# Early Media Effects Theory & the Suggestion Doctrine

Selected Readings, 1895–1935

edited by Patrick Parsons



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## Published by:

mediastudies.press 414 W. Broad St. Bethlehem, PA 18018, USA

Copy-editing: Emily Alexander

Cover design: Mark McGillivray

 $\textbf{Landing page:} \ media studies. press/early-media-effects-theory-the-suggestion-defects-the-defects-the-$ 

doctrine

Public Domain series - issn (online) 2770-2480 | issn (print) 2770-2472

isbn 978-1-951399-28-3 (print) | isbn 978-1-951399-26-9 (pdf)

isbn 978-1-951399-29-0 (epub) | isbn978-1-951399-27-6 (html)

doi 10.32376/3f8575cb.f1e0489e | lccn 2024931261

Edition 1 published in December 2024

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## **CHAPTER ONE**

## The Crowd: A Study of the Popular Mind (1896)

## Gustav Le Bon

New York: MacMillan, pp. 1–14, 125–44 [with elisions]. Originally published in French in 1895.

## **EDITOR'S INTRODUCTION**

Gustave Le Bon (1841–1931) was, along with Gabriel Tarde, one of the leading French social theorists of the late nineteenth and early twentieth centuries. With a doctorate in medicine from the University of Paris (1866), his interests and publications spanned psychology, sociology, medicine, and archeology. His research on crowd psychology was motivated in part by his witnessing of the mob destruction wrought by the Paris Commune of 1871, and in 1895 he published his seminal work, *The Crowd: A Study of the Popular Mind*. There he developed and applied his theories of suggestion and imitation, making them central in the understanding of collective behavior.

Neither suggestion theory nor crowd psychology were strictly original with Le Bon. Tarde and the Italian criminologist Scipio Sighele had pioneered work on the latter, especially as it related to criminal behavior. And research on hypnotic suggestion as a therapy had been ongoing through the mid-1800s by both Auguste Liebeault at the influential Nancy School of Psychology and Jean-Martin Charcot at the Salpêtrière Clinic in Paris.

Le Bon's approach to collective behavior, including the behavior of crowds and especially mobs, sought to synthesize and extend Tarde, Charcot, and even Emile Durkheim with an emphasis on the influence of the collective over the individual. According to Le Bon, the psychology of crowds was such that individuals brought together in large assemblies, under certain conditions, could lose their capacity for rational thought and mentally conjoin in a "crowd mind" or "crowd spirit" which would rapidly diffuse through the group by "suggestion or contagion." With the individual's rationality and sense of self lost or displaced, the crowd became susceptible to the influence of a powerful, charismatic speaker, who could manipulate, through a force much like hypnotic suggestion, the assembly's will and action. As Le Bon famously stated, "all feelings and thoughts are bent in the direction determined by the hypnotizer . . . Under the influence of a suggestion, he will undertake the accomplishment of certain acts with irresistible impetuosity."

The following passage, taken from *The Crowd*, highlights Le Bon's major themes, including the definitions and nature of crowds and the collective mind, along with crowd-based suggestibility and the processes of psychological contagion. Le Bon also speaks to specific techniques of influence, such as affirmation and repetition, invoked not just by the street orator but, presaging volumes of later social science, advertising. "When we have read a hundred, a thousand, times that X's chocolate is the best, we imagine we have heard it said in many quarters, and we end by acquiring the certitude that such is the fact."

A full section is also devoted to the power of speaker "prestige," which would become an important and heavily studied characteristic of information sources through the early 1900s, and morph, unattributed, in 1950s communications research into "source credibility."

Through this work, Le Bon became a prime mover in applying suggestion, or imitation-suggestion, to mob behavior, and, with Tarde, helped shape early US social psychology. —*P.P.* 

## The Crowd: A Study of the Popular Mind (1896)

In its ordinary sense the word "crowd" means a gathering of individuals of whatever nationality, profession, or sex, and whatever be the chances that have brought them together. From the psychological point of view the

expression "crowd" assumes quite a different signification. Under certain given circumstances, and only under those circumstances, an agglomeration of men presents new characteristics very different from those of the individuals composing it. The sentiments and ideas of all the persons in the gathering take one and the same direction, and their conscious personality vanishes. A collective mind is formed, doubtless transitory, but presenting very clearly defined characteristics. The gathering has thus become what, in the absence of a better expression, I will call an organised crowd, or, if the term is considered preferable, a psychological crowd. It forms a single being, and is subjected to the LAW OF THE MENTAL UNITY OF CROWDS.

