

# The Evolution of Contrastive Learning

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# Table of Contents

1. Motivation
2. Learning Outcomes
3. Simple Framework for Contrastive Learning (SimCLR)
4. Bootstrap Your Own Latent (BYOL)
5. Distillation with No Labels (DINO)
6. DINOv2: Improved DINO
7. Image BERT (iBOT)
8. Summary
9. References

## Where We Are

- ▶ Pretext tasks enable self-supervised learning by creating artificial labels.
- ▶ Instance discrimination treats each image as its own class, encouraging unique representations.
- ▶ MoCo framework uses a dynamic dictionary with a queue and momentum encoder for contrastive learning.
- ▶ **Limitations of MoCo:**
  - Need for large memory banks
  - Complexity of momentum encoders
  - Sensitivity to negative sampling

## Why Evolve?

- ▶ Wouldn't it be great if we could get rid of all that extra memory and complicated tricks?
- ▶ Can we squeeze even more out of the positive pairs we already have?
- ▶ What if our models could focus on the big picture, not just tiny pixel details?

By the end of this lecture, you will be able to:

- ▶ Trace the exciting journey of contrastive learning, understanding how innovations evolved from MoCo → SimCLR → BYOL → DINO → iBOT.
- ▶ Spot the real-world trade-offs in model design—like balancing memory and compute, or choosing between negative sampling and avoiding Bayesian collapse.
- ▶ Derive and visualize how batch size and temperature ( $\tau$ ) shape the spread of learned embeddings.
- ▶ Explain in simple terms why we drop the projection head when moving to downstream tasks—and why that's a smart move!
- ▶ Analyze the clever tricks BYOL uses to avoid representational collapse, keeping its features meaningful.
- ▶ Illustrate why centering and sharpening the teacher's outputs are essential for effective learning.



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## A Simple Framework for Contrastive Learning of Visual Representations

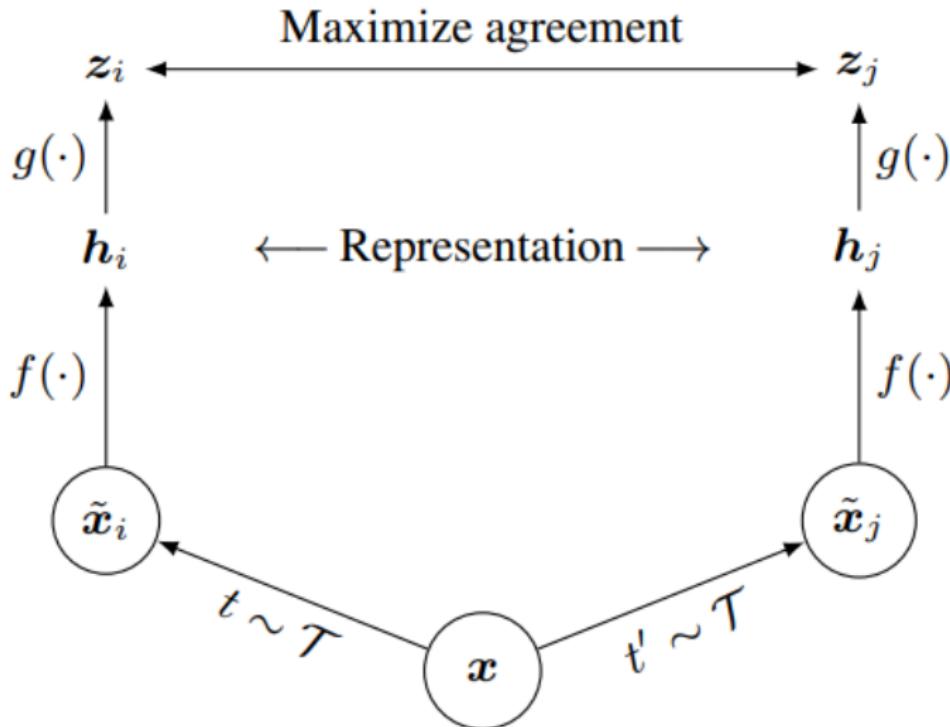
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Ting Chen<sup>1</sup> Simon Kornblith<sup>1</sup> Mohammad Norouzi<sup>1</sup> Geoffrey Hinton<sup>1</sup>

### What is SimCLR?

- ▶ A simple and powerful method for learning image features without labels.
- ▶ Uses contrastive learning:
  - Pulls similar images (augmentations of the same image) closer together.
  - Pushes different images (from different sources) further apart.

# SimCLR: Simple Framework for Contrastive Learning (cont.)



### Why was SimCLR created?

- ▶ Earlier contrastive learning methods needed extra tricks:
  - Memory banks to store negative examples.
  - Special momentum encoders.
- ▶ SimCLR avoids these by:
  - Using very large batch sizes.
  - Always having plenty of negative examples in each batch.
- ▶ This makes SimCLR simpler and easier to train.

### How does SimCLR work?

► **Augmentation pipeline:**

- Each image is randomly cropped.
- Color is changed.
- Sometimes blurred.
- This creates two different views of the same image.

## ► Encoder + Projection Head:

- Both views go through a neural network encoder ( $f(\cdot)$ ).
- Then, they pass through a small MLP called the projection head ( $g(\cdot)$ ).
- This gives the final representations.

### ► Contrastive Loss (NT-Xent):

- The model pulls together representations of two views of the same image.
- It pushes apart representations of different images.
- The loss function is:

$$\ell_{i,j} = -\log \frac{\exp(\text{sim}(z_i, z_j)/\tau)}{\sum_{k \neq i} \exp(\text{sim}(z_i, z_k)/\tau)}$$

- $\text{sim}(z_i, z_j)$  is the similarity between two representations.
- $\tau$  is a temperature parameter.

