Philadelphia Chicken Enchiladas



By SBurk on August 30, 2006





Prep Time: 15 mins Total Time: 35 mins Servings: 4-6

About This Recipe

"Yummy, cheesy enchiladas and my husbands favorite! Need a safe place to store it!"

Ingredients

2 cups chopped cooked chicken or 2 cups cooked turkey

1 cup chopped green bell peppers

1 (8 ounce) packages cream cheese, cubed

8 ounces salsa, divided

8 (6 inch) flour tortillas

3/4 lb Velveeta cheese, cut up

1/4 cup milk

Directions

- 1. Stir chicken, bell pepper, cream cheese, and 1/2 cup salsa in saucepan on low heat until cream cheese is melted.
- 2. Spoon 1/3 cup chicken mixture down center of each tortilla; roll up. Place seam side down in a lightly gresed 12X8 inch baking dish.
- 3. Stir Velveeta (I use Aldi brand) and 1/4 cup milk in saucepan on low heat until cheese is melted. Pour sauce over tortillas; cover with foil which has been lightly sprayed on the underside with non-stick spray.
- 4. Bake at 350 degrees for 20 minutes or until thoroughly heated. Pour remaining salsa over the top.
- **5.** I serve with sour cream, extra salsa, and tortilla chips.
- **6.** The prep time is an estimate; if you keep precooked, chopped chicken on hand the prep time is next to nothing.

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Philadelphia Chicken Enchiladas (cont.)

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Nutrition Facts		Amount Per Serving	% Daily Value
		Total Fat 50.1g	77%
Serving Size: 1 (269 g) Servings Per Recipe: 4 Amount Per Serving Calories 865.3 Calories from Fat 451		Saturated Fat 27.7g	138%
	9/ Doily Volue	Cholesterol 184.2mg	61%
	% Daily Value	Sugars 11.3 g	
	52%	Sodium 2395.2mg	99%
		Total Carbohydrate 59.2g	19%
		Dietary Fiber 4.2g	16%
		Sugars 11.3 g	45%
		Protein 44.2g	88%

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