

14-Day Momentum Planner

Executive Leadership Lab | Module 1 | January



Purpose: Momentum starts with small, visible moves. Use this planner to schedule your "first moves" from your Career Growth Roadmap and track your progress over the next 14 days.

Start Date:

End Date:

DATE	ACTION / TASK	TIME	WHO	EVIDENCE / WIN	STATUS
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14-Day Reflection

Key Wins This Period:

What did you accomplish? What moved forward?

What Got in the Way:

What obstacles did you encounter?

What I Learned:

What insight or lesson emerged?

Next 14-Day Focus:

What will you prioritize in the next two weeks?