# SimCLR: Simple Framework for Contrastive Learning (cont.)

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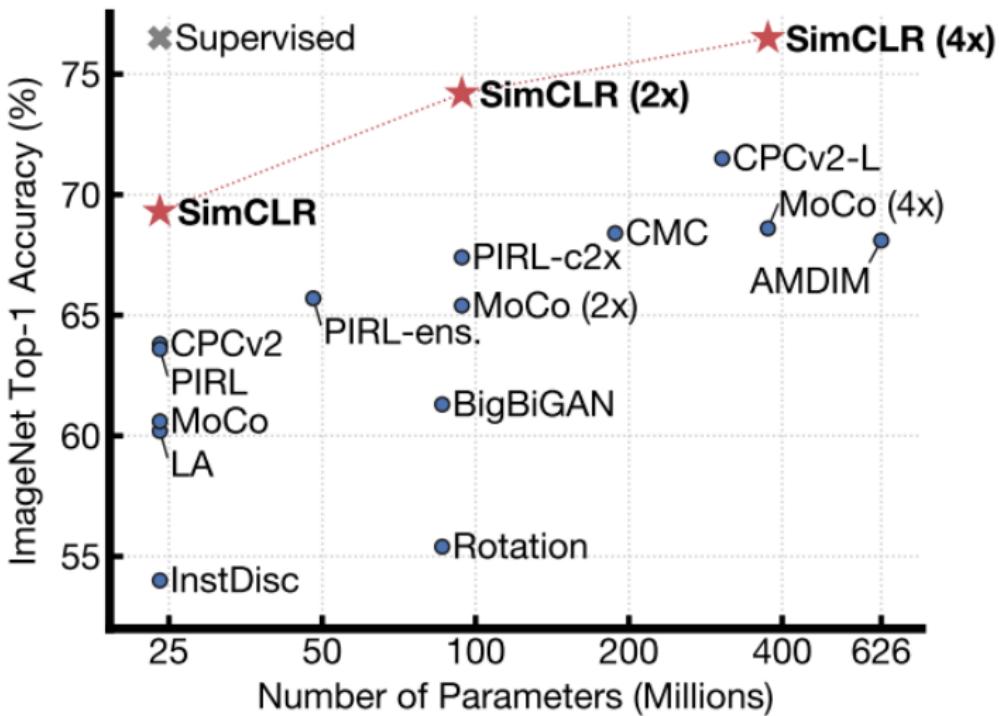
**Algorithm 1** SimCLR's main learning algorithm.

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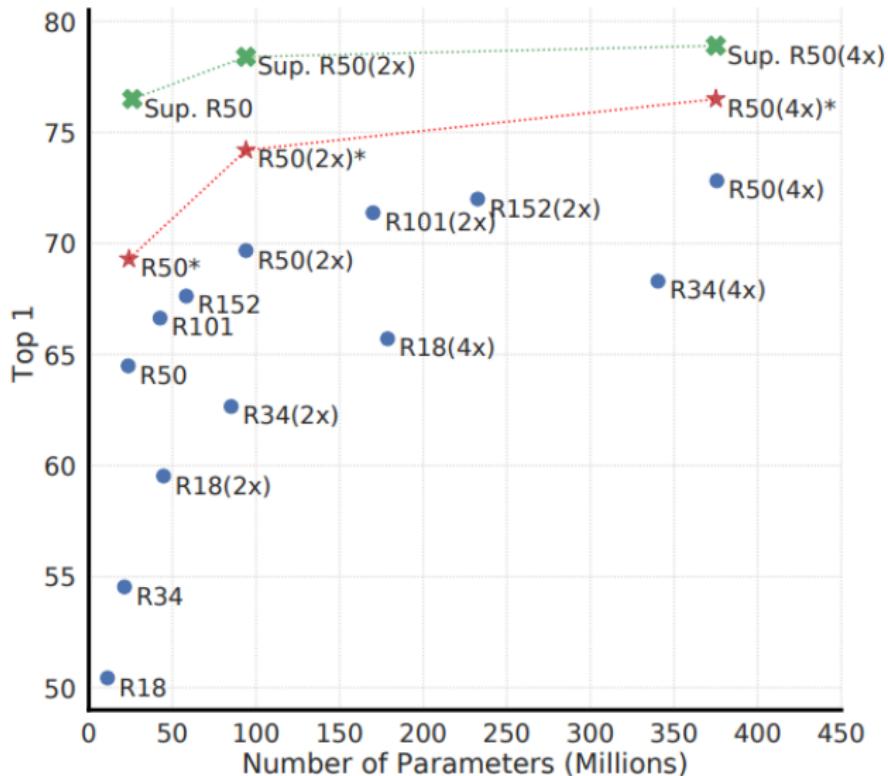
```
input: batch size  $N$ , temperature  $\tau$ , structure of  $f, g, \mathcal{T}$ .
for sampled minibatch  $\{\mathbf{x}_k\}_{k=1}^N$  do
    for all  $k \in \{1, \dots, N\}$  do
        draw two augmentation functions  $t \sim \mathcal{T}, t' \sim \mathcal{T}$ 
        # the first augmentation
         $\tilde{\mathbf{x}}_{2k-1} = t(\mathbf{x}_k)$ 
         $\mathbf{h}_{2k-1} = f(\tilde{\mathbf{x}}_{2k-1})$  # representation
         $\mathbf{z}_{2k-1} = g(\mathbf{h}_{2k-1})$  # projection
        # the second augmentation
         $\tilde{\mathbf{x}}_{2k} = t'(\mathbf{x}_k)$ 
         $\mathbf{h}_{2k} = f(\tilde{\mathbf{x}}_{2k})$  # representation
         $\mathbf{z}_{2k} = g(\mathbf{h}_{2k})$  # projection
    end for
    for all  $i \in \{1, \dots, 2N\}$  and  $j \in \{1, \dots, 2N\}$  do
         $s_{i,j} = \mathbf{z}_i^\top \mathbf{z}_j / (\tau \|\mathbf{z}_i\| \|\mathbf{z}_j\|)$  # pairwise similarity
    end for
    define  $\ell(i, j)$  as  $\ell(i, j) = -\log \frac{\exp(s_{i,j})}{\sum_{k=1}^{2N} \mathbb{1}_{[k \neq i]} \exp(s_{i,k})}$ 
     $\mathcal{L} = \frac{1}{2N} \sum_{k=1}^N [\ell(2k-1, 2k) + \ell(2k, 2k-1)]$ 
    update networks  $f$  and  $g$  to minimize  $\mathcal{L}$ 
end for
return encoder network  $f$ 
```

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# SimCLR: Simple Framework for Contrastive Learning (cont.)



