



## READING TIME

16. **Answer:** Are you interested in cooking? What can you cook?

17. **Read the text about various cuisines. Read the ingredients of the given dishes on the menu on page 106. Then, guess and classify their cuisine.**

### CUISINES

A cuisine is a style of cooking. It is characterized by distinctive ingredients, techniques and dishes. A cuisine is influenced by local ingredients, regional food preparation traditions and religious food laws. Delicious food is made all over the world and every region has its own characteristics. It is impossible to objectively decide which cuisine is the most delicious. The best cuisines of the world have different characteristics.

**Italian:** Home of pasta and the pizza. Italian food is a simple dish with only a few ingredients. Tomatoes and basil, olive oil and cheese are typical Italian products in Italian food.

**Indian:** Dishes are based on rice and often vegetarian or with chicken and seafood. Spices like coriander, ginger, cumin, saffron, chili flavour these dishes.

**Thai:** Chili is widely used in stir-fried rice and noodle dishes with lots of vegetables, coconut, basil, lemon grass, tofu, spices and curry-sauces.

**Mexican:** Chicken, tortillas, corn, rice and beans are the basics of Mexican food. You can also have sweet potatoes, peanuts, avocados, tomatoes, chili, garlic, cinnamon and onions in Mexican dishes.

**Turkish:** Turkish cuisine is both healthy and delicious. All vegetables are cooked in an extremely delicious way. Kebabs are the most popular dishes. Meat is cooked directly on fire.

**English:** Typical English food consists of fish and chips, a full English breakfast, a Sunday roast, pies and stews. English food is much simpler than the other cuisines.

