

SQL insert query

sql

 Copy code

```
INSERT INTO customers (first_name, last_name, gender, address, email)
VALUES ('John', 'Doe', 'Male', 'Rome, Italy', 'john@example.com');
```

✓ This inserts **one row** into the table.

3 Insert multiple rows at once

sql

 Copy code

```
INSERT INTO customers (first_name, last_name, gender, address, email)
VALUES
('Anna', 'Rossi', 'Female', 'Milan', 'anna@mail.com'),
('Marco', 'Bianchi', 'Male', 'Turin', 'marco@mail.com');
```



4 Insert values from PHP (your case)

✗ Simple (not secure – for learning only)

php

 Copy code

```
$sql = "INSERT INTO customers (first_name, last_name, gender, address, email)
VALUES ('$first_name', '$last_name', '$gender', '$address', '$email')";

$conn->query($sql);
```