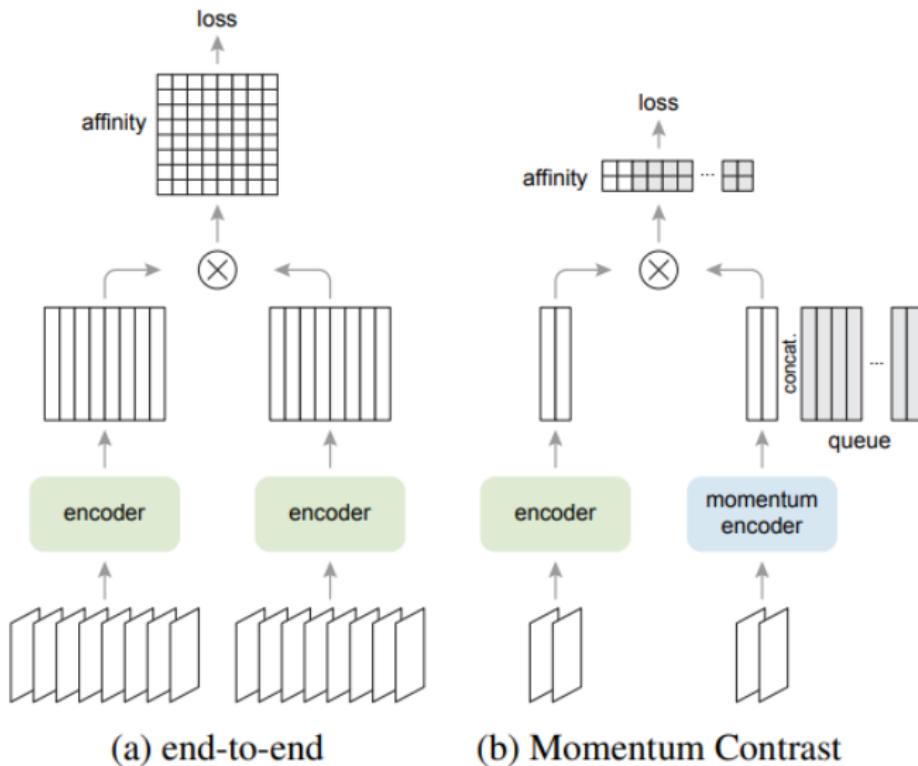
# SimCLR: Simple Framework for Contrastive Learning (cont.)



### What did we learn from SimCLR?

- ▶ Using strong data augmentations is really important for learning good features.
- ▶ Adding a nonlinear projection head (the MLP) helps the model learn better representations.
- ▶ SimCLR needs large batch sizes, which means it requires a lot of computing power.

# MoCov2 vs. SimCLR



# MoCov2 vs. SimCLR (cont.)

case	unsup. pre-train				ImageNet acc.	VOC detection		
	MLP	aug+	cos	epochs		AP <sub>50</sub>	AP	AP <sub>75</sub>
supervised					76.5	81.3	53.5	58.8
MoCo v1				200	60.6	81.5	55.9	62.6
(a)	✓			200	66.2	82.0	56.4	62.6
(b)		✓		200	63.4	82.2	56.8	63.2
(c)	✓	✓		200	67.3	<b>82.5</b>	57.2	63.9
(d)	✓	✓	✓	200	67.5	82.4	57.0	63.6
(e)	✓	✓	✓	<b>800</b>	<b>71.1</b>	<b>82.5</b>	<b>57.4</b>	<b>64.0</b>

# MoCov2 vs. SimCLR (cont.)

case	MLP	unsup. pre-train				ImageNet acc.
		aug+	cos	epochs	batch	
MoCo v1 [6]				200	256	60.6
SimCLR [2]	✓	✓	✓	200	256	61.9
SimCLR [2]	✓	✓	✓	200	8192	66.6
<b>MoCo v2</b>	✓	✓	✓	200	256	<b>67.5</b>
<i>results of longer unsupervised training follow:</i>						
SimCLR [2]	✓	✓	✓	1000	4096	69.3
<b>MoCo v2</b>	✓	✓	✓	800	256	<b>71.1</b>

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## Bootstrap Your Own Latent A New Approach to Self-Supervised Learning

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Elena Buchatskaya<sup>1</sup> Carl Doersch<sup>1</sup> Bernardo Avila Pires<sup>1</sup> Zhaohan Daniel Guo<sup>1</sup>  
Mohammad Gheshlaghi Azar<sup>1</sup> Bilal Piot<sup>1</sup> Koray Kavukcuoglu<sup>1</sup> Rémi Munos<sup>1</sup> Michal Valko<sup>1</sup>

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### Abstract

We introduce **Bootstrap Your Own Latent** (BYOL), a new approach to self-supervised image representation learning. BYOL relies on two neural networks, referred to as *online* and *target* networks, that interact and learn from each other. From an augmented view of an image, we train the online network to predict the target network representation of the same image under a different augmented view. At the same time, we update the target network with a slow-moving average of the online network. While state-of-the-art methods intrinsically rely on negative pairs, BYOL achieves a new state of the art *without them*. BYOL reaches 74.3% top-1 classification accuracy on ImageNet using the standard linear evaluation protocol with a ResNet-50 architecture and 79.6% with a larger ResNet. We show that BYOL performs on par or better than the current state of the art on both transfer and semi-supervised benchmarks.

## Why BYOL?

- ▶ Most contrastive methods use both positive and negative pairs.
- ▶ BYOL asks: Can we learn good features without negative pairs?
- ▶ BYOL shows it is possible to skip negatives and still learn useful representations.

