

14-Day Momentum Planner

Executive Leadership Lab | Module 1 | January

Purpose: Schedule your first moves and track progress over 14 days. Momentum starts with action.

Start Date:

End Date:

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14-Day Reflection

Key Wins This Period:

What did you accomplish? What moved forward?

What Got in the Way:

What obstacles did you encounter?

What I Learned:

What insight or lesson emerged?

Next 14-Day Focus:

What will you prioritize in the next two weeks?