



UNDERGROUND SPORTS NUTRITION

PROTEIN SHAKES, SMOOTHIES, ENERGY
BOMBS, AND ACAI BOWLS

PROTEIN SHAKES

12 oz \$5.50 | 20 oz \$7.50

PEPPERMINT PATTIE

Almond Milk, Chocolate Whey,
Chocolate, Mint, Get Lean, Oreos,
Mint Topping (opt.)

TRIPLE CHOCOLATE BROWNIE

Almond Milk, Vanilla Whey,
Chocolate, Vanilla, Chia seeds

CHOCOLATE WASTED

Almond Milk, Chocolate Whey,
Chocolate, Chocolate Chips

PBC

Almond Milk, Chocolate Whey,
Chocolate, Peanut Butter, Reeses
Topping (opt.)

GET GAINZZ

Almond Milk, Chocolate/Vanilla Mass
Gainer, Banana, Oats, Peanut Butter

FUNKY MONKEY

Almond Milk, Chocolate Whey,
Chocolate, Banana, Peanut Butter

THE GO JUICE

Almond Milk, Vanilla Whey, Truly Latte,
Espresso Beans, Get Energized

CINNAMON BUN

Almond Milk, Vanilla Whey, Vanilla
Cream, Flaxseed Oil, Cinnamon

NUTS AND BOLTS

Almond Milk, Vanilla Whey, Salted
Caramel, PB Lite, Almond Extract,

COOKIE MONSTER

Almond Milk, Vanilla Whey, Vanilla
Cream, Oreos, Oreo Topping (opt.)

REGULAR JOE

Almond Milk, Vanilla Whey, Vanilla
Cream, Banana, Flaxseed Oil, Get
Regular

FRUIT SMOOTHIES

12 oz \$4.99 | 20 oz \$6.99

BIKINI BOTTOM

Pineapple Puree, Vanilla Whey,
Banana, Pineapple, Coconut

STRAWBERRY MIST

Strawberry Puree, Vanilla Whey,
Banana, Strawberry

SLAM BERRY

Four Berry Puree, Vanilla Whey,
Banana, Strawberry, Blueberry

THE GREEN GIANT

Pineapple Puree, Vanilla Whey,
Banana, Spinach, Kale

UNDERGROUND CRUSH

Mango Puree, Vanilla Whey,
Banana, Strawberry, Pineapple

ACAI BOWLS

\$9.50

UNDERGROUND BOWL

GenePro, Granola (on top/mixed in),
Banana, Strawberries, Nutella

THE PATRIOT

Granola, Banana, Strawberries,
Blueberries, Coconut

PINEAPPLE EXPRESS

Granola, Pineapple, Strawberries,
Kiwi

THE BIG MIKE

Granola, Banana, Blueberries,
Peanut Butter, Nutella

ENERGY BOMBS

20 oz \$5.99 | 32 oz \$6.99

Peach Mango | Strawberry Lemonade
Cherry Limeade | Blue Razz
Tropical Lime| Candy Grape

ADD INS

\$1.50

Get Regular
Get Energized
Get Lean
Creatine
Glutamine

Protein
Fruit
Nutella
Peanut Butter
Collagen