# BYOL (Bootstrap Your Own Latent) (cont.)

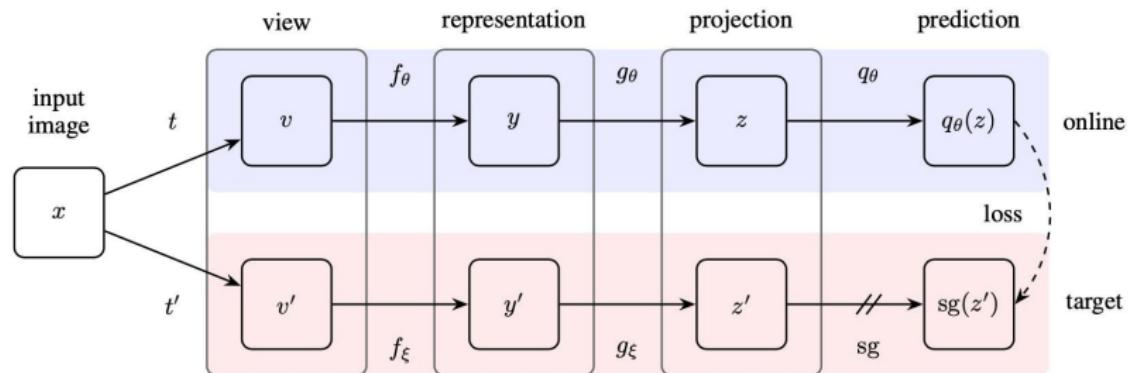
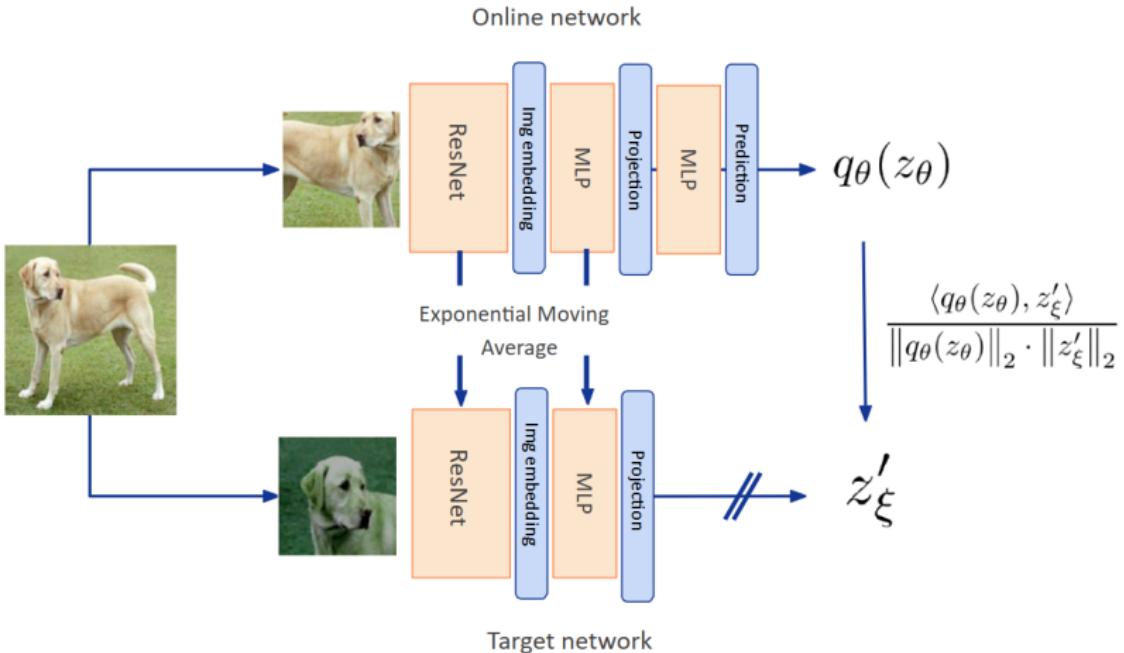


Figure 2: BYOL's architecture. BYOL minimizes a similarity loss between  $q_\theta(z)$  and  $sg(z')$ , where  $\theta$  are the trained weights,  $\xi$  are an exponential moving average of  $\theta$  and  $sg$  means stop-gradient. At the end of training, everything but  $f_\theta$  is discarded and  $y$  is used as the image representation.

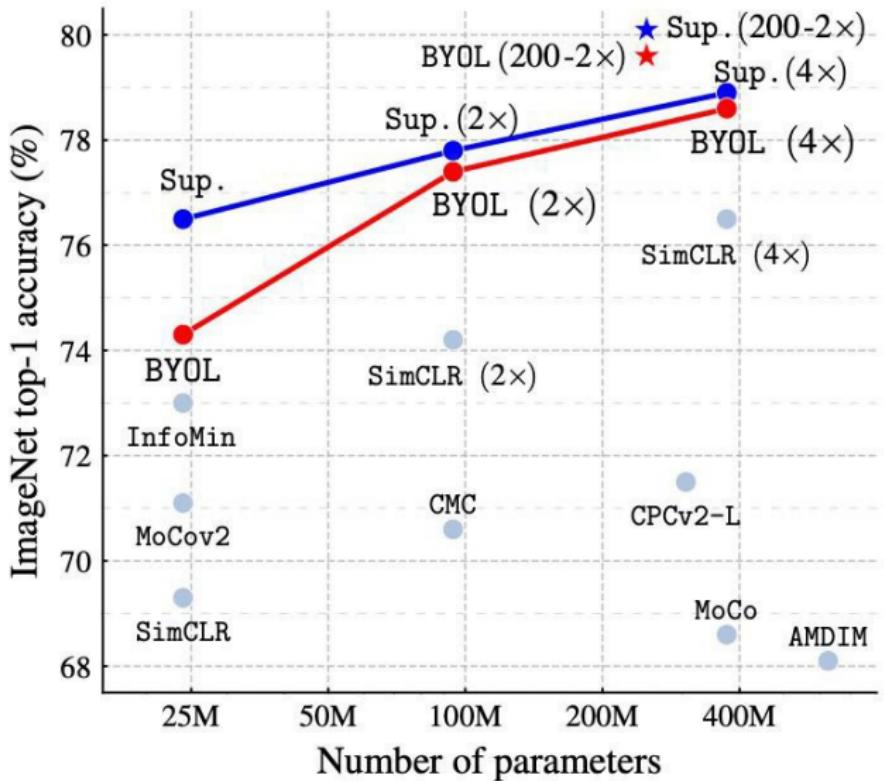
## How does BYOL work?

- ▶ There are two networks: an **online network** and a **target network**. Both start out the same.
- ▶ Each network has an encoder (think of it as a feature extractor).
- ▶ The online network has an extra part called the **predictor head**.
- ▶ The target network's parameters are updated slowly using the online network's parameters (using something called an exponential moving average).
- ▶ The goal is simple: make the online network's prediction as close as possible to the target network's output, using mean squared error between their normalized outputs.

