

Video of me climbing a tree- It relates to the truism "IT'S VITAL TO LIVE IN HARMONY WITH NATURE" because climbing a tree is physically connecting oneself to the tree which creates a deeper connection with the natural world.

Video of me taking pictures by a river- It relates to the truism "IT'S VITAL TO LIVE IN HARMONY WITH NATURE" because I'm demonstrating my appreciation for the natural environment by being outside taking select pictures of things within nature that I find beautiful.

SOUND- By adding the sound of a flowing river combined with subtle urban ambiance and distant conversations, It symbolizes the integration of nature within our lives thus relating to the truism "IT'S VITAL TO LIVE IN HARMONY WITH NATURE"