْفِرْ لِي وَارْحَمْنِي وَاهْدِنِي وَارْزُقْنِي