# BYOL (Bootstrap Your Own Latent) (cont.)



# BYOL (Bootstrap Your Own Latent) (cont.)



# BYOL (Bootstrap Your Own Latent) (cont.)

Method	Top-1	Top-5
Local Agg.	60.2	-
PIRL [35]	63.6	-
CPC v2 [32]	63.8	85.3
CMC [11]	66.2	87.0
SimCLR [8]	69.3	89.0
MoCo v2 [37]	71.1	-
InfoMin Aug. [12]	73.0	91.1
BYOL (ours)	<b>74.3</b>	<b>91.6</b>

(a) ResNet-50 encoder.

Method	Architecture	Param.	Top-1	Top-5
SimCLR [8]	ResNet-50 (2→)	94M	74.2	92.0
CMC [11]	ResNet-50 (2→)	94M	70.6	89.7
BYOL (ours)	ResNet-50 (2→)	94M	<b>77.4</b>	<b>93.6</b>
CPC v2 [32]	ResNet-161	305M	71.5	90.1
MoCo [9]	ResNet-50 (4→)	375M	68.6	-
SimCLR [8]	ResNet-50 (4→)	375M	76.5	93.2
BYOL (ours)	ResNet-50 (4→)	375M	<b>78.6</b>	<b>94.2</b>
BYOL (ours)	ResNet-200 (2→)	250M	<b>79.6</b>	<b>94.8</b>

(b) Other ResNet encoder architectures.

Table 1: Top-1 and top-5 accuracies (in %) under linear evaluation on ImageNet.

# BYOL (Bootstrap Your Own Latent) (cont.)

Method	Food101	CIFAR10	CIFAR100	Birdsnap	SUN397	Cars	Aircraft	VOC2007	DTD	Pets	Caltech-101	Flowers
<i>Linear evaluation:</i>												
BYOL (ours)	<b>75.3</b>	91.3	<b>78.4</b>	<b>57.2</b>	<b>62.2</b>	<b>67.8</b>	60.6	82.5	75.5	90.4	94.2	<b>96.1</b>
SimCLR (repro)	72.8	90.5	74.4	42.4	60.6	49.3	49.8	81.4	<b>75.7</b>	84.6	89.3	92.6
SimCLR [8]	68.4	90.6	71.6	37.4	58.8	50.3	50.3	80.5	74.5	83.6	90.3	91.2
Supervised-IN [8]	72.3	<b>93.6</b>	78.3	53.7	61.9	66.7	<b>61.0</b>	<b>82.8</b>	74.9	<b>91.5</b>	<b>94.5</b>	94.7
<i>Fine-tuned:</i>												
BYOL (ours)	<b>88.5</b>	<b>97.8</b>	86.1	<b>76.3</b>	63.7	91.6	<b>88.1</b>	<b>85.4</b>	<b>76.2</b>	91.7	<b>93.8</b>	97.0
SimCLR (repro)	87.5	97.4	85.3	75.0	63.9	91.4	87.6	84.5	75.4	89.4	91.7	96.6
SimCLR [8]	88.2	97.7	85.9	75.9	63.5	91.3	88.1	84.1	73.2	89.2	92.1	97.0
Supervised-IN [8]	88.3	97.5	<b>86.4</b>	75.8	<b>64.3</b>	<b>92.1</b>	86.0	85.0	74.6	<b>92.1</b>	93.3	<b>97.6</b>
Random init [8]	86.9	95.9	80.2	76.1	53.6	91.4	85.9	67.3	64.8	81.5	72.6	92.0

Table 3: Transfer learning results from ImageNet (IN) with the standard ResNet-50 architecture.

## What's special about BYOL?

- ▶ Even though there are no explicit negatives, the difference between the online and target networks acts like a source of "negative" information.
- ▶ This means we don't need huge batch sizes or to search for negative samples.
- ▶ BYOL makes self-supervised learning simpler and more efficient!

## Emerging Properties in Self-Supervised Vision Transformers

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Figure 1: **Self-attention from a Vision Transformer with  $8 \times 8$  patches trained with no supervision.** We look at the self-attention of the [CLS] token on the heads of the last layer. This token is not attached to any label nor supervision. These maps show that the model automatically learns class-specific features leading to unsupervised object segmentations.

## Why DINO?

- ▶ Learns useful features from images without any labels.
- ▶ Helps the model understand both the big picture and small details.
- ▶ Combines the strengths of contrastive learning and clustering methods.

# DINO (Distillation with No Labels) (cont.)

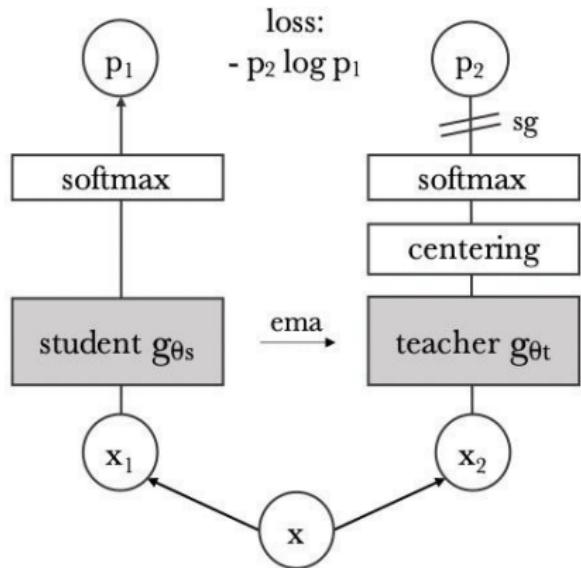


Figure 2: **Self-distillation with no labels.** We illustrate DINO in the case of one single pair of views ( $x_1, x_2$ ) for simplicity. The model passes two different random transformations of an input image to the student and teacher networks. Both networks have the same architecture but different parameters. The output of the teacher network is centered with a mean computed over the batch. Each network outputs a  $K$  dimensional feature that is normalized with a temperature softmax over the feature dimension. Their similarity is then measured with a cross-entropy loss. We apply a stop-gradient (sg) operator on the teacher to propagate gradients only through the student. The teacher parameters are updated with an exponential moving average (ema) of the student parameters.

