

Ada Gunning, LICSW

Phone: (551) 206-5307 Email: Ada.Gunning@gmail.com
www.AdaGunning.com

SPANISH FLUENCY

EDUCATION

Boston College Graduate School of Social Work
Pomona College, Claremont, CA

Masters in Social Work, 2013
B.A. Politics, High Honors, 2007

EXPERIENCE

Self-Employed Clinical Social Worker, Somerville, MA

2018-current

- Provide individual, couples, and family therapy for members of the Somerville and surrounding communities
- Provide EMDR and CPT protocols for clients with trauma
- Provide CBT protocols for insomnia and panic
- Provide EFT-based couples therapy

Field Advisor, Boston College School of Social Work

2019-2020

- Supported first and second year social work students in successfully completing their required internships
- Facilitated a monthly seminar for first year students

Clinical Social Worker, Massachusetts General Hospital, Chelsea, MA

2014-2019

- Provided clinic-based individual and family assessments and treatment for mental illness and/or behavioral issues
- Provided individual, family, and school-based outpatient psychotherapy to youth at Chelsea High School
- Designed curriculum and facilitated groups for youth (including two DBT groups), a peri-natal groups for women, behavioral change groups in the context of chronic illness, and others
- Engaged in research, including an IRB-approved study on the youth population at Chelsea High School
- Supervised interns and provided support with ongoing education for interns

Bilingual Clinician, North Suffolk Mental Health Association, Chelsea, MA

2013-2014

- Provided individual, couples, and family assessment, and in-home therapy services in both Spanish and English for youth with severe mental illnesses, behavioral issues, and developmental delays
- Provided individual school-based outpatient psychotherapy and school-based case-management services
- Facilitated multi-systemic treatment team meetings for clients involving parents, teachers, therapists and psychiatry services to coordinate treatment planning

Clinical Intern, The Guidance Center, Somerville, MA

2012-2013

- Provided individual, couples, and family assessment, diagnosis, and psychotherapy services in Spanish and English

Advocate, Rosie's Place, Boston, MA

2012 & 2013

Advocacy Intern, Rosie's Place, Boston, MA

2011-2012

- Provided bilingual counseling and complex case management services for impoverished and/or homeless women

ADVANCED TRAINING:

- Cognitive Processing Therapy (CPT)
- EMDR for trauma processing
- OCD and Body Dysmorphia
- CBT for Insomnia Treatment
- EFT for couples therapy
- Spanish for Social Workers
- Internal Family Systems
- Motivational Interviewing
- Problem-Solving Therapy
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for Children with PTSD

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- Mindfulness-Based Stress Management and Self-Care Techniques
- Suicide Risk Management and Safety Planning
- Multi-Generational Trauma in Immigrant Families

PROFESSIONAL APPOINTMENTS

Chair, Legislative Action Committee, National Association of Social Workers (NASW)

2013-2014

PUBLIC SPEAKING

- Panelist, 2016 National School-based Health Center Conference in Washington, DC
- Presenter, 2016 National Association for Social Workers Symposium
- Guest lecturer at Harvard Law School and Boston College School of Social Work in 2016

ACKNOWLEDGEMENTS:

- Recipient of the 2016 Shining Star Team Award for work with behavioral health emergency response in the Chelsea Public Schools
- Recipient of the Unsung Hero Award presented by the MGH Domestic Violence Working Group
- Chelsea Record story on immigrant adolescent girls group can be found at:
<http://www.chelsearecord.com/2014/08/14/unravelling-the-trauma-of-the-journey-north-suffolk-forms-support-group/>