

# Using the State Hook

*Hooks* are a new addition in React 16.8. They let you use state and other React features without writing a class.

The [introduction page](#) used this example to get familiar with Hooks:

```
import React, { useState } from 'react';

function Example() {
  // Declare a new state variable, which we'll
  // call "count"
  const [count, setCount] = useState(0);

  return (
    <div>
      <p>You clicked {count} times</p>
      <button onClick={() => setCount(count +
1)}>
        Click me
      </button>
    </div>
  );
}
```

We'll start learning about Hooks by comparing this code to an equivalent class example.

## Equivalent Class Example

If you used classes in React before, this code should look familiar:

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```
const [count, setCount] = useState(0);
```

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We declare a state variable called `count`, and set it to `0`.

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- **Line 1:** We import the `useState` Hook from React. It

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returned by `useState`, and `setFruit` is the second. It is



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components, and is similar to lifecycle methods in classes.

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