## How does DINO work?

- ▶ **Student and Teacher Networks:**

There are two networks with the same design. The teacher is just a slowly updated version of the student (using EMA).

- ▶ **Multi-crop Strategy:**

The model looks at the same image in different ways—two large views and several small crops—to learn features that work at different scales.

- ▶ **No Negatives Needed:**

Instead of comparing with negative samples, DINO uses a cross-entropy loss on soft similarity scores between the student and teacher outputs.

- ▶ **Avoiding Collapse:**

To make sure the model doesn't just output the same thing for every image, DINO centers and sharpens the teacher's outputs.

---

## Algorithm 1 DINO PyTorch pseudocode w/o multi-crop.

---

```
# gs, gt: student and teacher networks
# C: center (K)
# tps, tpt: student and teacher temperatures
# l, m: network and center momentum rates
gt.params = gs.params
for x in loader: # load a minibatch x with n samples
    x1, x2 = augment(x), augment(x) # random views

    s1, s2 = gs(x1), gs(x2) # student output n-by-K
    t1, t2 = gt(x1), gt(x2) # teacher output n-by-K

    loss = H(t1, s2)/2 + H(t2, s1)/2
    loss.backward() # back-propagate

    # student, teacher and center updates
    update(gs) # SGD
    gt.params = l*gt.params + (1-l)*gs.params
    C = m*C + (1-m)*cat([t1, t2]).mean(dim=0)

def H(t, s):
    t = t.detach() # stop gradient
    s = softmax(s / tps, dim=1)
    t = softmax((t - C) / tpt, dim=1) # center + sharpen
    return - (t * log(s)).sum(dim=1).mean()
```

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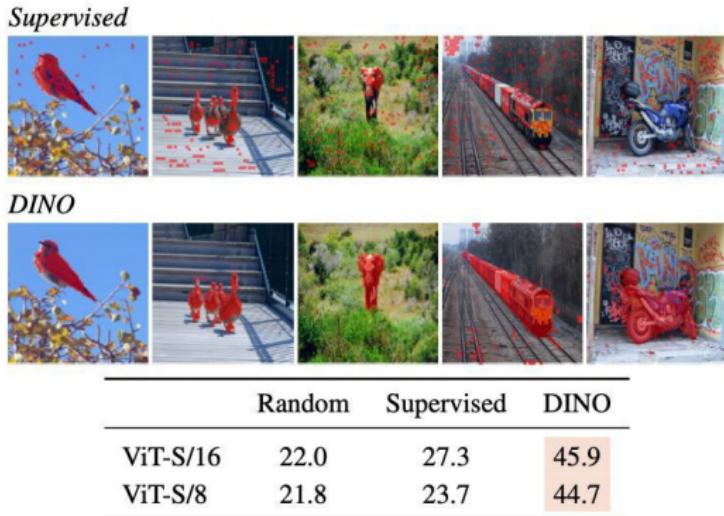
# DINO (Distillation with No Labels) (cont.)

Table 2: **Linear and  $k$ -NN classification on ImageNet.** We report top-1 accuracy for linear and  $k$ -NN evaluations on the validation set of ImageNet for different self-supervised methods. We focus on ResNet-50 and ViT-small architectures, but also report the best results obtained across architectures. \* are run by us. We run the  $k$ -NN evaluation for models with official released weights. The throughput (im/s) is calculated on a NVIDIA V100 GPU with 128 samples per forward. Parameters (M) are of the feature extractor.

Method	Arch.	Param.	im/s	Linear	$k$ -NN
Supervised	RN50	23	1237	79.3	79.3
SCLR [11]	RN50	23	1237	69.1	60.7
MoCov2 [13]	RN50	23	1237	71.1	61.9
InfoMin [54]	RN50	23	1237	73.0	65.3
BarlowT [66]	RN50	23	1237	73.2	66.0
OBoW [21]	RN50	23	1237	73.8	61.9
BYOL [23]	RN50	23	1237	74.4	64.8
DCv2 [9]	RN50	23	1237	75.2	67.1
SwAV [9]	RN50	23	1237	<b>75.3</b>	65.7
<b>DINO</b>	<b>RN50</b>	<b>23</b>	<b>1237</b>	<b>75.3</b>	<b>67.5</b>
Supervised	ViT-S	21	1007	79.8	79.8
BYOL* [23]	ViT-S	21	1007	71.4	66.6
MoCov2* [13]	ViT-S	21	1007	72.7	64.4
SwAV* [9]	ViT-S	21	1007	73.5	66.3
<b>DINO</b>	<b>ViT-S</b>	<b>21</b>	<b>1007</b>	<b>77.0</b>	<b>74.5</b>

Comparison across architectures						
SCLR [11]	RN50w4	375	117	76.8	69.3	
SwAV [9]	RN50w2	93	384	77.3	67.3	
BYOL [23]	RN50w2	93	384	77.4	—	
<b>DINO</b>	<b>ViT-B/16</b>	<b>85</b>	<b>312</b>	<b>78.2</b>	<b>76.1</b>	
SwAV [9]	RN50w5	586	76	78.5	67.1	
BYOL [23]	RN50w4	375	117	78.6	—	
BYOL [23]	RN200w2	250	123	79.6	73.9	
<b>DINO</b>	<b>ViT-S/8</b>	<b>21</b>	<b>180</b>	<b>79.7</b>	<b>78.3</b>	
SCLRv2 [12]	RN152w3+SK	794	46	79.8	73.1	
<b>DINO</b>	<b>ViT-B/8</b>	<b>85</b>	<b>63</b>	<b>80.1</b>	<b>77.4</b>	

# DINO (Distillation with No Labels) (cont.)



**Figure 4: Segmentations from supervised versus DINO.** We visualize masks obtained by thresholding the self-attention maps to keep 60% of the mass. On top, we show the resulting masks for a ViT-S/8 trained with supervision and DINO. We show the best head for both models. The table at the bottom compares the Jaccard similarity between the ground truth and these masks on the validation images of PASCAL VOC12 dataset.

## What makes DINO special?

- ▶ Learning from both big and small image parts helps the model understand local details.
- ▶ Using soft targets (from the teacher) gives the student more useful feedback than just using hard negatives.