It is evident that it is not by the mere fact of a number of individuals finding themselves accidentally side by side that they acquire the character of an organised crowd. A thousand individuals accidentally gathered in a public place without any determined object in no way constitute a crowd from the psychological point of view. To acquire the special characteristics of such a crowd, the influence is necessary of certain predisposing causes of which we shall have to determine the nature.

The disappearance of conscious personality and the turning of feelings and thoughts in a definite direction, which are the primary characteristics of a crowd about to become organised, do not always involve the simultaneous presence of a number of individuals on one spot. Thousands of isolated individuals may acquire at certain moments, and under the influence of certain violent emotions—such, for example, as a great national event—the characteristics of a psychological crowd. It will be sufficient in that case that a mere chance should bring them together for their acts to at once assume the characteristics peculiar to the acts of a crowd. At certain moments half a dozen men might constitute a psychological crowd, which may not happen in the case of hundreds of men gathered together by accident. On the other hand, an entire nation, though there may be no visible agglomeration, may become a crowd under the action of certain influences.

A psychological crowd once constituted, it acquires certain provisional but determinable general characteristics. To these general characteristics there are adjoined particular characteristics which vary according to the elements of which the crowd is composed, and may modify its mental constitution. Psychological crowds, then, are susceptible of classification; and when we come to occupy ourselves with this matter, we shall see that a heterogeneous crowd—that is, a crowd composed of dissimilar elements—presents certain characteristics in common with homogeneous crowds—that is, with crowds

composed of elements more or less akin (sects, castes, and classes)—and side by side with these common characteristics particularities which permit of the two kinds of crowds being differentiated. [...]

It is precisely these general qualities of character, governed by forces of which we are unconscious, and possessed by the majority of the normal individuals of a race in much the same degree—it is precisely these qualities, I say, that in crowds become common property. In the collective mind the intellectual aptitudes of the individuals, and in consequence their individuality, are weakened. The heterogeneous is swamped by the homogeneous, and the unconscious qualities obtain the upper hand.

This very fact that crowds possess in common ordinary qualities explains why they can never accomplish acts demanding a high degree of intelligence. The decisions affecting matters of general interest come to by an assembly of men of distinction, but specialists in different walks of life, are not sensibly superior to the decisions that would be adopted by a gathering of imbeciles. The truth is, they can only bring to bear in common on the work in hand those mediocre qualities which are the birthright of every average individual. In crowds it is stupidity and not mother-wit that is accumulated. It is not all the world, as is so often repeated, that has more wit than Voltaire, but assuredly Voltaire that has more wit than all the world, if by "all the world" crowds are to be understood.

If the individuals of a crowd confined themselves to putting in common the ordinary qualities of which each of them has his share, there would merely result the striking of an average, and not, as we have said is actually the case, the creation of new characteristics. How is it that these new characteristics are created? This is what we are now to investigate.

Different causes determine the appearance of these characteristics peculiar to crowds, and not possessed by isolated individuals. The first is that the individual forming part of a crowd acquires, solely from numerical considerations, a sentiment of invincible power which allows him to yield to instincts which, had he been alone, he would perforce have kept under restraint. He will be the less disposed to check himself from the consideration that, a crowd being anonymous, and in consequence irresponsible, the sentiment of responsibility which always controls individuals disappears entirely.

The second cause, which is contagion, also intervenes to determine the manifestation in crowds of their special characteristics, and at the same time the trend they are to take. Contagion is a phenomenon of which it is easy to establish the presence, but that it is not easy to explain. It must be

classed among those phenomena of a hypnotic order, which we shall shortly study. In a crowd every sentiment and act is contagious, and contagious to such a degree that an individual readily sacrifices his personal interest to the collective interest. This is an aptitude very contrary to his nature, and of which a man is scarcely capable, except when he makes part of a crowd.

