

All praises are due to Allaah, who has given us life (consciousness) after taking it away. And to Him is our raising (on the day of Qiyaamah.)

10. Du`aa Before Entering Toilet:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ ۝

(Allaa-humma innee `a`uujubika minal khubusi wal khabaayis.)

O Allaah, I seek protection in You from filth and impurity.

11. Du`aa After Leaving Toilet:

غُفْرَانَكَ الْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنِّي الْأَذَى وَعَافَانِي ۝

(Gufraa-naka alhamdu lil lajee ajhaba `annil ajaa wa `aafaa-nee.

I ask forgiveness. All praises are due to Allaah, who removed from me all that was discomfort able and restored me to good health.