## DINOv2: Learning Robust Visual Features without Supervision

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Huy V. Vo\*, Marc Szafraniec\*, Vasil Khalidov\*, Pierre Fernandez, Daniel Haziza,  
Francisco Massa, Alaaeldin El-Nouby, Mahmoud Assran, Nicolas Ballas, Wojciech Galuba,  
Russell Howes, Po-Yao Huang, Shang-Wen Li, Ishan Misra, Michael Rabbat,  
Vasu Sharma, Gabriel Synnaeve, Hu Xu, Hervé Jegou, Julien Mairal<sup>1</sup>,  
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# DINO (Distillation with No Labels) (cont.)

	INet-1k k-NN	INet-1k linear
iBOT	72.9	82.3
+ (our reproduction)	74.5 $\uparrow$ 1.6	83.2 $\uparrow$ 0.9
+ LayerScale, Stochastic Depth	75.4 $\uparrow$ 0.9	82.0 $\downarrow$ 1.2
+ 128k prototypes	76.6 $\uparrow$ 1.2	81.9 $\downarrow$ 0.1
+ KoLeo	78.9 $\uparrow$ 2.3	82.5 $\uparrow$ 0.6
+ SwiGLU FFN	78.7 $\downarrow$ 0.2	83.1 $\uparrow$ 0.6
+ Patch size 14	78.9 $\uparrow$ 0.2	83.5 $\uparrow$ 0.4
+ Teacher momentum 0.994	79.4 $\uparrow$ 0.5	83.6 $\uparrow$ 0.1
+ Tweak warmup schedules	80.5 $\uparrow$ 1.1	83.8 $\uparrow$ 0.2
+ Batch size 3k	81.7 $\uparrow$ 1.2	84.7 $\uparrow$ 0.9
+ Sinkhorn-Knopp	81.7 =	84.7 =
+ Untying heads = DINOv2	82.0 $\uparrow$ 0.3	84.5 $\downarrow$ 0.2

# DINO (Distillation with No Labels) (cont.)

Method	Arch.	Data	Text sup.	kNN	linear		
				val	val	ReaL	V2
<b>Weakly supervised</b>							
CLIP	ViT-L/14	WIT-400M	✓	79.8	84.3	88.1	75.3
CLIP	ViT-L/14 <sub>336</sub>	WIT-400M	✓	80.5	85.3	88.8	75.8
SWAG	ViT-H/14	IG3.6B	✓	82.6	85.7	88.7	77.6
OpenCLIP	ViT-H/14	LAION-2B	✓	81.7	84.4	88.4	75.5
OpenCLIP	ViT-G/14	LAION-2B	✓	83.2	86.2	89.4	77.2
EVA-CLIP	ViT-g/14	custom*	✓	<b>83.5</b>	86.4	89.3	77.4
<b>Self-supervised</b>							
MAE	ViT-H/14	INet-1k	✗	49.4	76.6	83.3	64.8
DINO	ViT-S/8	INet-1k	✗	78.6	79.2	85.5	68.2
SEERv2	RG10B	IG2B	✗	—	79.8	—	—
MSN	ViT-L/7	INet-1k	✗	79.2	80.7	86.0	69.7
EsViT	Swin-B/W=14	INet-1k	✗	79.4	81.3	87.0	70.4
Mugs	ViT-L/16	INet-1k	✗	80.2	82.1	86.9	70.8
iBOT	ViT-L/16	INet-22k	✗	72.9	82.3	87.5	72.4
DINOv2	ViT-S/14	LVD-142M	✗	79.0	81.1	86.6	70.9
	ViT-B/14	LVD-142M	✗	82.1	84.5	88.3	75.1
	ViT-L/14	LVD-142M	✗	<b>83.5</b>	86.3	89.5	78.0
	ViT-g/14	LVD-142M	✗	<b>83.5</b>	<b>86.5</b>	<b>89.6</b>	<b>78.4</b>

# DINO (Distillation with No Labels) (cont.)

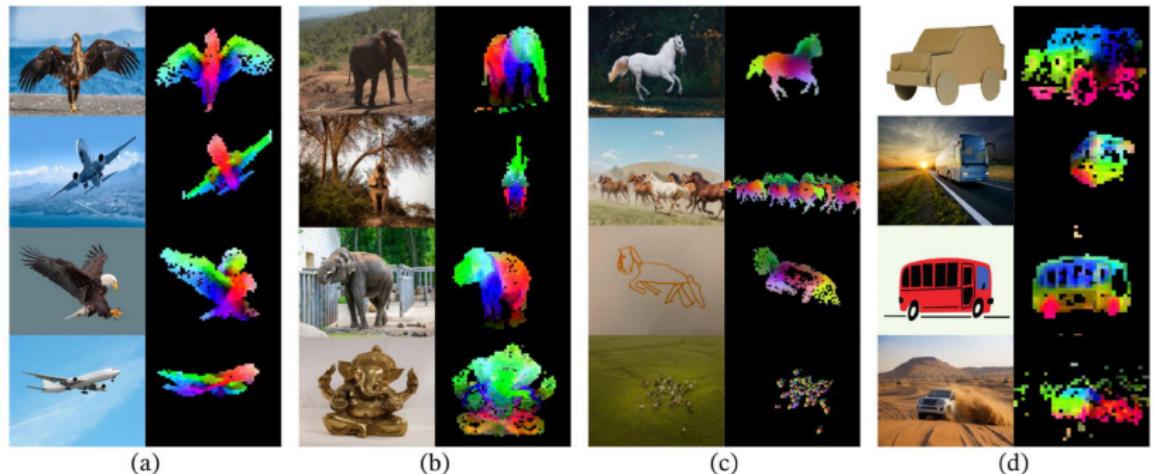


Figure 1: **Visualization of the first PCA components.** We compute a PCA between the patches of the images from the same column (a, b, c and d) and show their first 3 components. Each component is matched to a different color channel. Same parts are matched between related images despite changes of pose, style or even objects. Background is removed by thresholding the first PCA component.