A third cause, and by far the most important, determines in the individuals of a crowd special characteristics which are quite contrary at times to those presented by the isolated individual. I allude to that suggestibility of which, moreover, the contagion mentioned above is neither more nor less than an effect.

To understand this phenomenon it is necessary to bear in mind certain recent physiological discoveries. We know to-day that by various processes an individual may be brought into such a condition that, having entirely lost his conscious personality, he obeys all the suggestions of the operator who has deprived him of it, and commits acts in utter contradiction with his character and habits. The most careful observations seem to prove that an individual immerged for some length of time in a crowd in action soon finds himself—either in consequence of the magnetic influence given out by the crowd, or from some other cause of which we are ignorant—in a special state, which much resembles the state of fascination in which the hypnotised individual finds himself in the hands of the hypnotiser. The activity of the brain being paralysed in the case of the hypnotised subject, the latter becomes the slave of all the unconscious activities of his spinal cord, which the hypnotiser directs at will. The conscious personality has entirely vanished; will and discernment are lost. All feelings and thoughts are bent in the direction determined by the hypnotiser.

Such also is approximately the state of the individual forming part of a psychological crowd. He is no longer conscious of his acts. In his case, as in the case of the hypnotised subject, at the same time that certain faculties are destroyed, others may be brought to a high degree of exaltation. Under the influence of a suggestion, he will undertake the accomplishment of certain acts with irresistible impetuosity. This impetuosity is the more irresistible in the case of crowds than in that of the hypnotised subject, from the fact that, the suggestion being the same for all the individuals of the crowd, it gains in strength by reciprocity. The individualities in the crowd who might possess a personality sufficiently strong to resist the suggestion are too few in number to struggle against the current. At the utmost, they may be able to attempt a diversion by means of different suggestions. It is in this way,

for instance, that a happy expression, an image opportunely evoked, have occasionally deterred crowds from the most bloodthirsty acts.

We see, then, that the disappearance of the conscious personality, the predominance of the unconscious personality, the turning by means of suggestion and contagion of feelings and ideas in an identical direction, the tendency to immediately transform the suggested ideas into acts; these, we see, are the principal characteristics of the individual forming part of a crowd. He is no longer himself, but has become an automaton who has ceased to be guided by his will.

Moreover, by the mere fact that he forms part of an organised crowd, a man descends several rungs in the ladder of civilisation. Isolated, he may be a cultivated individual; in a crowd, he is a barbarian—that is, a creature acting by instinct. He possesses the spontaneity, the violence, the ferocity, and also the enthusiasm and heroism of primitive beings, whom he further tends to resemble by the facility with which he allows himself to be impressed by words and images—which would be entirely without action on each of the isolated individuals composing the crowd—and to be induced to commit acts contrary to his most obvious interests and his best-known habits. An individual in a crowd is a grain of sand amid other grains of sand, which the wind stirs up at will. [...]

## The Means of Action of the Leaders: Affirmation, Repetition, Contagion

When it is wanted to stir up a crowd for a short space of time, to induce it to commit an act of any nature—to pillage a palace, or to die in defence of a stronghold or a barricade, for instance—the crowd must be acted upon by rapid suggestion, among which example is the most powerful in its effect. To attain this end, however, it is necessary that the crowd should have been previously prepared by certain circumstances, and, above all, that he who wishes to work upon it should possess the quality to be studied farther on, to which I give the name of prestige.

When, however, it is proposed to imbue the mind of a crowd with ideas and beliefs—with modern social theories, for instance—the leaders have recourse to different expedients. The principal of them are three in number and clearly defined—affirmation, repetition, and contagion. Their action is somewhat slow, but its effects, once produced, are very lasting.

Affirmation pure and simple, kept free of all reasoning and all proof, is one of the surest means of making an idea enter the mind of crowds. The conciser an affirmation is, the more destitute of every appearance of proof and demonstration, the more weight it carries. The religious books and the legal codes of all ages have always resorted to simple affirmation. Statesmen called upon to defend a political cause, and commercial men pushing the sale of their products by means of advertising are acquainted with the value of affirmation.

