



Menu

# Format of the Template Pattern

To use this pattern, your prompt should make the following fundamental contextual statements:

- I am going to provide a template for your output
- X is my placeholder for content
- Try to fit the output into one or more of the placeholders that I list
- Please preserve the formatting and overall template that I provide
- This is the template: PATTERN with PLACEHOLDERS

You will need to replace "X" with an appropriate placeholder, such as "CAPITALIZED WORDS" or "<PLACEHOLDER>". You will then need to specify a pattern to fill in, such as "Dear <FULL NAME>" or "NAME, TITLE, COMPANY".

Examples:

- Create a random strength workout for me today with complementary exercises. I am going to provide a template for your output . CAPITALIZED WORDS are my placeholders for content. Try to fit the output into one or more of the placeholders that I list. Please preserve the formatting and overall template that I provide. This is the template: NAME, REPS @ SETS, MUSCLE GROUPS WORKED, DIFFICULTY SCALE 1-5, FORM NOTES
- Please create a grocery list for me to cook macaroni and cheese from scratch, garlic bread, and marinara sauce from scratch. I am going to provide a template for your output . <placeholder> are my placeholders for content. Try to fit the output into one or more of the placeholders that I list. Please preserve the formatting and overall template that I provide.

This is the template:

Aisle <name of aisle>:

<item needed from aisle>, <qty> (<dish(es) used in>

**Mark as completed**

