



Hi Xavier,

Welcome to medibles® and thank you for being an early adopter to our brand and products. Congratulations, as you have taken the first step to achieve your health and wellness goals! Based upon your online health assessment we have curated a protocol just for you. Please see below for your personalized cannabinoid (CBD) regimen.

BASED ON YOUR WELLNESS CONCERNS, WE RECOMMEND:

1. medibles® CBD Tincture - 15mg CBD/Serving (Mint)

RECOMMENDATION		
		Tincture
WK 1	AM:	1 dropperful, sublingually OR with AM drink (tea, coffee, shake, etc)
	Noon:	
	PM:	
	<ul style="list-style-type: none">Record how you feel daily. Journal LogIf there is no improvement within the first week, continue with the recommendation below.	
WK 2 and 3	AM :	1 dropperful, sublingually OR with AM drink
	NOON:	
	PM:	1 dropperful, sublingually
	<ul style="list-style-type: none">Record how you feel daily in your Journal Log.If there is no improvement within weeks 2 and 3, continue with the recommendation below.	
WK 4	AM :	1 dropperful, sublingually AND 1 dropperful with AM drink
	NOON:	
	PM:	1 dropperful, sublingually

- We will touch base with you at the start of your protocol and at the end of week 1, week 3 and week 4 to discuss if the dosage was helpful in achieving your health and wellness goals.

The tincture may cause a slight heat sensation in your mouth after intake. It is not harmful, but should you feel unpleasant, take it with a small amount of water or tea. As the tincture dosage increases and it triggers any other excessive or unpleasant sensations, adjust the regimen by lowering to previous comfortable dosing level. Cannabinoid preparations have an individual effect on each user and dosing adjustment is frequently used to achieve the best results.

The course of your CBD protocol will change throughout your life's journey and we will be by your side. Please keep us informed about your condition, concerns, and goals so we can continue to provide further support and recommendations. Your wellness is our wellness.

If you come across any questions about your regimen, we are here for you.
Email us at bewell@medibles.io.

Be well,

medibles® Client Care
<https://mediblesusa.com>.

FOOD AND DRUG ADMINISTRATION (FDA) DISCLOSURE: STATEMENTS ON THIS COMMUNICATION ABOUT MEDIBLES PRODUCTS HAVE NOT BEEN EVALUATED BY THE FDA, AND ARE NOT INTENDED TO DIAGNOSE, TREAT, OR CURE ANY DISEASE.

Neither medibles®, nor its representatives are providing any medical advice, and none should be inferred, from any ideas, suggestions, testimonials, or other information set forth on this correspondence, in any attached or otherwise communicated company materials, including over the phone.

If you consider making any changes to your lifestyle, wellness, diet, or nutrition, you should consult with your doctor or other health care provider.

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The Food and Drug Administration hasn't evaluated our statements. Our recommendation from the assessment isn't meant to diagnose, treat, cure, or prevent any illness or disease. medibles' assumes no responsibility for the improper use of any CBD Products. When planning a treatment program for all and any ailments or illnesses we recommend consulting a Medical Professional. Medibles, Inc. doesn't make any health claims concerning our products and recommends asking a qualified physician or doctor before consuming CBD products or cannabis goods or preparing a new treatment program. You should be 18 years or older to use CBD products or make use of medibles' recommendations. This assessment is meant to offer general information utilizing proprietary algorithms for CBD recommendations and isn't to be construed as medical advice or education.