Affirmation, however, has no real influence unless it be constantly repeated, and so far as possible in the same terms. It was Napoleon, I believe, who said that there is only one figure in rhetoric of serious importance, namely, repetition. The thing affirmed comes by repetition to fix itself in the mind in such a way that it is accepted in the end as a demonstrated truth.

The influence of repetition on crowds is comprehensible when the power is seen which it exercises on the most enlightened minds. This power is due to the fact that the repeated statement is embedded in the long run in those profound regions of our unconscious selves in which the motives of our actions are forged. At the end of a certain time we have forgotten who is the author of the repeated assertion, and we finish by believing it. To this circumstance is due the astonishing power of advertisements. When we have read a hundred, a thousand, times that X's chocolate is the best, we imagine we have heard it said in many quarters, and we end by acquiring the certitude that such is the fact. When we have read a thousand times that Y's flour has cured the most illustrious persons of the most obstinate maladies, we are tempted at last to try it when suffering from an illness of a similar kind. If we always read in the same papers that A is an arrant scamp and B a most honest man we finish by being convinced that this is the truth, unless, indeed, we are given to reading another paper of the contrary opinion, in which the two qualifications are reversed. Affirmation and repetition are alone powerful enough to combat each other.

When an affirmation has been sufficiently repeated and there is unanimity in this repetition—as has occurred in the case of certain famous financial undertakings rich enough to purchase every assistance—what is called a current of opinion is formed and the powerful mechanism of contagion intervenes. Ideas, sentiments, emotions, and beliefs possess in crowds a contagious power as intense as that of microbes. This phenomenon is very natural, since it is observed even in animals when they are together in number. Should a horse in a stable take to biting his manger the other horses in the stable will imitate him. A panic that has seized on a few sheep will soon extend to the whole flock. In the case of men collected in a crowd all emotions are very rapidly contagious, which explains the suddenness of panics.

Brain disorders, like madness, are themselves contagious. The frequency of madness among doctors who are specialists for the mad is notorious. Indeed, forms of madness have recently been cited—agoraphobia, for instance—which are communicable from men to animals. [...]

Contagion is so powerful that it forces upon individuals not only certain opinions, but certain modes of feeling as well. Contagion is the cause of the contempt in which, at a given period, certain works are held—the example of "Tannhauser" may be cited—which, a few years later, for the same reason are admired by those who were foremost in criticising them.

The opinions and beliefs of crowds are specially propagated by contagion, but never by reasoning. The conceptions at present rife among the working classes have been acquired at the public-house as the result of affirmation, repetition, and contagion, and indeed the mode of creation of the beliefs of crowds of every age has scarcely been different. Renan justly institutes a comparison between the first founders of Christianity and "the socialist working men spreading their ideas from public-house to public-house"; while Voltaire had already observed in connection with the Christian religion that "for more than a hundred years it was only embraced by the vilest riff-raff." [...]

## Prestige

Great power is given to ideas propagated by affirmation, repetition, and contagion by the circumstance that they acquire in time that mysterious force known as prestige.

Whatever has been a ruling power in the world, whether it be ideas or men, has in the main enforced its authority by means of that irresistible force expressed by the word "prestige." The term is one whose meaning is grasped by everybody, but the word is employed in ways too different for it to be easy to define it. Prestige may involve such sentiments as admiration or fear. Occasionally even these sentiments are its basis, but it can perfectly well exist without them. The greatest measure of prestige is possessed by the dead, by beings, that is, of whom we do not stand in fear—by Alexander, Caesar, Mahomet, and Buddha, for example. On the other hand, there are fictive beings whom we do not admire—the monstrous divinities of the subterranean temples of India, for instance—but who strike us nevertheless as endowed with a great prestige.