# DINO (Distillation with No Labels) (cont.)

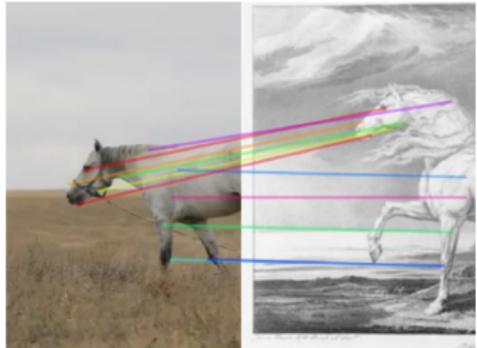


Figure 2: Feature matching



Figure 3: Image retrieval



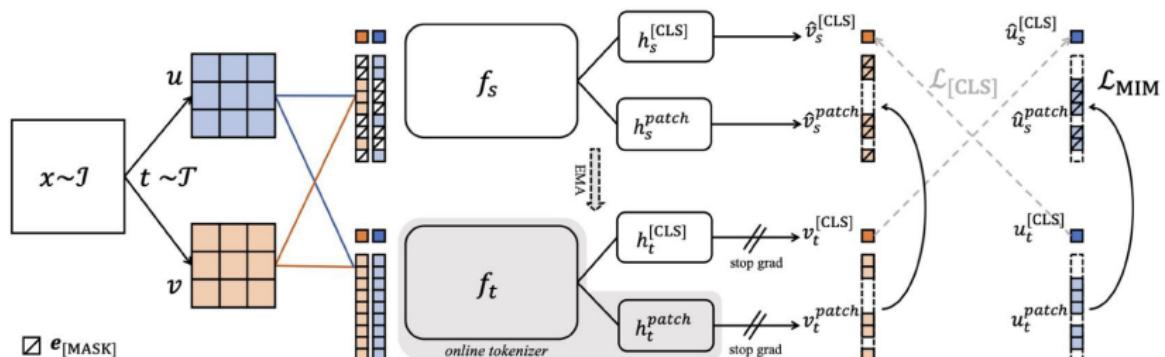
Figure 4: Segmentation



Figure 5: Depth prediction

## iBOT 🤖: IMAGE BERT PRE-TRAINING WITH ONLINE TOKENIZER

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## Why iBOT?

- ▶ Improves self-supervised learning for vision transformers.
- ▶ Combines two main ideas:
  - Learning from missing pieces of images (like solving a puzzle).
  - Learning by copying a smart teacher model.

## How does it work?

- ▶ **Masked Image Modeling (MIM):** Randomly hide some image patches, so the model has to guess what's missing.
- ▶ **Online Distillation:** There's a student model and a teacher model. The student tries to predict both the overall image and the hidden patches, using hints from the teacher.
- ▶ **Teacher as EMA:** The teacher isn't trained directly. Instead, it's a slow-moving average of the student, just like in DINO or BYOL.
- ▶ **Losses:**
  - **Image-level distillation:** The student learns to match the teacher's understanding of the whole image.
  - **Token-level distillation:** The student also learns to match the teacher's guesses for the hidden patches.

# iBOT: Image BERT Pre-Training with Online Token-Level Distillation (cont.)

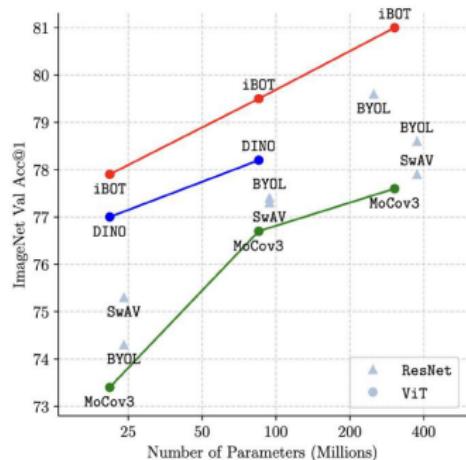


Table 6: Object detection (Det.) & instance segmentation (ISeg.) on COCO and Semantic segmentation (Seg.) on ADE20K. We report the results of ViT-S/16 (left) and ViT-B/16 (right). Seg.<sup>†</sup> denotes using a linear head for semantic segmentation.

Method	Arch.	Param.	Det.			ISeg.		Seg.		
			AP <sup>b</sup>	AP <sup>m</sup>	mIoU	AP <sup>b</sup>	AP <sup>m</sup>	mIoU	AP <sup>b</sup>	
Sup.	Swin-T	29	48.1	41.7	44.5	Sup.	49.8	43.2	35.4	46.6
MoBY	Swin-T	29	48.1	41.5	44.1	BEiT	50.1	43.5	27.4	45.8
Sup.	ViT-S/16	21	46.2	40.1	44.5	DINO	50.1	43.4	34.5	46.8
iBOT	ViT-S/16	21	<b>49.4</b>	<b>42.6</b>	<b>45.4</b>	iBOT	<b>51.2</b>	<b>44.2</b>	<b>38.3</b>	<b>50.0</b>

## Why is this cool?

- ▶ Mixing MIM and distillation helps the model learn both big-picture (global) and detailed (local) features.
- ▶ The model can do zero-shot classification—meaning it can recognize new things without extra training—by using prompts, just like CLIP!

► **SimCLR:**

- Simple framework for contrastive learning.
- Uses data augmentation and contrastive loss.

► **BYOL:**

- Self-supervised approach without negative pairs.
- Uses two networks: online and target.

► **DINO:**

- Self-distillation method without labels.
- Uses teacher-student networks and knowledge distillation.

## ► DINOv2:

- Improved version of DINO.
- Enhanced training strategies and architectures.
- Better performance and scalability.

## ► iBOT:

- Combines contrastive learning with masked image modeling.
- Uses BERT-style pretraining and vision transformers.

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- [5] **Survey:** Xinlei Chen, Kaiming He. *Exploring Simple Siamese Representation Learning*. CVPR 2021. [arXiv:2011.10566](https://arxiv.org/abs/2011.10566).

# References (cont.)

- [6] **Tutorial:** Yann LeCun's Lectures on Self-Supervised Learning (YouTube).
- [7] **Code:** SimCLR (TensorFlow)
- [8] **Code:** BYOL (PyTorch)
- [9] **Code:** DINO (PyTorch)
- [10] **Code:** iBOT (PyTorch)

## Credits

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