



# KIDS CANCER WELL-BEING AWARENESS

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# TOPICS

## INTRODUCTION :

Cancer in children; How common it is, how it is caused?

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Common Types of Cancer In Children

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Emotional Challenges of Childhood Cancer

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How Can We Help/Raise Awareness?

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FINAL TIPS & TAKEAWAYS

# INTRODUCTION

Cancer occurs in people of all ages and can affect any part of the body. It begins with genetic change in single cells, that can then grow into a mass (or tumor), invade other parts of the body and cause harm and death if left untreated. Unlike cancer in adults, most childhood cancers do not have a known cause.

Globally there are more than **300,000** children diagnosed with cancer each year. Every 3 minutes, somewhere in the world a family hears the devastating words that their child has been diagnosed with cancer.

The DNA changes that most often cause childhood cancer are acquired mutations. Every time a cell divides into 2 cells, it must make a copy of its DNA for the new cell. Acquired mutations happen because this process isn't perfect, and errors sometimes occur, especially when the cells are growing quickly.



# Common Types Of Cancer In Children

THE TYPES OF CANCER AFFECTING CHILDREN ARE QUITE DIFFERENT FROM THE CANCERS THAT AFFECT TEENAGERS AND YOUNG ADULTS.

THE MOST COMMON TYPES OF CHILDHOOD CANCER INCLUDE LEUKEMIAS, BRAIN TUMORS, LYMPHOMAS, AND SOLID TUMORS SUCH AS NEUROBLASTOMA AND WILMS TUMOR.

LEUKEMIA IS THE MOST COMMON CANCER IN CHILDREN AND TEENS, ACCOUNTING FOR ALMOST 1 OUT OF 3 CANCERS. MOST CHILDHOOD LEUKEMIAS ARE ACUTE LYMPHOCYTIC LEUKEMIA (ALL). MOST OF THE REMAINING CASES ARE ACUTE MYELOID LEUKEMIA (AML). CHRONIC LEUKEMIAS ARE RARE IN CHILDREN

# Emotional Challenges of Childhood Cancer

- No matter what age a child is, a cancer diagnosis will have a significant effect. A child's age, level of development and personality will influence their reactions. However, most children will feel a mix of being anxious, afraid, angry or upset at some stage during their illness.
- For most children with cancer, life changes dramatically. Having tests, going to doctor's appointments and treatment will become part of daily life.
- The physical symptoms of cancer and the treatment of it can have serious social and emotional consequences for the child. Research indicates that the negative perception of self-appearance often found in children with cancer is associated with academic, social, and psychological impairment, low self-esteem, and symptoms of depression.



# How Can We Help/Raise Awareness For Childhood Cancer?

**CHILDHOOD CANCER AWARENESS MONTH IS AN INTERNATIONALLY RECOGNIZED MONTH WHERE THE WHOLE CHILDHOOD CANCER COMMUNITY CAN COME TOGETHER, AND EVERYONE IS ENCOURAGED TO SHOW THEIR SUPPORT FOR THE CHILDREN, YOUNG PEOPLE AND FAMILIES WHO HAVE BEEN AFFECTED BY CHILDHOOD CANCER.**

**FUNDRAISING AND DONATING TO CHILDHOOD CANCER PATIENTS HAS PROVEN TO BE BENEFICIAL AS FINANCIAL TROUBLES HAVE BEEN THE LEADING CAUSE FOR LACK OF TREATMENT.**

# MENTAL HEALTH OF CANCER PATIENT IN UAE



- Dealing with cancer is a journey that affects both patients and their families.
- The UAE offers: Counseling Services: Experienced therapists help patients cope emotionally.
- Support Groups: Community-based initiatives provide a network of encouragement and advice.





## Objective

- Teach people about cancer and the importance of early detection.
- Encourage the community to be kind, helpful, and informed.
- Help cancer patients and their families feel supported.
- Share information about local help and resources.

## Vision

- Cancer patients need emotional and social support, not just medical help
  - Early checkups can save lives.
- There are many ways to help—even small acts matter.
- You don't have to be a doctor to make a difference

## Mission

To reach out

- Everyone in the community (kids, adults, seniors)**
- People with cancer and their families**
  - Doctors and nurses
  - Schools and teachers
  - Local businesses
  - Religious groups

## What

Cancer patients mental well being

# Mind Map



## Dreams

As an oncology counselor, my dream is to support patients emotionally through the toughest moments of their lives. I want to create a safe space where they can express fear, grief, and hope without judgment. I aim to help them see their strength beyond the illness and ensure that mental health is valued just as much as physical care. My dream is to bring comfort, connection, and courage to every patient and family I work with.

## Goals

As an oncology counselor, our goal is to support patients emotionally through the challenges of cancer, helping them cope with fear, anxiety, and grief. I aim to foster resilience, encourage open communication with families and healthcare teams, and ensure that mental well-being is treated as an essential part of care. Above all, I strive to be a steady, compassionate presence throughout every stage of their journey.

## When

Start now. The journey to becoming an oncology counselor is not just a career—it's a calling. Cancer patients face unimaginable emotional challenges, and the need for compassionate support is immediate. You have the power to make a real difference from day one. Every step you take, whether it's studying, volunteering, or gaining experience, is a step closer to offering comfort, hope, and strength when it's needed most. Don't wait for the perfect moment—the moment is now. Your future patients will thank you for the courage you show today in choosing this path.

## Why

Because cancer impacts both the body and mind. They provide emotional support, help patients cope with fear and anxiety, and improve overall well-being, ensuring that healing is holistic, not just physical.



Thank  
You

