

Md. Ruhul Kuddus

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I know something about you without knowing you. I bet you spend A LOT of time in your head. You know, thinking, worrying, stressing, freaking out -- call it whatever you want. I call it a preoccupied mind. And with what? 99% of your thoughts are useless.

William James, once the leading psychologist in America, and one of the founders of the philosophical school of pragmatism, put it best: "A great many people think they are thinking when they are merely rearranging their prejudices."

Pragmatism believes that the mind is a tool. Your mind should work for you, not against you. People who don't master their minds, don't believe it's possible.

They say: "I can't help but thinking these things."

Well, you can TAKE CONTROL of your mind with enough practice. I've done it. And in THINK STRAIGHT, I share exactly how. It's a quick read and you can use it to immediately to improve your thinking.

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Save 20 Hours a Week By Removing These 4 Useless Things In Your Life

Time Management Icon for Saving Hour



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