

# 14-Day Momentum Planner

Executive Leadership Lab | Module 1 | January

Purpose: Schedule your first moves and track progress over 14 days. Momentum starts with action.

Start Date:

End Date:

Date	Action / Task	Who	Evidence / Win	Status

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## 14-Day Reflection

### Key Wins This Period:

*What did you accomplish? What moved forward?*

### What Got in the Way:

*What obstacles did you encounter?*

### What I Learned:

*What insight or lesson emerged?*

### Next 14-Day Focus:

*What will you prioritize in the next two weeks?*