Prestige in reality is a sort of domination exercised on our mind by an individual, a work, or an idea. This domination entirely paralyses our criti-

cal faculty, and fills our soul with astonishment and respect. The sentiment provoked is inexplicable, like all sentiments, but it would appear to be of the same kind as the fascination to which a magnetised person is subjected. Prestige is the mainspring of all authority. Neither gods, kings, nor women have ever reigned without it.

The various kinds of prestige may be grouped under two principal heads: acquired prestige and personal prestige. Acquired prestige is that resulting from name, fortune, and reputation. It may be independent of personal prestige. Personal prestige, on the contrary, is something essentially peculiar to the individual; it may coexist with reputation, glory, and fortune, or be strengthened by them, but it is perfectly capable of existing in their absence.

Acquired or artificial prestige is much the most common. The mere fact that an individual occupies a certain position, possesses a certain fortune, or bears certain titles, endows him with prestige, however slight his own personal worth. A soldier in uniform, a judge in his robes, always enjoys prestige. Pascal has very properly noted the necessity for judges of robes and wigs. Without them they would be stripped of half their authority. The most unbending socialist is always somewhat impressed by the sight of a prince or a marquis; and the assumption of such titles makes the robbing of tradesmen an easy matter.

The prestige of which I have just spoken is exercised by persons; side by side with it may be placed that exercised by opinions, literary and artistic works, etc. Prestige of the latter kind is most often merely the result of accumulated repetitions. History, literary and artistic history especially, being nothing more than the repetition of identical judgments, which nobody endeavours to verify, every one ends by repeating what he learnt at school, till there come to be names and things which nobody would venture to meddle with. For a modern reader the perusal of Homer results incontestably in immense boredom; but who would venture to say so? The Parthenon, in its present state, is a wretched ruin, utterly destitute of interest, but it is endowed with such prestige that it does not appear to us as it really is, but with all its accompaniment of historic memories. The special characteristic of prestige is to prevent us seeing things as they are and to entirely paralyse our judgment. Crowds always, and individuals as a rule, stand in need of ready-made opinions on all subjects. The popularity of these opinions is independent of the measure of truth or error they contain, and is solely regulated by their prestige.

I now come to personal prestige. Its nature is very different from that of artificial or acquired prestige, with which I have just been concerned. It is a faculty independent of all titles, of all authority, and possessed by a small number of persons whom it enables to exercise a veritably magnetic fascination on those around them, although they are socially their equals, and lack all ordinary means of domination. They force the acceptance of their ideas and sentiments on those about them, and they are obeyed as is the tamer of wild beasts by the animal that could easily devour him.

The great leaders of crowds, such as Buddha, Jesus, Mahomet, Joan of Arc, and Napoleon, have possessed this form of prestige in a high degree, and to this endowment is more particularly due the position they attained. Gods, heroes, and dogmas win their way in the world of their own inward strength. They are not to be discussed: they disappear, indeed, as soon as discussed. [...]

Still, the various examples that have just been cited represent extreme cases. To fix in detail the psychology of prestige, it would be necessary to place them at the extremity of a series, which would range from the founders of religions and empires to the private individual who endeavours to dazzle his neighbours by a new coat or a decoration.

Between the extreme limits of this series would find a place all the forms of prestige resulting from the different elements composing a civilisation sciences, arts, literature, &c.—and it would be seen that prestige constitutes the fundamental element of persuasion. Consciously or not, the being, the idea, or the thing possessing prestige is immediately imitated in consequence of contagion, and forces an entire generation to adopt certain modes of feeling and of giving expression to its thought. This imitation, moreover, is, as a rule, unconscious, which accounts for the fact that it is perfect. The modern painters who copy the pale colouring and the stiff attitudes of some of the Primitives are scarcely alive to the source of their inspiration. They believe in their own sincerity, whereas, if an eminent master had not revived this form of art, people would have continued blind to all but its naive and inferior sides. Those artists who, after the manner of another illustrious master, inundate their canvasses with violet shades do not see in nature more violet than was detected there fifty years ago; but they are influenced, "suggestioned," by the personal and special impressions of a painter who, in spite of this eccentricity, was successful in acquiring great prestige. Similar examples might be brought forward in connection with all the elements of civilisation.